

Charity registration number 1149396

Company registration number 05005063 (England and Wales)

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans R Trahern A Foster K Osayande
Charity number	1149396
Company number	05005063
Registered office	St Nicolas Park Clinic Windermere Avenue Nuneaton Warwickshire United Kingdom CV11 6HH
Independent examiner	Azets Audit Services 6th Floor, Bank House 8 Cherry Street Birmingham United Kingdom B2 5AL
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire Natwest Bank 1 Market Place Nuneaton Warwickshire

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are as follows:

To promote, protect and improve physical and mental health, and narrow the gap in health inequalities, of the inhabitants of Northern Warwickshire and the surrounding areas ("The area of benefit") in such ways as the trustees see fit. In particular but not exclusively through the provision of activities that contribute to improving nutrition, wellbeing and disease management.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked throughout Northern Warwickshire and the surrounding areas.

Our Ediblelinks project has improved access for people experiencing food poverty via third sector and public agency referrals, through food parcels, Honesty Shops and food supplied to community groups..

The Social Supermarket developed and introduced in 2021-22 has continued to grow and now operates 3 days a week. We continue to provide a meal delivery service and luncheon club.

HLN partnership working continues to grow and strengthen. Working collaboratively provides statutory sector partners with a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Projects

People's Pantry (ongoing) - During the year HLN prepared and delivered 1,855 meals to 40 beneficiaries. We have seen a decline in demand for this service post pandemic.

The Luncheon Club service prepared and served 1,855 meals to 42 beneficiaries. Demand has increased post pandemic.

Community Projects (ongoing) - Various community projects including the Social Supermarket, for people facing food poverty in North Warwickshire, provided 2,972 people access to affordable healthy food options preventing poor mental health caused by stress, 6 volunteers gained a level 1 and 5 a level 2 Food Safety and Hygiene certificate.

NBBC Jubilee Tea (ended) - Jubilee celebration event where 28 meals were prepared and served to older people at the Bedworth Luncheon Club.

The National Lottery Fund Grant, Ediblelinks Sustainability (ongoing) - £227,893 2 years funding began in January 2023 to support and develop the project to become sustainable.

WCC Councillor Grant - Ediblelinks (Fuel) (ended) - Funding to support Ediblelinks van fuel costs.

WCC Household Support Fund Grants (ended) - Funding to subsidise Meals on Wheels, Family Food Bags and the Social Supermarket during the summer holidays, in addition Christmas Hampers provided for 60 vulnerable families, totalling 180 people and 3,780 meals and gifts for children. 50 Households with 125 people benefitted from emergency packs including 875 food parcels/meals

Ocado Healthy Hearts - 80 people received first aid training.

Awards for All, Winter Warm and Well (Ongoing) - 3 tiers of emergency support; access to hot healthy cooked food on a daily basis; practical support as appropriate with a 24 hour flask, blankets, gloves, hats, scarves and socks; slow cooker and appropriate healthy food for 7 days plus training if needed.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado, Aldi and Brakes. Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. Groups benefitting from Ediblelinks supported 59,408 people, 877 referrals supporting 2,275 people, 600 food hampers to older people and 4,676 people supported with food bags.

Volunteers

During the year volunteers assisted in activities delivered by the Healthy Living Network. Without volunteers much of our work would not have been achievable. We estimate the current value of volunteer time is £140,792 pa based on 7,525 hours at £18.71 (The mean figure of Gross Hourly Pay, Annual Survey of Hours and Earnings (ASHE)2022).

The Board of Trustees would like to thank all staff and volunteers for their commitment and hard work during these challenging times.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network continued to receive grant funding and with a concerted effort increased donations by 160% from £68k to £112k.

HLN was supported by our reserves until December 2022 due to a gap in secured funding; from January 2023 2 years funding from the National Lottery Fund for Ediblelinks Sustainability began with the aim of bridging the gap until sustainability is achieved.

The Statement of Financial Activities shows net outgoing resources of £49,788. Total reserves at 31st March 2023 were £305,113 of which £116,350 relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current level of activities while consideration is given to ways in which additional funds may be raised.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £9,571.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans

R Trahern

A Foster

K Osayande

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.



