

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales · Charity number 1149396

Details

Other names N&B; HLN

Status Registered

Legal form Charitable company

Company number [05005063](#)

Registered 2012-10-19

Register [View on the Charity Commission register](#)

Contact

Address Unit 3
Innage Park
Abeles Way
Holly Lane Industrial Estate
Atherstone
Warwicks

Phone 01827715125

Email sonya.johnson@nhs.net

Website hln.btck.co.uk

Activities

Objects: TO PROMOTE, PROTECT AND IMPROVE PHYSICAL AND MENTAL HEALTH, AND NARROW THE GAP IN HEALTH INEQUALITIES, OF THE INHABITANTS OF NORTHERN WARWICKSHIRE AND THE SURROUNDING AREAS ("THE AREA OF BENEFIT") IN SUCH WAYS AS THE TRUSTEES SEE FIT. IN PARTICULAR BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF ACTIVITIES THAT CONTRIBUTE TO IMPROVING NUTRITION, WELLBEING AND DISEASE MANAGEMENT.

Activities: Various activities to promote and protect physical & mental health including:--Redistribute surplus food from the private sector to people in Warwickshire-Weekly health and wellbeing days for older and vulnerable people-Carry out Mini Health Checks -Plot to plate sessions, teaching people how to sow, grow cook and eat healthy food-Recruitment, training and support of volunteers

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Coventry City
- Leicestershire
- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£468,438	£462,942	-	-
2024-03-31	£511,743	£426,285	£390,571	13
2023-03-31	£351,543	£401,331	-	-
2022-03-31	£268,076	£435,420	-	-
2021-03-31	£652,424	£423,938	£522,242	14

Trustees

Name	Role	Appointed
Amy Joanne Foster		2020-11-24
Belinda Jane Bollans		2018-04-24
Philip George Salmon		2025-03-06
ROBERT DAVID TRAHERN		2020-03-05

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales - Charity number 1149396

Accounts

Charity registration number 1149396

Company registration number 05005063 (England and Wales)

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans R Trahern A Foster P G Salmon	(Appointed 6 March 2025)
Charity number	1149396	
Company number	05005063	
Registered office	Unit 3 Abeles Way Holly Lane Industrial Estate Atherstone CV9 2QX	
Independent examiner	Azets Audit Services 6th Floor, Bank House 8 Cherry Street Birmingham United Kingdom B2 5AL	
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire	
	Natwest Bank 1 Market Place Nuneaton Warwickshire	

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are as follows:

To promote, protect and improve physical and mental health, and narrow the gap in health inequalities, of the inhabitants of Northern Warwickshire and the surrounding areas ("the area of benefit") in such ways as the Trustees see fit. In particular but not exclusively through the provision of activities that contribute to improving nutrition, wellbeing and disease management.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked throughout Northern Warwickshire and the surrounding areas.

Our services were negatively impacted during the year, following a break in and the theft of vans resulting in a disruption to collections and distribution of surplus.

Our Ediblelinks project continues to improve access for people experiencing food poverty via third sector and public agency referrals, through food parcels, Honesty Shops and food supplied to community groups. During 2025 outreach into the community to supply surplus food began.

The Social Supermarket operates 4 sessions over 2 sites.

Peoples Pantry has continued to provide a meal delivery service and luncheon club.

HLN partnership working continues to grow and strengthen. Working collaboratively creates a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary.

Projects

People's Pantry(ongoing) - During the year HLN prepared and delivered 1,284 meals to 47 beneficiaries.

The luncheon club service prepared and served 1,060 meals to 63 beneficiaries.

Community Projects (ongoing) – Various community projects including our directly delivered, Social Supermarket, for people facing food poverty in North Warwickshire, provided 5,395 people access to affordable healthy food options preventing poor mental health caused by stress.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado, Aldi, Tesco and Brakes. Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. Ediblelinks supported 47,761 beneficiaries during the period.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Volunteers

During the year volunteers assisted in activities delivered by the Healthy Living Network. Without volunteers much of our work would not have been achievable. We estimate the current value of volunteer time is £158,792 pa based on 7,335 hours x £21.65 (the mean figure of Gross Hourly Pay, Annual Survey of Hours and Earnings, (ASHE) 2024).

The Board of Trustees would like to thank all of staff and volunteers for their commitment and hard work during these challenging times.

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network received grant funding, with The National Lottery Community Fund - Ediblelinks Sustainability coming to an end in December 2024. Donations received during the year increased from the previous year.

The Statement of Financial Activities shows net incoming resources of **£5,496**. Total reserves at 31st March 2025 were **£396,067** of which **£178,156** relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current level of activities while consideration is given to ways in which additional funds may be raised.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £9,643.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans

R Trahern

A Foster

K Osayande

(Resigned 5 November 2025)

P G Salmon

(Appointed 6 March 2025)

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.



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R Trahern

Trustee

Dated: 21/11/25

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

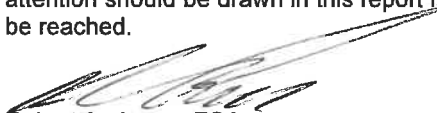
Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Robert Anderson FCA
Azets Audit Services

6th Floor, Bank House
8 Cherry Street
Birmingham
B2 5AL
United Kingdom

Dated:28/11/25.....

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income from:					
Donations and legacies	3	56,869	230,236	287,105	264,199
Charitable activities	4	16,702	164,631	181,333	247,544
Total income		<u>73,571</u>	<u>394,867</u>	<u>468,438</u>	<u>511,743</u>
Expenditure on:					
Charitable activities	6	77,276	385,666	462,942	426,285
Net (outgoing)/incoming resources before transfers		(3,705)	9,201	5,496	85,458
Gross transfers between funds		27,011	(27,011)	-	-
Net income/(expenditure) for the year/ Net movement in funds		<u>23,306</u>	<u>(17,810)</u>	<u>5,496</u>	<u>85,458</u>
Fund balances at 1 April 2024		154,850	235,721	390,571	305,113
Fund balances at 31 March 2025		<u><u>178,156</u></u>	<u><u>217,911</u></u>	<u><u>396,067</u></u>	<u><u>390,571</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	9		21,285		27,075
Current assets					
Debtors	10	24,428		20,901	
Cash at bank and in hand		366,363		357,197	
		<u>390,791</u>		<u>378,098</u>	
Creditors: amounts falling due within one year	11	(16,009)		(14,602)	
Net current assets			374,782		363,496
Total assets less current liabilities			<u>396,067</u>		<u>390,571</u>
Income funds					
Restricted funds	14		217,911		235,721
<u>Unrestricted funds - general</u>					
Designated funds	12	168,513		133,297	
General unrestricted funds		<u>9,643</u>		<u>21,553</u>	
			178,156		154,850
			<u>396,067</u>		<u>390,571</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on

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R Trahern
Trustee

Company registration number 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit 3 Abeles Way, Holly Lane Industrial Estate, Atherstone, CV9 2QX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £61,947, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £6,185 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £2,200 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,420 per year.

