BLADDER HEALTH UK

England & Wales · Charity number 1149973

Details

Other names	THE CYSTITIS AND OVERACTIVE BLADDER FOUNDATION, THE COB FOUNDATION
Status	Registered
Legal form	Charitable company
Company number	08270007
Registered	2012-11-29
Register	View on the Charity Commission register

Contact

Address	Bladder Health UK Kings Court 17 School Road Hall Green Birmingham
Phone	01217020821
Email	MILLIE@BLADDERHEALTHUK.ORG
Website	www.bladderhealthuk.org

Activities

Objects: 1) THE RELIEF OF SICKNESS OF PERSONS SUFFERING FROM ALL FORMS OF CYSTITIS AND OVERACTIVE BLADDER.2) THE ADVANCEMENT OF EDUCATION AMONGST THE GENERAL PUBLIC AND THE MEDICAL PROFESSION INTO THE CAUSES AND TREATMENT OF ALL FORMS OF CYSTITIS AND OVERACTIVE BLADDER.3) THE PROMOTION OF RESEARCH INTO THE CAUSES AND TREATMENT OF ALL FORMS OF CYSTITIS AND OVERACTIVE BLADDER ON TERMS THAT THE RESULTS OF SUCH RESEARCH ARE PUBLISHED.

Activities: 1. To promote the relief of sickness of persons suffering from all forms of cystitis, overactive bladder and bladder incontinence. 2. To advance education of the general public & medical profession into the causes & treatments of bladder illness and the impact on quality of life. 3. Promote research into the causes and treatments of all forms of cystitis, OAB and bladder incontinence.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£133,123	£174,519	-	-
2024-03-31	£197,123	£162,431	-	-
2023-03-31	£133,989	£134,864	-	-
2022-03-31	£114,049	£130,073	-	-
2021-03-31	£128,901	£122,620	-	-

Trustees

Name	Role	Appointed
Dr PALLAVI LATTHE		2014-11-16
Jemma Pembury		2024-12-18
Matthew Luke Gough		2024-12-18
Michael Grange		2023-06-17
NEIL FRASER		2017-06-17
Suzanne Alice Jane Evans		2025-02-26

Accounts

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

FOR

BLADDER HEALTH UK LIMITED

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

BLADDER HEALTH UK LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the Charity are;

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
- To provide sufferers, their families and friends with support and contact with other sufferers.
- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2025, BHUK have provided the public with access to the advice line during weekdays, on-line forums, information via the website and social media via Facebook, Twitter and Instagram. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and enhances the level of service offered by the Charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's bi-monthly newsletter has a distribution to members and our Healthcare Professional and Corporate database. This has continued to increase this year. We've also increased our number of educational events to sufferers and healthcare professionals.

ACHIEVEMENT AND PERFORMANCE

Bladder Health UK continued to support both patients/sufferers and healthcare professionals (HCP's) in 2024-25

We have continued to receive a large number of calls from sufferers who have not received all they would like from the NHS. Long waiting lists and lack of resource to explain treatments are just a couple of the reasons behind this.

The advice line is staffed weekly and receives a variety of bladder related calls both clinical and emotional.

Resources such as the condition handbooks are very popular and often taken by HCPs at study days to read for information and to pass on the charity details. This year, we have redesigned the diet handbook for patients. This is a very popular resource with sufferers and healthcare professionals.

The BHUK newsletter has been launched which replaces the magazine. This change will save significant costs and allow for easier accessibility and more regular contact. It is full of informative articles as well as a team and fundraiser news. It is a member resource, but copies are emailed to our HCP and corporate database.

Our events reputation has continued to increase. We consistently receive excellent feedback and event tickets sell well. We've increased the number of webinars we are hosting to increase the benefit to members who receive complimentary access and to offer increased education and engagement with our healthcare professional database. We are currently looking to launch an events page on our website to further promote these events. We have also organised study days and our flagship conference as well as regular events to promote the charity and raise awareness of its services.

The daily running of the charity is underpinned by good support systems. The administration and cost of these have continued to increase which has lead to a decision to change the membership model. The annual cost will change from a yearly subscription to a monthly subscription. This will allow us to continue to offer a membership and to coordinate sufferer webinars, social media post, groups and the newsletter.

The profile of BHUK has been raised and reinforced by our work with the National Institute for Health & Care Excellence (NICE). Members of the Bladder Health UK team have sat as 'expert patients' on NICE committees considering new treatments and devices and they have also taken part in a new initiative to engage with the Voluntary and Community sector. We are contributing to a number of research projects including with the Antibiotic Resistance Research Action group and with a project called VESPA.

Corporate and commercial sponsorship helps the charity to deliver all the much used and well-respected services every day and we are grateful to them for their continued support.

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of prior difficulties arising from the aftermath of the recent unprecedented pandemic, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated operational reserve for this purpose.

The annualised expenditure for 2024-2025 is £174,519. The reserves held exceed this figure in total funds of £180,034. The reserves are needed to meet the working capital requirement of the Charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the Charity.

Operational review

The effects of inflation continue to affect the operations of Bladder Health UK. The key message is that management and Trustees have carefully considered the impact of inflation to ensure that these continue to reflect the financial needs and position of the charity for the foreseeable future.

We have reviewed outstanding payments and receipts, and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments'. We anticipate the operational reserve of £106k and total restricted reserves will be maintained at the level agreed last year i.e £129k in order to ensure the operational reserve and funds are secure.

The Trustees' assessment on the Charity's ability to continue as a going concern is already a key area of emphasis and importance, and Trustees have continued to take account of the impact from the recent Coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow.

Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the Charity moving forward. The Trustees will continue to monitor and review the financial situation on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities, strategy, and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet two to four times each year and converse by email and telephone between board meetings. The internal Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson, and in accordance the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles the Trustees on behalf of the Charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled Board of Trustees to oversee the Charity business.New Directors/Trustees are firstly interviewed by the Chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with following information;

- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The Charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- The employees; Charity Director, Senior Project Manager, Office Manager, Specialist Continence Nurse and The Specialist Uro-Gynaecology Nurse.
- The Volunteers including a Network of Co-ordinators
- The Membership of the Bladder Health UK

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Company number
08270007 (England and Wales)

Registered Charity number
1149973

Registered office
Kings Court 17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

Trustees
M Bignall (resigned 18.6.2024)
D Eaton - Chairperson
J M Emkes
N Fraser
P M Latthe (Dr)
K W Powell
S Frier (resigned 16.11.2024)
M A Grange - Treasurer

Independent Examiner
MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Approved by order of the board of trustees on 7 June 2025 and signed on its behalf by:

D Eaton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BLADDER HEALTH UK LIMITED

Independent examiner's report to the trustees of Bladder Health Uk Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Vicky Moore

