

ASSOCIATION OF AFGHAN HEALTHCARE PROFESSIONALS-UK

England & Wales · Charity number 1150024

Details

Other names AAHP-UK

Status Registered

Legal form Other

Registered 2012-12-04

Register [View on the Charity Commission register](#)

Contact

Address 85 Great Portland Street
First Floor
Assoc of Afghan Healthcare Prof
London
W1W 7LT

Phone 02081381199

Email aahp.uk@gmail.com

Website <http://aahpuk.org>

Activities

Objects: A) TO ADVANCE THE EDUCATION OF THE PUBLIC IN GENERAL ON THE SUBJECT OF HEALTHCARE AND TO PROMOTE RESEARCH FOR THE PUBLIC BENEFIT IN ALL ASPECTS OF THAT SUBJECT AND TO PUBLISH THE USEFUL RESULTS.B) TO RELIEVE SICKNESS, POOR HEALTH AND OLD AGE AMONGST PEOPLE LIVING IN THE UK AND AFGHANISTAN.C) THE RELIEF OF FINANCIAL NEED AND SUFFERING AMONG VICTIMS OF NATURAL OR OTHER KINDS OF DISASTER IN THE UK AND AFGHANISTAN, IN THE FORM OF PROVISION OF MEDICAL AID

Activities: Assistance with teaching and training of healthcare professionals in the UK
Healthcare awareness programmes in the UK
Career advice in the UK
Provision of First Aid to Afghan cultural events in London
Help with Hepatitis B programme in Afghanistan.
Provision of clean drinking water in smaller scale in Afghanistan.
Emergency response to natural disaster victims in Afghanistan.

Classification

- **How:** Provides Human Resources, Provides Services, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Overseas Aid/famine Relief
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Afghanistan
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-24	£38,319	£44,663	-	-
2024-03-24	£78,571	£70,957	-	-
2023-03-24	£59,653	£53,762	-	-
2022-03-24	£73,084	£38,465	-	-
2021-03-24	£15,975	£21,954	-	-

Trustees

Name	Role	Appointed
AMAN SHAMS		2012-08-21
DR Ihsanullah Wardak		2014-04-05
DR KHESROW SANGARWAL MBBS		2012-08-21
Dr Abdulwahab Ghani		2014-04-05
Dr Nasir Ahmad Habibi		2016-12-05
Dr QUDRAT ULLAH		2012-08-21
Enayatullah Modasser		2021-09-22

Accounts

Association of Afghan Healthcare Professionals-UK
AAHP-UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR
THE YEAR ENDED 24th March 2025



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AAHP-UK
TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number:	1150024
Registered Address:	85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm:	Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers:	Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	
Dr Abdulwahab Ghani	Treasurer
Dr Aman Shams	Secretary
Dr Nasir Habibi	Resigned from the Chair at the AGM 16 Nov24
Dr Ihsanullah Wardak	
Dr Khesrow Sangarwal	Elected as the new Chair at the AGM on 16 Nov24
Dr Qudrat Ullah	

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's daily work, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

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Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

1. Education in Healthcare

To advance the education of the public on healthcare, promote research for public benefit in all aspects of healthcare, and publish the useful results of such research.

2. Relief of Sickness and Poor Health

To relieve sickness, poor health, and old age among people living in the UK and Afghanistan.

3. Disaster Relief

To alleviate financial need and suffering among victims of natural or other disasters in the UK and Afghanistan through the provision of medical aid.

PUBLIC BENEFIT

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and activities. The charity's activities during the year were undertaken to further its charitable purposes for the public benefit, primarily through humanitarian healthcare assistance, education, training, and health system support for Afghan communities.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception over a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in

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ACHIEVEMENTS AND PERFORMANCE Continued

Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

Humanitarian Relief and Emergency Response

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, and those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders enabled us to implement the following projects in this reporting period:

The charity delivered humanitarian assistance in response to flooding in multiple provinces of Afghanistan, including Badghis, Ghor, Takhar, and Baghlan. Emergency food assistance was distributed to vulnerable families across these regions, reaching over 1,400 beneficiaries.

In Baghlan province, the charity funded and delivered a free emergency medical camp over two days, enabling access to essential healthcare services for 1,329 patients. The intervention included the provision of medicines, hygiene kits, and clean-water supplies, addressing both immediate clinical needs and wider public health risks.

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Thalassaemia Programme

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of deferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK.

We have managed to secure funding since Sep 2023 to provide the lifesaving medication to 1200 children regularly. We also provided nutritional milk and biscuits for the children coming for their procedures to the blood bank in Kabul. In previous year we purchased two TVs for the waiting areas to play educational materials and cartoon for the children. We purchased a computer for registration of the patients. The children are much comfortable and the experience of coming for the procedure is fun as they are getting the milk drink and biscuits. The staff serve them more efficiently by having the computer and seeing the children much happier.

The Thalassaemia Programme remained a principal area of activity and continued to deliver sustained public benefit. The charity provided Deferoxamine on a regular basis to 1,253 registered thalassaemia patients, alongside nutritional supplements to support patient wellbeing.

