

# CENTREPEACE

England & Wales · Charity number 1150049

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [08215824](#)

**Registered** 2012-12-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.centrepeace.org.uk](http://www.centrepeace.org.uk)

## Activities

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**Objects:** THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN PAIGNTON AND THE NEIGHBOURHOOD. TO FURTHER OR BENEFIT THE RESIDENTS OF PAIGNTON AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION LEISURE TIME OCCUPATION WITH THE OBJECTIVE OF IMPROVING THE CONDITIONS OF LIFE FOR THE RESIDENTS. IN FURTHERANCE OF THESE OBJECTS BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER: TO ESTABLISH OR SECURE THE ESTABLISHMENT OF A COMMUNITY CENTRE AND TO MAINTAIN OR MANAGE OR CO-OPERATE WITH ANY STATUTORY AUTHORITY IN THE MAINTENANCE AND MANAGEMENT OF SUCH A CENTRE FOR ACTIVITIES PROMOTED BY THE CHARITY IN FURTHERANCE OF THE ABOVE OBJECTS

**Activities:** CentrePeace has established a drop-in community support centre that promotes community cohesion and wellbeing through connecting people with services, resources and social networks in their own community. CentrePeace offers a range of free services, from counselling and support groups to skills and craft workshops. The premises includes a charity shop and cafe.

## Classification

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- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- Torbay

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-10-31	£144,190	£164,572	-	-
2023-10-31	£158,600	£162,141	-	-
2022-10-31	£127,776	£141,624	-	-
2021-10-31	£105,695	£96,292	-	-
2020-10-31	£107,630	£109,281	-	-

## Trustees

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Name	Role	Appointed
Emma Louise Forsythe		2026-03-31
Fiona Bailey		2024-10-24
Frances Christina Jean Gill		2025-11-26
Helen Louise Sell		2026-03-31
Pamela Harvey		2020-02-24
Teresa Jane Emberson		2012-11-06
Tina Hooks		2024-09-12

**CENTREPEACE**

England & Wales - Charity number 1150049

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# Accounts

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# CentrePeace Report 2023 - 24



Page 2. Foreword  
Page 3. The story of our project this year  
Page 3. The power of dedicated leadership and support  
Page 3. Community Flourishing and Sustainable Growth  
Page 4. Enhancing Skills and Environmental Awareness  
Page 5. Nurturing Holistic Well-being  
Page 5. Providing Essential Community Support  
Page 5. CentrePeace Counselling Service: Impact Update  
Page 6. Fostering Community Spirit and Celebration  
Page 6. Valuing Our Volunteers  
Page 6. Comprehensive Support and Community Outreach  
Page 7. Fostering Development and Partnerships  
Page 8. How we actively engage with the community beyond our physical premises  
Page 8. Deepening Community Engagement and Responsive Services  
Page 9. Empowering Through Participation and Feedback  
Page 9. Acknowledging Our Pillars of Support  
Page 9. The Transformative Impact of CentrePeace  
Page 10. Addressing Deep-Seated Deprivation and Vulnerability  
Page 10. Key Learnings: A Community-Led Approach to Impact  
Page 11. Adapting and Evolving: Our Future Vision  
Page 12. Upcoming Initiatives: Expanding Our Reach and Learning Opportunities  
Page 13. Reflections on Our Project's Core Sustainability

- Evidence and Appendices

## Forward

This past year saw a significant yet smooth transition within our counselling team. When our dedicated Counselling Coordinator, Rachael, departed in October 2024, her commitment ensured a seamless handover. We were incredibly fortunate to welcome Rebecca Ilk, whose competence and deep alignment with CentrePeace's values have been transformative. Under Rebecca's guidance, our counselling service has flourished and exceeded our expectations, now operating six days a week and supporting an average of 51 clients weekly through our team of 14 counsellors. We remain a highly regarded training hub, known for our safe and robust practices, continuing to work alongside the local Counselling colleges, the three main ones still being Devon Counselling College, Heartwood, and Iron Mill.

The joy of Sarah's return as Kitchen Coordinator in August 2023 highlighted her integral role in CentrePeace's past and future. Alongside her, Dee, our unwavering Centre Manager, continues to be the driving force behind our daily operations and invaluable support for our diverse service users. Our team was further strengthened in November 2022 by Lucy, our Volunteer Coordinator, who expertly manages and empowers our volunteers, drawing on her teaching background to foster their development and well-being.

**Since Sept 2015, we had supported 198 volunteers gifting 28,000 hours. We now have on record, 261 volunteers gifting over 83,331 hours; so, we are well on target for drawing volunteers and delivering support hours in the community.**

The financial stability and confidence instilled by the Big Lottery for the three core wages back in July have been pivotal. They've allowed CentrePeace to not only sustain but to significantly expand its outreach and services. We are more deeply embedded in the fabric of our local community, actively assisting individuals as they navigate the lingering effects of the pandemic and the ongoing economic pressures. It enables us to continually foster the tangible growth and support we can offer our local community.

## **The Story of Our Project This Year - November 23 - October 24**

The Big Lottery's sustained salary funding has been foundational to CentrePeace's capacity to deliver essential services and achieve significant community impact. These vital positions are the backbone of our ability to operate with excellence and responsiveness.

### **The Power of Dedicated Leadership and Support**

The **Centre Manager** holds an indispensable role, ensuring the charity's smooth and effective operation. This position guarantees CentrePeace is open six days a week, providing consistent access for the community. Crucially, the Centre Manager is responsible for implementing robust policies and procedures, upholding the highest operational standards, acting as the lead for safeguarding, and overseeing the myriad daily functions that keep our services running seamlessly.

Our **Counselling Coordinator** is paramount to maintaining a professional and highly effective counselling service. Recognising the acute need for mental health support in the Torbay area, CentrePeace uniquely offers **free counselling**, filling a critical gap and alleviating pressure on overstretched local resources. This service not only provides invaluable support to clients but also offers essential practical experience for counselling students to complete their 100 hours accreditation, nurturing future professionals within the field.

The **Volunteer Coordinator** plays a vital part in cultivating our dedicated volunteer force. This role is focused on empowering and supporting our volunteers, helping them to develop their skills, further their education, or gain valuable work experience. By collaborating closely with each volunteer, offering guidance, and most importantly, active listening and emotional support, the coordinator ensures our volunteers remain engaged, happy, and truly integrated into the CentrePeace family.

The **Kitchen Coordinator** is vital for the charity's smooth operation. This role involves managing the kitchen, ensuring it is a welcoming space for everyone. The coordinator is responsible for maintaining high standards of **food safety and hygiene**. This includes overseeing the preparation of meals, managing stock, and coordinating the volunteer kitchen staff. Their work not only provides nourishing meals but also creates a sense of community and support for those who use the charity's services.

### **Community Flourishing and Sustainable Growth**

CentrePeace is demonstrating remarkable growth, creating a powerful sense of friendship and connection for an increasing number of individuals within our "family." While we recently made a necessary, modest adjustment to our café prices, we consciously kept them as affordable as possible. Our regular patrons have expressed understanding, confirming that these adjustments remain within their means, allowing them to continue accessing nutritious, reasonably priced meals and crucial social connections during challenging economic times.

Building on this success, CentrePeace continues to offer a diverse range of free-of-charge events and groups to the local community. By strategically utilising our earned income, we are able to cover tutor and material costs for the vast majority of these workshops, ensuring that invaluable learning and social opportunities remain accessible to everyone, without financial barriers.

CentrePeace continues to be a vibrant hub for community engagement and support, offering a diverse array of activities that foster well-being, connection, and practical assistance. Our extensive program is a testament to the growth of CentrePeace, directly impacting the lives of countless individuals within the local community.

### Enhancing Skills and Environmental Awareness:

Our **Textile Tuesdays**, ongoing since November 2021, provide a creative outlet with both morning and afternoon sessions. A highlight this year was a collaborative project that saw several groups contribute to a UNESCO Geopark-inspired collage. This was part of our broader "Climate and the Community" series, which successfully engaged local residents and organisations in understanding their role in sustainable living. This series, encompassing textile, art, photography, music, and poetry workshops, directly empowered participants to consider their environmental impact. Other initiatives included a community beach litter pick, a recycled Bee house project, and film-making workshops, further expanding our environmental focus.



## **Nurturing Holistic Well-being:**

We are dedicated to supporting mental health and overall well-being through a range of holistic approaches. Our **Holistic Energy Healing** sessions offer an alternative pathway for those seeking complementary therapies. We also provide a regular **Tai Chi class** on Wednesday afternoons, promoting physical and mental balance. Our monthly **Indigenous Storytelling Group** fosters cultural understanding and connection by sharing diverse narratives, including those from an American Indian reservation. Additionally, our **Thursday afternoon Music Group** offers a welcoming space for individuals to learn instruments or simply enjoy singing together, enhancing social connection and creative expression. The **Friday afternoon Holistic Art Group** provides a calming and creative outlet, with all materials provided and varied activities each week.



## **Providing Essential Community Support:**

CentrePeace plays a critical role in offering practical support during challenging times. We have hosted regular **Energy Advice Drop-Ins**, providing crucial guidance to the local community grappling with rising energy costs. Furthermore, our fortnightly service with the **Torbay Advice Network** offers invaluable assistance with benefits enquiries and complex form filling, addressing a significant need in our area

## **CentrePeace Counselling Service**

### **Service Overview and Our Commitment**

CentrePeace offers accessible, affordable counselling to adults in Paignton and the surrounding area. Our core mission is to provide vital support to individuals navigating mental health challenges, relationship difficulties, trauma, loss, anxiety, depression, and a range of other personal struggles. Our dedicated team comprises both fully qualified counsellors and those in the crucial final stages of their training, allowing us to deliver a diverse range of therapeutic approaches precisely tailored to each client's unique needs.

CentrePeace has not only grown but has firmly established itself as a vital mental health resource within the Paignton community. We are deeply grateful for your ongoing support, which directly translates into improved lives and stronger communities. We remain fully

committed to sustaining and building upon this impactful work in the years ahead, ensuring even more individuals receive the support they need.

### **Fostering Community Spirit and Celebration:**

Beyond our regular programming, CentrePeace actively cultivates a strong sense of community through engaging events and initiatives. Our successful **summer charity shop sale**, offering 5 items for £1.00, provided affordable access to goods for local families. In August, we hosted a lively **Summer Fair**, featuring craft stalls, tombola's, raffles, and live music, bringing joy and connection to the community. In September, our "Feast for Peace" celebration for **World Peace Day** saw us serve free Dhal Curry, creating a powerful opportunity for people to gather, meet new individuals, and foster unity. The festive season was celebrated with a vibrant **Christmas Fair**, offering unique stalls, Christmas-themed crepes, and festive karaoke. We proudly served low-priced vegetarian **Christmas Dinners** over two days, ensuring everyone could enjoy a festive meal, and hosted a **free festive buffet** for volunteers and the community, complete with our grand raffle and more karaoke.



### **Valuing Our Volunteers:**

Our dedicated volunteers are the heart of CentrePeace, and we are committed to recognising their invaluable contributions. This past year, we showed our gratitude through several appreciation events, including a meal at a local carvery, a Chinese buffet to celebrate Chinese New Year. We went on a sunset boat trip around the bay with a picnic back in August, continuing our tradition of acknowledging their hard work and dedication.

### **Comprehensive Support and Community Outreach**

Beyond our diverse group activities and community events, CentrePeace provides a crucial layer of individualised support, often "behind the scenes," to both our visitors and dedicated volunteers. These essential services address immediate needs, empower individuals, and foster greater community well-being.

We offer direct assistance with a range of complex administrative tasks and critical support services, including help with:

- **Benefit applications:** Navigating forms for **Blue Badges, Attendance Allowance, PIP forms, and Discretionary Housing Payments**, alongside general **benefit enquiries**.
- **Essential services advocacy:** Addressing **housing queries** and resolving **gas and electric problems**.
- **Basic needs provision:** Supplying and **signposting individuals to food parcels**, ensuring those in crisis have access to essential provisions.

A significant highlight of our direct community support was our **Christmas 2023 Christmas Hamper project**. We provided 92 Christmas hampers to families identified by local schools as being in particular need. Each hamper was thoughtfully curated with enough food for a festive meal, essential basic foodstuffs, and an age-appropriate gift for every family member, bringing much-needed joy and relief during the holiday season.



## **Fostering Development and Partnerships**

CentrePeace is also committed to **nurturing the next generation** and strengthening community partnerships. We proudly provide **work experience placements for young college students with additional needs**, offering valuable real-world experience in a supportive environment. Currently, we have a **Duke of Edinburgh Award participant** who contributes weekly to our kitchen, gaining practical skills and fulfilling their volunteering requirements.

Furthermore, we actively collaborate with local mental health charities and organisations, such as **Click Sergeant and Eat That Frog**, ensuring a joined-up approach to supporting the well-being of our community. These partnerships amplify our reach and enhance the comprehensive care available to those we serve.

## How we actively engage with the community beyond our physical premises

CentrePeace engages with the community beyond its physical premises through a number of key strategies:

- **Collaborating with other organisations:** CentrePeace partners with other local charities and groups, such as AGE UK and Imagine This Torbay, to offer groups, volunteering, and events for individuals they are working with. This collaborative approach extends our reach and provides a more comprehensive support network.
- **Signposting:** While we provide many services in-house, we also act as a hub for information, directing people to other relevant services that can help them. This ensures people get the support they need, even if CentrePeace can't provide it directly.
- **Targeted support programs:** CentrePeace has a focus on identifying and managing barriers that prevent people from successfully re-entering the community. This shows that we work directly with specific groups outside of the building to offer support and aid in their reintegration.
- **Digital and online presence:** As a modern organisation, we utilise a variety of digital platforms, such as its website and social media (like Facebook), to share news, promote events, and connect with a wider audience who may not be able to visit in person.

In essence, CentrePeace's engagement extends beyond its physical doors through a combination of partnerships, information sharing, and targeted outreach to those who may not be able to come to them.

## Deepening Community Engagement and Responsive Services

At CentrePeace, we believe that truly effective support is rooted in a profound understanding of local needs. For the past 12 years, we've actively cultivated a model where the local community directly informs and shapes our services, ensuring our strategies remain adaptable and relevant. We consistently listen to residents' concerns, implementing new support and services or providing crucial signposting whenever possible.

Recognising that not everyone can walk through our doors, we actively engage with the community beyond our physical premises. This outreach not only provides invaluable one-to-one feedback but also raises awareness of CentrePeace's offerings among those who might not otherwise know about us. This direct connection ensures that local people are deeply involved in how our services are run, how our building is managed, and how they can actively support our delivery through volunteering.

Strategic partnerships with other local organisations are also vital to our approach. These collaborations enable us to highlight and provide essential services that might otherwise be overlooked or missing within the community, extending our collective reach and impact. CentrePeace has continuously evolved by developing ideas directly from participants since day one, a testament to our profound community embeddedness. Our ultimate aim is to secure our ongoing presence and further increase our reach.

## **Empowering Through Participation and Feedback**

Connecting with the community is key to identifying future leaders, fundraisers, volunteers, beneficiaries, and project members. We keep our community informed and engaged through flyers and posters, detailing past and upcoming events, and by leveraging social media platforms to advertise our work.

Our volunteers have an immense impact on the daily running of CentrePeace, and we are incredibly fortunate to offer such meaningful involvement opportunities. Monthly volunteer meetings are crucial forums for developing new project ideas and discussing the centre's operations, including the delivery of new activities. A powerful example of a volunteer-driven initiative is the introduction of a volunteer food bank, providing essential support in response to rising food prices and cost-of-living challenges.

We actively solicit feedback through various channels. This valuable feedback is systematically collated using tools like Excel, depending on the data type. A fantastic community-driven idea that has been implemented is the 'Pay It Forward' board in our café, allowing individuals to pre-pay for a meal or drink for someone in need, ensuring those struggling financially can still access nutritious food and utilise our facilities.

We actively participate in public meetings and engage in "knowledge and skills exchanges" with other organisations to continuously learn and adapt. Our vision for the future prioritises adaptability, with ongoing consideration for new approaches, services, and expanded facilities as suggested by the community, always striving to implement feasible ideas. We continuously review available information, including the Joint Strategic Needs Assessment, to ensure our services align with the most pressing community demands. We also regularly ask locals and volunteers what activities and events they would like to see at CentrePeace, actively encouraging their involvement in the organisation and promotion to foster a strong sense of ownership and belonging.

## **Acknowledging Our Pillars of Support**

As always, we extend our immense gratitude to everyone who contributes to CentrePeace and the well-being of our community. Our volunteers are truly exceptional, and we are incredibly fortunate to now have a balanced, stable, and strong staff group. Together with our trustees, they bring a vast array of invaluable skill sets, and we feel incredibly lucky to have them all onboard.

## **The Transformative Impact of CentrePeace**

The tangible differences CentrePeace makes in the community are best illustrated by the voices of those we serve. Case studies from our dedicated volunteers provided in the Appendices, offering compelling personal insights into the impact of our work. Further evidence of our collaborative success is found in the letters from local service users, highlighting how our support strengthens their efforts and fills critical gaps in community provision.

We are committed to widespread accessibility, actively promoting CentrePeace through our website ([www.centrepeace.org.uk](http://www.centrepeace.org.uk)), social media ([www.facebook.com/centrepeacepaignton](https://www.facebook.com/centrepeacepaignton)), promotional events, and word of mouth.

We are also enhancing our digital reach with a new website. Crucially, CentrePeace has no strict entry criteria (beyond common courtesy), ensuring we welcome everyone from the community who seeks our support.

## **Addressing Deep-Seated Deprivation and Vulnerability**

CentrePeace is strategically located within a Lower Layer Super Output Area (LSOA) of Paignton that was ranked among the most deprived 10% of LSOAs in England (Index of Multiple Deprivation 2019). This extreme deprivation brings with it a host of interconnected challenges, most notably widespread loneliness, and isolation among vulnerable and marginalised individuals.

A significant proportion of our users contend with ill mental health, finding vital support through our counselling services, community workshops, and groups, or simply by accessing the café as a safe and welcoming space. We also serve a large percentage of elderly and/or vulnerable individuals who primarily utilise our café and charity shop, benefiting from our affordable pricing that enables them to visit multiple times a week.

Our reach extends far beyond our immediate vicinity, demonstrating the critical need for our services. While 74% of our supported visitors come from Paignton, 17% travel from Torquay, and the remaining 9% from elsewhere across the bay. These figures, which do not include casual drop-in visitors to the café, shop, or craft groups, highlight CentrePeace as a regional beacon of support. Over half of our visitors come through personal recommendation from family or friends, with the remainder being effectively signposted by local GP surgeries, social prescribers, mental health agencies, social services, and other community organisations. The broader context of Torbay itself is marked by significant pockets of poverty and deprivation, ranking as the most deprived upper-tier local authority in the Southwest. With 27.5% of Torbay residents living in the 10% most deprived areas in England, and alarming rates of looked-after children and domestic violence (the highest in the Southwest), the need for CentrePeace's comprehensive and accessible services is profound and ever-increasing.

We are continually expanding our range of workshops and services, proactively responding to the ever-changing community needs. This dynamic approach ensures that we provide relevant support to our current users while actively attracting new individuals who can benefit from the growing array of opportunities CentrePeace offers.