North Warwickshire Borough Council allows the charity to occupy a warehouse free of charge at a value of approximately £14,780 per year along with national non domestic rates discretionary relief of £2,461. Atherstone Town Council allows the charity to occupy a unit at a value of approximately £5,556.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £37,000.

Following a break-in at the premises and the theft of the two vans, Palmers Plumbing loaned a van for six weeks, and Centurion Fleet Hire loaned a van for two weeks, with a combined estimated value of approximately £2,400. Unisafe fitted additional locks to the premises, valued at approximately £1,250.

GF Tomlinson donated the use of a skip free of charge, valued at approximately £335.

Aldi donated two chillers free of charge, with an estimated value of approximately £4,000.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds general 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds general 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	56,869	230,236	287,105	58,860	205,339	264,199
Donations and gifts						
Gifts in Kind	16,361	62,226	78,587	14,262	54,241	68,503
Other donations	40,508	168,010	208,518	44,598	151,098	195,696
	<u>56,869</u>	<u>230,236</u>	<u>287,105</u>	<u>58,860</u>	<u>205,339</u>	<u>264,199</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	2025 £	2024 £
Warwickshire County Council	4,950	5,654
Other income (see below)	87,182	73,425
The National Lottery Grant Funding	89,201	168,465
	<u>181,333</u>	<u>247,544</u>
Analysis by fund		
Unrestricted funds - general	16,702	17,894
Restricted funds	164,631	229,650
	<u>181,333</u>	<u>247,544</u>
Performance related grants		
General	17,235	15,894
Ediblelinks Donations	61,947	45,531
Other	8,000	12,000
	<u>87,182</u>	<u>73,425</u>

5 Support costs

	Support costs £	Governance costs £	2025 £	2024 £
Staff costs	164,392	-	164,392	155,327
Insurance	3,960	-	3,960	3,122
Miscellaneous expenses	1,014	-	1,014	902
Legal and professional	-	2,520	2,520	2,370
Payroll	-	2,420	2,420	2,200
	<u>169,366</u>	<u>4,940</u>	<u>174,306</u>	<u>163,921</u>
Analysed between				
Charitable activities	<u>169,366</u>	<u>4,940</u>	<u>174,306</u>	<u>163,921</u>

Governance costs includes payments to the Independent Examiner of £2,520 (2024- £2,400) for examiners fees.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Charitable activities

	2025 £	2024 £
Staff costs	90,759	77,359
Depreciation and impairment	6,881	6,688
Food bank donations given away	61,947	45,532
Project costs	5,456	13,215
Rent (gift in kind)	28,982	27,303
Travelling expenses	8,575	8,682
Room hire and refreshments	965	1,225
Telephone	3,885	3,096
Printing, postage and stationery	1,117	1,235
Repairs and renewals (including uniforms)	5,433	3,317
IT (gift in kind)	2,200	2,000
Transport (gift in kind)	39,400	37,000
Heat and light	10,193	19,200
Sundry	21,506	15,539
Bank charges	1,337	974
	<u>288,636</u>	<u>262,365</u>
Share of support costs (see note 5)	169,366	159,350
Share of governance costs (see note 5)	4,940	4,570
	<u>174,306</u>	<u>163,920</u>
	<u>462,942</u>	<u>426,285</u>
Analysis by fund		
Unrestricted funds - general	77,276	52,305
Restricted funds	385,666	373,980
	<u>462,942</u>	<u>426,285</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
14	13
<u>14</u>	<u>13</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

8 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	205,661	181,306
Social security costs	16,151	14,184
Other pension costs	33,339	37,196
	<u>255,151</u>	<u>232,686</u>

No Staff have a salary in excess of £60,000 per annum. (2023: None)

There were no employees whose annual remuneration was more than £60,000.

9 Tangible fixed assets

	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2024	37,650	64,277	101,927
Additions	378	714	1,092
At 31 March 2025	<u>38,028</u>	<u>64,991</u>	<u>103,019</u>
Depreciation and impairment			
At 1 April 2024	28,655	46,198	74,853
Depreciation charged in the year	2,257	4,624	6,881
At 31 March 2025	<u>30,912</u>	<u>50,822</u>	<u>81,734</u>
Carrying amount			
At 31 March 2025	<u>7,116</u>	<u>14,169</u>	<u>21,285</u>
At 31 March 2024	<u>8,995</u>	<u>18,080</u>	<u>27,075</u>

10 Debtors

Amounts falling due within one year:	2025 £	2024 £
Trade debtors	1,129	2,540
Other debtors	20,105	17,522
Prepayments and accrued income	3,194	839
	<u>24,428</u>	<u>20,901</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	7,192	3,489
Accruals and deferred income	8,817	11,113
	<u>16,009</u>	<u>14,602</u>
	<u><u>16,009</u></u>	<u><u>14,602</u></u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2023		Movement in funds			Balance at 1 April 2024		Movement in funds			Balance at 31 March 2025	
	£	£	Incoming resources	Resources expended	Transfers	Incoming resources	Resources expended	Transfers	Incoming resources	Resources expended	£	£
Contingency	86,646	-	-	-	-	-	-	-	-	-	-	86,646
Peoples Pantry	(3,836)	17,726	17,726	(12,211)	1,172	27,507	(27,649)	1,390	27,507	(27,649)	1,390	4,099
Community Projects	23,969	25,454	25,454	(18,502)	12,879	38,466	(30,119)	25,621	38,466	(30,119)	25,621	77,768
	106,779	43,180	43,180	(30,713)	14,051	65,973	(57,768)	27,011	65,973	(57,768)	27,011	168,513

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

13 Analysis of net assets between funds

	General 2025 £	Restricted 2025 £	Total 2025 £	General 2024 £	Restricted 2024 £	Total 2024 £
Fund balances at 31 March 2025 are represented by:						
Tangible assets	21,285	-	21,285	27,075	-	27,075
Current assets/(liabilities)	156,871	217,911	374,782	127,775	235,721	363,496
	<u>178,156</u>	<u>217,911</u>	<u>396,067</u>	<u>154,850</u>	<u>235,721</u>	<u>390,571</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2023		Movement in funds		Balance at 1 April 2024		Movement in funds		Balance at 31 March 2025	
	£	£	Incoming resources	Resources expended	Transfers	£	Incoming resources	Resources expended	Transfers	£
Redundancy	58,823	-	-	-	8,133	66,956	-	-	7,289	74,246
WCC Household Support Food Provision Grant	-	4,654	-	(4,654)	-	-	-	-	-	-
Ediblelinks	109,268	261,869	261,869	(191,347)	(22,192)	157,601	181,491	(168,636)	(34,300)	136,155
The National Lottery Community Fund - Ediblelinks Sustainability	1,816	126,233	126,233	(127,141)	-	908	89,201	(90,109)	-	-
National Lottery Awards for All - Winter Warm & Well	4,215	-	-	(4,221)	6	-	-	-	-	-
Big Lottery Fund Grant - Ediblelinks	2,138	-	-	(1,258)	-	881	-	(401)	-	479
WRAP - Food Waste Reduction Fund	7,464	-	-	(1,865)	-	5,595	-	(1,399)	-	4,196
Big Lottery - COVID 19 Response	2,401	-	-	(601)	-	1,802	-	(450)	-	1,351
WCC - COVID 19 LA Emergency Assistance	2,638	-	-	(659)	-	1,978	-	(495)	-	1,484
TNLCF, Ediblelinks Social Supermarket Expansion	-	42,232	42,232	(42,234)	2	-	-	-	-	-
	188,763	434,988	434,988	(373,980)	(14,051)	235,721	270,692	(261,490)	(27,011)	217,911

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Restricted funds

(Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly luncheon club and meal delivery service including welfare visits, for low income families and older vulnerable people.

