

Spring North Ltd.

England & Wales · Charity number 1150126

Details

Other names FAMILIES HEALTH AND WELL-BEING CONSORTIUM

Status Registered

Legal form Charitable company

Company number [07797133](#)

Registered 2012-12-11

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE CHARITY'S OBJECTS (THE OBJECTS) ARE FOR THE PUBLIC BENEFIT (INCLUDING BUT NOT LIMITED TO INDIVIDUALS, FAMILIES AND WIDER COMMUNITIES) THROUGHOUT LANCASHIRE AND THE NORTH WEST REGION PRIMARILY BUT NOT EXCLUSIVELY IN THE BLACKBURN WITH DARWEN DISTRICT (?THE AREA OF BENEFIT?): (A) COMMUNITY CAPACITY BUILDING TO DEVELOP THE CAPACITY AND SKILLS OF SOCIALLY DISADVANTAGED COMMUNITIES THROUGHOUT THE AREA OF BENEFIT IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET, THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY;(B) PROMOTE SOCIAL INCLUSION TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY;FOR THE PURPOSE OF THIS CLAUSE ?SOCIALLY EXCLUDED? MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS, DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER REASSIGNMENT; POOR EDUCATIONAL OR SKILL ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS); CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATION INTO SOCIETY).(C) ADVANCEMENT OF HEALTH THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH OF INDIVIDUALS, FAMILIES AND THE WIDER COMMUNITY OF THE AREA OF BENEFIT INCLUDING BY THE PROVISION OF SUPPORT AND COUNSELLING;(D) ADVICE AND ACTIVITIES TO ACT AS A RESOURCE BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES FOR INDIVIDUALS, FAMILIES AND THE WIDER COMMUNITY AS A MEANS OF(I) ADVANCING IN LIFE AND HELPING PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS,(II) ADVANCING EDUCATION, (III) RELIEVING UNEMPLOYMENT; (E) ASSISTANCE FOR VOLUNTARY ORGANISATIONS THE PROMOTION OF THE VOLUNTARY SECTOR FOR THE PUBLIC BENEFIT BY ADVANCING THE LEARNING AND DEVELOPMENT OF VOLUNTARY SECTOR ORGANISATIONS WORKING FOR THE BENEFIT OF THE PUBLIC IN ANY FIELD COMPATIBLE WITH ANY OF THE ABOVE OBJECTS (A) TO (D) IN PARTICULAR BY THE PROVISION OF TRAINING AND EDUCATION SERVICES. THE VOLUNTARY SECTOR MEANS CHARITIES AND VOLUNTARY ORGANISATIONS: CHARITIES ARE ORGANISATIONS WHICH ARE ESTABLISHED FOR EXCLUSIVELY CHARITABLE PURPOSES IN ACCORDANCE WITH THE LAW OF ENGLAND AND WALES;VOLUNTARY ORGANISATIONS ARE INDEPENDENT ORGANISATIONS, WHICH ARE ESTABLISHED FOR PURPOSES THAT ADD VALUE TO THE COMMUNITY AS A WHOLE, OR A SIGNIFICANT SECTION OF THE COMMUNITY, AND WHICH ARE NOT PERMITTED BY THEIR CONSTITUTION TO MAKE A PROFIT FOR PRIVATE DISTRIBUTION. VOLUNTARY ORGANISATIONS DO NOT INCLUDE LOCAL GOVERNMENT OR OTHER STATUTORY AUTHORITIES.

Activities: Community capacity buildingPromote social inclusionAdvancement of healthAdvice and Activities by(i) advancing in life and helping people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals,(ii) advancing education,(iii) relieving unemployment;(e) Assistance for Voluntary Organisations

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Accommodation/housing, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Blackburn With Darwen
- Cumbria
- Lancashire
- Oldham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,817,723	£2,913,420	£690,955	8
2024-03-31	£2,302,466	£1,831,718	£786,652	10
2023-03-31	£23,171	£1,599,373	£315,904	8
2022-03-31	£1,604,052	£1,560,498	£250,477	7
2021-03-31	£1,204,026	£1,182,850	£206,923	7

Trustees

Name	Role	Appointed
Arif Patel		2023-07-12
Balwinder Kaur		2025-04-01
Claire Bennett		2019-11-08
Ian William Gibbs		2023-07-12

Spring North Ltd.

England & Wales - Charity number 1150126

Accounts

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2025

SPRING NORTH LTD

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YEAR ENDED 31 MARCH 2025

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CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2025

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	Suite 118, Kings Court King Street Blackburn Lancashire BB2 2DH
Auditor	MHA Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer - Resigned 31/03/2025) Mr M Hartley-Smith (CEO - Appointed 31/03/2025) Mr J Thompson (Head of Contracts & Operations) Ms J Bond (Project Manager)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2025.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

A Patel (Chairperson - Appointed 31/03/2025)
A Barrass
L Baxter
C Bennett (Deputy Chairperson)
S Cotton (Resigned 31/03/2025)
D Edmundson (Chairperson - Resigned 31/03/2025)
I Gibbs
A Greenwood (Resigned 31/03/2025)
B Kaur (Appointed January 2025)
M Needham (Appointed January 2025)
N Adamson (Resigned 16/11/2024)
A Leather (Resigned 31/03/2025)
S Swindley (Resigned 31/03/2025)
L Tapner (Resigned 31/03/2025)

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2024. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

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Objectives and activities

Spring North is a member-based charity - comprising 198 independent VCFSE organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation, we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and wellbeing in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contract for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire and South Cumbria. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end-to-end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

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Who we are:

Spring North is a member based charitable company - established and incorporated as a company in October 2011 and registered as-a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFSE across Lancashire and South Cumbria. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

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Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g., payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)
- To take a strategic, sector-wide leadership role by strengthening the collective voice of the VCFSE sector through Spring North's contract management and system-level engagement.
- To demonstrate, through robust monitoring, evaluation and reporting, the unique value, reach and impact that VCFSE organisations deliver for communities.
- To ensure the VCFSE sector is recognised as an essential delivery partner within local systems, using aggregated insight, evidence and outcomes data to influence commissioning, policy and strategic planning.
- To strengthen the sector's ability to scale innovation, share best practice and respond collectively to emerging needs and priorities.
- To provide commissioners with a single, accountable partnership structure that can deliver consistent quality, strong governance, and high-impact outcomes across a range of providers.

What do we offer?

Spring North offers support to its member organisations to collaboratively deliver a wide range of interventions that improve emotional, mental and physical health across the life course and within communities, while actively addressing and reducing health inequalities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice, guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including:

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People experiencing multiple disadvantage
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders

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- People with long-term conditions and chronic illness
- Adults, Children and young people with SEND or neurodiversity
- Adults, Children and young people experiencing bereavement, trauma or adverse childhood experiences
- Young people, including those not in education, employment or training (NEET)
- Older people
- Minority ethnic groups
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

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Achievements and performance

This has been a year of growth for Spring North in terms of our membership which is now at 198 independent VCFSE organisations, in terms of staffing - the team has grown to 9 members and in terms of commissioning where the organisation has managed 18 contracts and sub-contracted/awarded grants to 71 members.

Our membership spans the whole geography of Lancashire and South Cumbria and has increased steadily, especially in North Lancashire and South Cumbria allowing us to roll out support services to a much broader population. This has in turn has enabled us to develop more groups of specialist interest including mental health, ND, C&YP Autism, older people support and further developing our community health champions providing information and support on a range of health issues.

The staffing team includes expertise in IT and marketing as well as training and business development – we now offer a comprehensive marketplace of support to our members, subsequently leading to a sustainable income stream to Spring North for these services. The development of bespoke databases for individual contract monitoring allows us to access real time data on the impact and outputs of our projects.

Our success rate in application of tenders to award has risen to 78% and we have greatly extended and maintain the diversity of funding sources including Local Authorities, DHSC, NHS, ICB, and LSCFT.

In terms of partnership working, Spring North is a leading member of the Lancashire and South Cumbria VCFSE Alliance and represents the sector on a number of ICB strategic groups. The organisation is well connected to our local statutory partners through (for example) the ICB Population Health Board, BwD Health and Well Being Board and the ICP Board

Despite the evidential success of the organisation within the last year, we do not remain complacent and continue to seek ways to improve our offer to members, to funders and most importantly to the populations we serve

During this financial year, Spring North has managed the following contracts:

1. BwD Multiply

Commission from Bwd Council to increase numeracy skills and qualifications across Blackburn with Darwen through innovative engagement sessions, workshops and courses with the opportunity for formal accredited qualifications to enhance the opportunities available to local people in gaining employment, supporting children/young people with homework, and better use of numeracy in day-to-day finance and budgeting. Skills learnt can also support practically with routine activities such as baking or DIY etc. This project came to an end in March 2025.

2. Holiday Activities & Food Fund – Blackburn with Darwen

Commission from Blackburn with Darwen Borough Council to deliver to deliver a quality and action-packed programme of holiday clubs, incorporating meaningful activities and food to engage children and young people from vulnerable families on Free school meals across the borough. This national funding not only engages CYP's, and promotes them to be active and healthy, but increases their social opportunities and overall wellbeing. Families benefit from an upskilled youth workforce who can support families with a range of signposting and advice help at the point of need.

3. Parent Peer Support

Commission from LSC ICB to establish a parent / carer support group in each 'place' across the ICB. Each group being led by an experienced parent (User by experience) and qualified emotional health and wellbeing professional. The user by experience supported other parents and carers whose children / young person have any kind of emotional or mental health problem. These groups are particularly important for parents with young people in the risk support quadrant as the groups will be supported by CAMHS professionals and will therefore provide access to advice and support when young people are not actively engaged with CAMHS services and can help identify when circumstances change and a young person may be ready to access CAMHS support.

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4. C&YP Peer Support

Commissioned by LSC ICB as part of the Thrive approach the peer support offer provides children and young people with opportunities to connect with others who share similar experiences, helping them build the knowledge, skills and confidence needed to manage their mental health and improve their overall wellbeing. Through a blend of one-to-one support, peer-led groups and online platforms, CYP are supported to learn from one another, strengthen resilience and focus on what matters most to them.

The service includes:

- One-to-one emotional and practical support, delivered face-to-face or by telephone, including information, befriending and peer mentoring.
- Peer-led group sessions offering emotional support, shared learning, activities and social connection.
- Online peer support, such as moderated discussion forums, providing accessible information, shared experiences and reduced anxiety.

This service is delivered across the whole of Lancashire and South Cumbria, raising awareness and ensuring children and young people can access timely, supportive and empowering peer-based interventions.

5. CYP MH Ward Support

Two-year commission from LSC ICB to support ward clients on Children's mental health wards in Blackburn, and Blackpool to support young people with a range of on-ward therapeutic support sessions in response to known or emerging needs to reduce anxiety, reduce crisis and conflict, develop coping strategies and time to talk through any worries. Outcomes to young people are increased engagement with ward-based counsellors, reduced anxiety and stress on the ward, identified negative thoughts, feelings, and behaviours, develop coping strategies for negative thoughts and behaviours, improved progress, reduced self-harming and suicide intent and reduced barriers to engaging with support on discharge.

6. Family Autism Service (FAS)

The Family Autism Support project, core funded by Lancashire and South Cumbria ICB, continues to be a vital lifeline for families in Blackburn with Darwen and East Lancashire. Alongside our established offer of one-to-one support, group sessions, drop-ins, information, advice and guidance. The project offers, family activities and inclusive events designed to meet the unique needs of children and young people with autism and their families.

The project aims to strengthen social connection, reduce isolation and provide enriching experiences that promote emotional wellbeing for the whole family. By creating opportunities for peer support, enjoyment and respite, we will help families build confidence, resilience and supportive networks. Our ambition is to foster a more understanding, compassionate community where autistic children and their families not only cope but genuinely flourish, benefitting from long-term inclusion and connection.

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7. Neurodiversity Support (Adult ASD)

Our Adult ND Project provides tailored support for neurodivergent adults aged 18+, helping individuals build confidence, develop independence and improve overall wellbeing. The service combines practical assistance, emotional support and accessible opportunities for growth, delivered through a blend of one-to-one sessions and engaging group activities.

We offer dedicated peer support groups and individual support, creating safe spaces for adults to share experiences, reduce isolation and strengthen social connections. Through information, advice and guidance, participants receive clear, personalised support to navigate daily challenges and access services. A core focus of the project is building and developing life skills, from communication and self-management to decision-making and routine planning. We also provide group-based social and leisure activities, promoting inclusion, enjoyment and community participation.

Specialist behaviour management support and workshops help adults understand and regulate responses, while our employment support and skills workshops enable participants to explore work opportunities, prepare for employment and progress confidently towards their goals.

8. Neighbourhood Youth Offer (NYO)

Funded by Blackburn with Darwen Borough Council, our neighbourhood youth work offer gives children and young people access to free leisure activities, informal education, and supportive relationships with skilled practitioners. We deliver weekly junior and senior sessions across West, East and North Blackburn on a universal, open-access basis, providing safe, inclusive spaces for young people aged 8–12, 13–19 and up to 25 for those with SEND.

The service promotes personal, social and educational development by offering opportunities to try new activities, learn, build confidence and have fun. We empower young people to influence and lead projects, make informed choices and express themselves. Through participation, volunteering and youth voice activities, young people develop a strong sense of citizenship, community involvement and social responsibility.

9. Early Intervention Safe Hubs

Funded by the Department of Health and Social Care, the Early Intervention Safe Hubs are designed to reduce emotional distress, prevent escalation of need and help young people feel safer, more confident and better equipped to navigate life's challenges. Based across Pennine Lancashire, the hubs provide safe, welcoming spaces where children and young people can access timely, targeted interventions, resources and support. Every aspect of the project is shaped by the voice of young people and continually evaluated to ensure services remain meaningful and responsive.

Working through a relationship-based model, each hub offers young people the time and space to talk, reflect and build trust before any formal intervention begins. From this foundation, young people can access personalised support including one-to-one therapeutic sessions, creative group activities and practical guidance focused on emotional regulation, resilience, confidence and life skills. The project strengthens wellbeing, promotes positive coping strategies and supports young people to manage life's challenges in a nurturing, empowering environment.

10. VCFSE-Led Admission Avoidance and Discharge Support (UEC)

Spring North was commissioned by the VCFSE Alliance as the managing agent to oversee and coordinate a set of VCFSE-led schemes designed to deliver integrated, person-centred support that prevents unnecessary

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hospital admissions and enables safe, timely discharge. Focused on the winter period, the programme targeted three priority groups: adults in Blackpool with respiratory conditions, particularly COPD; frail older people in Darwen at risk of falls; and vulnerable adults, children, young people and families in Blackburn Central Ward.

The initiative combined proactive outreach, close alignment with existing health and community services, and the development of local support networks to ensure people received the right help at the right time. The primary aims were to avoid A&E attendances, reduce hospital admissions, support timely discharge to improve flow and release bed capacity and reduce the risk of hospital readmission.

11. VCFSE Cancer Alliance Grant Scheme (LSCCA)

The Lancashire and South Cumbria Cancer Alliance (LSCCA) VCFSE Small Grants Scheme supports innovative, community-led projects that improve cancer outcomes through greater awareness, increased screening and HPV vaccination uptake, and encouraging timely presentation to primary care. Designed with local stakeholders and aligned to NHS priorities for early diagnosis and the Core20Plus5 approach to reducing health inequalities, the scheme focuses on improving understanding of cancer signs and symptoms within targeted communities, including the most common cancers or those of particular local concern.

Spring North managed the scheme on behalf of the ICB Cancer Alliance, awarding £140,000 of grant funding to 19 VCFSE organisations across Lancashire and South Cumbria to deliver impactful, locally tailored cancer awareness initiatives.

12. Bridge to Home

This project, funded by Lancashire & South Cumbria NHS Foundation Trust (LSCFT), provides dedicated support to individuals in mental health wards who do not meet the criteria to reside (NMCTR) but continue to occupy a bed due to unresolved support needs. The service offers tailored case management to help each person access the right support at the right time, enabling a safe and timely transition back into the community. Support includes in-ward engagement, virtual sessions, and assistance with community rehabilitation. The project helps individuals understand their care options, build confidence, strengthen self-care skills and promote emotional independence. By addressing health, wellbeing and wider social needs, the service improves inclusion for people from disadvantaged or vulnerable backgrounds.

Alongside direct support, the project strengthens system processes, enhances information sharing and builds a clearer understanding of the NMCTR cohort, ultimately improving people's experiences, outcomes and satisfaction across health and social care.

13. Severe Mental Illness (SMI) Health Check Outreach – South Cumbria

This project supports Primary Care Networks and General Practices across South Cumbria to identify and engage people on SMI registers who have not received a health check in the past three years, including those who are traditionally hard to reach. After identifying individuals, we make direct contact through letters, calls or face-to-face engagement, promoting the importance of completing their health check and supporting them through the process. Working closely with PCNs, we help deliver the checks and co-create personalised, integrated health plans that reflect each person's priorities. We then support individuals to achieve their goals and improve long-term wellbeing.

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Financial review

During the year ended 31 March 2025 the charity received total incoming resources of £2,817,722. Costs of £2,913,420 were incurred in connection with the delivery of these projects and core administration, resulting in a deficit of £95,698.

Reserves policy

At 31 March 2025 the charity held total funds of £690,955, of which £576,222 were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2025 amounted to £488,093 (total expenditure of £2,913,420, less payments to service providers of £2,406,630, less member training costs of £18,697). As at 31 March 2025 the level of free general reserves was £576,222 which is in excess of six months' of core running expenditure.

Risk management

The main risks facing Spring North include:

- 1 Risk - Changes to local and regional commissioning, reduction in new ICB contracts due to their current financial position, focus on the 3 left shifts, 1. Hospital to Community, 2. Digital solutions and 3. Move from reactive to prevention, earlier intervention as part of the NHS 10-year plan

Spring North Response - The organisation has been involved via representation on the programme boards and is well positioned to promote and position the VCFSE sector's ability to respond and align to each left shift, especially the VCFSE sector's ability for community and early intervention.

- 2 Risk - Attracting new and additional funding

Spring North Response – The organisation has been developing partnerships, exploring with commissioners' new delivery models, linked to high need areas and where Spring North and its members can offer a cost-effective solution.

- 3 Risk - Maintaining adequate funding to support the core costs of the organisation

Spring North Response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.

- 4 Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities

Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

- 5 Risk – Workforce Capacity and Recruitment Challenges - difficulty recruiting or retaining skilled staff, could impact delivery capacity and service continuity.

Spring North response – Continued investment in workforce development, remuneration, wellbeing programmes

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The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire and South Cumbria through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP 2019 (FRS 102),
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

Auditor

MHA is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



.....
C Bennett
Trustee

Date: January 30, 2026
.....

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2025

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2025

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2025

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Auditing the risk of fraud in revenue, including through testing of income cut off at the period and through income transaction and proof in total testing, to provide comfort that revenue is completely stated in the financial statements; and
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

**Nicola Mason MA(Cantab) FCA DChA (Senior Statutory Auditor)
For and on behalf of MHA, Statutory Auditor**

Richard House
Winckley Square
Preston
PR1 3HP

Date: January 30, 2026

MHA is the trading name of MHA Audit Services LLP, a limited liability partnership in England and Wales (registered number OC455542)

SPRING NORTH LTD**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)****YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Income from:					
Charitable activities	3	2,713,952	79,861	2,793,813	2,288,631
Other income	4	23,910	-	23,910	13,835
Total income		2,737,862	79,861	2,817,723	2,302,466
Expenditure on:					
Charitable activities	5/6	2,863,356	50,064	2,913,420	1,831,718
Total expenditure		2,863,356	50,064	2,913,420	1,831,718
Net income/(expenditure)		(125,494)	29,797	(95,697)	470,748
Transfers between funds		-	-	-	-
Net movement in funds		(125,494)	29,797	(95,697)	470,748
Reconciliation of funds					
Fund brought forward at 1 April 2024		701,716	84,936	786,652	315,904
Funds carried forward at 31 March 2025		576,222	114,733	690,955	786,652

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD


BALANCE SHEET

AS AT 31 MARCH 2025

	Note	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Current assets					
Debtors	9	375,374	-	375,374	743,633
Cash at bank and in hand		437,035	114,733	551,768	158,231
		812,409	114,733	927,142	901,864
Creditors: amounts falling due within one year	10	(236,187)	-	(236,187)	(115,212)
Net current assets		576,222	114,733	690,955	786,652
Total assets less current liabilities		576,222	114,733	690,955	786,652
Funds					
Designated funds	11	-	114,733	114,733	84,936
Unrestricted funds	11	576,222	-	576,222	701,716
Total funds		576,222	114,733	690,955	786,652

The notes on pages 17 to 27 form part of these accounts.

