



NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025

COMPANY REGISTRATION NUMBER

07570609

(England & Wales)

CHARITY REGISTRATION NUMBER

1149932

(England & Wales)



PREPARED BY
CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE
COMPANY INFORMATION AS AT 31ST MARCH 2025

Trustees

Alan Evans
Alistair Duncan
Anna Guest
David Brewster
David Marston
David Evans
Dinah Keal
John Mackenzie
Joseph Wade
Linda Parker
Linda Shipley

Secretary

Leisa Burniston

Independent Examiner

Michael Richmond FCCA
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Bankers

CAF Bank Ltd
25, Kings Hill Avenue
West Malling
Kent
ME19 4JQ

Barclays Bank PLC
Leicester
LE87 2BB

Registered office and Principal Operating Address

7, Church Street
Norton
Malton
YO17 9HP

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE
REPORT OF THE TRUSTEES' FOR THE YEAR ENDED 31ST MARCH 2025

The Board of Trustees present the report and accounts for the Company for the year ended 31st March 2025, which also comprises the Director's Report as required by the Companies Act 2006.

The Charity Name, Registration and Area of Operation

Next Steps was set up in 2001 to help local people with mental health problems. The Charity is managed by mental health professional Leisa Burniston, who has over 28 years experience in mental health and social care settings.

The legal name of the Charity is Next Steps Mental Health Resource Centre. The Charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1149932.

Legal Structure of the Charity

The governing document of the Charity is the Memorandum and Articles of Association establishing the Company under company legislation dated 18th March 2011. The Company is Limited by Guarantee.

By operation of law, all trustees and directors have responsibilities under both company (Companies Act 2006) and charity legislation. All the trustees are also directors of the Company.

Trustees

The following persons served as Trustees during the year ended 31st March 2025:

Name	Office	Dates Appointed/Resigned
Alan Evans	Chair	
Alistair Duncan	Vice-Chair	
David Marston	Treasurer	
Anna Guest		Appointed 26th September 2024
David Brewster		
David Evans		
Dinah Keal		
John Mackenzie		
Joseph Wade		Resigned 2nd July 2025
Linda Parker		
Linda Shipley		Appointed 26th September 2024

The Articles of Association govern the appointment and election of directors and trustees. Trustees are selected from service users and local professionals. Nominated trustees are proposed and seconded by the members and Trustees of the Charity. All Trustees shall retire from office together at the Annual General Meeting after the date on which they came into office, but they may be re-elected or re-appointed.

Members of the Management Committee give their time voluntarily and received no benefits from the charity. Any related party transactions and expenses are set out in note 8 of the accounts.

Objects and Activities of the Charity

The support of persons within Ryedale who have, or have previously experienced mental health issues and carers of such persons, in particular, but without limitations by the provision of resource centres offering assistance, support and information to such persons by outreach projects and activities.

Next Steps supports people with mental health problems in Ryedale by providing a drop-in centre, activities and outreach groups in Kirkbymoorside, Helmsley and Pickering. The charity is a user-led organisation and works closely with GPs and the Community Mental Health Teams to ensure that people who are affected by mental health are supported. The ultimate aim is to develop self-confidence for members, improve their work prospects and access to statutory services, help support positive family relationships and prevent loneliness and isolation.

Public Benefit Statement

Throughout the year the Charity Board of Trustees had regard to the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Chairman's Statement

I am very pleased to report on the Accounts of Next Steps Resource Centre for the financial year ending 31st March 2025, which again shows a sizeable operational surplus in a period of increasing costs and uncertainty. I am also pleased to report that Next Steps has started to improve the existing building following its purchase in March 2024. During the year the Café in Norton maintained its five star hygiene award and increased its turnover.

I know I am repeating myself from previous years but Next Steps does continue to grow and raise its standards annually in providing support and activities to its ever increasing number of members, and the Annual Accounts endorse this. Under the guidance of Leisa Burniston, the Chief Officer, the Charity continues to be proactive in meeting the changing demands and requirements of its service members and of the local communities in which we operate throughout the Ryedale District and its periphery. To Leisa and her dedicated small number of staff, I would like to express mine, and those of my fellow Trustees, our sincere thanks and appreciation for their dedication to work, in sometimes difficult circumstances.

Next Steps exists to make a positive difference to people's lives, especially those with mental health issues, those that are lonely and isolated, and the carers of such people. As Chairman of this Organisation I can see at first hand what our large team of volunteers do in making a difference to people lives and why all the Trustees and our unpaid volunteers give so readily of their time. Without the input and support of all the Trustees and volunteers, Next Steps could not function and develop as it does. To them all I would like to express my gratitude for their hard work and support over the past twelve months.

