

**TOWER HAMLETS YOUTH SPORT FOUNDATION**

**TOWER HAMLETS YOUTH SPORT  
FOUNDATION  
(A company limited by guarantee)**

**Report and Financial Statements  
For the period 1 April 2021 to 31 March 2022**

**Charity number 1150114  
Company Number 8041993**

# TOWER HAMLETS YOUTH SPORT FOUNDATION

## Report of the Board of Trustees for the period 1 April 2021 to 31 March 2022

The Board of Trustees presents its directors' report and financial statements for the period ended 31 March 2022.

### Reference and Administrative Information

Charity Name:	Tower Hamlets Youth Sport Foundation
Charity registration number:	1150114
Company registration number:	8041993
Registered Address:	Unit 20926, PO Box 6945, London, W1A 6US

### Board of Trustees

Mr Chris Dunne	Chair of Trustees
Dr Lee Phillips	
Mr Duncan Sagar	<i>Resigned 25.10.22</i>
Mr Andy Pye	<i>Resigned 15.11.21</i>
Mr Keith Deane	
Mr Hugh Jones	
Ms Josie Jones	
Mr Aaron Kahlon	
Mr Mike Maddick	
Ms Kirti Patel	
Ms Claire Sng	
Mr David Tilstone	

<b>Chief Executive Officer:</b>	Mr Chris Willetts
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<b>Bankers:</b>	Charities Aid Foundation (CAF) Bank LTD, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ
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<b>Reporting Independent Examiner –</b>	James Hands
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# **TOWER HAMLETS YOUTH SPORT FOUNDATION**

## **Background, Formation and Current Status of the Foundation**

Tower Hamlets Youth Sport Foundation (The Foundation) was formed in 2012 to continue the work previously developed and provided under the School Sport Partnerships (SSP) in the London Borough of Tower Hamlets (LBTH).

With the continuing administrative and personnel support of the original host school, and continuing financial support from the majority of the borough's schools, the Foundation thrived. When the host school indicated it could no longer act in that capacity Trustees attempted to broker a partnership with the Council that would provide a financially viable foundation for future work with the borough's schools. After lengthy discussions with the Council it was finally concluded that no such arrangement was possible. As a result, our exclusive role in the London Borough of Tower Hamlets was wound down during the 2017-18 academic year.

In autumn 2018 the Foundation embarked on a trial project in two Inner London boroughs (Greenwich and Lewisham). Called PLATFORM CRICKET it had the aim of offering all children attending a state primary school in a footprint area around south and east London with the opportunity to access support to progress through and in cricket. It was hoped that, should this prove successful, it would provide a model that could be replicated more widely.

Platform Cricket has grown exponentially in the intervening period and is now a significant contributor to personal, social, and sporting development for children in Greater London and especially in inner London.

Our programme's model and approach has proved successful in reaching demographics and communities that cricket has traditionally found hard to engage. In turn this allows cricket to have a far greater impact on community development and social issues than it has done previously.

However, with over 500 London wards featuring over 25% of children from disadvantaged backgrounds and over 50% from ethnic minority backgrounds, the Platform Cricket programme is only realizing a fraction of its potential. It is the charity's intention to grow the geographical reach of the programme while further establishing it in areas where we already have a firm base.

In 2021-22 we realised the following outcomes:

- 322 schools engaged in 16 different London Boroughs
- 18,378 children involved (10,414 of whom had not played cricket before)
- 38% of participants from disadvantaged backgrounds
- 76% of participants from ethnic minority backgrounds
- 927 children participating in weekly, community cricket through hub sessions
- 388 of hub participants were female (42%)

Additionally, the programme had the following health and social impacts:

## **TOWER HAMLETS YOUTH SPORT FOUNDATION**

- 84% of participants increased the amount of physical activity they were doing per week and 36% are now meeting the target of 7 hours per week set out by the Chief Medical Officer
- 100% of our participants said they felt healthy/very healthy with 90% noting improvements in how healthy they felt during the course of the programme
- Multi-Stage Fitness Tests were carried out with a large sample (552 participants) in the early and latter stages of the scheme, with 73% demonstrating an improvement in their score
- 84% of participants recorded an improvement in the Warwick-Edinburgh Mental Health Test over the course of their first year of involvement with the programme
- 73% of participants significantly increased the amount of time they spent with children from different backgrounds through the scheme
- 70% of children reported an increased sense of pride in their area/neighbourhood

As in 2020-21, Covid-19 and its associated restrictions continued to impact the 2021-22 programme, both operationally and in terms of fundraising. Although many restrictions were eased during the 2021 summer, we did not have the confidence that this would certainly be possible with enough of a lead-in time to run many of the events at the same size and scale that we would usually. For example, our programme of competitive inter-school festivals was entirely suspended.