## Appendices B Case Studies

### **Key Learnings: A Community-Led Approach to Impact**

At CentrePeace, our 12 years of growth have taught us that true community impact stems from a deep, two-way relationship with those we serve. We've established robust structures to ensure local people are actively involved in the running of our organisation and the shaping of our services. Our regular Trustee meetings and dedicated in-house volunteer meetings provide direct avenues for community insight. We also extend an open invitation to the wider community to join us after the formal business of our Annual General Meetings (AGMs), enabling them to stay informed about CentrePeace's latest news and future plans. This commitment to continuous dialogue ensures a rich flow of insights, learning, and opinions.

We foster a visible local presence, openness, and transparency through strategic use of social media, our website, leaflet, and in-house advertising. We actively encourage community feedback and opinions via comments, messages, phone calls, emails, and in-person conversations, ensuring we are always listening to the pulse of our local community.

Forming strategic partnerships with local organisations is fundamental to aligning our work with shared missions, values, and aims. This collaborative approach not only facilitates mutual learning but also enables us to share vital information that enhances the overall well-being of the entire community.

We've observed that small, informal groups driven by common interests are critical to community mobilisation. We consistently provide feedback forms to groups and participants, actively incorporating their insights to refine existing services and implement new support where needed.

By working closely with individuals and organisations across the local community, we can effectively tailor our services to meet specific needs and preferences, ensuring they are designed and delivered with maximum impact. This community-led approach guarantees that our opening times, services, and information are truly suitable for the people we serve. Their direct involvement helps us prioritise resources for the greatest effect and make informed decisions about adapting our offerings. Information gathered from our groups and activities, combined with financial insights, allows us to deliver services in a way that truly works for our beneficiaries and is precisely tailored to the needs of our local community.

Consistency in communication and responsiveness to community input is foundational to fostering community cohesion. We never underestimate the importance of continuous liaison with our beneficiaries and the wider local community; their involvement has been indispensable to CentrePeace's evolution. Our continued growth and strength will only come from our unwavering commitment to listening and acting on the needs of our community, recognising that every voice – from advocates to beneficiaries – is important and contributes to a united community. We also believe that individuals who may appear to be part of a problem can often be integral to finding a solution.

### **Adapting and Evolving: Our Future Vision**

For the foreseeable future, CentrePeace aims to maintain and enhance the vital support we provide to our local community. We are committed to continuously improving our existing services by actively listening to the evolving needs of the community, especially amidst the ongoing cost of living crisis. Our core strategy involves securing funding for key staff salaries, which enables us to reinvest all earned income from our café, shop, and donations directly back into community services and resources.

Without the salary funding, we would regrettably have had to scale down services, which would have significantly impacted the level of support we can offer. While our dedicated volunteers are the lifeblood of CentrePeace, keeping our doors open and the centre running, the salaried staff are indispensable. Their specific skill sets are vital to delivering the professional and consistent services our community relies on.

### **Upcoming Initiatives: Expanding Our Reach and Learning Opportunities**

We are actively planning for CentrePeace's future, with numerous exciting activities and taster sessions on the horizon to encourage wider participation and exploration.

Some new ideas for training courses, workshops, and community collaboration projects for CentrePeace are:

### **New Training Courses and Workshops**

Expanding on the existing skills-based offerings, we are looking to introduce new courses that are in high demand and directly benefit the community.

- **Digital Skills for Job Searching:** A course focused on creating professional resumes online, using job search websites, and preparing for virtual interviews. This could be a natural progression from the existing computer skills classes.
- **Basic Financial Literacy:** A workshop to help people manage personal budgets, understand banking, and navigate debt. This could be particularly valuable for those re-entering the workforce or managing new financial situations.
- **Food and Nutrition Education:** Building on the Kitchen Coordinator's role, workshops could be developed to teach low-cost, healthy meal planning.
- **Volunteer Management Skills:** For volunteers who want to take on more responsibility, a short course on leadership, team building, and communication could be offered.

### **More Community Collaboration Projects**

To engage with the community beyond the physical premises, CentrePeace is looking to initiate projects that benefit both the charity and its neighbours.

- **Community Garden:** Partnering with a local school or council to create and maintain a community garden. The produce could be used in the CentrePeace kitchen, and the garden would provide a relaxing, outdoor space for volunteers and community members to work together.
- **"Skill Swap" Program:** Create a program where people in the community can "swap" skills. For example, someone who is good at sewing could teach a mending class in exchange for someone teaching them a new skill like basic car maintenance. This would empower the community to share their own expertise.
- **Pop-Up Events:** Host "pop-up" versions of popular CentrePeace activities, like the art workshops or a simple coffee morning, at local libraries or community halls in other areas of Torbay. This would help the charity reach new people who may not know about its services.
- **Donation Drives:** Organise drives for specific needs, such as a school supply drive before the academic year starts or a winter coat drive. This is a low-effort way for the wider community to contribute and support CentrePeace's clients.

CentrePeace is a truly vital part of the local community, serving as a safe and warm space for many. It's a volunteer-based, people-centred initiative, providing essential space and resources for local residents to connect and support each other in a welcoming, safe, and non-discriminatory environment. For those navigating long-term mental health conditions or in recovery from addictions, we offer crucial stability, consistency, and availability – a place and space that profoundly matters. This helps reduce isolation, empowers individuals to manage their mental health, fosters new friendships, and enables independent living. We are

steadfast in our plan to remain an integral part of the lives within our local community for the foreseeable future.

### **Reflections on Our Project's Core Sustainability**

Our experience over the years at CentrePeace has unequivocally demonstrated that securing salary funding for our three main staffing positions is paramount. It is the essential foundation that allows us to continue delivering vital support and giving back to the local community in the comprehensive ways we do. The income generated from our café, shop, and donations effectively covers all our other operational costs, directly enabling us to provide a wide array of services and resources to the community.

### **Evidence and Appendices**

Appendix A How the Asset is used in the local community

Appendix B Case Studies

Appendix A How the Asset is used in the local community

**CentrePeace is used by a wide range of people within the local community, serving as a neutral ground where people of all ages, ethnicities, and socioeconomic statuses can meet, interact, and engage with each other. Some of which include:**

- Those lonely and isolated of all ages
- People with disorganised mental health
- People with learning difficulties
- The elderly
- Single parents
- Those in recovery from substance misuse
- Vulnerable families with children on Child Protection Plans
- People facing poverty, experiencing homelessness or rough sleeping
- The long term unemployed

**How CentrePeace is used by those in the community**

<b>Group supported</b>	<b>Service Provided</b>
Those lonely and isolated of all ages	Daily drop in and a safe place to be
People with disorganised mental health	Café with great, fair-trade coffee and freshly cooked vegetarian food - open 6 days a week
People with learning difficulties	Charity shop with real charity shop prices
The elderly	Companions to chat to at the centre
Single parents	Free use of IT suite (support available)
Those in recovery from substance misuse	Job search Support
Vulnerable families with children on Child Protection Plans	Help with form-filling, phone calls, paperwork
People facing poverty and homelessness	A variety of groups held weekly - anyone can join in. All are free with the exception of those marked * for which there is a £3 charge:
The long term unemployed	<ul style="list-style-type: none"> <li>• Art for Relaxation - Thurs</li> <li>• Textile group - Tues</li> <li>• Tai Chi - Weds</li> <li>• Colouring for relaxation - Sat</li> <li>• Music - Thursday</li> <li>• Natural Healing - Weds</li> </ul>
	Volunteering opportunities - café, shop, admin, cleaning, allotment, fundraising, event management, group facilitation

	<p>Free counselling service</p> <p>Social welfare programme implementation Advocacy</p> <p>Local Outreach project</p> <p>CAB Weekly drop-in</p> <p>Christmas Hampers for local people</p> <p>Summer Fayre</p> <p>Crisis Support:</p> <ul style="list-style-type: none"> <li>• Food Parcels (backup for Paignton Community Larder)</li> <li>• laundry facilities</li> <li>• Free meals</li> </ul> <p>Regular, free, workshops, including:</p> <ul style="list-style-type: none"> <li>• Basic cooking on a budget</li> <li>• Employability</li> <li>• First Aid</li> <li>• Customer Service</li> <li>• Budget Management</li> <li>• Conflict Resolution</li> <li>• Food Hygiene</li> </ul>
Those in recovery from substance misuse	<p>Weekly Support Groups</p> <p>To meet and share experiences and plan trips for themselves and others at the centre to offer a new direction, make new friendships and promote inclusion</p>
Those currently not venturing out of their homes	<b>Outreach</b> project. Phone calls to people in their homes
Rough sleepers and those facing homelessness	Food, clothing, bedding and use of shower and laundry facilities for rough sleepers

## Appendix B Case Studies

## People's Stories

Beneficiaries are at the very centre of our work; our aim is to enable people to be the best they can and learn to live productive lives, whatever their circumstances or life stories.

Early intervention remains a critical part of our work and offering a friendly place of welcome is key to helping those most marginalised to feel comfortable and able to trust that help is at hand.

Bringing people together to build strong relationships both personally and across communities is what leads to growth and helps us flourish, both personally and as a community.

Having a place within our neighbourhood to facilitate relationships and offer meaningful community engagement is the vehicle for change, the place to germinate ideas and new possibilities. The place, our people and its projects are a vital resource for early support when people are uncertain which way to turn.

Some of the stories below highlight individual journeys from referral into the project to personal progression and, hopefully, show how we work with individuals to support their recovery – whatever that might look like.

Some people chose to remain anonymous; others are happy to be identified.

### **Case Studies**

#### **Ethan Lovett-Stroud**

Before my time at CentrePeace, I struggled with anything social and had lots of fears on the world such as leaving the house and I didn't enjoy the company of others.

I have grown a lot since those days. I excel at conversing with people nowadays, I still find social situations hard, but CentrePeace really brought me out of my shell through my own learning and their support. I learned things about myself that I wouldn't have known if it wasn't thanks to the amazing people at CentrePeace.

They welcome in anyone no matter what age or point in life they are at, and they really helped me when I started out here. During my time at CentrePeace I've really learned a great deal of life skills and that learning ultimately led me to get a paid job and it's helped many others reach the same factor.

I implore anyone who is struggling in life or just feeling a little down or need a fresh start this is the place to be. Even if it's for a few hours, you can learn so much and meet many amazing people here.

I owe a lot to CentrePeace for helping me and guiding me to a better place in my life and I truly thank them.

Ethan Lovett-Stroud

## **Case Study 2**

### **Evelyne Haydon**

'When I think back on my life, I realise I'm in a good place now. I could write a book about what our family has been through over the years: business ownership in this country and abroad, franchise development, bankruptcy, owning nothing other than our clothes, a car and its contents; homelessness, being placed in temporary accommodation with our 13 year old daughter in one-bedroom alongside drug addicts and alcoholics; reinventing our lives in different parts of the country to make ends meet, always following the work; taking jobs with accommodation, always earning; saving, saving, saving to get our foot on the property ladder again in later life, building up our lives once again.

It's been a roller coaster ride; I've written it all down! I'm sure you can see what I mean when I say someone less strong might not have come through this. I was very alone when my husband died but now, I feel secure and comfortable. It might sound corny, but I got the feeling that CentrePeace saved me. I needed the warmth, the family atmosphere. I wouldn't have got that anywhere else.'

## **Case study 3**

### **Luke Foreman**

Luke first came to CentrePeace in 2015 during his time in hospital. He was brought here for a coffee, and immediately thought it was a 'lovely place'.

At that time, he was living in Torquay, but he moved to Paignton in 2022 and started coming regularly to CentrePeace. He made some lovely friends and soon asked about becoming a volunteer. He started in the shop, as his previous experience had been at the British Heat Foundation, but so moved to the café where he found the work to be more varied and interesting.

Luke says that what he most likes about CentrePeace is the friendship and continuity; knowing that there is always a place where he can go and find people when he needs them. He has made some really good friendships, and this has allowed him to have a social life outside CentrePeace too. He says that before he came here he felt he was 'mute' and couldn't talk easily to people, but CentrePeace has given him the confidence and helped to develop his communication and social skills. He has joined in with all the social activities organised for the volunteers, including the Christmas dinner and Chinese buffet.

Luke has also taken advantage of the free Tai Chi lessons, singing sessions and Computer skills support provided by CentrePeace. He finds Tai Chi very important for his mental well-being and the Computer Skills support has helped him to manage his emails more effectively.

Luke thinks CentrePeace is the 'perfect' place for him.

## **Case study 4**

### **Richard Ames**

Richard lives down the road from CentrePeace and started coming to the café around 5 or 6 years ago. He immediately found it a very friendly and welcoming place where he could relax and be sure of finding somebody to talk to. He said he had been finding things hard and CentrePeace has been a godsend and has helped him to regain his trust in people. Sometimes on his visits he has had informal chats with Rachael the counsellor, who has given him advice and support. Richard became a volunteer and for a while gave math tuition. He has now just started volunteering in the café and is finding the work enjoyable. It has been another step in helping him to gain confidence in himself.

Richard says it would be a disaster for him if CentrePeace was to close.

## **Case Study 5**

Shelley Smith

When I started as a volunteer at Centrepeace in 2021 I lacked self-confidence, and I was managing anxiety. I had recently walked away from a 30-year career, and I felt lost.

I was quickly made to feel welcome and a part of the Centrepeace family including regular customers, fellow volunteers and managers.

Opportunities were flexible to suit me, and it was lovely to be able to choose my hours and days. I initially worked in both the cafe and the shop and after a while, I found that I was more comfortable when working in the shop which I continue to do.

I have also attended weekly workshops provided by the Centre such as Holistic Art Therapy and Textiles. I have enjoyed these. I have loved developing my creativity and learning many new skills. I continue to attend these sessions.

I now run a wellbeing group at another community centre using creative activities and I support adults at Centrepeace in developing their computer skills. I am also supporting a colleague with a project to run a Kindness Club for young children at a variety of venues.

I will always be grateful for the kindness, support and encouragement that Centrepeace has given me to develop my personal growth. It is lovely to feel accepted without judgment and provided with the freedom to choose what I felt comfortable with at the time. I am now more confident with who I am and optimistic about what I can achieve.

# Centrepeace

Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2024

VINCENT & CO  
ACCOUNTANCY AND TAXATION SERVICES

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Barsley Pamela Harvey Linda Gillespie (Resigned 30th April 2024) Tracey White (Resigned 1st August 2024) Darren Mulhall (Resigned 16th January 2024) Tina Hooks (Appointed 12th September 2024) Fiona Bailey (Appointed 24th October 2024)
<b>Accountants</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

**Accountants' Report to the Trustees on the Unaudited Accounts of**

# Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2024 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

# Centrepeace

## Statement of Financial Activities for the Year Ended 31 October 2024

		Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	Note	£	£	£	£
<b><u>Incoming resources</u></b>					
Incoming resources from generated funds					
Donations and legacies	2	10,121	1,215	11,335	11,579
Income from other trading activities	3	84,388	1,225	85,613	79,762
Income from investments	4	208	-	208	1,101
Charitable activities	5	10,206	36,828	47,034	66,158
Total incoming resources		104,922	39,268	144,190	158,600
<b><u>Resources expended</u></b>					
Costs of generating funds					
Expenditure on raising funds	6	117,608	46,964	164,572	162,141
Total resources expended		117,608	46,964	164,572	162,141
Net movements in funds		(12,686)	(7,697)	(20,382)	(3,541)
<b><u>Reconciliation of funds</u></b>					
Total funds brought forward		35,589	56,203	91,792	95,333
Total funds carried forward		22,903	48,507	71,409	91,792

# Centrepeace

Balance Sheet as at 31 October 2024

	Note	2024		2023	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		20,379		13,436
<b>Current Assets</b>					
Debtors			-		-
Cash at bank and in hand		54,247		90,046	
		<u>54,247</u>		<u>90,046</u>	
<b>Creditors: Amounts falling due within one year</b>					
	9		<u>(3,217)</u>		<u>(11,691)</u>
Net current assets			<u>51,030</u>		<u>78,355</u>
<b>Net assets</b>			<u><b>71,409</b></u>		<u><b>91,791</b></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			48,507		56,203
<b>Unrestricted funds</b>			<u>22,903</u>		<u>35,589</u>
<b>Reserves</b>			<u><b>71,409</b></u>		<u><b>91,792</b></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 1st July 2024 and signed on its behalf by:

.....  
Teresa Emberson

.....  
Pamela Harvey

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less

Plant and machinery	20% reducing balance
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# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations income	10,121	1,215	11,335	11,579
	10,121	1,215	11,335	11,579

### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Shop income	20,790		20,790	18,413
Café income	62,879	-	62,879	58,440
Room rental	398		398	120
Events income	75	1,225	1,300	1,854
Club/workshop income		-	-	-
Sundry income	246		246	935
	84,388	1,225	85,613	79,762

### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Deposit interest	208	-	208	1,101
	208	-	208	1,101

### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Big Lottery Community Fund	-	36,828	36,828	65,658
Grants	10,206	-	10,206	500
Tudor Trust	-	-	-	-
	10,206	36,828	47,034	66,158

<b>Total Income</b>	<b>104,922</b>	<b>39,268</b>	<b>144,190</b>	<b>158,600</b>
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# Centrepeace

Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

## 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
Payroll costs	35,647	41,995	77,642	77,547
Staffing & Recruitment Costs	1,450	-	1,450	508
Catering supplies	17,868	-	17,868	18,876
Community Wellbeing	360	-	360	-
Expensed equipment	-	-	-	313
Computer maintenance & software	2,194	-	2,194	2,144
Repairs, maintenance & renovation work	1,489	-	1,489	2,516
Rent	13,500	-	13,500	12,999
Rates	194	-	194	328
Insurance	2,879	-	2,879	2,475
Accountancy fees	951	-	951	859
Legal & professional fees	1,444	-	1,444	1,470
Utilities - gas, electric & water	8,819	-	8,819	7,816
Training & education	479	-	479	54
Counsellings costs	2,102	-	2,102	2,306
Shop sundries & fittings	219	-	219	690
Telephone & broadband	848	-	848	977
Office supplies	375	-	375	742
Café costs (not for resale)	259	-	259	1,211
Club/workshop expenses	9,277	4,390	13,667	8,927
Travel expenses	181	-	181	-
Art and Craft materials	89	-	89	-
Printing, postage & stationery	109	-	109	159
Waste collection	1,837	-	1,837	1,701
Licences & subscriptions	884	-	884	427
Health & safety and security	1,097	-	1,097	922
Caretaking & cleaning	2,473	-	2,473	2,461
Community care	1,034	-	1,034	1,977
Volunteer expenses	3,062	369	3,431	3,192
Operational development BL Fund	-	-	-	1,034
Miscellaneous costs	85	-	85	138
Promotional/Website costs	142	210	352	559
Peoperty project costs	1,170	-	1,170	3,310
Selling costs	-	-	-	145
Depreciation of tangible fixed assets	5,095	-	5,095	3,359
	<u>117,608</u>	<u>46,964</u>	<u>164,572</u>	<u>162,140</u>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

7	<b>Tangible fixed assets</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	38,975	38,975
	Additions	12,037	12,037
	As at 31 October 2024	51,012	51,012
	<b>Depreciation</b>	20% RBB	
	Brought forwards	25,539	25,539
	Charge for the year	5,095	5,095
	As at 31 October 2022	30,634	30,634
	<b>Net book value</b>		
	As at 31 October 2024	20,379	20,379
	As at 1 November 2023	13,436	13,436
8	<b>Debtors</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
9	<b>Creditors: Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(3,217)	(2,278)
	VAT Control	-	-
	P Harvey property loan	-	(10,000)
	Workplace pension	-	588
		(3,217)	(11,689)
		(3,217)	(11,689)