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

9 June 2025

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and charitable activities		116,910	-	116,910	172,980
Other income	2	15,245	-	15,245	20,575
Investment income	3	968	-	968	3,568
Total		133,123	-	133,123	197,123
EXPENDITURE ON					
Raising funds	4	91,848	-	91,848	88,754
Charitable activities					
Charitable activities		82,671	-	82,671	73,677
Total		174,519	-	174,519	162,431
NET INCOME/(EXPENDITURE)		(41,396)	-	(41,396)	34,692
RECONCILIATION OF FUNDS					
Total funds brought forward		91,530	129,900	221,430	186,738
TOTAL FUNDS CARRIED FORWARD		50,134	129,900	180,034	221,430

The notes form part of these financial statements

BLADDER HEALTH UK LIMITED

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Debtors	9	3,450	-	3,450	11,868
Cash at bank		50,526	129,900	180,426	211,002
		53,976	129,900	183,876	222,870
CREDITORS					
Amounts falling due within one year	10	(3,842)	-	(3,842)	(1,440)
NET CURRENT ASSETS		50,134	129,900	180,034	221,430
TOTAL ASSETS LESS CURRENT LIABILITIES		50,134	129,900	180,034	221,430
NET ASSETS		50,134	129,900	180,034	221,430
FUNDS	11				
Unrestricted funds				50,134	91,530
Restricted funds				129,900	129,900
TOTAL FUNDS				180,034	221,430

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 June 2025 and were signed on its behalf by:

D Eaton - Trustee

M A Grange - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	20% on cost
Computer equipment	-	33% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER INCOME

	2025	2024
	£	£
Fundraising - members	1,519	3,330
Membership fees	13,726	17,245
	15,245	20,575

3. INVESTMENT INCOME

	2025	2024
	£	£
Bank interest received	968	3,568

4. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Support costs	91,848	88,754

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were trustee expenses paid of £293 for the year ended 31 March 2025 (2024: £475).

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Administration	5	4

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations, legacies and charitable activities	172,980	-	172,980
Other income	20,575	-	20,575
Investment income	3,568	-	3,568
Total	197,123	-	197,123
EXPENDITURE ON			
Raising funds	88,754	-	88,754
Charitable activities			
Charitable activities			
	73,677	-	73,677
Total	162,431	-	162,431
NET INCOME	34,692	-	34,692
RECONCILIATION OF FUNDS			
Total funds brought forward	56,838	129,900	186,738

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	91,530	129,900	221,430

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2024 and 31 March 2025	5,000	20,835	25,835
Depreciation			
At 1 April 2024 and 31 March 2025	5,000	20,835	25,835
Net book value			
At 31 March 2025	-	-	-
At 31 March 2024	-	-	-

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	3,450	11,868

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Social security and other taxes	2,403	-
Accruals and deferred income	1,439	1,440
	3,842	1,440

11. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	91,530	(41,396)	50,134
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	221,430	(41,396)	180,034

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	133,123	(174,519)	(41,396)
TOTAL FUNDS	133,123	(174,519)	(41,396)

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	56,838	34,692	91,530
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	186,738	34,692	221,430

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	197,123	(162,431)	34,692
TOTAL FUNDS	197,123	(162,431)	34,692

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	56,838	(6,704)	50,134
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	186,738	(6,704)	180,034

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	330,246	(336,950)	(6,704)
TOTAL FUNDS	330,246	(336,950)	(6,704)

Regional work - groups providing support for people with bladder illness.

Vision fund - funding to update website and IT in forthcoming years.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Accounts

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

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OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the Charity are;

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
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- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2024, BHUK have provided the public with access to the advice line during weekdays, on-line forums, information via the website and social media via Facebook, Twitter and Instagram. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and enhances the level of service offered by the Charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's magazine 'Your Bladder Health' has a wide distribution as the membership and our Healthcare Professional and Corporate database has increased this year. The magazine is now fully digital and continues to be one of the key valuable resources we provide.

ACHIEVEMENT AND PERFORMANCE

Bladder Health UK continued to support both patients/sufferers and healthcare professionals (HCP's) in 2023-24

In particular we have experienced growth in the number of calls from patients who are not able to get the help they would like from the NHS. Long waiting lists and lack of time to explain treatments are just a couple of the reasons behind this increase.

The advice line is staffed 5 days a week and deals with a variety of bladder related calls both clinical and emotional. It remains one of the USP's of the charity.

Resources such as the condition handbooks are very popular and often taken by HCPs at study days to pass on to their patients for information and to pass on the charity details. In 2023/24 BHUK designed and printed a new handbook for patients on catheters due to the volume of calls we have from patients not knowing how to cope with having a catheter fitted.

The BHUK newsletter/magazine is now fully digital which has saved significant print and postage costs. It is full of informative articles as well as a member section and fundraiser news. It is a member resource, but copies are emailed to our HCP database.

The daily running of the charity is underpinned by good support systems although increasingly lack of true integration is becoming an issue to be considered in the new year. However, the ability to run our own conference/webinar registrations is a bonus plus we organise fundraising events for ourselves and for some of our sponsors. Membership has dropped slightly but social media followers continue to increase.

The BHUK staff work well as a team and together have delivered 7 webinars, 2 patient days and attended over 12 events to promote the charity and raise awareness of bladder illness. A key event in the annual calendar has become the BHUK Conference for HCP's. The second conference was held in February 2024 and was very successful. Feedback from attendees - delegates, exhibitors and speakers - was very positive and gave much to consider for the 2025 event. The whole conference is organised in-house meaning that we have control as well as income from the event

Collaboration with other third sector organisations is important and this year we have worked with Prostate Cancer and several other charities to raise awareness of the need for continence bins in men's toilets. The campaign - 'Boys Need Bins' has raised the profile of the issue with many organisations such as motorway services, Government buildings and leisure facilities taking on board provision of bins.

The profile of BHUK has been raised and reinforced by our work with NICE (National Institute for Health & Care Excellence). Members of the Bladder Health UK team have sat as 'expert patients' on NICE committees considering new treatments and devices and they have also taken part in a new initiative to engage with the Voluntary and Community sector. Progress has been slow, and changes are hard to bring about but the patient voice is recognised more and more as an important element to be heard.

BHUK have been part of several National Institute of Health Research (NIHR) bids over the years and are integral to two more new bids this year. A key benefit of this involvement is to aid recruitment to trials and to ensure the patient literature is understandable i.e. written in layman's terms with little scientific jargon.

Corporate and commercial sponsorship helps the charity to deliver all the much used and well-respected services every day and we are grateful to them for their continued support.

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of prior difficulties arising from the aftermath of the recent unprecedented pandemic, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated operational reserve for this purpose.

The annualised expenditure for 2023-2024 is £162,431. The reserves held exceed this figure in total funds of £221,430. The reserves are needed to meet the working capital requirement of the Charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the Charity.

FINANCIAL REVIEW

Operational review

The effects of the Covid19 pandemic continue to affect the operations of Bladder Health UK. The key message is that management and Trustees have carefully considered the impact of Coronavirus on the Charity's report and financial statements to ensure that these continue to reflect the financial activities and position of the charity for the foreseeable future.

We have reviewed outstanding payments and receipts, and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments'. We anticipate the operational reserve of £106k and total restricted reserves will be maintained at the level agreed last year i.e £129k in order to ensure the operational reserve and funds are secure.