However, we recognized the overwhelming need and enthusiasm for organized sport and physical activity after such a long absence – particularly outdoor activities with well managed social interaction. Our managers and coaches reacted quickly and diligently to the easing of restrictions, and changing attitudes, so that Platform Cricket could be at the forefront of getting children back into regular sport and exercise.

We were thrilled to be able to welcome over 900 children into community cricket activity across a very wide area, from Harlesden in the west to Canning Town in the east, and Camden in the north to Thornton Heath in the south.

Through forging strong relationships with local councils, we were able to take advantage of a new HAF (Holiday Activity & Food) programme and extend these opportunities across the majority of the summer holidays for many.

With some frailties around the England & Wales Cricket Board's (ECB's) approach to Equality, Diversity and Inclusion being unearthed in late 2021, we have worked very hard with them and the 4 London Counties to be part of a coherent solution to engaging more London children in cricket from 2022 onwards.

# **TOWER HAMLETS YOUTH SPORT FOUNDATION**

## **Our Aims and Objectives**

### **Purposes and aims**

Currently our company's memorandum of association lists our purposes as follows:

- Provide assistance, support, services, coaching and facilities for recreation, sport or other leisure occupations primarily but not exclusively for the benefit of the community of inner London and any surrounding areas, in the interests of social welfare and to provide special facilities and services to persons who have a need of such by reason of their youth, age, infirmity or disablement, poverty or social and economic circumstances with the object of improving the conditions of life;
- Advance education, health, social cohesion and community safety through the promotion of physical development primarily (but not exclusively) of children, young people and students.

### **Platform Cricket Mission**

#### **Developing London's children in and through cricket**

The programme aims to:

- Increase the number of children in London participating in cricket
- Increase the number of children from disadvantaged and ethnic minority backgrounds participating in cricket
- Support personal and social development through cricket

#### **How our activities deliver public benefit**

Our work directly and indirectly supports:

- Improvements in Physical and Mental Health
- Educational Attainment
- Social Cohesion, Equality & Justice
- Civic Pride
- Improvements in Youth Unemployment
- Crime and Anti-Social Behaviour Reduction

## **TOWER HAMLETS YOUTH SPORT FOUNDATION**

### **Who used and benefited from our services?**

Platform Cricket's services are predominantly aimed at 7-11 year olds living in or attending school in Greater London.

However, we also work on projects that extend this age range in the areas of greatest need, as well as supporting older students, participants' family members and the wider community with activity, volunteering and qualifications.

### **Financial Review**

Trustees monitor all expenditure in the Foundation's name against the income received directly into the CAF Bank Account.

It remains our intention to build a healthy level of unrestricted surplus in order to safeguard the Foundation's ability to continue the provision of its services.

We were pleased to receive charitable donations totalling £210,862 during the period (2020-21: £182,515). This represented a reasonable increase but remains lower than historic levels of fundraising as the charity continues to rebuild.

### **Structure, Governance and Management**

The organisation is a charitable company limited by guarantee, incorporated on 23 April 2012 and registered as a charity on 10 December 2012. The company was established under a Memorandum and Articles of Association that set out the objects and powers of the charitable company and its governance. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

All members of the company must also be a director and, as such, are also charity trustees for the purposes of charity law. Under the requirements of the Articles of Association, one-third of those directors who have been in office for at least three years must retire from office but may be re-elected

All directors give their time voluntarily and received no benefits from the charity.

The Articles require the number of directors to be not less than 4.

## **TOWER HAMLETS YOUTH SPORT FOUNDATION**

### **Responsibilities of the Board**

Company law requires the Board to prepare financial statements for each financial year that give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure. In preparing those financial statements, the directors should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue on that basis.

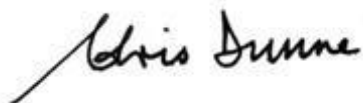
The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors who served during the period and up to the date of this report are set out on page 2.

In accordance with company law, as the company's directors, we certify that:

- so far as we are aware, there is no relevant information of which the company's independent examiner is unaware; and
- as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's independent examiner is aware of that information.