During the year, the charity strengthened service delivery through the purchase of essential equipment, including a freezer to support medication storage. Funds were raised towards the construction of a new Ward for children with Thalassaemia at the National Blood Bank in Kabul, and targeted financial assistance was provided to families of thalassaemia patients.

Education, Training, and Professional Development

AAHP-UK delivered education and training activities to Afghan healthcare professionals in Afghanistan and the UK. Activities included online clinical teaching, postgraduate medical training seminars, CV preparation, NHS job-application support, and collaborative case discussions with healthcare institutions in Kabul.

The Occupational English Test (OET) Project continued to demonstrate measurable outcomes. Since inception, 100 doctors have enrolled in the programme, with 14 doctors passing OET, 6 passing PLAB 1, and 4 passing PLAB 2, supporting safe and regulated entry into UK medical practice.

In addition, the charity progressed its Healthcare Assistants Project through engagement with NHS partners. Twenty-four healthcare professionals were supported at the initial stage, and three Afghan doctors were successfully recruited into NHS primary care roles.

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Health Awareness and Communications

The charity used digital platforms and external media to promote health awareness and education. Trustees and members contributed expert commentary and public-health messaging on immunisation, infectious diseases, malnutrition, and cancer awareness through social media and international broadcasters, reaching both Afghan and diaspora audiences.

Social Support and Welfare

The charity continued its Orphan Sponsorship Project, providing ongoing monthly financial support to ten Afghan orphans. The charity also encouraged wider community engagement by promoting additional orphan sponsorship by individuals and partner organisations.

Governance and Delivery

Trustees met regularly throughout the year to provide strategic oversight and ensure effective governance. Activities were delivered through defined operational departments working in coordination with the Management Committee. This structure enabled effective monitoring of activities, financial oversight, and alignment with the charity's objectives.

Achievements and Impact

The trustees consider that the charity's activities during the year delivered clear and measurable public benefit. Through humanitarian assistance, sustained healthcare provision, education and workforce development, and health awareness initiatives, AAHP-UK supported vulnerable populations and contributed to the longer-term strengthening of healthcare capacity in Afghanistan.

FINANCIAL REVIEW

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised £38,230 funds to finance the charity's objectives in this reporting period. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of £38,320 (2024: £78,571) and expenses of £44,664 (2024: £70,957) leading to a deficit of 6,344, (2024: surplus £7,614). The charity has net assets of £45,646 at the year-end (2024: £51,990).

The deficit has arisen due to funds carried forward from previous periods being available and utilised to further our objectives in the current year.

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RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £45,646 of which £27,100 is restricted (2024: £51,990 with £29,491 held in restricted funds), this leaves £18,546 free unrestricted reserves (2024: £22,499) for the use in future projects. This would be sufficient to cover at least six months of ordinary running costs while the charity sought further funding. The Trustees are happy that this is sufficient to ensure the charity can continue as a going concern.



Dr Abdulwahab Ghani
Trustee

Date: 21/01/2026

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
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**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2025 set out on pages 8 to 12.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE
Full member of the Association of Charity Independent Examiners
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

22 January 2026

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2025**

RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2024 Total £
Receipts					
Donations	4	2,065	4,295	6,360	14,045
Grants	5	-	31,800	31,800	63,576
Other	6	-	-	-	950
Bank Interest		159		159	-
Total Receipts		2,224	36,095	38,319	78,571
Payments					
Payments for Charitable Activities:	7				
Project Costs in Afghanistan		-	35,770	35,770	54,386
Advertising & Fundraising		68	-	68	189
Admin & Misc. Costs		699	-	699	652
Consultancy		2,716	2,716	5,432	5,250
Telephone & Internet		848	-	848	600
OET Training		-	-	-	6,707
Governance Costs		1,846	-	1,846	3,173
Total Payments		6,177	38,486	44,663	70,957
Surplus/(Deficit) for the year		(3,953)	(2,391)	(6,344)	7,614
Transfers between funds		-	-	-	-
Cash funds brought forward		22,499	29,491	51,990	44,376
Cash funds carried forward		18,546	27,100	45,646	51,990

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STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	22,499	29,491	51,990
Surplus/(Deficit) for the period	(3,953)	(2,391)	(6,344)
Transfer of restricted Funds	-	-	-
Cash and bank balances at end of period	18,546	27,100	45,646

Liabilities

As accounts are prepared on a receipts and payments basis, at the year-end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on and were signed on its behalf by: 21/01/2026



Dr Abdulwahab Ghani

Trustee

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2025**

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2025 nor 24 March 2024.

No Trustees have received remuneration in the period to 24 March 2025 nor 24 March 2024.

