

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales · Charity number 1149610

Details

Other names ALFA CC

Status Registered

Legal form Charitable company

Company number [08277571](#)

Registered 2012-11-05

Register [View on the Charity Commission register](#)

Contact

Address Fulligrove House
Woodwell Road
Shirehampton
Bristol
BS11 9UG

Phone 01179826455

Email info@alfacc.org.uk

Website www.alfacc.org.uk

Activities

Objects: THE CHARITABLE PURPOSES OF THE CHARITY ARE:1. TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY (ESPECIALLY, BUT NOT EXCLUSIVELY, THOSE WITH LEARNING DIFFICULTIES), FINANCIAL HARDSHIP OR OTHER DISADVANTAGE; AND2. TO ADVANCE THE CHRISTIAN FAITH.

Activities: Provision of care and services for adults with Learning Disabilities. Current services are a Training Lunch Club, where trainees with LD learn catering skills, Woodwork and Gardening Day Services for adults with LD. Emphasis on giving trainees an opportunity to do something constructive and positive for others. Aspiration to provide supported community style living for adults with LD.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** Religious Activities, Other Charitable Purposes
- **Who:** People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Bristol City
- Gloucestershire
- North Somerset
- South Gloucestershire
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£63,886	£58,685	-	-
2024-04-05	£59,317	£65,696	-	-
2023-04-05	£78,461	£67,276	-	-
2022-04-05	£74,325	£72,548	-	-
2021-04-05	£65,591	£66,660	-	-

Trustees

Name	Role	Appointed
CATHERINE JANE PALMER		2012-11-01
Dr Victoria Crane		2023-05-01
Geoffrey Newns		2017-04-29
Jane Smith		2015-05-01

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales - Charity number 1149610

Accounts



ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY Ltd.

ANNUAL REPORT AND FINANCIAL STATEMENTS

5th April 2024

Registered Charity No: 1149610
Company No: 8277571

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Status:

Abundant Life For All Christian Community (ALFA CC) is a registered charity with charity registration number: 1149610. It is also a Registered Company with Company number: 8277571.

ALFA CC is a Charity and a Limited Company, registered as a Company on the 1st November 2012 and as a Charity on the 5th November 2012.

Trustees:

Geoffrey Newns

Catherine Jane Palmer

Jane Smith

Victoria Crane

Registered and Administrative Office:

Fulligrove House
Woodwell Rd
Shirehampton
Bristol
BS11 9UG

Bankers:

The Co-Operative Bank
Bank Identifier Code: CPBK GB22

Trustees Annual Report:

Objects of the Charity:

The stated charitable purposes of the Charity are:

- to relieve those in need by reason of youth, age, ill-health, disability (especially but not exclusively those with learning difficulties), financial hardship or other disadvantage; and
- to advance the Christian faith.

The practical outworking of these objects is primarily in the form of Day Services for people with Learning Difficulties (LD). In the Lunch Club 4 people with learning difficulties are trained in the skills of catering, learning skills for daily living and potentially employment, and at the same time, preparing the lunch for a Lunch Club for 8 – 10 older people. Further Day Services are provided in the form of woodwork and gardening, with one or two adults at a time, and in addition, overnight or weekend respite care is being provided to a small number of adults with LD, under the Shared Lives scheme operated by Bristol City Council and in direct arrangement with ALFA CC.

These services meet several of the needs described in the Charity's objects. The Trainees with LD gain useful skills and especially have an opportunity to provide a service for other people, giving them a sense of achievement and worth, something which is a rare opportunity for people with LD. In the Lunch Club the older people enjoy the opportunity for company, some good entertainment and a good freshly cooked meal. Older people, especially those targeted by this service, tend to live alone and have very few opportunities to meet others and have social interaction. Loneliness experienced by the elderly has been recognised as a significant issue. Our elderly guests also very rarely cook themselves fresh food, living in the main on purchased packaged and reheated food. This duality of service gives a significant added social benefit from a modest cost to the Social Services budget.

Specifically regarding the advancement of the Christian faith, from September 2016, ALFA CC took over the missionary support administration of the set of missionaries supported previously by the Fellowship of the King Christian Trust, (FoTK) who operate in a range of mission fields including Kenya, Colombia, Spain and the UK. In addition, ALFA CC runs a series of two or three meetings a year, where worship and Christian teaching is specifically focused for adults with learning difficulties, and allowing them to participate in leading roles. Fulligrove House operates as a Christian Community, with the residents participating in regular prayer and worship.

The garden at Fulligrove House has been registered as a Quiet Garden with the Quiet Garden Movement, a charity that is Church based and focuses on gardens where individuals or groups can find the opportunity for retreat, spiritual contemplation and reflection - see www.quietgarden.org. As well as offering the opportunity for individuals or groups to use the facility, regular "Quiet Days or Quiet Mornings" are advertised and run, with the lead and focus being given by Lyn Morton, allowing people to engage with contemplative worship and prayer.

Hospitality is a core aspect of the Christian faith and weekly drop-ins and monthly coffee mornings provide a welcome and friendly opportunities for local people to meet others and enjoy the varied garden. Adults with learning difficulties often attend adding further social benefit to them and others.

Introduction:

This report describes the activities of the Trust during the 2023-24 financial year and is a part of the annual report to the Charity Commission. It describes the financial activities of the Trust and reports to donors on the use of the money entrusted to the charity.

During 2023-24 the regular services provided continued to develop and progress, with the help of our new members of staff, who have proved to be excellent appointments. During the year, Anna our longest serving team member decided to retire, and has been replaced with a very good appointment. Gardening and Woodwork continue with one service user each, and in both cases these would be inappropriate to expand due to the capabilities of the individuals.

Income and Expenditure 2023-24

Income:

The overall Income for the financial year 2023-24 was £59,316. (*See note below in expenditure*) This is a decrease over the previous year, of £5310. The main decrease was in earmarked missionary giving, of £14,933, balanced by an increase in income from the council and direct payments.

Income with restricted purposes is a significant part of the overall income, with this being used to support missionaries abroad and in the UK in pursuit of the charitable object of advancing the Christian faith. These donations decreased compared with the previous year. The main reason for this was that several external donors have now set up to send the money directly to SYN, rather than through us. The ministry continues to develop well. Our linked mission Swahiba Youth Networks (SYN), in Kenya continued with its established works in the Kibera slums, where over 1 million people live, mostly on low paid casual labour roles, and are vulnerable to unemployment and consequent starvation as there is no government support to this sector. Food parcels were distributed to families with children and usually one adult trying to care for several children. Another project which they have expanded is to bring a gift of a pair of new shoes to children in the slums who will never have had shoes before. This has significant benefits for the children, as the slums have no waste or sewerage services and the routes through are littered with waste. Specific support for this programme was raised and funded through ALFA CC.

The other significant income streams were donations to the charity of £7238, an increase of approx £1700 from the previous year. The charity has a number of regular donors giving on a monthly basis as well as receiving occasional one off sums of greater value. This is a small decrease over the previous year. Our core of

regular donors has not changed. We are very grateful for the support given by these dedicated donors. Donations are used for development projects and reserves for the longer term, rather than covering operating costs. The income from respite at Fulligrove House has increased, due to more use. This has also now included an older person with dementia for whose carer this was the only respite she has had in many years.

Expenditure:

The core expenditure of ALFA CC continued much as the previous year, however there were two exceptional items of expenditure this year:

When signing the 2022-23 accounts in December 2023, we had just discovered the possibility of miscalculations and overpayments that might have been made to us by Bristol City Council. We informed them of this, but only got a definitive answer and amount in March 2024.

We identified that Bristol City Council had been miscalculating the payments made to ALFA CC, probably due to a changed reporting spreadsheet or protocols they were using. Historically they paid for 2 "Sessions" of 2 ½ or 3 hrs long, of which we provided 2 for each service user in a day – morning and afternoon. The process then moved to days, and were counted as days, but the 2 session mode did not get changed, and was reckoned as 2 days, when we were still providing the one day. ALFA CC notified the council of this problem, and after some time, they acknowledged the issue and researched and calculated the over payment, which had been occurring back into the 21-22 year. We encouraged them to find a way to resolve this, ideally by sending us an invoice, which duly happened, just before the end of the financial year.

This was paid, and amounted to £13,833.66 This is treated in the accounts as a reduction in income, rather than an expense, however it should be noted that of this total, £6230 was for 2023-24 & £7603 for previous years. As the previous financial years accounts are closed, it has to be borne in this financial year. This is thus reflected in the year end position as a deficit. However if we look over a 2 year period, rather than just the one year, we are still in a small surplus.

Secondly, we have made a capital investment in the Fulligrove House property. We have purchased a battery system to match with the solar panel system. This means we can store and use much more of the electricity the solar panels generate, and can, during the winter or poor weather, charge the battery up on low cost and usually more renewably generated, low cost electricity. This is often enough to power the house during the day, especially when combined with lower levels of our own generation. An example of this is that for over 6 months from March, we have used virtually no full cost electricity. This system makes our "good" solar panel system into an excellent energy system and will save significant costs to the household. This investment was made on the 70:30 basis for the ownership of the property, with the Mortons paying the 70%. The amount paid by ALFA CC was £2,700. This is reflected in the balance sheet.

Missionary expenditure and the giving stream this year has reduced. The majority of this is to Swahiba Youth Networks. They have not campaigned for donations in the same way this year, and a number of the bigger external to Bristol donors have set up their own direct giving channels to SYN. We are now mostly catering for individual supporters of SYN, rather than being a channel that a number of other charities used. When SYN are running a campaign for a particular purpose, such as the Christmas Shoes project or summer camps, we occasionally get larger specific one off donations, we tend to try and send these on as soon as possible, rather than wait for the regular monthly process date. Unfortunately this has resulted in some double counting and on two occasions, the money was sent twice! This has resulted in more being sent to SYN than was actually given in the year.

The trustees discussed this situation and decided to gift the extra money given to SYN as the work supported is in line with the charitable objects of ALFA CC (and the donors of regular money to ALFA CC are largely the same individuals who support SYN with earmarked giving).

The Christian missionaries who are supported by ALFA CC include missionaries and mission outreaches in Kenya, Spain and Colombia as well as individuals in the UK ministering to overseas students and recruiting missionaries for service abroad. Gift Aid is added to these donations where supported by a gift aid declaration. As a policy a calculation of the Gift Aid is added to the funds sent to missionaries at the time of the donation, and claimed back retrospectively by ALFA CC. Reserves are sufficient to allow this without problems.

Other expenditure remained more or less static, with any minor maintenance expenses of the property covered by the household account, which is independent of ALFA CC.

We have 4 excellent dedicated and highly motivated staff, who find their roles rewarding. Staff do occasionally use their own cars to provide transport for both our trainees and guests and are recompensed at a reasonable rate of 50p per mile.

The woodwork service is provided by Chris Morton who is not paid for his services but works as a volunteer. This income has supported the gardening operation when we did not have a trainee for a significant proportion of the time, but now the gardening service does have a trainee providing funding. This income from woodworking is now a general surplus.

Balance Sheet:

The balance sheet this year reflects the capital investment mentioned above. The main asset remaining is the 30% share in the property Fulligrove House, which proportion was maintained by the in-year investment. No actual revaluation was formally made of the value of the property, though prices of property do seem more stable now given Covid fading into the past. Valuing a property of this nature is difficult given its age and size, and such an adjustment would effectively only be a paper figure with potential for wide error, rather than a key figure. No actual revaluation has been added to the balance sheet, but the probability is that the value of the property has increased.

Analysis:

The overall picture is of a deficit of £3,678 (*excluding the expenditure on capital assets,*) which has to be held against the surplus of over £11,000 last year, which did prove to be based on incorrect payments, and the reimbursement of over £13,000. When the assets in bank are compared over the two years, an increase of approx. £5000 may be seen across the two years. This gives us the confidence that the financial model is stable and appropriate.

On the key operational services of the charity, income was £33,600 against an expenditure of £28,074, however we do recognise that this income figure was inflated due to the overpayment issue, so these are not directly comparable figures. Wages did increase significantly, due to both pay rate increases and to filling vacancies. We did also add a member to the team providing admin support, which has been very much appreciated, and facilitates the timely production of the annual report.

During the year, Bristol City Council recommissioned its social care services, including Day Services which we provide. In the process of tendering again, we examined carefully our service provision costs and put forward unit prices that reflect the real costs and were significantly higher than what we were being paid. The underlying business model is thus sound and based on this recommissioned service, and the services to adults with LD are designed to be primarily covering costs, with wages covered by income from commissioners. The woodwork has been regularly supported and the income attributed to this had underwritten the cost of the gardener when we had no service users, as Chris Morton who teaches woodwork, does not receive a salary for doing so. This underwriting is no longer necessary. The hospitality provided has a modest cost and receives small cash donations as well. Contributions to the cost of hospitality are made by ALFA CC to the household account based on the number of visitors and the estimated cost of the hospitality provided. The household operates a completely separate account from ALFA CC.

Residential Community:

Fulligrove House is a 5 bed detached house with a substantial garden of approx. 1/3 acre, including a good sized vegetable patch, lawns and several mature trees. The garden allows the gardening service to function, and additionally it can be used as a quiet retreat area, thus contributing further to the ministry of the charity. The garden has joined the national network of "Quiet Gardens" as a place for people to come and find peace and quiet in support of faith.

The house has a large dining room and lounge which are used for a variety of meetings and hospitality. We now have two permanent members of the household, beyond the Morton family (who co-own the property) who pay a rental contribution on top of living costs. One room is identified as suitable for respite care for adults with LD and two individuals come regularly for respite through the Council's Shared Lives programme, or on direct payments. We also continue to provide respite to an older adult with dementia, rather than LD but only after careful consideration of the detailed provision needed. This is highly valued respite for his permanent carer.

Provision of Services:

ALFA CC provides three different forms of Day Services to adults with learning difficulties: The Training Lunch Club, woodwork and gardening. The Lunch Club has been running since 2013 and is an established service. Woodwork and the gardening service are both more recent, only being possible once we had acquired Fulligrove House. Fulligrove House allows the household community to offer respite for adults with LD, and this has been used by several service users, and we are part of the Council's "Shared Lives" programme. We have 1 regular user referred and funded by the council, and 2 others currently using the respite offering. The venue of Fulligrove House has allowed the development of a ministry of hospitality with outreach into the wider community.

Lunch Club:

We have 4 adults with LD who attend as Service Users. They are provided with a full day's activities, in a caring supportive environment, and they are trained in catering skills. In doing so, they prepare a 3 course meal for a group of older guests, all of whom live alone and struggle to prepare fresh food for themselves. They tend to have poor diets and also suffer from loneliness. The Lunch Club gives them about 3 hours of good company, with stimulating activities, and a well-balanced,



nourishing freshly prepared meal for a nominal cost. Transport is also provided where necessary. The Lunch Club employs two carer / trainer staff, who lead the cooking and until recently, both had been with the service from the beginning. One left to take a full-time post last year, and this year the second long standing chef / carer retired. We have again been able to appoint an excellent replacement. We also have a facilitator employed, who transports the guests who need it, and organises the activities they do prior to lunch.



Woodwork:

The woodwork service is enabled by a reasonable sized workshop adjacent to the house at Fulligrove, and one service user attends regularly. The aim is to teach woodworking skills and to provide care with the opportunity to do something useful and creative, and a focus towards other people. A good number of the woodwork projects undertaken have been commissioned by other people. Several of the projects were initiated by the service user or his family to meet specific needs. When feasible, we try to use recycled timber for our



projects, such as the Advent candle holder for Shirehampton Methodist Church made from oak formerly part of the communion rail there. This church also commissioned planters for outside the church which were made from recycled timber. Staffing of the service is by Chris Morton who is not paid for the time he gives. The income stream from this service has been able to underwrite the gardening service.

Gardening:

Fulligrove House has a substantial garden, with lawns, fruit trees, flower beds and a sizeable vegetable patch. During 2023-24 2 trainees with LD have been trained by our excellent gardener/trainer with the assistance of Lyn (who like Chris, works voluntarily for ALFA CC). One was referred and funded by Bristol City Council and the other funded through direct payments.

Initially the 2 trainees formed a great friendship but during the year it became more difficult to meet both of their needs simultaneously. One therefore decided to leave this service but continues to participate in both the lunch club and woodwork training. The individuals do still meet up from time to time. The remaining trainee has grown in confidence and skill and enjoys a variety of garden tasks – particularly involving chopping and clearing.



Several types of fruit and vegetables are grown and there is a large number of plants and trees to manage so with the complexities of the training in spring and summer, it was difficult to keep up with all these gardening tasks. The trustees therefore agreed to employ our previous gardener/trainer for some sessions over the summer to keep the garden in good shape.

The previous gardener/trainer and Lyn had planned to develop educational resources relating to the garden and this was taken forward substantially this year with the current gardener/trainer.



The project is called "Garden Quest" and the aim is to develop resources with information on the plants in the garden arranged by area of the garden and season of interest. Funding for this project was specifically provided by friends at New Brunswick URC Church in Bristol. A map was produced using GoogleEarth and superimposing the different areas and features



in the garden. A permanent notice was made and the woodwork team made a stand for it in the garden.

