

**Association of Afghan Healthcare Professionals-UK**  
**AAHP-UK**

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR  
THE YEAR ENDED 24<sup>th</sup> March 2025



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**AAHP-UK**  
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**REFERENCE AND ADMINISTRATIVE DETAILS**

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number:	1150024
Registered Address:	85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm:	Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers:	Bank of Scotland

**TRUSTEES**

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	
Dr Abdulwahab Ghani	Treasurer
Dr Aman Shams	Secretary
Dr Nasir Habibi	Resigned from the Chair at the AGM 16 Nov24
Dr Ihsanullah Wardak	
Dr Khesrow Sangarwal	Elected as the new Chair at the AGM on 16 Nov24
Dr Qudrat Ullah	

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's daily work, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

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**Appointment of Trustees**

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

**Partnerships**

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

**OBJECTIVES**

The charity's objects are:

1. Education in Healthcare

To advance the education of the public on healthcare, promote research for public benefit in all aspects of healthcare, and publish the useful results of such research.

2. Relief of Sickness and Poor Health

To relieve sickness, poor health, and old age among people living in the UK and Afghanistan.

3. Disaster Relief

To alleviate financial need and suffering among victims of natural or other disasters in the UK and Afghanistan through the provision of medical aid.

**PUBLIC BENEFIT**

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and activities. The charity's activities during the year were undertaken to further its charitable purposes for the public benefit, primarily through humanitarian healthcare assistance, education, training, and health system support for Afghan communities.

**ACHIEVEMENTS AND PERFORMANCE**

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception over a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in

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**ACHIEVEMENTS AND PERFORMANCE Continued**

Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: [www.aahpuk.org](http://www.aahpuk.org) and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

**Humanitarian Relief and Emergency Response**

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, and those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders enabled us to implement the following projects in this reporting period:

The charity delivered humanitarian assistance in response to flooding in multiple provinces of Afghanistan, including Badghis, Ghor, Takhar, and Baghlan. Emergency food assistance was distributed to vulnerable families across these regions, reaching over 1,400 beneficiaries.

In Baghlan province, the charity funded and delivered a free emergency medical camp over two days, enabling access to essential healthcare services for 1,329 patients. The intervention included the provision of medicines, hygiene kits, and clean-water supplies, addressing both immediate clinical needs and wider public health risks.

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**Thalassaemia Programme**

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of deferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK.

We have managed to secure funding since Sep 2023 to provide the lifesaving medication to 1200 children regularly. We also provided nutritional milk and biscuits for the children coming for their procedures to the blood bank in Kabul. In previous year we purchased two TVs for the waiting areas to play educational materials and cartoon for the children. We purchased a computer for registration of the patients. The children are much comfortable and the experience of coming for the procedure is fun as they are getting the milk drink and biscuits. The staff serve them more efficiently by having the computer and seeing the children much happier.

The Thalassaemia Programme remained a principal area of activity and continued to deliver sustained public benefit. The charity provided Deferoxamine on a regular basis to 1,253 registered thalassaemia patients, alongside nutritional supplements to support patient wellbeing.

During the year, the charity strengthened service delivery through the purchase of essential equipment, including a freezer to support medication storage. Funds were raised towards the construction of a new Ward for children with Thalassaemia at the National Blood Bank in Kabul, and targeted financial assistance was provided to families of thalassaemia patients.

**Education, Training, and Professional Development**

AAHP-UK delivered education and training activities to Afghan healthcare professionals in Afghanistan and the UK. Activities included online clinical teaching, postgraduate medical training seminars, CV preparation, NHS job-application support, and collaborative case discussions with healthcare institutions in Kabul.

The Occupational English Test (OET) Project continued to demonstrate measurable outcomes. Since inception, 100 doctors have enrolled in the programme, with 14 doctors passing OET, 6 passing PLAB 1, and 4 passing PLAB 2, supporting safe and regulated entry into UK medical practice.

In addition, the charity progressed its Healthcare Assistants Project through engagement with NHS partners. Twenty-four healthcare professionals were supported at the initial stage, and three Afghan doctors were successfully recruited into NHS primary care roles.

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**Health Awareness and Communications**

The charity used digital platforms and external media to promote health awareness and education. Trustees and members contributed expert commentary and public-health messaging on immunisation, infectious diseases, malnutrition, and cancer awareness through social media and international broadcasters, reaching both Afghan and diaspora audiences.

**Social Support and Welfare**

The charity continued its Orphan Sponsorship Project, providing ongoing monthly financial support to ten Afghan orphans. The charity also encouraged wider community engagement by promoting additional orphan sponsorship by individuals and partner organisations.

**Governance and Delivery**

Trustees met regularly throughout the year to provide strategic oversight and ensure effective governance. Activities were delivered through defined operational departments working in coordination with the Management Committee. This structure enabled effective monitoring of activities, financial oversight, and alignment with the charity's objectives.

**Achievements and Impact**

The trustees consider that the charity's activities during the year delivered clear and measurable public benefit. Through humanitarian assistance, sustained healthcare provision, education and workforce development, and health awareness initiatives, AAHP-UK supported vulnerable populations and contributed to the longer-term strengthening of healthcare capacity in Afghanistan.

**FINANCIAL REVIEW**

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised £38,230 funds to finance the charity's objectives in this reporting period. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of £38,320 (2024: £78,571) and expenses of £44,664 (2024: £70,957) leading to a deficit of 6,344, (2024: surplus £7,614). The charity has net assets of £45,646 at the year-end (2024: £51,990).