# Centrepeace

## Statement of financial activities for the Period Ended 31 October 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
<b>Incoming resources</b>			
<i>Incoming resources from generated funds</i>			
Donations and legacies	10,121	1,215	11,335
Income from other trading activities	84,388	1,225	85,613
Income from investments	208	-	208
Charitable activities	10,206	36,828	47,034
Torbay Council Grant: Covid-19	-	-	-
Total incoming resources	104,922	39,268	144,190
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	117,608	46,964	164,572
Total resources expended	117,608	46,964	164,572
Net movements in funds	(12,687)	(7,696)	(20,382)
<b>Reconciliation of funds</b>			
Total funds brought forward	35,589	56,203	91,792
Total funds carried forward	22,902	48,507	71,409

# Centrepeace

Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2024

VINCENT & CO

ACCOUNTANCY AND TAXATION SERVICES

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Barsley Pamela Harvey Linda Gillespie (Resigned 30th April 2024) Tracey White (Resigned 1st August 2024) Darren Mulhall (Resigned 16th January 2024) Tina Hooks (Appointed 12th September 2024) Fiona Bailey (Appointed 24th October 2024)
<b>Accountants</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

**Accountants' Report to the Trustees on the Unaudited Accounts of**

# Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2024 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

# Centrepeace

## Statement of Financial Activities for the Year Ended 31 October 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b><u>Incoming resources</u></b>					
Incoming resources from generated funds					
Donations and legacies	2	10,121	1,215	11,335	11,579
Income from other trading activities	3	84,388	1,225	85,613	79,762
Income from investments	4	208	-	208	1,101
Charitable activities	5	10,206	36,828	47,034	66,158
Total incoming resources		<u>104,922</u>	<u>39,268</u>	<u>144,190</u>	<u>158,600</u>
<b><u>Resources expended</u></b>					
Costs of generating funds					
Expenditure on raising funds	6	117,608	46,964	164,572	162,141
Total resources expended		<u>117,608</u>	<u>46,964</u>	<u>164,572</u>	<u>162,141</u>
Net movements in funds		(12,686)	(7,697)	(20,382)	(3,541)
<b><u>Reconciliation of funds</u></b>					
Total funds brought forward		35,589	56,203	91,792	95,333
Total funds carried forward		<u>22,903</u>	<u>48,507</u>	<u>71,409</u>	<u>91,792</u>

# Centrepeace

Balance Sheet as at 31 October 2024

		2024		2023	
	Note	£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		20,379		13,436
<b>Current Assets</b>					
Debtors			-		-
Cash at bank and in hand		54,247		90,046	
		<u>54,247</u>		<u>90,046</u>	
<b>Creditors: Amounts falling due within one year</b>					
	9	<u>(3,217)</u>		<u>(11,691)</u>	
Net current assets			51,030		78,355
<b>Net assets</b>			<u><b>71,409</b></u>		<u><b>91,791</b></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			48,507		56,203
<b>Unrestricted funds</b>			22,903		35,589
<b>Reserves</b>			<u><b>71,409</b></u>		<u><b>91,792</b></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 1st July 2024 and signed on its behalf by:

.....  
**Teresa Emberson**

.....  
**Pamela Harvey**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

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Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less

Plant and machinery	20% reducing balance
---------------------	----------------------

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations income	10,121	1,215	11,335	11,579
	10,121	1,215	11,335	11,579

### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Shop income	20,790		20,790	18,413
Café income	62,879	-	62,879	58,440
Room rental	398		398	120
Events income	75	1,225	1,300	1,854
Club/workshop income		-	-	-
Sundry income	246		246	935
	84,388	1,225	85,613	79,762

### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Deposit interest	208	-	208	1,101
	208	-	208	1,101

### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Big Lottery Community Fund	-	36,828	36,828	65,658
Grants	10,206	-	10,206	500
Tudor Trust	-	-	-	-
	10,206	36,828	47,034	66,158

<b>Total Income</b>	<b>104,922</b>	<b>39,268</b>	<b>144,190</b>	<b>158,600</b>
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# Centrepeace

Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

## 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
Payroll costs	35,647	41,995	77,642	77,547
Staffing & Recruitment Costs	1,450	-	1,450	508
Catering supplies	17,868	-	17,868	18,876
Community Wellbeing	360	-	360	-
Expensed equipment	-	-	-	313
Computer maintenance & software	2,194	-	2,194	2,144
Repairs, maintenance & renovation work	1,489	-	1,489	2,516
Rent	13,500	-	13,500	12,999
Rates	194	-	194	328
Insurance	2,879	-	2,879	2,475
Accountancy fees	951	-	951	859
Legal & professional fees	1,444	-	1,444	1,470
Utilities - gas, electric & water	8,819	-	8,819	7,816
Training & education	479	-	479	54
Counsellings costs	2,102	-	2,102	2,306
Shop sundries & fittings	219	-	219	690
Telephone & broadband	848	-	848	977
Office supplies	375	-	375	742
Café costs (not for resale)	259	-	259	1,211
Club/workshop expenses	9,277	4,390	13,667	8,927
Travel expenses	181	-	181	-
Art and Craft materials	89	-	89	-
Printing, postage & stationery	109	-	109	159
Waste collection	1,837	-	1,837	1,701
Licences & subscriptions	884	-	884	427
Health & safety and security	1,097	-	1,097	922
Caretaking & cleaning	2,473	-	2,473	2,461
Community care	1,034	-	1,034	1,977
Volunteer expenses	3,062	369	3,431	3,192
Operational development BL Fund	-	-	-	1,034
Miscellaneous costs	85	-	85	138
Promotional/Website costs	142	210	352	559
Peoperty project costs	1,170	-	1,170	3,310
Selling costs	-	-	-	145
Depreciation of tangible fixed assets	5,095	-	5,095	3,359
	<u>117,608</u>	<u>46,964</u>	<u>164,572</u>	<u>162,140</u>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2024

.....continued

7	<b>Tangible fixed assets</b>		
		<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	38,975	38,975
	Additions	12,037	12,037
	As at 31 October 2024	51,012	51,012
	<b>Depreciation</b>	20% RBB	
	Brought forwards	25,539	25,539
	Charge for the year	5,095	5,095
	As at 31 October 2022	30,634	30,634
	<b>Net book value</b>		
	As at 31 October 2024	20,379	20,379
	As at 1 November 2023	13,436	13,436
8	<b>Debtors</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
9	<b>Creditors: Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(3,217)	(2,278)
	VAT Control	-	-
	P Harvey property loan	-	(10,000)
	Workplace pension	-	588
		(3,217)	(11,689)
		(3,217)	(11,689)

# Centrepeace

## Statement of financial activities for the Period Ended 31 October 2024

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<b>Incoming resources</b>			
<i>Incoming resources from generated funds</i>			
Donations and legacies	10,121	1,215	11,335
Income from other trading activities	84,388	1,225	85,613
Income from investments	208	-	208
Charitable activities	10,206	36,828	47,034
Torbay Council Grant: Covid-19	-	-	-
Total incoming resources	104,922	39,268	144,190
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	117,608	46,964	164,572
Total resources expended	117,608	46,964	164,572
Net movements in funds	(12,687)	(7,696)	(20,382)
<b>Reconciliation of funds</b>			
Total funds brought forward	35,589	56,203	91,792
Total funds carried forward	22,902	48,507	71,409

**CENTREPEACE**

England & Wales - Charity number 1150049

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# Accounts

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## Trustees' Report for the Year Ended 31<sup>st</sup> October 2023

Charity Registration Number: 1150049 (registered on 5<sup>th</sup> December 2012)  
Company Registration Number: 8215824 (registered on 14<sup>th</sup> September 2012)  
Registered Office (and operational address): 56 Palace Avenue, Paignton, Devon, TQ3 3HF

### Directors/Trustees as at 31<sup>st</sup> October 2023:

Lisa Emberson (re-appointed 15<sup>th</sup> June 2021)

**Sarah Parris - resigned 14<sup>th</sup> July 2023**

Teresa Emberson (re-appointed 15<sup>th</sup> June 2021)

Linda Gillespie (re-appointed 23<sup>rd</sup> August 2022)

Pamela Harvey (re-appointed 23<sup>rd</sup> August 2022)

Tracey White appointed 31<sup>st</sup> March 2023

Darren Mulhall appointed 31<sup>st</sup> March 2023

### Management Team as at 31<sup>st</sup> October 2023:

Maya King Joint Centre Manager

Dennise Mulhall Joint Centre Manager

Teresa Emberson Treasurer

Linda Gillespie Office Administration Assistant

Lucy Gubbin Volunteer Co-Ordinator

## ORGANISATION STRUCTURE

**CentrePeace is a Charitable Company Limited by Guarantee.** The company was established under a Memorandum of Association, which sets out the objects and powers of the charitable company and is governed under its Articles of Association.

**The directors of the company are also charity trustees, under charity law.** They work closely with the management team, who liaise on a regular and ongoing basis with the shop and café volunteers. The ethos of CentrePeace is one of inclusion and equality and so they very much work together to make decisions affecting the charity, always considering and encouraging input from the volunteer staff and local community – by way of chatting whilst visiting shop or café, a suggestion box, monitoring forms and 'open house' events. This informal approach, we have found, continues to help us to process feedback effectively, implement decisions quickly and keep in touch with the needs of the community.

**Staff: There are currently five salaried staff, four of which are funded by the Big Lottery:** Two Joint Centre Managers, the Volunteer/Wellbeing Co-Ordinator and the Counselling Co-Ordinator are funded and the Café Co-Ordinator is paid from earned income.

The Centre Manager position continues to be held jointly, by Dee Mulhall and Maya King.

Lucy Gubbin joined us as Volunteer Co-Ordinator on 21<sup>st</sup> November 2022, which lessened the load on Maya and gave her more time to focus on her Centre Manager role. (She had been acting as Volunteer Co-Ordinator as well, temporarily, until we filled the post). Dee was also working in a second role – that of Café Co-Ordinator, until August 2023, when Sarah Parris rejoined CentrePeace. Having worked as Centre Manager for many years, Sarah's knowledge and experience has been invaluable since she was persuaded back as part time Café Co-Ordinator and this has also freed Dee up to focus on her Centre Manager Role. Our previous Café-Co-ordinator had sustained a heart attack and was unable to resume such a physically demanding role. We employed a successor, but he decided that the role was not for him and so we were very grateful that Sarah took on the role, with all her previous experience.

We are extremely grateful, to both Dee and Maya, for taking on the extra responsibility until the positions were filled.

Rachael Thomas is still Counselling Co-Ordinator and continues to liaise with various counselling colleges (the three main ones being Devon Counselling College, Heartwood and Iron Mill), endeavouring to build the number of students volunteering at CentrePeace, in order that more clients may be taken on.

The other members of the Management Team give their time voluntarily and receive no benefits from the charity.

**CentrePeace is an entirely volunteer based, community driven, people centred initiative.** It is a well-established drop-in, community support centre, with its own charity shop and café, that promotes community cohesion and wellbeing through connecting people, whatever their age or socio-economic background, with services, resources and social networks in their own community. CentrePeace offers a range of free in-house services, from counselling and support groups to skills workshops and employability support. We provide a comfortable, safe space where people feel valued and welcome and are able to find help that they might need, either from our own resources or with our assistance.

Our financial position remains stable and we have been investing more of our reserves in the community, by way of extra free workshops and groups. We have also continued to hold down prices in the cafe, absorbing the cost of living rises so that our visitors may still have access to good, nutritious food at very low prices and also be able to connect with friends in the café, without it being too expensive. Our charity shop continues to offer a wide variety of clothes and essentials at extremely reasonable cost.

**Some of the groups, workshops and events we have been able to provide this year have been:**

- Textile Tuesdays which started in November 2021 and is still ongoing. There are two sessions – morning and afternoon. The groups worked together to create a community awning over our outside seating area.

- We provided a wreath making workshop in December.
- We treated the volunteers to a Christmas dinner at a local venue.
- We have made a community collage, depicting the CentrePeace sign.
- There is a Crochet and Knit group on a Wednesday morning.
- We offer a holistic art group on a Thursday morning with all materials provided and a different activity each week.
- We have a music group on a Thursday afternoon, where instruments are provided. There is the opportunity to learn to play or to just join in and sing along.
- We hold a Friday afternoon quiz.
- We have held groups on a Saturday called 'Life Journeys' which is an open chat group for people to explore their journey in life.
- There is a meditation group that is held the last Saturday of the month and free for those that wish to join in.
- We offer energy healing, by qualified and in trainee healers, on Wednesday and Friday afternoons which is also free of charge.
- In August we held a summer fair with various craft stalls, tombolas and raffles, alongside cake and sweet stalls. We sold handmade veggie burgers and had two sets of live music playing for the local community.
- At the end of summer, we had a summer sale in the charity shop, offering 5 items for £1.00 to the local community. We have also hosted a kilo sale for clothes where people can fill a bin bag of clothes for £5.00.
- We hosted a 'Feast for Peace' to celebrate World Peace Day. We made a Dhal Curry which was served free to the local community as an opportunity for people to gather and to meet and speak with people they may not have previously met or encountered.

All our craft groups and other friendship groups provide mutual support. Many people find comfort just by being listened to in a friendly, attentive, non-judgemental way.

As well as creating income for the charity, both the **shop and cafe continue to provide a comfortable, welcoming and inclusive 'first stop' for anyone needing assistance.** The café is a real community hub where people meet up with friends, form new friendships and have a safe space to be. We have many people who come in almost every day and some every day, to take advantage of our low cost, nutritious meals. We find that some of our visitors form friendships and bonds that enable them to support each other outside the centre, for example to accompany each other to appointments and meetings.

We do not restrict our care to any particular sections of society but welcome all members of the community, whatever their demographic, personal situation or needs. Whereas we cannot always meet the ongoing professional needs of some of our visitors, we can always offer help in times of crisis and support them while we assist in finding the appropriate help by signposting to suitable agencies. We have provided crisis food packages and free clothes to those in need, as well as formal counselling and general support. Many people have come in simply needing help with filling in forms or help with other issues regarding, for example:

- Blue Badges
- Attendance allowance
- Pip forms

- Discretionary housing payments
- IT help
- Housing queries
- Help with gas and electric problems and queries
- Food parcels
  
- We provided 86 Christmas hampers to families in the community who were identified as being in particular need by local schools. Enough food was put in each hamper for a celebratory meal as well as the basic foodstuffs and each member of the family received an age appropriate gift.
  
- We have provided work experience placements for young college students with additional needs.
- We have also worked with some mental health charities, Click Sergeant being one of them. We also work with local SEN schools.

### **COUNSELLING SERVICE**

The counselling service continues to recover and grow and we now have seven counsellors working with sixteen clients. Our counselling co-ordinator continues to liaise with the local counselling colleges, seeking to recruit more student counsellors for their placements.

### **VOLUNTEERS**

We cannot speak highly enough of our volunteers. They are an essential, much respected and appreciated part of our charity, having between them an extensive skill base and resource pool that greatly enhances our ability to help our visitors. Some have physical conditions, mental health challenges and learning difficulties, but all are encouraged to – and are proud to - work to their potential. We have a comprehensive support structure to meet the needs of our volunteer staff, ranging from one to one mentoring to freely available counselling.

Our Volunteer Co-Ordinator works hard to bring new volunteers on board and to make sure that those already with us are able to achieve to their full potential. This includes each volunteer having a folder, within which they can record any training, certificates or notes that they wish to make. Some of our volunteers have been with us right from the beginning – nearly ten years! All of them work with a dedication and commitment that we are truly grateful for.

All volunteers are encouraged to take an active role in the development of the centre and all say that their sense of purpose and self-esteem have improved since joining the CentrePeace 'family'.

### **CHANGES/IMPROVEMENTS THIS YEAR**

- A new Volunteer/Wellbeing Co-Ordinator, Lucy Gubbin joined the team in November 2022 and has settled in well to become a very valuable member of the team.

- Sarah Parris rejoined the staff team in August 2023. She had had to leave her full time role as Centre Manager some time ago, but was persuaded to come back as Café Co-Ordinator for three days a week.
- We have many new workshops and events on a regular basis.

We ran a 'Stop Motion' animated film workshop. Out of this was created a fifteen minute, animated film, focussing on mental health. This then led to a collaborative film premiere, with 'Turning Heads', a local CIC dealing with young, disabled adults, at the Royal Lyceum Theatre in Torquay

## **COMPLIANCE**

We are fully compliant with GDPR and our policies are reviewed on a regular basis.

All volunteers and staff working with food have access to relevant courses for their work. A First Aid course is offered on a regular basis.

## **FUNDING & SUSTAINABILITY**

We are still financially stable and are able to meet our day to day running expenses and employ a Café Co-Ordinator from earned income.

The trustees made the decision to increase spending on provision for visitors and volunteers as it was pointed out that our reserves were increasing. As a charity serving the community, we did not want to be seen to be 'hoarding' funds. We have held events for volunteers and offered extra, free of charge, workshops.

## **RESERVES POLICY**

Currently, we hold six months average expenditure as a contingency fund. We do not have any outstanding loans.

## **CURRENT SERVICES**

**Community Café:** Warm, safe and friendly atmosphere providing affordable, nutritious food.

**Charity Shop:** selling quality clothes and other items at real, affordable charity shop prices.

**Counselling Service:** A robust, professionally run, free counselling provision.

**Food Parcels:** a back up service for Paignton Community Food Larder; we hold some of their food parcels at the centre, which people in need can collect when the food bank is closed.

**Health and Wellbeing:** People are able to come and talk problems through with a friend or member of staff.

**Signposting:** A comprehensive resource list of local services and provisions is available to our visitors.

## **SAFEGUARDING AND RISK MANAGEMENT**

Risk assessments are carried out on a daily basis, in the various areas of the centre.

Our safeguarding procedures are robust, real and regularly reviewed. Our Safeguarding Officers are the joint Centre Managers, Maya King and Dee Mulhall. We have external safeguarding consultants we can call upon to attend meetings, offer professional advice and guidance over issues as they arise and support us through difficult situations.

One of our management team is a qualified, experienced counsellor and all have experience in giving support to vulnerable people.

In order to best support volunteers at risk, a member of staff will act as personal mentor to guide that individual through a difficult time and ensure they are heard, receive the help they need and are signposted to the right services. The board of trustees remain actively involved at the centre; some on an almost daily basis, others less frequently. However, all are available to help address sensitive issues as they arise and support one another through to a resolution.

## **FUTURE PLANS**

Our ethos remains that we should always be community driven and practical experience gives us awareness of what people in our locality need. Because we do not limit our help to any one demographic, our future plans are of a broad nature and are separated into two strands: securing the sustainability of the building and maintaining and extending our range of services.

**Staff** – Details of our current staff are above and we feel that we have a cohesive team to meet the needs of the community.

**Building** – The sustainability of the building is secured by continuing to work hard to maintain and improve income from wherever possible, to pay the rent and other overheads.

**Volunteers** - We continue to develop a comprehensive support structure to meet the needs of our volunteer staff. We will continue to make their 'career' and achievements at CentrePeace documented more formally, through each volunteer having a folder, containing any certificates gained and progress made, as well as their own thoughts and feedback.

We are arranging more social events, for volunteers and visitors, to encourage social interaction. We also aim to organise more regular volunteer team building activities and training opportunities (both formal and informal).