A file arranged by the 12 areas of the garden is building up with photos, key information and interesting facts about plants in the garden and the aim is to make this the basis for quizzes for visitors.

Linked to these the woodwork team has produced an entrance noticeboard in the form of a large chair the “seat” of which is a place on which to put garden produce to give to people in the area (e.g. apples and plants). A new notice specifying the house and garden with a QR code to link to the new website containing an calendar of events has been produced.



Garden Art sessions have not been well attended during the year apart from the making of Christmas wreaths which remained popular. It would also have been more challenging running alongside training 2 trainees. It has therefore been decided to reorganise some activities. The Garden Art activities would fit well with a garden-focussed afternoon with cream teas including the Garden Quest information and quizzes. As Saturday coffee mornings have also been less popular than previously the plan is to have monthly Saturday afternoon Garden Cream Teas incorporating all these aspect. These commenced in April with a Celebration event to launch them.

Quiet Garden:

The monthly led Quiet Garden Mornings are well supported by a group of about 7 individuals who come when they can (rarely all of them on any occasion). There are nine separate spaces in the garden for individuals or a few people to sit for quiet reflection and chairs can be placed in other areas. 5 of the areas feature teak furniture which has been purchased from gifts received in memory of family and supporters who have passed away and the patio table and chairs were bought with gifts in thanksgiving for a wonderful anniversary.



Hospitality and events:

Hospitality is a key means of outreach and ministry into the community. A regular weekly “Drop in” is offered, and monthly coffee mornings. Elderly neighbours regularly come for Sunday lunch, two others each week for tea, cake and a chat and a group of Christians who live in the area meet each month to plan the regular outreach service (a Songs of Praise Café) in the local community centre. Similarly, the premises have been used for church leaders and other similar groups to have

retreats. No formal charge is made for any of these events but generous donations are often received.

During the year there were 672 “people/visits” on 321 occasions to Fulligrove House and/or garden for hospitality. The majority of these were regular visitors but there has been a good number of new visitors as well. Coffee mornings have been less well attended than previously and the plan is to replace these with Garden Cream Tea afternoons. ALFA CC makes a contribution to the household fund to cover the cost of refreshments on these occasions.

Celebration events, with Christian worship in an inclusive and informal style, are held occasionally. In 2023-24 the only such event was the Carol Service with the Lunch Club held at Etloe Church in Redland. Family and friends are invited to coffee and mince pies before the service with contributions from some of the elderly guests in the club.

Respite Care:

Fulligrove House has one room that is suitable for the provision of respite care, One individual, funded by Bristol City Council through the Shared Lives scheme comes for a weekend every 6 weeks. Two other individuals come for respite, one usually one night a fortnight and the other occasionally but sometimes for a week to allow his carer to have a holiday.

The Income for this from the Shared Lives scheme is paid directly to the Mortons, who subsequently pass some of this to the household account to cover food costs *etc.* and the remainder to ALFA CC. The other individuals are privately funded with money paid to ALFA CC and some is transferred from ALFA CC to the household account to cover costs. The next income to ALFA CC for the total of 24 nights of respite care was £917 in 2023-24.

Other actions during the year:

In November Dottie North sadly resigned as a trustee due to poor health. We are extremely grateful for her very helpful input over the years.

The various policies held by ALFA CC were reviewed during the year, especially in connection with the Bristol City Council re-tendering process but the opportunity was taken to update and refresh many of these.

A new website was developed, particularly to be compatible with mobile devices and to have a quick and easy way for people to find out when the next event open to all would be happening. There is a QR code on the noticeboard at the entrance which links directly to a calendar of events open to all.

The trustees also agreed to set aside a discretionary fund of £1000 per year (to be reviewed) “for the relief of need of which we become aware for people associated with ALFA activities.” One trainee benefitted from this during 2023-24. It was noted that this is in line with the charitable objects of ALFA CC.

Use of Donations:

ALFA CC receives a number of regular and occasional donations, in addition to any income from providing services. These enable us to provide the Lunch Club Facilitator salary and costs, which are not built into the costing model of the service provision, as it is not directly for service users. It also supports the hospitality ministry of Fulligrove House, which is in the long tradition of Christian communities. We provide the regular weekly drop-in and two other regular weekly hospitality occasions, and monthly Quiet Garden sessions. Guests to these events are fed and welcomed, with no charge being asked for. Donations also give a secure underwriting of the whole business and stability of the charity. Due to the generosity of our donors, we have not needed to seek grants from other charitable institutions since the set up of the Charity. The Charity remains a "Faith" project, seeking provision of our need through prayer.

Financial Controls:

This year of the charity's life has seen a reasonably stable picture with an established business model. We had a cash income of approx. £1326 in the year (from Lunch Club contributions and donations for hospitality) as well as payments by the Bristol City Council and trainees who hold their own budgets through the Council's Direct Payment scheme. The Operational Manager takes personal responsibility for ensuring all transactions, both cash and the bank account, are recorded and reconciled. Cash is managed with both a paper and computer based system, and a feed into the main ledger, with regular reconciliations. An administrator is sharing some of the burdens of the work involved, but responsibility remains with the Operational Manager. Donations to support missionaries come in through regular bank transfers, and are paid out with gift aid added where appropriate, which is subsequently reclaimed from HMRC.

Regulatory Developments:

No new regulatory developments have occurred this year that impact the charity. The Data Protection principles are embedded in our normal practice.

Fraud:

The Company / Charity is confident that it has not been subject to any fraud during the financial year.

Public Benefit:

The Charities Act gives a legal definition of the meaning of the term 'charity'.

Part of that definition says that for an organisation to be a 'charity' it must have only 'charitable purposes'.

A charity's 'purposes' are what it is set up to achieve and are described in its charitable objects. The charitable objects of ALFA CC are:

- To relieve those in need by reason of youth, age, ill health, disability, (especially but not exclusively those with learning disabilities), financial hardship, and
- To advance the Christian Faith.

Part of the Charities Act definition of a 'charitable purpose' says that it must be 'for the public benefit'. The Charities Act calls this the 'public benefit requirement'. The Public Benefit requirement has to meet the test of being a benefit - the law expects purposes of the charity to be beneficial, and any detriment or harm must not outweigh the benefit. The purposes of the charity must benefit the "public in general, or a significant section of the public and not give rise to more than an incidental personal benefit".

The Equality Act permits charities to benefit people defined by reference to a 'protected characteristic', provided the restriction of benefits to people having that characteristic is justified in relation to the purpose. ALFA CC specifically aims through its current service provision to serve two groups with protected characteristics, particularly the disabled, especially those with learning disabilities and the elderly.

ALFA CC aims to meet needs of these two groups of people. People with learning difficulty are rarely in a position to have a fulfilling role or job, and the Training Lunch Club aims to teach skills that are useful at home, but principally to give the trainees an opportunity to do things for other people, and have the satisfaction of achievement and being appreciated for what they can do and have done, rather than the norm they experience of just receiving care themselves. The woodwork and gardening training provide this also with the majority of the items produced benefiting other people. The section above on Services Provided gives more detail of the specific benefits to members of the public and to the groups with needs upon which the charity has a focus.

The Trustees believe that ALFA CC provides a genuine public benefit to a number of individuals with needs at a very reasonable cost, the Lunch Club in particular bringing a "double benefit" to a wider group of people from a very small amount of public resource, supported by charitable giving.

The charitable object of advancing the Christian faith is also met through providing the services in a Christian context and place, giving staff the opportunity to share their faith in an appropriate manner to the context, and through celebration meetings held on a regular basis for everyone involved and open to others. This year the only celebration was the Lunch Club Carol Service which is attended by family and friends of the lunch club personnel and ALFA CC supporters, but there is one planned for April 2024. Regular prayer and informal worship which is open to all, take place at Fulligrove House, and monthly prayer meetings are held by Zoom allowing supporters to join us from other places. The function of supporting Christian missionaries in the UK and abroad also fulfils this charitable object and provides further public benefit, as does the offer of the garden as a quiet space for prayer and reflection, including organised retreat sessions.

As a service provider on contract to the Bristol City Council, it would not be appropriate to use the service provision as an opportunity to actively proselytise the Christian

faith as it is open to people of every and no faith, however simply meeting the needs of two groups of people with particular needs and offering a welcome to all are in themselves a satisfactory witness.

Developments beyond the year end:

Bristol City Council has completed a tender exercise for all social care services provided by external organisations commissioned by them. This required considerable work to complete and may affect the balance of cost and income in the future. We were successful in being awarded a renewed contract, which will run for a number of years. The tender was submitted with a full and thorough costing, so it should provide for a secure ongoing business model.

In July 2024 the lunch club facilitator (who supports the group of elderly guests) resigned as she was moving away from the area. Once again we were able to find an excellent replacement who joined for a couple of sessions before the summer break ready to start fully in September.

At approximately the point of the end of the financial year, we were informed that the church building we have used for 11 or more years, was going to close and be sold off. We thus had to find a new venue for the Lunch Club. Shirehampton Baptist Church kindly offered their facilities at the same cost as we were paying to Etloe Church. The move took place in September 2024 with little disruption.

Statement of Trustees Responsibilities:

In accordance with Charity Law, the trustees are responsible for preparing statements of accounts for each financial year.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the statutory regulations relating to charities. The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on authorisation of the Trustees



Mr C . Morton

Date: 17th December 2024

Treasurer. / Operational Manager.

Income and Expenditure:

On the advice of our External Examiner, we are presenting accounts in an accrued format and including the Charity Commission's Statement of Financial Affairs (SOFA) directly in our annual report. These follow and include the balance sheet.

Abundant Life For All Christian Community Presentation Accounts, 2023-24

	2023-24		2022-23
Income			
Cash Income	£1,326.00		£1,576.84
Sales: BCC & Direct Payments *2	£15,758.63		£21,737.38
Donations	£7,238.64		£5,535.16
Bank interest	£0.00		£0.00
Miscellaneous	£0.00		£0.00
Restricted Missionary Giving O&A	£32,311.50		£47,245.00
Respite Income	£1,082.16		£766.44
Fulligrove House Rent income	£1,599.96		£1,599.96
Gross Income:	£59,316.89		£78,460.78
Overall total:	£59,316.89		£78,460.78
Expenditure			
Premises	£1,807.00		£1,228.67
Wages	£17,772.16		£12,491.97
Consumables	£3,078.12		£2,286.55
Insurance	£2,821.94		£2,790.84
Admin Expenses	£879.79		£858.65
Travel Expenses	£185.00		£195.00
Uniforms, Equipment	£358.02		£119.02
Miscellaneous excl Capital invest in Premises	£0.00		£0.00
Bank fees	£0.00		£45.00
Restricted Missionary Giving O&A	£34,876.50		£46,247.49
Hospitality	£1,217.00		£1,012.50
Expenditure	£62,995.53		£67,275.69
Income Less Expenditure:	-£3,678.64		£11,185.09
Property Purchase (Capital)	£2,700.00		£0.00
Total Expenditure Incl Capital:	£65,695.53		£67,275.69
Total movement of funds:	-£3,678.64		£11,185.09
Cash movement	-£299.55		£26.22

Bank Balances and Accrual.

		Cash Balance
Bank Balances:		
6th April 2023	£43,620.74	£450.85
5th April 2024	£37,541.65	£151.30
	Movement:	-£299.55

Accruals 2023-4:		
Owed By ALFA 6/4/24	£1,600.45	Missionary Support A.T.
Owed To ALFA 5/4/24	£0.00	
End of Year Accrued Position,		
	Accrued Income Total:	£73,150.55
	Accrued Expenditure Total:	£79,529.19
	Accrued Surplus / deficit:	-£6,378.64

Special Notes

1. **Capital Expenditure (Q3) £2700.** This cost was to pay 30% of the investment in the fixed property item of a Powerwall 2 Battery system, to support the Solar Photovoltaic System installed. This allows during the summer, the house to run largely on solar power, this charging up the battery and meeting daytime needs, with the battery then meeting night time needs. During the summer months, the house can be a net exporter of electricity into the grid. During winter months, the battery is charged up overnight on low cost mainly renewable energy for use during the day. The total cost of this investment was split 70% the Mortons, and 30% ALFA CC, in parallel with the property ownership shares. This is a positive contribution towards Carbon Net Zero for the household.

2. **Major reduction in income.** Towards the end of the financial year, we became aware of the possibility that the Bristol City Council had been overpaying us. This was a system error on their behalf, and it was us that informed the council. An estimate that it could be of the order of £10,000 was made at that point. After a prolonged period, the Council agreed that there had been a systematic overpayment, and that this reached back into the 21-22 financial year. They eventually accurately calculated this as being

£13,878. With discussion they raised an invoice for this sum which was duly repaid. This is treated in the accounts as a **reduction in income**, resulting in the Q4 income being effectively a negative figure.

Balance Sheet

At 6th April 2023			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Ac- cruals</i>	
Restricted funds *	£196,806.00	£1,300.45	£198,106.45
Unrestricted funds	£0.00	£42,771.14	£42,771.14
Total	£196,806.00	£44,071.59	£240,877.59

At 5th April 2024			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Ac- cruals</i>	
Restricted funds * 1*2	£199,506.00	£1,600.45	£201,106.45
Unrestricted funds	£0.00	£36,092.50	£36,092.50
Total	£199,506.00	£37,692.95	£237,198.95
<i>Movement:</i>	£2,700.00	-£6,378.64	-£3,678.64

*1. Property is 30% share of House & Garden with Mr & Dr Morton.

*2. Earmarked donations not yet passed on.

*3 **Cash held in reserve for Missionary AT. £1600.** In 22-23, one of the

missionaries supported by donors to ALFA CC had a significant change in circumstances, largely withdrawing from her main mission field. Earmarking donors were written to and asked to review their donations, which most of them did do. Her circumstances now are that if she received regular donations, this would be subtracted from the benefits she receives, *i.e.* donations would simply be paid to the government! An amount accrued last year, to which a small amount has been added this year as one donor did not change patterns of giving. These sums have been held in reserve for the missionary should a specific need arise, and thus are accrued to the following year.

N.B. These figures represent the fully accrued accounts. The following two pages contain the Charity Commission Statement of Financial Activity. (SOFA) Parts A and B.

SOFA Part A.

Abundant Life For All Christian Community			Charity No (if any)	1149610
Annual accounts for the period				
Period start date	06/04/23	To	Period end date	05/04/24



Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	7239	32312	-	39550	52780
Charitable activities	S02	18167		-	18167	24081
Other trading activities	S03			-	-	-
Investments	S04	1600			1600	1600
Separate material item of income	S05			-	-	-
Other	S06	-	-	-	-	-
Total Resources	S07	27005	32312	-	59317	78461

expended
(Note 6)
Expenditure
on:

Raising funds	S08	-	-	-	-	-
Charitable activities	S09	28119	34877	-	62996	67276
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	28119	34877	-	62996	67276

Net income/ (expenditure) before investment gains/ (losses)	S13	-1114	-2565	-	-3679	11185
Net gains/ (losses) on investments	S14	-	-	-	-	-
Net income/ (expenditure)	S15	-1114	-2565	-	-3679	11185
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/ (losses)	S19	-	-	-	-	-
Net movement in funds	S20	-1114	-2565	-	-3679	11185

Reconciliation of funds:

Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	-1114	-2565	-	-3679	2017

SOFA Part B.

Section B

Balance sheet

		Guidance	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	199,506	-	199,506	196,806
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	199,506	-	199,506	196,806
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	36,093	1600.45	-	37,693	44,071
Total current assets		B10	36,093	1,600	-	37,693	44,071
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	36,093	1,600	-	37,693	44,071
Total assets less current liabilities		B13	36,093	201,106	-	237,199	240,877

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY LIMITED

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 5 APRIL 2024

I report to the charity trustees on the Financial Statements of the Company for the year ended 5 April 2024, which are set out on pages 15 to 20.

Respective responsibilities of trustees and examiner

The Trustees are responsible for the preparation of the Financial Statements. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the Financial Statements (under section 145 of the 2011 Act);
 - to follow the procedures laid down in the General Directions given by the Charity Commissioner (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

The charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) published on 16 July 2014.

Independent examiner's statement:

In November 2023 the company identified a likely overpayment (amount unknown) by the local council. This was immediately reported to them, but the correction (which was due to a miscalculation by them), was only calculated by the council in March 2024. If it had been known when the 2022-23 accounts were signed in November 2023, there would have been a reduction in income of £7,603 for 2022-23. The impact would have been a surplus of £3,582 in 2022-23 (instead of £11,185) and a surplus of £3,925 in 2023-24 (instead of a deficit of £3,678).

In connection with my examination, no matter has come to my attention (except as above):

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with s.130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and the regulations made there under,have not been met;

or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Geoffrey Malcolm Lucas FCA
Trumpers Cottage, Breakspear Road North
Harefield, Middlesex, UB9 6NE
17 December 2024

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales - Charity number 1149610

Accounts



ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY Ltd.

ANNUAL REPORT AND FINANCIAL STATEMENTS

5th April 2024

Registered Charity No: 1149610
Company No: 8277571

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Status:

Abundant Life For All Christian Community (ALFA CC) is a registered charity with charity registration number: 1149610. It is also a Registered Company with Company number: 8277571.

