

Next Steps Mental Health Resource Centre

(A Company limited by guarantee)

(Charity Registration Number 1149932)

(Registered Company Number 07570609)

Annual Report & Financial Statements for the year ended 31st March 2023

*Tracy Bramley ACMA, CGMA
Charity Accounts Preparation &
Independent Examination*

Next Steps Mental Health Resource Centre

(A Company Charity limited by guarantee)

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Directors' Report (incorporating the Trustees' Annual Report)

For the year ended:

31st March 2023

The Board of Trustees, who are also the directors of the charity for the purposes of company law, present their annual report and financial statements for the year ended 31st March 2023.

Objectives and activities

Summary of the objects of the charity set out in its governing document

The support of persons within Ryedale who have, or have previously experienced mental health issues and carers of such persons, in particular, but without limitations by the provision of resource centres offering assistance, support and information to such persons by outreach projects and activities.

Next Steps was set up in 2001 to help local people with mental health problems. The charity is managed by mental health professional Leisa Burniston, who has over 22 years experience in mental health and social care settings. Next Steps supports people with mental health problems in Ryedale by providing a drop-in centre, activities and outreach groups in Kirkbymoorside and Pickering. The charity is a user-led organisation and works closely with GPs and the Community Mental Health Teams to ensure that people who are affected by mental health are supported. The ultimate aim is to develop self-confidence for members, improve their work prospects and access to statutory services, help support positive family relationships and prevent loneliness and isolation.

Public Benefit

The trustees have had due regard to guidance published by the Charity Commission on public benefit.

Chairman's Statement

I am very pleased to report on the Accounts of Next Steps Resource Centre for the financial year ending 31st March 2023, which again shows an operational surplus in a period of uncertainty with the conclusion of the Pandemic and an inflationary economy. During the period under review, the Charity formed a new group in Helmsley which meets every Friday, a new Land to Plate initiative that encourages service users to grow vegetables and salads on the allotments and then to cook them in a meal, under supervision, a Living Well Programme that provides various courses affecting health and wellbeing, a new photography course in Norton, a new Drawing Group in Pickering, and a new walking group in Pickering. During the year the Café in Norton maintained its five star hygiene award and increased its turnover, and the Allotments had a complete makeover. The Charity also purchased a new Mini Bus during the year in partnership with Ryedale Charities Together.

I know I am repeating myself from previous years but Next Steps does continue to grow and raise its standards annually in providing support and activities to its ever increasing number of service users, and the Annual Accounts endorse this. Under the guidance of Leisa Burniston, the Service Manager, the Charity continues to be proactive in meeting the changing demands and requirements of its service users and of the local communities in which we operate throughout the Ryedale District and its periphery. To Leisa and her dedicated small number of staff, I would like to express mine, and those of my fellow Trustees, our sincere thanks and appreciation for their dedication to work, in sometimes difficult circumstances.

Next Steps was successful in obtaining a two-year extension to its Lottery Funding in 2021 providing support into the towns of Ryedale. This is a good indication that Next Steps is regarded highly by a very large funder such as the Big Lottery, and is an endorsement for other funders. Next Steps has been encouraged to apply for a further two year extension and that was undertaken and submitted in June 2023. Next Steps relies on funding for its core services and additional projects from North Yorkshire Council, the Clinical Commissioning Group for North Yorkshire, and various trusts and numerous funding organisations listed later in these Accounts. We are fortunate to have the support of local community organisations such as Town Councils, Lions Clubs, Rotary Clubs and local churches. Without their support both financially and with resources it would be very difficult to continue as we are and to grow. On behalf of Next Steps, I would like to publicly offer my sincere thanks to all for their ongoing support.