Risk Management

The Trustees continue to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and allows them to be mitigated to an acceptable level in the charity's day to day activities.

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE
REPORT OF THE TRUSTEES' FOR THE YEAR ENDED 31ST MARCH 2025

Financial Review

The financial position of the charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	274,163	290,782
Expenditure	245,316	265,615
Net Surplus/(Deficit)	28,847	25,167
Unrestricted Funds	4,353	36,214
Designated Funds	308,157	236,258
Restricted Funds	20,197	31,388
Total Funds	332,707	303,860

The Annual Accounts for the year show a surplus of £28,847 (2024: £25,167). This is positive result for the Charity which reflects our commitment to providing the best possible organisation for our members. We continue to make improvements to our building in Norton and look forward to the challenge of raising funds for a new extension.

Reserves Policy

The Trustees review the Charity's reserves at least annually, considering current and emerging risks, future commitments, income volatility, and strategic priorities. Maintaining an appropriate level of reserves is essential to the Charity's long-term stability, operational resilience, and ability to respond to changing circumstances. Based on the current level of reserves and planned activity, the Trustees are confident that the Charity remains a going concern.

The Charity holds the following designated reserves:

1 General Provision – £30,000

Set aside to ensure financial resilience in the event that the Charity:

- experiences a temporary reduction or cessation of income (e.g., grants not renewed or delayed),
- faces unexpected costs or operational events (such as urgent repair needs),
- must meet employment-related liabilities including redundancy or extended sickness cover, or
- needs to wind down operations should it no longer be able to operate sustainably.

2 Buildings Provision – £218,157

Designated to reflect the accounting value of the Charity's premises, ensuring continued occupation and long-term security. Ownership of the building enables the Charity to:

- operate from stable and secure premises,
- avoid significant rental or leasing costs, and
- generate income from the café and other activities based on the site.

3 Building Extension Reserve – £60,000

Designated for the planned extension to the Charity's premises. This amount reflects the Trustees' best estimate, at the date of approval of this report, of the funds required for the project in the immediate future. The reserve will be updated as further information becomes available and as the project progresses.

Statement of the Trustees Responsibilities

The Charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011, the Charities Act 2022 and the Charities (Accounts and Reports) Regulations 2008.

The Trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the trustees are required to:

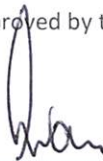
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006 and the Charities Act. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small Company Provisions

The report of the directors has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006.

This report was approved by the board and signed on its behalf by:



Alan Evans - Chair

4/12/25

Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Next Steps Mental Health Resource Centre for the year ended 31st March 2025, which are set out on pages 7 to 18.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
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Champleys Mews
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Pickering
YO18 7AE

3rd December 2025

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2025

		2025				2024
Notes	Unrestricted £	Restricted £	Designated £	Total £	Total £	
Income						
Donations and Legacies	1	12,178	-	-	12,178	30,383
Charitable Activities	2	115,011	130,601	-	245,612	249,012
Trading Activities	3	13,141	-	-	13,141	5,861
Bank Interest		3,232	-	-	3,232	5,526
Total Income		143,562	130,601	-	274,163	290,782
Expenditure						
Fundraising Costs	4	643	31	-	674	731
Charitable Activities	5	105,486	129,166	-	234,652	253,051
Support and Governance Costs	6	9,152	838	-	9,990	11,833
Total Expenditure		115,281	130,035	-	245,316	265,615
Net Surplus/Deficit		28,281	566	-	28,847	25,167
Reconciliation of Funds						
Total Funds Brought Forward		36,214	31,388	236,258	303,860	278,693
Transfers Between Funds		(60,143)	(11,756)	71,899	-	-
Net Movement in Funds		28,282	565	-	28,847	25,167
Total Funds Carried Forward		4,353	20,197	308,157	332,707	303,860