These accounts were approved by the Trustees on January 30, 2026 and signed on their behalf by:

..... 
C Bennett
 Trustee

Company Registration Number: 07797133

SPRING NORTH LTD**CASH FLOW STATEMENT****FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Cash generated from operating activities	393,537	(62,193)
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	393,537	(62,193)
Cash and cash equivalents at the beginning of the year	158,231	220,424
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	551,768	158,231
	<hr/>	<hr/>
 Reconciliation of net movement in funds to net cash flow from operating activities		
	2025 £	2024 £
Net movement in funds	(95,697)	470,748
Investment income	-	-
Decrease/(increase) in debtors	368,260	(383,176)
(Decrease)/increase in creditors	120,974	(149,765)
	<hr/>	<hr/>
	393,537	(62,193)
	<hr/>	<hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However, management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2025 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve-month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve-month period following approval of the accounts. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****3 Incoming resources from charitable activities**

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Income for delivery of services				
Action for ASD	-	-	-	41,217
Blackburn with Darwen Borough Council:				
BeeYourself Website	-	-	-	10,000
BwD Multiply Project	-	70,861	70,861	25,360
BwD YPF	-	-	-	30,000
Community Champions	31,250	-	31,250	39,750
Holiday Activities Fund	-	-	-	-
NYO	114,000	-	114,000	-
Community Foundation:				
Healthy Thinking for Me	-	-	-	40,120
DWP Resource Management:				
Kickstart	-	-	-	5,604
Department of Health and Social Care				
Safe Hubs	151,600	-	151,600	-
Lancashire Country Council:				
Holiday Activities Fund	546,381	-	546,381	587,619
IRS Peer Support workers	-	-	-	56,300
Lancashire South Cumbria NHS Foundation Trust:				
Healthy Child Programme	-	-	-	88,318
IRS Peer Support workers	-	-	-	15,116
Management fee for core services	404,432	9,000	413,432	275,532

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****3 Incoming resources from charitable activities (Continued)**

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Income for delivery of services				
NHS Lancashire and South Cumbria				
ICB (QE1):				
ASD support service	143,333	-	143,333	116,667
Asthma Champions	-	-	-	90,000
Bridge to Home	106,250	-	106,250	157,500
Cancer Alliance	157,080	-	157,080	-
Covid & Flu Project	-	-	-	81,870
Diabetes Casework	-	-	-	120,683
Early Years Intervention	25,850	-	25,850	88,000
HEE	-	-	-	35,975
Macmillan	6,949	-	6,949	-
MH Ward support	-	-	-	70,000
MH Ward support - paediatric	194,688	-	194,688	238,000
Physical health checks South Cumbria	12,567	-	12,567	-
Spring North Hub	6,549	-	6,549	-
Thrive Lot 2	126,324	-	126,324	-
Thrive Lot 3	104,049	-	104,049	-
Thrive Waites	163,400	-	163,400	-
Turnaround	14,250	-	14,250	-
UEC Winter Capacity	400,000	-	400,000	-
VCFSE Sector Commissioning	-	-	-	75,000
Support Service				
Not specified	5,000	-	5,000	-
	2,713,952	79,861	2,793,813	2,288,631

Included within income from charitable activities is unrestricted income of £2,713,952 (2024: £2,155,967) and restricted income of £79,860 (2024: £132,664).

4 Other income

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Miscellaneous Income	4,640	-	4,640	-
Service Income	19,270	-	19,270	13,835
	23,910	-	23,910	13,835

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025**

Included within other income is unrestricted income of £23,910 (2024: £13,835) and restricted income of £nil (2024: £nil).

5 Costs of charitable activities

	Activities directly undertaken (note 6) £	Support and governance costs (note 6) £	2025 Total funds £	2024 Total funds £
Adult Autism support	42,500	-	42,500	-
ASD Support service	160,000	-	160,000	62,000
Asthma Champions	10,000	-	10,000	51,010
B2H	172,667	-	172,667	138,257
BeeYourself Website	-	-	-	11,968
BP Engagement	-	-	-	44,870
BwD Multiply Project	46,014	-	46,014	29,977
BwD YPF	-	-	-	2,348
CAF	-	-	-	6,000
Cancer Alliance	141,700	-	141,700	-
Community Champions	-	-	-	8,500
Covid & Flu Project	34,240	-	34,240	24,740
Diabetes Casework	12,000	-	12,000	65,584
EY Interventions	52,640	-	52,640	-
Genetics Project	-	-	-	992
HAF	68,172	-	68,172	22,815
Holiday Activities Fund - Preston	546,226	-	546,226	580,038
Healthy Child Programme	-	-	-	124,637
Healthy Thinking for Me	4,050	-	4,050	17,780
HEE	-	-	-	35,156
IRS Wellbeing Coordinators	-	-	-	21,800
Macmillan	6,851	98	6,949	-
MH ward - BFW	-	-	-	10,472
MH Ward support - paediatric	194,688	-	194,688	195,238
NYO	95,000	-	95,000	-
Physical Health Checks South Cumbria	8,378	-	8,378	-
PL Leaders Board	-	-	-	5,000
Safe Hubs	132,500	-	132,500	-
Spring North HUB	-	49,074	49,074	57,923
Workforce MH Training	27,285	430,780	458,065	314,614
Thrive Waites	108,820	-	108,820	-
Thrive Lot 2	126,324	-	126,324	-
Thrive Lot 3	66,957	-	66,957	-
Turnaround	2,800	-	2,800	-
UEC Winter Capacity	373,656	-	373,656	-
	2,433,468	479,952	2,913,420	1,831,718

Total expenditure includes £2,863,356 of unrestricted expenditure and £50,064 of restricted expenditure.

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****5 Costs of charitable activities (continued)***Prior year costs of charitable activities*

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2024 Total funds	2023 Total funds
	£	£	£	£
ARFID	-	-	-	14,000
ASD Support service	62,000	-	62,000	-
Asthma Champions	51,010	-	51,010	-
B2H	138,257	-	138,257	-
BeeYourself Website	100	11,868	11,968	34,996
BP Engagement	44,870	-	44,870	55,636
BwD Multiply Project	29,977	-	29,977	79,860
BwD YPF	1,446	902	2,348	-
CAF	6,000	-	6,000	-
Community Champions	8,500	-	8,500	54,700
Covid & Flu Project	24,740	-	24,740	-
Diabetes Casework	65,584	-	65,584	-
ED Interventions	-	-	-	(274)
Genetics Project	-	992	992	-
HAF	19,854	2,960	22,815	63,282
Holiday Activities Fund - Preston	577,552	2,485	580,038	630,451
Healthy Child Programme	124,637	-	124,637	95,477
Healthy Thinking for Me	17,780	-	17,780	47,200
HEE	35,006	150	35,156	65,500
HMO In-reach	-	-	-	8,744
IRS Wellbeing Coordinators	21,800	-	21,800	53,553
Kickstart	-	-	-	97,468
MH ward - BFW	-	10,472	10,472	47,094
MH ward - BwD	-	-	-	174,976
MH Ward support - paediatric	195,238	-	195,238	-
Pause 4 Thought (P4T)	-	-	-	4,125
Parent Peer Support	-	-	-	39,000
PL Leaders Board	-	5,000	5,000	-
Rapid Rehousing	-	-	-	10,500
Spring North HUB	-	57,923	57,923	(48,899)
Workforce MH Training	314,614	-	314,614	71,985
	-	-	-	-
	1,738,965	92,753	1,831,718	1,599,373

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****6 Costs of charitable activities analysed by nature**

	2025	2025	2024	2024
	Direct	Support	Direct	Support
	costs	costs	costs	costs
	£	£	£	£
Staff costs	-	424,651	-	317,937
Payments to service providers	2,406,630	-	1,399,035	-
Travel and subsistence	-	6,129	-	2,569
Grants to institutions	-	-	-	-
Activities and spot purchasing	8,141	-	9,377	-
Training	18,697	-	10,046	-
Meeting costs	-	1,616	-	2,851
Marketing	-	5,743	-	21,326
Consultancy fees	-	586	-	-
Stationery and consumables	-	900	-	160
Telephone	-	1,873	-	728
Accommodation	-	10,239	-	11,305
Insurance	-	5,625	-	2,965
Rent and rates	-	(521)	-	-
IT Support	-	16,950	-	25,241
Bank charges	-	279	-	235
Bad debts	-	-	-	16,464
Light and Heating Costs	-	-	-	-
Professional fees, finance support & payroll	-	-	-	-
Governance costs – audit and accounts fee	-	5,882	-	11,478
	2,433,468	479,952	1,418,458	413,259

During the year ended 31 March 2025, Nil members were awarded small grants (2024: £nil).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2025	2024
	£	£
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	6,250	4,875
- Other services (exclusive of VAT)	1,250	1,100

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

	2025 £	2024 £
Total staff costs were as follows:		
Wages and salaries	382,607	288,634
Social security costs	30,634	21,860
Pension costs	10,860	7,443
	<u>424,101</u>	<u>317,937</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2025 No	2024 No
Management	4	4
Information and administration	7	6
	<u>11</u>	<u>10</u>

No employees received emoluments of more than £60,000 during the year (2024: £60,000). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2024: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £198,146 (2024: £62,023).

During the year two redundancy payments were made to two employees for the amounts of £9,798 and £3,473. There were no amounts outstanding at 31 March 2025.

9 Debtors

	2025 £	2024 £
Other debtors	330,925	741,408
Prepayments	44,449	2,225
	<u>375,374</u>	<u>743,633</u>

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****10 Creditors: Amounts falling due within one year**

	2025 £	2024 £
Accruals and deferred income	220,307	113,403
Taxation and other social security	-	-
Trade creditors	12,314	-
Other creditors	3,566	1,809
	<u>236,187</u>	<u>115,212</u>

11 Fund movement

	Brought forward at 1 April 2024 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2025 £
Unrestricted general funds	<u>701,716</u>	<u>2,737,862</u>	<u>(2,863,356)</u>	-	<u>576,222</u>
Designated funds					
Small grants	-	-	-	-	-
	-	-	-	-	-
Total unrestricted funds	<u>701,716</u>	<u>2,737,862</u>	<u>(2,863,356)</u>	-	<u>576,222</u>
Restricted general funds					
BwD Multiply Project	49,882	79,861	(46,014)	-	83,729
Healthy Thinking for Me	29,420	-	(4,050)	-	25,370
Kickstart	5,634	-	-	-	5,634
Total restricted funds	<u>84,936</u>	<u>79,861</u>	<u>(50,064)</u>	-	<u>114,733</u>
Total funds	<u>786,652</u>	<u>2,817,723</u>	<u>(2,913,420)</u>	-	<u>690,955</u>

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025****11 Fund movement (continued)***Prior year fund movement*

	<i>Brought forward at 1 April 2023</i>	<i>Incoming resources</i>	<i>Outgoing resources</i>	<i>Transfers</i>	<i>Carried forward at 31 March 2024</i>
	£	£	£	£	£
<i>Unrestricted general funds</i>	315,874	2,169,802	(1,783,960)	-	701,716
<i>Designated funds</i>					
<i>Small grants</i>	-	-	-	-	-
<i>Total unrestricted funds</i>	315,874	2,169,802	(1,783,960)	-	701,716
<i>Restricted general funds</i>					
<i>BwD Multiply Project</i>	-	79,860	(29,978)	-	49,882
<i>Healthy Thinking for Me</i>	-	47,200	(17,780)	-	29,420
<i>Kickstart</i>	30	5,604	-	-	5,634
<i>Total restricted funds</i>	30	132,664	(47,758)	-	84,936
<i>Total funds</i>	315,904	2,302,466	(1,831,718)	-	786,652

12 Financial instruments

	2025 £	2024 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	330,925	741,408
Carrying amount of financial liabilities		
Measured at amortised cost	-	-

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2025**

13 Operating lease commitments

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025	2024
	£	£
Within one year	-	850
Within two to five years	-	-
Over five years	-	-
	<hr/>	<hr/>
	-	850
	<hr/>	<hr/>

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £2,411,031 (2024: £1,366,921) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

Spring North Ltd.

England & Wales - Charity number 1150126

Accounts

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2024

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YEAR ENDED 31 MARCH 2024

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SPRING NORTH LTD

CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2024

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	1 Exchange Street Room 103 Blackburn Lancashire BB1 7JN
Auditor	MHA Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2024.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

N Adamson (resigned 27/09/2023)
A Barrass
L Baxter
C Bennett
S Cotton
D Edmundson (Chairperson)
I Gibbs
A Greenwood
A Leather (resigned 30/11/2023)
A Patel (appointed 12/07/2023)
S Swindley (Deputy Chairperson)
L Tapner

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2024. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Objectives and activities

Spring North is a member-based charity - comprising 190 independent VCFSE organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation, we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and wellbeing in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contact for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire and South Cumbria. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end-to-end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Who we are:

Spring North is a member based charitable company - established and incorporated as a company in October 2011 and registered as-a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFSE across Lancashire and South Cumbria. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g., payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)

What do we offer?

Spring North offers support to its member organisations to deliver - collaboratively - a range of interventions in order to improve emotional, mental and physical health across the life course and across communities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice, guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including:

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders
- Young people, including those not in education, employment or training (NEET)
- Older people
- Minority ethnic groups
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Achievements and performance

This has been a year of growth for Spring North in terms of our membership which is now at 190 independent VCFSE organisations, in terms of staffing - the team has grown to 8 members and in terms of commissioning where the organisation has managed 18 contracts and sub- contracts to 56 members.

Our membership spans the whole geography of Lancashire and South Cumbria allowing us to roll out support services to a much broader population. This has in turn enabled us to develop groups of specialist interest including mental health, homelessness and an army of community champions providing information and support on a range of health issues.

The staffing team includes expertise in IT and marketing as well as training and business development – we now offer a comprehensive market place of support to our members, subsequently leading to a sustainable income stream to Spring North for these services. The development of bespoke databases for individual contract monitoring allows us to access real time data on the impact and outputs of our projects.

Our success rate in application of tenders to award has risen to 78% and we have greatly extended the diversity of funding sources including Local Authorities, NHS, ICB and LSCFT.

In terms of partnership working, Spring North is a leading member of the Lancashire and South Cumbria VCFSE Alliance and represents the sector on a number of ICB strategic groups. The organisation is well connected to our local statutory partners through (for example) the ICB Population Health Board, BwD Health and Well Being Board and the ICP Board

Despite the evidential success of the organisation within the last year, we do not remain complacent and continue to seek ways to improve our offer to members, to funders and most importantly to the populations we serve

During this financial year, Spring North has managed the following contracts:

1. Asthma Champions

Training developed and signed off by the Clinical Lead for the L&SC Asthma Care Bundle has been rolled out across our LSC Champions network to equip them to deliver key messages around support and self-management for CYP with asthma. Consequently, allowing us to create an informed community of voluntary organisations, community ambassadors, parents and families who understand, are better informed and able to manage their child's asthma at home, however, are able to recognise and escalate care swiftly when necessary.

Champions are expected to engage in:

Consultation: Active exchange of information with communities, where community members advice on planned interventions may be sought, e.g., consulting Community Champions on appropriate, innovative, and effective ways to engage and deliver key health messages to targeted communities.

Participation: Community Champions work and support broader and targeted communities to co-identify problems and implement solutions by empowering and supporting communities and structures to deliver change.

Community Empowerment: Community Champions consult widely with and involve communities in local health-related issues and use community structures for service provision, e.g., Community Champions liaise with community members and grassroots organisations to identify challenges and formulate their solutions to challenges, locally owned and feasible to achieve a more sustained and accessible solution for communities.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

2. Bee Yourself website

Commission from Blackburn with Darwen Borough Council to develop an existing website for children and young people (aged 8-11) and their families, to ensure that they have access to a trusted digital/online resource that supports their individual and collective emotional health and wellbeing. Through the dedicated website, staff/professionals have a secure platform for sharing learning resources, policies and other documents related to health and wellbeing. Additional supporting work was carried out to fulfil the aimed by engaging with PHSE leads and schools, the School Nursing team, parents, children of KS2 age and other professionals working with children across BwD communities

3. Blood Pressure Casefinding service

Commission from Lancashire County Council to upskill community champions to take blood pressure checks and signpost individuals appropriately into local support based on their presenting needs.

Champions opportunistically identify adults over the age of 18 who have not previously been diagnosed with high blood pressure and promptly refer them to their GP following a free of charge blood pressure check (at point of contact) whilst ensuring easy access to the service through multiple forms of referral (including self-referral) engaging in a multitude of community outreach activities targeting hard to reach groups and those living in wards with multiple deprivation.

4. BwD Multiply

Commission from BwD Council to increase numeracy skills and qualifications across Blackburn with Darwen through innovative engagement sessions, workshops and courses with the opportunity for formal accredited qualifications to enhance the opportunities available to local people in gaining employment, supporting children/young people with homework, and also better use of numeracy in day to day finance and budgeting. Skills learnt can also support practically with routine activities such as baking or DIY etc.

5. Community Champions

Commission from Blackburn with Darwen Borough Council from May 2022 until March 2024, to upskill members of the local workforce and communities to share public health messages around Covid infection, household support, energy advice, health and wellbeing support and gambling advice, to aid families to recover safely following the Covid survive the cost of living crisis, and ensure families are staying happy, healthy and well.

6. Holiday Activities & Food Fund – Blackburn with Darwen

Commission from Blackburn with Darwen Borough Council to deliver to deliver a quality and action packed programme of holiday clubs, incorporating meaningful activities and food to engage children and young people from vulnerable families on Free school meals across the borough. This national funding not only engages CYP's, and promotes them to be active and healthy, but increases their social opportunities and overall wellbeing. Families benefit from an upskilled youth workforce who can support families with a range of signposting and advice help at the point of need.

7. Holiday Activities & Food Fund – Preston

Commission from Lancashire County Council to deliver to deliver a quality and action packed programme of holiday clubs, incorporating meaningful activities and food to engage children and young people from vulnerable families on Free school meals across Preston. This national funding not only engages CYP's, and promotes them to be active and healthy, but increases their social opportunities and overall wellbeing. Families benefit from an upskilled youth workforce who can support families with a range of signposting and advice help at the point of need.

8. Healthy Thinking for Me

Funding from the Community Foundation to increase universal advice and awareness raising of eating disorders and body positivity in an aim of reducing numbers of young people developing poor relationships with food and eating disorders, through group programmes and 1:1 counselling sessions.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

9. Kickstart Gateway Provider

Funding from the Department for Work and pensions. Spring North facilitated apprenticeship funding and provided training support for the Kickstart scheme to several providers across Lancashire.

10. Healthy Child Programme

Subcontract from LSCFT (commissioned from BwD PH) April 2017 - March 2024. To provide support for families of children under 5, emotional health and wellbeing support for teenage young people and improving access to health services (including the Everybody Centre).

11. Parent Peer Support

Commission from LSC ICB to establish a parent / carer support group in each 'place' across the ICB. Each group being led by an experienced parent (User by experience) and qualified emotional health and wellbeing professional. The user by experience supported other parents and carers whose children / young person have any kind of emotional or mental health problem. These groups are particularly important for parents with young people in the risk support quadrant as the groups will be supported by CAMHS professionals and will therefore provide access to advice and support when young people are not actively engaged with CAMHS services and can help identify when circumstances change and a young person may be ready to access CAMHS support.

12. Peer Support workers

Commission from LSC ICB to support the County's Initial Response Service centre with a step-down EHWP support provided by 2 practitioners embedded and experienced with social prescribing and local knowledge and support to better support clients with impaired mental health continue with positive outcomes for themselves and their families. The team was locally embedded at The Mount in Accrington, and engaged with their clients through a targeted outreach model of delivery, with advocacy and support provided to access signposted support throughout.

13. Pennine Lancashire VCF Leadership Group

Funding from the ICB, April 2018 - March 2024. To provide the administrative duties to the VCFSE leadership group.

14. BwD YPF (*Blackburn with Darwen Young People's Foundation*)

This year saw Spring North commence the facilitation of a lead role transforming the former BwD Strategic Youth Alliance into a Young People's Foundation, creating a collaboration across local youth provision through a dedicated steering group of local stakeholders and commissioners, creation of a website and development of marketing and communication resources to initiate the creation of a new body that will provide a vehicle for shared resources and joint project work and tender submissions. This is in the hope of improving services for CYP across the borough and creating a joined-up offer to support our local families much better.

15. CYP MH ward support - pilots

Two separate commissions from LSC ICB to support ward clients on Children's mental health wards in Blackburn (12 months support), and Blackpool (6 months support) to support young people with a range of on-ward therapeutic support sessions in response to known or emerging needs to reduce anxiety, reduce crisis and conflict, develop coping strategies and time to talk through any worries. Outcomes to young people are increased engagement with ward-based counsellors, reduced anxiety and stress on the ward, identified negative thoughts, feelings, and behaviours, develop coping strategies for negative thoughts and behaviours, improved progress, reduced self-harming and suicide intent and reduced barriers to engaging with support on discharge.

16. Other project funding that was received in 2023-24 involved supporting professionals across the health, third and local government sector with training to upskill through mental health and clinical training, accredited courses around creating a Trauma informed workforce and providing NVQ's for support staff working with vulnerable members across our communities.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Financial review

During the year ended 31 March 2024 the charity received total incoming resources of £2,302,466. Costs of £1,831,718 were incurred in connection with the delivery of these projects and core administration, resulting in a surplus of £470,748.