**Counsellors:** We continue to support their professional development as much as possible. Our relationship with the regional counselling colleges is strong which augurs well for the growth of our counselling service.

**Health and Nutrition:** When possible, we will continue our plans to increase provision of various cooking workshops. We have regular 'International Menus'.

**Wellbeing:** We intend to further our wellbeing provision through facilitating more mindfulness and other groups and by organising regular social events to encourage social interaction.

**Employability:** To continue various workshops, Training in First Aid, Health and Safety at Work, and Food Safety and Hygiene. Also, Listening Skills; ITC skills and the provision of a computer suite; hosting various groups and therapists.

**Fundraising** – We continue to hold various fundraising events for the benefit of the centre and its community.

**In preparing this report, the trustees confirm that they have given due regard to the Charity Commission's public benefit guidance, where relevant.**

**Organisations with whom CentrePeace works and networks**

Torbay and South Devon Health Care Trust – Social Services, Safeguarding  
Devon Partnership Trust – Mental Health Services, Care coordinators, Depression & Anxiety Service  
Shrublands Drug & Alcohol services / Torbay Drug and Alcohol Service / TRIP (Torbay Recovery Information Project) – signposting and 1:1 meetings  
DWP – Benefits including PIP & ESA claims  
Alcoholics Anonymous – informal gatherings  
Torbay Community Development Trust (TCDT) - Community Builders & Positive People – signposting and connecting  
Torbay Advice Network (TAN) Assistance with benefit claims  
“What’s your Problem” (Angie Manning) legal advice and assistance  
YES, Brixham.  
Torbay Council – Housing Services / Housing benefit/ Devon Home Choice  
Paignton Community Larder – referrals and food parcel outpost  
Social Housing providers – ie Sanctuary Housing, Devon & Cornwall Housing, Westward Housing  
Leonard Stocks Homeless hostel Torbay –  
Shekinah Mission – “growing for life” gardening therapy project - signposting  
Endeavour House, Torquay – signposting for services/courses  
Counselling Colleges – Heartwood, Iron Mill, Devon Counselling College (Counselling students)  
Jan Finn – Counselling supervisor for CP – any other supervisors where appropriate  
Co Op (and other retail establishments) – collection boxes and food donations  
Torbay DIS – Disability Information Service  
Age UK – Advice plus they refer people to us for Outreach, if appropriate  
Duke of Edinburgh Award Programme – we provide volunteer work placements  
Energy companies – negotiating for clients  
Police/PCSOs/Social Workers/Advocates/Care Co-ordinators/Safeguarding Officers/Torbay  
Older People’s Community Mental Health Team at Chadwell - visitor support  
Social Prescribers, based at Local GP surgeries  
Eat That Frog – Community support, courses etc.  
Thrive – a local provision for the homeless  
Local Community Builders.  
Totnes Caring



# Centrepeace

Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2023

VINCENT & CO  
ACCOUNTANCY AND TAXATION SERVICES

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Barsley Pamela Harvey Linda Gillespie Sarah Parris Resigned 14th July 2023 Tracey White appointed 31st March 2023 Darren Mulhall apointed 31st March 2023
<b>Accountants</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

**Accountants' Report to the Trustees on the Unaudited Accounts of**

# Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2023 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

1st July 2024

# Centrepeace

## Statement of Financial Activities for the Year Ended 31 October 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	5,832	5,747	11,579	6,044
Income from other trading activities	3	78,677	1,085	79,762	57,112
Income from investments	4	1,101	-	1,101	376
Charitable activities	5	500	65,658	66,158	64,245
Total incoming resources		<u>86,111</u>	<u>72,489</u>	<u>158,600</u>	<u>127,776</u>
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	96,278	65,863	162,141	141,624
Total resources expended		<u>96,278</u>	<u>65,863</u>	<u>162,141</u>	<u>141,624</u>
Net movements in funds		(10,167)	6,626	(3,541)	(13,848)
<b>Reconciliation of funds</b>					
Total funds brought forward		45,756	49,577	95,333	109,181
Total funds carried forward		<u>35,589</u>	<u>56,203</u>	<u>91,791</u>	<u>95,333</u>

# Centrepeace

## Balance Sheet as at 31 October 2023

	Note	2023		2022	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		13,436		14,001
<b>Current Assets</b>					
Debtors					
Cash at bank and in hand		90,046		82,147	
		<u>90,046</u>		<u>82,146</u>	
<b>Creditors: Amounts falling due within one year</b>	9	<u>(11,691)</u>		<u>(814)</u>	
Net current assets			78,355		81,332
<b>Net assets</b>			<u><b>91,791</b></u>		<u><b>95,333</b></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			56,203		49,577
<b>Unrestricted funds</b>			35,589		45,756
<b>Reserves</b>			<u><b>91,791</b></u>		<u><b>95,333</b></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 1st July 2024 and signed on its behalf by:

.....  
**Teresa Emberson**

.....  
**Pamela Harvey**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less

Plant and machinery	20% reducing balance
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# Centrepeace

Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

## Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

## 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Donations income	5,832	5,747	11,579	6,044
	5,832	5,747	11,579	6,044

## 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Shop income	18,413	-	18,413	15,738
Café income	58,440	-	58,440	39,961
Room rental	120	-	120	174
Events income	1,704	150	1,854	1,209
Club/workshop income		-	-	-
Sundry income	-	935	935	30
	78,677	1,085	79,762	57,112

## 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Deposit interest	1,101	-	1,101	376
	1,101	-	1,101	376

## 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Big Lottery Community Fund	-	65,658	65,658	64,245
Grants	500	-	500	-
Tudor Trust	-	-	-	-
	500	65,658	66,158	64,245
<b>Total Income</b>	<b>86,111</b>	<b>72,489</b>	<b>158,600</b>	<b>127,777</b>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Payroll costs	16,242	61,305	77,547	73,154
Staffing & Recruitment Costs	508	-	508	450
Catering supplies	18,876	-	18,876	14,721
Allotment expenses	-	-	-	62
Expensed equipment	313	-	313	996
Computer maintenance & software	2,144	-	2,144	1,736
Repairs, maintenance & renovation work	2,516	-	2,516	1,453
Rent	12,999	-	12,999	11,500
Rates	328	-	328	640
Insurance	2,475	-	2,475	2,245
Accountancy fees	859	-	859	854
Legal & professional fees	1,470	-	1,470	118
Utilities - gas, electric & water	7,816	-	7,816	5,376
Training & education	54	-	54	360
Counsellings costs	2,306	-	2,306	1,227
Shop sundries & fittings	690	-	690	474
Telephone & broadband	977	-	977	702
Office supplies	742	-	742	631
Café costs (not for resale)	1,211	-	1,211	966
Club/workshop expenses	8,702	225	8,927	8,297
Motor Expense	-	-	-	16
Printing, postage & stationery	159	-	159	107
Waste collection	1,701	-	1,701	1,080
Licences & subscriptions	427	-	427	400
Health & safety and security	922	-	922	399
Caretaking & cleaning	2,461	-	2,461	1,718
Community care	1,977	-	1,977	1,049
Volunteer expenses	3,192	-	3,192	3,675
Operational development BL Fund	-	1,034	1,034	3,605
Miscellaneous costs	138	-	138	84
Promotional/Website costs	559	-	559	28
Peoperty project costs	10	3,300	3,310	-
Selling costs	145	-	145	-
Depreciation of tangible fixed assets	3,359	-	3,359	3,500
	<u>96,278</u>	<u>65,863</u>	<u>162,141</u>	<u>141,624</u>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

7	<b>Tangible fixed assets</b>		<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>			
	Brought forward		36,181	36,181
	Additions		2,794	2,794
	As at 31 October 2023		38,975	38,975
	<b>Depreciation</b>	20% RBB		
	Brought forwards		22,180	22,180
	Charge for the year		3,359	3,359
	As at 31 October 2022		25,539	25,539
	<b>Net book value</b>			
	As at 31 October 2023		13,436	13,436
	As at 1 November 2022		14,001	14,001
8	<b>Debtors</b>		<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
	Accounts receivable		-	-
			-	-
9	<b>Creditors: Amounts falling due within one year</b>		<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
	Payroll liabilities		(2,278)	(820)
	VAT Control		-	70
	P Harvey property loan		(10,000)	
	Workplace pension		588	(64)
			(11,691)	(814)

# Centrepeace

## Statement of financial activities comparatives for the Period Ended 31 October 2023

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>			
<i>Incoming resources from generated funds</i>			
Donations and legacies	11,579	5,747	17,325
Income from other trading activities	78,677	1,085	79,762
Income from investments	1,101	-	1,101
Charitable activities	500	65,658	66,158
Torbay Council Grant: Covid-19	-	-	-
Total incoming resources	<u>91,857</u>	<u>72,489</u>	<u>164,346</u>
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	96,278	65,863	162,141
Total resources expended	<u>96,278</u>	<u>65,863</u>	<u>162,141</u>
Net movements in funds	(4,421)	6,626	2,206
<b>Reconciliation of funds</b>			
Total funds brought forward	45,756	49,577	95,333
Total funds carried forward	<u>41,335</u>	<u>56,203</u>	<u>97,538</u>

# Centrepeace

Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2023

VINCENT & CO  
ACCOUNTANCY AND TAXATION SERVICES

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Barsley Pamela Harvey Linda Gillespie Sarah Parris Resigned 14th July 2023 Tracey White appointed 31st March 2023 Darren Mulhall apointed 31st March 2023
<b>Accountants</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

**Accountants' Report to the Trustees on the Unaudited Accounts of**

# Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2023 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

1st July 2024

# Centrepeace

## Statement of Financial Activities for the Year Ended 31 October 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	5,832	5,747	11,579	6,044
Income from other trading activities	3	78,677	1,085	79,762	57,112
Income from investments	4	1,101	-	1,101	376
Charitable activities	5	500	65,658	66,158	64,245
Total incoming resources		<u>86,111</u>	<u>72,489</u>	<u>158,600</u>	<u>127,776</u>
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	96,278	65,863	162,141	141,624
Total resources expended		<u>96,278</u>	<u>65,863</u>	<u>162,141</u>	<u>141,624</u>
Net movements in funds		(10,167)	6,626	(3,541)	(13,848)
<b>Reconciliation of funds</b>					
Total funds brought forward		45,756	49,577	95,333	109,181
Total funds carried forward		<u>35,589</u>	<u>56,203</u>	<u>91,791</u>	<u>95,333</u>

# Centrepeace

## Balance Sheet as at 31 October 2023

	Note	2023		2022	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		13,436		14,001
<b>Current Assets</b>					
Debtors					
Cash at bank and in hand		90,046		82,147	
		<u>90,046</u>		<u>82,146</u>	
<b>Creditors: Amounts falling due within one year</b>					
	9	<u>(11,691)</u>		<u>(814)</u>	
Net current assets			78,355		81,332
<b>Net assets</b>			<u><b>91,791</b></u>		<u><b>95,333</b></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			56,203		49,577
<b>Unrestricted funds</b>			35,589		45,756
<b>Reserves</b>			<u><b>91,791</b></u>		<u><b>95,333</b></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 1st July 2024 and signed on its behalf by:

.....  
**Teresa Emberson**

.....  
**Pamela Harvey**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less

Plant and machinery	20% reducing balance
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# Centrepeace

Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

## Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

## 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Donations income	5,832	5,747	11,579	6,044
	5,832	5,747	11,579	6,044

## 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Shop income	18,413	-	18,413	15,738
Café income	58,440	-	58,440	39,961
Room rental	120	-	120	174
Events income	1,704	150	1,854	1,209
Club/workshop income		-	-	-
Sundry income	-	935	935	30
	78,677	1,085	79,762	57,112

## 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Deposit interest	1,101	-	1,101	376
	1,101	-	1,101	376

## 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Big Lottery Community Fund	-	65,658	65,658	64,245
Grants	500	-	500	-
Tudor Trust	-	-	-	-
	500	65,658	66,158	64,245
<b>Total Income</b>	<b>86,111</b>	<b>72,489</b>	<b>158,600</b>	<b>127,777</b>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Payroll costs	16,242	61,305	77,547	73,154
Staffing & Recruitment Costs	508	-	508	450
Catering supplies	18,876	-	18,876	14,721
Allotment expenses	-	-	-	62
Expensed equipment	313	-	313	996
Computer maintenance & software	2,144	-	2,144	1,736
Repairs, maintenance & renovation work	2,516	-	2,516	1,453
Rent	12,999	-	12,999	11,500
Rates	328	-	328	640
Insurance	2,475	-	2,475	2,245
Accountancy fees	859	-	859	854
Legal & professional fees	1,470	-	1,470	118
Utilities - gas, electric & water	7,816	-	7,816	5,376
Training & education	54	-	54	360
Counsellings costs	2,306	-	2,306	1,227
Shop sundries & fittings	690	-	690	474
Telephone & broadband	977	-	977	702
Office supplies	742	-	742	631
Café costs (not for resale)	1,211	-	1,211	966
Club/ workshop expenses	8,702	225	8,927	8,297
Motor Expense	-	-	-	16
Printing, postage & stationery	159	-	159	107
Waste collection	1,701	-	1,701	1,080
Licences & subscriptions	427	-	427	400
Health & safety and security	922	-	922	399
Caretaking & cleaning	2,461	-	2,461	1,718
Community care	1,977	-	1,977	1,049
Volunteer expenses	3,192	-	3,192	3,675
Operational development BL Fund	-	1,034	1,034	3,605
Miscellaneous costs	138	-	138	84
Promotional/Website costs	559	-	559	28
Peoperty project costs	10	3,300	3,310	-
Selling costs	145	-	145	-
Depreciation of tangible fixed assets	3,359	-	3,359	3,500
	<u>96,278</u>	<u>65,863</u>	<u>162,141</u>	<u>141,624</u>

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2023

.....continued

7	<b>Tangible fixed assets</b>		<b>Furniture &amp; Equipment</b>	<b>Total</b>
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	As at 31 October 2023		13,436	13,436
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	Accounts receivable		-	-
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	P Harvey property loan		(10,000)	
	Workplace pension		588	(64)
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# Centrepeace

## Statement of financial activities comparatives for the Period Ended 31 October 2023

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<b>Reconciliation of funds</b>			
Total funds brought forward	45,756	49,577	95,333
Total funds carried forward	<u>41,335</u>	<u>56,203</u>	<u>97,538</u>

**CENTREPEACE**

England & Wales - Charity number 1150049

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# Accounts

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## **Trustees' Report for the Year Ended 31<sup>st</sup> October 2022**

Charity Registration Number: 1150049 (registered on 5<sup>th</sup> December 2012)  
Company Registration Number: 8215824 (registered on 14<sup>th</sup> September 2012)

Registered Office (and operational address): 56 Palace Avenue, Paignton, Devon, TQ3 3HF

### **Directors/Trustees as at 31<sup>st</sup> October 2022:**

Lisa Emberson (re-appointed 15<sup>th</sup> June 2021)

Sarah Parris (appointed 1<sup>st</sup> April 2022)

Teresa Emberson (re-appointed 15<sup>th</sup> June 2021)

Linda Gillespie (re-appointed 23<sup>rd</sup> August 2022)

Pamela Harvey (re-appointed 23<sup>rd</sup> August 2022)

### **Management Team as at 31<sup>st</sup> October 2022:**

Maya King                      Joint Centre Manager (plus temp. Volunteer Co-Ordinator)

Dennise Mulhall              Joint Centre Manager (plus temp. Cafe Co-Ordinator)

Teresa Emberson              Treasurer

Linda Gillespie              Office Administration Assistant

Rachael Thomas              Counselling Co-Ordinator

## **ORGANISATION STRUCTURE**

**CentrePeace is a Charitable Company Limited by Guarantee.** The company was established under a Memorandum of Association, which sets out the objects and powers of the charitable company and is governed under its Articles of Association.

**The directors of the company are also charity trustees, under charity law.** They work closely with the management team, who liaise on a regular and ongoing basis with the shop and café volunteers. The ethos of CentrePeace is one of inclusion and equality and so they very much work together to make decisions affecting the charity, always considering and encouraging input from the volunteer staff and local community - by way of chatting whilst visiting shop or cafe, a suggestion box, monitoring forms and 'open house' events. This informal approach, we have found, continues to help us to process feedback effectively, implement decisions quickly and keep in touch with the needs of the community.

**Staff: There are currently four salaried positions, three of which are funded by the Big Lottery:** The Centre Manager, the Volunteer/Wellbeing Co-Ordinator and the Counselling Co-Ordinator are funded and the Café Co-Ordinator is paid from earned income.

The Centre Manager, Sarah Parris, resigned at the end of February, due to increased family commitments and wishing to reduce her working hours. We count ourselves incredibly fortunate to have had her with us almost since the beginning. Sarah built the centre and café up to a thriving community hub and worked tirelessly for the benefit of the charity and all the people involved – volunteers, visitors and staff. She also volunteered many hours outside of her paid role. The Centre Manager’s position has proved hard to fill since. Even though Sarah served an extended notice period and stayed on to fully integrate the new person taking on the role, we realised, during her probation period, that the new employee’s skill set was not ideally suited to the role and she left. We then appointed another Centre Manager, who started in March 2022, but she decided that the role did not suit her and left at the end of August.

We engaged a new Café Co-Ordinator in March 2022 but, sadly, she had a heart attack in May, which led to quadruple bypass surgery and long term sick leave, which she is still on. We expect her to be well enough to begin a phased return to work next month (November). In the meantime, we engaged Dee Mulhall to take on the role of Café Co-Ordinator, temporarily, to cover what is a very busy position.

Dee fitted in exceptionally well to the ‘family’ and ethos of CentrePeace. When we were struggling to find the right person for the Centre Manager role, we realised that she would be ideally suited. Similarly, Maya King who was in the Volunteer/Wellbeing Co-Ordinator role, had managed, brilliantly, to cover the Centre Manager’s role when necessary and keep the centre open, sometimes under very difficult circumstances. The trustees realised their value and asked them if they would share the role of Centre Manager and they agreed. They have held the joint role for two months now and it is working very well. Dee is also coping with the café role until the Café Co-Ordinator’s phased return, next month (November) and Maya is still coping with the Volunteer/Wellbeing Co-Ordinator role until Lucy Gubbin, our new employee, starts, also next month.

Jane Mason, the Counselling Co-Ordinator, resigned in February 2022, to focus on building her own counselling practice. Jane had been with us for many years – as a volunteer counsellor, before her employment as the Co-Ordinator. We are truly grateful to Jane for building the counselling department at CentrePeace into the robust, well thought of service it is today, giving many hours of free counselling and placement opportunities to newly qualified counsellors. Rachael joined us in April and is an excellent

successor, having already had experience of running a counselling centre at Plymouth College. The counselling service had diminished somewhat during the covid years and Rachael is currently engaged in recruiting new counsellors. She continues to liaise with various counselling colleges, the three main ones being Devon Counselling College, Heartwood and Iron Mill

The other members of the Management Team give their time voluntarily and receive no benefits from the charity.

**CentrePeace is an entirely volunteer based, community driven, people centred initiative.** It is a well-established drop-in, community support centre, with its own charity shop and café, that promotes community cohesion and wellbeing through connecting people, whatever their age or socio-economic background, with services, resources and social networks in their own community. CentrePeace offers a range of free in-house services, from counselling and support groups to skills workshops and employability support. We provide a comfortable, safe space where people feel valued and welcome and are able to find help that they might need, either from our own resources or with our assistance.

