



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	January	2023		31	December	2023

Section A Reference and administration details

Charity name

The Arctic One Foundation

Other names charity is known by

Arctic One

Registered charity number (if any)

1149536

Charity's principal address

15 Eunice Grove

Chesham

Postcode

HP51RL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Kirby			
2	Rebecca Stubbings			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Existing Trustee members

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of community participation in healthy recreation in Particular by the provision of facilities for the playing of individual and team sports in particular swimming, cycling and running.

The promotion of participation by people with a mental and physical disability in healthy recreation in particular by the provision of facilities for the play of individual and team sports.

To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability or financial hardship of social circumstances with the object of

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

improving their conditions of life. To Promote and project the physical and mental health of sufferers of cancer related diseases through the provision of facilities, financial assistance, support, education and practical advice. To assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness by the provision of facilities for work and recreation.
Through sporting events, individual donations and individual challenges Arctic One will raise money to carry out our objectives. Arctic one will support the funding of new resources including the building of new facilities, the provision of equipment and the running of local sports clubs to enable individuals and teams to become involved in new sports and challenges irrespective of youth, age, infirmity, disability or financial hardship of social circumstances. Support the investment into new technology, to enable those with a physical or mental disability to have improved access into individual and team sports and recreational activities. This will include developing access into existing technology relating to equipment to enhance sporting mobility. Provide training, specialist knowledge and advice for those within the community to enable them access to playing of individual and team sports in particular swimming, cycling and running. This will include coaches, courses and events which are accessible by local clubs and individuals for both able and disabled members of the community. Work with other established charities to support the provision of sport for all. Provide financial support, facilities and advice to sufferers of cancer related diseases and associated family and friends who are in need of rehabilitation as a result of such illness to enable them to resume a normal life and introduce them to the benefits of sport and recreational activities. Provide financial support in the form of grants and donations to local hospices to enable them to provide treatment and care of persons suffering from mental or physical illness of any description, in particular for those who are suffering from cancer related diseases. Provide financial support, facilities and advice for those suffering from mental or physical illness of any description or in need of rehabilitation through specialist expertise and resources. Enhance the knowledge of the general public of cancer related diseases through educational campaigns. Work with and co-operate with other related charities to support the development of treatment and cures of cancer related diseases through the use of grants and external knowledge. Work with and co-operate with other related charities to assist in the treatment and care of persons suffering from mental or physical illness of any description or in need of rehabilitation as a result of such illness through the use of grants and external knowledge.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

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Achievements and performance

Summary of the main achievements of the charity during the year

Fundraised and gave grants to approximately 39 recipients. The grant process was overhauled making the application documents electronic and requiring a receipt once the grant had been paid to ensure a better paper trail.

Ran the Tri and Para Tri festival for the 9th year. The entrants for 2023 was significantly lower than previous years which could be attributed to the change of date.

Successfully held a tri day introducing beginners to the sport of triathlon

Section E Financial review

Brief statement of the charity's policy on reserves	Reserves will be allocated to projects in the next year
Details of any funds materially in deficit	

Further financial review details (Optional information)

You may choose to include additional information, where relevant about: - the charity's principal sources of funds (including any fundraising); - how expenditure has supported the key objectives of the charity; - investment policy and objectives including any ethical investment policy adopted.	
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Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Matthew Kirby	Rebecca Stubbings
Full name(s)	Matthew Kirby	Rebecca Stubbings
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	28/10/2023	

Arctic One Annual Accounts
1st January 2023 -31st December 2023

Arctic One		£	£	£
Donations		£41,567.41		
Total Income		£41,567.41		
Admin - Kit and Event costs			£561.80	
Grants to Approved beneficiaries			£25,401.93	
Transfer to Arctic One Events for two Para Events			£27,500.00	
Total Expenditure			£53,463.73	
				-£11,896.32
Balance b/f on 01/01/2023	£32,849.48			
Total Income	£41,567.41			
Total Expense	£53,463.73			
Balance at 31/12/2023	£20,953.16			

Arctic One Events		£	£	£
Income from Events		£6,313.83		
Transfer from Arctic One Events for two Para Events		£27,500.00		
Donations		£165.05		
Total Income		£33,978.88		
Event - Tri and Para Tri Festival			£17,407.43	
Event - Junior Para Triathlon			£967.96	
Event Costs and Equipment (inc. clothing/merchandise, Insurance, Consultancy)			£10,258.88	
Admin costs (stationary, Postage, marketing, bankcharges, Storage)			£2,781.84	
Entry Refunds			£63.78	
Total Expenditure			£31,479.89	
				£2,498.99
Balance b/f on 01/01/2023	£196.13			
Total Income	£33,978.88			
Total Expense	£31,479.89			
Balance at 31/12/2023	£2,695.12			

Subject: Arctic One Accounts 2023

Dear Bex and Matt

I have now reviewed the Arctic One and Arctic One Events accounts for 2023 and can confirm that all income and expenditure is posted correctly. I am pleased that the decision has been made to introduce a new accounting package (Quickbooks). This provides improved record keeping and data analysis. The new grant application form is also a very good addition to the audit evidence. I have found no material misstatements or omissions and I am confident that the accounts represent a fair and reliable assessment of Arctic One's financial transactions.

Yours faithfully

David Walker ACMA, CGMA