Reserves policy

At 31 March 2024 the charity held total funds of £786,652, of which £701,715 were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2024 amounted to £422,637 (total expenditure of £1,831,718, less payments to service providers of £1,399,035, less member training costs of £10,046). As at 31 March 2024 the level of free general reserves was £701,715 which is in excess of six months' of core running expenditure.

Risk management

The main risks facing Spring North include:

1. Risk - Changes to local and regional commissioning through re-design of health and social care through the Healthier Lancashire Integrated Care System.

Spring North response - The organisation has been involved via representation on the programme board and is well positioned to benefit from the investment in the VCF sector once the system transformation (and associated funding) has been approved.

2. Risk - Attracting new and additional funding

Spring North response – Business Development Manager has a key role in developing new partnerships to provide innovative project proposals for future investment.

3. Risk - Maintaining adequate funding to support the core costs of the organisation

Spring North response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.

4. Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities

Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire and South Cumbria through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP 2019 (FRS 102),
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Auditor

MHA is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



C Bennett

Trustee

Date: January 27, 2025

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2024

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2024

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2024

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Auditing the risk of fraud in revenue, including through testing of income cut off at the period and through income transaction and proof in total testing, to provide comfort that revenue is completely stated in the financial statements; and
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Nicola Mason MA(Cantab) FCA DChA (Senior Statutory Auditor)
For and on behalf of MHA, Statutory Auditor

Richard House
Winckley Square
Preston
PR1 3HP

Date: January 27, 2025

MHA is the trading name of MacIntyre Hudson LLP, a limited liability partnership in England and Wales (registered number OC312313)

SPRING NORTH LTD**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)****YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
Income from:					
Charitable activities	3	2,155,967	132,664	2,288,631	1,641,629
Other income	4	13,835	-	13,835	23,171
Total income		2,169,802	132,664	2,302,466	1,664,800
Expenditure on:					
Charitable activities	5/6	1,783,960	47,758	1,831,718	1,599,373
Total expenditure		1,783,960	47,758	1,831,718	1,599,373
Net income/(expenditure)		385,842	84,906	470,748	65,427
Transfers between funds		-	-	-	-
Net movement in funds		385,842	84,906	470,748	65,427
Reconciliation of funds					
Fund brought forward at 1 April 2023		315,874	30	315,904	250,477
Funds carried forward at 31 March 2024		701,716	84,936	786,652	315,904

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD**BALANCE SHEET****AS AT 31 MARCH 2024**

		Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
		£	£	£	£
	Note				
Current assets					
Debtors	9	743,633	-	743,633	360,457
Cash at bank and in hand		73,295	84,936	158,231	220,424
		<u>816,928</u>	<u>84,936</u>	<u>901,864</u>	<u>580,881</u>
Creditors: amounts falling due within one year	10	<u>(115,212)</u>	<u>-</u>	<u>(115,212)</u>	<u>(264,977)</u>
Net current assets		<u>701,716</u>	<u>84,936</u>	<u>786,652</u>	<u>315,904</u>
Total assets less current liabilities		<u>701,716</u>	<u>84,936</u>	<u>786,652</u>	<u>315,904</u>
Funds					
Designated funds	11	-	84,936	84,936	30
Unrestricted funds	11	701,716	-	701,716	315,874
Total funds		<u>701,716</u>	<u>84,936</u>	<u>786,652</u>	<u>315,904</u>

The notes on pages 17 to 27 form part of these accounts.

These accounts were approved by the Trustees on January 27, 2025 and signed on their behalf by:


 C Bennett
 Trustee

Company Registration Number: 07797133

SPRING NORTH LTD**CASH FLOW STATEMENT****FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
Cash generated from operating activities	(62,193)	(88,952)
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	(62,193)	(88,952)
Cash and cash equivalents at the beginning of the year	220,424	309,376
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	158,231	220,424
	<hr/> <hr/>	<hr/> <hr/>
Reconciliation of net movement in funds to net cash flow from operating activities		
	2024 £	2023 £
Net movement in funds	470,748	65,427
Investment income	-	-
Decrease/(increase) in debtors	(383,176)	(173,118)
(Decrease)/increase in creditors	(149,765)	18,739
	<hr/>	<hr/>
	(62,193)	(88,952)
	<hr/> <hr/>	<hr/> <hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However, management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2024 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve-month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve-month period following approval of the accounts. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****3 Incoming resources from charitable activities**

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	£	£	£	£
Income for delivery of services				
Blackburn with Darwen Borough Council:				
BeeYourself Website	10,000	-	10,000	10,000
BwD Multiply Project	-	25,360	25,360	74,860
BwD YPF	30,000	-	30,000	-
Community Champions	39,750	-	39,750	44,000
Holiday Activities Fund	-	-	-	17,050
Se Fund:				
Workforce MH Training	-	-	-	46,300
Lancashire Country Council:				
Holiday Activities Fund	587,619	-	587,619	572,060
IRS Peer Support workers	56,300	-	56,300	48,761
Lancashire South Cumbria NHS Foundation Trust:				
Healthy Child Programme	88,318	-	88,318	88,318
IRS Peer Support workers	15,116	-	15,116	51,072
Community Foundation:				
Healthy Thinking for Me	-	40,120	40,120	40,120
NHS:				
MH ward – BwD	-	-	-	124,063
NHS:				
MH ward - BFW	-	-	-	36,747
NHS West Lancashire CCH (02G):				
Parent Peer Support	-	-	-	37,000
Health Education England:				
Development of the mental health clinical support workforce.	-	-	-	19,225

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****3 Incoming resources from charitable activities (Continued)**

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	£	£	£	£
Income for delivery of services				
DWP Resource Management:				
Kickstart	-	5,604	5,604	84,418
YPF Trust:				
LYP Capacity building project - Spring North	-	-	-	10,000
NHS Lancashire and South Cumbria ICB (QE1):				
Asthma Champions	90,000	-	90,000	
B2H	157,500	-	157,500	
Covid & Flu Project	81,870	-	81,870	
Diabetes Casework	120,683	-	120,683	
Early Years Intervention	88,000	-	88,000	
MH Ward support - paediatric	238,000	-	238,000	
HEE	35,975	-	35,975	
ASD support service	116,667	-	116,667	
MH Ward Support	70,000	-	70,000	
VCFSE Sector Commissioning	75,000	-	75,000	
Support Service				
HMO In-reach	-	-	-	7,035
Action for ASD	41,217	-	41,217	
Management fee for core services	213,952	61,580	275,532	330,600
	2,155,967	132,664	2,288,631	1,641,629

Included within income from charitable activities is unrestricted income of £2,155,967 (2023: £1,417,071) and restricted income of £132,664 (2023: £224,558).

4 Other income

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	£	£	£	£
Miscellaneous Income	-	-	-	1,576
Service Income	13,835	-	13,835	21,595
	13,835	-	13,835	23,171

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024**

Included within other income is unrestricted income of £13,835 (2023: £23,171) and restricted income of £nil (2023: £nil).

5 Costs of charitable activities

	Activities directly undertaken (note 6) £	Support and governance costs (note 6) £	2024 Total funds £	2023 Total funds £
ARFID	-	-	-	14,000
ASD Support service	62,000	-	62,000	-
Asthma Champions	51,010	-	51,010	-
B2H	138,257	-	138,257	-
BeeYourself Website	100	11,868	11,968	34,996
BP Engagement	44,870	-	44,870	55,636
BwD Multiply Project	29,977	-	29,977	79,860
BwD YPF	1,446	902	2,348	-
CAF	6,000	-	6,000	-
Community Champions	8,500	-	8,500	54,700
Covid & Flu Project	24,740	-	24,740	-
Diabetes Casework	65,584	-	65,584	-
ED Interventions	-	-	-	(274)
Genetics Project	-	992	992	-
HAF	19,854	2,960	22,815	63,282
Holiday Activities Fund - Preston	577,552	2,485	580,038	630,451
Healthy Child Programme	124,637	-	124,637	95,477
Healthy Thinking for Me	17,780	-	17,780	47,200
HEE	35,006	150	35,156	65,500
HMO In-reach	-	-	-	8,744
IRS Wellbeing Coordinators	21,800	-	21,800	53,553
Kickstart	-	-	-	97,468
MH ward - BFW	-	10,472	10,472	47,094
MH ward - BwD	-	-	-	174,976
MH Ward support - paediatric	195,238	-	195,238	-
Pause 4 Thought (P4T)	-	-	-	4,125
Parent Peer Support	-	-	-	39,000
PL Leaders Board	-	5,000	5,000	-
Rapid Rehousing	-	-	-	10,500
Spring North HUB	-	57,923	57,923	(48,899)
Workforce MH Training	314,614	-	314,614	71,985
	-	-	-	-
	1,738,965	92,753	1,831,718	1,599,373

Total expenditure includes £1,783,960 of unrestricted expenditure and £47,758 of restricted expenditure.

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****5 Costs of charitable activities (continued)***Prior year costs of charitable activities*

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2023 Total funds	2022 Total funds
	£	£	£	£
Genetics Project	-	-	-	6,620
ARFID	-	14,000	14,000	-
Bee Yourself Website	-	34,996	34,996	-
BwD Multiply Project	74,860	5,000	79,860	-
Holiday Activities & Food Fund	26,332	36,950	63,282	116,428
Holiday Activities & Food Fund Preston	581,201	49,250	630,451	504,555
Healthy Child Programme	88,317	7,160	95,477	95,477
Perinatal Mental Health Support	-	-	-	10,000
VCFS Leadership Network	-	-	-	5,000
Rapid Rehousing	7,000	3,500	10,500	82,687
Community Ambassadors	-	-	-	99,907
Feeding Future Generations	-	-	-	6,699
Active Through Football	-	-	-	2,500
Stop Loan Sharks	-	-	-	6,296
BAGS	-	-	-	4,298
Healthy Thinking for Me	40,120	7,080	47,200	-
Community Champions	42,700	12,000	54,700	60,000
ED Interventions	(274)	-	(274)	42,476
HEE	18,750	46,750	65,500	-
HMO In Reach	7,029	1,715	8,744	26,250
Homeless Link	-	-	-	18,017
IRS Wellbeing Coordinators	51,000	2,553	53,553	-
Kickstart	84,388	13,080	97,468	215,003
MH ward – BFW	36,658	10,436	47,094	-
MH ward – BwD	110,850	64,126	174,976	-
P4T	4,125	-	4,125	43,750
Recovery Volunteering	-	-	-	38,686
RI Champions	-	-	-	165,052
Parent Peer Support	36,000	3,000	39,000	-
BP Engagement	48,836	6,800	55,636	4,438
Spring North Hub	-	(48,899)	(48,899)	6,359
Workforce MH Training	45,087	26,897	71,985	-
	1,302,979	296,394	1,599,373	1,560,498

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****6 Costs of charitable activities analysed by nature**

	2024	2024	2023	2023
	Direct	Support	Direct	Support
	costs	costs	costs	costs
	£	£	£	£
Staff costs	-	317,937	-	257,406
Payments to service providers	1,399,035	-	1,287,985	-
Travel and subsistence	-	2,569	-	1,588
Grants to institutions	-	-	-	-
Activities and spot purchasing	9,377	-	8,359	-
Training	10,046	-	500	-
Meeting costs	-	2,851	-	2,187
Marketing	-	21,326	-	13,231
Consultancy fees	-	-	-	1,534
Stationery and consumables	-	160	-	-
Telephone	-	728	-	808
Accommodation	-	11,305	-	10,440
Insurance	-	2,965	-	3,224
IT Support	-	25,241	-	11,373
Bank charges	-	235	-	238
Bad debts	-	16,464	-	-
Light and Heating Costs	-	-	-	-
Professional fees, finance support & payroll	-	-	-	-
Governance costs – audit and accounts fee	-	11,478	-	500
	1,418,458	413,259	1,296,844	302,529

During the year ended 31 March 2024, Nil members were awarded small grants (2023: £nil).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2024	2023
	£	£
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	4,875	4,500
- Other services (exclusive of VAT)	1,100	-

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel**

	2024 £	2023 £
Total staff costs were as follows:		
Wages and salaries	288,634	235,858
Social security costs	21,860	17,171
Pension costs	7,443	4,378
	<u>317,937</u>	<u>257,407</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2024 No	2023 No
Management	4	2
Information and administration	6	6
	<u>10</u>	<u>8</u>

No employees received emoluments of more than £60,000 during the year (2023: nil). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2023: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £62,023 (2023: £53,647).

9 Debtors

	2024 £	2023 £
Other debtors	741,408	358,605
Prepayments	2,225	1,852
	<u>743,633</u>	<u>360,457</u>

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****10 Creditors: Amounts falling due within one year**

	2024 £	2023 £
Accruals and deferred income	113,403	264,927
Taxation and other social security	-	-
Other creditors	<u>1,809</u>	<u>50</u>
	<u>115,212</u>	<u>264,977</u>

Included within creditors falling due within one year is deferred income of £23,333 (2023: £183,841) relating to ASD project work.

11 Fund movement

	Brought forward at 1 April 2023 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2024 £
Unrestricted general funds	<u>315,874</u>	<u>2,169,802</u>	<u>(1,783,960)</u>	-	<u>701,716</u>
Designated funds					
Small grants	-	-	-	-	-
	-	-	-	-	-
Total unrestricted funds	<u>315,874</u>	<u>2,169,802</u>	<u>(1,783,960)</u>	-	<u>701,716</u>
Restricted general funds					
BwD Multiply Project	-	79,860	(29,977)	-	49,883
Healthy Thinking for Me	-	47,200	(17,780)	-	29,420
Kickstart	30	5,604	-	-	5,634
Total restricted funds	<u>30</u>	<u>132,664</u>	<u>(47,757)</u>	-	<u>84,937</u>
Total funds	<u>315,904</u>	<u>2,302,466</u>	<u>(1,821,717)</u>	-	<u>786,653</u>

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024****11 Fund movement (continued)***Prior year fund movement*

	<i>Brought forward at 1 April 2022</i>	<i>Incoming resources</i>	<i>Outgoing resources</i>	<i>Transfers</i>	<i>Carried forward at 31 March 2023</i>
	£	£	£	£	£
Unrestricted general funds	250,477	1,440,242	(1,374,845)	-	315,874
Designated funds					
<i>Small grants</i>	-	-	-	-	-
	-	-	-	-	-
Total unrestricted funds	250,477	1,440,242	(1,374,845)	-	315,874
Restricted general funds					
<i>BwD Multiply Project</i>	-	79,860	(79,860)	-	-
<i>Healthy Thinking for Me</i>	-	47,200	(47,200)	-	-
<i>Kickstart</i>	-	97,498	(97,468)	-	30
Total restricted funds	-	224,558	(225,528)	-	30
Total funds	250,477	1,664,800	(1,599,373)	-	315,904

12 Financial instruments

	2024 £	2023 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	741,408	358,605
Carrying amount of financial liabilities		
Measured at amortised cost	-	-

SPRING NORTH LTD**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2024**

13 Operating lease commitments

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024	2023
	£	£
Within one year	850	850
Within two to five years	-	-
Over five years	-	-
	<u>850</u>	<u>850</u>

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £1,366,921 (2023: £1,310,561) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

Spring North Ltd.

England & Wales - Charity number 1150126

Accounts

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2023

SPRING NORTH LTD

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YEAR ENDED 31 MARCH 2023

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SPRING NORTH LTD

CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2023

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	1 Exchange Street Room 103 Blackburn Lancashire BB1 7JN
Auditor	MHA Moore and Smalley Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2023.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

N Adamson (resigned 27/09/2023)
A Barrass
L Baxter
C Bennett
S Cotton
D Edmundson (Chairperson)
I Gibbs
A Greenwood
A Leather
A Patel (appointed 12/07/2023)
S Swindley (Deputy Chairperson)
L Tapner

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2016. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Objectives and activities

Spring North is a member-based charity - comprising 190 independent VCFSE organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation, we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and wellbeing in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contact for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end-to-end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Who we are:

Spring North is a member based charitable company - established and incorporated as a company in October 2011 and registered as-a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFS across Lancashire. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g., payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)

What do we offer?

Spring North offers support to its member organisations to deliver - collaboratively - a range of interventions in order to improve emotional, mental and physical health across the life course and across communities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice, guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including:

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders
- Young people, including those not in education, employment or training (NEET)
- Older people
- Minority ethnic groups
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Achievements and performance

This has been a year of growth for Spring North in terms of our membership which is now at 190 independent VCFSE organisations, in terms of staffing - the team has grown to 8 members and in terms of commissioning where the organisation has managed 18 contracts and sub- contracts to 56 members.

Our membership spans the whole geography of Lancashire and South Cumbria allowing us to roll out support services to a much broader population. This has in turn enabled us to develop groups of specialist interest including mental health, homelessness and an army of community champions providing information and support on a range of health issues.

The staffing team includes expertise in IT and marketing as well as training and business development – we now offer a comprehensive market place of support to our members subsequently leading to a sustainable income stream to Spring North for these services. The development of bespoke databases for individual contract monitoring allows us to access real time data on the impact and outputs of our projects.

Our success rate in application of tenders to award has risen to 78% and we have greatly extended the diversity of funding sources including Local Authorities, NHS, ICB and LSCFT.

In terms of partnership working, Spring North is a leading member of the Lancashire and South Cumbria VCFSE Alliance and represents the sector on a number of ICB strategic groups. The organisation is well connected to our local statutory partners through (for example) the Pennine Equity Alliance, BwD Health and Well Being Board and the ICP Board

Despite the evidential success of the organisation within the last year, we do not remain complacent and continue to seek ways to improve our offer to members, to funders and most importantly to the populations we serve

During this financial year, the Consortium has managed the following contracts:

1. ARFID

Support to the training facilities for this bespoke Avoidant, Restrictive Food intake disorder training and ICB to deliver their restrictive eating training package with a bespoke booking and reporting system, marketing and promotional material with communications plan

2. Asthma Champions

Training developed and signed off by the Clinical Lead for the L&SC Asthma Care Bundle has been rolled out across our LSC Champions network to equip them to deliver key messages around support and self-management for CYP with asthma. Consequently, allowing us to create an informed community of voluntary organisations, community ambassadors, parents and families who understand, are better informed and able to manage their child's asthma at home, however, are able to recognise and escalate care swiftly when necessary.

Champions are expected to engage in:

Consultation: Active exchange of information with communities, where community members advice on planned interventions may be sought, e.g., consulting Community Champions on appropriate, innovative, and effective ways to engage and deliver key health messages to targeted communities.

Participation: Community Champions work and support broader and targeted communities to co-identify problems and implement solutions by empowering and supporting communities and structures to deliver change.

Community Empowerment: Community Champions consult widely with and involve communities in local health-related issues and use community structures for service provision, e.g., Community Champions liaise with community members and grassroots organisations to identify challenges and formulate their own solutions to challenges, locally owned and feasible to achieve a more sustained and accessible solution for communities.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

3. **Bee Yourself website**

Commission from Blackburn with Darwen Borough Council to develop an existing website for children and young people (aged 8-11) and their families, to ensure that they have access to a trusted digital/online resource that supports their individual and collective emotional health and wellbeing. Through the dedicated website, staff/professionals have a secure platform for sharing learning resources, policies and other documents related to health and wellbeing. Additional supporting work was carried out to fulfil the aimed by engaging with PHSE leads and schools, the School Nursing team, parents, children of KS2 age and other professionals working with children across BwD communities

4. **Blood Pressure Casefinding service**

Commission from Lancashire County Council to upskill community champions to take blood pressure checks and signpost individuals appropriately into local support based on their presenting needs.

Champions opportunistically identify adults over the age of 18 who have not previously been diagnosed with high blood pressure and promptly refer them to their GP following a free of charge blood pressure check (at point of contact) whilst ensuring easy access to the service through multiple forms of referral (including self-referral) engaging in a multitude of community outreach activities targeting hard to reach groups and those living in wards with multiple deprivation.

5. **BwD Multiply**

Commission from Bwd Council to increase numeracy skills and qualifications across Blackburn with Darwen through innovative engagement sessions, workshops and courses with the opportunity for formal accredited qualifications to enhance the opportunities available to local people in gaining employment, supporting children/young people with homework, and also better use of numeracy in day to day finance and budgeting. Skills learnt can also support practically with routine activities such as baking or DIY etc.

6. **Community Champions**

Commission from Blackburn with Darwen Borough Council from May 2022 until September 2022, to upskill members of the local workforce and communities to share public health messages around Covid infection, household support, energy advice, health and wellbeing support and gambling advice, to aid families to recover safely following the Covid survive the cost of living crisis, and ensure families are staying happy, healthy and well.

7. **Holiday Activities & Food Fund – Blackburn with Darwen**

Commission from Blackburn with Darwen Borough Council to deliver to deliver a quality and action packed programme of holiday clubs, incorporating meaningful activities and food to engage children and young people from vulnerable families on Free school meals across the borough. This national funding not only engages CYP's, and promotes them to be active and healthy, but increases their social opportunities and overall wellbeing. Families benefit from an upskilled youth workforce who can support families with a range of signposting and advice help at the point of need.