4. Donations

	2025	2024
	£	£
Orphan Donations	-	940
Thalassaemia Donations	4,295	-
Misc. Donations	2,065	13,105
	<u>6,360</u>	<u>14,045</u>

5. Grants

	2025	2024
	£	£
BMA	-	1,900
Prism – Choose Love	31,800	61,676
	<u>31,800</u>	<u>63,576</u>

6. Other Income

	2025	2024
	£	£
Contribution for OET Training	-	950
	<u>-</u>	<u>950</u>

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7. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Distribution of Food Packages and Free Medical Camps in Afghanistan	-	35,770	35,770	54,386
Consultancy	2,716	2,716	5,432	5,250
Advertising/Printing	68	-	68	-
OET Training	-	-	-	6,707
Bank Charges	35	-	35	-
Admin costs	100	-	100	841
Telephone	241	-	241	223
Laptop	360	-	360	-
Virtual address	204	-	204	-
Website Developer	607	-	607	377
Accounting Fee	1,560	-	1,560	1,560
AGM costs	286	-	286	1,613
	<u>6,177</u>	<u>38,486</u>	<u>44,663</u>	<u>70,957</u>

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8. Movement in Funds

	Balance at 25/03/2024	Received	Paid	Transfers	Balance at 24/03/2025
Unrestricted - General	22,499	2,224	(6,177)	-	18,546
Restricted - Karen Woo Award	9,625	-	-	-	9,625
Restricted - Choose Love 23/24	19,866		(19,866)	-	-
Restricted - Choose Love 24/25	-	31,800	(18,620)	-	13,180
Restricted - Thalassaemia	-	4,295	-	-	4,295
	<u>51,990</u>	<u>38,319</u>	<u>(44,663)</u>	<u>-</u>	<u>45,646</u>

Choose Love - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan. In 23/24 funding was received from Choose Love for the Thalassaemia project and also for the distribution of food packages for the victims of Herat Earthquake. In 24/25 further funding was received from Choose Love for the distribution of food packages.

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo.

Donations received for the Thalassaemia project have been carried forward to 25/26 for ongoing work.

Accounts

Charity Registration No: 1150024

**Association of Afghan Healthcare Professionals-UK
AAHP-UK**

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AAHP-UK

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REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number:	1150024
Registered Address:	85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm:	Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers:	Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee and Chair
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Qudrat Ullah	Trustee

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's daily work, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

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Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

1. Education in Healthcare

To advance the education of the public on healthcare, promote research for public benefit in all aspects of healthcare, and publish the useful results of such research.

2. Relief of Sickness and Poor Health

To relieve sickness, poor health, and old age among people living in the UK and Afghanistan.

3. Disaster Relief

To alleviate financial need and suffering among victims of natural or other disasters in the UK and Afghanistan through the provision of medical aid.

PUBLIC BENEFIT

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception almost a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has

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ACHIEVEMENTS AND PERFORMANCE Continued

reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

AAHP-UK projects during this reporting period:

1) Orphans project in Kabul Afghanistan

We supported for several years seven children in Kabul who have lost their parents. We provided funding for their basic needs and education. This project is complete, as the children are adults now and have completed their education. We are in the process of selecting another group of orphans to continue this project with another group of 7 to 10 orphans.

2) Thalassaemia Project in Kabul, Afghanistan

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of deferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK.

During the last year we have managed to secure funding to provide the lifesaving medication to 1200 children regularly. We also provided nutritional milk and biscuits for the children coming for their procedures to the blood bank in Kabul. We purchased two TVs for the waiting areas to play educational materials and cartoon for the children. We purchased a computer for registration of the patients. The children are much comfortable and the experience of coming for the procedure is fun as they are getting the milk drink and biscuits. The staff serve them more efficiently by having the computer and seeing the children much happier. We are planning to go further and make the thalassaemia ward a better place with the right equipment to serve the children with thalassaemia and haemophilia in the blood bank Kabul.

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AAHP-UK's projects in response to natural disasters and poverty in Afghanistan since August 2021

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, and those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders enabled us to implement the following projects in this reporting period:

Distribution of food packages to Herat and Nuristan provinces of Afghanistan:

Following the implementation of our series of distribution of food packages in year 2021/22 in the provinces of Panjshir, Kandahar and Badakhshan benefiting 315 families, and in year 2022/23 distributed 310 food packages for the needy families in provinces of Helmand, Paktika and Kabul. Each package (flour, rice, oil, beans, sugar and tea) consisted of supplies for one month for a family of average of six members. In this reporting period year 2023/24 we distributed food package to the 247 families the victims of divested Herat's Earthquake. We also distributed cash to 70 families affected by the earthquake.

Another malnutrition project was implemented in Nuristan province providing fortified food packages to the families of 60 children with malnutrition problem. For the implementation of these projects we have continued to partner with the two local organisations: Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas) and also we started to partner with Khateez public health organisation in the case of Nuristan Project.

Malnutrition Project for severely malnourished children in Nuristan, Afghanistan:

This project was in partnership with the Khatiz Public Health Association (KPHA). These families with malnourished children were identified in cooperation with the KPHA and distributed the highly nutritious food packages to 60 needy families in Nuristan.

Each food package consisted of 50kg of wheat flour, 10kg of rice, 7kg of beans, 7kg of chickpeas, 10 litres of oil and 60 eggs.

In previous year we implemented the malnutrition project 191 families with severely malnourished children registered in Jalalabad, Kunar, Wardak and Kapisa in Afghanistan were supported.