ALFA CC is a Charity and a Limited Company, registered as a Company on the 1st November 2012 and as a Charity on the 5th November 2012.

Trustees:

Geoffrey Newns

Catherine Jane Palmer

Jane Smith

Victoria Crane

Registered and Administrative Office:

Fulligrove House
Woodwell Rd
Shirehampton
Bristol
BS11 9UG

Bankers:

The Co-Operative Bank
Bank Identifier Code: CPBK GB22

Trustees Annual Report:

Objects of the Charity:

The stated charitable purposes of the Charity are:

- to relieve those in need by reason of youth, age, ill-health, disability (especially but not exclusively those with learning difficulties), financial hardship or other disadvantage; and
- to advance the Christian faith.

The practical outworking of these objects is primarily in the form of Day Services for people with Learning Difficulties (LD). In the Lunch Club 4 people with learning difficulties are trained in the skills of catering, learning skills for daily living and potentially employment, and at the same time, preparing the lunch for a Lunch Club for 8 – 10 older people. Further Day Services are provided in the form of woodwork and gardening, with one or two adults at a time, and in addition, overnight or weekend respite care is being provided to a small number of adults with LD, under the Shared Lives scheme operated by Bristol City Council and in direct arrangement with ALFA CC.

These services meet several of the needs described in the Charity's objects. The Trainees with LD gain useful skills and especially have an opportunity to provide a service for other people, giving them a sense of achievement and worth, something which is a rare opportunity for people with LD. In the Lunch Club the older people enjoy the opportunity for company, some good entertainment and a good freshly cooked meal. Older people, especially those targeted by this service, tend to live alone and have very few opportunities to meet others and have social interaction. Loneliness experienced by the elderly has been recognised as a significant issue. Our elderly guests also very rarely cook themselves fresh food, living in the main on purchased packaged and reheated food. This duality of service gives a significant added social benefit from a modest cost to the Social Services budget.

Specifically regarding the advancement of the Christian faith, from September 2016, ALFA CC took over the missionary support administration of the set of missionaries supported previously by the Fellowship of the King Christian Trust, (FoTK) who operate in a range of mission fields including Kenya, Colombia, Spain and the UK. In addition, ALFA CC runs a series of two or three meetings a year, where worship and Christian teaching is specifically focused for adults with learning difficulties, and allowing them to participate in leading roles. Fulligrove House operates as a Christian Community, with the residents participating in regular prayer and worship.

The garden at Fulligrove House has been registered as a Quiet Garden with the Quiet Garden Movement, a charity that is Church based and focuses on gardens where individuals or groups can find the opportunity for retreat, spiritual contemplation and reflection - see www.quietgarden.org. As well as offering the opportunity for individuals or groups to use the facility, regular "Quiet Days or Quiet Mornings" are advertised and run, with the lead and focus being given by Lyn Morton, allowing people to engage with contemplative worship and prayer.

Hospitality is a core aspect of the Christian faith and weekly drop-ins and monthly coffee mornings provide a welcome and friendly opportunities for local people to meet others and enjoy the varied garden. Adults with learning difficulties often attend adding further social benefit to them and others.

Introduction:

This report describes the activities of the Trust during the 2023-24 financial year and is a part of the annual report to the Charity Commission. It describes the financial activities of the Trust and reports to donors on the use of the money entrusted to the charity.

During 2023-24 the regular services provided continued to develop and progress, with the help of our new members of staff, who have proved to be excellent appointments. During the year, Anna our longest serving team member decided to retire, and has been replaced with a very good appointment. Gardening and Woodwork continue with one service user each, and in both cases these would be inappropriate to expand due to the capabilities of the individuals.

Income and Expenditure 2023-24

Income:

The overall Income for the financial year 2023-24 was £59,316. (*See note below in expenditure*) This is a decrease over the previous year, of £5310. The main decrease was in earmarked missionary giving, of £14,933, balanced by an increase in income from the council and direct payments.

Income with restricted purposes is a significant part of the overall income, with this being used to support missionaries abroad and in the UK in pursuit of the charitable object of advancing the Christian faith. These donations decreased compared with the previous year. The main reason for this was that several external donors have now set up to send the money directly to SYN, rather than through us. The ministry continues to develop well. Our linked mission Swahiba Youth Networks (SYN), in Kenya continued with its established works in the Kibera slums, where over 1 million people live, mostly on low paid casual labour roles, and are vulnerable to unemployment and consequent starvation as there is no government support to this sector. Food parcels were distributed to families with children and usually one adult trying to care for several children. Another project which they have expanded is to bring a gift of a pair of new shoes to children in the slums who will never have had shoes before. This has significant benefits for the children, as the slums have no waste or sewerage services and the routes through are littered with waste. Specific support for this programme was raised and funded through ALFA CC.

The other significant income streams were donations to the charity of £7238, an increase of approx £1700 from the previous year. The charity has a number of regular donors giving on a monthly basis as well as receiving occasional one off sums of greater value. This is a small decrease over the previous year. Our core of

regular donors has not changed. We are very grateful for the support given by these dedicated donors. Donations are used for development projects and reserves for the longer term, rather than covering operating costs. The income from respite at Fulligrove House has increased, due to more use. This has also now included an older person with dementia for whose carer this was the only respite she has had in many years.

Expenditure:

The core expenditure of ALFA CC continued much as the previous year, however there were two exceptional items of expenditure this year:

When signing the 2022-23 accounts in December 2023, we had just discovered the possibility of miscalculations and overpayments that might have been made to us by Bristol City Council. We informed them of this, but only got a definitive answer and amount in March 2024.

We identified that Bristol City Council had been miscalculating the payments made to ALFA CC, probably due to a changed reporting spreadsheet or protocols they were using. Historically they paid for 2 "Sessions" of 2 ½ or 3 hrs long, of which we provided 2 for each service user in a day – morning and afternoon. The process then moved to days, and were counted as days, but the 2 session mode did not get changed, and was reckoned as 2 days, when we were still providing the one day. ALFA CC notified the council of this problem, and after some time, they acknowledged the issue and researched and calculated the over payment, which had been occurring back into the 21-22 year. We encouraged them to find a way to resolve this, ideally by sending us an invoice, which duly happened, just before the end of the financial year.

This was paid, and amounted to £13,833.66 This is treated in the accounts as a reduction in income, rather than an expense, however it should be noted that of this total, £6230 was for 2023-24 & £7603 for previous years. As the previous financial years accounts are closed, it has to be borne in this financial year. This is thus reflected in the year end position as a deficit. However if we look over a 2 year period, rather than just the one year, we are still in a small surplus.

Secondly, we have made a capital investment in the Fulligrove House property. We have purchased a battery system to match with the solar panel system. This means we can store and use much more of the electricity the solar panels generate, and can, during the winter or poor weather, charge the battery up on low cost and usually more renewably generated, low cost electricity. This is often enough to power the house during the day, especially when combined with lower levels of our own generation. An example of this is that for over 6 months from March, we have used virtually no full cost electricity. This system makes our "good" solar panel system into an excellent energy system and will save significant costs to the household. This investment was made on the 70:30 basis for the ownership of the property, with the Mortons paying the 70%. The amount paid by ALFA CC was £2,700. This is reflected in the balance sheet.

Missionary expenditure and the giving stream this year has reduced. The majority of this is to Swahiba Youth Networks. They have not campaigned for donations in the same way this year, and a number of the bigger external to Bristol donors have set up their own direct giving channels to SYN. We are now mostly catering for individual supporters of SYN, rather than being a channel that a number of other charities used. When SYN are running a campaign for a particular purpose, such as the Christmas Shoes project or summer camps, we occasionally get larger specific one off donations, we tend to try and send these on as soon as possible, rather than wait for the regular monthly process date. Unfortunately this has resulted in some double counting and on two occasions, the money was sent twice! This has resulted in more being sent to SYN than was actually given in the year.

The trustees discussed this situation and decided to gift the extra money given to SYN as the work supported is in line with the charitable objects of ALFA CC (and the donors of regular money to ALFA CC are largely the same individuals who support SYN with earmarked giving).

The Christian missionaries who are supported by ALFA CC include missionaries and mission outreaches in Kenya, Spain and Colombia as well as individuals in the UK ministering to overseas students and recruiting missionaries for service abroad. Gift Aid is added to these donations where supported by a gift aid declaration. As a policy a calculation of the Gift Aid is added to the funds sent to missionaries at the time of the donation, and claimed back retrospectively by ALFA CC. Reserves are sufficient to allow this without problems.

Other expenditure remained more or less static, with any minor maintenance expenses of the property covered by the household account, which is independent of ALFA CC.

We have 4 excellent dedicated and highly motivated staff, who find their roles rewarding. Staff do occasionally use their own cars to provide transport for both our trainees and guests and are recompensed at a reasonable rate of 50p per mile.

The woodwork service is provided by Chris Morton who is not paid for his services but works as a volunteer. This income has supported the gardening operation when we did not have a trainee for a significant proportion of the time, but now the gardening service does have a trainee providing funding. This income from woodworking is now a general surplus.

Balance Sheet:

The balance sheet this year reflects the capital investment mentioned above. The main asset remaining is the 30% share in the property Fulligrove House, which proportion was maintained by the in-year investment. No actual revaluation was formally made of the value of the property, though prices of property do seem more stable now given Covid fading into the past. Valuing a property of this nature is difficult given its age and size, and such an adjustment would effectively only be a paper figure with potential for wide error, rather than a key figure. No actual revaluation has been added to the balance sheet, but the probability is that the value of the property has increased.

Analysis:

The overall picture is of a deficit of £3,678 (*excluding the expenditure on capital assets,*) which has to be held against the surplus of over £11,000 last year, which did prove to be based on incorrect payments, and the reimbursement of over £13,000. When the assets in bank are compared over the two years, an increase of approx. £5000 may be seen across the two years. This gives us the confidence that the financial model is stable and appropriate.

On the key operational services of the charity, income was £33,600 against an expenditure of £28,074, however we do recognise that this income figure was inflated due to the overpayment issue, so these are not directly comparable figures. Wages did increase significantly, due to both pay rate increases and to filling vacancies. We did also add a member to the team providing admin support, which has been very much appreciated, and facilitates the timely production of the annual report.

During the year, Bristol City Council recommissioned its social care services, including Day Services which we provide. In the process of tendering again, we examined carefully our service provision costs and put forward unit prices that reflect the real costs and were significantly higher than what we were being paid. The underlying business model is thus sound and based on this recommissioned service, and the services to adults with LD are designed to be primarily covering costs, with wages covered by income from commissioners. The woodwork has been regularly supported and the income attributed to this had underwritten the cost of the gardener when we had no service users, as Chris Morton who teaches woodwork, does not receive a salary for doing so. This underwriting is no longer necessary. The hospitality provided has a modest cost and receives small cash donations as well. Contributions to the cost of hospitality are made by ALFA CC to the household account based on the number of visitors and the estimated cost of the hospitality provided. The household operates a completely separate account from ALFA CC.

Residential Community:

Fulligrove House is a 5 bed detached house with a substantial garden of approx. 1/3 acre, including a good sized vegetable patch, lawns and several mature trees. The garden allows the gardening service to function, and additionally it can be used as a quiet retreat area, thus contributing further to the ministry of the charity. The garden has joined the national network of "Quiet Gardens" as a place for people to come and find peace and quiet in support of faith.

The house has a large dining room and lounge which are used for a variety of meetings and hospitality. We now have two permanent members of the household, beyond the Morton family (who co-own the property) who pay a rental contribution on top of living costs. One room is identified as suitable for respite care for adults with LD and two individuals come regularly for respite through the Council's Shared Lives programme, or on direct payments. We also continue to provide respite to an older adult with dementia, rather than LD but only after careful consideration of the detailed provision needed. This is highly valued respite for his permanent carer.

Provision of Services:

ALFA CC provides three different forms of Day Services to adults with learning difficulties: The Training Lunch Club, woodwork and gardening. The Lunch Club has been running since 2013 and is an established service. Woodwork and the gardening service are both more recent, only being possible once we had acquired Fulligrove House. Fulligrove House allows the household community to offer respite for adults with LD, and this has been used by several service users, and we are part of the Council's "Shared Lives" programme. We have 1 regular user referred and funded by the council, and 2 others currently using the respite offering. The venue of Fulligrove House has allowed the development of a ministry of hospitality with outreach into the wider community.

Lunch Club:

We have 4 adults with LD who attend as Service Users. They are provided with a full day's activities, in a caring supportive environment, and they are trained in catering skills. In doing so, they prepare a 3 course meal for a group of older guests, all of whom live alone and struggle to prepare fresh food for themselves. They tend to have poor diets and also suffer from loneliness. The Lunch Club gives them about 3 hours of good company, with stimulating activities, and a well-balanced,



nourishing freshly prepared meal for a nominal cost. Transport is also provided where necessary. The Lunch Club employs two carer / trainer staff, who lead the cooking and until recently, both had been with the service from the beginning. One left to take a full-time post last year, and this year the second long standing chef / carer retired. We have again been able to appoint an excellent replacement. We also have a facilitator employed, who transports the guests who need it, and organises the activities they do prior to lunch.



Woodwork:

The woodwork service is enabled by a reasonable sized workshop adjacent to the house at Fulligrove, and one service user attends regularly. The aim is to teach woodworking skills and to provide care with the opportunity to do something useful and creative, and a focus towards other people. A good number of the woodwork projects undertaken have been commissioned by other people. Several of the projects were initiated by the service user or his family to meet specific needs. When feasible, we try to use recycled timber for our



projects, such as the Advent candle holder for Shirehampton Methodist Church made from oak formerly part of the communion rail there. This church also commissioned planters for outside the church which were made from recycled timber. Staffing of the service is by Chris Morton who is not paid for the time he gives. The income stream from this service has been able to underwrite the gardening service.

Gardening:

Fulligrove House has a substantial garden, with lawns, fruit trees, flower beds and a sizeable vegetable patch. During 2023-24 2 trainees with LD have been trained by our excellent gardener/trainer with the assistance of Lyn (who like Chris, works voluntarily for ALFA CC). One was referred and funded by Bristol City Council and the other funded through direct payments.

Initially the 2 trainees formed a great friendship but during the year it became more difficult to meet both of their needs simultaneously. One therefore decided to leave this service but continues to participate in both the lunch club and woodwork training. The individuals do still meet up from time to time. The remaining trainee has grown in confidence and skill and enjoys a variety of garden tasks – particularly involving chopping and clearing.



Several types of fruit and vegetables are grown and there is a large number of plants and trees to manage so with the complexities of the training in spring and summer, it was difficult to keep up with all these gardening tasks. The trustees therefore agreed to employ our previous gardener/trainer for some sessions over the summer to keep the garden in good shape.

The previous gardener/trainer and Lyn had planned to develop educational resources relating to the garden and this was taken forward substantially this year with the current gardener/trainer.



The project is called "Garden Quest" and the aim is to develop resources with information on the plants in the garden arranged by area of the garden and season of interest. Funding for this project was specifically provided by friends at New Brunswick URC Church in Bristol. A map was produced using GoogleEarth and superimposing the different areas and features



in the garden. A permanent notice was made and the woodwork team made a stand for it in the garden.

A file arranged by the 12 areas of the garden is building up with photos, key information and interesting facts about plants in the garden and the aim is to make this the basis for quizzes for visitors.

Linked to these the woodwork team has produced an entrance noticeboard in the form of a large chair the “seat” of which is a place on which to put garden produce to give to people in the area (e.g. apples and plants). A new notice specifying the house and garden with a QR code to link to the new website containing an calendar of events has been produced.



Garden Art sessions have not been well attended during the year apart from the making of Christmas wreaths which remained popular. It would also have been more challenging running alongside training 2 trainees. It has therefore been decided to reorganise some activities. The Garden Art activities would fit well with a garden-focussed afternoon with cream teas including the Garden Quest information and quizzes. As Saturday coffee mornings have also been less popular than previously the plan is to have monthly Saturday afternoon Garden Cream Teas incorporating all these aspect. These commenced in April with a Celebration event to launch them.

Quiet Garden:

The monthly led Quiet Garden Mornings are well supported by a group of about 7 individuals who come when they can (rarely all of them on any occasion). There are nine separate spaces in the garden for individuals or a few people to sit for quiet reflection and chairs can be placed in other areas. 5 of the areas feature teak furniture which has been purchased from gifts received in memory of family and supporters who have passed away and the patio table and chairs were bought with gifts in thanksgiving for a wonderful anniversary.



Hospitality and events:

Hospitality is a key means of outreach and ministry into the community. A regular weekly “Drop in” is offered, and monthly coffee mornings. Elderly neighbours regularly come for Sunday lunch, two others each week for tea, cake and a chat and a group of Christians who live in the area meet each month to plan the regular outreach service (a Songs of Praise Café) in the local community centre. Similarly, the premises have been used for church leaders and other similar groups to have

retreats. No formal charge is made for any of these events but generous donations are often received.

During the year there were 672 “people/visits” on 321 occasions to Fulligrove House and/or garden for hospitality. The majority of these were regular visitors but there has been a good number of new visitors as well. Coffee mornings have been less well attended than previously and the plan is to replace these with Garden Cream Tea afternoons. ALFA CC makes a contribution to the household fund to cover the cost of refreshments on these occasions.