The Trustees' assessment on the Charity's ability to continue as a going concern is already a key area of emphasis and importance, and Trustees have continued to take account of the impact from the recent Coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow.

Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the Charity moving forward. The Trustees will continue to monitor and review the financial situation on a regular basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities, strategy, and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet two to four times each year and converse by email and telephone between board meetings. The internal Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson, and in accordance the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles the Trustees on behalf of the Charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled Board of Trustees to oversee the Charity business. New Directors/Trustees are firstly interviewed by the Chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with the following documentation;

- Becoming a Trustee of BHUK
- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The Charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- 4 Employees; The Business Director; 1 Communication & Media Manager; 1 Finance and Membership manager, and 1 Specialist Urology Nurse
- A sponsored Specialist Continence Nurse (2 days per month)
- The Volunteers and Network Co-ordinators
- The Membership of the Bladder Health UK

BLADDER HEALTH UK LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08270007 (England and Wales)

Registered Charity number
1149973

Registered office
Kings Court 17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

Trustees
M Bignall
D Eaton Chairperson
J M Emkes
K E France (resigned 17.6.2023)
N Fraser
P M Latthe (Dr)
K W Powell
S Frier
M A Grange - Treasurer (appointed 17.6.2023)

Independent Examiner
MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Approved by order of the board of trustees on 15/06/2024 and signed on its behalf by:

N. D. Eaton

D Eaton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BLADDER HEALTH UK LIMITED

Independent examiner's report to the trustees of Bladder Health Uk Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

MDG Business Associates Limited

Vicky Moore

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Date: 15/06/2024

BLADDER HEALTH UK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and charitable activities		172,980	-	172,980	109,716
Other income	2	20,575	-	20,575	23,344
Investment income	3	3,568	-	3,568	929
Total		197,123	-	197,123	133,989
EXPENDITURE ON					
Raising funds	4	88,754	-	88,754	64,154
Charitable activities					
Charitable activities		73,677	-	73,677	70,710
Total		162,431	-	162,431	134,864
NET INCOME/(EXPENDITURE)		34,692	-	34,692	(875)
RECONCILIATION OF FUNDS					
Total funds brought forward		56,838	129,900	186,738	187,613
TOTAL FUNDS CARRIED FORWARD		91,530	129,900	221,430	186,738

The notes form part of these financial statements

BLADDER HEALTH UK LIMITED

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	9	11,868	-	11,868	-
Cash at bank		81,102	129,900	211,002	188,178
		92,970	129,900	222,870	188,178
CREDITORS					
Amounts falling due within one year	10	(1,440)	-	(1,440)	(1,440)
NET CURRENT ASSETS		91,530	129,900	221,430	186,738
TOTAL ASSETS LESS CURRENT LIABILITIES		91,530	129,900	221,430	186,738
NET ASSETS		91,530	129,900	221,430	186,738
FUNDS	11				
Unrestricted funds				91,530	56,838
Restricted funds				129,900	129,900
TOTAL FUNDS				221,430	186,738

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 15/06/2024 and were signed on its behalf by:

N. J. Eaton
D Eaton - Trustee

M Grange
M A Grange - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	20% on cost
Computer equipment	-	33% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER INCOME

	2024 £	2023 £
Fundraising - members	3,330	4,014
Membership fees	17,245	19,330
	20,575	23,344

3. INVESTMENT INCOME

	2024 £	2023 £
Bank interest received	3,568	929

4. RAISING FUNDS

Raising donations and legacies

	2024 £	2023 £
Support costs	88,754	64,154

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were trustee expenses paid of £475 for the year ended 31 March 2024 (2023: £Nil).

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Administration	4	4

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and charitable activities	109,716	-	109,716
Other income	23,344	-	23,344
Investment income	929	-	929
Total	133,989	-	133,989
EXPENDITURE ON			
Raising funds	64,154	-	64,154
Charitable activities			
Charitable activities			
	70,710	-	70,710
Total	134,864	-	134,864
NET INCOME/(EXPENDITURE)	(875)	-	(875)
RECONCILIATION OF FUNDS			
Total funds brought forward	57,713	129,900	187,613

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	56,838	129,900	186,738

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2023 and 31 March 2024	5,000	20,835	25,835
Depreciation			
At 1 April 2023 and 31 March 2024	5,000	20,835	25,835
Net book value			
At 31 March 2024	-	-	-
At 31 March 2023	-	-	-

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	11,868	-

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Accruals and deferred income	1,440	1,440

11. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	56,838	34,692	91,530
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	186,738	34,692	221,430

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	197,123	(162,431)	34,692
TOTAL FUNDS	197,123	(162,431)	34,692

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	57,713	(875)	56,838
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	187,613	(875)	186,738

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	133,989	(134,864)	(875)
TOTAL FUNDS	133,989	(134,864)	(875)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	57,713	33,817	91,530
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	187,613	33,817	221,430

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	331,112	(297,295)	33,817
TOTAL FUNDS	331,112	(297,295)	33,817

Regional work - groups providing support for people with bladder illness.

Vision fund - funding to update website and IT in forthcoming years.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

Accounts

COPY

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

FOR

BLADDER HEALTH UK LIMITED

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the Charity are;

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
- To provide sufferers, their families and friends with support and contact with other sufferers.
- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2023, BHUK have provided the public with access to the advice line during weekdays, on-line forums, information via the website and social media via Facebook, Twitter and Instagram. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and enhances the level of service offered by the Charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's magazine 'Your Bladder Health' has a wide distribution as the membership and our Healthcare Professional and Corporate database has increased this year. The magazine is now fully digital and continues to be one of the key valuable resources we provide.

ACHIEVEMENT AND PERFORMANCE

Some examples of the achievements and performance during the year 2022-2023.

Bladder Health UK has had an interesting and varied year in 2022/23. At last we have seen recovery from the effects of the Covid pandemic in the corporate world although the NHS and, in particular Urology services, struggle to return to pre pandemic service levels. One of the outcomes of the pandemic is that the demand for the experience and expertise in the charity has grown.

The charity's use of digital technology is now well embedded in the day-to-day operations and supports the new growth. All communication channels are well used - from website to advice-line - meaning that more people are aware of the charity and the work we do and are using our resources to help them.

Raising awareness of the charity and its objectives have been at the core of the charity's achievements this year. Here are some of the ways we have engaged with patients and HCP's during the year:-

ITN Productions approached Bladder Health UK early in 2022 with an exciting proposition to produce a film/films aimed at raising awareness of bladder issues and the stigma that still exists when talking about problems. We worked in partnership with ITN and produced several films. We launched them at the ACA Conference in May and used the ITN's own social media channels to enhance those of BHUK to spread the messages as wide as possible.

BHUK held its first full day conference at the National Conference Centre in Birmingham. It was well attended and the feedback from delegates, speakers and corporate exhibitors was excellent.

Since Covid many people have become used to audio calls and learning on-line. The charity have started to engage with both HCP's and patients via webinars which are really popular. To date the areas covered have been Fowlers Syndrome, IC/BPS, Physiotherapy and diet. More planned for 23/24.