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AAHPUK work in the UK:

Occupational English Test (OET) Training for Overseas Healthcare Professionals who wants to get into the NHS workforce in the UK:

This is an exciting project which started in July/August 2022. The aim of the project is to help the newly arrived Healthcare professionals to requalify in the UK in order to work in the NHS. To date we have funded 100 healthcare professionals who are in the UK to do this training, 20 of them were funded during this reporting period. The Training run by SET-English, which provides 20 hours live classes online, plus assessment by submission of eight letters and three mock exams. The lessons are uploaded to the Set-English website and candidates have access to the recording 24/7 a week.

There were four of candidates who passed their OET exams during this reporting period and also they passed plab 1. This training is very challenging for those doctors coming from war zone countries to the UK and need to resettle and pursue their career in addition to families' responsibilities. This project has been a great centre for the healthcare professionals to come under one umbrella of AAHP-UK. The beneficiaries feedback is very positive. It has given them a sense of belonging and a place that they can turn to with their issues. We also provide mentoring for plab1 and plab2 by the AAHP-UK management committee members after they pass their OET exam. AAHP-UK also run meetings; seminars related to their career path in the UK.

AAHP-UK Future work in Afghanistan and the UK:

We would like to continue the distribution of food packages to the people affected by natural disasters, war and poverty in various provinces in Afghanistan. We will continue the implementation of free medical camp (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

The OET project has grown in the numbers of the beneficiaries and there is a need to support them with searching for clinical attachment while studying for their OET. We will continue our endeavour to serve the beneficiaries and their needs to our ability.

FINANCIAL REVIEW

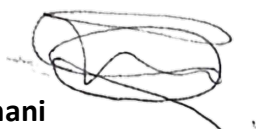
As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised £78,571 funds to finance the charity's objectives in this reporting period. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of 78,571 (2023: £59,653) and expenses of £70,957 (2023: £53,762) leading to a surplus of £7,614 (2023: £5,891). The charity has net assets of £51,990 at the year-end (2023: £44,376).

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2024**

RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £51,990 with £29,491 held in restricted funds (2022: £44,376), this leaves £22,499 of free unrestricted reserves (2023: £17,752) for the use in future projects. This would be sufficient to cover at least six months of ordinary running costs while the charity sought further funding.



Dr Abdulwahab Ghani
Trustee

Date: 23/01/2025

**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2024 set out on pages 8 to 12.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE
Full member of the Association of Charity Independent Examiners
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

23 January 2025

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2024

RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2023 Total £
Receipts					
Donations	4	14,045	-	14,045	7,140
Fundraising	5	-	-	-	10,391
Grants	6	-	63,576	63,576	42,122
Other	7	-	950	950	-
Total Receipts		14,045	64,526	78,571	59,653
Payments					
Payments for Charitable Activities:	8				
Project Costs in Afghanistan		-	54,386	54,386	26,012
Advertising & Fundraising		189	-	189	130
Admin & Misc. Costs		652	-	652	-
Consultancy		2,625	2,625	5,250	4,530
Telephone & Internet		600	-	600	728
Orphan Projects		-	-	-	1,000
OET Training		-	6,707	6,707	13,910
Malnutrition Project		-	-	-	4,800
Governance Costs		3,173	-	3,173	2,652
Total Payments		7,239	63,718	70,957	53,762
Surplus/(Deficit) for the year		6,806	808	7,614	5,891
Transfers between funds	-	2,059	2,059	-	-
Cash funds brought forward		17,752	26,624	44,376	38,485
Cash funds carried forward		22,499	29,491	51,990	44,376

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2024

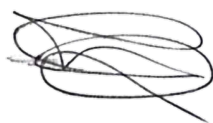
STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	17,752	26,624	44,376
Surplus/(Deficit) for the period	6,806	808	7,614
Transfer of restricted Funds	- 2,059	2,059	-
Cash and bank balances at end of period	22,499	29,491	51,990

Liabilities

As accounts are prepared on a receipts and payments basis, at the year-end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on ~~23/01/2025~~ and were signed on its behalf by:



Dr Abdulwahab Ghani
Trustee

AAHP-UK
CHARITY NUMBER: 1150024
NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2024

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2024 nor 24 March 2023.

No Trustees have received remuneration in the period to 24 March 2024 nor 24 March 2023.

4. Donations

	2024	2023
	£	£
Orphan Donations	940	890
Misc. Donations	13,105	6,250
	<u>14,045</u>	<u>7,140</u>

5. Fundraising

	2024	2023
	£	£
Online Fundraising	-	10,391
	-	<u>10,391</u>

6. Grants

	2024	2023
	£	£
BMA	1,900	-
Prism – Choose Love	61,676	12,213
Karen Woo Award	-	9,625
OET Training	-	20,284
	<u>63,576</u>	<u>42,122</u>

AAHP-UK

CHARITY NUMBER: 1150024

NOTES TO THE FINANCIAL STATEMENTS – Continued
FOR THE YEAR ENDED 24th March 2024

7. Other Income

	2024	2023
	£	£
Contribution for OET Training	950	-
	<u>950</u>	<u>-</u>

8. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Distribution of Food Packages and Free Medical Camps in Afghanistan	-	54,386	54,386	26,012
Consultancy	2,625	2,625	5,250	4,530
Orphan Projects	-	-	-	1,000
OET Training	-	6,707	6,707	13,910
Malnutrition Project	-	-	-	4,800
Admin costs	841	-	841	274
Telephone	223	-	223	162
Virtual address	-	-	-	48
Website Developer	377	-	377	374
Accounting Fee	1,560	-	1,560	1,560
AGM costs	1,613	-	1,613	1,092
	<u>7,239</u>	<u>63,718</u>	<u>70,957</u>	<u>53,762</u>

