



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1.1.24 Period start date To 31.12.24 Period end date

Charity name: 21 AND CO LTD

Charity registration number: 1149464

Company number: 802192

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	1. The provision of support and the relief of persons with Down syndrome and their families and carers by the provision of advice and information. 2. The advancement of education of the general public and health care professionals about Down Syndrome and its implications for families and carers. 3. The advancement of education of persons with Down syndrome. 4. The provision of facilities for recreation in the interest of social welfare with the object of improving the conditions of life of persons with Down syndrome
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our principal activity is the provision of speech and communication groups for children. This helps them integrate into mainstream education. We also provide help to parents through social activities and one to one support.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have complied with their duty in section 17(5) of the Charities Act 2011 to have regard to the public benefit guidance published by the Charity Commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable

Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	All the trustee are parents of children with Down Syndrome. Many parents, family members and friends donate their time in supporting our charitable activities.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Our principal activities are the provision of the following for children with Downs Syndrome and their parents and carers:</p> <p>Pre School children's speech groups.</p> <p>School age social interaction and communication groups.</p> <p>Drama group.</p> <p>Youth Club for young people between the ages of eleven and eighteen.</p> <p>Club 21 which provide weekend events for families with children of all ages.</p> <p>At our various events we encourage our members to share their experiences and discuss the issues their families face. The sessions are open to parents, carers and siblings.</p> <p>Our Co-Chair carries out home visits with expectant parents and is the first contact for online enquiries at: Our website http://www.21andco.org.uk/ provides a source of reference.</p> <p>Our Monthly newsletter incorporates all 21&CO news and events and includes events organised by other groups and local authorities which might of interest to our members.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We continue to provide our core services.
Performance of fundraising activities against objectives set	Para 1.41	Our reserves reduced slightly to £92029. This figure is roughly one and a half times our annual running costs.
Investment performance against objectives	Para 1.41	Not applicable
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our income for the year was £86787 and our running costs £90938
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to hold at least one year's average cost in reserve.
Amount of reserves held	Para 1.22	£89448
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no current concerns.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our sources of income this year came from voluntary donations 66% including gift aid, members fees 30% and 4% fundraising. There was a single donation of £31550 from the Hollyhock Foundation.
Investment policy and objectives including any social investment policy adopted	Para 1.46	We continue to seek donations in order to provide subsidised services to our families. We also aim to pay competitive rates of pay to our staff.
A description of the principal risks facing the charity	Para 1.46	We will only continue to thrive if our members their friends and families support us with donations and fundraising.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum and Articles Incorporated 31st May 2012
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Incorporated Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by our members.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Informal
The charity's organisational structure and any wider network with which the charity works	Para 1.51	All our trustees are parents of children with Down Syndrome. Some of us have backgrounds in finance, education and performance. We all share a determination to help other parents with DS using our expertise and more importantly our experiences. We also utilise the experiences of our members.
Relationship with any related parties	Para 1.51	We are affiliated to the Down Syndrome Association attend the annual DSUK conference for support groups.
Other		

Reference and Administrative details

Charity name	21 and CO Ltd
Other name the charity uses	21&CO , TwentyOne and CO.
Registered charity number	1149464
Charity's principal address	15 Cotsford Avenue New Malden Surrey KT3 5EU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Katerina Bowman	Co-Chair		
2	Louise Beattie	Co-Chair		
3	Mark Bowman	Treasurer		
4	Georgina Devereaux			
5	Charlene Hayden			
6	Florence Bance		2.7.24 onwards	
7	Catherine Griffith		1.1.24 to 13.1.24	
8	Eleanor Martin		1.1.24 to 2.7.24	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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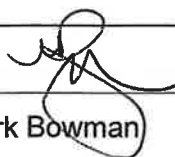
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Katerina Bowman	Mark Bowman
Position (eg Secretary, Chair, etc)	CO-Chair	Treasurer

Date 18.5.25



21 and CO Ltd			Charity No	1149454	CC17a
			Company No	802192	
Annual accounts for the period					
Period start date	01.01.24	To	Period end date	31.12.24	


Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Restricted			Total this year £	Total last year £
			Unrestricted funds £	income funds £	Endowment funds £		
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds							
Voluntary income		S01	54,590	-	-	54,590	50,683
Activities for generating funds		S02	1,163	-	-	1,163	1,685
Investment income		S03	1,079	-	-	1,079	877
Incoming resources from charitable activities		S04	21,990	-	-	21,990	18,915
Other incoming resources		S05	7,965	-	-	7,965	5,282
Total incoming resources		S06	86,787	-	-	86,787	77,442
Resources expended (Notes 4-8)							
Costs of Generating Funds							
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	870
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	86,649	-	-	86,649	72,763
Governance costs		S11	4,289	-	-	4,289	1,561
Other resources expended		S12	-	-	-	-	2,212
Total resources expended		S13	90,938	-	-	90,938	77,406
Net incoming/(outgoing) resources before transfers		S14	- 4,151	-	-	- 4,151	36
Gross transfers between funds		S15	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	- 4,151	-	-	- 4,151	36
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	- 4,151	-	-	- 4,151	36
Total funds brought forward		S20	36	-	-	36	-
Total funds carried forward		S21	- 4,115	-	-	- 4,115	36

Section B Balance sheet

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 9)	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
Total fixed assets	B04	-	-	-	-	-
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	560	-	-	560	597
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	92,029	-	-	92,029	99,348
Total current assets	B09	92,589	-	-	92,589	99,945
Creditors: amounts falling due within one year (Note 12)	B10	3,141	-	-	3,141	6,346
Net current assets/(liabilities)	B11	89,448	-	-	89,448	93,599
Total assets less current liabilities	B12	89,448	-	-	89,448	93,599
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	-
Net assets	B15	89,448	-	-	89,448	93,599
Funds of the Charity						
Unrestricted funds	B16	-			-	-
	B17	-			-	-
Restricted income funds (Note 13)	B18		-		-	-
Endowment funds (Note 13)	B19			-	-	-
Total funds	B20	-	-	-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Katerina Bowman	18.525
	Mark Bowman	

Section C**Notes to the accounts****Note 1 Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with*

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 Accounting Standards;
- or
- and with the Charities Act.