It is now recognised that the patient voice has a place in research studies, NICE plans and NHS AMR programmes. Due to previous involvement in these areas Bladder Health are recognised as an informed and honest organisation that has a lot to contribute. In 22/23 staff have contributed to academic study groups on Recurrent UTI's (IMPART), NIHR Bids on UTI treatment options, AMR workshops and the new NICE Voluntary and Community Sector webinars.

The charity is happy to collaborate with other charitable organisations and was pleased to be an active participant in a campaign called 'Boys Need Bins' - run by Prostate Cancer UK - with the aim of getting waste bins put in the cubicles of all men's toilets by law (as with women's toilets). A great deal of momentum has been achieved and more will follow.

Corporate and Commercial Relationships - we continue to build important relationships with our sponsors that allow us to share aims and objectives whilst enabling us to deliver services. 2022/23 has seen a lot of recovery in markets and as a result the charity has developed some new corporate relationships whilst strengthening existing ones.

Advice Line - this is one of the key resources we offer. The types of call have changed, and we are receiving more mental health queries than ever before. Anxiety and depression plus the aftereffects of Covid continue to plague the sufferers of bladder illnesses.

Social Media Communications - Twitter, Facebook, Instagram. The charity continues to develop its social media presence as it is one of the key channels to reaching as wide an audience as possible and informing and educating about bladder problems.

'Your Bladder Health' Magazine - our magazine is highly regarded and continues to be a source of reliable and rigorous evidence-based information. The content is varied and whilst formal, includes a light-hearted element. The magazine is now totally digital in line with the charity plans to save money and expand its reach.

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of continued difficulties caused by the unprecedented pandemic at this time, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated operational reserve for this purpose.

The annualised expenditure for 2022-2023 is £134,864. The reserves held exceed this figure in total funds of £186,738. The reserves are needed to meet the working capital requirement of the Charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the Charity.

FINANCIAL REVIEW

Operational review

The effects of the Covid19 pandemic continue to affect the operations of Bladder Health UK. Staff have returned to work in the office space this year but Trustee meetings continue to be virtual. The key message is that management and Trustees have carefully considered the impact of Coronavirus on the Charity's report and financial statements to ensure that these continue to reflect the financial activities and position of the charity for the foreseeable future.

We have reviewed outstanding payments and receipts, and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments'. We anticipate the operational reserve of £106k and total restricted reserves will be maintained at the level agreed last year i.e £129k. In order to ensure the operational reserve and funds are secure.

The Trustees' assessment on the Charity's ability to continue as a going concern is already a key area of emphasis and importance, and Trustees have taken particular account of the impact from the Coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow.

Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the Charity moving forward. The Trustees will continue to monitor and review the financial situation on a regular basis.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities, strategy, and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet at least four times each year and converse by email and telephone between board meetings. The Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson, and in accordance the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles the Trustees on behalf of the Charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled Board of Trustees to oversee the Charity business. New Directors/Trustees are firstly interviewed by the Chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with the following documentation;

- Becoming a Trustee of BHUK
- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The Charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- 4 Employees; The Business Director; 1 Communication & Media Manager; 1 Finance and Membership manager, and 1 Specialist Urology Nurse
- A sponsored Specialist Continence Nurse (2 days per month)
- The Volunteers and Network Co-ordinators
- The Membership of the Bladder Health UK

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08270007 (England and Wales)

Registered Charity number
1149973

Registered office
Kings Court 17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

BLADDER HEALTH UK LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

Trustees
L Aplin (resigned 30.7.2022)
M Bignall
P Cornell (resigned 30.7.2022)
D Eaton Chairperson
J M Emkes Treasurer
K E France (resigned 1.1.2023)
N Fraser
P A Grimwood (resigned 30.7.2022)
P M Latthe (Dr)
K W Powell
S Frier (appointed 30.7.2022)

Independent Examiner
MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Approved by order of the board of trustees on 17/6/2023 and signed on its behalf by:

Duncan Eaton
....
D Eaton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BLADDER HEALTH UK LIMITED

Independent examiner's report to the trustees of Bladder Health Uk Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

MDG Business Associates Limited

Vicky Moore

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Date: 17/06/2023

BLADDER HEALTH UK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and charitable activities		109,716	-	109,716	90,540
Other income	2	23,344	-	23,344	22,588
Investment income	3	929	-	929	921
Total		133,989	-	133,989	114,049
EXPENDITURE ON					
Raising funds	4	64,154	-	64,154	60,675
Charitable activities					
Charitable activities					
		70,710	-	70,710	69,398
Total		134,864	-	134,864	130,073
NET INCOME/(EXPENDITURE)		(875)	-	(875)	(16,024)
RECONCILIATION OF FUNDS					
Total funds brought forward		57,713	129,900	187,613	207,837
TOTAL FUNDS CARRIED FORWARD		56,838	129,900	186,738	191,813

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	10	-	-	-	366
Cash at bank		58,278	129,900	188,178	192,888
		58,278	129,900	188,178	193,254
CREDITORS					
Amounts falling due within one year	11	(1,440)	-	(1,440)	(1,441)
NET CURRENT ASSETS		56,838	129,900	186,738	191,813
TOTAL ASSETS LESS CURRENT LIABILITIES		56,838	129,900	186,738	191,813
NET ASSETS		56,838	129,900	186,738	191,813
FUNDS	12				
Unrestricted funds				56,838	61,913
Restricted funds				129,900	129,900
TOTAL FUNDS				186,738	191,813

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17/6/2023 and were signed on its behalf by:

....
D Eaton - Trustee

....
J M Emkes - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER INCOME

	2023	2022
	£	£
Fundraising - members	4,014	3,796
Sale of literature	-	55
Membership fees	19,330	18,737
	23,344	22,588

continued...

3. INVESTMENT INCOME

	2023	2022
	£	£
Bank interest received	929	921

4. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Support costs	64,154	60,675

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	-	2,048

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Administration	4	4

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations, legacies and charitable activities	90,540	-	90,540
Other income	22,588	-	22,588
Investment income	921	-	921
Total	114,049	-	114,049
EXPENDITURE ON			
Raising funds	60,675	-	60,675
Charitable activities			
Charitable activities			
	69,398	-	69,398
Total	130,073	-	130,073

continued...

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(16,024)	-	(16,024)
RECONCILIATION OF FUNDS			
Total funds brought forward	77,937	129,900	207,837
TOTAL FUNDS CARRIED FORWARD	61,913	129,900	191,813

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2022 and 31 March 2023	5,000	20,835	25,835
Depreciation			
At 1 April 2022 and 31 March 2023	5,000	20,835	25,835
Net book value			
At 31 March 2023	-	-	-
At 31 March 2022	-	-	-

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	-	366

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accruals and deferred income	1,440	1,441

12. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	57,713	(875)	56,838
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	187,613	(875)	186,738

continued...