The deficit has arisen due to funds carried forward from previous periods being available and utilised to further our objectives in the current year.

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**RESERVES POLICY**

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £45,646 of which £27,100 is restricted (2024: £51,990 with £29,491 held in restricted funds), this leaves £18,546 free unrestricted reserves (2024: £22,499) for the use in future projects. This would be sufficient to cover at least six months of ordinary running costs while the charity sought further funding. The Trustees are happy that this is sufficient to ensure the charity can continue as a going concern.



Dr Abdulwahab Ghani  
Trustee

Date: 21/01/2026



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**Independent Examiner's Report to the Trustees of  
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2025 set out on pages 8 to 12.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE  
Full member of the Association of Charity Independent Examiners  
Cowan & Partners Limited  
60 Constitution Street  
Edinburgh  
EH6 6RR

22 January 2026

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**RECEIPTS AND PAYMENTS**

		<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds £</b>	<b>2024 Total £</b>
<b>Receipts</b>					
Donations	4	2,065	4,295	6,360	14,045
Grants	5	-	31,800	31,800	63,576
Other	6	-	-	-	950
Bank Interest		159		159	-
<b>Total Receipts</b>		<b>2,224</b>	<b>36,095</b>	<b>38,319</b>	<b>78,571</b>
<b>Payments</b>					
<b>Payments for Charitable Activities:</b>	<b>7</b>				
Project Costs in Afghanistan		-	35,770	35,770	54,386
Advertising & Fundraising		68	-	68	189
Admin & Misc. Costs		699	-	699	652
Consultancy		2,716	2,716	5,432	5,250
Telephone & Internet		848	-	848	600
OET Training		-	-	-	6,707
Governance Costs		1,846	-	1,846	3,173
<b>Total Payments</b>		<b>6,177</b>	<b>38,486</b>	<b>44,663</b>	<b>70,957</b>
<b>Surplus/(Deficit) for the year</b>		<b>(3,953)</b>	<b>(2,391)</b>	<b>(6,344)</b>	<b>7,614</b>
<b>Transfers between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds brought forward</b>		<b>22,499</b>	<b>29,491</b>	<b>51,990</b>	<b>44,376</b>
<b>Cash funds carried forward</b>		<b>18,546</b>	<b>27,100</b>	<b>45,646</b>	<b>51,990</b>

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**STATEMENT OF BALANCES**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds £</b>
<b>Cash Funds</b>			
Cash and bank balances at start of period	22,499	29,491	51,990
Surplus/(Deficit) for the period	(3,953)	(2,391)	(6,344)
Transfer of restricted Funds	-	-	-
<b>Cash and bank balances at end of period</b>	18,546	27,100	45,646

**Liabilities**

As accounts are prepared on a receipts and payments basis, at the year-end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on ..... and were signed on its behalf by: 21/01/2026



**Dr Abdulwahab Ghani**

**Trustee**

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**1. Basis of Accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

**2. Nature and Purpose of Funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

**3. Related Party Transactions**

There have been no related party transactions in the year to 24 March 2025 nor 24 March 2024.

No Trustees have received remuneration in the period to 24 March 2025 nor 24 March 2024.

**4. Donations**

	2025	2024
	£	£
Orphan Donations	-	940
Thalassaemia Donations	4,295	-
Misc. Donations	2,065	13,105
	<u>6,360</u>	<u>14,045</u>

**5. Grants**

	2025	2024
	£	£
BMA	-	1,900
Prism – Choose Love	31,800	61,676
	<u>31,800</u>	<u>63,576</u>

**6. Other Income**

	2025	2024
	£	£
Contribution for OET Training	-	950
	<u>-</u>	<u>950</u>

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**7. Costs of Charitable Activities**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2025</b>	<b>Total 2024</b>
	£	£	£	£
Distribution of Food Packages and Free Medical Camps in Afghanistan	-	35,770	35,770	54,386
Consultancy	2,716	2,716	5,432	5,250
Advertising/Printing	68	-	68	-
OET Training	-	-	-	6,707
Bank Charges	35	-	35	-
Admin costs	100	-	100	841
Telephone	241	-	241	223
Laptop	360	-	360	-
Virtual address	204	-	204	-
Website Developer	607	-	607	377
Accounting Fee	1,560	-	1,560	1,560
AGM costs	286	-	286	1,613
	<u>6,177</u>	<u>38,486</u>	<u>44,663</u>	<u>70,957</u>

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**8. Movement in Funds**

	Balance at 25/03/2024	Received	Paid	Transfers	Balance at 24/03/2025
Unrestricted - General	22,499	2,224	(6,177)	-	18,546
Restricted - Karen Woo Award	9,625	-	-	-	9,625
Restricted - Choose Love 23/24	19,866		(19,866)	-	-
Restricted - Choose Love 24/25	-	31,800	(18,620)	-	13,180
Restricted - Thalassaemia	-	4,295	-	-	4,295
	<u>51,990</u>	<u>38,319</u>	<u>(44,663)</u>	<u>-</u>	<u>45,646</u>

Choose Love - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan. In 23/24 funding was received from Choose Love for the Thalassaemia project and also for the distribution of food packages for the victims of Herat Earthquake. In 24/25 further funding was received from Choose Love for the distribution of food packages.

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo.

Donations received for the Thalassaemia project have been carried forward to 25/26 for ongoing work.