Our financial position remains stable, despite the unprecedented event of covid and the challenges that it brought.

CentrePeace has been able to offer a wide variety of events and groups to the local community. Wherever possible - and in the vast majority of cases - we offer our groups and workshops free of charge, covering tutor and materials costs with our earned income.

**Some of the groups, workshops and events we have been able to provide this year have been:**

- Textile Tuesdays which started in November 2021 and is still ongoing. There are two sessions - morning and afternoon. The groups worked together to create a community awning over our outside seating area.
- We provided a wreath making workshop in December.
- We treated the volunteers to a Christmas dinner at a local venue.
- We have made a community collage, depicting the CentrePeace sign.
- There is a Crochet and Knit group on a Wednesday morning.
- We offer a holistic art group on a Thursday morning with all materials provided and a different activity each week.
- We have a music group on a Thursday afternoon, where instruments are provided. There is the opportunity to learn to play or to just join in and sing along.
- We hold a Friday afternoon quiz.
- We have held groups on a Saturday called 'Life Journeys' which is an open chat group for people to explore their journey in life.
- There is a meditation group that is held the last Saturday of the month and free for those that wish to join in.
- We offer energy healing, by qualified and in trainintrainee healers, on Wednesday and Friday afternoons which is also free of charge.

- We took all the volunteers out on a day boat tour around the bay as well as providing snacks and refreshments for the trip.
- In August we held a summer fair with various craft stalls, tombolas and raffles, alongside cake and sweet stalls. We sold handmade veggie burgers and had two sets of live music playing for the local community.
- At the end of summer, we had a summer sale in the charity shop, offering 5 items for £1.00 to the local community. We have also hosted a kilo sale for clothes where people can fill a bin bag of clothes for £5.00.
- In September we hosted a Mad Hatters Tea Party selling affordable Cream Teas to the local community as well as gifting free cakes and sweets.
- We hosted a 'Feast for Peace' to celebrate World Peace Day. We made a Dhal Curry which was served free to the local community as an opportunity for people to gather and to meet and speak with people they may not have previously met or encountered.
- In October we ran a First Aid course for the volunteers and staff.
  
- We provide ongoing Our 'Natural Healing Therapy'

All our craft groups and other friendship groups provide mutual support. Many people find comfort just by being listened to in a friendly, attentive, non-judgemental way.

As well as creating income for the charity, both the **shop and cafe continue to provide a comfortable, welcoming and inclusive 'first stop' for anyone needing assistance.** The café is a real community hub where people meet up with friends, form new friendships and have a safe space to be. We have many people who come in almost every day and some every day, to take advantage of our low cost, nutritious meals. We find that some of our visitors form friendships and bonds that enable them to support each other outside the centre, for example to accompany each other to appointments and meetings. We have not increased our prices, despite extra costs, as we realise the importance of keeping costs down for the community at this time of rapidly increasing household bills.

We do not restrict our care to any particular sections of society but welcome all members of the community, whatever their demographic, personal situation or needs. Whereas we cannot always meet the ongoing professional needs of some of our visitors, we can always offer help in times of crisis and support them while we assist in finding the appropriate help by signposting to suitable agencies. We have provided crisis food packages and free clothes to those in need, as well as formal counselling and general support. Many people have come in simply needing help with filling in forms or help with other issues regarding, for example:

- Blue Badges
- Attendance allowance
- Pip forms

- Discretionary housing payments
- Booking covid vaccinations
- IT help
- Housing queries
- Help with gas and electric problems and queries
- Food parcels
  
- We provided nearly 70 Christmas hampers to families in the community who were identified as being in particular need by local schools. Enough food was put in each hamper for a celebratory meal as well as the basic foodstuffs and each member of the family received an age appropriate gift.
  
- We have provided work experience placements for young college students with additional needs. Two of the placements have stayed on to become permanent volunteers as they have felt safe and comfortable in the environment which has been provided for them.
- We have also worked with some mental health charities, Click Sergeant being one of them.

### **COUNSELLING SERVICE**

Our counselling service had to be closed during lockdown, of course and had remained a little diminished since, as people were still fearful of being in close contact. However, our new Counselling Co-Ordinator has been focusing on building numbers back up and we now have seven counsellors providing sixteen hours of free counselling. These numbers will keep growing as Rachael continues to liaise with the local counselling colleges.

### **VOLUNTEERS**

We cannot speak highly enough of our volunteers. They are an essential, much respected and appreciated part of our charity, having between them an extensive skill base and resource pool that greatly enhances our ability to help our visitors. Some have physical conditions, mental health challenges and learning difficulties, but all are encouraged to – and are proud to – work to their potential. We have a comprehensive support structure to meet the needs of our volunteer staff, ranging from one to one mentoring to freely available counselling.

Some of our more vulnerable volunteers chose not to return after covid as being in an enclosed space with other people made them feel anxious. We are working hard to bring new volunteers on board and to make sure that those already with us are able to achieve to their full potential. This includes each volunteer having a folder, within which they can record any training, certificates or notes that they wish to make. Some of our volunteers have been with us right from the beginning – nearly ten years! All of them work with a dedication and commitment that we are truly grateful for.

All volunteers are encouraged to take an active role in the development of the centre and all say that their sense of purpose and self-esteem have improved since joining the CentrePeace 'family'.

### **CHANGES/IMPROVEMENTS THIS YEAR**

- Joint Centre Managers appointed, as explained above. This is working very well. Both ladies are wonderful with people and have a huge creative streak! This has led to many innovative ideas for workshops and provision for visitors and volunteers alike.
- A new Volunteer/Wellbeing Co-Ordinator, Lucy Gubbin has joined the team, to replace Maya who changed roles and has settled in well to become a very valuable member of the team.
- A new Counselling Co-Ordinator has come on board too. Rachael brings with her a wealth of experience, including having already set up a counselling department previously.
- We have many new workshops and events on a regular basis.

### **COMPLIANCE**

We are fully compliant with GDPR and our policies are reviewed on a regular basis.

All volunteers and staff working with food have access to relevant courses for their work. A First Aid course is offered on a regular basis.

### **FUNDING & SUSTAINABILITY**

We are still financially stable and are able to meet our day to day running expenses and employ a Café Co-Ordinator from earned income. It has been an expensive time, regarding this, over the last few months, as we have had to pay a temporary Co-Ordinator, as well as sick pay to our permanent one.

The trustees made the decision to increase spending on provision for visitors and volunteers as it was pointed out that our reserves were increasing. As a charity serving the community, we did not want to be seen to be 'hoarding' funds. We have held events for volunteers and offered extra, free of charge, workshops.

### **RESERVES POLICY**

Currently, we hold six months average expenditure as a contingency fund. We do not have any outstanding loans.

### **CURRENT SERVICES**

**Community Café:** Warm, safe and friendly atmosphere providing affordable, nutritious food.

**Charity Shop:** selling quality clothes and other items at real, affordable charity shop prices.

**Counselling Service:** A robust, professionally run, free counselling provision.

**Food Parcels:** a back up service for Paignton Community Food Larder; we hold some of their food parcels at the centre, which people in need can collect when the food bank is closed. **Health and Wellbeing:** People are able to come and talk problems through with a friend or member of staff.

**Signposting:** A comprehensive resource list of local services and provisions is available to our visitors.

## **SAFEGUARDING AND RISK MANAGEMENT**

Risk assessments are carried out on a daily basis, in the various areas of the centre.

Our safeguarding procedures are robust, real and regularly reviewed. Our Safeguarding Officers are the joint Centre Managers, Maya King and Dee Mulhall. We have external safeguarding consultants we can call upon to attend meetings, offer professional advice and guidance over issues as they arise and support us through difficult situations.

One of our management team is a qualified, experienced counsellor and all have experience in giving support to vulnerable people.

In order to best support volunteers at risk, a member of staff will act as personal mentor to guide that individual through a difficult time and ensure they are heard, receive the help they need and are signposted to the right services. The board of trustees remain actively involved at the centre; some on an almost daily basis, others less frequently. However, all are available to help address sensitive issues as they arise and support one another through to a resolution.

## **FUTURE PLANS**

Our ethos remains that we should always be community driven and practical experience gives us awareness of what people in our locality need. Because we do not limit our help to any one demographic, our future plans are of a broad nature and are separated into two strands: securing the sustainability of the building and maintaining and extending our range of services.

**Staff** - As mentioned above, we have had a complete change of staff, in all roles. It has been a challenging time but we hope that, as soon as the Café Co-Ordinator returns from sick leave, we will have a full complement of staff and less pressure on those who are covering the role.

**Building** - The sustainability of the building is secured by continuing to work hard to maintain and improve income from wherever possible, to pay the rent and other overheads. We are very fortunate to have a qualified electrician and other skills within our volunteer force.

**Volunteers** - We continue to develop a comprehensive support structure to meet the needs of our volunteer staff. We will continue to make their 'career' and achievements at CentrePeace documented more formally, through each volunteer having a folder, containing any certificates gained and progress made, as well as their own thoughts and feedback. We are arranging more social events, for volunteers and visitors, to encourage social interaction. We also aim to organise more regular volunteer team building activities and training opportunities (both formal and informal).

**Counsellors:** We continue to support their professional development as much as possible. Our relationship with the regional counselling colleges is strong which augurs well for the growth of our counselling service.

**Health and Nutrition:** When possible, we will continue our plans to increase provision of various cooking workshops. We also plan to have regular 'International Menus'.

**Wellbeing:** We intend to further our wellbeing provision through facilitating more mindfulness and other groups and by organising regular social events to encourage social interaction.

**Employability:** To continue various workshops, Training in First Aid, Health and Safety at Work, and Food Safety and Hygiene. Also, Listening Skills; ITC skills and the provision of a computer suite; hosting various groups and therapists.

**Fundraising** - We continue to hold various fundraising events and our new Centre Managers have many ideas for next year.

**In preparing this report, the trustees confirm that they have given due regard to the Charity Commission's public benefit guidance, where relevant.**

**Organisations with whom CentrePeace works and networks**

Torbay and South Devon Health Care Trust – Social Services, Safeguarding  
Devon Partnership Trust – Mental Health Services, Care coordinators,  
Depression & Anxiety Service  
Shrublands Drug & Alcohol services / Torbay Drug and Alcohol Service / TRIP  
(Torbay Recovery Information Project) – signposting and 1:1 meetings  
DWP – Benefits including PIP & ESA claims  
Alcoholics Anonymous – informal gatherings  
Torbay Community Development Trust (TCDT) - Community Builders &  
Positive People – signposting and connecting  
Torbay Advice Network (TAN) Assistance with benefit claims  
“What’s your Problem” (Angie Manning) legal advice and assistance  
St Edmunds Health & Wellbeing Forum – assistance with benefits and  
networking across Torbay with other agencies.  
YES, Brixham.  
Torbay Council – Housing Services / Housing benefit/ Devon Home Choice  
Paignton Community Larder – referrals and food parcel outpost  
Social Housing providers – ie Sanctuary Housing, Devon & Cornwall Housing,  
Westward Housing  
Leonard Stocks Homeless hostel Torbay –  
Shekinah Mission – “growing for life” gardening therapy project - signposting  
Endeavour House, Torquay – signposting for services/courses  
Counselling Colleges – Heartwood, Iron Mill, Devon Counselling College  
(Counselling students)  
Jan Finn – Counselling supervisor for CP – any other supervisors where  
appropriate  
Co Op (and other retail establishments) – collection boxes and food donations  
Torbay DIS – Disability Information Service  
Age UK – Advice plus they refer people to us for Outreach, if appropriate  
Duke of Edinburgh Award Programme – we provide volunteer work  
placements  
Energy companies – negotiating for clients  
Police/PCSOs/Social Workers/Advocates/Care Co-ordinators/Safeguarding  
Officers/Torbay Older People’s Community Mental Health Team at Chadwell -  
visitor support  
Social Prescribers, based at Local GP surgeries  
Eat That Frog – Community support, courses etc.  
Thrive – a local provision for the homeless  
Local Community Builders.  
Totnes Caring



Centrepeace  
Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2022

VINCENT & CO  
ACCOUNTANTS  
WORKING WITH YOU THINKING WITH YOU

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9 to 10
Statement of financial activities comparatives	11

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Emberson Linda Gillespie Pamela Harvey Sarah Parris - Appointed 1st April 2022
<b>Accountant</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

## Accountants' Report to the Trustees on the Unaudited Accounts of

### Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2022 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

30th June 2023

## Centrepeace

### Statement of Financial Activities for the Year Ended 31 October 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	6,044		6,044	4,603
Income from other trading activities	3	57,112		57,112	23,919
Income from investments	4	376		376	252
Charitable activities	5	-	64,245	64,245	76,921
Total incoming resources		63,531	64,245	127,776	105,695
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	73,193	68,431	141,624	96,292
Total resources expended		73,193	68,431	141,624	96,292
Net movements in funds		(9,662)	(4,186)	(13,848)	9,404
<b>Reconciliation of funds</b>					
Total funds brought forward		55,418	53,763	109,181	99,778
Total funds carried forward		45,756	49,577	95,332	109,181

## Centrepeace

### Balance Sheet as at 31 October 2022

	Note	2022		2021	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		14,001		13,126
<b>Current Assets</b>					
Debtors					
Cash at bank and in hand		82,147		96,171	
		82,147		96,171	
<b>Creditors: Amounts falling due within one year</b>					
	9	(814)		(116)	
Net current assets			81,332		96,055
<b>Net assets</b>			95,332		109,181
<b>The funds of the charity:</b>					
<b>Restricted funds</b>					
			49,577		53,763
<b>Unrestricted funds</b>					
			45,756		55,418
<b>Reserves</b>			95,332		109,181
			0		

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 30th June 2023 and signed on its behalf by:

T Emberson  
T.Emberson (Jun 30, 2023 20:26 GMT+1)  
**Teresa Emberson**

PM Harvey  
PM Harvey (Jul 2, 2023 12:57 GMT+1)  
**Pamela Harvey**

S L Parris  
S.L.Parris (Jul 1, 2023 21:40 GMT+1)  
**Sarah Parris**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2022

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any

Plant and machinery

20% reducing balance

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations income	6,044	-	6,044	6,300
	6,044	-	6,044	6,300

#### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Shop income	15,738	-	15,738	9,411
Café income	39,961	-	39,961	17,385
Room rental	174	-	174	25
Events income	1,209	-	1,209	229
Club/workshop income	-	-	-	85
Sundry income	30	-	30	16
	57,112	-	57,112	27,151

#### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Deposit interest	376	-	376	1,025
	376	-	376	1,025

#### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Big Lottery Community Fund	-	64,245	64,245	36,154
Torbay Council: Covid-19	-	-	-	10,000
Tudor Trust	-	-	-	27,000
	-	64,245	64,245	73,154

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

#### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Funds 2021
<b>Direct costs</b>				
Payroll costs	8,524	64,630	73,154	66,398
Staffing & Recruitment Costs	450	-	450	-
Catering supplies	14,721	-	14,721	6,272
Allotment expenses	62	-	62	90
Expensed equipment	996	-	996	175
Computer maintenance & software	1,736	-	1,736	366
Repairs, maintenance & renovation work	1,453	-	1,453	1,758
Rent	11,500	-	11,500	11,500
Rates	640	-	640	-
Insurance	2,245	-	2,245	2,572
Accountancy fees	854	-	854	630
Legal & professional fees	118	-	118	147
Utilities - gas, electric & water	5,376	-	5,376	4,373
Training & education	360	-	360	156
Counsellings costs	118	1,109	1,227	2,251
Shop sundries & fittings	474	-	474	-
Telephone & broadband	702	-	702	652
Office supplies	631	-	631	151
Café costs (not for resale)	966	-	966	734
Club/workshop expenses	8,297	-	8,297	105
Motor Expense	16	-	16	5
Printing, postage & stationery	107	-	107	186
Waste collection	1,080	-	1,080	-
Licences & subscriptions	400	-	400	-
Health & safety and security	399	-	399	346
Caretaking & cleaning	1,718	-	1,718	1,232
Community care	1,049	-	1,049	1,584
Volunteer expenses	3,675	-	3,675	1,754
Operational development BL Fund	913	2,692	3,605	1,669
Miscellaneous costs	84	-	84	21
Promotional/Website costs	28	-	28	320
Depreciation of tangible fixed assets	3,500	-	3,500	3,837
	<u>73,193</u>	<u>68,431</u>	<u>141,624</u>	<u>109,281</u>

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

<b>7</b>	<b>Tangible fixed assets</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	31,806	31,806
	Additions	4,375	4,375
	As at 31 October 2022	36,181	36,181
	<b>Depreciation</b>		
	Brought forwards	18,679	18,679
	Charge for the year	3,500	3,500
	As at 31 October 2022	22,180	22,180
	<b>Net book value</b>		
	As at 31 October 2022	14,001	14,001
	As at 1 November 2021	13,126	13,126
<b>8</b>	<b>Debtors</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
<b>9</b>	<b>Creditors: Amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(820)	(45)
	VAT Control	70	(32)
	Workplace pension	(64)	192
		(814)	116

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2022

	<b>Unrestricted income fund 2022 £</b>	<b>Unrestricted income fund 2021 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Donations and legacies	6,044	4,603
Income from other trading activities	57,112	23,919
Income from investments	376	252
Torbay Council Grant: Covid-19	0	14,065
Total incoming resources	63,531	42,839
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	73,193	43,629
Total resources expended	73,193	43,629
Net movements in funds	(9,662)	(791)
<b>Reconciliation of funds</b>		
Total funds brought forward	55,418	56,208
Total funds carried forward	45,756	55,418

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2022

.....continued

	<b>Restricted income fund 2022 £</b>	<b>Restricted income fund 2021 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Charitable activities	64,245	62,856
Total incoming resources	64,245	62,856
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	68,431	52,663
Total resources expended	68,431	52,663
Net movements in funds	(4,186)	10,193
<b>Reconciliation of funds</b>		
Total funds brought forward	53,763	43,570
Total funds carried forward	49,577	53,763

## Centrepeace

### Statement of financial activities comparatives for the Period Ended 31 October 2022

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2022 £</b>
<b>Incoming resources</b>			
Incoming resources from generated funds			
Donations and legacies	6,044	-	6,044
Income from other trading activities	57,112	-	57,112
Income from investments	376	-	376
Charitable activities	-	64,245	64,245
Torbay Council Grant: Covid-19	-	-	-
Total incoming resources	<u>63,531</u>	<u>64,245</u>	<u>127,776</u>
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	73,193	68,431	141,624
Total resources expended	<u>73,193</u>	<u>68,431</u>	<u>141,624</u>
Net movements in funds	(9,663)	(4,186)	(13,848)
<b>Reconciliation of funds</b>			
Total funds brought forward	55,418	53,763	109,181
Total funds carried forward	<u>45,755</u>	<u>49,577</u>	<u>95,332</u>











# 2023 06 30 - Amended Accounts CENTREPEACE

Final Audit Report

2023-07-02

Created:	2023-06-30
By:	Vincent & Co (office@vincent.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAJAUzKhijE3Mv04vSK9mfZVepGrj9hPVq

## "2023 06 30 - Amended Accounts CENTREPEACE" History


-  Document created by Vincent & Co (office@vincent.co.uk)  
2023-06-30 - 08:34:55 GMT - IP address: 195.224.101.82
-  Document emailed to terry.emberson@centrepeace.org.uk for signature  
2023-06-30 - 08:35:36 GMT
-  Email viewed by terry.emberson@centrepeace.org.uk  
2023-06-30 - 08:44:29 GMT - IP address: 46.64.158.46
-  Signer terry.emberson@centrepeace.org.uk entered name at signing as T Emberson  
2023-06-30 - 19:26:07 GMT - IP address: 46.64.158.46
-  Document e-signed by T Emberson (terry.emberson@centrepeace.org.uk)  
Signature Date: 2023-06-30 - 19:26:09 GMT - Time Source: server- IP address: 46.64.158.46
-  Document emailed to sarah.parris@talktalk.net for signature  
2023-06-30 - 19:26:11 GMT
-  Email viewed by sarah.parris@talktalk.net  
2023-07-01 - 20:38:50 GMT - IP address: 92.13.136.231
-  Signer sarah.parris@talktalk.net entered name at signing as S L Parris  
2023-07-01 - 20:40:18 GMT - IP address: 92.13.136.231
-  Document e-signed by S L Parris (sarah.parris@talktalk.net)  
Signature Date: 2023-07-01 - 20:40:20 GMT - Time Source: server- IP address: 92.13.136.231
-  Document emailed to Pam Harvey (pam@winnerhill.plus.com) for signature  
2023-07-01 - 20:40:22 GMT

 Email viewed by Pam Harvey (pam@winnerhill.plus.com)


2023-07-02 - 11:56:30 GMT- IP address: 81.141.194.123

 Signer Pam Harvey (pam@winnerhill.plus.com) entered name at signing as PM Harvey

2023-07-02 - 11:57:18 GMT- IP address: 81.141.194.123

 Document e-signed by PM Harvey (pam@winnerhill.plus.com)

Signature Date: 2023-07-02 - 11:57:20 GMT - Time Source: server- IP address: 81.141.194.123

 Agreement completed.