8. **Holiday Activities & Food Fund – Preston**

Commission from Lancashire County Council to deliver to deliver a quality and action packed programme of holiday clubs, incorporating meaningful activities and food to engage children and young people from vulnerable families on Free school meals across Preston. This national funding not only engages CYP's, and promotes them to be active and healthy, but increases their social opportunities and overall wellbeing. Families benefit from an upskilled youth workforce who can support families with a range of signposting and advice help at the point of need.

9. **Healthy Thinking for Me**

Funding from the Community Foundation to increase universal advice and awareness raising of eating disorders and body positivity in an aim of reducing numbers of young people developing poor relationships with food and eating disorders, through group programmes and 1:1 counselling sessions.

10. **Kickstart Gateway Provider**

Funding from the Department for Work and pensions. Spring North facilitated apprenticeship funding and provided training support for the Kickstart scheme to several providers across Lancashire.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

11. **Healthy Child Programme**

Subcontract from LSCFT (commissioned from BwD PH) April 2017 - March 2023. To provide support for families of children under 5, emotional health and wellbeing support for teenage young people and improving access to health services (including the Everybody Centre).

12. **Parent Peer Support**

Commission from LSC ICB to establish a parent / carer support group in each 'place' across the ICB. Each group being led by an experienced parent (User by experience) and qualified emotional health and wellbeing professional. The user by experience supported other parents and carers whose children / young person have any kind of emotional or mental health problem. These groups are particularly important for parents with young people in the risk support quadrant as the groups will be supported by CAMHS professionals and will therefore provide access to advice and support when young people are not actively engaged with CAMHS services and can help identify when circumstances change and a young person may be ready to access CAMHS support.

13. **Peer Support workers**

Commission from LSC ICB to support the County's Initial Response Service centre with a step-down EHWP support provided by 2 practitioners embedded and experienced with social prescribing and local knowledge and support to better support clients with impaired mental health continue with positive outcomes for themselves and their families. The team was locally embedded at The Mount in Accrington, and engaged with their clients through a targeted outreach model of delivery, with advocacy and support provided to access signposted support throughout.

14. **Pennine Lancashire VCF Leadership Group**

Funding from the ICB, April 2018 - March 2023. To provide the administrative duties to the VCFSE leadership group.

15. **BwD YPF (*Blackburn with Darwen Young People's Foundation*)**

This year saw Spring North commence the facilitation of a lead role transforming the former BwD Strategic Youth Alliance into a Young People's Foundation, creating a collaboration across local youth provision through a dedicated steering group of local stakeholders and commissioners, creation of a website and development of marketing and communication resources to initiate the creation of a new body that will provide a vehicle for shared resources and joint project work and tender submissions. This is in the hope of improving services for CYP across the borough and creating a joined-up offer to support our local families much better.

16. **CYP MH ward support - pilots**

Two separate commissions from LSC ICB to support ward clients on Children's mental health wards in Blackburn (12 months support), and Blackpool (6 months support) to support young people with a range of on-ward therapeutic support sessions in response to known or emerging needs to reduce anxiety, reduce crisis and conflict, develop coping strategies and time to talk through any worries. Outcomes to young people are increased engagement with ward-based counsellors, reduced anxiety and stress on the ward, identified negative thoughts, feelings, and behaviours, develop coping strategies for negative thoughts and behaviours, improved progress, reduced self-harming and suicide intent and reduced barriers to engaging with support on discharge.

17. Other project funding that was received in 2022-23 involved supporting professionals across the health, third and local government sector with training to upskill through mental health and clinical training, accredited courses around creating a Trauma informed workforce and providing NVQ's for support staff working with vulnerable members across our communities.

Financial review

During the year ended 31 March 2023 the charity received total incoming resources of £1,988,900. Costs of £1,933,474 were incurred in connection with the delivery of these projects and core administration, resulting in a surplus of £65,426.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Reserves policy

At 31 March 2023 the charity held total funds of £315,904, of which £315,874 were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2023 amounted to £318,890 (total expenditure of £1,599,373, less payments to service providers of £1,287,985, less member training costs of £500,). As at 31 March 2023 the level of free general reserves was £315,874 which is in line with six months' of core running expenditure.

Risk management

The main risks facing Spring North include:

1. Risk - Changes to local and regional commissioning through re-design of health and social care through the Healthier Lancashire Integrated Care System.

Spring North response - The organisation has been involved via representation on the programme board and is well positioned to benefit from the investment in the VCF sector once the system transformation (and associated funding) has been approved.

2. Risk - Attracting new and additional funding

Spring North response – Recruitment of Business Development Manager Developing new partnerships to provide innovative project proposals for future investment.

3. Risk - Maintaining adequate funding to support the core costs of the organisation

Spring North response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.

4. Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities

Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP 2019 (FRS 102),
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Auditor

MHA Moore and Smalley is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



.....
L Tapner
Trustee

Date: 15/12/2023
.....

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2023

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2023

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2023

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Auditing the risk of fraud in revenue, including through testing of income cut off at the period and through income transaction and proof in total testing, to provide comfort that revenue is completely stated in the financial statements; and
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at:

<https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

Nicola Mason (Senior Statutory Auditor)
For and on behalf of MHA Moore and Smalley, Statutory Auditor

Richard House
Winckley Square
Preston
PR1 3HP

Date: 19/12/2023
Date:

SPRING NORTH LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2023

	Note	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
Income from:					
Charitable activities	3	1,417,071	224,558	1,641,629	1,562,294
Other income	4	23,171	-	23,171	41,758
Total income		1,440,242	224,558	1,664,800	1,604,052
Expenditure on:					
Charitable activities	5/6	1,374,845	224,528	1,599,373	1,560,498
Total expenditure		1,374,845	224,528	1,599,373	1,182,850
Net income/(expenditure)		65,397	30	65,427	43,554
Transfers between funds		-	-	-	-
Net movement in funds		65,397	30	65,427	43,554
Reconciliation of funds					
Fund brought forward at 1 April 2022		250,477	-	250,477	206,923
Funds carried forward at 31 March 2023		315,874	30	315,904	250,477

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD

BALANCE SHEET

AS AT 31 MARCH 2023

		Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
		£	£	£	£
	Note				
Current assets					
Debtors	9	360,457	-	360,457	187,339
Cash at bank and in hand		220,394	30	220,424	309,376
		<u>580,851</u>	<u>30</u>	<u>580,881</u>	<u>496,715</u>
Creditors: amounts falling due within one year	10	<u>(264,977)</u>	<u>-</u>	<u>(264,977)</u>	<u>(246,238)</u>
Net current assets		<u>315,874</u>	<u>30</u>	<u>315,904</u>	<u>250,477</u>
		<u>315,874</u>	<u>30</u>	<u>315,904</u>	<u>250,477</u>
Total assets less current liabilities		<u>315,874</u>	<u>30</u>	<u>315,904</u>	<u>250,477</u>
		<u>315,874</u>	<u>30</u>	<u>315,904</u>	<u>250,477</u>
Funds					
Designated funds	11	-	30	30	-
Unrestricted funds	11	315,874	-	315,874	250,477
Total funds		<u>315,874</u>	<u>30</u>	<u>315,904</u>	<u>250,477</u>

The notes on pages 17 to 27 form part of these accounts.

These accounts were approved by the Trustees on 15/12/2023 and signed on their behalf by:



.....
L Tapner
Trustee

Company Registration Number: 07797133

SPRING NORTH LTD

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Cash generated from operating activities	(88,952)	89,491
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	(88,952)	89,491
Cash and cash equivalents at the beginning of the year	309,376	219,885
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	220,424	309,376
	<hr/> <hr/>	<hr/> <hr/>

Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net movement in funds	65,427	43,554
Investment income	-	-
Decrease/(increase) in debtors	(173,118)	(76,825)
(Decrease)/increase in creditors	18,739	122,762
	<hr/>	<hr/>
	(88,952)	89,491
	<hr/> <hr/>	<hr/> <hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However, management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2023 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve-month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve-month period following approval of the accounts. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

3 Incoming resources from charitable activities

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Income for delivery of services				
Blackburn with Darwen Borough Council:				
BeeYourself Website	10,000	-	10,000	-
BwD Multiply Project	-	74,860	74,860	-
HMO In Reach Officer	-	-	-	29,983
Pause 4 Thought (P4T)	-	-	-	17,500
VCFS Phase 2	-	-	-	32,322
FTE Uplift	-	-	-	1,001
Community Ambassadors	-	-	-	81,500
Personal Navigator Support	-	-	-	1,330
Community Champions	44,000	-	44,000	55,000
Rough Sleepers Initiative	-	-	-	74,009
Holiday Activities Fund	17,050	-	17,050	56,300
Blackburn with Darwen Healthy Living	-	-	-	11,288
Se Fund:				
Workforce MH Training	46,300	-	46,300	-
Lancashire Country Council:				
Holiday Activities Fund	572,060	-	572,060	471,852
IRS Peer Support workers	48,761	-	48,761	-
Lancashire South Cumbria NHS Foundation Trust:				
Healthy Child Programme	88,318	-	88,318	125,793
IRS Peer Support workers	51,072	-	51,072	-
Birmingham City Council:				
Stop Loan Sharks	-	-	-	6,300
Community Foundation:				
Healthy Thinking for Me	-	40,120	40,120	-
NHS:				
MH ward – BwD	124,063	-	124,063	-
NHS:				
MH ward - BFW	36,747	-	36,747	-
NHS West Lancashire CCH (02G):				
Parent Peer Support	37,000	-	37,000	-
Health Education England:				
Development of the mental health clinical support workforce.	19,225	-	19,225	-

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

3 Incoming resources from charitable activities (Continued)

	Unrestricted funds	Restricted funds	2022 Total funds	2022 Total funds
	£	£	£	£
Income for delivery of services				
NHS England:				
Health & Wellbeing Fund	-	-	-	137,374
DWP Resource Management:				
Kickstart	-	84,418	84,418	172,386
NHS Blackpool CCG:				
Parity of Esteem Training Programme	-	-	-	50,000
Sustain Food Power:				
Feeding Future Generations	-	-	-	1,100
The Football Foundation:				
Active Through Football	-	-	-	500
YPF Trust				
LYP Capacity building project - Spring North	10,000	-	10,000	-
NHS Lancashire and South Cumbria ICB (QE1):				
HMO In-reach	7,035	-	7,035	-
Management fee for core services	305,440	25,160	330,600	236,756
	1,417,071	224,558	1,641,629	1,562,294

Included within income from charitable activities is unrestricted income of £1,417,071 (2022: £1,562,294) and restricted income of £224,558 (2022: £nil).

4 Other income

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Miscellaneous Income	1,576	-	1,576	4,298
Service Income	21,595	-	21,595	37,460
	23,171	-	23,171	41,758

Included within other income is unrestricted income of £23,171 (2022: £41,758) and restricted income of £nil (2022: £nil).

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

5 Costs of charitable activities

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2023 Total funds	2022 Total funds
	£	£	£	£
Genetics Project	-	-	-	6,620
ARFID	-	14,000	14,000	-
Bee Yourself Website	-	34,996	34,996	-
BwD Multiply Project	74,860	5,000	79,860	-
Holiday Activities & Food Fund	26,332	36,950	63,282	116,428
Holiday Activities & Food Fund Preston	581,201	49,250	630,451	504,555
Healthy Child Programme	88,317	7,160	95,477	95,477
Perinatal Mental Health Support	-	-	-	10,000
VCFS Leadership Network	-	-	-	5,000
Rapid Rehousing	7,000	3,500	10,500	82,687
Community Ambassadors	-	-	-	99,907
Feeding Future Generations	-	-	-	6,699
Active Through Football	-	-	-	2,500
Stop Loan Sharks	-	-	-	6,296
BAGS	-	-	-	4,298
Healthy Thinking for Me	40,120	7,080	47,200	-
Community Champions	42,700	12,000	54,700	60,000
ED Interventions	(274)	-	(274)	42,476
HEE	18,750	46,750	65,500	-
HMO In Reach	7,029	1,715	8,744	26,250
Homeless Link	-	-	-	18,017
IRS Wellbeing Coordinators	51,000	2,553	53,553	-
Kickstart	84,388	13,080	97,468	215,003
MH ward – BFW	36,658	10,436	47,094	-
MH ward – BwD	110,850	64,126	174,976	-
P4T	4,125	-	4,125	43,750
Recovery Volunteering	-	-	-	38,686
RI Champions	-	-	-	165,052
Parent Peer Support	36,000	3,000	39,000	-
BP Engagement	48,836	6,800	55,636	4,438
Spring North Hub	-	(48,899)	(48,899)	6,359
Workforce MH Training	45,087	26,897	71,985	-
	1,302,979	296,394	1,599,373	1,560,498

Total expenditure includes £1,374,845 of unrestricted expenditure and £224,528 of restricted expenditure.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

5 Costs of charitable activities (continued)

Prior year costs of charitable activities

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2022 Total funds	2021 Total funds
	£	£	£	£
Genetics Project	-	6,620	6,620	13,106
VCFS Phase 2	-	-	-	79,376
Genetics Oldham	-	-	-	61,303
Community Action Fund	-	-	-	2,500
Holiday Activities & Food Fund	71,728	44,700	116,428	684,000
Holiday Activities & Food Fund Preston	471,656	32,899	504,555	-
Homeless Intensive Support	-	-	-	40,455
Healthy Child Programme	88,316	7,161	95,477	95,477
Perinatal Mental Health Support	-	10,000	10,000	9,000
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	77,687	5,000	82,687	65,810
Community Ambassadors	80,238	19,669	99,907	8,200
Liaison & Diversion	-	-	-	38,500
Feeding Future Generations	6,600	99	6,699	13,446
Active Through Football	500	2,000	2,500	5,000
Stop Loan Sharks	6,296	-	6,296	700
BAGS	4,298	-	4,298	-
Community Champions	55,000	5,000	60,000	-
ED Interventions	36,476	6,000	42,476	-
HMO In Reach	26,250	-	26,250	-
Homeless Link	13,000	5,017	18,017	-
Kickstart	182,260	32,743	215,003	-
P4T	23,750	20,000	43,750	-
Recovery Volunteering	36,758	1,928	38,686	-
RI Champions	122,790	42,262	165,052	-
BP Engagement	-	4,438	4,438	-
Spring North Hub	-	6,359	6,359	60,977
	1,303,604	256,895	1,560,498	1,182,850

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

6 Costs of charitable activities analysed by nature

	2023 Direct costs £	2023 Support costs £	2022 Direct costs £	2022 Support costs £
Staff costs	-	257,406	-	191,261
Payments to service providers	1,287,985	-	1,221,907	17,288
Travel and subsistence	-	1,588	-	1,519
Grants to institutions	-	-	6,000	-
Activities and spot purchasing	8,359	-	37,096	2,869
Training	500	-	38,600	678
Meeting costs	-	2,187	-	833
Marketing	-	13,231	-	14,846
Consultancy fees	-	1,534	-	(3,280)
Stationery and consumables	-	-	-	485
Telephone	-	808	-	546
Accommodation	-	10,440	-	10,425
Insurance	-	3,224	-	2,908
IT Support	-	11,373	-	11,570
Bank charges	-	238	-	254
Bad debts	-	-	-	-
Light and Heating Costs	-	-	-	40
Professional fees, finance support & payroll	-	-	-	-
Governance costs – audit and accounts fee	-	500	-	4,693
	1,296,844	302,529	1,303,604	256,894

During the year ended 31 March 2023, Nil members were awarded small grants (2022: £6,000).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2023 £	2022 £
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	4,500	4,693
- Other services (exclusive of VAT)	-	-

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel

	2023 £	2022 £
Total staff costs were as follows:		
Wages and salaries	235,585	178,626
Social security costs	17,171	10,555
Pension costs	4,378	2,080
	<u>257,407</u>	<u>191,261</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2023 No	2022 No
Management	2	1
Information and administration	6	6
	<u>8</u>	<u>7</u>

No employees received emoluments of more than £60,000 during the year (2022: nil). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2022: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £53,647 (2022: £52,644).

9 Debtors

	2023 £	2022 £
Other debtors	358,605	185,488
Prepayments	1,852	1,852
	<u>360,457</u>	<u>187,340</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

10 Creditors: Amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	264,927	244,655
Taxation and other social security	-	1,425
Other creditors	50	158
	<u>264,977</u>	<u>246,238</u>

Included within creditors falling due within one year is deferred income of £183,841 (2022: £80,750) relating to various contracts including The Holiday Activities & Food Fund.

11 Fund movement

	Brought forward at 1 April 2022 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2023 £
Unrestricted general funds	<u>250,477</u>	<u>1,440,242</u>	<u>(1,374,845)</u>	<u>-</u>	<u>315,874</u>
Designated funds					
Small grants	-	-	-	-	-
	-	-	-	-	-
Total unrestricted funds	<u>250,477</u>	<u>1,440,242</u>	<u>(1,374,845)</u>	<u>-</u>	<u>315,874</u>
Restricted general funds					
BwD Multiply Project	-	79,860	(79,860)	-	-
Healthy Thinking for Me	-	47,200	(47,200)	-	-
Kickstart	-	97,498	(97,468)	-	30
Total restricted funds	<u>-</u>	<u>224,558</u>	<u>(225,528)</u>	<u>-</u>	<u>30</u>
Total funds	<u>250,477</u>	<u>1,664,800</u>	<u>(1,599,373)</u>	<u>-</u>	<u>315,904</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

11 Fund movement (continued)

Prior year fund movement

	<i>Brought forward at 1 April 2021 £</i>	<i>Incoming resources £</i>	<i>Outgoing resources £</i>	<i>Transfers £</i>	<i>Carried forward at 31 March 2022 £</i>
<i>Unrestricted general funds</i>	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,498)</u>	<u>-</u>	<u>250,477</u>
<i>Designated funds</i>					
<i>Small grants</i>	-	-	-	-	-
	-	-	-	-	-
<i>Total unrestricted funds</i>	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	<u>-</u>	<u>250,477</u>
<i>Restricted general funds</i>	-	-	-	-	-
<i>Total funds</i>	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	<u>-</u>	<u>250,477</u>

12 Financial instruments

	2023 £	2022 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	<u>358,605</u>	<u>185,488</u>
Carrying amount of financial liabilities		
Measured at amortised cost	<u>-</u>	<u>1,425</u>

13 Operating lease commitments

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	850	850
Within two to five years	-	-
Over five years	-	-
	<u>850</u>	<u>850</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £1,310,561 (2022: £1,192,675) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

Spring North Ltd.

England & Wales - Charity number 1150126

Accounts

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2022



 **mha**
MOORE & SMALLEY

SPRING NORTH LTD

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YEAR ENDED 31 MARCH 2022

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SPRING NORTH LTD

CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2022

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	1 Exchange Street Room 103 Blackburn Lancashire BB1 7JN
Auditor	MHA Moore and Smalley Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2022.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

A Barrass
S Cotton
D Edmundson
S Swindley
A Leather
K McGee
L Tapner
C Bennett
A Greenwood
L Baxter

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2016. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Objectives and activities

Spring North is a member-based charity - comprising 130 independent VCFSE organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation, we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and wellbeing in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contract for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end-to-end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Who we are:

Spring North is a member based charitable company - established and incorporated as a company in October 2011 and registered as-a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFS across Lancashire. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g., payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)

What do we offer?

Spring North offers support to its member organisations to deliver - collaboratively - a range of interventions in order to improve emotional, mental and physical health across the life course and across communities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice, guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including:

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders
- Young people, including those not in education, employment or training (NEET)
- Older people
- Minority ethnic groups
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Achievements and performance

As with every business, charity, community, family and individual, the past 12 months have presented a challenge to us all. Our business strategy - predicated mainly on strong relationships and collaboration - was contested from the outset of Covid and the restrictions put upon us all. However, the organisation reacted quickly and positively to the new regime of requirements and on-line meetings, digital communication and working from home became the new normal.

For many VCFSE organisations operating nationally and locally the pandemic has had a significant financial impact on their viability. Spring North recognised this to be a particular threat to some of our members organisations. In response the Board agreed to shift the criteria for the small grants programme to support those organisations who were themselves at the frontline in supporting their local communities

This year a large number of national funding opportunities and local commissioning opportunities have either been put on hold or redirected to support the local response to Covid. Despite this, Spring North has maintained its annual income level from the previous year. Whilst some commissions were concluded during the last accounting period (contracts ending rather than being terminated) the organisation has been successful in securing a number of other contracts including NHS England Health and Wellbeing Grant funding, and local commissions with our Health, Justice and Local Authority partners.

Membership of Spring North continues to grow and in terms of sub-contracts we have contracted with 48 member organisations within this financial period.

Service Income funding has enabled us to provide a comprehensive business support offer to our member organisations and enable access to a broad-range training package. This year we ran 54 courses with an average attendance of 12 persons per session. 33 of our member organisations participated in these courses.

Spring North is currently engaged with and represented on key strategic boards across the Integrated Care System geography (Lancashire and South Cumbria), as well as County-wide, Pennine Lancashire and BwD groups. These include the ICS Partnership Forum, ICS VCFSE Alliance, the Pennine Lancashire Community Safety Tactical Leads Group, the BwD Health and Well-Being Board and the local Children's Partnership Board.