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	133,989	(134,864)	(875)
TOTAL FUNDS	133,989	(134,864)	(875)

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	77,937	(16,024)	61,913
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	207,837	(16,024)	191,813

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	114,049	(130,073)	(16,024)
TOTAL FUNDS	114,049	(130,073)	(16,024)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	77,937	(16,899)	61,038
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	207,837	(16,899)	190,938

continued...

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	248,038	(264,937)	(16,899)
TOTAL FUNDS	248,038	(264,937)	(16,899)

Regional work - groups providing support for people with bladder illness.

Vision fund - funding to update website and IT in forthcoming years.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations, legacies and charitable activities		
Donations	3,947	3,244
Gift aid	-	2,759
Community projects	-	18,102
Grants	2,000	15,100
Conference income	42,900	-
Corporate sponsorship and advertising	58,015	47,417
Raffle	2,854	3,918
	109,716	90,540
Other income		
Fundraising - members	4,014	3,796
Sale of literature	-	55
Membership fees	19,330	18,737
	23,344	22,588
Investment income		
Bank interest received	929	921
Total incoming resources	133,989	114,049
EXPENDITURE		
Charitable activities		
Wages	51,997	45,755
Social security	8,423	8,057
Pensions	1,365	931
Project costs	-	157
Printing and stationary	8,353	8,165
Fundraising and marketing costs	42	4,393
Raffle costs	530	500
	70,710	67,958
Support costs		
Finance		
Bank charges	17	-
Other		
Training and consultancy fees	770	4,060
Insurance	530	530
Rent and office operational costs	31,864	22,874
Computer and internet costs	28,688	30,713
Travel expenses	845	450
Computer equipment	-	2,048
	62,697	60,675
Governance costs		
Accountancy and legal fees	1,440	1,440

This page does not form part of the statutory financial statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Total resources expended	134,864	130,073
Net expenditure	(875)	(16,024)

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

FOR

BLADDER HEALTH UK LIMITED

MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

BLADDER HEALTH UK LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the Charity are;

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
- To provide sufferers, their families and friends with support and contact with other sufferers.
- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2022, BHUK have provided the public with access to the advice line during weekdays, the public and member on-line forums, information via the website and social media via Facebook and Twitter. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and enhances the level of service offered by the Charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's magazine 'Your Bladder Health' has a wider distribution as the membership has increased this year. The magazine continues to be one of the key valuable resources we provide. It is also sent to GP Practices, NHS sites, medical professionals, commercial and corporate bodies.

ACHIEVEMENT AND PERFORMANCE

Some examples of the achievements and performance during the year 2021-2022.

Bladder Health UK has had an unusual and unprecedented year 2021-22 due to the Covid19 pandemic. As a result, many of the normal activities could not take place but the growth in the use of digital technology enabling business to carry on has been welcome although unexpected.

Working from home became standard practise and our investment in a new CRM system and an updated website have proved worthwhile and enables the BHUK Team to continue to provide valuable services to sufferers and HCP's.

Fundraising Annual Raffle - income from the annual raffle was £3,918 in 2021-22. Our members always support our annual fundraiser raffle, and we are very grateful for their continued help.

Corporate and Commercial Relationships - we continue to build important relationships with our sponsors that allow us to deliver our aims and objectives. We have been grateful for their support this year given the pressure on all the financial aspects of running a small business.

Advice Line - this is one of the key resources we offer and this year it has been a lifeline to many. The closure of NHS standard urology clinics to aid the Covid requirements left many sufferers without their normal support, and many came to BHUK for help.

Social Media Communications - Twitter, Facebook, Instragram. There is no doubt that all of these platforms have been very busy this year - driven by the need to communicate during the lockdowns of 2021. We use Zoom and Teams to hold meetings that would previously have been face to face. A real benefit of these tools is that attendance at meetings is good and higher than before (Trustee Mtgs, Regional Group Mtgs etc). Although face to face meetings have been slowly more commonplace since the lifting of restrictions in mid 2021.

Website Communications - our data analytics show excellent interaction and regular use of the updated website. In particular we have seen the growth of corporate and commercial organisations wanting to advertise on our website - again useful to them during the pandemic when they could not visit customers in the NHS.

'Your Bladder Health' Magazine - our magazine is highly regarded and continues to be a source of reliable and rigorous evidence-based information. The content is varied and whilst formal, includes a light-hearted element. The decision has been made to provide the Magazine as a digital only version next year to save on ever increasing print and postage costs.

BHUK Resources - we provide resources including Information Packs about specific conditions/treatments. On joining the Charity new members receive a Membership Pack which includes the inaluable 'Cant Wait Card' and sample products that are appropriate to their condition i.e., D'mannose, Cavion Barrier Cream etc.

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of continued difficulties caused by the unprecedented pandemic at this time, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated operational reserve for this purpose.

The annualised expenditure for 2021-2022 is £129,518. The reserves held exceed this figure in total funds of £191,448. The reserves are needed to meet the working capital requirement of the Charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the Charity.

Operational review

The effects of the Covid19 pandemic continue to affect the operations of Bladder Health UK. Staff have returned to work in the office space this year but Trustee meetings continue to be virtual. The key message is that management and Trustees have carefully considered the impact of Coronavirus on the Charity's report and financial statements to ensure that these continue to reflect the financial activities and position of the charity for the foreseeable future.

We have reviewed outstanding payments and receipts, and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments'. We anticipate the operational reserve of £106k and total restricted reserves will be maintained at the level agreed last year i.e £129k. In order to ensure the operational reserve and funds are secure.

The Trustees' assessment on the Charity's ability to continue as a going concern is already a key area of emphasis and importance, and Trustees have taken particular account of the impact from the Coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow.

Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the Charity moving forward. The Trustees will continue to monitor and review the financial situation on a regular basis.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities, strategy, and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet at least four times each year and converse by email and telephone between board meetings. The Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson, and in accordance the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles the Trustees on behalf of the Charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled Board of Trustees to oversee the Charity business. New Directors/Trustees are firstly interviewed by the Chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with the following documentation;

- Becoming a Trustee of BHUK
- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The Charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- 4 Employees; The Business Director; 1 Communication & Media Manager; 1 Finance and Membership manager, and 1 Specialist Urology Nurse
- A sponsored Specialist Continence Nurse (2 days per month)
- The Volunteers and Network Co-ordinators
- The Membership of the Bladder Health UK

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08270007 (England and Wales)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

Registered Charity number
1149973

Registered office
Kings Court 17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

Trustees

Independent Examiner
MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Approved by order of the board of trustees on 15/8/2022 and signed on its behalf by:

D Eaton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BLADDER HEALTH UK LIMITED

Independent examiner's report to the trustees of Bladder Health Uk Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

MDG Business Associates Ltd

Michael Grange
BA (Hons) FCA
MDG Business Associates Limited
Room 73
Wrest House
Wrest Park
Silsoe
Bedfordshire
MK45 4HR