Community Projects - Various activities to support health and wellbeing, including the social supermarket.

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

WCC Household Support Fund, food provision - funding to support purchases of food

Ediblelinks - Cross-sector, cross boundary, multi partnership programme seeking to address food poverty and diet related ill health with a scaleable, long term sustainable solution.

The National Lottery Community Fund, Ediblelinks Sustainability - Funding to support and develop the project to become sustainable.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

15 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales - Charity number 1149396

Accounts

Charity registration number 1149396

Company registration number 05005063 (England and Wales)

**NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans R Trahern A Foster K Osayande
Charity number	1149396
Company number	05005063
Registered office	St Nicolas Park Clinic Windermere Avenue Nuneaton Warwickshire United Kingdom CV11 6HH
Independent examiner	Azets Audit Services 6th Floor, Bank House 8 Cherry Street Birmingham United Kingdom B2 5AL
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire Natwest Bank 1 Market Place Nuneaton Warwickshire

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are as follows:

To promote, protect and improve physical and mental health, and narrow the gap in health inequalities, of the inhabitants of Northern Warwickshire and the surrounding areas ("The area of benefit") in such ways as the trustees see fit. In particular but not exclusively through the provision of activities that contribute to improving nutrition, wellbeing and disease management.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked throughout Northern Warwickshire and the surrounding areas.

Our Ediblelinks project has improved access for people experiencing food poverty via third sector and public agency referrals, through food parcels, Honesty Shops and food supplied to community groups.

We expanded the Social Supermarket to 4 days a week over 2 sites, and continued to provide a meal delivery service and luncheon club.

HLN partnership working continues to grow and strengthen. Working collaboratively creates a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary.

Projects

People's Pantry (ongoing) - During the year HLN prepared and delivered 1,130 meals to 45 beneficiaries. The luncheon club service prepared and served 1,215 meals to 73 beneficiaries.

Community Projects (ongoing) – Various community projects including our directly delivered, Social Supermarket, for people facing food poverty in North Warwickshire, provided 4,748 people access to affordable healthy food options preventing poor mental health caused by stress.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado, Aldi, Tesco and Brakes. Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. Ediblelinks supported 47,596 beneficiaries during the period.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Volunteers

During the year volunteers assisted in activities delivered by the Healthy Living Network. Without volunteers much of our work would not have been achievable. We estimate the current value of volunteer time is £142,960 pa based on 7,116 hours x £20.09 (the mean figure of Gross Hourly Pay, Annual Survey of Hours and Earnings, (ASHE) 2023).

The Board of Trustees would like to thank all of staff and volunteers for their commitment and hard work during these challenging times.

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network received grant funding and saw donations increase from the previous year.

The Statement of Financial Activities shows net incoming resources of **£85,458**. Total reserves at 31st March 2024 were **£390,571** of which **£154,850** relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current level of activities while consideration is given to ways in which additional funds may be raised.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £21,553.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans

R Trahern

A Foster

K Osayande

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.


.....A

R Trahern

Trustee

Dated: 5/11/24

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Robert Anderson FCA
Azets Audit Services

6th Floor, Bank House
8 Cherry Street
Birmingham
B2 5AL
United Kingdom

Dated:20/11/24

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Donations and legacies	3	58,860	205,339	264,199	201,271
Charitable activities	4	17,894	229,650	247,544	150,272
Total income		76,754	434,989	511,743	351,543
<u>Expenditure on:</u>					
Charitable activities	6	52,305	373,980	426,285	401,331
Net incoming/(outgoing) resources before transfers		24,449	61,009	85,458	(49,788)
Gross transfers between funds		14,051	(14,051)	-	-
Net income/(expenditure) for the year/ Net movement in funds		38,500	46,958	85,458	(49,788)
Fund balances at 1 April 2023		116,350	188,763	305,113	354,901
Fund balances at 31 March 2024		154,850	235,721	390,571	305,113

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	9		27,075		23,505
Current assets					
Debtors	10	20,901		17,499	
Cash at bank and in hand		357,197		334,824	
		378,098		352,323	
Creditors: amounts falling due within one year	11	(14,602)		(70,715)	
Net current assets			363,496		281,608
Total assets less current liabilities			390,571		305,113
Income funds					
Restricted funds	14		235,721		188,763
<u>Unrestricted funds - general</u>					
Designated funds	12	133,297		106,779	
General unrestricted funds		21,553		9,571	
			154,850		116,350
			390,571		305,113


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 5/11/24



 R Trahem
 Trustee

Company registration number 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is St Nicolas Park Clinic, Windermere Avenue, Nuneaton, Warwickshire, CV11 6HH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £45,531, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £5,628 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £2,000 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,200 per year.

North Warwickshire Borough Council allows the charity to occupy a warehouse free of charge at a value of approximately £14,780 per year along with national non domestic rates discretionary relief of £2,461. Atherstone Town Council allows the charity to occupy a unit at a value of approximately £4,434.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £37,000.

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies

	Unrestricted funds general 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	58,860	205,339	264,199	37,189	164,082	201,271
Donations and gifts						
Gifts in Kind	14,262	54,241	68,503	13,474	52,171	65,645
Other donations	44,598	151,098	195,696	23,715	111,911	135,626
	58,860	205,339	264,199	37,189	164,082	201,271

4 Charitable activities

	2024 £	2023 £
Warwickshire County Council	5,654	21,661
Other income (see below)	73,425	84,961
The National Lottery Grant Funding	168,465	43,650
	247,544	150,272
Analysis by fund		
Unrestricted funds - general	17,894	29,240
Restricted funds	229,650	121,032
	247,544	150,272
Performance related grants		
General	15,894	18,068
Ediblelinks Donations	45,531	49,671
Julia & Hans Rausing Trust	-	13,534
Other	12,000	3,688
	73,425	84,961

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Support costs

	Support costs	Governance costs	2024	2023
	£	£	£	£
Staff costs	155,327	-	155,327	146,808
Insurance	3,122	-	3,122	3,486
Miscellaneous expenses	902	-	902	1,358
Legal and professional	-	2,370	2,370	2,580
Payroll	-	2,200	2,200	2,200
	<u>159,351</u>	<u>4,570</u>	<u>163,921</u>	<u>156,432</u>
Analysed between				
Charitable activities	<u>159,351</u>	<u>4,570</u>	<u>163,921</u>	<u>156,432</u>

