



AMOR		1149487	
Receipts and payments accounts			
For the period from	Period start date 04/03/2024	To	Period end date 03/03/2025


CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations (individual)	25,577	6,012	-	31,589	-
Donations (foundations)	17,121	16,263	-	33,384	-
Donations (corporate)	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	42,698	22,275	-	64,973	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	42,698	22,275	-	64,973	-
A3 Payments					
Food security and climate resilience	21,810	-	-	21,810	-
Human Rights	13,180	9,000	-	22,180	-
Staff remuneration	-	-	-	-	-
Education	-	-	-	-	-
Child Sponsorship	-	6,292	-	6,292	-
Health	7,685	6,993	-	14,678	-
Administration	-	-	-	-	-
Sub total	42,675	22,285	-	64,960	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	42,675	22,285	-	64,960	-
Net of receipts/(payments)	23	10	-	13	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,107	11,859	-	30,966	-
Cash funds this year end	19,130	11,849	-	30,979	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	19,130	11,849	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		M Criado	24/12/2025



Trustees' Annual Report for the period

From		Period start date			To		Period end date		
		04	03	2024			03	03	2025

Section A Reference and administration details

Charity nameAMOR

Other names charity is known by

Registered charity number (if any)1149487

Charity's principal address40 Cartwright Gardens

London

PostcodeWC1H 9EH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Micaela Criado	Treasurer		
2	Edwin Gomez	Chair		
3	Antonia Cos	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted 4 th March 2012
How the charity is constituted (eg. trust, association, company)	Association consisting of 10 members
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed or reappointed annually at the AGM held in March

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The prevention or relief of extreme poverty in the Mayan communities of Guatemala, devastated by genocide, through the provision of education, training, housing, rights, and healthcare projects designed to enable individuals, families, and communities to be self-sufficient, protect their lands and lives, and contribute their gifts to the world.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Support for maternal/child health
Empowerment/human rights programmes for women, girls and youth
Access to justice activities including campaigns for post-genocide reparation and support for human rights defenders at risk.
Protection and promotion of Mayan culture and traditional knowledge.
Educational support for Mayan girls
Small-scale school and home construction projects
Community organising
Child sponsorship

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

This year has been another challenging one for AMOR due to the global economic crisis and its devastating effects. While the fundraising landscape changed dramatically, with many funds that support overseas projects being rediverted to UK projects or their focus narrowed down, costs rose significantly as the need for our services increased exponentially, as Mayan communities were plunged into ever deeper poverty. At the same time, Guatemala's continuing democratic backslide is making it a much more complicated place to work.

Your support has helped transform the lives of over 30,000 people. Together with our trust partners, you have helped us raise almost £65,000. The life-changing work continues. Your support enabled us to run community-led initiatives that provided health care, food security, human rights, and emergency nutritional support, and helped revive traditional knowledge in Mayan communities throughout Guatemala.

Child sponsorship continues to touch the lives of over 160 members of our international family, who support almost 230 children, helping them thrive where they might otherwise struggle to eat or attend school. Sponsorship accounts for around one-quarter of our funding from private donations.

AMOR is committed to accompanying the Mayan people in their moment of greatest need, and we are grateful to those who, despite the myriad crises throughout the world, have generously given to help alleviate the suffering of those most affected by these perpetual crises in the Maya lands year after year, making this possible. Despite the immense challenges of the current economic situation and the need to adapt and innovate in the face of great uncertainty, AMOR has continued to have an impact far beyond its size and to stabilise its funding levels, thanks to the efforts of the teams of Mayan and international volunteers who work tirelessly to restore lives and hope for Guatemala.

The situation for the Mayan people is more challenging than ever: the cost-of-living emergency has worsened the humanitarian crisis in indigenous communities, leading to increased extreme poverty and forced migration, as well as increased land appropriation and threats to human rights defenders, creating a climate of fear. However, the resilience of the Mayan people offers reasons for hope. Backed by our foundational partners and supporter family, AMOR has had a transformational impact on the lives of over 30,000 Mayan children and their families.

We continue to experience steady growth in our Health projects, supported by AMOR's private and trust donations, while our Food Security projects remained stable. Our Human Rights programme, which addresses the growing problem of attacks on human rights defenders and impediments to access to justice for genocide, has also continued to develop, particularly through promoting security initiatives.

I will leave our Annual Report to tell more about the life-changing difference you have been part of and to say thanks once again for trusting AMOR with your generous donations.

Health, Food Security and Indigenous Climate Resistance

Our programmes work to ensure that the basic needs of Mayan communities are met with dignity, drawing on traditional Mayan health and agricultural knowledge. Access to adequate food and health services is a fundamental human right. However, many are deprived of these basic rights.

In the past year, almost 14,000 people benefited from AMOR's work in traditional health. AMOR improved the health of mothers and their children. Indigenous midwives were trained and supported to equip pregnant women and mothers of infants with the knowledge needed to have healthier pregnancies and to breastfeed. More than 1,600 women and their families have benefitted in this way.

AMOR helped build the capacity of 120 Indigenous Community Health Volunteers (ICHVS) in Guatemala to inform, protect and serve their communities, act as peacemakers, and help build a healthy Guatemala that is prepared and resilient in the face of disaster, disease and food insecurity. Our SANA Guatemala programme helped young Mayan women from communities across Guatemala participate as traditional health builders. They held regular clinics in their communities, educating people on how to prevent common diseases affecting indigenous communities. They also trained others in these skills, helping restore threatened traditional knowledge and creating a strong base of indigenous women's health leadership in Guatemala, impacting 12,100 people.

Our Food for Life programme delivered emergency food parcels to 475 chronically malnourished children and women. Moreover, community gardens created using traditional, sustainable methods helped 6,200 people improve food security and mitigate the threats of climate change.

Human Rights and Empowerment

AMOR believes that one of the most effective ways to bring about positive, profound and permanent change in indigenous communities is to support human rights education for young people and women. Our efforts also focus on supporting Mayan human rights defenders and their vital work, and on campaigning for justice alongside those communities that continue to be devastated by the effects of genocide.

In the past year, 120 indigenous young people's knowledge of human rights increased, and their leadership skills improved. These young people, in turn, disseminated this knowledge to their communities, impacting 7,600 people. Awareness of our justice campaign also expanded, while 40 indigenous women human rights defenders received vital security training, a knowledge that they transmitted to their organisations and communities, impacting around 3,800 people.

Section D	Achievements and performance
------------------	-------------------------------------

--	--

Section E	Financial review
------------------	-------------------------

Brief statement of the charity's policy on reserves	Our current policy as a small charity is to hold on average five months' operating costs or one-fifth of our annual income in reserve. We predict that this will change as we continue to grow.
Details of any funds materially in deficit	None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

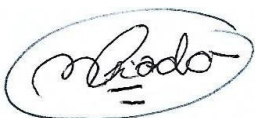
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F	Other optional information
------------------	-----------------------------------

Section G	Declaration
------------------	--------------------

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mrs. Micaela Criado	

Position (eg Secretary, Chair, etc)	Treasurer	
Date	24 th December 2025	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
AMOR

On accounts for the
year ended

3rd March 2025

Charity
no (if any)

1149487

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

**Respective
responsibilities of
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Sonia Whitehouse

Date:

27th December
2025

Name:

Sonia Whitehouse

Relevant professional qualification(s) or body (if any):

--

Address:

7 Mount Dinham, Exeter EX4 4EB

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

--