Date: 15/8/22

BLADDER HEALTH UK LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and charitable activities		90,540	-	90,540	98,743
Other income	2	22,588	-	22,588	28,138
Investment income	3	921	-	921	2,020
Total		114,049	-	114,049	128,901
EXPENDITURE ON					
Raising funds	4	60,675	-	60,675	54,212
Charitable activities					
Charitable activities					
		69,398	-	69,398	68,408
Total		130,073	-	130,073	122,620
NET INCOME/(EXPENDITURE)		(16,024)	-	(16,024)	6,281
RECONCILIATION OF FUNDS					
Total funds brought forward		77,937	129,900	207,837	201,556
TOTAL FUNDS CARRIED FORWARD		61,913	129,900	191,813	207,837

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	9	-	-	-	2,048
CURRENT ASSETS					
Debtors	10	366	-	366	929
Cash at bank		62,988	129,900	192,888	206,959
		63,354	129,900	193,254	207,888
CREDITORS					
Amounts falling due within one year	11	(1,441)	-	(1,441)	(2,099)
NET CURRENT ASSETS		61,913	129,900	191,813	205,789
TOTAL ASSETS LESS CURRENT LIABILITIES		61,913	129,900	191,813	207,837
NET ASSETS		61,913	129,900	191,813	207,837
FUNDS	12				
Unrestricted funds				61,913	77,937
Restricted funds				129,900	129,900
TOTAL FUNDS				191,813	207,837

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ....15/8/2022....... and were signed on its behalf by:

....
D Eaton - Trustee

....
J M Emkes - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER INCOME

	2022 £	2021 £
Fundraising - members	3,796	3,125
Sale of literature	55	1
Membership fees	18,737	25,012
	22,588	28,138

3. INVESTMENT INCOME

	2022 £	2021 £
Bank interest received	921	2,020

4. RAISING FUNDS

Raising donations and legacies

	2022 £	2021 £
Support costs	60,675	53,909

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Depreciation - owned assets	2,048	2,638

continued...

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administration	4	4

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and charitable activities	98,743	-	98,743
Other income	28,138	-	28,138
Investment income	2,020	-	2,020
Total	128,901	-	128,901
EXPENDITURE ON			
Raising funds	54,212	-	54,212
Charitable activities			
Charitable activities			
	68,408	-	68,408
Total	122,620	-	122,620
NET INCOME	6,281	-	6,281
RECONCILIATION OF FUNDS			
Total funds brought forward	71,656	129,900	201,556

continued...

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	77,937	129,900	207,837

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2021 and 31 March 2022	5,000	20,835	25,835
Depreciation			
At 1 April 2021	5,000	18,787	23,787
Charge for year	-	2,048	2,048
At 31 March 2022	5,000	20,835	25,835
Net book value			
At 31 March 2022	-	-	-
At 31 March 2021	-	2,048	2,048

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	-	200
Other debtors	366	729
	366	929

continued...

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Social security and other taxes	-	778
Accruals and deferred income	1,441	1,321
	1,441	2,099

12. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	77,937	(16,024)	61,913
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	207,837	(16,024)	191,813

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	114,049	(130,073)	(16,024)
TOTAL FUNDS	114,049	(130,073)	(16,024)

continued...

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	71,656	6,281	77,937
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	201,556	6,281	207,837

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	128,901	(122,620)	6,281
TOTAL FUNDS	128,901	(122,620)	6,281

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	71,656	(9,743)	61,913
Restricted funds			
Regional work	8,900	-	8,900
Vision fund	15,000	-	15,000
Operational reserve	106,000	-	106,000
	129,900	-	129,900
TOTAL FUNDS	201,556	(9,743)	191,813

continued...

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	242,950	(252,693)	(9,743)
TOTAL FUNDS	242,950	(252,693)	(9,743)

Regional work - groups providing support for people with bladder illness.

Vision fund - funding to update website and IT in forthcoming years.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations, legacies and charitable activities		
Donations	3,244	10,142
Gift aid	2,759	1,396
Community projects	18,102	250
Grants	15,100	10,250
Corporate sponsorship and advertising	47,417	73,318
Raffle	3,918	3,387
	90,540	98,743
Other income		
Fundraising - members	3,796	3,125
Sale of literature	55	1
Membership fees	18,737	25,012
	22,588	28,138
Investment income		
Bank interest received	921	2,020
Total incoming resources	114,049	128,901
EXPENDITURE		
Other trading activities		
Bank interest	-	303
Charitable activities		
Wages	45,755	48,703
Social security	8,057	1,789
Pensions	931	-
Project costs	157	480
Printing and stationary	8,165	8,097
Fundraising and marketing costs	4,393	7,499
Raffle costs	500	400
	67,958	66,968

Support costs

This page does not form part of the statutory financial statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	2022	2021
	£	£
Support costs		
Other		
Training and consultancy fees	4,060	6,600
Insurance	530	530
Rent and office operational costs	22,874	18,008
Computer and internet costs	30,713	25,533
Travel expenses	450	600
Computer equipment	2,048	2,638
	60,675	53,909
Governance costs		
Accountancy and legal fees	1,440	1,440
Total resources expended	130,073	122,620
Net (expenditure)/income	(16,024)	6,281

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 08270007 (England and Wales)
REGISTERED CHARITY NUMBER: 1149973

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

FOR

BLADDER HEALTH UK LIMITED

Keens Shay Keens Limited
Chartered Accountants
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire
MK40 3JG

BLADDER HEALTH UK LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the Charity

The objectives of the charity are.

- The relief of sickness of persons suffering from all forms of Cystitis, Overactive Bladder and Continence issues.
- To provide sufferers, their families and friends with support and contact with other sufferers.
- The advancement of education amongst the general public and the medical profession into the causes and treatments of all forms of Cystitis, Overactive Bladder and Continence.
- The promotion of research into the causes and treatment of all forms of Cystitis, Overactive Bladder and Continence issues on terms that the results of such research are published.

Public benefit

The Trustees of the Charity have due regard to the Charities Commission Guidance on public benefit. During the year ended March 2021, BHUK have provided the public with access to the advice line during weekdays, the public and member on-line forums, information via the website and social media via Facebook and Twitter. The addition of Specialist Continence Nurses to the team has increased the volume of calls to the Advice Line and the enhanced the level of service offered by the charity.

Our usage of social media continues to be significant, and we regularly interact with the general public and promote awareness through this medium. BHUK's magazine 'Your Bladder Health' has a wider distribution as the membership has increased this year. The magazine continues to be one of the key valuable resources we provide. It is also sent to GP Practices, NHS sites, medical professionals, commercial and corporate bodies.

ACHIEVEMENT AND PERFORMANCE
Some examples of the achievements and performance during the year 2020-2021.

Bladder Health UK has had an unusual and unprecedented year 2020-21 due to the Covid19 pandemic. As a result, many of the normal activities could not take place but the growth in the use of digital technology enabling business to carry on has been welcome although unexpected.

Working from home became standard practise and our investment in a new CRM system and an updated website have proved worthwhile and enabled the BHUK Team to continue to provide valuable services to sufferers and HCP's.

Fundraising Annual Raffle - income from the annual raffle was £3,387 in 2020-21. Our members always support our annual fundraiser raffle, and we are very grateful for their continued help.

