

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
BLADDER HEALTH UK LIMITED

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

BLADDER HEALTH UK LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024

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BLADDER HEALTH UK LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the Charity are;

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
- To provide sufferers, their families and friends with support and contact with other sufferers.
- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2024, BHUK have provided the public with access to the advice line during weekdays, on-line forums, information via the website and social media via Facebook, Twitter and Instagram. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and enhances the level of service offered by the Charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's magazine 'Your Bladder Health' has a wide distribution as the membership and our Healthcare Professional and Corporate database has increased this year. The magazine is now fully digital and continues to be one of the key valuable resources we provide.

BLADDER HEALTH UK LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENT AND PERFORMANCE

Bladder Health UK continued to support both patients/sufferers and healthcare professionals (HCP's) in 2023-24

In particular we have experienced growth in the number of calls from patients who are not able to get the help they would like from the NHS. Long waiting lists and lack of time to explain treatments are just a couple of the reasons behind this increase.

The advice line is staffed 5 days a week and deals with a variety of bladder related calls both clinical and emotional. It remains one of the USP's of the charity.

Resources such as the condition handbooks are very popular and often taken by HCPs at study days to pass on to their patients for information and to pass on the charity details. In 2023/24 BHUK designed and printed a new handbook for patients on catheters due to the volume of calls we have from patients not knowing how to cope with having a catheter fitted.

The BHUK newsletter/magazine is now fully digital which has saved significant print and postage costs. It is full of informative articles as well as a member section and fundraiser news. It is a member resource, but copies are emailed to our HCP database.

The daily running of the charity is underpinned by good support systems although increasingly lack of true integration is becoming an issue to be considered in the new year. However, the ability to run our own conference/webinar registrations is a bonus plus we organise fundraising events for ourselves and for some of our sponsors. Membership has dropped slightly but social media followers continue to increase.

The BHUK staff work well as a team and together have delivered 7 webinars, 2 patient days and attended over 12 events to promote the charity and raise awareness of bladder illness. A key event in the annual calendar has become the BHUK Conference for HCP's. The second conference was held in February 2024 and was very successful. Feedback from attendees - delegates, exhibitors and speakers - was very positive and gave much to consider for the 2025 event. The whole conference is organised in-house meaning that we have control as well as income from the event

Collaboration with other third sector organisations is important and this year we have worked with Prostate Cancer and several other charities to raise awareness of the need for continence bins in men's toilets. The campaign - 'Boys Need Bins' has raised the profile of the issue with many organisations such as motorway services, Government buildings and leisure facilities taking on board provision of bins.

The profile of BHUK has been raised and reinforced by our work with NICE (National Institute for Health & Care Excellence). Members of the Bladder Health UK team have sat as 'expert patients' on NICE committees considering new treatments and devices and they have also taken part in a new initiative to engage with the Voluntary and Community sector. Progress has been slow, and changes are hard to bring about but the patient voice is recognised more and more as an important element to be heard.

BHUK have been part of several National Institute of Health Research (NIHR) bids over the years and are integral to two more new bids this year. A key benefit of this involvement is to aid recruitment to trials and to ensure the patient literature is understandable i.e. written in layman's terms with little scientific jargon.

Corporate and commercial sponsorship helps the charity to deliver all the much used and well-respected services every day and we are grateful to them for their continued support.

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of prior difficulties arising from the aftermath of the recent unprecedented pandemic, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated operational reserve for this purpose.

The annualised expenditure for 2023-2024 is £162,431. The reserves held exceed this figure in total funds of £221,430. The reserves are needed to meet the working capital requirement of the Charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the Charity.

BLADDER HEALTH UK LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW

Operational review

The effects of the Covid19 pandemic continue to affect the operations of Bladder Health UK. The key message is that management and Trustees have carefully considered the impact of Coronavirus on the Charity's report and financial statements to ensure that these continue to reflect the financial activities and position of the charity for the foreseeable future.

We have reviewed outstanding payments and receipts, and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments'. We anticipate the operational reserve of £106k and total restricted reserves will be maintained at the level agreed last year i.e £129k in order to ensure the operational reserve and funds are secure.

The Trustees' assessment on the Charity's ability to continue as a going concern is already a key area of emphasis and importance, and Trustees have continued to take account of the impact from the recent Coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow.

Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the Charity moving forward. The Trustees will continue to monitor and review the financial situation on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities, strategy, and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet two to four times each year and converse by email and telephone between board meetings. The internal Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson, and in accordance the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles the Trustees on behalf of the Charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled Board of Trustees to oversee the Charity business. New Directors/Trustees are firstly interviewed by the Chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with the following documentation;

- Becoming a Trustee of BHUK
- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The Charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- 4 Employees; The Business Director; 1 Communication & Media Manager; 1 Finance and Membership manager, and 1 Specialist Urology Nurse
- A sponsored Specialist Continence Nurse (2 days per month)
- The Volunteers and Network Co-ordinators
- The Membership of the Bladder Health UK

BLADDER HEALTH UK LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08270007 (England and Wales)

Registered Charity number

1149973

Registered office

Kings Court 17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

Trustees

M Bignall
D Eaton Chairperson
J M Emkes
K E France (resigned 17.6.2023)
N Fraser
P M Latthe (Dr)
K W Powell
S Frier
M A Grange - Treasurer (appointed 17.6.2023)

Independent Examiner

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Approved by order of the board of trustees on 15/06/2024 and signed on its behalf by:

N. J. Eaton

D Eaton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BLADDER HEALTH UK LIMITED