Spring North continues to support the Pennine Lancashire VCF Leadership group - a key vehicle through which genuine consultation with the sector can take place. The Chief Executive of Spring North was the elected chair of this group in 2021 and she, with other chairs of the ICP VCF Groups, comprise the membership of the above-mentioned Alliance.

During this financial year, the Consortium has managed the following contracts:

- 1. Coordinated Substance Misuse Recovery Orientated Volunteering project**
subcontracted to Community CVS to deliver Volunteering to those in recovery, and pathways for training and volunteering following recovery, including peer support and mentoring.
- 2. Community Ambassadors**
Funding from Blackburn with Darwen Borough Council in April 2021 until March 2022, to train and support 80 Champions for a 12 week period to value integration and set up local social action projects of their own which aim to increase community connectivity and improve cohesion. Partners subcontracted to on this work included Blackburn Rovers Community Trust and Care Network.
- 3. Covid Community Champions**
Commission from Blackburn with Darwen Borough Council from May 2021 until September 2021, to upskill members of the local workforce and communities to share public health messages around Covid infection control, dispel myths around the pandemic, and the vaccine, whilst informing local systems of the feelings and feed back locally to ensure barriers were reduced, takeup for vaccinations increased and transmission levels reduced. Funding was distributed to IMO Charity, One Voice Blackburn, YMCA Blackburn, Lancashire Council of Mosques and Youth Action.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

4. Eating Disorders Intervention Support

Funding through LSCFT to increase local capacity of counselling support in an aim of reducing numbers of young people classed as non-urgent, but remaining on a lengthy waiting list with signs of eating disorder traits. Funding commenced in October 2021 and ended March 2022. Partners included CANW, New Era Enterprises, Serenity Selfcare, Key Unlocking Futures and Homes for Humanity.

5. Genetics Project BwD

Commission from BwD Public Health Oct 2013 - March 2021. To improve knowledge and understanding of genetic conditions affecting children where consanguineous marriages, completed in November 2021.

6. Holiday Activities & Food Fund – Blackburn with Darwen

Commission from Blackburn with Darwen Borough Council. Commenced April 2021 and ended in January 2022. Targeted delivery to engage children and young people from vulnerable families on Free school meals. The borough wide programme was coordinated by Spring North, with delivery sub-contracted to Blackburn Rovers Community Trust, Blackburn Youthzone, IMO Charity, One Voice Blackburn, Newground Together, Youth Action, Blackburn with Darwen Borough Council divisions; Childrens Centres / Young people's services / Seeds Adolescent Support Unit.

7. Holiday Activities & Food Fund – Preston

Commission from Lancashire County council. Commenced July 2021 and ended in January 2022. Targeted delivery to engage children and young people from vulnerable families on Free school meals. The county wide programme was coordinated by Spring North, with delivery sub-contracted to Preston North End Community and Education Trust, Preston united, Fishwick Rangers Youth development scheme, Discovery Vine, Community Futures, Crazy Kingdom (Flipout Preston and Giddy Kids playcentre) Lancashire and Regional Dietary Education Resource, The Foxtan Centre, Gujerati Sunni Muslim Society and JJ Effect CIC.

8. Kickstart Gateway Provider

Funding from the Department for Work and pensions from June 2021, due to end in 2022/23 financial year. Spring North facilitated apprenticeship funding and provided training support for the Kickstart scheme to several providers across Lancashire including Trust House, Derian Homestart in East Lancashire, Homestart Blackpool, Fylde & Wyre, Carestation North West, Rummage Rescuers, Hozeit CIC, Hullo, CANWe Solutions CIC, HARV DA, Smile Mediation, Healthwatch Blackburn, Age UK BwD, PAC and Building for Humanity.

9. Healthy Child Programme

Subcontract from LCFT (commissioned from BwD PH) April 2017 - March 2022. To provide support for families of children under 5, emotional health and wellbeing support for teenage young people and improving access to health services (including the Everybody Centre). Partners for this project - Brook Young People, and Homestart BwD.

10. Pause for Thought

Commission from Blackburn with Darwen Borough council February 2021 until November 2021. The work carried out included providing a programme of training aimed at providing young people with possible behavioural issues with a toolkit of skills to enable them to make wiser choices and reduce nuisance behaviour they may be involved in or at risk of becoming a part of. Partners for this project included Blackburn Youthzone, PAC, New Era and Child Action North West.

11. Pennine Lancashire VCF Leadership Group

Funding from ELHT, April 2018 - March 2022. To provide the administrative duties to manage this group.

12. Rough Sleeper Initiative: Rapid re-housing Project

Funding support facilitated by BwD Borough Council to accelerate support and safe accommodation for at-risk and homeless people. Delivery is subcontracted to CANWe Solutions CIC and Lancashire Women. This contract has a final extension into 2022-23

TRUSTEES' ANNUAL REPORT

SPRING NORTH LTD

YEAR ENDED 31 MARCH 2022

13. Feeding Future Generations

Funding from Sustain Food power. Aiming to support vulnerable expectant Mums with wellbeing and nutrition support and advice, and regular food parcels during the pandemic. Various partners from BwDBC and Blackburn Foodbank involved in the facilitation for this.

14. Stop Loan Sharks

Funding from Birmingham City Council to raise awareness of loan sharks and effects of vulnerable families through community activity.

15. Perinatal Mental Health support

Funding from Lancashire and South Cumbria Foundation Trust to scope mental health support on offer across Pennine Lancashire for perinatal women. Homestart organization across the area engaged in this work with us.

16. VCSE Health & Wellbeing Funding

Funding from NHS England in October 2021 until March 2022, to train and support 150 local community champions across Lancashire and South Cumbria to share key information around respiratory infections in young children to ensure those at risk, or suffering with the illness could be directed to the correct support and pathways, both to ensure they got the correct awareness raising, care and advice, and also reduce attendance at critical care centres/A&E when non-urgent. Partners engaging with this work included Homestart network in Lancashire, the Voluntary centres in Lancashire and South Cumbria, New Era enterprises and One Voice Blackburn.

17. Active through Football

Fund from The Football Foundation to develop consultation work around a pilot project aimed at increasing sport take-up within communities. Various local partners such as BRCTrust, CANW, One Voice Blackburn, Newground and IMO Charity are involved in this work have been supporting this work with focus groups/consultation and engagement.

Financial review

During the year ended 31 March 2022 the charity received total incoming resources of £1,604,052. Costs of £1,560,498 were incurred in connection with the delivery of these projects and core administration, resulting in a surplus of £43,554. The costs incurred during the year included grants awarded to members of £6,000.

Reserves policy

At 31 March 2022 the charity held total funds of £250,477, all of which were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2022 amounted to £276,025 (total expenditure of £1,560,498, less payments to service providers of £1,239,195, less member training costs of £39,278, less small grants of £6,000). As at 31 March 2022 the level of free general reserves was £250,477 which is in excess of six months' of core running expenditure. However the trustees have re-visited the reserves policy and have decided that it is appropriate to maintain a higher level of reserves at the present time, in light of the current circumstances arising from the Covid 19 pandemic, and possible future staffing plans.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Risk management

The main risks facing Spring North include:

1. Risk - Changes to local and regional commissioning through re-design of health and social care through the Healthier Lancashire Integrated Care System.

Spring North response - The organisation has been involved via representation on the programme board and is well positioned to benefit from the investment in the VCF sector once the system transformation (and associated funding) has been approved.

2. Risk - Attracting new and additional funding

Spring North response – Recruitment of Business Development Manager Developing new partnerships to provide innovative project proposals for future investment.

3. Risk - Maintaining adequate funding to support the core costs of the organisation

Spring North response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.

4. Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities

Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

5. Risk - The impact of Covid 19 on the organisation and its members

Spring North Response – The impact of Covid 19 on the organization and its members is under current and continuous review and Spring North have applied for additional funding to maintain its viability and sustainability for its members.

The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP 2019 (FRS 102),
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

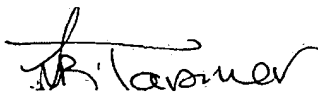
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Auditor

MHA Moore and Smalley is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



.....
L Tapner
Trustee

Date: 06/12/2022
.....

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at:

<https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

Nicola Mason (Senior Statutory Auditor)

For and on behalf of MHA Moore and Smalley, Statutory Auditor

Richard House
Winckley Square
Preston
PR1 3HP

Date: 08/12/2022

SPRING NORTH LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2022

		Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:	Note				
Charitable activities	3	1,562,294	-	1,562,294	1,176,404
Other income	4	41,758	-	41,758	27,622
Total income		1,604,052	-	1,604,052	1,204,026
		<hr/>	<hr/>	<hr/>	<hr/>
Expenditure on:					
Charitable activities	5/6	1,560,498	-	1,560,498	1,182,850
Total expenditure		1,560,498	-	1,560,498	1,182,850
		<hr/>	<hr/>	<hr/>	<hr/>
Net income/(expenditure)		43,554	-	43,554	21,176
Transfers between funds		-	-	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds		43,554		43,554	21,176
Reconciliation of funds					
Fund brought forward at 1 April 2021		206,923	-	206,923	185,747
		<hr/>	<hr/>	<hr/>	<hr/>
Funds carried forward at 31 March 2022		250,477	-	250,477	206,923
		<hr/>	<hr/>	<hr/>	<hr/>

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD

BALANCE SHEET


AS AT 31 MARCH 2022

	Note	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Current assets					
Debtors	9	187,339	-	187,339	110,514
Cash at bank and in hand		309,376	-	309,376	219,885
		496,715	-	496,715	330,399
Creditors: amounts falling due within one year	10	(246,238)	-	(246,238)	(123,476)
Net current assets		250,477	-	250,477	206,923
Total assets less current liabilities		250,477	-	250,477	206,923
Funds					
Designated funds	11	-	-	-	-
Unrestricted funds	11	250,477	-	250,477	206,923
Total funds		250,477	-	250,477	206,923

The notes on pages 17 to 26 form part of these accounts.

06/12/2022

These accounts were approved by the Trustees on and signed on their behalf by:



.....
L Tapner
Trustee

Company Registration Number: 07797133

SPRING NORTH LTD

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Cash generated from operating activities	89,491	120,846
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	89,491	120,846
Cash and cash equivalents at the beginning of the year	219,885	99,039
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	309,376	219,885
	<hr/>	<hr/>
Reconciliation of net movement in funds to net cash flow from operating activities		
	2022 £	2021 £
Net movement in funds	43,554	21,176
Investment income	-	-
Decrease/(increase) in debtors	(76,825)	10,426
(Decrease)/increase in creditors	122,762	89,244
	<hr/>	<hr/>
	89,491	120,846
	<hr/>	<hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

As with most organisations, Spring North has been affected by the Covid-19 pandemic. Whilst there was the potential for an adverse financial impact, the charity was able to work with commissioners to put in place alternative delivery methods such that the majority of services could be maintained.

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However, management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2023 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve-month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve-month period following approval of the accounts. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

3 Incoming resources from charitable activities

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Income for delivery of services				
Blackburn with Darwen Borough Council:				
Genetics Project	-	-	-	6,760
HMO In Reach Officer	29,983	-	29,983	-
Pause 4 Thought (P4T)	17,500	-	17,500	-
VCFS Phase 2	32,322	-	32,322	75,408
FTE Uplift	1,001	-	1,001	-
Rapid Rehousing	-	-	-	64,835
Community Ambassadors	81,500	-	81,500	11,600
Personal Navigator Support	1,330	-	1,330	-
Community Champions	55,000	-	55,000	-
Rough Sleepers Initiative	74,009	-	74,009	-
Holiday Activities Fund	56,300	-	56,300	-
Blackburn with Darwen Healthy Living	11,288	-	11,288	-
Oldham Council:				
Genetics Oldham	-	-	-	54,750
Lancashire Country Council:				
Holiday Activities Fund	471,852	-	471,852	-
Lancashire South Cumbria NHS Foundation Trust:				
Healthy Child Programme	125,793	-	125,793	-
Birmingham City Council:				
Stop Loan Sharks	6,300	-	6,300	-
Community Foundation:				
Community Action Fund	-	-	-	1,500
Department of Education:				
Holiday Activities & Food Fund	-	-	-	600,650
Homeless Link:				
Homeless Intensive Support	-	-	-	36,397
Lancashire Care NHS Foundation Trust:				
Healthy Child Programme	-	-	-	83,317
Perinatal Mental Health Support	-	-	-	10,000

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

3 Incoming resources from charitable activities (Continued)

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Income for delivery of services				
NHS England:				
VCFS Leadership Network	-	-	-	5,000
Health & Wellbeing Fund	137,374	-	137,374	-
Liaison & Diversion	-	-	-	34,650
DWP Resource Management:				
Kickstart	172,386	-	172,386	-
NHS Blackpool CCG:				
PHM	-	-	-	13,000
Parity of Esteem Training Programme	50,000	-	50,000	-
Sustain Food Power:				
Feeding Future Generations	1,100	-	1,100	13,450
The Football Foundation:				
Active Through Football	500	-	500	4,500
National Lottery	-	-	-	43,843
Management fee for core services	236,756	-	236,756	116,744
	1,562,294	-	1,562,294	1,176,404

Included within income from charitable activities is unrestricted income of £1,562,294 (2021: £1,075,222) and restricted income of £nil (2021: £43,843).

4 Other income

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Coronavirus Support Grant	-	-	-	10,000
Coronavirus Job Retention Scheme	-	-	-	8,999
Miscellaneous Income	4,298	-	4,298	5,000
Service Income	37,640	-	37,460	3,623
	41,758	-	41,758	27,622

Included within other income is unrestricted income of £nil (2021: £nil) and restricted income of £nil (2021: £nil).

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

5 Costs of charitable activities

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2022 Total funds	2021 Total funds
	£	£	£	£
Genetics Project	-	6,620	6,620	13,106
VCFS Phase 2	-	-	-	79,376
Genetics Oldham	-	-	-	61,303
Community Action Fund	-	-	-	2,500
Holiday Activities & Food Fund	71,728	44,700	116,428	684,000
Holiday Activities & Food Fund Preston	471,656	32,899	504,555	-
Homeless Intensive Support	-	-	-	40,455
Healthy Child Programme	88,316	7,161	95,477	95,477
Perinatal Mental Health Support	-	10,000	10,000	9,000
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	77,687	5,000	82,687	65,810
Community Ambassadors	80,238	19,669	99,907	8,200
Liaison & Diversion	-	-	-	38,500
Feeding Future Generations	6,600	99	6,699	13,446
Active Through Football	500	2,000	2,500	5,000
Stop Loan Sharks	6,296	-	6,296	700
BAGS	4,298	-	4,298	-
Community Champions	55,000	5,000	60,000	-
ED Interventions	36,476	6,000	42,476	-
HMO In Reach	26,250	-	26,250	-
Homeless Link	13,000	5,017	18,017	-
Kickstart	182,260	32,743	215,003	-
P4T	23,750	20,000	43,750	-
Recovery Volunteering	36,758	1,928	38,686	-
RI Champions	122,790	42,262	165,052	-
BP Engagement	-	4,438	4,438	-
Spring North Hub	-	6,359	6,359	60,977
	1,303,604	256,895	1,560,498	1,182,850

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

5 Costs of charitable activities (continued)

Prior year costs of charitable activities

	Activities directly undertaken (note 6) £	Support and governance costs (note 6) £	2021 Total funds £	2020 Total funds £
Genetics Project	9,246	3,860	13,106	9,923
Mental Wellbeing Hub	-	-	-	45,000
IAG	-	-	-	278,444
VCFS Phase 2	75,408	3,968	79,376	356,270
Reducing Reoffending	-	-	-	4,500
Genetics Oldham	54,053	7,250	61,303	60,960
Community Action Fund	1,500	1,000	2,500	-
Holiday Activities & Food Fund	597,225	86,775	684,000	-
Homeless Intensive Support	36,395	4,060	40,455	-
Small Grants	-	-	-	6,800
Healthy Child Programme	83,317	12,160	95,477	92,486
Leadership Group Admin Support	-	-	-	4,678
Perinatal Mental Health Support	8,000	1,000	9,000	-
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	65,645	165	65,810	53,251
Community Ambassadors	8,200	-	8,200	122,633
Liaison & Diversion	34,650	3,850	38,500	9,626
Feeding Future Generations	13,446	-	13,446	-
Active Through Football	4,500	500	5,000	-
Stop Loan Sharks	-	700	700	-
Spring North Hub	10,000	50,977	60,977	45,764
	1,001,585	181,265	1,182,850	1,095,335

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

6 Costs of charitable activities analysed by nature

	2022 Direct costs £	2022 Support costs £	2021 Direct costs £	2021 Support costs £
Staff costs	-	191,261	40,801	127,816
Payments to service providers	1,221,907	17,288	921,626	-
Travel and subsistence	-	1,519	98	-
Grants to institutions	6,000	-	11,500	-
Activities and spot purchasing	37,096	2,869	22,416	-
Training	38,600	678	5,144	2,150
Meeting costs	-	833	-	370
Marketing	-	14,846	-	8,709
Consultancy fees	-	(3,280)	-	13,220
Stationery and consumables	-	485	-	126
Telephone	-	546	-	547
Accommodation	-	10,425	-	8,354
Insurance	-	2,908	-	2,761
IT Support	-	11,570	-	6,246
Bank charges	-	254	-	221
Bad debts	-	-	-	3,749
Light and Heating Costs	-	40	-	-
Professional fees, finance support & payroll	-	-	-	2,838
Governance costs – audit and accounts fee	-	4,693	-	4,158
	1,303,604	256,894	1,001,585	181,265

During the year ended 31 March 2022, 2 members were awarded a total of £6,000 in small grants (2021: £11,500).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2022 £	2021 £
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	4,693	3,465
- Other services (exclusive of VAT)	-	-
	4,693	3,465

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel

	2022 £	2021 £
Total staff costs were as follows:		
Wages and salaries	178,626	156,534
Social security costs	10,555	9,832
Pension costs	2,080	2,251
	<u>191,261</u>	<u>168,617</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2022 No	2021 No
Management	1	1
Information and administration	6	6
	<u>7</u>	<u>7</u>

No employees received emoluments of more than £60,000 during the year (2021: nil). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2021: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £52,644 (2021: £53,048).

9 Debtors

	2022 £	2021 £
Other debtors	185,488	80,088
Prepayments	1,852	30,426
	<u>187,340</u>	<u>110,514</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

10 Creditors: Amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	244,655	121,097
Taxation and other social security	1,425	1,425
Other creditors	158	954
	<u>246,238</u>	<u>123,476</u>

Included within creditors falling due within one year is deferred income of £80,750 (2021: £106,184) relating to various contracts including The Holiday Activities & Food Fund and the Homeless Link Fund.

11 Fund movement

	Brought forward at 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2022 £
Unrestricted general funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,498)</u>	-	<u>250,477</u>
Designated funds					
Small grants	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total unrestricted funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	-	<u>250,477</u>
Restricted general funds	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	-	<u>250,477</u>

Small grants fund

The small grants fund provides members with the opportunity to bid for funding to run one off projects.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

11 Fund movement (continued)

Prior year fund movement

	Brought forward at 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2021 £
Unrestricted general funds	175,747	1,160,183	(1,129,007)	-	206,923
Designated funds					
Small grants	10,000	-	(10,000)	-	-
	10,000	-	(10,000)	-	-
Total unrestricted funds	185,747	1,160,183	(1,139,007)	-	206,923
Restricted general funds	-	43,843	(43,843)	-	-
Total funds	185,747	1,204,026	(1,182,850)	-	206,923

12 Financial instruments

	2022 £	2021 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	177,021	80,088
Carrying amount of financial liabilities		
Measured at amortised cost	1,425	1,425

13 Operating lease commitments

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	850	676
Within two to five years	-	-
Over five years	-	-
	850	676

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £1,192,675 (2021: £687,347) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2022



 **mha**
MOORE & SMALLEY

SPRING NORTH LTD

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YEAR ENDED 31 MARCH 2022

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SPRING NORTH LTD

CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2022

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	1 Exchange Street Room 103 Blackburn Lancashire BB1 7JN
Auditor	MHA Moore and Smalley Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2022.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

A Barrass
S Cotton
D Edmundson
S Swindley
A Leather
K McGee
L Tapner
C Bennett
A Greenwood
L Baxter

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2016. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Objectives and activities

Spring North is a member-based charity - comprising 130 independent VCFSE organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation, we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and wellbeing in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contract for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end-to-end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Who we are:

Spring North is a member based charitable company - established and incorporated as a company in October 2011 and registered as-a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFS across Lancashire. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g., payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)

What do we offer?

Spring North offers support to its member organisations to deliver - collaboratively - a range of interventions in order to improve emotional, mental and physical health across the life course and across communities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice, guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including:

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders
- Young people, including those not in education, employment or training (NEET)
- Older people
- Minority ethnic groups
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Achievements and performance

As with every business, charity, community, family and individual, the past 12 months have presented a challenge to us all. Our business strategy - predicated mainly on strong relationships and collaboration - was contested from the outset of Covid and the restrictions put upon us all. However, the organisation reacted quickly and positively to the new regime of requirements and on-line meetings, digital communication and working from home became the new normal.

