

ESCAPE INTERVENTION SERVICES LTD

England & Wales · Charity number 1149516

Details

Status	Registered
Legal form	Charitable company
Company number	05366111
Registered	2012-10-29
Register	View on the Charity Commission register

Contact

Address	3 Waverley South Shields NE33 1LE
Phone	01914276353
Email	info@escapeintervention.org.uk
Website	www.escapeintervention.org.uk

Activities

Objects: A)TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF YOUNG PEOPLE AND THEIR PARENTS IN SOUTH TYNESIDE THROUGH THE PROVISION OF ADVICE, COUNSELLING AND PRACTICAL SUPPORT.B)TO ACT AS A RESOURCE FOR YOUNG PEOPLE LIVING IN SOUTH TYNESIDE BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(I) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS; (II) ADVANCING EDUCATION; (III) RELIEVING UNEMPLOYMENT;(IV) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: Escape Intervention Services provides counselling, complementary therapies, anger/stress management, family mediation and activities for young people aged 4-25 years and their parents/carers in South Tyneside.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- South Tyneside

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£224,860	£208,051	-	-
2024-02-29	£175,742	£201,163	-	-
2023-02-28	£202,498	£163,064	-	-
2022-02-28	£95,665	£145,437	-	-
2021-02-28	£193,326	£151,912	-	-

Trustees

Name	Role	Appointed
PHILIP COX	Chair	2012-04-12
ANGELA JANE JONES		2012-04-12
CHRISTINE RUSHTON		2012-04-12
MALCOLM PAYNE		2012-04-12
NICOLA GINA CRAMER		2012-04-12

ESCAPE INTERVENTION SERVICES LTD

England & Wales - Charity number 1149516

Accounts

**ESCAPE INTERVENTION SERVICES LTD.
DIRECTORS' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2025**

Escape Intervention Services Ltd.
Contents

	Page
Company Information	1
Directors' Report	2
Trustees' Annual Report	3
Accountant's Report	7
Income and Expenditure Account	8
Balance Sheet	9
Notes to the Financial Statements	10-12

The following pages do not form part of the statutory accounts:

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2025**

Directors

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Registered Office

3 Waverley
Market Dock
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Hebburn
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Directors' Report For The Year Ended 28 February 2025

The directors present their report and the financial statements for the year ended 28 February 2025.

Directors

The trustees who held office during the year were as follows:

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board



Mr Philip Cox
Director
22/07/2025

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT
YEAR ENDED 28 FEBRUARY 2025**

This year we achieved our aims by delivering the following services:

- **Counselling**
- **Personal development through outdoor/creative activities**
- **Volunteering opportunities**
- **Sessional staff opportunities**
- **Complementary therapies**
- **Donations of clothing, household items, feminine hygiene products, toiletries, cleaning products etc**

Our services complement both Local and National Government Strategic plans and priorities, and we participate in local forums and working parties that contribute to aligning the development of future services with the needs of local children, young people, and families.

Achievement and Performance:

- We continued to provide face-to-face sessions for counselling, having received 312 referrals this year.
- We worked within Public Health priorities outlined in the Mental Health Transformation Plan to deliver both short-term and long-term counselling dependent on the issues and traumatic experiences of clients, by delivering 3150 counselling sessions throughout the year, which included 900 being delivered in schools. Our full-time Counsellor and sessional Counsellors/Psychotherapists were funded through the generous donations from National Lottery Community Fund, Awards for All, William Leech Charity and the Magdalen Hospital Trust.
- We carried out 301 assessments for counselling/psychotherapy.
- We have worked with 16 qualified Sessional Counsellors/Psychotherapists and 2 trainee Counsellors/Psychotherapists, who have contributed to the success of our counselling provision, which has seen clients progress and address their mental health issues, including bereavement/loss and adverse childhood experiences.
- We have worked with approximately 400 young people through our activity programmes, as we have returned to normal delivery levels. These outdoor and creative activities include:
 - kayaking, surfing, paddle boarding
 - ghyll-scrambling in the Lake District
 - cycling repair and maintenance sessions, and expeditions
 - bowling, quasar laser fun activities
 - art/creative groups for young women and young men
 - climbing sessions at Simonside Climbing Wall
 - boxing sessions at Harton & Westoe Boxing Club
 - fishing on the River Tyne
 - family events
 - weekend residential experiences at Mounthooly in Northumberland, Whithaugh Park in the Borders, Dalby Forest in Yorkshire (skiing/snowboarding), and the Ocean Youth Trust training vessel James Cook. The Youth Hostel Association donated a free weekend for families in their accommodation at Buttermere, so 40 people attended and this was a huge success which is going to be repeated each year.

These activities have been made possible by funding from The Hedley Foundation, Cleadon Rotary Club, Know Your Neighbourhood Fund and Sport England.

- We have utilised 8 Sessional Activity Workers throughout the year to support delivery of activities and enhance the life chances and experiences of young people attached to our service.
- We continued to work in complementary partnership with other statutory and voluntary organisations to enhance the South Tyneside offer that supports children, young people, and families, including kinship carers, to become physically, mentally, emotionally, and psychologically healthier. These organisations include: CREST, Key (homelessness), Matrix, Women's Aid (Refuge), Lifecycle, Children and Young People's Service (CYPs), WAVES, Auxilia Youth, schools, GP practices, Humankind, Leaving Care, Changing Lives, Liaison and Diversion Team, Social Workers, Early Help Team, Young Carers, Families First, Youth Justice Service, Impact Family Services and Health Visitors, Tyneside Outdoors etc.

- We reviewed our Policies and Procedures in line with Local Authority recommendations.
- Our Volunteer Complementary Therapist delivered 191 therapy sessions to reduce anxiety, depression, and stress, together with promoting positive physical health benefits of regular massage etc.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2025**

Provision:

The Service Manager oversees every aspect of service delivery and its development.

Counselling:

We have offered a range of therapies including Cognitive Behavioural Therapy (CBT), Psychotherapy, Play Therapy, Person-Centred Therapy, and Integrative Therapy as a direct response to the diverse range of presenting issues.

We received 312 referrals for counselling and assessments were carried out to ascertain suitability for our interventions. All cases were deemed suitable, and clients were then put onto our allocation list, which is impacted by the fact that we do not deliver time-limited interventions due to the complexity of the trauma experienced by children, young people and adults accessing our services.

- ❖ 18 Counsellors/Psychotherapists have delivered sessions at our office base and in schools.
- ❖ Funding from the Awards for All, National Lottery Community Fund, Know Your Neighbourhood Fund, The Magdalen Hospital Trust, The Postcode Neighbourhood Trust and William Leech Charity have enabled us to remunerate 16 Qualified Sessional Counsellors and Psychotherapists for their professional delivery of counselling and reimburse travel expenses for two trainees.
- ❖ All Counsellors and Psychotherapists receive external monthly Clinical Supervision in line with BACP and UKCP guidelines.
- ❖ 301 assessments for mental health support were carried out.
- ❖ 3150 sessions of counselling were delivered.
- ❖ 280 clients aged 4-25years and their parents/carers received counselling.
- ❖ We currently have 65 clients on our waiting list.

Complementary Therapies:

These are delivered by our qualified Therapist who offers six free sessions to young people and adults associated with our service, which include:

- ❖ Aromatherapy massage
- ❖ Hand, arm and back massage
- ❖ Indian head massage
- ❖ Hot stones massage
- ❖ Reflexology
- ❖ Crystal healing
- ❖ Reiki

191 sessions were delivered to 40 clients to alleviate symptoms of anxiety, depression, stress, and physical ailments impacting on their health and wellbeing.

Activity Programmes:

We have delivered a range of outdoor, adventurous, and creative activities since employing our dedicated Activity Co-ordinator through National Lottery Community funding. She has been instrumental in adopting our holistic approach to the health and wellbeing of local youth by supporting them directly and indirectly through liaising with their parents/carers so we are kept aware of any additional challenges they may experience that is impacting on their lives. We have been mindful of the increased anxieties felt by young people aged 11-18 years, many of whom have become accustomed to being socially isolated and reticent about socialising with others, including at school. We are hopeful that the coming year will enable us to deliver more activities to complement our counselling provision and benefit our community by encouraging young people to become more active, through a range of grants, including Sport England, who have supported our work for several years.

We continue to struggle to recruit Sessional Youth Workers; however, several of our young people have now become Volunteers, which is beneficial for them and our organisation. Our pool of Sessional Activity Workers and Volunteers have been instrumental in enabling us to deliver high quality, adventurous and creative pursuits.

We have delivered the following:

- ❖ 400 young people have participated in a programme of activities including:
- ❖ kayaking, surfing, paddle boarding
- ❖ ghyll-scrambling in the Lake District
- ❖ cycling repair and maintenance sessions, and expeditions
- ❖ bowling, quasar laser fun activities

- ❖ art/creative writing group for young women
- ❖ weekend residential experiences at Mounthooly in Northumberland, Whithaugh Park in the Borders, Dalby Forest in Yorkshire, Buttermere in the Lake District, and the Ocean Youth Trust training vessel James Cook
- ❖ 3 x arts and crafts 10-week programmes
- ❖ 4 x 10 week climbing sessions
- ❖ 4 x 10 week boxing sessions

These activities have been made possible by funding from National Lottery Know Your Neighbourhood Fund, The Hedley Foundation, Cleadon Rotary Club, and Sport England. We have delivered 180 evening activities, 47 full-day activities and 5 residential experiences during this fiscal year.

Resilience Programmes:

We have delivered resilience sessions at our office base to groups of young people as these are instrumental in assisting young people to increase their resilience and face life's challenges. Individual sessions are incorporated into counselling provision too.

Family Mediation:

The Service Manager has delivered several mediation sessions between young people and their parents to help build positive relationships within families and increase community cohesion.

Steering Group:

We have continued to work with our Steering Group of 15 young people to plan, organise, budget for, and evaluate our activity programmes. They have enjoyed meeting fortnightly as social evenings have been arranged and they have also participated in activities they have organised for their peers.

Feedback from clients and participants:

We continue to collate feedback from our counselling clients, parents/carers and participants of our activity programmes to appreciate the impact of our interventions and to understand where, if necessary, any amendments or additions are required to fully address the diverse needs of those individuals accessing our services.

Examples of feedback are as follows:

What has your overall experience been like with Escape?

'Meeting new friends and learning new skills. Trying something new and sharing my experience with others.'

'Overall experience has been amazing, helped massively with bonding with my son.'

'Honestly just amazing. Everyone is so friendly, welcoming, non-judgmental, helpful and very professional.'

The opportunities that escape have given both myself and more so my son is unexplainable. The friendships we have both made thanks to escape are lifelong.

I honestly do not know where my son and I would be without them, both mentally, physically and within our relationship.'

'Our overall experience has been excellent. Communication is always great. Elisha is very good with the kids and is always very friendly and approachable. There has been a good variety of activities that my kids have been involved with and it has given them a chance to try some activities they've never done before – my daughter tried mountain biking, but she wouldn't do it again, but she still gave it a go. Both my kids have SEND and they have been able to join in on all activities and felt included.'

What has been the biggest difference you have seen in your child since being involved with Escape?

'Positive behaviour changes. More courage and bravery. More self-respect and becoming healthier and focusing more on their self-image.'

'Big confidence boost and day to day life and behaviour changes.'

'Since joining Escape my son has grown so much in confidence, maturity, he's trying things he never would do normally. He's starting to recognise his own triggers and emotions a lot more than he used to.'

At one point my son wouldn't let me be out of his sight. Now he goes and waves me off and doesn't even look back

Escape have brought my son on leaps and bounds with all of the activities, counselling and friendships he has made. As cheesy as it sounds, but escape has become more of an extended family to me and my son rather than just a 'service'. Honestly can't thank everyone at escape for everything they do.'

