

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2021
for
M Club Foundation Ltd

Thompson Wright Limited
Chartered Accountants
Ebenezer House
Ryecroft
Newcastle under Lyme
Staffordshire
ST5 2BE

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for the Year Ended 31 December 2021

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charitable company are for the relief of need among communities for the public benefit by provision of grants for and to promote any other charitable purposes for the benefit of the community and, in particular, the advancement of health and fitness, rehabilitation, financial hardship, alleviate physical and mental health inequalities, address educational achievement and relief of poverty, distress and sickness.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the trust's aims and objectives and in planning future activities.

Public benefit

The trustees of the Charity are aware of the Charity Commission's guidance on public benefit and have had regard to it in their administration of the Charity.

ACHIEVEMENT AND PERFORMANCE

The impact of the work and activities carried out during the year has been to:

- Establish the internal management and workings of the charity including setting up of governance structure.
- Explore various sources of income including donations, and delivery partners for the various programmes.

FINANCIAL REVIEW

Financial position

The statement of financial activities is on page 4. The net outgoing resources for the year amounted to £6,518 with an income of £69,899.

In the opinion of the Trustees Board, the funds held at 31 December 2021 were available and adequate to fulfil the charitable company's existing obligations.

Reserves policy

The trustees have established a policy of building up a reserve to contribute to unforeseen costs with an aim of having a reserve equivalent of six months turnover. This reserve will be monitored annually and the contribution to the reserve adjusted accordingly.

FUTURE PLANS

The charitable company will continue its activities in future years. It keeps the facilities in its charge under continual review with a view to maintaining and enhancing them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, the articles of association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The Board of trustees contains a broad mix of skills thereby enhancing its effectiveness. When further trustees' recruitment is necessary the criteria for new members are decided using a skills audit to ensure the board retains its efficacy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

A board of trustees administers the charitable company. The trustees are, in part, appointed by the individual members. In considering other appointments to the board, the trustees try to achieve an appropriate mix and balance of skills. Trustees meet at least quarterly or more frequently if circumstances require.

Induction and training of new trustees

The present board of trustees are familiar with the charitable company's work and with their responsibilities and requirements as board members.

Related parties

M Club Foundation was a member of Fitness Leisure World CIC (formerly known as M Club Spa & Fitness CIC) prior to the entity being dissolved. None of the trustees are associated with the related party and the charitable company is not controlled by this body. M Club Foundation trustee Gill Sherwin was a director of Fitness Leisure World CIC.

Risk management

Details of the way the charitable company is governed are set out under an organisational structure. Trustee board meetings regularly review the controls operating around the organisation.

The Board carries out a formal risk review process to identify the principal risks facing the organisation. The risks are scored, and their relative importance agreed and various actions taken to mitigate the risks are also identified. The process is recorded and risks summarised together with an ongoing action plan in a formal risk management document.

The major risks are:

- Sustainability of donations and income
- Community risks (vandalism, drugs etc.)
- Catastrophic building failure

The trustees continue to monitor and mitigate these risks at trustee meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
07884948 (England and Wales)

Registered Charity number
1149481

Registered office
31 Iron Market Ironmarket
Newcastle
ST5 1RP

Trustees
P Samani
G Sherwin
M I Chaudry Director

M Club Foundation Ltd

Report of the Trustees
for the Year Ended 31 December 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
J Bostock BA(Hons) BFP FCA
Thompson Wright Limited
Chartered Accountants
Ebenezer House
Ryecroft
Newcastle under Lyme
Staffordshire
ST5 2BE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 26 September 2022 and signed on its behalf by:

M I Chaudry - Trustee

Independent examiner's report to the trustees of M Club Foundation Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J Bostock BA(Hons) BFP FCA
Thompson Wright Limited
Chartered Accountants
Ebenezer House
Ryecroft
Newcastle under Lyme
Staffordshire
ST5 2BE

26 September 2022

Statement of Financial Activities
for the Year Ended 31 December 2021

	Notes	31.12.21 Unrestricted fund £	31.12.20 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		69,899	10,999
EXPENDITURE ON			
Charitable activities			
Grants payable		3,400	-
Other		3,118	20
Total		6,518	20
NET INCOME		63,381	10,979
RECONCILIATION OF FUNDS			
Total funds brought forward		21,857	10,878
TOTAL FUNDS CARRIED FORWARD		85,238	21,857

	Notes	31.12.21 Unrestricted fund £	31.12.20 Total funds £
CURRENT ASSETS			
Cash at bank		85,238	21,857
NET CURRENT ASSETS		<u>85,238</u>	<u>21,857</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		85,238	21,857
NET ASSETS		<u>85,238</u>	<u>21,857</u>
FUNDS	3		
Unrestricted funds		<u>85,238</u>	<u>21,857</u>
TOTAL FUNDS		<u>85,238</u>	<u>21,857</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 September 2022 and were signed on its behalf by:

M I Chaudry - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.
- Legacy income is recognised when receipt is probable, and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. no amounts are included for the contribution of general volunteers.
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes and VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- Expenditure on raising funds includes the cost of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

3. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	21,857	63,381	85,238
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>21,857</u>	<u>63,381</u>	<u>85,238</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	69,899	(6,518)	63,381
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>69,899</u>	<u>(6,518)</u>	<u>63,381</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	10,878	10,979	21,857
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>10,878</u>	<u>10,979</u>	<u>21,857</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2021

3. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	10,999	(20)	10,979
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>10,999</u>	<u>(20)</u>	<u>10,979</u>

4. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

Detailed Statement of Financial Activities
for the Year Ended 31 December 2021

	31.12.21 £	31.12.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	-	10,999
Grants	69,899	-
	<u>69,899</u>	<u>10,999</u>
Total incoming resources	69,899	10,999
EXPENDITURE		
Charitable activities		
Grants to institutions	3,400	-
Other		
Repairs and maintenance	2,719	-
Support costs		
Finance		
Bank charges	24	20
Other		
Penalties	375	-
	<u>6,518</u>	<u>20</u>
Total resources expended	6,518	20
Net income	<u>63,381</u>	<u>10,979</u>