For many VCFSE organisations operating nationally and locally the pandemic has had a significant financial impact on their viability. Spring North recognised this to be a particular threat to some of our members organisations. In response the Board agreed to shift the criteria for the small grants programme to support those organisations who were themselves at the frontline in supporting their local communities

This year a large number of national funding opportunities and local commissioning opportunities have either been put on hold or redirected to support the local response to Covid. Despite this, Spring North has maintained its annual income level from the previous year. Whilst some commissions were concluded during the last accounting period (contracts ending rather than being terminated) the organisation has been successful in securing a number of other contracts including NHS England Health and Wellbeing Grant funding, and local commissions with our Health, Justice and Local Authority partners.

Membership of Spring North continues to grow and in terms of sub-contracts we have contracted with 48 member organisations within this financial period.

Service Income funding has enabled us to provide a comprehensive business support offer to our member organisations and enable access to a broad-range training package. This year we ran 54 courses with an average attendance of 12 persons per session. 33 of our member organisations participated in these courses.

Spring North is currently engaged with and represented on key strategic boards across the Integrated Care System geography (Lancashire and South Cumbria), as well as County-wide, Pennine Lancashire and BwD groups. These include the ICS Partnership Forum, ICS VCFSE Alliance, the Pennine Lancashire Community Safety Tactical Leads Group, the BwD Health and Well-Being Board and the local Children's Partnership Board.

Spring North continues to support the Pennine Lancashire VCF Leadership group - a key vehicle through which genuine consultation with the sector can take place. The Chief Executive of Spring North was the elected chair of this group in 2021 and she, with other chairs of the ICP VCF Groups, comprise the membership of the above-mentioned Alliance.

During this financial year, the Consortium has managed the following contracts:

- 1. Coordinated Substance Misuse Recovery Orientated Volunteering project**
subcontracted to Community CVS to deliver Volunteering to those in recovery, and pathways for training and volunteering following recovery, including peer support and mentoring.
- 2. Community Ambassadors**
Funding from Blackburn with Darwen Borough Council in April 2021 until March 2022, to train and support 80 Champions for a 12 week period to value integration and set up local social action projects of their own which aim to increase community connectivity and improve cohesion. Partners subcontracted to on this work included Blackburn Rovers Community Trust and Care Network.
- 3. Covid Community Champions**
Commission from Blackburn with Darwen Borough Council from May 2021 until September 2021, to upskill members of the local workforce and communities to share public health messages around Covid infection control, dispel myths around the pandemic, and the vaccine, whilst informing local systems of the feelings and feed back locally to ensure barriers were reduced, takeup for vaccinations increased and transmission levels reduced. Funding was distributed to IMO Charity, One Voice Blackburn, YMCA Blackburn, Lancashire Council of Mosques and Youth Action.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

4. Eating Disorders Intervention Support

Funding through LSCFT to increase local capacity of counselling support in an aim of reducing numbers of young people classed as non-urgent, but remaining on a lengthy waiting list with signs of eating disorder traits. Funding commenced in October 2021 and ended March 2022. Partners included CANW, New Era Enterprises, Serenity Selfcare, Key Unlocking Futures and Homes for Humanity.

5. Genetics Project BwD

Commission from BwD Public Health Oct 2013 - March 2021. To improve knowledge and understanding of genetic conditions affecting children where consanguineous marriages, completed in November 2021.

6. Holiday Activities & Food Fund – Blackburn with Darwen

Commission from Blackburn with Darwen Borough Council. Commenced April 2021 and ended in January 2022. Targeted delivery to engage children and young people from vulnerable families on Free school meals. The borough wide programme was coordinated by Spring North, with delivery sub-contracted to Blackburn Rovers Community Trust, Blackburn Youthzone, IMO Charity, One Voice Blackburn, Newground Together, Youth Action, Blackburn with Darwen Borough Council divisions; Childrens Centres / Young people's services / Seeds Adolescent Support Unit.

7. Holiday Activities & Food Fund – Preston

Commission from Lancashire County council. Commenced July 2021 and ended in January 2022. Targeted delivery to engage children and young people from vulnerable families on Free school meals. The county wide programme was coordinated by Spring North, with delivery sub-contracted to Preston North End Community and Education Trust, Preston united, Fishwick Rangers Youth development scheme, Discovery Vine, Community Futures, Crazy Kingdom (Flipout Preston and Giddy Kids playcentre) Lancashire and Regional Dietary Education Resource, The Foxtan Centre, Gujerati Sunni Muslim Society and JJ Effect CIC.

8. Kickstart Gateway Provider

Funding from the Department for Work and pensions from June 2021, due to end in 2022/23 financial year. Spring North facilitated apprenticeship funding and provided training support for the Kickstart scheme to several providers across Lancashire including Trust House, Derian Homestart in East Lancashire, Homestart Blackpool, Fylde & Wyre, Carestation North West, Rummage Rescuers, Hozeit CIC, Hullo, CANWe Solutions CIC, HARV DA, Smile Mediation, Healthwatch Blackburn, Age UK BwD, PAC and Building for Humanity.

9. Healthy Child Programme

Subcontract from LCFT (commissioned from BwD PH) April 2017 - March 2022. To provide support for families of children under 5, emotional health and wellbeing support for teenage young people and improving access to health services (including the Everybody Centre). Partners for this project - Brook Young People, and Homestart BwD.

10. Pause for Thought

Commission from Blackburn with Darwen Borough council February 2021 until November 2021. The work carried out included providing a programme of training aimed at providing young people with possible behavioural issues with a toolkit of skills to enable them to make wiser choices and reduce nuisance behaviour they may be involved in or at risk of becoming a part of. Partners for this project included Blackburn Youthzone, PAC, New Era and Child Action North West.

11. Pennine Lancashire VCF Leadership Group

Funding from ELHT, April 2018 - March 2022. To provide the administrative duties to manage this group.

12. Rough Sleeper Initiative: Rapid re-housing Project

Funding support facilitated by BwD Borough Council to accelerate support and safe accommodation for at-risk and homeless people. Delivery is subcontracted to CANWe Solutions CIC and Lancashire Women. This contract has a final extension into 2022-23

TRUSTEES' ANNUAL REPORT

SPRING NORTH LTD

YEAR ENDED 31 MARCH 2022

13. Feeding Future Generations

Funding from Sustain Food power. Aiming to support vulnerable expectant Mums with wellbeing and nutrition support and advice, and regular food parcels during the pandemic. Various partners from BwDBC and Blackburn Foodbank involved in the facilitation for this.

14. Stop Loan Sharks

Funding from Birmingham City Council to raise awareness of loan sharks and effects of vulnerable families through community activity.

15. Perinatal Mental Health support

Funding from Lancashire and South Cumbria Foundation Trust to scope mental health support on offer across Pennine Lancashire for perinatal women. Homestart organization across the area engaged in this work with us.

16. VCSE Health & Wellbeing Funding

Funding from NHS England in October 2021 until March 2022, to train and support 150 local community champions across Lancashire and South Cumbria to share key information around respiratory infections in young children to ensure those at risk, or suffering with the illness could be directed to the correct support and pathways, both to ensure they got the correct awareness raising, care and advice, and also reduce attendance at critical care centres/A&E when non-urgent. Partners engaging with this work included Homestart network in Lancashire, the Voluntary centres in Lancashire and South Cumbria, New Era enterprises and One Voice Blackburn.

17. Active through Football

Fund from The Football Foundation to develop consultation work around a pilot project aimed at increasing sport take-up within communities. Various local partners such as BRCTrust, CANW, One Voice Blackburn, Newground and IMO Charity are involved in this work have been supporting this work with focus groups/consultation and engagement.

Financial review

During the year ended 31 March 2022 the charity received total incoming resources of £1,604,052. Costs of £1,560,498 were incurred in connection with the delivery of these projects and core administration, resulting in a surplus of £43,554. The costs incurred during the year included grants awarded to members of £6,000.

Reserves policy

At 31 March 2022 the charity held total funds of £250,477, all of which were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2022 amounted to £276,025 (total expenditure of £1,560,498, less payments to service providers of £1,239,195, less member training costs of £39,278, less small grants of £6,000). As at 31 March 2022 the level of free general reserves was £250,477 which is in excess of six months' of core running expenditure. However the trustees have re-visited the reserves policy and have decided that it is appropriate to maintain a higher level of reserves at the present time, in light of the current circumstances arising from the Covid 19 pandemic, and possible future staffing plans.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Risk management

The main risks facing Spring North include:

1. Risk - Changes to local and regional commissioning through re-design of health and social care through the Healthier Lancashire Integrated Care System.

Spring North response - The organisation has been involved via representation on the programme board and is well positioned to benefit from the investment in the VCF sector once the system transformation (and associated funding) has been approved.

2. Risk - Attracting new and additional funding

Spring North response – Recruitment of Business Development Manager Developing new partnerships to provide innovative project proposals for future investment.

3. Risk - Maintaining adequate funding to support the core costs of the organisation

Spring North response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.

4. Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities

Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

5. Risk - The impact of Covid 19 on the organisation and its members

Spring North Response – The impact of Covid 19 on the organization and its members is under current and continuous review and Spring North have applied for additional funding to maintain its viability and sustainability for its members.

The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP 2019 (FRS 102),
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

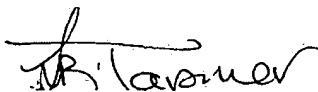
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Auditor

MHA Moore and Smalley is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



.....
L Tapner
Trustee

Date: 06/12/2022
.....

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2022

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at:

<https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

Nicola Mason (Senior Statutory Auditor)

For and on behalf of MHA Moore and Smalley, Statutory Auditor

Richard House
Winckley Square
Preston
PR1 3HP

Date: 08/12/2022

SPRING NORTH LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2022

		Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:	Note				
Charitable activities	3	1,562,294	-	1,562,294	1,176,404
Other income	4	41,758	-	41,758	27,622
Total income		1,604,052	-	1,604,052	1,204,026
		<hr/>	<hr/>	<hr/>	<hr/>
Expenditure on:					
Charitable activities	5/6	1,560,498	-	1,560,498	1,182,850
Total expenditure		1,560,498	-	1,560,498	1,182,850
		<hr/>	<hr/>	<hr/>	<hr/>
Net income/(expenditure)		43,554	-	43,554	21,176
Transfers between funds		-	-	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds		43,554		43,554	21,176
Reconciliation of funds					
Fund brought forward at 1 April 2021		206,923	-	206,923	185,747
		<hr/>	<hr/>	<hr/>	<hr/>
Funds carried forward at 31 March 2022		250,477	-	250,477	206,923
		<hr/>	<hr/>	<hr/>	<hr/>

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD

BALANCE SHEET

AS AT 31 MARCH 2022

	Note	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Current assets					
Debtors	9	187,339	-	187,339	110,514
Cash at bank and in hand		309,376	-	309,376	219,885
		496,715	-	496,715	330,399
Creditors: amounts falling due within one year	10	(246,238)	-	(246,238)	(123,476)
Net current assets		250,477	-	250,477	206,923
Total assets less current liabilities		250,477	-	250,477	206,923
Funds					
Designated funds	11	-	-	-	-
Unrestricted funds	11	250,477	-	250,477	206,923
Total funds		250,477	-	250,477	206,923

The notes on pages 17 to 26 form part of these accounts.

These accounts were approved by the Trustees on 06/12/2022 and signed on their behalf by:



L Tapner
Trustee

Company Registration Number: 07797133

SPRING NORTH LTD

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Cash generated from operating activities	89,491	120,846
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	89,491	120,846
Cash and cash equivalents at the beginning of the year	219,885	99,039
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	309,376	219,885
	<hr/>	<hr/>
Reconciliation of net movement in funds to net cash flow from operating activities		
	2022 £	2021 £
Net movement in funds	43,554	21,176
Investment income	-	-
Decrease/(increase) in debtors	(76,825)	10,426
(Decrease)/increase in creditors	122,762	89,244
	<hr/>	<hr/>
	89,491	120,846
	<hr/>	<hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

As with most organisations, Spring North has been affected by the Covid-19 pandemic. Whilst there was the potential for an adverse financial impact, the charity was able to work with commissioners to put in place alternative delivery methods such that the majority of services could be maintained.

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However, management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2023 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve-month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve-month period following approval of the accounts. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received, and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

3 Incoming resources from charitable activities

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Income for delivery of services				
Blackburn with Darwen Borough Council:				
Genetics Project	-	-	-	6,760
HMO In Reach Officer	29,983	-	29,983	-
Pause 4 Thought (P4T)	17,500	-	17,500	-
VCFS Phase 2	32,322	-	32,322	75,408
FTE Uplift	1,001	-	1,001	-
Rapid Rehousing	-	-	-	64,835
Community Ambassadors	81,500	-	81,500	11,600
Personal Navigator Support	1,330	-	1,330	-
Community Champions	55,000	-	55,000	-
Rough Sleepers Initiative	74,009	-	74,009	-
Holiday Activities Fund	56,300	-	56,300	-
Blackburn with Darwen Healthy Living	11,288	-	11,288	-
Oldham Council:				
Genetics Oldham	-	-	-	54,750
Lancashire Country Council:				
Holiday Activities Fund	471,852	-	471,852	-
Lancashire South Cumbria NHS Foundation Trust:				
Healthy Child Programme	125,793	-	125,793	-
Birmingham City Council:				
Stop Loan Sharks	6,300	-	6,300	-
Community Foundation:				
Community Action Fund	-	-	-	1,500
Department of Education:				
Holiday Activities & Food Fund	-	-	-	600,650
Homeless Link:				
Homeless Intensive Support	-	-	-	36,397
Lancashire Care NHS Foundation Trust:				
Healthy Child Programme	-	-	-	83,317
Perinatal Mental Health Support	-	-	-	10,000

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

3 Incoming resources from charitable activities (Continued)

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Income for delivery of services				
NHS England:				
VCFS Leadership Network	-	-	-	5,000
Health & Wellbeing Fund	137,374	-	137,374	-
Liaison & Diversion	-	-	-	34,650
DWP Resource Management:				
Kickstart	172,386	-	172,386	-
NHS Blackpool CCG:				
PHM	-	-	-	13,000
Parity of Esteem Training Programme	50,000	-	50,000	-
Sustain Food Power:				
Feeding Future Generations	1,100	-	1,100	13,450
The Football Foundation:				
Active Through Football	500	-	500	4,500
National Lottery	-	-	-	43,843
Management fee for core services	236,756	-	236,756	116,744
	1,562,294	-	1,562,294	1,176,404

Included within income from charitable activities is unrestricted income of £1,562,294 (2021: £1,075,222) and restricted income of £nil (2021: £43,843).

4 Other income

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Coronavirus Support Grant	-	-	-	10,000
Coronavirus Job Retention Scheme	-	-	-	8,999
Miscellaneous Income	4,298	-	4,298	5,000
Service Income	37,640	-	37,460	3,623
	41,758	-	41,758	27,622

Included within other income is unrestricted income of £nil (2021: £nil) and restricted income of £nil (2021: £nil).

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

5 Costs of charitable activities

	Activities directly undertaken (note 6)	Support and governance costs (note 6)	2022 Total funds	2021 Total funds
	£	£	£	£
Genetics Project	-	6,620	6,620	13,106
VCFS Phase 2	-	-	-	79,376
Genetics Oldham	-	-	-	61,303
Community Action Fund	-	-	-	2,500
Holiday Activities & Food Fund	71,728	44,700	116,428	684,000
Holiday Activities & Food Fund Preston	471,656	32,899	504,555	-
Homeless Intensive Support	-	-	-	40,455
Healthy Child Programme	88,316	7,161	95,477	95,477
Perinatal Mental Health Support	-	10,000	10,000	9,000
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	77,687	5,000	82,687	65,810
Community Ambassadors	80,238	19,669	99,907	8,200
Liaison & Diversion	-	-	-	38,500
Feeding Future Generations	6,600	99	6,699	13,446
Active Through Football	500	2,000	2,500	5,000
Stop Loan Sharks	6,296	-	6,296	700
BAGS	4,298	-	4,298	-
Community Champions	55,000	5,000	60,000	-
ED Interventions	36,476	6,000	42,476	-
HMO In Reach	26,250	-	26,250	-
Homeless Link	13,000	5,017	18,017	-
Kickstart	182,260	32,743	215,003	-
P4T	23,750	20,000	43,750	-
Recovery Volunteering	36,758	1,928	38,686	-
RI Champions	122,790	42,262	165,052	-
BP Engagement	-	4,438	4,438	-
Spring North Hub	-	6,359	6,359	60,977
	1,303,604	256,895	1,560,498	1,182,850

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

5 Costs of charitable activities (continued)

Prior year costs of charitable activities

	Activities directly undertaken (note 6) £	Support and governance costs (note 6) £	2021 Total funds £	2020 Total funds £
Genetics Project	9,246	3,860	13,106	9,923
Mental Wellbeing Hub	-	-	-	45,000
IAG	-	-	-	278,444
VCFS Phase 2	75,408	3,968	79,376	356,270
Reducing Reoffending	-	-	-	4,500
Genetics Oldham	54,053	7,250	61,303	60,960
Community Action Fund	1,500	1,000	2,500	-
Holiday Activities & Food Fund	597,225	86,775	684,000	-
Homeless Intensive Support	36,395	4,060	40,455	-
Small Grants	-	-	-	6,800
Healthy Child Programme	83,317	12,160	95,477	92,486
Leadership Group Admin Support	-	-	-	4,678
Perinatal Mental Health Support	8,000	1,000	9,000	-
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	65,645	165	65,810	53,251
Community Ambassadors	8,200	-	8,200	122,633
Liaison & Diversion	34,650	3,850	38,500	9,626
Feeding Future Generations	13,446	-	13,446	-
Active Through Football	4,500	500	5,000	-
Stop Loan Sharks	-	700	700	-
Spring North Hub	10,000	50,977	60,977	45,764
	1,001,585	181,265	1,182,850	1,095,335

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

6 Costs of charitable activities analysed by nature

	2022 Direct costs £	2022 Support costs £	2021 Direct costs £	2021 Support costs £
Staff costs	-	191,261	40,801	127,816
Payments to service providers	1,221,907	17,288	921,626	-
Travel and subsistence	-	1,519	98	-
Grants to institutions	6,000	-	11,500	-
Activities and spot purchasing	37,096	2,869	22,416	-
Training	38,600	678	5,144	2,150
Meeting costs	-	833	-	370
Marketing	-	14,846	-	8,709
Consultancy fees	-	(3,280)	-	13,220
Stationery and consumables	-	485	-	126
Telephone	-	546	-	547
Accommodation	-	10,425	-	8,354
Insurance	-	2,908	-	2,761
IT Support	-	11,570	-	6,246
Bank charges	-	254	-	221
Bad debts	-	-	-	3,749
Light and Heating Costs	-	40	-	-
Professional fees, finance support & payroll	-	-	-	2,838
Governance costs – audit and accounts fee	-	4,693	-	4,158
	<u>1,303,604</u>	<u>256,894</u>	<u>1,001,585</u>	<u>181,265</u>

During the year ended 31 March 2022, 2 members were awarded a total of £6,000 in small grants (2021: £11,500).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2022 £	2021 £
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	4,693	3,465
- Other services (exclusive of VAT)	-	-
	<u>4,693</u>	<u>3,465</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel

	2022	2021
	£	£
Total staff costs were as follows:		
Wages and salaries	178,626	156,534
Social security costs	10,555	9,832
Pension costs	2,080	2,251
	<u>191,261</u>	<u>168,617</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2022	2021
	No	No
Management	1	1
Information and administration	6	6
	<u>7</u>	<u>7</u>

No employees received emoluments of more than £60,000 during the year (2021: nil). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2021: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £52,644 (2021: £53,048).

9 Debtors

	2022	2021
	£	£
Other debtors	185,488	80,088
Prepayments	1,852	30,426
	<u>187,340</u>	<u>110,514</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

10 Creditors: Amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	244,655	121,097
Taxation and other social security	1,425	1,425
Other creditors	158	954
	<u>246,238</u>	<u>123,476</u>

Included within creditors falling due within one year is deferred income of £80,750 (2021: £106,184) relating to various contracts including The Holiday Activities & Food Fund and the Homeless Link Fund.

11 Fund movement

	Brought forward at 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2022 £
Unrestricted general funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,498)</u>	-	<u>250,477</u>
Designated funds					
Small grants	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total unrestricted funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	-	<u>250,477</u>
Restricted general funds	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total funds	<u>206,923</u>	<u>1,604,052</u>	<u>(1,560,489)</u>	-	<u>250,477</u>

Small grants fund

The small grants fund provides members with the opportunity to bid for funding to run one off projects.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

11 Fund movement (continued)

Prior year fund movement

	Brought forward at 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2021 £
Unrestricted general funds	175,747	1,160,183	(1,129,007)	-	206,923
Designated funds					
Small grants	10,000	-	(10,000)	-	-
	10,000	-	(10,000)	-	-
Total unrestricted funds	185,747	1,160,183	(1,139,007)	-	206,923
Restricted general funds	-	43,843	(43,843)	-	-
Total funds	185,747	1,204,026	(1,182,850)	-	206,923

12 Financial instruments

	2022 £	2021 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	177,021	80,088
Carrying amount of financial liabilities		
Measured at amortised cost	1,425	1,425

13 Operating lease commitments

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	850	676
Within two to five years	-	-
Over five years	-	-
	850	676

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £1,192,675 (2021: £687,347) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.