Next Steps exists to make a positive difference to people's lives, especially those with mental health issues, those that are lonely and isolated, and the carers of such people. As Chairman of this Organisation I can see at first hand what our large team of volunteers do in making a difference to people lives and why all the Trustees and our unpaid volunteers give so readily of their time. Without the input and support of all the Trustees and volunteers, Next Steps could not function and develop as it does. To them all I would like to express my gratitude for their hard work and support over the past twelve months.

I look forward to the next twelve months with new projects and challenges. The major one is to acquire the Norton base, 7, Church Street, Norton. In March 2023 Next Steps were informed that the owners of that building were to put the building up for sale at its market value. The Trustees have prudently put monies aside over the past few years for such an eventuality. A bid has been put in the to purchase the building as these Accounts are printed. The current lease with the owners terminates on 16th October 2023.

The following few years are going to be difficult ones financially with high inflation and uncertainty. My concern is also with our service users who will also be experiencing these financial issues. This is going to provide more pressure and concerns but I know our excellent team here at Next Steps will provide whatever support and guidance is necessary to both the Charity and its service users over the long term, and also provide support to our community partners in any way we can.

Achievements and performance

Summary of the main achievements of the charity during the year

During the year the Charity ran a drop in centre in Norton, with additional weekly drop in centres held in Kirkbymoorside and Pickering and, started a new group in Helmsley. These drop in centres provided various activities and support for members which included art sessions, craft groups, men in sheds, walking groups, bingo and games, photography group, music therapy, and healthy food served from the café.

The Charity was successful in obtaining five year Lottery funding and a further two year extension. An additional two year extension has been applied for and the Charity is currently awaiting approval.

Next Steps continues to maintain its five star rating in the national Food Hygiene Scheme administered by North Yorkshire Council. During the year the Charities allotments were given a makeover and a new initiative introduced named 'Land to Plate' which encourages members to grow vegetables and salads, and then to prepare meals from the produce under supervision.

A new Living Well Programme was started during the year to address illness and wellbeing issues which affect members. One of Next Steps volunteers was awarded the Platinum Jubilee Award and later was presented to King Charles during his visit to Malton.

Next Step in partnership with Ryedale Charities Together purchased a mini bus during the year and which helps to provide transport for isolated members.

During the year a new initiative was started with other local charities and community groups called Community One Shops, and which meets monthly in the towns of Ryedale. This group provides an whole range of information and advice on services available in Ryedale to the population.

Financial Review

The results for the year ending 31st March 2023 show an overall surplus in year of £13,237; comprising a surplus of £41,020 on unrestricted funds (before transfers) and a deficit of £27,783 on restricted funds. The surplus on unrestricted funds is largely due to the continuing good stream of donations and members' contributions, increasing cafe sales in all venues and the re-emergence of bank interest.

The deficit shown on restricted funds mainly reflects the timing difference in the spending of grants between years. The restricted funding grants are listed in the note 13 to the accounts, 'Movement of Funds'. No project funds are in deficit at the year end and the surplus balances are planned to be spent in the forthcoming year.

After transfers, the level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, now stands at **£40,331** at 31st March 2023. The charity aims to hold in the unrestricted general fund approximately one quarter of the annual projected expenditure for the forthcoming year. In addition, the charity holds designated reserves of £222,000, comprising a £30,000 wind down and redundancy provision and a building reserve fund of £192,000.

The trustees are confident that the charity is a going concern and has projected a surplus budget going forward for the forthcoming year.

Plans for the future

Next Steps has been given notice that its Norton Base at 7 Church Street, Norton is to be sold by its owners at market value.

The Trustees of Next Steps has prudently put monies aside over the past few years to purchase a property. The Trustees have put in a bid to purchase 7 Church Street following its advertised sale. If successful the Trustees want to extend the property with a two story extension and have stated a fundraising initiative to finance that extension.

Next Steps have applied for a two year extension to its Lottery funding which will enable the continuation of its outreach work in Pickering, Kirkbymoorside and Helmsley.