Celebration events, with Christian worship in an inclusive and informal style, are held occasionally. In 2023-24 the only such event was the Carol Service with the Lunch Club held at Etloe Church in Redland. Family and friends are invited to coffee and mince pies before the service with contributions from some of the elderly guests in the club.

Respite Care:

Fulligrove House has one room that is suitable for the provision of respite care, One individual, funded by Bristol City Council through the Shared Lives scheme comes for a weekend every 6 weeks. Two other individuals come for respite, one usually one night a fortnight and the other occasionally but sometimes for a week to allow his carer to have a holiday.

The Income for this from the Shared Lives scheme is paid directly to the Mortons, who subsequently pass some of this to the household account to cover food costs *etc.* and the remainder to ALFA CC. The other individuals are privately funded with money paid to ALFA CC and some is transferred from ALFA CC to the household account to cover costs. The next income to ALFA CC for the total of 24 nights of respite care was £917 in 2023-24.

Other actions during the year:

In November Dottie North sadly resigned as a trustee due to poor health. We are extremely grateful for her very helpful input over the years.

The various policies held by ALFA CC were reviewed during the year, especially in connection with the Bristol City Council re-tendering process but the opportunity was taken to update and refresh many of these.

A new website was developed, particularly to be compatible with mobile devices and to have a quick and easy way for people to find out when the next event open to all would be happening. There is a QR code on the noticeboard at the entrance which links directly to a calendar of events open to all.

The trustees also agreed to set aside a discretionary fund of £1000 per year (to be reviewed) “for the relief of need of which we become aware for people associated with ALFA activities.” One trainee benefitted from this during 2023-24. It was noted that this is in line with the charitable objects of ALFA CC.

Use of Donations:

ALFA CC receives a number of regular and occasional donations, in addition to any income from providing services. These enable us to provide the Lunch Club Facilitator salary and costs, which are not built into the costing model of the service provision, as it is not directly for service users. It also supports the hospitality ministry of Fulligrove House, which is in the long tradition of Christian communities. We provide the regular weekly drop-in and two other regular weekly hospitality occasions, and monthly Quiet Garden sessions. Guests to these events are fed and welcomed, with no charge being asked for. Donations also give a secure underwriting of the whole business and stability of the charity. Due to the generosity of our donors, we have not needed to seek grants from other charitable institutions since the set up of the Charity. The Charity remains a "Faith" project, seeking provision of our need through prayer.

Financial Controls:

This year of the charity's life has seen a reasonably stable picture with an established business model. We had a cash income of approx. £1326 in the year (from Lunch Club contributions and donations for hospitality) as well as payments by the Bristol City Council and trainees who hold their own budgets through the Council's Direct Payment scheme. The Operational Manager takes personal responsibility for ensuring all transactions, both cash and the bank account, are recorded and reconciled. Cash is managed with both a paper and computer based system, and a feed into the main ledger, with regular reconciliations. An administrator is sharing some of the burdens of the work involved, but responsibility remains with the Operational Manager. Donations to support missionaries come in through regular bank transfers, and are paid out with gift aid added where appropriate, which is subsequently reclaimed from HMRC.

Regulatory Developments:

No new regulatory developments have occurred this year that impact the charity. The Data Protection principles are embedded in our normal practice.

Fraud:

The Company / Charity is confident that it has not been subject to any fraud during the financial year.

Public Benefit:

The Charities Act gives a legal definition of the meaning of the term 'charity'.

Part of that definition says that for an organisation to be a 'charity' it must have only 'charitable purposes'.

A charity's 'purposes' are what it is set up to achieve and are described in its charitable objects. The charitable objects of ALFA CC are:

- To relieve those in need by reason of youth, age, ill health, disability, (especially but not exclusively those with learning disabilities), financial hardship, and
- To advance the Christian Faith.

Part of the Charities Act definition of a 'charitable purpose' says that it must be 'for the public benefit'. The Charities Act calls this the 'public benefit requirement'. The Public Benefit requirement has to meet the test of being a benefit - the law expects purposes of the charity to be beneficial, and any detriment or harm must not outweigh the benefit. The purposes of the charity must benefit the "public in general, or a significant section of the public and not give rise to more than an incidental personal benefit".

The Equality Act permits charities to benefit people defined by reference to a 'protected characteristic', provided the restriction of benefits to people having that characteristic is justified in relation to the purpose. ALFA CC specifically aims through its current service provision to serve two groups with protected characteristics, particularly the disabled, especially those with learning disabilities and the elderly.

ALFA CC aims to meet needs of these two groups of people. People with learning difficulty are rarely in a position to have a fulfilling role or job, and the Training Lunch Club aims to teach skills that are useful at home, but principally to give the trainees an opportunity to do things for other people, and have the satisfaction of achievement and being appreciated for what they can do and have done, rather than the norm they experience of just receiving care themselves. The woodwork and gardening training provide this also with the majority of the items produced benefiting other people. The section above on Services Provided gives more detail of the specific benefits to members of the public and to the groups with needs upon which the charity has a focus.

The Trustees believe that ALFA CC provides a genuine public benefit to a number of individuals with needs at a very reasonable cost, the Lunch Club in particular bringing a "double benefit" to a wider group of people from a very small amount of public resource, supported by charitable giving.

The charitable object of advancing the Christian faith is also met through providing the services in a Christian context and place, giving staff the opportunity to share their faith in an appropriate manner to the context, and through celebration meetings held on a regular basis for everyone involved and open to others. This year the only celebration was the Lunch Club Carol Service which is attended by family and friends of the lunch club personnel and ALFA CC supporters, but there is one planned for April 2024. Regular prayer and informal worship which is open to all, take place at Fulligrove House, and monthly prayer meetings are held by Zoom allowing supporters to join us from other places. The function of supporting Christian missionaries in the UK and abroad also fulfils this charitable object and provides further public benefit, as does the offer of the garden as a quiet space for prayer and reflection, including organised retreat sessions.

As a service provider on contract to the Bristol City Council, it would not be appropriate to use the service provision as an opportunity to actively proselytise the Christian

faith as it is open to people of every and no faith, however simply meeting the needs of two groups of people with particular needs and offering a welcome to all are in themselves a satisfactory witness.

Developments beyond the year end:

Bristol City Council has completed a tender exercise for all social care services provided by external organisations commissioned by them. This required considerable work to complete and may affect the balance of cost and income in the future. We were successful in being awarded a renewed contract, which will run for a number of years. The tender was submitted with a full and thorough costing, so it should provide for a secure ongoing business model.

In July 2024 the lunch club facilitator (who supports the group of elderly guests) resigned as she was moving away from the area. Once again we were able to find an excellent replacement who joined for a couple of sessions before the summer break ready to start fully in September.

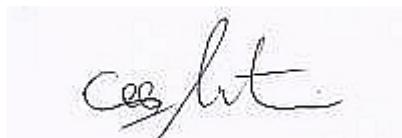
At approximately the point of the end of the financial year, we were informed that the church building we have used for 11 or more years, was going to close and be sold off. We thus had to find a new venue for the Lunch Club. Shirehampton Baptist Church kindly offered their facilities at the same cost as we were paying to Etloe Church. The move took place in September 2024 with little disruption.

Statement of Trustees Responsibilities:

In accordance with Charity Law, the trustees are responsible for preparing statements of accounts for each financial year.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the statutory regulations relating to charities. The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on authorisation of the Trustees



Mr C . Morton

Date: 17th December 2024

Treasurer. / Operational Manager.

Income and Expenditure:

On the advice of our External Examiner, we are presenting accounts in an accrued format and including the Charity Commission's Statement of Financial Affairs (SOFA) directly in our annual report. These follow and include the balance sheet.

Abundant Life For All Christian Community Presentation Accounts, 2023-24

	2023-24		2022-23
Income			
Cash Income	£1,326.00		£1,576.84
Sales: BCC & Direct Payments *2	£15,758.63		£21,737.38
Donations	£7,238.64		£5,535.16
Bank interest	£0.00		£0.00
Miscellaneous	£0.00		£0.00
Restricted Missionary Giving O&A	£32,311.50		£47,245.00
Respite Income	£1,082.16		£766.44
Fulligrove House Rent income	£1,599.96		£1,599.96
Gross Income:	£59,316.89		£78,460.78
Overall total:	£59,316.89		£78,460.78
Expenditure			
Premises	£1,807.00		£1,228.67
Wages	£17,772.16		£12,491.97
Consumables	£3,078.12		£2,286.55
Insurance	£2,821.94		£2,790.84
Admin Expenses	£879.79		£858.65
Travel Expenses	£185.00		£195.00
Uniforms, Equipment	£358.02		£119.02
Miscellaneous excl Capital invest in Premises	£0.00		£0.00
Bank fees	£0.00		£45.00
Restricted Missionary Giving O&A	£34,876.50		£46,247.49
Hospitality	£1,217.00		£1,012.50
Expenditure	£62,995.53		£67,275.69
Income Less Expenditure:	-£3,678.64		£11,185.09
Property Purchase (Capital)	£2,700.00		£0.00
Total Expenditure Incl Capital:	£65,695.53		£67,275.69
Total movement of funds:	-£3,678.64		£11,185.09
Cash movement	-£299.55		£26.22

Bank Balances and Accrual.

		Cash Balance
Bank Balances:		
6th April 2023	£43,620.74	£450.85
5th April 2024	£37,541.65	£151.30
	Movement:	-£299.55

Accruals 2023-4:		
Owed By ALFA 6/4/24	£1,600.45	Missionary Support A.T.
Owed To ALFA 5/4/24	£0.00	
End of Year Accrued Position,		
	Accrued Income Total:	£73,150.55
	Accrued Expenditure Total:	£79,529.19
	Accrued Surplus / deficit:	-£6,378.64

Special Notes

1. **Capital Expenditure (Q3) £2700.** This cost was to pay 30% of the investment in the fixed property item of a Powerwall 2 Battery system, to support the Solar Photovoltaic System installed. This allows during the summer, the house to run largely on solar power, this charging up the battery and meeting daytime needs, with the battery then meeting night time needs. During the summer months, the house can be a net exporter of electricity into the grid. During winter months, the battery is charged up overnight on low cost mainly renewable energy for use during the day. The total cost of this investment was split 70% the Mortons, and 30% ALFA CC, in parallel with the property ownership shares. This is a positive contribution towards Carbon Net Zero for the household.

2. **Major reduction in income.** Towards the end of the financial year, we became aware of the possibility that the Bristol City Council had been overpaying us. This was a system error on their behalf, and it was us that informed the council. An estimate that it could be of the order of £10,000 was made at that point. After a prolonged period, the Council agreed that there had been a systematic overpayment, and that this reached back into the 21-22 financial year. They eventually accurately calculated this as being

£13,878. With discussion they raised an invoice for this sum which was duly repaid. This is treated in the accounts as a **reduction in income**, resulting in the Q4 income being effectively a negative figure.

Balance Sheet

At 6th April 2023			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Ac- cruals</i>	
Restricted funds *	£196,806.00	£1,300.45	£198,106.45
Unrestricted funds	£0.00	£42,771.14	£42,771.14
Total	£196,806.00	£44,071.59	£240,877.59

At 5th April 2024			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Ac- cruals</i>	
Restricted funds * 1*2	£199,506.00	£1,600.45	£201,106.45
Unrestricted funds	£0.00	£36,092.50	£36,092.50
Total	£199,506.00	£37,692.95	£237,198.95
Movement:	£2,700.00	-£6,378.64	-£3,678.64

*1. Property is 30% share of House & Garden with Mr & Dr Morton.

*2. Earmarked donations not yet passed on.

*3 Cash held in reserve for Missionary AT. £1600. In 22-23, one of the

missionaries supported by donors to ALFA CC had a significant change in circumstances, largely withdrawing from her main mission field. Earmarking donors were written to and asked to review their donations, which most of them did do. Her circumstances now are that if she received regular donations, this would be subtracted from the benefits she receives, *i.e.* donations would simply be paid to the government! An amount accrued last year, to which a small amount has been added this year as one donor did not change patterns of giving. These sums have been held in reserve for the missionary should a specific need arise, and thus are accrued to the following year.

N.B. These figures represent the fully accrued accounts. The following two pages contain the Charity Commission Statement of Financial Activity. (SOFA) Parts A and B.

SOFA Part A.

Abundant Life For All Christian Community			Charity No (if any)	1149610
Annual accounts for the period				
Period start date	06/04/23	To	Period end date	05/04/24



Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	7239	32312	-	39550	52780
Charitable activities	S02	18167		-	18167	24081
Other trading activities	S03			-	-	-
Investments	S04	1600			1600	1600
Separate material item of income	S05			-	-	-
Other	S06	-	-	-	-	-
Total Resources	S07	27005	32312	-	59317	78461

expended
(Note 6)
Expenditure
on:

Raising funds	S08	-	-	-	-	-
Charitable activities	S09	28119	34877	-	62996	67276
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	28119	34877	-	62996	67276

Net income/ (expenditure) before investment gains/ (losses)	S13	-1114	-2565	-	-3679	11185
Net gains/ (losses) on investments	S14	-	-	-	-	-
Net income/ (expenditure)	S15	-1114	-2565	-	-3679	11185
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/ (losses)	S19	-	-	-	-	-
Net movement in funds	S20	-1114	-2565	-	-3679	11185

Reconciliation of funds:

Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	-1114	-2565	-	-3679	2017

SOFA Part B.

Section B

Balance sheet

		Guidance	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	199,506	-	199,506	196,806
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	199,506	-	199,506	196,806
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	36,093	1600.45	-	37,693	44,071
Total current assets		B10	36,093	1,600	-	37,693	44,071
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	36,093	1,600	-	37,693	44,071
Total assets less current liabilities		B13	36,093	201,106	-	237,199	240,877

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY LIMITED

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 5 APRIL 2024

I report to the charity trustees on the Financial Statements of the Company for the year ended 5 April 2024, which are set out on pages 15 to 20.

Respective responsibilities of trustees and examiner

The Trustees are responsible for the preparation of the Financial Statements. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the Financial Statements (under section 145 of the 2011 Act);
 - to follow the procedures laid down in the General Directions given by the Charity Commissioner (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

The charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) published on 16 July 2014.

Independent examiner's statement:

In November 2023 the company identified a likely overpayment (amount unknown) by the local council. This was immediately reported to them, but the correction (which was due to a miscalculation by them), was only calculated by the council in March 2024. If it had been known when the 2022-23 accounts were signed in November 2023, there would have been a reduction in income of £7,603 for 2022-23. The impact would have been a surplus of £3,582 in 2022-23 (instead of £11,185) and a surplus of £3,925 in 2023-24 (instead of a deficit of £3,678).

In connection with my examination, no matter has come to my attention (except as above):

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with s.130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and the regulations made there under,have not been met;

or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Geoffrey Malcolm Lucas FCA
Trumpers Cottage, Breakspear Road North
Harefield, Middlesex, UB9 6NE
17 December 2024

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales - Charity number 1149610

Accounts



ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY Ltd.

ANNUAL REPORT AND FINANCIAL STATEMENTS

5th April 2023

Registered Charity No: 1149610
Company No: 8277571

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Trustees' Annual Report	4-12
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Status:

Abundant Life For All Christian Community (ALFA CC) is a registered charity with charity registration number: 1149610. It is also a Registered Company with Company number: 8277571.

ALFA CC is a Charity and a Limited Company, registered as a Company on the 1st November 2012 and as a Charity on the 5th November 2012.

Trustees:

Geoffrey Newns

Dorothy North

Catherine Jane Palmer

Jane Smith

Victoria Crane

Registered and Administrative Office:

Fulligrove House
Woodwell Rd
Shirehampton
Bristol
BS11 9UG

Bankers:

The Co-Operative Bank
Bank Identifier Code: CPBK GB22

Trustees Annual Report:

Objects of the Charity:

The stated charitable purposes of the Charity are:

- to relieve those in need by reason of youth, age, ill-health, disability (especially but not exclusively those with learning difficulties), financial hardship or other disadvantage; and
- to advance the Christian faith.

The practical outworking of these objects is primarily in the form of Day Services for people with Learning Difficulties (LD). In the Lunch Club 4 people with learning difficulties are trained in the skills of catering, learning skills for daily living and potentially employment, and at the same time, preparing the lunch for a Lunch Club for 8 – 10 older people. Further Day Services are provided in the form of woodwork and gardening, with one or two adults at a time, and in addition, overnight or weekend respite care is being provided to a small number of adults with LD, under the Shared Lives scheme operated by Bristol City Council and in direct arrangement with ALFA CC.

These services meet several of the needs described in the Charity's objects. The Trainees with LD gain useful skills and especially have an opportunity to provide a service for other people, giving them a sense of achievement and worth, something which is a rare opportunity for people with LD. In the Lunch Club the older people enjoy the opportunity for company, some good entertainment and a good freshly cooked meal. Older people, especially those targeted by this service, tend to live alone and have very few opportunities to meet others and have social interaction. Loneliness experienced by the elderly has been recognised as a significant issue. Our elderly guests also very rarely cook themselves fresh food, living in the main on purchased packaged and reheated food. This duality of service gives a significant added social benefit from a modest cost to the Social Services budget.