R Trahern

Trustee

Dated: 14/11/23

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Robert Anderson FCA
Azets Audit Services

6th Floor, Bank House
8 Cherry Street
Birmingham
B2 5AL
United Kingdom

Dated: 17/11/23

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	3	37,189	164,082	201,271	136,501
Charitable activities	4	29,240	121,032	150,272	131,575
Total income		66,429	285,114	351,543	268,076
Expenditure on:					
Charitable activities	5	86,696	314,635	401,331	435,420
Net outgoing resources before transfers		(20,267)	(29,521)	(49,788)	(167,344)
Gross transfers between funds		10,861	(10,861)	-	-
Net expenditure for the year/ Net movement in funds		(9,406)	(40,382)	(49,788)	(167,344)
Fund balances at 1 April 2022		125,756	229,145	354,901	522,243
Fund balances at 31 March 2023		116,350	188,763	305,113	354,899

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	9		23,505		30,580
Current assets					
Debtors	10	17,499		10,291	
Cash at bank and in hand		334,824		372,870	
		352,323		383,161	
Creditors: amounts falling due within one year	11	(70,715)		(58,842)	
Net current assets			281,608		324,319
Total assets less current liabilities			305,113		354,899
Income funds					
Restricted funds	14		188,763		229,143
<u>Unrestricted funds - general</u>					
Designated funds	12	106,779		115,031	
General unrestricted funds		9,571		10,725	
			116,350		125,756
			305,113		354,899

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14/11/23


R Trahem
Trustee

Company registration number 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is St Nicolas Park Clinic, Windermere Avenue, Nuneaton, Warwickshire, CV11 6HH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £49,671, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £4,840 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £2,000 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,200 per year.

North Warwickshire Borough Council allows the charity to occupy a warehouse free of charge at a value of approximately £14,780 per year along with national non domestic rates discretionary relief of £2,391. Atherstone Town Council allows the charity to occupy a unit at a value of approximately £4,434.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £35,000.

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds general 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and gifts	37,189	164,082	201,271	14,448	122,053	136,501
Donations and gifts						
Gifts in Kind	13,474	52,171	65,645	7,280	53,502	60,782
Other donations	23,715	111,911	135,626	7,168	68,551	75,719
	37,189	164,082	201,271	14,448	122,053	136,501

4 Charitable activities

	2023 £	2022 £
Warwickshire County Council		
Other income (see below)	21,661	9,779
CRT Recovery & Resilience Fund	84,961	80,622
The National Lottery Grant Funding	-	9,697
	43,650	31,477
	150,272	131,575
Analysis by fund		
Unrestricted funds - general	29,240	18,937
Restricted funds	121,032	112,638
	150,272	131,575
Performance related grants		
General		
Ediblelinks Donations	18,068	18,637
Julia & Hans Rausing Trust	49,671	61,260
Platform Housing	13,534	-
Other	-	620
	3,688	105
	84,961	80,622

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	2023 £	2022 £
Staff costs	81,103	113,889
Depreciation and impairment	7,841	10,194
Food bank donations given away	49,669	61,261
Project costs	8,363	2,728
Rent (gift in kind)	26,445	25,902
Training and recruitment	-	487
Travelling expenses	8,554	11,939
Room hire and refreshments	400	1,530
Telephone	2,444	3,487
Printing, postage and stationery	1,052	1,309
Repairs and renewals (including uniforms)	1,524	9,244
IT (gift in kind)	2,000	880
Transport (gift in kind)	35,000	32,000
Heat and light	7,438	6,872
Sundry	12,237	12,863
Bank charges	829	506
	<u>244,899</u>	<u>295,091</u>
Share of support costs (see note 6)	151,652	134,098
Share of governance costs (see note 6)	4,780	6,231
	<u>401,331</u>	<u>435,420</u>
Analysis by fund		
Unrestricted funds - general	86,696	106,706
Restricted funds	314,635	328,714
	<u>401,331</u>	<u>435,420</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

6 Support costs

	Support costs £	Governance costs £	2023 Support costs £	Governance costs £	2022 £
Staff costs	146,808	-	146,808	129,036	129,036
Insurance	3,486	-	3,486	3,601	3,601
Miscellaneous expenses	1,358	-	1,358	1,461	1,461
Legal and professional	-	2,580	2,580	-	4,231
Payroll	-	2,200	2,200	-	2,000
	<u>151,652</u>	<u>4,780</u>	<u>156,432</u>	<u>134,098</u>	<u>140,329</u>
Analysed between Charitable activities	<u>151,652</u>	<u>4,780</u>	<u>156,432</u>	<u>134,098</u>	<u>140,329</u>

Governance costs includes payments to the Independent Examiner of £1,600 (2022- £1,200) for examiners fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	13	14
Employment costs		
	2023 £	2022 £
Wages and salaries	173,276	188,281
Social security costs	14,056	14,066
Other pension costs	40,579	40,578
	<u>227,911</u>	<u>242,925</u>

No Staff have a salary in excess of £60,000 per annum. (2022: None)

There were no employees whose annual remuneration was more than £60,000.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Tangible fixed assets

	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2022	37,450	53,453	90,903
Additions	200	567	767
	<u>37,650</u>	<u>54,020</u>	<u>91,670</u>
At 31 March 2023	37,650	54,020	91,670
Depreciation and Impairment			
At 1 April 2022	21,659	38,665	60,324
Depreciation charged in the year	3,999	3,842	7,841
	<u>25,658</u>	<u>42,507</u>	<u>68,165</u>
At 31 March 2023	25,658	42,507	68,165
Carrying amount			
At 31 March 2023	<u>11,992</u>	<u>11,513</u>	<u>23,505</u>
At 31 March 2022	<u>15,791</u>	<u>14,789</u>	<u>30,580</u>