Independent examiner's report to the trustees of Bladder Health Uk Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

MDG Business Associates Limited

Vicky Moore

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Date: *15/06/2024*
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BLADDER HEALTH UK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations, legacies and charitable activities		172,980	-	172,980	109,716
Other income	2	20,575	-	20,575	23,344
Investment income	3	<u>3,568</u>	<u>-</u>	<u>3,568</u>	<u>929</u>
Total		<u>197,123</u>	<u>-</u>	<u>197,123</u>	<u>133,989</u>
 EXPENDITURE ON					
Raising funds	4	88,754	-	88,754	64,154
Charitable activities					
Charitable activities		<u>73,677</u>	<u>-</u>	<u>73,677</u>	<u>70,710</u>
Total		<u>162,431</u>	<u>-</u>	<u>162,431</u>	<u>134,864</u>
 NET INCOME/(EXPENDITURE)		34,692	-	34,692	(875)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>56,838</u>	<u>129,900</u>	<u>186,738</u>	<u>187,613</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>91,530</u></u>	<u><u>129,900</u></u>	<u><u>221,430</u></u>	<u><u>186,738</u></u>

The notes form part of these financial statements

BLADDER HEALTH UK LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	9	11,868	-	11,868	-
Cash at bank		<u>81,102</u>	<u>129,900</u>	<u>211,002</u>	<u>188,178</u>
		92,970	129,900	222,870	188,178
CREDITORS					
Amounts falling due within one year	10	<u>(1,440)</u>	-	<u>(1,440)</u>	<u>(1,440)</u>
NET CURRENT ASSETS		<u>91,530</u>	<u>129,900</u>	<u>221,430</u>	<u>186,738</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>91,530</u>	<u>129,900</u>	<u>221,430</u>	<u>186,738</u>
NET ASSETS		<u>91,530</u>	<u>129,900</u>	<u>221,430</u>	<u>186,738</u>
FUNDS	11				
Unrestricted funds				91,530	56,838
Restricted funds				<u>129,900</u>	<u>129,900</u>
TOTAL FUNDS				<u>221,430</u>	<u>186,738</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

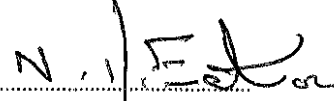
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15/06/2024 and were signed on its behalf by:


D Eaton - Trustee


M A Grange - Trustee

The notes form part of these financial statements

BLADDER HEALTH UK LIMITED

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER INCOME

	2024	2023
	£	£
Fundraising - members	3,330	4,014
Membership fees	<u>17,245</u>	<u>19,330</u>
	<u>20,575</u>	<u>23,344</u>

BLADDER HEALTH UK LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

3. INVESTMENT INCOME

	2024	2023
	£	£
Bank interest received	<u>3,568</u>	<u>929</u>

4. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Support costs	<u>88,754</u>	<u>64,154</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were trustee expenses paid of £475 for the year ended 31 March 2024 (2023: £Nil).

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
	4	4
Administration	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and charitable activities	109,716	-	109,716
Other income	23,344	-	23,344
Investment income	<u>929</u>	<u>-</u>	<u>929</u>
Total	<u>133,989</u>	<u>-</u>	<u>133,989</u>
EXPENDITURE ON			
Raising funds	64,154	-	64,154
Charitable activities			
Charitable activities	<u>70,710</u>	<u>-</u>	<u>70,710</u>
Total	<u>134,864</u>	<u>-</u>	<u>134,864</u>
NET INCOME/(EXPENDITURE)	(875)	-	(875)
RECONCILIATION OF FUNDS			
Total funds brought forward	57,713	129,900	187,613

BLADDER HEALTH UK LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>56,838</u>	<u>129,900</u>	<u>186,738</u>

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2023 and 31 March 2024	<u>5,000</u>	<u>20,835</u>	<u>25,835</u>
Depreciation			
At 1 April 2023 and 31 March 2024	<u>5,000</u>	<u>20,835</u>	<u>25,835</u>
Net book value			
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	<u>11,868</u>	<u>-</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Accruals and deferred income	<u>1,440</u>	<u>1,440</u>

11. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	56,838	34,692	91,530
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	<u>106,000</u>	<u>-</u>	<u>106,000</u>
	<u>129,900</u>	<u>-</u>	<u>129,900</u>
TOTAL FUNDS	<u>186,738</u>	<u>34,692</u>	<u>221,430</u>

BLADDER HEALTH UK LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	197,123	(162,431)	34,692
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>197,123</u>	<u>(162,431)</u>	<u>34,692</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	57,713	(875)	56,838
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	<u>106,000</u>	<u>-</u>	<u>106,000</u>
	<u>129,900</u>	<u>-</u>	<u>129,900</u>
TOTAL FUNDS	<u>187,613</u>	<u>(875)</u>	<u>186,738</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	133,989	(134,864)	(875)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>133,989</u>	<u>(134,864)</u>	<u>(875)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	57,713	33,817	91,530
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	<u>106,000</u>	<u>-</u>	<u>106,000</u>
	<u>129,900</u>	<u>-</u>	<u>129,900</u>
TOTAL FUNDS	<u>187,613</u>	<u>33,817</u>	<u>221,430</u>

BLADDER HEALTH UK LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	331,112	(297,295)	33,817
TOTAL FUNDS	<u><u>331,112</u></u>	<u><u>(297,295)</u></u>	<u><u>33,817</u></u>

Regional work - groups providing support for people with bladder illness.

Vision fund - funding to update website and IT in forthcoming years.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.