The Charity holds annual meeting of its Trustees, Staff, Volunteers and Members to discuss the performance of the organisation and to address what members wish as future events and activities. Any new service or activity will be introduced if possible.

Structure, governance and management

Governing Document Memorandum and Articles of Association

How the charity is constituted Charity, Company limited by guarantee

Trustee selection methods Elected by Members

Trustees are selected from service users and local professionals. Nominated trustees are proposed and seconded by the members and trustees of the charity.

All Trustees shall retire from office together at the end of the annual general meeting next, after the date on which they came into office, but they may be re-elected or re-appointed.

Reference and Administration details

Charity name Next Steps Mental Health Resource Centre

Other names the charity is known by Next Steps

Registered Charity number 1149932

Registered Company number 07570609 (England and Wales)

Charity's principal address (& registered office) 7 Church Street
Norton

Malton
YO17 9HP

Independent Examiner Tracy Bramley ACMA CGMA
Orchard House Accounting
72 Low Moorgate, Rillington
Malton, YO17 8JW

Bankers: CAF Bank Ltd Barclays Bank plc
25 Kings Hill Avenue 23 Yorkersgate
Kings Hill Malton
West Malling, Kent North Yorkshire
ME19 4JQ YO17 7AE

Names of the Directors (Trustees) who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
A G Evans	Chair		
A Duncan	Vice-Chair		
DS Marston	Treasurer		
D E Keal			
G M Payne			
D Whitling			
S Miller		Resigned 31/7/2022	
D Brewster			
D Evans			
J Vukelic			
L Parker			
J Wade		Appointed 27/6/2023	

Service Manager and Company Secretary

L Burniston

Trustee's responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Next Steps Mental Health Resource Centre for the purposes of company law) are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for the year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue on that basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information

In accordance with company law, as the company's directors, each of the Board of Trustees certify that so far

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet)

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



A G Evans, Chair

Date 26/9/2023

Independent examiner's report to the trustees of Next Steps Mental Health Resource Centre

I report on the accounts of: **Next Steps Mental Health Resource Centre**
for the year ended: **31 March 2023** which are set out on pages 6 to 16.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA CGMA
Orchard House Accounting
72 Low Moorgate
Rillington
Malton
North Yorkshire
YO17 8JW

Date: 27/9/23

Next Steps Mental Health Resource Centre
(Charity Registration Number 1149932)

Statement of Financial Activities for the year ended:

31st March 2023

(incorporating Income & Expenditure account)

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£	£
Income and endowments from:						
Donations and legacies	3.1	13,163		-	13,163	14,449
Charitable activities	3.2	70,928		128,597	199,525	213,568
Other trading activities	3.3	8,837		-	8,837	5,032
Investments	3.4	1,485		-	1,485	27
Other	3.5	-		-	-	10,667
Total income	3	94,413	-	128,597	223,010	243,743
Expenditure on:						
Raising funds	4.1	102		-	102	3,800
Charitable activities	4.2	53,291		156,380	209,671	155,523
Total expenditure	4	53,393	-	156,380	209,773	159,323
Net income/(expenditure)		41,020	-	(27,783)	13,237	84,420
Transfers between funds		-	-	-	-	-
Net movement in funds		41,020	-	(27,783)	13,237	84,420
Total funds brought forward		406	222,000	43,050	265,456	181,036
Total funds carried forward		41,426	222,000	15,267	278,693	265,456

Next Steps Mental Health Resource Centre
(Charity Registration Number 1149932)

Balance Sheet as at: 31st March 2023

	Note	2023 £	2022 £
Fixed Assets			
Tangible assets	8	1,095	305
Total Fixed Assets		<u>1,095</u>	<u>305</u>
Current Assets			
Debtors	9	3,056	4,293
Cash at bank and in hand	10	339,832	267,457
Total Current Assets		<u>342,888</u>	<u>271,750</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	65,290	6,599
Net Current Assets/(Liabilities)		<u>277,598</u>	<u>265,151</u>
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals	11	-	-
Net Assets/(Liabilities)		<u>278,693</u>	<u>265,456</u>
Funds of the Charity	13		
Unrestricted Funds - General		41,426	406
Unrestricted Funds - Designated		222,000	222,000
Restricted Funds		15,267	43,050
Total Funds Carried Forward	13	<u>278,693</u>	<u>265,456</u>