Specifically regarding the advancement of the Christian faith, from September 2016, ALFA CC took over the missionary support administration of the set of missionaries supported previously by the Fellowship of the King Christian Trust, (FoTK) who operate in a range of mission fields including Kenya, Colombia, Spain and the UK. In addition, ALFA CC runs a series of two or three meetings a year, where worship and Christian teaching is specifically focused for adults with learning difficulties, and allowing them to participate in leading roles. Fulligrove House operates as a Christian Community, with the residents participating in regular prayer and worship.

The garden at Fulligrove House has been registered as a Quiet Garden with the Quiet Garden Movement, a charity that is Church based and focuses on gardens where individuals or groups can find the opportunity for retreat, spiritual contemplation and reflection - see www.quietgarden.org. As well as offering the opportunity for individuals or groups to use the facility, regular "Quiet Days or Quiet Mornings" are advertised and run, with the lead and focus being given by Lyn Morton, allowing people to engage with contemplative worship and prayer.

Introduction:

This report describes the activities of the Trust during the 2022-23 financial year and is a part of the annual report to the Charity Commission. It describes the financial activities of the Trust and reports to donors on the use of the money entrusted to the charity.

During 2022-23 a full service was resumed after covid, with the Lunch Club operating at full capacity and a couple of new guests starting to participate. We had two staff vacancies, in the Lunch Club and Gardening services, both of which were filled with excellent new staff members, and the gaps during vacancies were plugged by existing staff and volunteers. The Gardening service had a second trainee start to attend, and woodwork continued with the same trainee.

Income and Expenditure 2022-23

Income:

The overall Income for the financial year 2022-23 was £78,460. This is an increase over the previous year, of £4135. The increases are in “sales” from the Bristol City Council and direct payments, and an increase of rent due to a second tenant in the Fulligrove House community.

Income with restricted purposes is a significant part of the overall income, with this being used to support missionaries abroad and in the UK in pursuit of the Charitable object of advancing the Christian faith. These donations were largely static compared with the previous year. Our linked mission Swahiba Youth Networks, in Kenya continued with its established works in the Kibera slums, where over 1 million people live, mostly on low paid casual labour roles, and are vulnerable to unemployment and consequent starvation as there is no government support to this sector. Food parcels were distributed to families with children and usually one adult trying to care for several children. Another project which they have expanded is to bring a gift of a pair of new shoes to children in the slums who will never have had shoes before. This has significant benefits for the children, as the slums have no waste or sewerage services and the routes through are littered with waste. Specific support for this programme was raised and funded through ALFA CC.

The other significant income streams were donations to the charity of £5535, again similar to the previous year. The Charity has a number of regular donors giving on a monthly basis as well as receiving occasional one off sums of greater value. This is a small decrease over the previous year. Our core of regular donors has not changed. We are very grateful for the support given by these dedicated donors. Donations are used for development projects and reserves for the longer term, rather than covering operating costs. The income from respite at Fulligrove House has increased, due to more use. This has also now included an older person with dementia for whose carer this was the only respite she has had in many years.

Expenditure:

The expenditure of ALFA CC follows the pattern of the previous year, a total of £67,275 accrued expenditure. Wages and staffing costs decreased by just over £2,000 due to our vacancy factors, which were filled by volunteer staff (Chris and Lyn).

Missionary expenditure has remained similar as has this specific giving stream. The circumstances of one of our supported missionaries changed during the year and some donors revised their giving accordingly. Some earmarked funds for this missionary are being held by ALFA, as an accrual, for the possibility of this being needed later.

The Christian missionaries who are supported by ALFA CC include missionaries and mission outreaches in Kenya, Spain and Colombia as well as individuals in the UK ministering to overseas students and recruiting missionaries for service abroad. Gift Aid is added to these donations where supported by a gift aid declaration. As a policy a calculation of the Gift Aid is added to the funds sent to missionaries at the time of the donation, and claimed back retrospectively by ALFA CC. Reserves are sufficient to allow this without problems.

Other expenditure remained more or less static. No particular capital expenses occurred, with any minor maintenance expenses covered by the household account, which is independent of ALFA CC.

We have 4 excellent dedicated and highly motivated staff, who find their roles rewarding. Staff do occasionally use their own cars to provide transport for both our trainees and guests and are recompensed at a reasonable rate of 50p per mile.

The woodwork service is provided by Chris Morton who is not paid for his services but works as a volunteer. This income has supported the gardening operation when we have not had a trainee for a significant proportion of the time, but now the gardening service does have trainees providing funding.

Balance Sheet:

The balance sheet this year reflects a normal year with no significant changes in the layout of capital and no significant capital expenditure. The main asset remaining is the 30% share in the property Fulligrove House. No actual revaluation was formally made. Property prices are volatile, so not worth adjusting currently.

Analysis:

The overall picture is of a surplus of just over £10,000 once accruals are considered. This is the second operational surplus for a significant number of years, and results from an increase in contract payments and a decrease in expenditure, particularly on staffing costs.

On the key operational services of the Charity, income was £23,314 against an expenditure of £21,028, a surplus of just over £2,000.

The underlying business model is sound, and the services to Adults with LD are designed to be primarily covering costs, with wages covered by income from commissioners. The woodwork has been regularly supported and the income attributed to this has underwritten the cost of the gardener, as Chris Morton who teaches woodwork, does not receive a salary for doing so. This underwriting is no longer necessary. The hospitality provided has a modest cost and receives small cash donations as well. Contributions to the cost of hospitality are made by ALFA CC to the household account based on the number of visitors and the estimated cost of the hospitality provided. The household operates a completely separate account from ALFA CC.

Residential Community Vision:

Fulligrove House is a 5 bed detached house with a substantial garden of approx 1/3 acre, including a good sized vegetable patch, lawns and several mature trees. The garden allows the gardening service to function, and additionally it can be used as a quiet retreat area, thus contributing further to the ministry of the charity. The garden has joined the national network of “Quiet Gardens” as a place for people to come and find peace and quiet in support of faith. This ministry has developed over this past year.

The house has a large dining room and lounge which can be used for a variety of meetings and hospitality. We have one further permanent member of the household, beyond the Morton family (who co-own the property) who pays a rental contribution on top of living costs. One room is identified as suitable for respite care for adults with LD and two individuals come regularly for respite through the Council's Shared Lives programme, or on direct payments. During the year, a second tenant joined the community house and we have also provided respite to an older adult with dementia, rather than LD but only after careful consideration of the detailed provision needed.

Provision of Services:

ALFA CC provides three different forms of Day Services to adults with learning difficulties: The Training Lunch Club, woodwork and gardening. The Lunch Club has been running for 10 years and is an established service. Woodwork and the gardening service are both more recent, only being possible once we had acquired Fulligrove House. Fulligrove House allows the household community to offer respite for adults with LD, and this has been used by several service users, and we are part of the Council's “Shared Lives” programme. We have 1 regular user referred by the council and thus funded, currently using the respite offering, plus a further 3 have occasionally used it. The venue of Fulligrove House has allowed the development of a ministry of hospitality with outreach into the wider community.



Lunch Club:
We have 4 adults with LD who attend as Service Users. They are provided with a full day's activities, in a caring



supportive environment, and they are trained in catering skills. In doing so, they prepare a 3 course meal for a group of older guests, all of whom live alone and struggle to prepare fresh food for themselves. They tend to have poor diets and also suffer from loneliness. The Lunch Club gives them several hours of good company, with stimulating activities, and a well-balanced, nourishing freshly prepared meal for a nominal cost. Transport is also provided where necessary. The Lunch Club employs two carer / trainer staff, who lead the cooking and until this year, both had been with the service from the beginning. One left to take a full-time post and we have been able to appoint an excellent replacement. We also have a facilitator employed, who transports the guests who need it, and organises the activities they do prior to lunch.

Woodwork:

The woodwork service is enabled by a reasonable sized workshop adjacent to the house at Fulligrove, and one service user attends regularly. The aim is to teach woodworking skills and to provide care with the opportunity to do something useful and creative, with a focus towards other people. A good number of the woodwork projects undertaken have been commissioned by other people. Several of the projects were initiated by the service user or



his family to meet specific needs. When feasible, we try to use recycled timber for our projects, such as the 3 level planter shown here. After some negotiations, the service was listed among those on the Council's framework contract. Staffing of the service is by Chris Morton who is not paid for the time he gives. The income stream from this service has so far been able to underwrite the gardening service.

Gardening:

Fulligrove house has a substantial garden, with lawns, fruit trees, flower beds and a sizeable vegetable patch.



Part of the vision has been to offer gardening as a Day Service opportunity to adults with LD.

We had only one service user for gardening for the most of 2022-23, however a second has recently joined the service as a referral from Bristol City Council. Our gardener/trainer is

very gifted in teaching and enjoys being able to work with trainees. A range of fruit and vegetables are grown as well as managing all the plants and trees.

Garden Art sessions have continued during the year with the making of Christmas wreaths being popular.

Quiet Garden:

Separate spaces in the garden have been created and/or provisioned with teak furniture purchased from gifts received in memory of family who passed away. There are now eight permanent places for individuals or a few people to sit for quiet reflection and chairs can be placed in other spaces. A regular monthly Quiet Garden facilitated session is now a regular feature.



Hospitality and events:

Hospitality is a key means of outreach and ministry into the community. A regular weekly “Drop in” is offered, and monthly coffee mornings. Elderly neighbours regularly come for Sunday lunch and a group of Christians who live in the area meet regularly each month to plan the regular outreach service (a Songs of Praise Café) in the local community centre. Similarly, the premises have been used for Church leaders and other similar groups to have retreats. No formal charge is made for any of these events but generous donations are often received.

During the year there were 744 “people/visits” on 467 occasions to Fulligrove House and/or garden for hospitality. The majority of these are regular visitors but there has been a good number of new visitors as well.

Respite Care.

Fulligrove House has one room that is suitable for the provision of Respite Care, and one individual so far has made use of this and is now a regular visitor. We are now established as a “Shared Lives” provider with the City Council, and we have 4 service users who come for respite, with varying frequencies. There were 22 nights of respite care over the year. The Income for this from the Shared Lives scheme is paid directly to the Mortons, who subsequently pass some of this to the household account to cover food costs *etc.* and the remainder to ALFA CC.

Financial Controls:

This year of the Charity's life has seen a reasonably stable picture with an established business model. We had a cash income stream of approx £1604 as well as payments by the Bristol City Council and trainees who hold their own budgets through the Council's Direct Payment scheme. The Operational Manager takes personal responsibility for ensuring all transactions, both cash and the bank account, are recorded and reconciled. Cash is managed with both a paper and

computer based system, and a feed into the main ledger, with regular reconciliations. Donations to support missionaries come in through regular bank transfers, and are paid out with gift aid added, which is subsequently reclaimed from HMRC.

Regulatory Developments:

No new regulatory developments have occurred this year that impact the Charity. The Data Protection principles are embedded in our normal practice.

Fraud:

The Company / Charity is confident that it has not been subject to any fraud during the financial year.

Public Benefit:

The Charities Act gives a legal definition of the meaning of the term 'charity'.

Part of that definition says that for an organisation to be a 'charity' it must have only 'charitable purposes'.

A charity's 'purposes' are what it is set up to achieve and are described in its charitable objects. The charitable objects of ALFA CC are:

- To relieve those in need by reason of youth, age, ill health, disability, (especially but not exclusively those with learning disabilities), financial hardship, and
- To advance the Christian Faith.

Part of the Charities Act definition of a 'charitable purpose' says that it must be 'for the public benefit'. The Charities Act calls this the 'public benefit requirement'. The Public Benefit requirement has to meet the test of being a benefit - the law expects purposes of the Charity to be beneficial, and any detriment or harm must not outweigh the benefit. The purposes of the Charity must benefit the "public in general, or a significant section of the public and not give rise to more than an incidental personal benefit."

The Equality Act permits charities to benefit people defined by reference to a 'protected characteristic', provided the restriction of benefits to people having that characteristic is justified in relation to the purpose. ALFA CC specifically aims through its current service provision to serve two groups with protected characteristics, particularly the disabled, especially those with learning disabilities, and the elderly.

ALFA CC aims to meet needs of these two groups of people. People with learning difficulty are rarely in a position to have a fulfilling role or job, and the Training Lunch Club aims to teach skills that are useful at home, but principally to give the trainees an opportunity to do things for other people, and have the satisfaction of achievement and being appreciated for what they can do and have done, rather than the norm they experience of just receiving care themselves. The woodwork and gardening training provide this also with the majority of the items produced benefiting other

people. The section above on Services Provided gives more detail of the specific benefits to members of the public, and to the groups with needs upon which the charity has a focus.

The Trustees believe that ALFA CC provides a genuine public benefit to a number of individuals with needs at a very reasonable cost, the Lunch Club in particular bringing a “double benefit” to a wider group of people from a very small amount of public resource, supported by charitable giving.

The charitable object of advancing the Christian faith is also met through providing the services in a Christian context and place, giving staff the opportunity to share their faith in an appropriate manner to the context, and through celebration meetings held on a regular basis for everyone involved. Unusually, for various reasons, only one celebration was held in 2022-23, but it was well attended and eight adults with learning difficulties attended, most taking part in a drama regarding plants in the garden. Regular prayer and informal worship which is open to all, take place at Fulligrove House. The function of supporting Christian missionaries in the UK and abroad also fulfils this charitable object and provides further public benefit, as does the offer of the garden as a quiet space for prayer and reflection, including organised retreat sessions.

As a service provider on contract to the Bristol City Council, it would not be appropriate to use the service provision as an opportunity to actively proselytize the Christian faith as it is open to people of every and no faith, however simply meeting the needs of two groups of people with particular needs, is in itself a satisfactory witness.

Developments beyond the year end.

Bristol City Council has just completed a tender exercise for all social care services provided by external organisations commissioned by them. This required considerable work to complete and may affect the balance of cost and income in the future. The tender was submitted with a full and thorough costing, so if accepted as submitted, should provide for a secure ongoing business model. As we are an established provider, we are reasonably confident we will be able to secure an ongoing contract.

In July 2023 the other chef/carer who had been with the Lunch Club since its start in 2013, retired. We were able to find an excellent replacement who overlapped for a couple of weeks for continuity and hand-over.

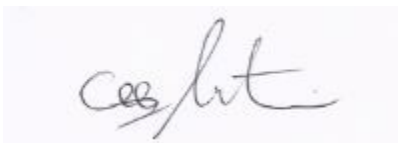
The trustees agreed to fund an amount of extra gardening help in the summer of 2023 as the two trainees had many needs (and preferences) which limited the amount of gardening that could be achieved in the session. The trustees also agreed to recruit a person to support the administration of the Charity for one morning per week for six months. This will enable us to keep well on top of the accounts and other key admin functions, which are currently the task of Chris Morton, and this will ease pressure significantly and improve both timeliness and efficiency in the admin function.

Statement of Trustees Responsibilities:

In accordance with Charity Law, the trustees are responsible for preparing statements of accounts for each financial year.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the statutory regulations relating to charities. The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on authorisation of the Trustees

A handwritten signature in black ink, appearing to read 'C. Morton', is centered within a light gray rectangular box.

Mr C . Morton

Date: 30th November 2023

Treasurer. / Operational Manager.

Income and Expenditure:

On the advice of our External Examiner, we are presenting accounts in an accrued format and including the Charity Commission's Statement of Financial Affairs (SOFA) directly in our annual report. These follow and include the balance sheet.

Abundant Life For All Christian Community Presentation Accounts, 2022-23

	2022-23		2021-22
Income			
Cash Income	£1,576.84		£1,387.35
Sales: BCC & Direct Payments	£21,737.38		£17,621.80
Donations	£5,535.16		£5,959.20
Bank interest	£0.00		£0.00
Miscellaneous	£0.00		£0.00
Restricted Missionary Giving O&A	£47,245.00		£47,703.75
Respite Income	£766.44		£852.80
Fulligrove House Rent income	£1,599.96		£800.00
Gross Income:	£78,460.78		£74,324.90
Overall total:	£78,460.78		£74,324.90
Expenditure			
Premises	£1,228.67		£1,355.00
Wages	£12,491.97		£14,576.67
Consumables	£2,286.55		£3,147.99
Insurance	£2,790.84		£2,109.85
Admin Expenses	£858.65		£688.00
Travel Expenses	£195.00		£258.00
Uniforms, Equipment	£119.02		£0.00
Miscellaneous incl Capital invest in Premises	£0.00		£1,255.18
Bank fees	£45.00		£55.00
Restricted Missionary Giving O&A	£46,247.49		£48,121.25
Hospitality	£1,012.50		£981.00
Expenditure	£67,275.69		£72,547.94
Income Less Expenditure:	£11,185.09		£1,776.96
Property Purchase (Capital)	£0.00		£0.00
Total Expenditure Incl Capital:	£67,275.69		£72,547.94
Total movement of funds:	£11,185.09		£1,776.96
Cash movement	£26.22		

Bank Balances and Accrual.