[** except for the following].

Give details in this box if a different standard has been followed.

* -Tick as appropriate:

- if all relevant disclosures shown in the pack have been given then please tick "Accounting Standards";
- if disclosures completed in these accounts have been restricted to those required by the FRSSE, then please tick "Financial Reporting Standards for Smaller Enterprises (FRSSE)".

** - If no departures from the chosen standards have been made then delete these words; otherwise give details of any changes in the boxes.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year (§ except for the following).

Give details in this box of any material changes that have been made.

§ if no changes have been made to accounting policies then delete these words.

1.3 Changes to previous accounts

No changes have been made to accounts for previous years (§§ except for the following).

Give details in this box of any material changes that have been made.

§§ if no changes have been made to accounts for previous periods then delete these words.

Note 2

Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when receivable.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

**Grants payable without performance conditions
Support Costs**

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS**Tangible fixed assets for use by charity**

These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Stocks and work in progress

These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE**

Note 3

Analysis of incoming resources

Incoming resources may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Voluntary income	Donations and gifts	29,849	33,942
	Gift Aid	3,062	938
	General grants and provided by government /other charities	31,550	22,065
	Membership subscriptions and sponsorships which are in substance donations.	18,929	17,935
		-	-
	Total	83,390	74,880
Activities for generating funds	Fund Raising	2,318	1,685
		-	-
		-	-
		-	-
		-	-
	Total	2,318	1,685
Investment income	Interest Income	1,079	877
		-	-
		-	-
		-	-
		-	-
	Total	1,079	877
Incoming resources from charitable activities		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-

Section C**Notes to the accounts****(con)****Note 4****Analysis of resources expended**

Resources expended may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Costs of generating voluntary income		-	-
		-	-
		-	-
		-	-
	Total	-	-
Fundraising trading costs	Staging fundraising events	-	870
	Costs seeking donations	331	216
		-	-
		-	-
	Total	331	1,086
Investment management costs		-	-
		-	-
	Total	-	-
Charitable activities	Payroll Costs	61,006	53,256
	Events for members	10,466	13,669
	Room Hire	10,445	5,174
	Other costs	4,401	2,660
	Total	86,318	74,759
Governance costs	Independent Examiners fee	200	200
	DBS Checks for staff	1,275	750
	Trustee Insurance	884	611
	Legal fees for changes to employee contracts	1,930	-
	Total	4,289	1,561

Section C	Notes to the accounts	(cont)
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Note 5 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
Running commuication, drama and youth groups	75,214	-	-	75,214
Holiday Club	11,104	-	-	11,104
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	86,318	-	-	86,318

Note 6 Details of certain items of expenditure

6.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
3	2
Reimbursement of costs incurred in running charitable activities.	Reimbursement of costs incurred in running charitable activities.
£2,577	£1,646

6.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

Independent examiner's or auditors' fees for reporting on the accounts

Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor

This year £	Last year £
200	200
1930	

Section C
Notes to the accounts
(cont)
Note 7 Paid employees
Please complete this note if the charity has any employees.
7.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	61,006	53,256
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	61,006	53,256

7.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work		
Fundraising	-	-
Charitable Activities	24	23
Governance	-	-
Other	-	-
Total	24	23

7.3 Defined contribution pension scheme
Please complete if a defined contribution pension scheme is operated.
Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

Section C	Notes to the accounts	(cont)
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Note 13 **Endowment and restricted income funds**

Please complete this section if the charity has any endowment or restricted income funds.

13.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions

13.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £	Fund balances carried forward £
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Total Funds	-	-	-	-	-	-

13.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason	Amount

Note 14 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

14.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
Katerina Bowman		6720	6600
Louise Beattie		2626	2390

14.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties				
Due from trustees and related parties				

14.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £

Section C	Notes to the accounts	(cont)
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Note 15	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.



Section A

Independent Examiner's Report

Report to the
trustees/directors/
members of

21 AND Co

On accounts for the year
ended

31 DECEMBER 2024

Charity no.:

1149464

Company no.:

08091292

Set out on pages

1 - 2

(remember to include the page numbers of additional sheets)

I report to the charity trustees on my examination of the accounts of the Company for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent
examiner's statement

~~[The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

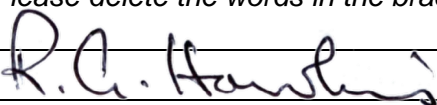
I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:



Date:

18 MAY 2025

Name:

ROBERT GRENVILLE HAWKINS

Relevant professional
qualification(s) or body
(if any):

Chartered Member of the Institute of Internal Auditors (CMIIA)

Address:

15 REED POND WALK

ROMFORD

RM2 5PH

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of
any items that the
examiner wishes to
disclose.