2023-07-02 - 11:57:20 GMT

Centrepeace  
Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2022

VINCENT & CO  
ACCOUNTANTS  
WORKING WITH YOU THINKING WITH YOU

Supported by the Lloyds Bank Foundation for England & Wales  
Charity Number 1150049

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9 to 10
Statement of financial activities comparatives	11

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Emberson Linda Gillespie Pamela Harvey Sarah Parris - Appointed 1st April 2022
<b>Accountant</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

## Accountants' Report to the Trustees on the Unaudited Accounts of

### Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2022 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

30th June 2023

## Centrepeace

### Statement of Financial Activities for the Year Ended 31 October 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	6,044		6,044	4,603
Income from other trading activities	3	57,112		57,112	23,919
Income from investments	4	376		376	252
Charitable activities	5	-	64,245	64,245	76,921
Total incoming resources		63,531	64,245	127,776	105,695
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	73,193	68,431	141,624	96,292
Total resources expended		73,193	68,431	141,624	96,292
Net movements in funds		(9,662)	(4,186)	(13,848)	9,404
<b>Reconciliation of funds</b>					
Total funds brought forward		55,418	53,763	109,181	99,778
Total funds carried forward		45,756	49,577	95,332	109,181

## Centrepeace

### Balance Sheet as at 31 October 2022

	Note	2022		2021	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		14,001		13,126
<b>Current Assets</b>					
Debtors					
Cash at bank and in hand		82,147		96,171	
		82,147		96,171	
<b>Creditors: Amounts falling due within one year</b>					
	9	(814)		(116)	
Net current assets			81,332		96,055
<b>Net assets</b>			95,332		109,181
<b>The funds of the charity:</b>					
<b>Restricted funds</b>					
			49,577		53,763
<b>Unrestricted funds</b>					
			45,756		55,418
<b>Reserves</b>			95,332		109,181
			0		

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 30th June 2023 and signed on its behalf by:

T Emberson  
T.Emberson (Jun 30, 2023 20:26 GMT+1)  
**Teresa Emberson**

PM Harvey  
PM Harvey (Jul 2, 2023 12:57 GMT+1)  
**Pamela Harvey**

S L Parris  
S.L.Parris (Jul 1, 2023 21:40 GMT+1)  
**Sarah Parris**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2022

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any

Plant and machinery

20% reducing balance

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations income	6,044	-	6,044	6,300
	6,044	-	6,044	6,300

#### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Shop income	15,738	-	15,738	9,411
Café income	39,961	-	39,961	17,385
Room rental	174	-	174	25
Events income	1,209	-	1,209	229
Club/workshop income	-	-	-	85
Sundry income	30	-	30	16
	57,112	-	57,112	27,151

#### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Deposit interest	376	-	376	1,025
	376	-	376	1,025

#### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Big Lottery Community Fund	-	64,245	64,245	36,154
Torbay Council: Covid-19	-	-	-	10,000
Tudor Trust	-	-	-	27,000
	-	64,245	64,245	73,154

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

#### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Funds 2021
<b>Direct costs</b>				
Payroll costs	8,524	64,630	73,154	66,398
Staffing & Recruitment Costs	450	-	450	-
Catering supplies	14,721	-	14,721	6,272
Allotment expenses	62	-	62	90
Expensed equipment	996	-	996	175
Computer maintenance & software	1,736	-	1,736	366
Repairs, maintenance & renovation work	1,453	-	1,453	1,758
Rent	11,500	-	11,500	11,500
Rates	640	-	640	-
Insurance	2,245	-	2,245	2,572
Accountancy fees	854	-	854	630
Legal & professional fees	118	-	118	147
Utilities - gas, electric & water	5,376	-	5,376	4,373
Training & education	360	-	360	156
Counsellings costs	118	1,109	1,227	2,251
Shop sundries & fittings	474	-	474	-
Telephone & broadband	702	-	702	652
Office supplies	631	-	631	151
Café costs (not for resale)	966	-	966	734
Club/workshop expenses	8,297	-	8,297	105
Motor Expense	16	-	16	5
Printing, postage & stationery	107	-	107	186
Waste collection	1,080	-	1,080	-
Licences & subscriptions	400	-	400	-
Health & safety and security	399	-	399	346
Caretaking & cleaning	1,718	-	1,718	1,232
Community care	1,049	-	1,049	1,584
Volunteer expenses	3,675	-	3,675	1,754
Operational development BL Fund	913	2,692	3,605	1,669
Miscellaneous costs	84	-	84	21
Promotional/Website costs	28	-	28	320
Depreciation of tangible fixed assets	3,500	-	3,500	3,837
	<u>73,193</u>	<u>68,431</u>	<u>141,624</u>	<u>109,281</u>

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2022

.....continued

<b>7</b>	<b>Tangible fixed assets</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	31,806	31,806
	Additions	4,375	4,375
	As at 31 October 2022	36,181	36,181
	<b>Depreciation</b>		
	Brought forwards	18,679	18,679
	Charge for the year	3,500	3,500
	As at 31 October 2022	22,180	22,180
	<b>Net book value</b>		
	As at 31 October 2022	14,001	14,001
	As at 1 November 2021	13,126	13,126
<b>8</b>	<b>Debtors</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
<b>9</b>	<b>Creditors: Amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(820)	(45)
	VAT Control	70	(32)
	Workplace pension	(64)	192
		(814)	116

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2022

	<b>Unrestricted income fund 2022 £</b>	<b>Unrestricted income fund 2021 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Donations and legacies	6,044	4,603
Income from other trading activities	57,112	23,919
Income from investments	376	252
Torbay Council Grant: Covid-19	0	14,065
Total incoming resources	63,531	42,839
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	73,193	43,629
Total resources expended	73,193	43,629
Net movements in funds	(9,662)	(791)
<b>Reconciliation of funds</b>		
Total funds brought forward	55,418	56,208
Total funds carried forward	45,756	55,418

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2022

.....continued

	<b>Restricted income fund 2022 £</b>	<b>Restricted income fund 2021 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Charitable activities	64,245	62,856
Total incoming resources	<u>64,245</u>	<u>62,856</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	68,431	52,663
Total resources expended	<u>68,431</u>	<u>52,663</u>
Net movements in funds	(4,186)	10,193
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>53,763</u>	<u>43,570</u>
Total funds carried forward	<u><u>49,577</u></u>	<u><u>53,763</u></u>

## Centrepeace

### Statement of financial activities comparatives for the Period Ended 31 October 2022

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>			
Incoming resources from generated funds			
Donations and legacies	6,044	-	6,044
Income from other trading activities	57,112	-	57,112
Income from investments	376	-	376
Charitable activities	-	64,245	64,245
Torbay Council Grant: Covid-19	-	-	-
Total incoming resources	63,531	64,245	127,776
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	73,193	68,431	141,624
Total resources expended	73,193	68,431	141,624
Net movements in funds	(9,663)	(4,186)	(13,848)
<b>Reconciliation of funds</b>			
Total funds brought forward	55,418	53,763	109,181
Total funds carried forward	45,755	49,577	95,332











# 2023 06 30 - Amended Accounts CENTREPEACE

Final Audit Report

2023-07-02

Created:	2023-06-30
By:	Vincent & Co (office@vincent.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAJAUzKhijE3Mv04vSK9mfZVepGrj9hPVq

## "2023 06 30 - Amended Accounts CENTREPEACE" History


-  Document created by Vincent & Co (office@vincent.co.uk)  
2023-06-30 - 08:34:55 GMT - IP address: 195.224.101.82
-  Document emailed to terry.emberson@centrepeace.org.uk for signature  
2023-06-30 - 08:35:36 GMT
-  Email viewed by terry.emberson@centrepeace.org.uk  
2023-06-30 - 08:44:29 GMT - IP address: 46.64.158.46
-  Signer terry.emberson@centrepeace.org.uk entered name at signing as T Emberson  
2023-06-30 - 19:26:07 GMT - IP address: 46.64.158.46
-  Document e-signed by T Emberson (terry.emberson@centrepeace.org.uk)  
Signature Date: 2023-06-30 - 19:26:09 GMT - Time Source: server- IP address: 46.64.158.46
-  Document emailed to sarah.parris@talktalk.net for signature  
2023-06-30 - 19:26:11 GMT
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2023-07-01 - 20:38:50 GMT - IP address: 92.13.136.231
-  Signer sarah.parris@talktalk.net entered name at signing as S L Parris  
2023-07-01 - 20:40:18 GMT - IP address: 92.13.136.231
-  Document e-signed by S L Parris (sarah.parris@talktalk.net)  
Signature Date: 2023-07-01 - 20:40:20 GMT - Time Source: server- IP address: 92.13.136.231
-  Document emailed to Pam Harvey (pam@winnerhill.plus.com) for signature  
2023-07-01 - 20:40:22 GMT

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2023-07-02 - 11:56:30 GMT- IP address: 81.141.194.123

 Signer Pam Harvey (pam@winnerhill.plus.com) entered name at signing as PM Harvey

2023-07-02 - 11:57:18 GMT- IP address: 81.141.194.123

 Document e-signed by PM Harvey (pam@winnerhill.plus.com)

Signature Date: 2023-07-02 - 11:57:20 GMT - Time Source: server- IP address: 81.141.194.123

 Agreement completed.

2023-07-02 - 11:57:20 GMT

**CENTREPEACE**

England & Wales - Charity number 1150049

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# Accounts

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## **Trustees' Report for the Year Ended 31<sup>st</sup> October 2021**

Charity Registration Number: 1150049 (registered on 5<sup>th</sup> December 2012)  
Company Registration Number: 8215824 (registered on 14<sup>th</sup> September 2012)

Registered Office (and operational address): 56 Palace Avenue, Paignton, Devon, TQ3 3HF

### **Directors/Trustees as at 31<sup>st</sup> October 2021:**

Lisa Emberson (re-appointed 15<sup>th</sup> June 2021)  
Denice Vandenberg (re-appointed 17<sup>th</sup> June 2020)  
Teresa Emberson (re-appointed 15<sup>th</sup> June 2021)  
Linda Gillespie (re-appointed 17<sup>th</sup> June 2020)  
Pamela Harvey (appointed 24<sup>th</sup> February 2020)

### **Management Team as at 31<sup>st</sup> October 2021:**

Sarah Parris	Centre Manager
Teresa Emberson	Treasurer
Denice Vandenberg	Trustee and Safeguarding Officer
Jane Mason	Counselling Co-Ordinator
Linda Gillespie	Office Administration Assistant
Maya King	Volunteer/Wellbeing Co-Ordinator

## **ORGANISATION STRUCTURE**

**CentrePeace is a Charitable Company Limited by Guarantee.** The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

**The directors of the company are also charity trustees, under charity law.** They work closely with the management team, who liaise on a regular and ongoing basis with the shop and café volunteers. The ethos of CentrePeace is one of inclusion and equality and so they very much work together to make decisions affecting the charity, always considering and encouraging input from the volunteer staff and local community – by way of chatting whilst visiting shop or cafe, a suggestion box, monitoring forms and ‘open house’ events. This informal approach, we have found, helps us to process feedback effectively, implement decisions quickly and keep in touch with the needs of the community.

**Staff: There are currently four salaried positions, three of which are funded by the Big Lottery:** The Centre Manager, the Volunteer/Wellbeing Co-Ordinator, the Counselling Co-Ordinator and the Assistant Café Co-Ordinator. With the Assistant Café Co-Ordinator being on long term sick leave, the Centre Manager has, once again, filled in and, with the help of our volunteers, is not only keeping the café open but has re-established it, since the lifting of covid restrictions, to at least its former level of service! The Assistant Café Co-Ordinator role is not funded, but paid out of earned income.

The other members of the Management Team give their time voluntarily and receive no benefits from the charity.

**CentrePeace is an entirely volunteer based, community driven, people centred initiative.** It is a well-established drop-in, community support centre, with its own charity shop and café, that promotes community cohesion and wellbeing through connecting people, whatever their age or socio-economic background, with services, resources and social networks in their own community. CentrePeace offers a range of free in-house services, from counselling and support groups to skills workshops and employability support. We provide a comfortable, safe space where people feel valued and welcome and are able to find help that they might need, either from our own resources or with our assistance.

It was a challenging start to our financial year, with the second covid lockdown imminent. Our Centre Manager, Sarah, strived to meticulously follow the often changed rules and guidelines applicable to the centre, as set out by the government and partially opened or served takeaways whenever it was allowed. During the November lockdown, free hot lunches (about 30 a day) were provided for anyone struggling. They were served from the door, as a takeaway and people would often stay around for a (socially distanced) chat as they were so pleased to have someone to talk to.

It was a huge relief when we could re-open fully in May and set about re-establishing ourselves as a community hub. We had thought it would take some time but, in fact, we were back to pre covid levels of visitors and customers in the café within two weeks! The date coincided with our eighth anniversary and so we had a bit of a celebration and a 'Grand Re-opening'. A potted sunflower, that we had grown from seed, was given to each visitor and, in each pot, was also a heart shaped decoration with a positive affirmation.

Our Wellbeing Co-Ordinator, Maya, who joined us just before restrictions were fully lifted, was delighted to be able to plan workshops and events and we joined in the 'Global Feast for Peace' which was held on World Peace Day, 21<sup>st</sup> September. Food and beverages were given, freely, to all who came to the Centre that day.

**Some free support groups/workshops provided this year have been:**

- 'Textile Tuesdays', where a well known local textile artist leads a class for 'rag rugging' and aims to do other textile related craft in the future.
- Music Workshop, with two local musicians, which is also very popular. There is singing guitar, keyboard and ukulele lessons. The aim is to play at any events that CentrePeace puts on, where possible.
- 'Creative Journeys' provided relaxing and inspiring sessions to spark creativity and wellbeing through nature connection.
- Weekly Art for Therapy group
- Weekly Crochet & Knitting sessions
- Weekly Craft sessions
- Weekly Colour and Chat Group (music and various art materials supplied)
- Ongoing IT support

Our 'Natural Healing Therapy' was able to resume and we also hosted two NHS 'Hope' programmes which encourage a positive approach to looking after one's own wellbeing.

In addition, we held a 'Day of Positivity' with communal singing, which everyone thoroughly enjoyed. The music was provided by some members of the Music Group and customers joined in, as and when they liked!

All our craft groups and other friendship groups provide mutual support. Many people find comfort just by being listened to in a friendly, attentive, non-judgemental way.

As well as creating income for the charity, both the **shop and cafe continue to provide a comfortable, welcoming and inclusive 'first stop' for anyone needing assistance.** The café is a real community hub where people meet up with friends, form new friendships and have a safe space to be. We have many people who come in almost every day and some every day, to take advantage of our low cost, nutritious meals. We find that some of our visitors form friendships and bonds that enable them to support each other outside the centre, for example to accompany each other to appointments and meetings.

We do not restrict our care to any particular sections of society but welcome all members of the community, whatever their demographic, personal situation or needs. Whereas we cannot always meet the ongoing professional needs of some of our visitors, we can always offer help in times of crisis and support them while we assist in finding the appropriate help by signposting to suitable agencies. We have provided crisis food packages and free clothes to those in need, as well as formal counselling and general support. Many people have come in simply needing help with filling in forms or making phone calls.

Since being able to re-open, we are getting many new visitors requesting specific help, as well as visiting simply for the café, shop, craft groups and other workshops.

## **COUNSELLING SERVICE**

**Our counselling service had to be closed during lockdown** but has ebbed and flowed since, depending on government restrictions. At all times when face to face consultations were not possible, phone consultations were offered by the counselling co-ordinator, Jane Mason, where appropriate. When face to face consultations were allowed, our main, large room was used to enable counsellor and client to maintain a safe distance. This was continued for a while after the lifting of restrictions, but the sessions are now conducted in our counselling rooms again, which allows more clients to be seen.

Jane line manages all the counsellors, liaising with the counselling colleges and independently appointed supervisors for individual and group support. Jane kept in touch with counsellors and clients throughout lockdown and is relieved to have been able to open up the service again.

Several students from the local counselling colleges have approached us again, for placements, as our Counselling Service remains well known as a good place to train, with safe and robust practices in place.

## **VOLUNTEERS**

**Our volunteers** are an essential, much respected and appreciated part of our charity, having between them an extensive skill base and resource pool that greatly enhances our ability to help our visitors. Some have physical conditions, mental health challenges and learning difficulties, but all are encouraged to - and are proud to - work to their potential. We have a comprehensive support structure to meet the needs of our volunteer staff, ranging from one to one mentoring to freely available counselling.

About 40% of our volunteers, having been in the vulnerable category with regard to covid, have chosen not to return as they are still concerned about being in an enclosed space with other people. We fully accept and respect this, of course and our Volunteer/Wellbeing Co-Ordinator, Maya is working hard to bring new volunteers onboard. It still remains a challenge to keep the centre open and running but we have only lost two days to lack of staff. The Centre Manager has been brilliant in stepping in wherever necessary and, though only having joined us in June, Maya has also been willing to work in various areas, to keep the centre open. The volunteers still with us have been absolutely brilliant. Their commitment and love for CentrePeace has seen them putting in extra hours and a lot of work to keep the place open for their community.

All volunteers are encouraged to take an active role in the development of the centre and all say that their sense of purpose and self-esteem have improved since joining the CentrePeace 'family'.