Approved by the directors on 12<sup>th</sup> December 2022 and signed on their behalf by:



**Chris Dunne**

Director

# TOWER HAMLETS YOUTH SPORT FOUNDATION

## Statement of Financial Activities (including Income & Expenditure Account) for the period 1 April 2021 to 31 March 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<b>Incoming resources</b>					
Charitable donations	2	64,682	146,180	210,862	182,515
Bank interest		0	-	0	0
Increase/(Decrease) in Surplus		0	-	0	0
<b>Total incoming resources</b>		<b>64,682</b>	<b>146,180</b>	<b>210,862</b>	<b>182,515</b>
<b>Resources expended</b>	3				
Charitable activities		68,517	178,146	246,663	156,829
Governance costs		0	0	0	0
<b>Total resources expended</b>		<b>68,517</b>	<b>178,146</b>	<b>246,663</b>	<b>156,829</b>
<b>Net income for the year and net movement in funds</b>		<b>(3,835)</b>	<b>(31,966)</b>	<b>(35,801)</b>	<b>25,686</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		29,862	24,836	54,697	29,011
<b>Total funds carried forward</b>		<b>26,026</b>	<b>(7,130)</b>	<b>18,896</b>	<b>54,697</b>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.



# TOWER HAMLETS YOUTH SPORT FOUNDATION

## Balance Sheet as at 31 March 2022 (2021: 31 March 2021)

	Note	2022 £	2022 £	2021 (restated) £	2021 (restated) £
<b>Current Assets</b>					
Debtors: amounts due within one year:		35,700			
Debtors		0		0	
Cash at bank and in hand		18,896		54,697	
			54,596		54,697
Creditors: amounts falling due within one year:		(39,608)		(28,608)	
Balance due to associated undertaking		0		0	
			<u>(39,608)</u>		<u>(28,608)</u>
<b>Net Current Assets and Net Assets</b>			<u>14,988</u>		<u>26,089</u>
Unrestricted funds		22,118		1,253	
Restricted funds		<u>(7,130)</u>		<u>24,836</u>	
<b>Total Funds</b>	5		<u>14,988</u>		<u>26,089</u>

These accounts are prepared in accordance with the special provisions of Part VII of the Companies Act 2006 relating to small companies.

Approved by the directors on 12<sup>th</sup> December 2022 and signed on their behalf by:



**C Dunne**  
Director

**Notes forming part of the Financial Statements for the period ended 31 March 2022**

**1. Accounting Policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

**(a) Basis of accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Companies Act 1985 and the Statement of Recommended Practice: Accounting and Reporting by Charities issued in March 2005.

**(b) Fund accounting**

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

**(c) Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy.

**(d) Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT that cannot be fully recovered, and is reported as part of the expenditure to which it relates.

## TOWER HAMLETS YOUTH SPORT FOUNDATION

### 2. Donations

Donations in the period amounted to £210,862. This was a reasonable increase from 2020-21 (£182,515) but lower than historic levels of fundraising as the charity continues to rebuild. Donations amounting to £146,180 were restricted. Donations amounting to £27,272 were made by individuals.

<b>Major Grants/Donations for Charitable Purposes</b>	<b>2021-22</b>	<b>2020-21</b>
London Borough of Lewisham	<b>£36,450.00</b>	£25,000.00
Munton Family Trust	<b>£35,000.00</b>	£17,000.00
Royal London Borough of Greenwich	<b>£18,686.00</b>	£0.00
London Borough of Brent	<b>£10,904.00</b>	£0.00
Marlow Trust	<b>£7,500.00</b>	£7,500.00

### 3. Resources expended

In 2021-22, £246,663 was expended on charitable activities. This was a significant increase from 2020-21 (£156,829) but it reflects a return to near full levels of activity following the suspension and restrictions caused by the Covid-19 pandemic.

### 4. Taxation

As a charity, Tower Hamlets Youth Sport Foundation is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

### 5. Movement in funds and restatement

The balance on Total Funds at the end of the reporting period of £14,988 (2020-21: £26,089) has arisen from income generated less expenditure as reported in the statement of financial activities.

The charity has performed a review of historic creditors and found that a balance of £28,608 was due at 31<sup>st</sup> March 2021, which was incorrectly omitted from the financial statements. This is in relation to salary payments forgone by an employee, which remain payable. Post year end, these have been formally agreed and documented with a maturity of greater than one year with extension rights.

## **TOWER HAMLETS YOUTH SPORT FOUNDATION**

### **Independent Examiner's Report to the Trustees of Tower Hamlets Youth Sport Foundation**

I report on the accounts of the charity for the period ended 31 March 2022, which are set out on pages 9 to 12.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity trustees consider that an audit is not required for the period under review under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's statement**

My examination is carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Name:** James Hands

**Relevant professional qualification or body:** CIMA

**Address:** Academy Music Group, 211 Stockwell Road, Brixton, London, SW9 9SL

**Date:** 3<sup>rd</sup> February 2023\*

\*- Accounts filed 3 days late due to issues with initial Independent Examiner