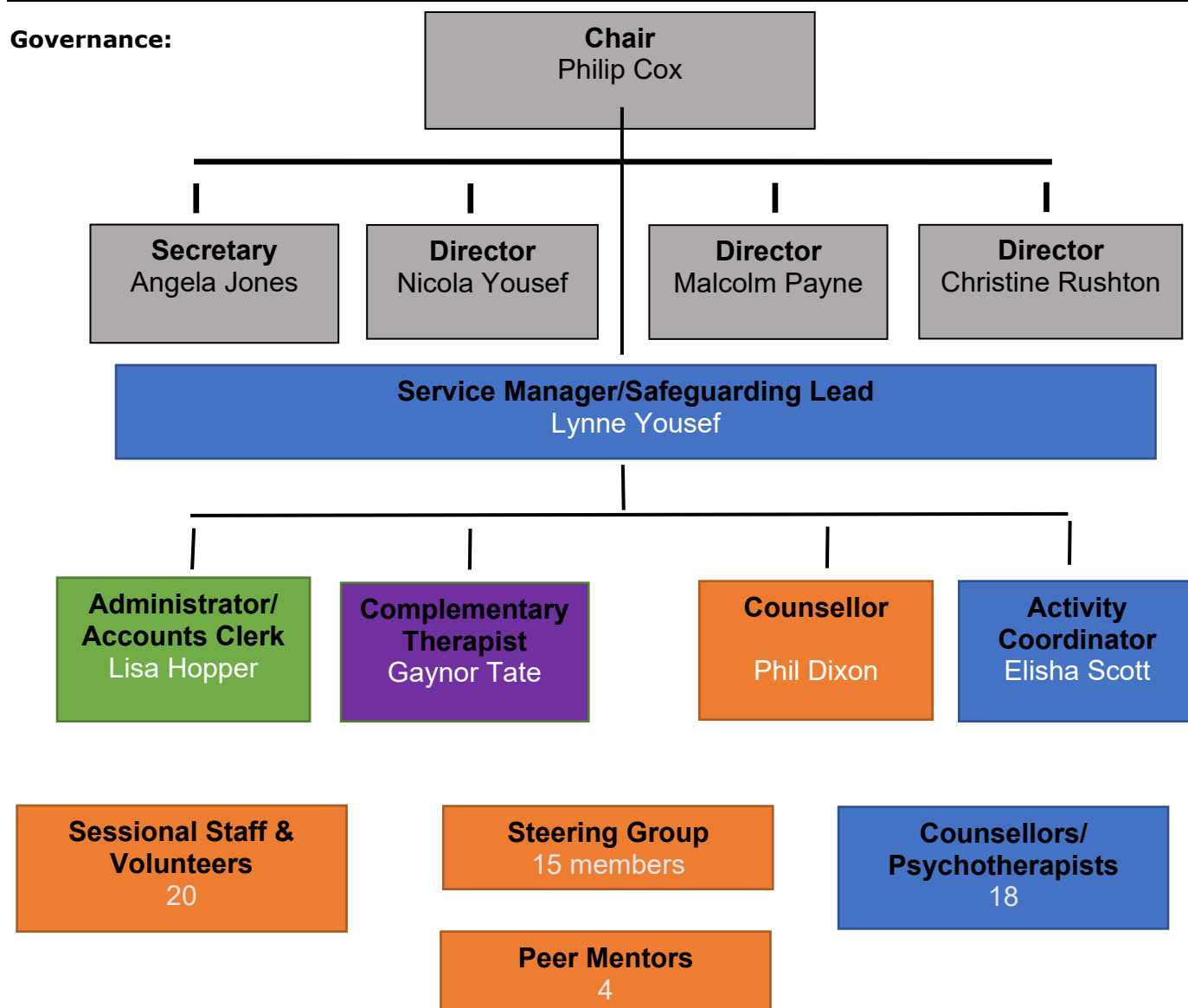
'My daughter is quite quiet, shy and struggled with friendships. Attending activities has given her the opportunity to meet more girls of a similar age and she is starting to build new friendships which is huge for her.'

My son is on the younger side of the age range but has attended some activities both with and without his sister. Attending the activities without his sister has helped him to gain confidence and feel included in a group of kids without his sister being there.

As parents we really do appreciate this service.'

ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2025

Governance:



External 1-1 Clinical Supervision

Escape Intervention Services Ltd is an organisational member of the British Association of Counsellors and Psychotherapists (BACP) and individuals are also members of the United Kingdom Council for Psychotherapy.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2025**

Team working:

Escape Intervention Services has a strong team working ethic, which is understood by all Committee Members, staff, sessional staff, volunteers and young people who form part of our Steering Group. Everyone associated with Escape recognises the family values on which Escape has developed and flourished, with all team members being informed of developments, training opportunities and plans for the future.

Due to the nature of our team structure, it is difficult to get everyone together at one time as most of our volunteers and sessional staff work full-time and have their own commitments. We communicate regularly with them through email and keep them abreast of changes or new items to consider. We also have an annual celebration to which everyone is invited, to thank everyone for their commitment and support of our services.

Our celebration event this year was held on Sunday 1 September 2024 at South Shields Football Club, who have become one of our supporters, having given us use of their marquee for free. This event was officially opened by the Mayoress of South Tyneside, Mrs Stella Matthewson, and the Deputy Mayoress, Councillor Audrey Huntley. It was a very successful event attended by almost 200 people and we were entertained by young musicians, Platonic, who were an inspiration to the young people in attendance as they have become very popular on the local music scene due to their talents. This event raised £1,900 towards our core costs and demonstrates the generosity of families associated with our charity.

Plans for the future:

1. We intend to maintain current levels of delivery by identifying and applying for funding through grants and contracts that may be relevant to developing our services.
2. We aim to increase our activity programmes to work with more young people and improve their life chances by engaging them in pursuits they would not normally have access to due to the financial constraints of their families.
3. We shall remain responsive to demand and consider Saturday opening, if and when required, for those who cannot attend our evening sessions which usually end at 8.00pm.
4. We have discussed our future plans to build a purpose-built therapeutic centre with the Chief Planning Officer at the Planning Department of the Local Authority, who is receptive to the idea of a community asset. Discussions are ongoing.
5. We will ensure that policies and procedures are kept up to date and that Governance is conducted professionally.
6. We will continue to contribute to the Local and National Plans and invest in our relationships with partner agencies to ensure young people and families grow and thrive.
7. We are developing a Succession Plan in preparation for the retirement of the Service Manager and to mitigate against any unforeseen changes in the Chair and Trustees' roles.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2025**

The main financial contributors to assisting us to sustain our charity this year are as follows:

Awards for All
National Lottery Community Fund
National Lottery Know Your Neighbourhood Fund
William Leech Charity
Sport England
Bernard Sunley – pledged
Sir James Knott
Albert Hunt Trust
Ballinger Charitable Trust
Barbour Foundation
Hedley Foundation
Cleadow Rotary Club
The Joicey Trust
Garfield Weston Foundation
Coalfields Regeneration Trust
Asda Foundation
Postcode Neighbourhood Trust
Healthier Together Champions Fund
Rothley Trust
Trusthouse Charitable Foundation
Magdalen Hospital Trust

Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2025

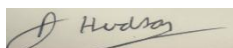
In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2024 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed



22/07/25

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Hebburn
NE32 5JA

**Escape Intervention Services Ltd.
Income and Expenditure Account
For The Year Ended 28 February 2025**

Notes	Restricted Funds 2025	Unrestricted Funds 2025	Total Funds 2025
Income From:			
Donations	120,682	104,178	224,860
Total Income	<u>120,682</u>	<u>104,178</u>	<u>224,860</u>
Expenditure on: Program Delivery	148,376	59,675	208,051
Total Expenditure	<u>148,376</u>	<u>59,675</u>	<u>208,051</u>
Operating (Deficit)/Surplus	(27,694)	44,503	16,809
Tax on surplus		99	99
Net movement in Funds	<u>(27,694)</u>	<u>44,602</u>	<u>16,908</u>
Reconciliation of Funds			
Total funds brought forward	70,724	-25,051	45,673
Net movement in funds	(27,694)	44,602	16,908
Total funds carried forward	<u>43,030</u>	<u>19,551</u>	<u>62,581</u>

The statement of financial activities includes all gains and losses recognised in the year

Escape Intervention Services Ltd.
Balance Sheet
As At 28 February 2025

		2025		2024	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		5,318		5,841
			5,318		5,841
CURRENT ASSETS					
Debtors	5	100		-	
Cash at bank and in hand		64,689		47,256	
		64,789		47,256	
Creditors: Amounts Falling Due Within One Year	6	(6,516)		(6,314)	
NET CURRENT ASSETS (LIABILITIES)			58,273		40,942
TOTAL ASSETS LESS CURRENT LIABILITIES			63,591		46,783
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(1,010)		(1,110)
NET ASSETS			62,581		45,673
Income and Expenditure Account			62,581		45,673
MEMBERS' FUNDS			62,581		45,673

For the year ending 28 February 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

PCox

Mr Philip Cox
Director

22/07/2025

The notes on page 7 form part of these financial statements.

**Escape Intervention Services Ltd.
Notes to the Financial Statements
For The Year Ended 28 February 2025**

1. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111. The registered office is 3 Waverley, Market Dock, South Shields, Tyne And Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

3. Average Number of Employees

Average number of employees, including directors, during the year was: 4 (2024: 4)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

4. Tangible Assets

	Fixtures & Fittings £	Computer Equipment £	Total £
Cost			
As at 29 February 2024	886	28,166	29,052
As at 28 February 2025	886	29,124	30,010
Depreciation			
As at 29 February 2024	788	22,423	23,211
Provided during the period	25	1,456	1,481
As at 28 February 2025	813	23,879	24,692
Net Book Value			
As at 28 February 2025	73	5,245	5,318
As at 29 th February 2024	98	5,743	5,841

5. Debtors

	2025 £	2024 £
Due within one year		
Trade debtors	100	-

6. Creditors: Amounts Falling Due Within One Year

	2025 £	2024 £
Trade creditors	3,241	3,000
Paye account	2,454	2,497
Pension account	461	457
Accruals and deferred income	360	360
	6,516	6,314

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2025

8. Restricted Funds

<u>Restricted Funds</u>	Balance b/f	Incoming	Outgoing	Balance 29th Feb'25
Awards for All	3,380	20,000	19,740	3,640
National Lottery Community Fund	53,402	56,955	89,888	20,469
National Lottery Know Your Neighbourhood	5,941	18,739	23,945	735
Percy Bilton	481	-	481	-
William Leech	5,000	5,000	5,000	5,000
PCC NE Youth Ltd	1,244	-	1,244	-
Sir James Knott	1,276	-	1,276	-
Magdalen Trust	-	1,400	1,400	-
Sport England	-	14,998	2,200	12,798
Hedley Foundation	-	2,000	1,612	388
Rotary Club	-	790	790	-
Rothley Trust	-	800	800	-
Totals	70,724	120,682	148,376	43,030

ESCAPE INTERVENTION SERVICES LTD

England & Wales - Charity number 1149516

Accounts

Registered number: 05366111

**ESCAPE INTERVENTION SERVICES LTD.
DIRECTORS' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2024**

Escape Intervention Services Ltd.
Contents

	Page
Company Information	1
Directors' Report	2
Trustees' Annual Report	3
Accountant's Report	7
Income and Expenditure Account	8
Balance Sheet	9
Notes to the Financial Statements	10-12
The following pages do not form part of the statutory accounts:	

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2024**

Directors

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Registered Office

3 Waverley
Market Dock
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Hebburn
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Directors' Report For The Year Ended 28 February 2024

The directors present their report and the financial statements for the year ended 28 February 2024.

Directors

The trustees who held office during the year were as follows:

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board



Mr Philip Cox
Director
30/07/2024

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT
YEAR ENDED 28 FEBRUARY 2024**

This year we achieved our aims by delivering the following services:

- **Counselling**
- **Personal development through outdoor/creative activities**
- **Volunteering opportunities**
- **Sessional staff opportunities**
- **Complementary therapies**
- **Donations of clothing, household items, feminine hygiene products, toiletries, cleaning products etc**

Our services complement both Local and National Government Strategic plans and priorities, and we participate in local forums and working parties that contribute to aligning the development of future services with the needs of local children, young people, and families.

Achievement and Performance:

- We continued to provide face-to-face sessions for counselling, having received 314 referrals this year.
- We worked within Public Health priorities outlined in the Mental Health Transformation Plan to deliver both short-term and long-term counselling dependent on the issues and traumatic experiences of clients, by delivering 2665 counselling sessions throughout the year, which included 797 being delivered in schools. Our sessional Counsellors/Psychotherapists were funded through the generous donations from the Wellesley Trust, Awards for All, National Lottery Community Fund and William Leech Charity.
- We carried out 291 assessments for counselling/psychotherapy.
- We have worked with 14 qualified Sessional Counsellors/Psychotherapists and 4 trainee Counsellors/Psychotherapists, who have contributed to the success of our counselling provision, which has seen clients progress and address their mental health issues, including bereavement/loss.
- We have worked with approximately 400 young people through our activity programmes, as we have returned to normal delivery levels. These outdoor and creative activities include:
 - kayaking
 - ghyll-scrambling in the Lake District
 - cycling repair and maintenance sessions, and expeditions
 - bowling, quasar laser fun activities
 - art/creative groups for young women and young men
 - climbing sessions at Simonside Climbing Wall
 - fishing on the River Tyne
 - family events
 - weekend residential experiences at Mounthooly in Northumberland, Whithaugh Park in the Borders, Dalby Forest in Yorkshire (skiing/snowboarding), and the Ocean Youth Trust training vessel James Cook. The Youth Hostel Association donated a free weekend for families in their accommodation at Buttermere, so 42 people attended and this was a huge success which is going to be repeated next year.

These activities have been made possible by funding from Police and Crime Commissioner's Youth Fund, Masonic Charitable Foundation, National Lottery Community Fund and Know Your Neighbourhood Fund.

- We have utilised 8 Sessional Activity Workers throughout the year to support delivery of activities and enhance the life chances and experiences of young people attached to our service.
- We continued to work in complementary partnership with other statutory and voluntary organisations to enhance the South Tyneside offer that supports children, young people, and families, including kinship carers, to become physically, mentally, emotionally, and psychologically healthier. These organisations include: CREST, Key (homelessness), Matrix, Women's Aid (Refuge), Lifecycle, Children and Young People's Service (CYPS), WAVES, Auxilia Youth, schools, GP practices, Humankind, Leaving Care, Changing Lives, Liaison and Diversion Team, Social Workers, Early Help Team, Young Carers, Families First, Youth Justice Service, Impact Family Services and Health Visitors etc.
- We reviewed our Policies and Procedures in line with Local Authority recommendations.
- Our Volunteer Complementary Therapist delivered two hundred therapy sessions to reduce anxiety, depression, and stress, together with promoting positive physical health benefits of regular massage etc.

Provision:

The Service Manager oversees every aspect of service delivery and its development.

Counselling:

We have offered a range of therapies including Cognitive Behavioural Therapy (CBT), Psychotherapy, Play Therapy, Person-Centred Therapy, and Integrative Therapy as a direct response to the diverse range of presenting issues.

We received 314 referrals for counselling and assessments were carried out to ascertain suitability for our interventions. All cases were deemed suitable, and clients were then put onto our allocation list, which is impacted by the fact that we do not deliver time-limited interventions due to the complexity of the trauma experienced by children, young people and adults accessing our services.

- ❖ 18 Counsellors/Psychotherapists have delivered sessions at our office base and in schools.
- ❖ Funding from the Wellesley Trust, Awards for All, National Lottery Community Fund and Know Your Neighbourhood Fund have enabled us to remunerate 14 Qualified Sessional Counsellors and Psychotherapists for their professional delivery of counselling and reimburse travel expenses for one trainee.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2024**

- ❖ All Counsellors and Psychotherapists receive external monthly Clinical Supervision in line with BACP and UKCP guidelines.
- ❖ 291 assessments for mental health support were carried out.
- ❖ 2665 sessions of counselling were attended.
- ❖ 260 clients aged 4-25 years and their parents/carers received counselling.
- ❖ We currently have 50 clients on our waiting list.

Complementary Therapies:

These are delivered by our qualified Therapist who offers six free sessions to young people and adults associated with our service, which include:

- ❖ Aromatherapy massage
- ❖ Hand and arm massage
- ❖ Back massage
- ❖ Indian head massage
- ❖ Hot stones massage
- ❖ Reflexology
- ❖ Crystal healing
- ❖ Reiki

200 sessions were delivered to 40 clients to alleviate symptoms of anxiety, depression, stress, and physical ailments impacting on their health and wellbeing.

Activity Programmes:

We have delivered a range of outdoor, adventurous, and creative activities since employing our dedicated Activity Co-ordinator in March 2023. We have been mindful of the increased anxieties felt by young people aged 11-18 years, many of whom have become accustomed to being socially isolated and reticent about socialising with others, including at school. We are hopeful that the coming year will enable us to deliver more activities to complement our counselling provision and benefit our community by encouraging young people to become more active, through National Lottery Community Fund grants.

We continue to struggle to recruit Sessional Youth Workers; however, several of our young people have now become Volunteers, which is beneficial for them and our organisation. Our pool of Sessional Activity Workers and Volunteers have been instrumental in enabling us to deliver high quality, adventurous and creative pursuits. We have delivered the following:

- ❖ 400 young people have participated in a programme of activities including:
- ❖ kayaking
- ❖ ghyll-scrambling in the Lake District
- ❖ cycling repair and maintenance sessions, and expeditions
- ❖ bowling, quasar laser fun activities
- ❖ art/creative writing group for young women
- ❖ weekend residential experiences at Mounthooly in Northumberland, Whithaugh Park in the Borders, Dalby Forest in Yorkshire, Buttermere in the Lake District, and the Ocean Youth Trust training vessel James Cook
- ❖ 3 x arts and crafts 10-week programmes
- ❖ 4 x 10 week climbing sessions

These activities have been made possible by funding from National Lottery Know Your Neighbourhood Fund, Police and Crime Commissioner's Youth Fund, Kans and Kandy, and Masonic Charitable Foundation.

Resilience Programmes:

We have plans to continue to deliver more of these sessions when time and staffing allows, as the resilience programme was developed through funding from the Police and Crime Commissioner's Violence Reduction Unit and is instrumental in assisting young people to increase their resilience and face life's challenges. Individual sessions are incorporated into counselling provision.

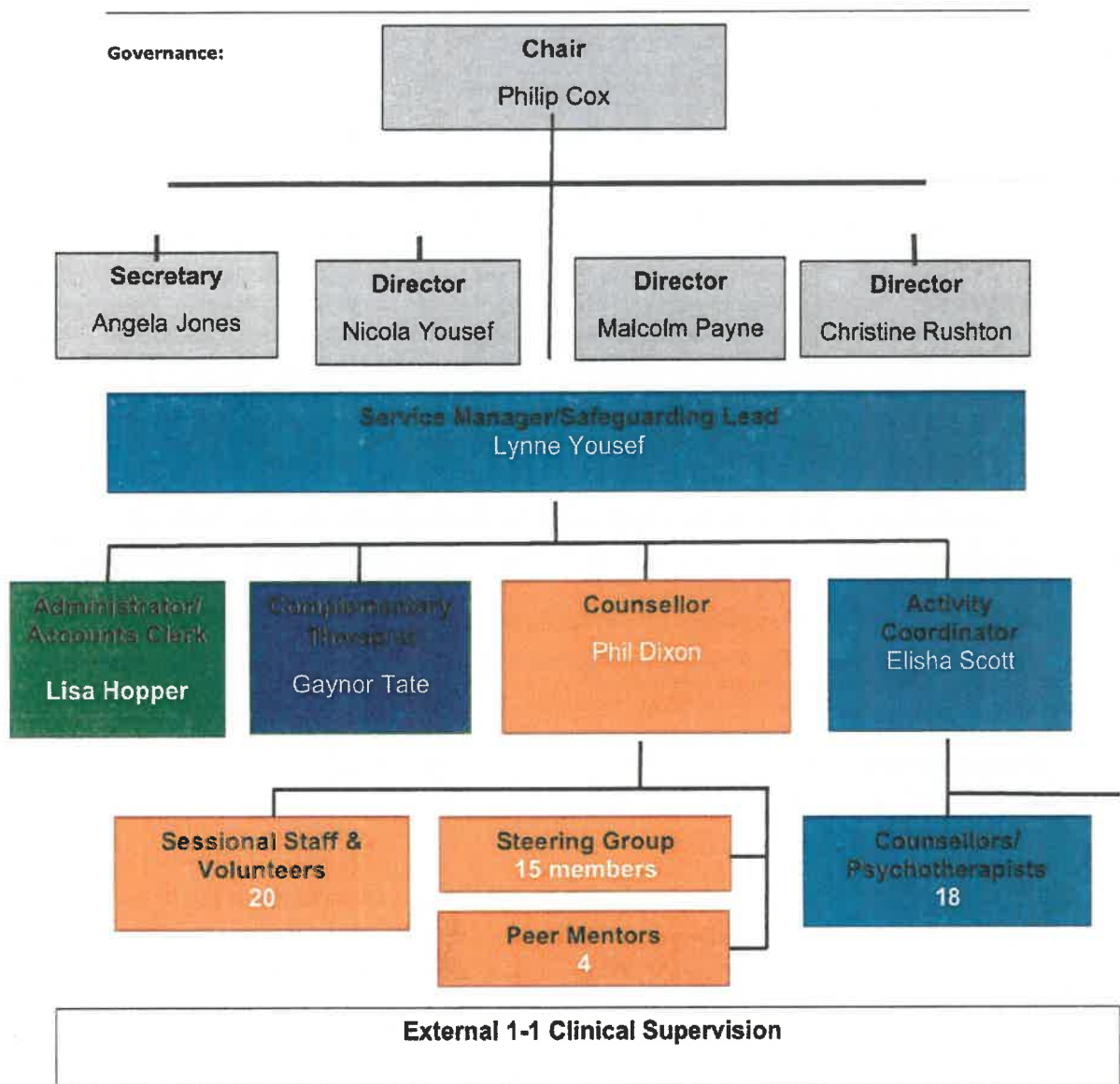
Family Mediation:

The Service Manager has delivered several mediation sessions between young people and their parents to help build positive relationships within families and increase community cohesion.

Steering Group:

We have continued to work with our Steering Group of 15 young people to plan, organise, budget for, and evaluate our activity programmes. They have enjoyed meeting fortnightly as social evenings have been arranged and they have also participated in activities they have organised for their peers.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2024**



Escape Intervention Services Ltd is an organisational member of the British Association of Counsellors and Psychotherapists (BACP) and individuals are also members of the United Kingdom Council for Psychotherapy.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2024**

Team working:

Escape Intervention Services has a strong team working ethic, which is understood by all Committee Members, staff, sessional staff, volunteers and young people who form part of our Steering Group. Everyone associated with Escape recognises the family values on which Escape has developed and flourished, with all team members being informed of developments, training opportunities and plans for the future.

Due to the nature of our team structure, it is difficult to get everyone together at one time as most of our volunteers and sessional staff work full-time and have their own commitments. We communicate regularly with them through email and keep them abreast of changes or new items to consider. We also have an annual celebration to which everyone is invited, to thank everyone for their commitment and support of our services.

Plans for the future:

1. We intend to maintain current levels of delivery by identifying and applying for funding through grants and contracts that may be relevant to developing our services.
2. We aim to increase our activity programmes to work with more young people and improve their life chances by engaging them in pursuits they would not normally have access to due to the financial constraints of their families.
3. We shall remain responsive to demand and consider Saturday opening, if and when required, for those who cannot attend our evening sessions which usually end at 8.00pm.
4. We have discussed our future plans to build a purpose-built therapeutic centre with our Architect, PH+S, who have drawn plans to our specification and produced a model. These plans have been reviewed by our Committee and we have discussed this with the Planning Department of the Local Authority, who are receptive to the idea of a community asset. Discussions are ongoing.
5. We will ensure that policies and procedures are kept up to date and that Governance is conducted professionally.
6. We will continue to contribute to the Local and National Plans and invest in our relationships with partner agencies to ensure young people and families grow and thrive.

The main financial contributors to assisting us to sustain our charity this year are as follows:

Awards for All
National Lottery Community Fund
National Lottery Know Your Neighbourhood Fund
1989 Willan Trust
Masonic Charitable Trust
Percy Bilton Charity
Wellesley Trust Fund
Clothworker's Foundation - pledged
Kans and Kandy
William Leech Charity
Leathersellers Foundation
PCC Youth Fund
Woodward Charitable Trust
Bernard Sunley – pledged
Sir James Knott

**Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2024**

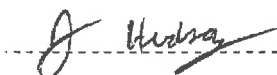
In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2024 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

-----

30/07/2024

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Hebburn
NE32 5JA

**Escape Intervention Services Ltd.
Income and Expenditure Account
For The Year Ended 28 February 2024**

Notes	Restricted Funds 2024	Unrestricted Funds 2024	Total Funds 2024	Total Funds 2023
Income From:				
Donations	146,559	29,183	175,742	202,498
Government Grants				
Total Income	<u>146,559</u>	<u>29,183</u>	<u>175,742</u>	<u>202,498</u>
 Expenditure on:				
Program Delivery	137,436	64,050	201,486	163,120
Total Expenditure	<u>137,436</u>	<u>64,050</u>	<u>201,486</u>	<u>163,120</u>
Operating (Deficit)/Surplus	9,123	-34,867	-25,744	39,378
 Tax on surplus		323	323	56
Net movement in Funds	<u>9,123</u>	<u>-34,544</u>	<u>-25,421</u>	<u>39,434</u>
 Reconciliation of Funds				
Total funds brought forward	61,601	9,493	71,094	31,660
Net movement in funds	9,123	-34,544	-25,421	39,434
Total funds carried forward	<u>70,724</u>	<u>-25,051</u>	<u>45,673</u>	<u>71,094</u>

The statement of financial activities includes all gains and losses recognised in the year

Escape Intervention Services Ltd.
Balance Sheet
As At 28 February 2024

		2024		2023	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		5,841		7,543
			<u>5,841</u>		<u>7,543</u>
CURRENT ASSETS					
Debtors	5	-		175	
Cash at bank and in hand		47,256		78,988	
		<u>47,256</u>		<u>79,163</u>	
Creditors: Amounts Falling Due Within One Year	6	<u>(6,314)</u>		<u>(14,179)</u>	
NET CURRENT ASSETS (LIABILITIES)			<u>40,942</u>		<u>64,984</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>46,783</u>		<u>72,527</u>
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(1,110)		(1,433)
NET ASSETS			<u>45,673</u>		<u>71,094</u>
Income and Expenditure Account			45,673		71,094
MEMBERS' FUNDS			<u>45,673</u>		<u>71,094</u>

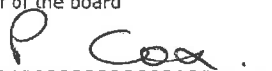
For the year ending 28 February 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Philip Cox
Director
30/07/2024

The notes on pages 6 to 7 form part of these financial statements.

**Escape Intervention Services Ltd.
Notes to the Financial Statements
For The Year Ended 28 February 2024**

1. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111. The registered office is 3 Waverley, Market Dock, South Shields, Tyne And Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

3. Average Number of Employees

Average number of employees, including directors, during the year was: 4 (2023: 3)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2024

4. Tangible Assets

	Fixtures & Fittings £	Computer Equipment £	Total £
Cost			
As at 1 March 2023	886	28,166	29,052
As at 28 February 2024	886	28,166	29,052
Depreciation			
As at 1 March 2023	755	20,754	21,509
Provided during the period	33	1,669	1,702
As at 28 February 2024	788	22,423	23,211
Net Book Value			
As at 28 February 2024	98	5,743	5,841
As at 1 March 2023	131	7,412	7,543

5. Debtors

	2024 £	2023 £
Due within one year		
Trade debtors	-	175

6. Creditors: Amounts Falling Due Within One Year

	2024 £	2023 £
Trade creditors	3,000	11,580
Paye account	2,497	1,988
Pension account	457	311
Accruals and deferred income	360	300
	6,314	14,179

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2024

8. Restricted Funds

Restricted Funds	Balance b/f	Incoming	Outgoing	Balance 29th Feb'24
Awards for All	-	10,000	6,620	3,380
PCC Operation Payback	1,321	-	1,321	-
Streetgames	5,413	3,694	9,107	-
Together Fund	7,304	-	7,304	-
National Lottery Community Fund	47,563	83,281	77,442	53,402
National Lottery Know Your Neighbourhood	-	26,234	20,293	5,941
Wellesley Trust	-	10,000	10,000	-
Percy Bilton	-	750	269	481
William Leech	-	5,000	-	5,000
PCC NE Youth Ltd	-	2,600	1,356	1,244
Sir James Knott	-	5,000	3,724	1,276
Totals	61,601	146,559	137,436	70,724

ESCAPE INTERVENTION SERVICES LTD

England & Wales - Charity number 1149516

Accounts

**ESCAPE INTERVENTION SERVICES LTD.
DIRECTORS' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2023**



**Escape Intervention Services Ltd.
Directors' Report and Financial Statements
For The Year Ended 28 February 2023**

Contents

Page

Company Information	1
Directors' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5
Notes to the Financial Statements	6—7
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2023**

Directors

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Registered Office

3 Waverley
Market Dock
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Directors' Report For The Year Ended 28 February 2023

The directors present their report and the financial statements for the year ended 28 February 2023 .

Directors

The trustees who held office during the year were as follows:

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mr Philip Cox
Director
19/09/2023



**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2023**

This year we achieved our aims by delivering the following services:

- **Counselling**
- **Personal development through outdoor/creative activities**
- **Volunteering opportunities**
- **Sessional staff opportunities**
- **Complementary therapies**
- **Donations of clothing, household items, feminine hygiene products, toiletries, cleaning products etc**

Our services complement both Local and National Government Strategic plans and priorities, and we participate in local forums and working parties that contribute to aligning the development of future services with the needs of local children, young people and families.

Achievement and Performance:

- We continued to provide face-to-face sessions for counselling, having received 261 referrals this year.
- We worked within Public Health priorities outlined in the Mental Health Transformation Plan to deliver both short-term and long-term counselling dependent on the issues and traumatic experiences of clients, by delivering 2820 counselling sessions throughout the year, which included 804 being delivered in schools. Our sessional Counsellors/Psychotherapists were funded through the generous donations from the Wellesley Trust, Awards for All, National Lottery Community Fund, Together Fund and Street Games.
- We have worked with 14 qualified Sessional Counsellors/Psychotherapists and 1 trainee Counsellor, who have contributed to the success of our counselling provision, which has seen clients progress and address their mental health issues, including bereavement/loss.
- We have worked with approximately 300 young people through our activity programmes, which is lower than our normal average of 400 per year, as we are beginning to return to normal delivery levels. These outdoor and creative activities include:
 - kayaking
 - ghyll-scrabbling in the Lake District
 - cycling repair and maintenance sessions, and expeditions
 - bowling, quasar laser fun activities
 - art/creative writing group for young women
 - climbing sessions at Simonside Climbing Wall
 - fishing
 - family events
 - weekend residential experiences at Mounthooly in Northumberland, Hawkhirst Scout Centre in Northumberland and the Ocean Youth Trust training vessel James Cook.

These activities have been made possible by funding from Covid Community Champions Grant, Police and Crime Commissioner's Operation Payback, Barbour Foundation, Community Foundation, Albert Hunt Trust, Masonic Charitable Foundation, National Lottery Community Fund, Street Games, the Together Fund and the Tyne & Wear High Sheriff's Award.

- We have utilised 8 Sessional Activity Workers throughout the year to support delivery of activities and enhance the life chances and experiences of young people attached to our service.
- We continued to work in complementary partnership with other statutory and voluntary organisations to enhance the South Tyneside offer that supports children, young people and families, including kinship carers, to become physically, mentally, emotionally and psychologically healthier. These organisations include: CREST, Key (homelessness), Matrix, Women's Aid (Refuge), Lifecycle, Children and Young People's Service (CYPS), WAVES, schools, GP practices, Humankind, Leaving Care, Changing Lives, Liaison and Diversion Team, Social Workers, Early Help Team, Young Carers, Families First, Youth Justice Service, Impact Family Services and Health Visitors etc.
- We reviewed our Policies and Procedures in line with Local Authority recommendations.
- Our Volunteer Complementary Therapist delivered 120 therapy sessions to reduce anxiety, depression and stress, together with promoting positive physical health benefits of regular massage etc.

Provision:

The Service Manager oversees every aspect of service delivery and its development.

Counselling:

We have offered a range of therapies including Cognitive Behavioural Therapy (CBT), Psychotherapy, Person-Centred Therapy and Integrative Therapy as a direct response to the diverse range of presenting issues.

We received 261 referrals for counselling and assessments were carried out to ascertain suitability for our interventions. All cases were deemed suitable, and clients were then put onto our waiting list, which is impacted by the fact that we do not deliver time-limited interventions due to the complexity of the trauma experienced by children, young people and adults accessing our services.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2023**

- ❖ 15 Counsellors/Psychotherapists have delivered sessions at our office base and in schools.
- ❖ Funding from the Wellesley Trust, Awards for All, National Lottery Community Fund, Together Fund and Street Games have enabled us to remunerate 14 Qualified Sessional Counsellors and Psychotherapists for their professional delivery of counselling and reimburse travel expenses for one trainee.
- ❖ All Counsellors and Psychotherapists receive external monthly Clinical Supervision in line with BACP and UKCP guidelines.
- ❖ 261 assessments for mental health support were carried out.
- ❖ 2820 sessions of counselling were attended.
- ❖ 230 clients aged 4-25 years and their parents/carers received counselling.
- ❖ We currently have 70 clients on our waiting list.

Complementary Therapies:

These are delivered by our qualified Therapist who offers six free sessions to young people and adults associated with our service, which include:

- ❖ Aromatherapy massage
- ❖ Hand and arm massage
- ❖ Back massage
- ❖ Indian head massage
- ❖ Hot stones massage
- ❖ Crystal healing
- ❖ Reiki

120 sessions were delivered to 20 clients to alleviate symptoms of anxiety, depression, stress and physical ailments impacting on their health and wellbeing.

Activity Programmes:

We have not delivered as many outdoor, adventurous and creative activities as we have during the past fifteen years, mainly due to the lack of a dedicated Activity Co-ordinator and funding issues. We have been mindful of the increased anxieties felt by young people aged 11-18 years, many of whom have become accustomed to being socially isolated and reticent about socialising with others, including at school. We are hopeful that the coming year will enable us to deliver more activities to complement our counselling provision and benefit our community by encouraging young people to become more active, through National Lottery Community Fund grants.

We have also struggled to recruit Sessional Activity Workers/Youth Workers despite working with the Police and Crime Commissioner's Violence Reduction Unit Consortium, who also acknowledged the challenges facing the sector in relation to youth work provision. Our pool of Sessional Activity Workers and Volunteers diminished at the beginning of the pandemic due to fears associated with Covid-19. We have interviewed several new recruits who are now working with us on our new programmes. We have delivered the following:

- ❖ 300 young people have participated in a programme of activities including:
 - ❖ kayaking
 - ❖ ghyll-scrambling in the Lake District
 - ❖ cycling repair and maintenance sessions, and expeditions
 - ❖ bowling, quasar laser fun activities
 - ❖ art/creative writing group for young women
 - ❖ weekend residential experiences at Mounthooly in Northumberland, Hawkhurst Scout Centre in Northumberland and the Ocean Youth Trust training vessel James Cook
 - ❖ 3 x arts and crafts 10-week programmes
 - ❖ 4 x 10 week climbing sessions

These activities have been made possible by funding from Covid Community Champions Grant, Police and Crime Commissioner's Operation Payback, Barbour Foundation, Community Foundation, Albert Hunt Trust, Masonic Charitable Foundation, National Lottery Community Fund, Street Games, the Together Fund and the Tyne & Wear High Sheriff's Award.

Resilience Programmes:

We delivered one course of resilience sessions within a local secondary school, which was evaluated very positively by the participants and staff members. We have plans to continue to deliver more of these sessions when time and staffing allows, as the resilience programme was developed through funding from the Police and Crime Commissioner's Violence Reduction Unit and is instrumental in assisting young people to increase their resilience and face life's challenges.

Family Mediation:

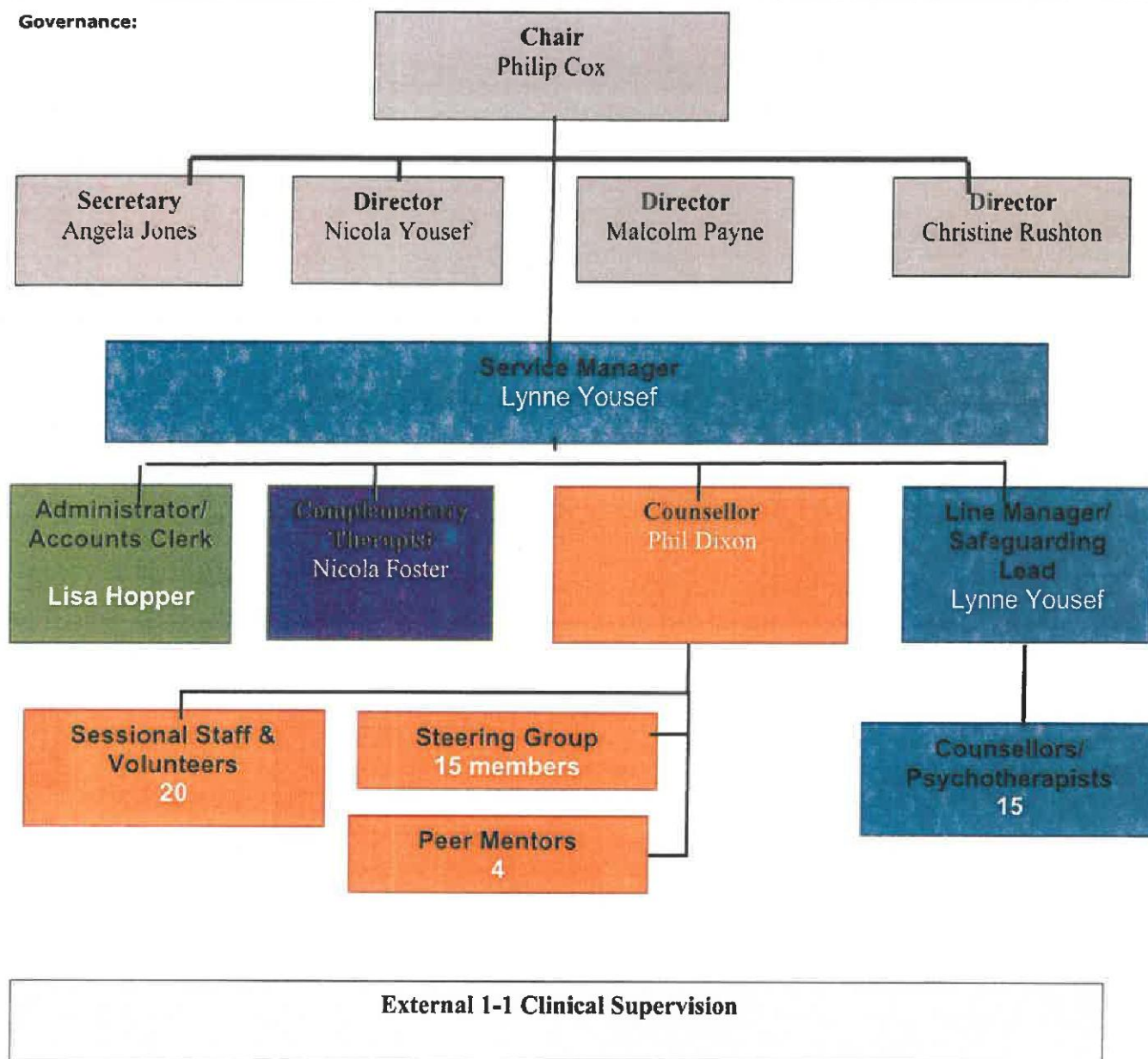
The Service Manager has delivered several mediation sessions between young people and their parents to help build positive relationships within families and increase community cohesion.

Steering Group:

We have continued to work with our Steering Group of 15 young people to plan, organise, budget for and evaluate our activity programmes. They have enjoyed meeting fortnightly as social evenings have been arranged and they have also participated in activities they have organised for their peers.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2023**

Governance:



Escape Intervention Services Ltd is an organisational member of the British Association of Counsellors and Psychotherapists (BACP) and individuals are also members of the United Kingdom Council for Psychotherapy.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2023**

Team working:

Escape Intervention Services has a strong team working ethic, which is understood by all Committee Members, staff, sessional staff, volunteers and young people who form part of our Steering Group. Everyone associated with Escape recognises the family values on which Escape has developed and flourished, with all team members being informed of developments, training opportunities and plans for the future.

Due to the nature of our team structure it is difficult to get everyone together at one time as most of our volunteers and sessional staff work full-time and have their own commitments. We communicate regularly with them through email and keep them abreast of changes or new items to consider. We also have an annual celebration to which everyone is invited, to thank everyone for their commitment and support of our services.

Plans for the future:

1. We intend to maintain current levels of delivery by identifying and applying for funding through grants and contracts that may be relevant to developing our services.
2. We aim to increase our activity programmes to work with more young people and improve their life chances by engaging them in pursuits they would not normally have access to due to the financial constraints of their families.
3. We shall remain responsive to demand and consider Saturday opening, if and when required, for those who cannot attend our evening sessions which usually end at 8.00pm.
4. We have discussed our future plans to build a purpose-built therapeutic centre with our Architect, PH+S, who have drawn plans to our specification and produced a model. These plans have been reviewed by our Committee and we have discussed this with the Planning Department of the Local Authority, who are receptive to the idea of a community asset.
5. We will ensure that policies and procedures are kept up to date and that Governance is conducted professionally.
6. We will continue to contribute to the Local and National Plans, and invest in our relationships with partner agencies to ensure young people and families grow and thrive.

**ESCAPE INTERVENTION SERVICES LTD
COMPANY LIMITED BY GUARANTEE
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 28 FEBRUARY 2023**

The main financial contributors to assisting us to sustain our charity this year are as follows:

Awards for All
Bill and May Hodgson
National Lottery Community Fund
Rothley Trust
Social Enterprise Support Fund
Together Fund
Hadrian Trust
Masonic
Albert Hunt Trust
Garfield Weston Foundation
Barbour Foundation
Edward Gostling Foundation
Street Games
Dogger Bank Operator's Fund
Community Foundation
PCC Operation Payback

**Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2023**

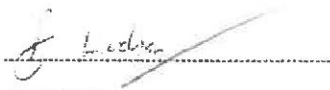
In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2023 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed



19/09/2023

KP Simeson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE22 5JA

**Escape Intervention Services Ltd.
Income and Expenditure Account
For The Year Ended 28 February 2023**

Notes	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023	Total Funds 2022
Income From:				
Donations	153,208	49,290	202,498	95,665
Government Grants				
Total Income	<u>153,208</u>	<u>49,290</u>	<u>202,498</u>	<u>95,665</u>
Expenditure on:				
Program Delivery	117,326	45,794	163,120	145,837
Total Expenditure	<u>117,326</u>	<u>45,794</u>	<u>163,120</u>	<u>145,837</u>
Operating Surplus	35,882	3,496	39,378	-50,172
Tax on surplus		56	56	400
Net movement in Funds	<u>35,882</u>	<u>3,552</u>	<u>39,434</u>	<u>-49,772</u>
Reconciliation of Funds				
Total funds brought forward	25,719	5,942	31,661	81,443
Net movement in funds	35,882	3,552	39,434	-49,772
Total funds carried forward	<u>61,601</u>	<u>9,494</u>	<u>71,095</u>	<u>31,661</u>

The statement of financial activities includes all gains and losses recognised in the year

Escape Intervention Services Ltd.
Balance Sheet
As At 28 February 2023

		2023		2022	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	4		7,543		7,836
			7,543		7,836
CURRENT ASSETS					
Debtors	5	175		1,176	
Cash at bank and in hand		78,988		27,862	
		79,163		29,038	
Creditors: Amounts Falling Due Within One Year	6	(14,179)		(3,725)	
NET CURRENT ASSETS (LIABILITIES)			64,984		25,313
TOTAL ASSETS LESS CURRENT LIABILITIES			72,527		33,149
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(1,433)		(1,489)
NET ASSETS			71,094		31,660
Income and Expenditure Account			71,094		31,660
MEMBERS' FUNDS			71,094		31,660

For the year ending 28 February 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Philip Cox
Director

19/09/2023

The notes on pages 6 to 7 form part of these financial statements.

**Escape Intervention Services Ltd.
Notes to the Financial Statements
For The Year Ended 28 February 2023**

1. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111. The registered office is 3 Waverley, Market Dock, South Shields, Tyne And Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

3. Average Number of Employees

Average number of employees during the year was as follows: 3 (2022: 3)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2023

4. Tangible Assets

	Fixtures & Fittings £	Computer Equipment £	Total £
Cost			
As at 1 March 2022	886	26,267	27,153
Additions	-	1,899	1,899
As at 28 February 2023	<u>886</u>	<u>28,166</u>	<u>29,052</u>
Depreciation			
As at 1 March 2022	711	18,606	19,317
Provided during the period	44	2,148	2,192
As at 28 February 2023	<u>755</u>	<u>20,754</u>	<u>21,509</u>
Net Book Value			
As at 28 February 2023	<u>131</u>	<u>7,412</u>	<u>7,543</u>
As at 1 March 2022	<u>175</u>	<u>7,661</u>	<u>7,836</u>

5. Debtors

	2023 £	2022 £
Due within one year		
Trade debtors	175	726
Paye account	-	450
	<u>175</u>	<u>1,176</u>

6. Creditors: Amounts Falling Due Within One Year

	2023 £	2022 £
Trade creditors	11,580	3,153
Paye account	1,988	-
Pension account	311	272
Accruals and deferred income	300	300
	<u>14,179</u>	<u>3,725</u>

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

8. Restricted Funds

Restricted Funds	Balance bf	Incoming	Outgoing	Balance 28th Feb'23
Awards for All		10000	10000	0
Bernicia Foundation	4625		4625	0
Coalfields	10000		10000	0
National Lottery Community Fund		83262	35699	47563
PCC Operation Payback		4872	3551	1321
Rothley Trust		1000	1000	0
SESF		27500	27500	0
Sport England	5242		5242	0
Streetgames		15574	10161	5413
Together Fund		10000	2696	7304
Trusthouse Charitable Foundation	5852		5852	0
Doggerbank		1000	1000	0
Totals	25719	153208	117326	61601

ESCAPE INTERVENTION SERVICES LTD

England & Wales - Charity number 1149516

Accounts

**ESCAPE INTERVENTION SERVICES LTD.
DIRECTORS' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2022**



KP Simpson

**Escape Intervention Services Ltd.
Directors' Report and Financial Statements
For The Year Ended 28 February 2022**

Contents

	Page
Company Information	1
Directors' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5
Notes to the Financial Statements	6—7
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8—9

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2022**

Directors

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Registered Office

3 Waverley
Market Dock
Long Row
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road Jarrow
Tyne And Wear
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Directors' Report for The Year Ended 28 February 2022

The directors present their report and the financial statements for the year ended 28 February 2022.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors

The trustees who held office during the year were as follows:

Mrs Christine Rushton

Mr Malcolm Payne

Mrs Angela Jones

Mrs Nicola Cramer

Mr Philip Cox

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Escape Intervention Services Ltd.
Company No. 05366111
Directors' Report for The Year Ended 28 February 2022

The directors present their report with the financial statements of the charity for the year ended 28th February 2022. The directors confirm that the annual report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and ROI (FRS 102).

Constitution

The company gained charitable status on 28th September 2012 having originally incorporated on 16th February 2005.

Objectives

The objects for which the company is established are:

- a) To promote and protect the physical and mental health of young people and their parents in South Tyneside through the provision of advice, counselling and practical support;
- b) To act as a resource for young people living in South Tyneside by providing advice and assistance and organising programmes of physical, educational, and other activities as a means of
 - i) Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals,
 - ii) Advancing education,
 - iii) Relieving unemployment,
 - iv) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

The company has further powers and these can be found in the constitution as fully detailed.

Governing document

The charity is governed by its constitution established on 16th February 2005.

Method of appointment or election of the trustees

The method of appointment and election of its trustees is fully detailed in its constitution.

Signed:



Philip Cox
Director
14th September 2022

Escape Intervention Services Ltd
Trustee's Annual Report (continued)
For the year ended 28th February 2022

This year we achieved our aims by delivering the following services:

- **Counselling**
- **Personal development through outdoor/creative activities**
- **Volunteering opportunities**
- **Sessional staff opportunities**
- **Complementary therapies**
- **Donations of clothing, household items, feminine hygiene products, toiletries, cleaning products etc**

Our services complement both Local and National Government Strategic plans and priorities, and we participate in local forums and working parties that contribute to aligning the development of future services with the needs of local children, young people and families.

Achievement and Performance:

- We continued to provide services to our clients throughout lockdowns as by contacting clients we were made aware that over 90% requested face-to-face counselling rather than online/telephone support. 192 referrals were made for counselling.
- We worked within Public Health priorities outlined in the Mental Health Transformation Plan to deliver both short-term and long-term counselling dependent on the issues and traumatic experiences of clients, by delivering 3080 counselling sessions throughout the year, which included 392 being delivered in schools. Our sessional Counsellors/Psychotherapists were funded through the generous donations from Bernicia Foundation, Coalfields Recovery & Resilience Fund, Karbon Homes and various Community Foundation awards: John D Fund, P & G Fund and the Wellesley Trust,
- We have worked with 12 Sessional Counsellors/Psychotherapists and 3 trainee Counsellors, who have contributed to the success of our counselling provision, which has seen clients progress and address their mental health issues, including bereavement/loss.
- We have worked with approximately 200 young people through our activity programmes, which is lower than our normal average of 400 per year, as we are beginning to return to normal delivery levels. These outdoor and creative activities include:
 - kayaking
 - ghyll-scrambling in the Lake District
 - cycling repair and maintenance sessions, and expeditions
 - bowling, quasar laser fun activities
 - art/creative writing group for young women
 - climbing sessions at Simonside Climbing Wall
 - weekend residential experiences at Mounthooly in Northumberland, Hawkhirst Scout Centre in Northumberland and the Ocean Youth Trust training vessel James Cook.

These activities have been made possible by funding from Arnold Clark, Covid Community Champions Grant, Hospital of God at Greatham, Police and Crime Commissioner's Operation Payback and various Community Foundation awards: Port of Tyne, Ringtons' Fund, Tyne & Wear High Sheriff's Award.

- We have utilised 8 Sessional Activity Workers throughout the year to support delivery of activities and enhance the life chances and experiences of young people attached to our service.
- We continued to work in complementary partnership with other statutory and voluntary organisations to enhance the South Tyneside offer that supports children, young people and families, including kinship carers, to become physically, mentally, emotionally and psychologically healthier. These organisations include: CREST, Key (homelessness), Matrix, Women's Aid (Refuge), Lifecycle, Children and Young People's Service (CYPS), WAVES, schools, GP practices, Humankind, Leaving Care, Changing Lives, Liaison and Diversion Team, Social Workers, Early Help Team, Young Carers, Families First, Youth Justice Service, Impact Family Services, Family Gateway Project and Health Visitors etc.
- We reviewed our Policies and Procedures in line with Local Authority recommendations.
- Our Volunteer Complementary Therapist delivered 250 therapy sessions to reduce anxiety, depression and stress, together with promoting positive physical health benefits of regular massage etc.

Provision:

The Service Manager oversees every aspect of service delivery and its development.

Counselling:

We have offered a range of therapies including Cognitive Behavioural Therapy (CBT), Psychotherapy, Person-Centred Therapy and Integrative Therapy as a direct response to the diverse range of presenting issues.

We received 192 referrals for counselling and assessments were carried out to ascertain suitability for our interventions. All cases were deemed suitable, and clients are then put onto our waiting list, which is impacted by the fact that we do not deliver time-limited interventions due to the complexity of the trauma experienced by children, young people and adults accessing our services.

- ❖ 15 Counsellors/Psychotherapists have delivered sessions at our office base and in schools
- ❖ Funding from Bernicia Foundation, Coalfields Recovery & Resilience Fund, Karbon Homes and various Community Foundation awards: John D Fund, P & G Fund and the Wellesley Trust, have enabled us to remunerate 12 Qualified Sessional Counsellors and Psychotherapists for their professional delivery of counselling
- ❖ All Counsellors and Psychotherapists receive external monthly Clinical Supervision in line with BACP and UKCP guidelines
- ❖ 192 assessments for mental health support were carried out
- ❖ 3080 sessions of counselling were attended
- ❖ 150 clients aged 4-25years and their parents/carers received counselling
- ❖ We currently have 50 clients on our waiting list

Complementary Therapies:

These are delivered by our qualified Therapist who offers six free sessions to young people and adults associated with our service, which include:

- ❖ Aromatherapy massage
- ❖ Hand and arm massage
- ❖ Back massage
- ❖ Indian head massage
- ❖ Hot stones massage
- ❖ Crystal healing
- ❖ Reiki

250 sessions were delivered to 50 clients to alleviate symptoms of anxiety, depression, stress and physical ailments impacting on their health and wellbeing.

Activity Programmes:

Due to the impact of Covid-19 and our reduced funding during this financial year, we have not delivered as many outdoor, adventurous and creative activities as we have during the past fourteen years. We have been mindful of the increased anxieties felt by young people aged 11-18 years, many of whom have become accustomed to being socially isolated and reticent about socialising with others, including at school.

We have also struggled to recruit Sessional Activity Workers/Youth Workers despite working with the Police and Crime Commissioner's Violence Reduction Unit Consortium, who also acknowledged the challenges facing the sector in relation to youth work provision. Our pool of Sessional Activity Workers and Volunteers diminished at the beginning of the pandemic due to fears associated with Covid-19. We have interviewed several new recruits who are now working with us on our new programmes. We have delivered the following:

- ❖ 200 young people have participated in a programme of activities including:
- ❖ kayaking
- ❖ ghyll-scrambling in the Lake District
- ❖ cycling repair and maintenance sessions, and expeditions
- ❖ bowling, quasar laser fun activities
- ❖ art/creative writing group for young women
- ❖ weekend residential experiences at Mounthooly in Northumberland, Hawkhirst Scout Centre in Northumberland and the Ocean Youth Trust training vessel James Cook
- ❖ arts and crafts 10-week programme
- ❖ 2 x 10 week climbing sessions

These activities have been made possible by funding from Arnold Clark, Covid Community Champions Grant, Hospital of God at Greatham, Police and Crime Commissioner's Operation Payback and various Community Foundation awards: Port of Tyne, Ringtons' Fund, Tyne & Wear High Sheriff's Award.

Resilience Programmes:

We delivered one course of resilience sessions within a local secondary school, which was evaluated very positively by the participants and staff members. We have plans to continue to deliver more of these sessions when time and staffing allows, as the resilience programme was developed through funding from the Police and Crime Commissioner's Violence Reduction Unit and is instrumental in assisting young people to increase their resilience and face life's challenges.

Family Mediation:

The Service Manager has delivered several mediation sessions between young people and their parents to help build positive relationships within families and increase community cohesion.

Steering Group:

We have continued to work with our Steering Group of 15 young people to plan, organise, budget for and evaluate our activity programmes. They have enjoyed meeting fortnightly as social evenings have been arranged and they have also participated in activities they have organised for their peers.

**Escape Intervention Services Ltd
Trustee's Annual Report (continued)
For the year ended 28th February 2022**

Governance:

Chair
Philip Cox

Secretary
Angela Jones

Director
Nicola Cramer

Director
Malcolm Payne

Director
Christine Rushton

Service Manager
Lynne Yousef

**Administrator/
Accounts Clerk**

Lisa Hopper

**Complementary
Therapist**
Nicola Foster

Activity Co-ordinator
Vacancy

**Line Manager/
Safeguarding
Lead**
Lynne Yousef

**Sessional Staff &
Volunteers**
20

Steering Group
15 members

Peer Mentors
4

**Counsellors/
Psychotherapists**
15

External 1-1 Clinical Supervision

Escape Intervention Services Ltd is an organisational member of the British Association of Counsellors and Psychotherapists (BACP) and individuals are also members of the United Kingdom Council for Psychotherapy.

Escape Intervention Services Ltd
Trustee's Annual Report (continued)
For the year ended 28th February 2022

Team working:

Escape Intervention Services has a strong team working ethic, which is understood by all Committee Members, staff, sessional staff, volunteers and young people who form part of our Steering Group. Everyone associated with Escape recognises the family values on which Escape has developed and flourished, with all team members being informed of developments, training opportunities and plans for the future.

Due to the nature of our team structure it is difficult to get everyone together at one time as most of our volunteers and sessional staff work full-time and have their own commitments. We communicate regularly with them through email and keep them abreast of changes or new items to consider. We also have an annual celebration where everyone is invited to thanks everyone for their commitment and support of our services.

Plans for the future:

1. We intend to maintain current levels of delivery by identifying and applying for funding through grants and contracts that may be relevant to developing our services.
2. We aim to increase our activity programmes to work with more young people and improve their life chances by engaging them in pursuits they would not normally have access to due to the financial constraints of their families.
3. We shall remain responsive to demand and consider Saturday opening, if and when required, for those who cannot attend our evening sessions which usually end at 8.00pm.
4. We have discussed our future plans to build a purpose-built therapeutic centre with our Architect, PH+S, who have drawn plans to our specification and produced a model. These plans have been reviewed by our Committee and we plan to discuss this with the Planning Department of the Local Authority.
5. We will ensure that policies and procedures are kept up to date and that Governance is conducted professionally.
6. We will continue to contribute to the Local and National Plans, and invest in our relationships with partner agencies to ensure young people and families grow and thrive.

Escape Intervention Services Ltd
Trustee's Annual Report (continued)
For the year ended 28th February 2022

The main financial contributors to assisting us to sustain our charity this year are as follows:

Trusthouse Charitable Foundation
Police and Crime Commissioner's Operation Payback Scheme
1989 Willan Charitable Trust
Arnold Clark
Barbour Foundation
Coalfields Recovery & Resilience Fund
Covid Community Champions Fund
Greggs Foundation
Hadrian Trust
Hospital of God at Greatham
The Joicey Trust
Karbon Homes
Sir James Knott Trust
Wellesley Trust
Tyne & Wear High Sheriff's Award

**Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2022**

In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2022 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

23/05/2022

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road Jarrow
Tyne And Wear
NE32 5JA

Escape Intervention Services Ltd.
Statement of Financial Activities (Incorporating Income and Expenditure Account)
For The Year Ended 28 February 2022

Notes	Restricted Funds 2022	Unrestricted Funds 2022	Total Funds 2022	Total Funds 2021
Income From:				
Donations	52,465	43,200	95,665	173,326
Government Grants				20,000
Job Retention income				25,883
Total Income	<u>52,465</u>	<u>43,200</u>	<u>95,665</u>	<u>219,209</u>
Expenditure on:				
Program Delivery	90,918	54,919	145,837	178,425
Total Expenditure	<u>90,918</u>	<u>54,919</u>	<u>145,837</u>	<u>178,425</u>
Operating Surplus	-38,453	-11,719	-50,172	40,784
Tax on surplus		400	400	630
Net movement in Funds	-38,453	-11,319	-49,772	41,414
Reconciliation of Funds				
Total funds brought forward	61,665	19,768	81,433	40,018
Net movement in funds	-38,453	-11,319	-49,772	41,414
Total funds carried forward	23,212	8,449	31,661	81,432

The statement of financial activities includes all gains and losses recognised in the year

The notes on pages 10 to 12 form part of these financial statements

Escape Intervention Services Ltd.
Balance Sheet
As at 28 February 2022

		2022	2021
	Notes	£	£
FIXED ASSETS			
Tangible Assets	3	7,836	9,943
		7,836	9,943
CURRENT ASSETS			
Debtors	4	1,176	150
Cash at bank and in hand		27,863	85,239
		29,039	85,479
Creditors: Amounts Falling Due Within One Year	5	(3,725)	(12,101)
NET CURRENT ASSETS (LIABILITIES)		25,314	73,378
TOTAL ASSETS LESS CURRENT LIABILITIES		33,150	83,321
Creditors: Amounts Falling Due After More Than One Year	6	-	-
PROVISIONS FOR LIABILITIES			
Deferred Taxation		(1,489)	(1,889)
NET ASSETS		31,661	81,432
Restricted funds		23,212	61,665
Unrestricted funds		8,449	19,768
MEMBERS' FUNDS		31,661	81,432

Escape Intervention Services Ltd.
Balance Sheet (continued)
As at 28 February 2022

For the year ending 28 February 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Philip Cox

Director

14/09/2022

**Escape Intervention Services Ltd.
Notes to the Financial Statements
For The Year Ended 28 February 2022**

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

The company recognises income once the company has entitlement to said income, and once the income received can be measured reliably.

Income is deferred only when the company has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are donations and other incoming resources received or generated for the business purposes.

1.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required will be required in settlement and the amount of obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity.

All expenditure is inclusive of irrecoverable VAT

1.4. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

1.5. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 8 (2020: 8)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2022

3. Tangible Assets

	Fixtures & Fittings £	Computer Equipment £	Total £
Cost			
As at 1 March 2021	886	25,787	26,673
Additions	-	480	480
As at 28 February 2022	<u>886</u>	<u>26,267</u>	<u>27,153</u>
Depreciation			
As at 1 March 2021	652	16,078	16,730
Provided during the period	59	2,528	2,587
As at 28 February 2022	<u>711</u>	<u>18,606</u>	<u>19,317</u>
Net Book Value			
As at 28 February 2022	<u>175</u>	<u>7,661</u>	<u>7,836</u>
As at 1 March 2021	<u>234</u>	<u>9,709</u>	<u>9,943</u>

4. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	726	150
Paye account	450	-
	<u>1,176</u>	<u>150</u>

5. Creditors: Amounts Falling Due Within One Year

	2022 £	2021 £
Trade creditors	3,153	2,635
Paye account	-	3,014
Net wages	-	5,309
Pension account	272	963
Accruals and deferred income	300	180
	<u>3,725</u>	<u>12,101</u>

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2022

6. Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

7. Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the services it must provide

8. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

9. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111. The registered office is 3 Waverley, Market Dock, South Shields, Tyne and Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

10. RESTRICTED FUNDS

For the year ending 28 th February 2022	(£) Bal at 1 st Mar 2021	Incoming	Outgoing	Bal at 28 th Feb 2022
Awards for All	8,880		8,880	
Bernicia Foundation	9,000		4,375	4,625
Coalfields Recovery		10,000		10,000
Community Foundation John D Fund	2,500		2,500	
Community Foundation Port of Tyne	-48			-48
Community Foundation Ringtons' Fund	4,920		4,925	-5
Community Foundation Tyne & Wear High Sheriff		750	750	
Wellesley Trust	-240	5,000	4,760	
Greggs Foundation		15,000	15,000	
Karbon Homes		1,875	1,875	
National Lottery Covid Community Support	10,064		10,378	-314
PCC Violence Reduction Unit	-2,140			-2,140
Sir James Knott		5,000	5,000	
Social Enterprise Support Fund	10,757		10,757	
Sport England	5,242			5,452
Trusthouse Charitable Foundation	12,730	15,000	21,878	5,852
	61,665	52,465	90,918	23,212

ESCAPE INTERVENTION SERVICES LTD

England & Wales - Charity number 1149516

Accounts

ANNUAL REPORT 2020/2021

PREPARED BY: Lynne Yousef, Service Manager

This year has been a very challenging and stressful period for the staff and volunteers associated with our charity. The Covid-19 pandemic has had a major impact on how we have delivered services and we have had to adapt to cope with the increased demand and the way in which we work.

In March 2020 we were forced to close our building in response to the Government's recommendations around working from home and keeping everyone safe. We contacted all of our existing clients asking if they would change to receiving online/telephone support instead of face-to-face counselling. Around 90% of clients requested face-to-face work so this was a major consideration in relation to how we safely delivered this work.

I prepared a comprehensive risk assessment which was sanctioned by our committee, and we re-opened our office base on 6 July 2020, after a period of staff working from home. We introduced our health and safety measures, which have proved very successful in safeguarding everyone with whom we have been in contact remaining healthy and Covid-free. Our staff and volunteers have been mindful of the wishes of clients and have worn PPE when required. We have provided masks and sanitising products, together with handwashing on entry to the building for everyone. Our hygiene regimes have proved successful, and all staff have adhered to the guidance instructions in every room. We have maintained social distancing.

Our Steering Group has been unable to meet regularly due to the restrictions around numbers of young people gathering together; however, once numbers were relaxed, they have been meeting outdoors for social and football sessions.

Schools closed initially and when they re-opened many were not allowing visitors into their buildings, so we made arrangements to see clients at the office to maintain the therapeutic relationships that had been built.

We have worked with approximately 250 clients this year and have seen an increase in referrals since June 2020 as restrictions were relaxed. Most of our clients are suffering from anxiety and depression, with an increase in social anxiety due to being isolated for so long.

We have had a very successful year that has seen us being able to sustain and grow our charity through our funding strategy and accessing new funding streams to expand our reach.

Funding achieved this financial year:

Ringtons Fund: £4,920

John D Fund: £2,500

Wellesley Trust Fund: £10,000

Tyne & Wear High Sheriff: £600

Charitable Aid Foundation: £5,092
South Tyneside MBC: £10,000
Barbour Foundation: £5,000
National Lottery COVID-19 Response: £64,686
Greggs Foundation: £15,000
Greggs Foundation COVID-19: £10,000
Trusthouse Charitable Foundation: £20,000
Bernicia Foundation: £9,000
Big Issue Invest: £18,800
Garfield Weston Foundation: £20,000
Karbon Homes: £625
Total: £191,223

We have continued to work with statutory and voluntary partners locally, and finally completed the work undertaken through the Police and Crime Commissioner's office. This was very successful despite the interruption to the programme due to Covid-19. We have achieved several funding streams in response to the pandemic in order to prevent many organisations from closing as they have struggled financially and practically.

We have been fortunate to recruit several more volunteers and we have successfully employed two Counsellors, one part-time and one full-time, which has helped enormously in reducing the number of clients on our waiting list. Unfortunately, due to increased demand this is once again increasing, which demonstrates the increased need for mental health provision, which is estimated to increase dramatically as the pandemic continues due to the damage caused by several lockdowns.

Our immediate challenges for the coming year involve sustainability of the service and acquiring funding to continue with our vision of equality of opportunity for all, so that young people can receive the assistance they need, when they need it and that they are able to reach their true potential.

We have begun our plans for the future by engaging with an Architect who has drawn plans and produced a model of the anticipated new building, which is our vision for the future. We are in the early stages of design, and he has been very helpful in guiding us through the process.

We are looking forward to a positive future and expansion as we continue to build on the aims and objectives of providing a holistic service to children, young people, and their parents/carers to improve the health and wellbeing of our borough.

**ESCAPE INTERVENTION SERVICES LTD.
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2021
CHARITY NUMBER: 1149516**

**Escape Intervention Services Ltd.
Trustees' Report and Financial Statements
For The Year Ended 28 February 2021**

Contents

	Page
Company Information	1
Trustees' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5—6
Notes to the Financial Statements	7—9
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	10—11

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2021**

Trustees

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Charity Number

1149516

Registered Office

3 Waverley
Market Dock
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Trustees' Report For The Year Ended 28 February 2021

The Trustees present their report and the financial statements for the year ended 28 February 2021 .

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees

The trustees who held office during the year were as follows:

Mrs Christine Rushton

Mr Malcolm Payne

Mrs Angela Jones

Mrs Nicola Cramer

Mr Philip Cox

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board



Mr Philip Cox
Trustee

14/09/2021

**Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2021**

In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the Trustees in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the Trustees the financial statements that we have been engaged to compile, to report to the Trustees that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Trustees for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

14/09/2021
KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE32 5JA

**Escape Intervention Services Ltd.
Income and Expenditure Account
For The Year Ended 28 February 2021**

	Notes	2021 £	2020 £
TURNOVER		193,326	180,586
Cost of sales		(28,672)	(63,827)
GROSS SURPLUS		164,654	116,759
Administrative expenses		(149,753)	(93,490)
Other operating income		25,883	-
OPERATING SURPLUS AND SURPLUS BEFORE TAXATION		40,784	23,269
Tax on Surplus		630	(425)
SURPLUS AFTER TAXATION BEING SURPLUS FOR THE FINANCIAL YEAR		41,414	22,844

The notes on pages 7 to 9 form part of these financial statements.

Escape Intervention Services Ltd.
Balance Sheet
As at 28 February 2021

		2021		2020	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	3		9,943		13,258
			<u>9,943</u>		<u>13,258</u>
CURRENT ASSETS					
Debtors	4	150		745	
Cash at bank and in hand		85,329		48,662	
		<u>85,479</u>		<u>49,407</u>	
Creditors: Amounts Falling Due Within One Year	5	<u>(12,101)</u>		<u>(14,701)</u>	
NET CURRENT ASSETS (LIABILITIES)			<u>73,378</u>		<u>34,706</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>83,321</u>		<u>47,964</u>
Creditors: Amounts Falling Due After More Than One Year	6		-		(5,427)
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(1,889)		(2,519)
NET ASSETS			<u>81,432</u>		<u>40,018</u>
Income and Expenditure Account			81,432		40,018
MEMBERS' FUNDS			<u>81,432</u>		<u>40,018</u>

Escape Intervention Services Ltd.
Balance Sheet (continued)
As at 28 February 2021

For the year ending 28 February 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Philip Cox
Trustee

14/09/2021

The notes on pages 7 to 9 form part of these financial statements.

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

1.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including Trustees, during the year was as follows: 8 (2020: 8)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2021

3. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 29 February 2020	886	25,787	26,673
As at 28 February 2021	886	25,787	26,673
Depreciation			
As at 29 February 2020	574	12,841	13,415
Provided during the period	78	3,237	3,315
As at 28 February 2021	652	16,078	16,730
Net Book Value			
As at 28 February 2021	234	9,709	9,943
As at 29 February 2020	312	12,946	13,258

4. Debtors

	2021	2020
	£	£
Due within one year		
Trade debtors	150	745
	150	745

5. Creditors: Amounts Falling Due Within One Year

	2021	2020
	£	£
Trade creditors	2,635	12,138
Paye account	3,014	2,154
Net wages	5,309	-
Pension account	963	229
Accruals and deferred income	180	180
	12,101	14,701

6. Creditors: Amounts Falling Due After More Than One Year

	2021	2020
	£	£
Lynne Yousef Loan	-	5,427
	-	5,427

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2021

8. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111 . The registered office is 3 Waverley, Market Dock, South Shields, Tyne And Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

Escape Intervention Services Ltd.
Detailed Income and Expenditure Account
For The Year Ended 28 February 2021

	2021		2020	
	£	£	£	£
TURNOVER				
Sales type A		840		5,403
Grant Monies Received		191,223		169,854
Donations		1,263		5,329
		<u>193,326</u>		<u>180,586</u>
COST OF SALES				
Purchases	3,755		22,755	
Background Checks	367		188	
Subcontractor costs	24,550		40,884	
		<u>(28,672)</u>		<u>(63,827)</u>
GROSS SURPLUS		164,654		116,759
Administrative Expenses				
Wages and salaries	101,005		54,184	
Employers NI	4,815		2,533	
Employers pensions - defined contributions scheme	2,914		1,811	
Staff training	150		657	
Travel and subsistence expenses	1,559		1,054	
Rent & rates	23,279		14,122	
Light and heat	1,704		1,628	
Repairs and maintenance	-		574	
Cleaning	350		95	
Vehicle running costs	1,481		1,362	
Mileage	128		2,314	
Repairs, renewals and maintenance	1,820		2,050	
Insurance	3,057		2,701	
Printing, postage and stationery	1,520		1,743	
Telecommunications and data costs	1,227		1,238	
Accountancy fees	395		206	
Legal fees	-		672	
Subscriptions	487		315	
Bank charges	546		328	
Depreciation of fixtures and fittings	78		104	
Depreciation of computer equipment	3,237		3,799	
Sundry expenses	1		-	
		<u>(149,753)</u>		<u>(93,490)</u>

...CONTINUED

Escape Intervention Services Ltd.
Detailed Income and Expenditure Account (continued)
For The Year Ended 28 February 2021

Other Operating Income

Job retention scheme income

25,883

-

25,883

-

OPERATING SURPLUS

40,784

23,269

SURPLUS BEFORE TAXATION

40,784

23,269

Tax on Surplus

Deferred taxation

(630)

425

630

(425)

**SURPLUS AFTER TAXATION BEING SURPLUS FOR THE
FINANCIAL YEAR**

41,414

22,844

**ESCAPE INTERVENTION SERVICES LTD.
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2021
CHARITY NUMBER: 1149516**

**Escape Intervention Services Ltd.
Trustees' Report and Financial Statements
For The Year Ended 28 February 2021**

Contents

	Page
Company Information	1
Trustees' Report	2
Accountant's Report	3
Income and Expenditure Account	4
Balance Sheet	5—6
Notes to the Financial Statements	7—9
The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	10—11

**Escape Intervention Services Ltd.
Company Information
For The Year Ended 28 February 2021**

Trustees

Mrs Christine Rushton
Mr Malcolm Payne
Mrs Angela Jones
Mrs Nicola Cramer
Mr Philip Cox

Secretary

Mrs Angela Jones

Company Number

05366111

Charity Number

1149516

Registered Office

3 Waverley
Market Dock
South Shields
Tyne And Wear
NE33 1LE

Accountants

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE32 5JA

Escape Intervention Services Ltd.
Company No. 05366111
Trustees' Report For The Year Ended 28 February 2021

The Trustees present their report and the financial statements for the year ended 28 February 2021 .

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees

The trustees who held office during the year were as follows:

Mrs Christine Rushton

Mr Malcolm Payne

Mrs Angela Jones

Mrs Nicola Cramer

Mr Philip Cox

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board



Mr Philip Cox
Trustee

14/09/2021

Escape Intervention Services Ltd.
Accountant's Report
For The Year Ended 28 February 2021

In accordance with the engagement letter dated 17 September 2018, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the Trustees in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the Trustees the financial statements that we have been engaged to compile, to report to the Trustees that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Trustees for our work or for this report.

You have acknowledged on the balance sheet as at year ended 28 February 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

14/09/2021
KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road
Jarrow
NE32 5JA

**Escape Intervention Services Ltd.
Income and Expenditure Account
For The Year Ended 28 February 2021**

	Notes	2021 £	2020 £
TURNOVER		193,326	180,586
Cost of sales		(28,672)	(63,827)
GROSS SURPLUS		164,654	116,759
Administrative expenses		(149,753)	(93,490)
Other operating income		25,883	-
OPERATING SURPLUS AND SURPLUS BEFORE TAXATION		40,784	23,269
Tax on Surplus		630	(425)
SURPLUS AFTER TAXATION BEING SURPLUS FOR THE FINANCIAL YEAR		41,414	22,844

The notes on pages 7 to 9 form part of these financial statements.

Escape Intervention Services Ltd.
Balance Sheet
As at 28 February 2021

		2021		2020	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	3		9,943		13,258
			<u>9,943</u>		<u>13,258</u>
CURRENT ASSETS					
Debtors	4	150		745	
Cash at bank and in hand		85,329		48,662	
		<u>85,479</u>		<u>49,407</u>	
Creditors: Amounts Falling Due Within One Year	5	<u>(12,101)</u>		<u>(14,701)</u>	
NET CURRENT ASSETS (LIABILITIES)			<u>73,378</u>		<u>34,706</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>83,321</u>		<u>47,964</u>
Creditors: Amounts Falling Due After More Than One Year	6		-		(5,427)
PROVISIONS FOR LIABILITIES					
Deferred Taxation			(1,889)		(2,519)
NET ASSETS			<u>81,432</u>		<u>40,018</u>
Income and Expenditure Account			81,432		40,018
MEMBERS' FUNDS			<u>81,432</u>		<u>40,018</u>

Escape Intervention Services Ltd.
Balance Sheet (continued)
As at 28 February 2021

For the year ending 28 February 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Philip Cox
Trustee

14/09/2021

The notes on pages 7 to 9 form part of these financial statements.

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

1.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

1.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% reducing balance
Computer Equipment	25% reducing balance

1.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other year and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and asset reflects the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

2. Average Number of Employees

Average number of employees, including Trustees, during the year was as follows: 8 (2020: 8)

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2021

3. Tangible Assets

	Fixtures & Fittings £	Computer Equipment £	Total £
Cost			
As at 29 February 2020	886	25,787	26,673
As at 28 February 2021	886	25,787	26,673
Depreciation			
As at 29 February 2020	574	12,841	13,415
Provided during the period	78	3,237	3,315
As at 28 February 2021	652	16,078	16,730
Net Book Value			
As at 28 February 2021	234	9,709	9,943
As at 29 February 2020	312	12,946	13,258

4. Debtors

	2021 £	2020 £
Due within one year		
Trade debtors	150	745
	150	745

5. Creditors: Amounts Falling Due Within One Year

	2021 £	2020 £
Trade creditors	2,635	12,138
Paye account	3,014	2,154
Net wages	5,309	-
Pension account	963	229
Accruals and deferred income	180	180
	12,101	14,701

6. Creditors: Amounts Falling Due After More Than One Year

	2021 £	2020 £
Lynne Yousef Loan	-	5,427
	-	5,427

7. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

Escape Intervention Services Ltd.
Notes to the Financial Statements (continued)
For The Year Ended 28 February 2021

8. General Information

Escape Intervention Services Ltd. is a private company, limited by guarantee, incorporated in England & Wales, registered number 05366111 . The registered office is 3 Waverley, Market Dock, South Shields, Tyne And Wear, NE33 1LE

The company is also a registered charity under the registration number 1149516, which also gives the company exemption from corporation tax.

Escape Intervention Services Ltd.
Detailed Income and Expenditure Account
For The Year Ended 28 February 2021

	2021		2020	
	£	£	£	£
TURNOVER				
Sales type A		840		5,403
Grant Monies Received		191,223		169,854
Donations		1,263		5,329
		<u>193,326</u>		<u>180,586</u>
COST OF SALES				
Purchases	3,755		22,755	
Background Checks	367		188	
Subcontractor costs	24,550		40,884	
		<u>(28,672)</u>		<u>(63,827)</u>
GROSS SURPLUS		164,654		116,759
Administrative Expenses				
Wages and salaries	101,005		54,184	
Employers NI	4,815		2,533	
Employers pensions - defined contributions scheme	2,914		1,811	
Staff training	150		657	
Travel and subsistence expenses	1,559		1,054	
Rent & rates	23,279		14,122	
Light and heat	1,704		1,628	
Repairs and maintenance	-		574	
Cleaning	350		95	
Vehicle running costs	1,481		1,362	
Mileage	128		2,314	
Repairs, renewals and maintenance	1,820		2,050	
Insurance	3,057		2,701	
Printing, postage and stationery	1,520		1,743	
Telecommunications and data costs	1,227		1,238	
Accountancy fees	395		206	
Legal fees	-		672	
Subscriptions	487		315	
Bank charges	546		328	
Depreciation of fixtures and fittings	78		104	
Depreciation of computer equipment	3,237		3,799	
Sundry expenses	1		-	
		<u>(149,753)</u>		<u>(93,490)</u>

...CONTINUED

Escape Intervention Services Ltd.
Detailed Income and Expenditure Account (continued)
For The Year Ended 28 February 2021

Other Operating Income

Job retention scheme income

25,883

-

25,883

-

OPERATING SURPLUS

40,784

23,269

SURPLUS BEFORE TAXATION

40,784

23,269

Tax on Surplus

Deferred taxation

(630)

425

630

(425)

**SURPLUS AFTER TAXATION BEING SURPLUS FOR THE
FINANCIAL YEAR**

41,414

22,844