## **CHANGES/IMPROVEMENTS THIS YEAR**

- A new Wellbeing/Volunteer Co-Ordinator, Maya King, has joined CentrePeace. She has settled in remarkably well and is a real asset to the team.
- Lockdown lifted! From May, we have been able to resume our connection with our local community.
- Whilst closed, Sarah, our Centre Manager, took advantage of the centre being empty and deep cleaned and redecorated the whole of the ground floor. In addition, our 5 year electrical safety check was carried out so that everything was in good order when we re-opened.
- The trustees were very sad to receive Sarah's notice of resignation as Centre Manager, but respect her reasons and wishes for doing so. Year after year, since soon after we opened, she has given above and beyond what was called for in her role and given many, many volunteer hours, on top of her paid ones, to keep CentrePeace not only open, but thriving. Her hard work, compassion, attention to detail and wonderful rapport with the volunteers have created a safe space with a friendly atmosphere that many comment on when they visit. We will miss her greatly but, in true form, she has given us a very long notice period, which she is prepared to extend if necessary, while we search for a suitable replacement.

## **COMPLIANCE**

We are fully compliant with GDPR and Sarah, the Centre Manager reviews our policies on a regular basis.

Sarah keeps her food safety and first aid certificates up-to-date, also ensuring that volunteers and staff have access to relevant courses for their work.

## **FUNDING & SUSTAINABILITY**

We are pleased to be able to report that, thanks to the income from shop and café quickly returning to pre covid levels, we are still successfully meeting our day to day running costs. We also received a grant from Torbay Council and still receive regular donations from some members of the local community.

## **RESERVES POLICY**

Currently, we hold six months average expenditure as a contingency fund. We do not have any outstanding loans.

## **CURRENT SERVICES**

**Community Café:** Warm, safe and friendly atmosphere providing affordable, nutritious food.

**Charity Shop:** selling quality clothes and other items at real, affordable charity shop prices.

**Counselling Service:** A robust, professionally run, free counselling provision which is being built up again since closing during the pandemic. As we are able to use our smaller rooms again, more clients are being taken on.

**Food Parcels:** a back up service for Paignton Community Food Larder; we hold some of their food parcels at the centre, which people in need can collect when the food bank is closed. We allocated weekly funds to shop for the food larder, when they were short of particular items. We also, once again, provided over 60 **Christmas Hampers** to local families (including a gift for each family member), identified by local primary schools as having additional needs.

**Health and Wellbeing:** People are able to come and talk problems through with a friend or member of staff, now that the café is open again.

**Signposting:** A comprehensive resource list of local services and provisions is available to our visitors.

## **SAFEGUARDING AND RISK MANAGEMENT**

The focus for much of the year was, once again, complying with government guidelines in respect of the covid pandemic. Sarah, our Centre Manager, was careful to follow all reports and updates closely in order to make sure that guidelines were met and rules followed. It has been a huge relief to be able to open our doors fully again, but risk assessments are still carried out regularly, according to the government's template.

The Counselling Co-Ordinator, Jane, has spent a great deal of time ensuring that counsellors and visitors are kept safe and protected during visits to the centre, following all advised protocols

Our safeguarding procedures are robust, real and regularly reviewed. We have 2 external safeguarding consultants we can call upon to attending meetings, offer professional advice and guidance over issues as they arise and support us through difficult situations.

One of our management team is a qualified, experienced counsellor and all have experience in giving support to vulnerable people.

In order to best support volunteers at risk, a member of staff will act as personal mentor to guide that individual through a difficult time and ensure they are heard, receive the help they need and are signposted to the right services. One of our trustees, Denice Vandenberg, is our safeguarding officer, supported by our charity chair. The board of trustees remain actively involved at the centre; some on an almost daily basis, others less frequently,

however all are available to help address sensitive issues as they arise and support one another through to a resolution.

## **FUTURE PLANS**

Our ethos remains that we should always be community driven and practical experience gives us awareness of what people in our locality need. Because we do not limit our help to any one demographic, our future plans are of a broad nature and are separated into two strands: securing the sustainability of the building and maintaining and extending our range of services.

**Staff** - As mentioned above, our long time Centre Manager is leaving and so we will be looking for a suitable replacement.

**Building** - The sustainability of the building is secured by continuing to work hard to maintain and improve income from wherever possible, to pay the rent and other overheads. We are very fortunate to have a qualified electrician and other skills within our volunteer force.

**Volunteers** - A lot of our volunteers have returned and we will continue to develop a comprehensive support structure to meet the needs of our volunteer staff. We will continue to make their 'career' and achievements at CentrePeace documented more formally, through each volunteer having a folder, containing any certificates gained and progress made, as well as their own thoughts and feedback.

We are arranging more social events, for volunteers and visitors, to encourage social interaction. We also aim to organise more regular volunteer team building activities and training opportunities (both formal and informal).

**Counsellors:** We continue to support their professional development as much as possible. Our relationship with the regional counselling colleges is strong which augurs well for the growth of our counselling service.

**Health and Nutrition:** When possible, we will continue our plans to increase provision of various cooking workshops.

**Wellbeing:** We intend to further our wellbeing provision through facilitating more mindfulness and other groups and by organising regular social events to encourage social interaction.

**Employability:** To continue various workshops, Training in First Aid, Health and Safety at Work, and Food Safety and Hygiene. Also, Listening Skills; ITC skills and the provision of a computer suite; hosting various groups and therapists.

**Fundraising** - We will be looking to further events as soon as the situation allows.

**In preparing this report, the trustees confirm that they have given due regard to the Charity Commission's public benefit guidance, where relevant.**

**Organisations with whom CentrePeace works and networks**

Torbay and South Devon Health Care Trust – Social Services, Safeguarding  
Devon Partnership Trust – Mental Health Services, Care coordinators,  
Depression & Anxiety Service  
Shrublands Drug & Alcohol services / Torbay Drug and Alcohol Service / TRIP  
(Torbay Recovery Information Project) – signposting and 1:1 meetings  
DWP – Benefits including PIP & ESA claims  
Alcoholics Anonymous – informal gatherings  
Torbay Community Development Trust (TCDT) - Community Builders &  
Positive People – signposting and connecting  
'Imagine Torbay' - Job club / advice / ESOL classes  
Torbay Advice Network (TAN) Assistance with benefit claims  
"What's your Problem" (Angie Manning) legal advice and assistance  
St Edmunds Health & Wellbeing Forum – assistance with benefits and  
networking across Torbay with other agencies – bi monthly meeting  
Torbay Council – Housing Services / Housing benefit/ Devon Home Choice  
Paignton Community Larder – referrals and food parcel outpost  
Social Housing providers – ie Sanctuary Housing, Devon & Cornwall Housing,  
Westward Housing  
Leonard Stocks Homeless hostel Torbay –  
Shekinah Mission – "growing for life" gardening therapy project - signposting  
Endeavour House, Torquay – signposting for services/courses  
Counselling Colleges – Heartwood, Iron Mill, Devon Counselling College  
(Counselling students)  
Jan Finn – Counselling supervisor for CP – any other supervisors where  
appropriate  
Co Op (and other retail establishments) – collection boxes  
Torbay DIS – Disability Information Service  
Age UK – Advice plus they refer people to us for Outreach, if appropriate  
Duke of Edinburgh Award Programme – we provide volunteer work  
placements  
Energy companies – negotiating for clients  
Police/PCSOs/Social Workers/Advocates/Care Co-ordinators/Safeguarding  
Officers/Torbay Older People's Community Mental Health Team at Chadwell -  
visitor support  
Social Prescribers, based at Local GP surgeries  
Eat That Frog – Community support, courses etc.  
Thrive – a local provision for the homeless



Vincent & Co Accountants  
Certified Public Accountants  
37 Shiphay Lane  
Torquay  
TQ2 7DU

**Centrepeace**  
Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2021

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9 to 10
Statement of financial activities comparatives	11

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Lisa Emberson Linda Gillespie Pamela Harvey Denice Vandenberg - Resigned 05/01/2022
<b>Accountant</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

## Accountants' Report to the Trustees on the Unaudited Accounts of

### Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2021 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

28th July 2022

## Centrepeace

### Statement of Financial Activities for the Year Ended 31 October 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	4,603		4,603	6,300
Income from other trading activities	3	23,919		23,919	27,151
Income from investments	4	252		252	1,025
Charitable activities	5	14,065	62,856	76,921	73,154
Total incoming resources		<u>42,839</u>	<u>62,856</u>	<u>105,695</u>	<u>107,630</u>
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	43,629	52,663	96,292	109,281
Total resources expended		<u>43,629</u>	<u>52,663</u>	<u>96,292</u>	<u>109,281</u>
Net movements in funds		(790)	10,193	9,404	(1,651)
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>56,208</u>	<u>43,570</u>	<u>99,778</u>	<u>101,429</u>
Total funds carried forward		<u>55,418</u>	<u>53,763</u>	<u>109,181</u>	<u>99,778</u>

## Centrepeace

### Balance Sheet as at 31 October 2021

	Note	2021		2020	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible assets	7		13,126		15,348
<b>Current Assets</b>					
Debtors					
Cash at bank and in hand		96,171		84,475	
		<u>96,171</u>		<u>84,475</u>	
<b>Creditors: Amounts falling due within one year</b>					
	9	<u>(116)</u>		<u>(45)</u>	
Net current assets			<u>96,055</u>		<u>84,430</u>
<b>Net assets</b>			<u><u>109,181</u></u>		<u><u>99,778</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>					
			53,763		43,570
<b>Unrestricted funds</b>					
			<u>55,418</u>		<u>56,208</u>
<b>Reserves</b>			<u><u>109,181</u></u>		<u><u>99,778</u></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 28th July 2022 and signed on its behalf by:

.....  
**Teresa Emberson**

.....  
**Pam Harvey**

.....  
**Lisa Emberson**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2021

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any

Plant and machinery	20% reducing balance
---------------------	----------------------

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2021

.....continued

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Donations income	4,603		4,603	6,300
	4,603	-	4,603	6,300

#### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Shop income	4,547	-	4,547	9,411
Café income	19,133	-	19,133	17,385
Room rental	-	-	-	25
Events income	149	-	149	229
Club/workshop income	-	-	-	85
Sundry income	90	-	90	16
	23,919	-	23,919	27,151

#### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Deposit interest	252	-	252	1,025
	252	-	252	1,025

#### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Big Lottery Community Fund	-	62,856	62,856	36,154
Henry Smith	-	-	-	-
People's Health Trust - Outreach	-	-	-	-
Torbay Council: Covid-19	14,065	-	14,065	10,000
Tudor Trust	-	-	-	27,000
	14,065	62,856	76,921	73,154

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2021

.....continued

#### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Funds 2020
<b>Direct costs</b>				
Payroll costs	5,448	49,536	54,984	66,398
Catering supplies	6,122		6,122	6,272
Allotment expenses	90		90	90
Expensed equipment			-	175
Computer maintenance & software	104	444	548	366
Repairs, maintenance & renovation work	1,412		1,412	1,758
Rent	11,500		11,500	11,500
Rates	327		327	-
Insurance	2,244		2,244	2,572
Accountancy fees	919		919	630
Legal & professional fees	108		108	147
Utilities - gas, electric & water	3,952		3,952	4,373
Training & education	62	110	172	156
Counsellings costs		1,151	1,151	2,251
Shop sundries & fittings			-	-
Telephone & broadband	674		674	652
Office supplies	132		132	151
Café costs (not for resale)	434		434	734
Club/workshop expenses	1,290	100	1,390	105
Motor Expense			-	5
Printing, postage & stationery	152		152	186
Waste collection	660		660	-
Licences & subscriptions	291		291	-
Health & safety and security	381		381	346
Caretaking & cleaning	76		76	1,232
Community care	1,259		1,259	1,584
Volunteer expenses	1,413		1,413	1,754
Operational development BL Fund	1,274	1,322	2,596	1,669
Miscellaneous costs	25		25	21
Promotional/Website costs			-	320
Depreciation of tangible fixed assets	3,282		3,282	3,837
	<u>43,629</u>	<u>52,663</u>	<u>96,292</u>	<u>109,281</u>

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2021

.....continued

<b>7</b>	<b>Tangible fixed assets</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	30,746	30,746
	Additions	1,060	1,060
	As at 31 October 2021	31,806	31,806
	<b>Depreciation</b>		
	Brought forwards	15,398	15,398
	Charge for the year	3,282	3,282
	As at 31 October 2021	18,680	18,680
	<b>Net book value</b>		
	As at 31 October 2021	13,126	13,126
	As at 1 November 2020	15,348	15,348
<b>8</b>	<b>Debtors</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
<b>9</b>	<b>Creditors: Amounts falling due within one year</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(45)	(116)
	VAT Control	(32)	(32)
	Workplace pension	192	192
		116	45

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2021

	Unrestricted income fund 2021 £	Unrestricted income fund 2020 £
<b>Incoming resources</b>		
Incoming resources from generated funds		
Donations and legacies	4,603	6,300
Income from other trading activities	23,919	27,151
Income from investments	252	1,025
Torbay Council Grant: Covid-19	14,065	10,000
Total incoming resources	<u>42,839</u>	<u>44,476</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	<u>43,629</u>	<u>40,581</u>
Total resources expended	<u>43,629</u>	<u>40,581</u>
Net movements in funds	(790)	3,894
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>56,208</u>	<u>52,314</u>
Total funds carried forward	<u>55,418</u>	<u>56,208</u>

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2021

.....continued

	<b>Restricted income fund 2021 £</b>	<b>Restricted income fund 2020 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Charitable activities	<u>62,856</u>	<u>63,154</u>
Total incoming resources	<u>62,856</u>	<u>63,154</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	<u>52,663</u>	<u>68,699</u>
Total resources expended	<u>52,663</u>	<u>68,699</u>
Net movements in funds	10,193	(5,545)
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>43,570</u>	<u>49,115</u>
Total funds carried forward	<u><u>53,763</u></u>	<u><u>43,570</u></u>

## Centrepeace

### Statement of financial activities comparatives for the Period Ended 31 October 2021

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2020 £</b>
<b>Incoming resources</b>			
Incoming resources from generated funds			
Donations and legacies	6,300		6,300
Income from other trading activities	27,151		27,151
Income from investments	1,025		1,025
Charitable activities		63,154	63,154
Torbay Council Grant: Covid-19	10,000		10,000
Total incoming resources	<u>44,476</u>	<u>63,154</u>	<u>107,630</u>
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	40,581	68,699	109,281
Total resources expended	<u>40,581</u>	<u>68,699</u>	<u>109,281</u>
Net movements in funds	3,894	(5,545)	(1,651)
<b>Reconciliation of funds</b>			
Total funds brought forward	52,314	49,115	101,429
Total funds carried forward	<u>56,208</u>	<u>43,570</u>	<u>99,778</u>

**Accountants' Report to the Trustees on the Unaudited Accounts of**

**Centrepeace**

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2021 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

22nd July 2022

**CENTREPEACE**

England & Wales - Charity number 1150049

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# Accounts

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## Trustees' Report for the Year Ended 31<sup>st</sup> October 2020

Charity Registration Number: 1150049 (registered on 5<sup>th</sup> December 2012)

Company Registration Number: 8215824 (registered on 14<sup>th</sup> September 2012)

Registered Office (and operational address): 56 Palace Avenue, Paignton, Devon, TQ3 3HF

### Directors/Trustees as at 31<sup>st</sup> October 2020:

Lisa Emberson (re-appointed 21<sup>st</sup> March 2018)

Denice Vandenberg (re-appointed 17<sup>th</sup> June 2020)

Teresa Emberson (re-appointed 25<sup>th</sup> March 2019)

Linda Gillespie (re-appointed 17<sup>th</sup> June 2020)

Pamela Harvey (appointed 24<sup>th</sup> February 2020)

### Management Team as at 31<sup>st</sup> October 2020:

Sarah Parris Centre Manager

Teresa Emberson Treasurer

Denice Vandenberg Trustee and Safeguarding Officer

Jane Mason Counselling Co-Ordinator

Linda Gillespie Office Systems Administrator

## ORGANISATION STRUCTURE

**CentrePeace is a Charitable Company Limited by Guarantee.** The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**The directors of the company are also charity trustees, under charity law.** They work closely with the management team, who liaise on a regular and ongoing basis with the shop and café volunteers. The ethos of CentrePeace is one of inclusion and equality and so they very much work together to make decisions affecting the charity, always considering input from the volunteer staff. The local community are also actively encouraged to voice their opinions on any aspect of the running of the centre – by way of chatting whilst visiting shop or cafe, a suggestion box, monitoring forms and 'open house' events. This informal approach, we have found, helps us to process feedback effectively, implement decisions quickly and keep in touch with the needs of the community.

**Staff: There are currently four salaried positions, three of which are funded by the Big Lottery.** The post of Volunteer and Wellbeing Co-Ordinator is vacant at present, due to Angela

Neil resigning in February 2020 and Julie Bose in September 2020 (both due to changes in life circumstances). Because of the covid situation and the centre being unable to operate as normal, the work has not been available to warrant appointing a new employee to the post but we will do so as soon as the situation allows. The other paid members of staff are the Centre Manager, the Counselling Co-Ordinator and the Assistant Café Co-Ordinator. The other members of the Management Team give their time voluntarily and receive no benefits from the charity.

**CentrePeace is an entirely volunteer based, community driven, people centred initiative.** It is a well-established, drop-in community support centre, with its own charity shop and café that promotes community cohesion and wellbeing through connecting people, whatever their age or socio-economic background, with services, resources and social networks in their own community. CentrePeace offers a range of free in-house services, from counselling and support groups to skills workshops and employability support. We provide a comfortable, safe space where people feel valued and welcome and are able to find help that they might need, either from our own resources or with our assistance.

It has been sad not to have been able to provide for the community in our usual way since March, **due to the covid pandemic** and the associated lockdown and restrictions. However, we have done as much as we can, whilst following government guidelines, to remain a focus for the community. Following the initial strict lockdown, during which time the Centre Manager maintained weekly phone contact with volunteers and customers (having the CentrePeace phone diverted to her mobile so that she could pick up calls), online employability workshops were delivered and staff encouraged volunteers to join the CentrePeace Whatsapp group so that they could stay in touch and support each other. The café was opened, on a takeaway basis, when possible and a 'pop up' table was put outside twice a week to sell donations. The volunteers appreciated being able to make a contribution in this way, to support the centre and bring in some extra income. Despite not being able to fully open, many customers have said that walking to the centre and having a chat was the highlight of their day.

During lockdown, CentrePeace supported the local foodbank by donating foodstuffs. Sarah, the Centre Manager, also volunteered to deliver prescriptions during lockdown and, at the same time, was able to promote CentrePeace through leaflets and let people know that they could phone if they needed to.

Aln May 2020 CentrePeace had been open to the public for seven years. This year, sadly, we were unable to celebrate with visitors and volunteers as we usually do, because of lockdown but before lockdown, we continued to network and/or collaborate with other facilitators, providers and advisors in the area, in order to provide the best service we can for our visitors. We continue to do so as the situation allows.

A list of the organisations that CentrePeace has worked/networked with is appended to this report.

As well as creating income for the charity, both the **shop and cafe provided a comfortable, welcoming and inclusive 'first stop' for anyone needing assistance.** We hope that it won't be too long before we can do so again but, in the meantime, as mentioned above, we do what we can within government guidelines. We do not restrict our care to any particular sections of society but welcome all members of the community, whatever their demographic, personal situation or needs. Whereas we cannot always meet the ongoing professional needs of some of our visitors, we can always offer help in times of crisis and support them while we assist in finding the appropriate help by signposting to suitable agencies. We have provided crisis food packages and free clothes to those in need, as well as formal counselling and general support. Many people have come in simply needing help with filling in forms or making phone calls. We find that some of our visitors form friendships and bonds that enable them to support each other outside the centre, for example to accompany to appointments and meetings.