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Statement of Recommended Practice; the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements were approved by the trustees on 13/9/23

and signed on their behalf by:

A G Evans

Chair

Date 26/9/2023

DS Marston

Treasurer

Date 26/9/23

Notes to the accounts for the year ended:

31st March 2023

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102); the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation. The charity registered for gift aid in 2017/18.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

(Charity Registration Number 1149932)

31st March 2023

Raising funds

Charitable activities

Liability recognition

Redundancy cost

2.3 Assets

Plant and machinery etc	- 50% on cost
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Taxation

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Next Steps Mental Health Resource Centre

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Notes to the accounts for the year ended:

31st March 2023

3 Income and endowments

	Unrestricted funds £	Restricted funds £	Total 2023 £	Unrestricted funds £	Restricted funds £	Total 2022 £
3.1 Donations and legacies						
<u>Voluntary Income - donations</u>						
Donations	8,893		8,893	11,529		11,529
Gift Aid reclaim	346		346	173		173
Members' contributions	3,924		3,924	2,747		2,747
	13,163	-	13,163	14,449	-	14,449
3.2 Charitable activities						
<u>Resource Centres and Cafés</u>						
NYC - Resource Centre*	17,487		17,487	17,487		17,487
NYC - other grants*		17,450	17,450		10,750	10,750
NHS Scarborough & Ryedale CCG*	10,509		10,509	10,509		10,509
East Riding of Yorkshire Council*			-		2,500	2,500
Big Lottery Resource Centre			-		40,694	40,694
Ryedale District Council*		1,120	1,120		3,888	3,888
Norton Town Council*		1,250	1,250		1,200	1,200
Malton Town Council*			-	250		250
Pickering Town Council*		2,000	2,000		3,500	3,500
Kirkby Town Council*			-		2,184	2,184
Brelms Trust			-		1,875	1,875
Heritage Lottery Fund			-		10,020	10,020
Garfield Weston Foundation		20,000	20,000		20,000	20,000
Jack Brunton Charitable Trust		2,000	2,000			-
Malton & Norton Lions		600	600			-
Noble Charitable Trust		1,000	1,000			-
RDC (via RSF) One Stop Shop*			-		480	480
National Lottery Community Fund		61,511	61,511		38,214	38,214
National Lottery Community Enablers			-		1,647	1,647
National Lottery Green Guru		9,152	9,152			-
The Two Ridings Community Foundation		2,000	2,000		12,000	12,000
The Albert Hunt Trust			-		3,000	3,000
The Kirkbymoorside Foundation		2,764	2,764			-
Localgiving grant		500	500			-
Other charitable grants	1,450	7,250	8,700	2,050		2,050
Sundry income	957					-
Café sales - Norton	28,536		28,536	24,962		24,962
Café sales - Pickering	6,001		6,001	4,519		4,519
Café sales - Kirkby	5,483		5,483	1,707		1,707
Café sales - Helmsley	505		505	114		114
Café sales - Rural			-	18		18
	70,928	128,597	199,525	61,616	151,952	213,568
3.3 Other trading activities						
Fundraising events	2,324		2,324	1,270		1,270
Room rental	6,513		6,513	3,762		3,762
	8,837	-	8,837	5,032	-	5,032
3.4 Investments						
Bank interest received	1,485		1,485	27		27
	1,485	-	1,485	27	-	27
3.5 Other						
Local Restrictions Support grant*			-	2,667		2,667
Restart grant scheme*			-	8,000		8,000
	-	-	-	10,667	-	10,667
Total income	94,413	128,597	223,010	91,791	151,952	243,743