Fundraising - our members and followers have stepped up during the pandemic, making additional donations with their membership renewals as well as thinking of innovative ways to fundraise i.e., the Fowlers Syndrome Ladies produced and sold a calendar raising over £400, and a sponsored walk in the Lake District raised over £900.

Conferences - we attended and presented at several virtual conferences during the year to promote both the charity and what we stand for. We were also sponsored to produce a short video about the charity for the BAUS Conference in October 2020. The video was filmed and produced by the ITN and is available on the BHUK website www.bladderhealthuk.org.

Corporate and Commercial Relationships - we continue to build important relationships with our sponsors that allow us to deliver our aims and objectives. We have been grateful for their support this year given the pressure on all the financial aspects of running a small business.

Advice Line - this is one of the key resources we offer and this year it has been a lifeline to many. The closure of NHS standard urology clinics to aid the Covid requirements left many sufferers without their normal support, and many came to BHUK for help.

Social Media Communications - Twitter, Facebook, Instagram. There is no doubt that all of these platforms have been very busy this year - driven by the need to communicate during the lockdowns of 2020 and 2021. We use Zoom and Teams to hold meetings that would previously have been face to face. A real benefit of these tools is that attendance at meetings is good and higher than before (Trustee Mtgs, Regional Group Mtgs etc) although we hope that face to face will be back in 2021-22.

Website Communications - our data analytics show excellent interaction and regular use of the updated website. In particular, we have seen the growth of corporate and commercial organisations wanting to advertise on our website - again useful to them during the pandemic when they could not visit customers in the NHS.

'Your Bladder Health' Magazine - our magazine is highly regarded and continues to be a source of reliable and rigorous evidence-based information. The content is varied and whilst formal includes a light-hearted element.

BHUK Resources - we provide resources including Information Packs about specific conditions/treatments. On joining the Charity new members receive a Membership Pack which includes the invaluable 'Can't Wait Card' and sample products that are appropriate to their condition i.e., D'mannose, Cavilon Barrier Cream etc

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has examined the Charity's requirements for reserves. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be a minimum of 6 and a maximum of 12 months of current expenditure. In light of continued difficulties caused by the unprecedented pandemic at this time, the Trustees have decided to review the projections for the coming 18 months and has continued to set aside funds of £106,000 in a designated contingency reserve for this purpose.

The annualised expenditure for 2020-2021 is £122,620. The reserves held exceed this figure in unrestricted funds. The reserves are needed to meet the working capital requirement of the charity and the Board of Trustees have taken a prudent approach regarding the foreseeable future operation of the charity.

Covid Statement

Over the year, the Covid 19 pandemic has severely affected the operations of BHUK. The Trustees have taken significant steps to ensure the safe working of staff. Staff were working remotely, and Trustee meetings have been organised remotely. The AGM was held remotely with members votes were recorded and members have voted for the reappointment of Trustees. It is anticipated that staff will begin to work in the office space in the coming year subject to government guidelines.

The key message is that management and Trustees have carefully considered the impact of coronavirus on the charity's report and financial statements to ensure that these continue to reflect the financial activities and position of the charity.

We have reviewed outstanding payments and receipts and adjustments have been made for invoices due but unpaid. We have reviewed debtors to ensure that the third parties remain in a position where they will be able to settle the amounts due. This is reflected in the accounts as 'Accruals' and 'Prepayments.'

The changes in working structures due to Covid have meant a review of resources for staff working from home. To this end fixed assets have been acquired. to ensure smooth operational functions. We are necessarily having to change our working structures in the short term. At this time, we do not anticipate a longer-term change in use of resources, nor do we consider we need to assess contracts in respect of rental of our office space.

The impact of the coronavirus on the charity and how the charity will need to adapt and change its plans going forward has been discussed at the AGM. Trustees have assessed how we can best explain the impact of coronavirus on the charity's financial results and financial position.

We anticipate restricted reserves will be maintained at the level agreed last year i.e., £106k. In order to ensure covid contingency funds are secure.

The Trustees' assessment on the charity's ability to continue as a going concern is already a key area of emphasis and importance and Trustees have taken particular account of the impacts from the coronavirus outbreak to ensure we have the appropriate disclosures. We have prepared and circulated projections for cash flow. Going concern is projected for the foreseeable future. Our prudent approach would indicate no particular problems for the charity moving forward.

The trustees will continue to monitor the situation as it evolves.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Bladder Health UK Ltd (BHUK) is a registered national charity No.1149973. Originally founded in 1994 the Charity operated under a Constitution document until its incorporation on 1st August 2013 to the newly formed charitable company limited by guarantee, was then known as The Cystitis and Overactive Bladder Foundation Ltd. The Charity then publicly changed its name on 1st January 2017 to become Bladder Health UK Ltd.

The Charity's governing document is its Memorandum and Articles of Association and the Trustees are the company directors. The Board of Trustees is elected by the Members at the annual general meeting. They serve a term of one year and must then retire and be re-elected if they wish to stand again for office.

The Board of Trustees take responsibility for the overall governance of the Charity, its activities and the strategy and financial planning, fundraising, investment, risk management and overall performance. The Trustees are committed to raising public and professional awareness of the charity's aims in order to promote its goals and mission. The Trustees meet at least four times each year and converse by email and telephone between board meetings. The Business Director is responsible for the day-to-day running of the charity and reports to the board of directors.

No Trustee received remuneration for their Trustee work during the year. Trustees may claim out of pocket expenses for activities related to fulfilling their role and responsibilities.

Details of Trustee expenses are disclosed within the statement of accounts. Trustees are required to disclose all relevant interests and register them with the Chairperson and, in accordance with the Charity's policy, withdraw from decisions where a conflict of interest arises.

Under the Memorandum and Articles, the Trustees on behalf of the charity have the power to invest monies of the company which are not immediately required for its own purposes.

Recruitment of Directors/Trustees is carried out when necessary to maintain a diverse and skilled board of Trustees to oversee the charity business. New Directors/Trustees are firstly interviewed by the chairperson and another board member. They are then inducted by attending one or two board meetings for assessment and approval of other board members and provided with the following documentation;

- Becoming a Trustee of BHUK
- The Charity Commission Trustee Handbook
- The Charity Commission - What You Need To Know Booklet

The charity structure is as follows;

- The Chairperson
- The Treasurer
- The Board of Directors/Trustees
- 4 Employees; The Business Director; 1 Communication & Media Manager; 1 Finance and Membership Manager and 1 Specialist Urology Nurse
- A sponsored Specialist Continence Nurse (2 days per month)
- The Volunteers and Network Co-ordinators
- The Membership of the Bladder Health UK

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08270007 (England and Wales)

Registered Charity number
1149973

Registered office
Kings Court
17 School Road
Hall Green
Birmingham
West Midlands
B28 8JG

Trustees
D Eaton Chairperson
J Emkes Treasurer
P Cornell
N Fraser
P Grimwood
K Powell
Dr P Latthe
M Bignell
D Gordon