### **BENEFICIARIES**

Before the lockdown we were still getting many new visitors requesting specific help, as well as visiting simply for the café, shop or craft groups for drop-in.

Our Natural Healing provision has had to be postponed for the time being but the team includes 8 volunteer trainee healers and 7 volunteer qualified healers who are happy to return, once the covid restrictions have been lifted. Over 190 beneficiaries have been reached, so far.

Naturally, because of the pandemic situation and lockdown commencing in the middle of March, the number of beneficiaries has dropped considerably this year.

### **COUNSELLING SERVICE**

**Our counselling service had to be closed during lockdown** but re-opened a reduced service, with the necessary precautions and protection in August. Counsellors and clients were given the option of providing/using the service if they felt comfortable, with six counsellors choosing to do so, seeing eighteen clients between them.

Our counselling co-ordinator, Jane, line manages all the counsellors, liaising with the counselling colleges and independently appointed supervisors for individual and group support. Jane continued to keep in touch with counsellors and clients throughout lockdown.

### **VOLUNTEERS**

**Our volunteers** are an essential, much respected and appreciated part of our charity, having between them an extensive skill base and resource pool that greatly enhances our ability to help. Some have physical conditions, mental health challenges and learning difficulties, but all are encouraged to – and are proud to - work to their potential. We have a comprehensive support structure to meet the needs of our volunteer staff, ranging from one to one mentoring to freely available counselling. In 'normal' times, we are able to provide placements to some volunteers who, otherwise, find it difficult to obtain work experience, for example those with mental health problems and learning disabilities.

All volunteers are encouraged to take an active role in the development of the centre and all say that their sense of purpose and self-esteem have improved since joining the CentrePeace 'family'. Our regular volunteers have been saying how much they miss being able to come into the centre and, whenever restrictions have lifted sufficiently, have come in to sell items from the forecourt when the café has been open for takeaway, providing much appreciated income.

Most of our existing volunteers have indicated that they would like to return when possible. The majority work in the shop which has not yet been able to re-open due to needing the space to be able to move the café tables to the required distance apart when we re-opened on 28<sup>th</sup> September.

## **SUPPORT GROUPS**

**Before the lockdown, support groups of various kinds** developed as the need arose, e.g. our 'Art for Relaxation' group that provides the space and materials for those who find art to be a way of finding calm and peace. Craft groups and other friendship groups provided mutual support. Many people find comfort just by being listened to in a friendly, attentive, non-judgemental way. We expect all these activities to resume when restrictions have lifted sufficiently.

Regular, free groups that have met include

- Craft sessions, twice weekly
- Employability session, weekly – run by SHEKINAH
- IT support session, weekly
- Crochet & Knitting sessions, twice weekly
- Natural Healing sessions, twice weekly
- Art for Therapy group, weekly
- ESOL (English as a Second Language), twice weekly – run by IMAGINE
- Chakra workshops, fortnightly
- Allotment work

## **CHANGES/IMPROVEMENTS THIS YEAR**

- A new trustee, Pamela Harvey, has joined CentrePeace
- Lockdown! Our services were changed to follow government measures.
- We obtained a new fridge/ freezer, donated to replace the one that broke during lockdown.

## **COMPLIANCE**

We are fully compliant with GDPR and Sarah, the Centre Manager reviews our policies on a regular basis.

Sarah keeps her food safety and first aid certificates up-to-date, also ensuring that volunteers have access to relevant courses for their work.

## **FUNDING & SUSTAINABILITY**

We are pleased to be able to report that, thanks to the income from when we are able to open the café and also a grant from Torbay Council, we are still successfully meeting our day to day running costs. Even though we have not been able to hold any fundraising events, we still receive regular donations from some members of the local community.

## **RESERVES POLICY**

Currently, we hold six months average expenditure as a contingency fund.

We do not have any outstanding loans.

## **CURRENT SERVICES**

**Community Café:** Warm, safe and friendly atmosphere providing affordable, nutritious food. The tables have been re-positioned to conform to government guidelines.

**Counselling Service:** A robust, professionally run, free counselling provision with waiting list kept to a minimum. The smaller counselling rooms are not being used at present, due to the need to distance and we are therefore providing a reduced service in our larger room where counsellors are able to sit at a distance of over two metres.

**Food Parcels:** a back up service for Paignton Community Food Larder; we hold some of their food parcels at the centre, which people in need can collect when the food bank is closed. We allocated weekly funds to shop for the food larder, when they were short of particular items. We also provided over 60 **Christmas Hampers** to local families (including a gift for each family member), identified by local primary schools as having additional needs.

**Health and Wellbeing:** Though on a very much more restricted basis, people are able to come and talk problems through with a friend or member of staff, now that the café is open again.

**Signposting:** A comprehensive resource list of local services and provisions is available to our visitors.

## **SAFEGUARDING AND RISK MANAGEMENT**

The main focus this year, of course, has been complying with government guidelines in respect of the covid pandemic. Sarah, our Centre Manager, has followed all reports and updates closely in order to make sure that guidelines are met and rules followed. Risk assessments are carried out regularly, according to the government's template.

The Counselling Co-Ordinator, Jane, has also spent a great deal of time ensuring that counsellors and visitors are kept safe and protected during visits to the centre, following all advised protocols

Our safeguarding procedures are robust, real and regularly reviewed. We have 2 external safeguarding consultants we can call upon to attending meetings, offer professional advice and guidance over issues as they arise and support us through difficult situations.

One of our management team is a qualified, experienced counsellor and all have experience in giving support to vulnerable people.

In order to best support volunteers at risk, a member of staff will act as personal mentor to guide that individual through a difficult time and ensure they are heard, receive the help they need and are signposted to the right services. One of our trustees, Denice Vandenberg, is our safeguarding officer, supported by our charity chair. The board of trustees remain actively involved at the centre; some on an almost daily basis, others less frequently, however all are available to help address sensitive issues as they arise and support one another through to a resolution.

## **FUTURE PLANS**

This will, of course, depend on the course of the pandemic and when restrictions are lifted completely. However, our ethos remains that we should always be community driven and practical experience gives us awareness of what people in our locality need. Because we do not limit our help to any one demographic, our future plans are of a broad nature and are separated into two strands: securing the sustainability of the building and maintaining and extending our range of services.

**Building** – The sustainability of the building is secured by continuing to work hard to maintain and improve income from wherever possible, to pay the rent and other overheads. We are very fortunate to have a qualified electrician and other skills within our volunteer force.

**Volunteers:** We will invite our volunteers back, as we are able and will continue to develop a comprehensive support structure to meet the needs of our volunteer staff. We will continue to make their 'career' and achievements at CentrePeace documented more formally, through each volunteer having a folder, containing any certificates gained and progress made, as well as their own thoughts and feedback.

As soon as the situation allows, we will arrange more social events in the community, for volunteers and visitors, to encourage social interaction. We also aim to organise more regular volunteer team building activities and training opportunities (both formal and informal).

**Counsellors:** We continue to support their professional development as much as possible. Our relationship with the regional counselling colleges is strong which augurs well for the growth of our counselling service.

**Health and Nutrition:** When possible, we will continue our plans to increase provision of various cooking workshops.

**Wellbeing:** We intend to further our wellbeing provision through facilitating more mindfulness and other groups and by organising regular social events to encourage social interaction.

**Employability:** To continue CV workshops, Training in First Aid, Health and Safety at Work, and Food Safety and Hygiene. Also, Listening Skills; ITC skills and the provision of a computer suite; hosting various groups and therapists.

**Fundraising** – We will be looking to further events as soon as the situation allows.

**In preparing this report, the trustees confirm that they have given due regard to the Charity Commission's public benefit guidance, where relevant.**

### Organisations with whom CentrePeace works and networks

Torbay and South Devon Health Care Trust – Social Services, Safeguarding  
 Devon Partnership Trust – Mental Health Services, Care coordinators, Depression & Anxiety Service  
 Shrublands Drug & Alcohol services / **Torbay Drug and Alcohol Service / TRIP (Torbay Recovery Information Project) – signposting and 1:1 meetings**  
 DWP – Benefits including PIP & ESA claims  
**Alcoholics Anonymous – informal gatherings**  
**Torbay Community Development Trust (TCDT) - Community Builders & Positive People – signposting and connecting**  
 ‘Imagine Torbay’ - Job club / advice / **ESOL classes**  
 Torbay Advice Network (TAN) Assistance with benefit claims  
 “What’s your Problem” (Angie Manning) legal advice and assistance  
 St Edmunds Health & Wellbeing Forum – assistance with benefits and networking across Torbay with other agencies – bi monthly meeting  
 Torbay Council – Housing Services / Housing benefit/ Devon Home Choice  
**Paignton Community Larder – referrals and food parcel outpost**  
 Social Housing providers – ie Sanctuary Housing, Devon & Cornwall Housing, Westward Housing  
 Leonard Stocks Homeless hostel Torbay – **signposting/referrals**  
 Shekinah Mission – “growing for life” gardening therapy project/**Endeavour House - signposting**  
 Paignton Community Larder – food parcels  
 Endeavour House, Torquay – courses for clients  
 Counselling Colleges – Heartwood, Iron Mill, Devon Counselling College (Counselling students)  
 Jan Finn – Counselling supervisor for CP – any other supervisors where appropriate  
 Co Op (and other retail establishments) – collection boxes  
 DIS – Disability Information Service  
 Age UK – Advice plus they refer people to us for Outreach, if appropriate  
 Duke of Edinburgh Award Programme – we provide volunteer work placements  
 Energy companies – negotiating for clients  
**Police/PCSOs/Social Workers/Advocates/Care Co-ordinators/Safeguarding Officers/Torbay Older People’s Community Mental Health Team at Chadwell - visitor support**  
 Local GP surgeries  
 Eat That Frog – Community support, courses etc.



Vincent & Co Accountants  
Certified Public Accountants  
37 Shiphay Lane  
Torquay  
TQ2 7DU

**Centrepeace**  
Income & Expenditure Account  
&  
Balance Sheet  
For the Year Ended 31 October 2020

# Centrepeace

## Contents

Reference and Administrative Details	1
Accountants' Report	2
Statement of financial activities	3
Balance Sheet	4
Notes to the financial statements	5 to 8
Statement of financial activities per fund	9 to 11
Statement of financial activities comparatives	12

# Centrepeace

## Reference and Administrative Details

<b>Charity name</b>	Centre Peace
<b>Company number</b>	08215824
<b>Charity number</b>	1150049
<b>Officers</b>	Teresa Emberson Denice Vandenberg Lisa Emberson Linda Gillespie Pamela Harvey
<b>Accountant</b>	Vincent & Co Accountants 37 Shiphay Lane Torquay Devon TQ2 7DU

## Accountants' Report to the Trustees on the Unaudited Accounts of

### Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2020 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



.....  
Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

4th June 2021

## Centrepeace

### Statement of Financial Activities for the Year Ended 31 October 2020

		Unrestricted Funds	Restricted Funds	Total Funds 2020	Total Funds 2019
	Note	£	£	£	£
<b>Incoming resources</b>					
Incoming resources from generated funds					
Donations and legacies	2	6,300		6,300	11,982
Income from other trading activities	3	27,151		27,151	48,667
Income from investments	4	1,025		1,025	1,294
Charitable activities	5	10,000	63,154	73,154	79,067
Total incoming resources		44,476	63,154	107,630	141,010
<b>Resources expended</b>					
Costs of generating funds					
Expenditure on raising funds	6	40,581	68,699	109,281	123,592
Total resources expended		40,581	68,699	109,281	123,592
Net movements in funds		3,894	(5,545)	(1,651)	17,418
<b>Reconciliation of funds</b>					
Total funds brought forward		52,314	49,115	101,429	84,011
Total funds carried forward		56,208	43,570	99,778	101,429

## Centrepeace

### Balance Sheet as at 31 October 2020

	2020		2019	
	£	£	£	£
<b>Fixed Assets</b>				
Tangible assets		15,348		11,076
<b>Current Assets</b>				
Debtors				
Cash at bank and in hand	84,475		91,324	
	<u>84,475</u>		<u>91,324</u>	
<b>Creditors: Amounts falling due within one year</b>				
	<u>(45)</u>		<u>(971)</u>	
Net current assets		<u>84,430</u>		<u>90,353</u>
<b>Net assets</b>		<u><u>99,778</u></u>		<u><u>101,429</u></u>
<b>The funds of the charity:</b>				
<b>Restricted funds</b>		43,570		49,115
<b>Unrestricted funds</b>		<u>56,208</u>		<u>52,314</u>
<b>Reserves</b>		<u><u>99,778</u></u>		<u><u>101,429</u></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

Approved by the Board on 16th June 2021 and signed on its behalf by:

.....  
**Teresa Emberson**

.....  
**Pam Harvey**

.....  
**Denice Vandenberg**

# Centrepeace

## Notes to Financial Statements for the Year Ended 31 October 2020

### 1 Accounting policies

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (Charities SORP FRSSE) (effective 1 January 2015) and applicable accounting standards.

The financial statements have been prepared under the historical cost convention. The financial statements include all transactions, assets and liabilities for which the charity is responsible in law.

#### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 12.

#### Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

#### Resources expended

Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding or constructive obligation on the charity. Expenditure is generally recognised when it is incurred and is accounted for gross.

#### Fixed assets

Individual fixed assets costing £0 or more are initially recorded at cost.

#### Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any

Plant and machinery	20% reducing balance
---------------------	----------------------

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2020

.....continued

#### Operating leases

Rentals payable under operating leases are charged in the statement of financial activities on a straight line basis over the lease term.

#### 2 Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Committed giving	6,300		6,300	11,982
	6,300	-	6,300	11,982

#### 3 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Shop income	9,411		9,411	15,264
Café income	17,385		17,385	30,908
Room rental	25		25	1,824
Events income	229	-	229	559
Club/workshop income	85	-	85	69
Sundry income	16	-	16	43
	27,151	-	27,151	48,667

#### 4 Income from investments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Deposit interest	1,025	-	1,025	1,294
	1,025	-	1,025	1,294

#### 5 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
Grants received				
Big Lottery Community Fund	-	36,154	36,154	32,567
Henry Smith	-		-	19,500
People's Health Trust - Outreach	-		-	-
Torbay Council: Covid-19	10,000		10,000	
Tudor Trust	-	27,000	27,000	27,000
	10,000	63,154	73,154	79,067

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2020

.....continued

#### 6 Expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Total Funds 2020	Funds 2019
<b>Direct costs</b>				
Payroll costs	5,920	60,478	66,398	65,942
Catering supplies	6,272		6,272	10,738
Allotment expenses	90		90	90
Expensed equipment	175		175	79
Computer maintenance & software	192	174	366	389
Repairs, maintenance & renovation work	1,758		1,758	2,221
Rent	7,345	4,155	11,500	11,500
Rates			-	1,370
Insurance	2,572		2,572	2,365
Accountancy fees	630		630	805
Legal & professional fees	147		147	151
Utilities - gas, electric & water	3,881	492	4,373	6,384
Training & education	71	85	156	5,420
Counsellings costs	347	1,904	2,251	4,186
Shop sundries & fittings			-	370
Telephone & broadband	652		652	724
Office supplies	151		151	273
Café costs (not for resale)	734		734	262
Club/workshop expenses	105		105	207
Motor Expense	5		5	8
Printing, postage & stationery	186		186	343
Event & fundraising costs			-	25
Licences & subscriptions			-	293
Health & safety and security	314	32	346	477
Caretaking & cleaning	1,232		1,232	1,958
Community care	1,460	124	1,584	1,238
Volunteer expenses	1,206	548	1,754	3,556
Operational development BL Fund	961	708	1,669	-
Miscellaneous costs	21		21	32
Promotional/Website costs	320		320	
Depreciation of tangible fixed assets	3,837		3,837	2,185
	40,581	68,699	109,281	123,592
	40,581	68,699	109,281	123,592

## Centrepeace

### Notes to Financial Statements for the Year Ended 31 October 2020

.....continued

<b>7</b>	<b>Tangible fixed assets</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>Cost</b>		
	Brought forward	22,637	22,637
	Additions	8,109	8,109
	As at 31 October 2020	30,746	30,746
	<b>Depreciation</b>		
	Brought forwards	11,561	11,561
	Charge for the year	3,837	3,837
	As at 31 October 2020	15,398	15,398
	<b>Net book value</b>		
	As at 31 October 2020	15,348	15,348
	As at 1 November 2019	11,076	11,076
<b>8</b>	<b>Debtors</b>	<b>2020</b>	<b>2019</b>
		<b>£</b>	<b>£</b>
	Accounts receivable	-	-
		-	-
<b>9</b>	<b>Creditors: Amounts falling due within one year</b>	<b>2020</b>	<b>2019</b>
		<b>£</b>	<b>£</b>
	Payroll liabilities	(116)	874
	VAT Control	(32)	(1)
	Workplace pension	192	98
		45	874

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2020

	<b>Unrestricted income fund 2020 £</b>	<b>Unrestricted income fund 2019 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Donations and legacies	6,300	5,982
Income from other trading activities	27,151	48,667
Income from investments	1,025	1,294
Torbay Council Grant: Covid-19	10,000	
Total incoming resources	<u>44,476</u>	<u>55,944</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	40,581	57,998
Total resources expended	<u>40,581</u>	<u>57,998</u>
Net movements in funds	3,894	(2,055)
<b>Reconciliation of funds</b>		
Total funds brought forward	52,314	54,369
Total funds carried forward	<u>56,208</u>	<u>52,314</u>

## Centrepeace

### Statement of financial activities by fund for the Year Ended 31 October 2020

.....continued

	<b>Restricted income fund 2020 £</b>	<b>Restricted income fund 2019 £</b>
<b>Incoming resources</b>		
Incoming resources from generated funds		
Charitable activities	<u>63,154</u>	<u>85,067</u>
Total incoming resources	<u>63,154</u>	<u>85,067</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	<u>68,699</u>	<u>65,594</u>
Total resources expended	<u>68,699</u>	<u>65,594</u>
Net movements in funds	(5,545)	19,473
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>49,115</u>	<u>29,642</u>
Total funds carried forward	<u><u>43,570</u></u>	<u><u>49,115</u></u>

## Centrepeace

### Statement of financial activities comparatives for the Period Ended 31 October 2020

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2019</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>			
Incoming resources from generated funds			
Donations and legacies	5,982	6,000	11,982
Income from other trading activities	48,667	-	48,667
Income from investments	1,294	-	1,294
Charitable activities		79,067	79,067
Total incoming resources	<u>55,943</u>	<u>85,067</u>	<u>141,011</u>
<b>Resources expended</b>			
Costs of generating funds			
Expenditure on raising funds	57,998	65,594	123,592
Total resources expended	<u>57,998</u>	<u>65,594</u>	<u>123,592</u>
Net movements in funds	(2,055)	19,473	17,419
<b>Reconciliation of funds</b>			
Total funds brought forward	<u>54,369</u>	<u>29,642</u>	<u>84,011</u>
Total funds carried forward	<u>52,314</u>	<u>49,115</u>	<u>101,430</u>

Accountants' Report to the Trustees on the Unaudited Accounts of

Centrepeace

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the charity which comprise the Statement of Financial Activities, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Charity's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Charity's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Board of Trustees, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 October 2020 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Charities Act 2011. You consider that the charity is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Vincent & Co Accountants  
37 Shiphay Lane  
Torquay  
Devon  
TQ2 7DU

4th June 2021