Governance costs includes payments to the Independent Examiner of £2,000 (2023- £1,600) for examiners fees.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Charitable activities

	2024 £	2023 £
Staff costs	77,359	81,103
Depreciation and impairment	6,688	7,841
Food bank donations given away	45,532	49,669
Project costs	13,215	8,363
Rent (gift in kind)	27,303	26,445
Travelling expenses	8,682	8,554
Room hire and refreshments	1,225	400
Telephone	3,096	2,444
Printing, postage and stationery	1,235	1,052
Repairs and renewals (including uniforms)	3,317	1,524
IT (gift in kind)	2,000	2,000
Transport (gift in kind)	37,000	35,000
Heat and light	19,200	7,438
Sundry	15,539	12,237
Bank charges	974	829
	<u>262,365</u>	<u>244,899</u>
Share of support costs (see note 5)	159,350	151,652
Share of governance costs (see note 5)	4,570	4,780
	<u>426,285</u>	<u>401,331</u>
Analysis by fund		
Unrestricted funds - general	52,305	86,696
Restricted funds	373,980	314,635
	<u>426,285</u>	<u>401,331</u>

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
13	13
<u>13</u>	<u>13</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

8 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	181,306	173,276
Social security costs	14,184	14,056
Other pension costs	37,196	40,579
	<u>232,686</u>	<u>227,911</u>

No Staff have a salary in excess of £60,000 per annum. (2023: None)

There were no employees whose annual remuneration was more than £60,000.

9 Tangible fixed assets

	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2023	37,650	54,021	91,671
Additions	-	10,257	10,257
At 31 March 2024	<u>37,650</u>	<u>64,278</u>	<u>101,928</u>
Depreciation and impairment			
At 1 April 2023	25,658	42,507	68,165
Depreciation charged in the year	2,997	3,691	6,688
At 31 March 2024	<u>28,655</u>	<u>46,198</u>	<u>74,853</u>
Carrying amount			
At 31 March 2024	<u>8,995</u>	<u>18,080</u>	<u>27,075</u>
At 31 March 2023	<u>11,992</u>	<u>11,513</u>	<u>23,505</u>

10 Debtors

Amounts falling due within one year:	2024 £	2023 £
Trade debtors	2,540	1,555
Other debtors	17,522	13,151
Prepayments and accrued income	839	2,793
	<u>20,901</u>	<u>17,499</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

11 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	3,489	-
Accruals and deferred income	11,113	70,715
	<u>14,602</u>	<u>70,715</u>
	<u><u>14,602</u></u>	<u><u>70,715</u></u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2022 £	Movement in funds		Transfers £	Balance at 1 April 2023 £	Movement in funds		Transfers £	Balance at 31 March 2024 £
		Incoming resources £	Resources expended £			Incoming resources £	Resources expended £		
Contingency	86,646	-	-	-	86,646	-	-	-	86,646
Peoples Pantry	10,813	17,979	(34,204)	1,576	(3,836)	17,726	(12,211)	1,172	2,851
Community Projects	17,572	20,840	(23,728)	9,285	23,969	25,454	(18,502)	12,879	43,800
	115,031	38,819	(57,932)	10,861	106,779	43,180	(30,713)	14,051	133,297

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

13 Analysis of net assets between funds

	General 2024 £	Restricted 2024 £	Total 2024 £	General 2023 £	Restricted 2023 £	Total 2023 £
Fund balances at 31 March 2024 are represented by:						
Tangible assets	27,075	-	27,075	23,505	-	23,505
Current assets/(liabilities)	127,775	235,721	363,496	92,845	188,763	281,608
	<u>154,850</u>	<u>235,721</u>	<u>390,571</u>	<u>116,350</u>	<u>188,763</u>	<u>305,113</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2022		Movement in funds		Balance at 1 April 2023		Movement in funds		Balance at 31 March 2024	
	£	£	Incoming resources	Resources expended	Transfers	£	Incoming resources	Resources expended	Transfers	£
Redundancy	54,187	-	-	(676)	5,312	58,823	-	-	8,133	66,956
WCC Household Support Food Provision Grant	-	-	-	-	-	-	4,654	(4,654)	-	-
WCC Household Support Fund Grants	-	9,989	9,989	(9,989)	-	-	-	-	-	-
WCC Councillor Grant - Ediblelinks (Fuel)	-	1,000	1,000	(1,000)	-	-	-	-	-	-
NBBC Jubilee Tea	-	188	188	(188)	-	-	-	-	-	-
Ocado Healthy Hearts	-	1,000	1,000	(1,000)	-	-	-	-	-	-
Ediblelinks	155,435	229,286	229,286	(259,280)	(16,173)	109,268	261,869	(191,347)	(22,192)	157,598
The National Lottery Community Fund - Ediblelinks Sustainability	-	34,630	34,630	(32,814)	-	1,816	126,233	(127,141)	-	908
National Lottery Awards for All - Winter Warm & Well	-	9,020	9,020	(4,805)	-	4,215	-	(4,221)	6	-
Big Lottery Fund Grant - Ediblelinks	2,851	-	-	(713)	-	2,138	-	(1,258)	-	880
WRAP - Food Waste Reduction Fund	9,951	-	-	(2,487)	-	7,464	-	(1,865)	-	5,599
Big Lottery - COVID 19 Response	3,202	-	-	(801)	-	2,401	-	(601)	-	1,800
WCC - COVID 19 LA Emergency Assistance	3,517	-	-	(879)	-	2,638	-	(659)	-	1,979
TNLCF, Ediblelinks Social Supermarket Expansion	-	-	-	-	-	-	42,232	(42,234)	2	-
	229,145	285,113	285,113	(314,632)	(10,861)	188,763	434,988	(373,980)	(14,051)	235,721

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Restricted funds

(Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly luncheon club and meal delivery service including welfare visits, for low income families and older vulnerable people.

Community Projects - Various activities to support health and wellbeing, including the social supermarket.

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

WCC Household Support Fund, food provision - funding to support purchases of food

Ediblelinks - Cross-sector, cross boundary, multi partnership programme seeking to address food poverty and diet related ill health with a scalable, long term sustainable solution.

The National Lottery Community Fund, Ediblelinks Sustainability - Funding to support and develop the project to become sustainable.