Spring North Ltd

Audit Findings Report for the year ended 31
March 2022





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Executive summary

Introduction

This Audit Findings Report (AFR) has been prepared to aid discussion with you about the significant and other matters encountered during the audit and how we have concluded on them.

Audit risks

We have obtained sufficient and appropriate audit evidence to be able to conclude on the risks identified in the Outline Audit Strategy.

Going concern

The financial statements have been prepared on the going concern basis. We believe that this is appropriate because the charity appears to have sufficient funds to continue in operational existence for at least the twelve month period following approval of the accounts.

Financial statements

We have reviewed your draft financial statements and can confirm the accounting policies appear appropriate and have been applied consistently; the disclosures are in line with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. The assumptions used in your key accounting estimates are reasonable

We do not expect to modify our audit or otherwise include either an 'emphasis of matter' or 'other matter' paragraph.

Misstatements

We have identified a number of misstatements during the course of our work, however these fall below our materiality level. Total unadjusted misstatements, as shown on page 10, represent a net overstatement of surplus of £582.



Executive summary (continued)

Control recommendations

There are no control recommendations in respect of the current year. We followed up on the prior year recommendation on page 11.

Written representations

In addition to the standard management representations, we will be requesting the following specific written representations from you:

- You have reviewed and approved the adjustments on page 9,
- You do not believe that the unadjusted misstatements on page 10 require adjustment as they are immaterial individually and in aggregate.
- You do not expect any claw-back of funding on underspent projects.

Independence

As we noted in our Outline Audit Strategy document, we considered that appropriate safeguards were in place to address the threats to our independence.

There have been no changes since we communicated with you at the planning stage.



Significant risks



The significant audit risks identified at the planning stage are set out below, together with the results of our testing:

Risk	Audit work and conclusion
<p>Revenue recognition</p> <p>Income the charity is entitled to in the year may not be correctly stated in the accounts or may have been recognised in the incorrect accounting period.</p>	<p>We have reviewed all significant contracts to identify whether there were any potential claw backs and whether the receipt of funding was performance related.</p> <p>Our audit testing has provided sufficient assurance that income appears to be materially complete and recognised within the correct accounting period.</p>
<p>Management override of controls</p> <p>The risk that unauthorised transactions are processed in the accounting records.</p>	<p>We have reviewed cashbooks and non-recurring journals for any non-routine transactions outside the normal course of business.</p> <p>No evidence of management override was identified throughout the course of our audit work.</p>

Significant risks (continued)



Risk	Audit work and conclusion
<p>Completeness and validity of commissioning payments</p> <p>Amounts payable to other service providers may not have been recognised in the same accounting period as the associated services were provided and the income was generated.</p>	<p>We have reviewed significant contracts to identify the milestones at which commissioning payments to other service providers fall due. We have considered whether these milestones have been met at the balance sheet date to ensure the validity of commissioning payments already accounted for and to consider whether any additional costs should be accrued.</p> <p>Sufficient audit testing has been performed to provide assurance on the completeness and validity of commissioning costs.</p>
<p>Trustees' annual report (TAR)</p> <p>The Trustees' annual report may not be consistent with the accounts and all required disclosures may not be included.</p>	<p>We have read the TAR and ensured that it fulfils the minimum requirements, including all items as required under FRS 102 and the Charities SORP. We have ensured any principal risks are in line with our understanding of the charity's environment and any reference to financial figures agree to our understanding of the financial performance during the year and the figures disclosed within the financial statements.</p> <p>The annual report appears to be consistent with the accounts and all required disclosures appear to have been included.</p>

Significant risks (continued)



Risk	Audit work and conclusion
<p>Going concern</p> <p>The risk that the charity has insufficient funds to continue in operation for at least the twelve month period following approval of the accounts.</p>	<p>We have obtained management's assessment of going concern and have considered whether there are any events or conditions which could cast significant doubt over the charity's ability to continue as a going concern.</p> <p>We have reviewed the forecasts in place for 2022/23. Whilst forecasts are not yet available for 2023/24, we are satisfied that the charity appears to have sufficient funds brought forward to be able to continue to pay core running costs for the twelve month period following approval of the accounts, should there be a sudden unexpected loss of income.</p> <p>We have obtained sufficient comfort that the charity appears to be a going concern, and we are satisfied that sufficient disclosures which support this conclusion have been included within the accounts.</p>



We are required by ISAs to make certain communications you as set out below:

Aspect of financial statements	Conclusions
Accounting policies and financial statement disclosures	The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. As part of our audit work, we have reviewed your draft financial statements including the accounting policies which we found to be appropriate and have been applied consistently.
Key accounting estimates	We have identified no key accounting estimates.
Audit report	There are no expected modifications to the audit report and we do not intend to include either an 'emphasis of matter' or 'other matter' paragraph.
Other matters we are required to report to you	There are no other matters that we need to report to you in respect of the financial statement disclosures.

Adjusted misstatements



This is a summary of the adjustments made to the financial statements during the course of our work:

There are no adjustments to the management accounts.

Unadjusted misstatements



This is a summary of the uncorrected misstatements identified during the course of our work. You will be asked to confirm via the letter of representation that you do not consider it necessary to adjust for these items as they are considered immaterial, individually and in aggregate

	Balance Sheet		Statement of Financial Activities	
	Dr	Cr	Dr	Cr
Understatement of audit accrual to reflect VAT		(£578)	£578	
Total		(£578)	£578	
Impact on reserves				£578

Control deficiencies and recommendations



The purpose of our audit was for us to express an opinion on the financial statements. It included consideration of internal controls relevant to the preparation of the financial statements in order for us to design appropriate audit procedures, but not for the purpose of expressing an opinion on the effectiveness of internal controls. The following are deficiencies that we identified during the audit that we believe should be brought to your attention.

Prior period matters

We have summarised how we followed up on the matters identified in the prior period as follows:

Control deficiency	Recommendation	Follow up
VAT Liability The VAT liability of £1,425 from Q3 2019 remains unpaid as at the audit date due to ongoing issues with the system & HMRC. Whilst subsequent VAT returns on QuickBooks show a nil liability owed, regular VAT returns still need to be submitted quarterly to avoid any penalties.	Discussions should be held with HMRC to resolve the problems around the submission of VAT returns.	The £1,425 has now been repaid to HMRC.

Other matters

There are no other matters we wish to discuss.



Written representations



As part of our completion process, we will ask you to provide a letter making certain representations to us including that:

- You have fulfilled your responsibilities in respect of the preparation of the financial statements including that they reflect all transactions and any assumptions in respect of estimates made are reasonable;
- We have had access to all relevant information, books and records;
- Individual and aggregated unadjusted misstatements are immaterial;
- You have disclosed any non-compliance with laws and regulations/ litigations and claims to us and that they have been accounted for appropriately; and
- Any relevant post-balance sheet event adjustments/ disclosures are properly included in the financial statements.

Additionally, we will request representations on certain matters in respect of fraud and related parties and:

- You believe that the charity's financial statements should be prepared on a going concern basis
- You do not expect any claw-back of funds on underspent projects



Communication plan



As we noted in our Outline Audit Strategy Document, ISA 260, ISQC (UK) 1* and certain other ISAs specify the communications we are required to make and we have summarised these as follows.

Required communications	OAS	AFR
The respective responsibilities of the auditor and management/ those charged with governance	✓	
An overview of the planned scope and timing of our audit, including the significant risks we have identified	✓	
Significant facts and matters that may bear upon our integrity, objectivity and independence	✓	✓
Non-compliance with laws and regulations	✓	✓
Events or conditions identified that may cast significant doubt on the entity's ability to continue as a going concern	✓	✓
Our views about significant qualitative aspects of your accounting practices, including accounting policies, accounting estimates and financial statement disclosures		✓
Any significant matters arising and/ or significant difficulties encountered during the audit		✓
Uncorrected misstatements the effect they may have on the opinion on our report		✓
Significant deficiencies in internal control identified during the audit		✓
Circumstances that will affect the form and content of our report, including modifications to the auditor's report or the inclusion of an emphasis of matter paragraph		✓
Identified or suspected fraud which results in a material misstatement of the financial statements and whether it involves management		✓
The written representations we are requesting		✓

In addition, we will maintain other such timely communication as required throughout the audit to ensure there is robust two-way dialogue between us and those charged with governance, particularly if we encounter any significant difficulties during the audit.

* ISQC (UK) 1 (Revised November 2019), Quality Control for Firms that Perform Audits and Reviews of Financial Statements, and Other Assurance and Related Services Engagements.

Confirmation of Independence and Objectivity



In line with the FRC's Revised Ethical Standard 2019, as part of our audit planning procedures we are required to assess any threats to our integrity and objectivity, including any which could impair our independence. Where such threats are identified, we are required to implement safeguards which will either:

- Eliminate the threat; or
- Reduce the threat to level at which independence is not compromised.

We have identified the following potential threats and have outlined how we plan to guard against them:

Threats	Safeguards
Non-audit services	
We prepare your financial statements which could give rise to management and self-review threats.	We consider the preparation of your financial statements to be mechanical in nature. Management will be asked to approve the financial statements and any adjustments proposed in arriving at the final reported figures.
Our firm prepare and submit the dormant corporation tax return for the charity (as and when a return is requested from HMRC) which could give rise to an independence threat.	This service is carried out by the corporate tax team who are independent from the audit team.

In addition, all of our partners and staff are required to make annual declarations about their independence and 'fit and proper status'.

We consider that appropriate safeguards are in place to address the threats to our independence. We confirm that MHA Moore and Smalley and the engagement team are independent and that our integrity and objectivity are not impaired.

This memorandum has been prepared by MHA Moore and Smalley in connection with the audit of the financial statements of Spring North Ltd and has been prepared solely for the benefit of this organisation. MHA Moore and Smalley neither owes nor accepts any duty of care to any third party and shall not be liable for any loss, damage and/or expense which is caused by any reliance that any other party may place on this information.

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Moore and Smalley LLP (Blackpool) is a member of AISMA, Association of Independent Specialist Medical Accountants.

Moore and Smalley C.A. Limited (Nottingham) is a member of AISMA, Association of Independent Specialist Medical Accountants.

Spring North Ltd.

England & Wales - Charity number 1150126

Accounts

Company Registration No. 07797133 (England and Wales)

Charity No. 1150126

Spring North Ltd

Company Limited by Guarantee

Trustees' Report and Financial Statements

For the Year Ended 31 March 2021

SPRING NORTH LTD

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YEAR ENDED 31 MARCH 2021

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SPRING NORTH LTD

CHARITY REFERENCE AND ADMINISTRATION DETAILS

YEAR ENDED 31 MARCH 2021

Registered Charity Name	Spring North Ltd
Charity Registration Number	1150126
Company Registration Number	07797133
Registered Office	Unit 21 Business Development Centre Eanam Wharf Blackburn Lancashire BB1 5BL
Auditor	MHA Moore and Smalley Chartered Accountants & Statutory Auditor Richard House 9 Winckley Square Preston PR1 3HP
Key Management Personnel	Mrs A Allen (Chief Officer)

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the audited accounts for the year ended 31 March 2021.

Spring North

The charity changed its name from Families Health and Well Being Consortium to Spring North in November 2019. The new name, logo, vision and values were launched in November 2019.

Structure, governance and management

The charity is a company limited by guarantee. It is managed by a board of experienced trustees which is responsible for ensuring the financial stability of the charity and providing advice on policy and resource management.

The company was incorporated on 4 October 2011 and was registered with the Charities Commission on 11 December 2012.

The trustees who served the company during the year were as follows:

A Barrass
S Cotton
D Edmundson
S Swindley
A Leather
K McGee
L Tapner
C Bennett
A Greenwood
L Baxter (appointed 9 June 2020)

An invitation to join the Board is sent out with the AGM papers prior to the meeting. Nominations are received and voted on at the AGM by members.

As part of the induction and training programme, new Board members are required to:

- Meet the description outlined in the role of directors
- Comply with the process for election of directors
- Agree with the Code of Conduct
- Register any conflicts of interest and directors' interests
- Complete a skills audit to identify strengths and potential skills gaps

All of the above are outlined in the Spring North Directors Manual 2016. None of the trustees have any beneficial interest in the company.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the Memorandum of Articles of Association. Day to day project activity is carried out by the Chief Officer of Spring North and staff.

The Board of Trustees have delegated responsibility to the sub-finance committee for recommending pay and remuneration and establishing benchmarks and parameters used to set pay scales and wage increases for key management personnel. Overall responsibility lies with the Board members.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Objectives and activities

Spring North is a member based charity - comprising 103 independent VCF organisations from across Lancashire. Our aim is to support these organisations to provide wellbeing for all across the geography through collaboration and partnership working. We aim to do this by redesigning support and services to reflect the changing landscape of health and social care, addressing disadvantage, reducing inequalities and improving the resilience of local people. Through collaborations and innovation we will achieve impact.

Our values

- Dynamic – Spring North is the driving force to improve health and well being in our communities
- Caring – We support all our members and communities with care and consideration
- Influential – We are a voice within our communities that will change lives through commitment and passion
- Trusted – We are respected, recognized and accountable to our members and stakeholders

We have a strong track record of contract management & sub-contract delivery and the feedback from commissioners, funders and delivery partners has consistently been good over the 11 years of our formation.

Spring North has in place an agreed process for sub-contracting which allows for internal competition for delivery of work where appropriate - all members are signed up to these arrangements. Spring North provides a single point of contact for commissioners and ensures the following:

Integration

The collaborative approach to planning and delivery allows for integrated support to be rolled out across Lancashire. Sub-contracted organisations report directly to Spring North using an agreed format - which are then consolidated into a single report for the funder.

Quality

All member organisations are required to evidence a quality kite-mark as a pre-requisite for membership. Quality of provision is monitored through regular meetings with our membership and the service users.

Compliance

Sub-contracted organisations are required to sign an agreement with Spring North outlining their obligations in terms of service delivery and financial monitoring. These are monitored on a quarterly basis.

Accountability

Systems and processes for reporting and monitoring are agreed with the sub-contracting organisation and Spring North. Accountability for the delivery of work lies within the delivery partnership but rests firmly with Spring North as the contract holder.

Performance

Agreed performance measures are outlined with funders at the outset of the contracts and monitored on a quarterly basis.

Efficiency

Through re-alignment of service provision, better collaboration and asset building, the Spring North model reduces duplication of services, ensures an end to end support service for the target groups and a person/family focused approach to roll-out.

Regular consultation with service users is an integral part of the work undertaken.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Who we are

Spring North is a member based charitable company - established and incorporated as a company in October 2011, and registered as a charity in December 2012 and renamed and relaunched in November 2019. The organisations that make up Spring North are drawn from the VCFS across Lancashire. The trustees (who are also the Board of Directors of the company) are elected annually by the membership and are nominated by the member organisations themselves. There is also a minimum of two independent non-executive directors, one of whom undertakes the role of Chair.

How do we meet our vision and values?

- Provide a structure to support partnership and multi-agency working across our members in order to deliver commissioned and grant funded services throughout Lancashire and the North West
- Ensure the provision of effective, quality-assured service delivery to individuals, families and communities, tendering for contracts and funding on behalf of members
- Manage contracts and tenders and monitor outputs and outcomes
- Provide a single point of contact for commissioners and funders
- Undertake both general and specific research to identify the needs of local communities and determine appropriate solutions
- Provide business support and training to member organisations that builds their capacity and increases their effectiveness to meet the needs of their beneficiaries
- Provide networking opportunities and regular meetings with, and for, members and other stakeholders to encourage collaboration and strategic working
- Share best practice and enable our members to provide innovative solutions to meet local need
- Facilitate communication between the member organisations and other stakeholders
- Gather and share data - pooling knowledge and expertise to build capacity in the sector, ensure resilience and reduce duplication of provision
- Provide regular opportunities for member organisations to engage with the broader agenda of Health and Wellbeing transformation

Why a consortium approach?

- To enable members to work together in order to apply for tenders and grants that require a range of skills and expertise not found within a single agency
- To create clusters of expertise and support for organisations to draw on, whether they offer a specialist or generalist service
- To develop synergy and added social value by working together - our services delivered across the whole spectrum of health and social care to all ages and backgrounds
- To provide a system for information sharing - access to research findings, safe systems and protocols to promote safeguarding and protect client confidentiality
- To be used as a vehicle for influence through the size and scope of its membership
- To reach a wide geography through our network of local member organisations - enabling us to provide service delivery across the whole of Lancashire and the North West, touching thousands of lives
- To offer diversity of service provision through members, giving greater scope for innovation
- To maximize the breadth of knowledge, skills and experience contained within the member organisations and their beneficiaries

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Why a consortium approach? (continued)

- To afford opportunities to create efficiency savings through the provision of infrastructure support for all members e.g. payroll, HR, workforce development and to broker services.
- To facilitate cohesive service delivery and encourage more partnership funding bids
- To provide a platform for accountability and credibility through the provision of quality assured service delivery (through membership criteria and annual reviews)

What do we offer?

Spring North offers support to its member organisations to deliver - collaboratively - a range of interventions in order to improve emotional, mental and physical health across the life course and across communities.

Who do we support?

Ultimately the work of Spring North benefits children, families and adults of all ages in the local communities in Lancashire and the North West.

Through the take-up of both specialist and generalist services provided by members, we are engaging with vulnerable people, assessing their needs (especially physical and emotional health needs) and providing them, through our member organisations, with advice guidance and support in accordance with these. Delivery of provision is taking place in some of the most deprived local communities with a focus on vulnerable residents within those communities including;

- The long-term unemployed
- Lone parents
- Carers and their families
- Victims of domestic violence
- People requiring long term care
- People with disabilities
- People with mental health needs
- The homeless
- Offenders and ex-offenders
- Young people, including those not in education, employment or training (NEET)
- Older people
- People affected by substance misuse

The Board of Trustees have paid due regard to guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Achievements and performance

As with every business, charity, community, family and individual, the past 12 months have presented a challenge to us all. Our business strategy - predicated mainly on strong relationships and collaboration - was contested from the outset of Covid and the restrictions put upon us all. However, the organization reacted quickly and positively to the new regime of requirements and on-line meetings, digital communication and working from home became the new normal.

For many VCFSE organisations operating nationally and locally the pandemic has had a significant financial impact on their viability. Spring North recognised this to be a particular threat to some of our members organisations. In response the Board agreed to shift the criteria for the small grants programme to support those organisations who were themselves at the frontline in supporting their local communities

This year a large number of national funding opportunities and local commissioning opportunities have either been put on hold or redirected to support the local response to Covid. Despite this, Spring North has maintained its annual income level from the previous year. Whilst some commissions were concluded during the last accounting period (contracts ending rather than being terminated) the organisation has been successful in securing a number of other contracts including National Lottery funding, Department of Education Holiday Activity Fund and local commissions with our Health and Local Authority partners.

Membership of Spring North continues to grow and in terms of sub-contracts we have contracted with 19 member organisations within this financial period.

The National Lottery funding has enabled us to provide a comprehensive business support offer to our member organisations and access to a broad-range training package. To date 16 have accessed this support offer. The funding has also enabled us to extend our staff membership and employ a new Business Support Officer, providing additional support to our business development manager. Within the year we ran 24 courses with an average attendance of 288 people (12 persons per session). 14 of our member organisations participated in these courses.

Spring North is currently engaged with and represented on key strategic boards across the Integrated Care System geography (Lancashire and South Cumbria), as well as County-wide, Pennine Lancashire and BwD groups. These include the ICS Partnership Forum, ICS VCFSE Alliance, the Pennine Lancashire Community Safety Tactical Leads Group, the BwD Health and Well-Being Board and the BwD Childrens Partnership Board.

Spring North continues to support the Pennine Lancashire VCF Leadership group - a key vehicle through which genuine consultation with the sector can take place. The Chief Executive of Spring North is the elected chair of this group and she, with the other 4 x chairs of the ICP VCF Groups, comprise the membership of the above mentioned Alliance.

Spring North has also managed bi-monthly Forum meetings for our members and stakeholders enabling an unequivocal opportunity for networking and information sharing across partners.

Both the Forum meetings and the Pennine Leadership meetings have continued to be managed and have met throughout the year.

During this financial year, the Consortium has managed the following contracts:

1 VCFS Phase 2

Commission from BwD Joint Commissioning Group (ASC, CCG and PH) July 2016 – elements ended Oct 2019, with the following remaining as extension projects.