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

BALANCE SHEET AS AT 31ST MARCH 2025

		2025	2024
	Notes	£	£
Fixed Assets			
Tangible Assets	9	222,524	207,134
Total Fixed Assets		<u>222,524</u>	<u>207,134</u>
Current Assets			
Debtors	10	4,867	5,100
Cash at Bank and in Hand	11	167,731	135,954
Total Current Assets		<u>172,598</u>	<u>141,054</u>
Liabilities			
Creditors and accruals: amounts falling due within one year	12	62,415	44,328
Net Current Assets/(Liabilities)		<u>62,415</u>	<u>44,328</u>
Total Assets Less Current Liabilities		<u>332,707</u>	<u>303,860</u>
Creditors: amounts falling due after more than one year		-	-
Provisions for Liabilities		-	-
Total Net Assets or Liabilities		<u>332,707</u>	<u>303,860</u>
Funds of the Charity			
Designated Funds		308,157	236,258
Restricted Funds		20,197	31,388
Unrestricted Funds		4,353	36,214
Total Funds	13	<u>332,707</u>	<u>303,860</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the board of Trustees on

and signed on their behalf by:


Alan Evans - Chair


David Marston - Treasurer

4/12/25
Date

04/12/25
Date

Basis of Preparation

Basis of Accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- the Charities Act 2011

The Charity constitutes a public benefit entity as defined by FRS 102.

Going Concern

The accounts are prepared on a going concern basis.

Change of Accounting Policy and Accounting Estimates

The accounts present a true and fair view and no changes have been made to the accounting policies adopted. No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).

Material Prior Year Errors

No material prior year error has been identified in the reporting period (3.47 FRS102 SORP).

Accounting Policies - Assets

Fixed Assets - Land and Property

Land and buildings are valued on a cost basis. Buildings are depreciated at 1% per annum on a straight line basis. Land is not depreciated. Where a purchase of land and buildings has been made in the same transaction, and no allocation is available, a best estimate has been made for the apportionment based on available information and the wider commercial property market.

Fixed Assets - Fixtures, Fittings and Equipment

These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost and depreciated on a 20% reducing balance basis.

Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment. Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments.

Stocks and Work In Progress

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Accounting Policies - Fund Accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the Charity. Restrictions are normally specified by the donor.

Accounting Policies - Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- it is more likely than not that the trustees will receive the resources
- the monetary value can be measured with sufficient reliability

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Legacies

Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Contractual Income and Performance Related Grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Volunteer Help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Accounting Policies - Expenditure and Liabilities**Raising Funds**

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable Activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability Recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Grants

Where the Charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Provisions for Liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

Basic Financial Instruments

The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

Notes	2025			2024
	Unrestricted £	Restricted £	Total £	Total £
1 Income from Donations and Legacies				
General Donations	8,015		8,015	23,761
Gift Aid Reclaim	487		487	1,627
Members' Contributions	3,676		3,676	4,995
Total Income from Donations and Legacies	12,178	-	12,178	30,383
2 Income from Charitable Activities				
◦ Café Sales				
Helmsley Café	2,676		2,676	1,944
Kirkby Café	5,516		5,516	6,369
Norton Café	35,379		35,379	34,997
Pickering Café	4,233		4,233	5,019
Rural Café	43		43	-
Total Café Sales	47,847	-	47,847	48,329
◦ Income from Other Charitable Activities				
Beneficiary Holidays and Trips	242	-	242	-
Bettys	10,000	-	10,000	-
Brelms Trust	-	3,333	3,333	5,000
Garfield Weston Foundation	-	5,900	5,900	14,100
Kristina Martin Charitable Trust	5,000	-	5,000	-
National Lottery 2023-24	-	80,000	80,000	20,000
National Lottery Community Fund	-	-	-	64,183
National Lottery Green Guru	-	-	-	-
National Lottery HHH	-	5,800	5,800	4,200
NHS Scarborough and Ryedale CCG	11,386	-	11,386	10,509
Norton Town Council	-	1,250	1,250	-
NYC - Community Collaborator	-	3,750	3,750	11,250
NYC - IT Suite	-	7,549	7,549	-
NYC - Land to Plate	-	5,000	5,000	20,800
NYC - Meals and Vouchers	-	36	36	-
NYC - Resource Centre	18,744	-	18,744	21,360
NYC - Stronger Communities	18,675	-	18,675	-
Other Charitable Grants	850	-	850	1,350
Pickering Town Council	-	-	-	2,500
Ryedale District Council	-	-	-	1,120
Screwfix	-	5,000	5,000	-
SHIC - Carers Plus	-	4,583	4,583	5,000
Sundry Income	267	-	267	212
The Kirkbymoorside Foundation	-	-	-	3,099
Two Ridings - Buildings Work	-	8,400	8,400	-
Two Ridings - Cost of Living	2,000	-	2,000	6,000
Two Ridings - Step Change	-	-	-	10,000
Total Income from Charitable Activities	115,011	130,601	245,612	249,012