NOTES TO THE FINANCIAL STATEMENTS – Continued
FOR THE YEAR ENDED 24th March 2024

9. Movement in Funds

	Balance at 25/03/2023	Received	Paid	Transfers	Balance at 24/03/2024
Unrestricted - General	17,752	14,045 -	7,239 -	2,059	22,499
Restricted - Choose Love/Shamaazi	13,301	- -	13,301	-	-
Restricted - OET Training	3,698	950 -	6,707	2,059	-
Restricted - Karen Woo Award	9,625	-	-	-	9,625
Restricted - Choose Love 23/24	-	61,676 -	41,810	-	19,866
Restricted - BMA	-	1,900 -	1,900	-	-
	<u>44,376</u>	<u>78,571 -</u>	<u>70,957</u>	<u>-</u>	<u>51,990</u>

Choose Love and Shamaazi Foundation - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan. In 23/24 further funding was received from Choose Love for the Thalassaemia project and also for the distribution of food packages for the victims of Herat Earthquake.

OET Training – for the training for Afghan healthcare professionals to take Occupational English Test (OET)

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo.

BMA funding received during the year for a monitoring and evaluation visit for the thalassaemia project in Afghanistan.

Accounts

Charity Registration No: **1150024**

**Association of Afghan Healthcare Professionals-UK
AAHP-UK**

**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR
THE YEAR ENDED 24th March 2023**



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AAHP-UK

TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24th MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number:	1150024
Registered Address:	85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm:	Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers:	Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee and Chair
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Qudrat Ullah	Trustee

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's work daily, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2023**

Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

- To assist with education and training of healthcare professionals of Afghan origin in the UK.
- To respond to emergency disasters by providing basic needs such as medical care and food in Afghanistan and UK
- To work in partnership with other medical and charitable organisations in the UK and Afghanistan on order to enhance mental and physical well-being of Afghan community.
- To organise seminars, workshops, and on-line educational activities to promote up-to-date clinical and scientific awareness, and educate public on healthcare
- To contribute to the reconstruction and development of Afghanistan healthcare sector.

PUBLIC BENEFIT

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception almost a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. The association's journey in becoming as an academic institution is

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2023**

ACHIEVEMENTS AND PERFORMANCE Continued

materialised and jointly with the King's College London, we have produced a mental health guideline (Working with Afghan Sanctuary Seekers). This guide will be a great advocate tool to influence the national immigration policies to benefit asylum seekers and to increase their access to mental health services in the community. This guide was launched in October 2022. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

AAHP-UK projects during this reporting period:

There are two ongoing projects that AAHP-UK have been providing financial support to and will continue to support in future:

1) Orphans project in Kabul Afghanistan

This is an ongoing project that we have supported for several years now. There are seven children in Kabul who have lost their parents. We provide funding for their basic needs and education.

2) Thalassaemia Project in Kabul, Afghanistan

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of desferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK. AAHP-UK is working towards improving the current arrangement for this project.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2023**

Projects since 15 August 2021:

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanctions from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders, enabled us to implement the following projects in this reporting period:

Distribution of food packages to Panjshir, Kandahar and Badakhshan provinces of Afghanistan:

Following the implementation of our series of distribution of food packages in year 2021/22 in the provinces of Panjshir, Kandahar and Badakhshan benefiting 315 families, this year we distributed 310 food packages for the needy families in provinces of Helmand, Paktika and Kabul. Sadly, in the case of Paktika an earthquake disaster took place June 2022 and many people who already were lacking basic food and medication were in desperate need. Each package (flour, rice, oil, beans, sugar and tea) consisted of supplies for one month for a family of average of six members. The total number of beneficiaries has reached 3,750 people. For the implementation of these projects we have continued to partner with the two local organisations: Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas).

Implementation of free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan:

We have been working in partnership with the Afghanistan Islamic Medical Association (AIMA), to design the free medical camps projects. With our consultation and financial support AIMA has implemented the free medical camps in Kabul and Paktika during this reporting period. Each camp lasted from one to four days. A group of volunteer medical professionals (11 to 44 volunteers) gathered and travelled to these provinces to provide free primary medical care. Those in need of secondary medical care were referred to nearest hospitals and the cost were covered by the projects. Total number of patients who benefited from these projects were 1,877. In previous year we implemented the free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan and benefited 6,439 people.

Malnutrition Project for severely malnourished children registered in Kunar, Kapisa and Wardak, Afghanistan

The project was in partnership with the Khatiz Public Health Association (KPHA). These families with malnourished children were identified in cooperation with the KPHA and distributed the highly nutritious food packages to 70 needy families in Jalalabad. Each food package consisted of 50kg of wheat flour, 10kg of rice, 7kg of beans, 7kg of chickpeas, 10 litres of oil and 60 eggs.