		Cash Balance	Total Balance
Bank Balances:			
6th April 2022	£32,461.87	£424.63	£32,886.50
5th April 2023	£43,620.74	450.85	£44,071.59
			£11,185.09

Accruals 2022-3:	
Owed By ALFA 6/4/23	£1,050.45 Missionary Support A.T.
Owed To ALFA 5/4/23	£0.00
End of Year Accrued Position, once 2021 data included:	
Accrued Income Total:	£77,410.33
Accrued Expenditure Total:	£67,275.69
Accrued Surplus / deficit:	£10,134.64

Balance Sheet:

Balance Sheet

At 6 th April 2022			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Accruals</i>	
Restricted funds *	£196,806.00	£250.00	£197,056.00
Unrestricted funds	£0.00	£32,636.50	£32,636.50
Total	£196,806.00	£32,886.50	£229,692.50

At 5 th April 2023			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Accruals</i>	
Restricted funds *	£196,806.00	£1,300.45	£198,106.45
Unrestricted funds	£0.00	£42,771.14	£42,771.14
Total	£196,806.00	£44,071.59	£240,877.59
<i>Movement:</i>	£0.00	£11,185.09	£11,185.09

N.B. These figures represent the fully accrued accounts.

The following two pages contain the Charity Commission Statement of Financial Activity. (SOFA) Parts A and B.



CHARITY COMMISSION
FOR ENGLAND AND WALES

SOFA Part A.

Abundant Life For All Christian Community		Charity No (if any)	1149610
Annual accounts for the period			
Period start date	06/04/22	To	Period end date 05/04/23

Section A Statement of financial activities Section A

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	5,535	-	-	5,535	5,959
Charitable activities	S02	24,080	47,245	-	71,325	67,566
Other trading activities	S03	-	-	-	-	-
Investments	S04	1,600	-	-	1,600	800
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	31,215	47,245	-	78,460	74,325
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	21,028	46,247	-	67,276	72,548
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	21,028	46,247	-	67,276	72,548
Net income/(expenditure) before investment gains/(losses)	S13	10,187	998	-	11,185	1,777
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	10,187	998	-	11,185	1,777
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	10,187	998	-	11,185	1,777
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	10,187	998	-	11,185	1,777

SOFA Part B.

Section B Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	198,106	-	198,106	197,056
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	198,106	-	198,106	197,056
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	44,072	-	-	44,072	32,637
Total current assets		B10	44,072	-	-	44,072	32,637
Creditors: amounts falling due within one year	(Note 20)	B11	1,300	-	-	1,300	-
Net current assets/(liabilities)		B12	42,771	-	-	42,771	32,637
Total assets less current liabilities		B13	42,771	198,106	-	240,878	229,693
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	42,771	198,106	-	240,878	229,693
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	-
Unrestricted funds		B19	-	-	-	-	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	42,771	198,106	-	240,878	229,693

Independent Examiners Report: Scanned Copy.

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY LIMITED INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 5 APRIL 2023

I report to the charity trustees on the Financial Statements of the Company for the year ended 5 April 2023, which are set out on pages to

Respective responsibilities of trustees and examiner

The Trustees are responsible for the preparation of the Financial Statements. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the Financial Statements (under section 145 of the 2011 Act);
 - to follow the procedures laid down in the General Directions given by the Charity Commissioner (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

The charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) published on 16 July 2014.

Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with s.130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and the regulations made there under,have not been met;

or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Geoffrey Malcolm Lucas FCA
Lucas Financial Management Limited
Trumpers Cottage, Breakspear Road North
Harefield, Middlesex, UB9 6NE
30 November 2023

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales - Charity number 1149610

Accounts



ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY Ltd.

ANNUAL REPORT AND FINANCIAL STATEMENTS

5th April 2022

Registered Charity No: 1149610
Company No: 8277571

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Status:

Abundant Life For All Christian Community (ALFA CC) is a registered charity with charity registration number: 1149610. It is also a Registered Company with Company number: 8277571.

ALFA CC is a Charity and a Limited Company, registered as a Company on the 1st November 2012, and as a Charity on the 5th November 2012.

Trustees:

Geoffrey Newns

Dorothy North

Catherine Jane Palmer

Jane Smith

Registered and Administrative Office:

Fulligrove House
Woodwell Rd
Shirehampton
Bristol
BS11 9UG

Bankers:

The Co-Operative Bank
Bank Identifier Code: CPBK GB22

Trustees Annual Report:

Objects of the Charity:

The stated charitable purposes of the Charity are:

- to relieve those in need by reason of youth, age, ill-health, disability (especially but not exclusively those with learning difficulties), financial hardship or other disadvantage; and
- to advance the Christian faith.

The practical outworking of these objects is primarily in the form of Day Services for people with Learning Difficulties (LD). In the Lunch Club 4 people with learning difficulties are trained in the skills of catering, learning skills for daily living and potentially employment, and at the same time, preparing the lunch for a Lunch Club for 8 – 10 older people. Further Day Services are provided in the form of woodwork and gardening, with one adult at a time, and in addition, overnight or weekend respite care is being provided to a small number of adults with LD, under the Shared Lives scheme operated by Bristol City Council.

These services meet several of the needs described in the Charity's objects. The Trainees with LD gain useful skills and especially have an opportunity to provide a service for other people, giving them a sense of achievement and worth, something which is a rare opportunity for people with LD. In the Lunch Club the older people enjoy the opportunity for company, some good entertainment and a good freshly cooked meal. Older people, especially those targeted by this service, tend to live alone and have very few opportunities to meet others and have social interaction. Loneliness experienced by the elderly has been recognised as a significant factor. Our elderly guests also very rarely cook themselves fresh food, living in the main on purchased packaged and reheated food. This duality of service gives a significant added social benefit from a modest cost to the Social Services budget.

Specifically regarding the advancement of the Christian faith, from September 2016, ALFA CC has taken on the missionary support administration of the set of missionaries supported previously by the Fellowship of the King Christian Trust, (FoTK) who operate in a range of mission fields including Kenya, Colombia, Spain Vietnam and the UK. A substantial amount of money was passed over to ALFA CC by FoTK, and the set of regular donors who give to these missionaries also transferred their donations. All these monies are regarded as restricted funds, and are accounted for and identified separately from the operational costs of ALFA CC. The Fellowship of the King Trust closed during the 2019-20 financial year. In addition, ALFA CC runs a series of two or three meetings a year, where worship and Christian teaching is specifically focused for adults with learning difficulties, and allowing them to participate in leading roles. Fulligrove House operates as a Christian Community, with the residents participating in regular prayer and worship.

The garden at Fulligrove House has been registered as a Quiet Garden with the Quiet Garden Movement, a charity that is Church based and focuses on gardens where individuals or groups can find the opportunity for retreat, spiritual contemplation and reflection. See www.quietgarden.org. As well as offering the opportunity for individuals or groups to use the facility, regular "Quiet Days or Quiet

Mornings” are advertised and run, with the lead and focus being given by Lyn Morton, allowing people to engage with contemplative worship.

Introduction:

This report describes the activities of the Trust during the 2021-22 financial year, and is a part of the annual report to the Charity Commission. It describes the financial activities of the Trust and reports to donors on the use of the money entrusted to the charity.

2021 was primarily a year of recovery from the Covid 19 pandemic, though it did have a number of regressions as peaks of the virus affected the country. Services were able to resume at the usual level, but it was quite noticeable how the pandemic had impacted people. Attendances at the Lunch Club by our older guests have been reduced, as they have for our hospitality generally. A few of our older guests did not come through the pandemic, though none directly through Covid infection. The psychological impact of Covid on some individuals has made them much more reluctant to go out and engage with people.

During the year, one development of the property took place, the disused outside toilet was completely refurbished and is now fully operational. This serves as a very useful asset to the Gardening team and to users of the Quiet Garden.

Income and Expenditure 2021-22

Income:

The overall Income for the financial year 2021-22 was £74,324 . This is a significant increase over the previous year, of £8733. This is largely due to the restoration of our usual income for provision of services, which resumed at full strength following Covid. This is counterbalanced to an extent by the cessation of the Job Retention Scheme, which obviously did not apply.

Income with restricted purposes is a significant part of the overall income, with this being used to support missionaries abroad and in the UK, in pursuit of the Charitable object of advancing the Christian faith. These donations increased again by £4118, and reflect the increase in the good work being done especially in Kenya. Our linked missionary Swahiba Youth Networks, in Kenya developed further its campaign to bring food aid into the Kibera slums, where over 1 million people live, mostly on low paid casual labour roles, and were very vulnerable to unemployment and consequent starvation, as there was no government support to this sector. Food parcels were distributed to families with children and usually one adult trying to care for several children. Another project which they have expanded is to bring a gift of a pair of new shoes to children in the slum, who will never have had shoes before. This has significant benefits for the children, as the slums have no waste or sewerage services and the routes through are littered with waste. Specific support for this programme was raised and funded through ALFA.

The other significant income streams were donations to the charity of £5959. The Charity has a number of regular donors giving on a monthly basis, as well as receiving occasional one off sums of greater value. This is a small decrease over the previous year, which was notable for a couple of significant one off donations. Our core of regular donors has not changed. We are very grateful for the support given by these dedicated donors. A small element of income from the one lodger at Fulligrove house, and for respite is noted.

Expenditure:

The expenditure of ALFA CC follows the pattern of the previous year, a total of £72,307 accrued expenditure. Wages and staffing costs are remarkably static, despite a pay increment.

The increase of £4,050 in the earmarked Missionary expenditure reflects the increase in giving to these missions. The bulk of this was sent to Swahiba Youth Networks ministries, (SYN) a charity in Kenya working with young people in the Kibera and other slums. This included a number of significant donations and funding for a particular appeal for shoes at Christmas time. Children who have never had shoes before are given a brand new pair in the context of a campaign that looks at their whole well-being and provides a meal as well as carrying the Christian gospel message of hope. The work of this ministry is transformative and long standing. This was continued as well as the food parcels during the pandemic. Each year they are aiming to reach more people through these ministries. The increase in expenditure is balanced by a similar increase in specified income.

A number of individual Christian missionaries are supported by ALFA CC, including missionaries and mission outreaches in Spain, Colombia and Vietnam as well as individuals in the UK ministering to overseas students and recruiting missionaries for service abroad. Gift Aid is added to these donations where supported by a gift aid declaration. As a policy, a calculation of the gift aid is added to the funds sent to missionaries at the time of the donation, and claimed back retrospectively by ALFA CC. Reserves are sufficient to allow this without problems.

Other expenditure remained more or less static. Hospitality is shown as a new line, however a very similar amount was accrued last year into the accounts, so no real change occurred. An amount was spent that has been shown in the accounts as Capital, this was a refurbishment to the outside toilet, which had been unserviceable since well before the property was acquired. This provides a very useful facility for all the functions that occur in the gardens. Interestingly, the room used was the original privy before indoor toilets were common, over 100 years ago.

We have 4 excellent dedicated and highly motivated staff, who find their roles rewarding. Staff do use their own cars to provide transport for both our trainees and guests, and are recompensed at a reasonable rate of 50p per mile.

The woodwork service is provided by Chris Morton, who is not paid for his services but works as a volunteer. This income has supported the gardening operation when we have not had a trainee for a significant proportion of the time.

Balance Sheet:

The balance sheet this year reflects a normal year, with no significant changes in the layout of capital, and no significant capital expenditure. The main asset remaining the 30% share in the property Fulligrove House. No actual revaluation was formally made. Property prices are volatile, so not worth adjusting currently.

The small amount of restricted fund remaining, is a legacy from the FoTK Charity, being a fund given specifically for needy people. We will liaise with the original donor to see if we can make good use of this fund during 22-23.

Analysis:

The overall picture is of a surplus of just over £2,000 once accruals are considered. This is the first operational surplus for a significant number of years, and is probably more to chance variations than any deliberate policy. At this stage in the current year, it looks like 2022-23 will also show a surplus, but this is primarily due to staff vacancies, rather than other factors.

The key operational services of the Lunch Club, Woodwork and Gardening generate an income of approx £19,000, but cost £17,981 in direct costs to operate, a surplus of slightly over £1000.

The underlying business model is sound, and the services to Adults with LD are designed to be primarily covering costs, with wages covered by income from commissioners. The woodwork has been regularly supported and the income attributed to this has underwritten the cost of the gardener, as Chris Morton who teaches woodwork, does not receive a salary for doing so. The hospitality provided has a modest cost and receives small donations as well. Contributions to the cost of hospitality are made by ALFA to the household account based on the number of visitors and the estimated cost of the hospitality provided. The household operates a completely separate account from ALFA.

Residential Community Vision:

Fulligrove House is a 5 bed detached house, with a substantial garden of approx 1/3 acre, including a good sized vegetable patch, lawns and several mature trees. The garden allows the gardening service to function, and additionally it can be used as a quiet retreat area, thus contributing further to the ministry of the charity. The garden has joined the national network of "Quiet Gardens", as a place for people to come and find peace and quiet in support of faith. During this year, we have had a long term guest who came in a time of need, and by just being part of a normal household and the community that is developing around it, has reached a much better place in life within himself.

The house has a large dining room and lounge which can be used for a variety of meetings and hospitality. We have one further permanent member of the household, beyond the Morton family (who co-own the property) who pays a rental contribution on top of living costs. One room is identified as suitable for respite care for adults with LD, and three individuals come regularly for respite through the

Council's Shared Lives programme. One additional regular user well known to the household uses and enjoys this facility often combining both the woodwork programme and respite. One further room remains for guests.

Provision of Services:

ALFA CC provides three different forms of Day Services to adults with learning difficulties: The Training Lunch Club, woodwork, and gardening. The Lunch Club has been running for 9 years, and is an established service. Woodwork and the gardening service are both more recent, only being possible once we had acquired Fulligrove House. Fulligrove House allows the household community to offer respite for adults with LD, and this has been used by several service users, and we are part of the Council's "Shared Lives" programme. and we have 1 regular user referred by the council and thus funded, currently using the respite offering, plus a further 3 have occasionally used it. The venue of Fulligrove House has allowed the development of a ministry of hospitality with outreach into the wider community.

Lunch Club:

We have 4 adults with LD who attend as Service Users, they are provided with a full day's



activities, in a caring supportive environment, and they are trained in catering skills. In doing so, they prepare a 3 course meal for a group of older

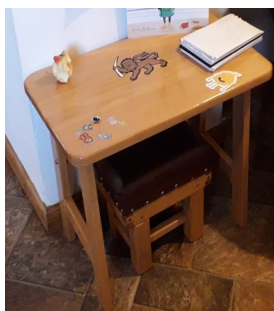


guests, all of whom live alone and struggle to prepare fresh food for themselves. They tend to have poor diets and also suffer from loneliness. The Lunch Club gives them several hours of good company, with stimulating activities, and a well balanced nourishing freshly prepared meal for a nominal cost. Transport is also provided where necessary. The Lunch Club employs two carer / trainer staff, who lead the cooking and who have both been with the service from the beginning. We also have a facilitator employed, who transports the guests who need it, and organises the activities they do prior to lunch.

During 2021-22 we were able to maintain the Lunch Club for the vast majority of the year, using well established Covid testing to prevent the spread of the virus.

Woodwork.

The woodwork service is enabled by a reasonable sized workshop adjacent to the house at Fulligrove, and one service user attends regularly. The aim is to teach woodworking skills, and to provide care with the opportunity to do something useful and creative, with a focus towards other people. A good number of the woodwork projects



undertaken have been commissioned by other people. Several of the projects were initiated by the service user or his family to meet specific needs. After some negotiations, the service was listed among those on the Council's framework contract. Staffing of the service is by Chris Morton, who is not paid for the time he gives. The income stream from this service has so far been able to underwrite the gardening service as we do not yet have regular service users but do have regular costs.

Gardening.

Fulligrove house has a substantial garden, with lawns, fruit trees, flower beds and a sizeable vegetable patch. Part of the vision has been to offer gardening as a Day Service opportunity to adults with LD.

We had only one service user for gardening for the most of 2021-22. Our gardener/trainer is very gifted in teaching and enjoys being able to work with trainees. During lockdown this obviously was not possible, then as it eased, the service user who comes for woodwork, started attending to do gardening as well. Garden Art sessions were started during the year, and have proved successful in bringing more people into the garden / house to enjoy the opportunities offered.

In addition to growing fruit and vegetables and managing the various plants a pump has been fitted in the well which provides a source of water, powered from the solar panels, for watering the garden.

Quiet Garden

Separate spaces in the garden have been created and/or provisioned with teak furniture purchased from gifts received in memory of family who passed away. There are now eight permanent places for individuals or a few people to sit for quiet reflection and chairs can be placed in other spaces. The pandemic had stopped group activities in the quiet garden, and these have now resumed.



Hospitality and events.

During the lockdown, the outside nature of the garden made it possible to offer some hospitality and the opportunity for rare interaction for a small number of our close neighbours.

Elderly neighbours regularly come for Sunday lunch and a group of Christians who live in the area have met over lunch or refreshments here to discuss how to further develop outreach in the community and to pray. No charge is made for any of these events but donations are often received.

During the year there were 819 “people/visits” on 535 occasions to Fulligrove House and/or garden for hospitality. The majority of these are regular visitors but there has been a good number of new visitors as well.

Respite Care.