10 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	1,555	403
Other debtors	13,151	7,138
Prepayments and accrued income	2,793	2,750
	<u>17,499</u>	<u>10,291</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	<u>70,715</u>	<u>58,842</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			Movement in funds			Transfers	Balance at
	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 1 April 2022	Incoming resources	Resources expended	31 March 2023	31 March 2023
	£	£	£	£	£	£	£	£
Contingency	88,646	-	-	88,646	-	-	-	88,646
Peoples Pantry	26,816	17,227	(33,230)	10,813	17,979	(34,204)	1,576	(3,836)
Community Projects	51,230	7,874	(41,532)	17,572	20,840	(23,728)	9,285	23,989
	<u>164,692</u>	<u>25,101</u>	<u>(74,762)</u>	<u>115,031</u>	<u>38,819</u>	<u>(57,932)</u>	<u>10,861</u>	<u>106,779</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Analysis of net assets between funds

	General 2023 £	Restricted 2023 £	Total 2023 £	General 2022 £	Restricted 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	23,505	-	23,505	30,580	-	30,580
Current assets/(liabilities)	92,845	188,763	281,608	95,176	229,143	324,319
	<u>116,350</u>	<u>188,763</u>	<u>305,113</u>	<u>125,756</u>	<u>229,143</u>	<u>354,899</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021 £	Movement in funds		Transfers	Balance at 1 April 2022 £	Movement in funds		Transfers	Balance at 31 March 2023 £
		Incoming resources £	Resources expended £	£		Incoming resources £	Resources expended £	£	
Redundancy	44,742	-	(249)	9,694	54,187	-	(676)	5,312	58,823
CRT Recovery & Resilience Fund	-	9,697	(9,697)	-	-	-	-	-	-
WCC Household Support Fund Grants	-	-	-	-	-	9,989	(9,989)	-	-
WCC Councillor Grant - Ediblelinks (Fuel)	-	-	-	-	-	1,000	(1,000)	-	-
NBBC Jubilee Tea	-	-	-	-	-	188	(188)	-	-
Ocado Healthy Hearts	-	-	-	-	-	1,000	(1,000)	-	-
Ediblelinks	200,800	184,038	(229,403)	-	155,435	229,286	(259,280)	(16,173)	109,268
The National Lottery Community Fund - Ediblelinks Sustainability	-	-	-	-	-	34,630	(32,814)	-	1,816
National Lottery Awards for All - Winter Warm & Well	-	-	-	-	-	-	-	-	-
Big Lottery Fund Grant - Ediblelinks	45,704	31,477	(74,330)	-	2,851	9,020	(4,805)	-	4,215
WRAP - Food Waste Reduction Fund	13,266	-	(3,315)	-	9,951	-	(713)	-	2,138
Big Lottery - COVID 19 Response	4,270	-	(1,068)	-	3,202	-	(2,487)	-	7,464
WCC - COVID 19 LA Emergency Assistance	4,689	-	(1,172)	-	3,517	-	(801)	-	2,401
Grassroots Engagement & Insights	-	9,479	(9,479)	-	-	-	(879)	-	2,638
	313,472	234,691	(328,713)	9,694	229,145	285,113	(314,632)	(10,861)	188,763

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds (Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly luncheon club and meal delivery service including welfare visits, for low income families and older vulnerable people.

Community Projects - Various activities to support health and wellbeing, including the social supermarket.

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

WCC Councillor Grant, Ediblelinks (fuel) - Funding to support increased fuel costs.

WCC Household Support Fund Grants - Various funding grants supporting meals on wheels, family food bags, the Social Supermarket, Christmas Hampers and Winter Warmth Emergency Response Packs.

NBBC Jubilee Tea - Jubilee Celebration Event

Orado Healthy Hearts - First Aid Training

Ediblelinks - Cross-sector, cross boundary, multi partnership programme seeking to address food pverty and diet related ill health with a scaleable, long term sustainable solution.

The National Lottery Community Fund, Ediblelinks Sustainability - Funding to support and develop the project to become sustainable.

Awards for All, Winter Warm and Well - emergency support providing food, hot meals and equipment to keep warm during the winter.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

16 Cash generated from operations

	2023 £	2022 £
Deficit for the year	(49,788)	(167,344)
Adjustments for:		
Depreciation and impairment of tangible fixed assets	7,841	10,194
Movements in working capital:		
(Increase) in debtors	(7,206)	(7,057)
Increase in creditors	11,874	40,839
Cash absorbed by operations	<u>(37,279)</u>	<u>(123,368)</u>

17 Analysis of changes in net funds

The charity had no debt during the year.