The National Lottery Community Fund, Ediblelinks Social Supermarket Expansion - funding to support the expansion of the Social Supermarket.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

15 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales - Charity number 1149396

Accounts

Charity registration number 1149396

Company registration number 05005063 (England and Wales)

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans R Trahern A Foster K Osayande
Charity number	1149396
Company number	05005063
Registered office	St Nicolas Park Clinic Windermere Avenue Nuneaton Warwickshire United Kingdom CV11 6HH
Independent examiner	Azets Audit Services 6th Floor, Bank House 8 Cherry Street Birmingham United Kingdom B2 5AL
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire Natwest Bank 1 Market Place Nuneaton Warwickshire

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are as follows:

To promote, protect and improve physical and mental health, and narrow the gap in health inequalities, of the inhabitants of Northern Warwickshire and the surrounding areas ("The area of benefit") in such ways as the trustees see fit. In particular but not exclusively through the provision of activities that contribute to improving nutrition, wellbeing and disease management.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked throughout Northern Warwickshire and the surrounding areas.

Our Ediblelinks project has improved access for people experiencing food poverty via third sector and public agency referrals, through food parcels, Honesty Shops and food supplied to community groups..

The Social Supermarket developed and introduced in 2021-22 has continued to grow and now operates 3 days a week. We continue to provide a meal delivery service and luncheon club.

HLN partnership working continues to grow and strengthen. Working collaboratively provides statutory sector partners with a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Projects

People's Pantry (ongoing) - During the year HLN prepared and delivered 1,855 meals to 40 beneficiaries. We have seen a decline in demand for this service post pandemic.

The Luncheon Club service prepared and served 1,855 meals to 42 beneficiaries. Demand has increased post pandemic.

Community Projects (ongoing) - Various community projects including the Social Supermarket, for people facing food poverty in North Warwickshire, provided 2,972 people access to affordable healthy food options preventing poor mental health caused by stress, 6 volunteers gained a level 1 and 5 a level 2 Food Safety and Hygiene certificate.

NBBC Jubilee Tea (ended) - Jubilee celebration event where 28 meals were prepared and served to older people at the Bedworth Luncheon Club.

The National Lottery Fund Grant, Ediblelinks Sustainability (ongoing) - £227,893 2 years funding began in January 2023 to support and develop the project to become sustainable.

WCC Councillor Grant - Ediblelinks (Fuel) (ended) - Funding to support Ediblelinks van fuel costs.

WCC Household Support Fund Grants (ended) - Funding to subsidise Meals on Wheels, Family Food Bags and the Social Supermarket during the summer holidays, in addition Christmas Hampers provided for 60 vulnerable families, totalling 180 people and 3,780 meals and gifts for children. 50 Households with 125 people benefitted from emergency packs including 875 food parcels/meals

Ocado Healthy Hearts - 80 people received first aid training.

Awards for All, Winter Warm and Well (Ongoing) - 3 tiers of emergency support; access to hot healthy cooked food on a daily basis; practical support as appropriate with a 24 hour flask, blankets, gloves, hats, scarves and socks; slow cooker and appropriate healthy food for 7 days plus training if needed.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado, Aldi and Brakes. Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. Groups benefitting from Ediblelinks supported 59,408 people, 877 referrals supporting 2,275 people, 600 food hampers to older people and 4,676 people supported with food bags.

Volunteers

During the year volunteers assisted in activities delivered by the Healthy Living Network. Without volunteers much of our work would not have been achievable. We estimate the current value of volunteer time is £140,792 pa based on 7,525 hours at £18.71 (The mean figure of Gross Hourly Pay, Annual Survey of Hours and Earnings (ASHE)2022).

The Board of Trustees would like to thank all staff and volunteers for their commitment and hard work during these challenging times.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network continued to receive grant funding and with a concerted effort increased donations by 160% from £68k to £112k.

HLN was supported by our reserves until December 2022 due to a gap in secured funding; from January 2023 2 years funding from the National Lottery Fund for Ediblelinks Sustainability began with the aim of bridging the gap until sustainability is achieved.

The Statement of Financial Activities shows net outgoing resources of £49,788. Total reserves at 31st March 2023 were £305,113 of which £116,350 relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current level of activities while consideration is given to ways in which additional funds may be raised.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £9,571.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans
R Trahern
A Foster
K Osayande

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.



R Trahern

Trustee

Dated: 14/11/23

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Robert Anderson FCA
Azets Audit Services

6th Floor, Bank House
8 Cherry Street
Birmingham
B2 5AL
United Kingdom

Dated: 17/11/23

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	3	37,189	164,082	201,271	136,501
Charitable activities	4	29,240	121,032	150,272	131,575
Total income		66,429	285,114	351,543	268,076
Expenditure on:					
Charitable activities	5	86,696	314,635	401,331	435,420
Net outgoing resources before transfers		(20,267)	(29,521)	(49,788)	(167,344)
Gross transfers between funds		10,861	(10,861)	-	-
Net expenditure for the year/ Net movement in funds		(9,406)	(40,382)	(49,788)	(167,344)
Fund balances at 1 April 2022		125,756	229,145	354,901	522,243
Fund balances at 31 March 2023		116,350	188,763	305,113	354,899

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	9		23,505		30,580
Current assets					
Debtors	10	17,499		10,291	
Cash at bank and in hand		334,824		372,870	
		352,323		383,161	
Creditors: amounts falling due within one year	11	(70,715)		(58,842)	
Net current assets			281,608		324,319
Total assets less current liabilities			305,113		354,899
Income funds					
Restricted funds	14		188,763		229,143
<u>Unrestricted funds - general</u>					
Designated funds	12	106,779		115,031	
General unrestricted funds		9,571		10,725	
			116,350		125,756
			305,113		354,899


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14/11/23


R Trahem
Trustee

Company registration number 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is St Nicolas Park Clinic, Windermere Avenue, Nuneaton, Warwickshire, CV11 6HH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £49,671, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £4,840 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £2,000 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,200 per year.

North Warwickshire Borough Council allows the charity to occupy a warehouse free of charge at a value of approximately £14,780 per year along with national non domestic rates discretionary relief of £2,391. Atherstone Town Council allows the charity to occupy a unit at a value of approximately £4,434.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £35,000.

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds general 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds general 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and gifts	<u>37,189</u>	<u>164,082</u>	<u>201,271</u>	<u>14,448</u>	<u>122,053</u>	<u>136,501</u>
Donations and gifts						
Gifts in Kind	13,474	52,171	65,645	7,280	53,502	60,782
Other donations	<u>23,715</u>	<u>111,911</u>	<u>135,626</u>	<u>7,168</u>	<u>68,551</u>	<u>75,719</u>
	<u>37,189</u>	<u>164,082</u>	<u>201,271</u>	<u>14,448</u>	<u>122,053</u>	<u>136,501</u>