Fulligrove House has one room that is suitable for the provision of Respite Care, and one individual so far has made use of this and is now a regular visitor. We are now established as a “Shared Lives” provider with the City Council, and we have 4 service users who come for respite, with varying frequencies. There were 37 nights of respite care over the year. The Income for this is paid directly to the Mortons, who subsequently pass some of this to the household account to cover food costs etc, and the remainder to ALFA.

Financial Controls:

This year of the Charity's life has seen a reasonably stable picture despite the pandemic, with an established business model. We had a cash income stream of approx £1387, as well as payments by the Bristol City Council and trainees who hold their own budgets through the Council's Direct Payment scheme. The Operational Manager takes personal responsibility for ensuring all transactions, both cash and the bank account, are recorded and reconciled. Cash is managed with both a paper and computer based system, and a feed into the main ledger, with regular reconciliations. Donations to support missionaries come in through regular bank transfers, and are paid out with gift aid added, which is subsequently reclaimed from HMRC.

Regulatory Developments:

No new regulatory developments have occurred this year that impact the Charity. The GDPR regulations are now embedded in our normal practice.

Fraud:

The Company / Charity is confident that it has not been subject to any fraud during the financial year.

Public Benefit:

The Charities Act gives a legal definition of the meaning of the term 'charity'.

Part of that definition says that for an organisation to be a 'charity' it must have only 'charitable purposes'.

A charity's 'purposes' are what it is set up to achieve, and are described in its charitable objects. The charitable objects of ALFA CC are:

- To relieve those in need by reason of youth, age, ill health, disability, (especially but not exclusively those with learning disabilities), financial hardship, and
- To advance the Christian Faith.

Part of the Charities Act definition of a 'charitable purpose' says that it must be 'for the public benefit'. The Charities Act calls this the 'public benefit requirement'. The Public Benefit requirement has to meet the test of being a benefit, which the law expects purposes of the Charity to be beneficial, and any detriment or harm must not outweigh the benefit. The purposes of the Charity must benefit the "public in general, or a significant section of the public, and not give rise to more than an incidental personal benefit.

The Equality Act permits charities to benefit people defined by reference to a 'protected characteristic', provided the restriction of benefits to people having that characteristic is justified in relation to the purpose. ALFA CC specifically aims through its current service provision to serve two groups with protected characteristics, particularly the disabled, especially those with learning disabilities, and elderly.

ALFA CC aims to meet needs of these two groups of people. People with learning difficulty are rarely in a position to have a fulfilling role or job, and the Training Lunch Club aims to teach skills that are useful at home, but principally to give the trainees an opportunity to do things for other people, and have the satisfaction of achievement and being appreciated for what they can do and have done, rather than the norm they experience of just receiving care themselves. The woodwork and gardening training provide this also with the majority of the items produced benefiting other people. The section above on Services Provided gives more detail of the specific benefits to members of the public, and to the groups with needs upon which the charity has a focus.

The Trustees believe that ALFA CC provides a genuine public benefit to a number of individuals with needs at a very reasonable cost, the Lunch Club in particular bringing a "double benefit" to a wider group of people from a very small amount of public resource, supported by charitable giving.

The charitable object of advancing the Christian faith is also met through providing the services in a Christian context and place, giving staff the opportunity to share their faith in an appropriate manner to the context, and through celebration meetings held on a regular basis for everyone involved. Two celebrations were held in 2021-22 – the first was a harvest celebration with our gardening trainer, celebrating the produce from our garden and making lavender bags and collecting seeds for planting. The other one was the regular Carol Service during which a gift was presented to our previous Lunch Club Facilitator. Regular prayer and informal worship which is open to all, take place at Fulligrove House. The function of supporting Christian missionaries in the UK and abroad, also fulfils this charitable object and also provides further public benefit, as does the offer of the garden as a quiet space for prayer and reflection, including organised retreat sessions.

As a service provider on contract to the Bristol City Council, it would not be appropriate to use the service provision as an opportunity to actively proselytize the Christi-

an faith as it is open to people of every and no faith, however simply meeting the needs of two groups of people with particular needs, is in itself a satisfactory witness.

Developments beyond the year end.

In March 2020 the Coronavirus pandemic hit the country, which has had an impact on the Charity. The biggest impact was felt during 2020, but once vaccines were available from January 2021, progress was possible back towards a degree of normality. Full service though with restrictions and precautions were possible only from September 2021, and further restrictions returned in December 2021. By April 2022 we had returned to full operation. During 2022, we saw two members of staff decide to move on to other things in life, and we had a vacancy factor for part of the year. This will result in a larger surplus by the end of 2022-23 year. The gaps were filled largely by Chris and Lyn Morton, this was sustainable only for a short period of time, and thankfully after the summer break we were able to recruit two excellent replacement team members. The outcome of this is that we expect a slightly higher financial surplus in 2022- 23 due to the vacancy factor, but that this will resolve in 23-24.

Statement of Trustees Responsibilities:

In accordance with Charity Law, the trustees are responsible for preparing statements of accounts for each financial year.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the statutory regulations relating to charities. The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on authorisation of the Trustees



Mr C . Morton

Date: 04/01/2023

Treasurer. / Operational Manager.

Income and Expenditure:

On the advice of our External Examiner, we are presenting accounts in an accrued format and including the Charity Commission's Statement of Financial Affairs (SOFA) directly in our annual report. These follow and include the balance sheet.

Abundant Life For All Christian Community Presentation Accounts, 2020-22

	2021-22		2020-21
Income			
Cash Income	£1,387.35		£855.35
Sales: BCC & Direct Payments	£17,621.80		£10,029.50
Donations	£5,959.20		£7,434.46
Bank interest	£0.00		£0.00
Miscellaneous incl Grants & JRS	£0.00		£3,086.76
Restricted Missionary Giving O&A	£47,703.75		£43,585.19
Respite Income	£852.80		£0.00
Fulligrove House Rent income	£800.00		£600.00
Gross Income:	£74,324.90		£65,591.26
Overall total:	£74,324.90		£65,591.26
Expenditure			
Premises	£1,355.00		£1,350.00
Wages	£14,576.67		£14,524.32
Consumables	£3,147.99		£2,739.36
Insurance	£2,109.85		£2,109.86
Admin Expenses	£688.00		£667.40
Travel Expenses	£258.00		£190.00
Uniforms, Equipment	£0.00		£837.93
Miscellaneous incl Capital invest in Premises	£1,255.18		£0.00
Bank fees	£55.00		
Restricted Missionary Giving O&A	£48,121.25		£44,071.14
Hospitality	£981.00		£0.00
Expenditure	£72,547.94		£66,490.01
Income Less Expenditure:	£1,776.96		-£898.75
Property Purchase (Capital)	£0.00		£0.00
Total Expenditure Incl Capital:	£72,547.94		£66,490.01
Total movement of funds:	£1,776.96		-£898.75

Bank Balances and Accrual.

Balance Sheet:

Note:

* Restricted fund in the bank is an inherited fund identified specifically for individuals in need.

N.B. These figures represent the fully accrued accounts.

At 6 th April 2021			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Accruals</i>	
Restricted funds *	£196,806.00	£250.00	£197,056.00
Unrestricted funds	£0.00	£30,859.54	£30,859.54
Total	£196,806.00	£31,109.54	£227,915.54

At 5 th April 2022			
	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash & Accruals</i>	
Restricted funds *	£196,806.00	£250.00	£197,056.00
Unrestricted funds	£0.00	£32,636.50	£32,636.50
Total	£196,806.00	£32,886.50	£229,692.50
<i>Movement:</i>	£196,806.00	£1,776.96	£1,776.96

The following two pages contain the Charity Commission Statement of Financial Activity. (SOFA) Parts A and B.



Abundant Life For All Christian Community		Charity No (if any)	1149610
Annual accounts for the period			
Period start date	6/4/21 00:00	To	Period end date 5/4/22 00:00

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	26621	47704		74325	51020
Charitable activities	S02				-	
Other trading activities	S03				-	10885
Investments	S04				-	600
Separate material item of income	S05				-	-
Other (JRS & Grant)	S06				-	3087
Total	S07	26621	47704	-	74325	65592
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	22931	48121		71053	66490
Separate material item of expense	S10	1255		-	1255	-
Other	S11			-	-	-
Total	S12	24187	48121	-	72308	66490
before investment gains/ (losses)						
Net gains/(losses) on investments	S13	2434	-417	-	2017	-898
	S14	-	-	-	-	-
Net income/(expenditure)	S15	2434	-417	-	2017	-898
Extraordinary items	S16	-	-	-	-	-
Transfers between funds (losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	2434	-417	-	2017	-898
Reconciliation of funds:						
Total funds brought forward	S21			-		228574
Total funds carried forward	S22	2434	-417	-	2017	228574

Section B Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	196806	-	196806	197806
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	196806	-	196806	197806
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	32637	250	-	32887	30768
Total current assets		B10	32637	250	-	32887	30768
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	32637	250	-	32887	30768
Total assets less current liabilities		B13	32637	197056	-	229693	227916
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	32637	197056	-	229693	227916
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	197056	-	197056	-
Unrestricted funds		B19	32637	-	-	32637	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	32637	197056	-	229693	227916

Independent Examiners Report: Scanned Copy.

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY LIMITED INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 5 APRIL 2022

I report to the charity trustees on the Financial Statements of the Company for the year ended 5 April 2022, which are set out on pages to

Respective responsibilities of trustees and examiner

The Trustees are responsible for the preparation of the Financial Statements. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the Financial Statements (under section 145 of the 2011 Act);
 - to follow the procedures laid down in the General Directions given by the Charity Commissioner (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

The charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) published on 16 July 2014.


Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with s.130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and the regulations made there under,have not been met;

or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Geoffrey Malcolm Lucas FCA
Lucas Financial Management Limited
Trumpers Cottage, Breakspeare Road North
Harefield, Middlesex, UB9 6NE
30 December 2022

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY

England & Wales - Charity number 1149610

Accounts



ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY Ltd.

ANNUAL REPORT AND FINANCIAL STATEMENTS

5th April 2021

Registered Charity No: 1149610
Company No: 8277571

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Status:

Abundant Life For All Christian Community (ALFA CC) is a registered charity with charity registration number: 1149610. It is also a Registered Company with Company number: 8277571.

ALFA CC is a Charity and a Limited Company, registered as a Company on the 1st November 2012, and as a Charity on the 5th November 2012.

Trustees:

Geoffrey Newns

Dorothy North

Catherine Jane Palmer

Jane Smith

Registered and Administrative Office:

Fulligrove House
Woodwell Rd
Shirehampton
Bristol
BS11 9UG

Bankers:

The Co-Operative Bank
Bank Identifier Code: CPBK GB22

Trustees Annual Report:

Objects of the Charity:

The stated charitable purposes of the Charity are:

- To relieve those in need by reason of youth, age, ill-health, disability (especially but not exclusively those with learning difficulties), financial hardship or other disadvantage; and
- To advance the Christian faith.

The practical outworking of these objects is primarily in the form of Day Services for people with Learning Difficulties (LD). In the Lunch Club 4 people with learning difficulties are trained in the skills of catering, learning skills for daily living and potentially employment, and at the same time, preparing the lunch for a Lunch Club for 8 – 10 older people. Further Day Services are provided in the form of woodwork and gardening, with one adult at a time, and in addition, overnight or weekend respite care is being provided to four adults with LD.

This service meets several of the needs described in the Charity's objects. The Trainees with LD gain useful skills and especially have an opportunity to provide a service for other people, giving them a sense of achievement and worth, something which is a rare opportunity for people with LD. In the Lunch Club the older people enjoy the opportunity for company, some good entertainment and a good freshly cooked meal. Older people, especially those targeted by this service, tend to live alone and have very few opportunities to meet others and have social interaction. Loneliness experienced by the elderly has been recognised as a significant factor. Our elderly guests also very rarely cook themselves fresh food, living in the main on purchased packaged and reheated food. This duality of service gives a significant added social benefit from a modest cost to the Social Services budget.

Specifically regarding the advancement of the Christian faith, from September 2016, ALFA CC has taken on the missionary support administration of the set of missionaries supported previously by the Fellowship of the King Christian Trust, (FoTK) who operate in a range of mission fields including Kenya, Colombia, Spain Vietnam and the UK. A substantial amount of money was passed over to ALFA CC by FoTK, and the set of regular donors who give to these missionaries also transferred their donations. All these monies are regarded as restricted funds, and are accounted for and identified separately from the operational costs of ALFA CC. The Fellowship of the King Trust closed during the 2019-20 financial year. In addition, ALFA CC runs a series of two or three meetings a year, where worship and Christian teaching is specifically focused for adults with learning difficulties, and allowing them to participate in leading roles.

The garden at Fulligrove House has been registered as a Quiet Garden with the Quiet Garden Movement, a charity that is Church based and focuses on gardens where individuals or groups can find the opportunity for retreat, spiritual contemplation and reflection. See www.quietgarden.org .

Introduction:

This report describes the activities of the Trust during the 2020-21 financial year, and is a part of the annual report to the Charity Commission. It describes the financial activities of the Trust and reports to donors on the use of the money entrusted to the charity.

2020 was a most unusual and challenging year as the Covid 19 pandemic ravaged the world. This had the immediate effect of stopping all the person focused activities of the trust for a period of time. All our trainees ceased attending and all our paid staff were put on Furlough. During Furlough, the charity received support from the government's Job Retention Scheme to the value of 80%, however the charity continued in faith to pay staff 100%. Once the immediate effects of the pandemic were better understood, and as the changing regulations allowed, the different services were phased back into action, this is covered in more detail in the sections on each service.

In addition, the home has been the base for respite for a total of four adults with LD and hospitality to people in the local community. This again had to be curtailed during the pandemic, but the house and garden were able to be used for some significant input for a smaller number of people.

Income and Expenditure 2020-21

Income:

The overall Income for the financial year 2020-21 was £65,591 accrued income once accruals at either end of the year are resolved. This is a small decrease of £2283 from the previous year's income, especially in the operational areas of ALFA CC – the services to adults with LD. Given the challenges faced in the year, this is a remarkable outcome, and is due to a couple of substantial donations that helped support the charity. The Job Retention Scheme was particularly useful, but we did start operations without trainees attending (or providing income) so still had staff costs. Bristol City Council took a long term view that they needed care providers to still be around and viable once the pandemic resolved, and did provide some support not based on activity.

The Sales figure in the accounts is very much lower at £10,029, compared with £15,699 of the previous year, and cash income similarly reduced. This reflects the loss of income through Covid.

Income with restricted purposes is a significant part of the overall income, with this being used to support missionaries abroad and in the UK, in pursuit of the Charitable object of advancing the Christian faith. Again as a result indirectly of the pandemic, donations with restricted purposes were very significantly increased, to £43585 from £38,175 in the previous year. Our linked missionary in Kenya started a campaign to bring food aid into the Kibera slums, where over 1 million people live, mostly on low paid casual labour roles, and were very vulnerable to unemployment and consequent starvation, as there was no government support to this sector. Food parcels were distributed to over 1500 families with children and usually one

adult trying to care for several children. Specific support for this programme was raised and funded through ALFA.

The other significant income streams were donations to the charity of £7434. The Charity has a number of regular donors giving on a monthly basis, as well as receiving occasional one off sums of greater value. This year we received two substantial one off donations. We are very grateful for the support given by these dedicated donors. A small element of rental income from the one lodger at Fulligrove house is noted.

Expenditure:

The expenditure of ALFA CC follows the pattern of the previous year, a total of £66,600 accrued expenditure. Wages show a significant increase of approx £1500, driven by a small annual cost of living increment, our paying the full 100% of wages during Furlough, and extending the time we operated over the summer instead of having the usual closure. This was viewed as a key time for the benefit of both our trainees and older lunch club guests, as little was otherwise happening for them, and isolation was a very significant issue.

The increase in the earmarked Missionary expenditure reflects the increase in giving to these missions. The bulk of this was sent to Swahiba Youth Networks ministries, (SYN) a charity in Kenya working with young people in the Kibera and other slums. This included a number of significant donations and funding for a particular appeal for shoes at Christmas time. Children who have never had shoes before are given a brand new pair in the context of a campaign that looks at their whole well-being and provides a meal as well as carrying the Christian gospel message of hope. The work of this ministry is transformative and long standing. This was continued as well as the food parcels during the pandemic.

A number of individual Christian missionaries are supported by ALFA CC, including missionaries and mission outreaches in Spain, Colombia and Vietnam as well as individuals in the UK ministering to overseas students and recruiting missionaries for service abroad. Gift Aid is added to these donations where supported by a gift aid declaration. As a policy, a calculation of the gift aid is added to the funds sent to missionaries at the time of the donation, and claimed back retrospectively by ALFA CC. Reserves are sufficient to allow this without problems.

We have 4 excellent dedicated and highly motivated staff, who find their roles rewarding. Staff do use their own cars to provide transport for both our trainees and guests, and are recompensed at a reasonable rate of 50p per mile.

The woodwork service is provided by Chris Morton, who is not paid for his services but works as a volunteer. This income has supported the gardening operation where we have not had a trainee for a significant proportion of the time.