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

Notes	2025			2024
	Unrestricted £	Restricted £	Total £	Total £
3 Income from Trading Activities				
Fundraising Events	5,381		5,381	3,676
Room Rental	7,760		7,760	2,185
Total Income from Trading Activities	13,141	-	13,141	5,861
4 Expenditure on Fundraising Costs				
Fundraising Fees	-	-	-	490
Other Fundraising Costs	643	31	674	241
Total Expenditure on Fundraising Costs	643	31	674	731
5 Expenditure on Charitable Activities				
Bank and Card Machine Charges	50	-	50	118
Cafés - Cost of Sales	13,637	-	13,637	17,757
Cafés - Equipment	1,332	-	1,332	2,231
Depreciation	2,416	-	2,416	1,464
Member Activities and Christmas Party	1,259	1,643	2,902	3,117
Other Staff Costs	134	300	434	-
Rents	755	7,252	8,007	18,690
Repairs and Refurbishment	4,304	6,624	10,928	1,095
Service Delivery by Partners	-	833	833	834
Sundry	484	394	878	60
Training and CRB Checks - Staff & Volunteers	443	778	1,221	1,499
Travel and Subsistence	671	5,153	5,824	7,027
Utilities	4,773	488	5,261	6,865
Wages and Salaries	75,228	105,701	180,929	192,294
Total Expenditure on Charitable Activities	105,486	129,166	234,652	253,051
6 Expenditure on Support and Governance Costs				
Accountancy - Accounts and IE Report	1,095	-	1,095	985
Insurance	2,419	-	2,419	2,281
Office Costs	5,601	799	6,400	6,702
Professional Fees	37	39	76	1,865
Total Expenditure on Support and Governance Costs	9,152	838	9,990	11,833

Notes	2025			2024
	Unrestricted £	Restricted £	Total £	Total £
7 Expenditure on Wages and Salaries				
Direct Wages	69,665	97,886	167,551	176,036
Employer Pension Contributions	3,323	4,668	7,991	7,681
Employer National Insurance	2,240	3,147	5,387	5,457
Redundancy Payments	-	-	-	3,120
Total Expenditure on Wages and Salaries	75,228	105,701	180,929	192,294

Pension Scheme Details

The Charity operates a defined contribution pension scheme which commenced in November 2016. The pension charge for the year represents contributions payable by the Charity to the scheme and amounted to £7,991 (2024 : £7,681). There were no contributions outstanding at the end of the year.

Number of Employees

The Charity employed an average of 10 employees in the year (2024 : 12).

High Remuneration

No employee received remuneration in excess of £60,000 (2024 : Nil).

8 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions.

Trustees are only reimbursed for travel and legitimate expenses incurred on behalf of the Charity.

There were no related party transactions in the year.

9 Fixed Assets

	Freehold Property	Equipment	Total
	£	£	£
Cost			
As at 1st April 2024	207,503	5,428	212,931
Additions	13,223	4,582	17,805
As at 31st March 2025	<u>220,726</u>	<u>10,010</u>	<u>230,736</u>
Depreciation			
As at 1st April 2024	1,245	4,552	5,797
Charge for the Period	1,324	1,091	2,415
As at 31st March 2025	<u>2,569</u>	<u>5,643</u>	<u>8,212</u>
Net Book Value			
As at 1st April 2024	<u>206,258</u>	<u>876</u>	<u>207,134</u>
As at 31st March 2025	<u>218,157</u>	<u>4,367</u>	<u>222,524</u>

	2025	2024
	£	£
10 Debtors		
Prepayments	4,167	-
Trade Debtors	700	5,100
Total Debtors	<u>4,867</u>	<u>5,100</u>
11 Cash at Bank and In Hand		
Barclays Bank	21,781	10,762
CAF Bank	145,950	125,192
Total Cash at Bank and In Hand	<u>167,731</u>	<u>135,954</u>
12 Creditors and accruals: amounts falling due within one year		
Accruals	1,095	3,691
Deferred Income - Performance Related Grants	60,749	38,949
Trade Creditors	571	1,688
Total Creditors and accruals: amounts falling due within one year	<u>62,415</u>	<u>44,328</u>