4 Charitable activities

	2023 £	2022 £
Warwickshire County Council		
Other income (see below)	21,661	9,779
CRT Recovery & Resilience Fund	84,961	80,622
The National Lottery Grant Funding	-	9,697
	<u>43,650</u>	<u>31,477</u>
	<u>150,272</u>	<u>131,575</u>
Analysis by fund		
Unrestricted funds - general	29,240	18,937
Restricted funds	<u>121,032</u>	<u>112,638</u>
	<u>150,272</u>	<u>131,575</u>
Performance related grants		
General	18,068	18,637
Ediblelinks Donations	49,671	61,260
Julia & Hans Rausing Trust	13,534	-
Platform Housing	-	620
Other	<u>3,688</u>	<u>105</u>
	<u>84,961</u>	<u>80,622</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	2023	2022
	£	£
Staff costs	81,103	113,889
Depreciation and impairment	7,841	10,194
Food bank donations given away	49,669	61,261
Project costs	8,363	2,728
Rent (gift in kind)	26,445	25,902
Training and recruitment	-	487
Travelling expenses	8,554	11,939
Room hire and refreshments	400	1,530
Telephone	2,444	3,487
Printing, postage and stationery	1,052	1,309
Repairs and renewals (including uniforms)	1,524	9,244
IT (gift in kind)	2,000	880
Transport (gift in kind)	35,000	32,000
Heat and light	7,438	6,872
Sundry	12,237	12,863
Bank charges	829	506
	<u>244,899</u>	<u>295,091</u>
Share of support costs (see note 6)	151,652	134,098
Share of governance costs (see note 6)	4,780	6,231
	<u>401,331</u>	<u>435,420</u>
Analysis by fund		
Unrestricted funds - general	86,696	106,706
Restricted funds	314,635	328,714
	<u>401,331</u>	<u>435,420</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Support costs

	Support costs £	Governance costs £	2023 Support costs £	Governance costs £	2022 £
Staff costs	146,808	-	146,808	129,036	129,036
Insurance	3,486	-	3,486	3,601	3,601
Miscellaneous expenses	1,358	-	1,358	1,461	1,461
Legal and professional	-	2,580	2,580	-	4,231
Payroll	-	2,200	2,200	-	2,000
	<u>151,652</u>	<u>4,780</u>	<u>156,432</u>	<u>134,098</u>	<u>140,329</u>
Analysed between Charitable activities	<u>151,652</u>	<u>4,780</u>	<u>156,432</u>	<u>134,098</u>	<u>140,329</u>

Governance costs includes payments to the Independent Examiner of £1,600 (2022- £1,200) for examiners fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	13	14
Employment costs		
	2023 £	2022 £
Wages and salaries	173,276	188,281
Social security costs	14,056	14,066
Other pension costs	40,579	40,578
	<u>227,911</u>	<u>242,925</u>

No Staff have a salary in excess of £60,000 per annum. (2022: None)

There were no employees whose annual remuneration was more than £60,000.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Tangible fixed assets	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2022	37,450	53,453	90,903
Additions	200	567	767
At 31 March 2023	<u>37,650</u>	<u>54,020</u>	<u>91,670</u>
Depreciation and Impairment			
At 1 April 2022	21,659	38,665	60,324
Depreciation charged in the year	3,999	3,842	7,841
At 31 March 2023	<u>25,658</u>	<u>42,507</u>	<u>68,165</u>
Carrying amount			
At 31 March 2023	<u>11,992</u>	<u>11,513</u>	<u>23,505</u>
At 31 March 2022	<u>15,791</u>	<u>14,789</u>	<u>30,580</u>
10 Debtors		2023	2022
Amounts falling due within one year:		£	£
Trade debtors		1,555	403
Other debtors		13,151	7,138
Prepayments and accrued income		2,793	2,750
		<u>17,499</u>	<u>10,291</u>
11 Creditors: amounts falling due within one year		2023	2022
		£	£
Accruals and deferred income		<u>70,715</u>	<u>58,842</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds		Movement in funds		Balance at 31 March 2023 £
	Incoming resources £	Resources expended £	Incoming resources £	Resources expended £	
Contingency	-	-	-	-	86,646
Peoples Pantry	17,227	(33,230)	17,979	(34,204)	(3,836)
Community Projects	7,874	(41,532)	20,840	(23,728)	23,989
	25,101	(74,762)	38,819	(57,932)	106,779

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Analysis of net assets between funds

	General 2023 £	Restricted 2023 £	Total 2023 £	General 2022 £	Restricted 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	23,505	-	23,505	30,580	-	30,580
Current assets/(liabilities)	92,845	188,763	281,608	95,176	229,143	324,319
	<u>116,350</u>	<u>188,763</u>	<u>305,113</u>	<u>125,756</u>	<u>229,143</u>	<u>354,899</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021		Movement in funds		Balance at 1 April 2022		Movement in funds		Balance at 31 March 2023	
	£	£	Incoming resources	Resources expended	Transfers	£	Incoming resources	Resources expended	Transfers	£
Redundancy	44,742	-	-	(249)	9,694	54,187	-	(676)	5,312	58,823
CRT Recovery & Resilience Fund	-	9,697	9,697	(9,697)	-	-	-	-	-	-
WCC Household Support Fund Grants	-	-	-	-	-	-	9,989	(9,989)	-	-
WCC Councillor Grant - Ediblelinks (Fuel)	-	-	-	-	-	-	1,000	(1,000)	-	-
NBBC Jubilee Tea	-	-	-	-	-	-	188	(188)	-	-
Ocado Healthy Hearts	-	-	-	-	-	-	1,000	(1,000)	-	-
Ediblelinks	200,800	184,038	184,038	(229,403)	-	155,435	229,286	(259,280)	(16,173)	109,268
The National Lottery Community Fund - Ediblelinks Sustainability	-	-	-	-	-	-	34,630	(32,814)	-	1,816
National Lottery Awards for All - Winter Warm & Well	-	-	-	-	-	-	-	-	-	-
Big Lottery Fund Grant - Ediblelinks	45,704	31,477	31,477	(74,330)	-	2,851	9,020	(4,805)	-	4,215
WRAP - Food Waste Reduction Fund	13,266	-	-	(3,315)	-	9,951	-	(713)	-	2,138
Big Lottery - COVID 19 Response	4,270	-	-	(1,068)	-	3,202	-	(2,487)	-	7,464
WCC - COVID 19 LA Emergency Assistance	4,689	-	-	(1,172)	-	3,517	-	(801)	-	2,401
Grassroots Engagement & Insights	-	9,479	9,479	(9,479)	-	-	-	(879)	-	2,638
	313,472	234,691	234,691	(328,713)	9,694	229,145	285,113	(314,632)	(10,861)	188,763

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds (Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly luncheon club and meal delivery service including welfare visits, for low income families and older vulnerable people.

Community Projects - Various activities to support health and wellbeing, including the social supermarket.

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

WCC Councillor Grant, Ediblelinks (fuel) - Funding to support increased fuel costs.

WCC Household Support Fund Grants - Various funding grants supporting meals on wheels, family food bags, the Social Supermarket, Christmas Hampers and Winter Warmth Emergency Response Packs.

NBBC Jubilee Tea - Jubilee Celebration Event

Ocado Healthy Hearts - First Aid Training

Ediblelinks - Cross-sector, cross boundary, multi partnership programme seeking to address food pverty and diet related ill health with a scaleable, long term sustainable solution.

The National Lottery Community Fund, Ediblelinks Sustainability - Funding to support and develop the project to become sustainable.