- Coordinated Substance Misuse Recovery Orientated Volunteering project – subcontracted to Community CVS
- Making Every Adult Matter project – subcontracted to CANWe Solutions and Lancashire Women

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

- 2 Genetics Project BwD**
Commission from BwD Public Health Oct 2013 - March 2021. To improve knowledge and understanding of genetic conditions affecting children where consanguineous marriages
- 3 Genetics Project Oldham**
Commission from Public Health/CCG January 2016 - March 2021 (as above). Sub-contracted to HOST - supporting families whose children are affected by genetic conditions where consanguinity is a factor
- 4 Holiday Activities & Food Fund**
Commission from the Department for Education. Commenced April 2020 and ended in October 2020. Targeted delivery to engage children and young people from vulnerable families on Free school meals. The borough wide programme was coordinated by Spring North, with delivery sub-contracted to Blackburn Rovers Community Trust, Blackburn Youthzone, IMO Charity, Newground Together, Youth Action, Blackburn with Darwen Borough Council divisions; Childrens Centres / Young peoples services / Seeds Adolescent Support Unit. Food preparation contracted to Westholme Kitchens and Thomas Franks.
- 5 Healthy Child Programme**
Sub contract from LCFT (commissioned from BwD PH) April 2017 - March 2021. To provide support for families of children under 5, emotional health and wellbeing support for teenage young people and improving access to health services (including the Everybody Centre). Partners for this project - Brook Young People, and Homestart BwD.
- 6 Pennine Lancashire VCF Leadership Group**
Funding from TAHF, April 2018 - March 2021. To provide the administrative duties to manage this group.
- 7 Rough Sleeper Initiative: Rapid re-housing Project**
Funding support facilitated by BwD Borough Council to accelerate support and safe accommodation for at-risk and homeless people. Delivery is subcontracted to CANWe Solutions CIC and Lancashire Women
- 8 Liaison & Diversion Peer Support**
Start of pilot project funding in Jan 2020 to run peer support facilitators within Custody suites – currently piloted within Preston only. We subcontract Red Rose Recovery to carry out this support.
- 9 Feeding Future Generations**
Funding from Sustain Food power. Aiming to support vulnerable expectant Mums with wellbeing and nutrition support and advice, and regular food parcels during the pandemic. Various partners from BwDBC and Blackburn Foodbank involved in the facilitation for this.
- 10 Stop Loan Sharks**
Funding from Birmingham City Council to raise awareness of loan sharks and effects of vulnerable families through community activity.
- 11 Perinatal Mental Health support**
Funding from Lancashire and South Cumbria Foundation Trust to scope mental health support on offer across Pennine Lancashire for perinatal women. Homestart organization across the area engaged in this work with us.
- 12 Homeless Intensive Support**
Funding from Homeless Link enabled us to upscale and intensify our support to rough sleepers at risk of harm during severe weather in the Winter period. Delivery was subcontracted to CGL, forming a strong wraparound team with the local authority Housing needs and Rehousing teams.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

13 Active through Football

Fund from The Football Foundation to develop consultation work around a pilot project aimed at increasing sport take-up within communities. Various local partners such as BRCTrust, CANW, One Voice Blackburn, Newground and IMO Charity are involved in this work have been supporting this work with focus groups/consultation and engagement.

Financial review

During the year ended 31 March 2021 the charity received total incoming resources of £1,204,026. Costs of £1,182,850 were incurred in connection with the delivery of these projects and core administration, resulting in a surplus of £21,176. The costs incurred during the year included grants awarded to members of £11,500.

Reserves policy

At 31 March 2021 the charity held total funds of £206,923, all of which were unrestricted in nature.

The Trustees originally set a policy of aiming to accumulate unrestricted funds which have not been designated for a specific use which are equivalent to six months' of core running expenditure. The trustees consider that reserves at this level would ensure that, irrespective of future funding they would be able to continue the charity's current activities and cover core salaries while consideration is given to ways in which additional funds may be raised.

Core running expenditure for the year ended 31 March 2021 amounted to £210,875 (total expenditure of £1,182,850, less payments to service providers of £921,626, less member training costs of £7,294, less small grants of £11,500 and less other non-recurring costs of £31,555), and so six months' of core running expenditure has been calculated to be approximately £105,000. As at 31 March 2021 the level of free general reserves was £206,923, which is £102,000 in excess of six months' of core running expenditure. However the trustees have revisited the reserves policy and have decided that it is appropriate to maintain a higher level of reserves at the present time, in light of the current circumstances arising from the Covid 19 pandemic.

Risk management

The main risks facing Spring North include:

- Risk - Changes to local and regional commissioning through re-design of health and social care through the Healthier Lancashire Integrated Care System.
Spring North response - The organisation has been involved via representation on the programme board and is well positioned to benefit from the investment in the VCF sector once the system transformation (and associated funding) has been approved.
- Risk - Attracting new and additional funding
Spring North response – Recruitment of Business Development Manager Developing new partnerships to provide innovative project proposals for future investment.
- Risk - Maintaining adequate funding to support the core costs of the organisation
Spring North response - Management costs are agreed for each funding application by the relevant partnership at the outset of the commission/tender/project and are maintained at an appropriate level to support costs for the lifetime of the project.
- Risk - Loss of main contracts and associated reputational damage - against escalation of need and vulnerability in communities
Spring North Response - Sustainability strategy in place to secure future funding, engagement with key partners and transparency on delivery performance. System transformation plans with partners to improve community resilience.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

- Risk - The impact of Covid 19 on the organisation and its members

Spring North Response – The impact of Covid 19 on the organization and its members is under current and continuous review and Spring North have applied for additional funding to maintain its viability and sustainability for its members.

The major risks to which the charity is exposed have been reviewed and adequate systems and procedures have been established to manage such risks.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply to the charity.

Plans for future periods

Spring North will continue to seek funding to deliver services across Lancashire through contracts, tenders and grant funding. We will encourage new member organisations (both associate and full) and will deliver activity according to our objectives. We will provide support to those members through information sharing on good practice, training and learning opportunities. We will ensure that all delivery, support, advice and guidance provided by Spring North is underpinned by quality assured standards. We will work closely with stakeholders and commissioners to ensure future delivery of activities aligns with local and national strategy. We will seek to diversify income sources to ensure future sustainability.

We will work with other infra-structure organisations to map funding opportunities, design innovative services and deliver worthwhile interventions which will not duplicate current provision.

SPRING NORTH LTD

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Trustees' responsibilities statement

The trustees (who are also the directors of Spring North for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Auditor

MHA Moore and Smalley is deemed to be re-appointed under section 487(2) of the Companies Act 2006.

Signed by order of the trustees



.....
Linda Tapner
Trustee

10/11/2021

Date:

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2021

Opinion

We have audited the financial statements of Spring North Ltd (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2021

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

SPRING NORTH LTD

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2021

The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Obtaining an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on those laws and regulations that have had a direct effect on the financial statements. The key laws and regulations we considered in this context relate to the Charities Act. In addition, we consider compliance with employee legislation, as fundamental to the Charity's operations;
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at:

<https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason

Nicola Mason (Senior Statutory Auditor)
For and on behalf of MHA Moore and Smalley, Statutory Auditor

Richard House
Winckley Square
Preston
PR1 3HP

Date:15/11/2021.....

SPRING NORTH LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Income from:					
Charitable activities	3	1,132,561	43,843	1,176,404	1,075,222
Other income	4	27,622	-	27,622	-
Total income		1,160,183	43,843	1,204,026	1,075,222
Expenditure on:					
Charitable activities	5/6	1,139,007	43,843	1,182,850	1,095,335
Total expenditure		1,139,007	43,843	1,182,850	1,095,335
Net income/(expenditure)		21,176	-	21,176	(20,113)
Transfers between funds		-	-	-	-
Net movement in funds		21,176	-	21,176	(20,113)
Reconciliation of funds					
Fund brought forward at 1 April 2020		185,747	-	185,747	205,860
Funds carried forward at 31 March 2021		206,923	-	206,923	185,747

The Statement of Financial Activities includes all gains and losses in the year.

All of the above amounts relate to continuing activities.

SPRING NORTH LTD

BALANCE SHEET

AS AT 31 MARCH 2021

		Unrestricted funds	Restricted funds	2021 Total funds	2020 Total funds
		£	£	£	£
	Note				
Current assets					
Debtors	9	110,514	-	110,514	120,940
Cash at bank and in hand		219,885	-	219,885	99,039
		<u>330,399</u>	<u>-</u>	<u>330,399</u>	<u>219,979</u>
Creditors: amounts falling due within one year	10	<u>(123,476)</u>	<u>-</u>	<u>(123,476)</u>	<u>(34,232)</u>
Net current assets		<u>206,923</u>	<u>-</u>	<u>206,923</u>	<u>185,747</u>
		<u><u>206,923</u></u>	<u><u>-</u></u>	<u><u>206,923</u></u>	<u><u>185,747</u></u>
Total assets less current liabilities		<u>206,923</u>	<u>-</u>	<u>206,923</u>	<u>185,747</u>
Funds					
Designated funds	11	-	-	-	10,000
Unrestricted funds	11	206,923	-	206,923	175,747
Total funds		<u>206,923</u>	<u>-</u>	<u>206,923</u>	<u>185,747</u>

The notes on pages 17 to 26 form part of these accounts.

These accounts were approved by the Trustees on 10/11/2021 and signed on their behalf by:



.....
Linda Tapner
Trustee

Company Registration Number: 07797133

SPRING NORTH LTD

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Cash generated from operating activities	120,846	(24,500)
Cash provided by investing activities		
Investment income	-	-
	<hr/>	<hr/>
Increase/(decrease) in cash and cash equivalents in the year	120,846	(24,500)
Cash and cash equivalents at the beginning of the year	99,039	123,539
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	219,885	99,039
	<hr/>	<hr/>
Reconciliation of net movement in funds to net cash flow from operating activities	2021 £	2020 £
Net movement in funds	21,176	(20,113)
Investment income	-	-
Decrease/(increase) in debtors	10,426	(20,180)
(Decrease)/increase in creditors	89,244	15,793
	<hr/>	<hr/>
	120,846	(24,500)
	<hr/>	<hr/>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Legal form

The charity constitutes a limited company, limited by guarantee as defined by the Companies Act 2006, incorporated in England and Wales. The registered office is as stated on page 1.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. Spring North Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Preparation of the accounts on a going concern basis

As with most organisations, Spring North has been affected by the Covid-19 pandemic. Whilst there was the potential for an adverse financial impact, the charity was able to work with commissioners to put in place alternative delivery methods such that the majority of services could be maintained.

Spring North has not been impacted by early termination of contracts, however a couple of contracts finished at the end of the financial year, which supported specifically the homeless population. However management have been successful in securing additional funding to be able to maintain these services.

Whilst the funding landscape beyond 31 March 2022 is not yet certain, the Board are confident they will be able to maintain the existing level of income through the continuation of contracts and a positive success rate in funding applications.

The Trustees have performed a going concern review and are satisfied the charity has sufficient funds brought forward to cover core salaries and overheads for at least the twelve month period following approval of the accounts. Therefore, at the time of approval of the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for at least the twelve month period following approval of the accounts. Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

Incoming resources

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied:

- Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities (SOFA) when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Contract income is recognised when the contractual obligations have been fulfilled. Where the contract is still in progress, income is recognised to the extent that it has been earned.

SPRING NORTH LTD

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Resources expended and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure on charitable activities includes the costs of charitable activities undertaken directly to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between expenditure on a basis consistent with the use of resources.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Rentals payable are charged on a time basis over the lease term.

2 Judgements and key sources of estimation uncertainty

There have been no significant judgements (apart from those involving estimates) made in the process of preparing the financial statements.

There have been no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

3 Incoming resources from charitable activities

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Income for delivery of services				
Blackburn with Darwen Borough Council:				
Genetics Project	6,760	-	6,760	9,500
Mental Wellbeing Hub	-	-	-	40,000
IAG	-	-	-	282,664
VCFS Phase 2	75,408	-	75,408	339,650
Reducing Reoffending	-	-	-	4,500
Rapid Rehousing	64,835	-	64,835	53,930
Community Ambassadors	11,600	-	11,600	119,900
Oldham Council:				
Genetics Oldham	54,750	-	54,750	55,300
Community Foundation:				
Community Action Fund	1,500	-	1,500	-
Department of Education:				
Holiday Activities & Food Fund	600,650	-	600,650	-
Homeless Link:				
Homeless Intensive Support	36,397	-	36,397	-
Lancashire Care NHS Foundation Trust:				
Healthy Child Programme	83,317	-	83,317	88,317
Leadership Group Admin Support	-	-	-	4,678
Perinatal Mental Health Support	10,000	-	10,000	-
NHS England:				
VCFS Leadership Network	5,000	-	5,000	5,000
Liaison & Diversion	34,650	-	34,650	8,663
NHS Blackpool CCG:				
PHM	13,000	-	13,000	-
Sustain Food Power:				
Feeding Future Generations	13,450	-	13,450	-
The Football Foundation:				
Active Through Football	4,500	-	4,500	-
National Lottery	-	43,843	43,843	-
Management fee for core services	116,744	-	116,744	63,120
	1,132,561	43,843	1,176,404	1,075,222

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

3 Incoming resources from charitable activities (continued)

Included within income from charitable activities is unrestricted income of £1,132,561 (2020: £1,075,222) and restricted income of £43,843 (2020: £nil).

4 Other income

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Coronavirus Support Grant	10,000	-	10,000	-
Coronavirus Job Retention Scheme	8,999	-	8,999	-
Miscellaneous Income	5,000	-	5,000	-
Service Income	3,623	-	3,623	-
	<u>27,622</u>	<u>-</u>	<u>27,622</u>	<u>-</u>

Included within other income is unrestricted income of £27,622 (2020: £nil) and restricted income of £nil (2020: £nil).

5 Costs of charitable activities

	Activities directly undertaken (note 6) £	Support and governance costs (note 6) £	2021 Total funds £	2020 Total funds £
Genetics Project	9,246	3,860	13,106	9,923
Mental Wellbeing Hub	-	-	-	45,000
IAG	-	-	-	278,444
VCFS Phase 2	75,408	3,968	79,376	356,270
Reducing Reoffending	-	-	-	4,500
Genetics Oldham	54,053	7,250	61,303	60,960
Community Action Fund	1,500	1,000	2,500	-
Holiday Activities & Food Fund	597,225	86,775	684,000	-
Homeless Intensive Support	36,395	4,060	40,455	-
Small Grants	-	-	-	6,800
Healthy Child Programme	83,317	12,160	95,477	92,486
Leadership Group Admin Support	-	-	-	4,678
Perinatal Mental Health Support	8,000	1,000	9,000	-
VCFS Leadership Network	-	5,000	5,000	5,000
Rapid Rehousing	65,645	165	65,810	53,251
Community Ambassadors	8,200	-	8,200	122,633
Liaison & Diversion	34,650	3,850	38,500	9,626
Feeding Future Generations	13,446	-	13,446	-
Active Through Football	4,500	500	5,000	-
Stop Loan Sharks	-	700	700	-
Spring North Hub	10,000	50,977	60,977	45,764
	<u>1,001,585</u>	<u>181,265</u>	<u>1,182,850</u>	<u>1,095,335</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

5 Costs of charitable activities (continued)

<i>Prior year costs of charitable activities</i>	<i>Activities directly undertaken (note 6)</i>	<i>Support and governance costs (note 6)</i>	<i>2020 Total funds</i>	<i>2019 Total funds</i>
	£	£	£	£
<i>Genetics Project</i>	8,850	1,073	9,923	28,797
<i>Mental Wellbeing Hub</i>	40,000	5,000	45,000	45,000
<i>IAG</i>	259,134	19,310	278,444	499,014
<i>Local Family Offer</i>	-	-	-	4,421
<i>VCFS Phase 2</i>	339,650	16,620	356,270	546,628
<i>Reducing Reoffending</i>	4,500	-	4,500	4,500
<i>Genetics Oldham</i>	54,260	6,700	60,960	57,425
<i>Board & Facilitation Support</i>	-	-	-	7,497
<i>Small Grants</i>	6,800	-	6,800	34,239
<i>Healthy Child Programme</i>	85,326	7,160	92,486	99,477
<i>Leadership Group Admin Support</i>	-	4,678	4,678	4,678
<i>VCFS Leadership Network</i>	-	5,000	5,000	4,000
<i>Vulnerable People Liaison Service</i>	-	-	-	16,485
<i>Rapid Rehousing</i>	50,851	2,400	53,251	-
<i>Community Ambassadors</i>	106,256	16,377	122,633	-
<i>Liaison & Diversion</i>	8,663	963	9,626	-
<i>Spring North Hub</i>	-	45,764	45,764	5,748
	964,290	131,045	1,095,335	1,357,639

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

6 Costs of charitable activities analysed by nature

	2021 Direct costs £	2021 Support costs £	2020 Direct costs £	2020 Support costs £
Staff costs	40,801	127,816	46,670	102,530
Payments to service providers	921,626	-	897,824	107
Travel and subsistence	98	-	2,277	433
Grants to institutions	11,500	-	8,100	-
Activities and spot purchasing	22,416	-	9,360	-
Training	5,144	2,150	59	609
Meeting costs	-	370	-	293
Marketing	-	8,709	-	5,332
Consultancy fees	-	13,220	-	-
Stationery and consumables	-	126	-	2,484
Telephone	-	547	-	280
Accommodation	-	8,354	-	7,081
Insurance	-	2,761	-	1,163
IT Support	-	6,246	-	3,777
Bank charges	-	221	-	249
Bad debts	-	3,749	-	-
Sundry expenses	-	-	-	59
Professional fees, finance support & payroll	-	2,838	-	2,688
Governance costs – audit and accounts fee	-	4,158	-	3,960
	1,001,585	181,265	964,290	131,045

During the year ended 31 March 2021, 11 members were awarded a total of £11,500 in small grants (2020: £8,100).

7 Net (incoming)/outgoing resources

Net resources are stated after charging/(crediting):

	2021 £	2020 £
Independent auditors' remuneration:		
- Audit fee (exclusive of VAT)	3,465	3,300
- Other services (exclusive of VAT)	-	-
	3,465	3,300

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

8 Analysis of staff costs, trustee remuneration and expenses and the cost of key management personnel

	2021 £	2020 £
Total staff costs were as follows:		
Wages and salaries	156,534	136,934
Social security costs	9,832	8,618
Pension costs	2,251	3,648
	<u>168,617</u>	<u>149,200</u>

Particulars of employees:

The average number of employees during the year was as follows:

	2021 No	2020 No
Management	1	1
Information and administration	6	4
	<u>7</u>	<u>5</u>

No employees received emoluments of more than £60,000 during the year (2020: nil). None of the trustees received any remuneration during the current or previous year. No travel or related expenses were reimbursed to trustees during the year (2020: £nil).

The employee benefits paid to key management personnel including employer's NI and employer's pension contributions during the year was £53,048 (2020: £53,069).

9 Debtors

	2021 £	2020 £
Other debtors	80,088	119,312
Prepayments	30,426	1,628
	<u>110,514</u>	<u>120,940</u>

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

10 Creditors: Amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	121,097	29,900
Taxation and other social security	1,425	2,498
Other creditors	954	1,834
	<u>123,476</u>	<u>34,232</u>

Included within creditors falling due within one year is deferred income of £106,184 (2020: £26,600) relating to various contracts including The Holiday Activities & Food Fund and the Homeless Link Fund.

11 Fund movement

	Brought forward at 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	Carried forward at 31 March 2021 £
Unrestricted general funds	175,747	1,160,183	(1,129,007)	-	206,923
Designated funds					
Small grants	10,000	-	(10,000)	-	-
	10,000	-	(10,000)	-	-
Total unrestricted funds	185,747	1,160,183	(1,139,007)	-	206,923
Restricted general funds	-	43,843	(43,843)	-	-
Total funds	185,747	1,204,026	(1,182,850)	-	206,923

Small grants fund

The small grants fund provides members with the opportunity to bid for funding to run one off projects.

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

11 Fund movement (continued)

Prior year fund movement

	<i>Brought forward at 1 April 2019 £</i>	<i>Incoming resources £</i>	<i>Outgoing resources £</i>	<i>Transfers £</i>	<i>Carried forward at 31 March 2020 £</i>
Unrestricted general funds	170,860	1,075,222	(1,087,235)	16,900	175,747
Designated funds					
<i>Small grants</i>	<i>35,000</i>	<i>-</i>	<i>(8,100)</i>	<i>(16,900)</i>	<i>10,000</i>
	35,000	-	(8,100)	(16,900)	10,000
Total unrestricted funds	205,860	1,075,222	(1,095,335)	-	185,747

12 Financial instruments

	2021 £	2020 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	80,088	119,312
Carrying amount of financial liabilities		
Measured at amortised cost	1,425	2,498

13 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	676	654
Within two to five years	-	-
Over five years	-	-
	676	654

SPRING NORTH LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

14 Related party transactions

Representatives, either Senior Employees or Trustees, from some of the member charities sit on the Board of Spring North Ltd. The member organisations are eligible to sub-contract and commission work from the consortium. These services are performed under formal contracts which are commissioned as part of an independent tendering process, in which the relevant individuals are not involved in discussions regarding their own organisations. During the year commissioning costs of £687,347 (2020: £897,931) were paid to the members of the consortium.

15 Company limited by guarantee

The charity is a company limited by guarantee. In the event of the charity being wound up or dissolved, each member undertakes to contribute such amount as is required, not exceeding £10, for payment of any debts or liabilities.