In previous year we implemented the malnutrition project in partnership with AIMA and Ehsas and 121 families with severely malnourished children registered in Kunar, Wardak and Kapisa in Afghanistan were supported.

AAHP-UK

TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24th MARCH 2023

AAHPUK work in the UK:

Occupational English Test (OET) Training for Afghan Healthcare professionals in the UK:

This is an exciting project which has started in July/August 2022. The aim of the project is to help the newly arrived Afghan Healthcare professionals to requalify in the UK in order to work in the NHS. During this year we have funded 80 Afghan healthcare professionals who are in the UK to this training. The Training run by SET-English, which provides 20 hours live classes online, plus assessment by submission of eight letters and three mock exams. The lessons are uploaded to the Set-English website and candidates have access to the recording 24/7 a week. There were four of these candidates who passed their OET exams during this year. This project has been a great centre for the Afghan healthcare professional to come under one umbrella of AAHP-UK. The beneficiaries feedbacks are very positive. It has given them a sense of belonging and a place that they can turn to with their issues. We also provide mentoring for plab1 and plab2 by the AAHP-UK management committee members after they pass their OET exam. AAHP-UK also run meetings and seminars related to their career path in the UK.

AAHP-UK Future work in Afghanistan:

We would like to continue the distribution of food packages to the people affected by natural disasters, war and poverty in various provinces in Afghanistan. We will continue the implementation of free medical camp to s (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

The OET project has grown in the numbers of the beneficiaries and there is a need to support them with searching for clinical attachment while studying for their OET. We will continue our endeavour to serve the beneficiaries and their needs to our ability.

FINANCIAL REVIEW

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of £59,653 (2022: £73,084) and expenses of £53,762 (2022: £38,465) leading to a surplus of £5,891 (2022: £34,619). The charity has net assets of £44,376 at the year-end (2022: £38,485).

RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £44,376 with £26,624 held in restricted funds (2022: £28,004), this leaves £17,752 of free unrestricted reserves (2022: £10,481) for the use in future projects. This is sufficient to cover at least six months of ordinary running costs while the charity sought further funding.



Dr Abdulwahab Ghani
Trustee

Date: 23/01/2024

**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2023 set out on pages 7 to 10.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

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Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE
Full member of the Association of Charity Independent Examiners
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

Date: 23 January 2024

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023

RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2022 Total £
Receipts					
Donations	4	7,140	-	7,140	2,781
Fundraising	5	10,391	-	10,391	15,303
Grants	6	-	42,122	42,122	55,000
Total Receipts		17,531	42,122	59,653	73,084
Payments					
Payments for Charitable Activities:	7				
Afghanistan Islamic Medical Association					
(AIMA) - Distribution of Food Packages and Free					
Medical Camps in Afghanistan					
		-	26,012	26,012	31,136
Advertising & Fundraising		130	-	130	49
Bank charges		-	-	-	-
Consultancy		950	3,580	4,530	2,860
Telephone & Internet		728	-	728	803
Thalassemia Projects		-	-	-	1,500
Orphan Projects		1,000	-	1,000	2,117
OET Training		-	13,910	13,910	-
Malnutrition Project		4,800	-	4,800	-
Governance Costs		2,652	-	2,652	-
Total Payments		10,260	43,502	53,762	38,465
Surplus/(Deficit) for the year		7,271	- 1,380	5,891	34,619
Transfers between funds		-	-	-	-
Cash funds brought forward		10,481	28,004	38,485	3,866
Cash funds carried forward		17,752	26,624	44,376	38,485

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023

STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	10,481	28,004	38,485
Surplus/(Deficit) for the period	7,271 -	1,380	5,891
Transfer of restricted Funds	-	-	-
Cash and bank balances at end of period	17,752	26,624	44,376

Liabilities

As accounts are prepared on a receipts and payments basis, at the year end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on 23 January 2024 and were signed on its behalf by:



Dr Abdulwahab Ghani

Trustee

AAHP-UK

CHARITY NUMBER: 1150024

NOTES TO THE FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2023 nor 24 March 2022.

No Trustees have received remuneration in the period to 24 March 2023 nor 24 March 2022.

4. Donations

	2023	2022
	£	£
Orphan Donations	890	1,860
Misc. Donations	6,250	921
	<u>7,140</u>	<u>2,781</u>

5. Fundraising

	2023	2022
	£	£
Go Fund Me – Bread Distribution Project	-	1,580
Muska Miller – Fundraising	-	2,850
Naveed Kabir - Marathon	-	10,873
Online Fundraising	10,391	-
	<u>10,391</u>	<u>15,303</u>

6. Grants

	2023	2022
	£	£
Prism – Choose Love	12,213	35,000
Prism – Shamaazi Foundation	-	20,000
Karen Woo Award	9,625	-
OET Training	20,284	-
	<u>42,122</u>	<u>55,000</u>