Awards for All, Winter Warm and Well - emergency support providing food, hot meals and equipment to keep warm during the winter.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

16 Cash generated from operations

	2023	2022
	£	£
Deficit for the year	(49,788)	(167,344)
Adjustments for:		
Depreciation and impairment of tangible fixed assets	7,841	10,194
Movements in working capital:		
(Increase) in debtors	(7,206)	(7,057)
Increase in creditors	11,874	40,839
Cash absorbed by operations	<u>(37,279)</u>	<u>(123,368)</u>

17 Analysis of changes in net funds

The charity had no debt during the year.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales - Charity number 1149396

Accounts

Charity Registration No. 1149396

Company Registration No. 05005063 (England and Wales)

**NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans R Trahem A Foster K Osayande
Charity number	1149396
Company number	05005063
Registered office	St Nicolas Park Clinic Windermere Avenue Nuneaton Warwickshire United Kingdom CV11 6HH
Independent examiner	Azets 3Mc Middlemarch Business Park Siskin Drive Coventry United Kingdom CV3 4FJ
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire Natwest Bank 1 Market Place Nuneaton Warwickshire

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The Trustees updated HLN's Articles of Association to ensure that HLN's objectives more accurately reflect the current needs of the area we serve as we move forward

The charity's objects are as follows:

To promote, protect and improve physical and mental health, and narrow the gap in health inequalities, of the inhabitants of Northern Warwickshire and the surrounding areas ("The area of benefit") in such ways as the trustees see fit. In particular but not exclusively through the provision of activities that contribute to improving nutrition, wellbeing and disease management.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked throughout Northern Warwickshire and the surrounding areas.

Our Ediblelinks project has improved access for people experiencing food poverty via third sector and public agency referrals or through food parcels and Honesty Shops. We have also supplied food to community groups.

HLN services remain impacted by COVID 19. However, more community groups are returning and benefitting from the Ediblelinks project, Honesty Shops continue with restricted numbers, a Social Supermarket has developed, piloted & now runs weekly, we continue to provide a meal delivery and welfare call service, and indoor physical activity and a luncheon club with limited numbers have restarted during the year.

HLN partnership working continues to grow and strengthen. Working collaboratively provides statutory sector partners with a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Projects

People's Pantry (ongoing) - In 2021/21 we introduced a home meal delivery and welfare call service, to replace luncheon clubs suspended due to COVID 19 restrictions, which has continued throughout the year. During the year we prepared and delivered 2,871 meals to 109 beneficiaries.

We have restarted a luncheon club service, on a smaller scale than previous years to ensure the safety of our service users. 37 beneficiaries and 420 meals provided.

Community Projects (ongoing) - Various community projects including a Social Supermarket for people facing food poverty in North Warwickshire providing 1,831 people access to affordable healthy food options preventing poor mental health caused by stress, 24 beneficiaries attended physical activity sessions and 3 DESMOND training sessions for people newly diagnosed with diabetes delivered.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado and Aldi, Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. 325 beneficiary groups supporting 49,000 people, 532 referrals supporting 1,214 people, 20 food hampers to older people and 492 families supported with food bags.

Big Lottery Fund Grant - Ediblelinks (ended) - £484,103 for 3 years funding to support and develop the project, including the transition to sustainability. The timescales of the sustainability plan are affected by the COVID 19 pandemic. We find ourselves still in recovery after the pandemic and now the economic crisis.

WCC - Grassroots Engagement & Insights (ended) - £9,479 funding to engage with families of 0-5 year old children, in areas of higher deprivation and need, to gain a deeper understanding of their view of the 0-5 Public Health Nursing Service, whether it meets their needs and what would work for them in the future as a model of delivery. 96 participants took part over 3 months.

CRT - Recovery & Resilience Fund (ended) - £9,797 funding for 6 months to expand home meal delivery service and telephone welfare service. Over the project 66 beneficiaries benefited from meal deliveries with 6 volunteers supporting the project in target areas of Arley & Whitacre, Atherstone Central, North & South, Mancetter, Bar Pool, Camp Hill, Exhall, Galley Common, Kingswood and Slough.

Volunteers

During the year, to ensure COVID 19 safety and in accordance with government rules and guidance, the charity reduced the number of volunteers who assisted in activities the Healthy Living Network has delivered. Without volunteers much of our work would not have been achievable. We estimate the financial value of our volunteer's time is £122,180 pa based on 6,784 hours x £18.01 (the mean figure of Gross Hourly Pay, Annual Survey of Hours and Earnings, (ASHE)2021).

The Board of Trustees would like to thank all staff and volunteers for their commitment and hard work during these challenging times.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network continued to receive grant funding and donations, however these are reduced when compare to 2020/21 when we saw a large increase in donations due to COVID 19. Grant funding and the project also came to an end.

It was our aim Ediblelinks and Peoples Pantry would be sustainable when the Big Lottery Funding ended however this has not been possible due to COVID 19, although our donations from service users and community groups are increasing. We saw an increase in service user/community group donations and we expect to see them rise significantly in 2022/23, income from activities also increased. Ocado continues to support us and this has led to an increase in GIK.

We plan to continue to draw upon our reserves until December 2022; from January 2023 the Big Lottery have agreed to 2 years part funding to help bridge the gap until we are fully sustainable.

The Statement of Financial Activities shows net outgoing resources of £167,344. Total reserves at 31st March 2022 were £354,899 of which £125,756 relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current level of activities while consideration is given to ways in which additional funds may be raised. This level of reserves was increased during the year to reflect the extra staff and warehouse reinstatement costs in the even of winding down the business.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £10,725.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans

A Davies

(Resigned 25 November 2021)

R Trahern

A Foster

K Osayande

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.


.....
R Trahern

Trustee

Dated: 29th November 2022

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Robert Anderson FCA
Azets

3Mc Middlemarch Business Park
Siskin Drive
Coventry
CV3 4FJ
United Kingdom

Dated:7/12/22.....

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	14,448	122,053	136,501	113,931	166,639	280,570
Charitable activities	4	18,937	112,638	131,575	85,481	286,373	371,854
Total income		33,385	234,691	268,076	199,412	453,012	652,424
Expenditure on:							
Charitable activities	5	106,706	328,714	435,420	124,249	299,689	423,938
Net (outgoing)/ incoming resources before transfers		(73,321)	(94,023)	(167,344)	75,163	153,323	228,486
Gross transfers between funds		(9,694)	9,694	-	(6,976)	6,976	-
Net (expenditure)/income for the year/ Net movement in funds		(83,015)	(84,329)	(167,344)	68,187	160,299	228,486
Fund balances at 1 April 2021		208,771	313,472	522,243	140,583	153,173	293,756
Fund balances at 31 March 2022		125,756	229,143	354,899	208,770	313,472	522,242