Independent Examiner
Keens Shay Keens Limited
Chartered Accountants
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire
MK40 3JG

Approved by order of the board of trustees on ......25/8/2021...... and signed on its behalf by:

N. J. Eaton

....
Prof D Eaton – Chairman of Trustee Board

Independent examiner's report to the trustees of Bladder Health UK Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Keens Shay Keens

Michael Grange
BA (Hons) FCA
Keens Shay Keens Limited
Chartered Accountants
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire
MK40 3JG

Date: 26/8/2021

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		46,800	-	46,800	90,973
Charitable activities					
Charitable activities		9,839	-	9,839	9,779
Investment income	2	2,020	-	2,020	1,941
Other income		70,242	-	70,242	44,055
Total		128,901	-	128,901	146,748
EXPENDITURE ON					
Charitable activities		121,180	-	121,180	132,012
Charitable activities					
Governance costs		1,440	-	1,440	2,702
Total		122,620	-	122,620	134,714
NET INCOME		6,281	-	6,281	12,034
RECONCILIATION OF FUNDS					
Total funds brought forward		177,656	23,900	201,556	189,522
TOTAL FUNDS CARRIED FORWARD		183,937	23,900	207,837	201,556

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	7	2,048	-	2,048	3,348
CURRENT ASSETS					
Debtors	8	929	-	929	3,040
Cash at bank and in hand		183,059	23,900	206,959	197,068
		183,988	23,900	207,888	200,108
CREDITORS					
Amounts falling due within one year	9	(2,099)	-	(2,099)	(1,900)
NET CURRENT ASSETS		181,889	23,900	205,789	198,208
TOTAL ASSETS LESS CURRENT LIABILITIES		183,937	23,900	207,837	201,556
NET ASSETS		183,937	23,900	207,837	201,556
FUNDS	10				
Unrestricted funds				77,937	71,656
Contingency funds				106,000	106,000
Restricted funds				23,900	23,900
TOTAL FUNDS				207,837	201,556

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

continued...

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small company's regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25/8/2021 and were signed on its behalf by:

....
D Eaton – Chair of Trustee Board

....
J Emkes – Treasurer

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2021	2020
	£	£
Bank interest received	2,020	1,941

continued...

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	2,638	4,085

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Administration	4	4

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	46,597	44,376	90,973
Charitable activities			
Charitable activities	9,779	-	9,779
Investment income	1,941	-	1,941
Other income	44,055	-	44,055
Total	102,372	44,376	146,748
EXPENDITURE ON			
Charitable activities	111,536	20,476	132,012
Charitable activities			
Governance costs	2,702	-	2,702
Total	114,238	20,476	134,714
NET INCOME/(EXPENDITURE)	(11,866)	23,900	12,034

continued...

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	189,522	-	189,522
TOTAL FUNDS CARRIED FORWARD	177,656	23,900	201,556

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2020	5,000	19,497	24,497
Additions	-	1,338	1,338
At 31 March 2021	5,000	20,835	25,835
DEPRECIATION			
At 1 April 2020	5,000	16,149	21,149
Charge for year	-	2,638	2,638
At 31 March 2021	5,000	18,787	23,787
NET BOOK VALUE			
At 31 March 2021	-	2,048	2,048
At 31 March 2020	-	3,348	3,348

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	200	2,000
Other debtors	729	-
Prepayments and accrued income	-	1,040
	929	3,040

continued...

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	778	700
Accruals and deferred income	1,321	1,200
	2,099	1,900

The bank overdraft is unsecured.

10. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	71,656	6,281	77,937
Contingency fund	106,000	-	106,000
	177,656	6,281	183,937
Restricted funds			
Regional work	8,900	-	8,900
Website and CRM System	15,000	-	15,000
	23,900	-	23,900
TOTAL FUNDS	201,556	6,281	207,837

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	128,901	(122,620)	6,281
TOTAL FUNDS	128,901	(122,620)	6,281

continued...

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	189,522	(11,866)	(106,000)	71,656
Contingency fund	-	-	106,000	106,000
	189,522	(11,866)	-	177,656
Restricted funds				
Regional work	-	8,900	-	8,900
Website and CRM System	-	15,000	-	15,000
	-	23,900	-	23,900
TOTAL FUNDS	189,522	12,034	-	201,556

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	102,372	(114,238)	(11,866)
Restricted funds			
Regional work	8,900	-	8,900
Website and CRM System	15,000	-	15,000
Advice Line	20,476	(20,476)	-
	44,376	(20,476)	23,900
TOTAL FUNDS	146,748	(134,714)	12,034

continued...

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	189,522	(5,585)	(106,000)	77,937
Contingency fund	-	-	106,000	106,000
	189,522	(5,585)	-	183,937
Restricted funds				
Regional work	-	8,900	-	8,900
Website and CRM System	-	15,000	-	15,000
	-	23,900	-	23,900
TOTAL FUNDS	189,522	18,315	-	207,837

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	231,273	(236,858)	(5,585)
Restricted funds			
Regional work	8,900	-	8,900
Website and CRM System	15,000	-	15,000
Advice Line	20,476	(20,476)	-
	44,376	(20,476)	23,900
TOTAL FUNDS	275,649	(257,334)	18,315

Advice Line - a fund to provide advice to members and patients

Regional Work - groups providing support for people with bladder illness.

Website - funding to update website and IT.

continued...

11. RELATED PARTY DISCLOSURES

During the year, the company paid an amount of £2,100 (2020: £3,850) for consultancy services to M&E Healthcare Consultancy Ltd, a company controlled by D Gordon, trustee.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,142	30,096
Gift aid	1,396	-
Grants	10,250	40,900
Membership fees	25,012	19,977
	46,800	90,973
Investment income		
Bank interest received	2,020	1,941
Charitable activities		
Sale of IC literature	1	37
Other income	9,588	5,642
Community projects	250	4,100
	9,839	9,779
Other income		
Corporate sponsorship	63,730	29,461
Fundraising - members	3,125	11,745
Raffle	3,387	2,849
	70,242	44,055
Total incoming resources	128,901	146,748
EXPENDITURE		
Charitable activities		
Salaries	48,703	49,742
Social security	1,789	-
Insurance	530	-
Training and consultancy fees	6,600	13,450
Rent and office operational costs	18,008	13,303
Telephone	-	455
Printing and stationery	8,097	4,290
Postage	-	1,223
Computer and internet costs	25,533	8,666
Project costs	480	8,276
Fund raising and marketing costs	7,499	13,455
Raffle costs	400	450
Travel expenses	600	4,630
Carried forward	118,239	117,940

BLADDER HEALTH UK LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Charitable activities	**118,239**	117,940
Brought forward	-	1,841
Sundry expenses	**2,638**	4,085
Depreciation	-	8,146
Sponsorship		
	120,877	132,012
Other trading activities	**303**	-
Bank interest		
Support costs		
Governance costs	**1,440**	2,340
Accountancy	-	362
Cost of trustee meetings/ travel		
	1,440	2,702
	122,620	134,714
Total resources expended		
	6,281	12,034
Net income		