* denotes government grants received this year, totalling £49,816 (2022: £63,415)

Next Steps Mental Health Resource Centre

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Notes to the accounts for the year ended:

31st March 2023

4 Expenditure

	Unrestricted funds £	Restricted funds £	Total 2023 £	Unrestricted funds	Restricted funds	Total 2022 £
4.1 Raising funds						
Fundraiser fees			-	3,760		3,760
Fundraiser costs	102		102	40		40
	102	-	102	3,800	-	3,800
4.2 Charitable activities						
<u>Resource Centres and Cafés</u>						
Salaries (including on-costs)	32,998	99,492	132,490	13,784	95,557	109,341
Training & CRB checks - staff & volunteers		1,617	1,617		1,151	1,151
Other staff costs	174	4,386	4,560		3,357	3,357
Café equipment	197	842	1,039	526	820	1,346
Café consumables - Norton	10,962	339	11,301	6,695	467	7,162
Café consumables - Pickering	111		111	8		8
Café consumables - Kirkby	45		45	10		10
Café consumables - Rural cafes	16		16	3		3
Direct project costs (transport/mileage)	8	3,512	3,520	130	1,115	1,245
Member activities & Christmas party	625	7,523	8,148	6	3,003	3,009
Activities equipment			-	23		23
Service delivery by partners		10,000	10,000		-	-
Office costs	1,735	3,189	4,924	873	2,571	3,444
Repairs & refurbishment	1,319	3,465	4,784	1,853	348	2,201
Rents	593	17,492	18,085		16,554	16,554
Utilities		4,461	4,461	1,643	2,015	3,658
Insurance	1,666		1,666	1,264		1,264
Room hire			-			-
Depreciation	1,400		1,400	305		305
Professional fees	1,304	13	1,317	800	120	920
Covid expenses			-	81	203	284
Sundry	138	49	187	238		238
	53,291	156,380	209,671	28,242	127,281	155,523
Total expenditure	53,393	156,380	209,773	32,042	127,281	159,323

Next Steps Mental Health Resource Centre
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Notes to the accounts for the year ended:

31st March 2023

5 Fees for examination of the accounts

	2023	2022
	£	£
Independent Examiner's fees for preparation and reporting on the accounts	<u>900</u>	<u>750</u>

6 Staff costs and emoluments

	2023	2022
	£	£
Gross salaries	126,099	104,492
Employers National Insurance	1,093	682
Pension costs (defined contribution scheme)	5,298	4,167
	<u>132,490</u>	<u>109,341</u>
	<u>13</u>	<u>10</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2022: Nil)

The total employee benefits of the key management personnel of the charity were £33,513 (2022: £32,362).

7 Defined contribution pension scheme

The charity operates a defined contribution pension scheme which commenced in November 2016. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £5,298 (2022: £4,167). There were no contributions outstanding at the end of the year.

The employer pension cost is allocated between restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Plant & machinery etc £	Total £
Tangible fixed assets		
Cost or valuation		
At 1st April 2022	3,238	3,238
Additions in year	2,190	2,190
Disposals in year	-	-
At 31st March 2023	<u>5,428</u>	<u>5,428</u>
Depreciation	£	£
At 1st April 2022	2,933	2,933
Charge for the year	1,400	1,400
At 31st March 2023	<u>4,333</u>	<u>4,333</u>
Net Book Value	£	£
At 31st March 2023	<u>1,095</u>	<u>1,095</u>
At 31st March 2022	<u>305</u>	<u>305</u>

9 Debtors and prepayments

	2023	2022
	£	£
Debtors and prepayments		
Trade debtors	182	435
Prepayments and accrued income	2,874	3,858
	<u>3,056</u>	<u>4,293</u>

Next Steps Mental Health Resource Centre

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Notes to the accounts for the year ended:

31st March 2023

10 Cash at bank and in hand

	Total 2023 £	Total 2022 £
CAF Bank	239,295	173,152
Barclays Bank	100,537	94,305
Cash in hand	-	-
	339,832	267,457

11 Creditors and accruals

	2023 £	2022 £
Analysis of creditors falling due within one year		
Trade creditors	1,443	143
Payments received on account for contracts or performance-related grants	60,242	5,249
Accruals	3,605	1,207
	65,290	6,599
Analysis of creditors falling due after more than one year		
Other creditors	-	-

12 Operating lease commitments

The total lease charge recognised as an expense during the year was £10,000 (2022: £10,000). The current lease with the owners terminates on 16th October 2023, hence the total future minimum lease payments are expected to be £5,000.

13 Movement of funds

13.1 Movement of major funds

2023 Fund name	Balance b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted funds (General)	406	94,413	53,393		41,426
	406	94,413	53,393	0	41,426
Designated funds	222,000	-	-	-	222,000
	222,000	-	-	-	222,000
Restricted Funds					
Pickering Town Council	789		789		-
Pickering Town Council 2022	-	2,000	1,104		896
Kirkby Town Council	1,026		1,026		-
Lloyds Bank	240		240		-
Norton Town Council	-	1,250	604		646
Garfield Weston	9,966	20,000	25,755		4,211
Lottery Community Fund 2022	19,892	38,214	58,106		-
Lottery Community Fund 2023	-	19,672	19,672		-
Lottery Green Guru project	-	9,152	9,152		-
Localgiving Green Guru project	-	500			500
NYC Food for the Future	2,609	-	2,609		-
NYC Suicide Prevention Fund	4,600		4,600		-
NYC Community Collaborator	-	3,750	2,674		1,076
NYC Healthy Living Land to Plate	-	12,700	11,773		927
Two Ridings - Cost of living tokens	-	2,000			2,000
George Moore Foundation	-	1,000	1,000		-
Helmsley Freemasons	-	1,250			1,250
Jack Brunton Charitable Trust	-	2,000	1,050		950
Kirkbymoorside Foundation	-	2,764	574		2,190

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932)

Notes to the accounts for the year ended:

31st March 2023

13.1 Movement of major funds continued....

	Balance b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Malton & Norton Lions	-	600	600		-
Noble Charitable Trust	-	1,000	589		411
RDC Satellite Hubs	2,500		2,500		-
RDC Warm & Well	-	1,120	910		210
Two Ridings Meals fund	728		728		-
Two Ridings re Arquiva	700		700		-
	<u>43,050</u>	<u>118,972</u>	<u>146,755</u>	<u>-</u>	<u>15,267</u>
Total Funds	<u>265,456</u>	<u>213,385</u>	<u>200,148</u>	<u>-</u>	<u>278,693</u>

Transfers between funds 2023

From	To	Reason	£ Amount
Unrestricted	Designated	Transfer to new building reserve	-
General			

2022 Fund Name	Balance b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds (General)					
General Unrestricted funds	657	91,791	32,042	(60,000)	406
	<u>657</u>	<u>91,791</u>	<u>32,042</u>	<u>(60,000)</u>	<u>406</u>
Designated funds	162,000	-	-	60,000	222,000
	<u>162,000</u>	<u>-</u>	<u>-</u>	<u>60,000</u>	<u>222,000</u>