NOTES TO THE FINANCIAL STATEMENTS – Continued

FOR THE YEAR ENDED 24th March 2023

7. Costs of Charitable Activities

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
AIMA - Distribution of Food Packages and Free Medical Camps in Afghanistan	-	26,012	26,012	31,136
Consultancy	950	3,580	4,530	2,860
Orphan Projects	1,000	-	1,000	2,117
OET Training	-	13,910	13,910	-
Malnutrition Project	4,800	-	4,800	-
Admin costs	274	-	274	49
Telephone	162	-	162	40
Thalassemia Projects	-	-	-	1,500
Virtual address	48	-	48	48
Webhosting Fees	-	-	-	215
Website Developer	374	-	374	500
Governance costs	2,652	-	2,652	-
	<u>10,260</u>	<u>43,502</u>	<u>53,762</u>	<u>38,465</u>

8. Movement in Funds

	Balance at 25/03/2022	Received	Paid	Transfers	Balance at 24/03/2023
Unrestricted - General	10,481	17,531 -	10,260	-	17,752
Restricted - Choose Love/Shamaazi	28,004	12,213 -	26,916	-	13,301
Restricted - OET Training	-	20,284 -	16,586	-	3,698
Restricted - Karen Woo Award	-	9,625	-	-	9,625
	<u>38,485</u>	<u>59,653 -</u>	<u>53,762</u>	<u>-</u>	<u>44,376</u>

Choose Love and Shamaazi Foundation - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan.

OET Training – for the training for Afghan healthcare professionals to take Occupational English Test (OET)

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo

Accounts

Charity Registration No: 1150024

**Association of Afghan Healthcare Professionals-UK
AAHP-UK**

**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR
THE YEAR ENDED 24th March 2022**



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AAHP-UK

TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24th MARCH 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number:	1150024
Registered Address:	85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm:	Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers:	Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee and Chair
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Anna Sharif	Trustee
Dr Qudrat Ullah	Trustee

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

The trustees invited Dr Maliha Kabir to join the charity in a consultancy basis in September 2021. Dr Maliha Kabir's work contributed towards communications with donors, managing projects and general admin work of the charity. In this reporting period we also recruited Bluemont, a website developer to work on AAHP-UK website. We are pleased with the work that has been done to improve our website.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2022**

Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

- To assist with education and training of healthcare professionals of Afghan origin in the UK.
- To respond to emergency disasters by providing basic needs such as medical care and food in Afghanistan and UK
- To work in partnership with other medical and charitable organisations in the UK and Afghanistan on order to enhance mental and physical well-being of Afghan community.
- To organise seminars, workshops, and on-line educational activities to promote up-to-date clinical and scientific awareness, and educate public on healthcare
- To contribute to the reconstruction and development of Afghanistan healthcare sector.

PUBLIC BENEFIT

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. AAHP-UK has moved stronger since its inception almost a decade ago, with expanding its financial turnover to over £70,000. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2022**

ACHIEVEMENTS AND PERFORMANCE Continued

The association's journey in becoming an academic institution is materialised and jointly with the King's College London, we have produced a mental health guide (Working with Afghan Sanctuary Seekers). This guide will be a great advocate tool to influence the national immigration policies to benefit asylum seekers and to increase their access to mental health services in the community. This guide was launched in October 2022.

As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

AAHP-UK projects during this reporting period:

There are two ongoing projects that AAHP-UK have been providing financial support to and will continue to support in future:

1) Orphans project in Kabul Afghanistan

This is an ongoing project that we have supported for several years now. There are seven children in Kabul who have lost their parents. We provide funding for their basic needs and education.

2) Thalassaemia Project in Kabul, Afghanistan

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of desferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK. AAHP-UK is working towards improving the current arrangement for this project.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2022**

Projects since 15 August 2021:

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

Raising Funds by volunteers:

A young Afghan volunteer fundraiser Naveed Kabir who ran a marathon of 42Km from Harrow to Canary Wharf raised over ten thousand pounds via GoFundMe for AAHP-UK to support people in Afghanistan. This initiative resonated with organisations such as Choose Love and Shamaazi Foundations who awarded grants for our projects. An Afghan Healthcare professional Muska Miller has raised over two thousand to support our work. We are hugely thankful to all our donors for their trust in work and financial support. More details about our funders are in the financial pages of this report.

The generous support of our funders, enabled us to implement the following projects in this reporting period:

Distribution of food packages to Panjshir, Kandahar and Badakhshan provinces of Afghanistan: We have partnered two local organisations for this project. Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas) who is specialising in food distribution and transportation of food packages. We have distributed 315 food packages to these provinces. Each package consisted of supplies for one month for a family of average of six members. The total number of beneficiaries was 1890 people.

Implementation of free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan:

We have been working in partnership with the Afghanistan Islamic Medical Association (AIMA), a charitable organisation, to design the free medical camps projects. With our consultation and financial support AIMA has implemented the free medical camps in Ghor, Panjshir, Kandahar and Takhar during this reporting period. Each camp lasted from one to four days. A group of volunteer medical professionals (11 to 44 volunteers) gathered and travelled to these provinces to provide free primary medical care. Those in need of secondary medical care were referred to nearest hospitals and the cost were covered by the projects. Total number of patients who benefited from these projects were 6,439.