Balance Sheet:

The balance sheet this year reflects a normal year, with no significant changes in the layout of capital, and no significant capital expenditure. The main asset

remaining the 30% share in the property Fulligrove House. Over the year house prices nationally were estimated to increase by approx 9%. This seems an inappropriate revaluation, as it could easily be subject to a reversal, so no actual revaluation was formally made.

The small amount of restricted fund remaining, is a legacy from the FoTK Charity, being a fund given specifically for needy people. We will liaise with the original donor to see if we can make good use of this fund during 21-22.

Analysis:

The overall picture is of a small deficit of £-1009 once accruals are considered. This year shows a small difference in the balance between our “Restricted giving” in support of missionaries in furthering the charitable objective of advancing the Christian Faith. This year we received £2705 more income related to the Missionary work than previous year, but £2900 less on our “Operational” services. This change in balance reflects the increased needs that were supported abroad – especially Kenya, and a reduction in activity here due to Covid 19.

The underlying business model is sound, and the services to Adults with LD are designed to be primarily covering costs, with wages covered by income from commissioners. We have had three service users for the gardening, but for various reasons they have not persisted. The woodwork has been more regularly supported and the income attributed to this has underwritten the cost of the gardener, as Chris Morton who teaches woodwork, does not receive a salary for doing so. The hospitality provided has a modest cost and receives small donations as well. Contributions to the cost of hospitality are made by ALFA to the household account based on the number of visitors and the estimated cost of the hospitality provided. The household operates a completely separate account from ALFA.

Residential Community Vision:

Fulligrove House is a 5 bed detached house, with a substantial garden of approx 1/3 acre, including a good sized vegetable patch, lawns and several mature trees. The garden allows the gardening service to function, and additionally it can be used as a quiet retreat area, thus contributing further to the ministry of the charity. The garden has joined the national network of “Quiet Gardens”, as a place for people to come and find peace and quiet in support of faith. During this year, we have had a long term guest who came in a time of need, and by just being part of a normal household and the community that is developing around it, has reached a much better place in life within himself.

The house has a large dining room and lounge which can be used for a variety of meetings and hospitality. We have one further permanent member of the household, beyond the Morton family (who co-own the property) who pays a rental contribution on top of living costs. One room is identified as suitable for respite care for adults with LD, and three individuals come regularly for respite through the Council's Shared Lives programme. One additional regular user well known to the household uses and enjoys this facility often combining both the woodwork programme and respite. One further room remains for guests.

Provision of Services:

ALFA CC provides three different forms of Day Services to adults with learning difficulties: The Training Lunch Club, woodwork, and gardening. The Lunch Club has been running for 7 years, and is an established service. Woodwork and the gardening service have both developed during the year. Fulligrove House allows the household community to offer respite for adults with LD, and this has been used by one service user, and we are part of the Council's "Shared Lives" programme, and we have 3 regular users referred by the council, and thus funded, currently using the respite offering. The venue of Fulligrove House has allowed the development of a ministry of hospitality with outreach into the wider community.

Lunch Club:

We have 4 adults with LD who attend as Service Users, they are provided with a full day's



activities, in a caring supportive environment, and they are trained in catering skills. In doing so, they prepare a 3 course meal for a group of older



guests, all of whom live alone and struggle to prepare fresh food for themselves. They tend to have poor diets and also suffer from loneliness. The Lunch Club gives them several hours of good company, with stimulating activities, and a well balanced nourishing freshly prepared meal for a nominal cost. Transport is also provided where necessary. The Lunch Club employs two carer / trainer staff, who lead the cooking and who have both been with the service from the beginning. We also have a facilitator employed, who transports the guests who need it, and organises the activities they do prior to lunch.

The Covid 19 pandemic brought some specific challenges. We ceased all operations for about 3 months, then as the risks lowered and regulations permitted, we started providing a "Meals on Wheels" service. The staff would prepare the food at home, meet only to package it up and distribute it to the regular guests and our service users. This was very highly valued! As the risks lessened, we were able to



start first cooking at the kitchen and slowly bring trainees back into receiving a service, whilst continuing with the meals on wheels. It was not until the summer of 2021 that guests were able to return and only in September 21 did we get all the trainees back.

Woodwork.



The woodwork service is enabled by a reasonable sized workshop adjacent to the house at Fulligrove, and one service user attends regularly. The aim is to teach woodworking skills, and to provide care with the opportunity to do something useful and creative, with a focus towards other people. A good number of the woodwork projects undertaken have been commissioned by other people. Several of the projects were initiated by the service user or his family to meet specific needs. After some negotiations, the service was listed among those on the Council's framework contract. Staffing of the service is by Chris Morton, who is not paid for the time he gives. The income stream from this service has so far been able to underwrite the gardening service as we do not yet have regular service users but do have regular costs.



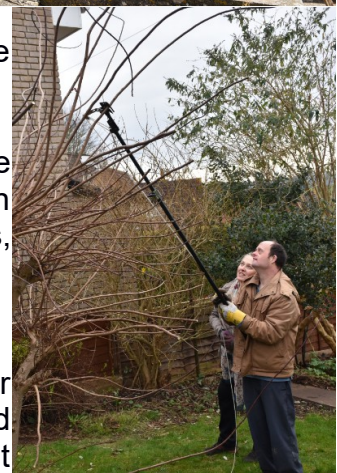
Gardening.

Fulligrove house has a substantial garden, with lawns, fruit trees, flower beds and a sizeable vegetable patch. Part of the vision has been to offer gardening as a Day Service opportunity to adults with LD.

We had only one service user for gardening for the most of 2020-21. Our gardener/trainer is very gifted in teaching and enjoys being able to work with trainees. During lockdown this obviously was not possible, then as it eased, the service user who comes for woodwork, started attending to do gardening as well. We plan to start doing Garden Art in 2022, as a means of bringing more people into the garden.



In addition to growing fruit and vegetables and managing the various plants a pump has been fitted in the well which provides a source of water, powered from the solar panels, for watering the garden.



Quiet Garden

Separate spaces in the garden have been created and/or provisioned with teak furniture purchased from gifts received in memory of family who passed away. There are now eight permanent places for individuals or a few people to sit for quiet reflection and chairs can be placed in other spaces. The pandemic has

similarly stopped any potential group activities in the quiet garden, but we are hoping to develop this further.



Hospitality and events.

During the lockdown, the outside nature of the garden made it possible to offer some

hospitality and the opportunity for rare interaction for a small number of our close neighbours.

Elderly neighbours regularly come for Sunday lunch and a group of Christians who live in the area have met over lunch or refreshments here to discuss how to further develop outreach in the community and to pray. No charge is made for any of these events but donations are often received.

During the year there were 512 “people/visits” to Fulligrove House and/or garden for hospitality.

Respite Care.

Fulligrove House has one room that is suitable for the provision of Respite Care, and one individual so far has made use of this and is now a regular visitor. We are now established as a “Shared Lives” provider with the City Council, and we have 3 service users who come for respite. Income for this goes directly to the Mortons, who subsequently pass some of this to the household account to cover food costs etc, and the remainder to ALFA.

Financial Controls:

This year of the Charity's life has seen a reasonably stable picture despite the pandemic, with an established business model. We had a cash income stream of approx £800, as well as payments by the Bristol City Council and trainees who hold their own budgets through the Council's Direct Payment scheme. The Operational Manager takes personal responsibility for ensuring all transactions, both cash and the bank account, are recorded and reconciled. Cash is now managed more effectively with both a paper and computer based system, and a feed into the main ledger, with regular reconciliations.

Regulatory Developments:

No new regulatory developments have occurred this year that impact the Charity. The GDPR regulations are now embedded in our normal practice.

Fraud:

The Company / Charity is confident that it has not been subject to any fraud during the financial year.

Public Benefit:

The Charities Act gives a legal definition of the meaning of the term 'charity'.

Part of that definition says that for an organisation to be a 'charity' it must have only 'charitable purposes'.

A charity's 'purposes' are what it is set up to achieve, and are described in its charitable objects. The charitable objects of ALFA CC are:

- To relieve those in need by reason of youth, age, ill health, disability, (especially but not exclusively those with learning disabilities), financial hardship, and
- To advance the Christian Faith.

Part of the Charities Act definition of a 'charitable purpose' says that it must be 'for the public benefit'. The Charities Act calls this the 'public benefit requirement'. The Public Benefit requirement has to meet the test of being a benefit, which the law expects purposes of the Charity to be beneficial, and any detriment or harm must not outweigh the benefit. The purposes of the Charity must benefit the "public in general, or a significant section of the public, and not give rise to more than an incidental personal benefit.

The Equality Act permits charities to benefit people defined by reference to a 'protected characteristic', provided the restriction of benefits to people having that characteristic is justified in relation to the purpose. ALFA CC specifically aims through its current service provision to serve two groups with protected characteristics, particularly the disabled, especially those with learning disabilities, and elderly.

ALFA CC aims to meet needs of these two groups of people. People with learning difficulty are rarely in a position to have a fulfilling role or job, and the Training Lunch Club aims to teach skills that are useful at home, but principally to give the trainees an opportunity to do things for other people, and have the satisfaction of achievement and being appreciated for what they can do and have done, rather than the norm they experience of just receiving care themselves. The woodworking training provides this also with the majority of the items produced benefiting other people. The section above on Services Provided gives more detail of the specific benefits to members of the public, and to the groups with needs upon which the charity has a focus.

The Trustees believe that ALFA CC provides a genuine public benefit to a number of individuals with needs at a very reasonable cost, the Lunch Club in particular bringing a "double benefit" to a wider group of people from a very small amount of public resource, supported by charitable giving.

The charitable object of advancing the Christian faith is also met through providing the services in a Christian context and place, giving staff the opportunity to share their faith in an appropriate manner to the context, and through celebration meetings held on a regular basis for everyone involved. Unfortunately due to the Covid risk, we were not able to hold celebration meetings this year, but will resume once the pandemic recedes. Regular prayer and informal worship which is open to all, take place at Fulligrove House. The function of supporting Christian missionaries in the UK and abroad, also fulfils this charitable object and also provides further public benefit, as does the offer of the garden as a quiet space for prayer and reflection.

As a service provider on contract to the Bristol City Council, it would not be appropriate to use the service provision as an opportunity to actively proselytize the Christian faith as it is open to people of every and no faith, however simply meeting the needs of two groups of people with particular needs, is in itself a satisfactory witness.

Developments beyond the year end.

In March 2020 the Coronavirus pandemic hit the country, which has had an impact on the Charity. The biggest impact was felt during 2020, but once vaccines were available from January 2021, progress was possible back towards a degree of normality. Full service though with restrictions and precautions were possible only from September 2021.

Statement of Trustees Responsibilities:

In accordance with Charity Law, the trustees are responsible for preparing statements of accounts for each financial year.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the statutory regulations relating to charities. The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on authorisation of the Trustees

A handwritten signature in black ink, appearing to read 'C. Morton', is centered within a light grey rectangular box.

Mr C . Morton

Date: 28th December 2021

Treasurer. / Operational Manager.

Income and Expenditure:

On the advice of our External Examiner, we are presenting accounts in an accrued format and including the Charity Commission's Statement of Financial Affairs (SOFA) directly in our annual report. These follow and include the balance sheet.

Abundant Life For All Christian Community Presentation Accounts, 2020-21

	2020-21		2019-20	Movement
Income				
Cash Income	£855.35		£1,431.00	-£575.65
Sales: BCC & Direct Payments	£10,029.50		£15,699.51	-£5,670.01
Donations	£7,434.46		£9,380.87	-£1,946.41
Bank interest	£0.00		£59.48	-£59.48
Miscellaneous incl Grants & JRS	£3,086.76		£0.00	£3,086.76
Restricted Missionary Giving O&A	£43,585.19		£38,175.07	£5,410.12
Restricted Ex FoTK Gen Missionary Fund	£0.00		£2,228.25	-£2,228.25
Fulligrove House Rent income	£600.00		£900.00	-£300.00
Gross Income:	£65,591.26		£67,874.18	-£2,282.92
Overall total:	£65,591.26		£67,874.18	-£2,282.92
Expenditure				
Premises	£1,350.00		£60.00	£1,290.00
Wages	£14,524.32		£13,049.77	£1,474.55
Consumables	£2,739.36		£2,541.85	£197.51
Insurance	£2,109.86		£2,103.77	£6.09
Admin Expenses	£667.40		£672.00	-£4.60
Travel Expenses	£190.00		£951.00	-£761.00
Uniforms, Equipment	£837.93		£3,190.73	-£2,352.80
Miscellaneous incl Capital invest in Premises	£0.00		£0.00	£0.00
Bank fees			£48.00	-£48.00
Restricted Missionary Giving O&A	£44,071.14		£39,491.25	£4,579.89
Restricted Ex FoTK Gen Missionary Fund	£0.00		£4,213.58	-£4,213.58
Expenditure	£66,490.01		£66,321.95	£168.06
Income Less Expenditure:	-£898.75		£1,552.23	-£2,450.98
Property Purchase (Capital)	£0.00		£0.00	
Total Expenditure Incl Capital:	£66,490.01		£66,321.95	£168.06
Total movement of funds:	-£898.75		£1,552.23	-£2,450.98

Bank Balances and Accrual.

Accruals - Forths	-110.00	hospitality	-1098.50	£988.50
		Etloe rent	-325.00	
		Gift Aid	942.50	
	-110.00		-481.00	
prev yr n/a because eliminated		previous year	-1833.56	
	-110.00		-2314.56	
Deficit after accruals	-£1,008.75		-£814.09	-£194.66

Bank Balances:		Cash Balance	Total Balance
6th April 2020	£32,060.69	£188.58	£32,249.27
5th April 2021	£30,567.44	£302.08	£30,869.52
	-£1,493.25	£113.50	-£1,379.75
			£371.00
			-£1,008.75

Balance Sheet:

At 5th April 2020 represent the fully accrued accounts.

	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash</i>	
Restricted funds *	£196,806.00	£1,000.00	£197,806.00
Unrestricted funds	£0.00	£30,768.27	£30,768.27
Total	£196,806.00	£31,768.27	£228,574.27
<i>Movement:</i>			£228,574.27

At 5th April 2021

	Tangible	Other net	
	fixed assets	assets	Total
	<i>Property</i>	<i>Bank & Cash</i>	
Restricted funds *	£196,806.00	£250.00	£197,056.00
Unrestricted funds	£0.00	£30,509.52	£30,509.52
Total	£196,806.00	£30,759.52	£227,565.52
<i>Movement:</i>	£0.00	-£1,008.75	-£1,008.75

Note:

* Restricted fund in the bank is an inherited fund identified specifically for individuals in need. In year £750 was used to support the shoes initiative in Kenya.

The following two pages contain the Charity Commission Statement of Financial Activity. (SOFA) Parts A and B.



Abundant Life For All Christian Community		Charity No (if any)	1149610
Annual accounts for the period			
Period start date	6/4/20 00:00	To	Period end date 5/4/21 00:00

Section A Statement of financial activities Section A

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	7565	43585	-	51150	49784
Charitable activities	S02		-	-	-	16239
Other trading activities	S03	10754	-	-	10754	-
Investments	S04	600	-	-	600	900
Separate material item of income	S05	-	-	-	-	-
Other (JRS)	S06	3087	-	-	3087	60
Total	S07	22006	43585	-	65591	66983
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	22419	44181	-	66600	67797
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	22419	44181	-	66600	67797
Net income/(expenditure) before investment gains/(losses)	S13	-413	-596	-	-1009	-814
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure) Extraordinary items	S15	-413	-596	-	-1009	-814
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	-413	-596	-	-1009	-814
Reconciliation of funds:						
Total funds brought forward	S21			-	228574	229388
Total funds carried forward	S22			-	227565	228574

Section B

Balance sheet

		Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	196806	-	196806	196806
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	196806	-	196806	196806
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	942
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	30619	250	-	30869	32249
Total current assets		B10	30619	250	-	30869	33191
Creditors: amounts falling due within one year	(Note 20)	B11	-	110	-	110	1423
Net current assets/(liabilities)		B12	30619	140	-	30759	31768
Total assets less current liabilities		B13	30619	196946	-	227565	228574
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	30619	196946	-	227565	228574
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	196946	-	196946	197806
Unrestricted funds		B19	30619	-	-	30619	30768
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	30619	196946	-	227565	228574

SOFA Part B.

Independent Examiners Report: Scanned Copy.

ABUNDANT LIFE FOR ALL CHRISTIAN COMMUNITY LIMITED INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 5 APRIL 2021

I report to the charity trustees on the Financial Statements of the Company for the year ended 5 April 2021, which are set out on pages to

Respective responsibilities of trustees and examiner

The Trustees are responsible for the preparation of the Financial Statements. The Charity's Trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the Financial Statements (under section 145 of the 2011 Act);
 - to follow the procedures laid down in the General Directions given by the Charity Commissioner (under section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report:

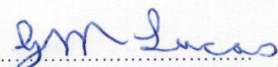
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

The charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) published on 16 July 2014.

Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with s.130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and the regulations made there under,have not been met;
- or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Geoffrey Malcolm Lucas FCA
Lucas Financial Management Limited
Trumpers Cottage, Breakspear Road North
Harefield, Middlesex, UB9 6NE

31 December 2021