Restricted Funds

Big Lottery Fund - Resource Centre	2,334	40,694	43,028		-
Pickering Town Council	2,080	3,500	4,791		789
Kirkby Town Council	1,345	2,184	2,503		1,026
Lloyds Bank	240				240
Brelms Trust	208	1,875	2,083		-
Cornfield Flowers Project	1,171	12,520	13,691		-
Norton Town Council	1,200	1,200	2,400		-
Lottery Community Enablers	866	1,647	2,513		-
Lottery Awards 4 All grant	3,859		3,859		-
NYCC Reactivate groups	839		839		-
Evan Cornish Foundation	4,237		4,237		-
Albert Hunt Trust	-	3,000	3,000		-
Garfield Weston	-	20,000	10,034		9,966
Lottery Community Fund	-	38,214	18,322		19,892
NYCC Food for the Future	-	5,000	2,391		2,609
NYCC/RDC One Stop Shop	-	1,230	1,230		-
NYCC Suicide Prevention Fund	-	5,000	400		4,600
RDC Evenings fund	-	650	650		-
RDC Glasswasher fund	-	738	738		-
RDC Satellite Hubs	-	2,500			2,500
Two Ridings Community Foundation	-	10,000	10,000		-
Two Ridings Meals fund	-	1,000	272		728
Two Ridings re Arquiva	-	1,000	300		700
	<u>18,379</u>	<u>151,952</u>	<u>127,281</u>	<u>-</u>	<u>43,050</u>
Total Funds	<u>181,036</u>	<u>243,743</u>	<u>159,323</u>	<u>-</u>	<u>265,456</u>

Next Steps Mental Health Resource Centre
(Charity Registration Number 1149932)

Notes to the accounts for the year ended:

31st March 2023

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Next Steps Mental Health Resource Centre.

Designated Funds

The designated fund has been set aside to cover the following;

- a wind down provision including redundancies £30,000
- a New Building reserve £192,000

Restricted Funds

The current restricted funds are to be used for the following purposes:

Funders 2022/23

Pickering Town Council
Kirkby Town Council
Lloyds Bank
Norton Town Council
Garfield Weston Foundation
Lottery Community Fund
Lottery Green Guru project
NYC Food for the Future
NYC Suicide Prevention Fund
NYC Community Collaborator
NYC Healthy Living Land to Plate
Two Ridings - Cost of living tokens
George Moore Foundation

Helmsley Freemasons
Jack Brunton Charitable Trust
Kirkbymoorside Foundation
Malton & Norton Lions
Noble Charitable Trust
RDC Satellite Hubs
RDC Warm & Well

Two Ridings Meals fund
Two Ridings re Arquiva

Restricted Use

Pickering hub
Kirkbymoorside hub
Kitchen Support
Out of Hours group
Core funding
Expansion/Continuation of Services
Allotments & recycling project
Purchases re Healthy Eating (Members)
Support Worker costs
Supporting users 'living with' diabetes, anxiety, depression, asthma
Promoting healthy living, encouraging users to grow their own
Providing hot meals to those struggling due to the financial crisis
Supporting the "Green Guru" project at the allotments and costs of the "Green Guru" worker.
Men in sheds costs and Materials
Supporting staffing costs for "Wellbeing Warriors" across Ryedale
Funding for two Rotavators
Supporting costs of "Green Guru worker and horticultural project"
Out of Hours Support
Rural Rents
Free Homemade Meals/Drinks over winter for those in need due to the rise of the cost of living
Kitchen Activities (Members)
Salaries re TV Mask advice

14 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2023 (2022: None).

Next Steps Mental Health Resource Centre

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Notes to the accounts for the year ended:

31st March 2023

15 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Balances at 31st March 2023				
Fixed assets	1,095		-	1,095
Current assets	87,693	222,000	33,195	342,888
Current liabilities	(47,362)	-	(17,928)	(65,290)
	41,426	222,000	15,267	278,693

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022
	£	£	£	£
Balances at 31st March 2022				
Fixed assets	305	-	-	305
Current assets	116	222,000	49,634	271,750
Current liabilities	(15)		(6,584)	(6,599)
	406	222,000	43,050	265,456

16 Transactions with trustees and related parties

There were no payments to trustees for out of pocket expenses in the year (2022: £118.80).

There have been no related party transactions in the year.

17 Control

In the opinion of the trustees, no one party controlled the company in the year.