Malnutrition Project for severely malnourished children registered in Kunar, Kapisa and Wardak, Afghanistan

This project was a joint campaign with AIMA and Ehsas to raise funds for children registered as acute malnourished in Afghanistan. As a result of this campaign, we have raised funds and implemented distribution of 121 highly nutritious food package to families of children registered as acute malnourished in Kunar, Wardak and Kapisa provinces.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24th MARCH 2022**

AAHP-UK Future work in Afghanistan:

We would like to extend the distribution of food packages to other destitute families in distant provinces in Afghanistan. We will continue the implementation of free medical camps (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

We are in the process of finding unwanted second hand medical devices in the UK in order to be shifted to Afghanistan.

AAHPUK Future work in the UK:

We are committed to work in dissemination of the guidelines for mental health professionals who are dealing with Afghan communities and other refugees.

Occupational English Test (OET) Training for Afghan Healthcare professionals in the UK: This is an exciting project which started in July/August 2022. The aim of the project is to help the newly arrived Afghan Healthcare professionals to requalify in the UK in order to work in the NHS.

FINANCIAL REVIEW

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised much more funds to finance the charity's objectives in this reporting period than previous years. All restricted funds will be used only for the designated projects.

During the year AAHP-UK had income of £73,084 (2021: £15,975) and expenses of £38,465 (2021: £21,954) leading to a surplus of £34,619 (2021: deficit £5,979). The charity has net assets of £38,485 at the year-end (2021: 3,866).

RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £38,485 with £28,004 held in restricted funds, this leaves £10,481 of unrestricted reserves for the use in future projects (2021: £3,866 all unrestricted).

Dr Abdulwahab Ghani
Trustee

Date

**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2022 set out on pages 7 to 10.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mathew Gillies LLB (Hons) ACPA FCIE
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

Date.....

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2022

RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2021 Total £
Receipts					
Donations	4	2,781	-	2,781	11,049
Fundraising	5	15,303	-	15,303	4,926
Grants	6	-	55,000	55,000	-
Total Receipts		18,084	55,000	73,084	15,975
Payments					
Payments for Charitable Activities:	7				
Afghanistan Islamic Medical Association (AIMA)		7,000	24,136	31,136	-
Advertising & Fundraising		49	-	49	-
Bank charges		-	-	-	35
Consultancy		-	2,860	2,860	-
Telephone & Internet		803	-	803	-
Thalassema Projects		1,500	-	1,500	1,500
Orphan Projects		2,117	-	2,117	2,319
Other Projects		-	-	-	18,100
Total Payments		11,469	26,996	38,465	21,954
Surplus/(Deficit) for the year		6,615	28,004	34,619	-5,979
Transfers between funds		-	-	-	-
Cash funds brought forward		3,866	-	3,866	9,845
Cash funds carried forward		10,481	28,004	38,485	3,866

AAHP-UK
CHARITY NUMBER: 1150024
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2022

STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	3,866	-	3,866
Surplus/(Deficit) for the period	6,615	28,004	34,619
Transfer of restricted Funds	-	-	-
Cash and bank balances at end of period	10,481	28,004	38,485

The accounts were approved by the Trustees and authorised for issue on and were signed on its behalf by:

Dr Abdulwahab Ghani
Trustee

AAHP-UK

CHARITY NUMBER: 1150024

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2022**

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2022 nor 24 March 2021.

No Trustees have received remuneration in the period to 24 March 2022 nor 24 March 2021.

4. Donations

	2022	2021
	£	£
Orphan Donations	1,860	-
Misc. Donations	921	11,049
	-	
	<u>2,781</u>	<u>11,049</u>

5. Fundraising

	2022	2021
	£	£
Go Fund Me – Bread Distribution Project	1,580	-
Muska Miller – Fundraising	2,850	-
Naveed Kabir - Marathon	10,873	-
Online Fundraising	-	4,926
	<u>15,303</u>	<u>4,926</u>

6. Grants

	2022	2021
	£	£
Prism – Choose Love	35,000	-
Prism – Shamaazi Foundation	20,000	-
	<u>55,000</u>	-

NOTES TO THE FINANCIAL STATEMENTS – Continued
FOR THE YEAR ENDED 24th March 2022

7. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
AIMA	7,000	24,136	31,136	-
Bank Charges	-	-	-	35
Consultancy	-	2,860	2,860	-
Orphan Projects	2,117	-	2,117	2,319
Other Projects	-	-	-	18,100
Social Media/Facebook	49	-	49	-
Telephone	40	-	40	-
Thalassemia Projects	1,500	-	1,500	1,500
Virtual address	48	-	48	-
Webhosting Fees	215	-	215	-
Website Developer	500	-	500	-
	<u>11,469</u>	<u>26,996</u>	<u>38,465</u>	<u>21,954</u>

8. Movement in Funds

	Balance at 25/03/2021	Received	Paid	Transfers	Balance at 24/03/2022
Unrestricted - General	3,866	18,084 -	11,469		10,481
Restricted - Choose Love/Shamaazi	-	55,000 -	26,996		28,004
	<u>3,866</u>	<u>73,084 -</u>	<u>38,465</u>	<u>-</u>	<u>38,485</u>

Grants were received during the year from Choose Love and Shamaazi Foundation, these grants were received for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan.