



|      |         |
|------|---------|
| AMOR | 1149487 |
|------|---------|

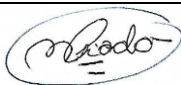
| Receipts and payments accounts |                   |    |                 |
|--------------------------------|-------------------|----|-----------------|
| For the period from            | Period start date | To | Period end date |
|                                | 3/4/2023          |    | 3/3/2024        |

CC16a

## Section A Receipts and payments

|   | Unrestricted funds | Restricted funds | Endowment funds  | Total funds      | Last year        |
|---|--------------------|------------------|------------------|------------------|------------------|
|   | to the nearest £   | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                    |                  |                  |                  |                  |
| Donations (individual)                                | 17,774             | 5,885            | -                | 23,659           | -                |
| Donations (foundations)                               | 13,122             | 30,363           | -                | 43,485           | -                |
| Donations (corporate)                                 | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total (Gross income for AR)</b>                | <b>30,896</b>      | <b>36,248</b>    | <b>-</b>         | <b>67,144</b>    | <b>-</b>         |
| <b>A2 Asset and investment sales, (see table).</b>    |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>Total receipts</b>                                 | <b>30,896</b>      | <b>36,248</b>    | <b>-</b>         | <b>67,144</b>    | <b>-</b>         |
| <b>A3 Payments</b>                                    |                    |                  |                  |                  |                  |
| Food security and climate resilience                  | 6,810              | 21,372           | -                | 28,182           | -                |
| Human Rights  | 13,890             | 4,000            | -                | 17,890           | -                |
| Staff remuneration                                    | -                  | -                | -                | -                | -                |
| Education   | -                  | -                | -                | -                | -                |
| Child Sponsorship                                     | -                  | 5,883            | -                | 5,883            | -                |
| Health  | 9,569              | 4,993            | -                | 14,562           | -                |
| Administration  | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>30,269</b>      | <b>36,248</b>    | <b>-</b>         | <b>66,517</b>    | <b>-</b>         |
| <b>A4 Asset and investment purchases, (see table)</b> |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>Total payments</b>                                 | <b>30,269</b>      | <b>36,248</b>    | <b>-</b>         | <b>66,517</b>    | <b>-</b>         |
| <b>Net of receipts/(payments)</b>                     | <b>627</b>         | <b>-</b>         | <b>-</b>         | <b>627</b>       | <b>-</b>         |
| <b>A5 Transfers between funds</b>                     | <b>-</b>           | <b>-</b>         | <b>-</b>         | <b>-</b>         | <b>-</b>         |
| <b>A6 Cash funds last year end</b>                    | <b>19,107</b>      | <b>11,859</b>    | <b>-</b>         | <b>30,966</b>    | <b>-</b>         |
| <b>Cash funds this year end</b>                       | <b>19,734</b>      | <b>11,859</b>    | <b>-</b>         | <b>31,593</b>    | <b>-</b>         |

## Section B Statement of assets and liabilities at the end of the period

| Categories  | Details   | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---|---|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>  |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   | <b>Total cash funds</b>   | <b>19,734</b>                      | <b>11,859</b>                    | <b>-</b>                        |
|   | (agree balances with receipts and payments account(s))                              | OK                                 | OK                               | OK                              |
|   |   | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| <b>B2 Other monetary assets</b>                             |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
| <b>B3 Investment assets</b>                                 |   |                                    |                                  |                                 |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b>         |   |                                    |                                  |                                 |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
| <b>B5 Liabilities</b>                                       |   |                                    |                                  |                                 |
|   |   |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees | Signature   | Print Name                         | Date of approval                 |                                 |
|   |  | M Criado                           | 12/28/2024                       |                                 |



# Trustees' Annual Report for the period

|      |  |                   |    |      |    |  |                 |    |      |
|------|--|-------------------|----|------|----|--|-----------------|----|------|
| From |  | Period start date |    |      | To |  | Period end date |    |      |
|      |  | 04                | 03 | 2023 |    |  | 03              | 03 | 2024 |

## Section A Reference and administration details

Charity name

AMOR

Other names charity is known by

Registered charity number (if any)

1149487

Charity's principal address

40 Cartwright Gardens

London

Postcode

WC1H 9EH

### Names of the charity trustees who manage the charity

|    | Trustee name      | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------|-----------------|-----------------------------------|---|
| 1  | Micaela Criado    | Treasurer       |                                   |   |
| 2  | Antonia Oxlaj Cos | Chair           |                                   |   |
| 3  | Edwin Gomez       | Secretary       |                                   |   |
| 4  |                   |                 |                                   |   |
| 5  |                   |                 |                                   |   |
| 6  |                   |                 |                                   |   |
| 7  |                   |                 |                                   |   |
| 8  |                   |                 |                                   |   |
| 9  |                   |                 |                                   |   |
| 10 |                   |                 |                                   |   |
| 11 |                   |                 |                                   |   |
| 12 |                   |                 |                                   |   |
| 13 |                   |                 |                                   |   |
| 14 |                   |                 |                                   |   |
| 15 |                   |                 |                                   |   |
| 16 |                   |                 |                                   |   |
| 17 |                   |                 |                                   |   |
| 18 |                   |                 |                                   |   |
| 19 |                   |                 |                                   |   |
| 20 |                   |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
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## Section B Structure, governance and management

### Description of the charity's trusts

|   |   |
|---|---|
| Type of governing document<br>(eg. trust deed, constitution)        | Constitution adopted 4 <sup>th</sup> March 2012                         |
| How the charity is constituted<br>(eg. trust, association, company) | Association consisting of 10 members                                    |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Trustees are appointed or reappointed annually at the AGM held in March |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

|  |
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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The prevention or relief of extreme poverty in the Mayan communities of Guatemala devastated by genocide, through the provision of education, training, housing, rights and healthcare projects designed to enable individuals, families and communities to be self-sufficient, protect their lands and lives, and contribute their gifts to the world.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Support for maternal/child health  
Empowerment/human rights programmes for women, girls and youth  
Access to justice activities including campaigns for post-genocide reparation and support for human rights defenders at risk.  
Protection and promotion of Mayan culture and traditional knowledge.  
Educational support for Mayan girls  
Small-scale school and home construction projects  
Community organising  
Child sponsorship

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

This year has been another challenging one for AMOR due to the global economic crisis and its devastating effects. While the fundraising landscape changed dramatically, with many funds that support overseas projects being rediverted to UK projects or their focus narrowed down, costs rose significantly as the need for our services increased exponentially as Mayan communities were plunged into ever deeper poverty. At the same time, Guatemala's dramatic democratic backslide is making it a much more complicated place to work.

Your support has helped transform the lives of over 30,000 people. Together with our trust partners, you have helped us raise over £67,000, a drop in income of 13 per cent primarily resulting from a drop in foundation giving. However, the lifechanging work continues. Your support enabled us to commit around the same amount to projects to help provide health, food security, human rights and emergency nutritional support as well as revive traditional knowledge in Mayan communities throughout Guatemala.

Child sponsorship continues to touch the lives of over 160 members of our international family who support almost 230 children, helping them thrive where they might otherwise struggle to eat or attend school. Sponsorship represents around one-quarter of our funding from private donations, a reduction of around 11 per cent.

AMOR is committed to accompanying these people in their moment of greatest need, and we are grateful for those who have, despite the myriad crises throughout the world, generously given to help alleviate those suffering most in these perpetual crises in the Maya lands year after year to make this possible. Despite the immense challenges of the current economic situation, and the need to adapt and innovate in the face of great uncertainty, AMOR continued to have an impact far above its size and maintain its funding levels thanks to the efforts of the teams of Mayan and international volunteers who work tirelessly to restore lives and hope for Guatemala.

The situation for the Mayan people is more difficult than ever: the cost-of-living emergency has worsened the humanitarian crisis in indigenous communities, resulting in increased extreme poverty and forced migration, as well as increased land expropriation and threats to human rights defenders, creating a climate of fear. However, in the resilience and unity of the Mayan people, there are reasons for hope. Backed by our foundational partners and supporter family, AMOR was able to have a transformational impact on the lives of over 30,000 Mayan children and their families.

We continue to experience steady growth in our Health and Food Security projects, as projects have expanded through AMOR's private and trust donations. Our Human Rights programme, tackling the growing problem of human rights defender attacks and impediments to access to genocide justice, has also continued to develop, particularly through promoting security initiatives.

I will leave our Annual Report to tell more about the life-changing difference that you have been a part of, and to say thanks once again for

trusting AMOR with your generous donations.

### **Health, Food Security and Indigenous Climate Resistance**

Our programmes work to ensure that the basic needs of Mayan communities are met with dignity using traditional Mayan health and agricultural knowledge. Having food security and access to adequate health services are fundamental human rights. However, many are deprived of these basic rights.

In the past year, almost 11,500 people benefited from AMOR's work in traditional health. AMOR worked to improve the health of mothers and their children. Indigenous midwives were trained and supported to equip pregnant women and mothers of infants with knowledge that helps them enjoy healthier pregnancies and breastfeeding. More than 1,700 women and their families have benefitted in this way.

AMOR helped build the capacity of 100 indigenous Community Health Volunteers (ICHVS) in Guatemala to inform, protect and serve their communities, act as peacemakers, and help build a healthy Guatemala that is prepared and resilient in the face of disaster, disease and food insecurity. Our SANA Guatemala programme helped young Mayan women from communities across Guatemala participate as traditional health builders of their community. Moreover, they held regular clinics in their communities, educating them on preventing common diseases affecting indigenous communities. Finally, they trained others in these skills, helping restore threatened traditional knowledge and creating a strong base of indigenous women's health leadership in Guatemala, impacting 10,200 people.

Our Food for Life programme delivered emergency plant-based food parcels to 450 chronically malnourished children and women. HEAL Guatemala helped provide awareness of the benefits of a vegan diet to 45 young people and their communities. Moreover, community gardens created using traditional sustainable methods helped 9,200 people attain improved food security and mitigate the threats of climate change.

### **Human Rights and Empowerment**

AMOR believes that one of the best ways to bring about positive, profound and permanent change in indigenous communities is to support the human rights education of young people and women. Our efforts also focus on supporting Mayan human rights defenders and their vital work, and campaigning for justice alongside those communities that continue to be devastated by the effects of genocide.

In the past year, 90 indigenous young people's knowledge of human rights increased, and their leadership skills improved. These young people, in turn, disseminated this knowledge to their communities, impacting 6,350 people. Awareness of our justice campaign also expanded, while 45 indigenous women human rights defenders received vital security training, a knowledge that they transmitted to their organisations and communities, impacting 4,200 people.



| Section D | Achievements and performance |
|-----------|------------------------------|
|           |                              |

| Section E | Financial review |
|-----------|------------------|
|-----------|------------------|

|   |   |
|---|---|
| Brief statement of the charity's policy on reserves | Our current policy as a small charity is to hold on average five months' operating costs or one-fifth of our annual income in reserve. We predict that this will change as we continue to grow. |
| Details of any funds materially in deficit          | None  |

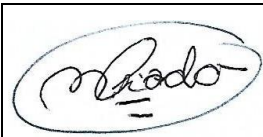
| Further financial review details (Optional information)  |  |
|--|--|
| <p>You <b>may choose</b> to include additional information, where relevant about:</p> <ul style="list-style-type: none"> <li>the charity's principal sources of funds (including any fundraising);</li> <li>how expenditure has supported the key objectives of the charity;</li> <li>investment policy and objectives including any ethical investment policy adopted.</li> </ul> |  |

| Section F | Other optional information |
|-----------|----------------------------|
|-----------|----------------------------|

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| Section G | Declaration |
|-----------|-------------|
|-----------|-------------|

The trustees declare that they have approved the trustees' report above.

|  |   |
|--|---|
| Signed on behalf of the charity's trustees |   |
| Signature(s)                               |  |

|  |                                |  |
|--|--------------------------------|--|
| <b>Full name(s)</b>                        | Mrs. Micaela Criado            |  |
| <b>Position (eg Secretary, Chair, etc)</b> | Treasurer                      |  |
| <b>Date</b>                                | 28 <sup>th</sup> December 2024 |  |



# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
AMOR

On accounts for the  
year ended

3<sup>rd</sup> March 2024

Charity  
no (if any)

1149487

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Sonia Whitehouse

Date:

29<sup>th</sup> December  
2024

Name:

Sonia Whitehouse

|  |  |
|--|--|
| Relevant professional qualification(s) or body (if any): |  |
|--|--|

|          |                                |
|----------|--------------------------------|
| Address: | 7 Mount Dinham, Exeter EX4 4EB |
|          |                                |
|          |                                |

|           |            |
|-----------|------------|
| Section B | Disclosure |
|-----------|------------|

Only complete if the examiner needs to highlight material problems.

|  |  |
|--|--|
| Give here brief details of any items that the examiner wishes to disclose. |  |
|--|--|