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

13 Breakdown by Fund - Current Year 2025

	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	£	£	£	£	£
Restricted					
Brelms Trust	1,666	3,333	4,991		8
Garfield Weston Foundation	29	5,900	5,855		74
Helmsley Freemasons	1,250				1,250
Localgiving Green Guru Project	500				500
National Lottery	9,199	80,000	83,015		6,184
National Lottery - HHH	1,491	5,800	7,291		-
Norton Town Council	26	1,250	139		1,137
NYCC - Community Collaborator		3,750	1,001		2,749
NYCC - Healthy Living Land to Plate	1,191	5,000	4,639		1,552
NYCC - IT Suite		7,549	7,549		-
NYCC - Meals and Vouchers		36	36		-
Pickering Town Council	1,201				1,201
RDC - Warm and Well	1,120			(1,120)	-
Screwfix		5,000	5,000		-
SHIC Carers Plus	1,274	4,583	5,000		857
The Kirkbymoorside Foundation	2,236			(2,236)	-
Two Ridings - Building Works		8,400		(8,400)	-
Two Ridings - Green Tokens	205		40		165
Two Ridings Step Change	10,000		5,480		4,520
Total Restricted	31,388	130,601	130,036	(11,756)	20,197
Unrestricted	36,214	143,562	115,280	(60,143)	4,353
Designated	236,258			71,899	308,157
2025 Total Funds	303,860	274,162	245,316	-	332,707

NEXT STEPS MENTAL HEALTH RESOURCE CENTRE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

14 Breakdown by Fund - Prior Year 2024

	B/Fwd	Income	Expenditure	Transfers	C/Fwd
	£	£	£	£	£
Restricted					
Brelms Trust	-	5,000	3,334		1,666
Garfield Weston Foundation	4,211	14,100	18,282		29
Helmsley Freemasons	1,250	-	-		1,250
Jack Brunton Charitable Trust	950	-	950		-
Localgiving Green Guru Project	500	-	-		500
National Lottery 2023/24	-	20,000	10,801		9,199
National Lottery Community Fund (2024)	-	57,808	57,808		-
National Lottery - HHH	-	4,200	2,709		1,491
National Lottery - Uplift		6,375	6,375		
Noble Charitable Trust	411	-	411		-
Norton Town Council	646	-	620		26
NYC Community Collaborator	1,076	11,250	12,326		-
NYC Healthy Living Land to Plate	927	20,800	20,536		1,191
Pickering Town Council	896	2,500	2,195		1,201
RDC Warm and Well	210	1,120	210		1,120
SHIC Carers Plus		5,000	3,726		1,274
The Kirkbymoorside Foundation	2,190	3,099	3,053		2,236
Two Ridings - Green Tokens	2,000	-	1,795		205
Two Ridings Step Change	-	10,000	-		10,000
Total Restricted	15,267	161,252	145,131	-	31,388
Unrestricted	41,426	129,530	119,239	(15,503)	36,214
Designated	222,000	-	1,245	15,503	236,258
2024 Total Funds	278,693	290,782	265,615	-	303,860

15 Description of Designated Funds

The designated fund has been set aside to cover the following:

- A general provision of £30,000
- A building reserve of £218,157
- A building extension reserve of £60,000

Further information relating to the designated funds is detailed in the Trustees' Report.

16 Description of Restricted Funds

The restricted funds are to be used for the following purposes:

Donor	Restricted Use
Brelms Trust	Support of green wellbeing warrior role & core costs
Garfield Weston Foundation	Core Funding
Helmsley Freemasons	Men in sheds costs and materials.
Jack Brunton Charitable Trust	Supporting staffing costs for "Wellbeing Warriors" across Ryedale
Localgiving Green Guru Project	Supporting sustainability through allotments and recycling.
National Lottery Community Fund	Expansion and continuation of services
National Lottery Green Guru Project	Allotments and recycling project
National Lottery - HHH	Handbags, hammers and horticulture - to promote allotments and activities.
Noble Charitable Trust	Out of hours support.
Norton Town Council	Out of hours group.
NYC Community Collaborator	Supporting users living with diabetes, anxiety, depression and asthma
NYC Healthy Living Land to Plate	Promoting healthy living and encouraging users to grow their own food
Pickering Town Council	For the Pickering Hub
RDC Warm and Well	Free homemade meals and drinks over winter for those in need due to the rise of the cost of living
SHIC Carers Plus	To develop stronger and less isolated communities through activities.
The Kirkbymoorside Foundation	Funding for two rotovators
Two Ridings - Cost of Living Tokens	Providing hot meals to those struggling due to the financial crisis
Two Ridings - Building Works	To fund costs relating to the new building.
Two Ridings - Green Tokens	Provision of hot meals during the cost-of-living crisis
Two Ridings - Step Change	Supporting kitchen and reporting services