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	9		30,580		40,773
Current assets					
Debtors	10	10,291		3,234	
Cash at bank and in hand		372,870		496,238	
		383,161		499,472	
Creditors: amounts falling due within one year	11	(58,842)		(18,003)	
Net current assets			324,319		481,469
Total assets less current liabilities			354,899		522,242
Income funds					
Restricted funds	13		229,143		313,472
<u>Unrestricted funds - general</u>					
Designated funds	12	115,031		164,692	
General unrestricted funds		10,725		44,078	
			125,756		208,770
			354,899		522,242

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29th November 2022



R Trahern
Trustee

Company Registration No. 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	16		(123,368)		256,178
Investing activities					
Purchase of tangible fixed assets		-		(30,663)	
Net cash used in investing activities			-		(30,663)
Net cash used in financing activities			-		-
Net (decrease)/Increase in cash and cash equivalents			(123,368)		225,515
Cash and cash equivalents at beginning of year			496,238		270,723
Cash and cash equivalents at end of year			<u>372,870</u>		<u>496,238</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is St Nicolas Park Clinic, Windermere Avenue, Nuneaton, Warwickshire, CV11 6HH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

In early March 2020, the COVID-19 virus was declared a global pandemic. Business continuity, including supply chains and consumer demand across a number of industries and countries, could be severely impacted for months or more, as governments and their citizens take significant and unprecedented measures to mitigate the consequences of the pandemic.

The directors are monitoring the ever changing situation and continue to evaluate the company's ability to continue to trade on an ongoing and foreseeable basis. However, due to the uncertainty surrounding COVID-19 no adjustments have been made to these financial statements which may arise from the impact of COVID-19 on the company. Despite the unknown impact COVID-19 may or may not have on the company under normal circumstances the directors would have had a reasonable expectation that the company has adequate resources, thus the directors would have adopted the going concern basis of accounting.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £61,260, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £4,400 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £880 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,000 per year.

The company occupies a warehouse free of charge at a value of approximately £14,780 per year and a unit at a value of approximately £4,434 along with national non domestic rates discretionary relief of £2,288.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £32,000.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds general 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds general 2021 £	Restricted funds 2021 £	Total 2021 £
Donations and gifts	14,448	122,053	136,501	113,931	166,639	280,570
Donations and gifts						
Gifts in Kind	7,280	53,502	60,782	58,432	-	58,432
Other donations	7,168	68,551	75,719	55,499	166,639	222,138
	14,448	122,053	136,501	113,931	166,639	280,570

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	2022	2021
	£	£
Warwickshire County Council	9,779	40,623
WRAP	-	9,765
Other income (see below)	80,622	64,681
North Warwickshire Borough Council	-	13,000
CRT Recovery & Resilience Fund	9,697	-
Big Lottery Grant Funding	31,477	243,785
	<u>131,575</u>	<u>371,854</u>
Analysis by fund		
Unrestricted funds - general	18,937	85,481
Restricted funds	112,638	286,373
	<u>131,575</u>	<u>371,854</u>
Performance related grants		
General	18,637	10,739
Edible Links Donations	61,260	30,742
Heart of England	-	21,500
Serco	-	1,000
IFAN	-	300
Neighbourly	-	400
Platform Housing	620	-
Other	105	-
	<u>80,622</u>	<u>64,681</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	2022	2021
	£	£
Staff costs	113,889	133,585
Depreciation and impairment	10,194	13,592
Food bank donations given away	61,261	30,742
Project costs	2,728	7,999
Rent (gift in kind)	25,902	25,902
Training and recruitment	487	673
Travelling expenses	11,939	11,505
Sessional workers	-	4,710
Room hire and refreshments	1,530	(214)
Telephone	3,487	4,726
Printing, postage and stationery	1,309	1,423
Repairs and renewals (including uniforms)	9,244	6,673
IT (gift in kind)	880	880
Transport (gift in kind)	32,000	29,350
Heat and light	6,872	5,498
Sundry	12,863	12,918
Bank charges	506	510
	<u>295,091</u>	<u>290,472</u>
Share of support costs (see note 7)	134,098	129,852
Share of governance costs (see note 7)	6,231	3,614
	<u>435,420</u>	<u>423,938</u>
Analysis by fund		
Unrestricted funds - general	106,706	124,249
Restricted funds	328,714	299,689
	<u>435,420</u>	<u>423,938</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

7 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Staff costs	129,036	-	129,036	124,983	124,983
Insurance	3,601	-	3,601	3,375	3,375
Miscellaneous expenses	1,461	-	1,461	1,494	1,494
Legal and professional	-	4,231	4,231	-	1,614
Payroll	-	2,000	2,000	-	2,000
	<u>134,098</u>	<u>6,231</u>	<u>140,329</u>	<u>129,852</u>	<u>133,466</u>
Analysed between Charitable activities	<u>134,098</u>	<u>6,231</u>	<u>140,329</u>	<u>129,852</u>	<u>133,466</u>

Governance costs includes payments to the Independent Examiner of £1,600 (2021- £1,200) for examiners fees.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	<u>14</u>	<u>14</u>
Employment costs	2022	2021
	£	£
Wages and salaries	202,347	214,605
Other pension costs	40,578	43,963
	<u>242,925</u>	<u>258,568</u>

No Staff have a salary in excess of £60,000 per annum. (2021: None)

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Tangible fixed assets

	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2021	37,450	53,453	90,903
At 31 March 2022	<u>37,450</u>	<u>53,453</u>	<u>90,903</u>
Depreciation and impairment			
At 1 April 2021	16,396	33,733	50,129
Depreciation charged in the year	5,263	4,931	10,194
At 31 March 2022	<u>21,659</u>	<u>38,664</u>	<u>60,323</u>
Carrying amount			
At 31 March 2022	<u>15,791</u>	<u>14,789</u>	<u>30,580</u>
At 31 March 2021	<u><u>21,054</u></u>	<u><u>19,719</u></u>	<u><u>40,773</u></u>

10 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	403	452
Other debtors	7,138	-
Prepayments and accrued income	2,750	2,782
	<u>10,291</u>	<u>3,234</u>

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	<u>58,842</u>	<u>18,003</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at		Movement in funds		Transfers	Balance at		Movement in funds		Resources expended 31 March 2022	Balance at 31 March 2022
	1 April 2020	£	Incoming resources	Resources expended		1 April 2021	£	Incoming resources	Resources expended		
Contingency	42,212	£	-	-	44,434	£	86,646	-	-	£	86,646
Peoples Pantry	18,724		10,739	(2,647)	-		26,816	17,227	(33,230)		10,813
Community Projects	39,788		33,000	(21,558)	-		51,230	7,874	(41,532)		17,572
	<u>100,724</u>		<u>43,739</u>	<u>(24,205)</u>	<u>44,434</u>		<u>164,692</u>	<u>25,101</u>	<u>(74,762)</u>		<u>115,031</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020		Movement in funds		Balance at 1 April 2021		Movement in funds		Balance at 31 March 2022			
	£	£	Incoming resources	Resources expended	Transfers	£	£	Incoming resources	Resources expended	Transfers	£	£
Redundancy	37,766	-	-	-	6,976	44,742	-	-	(249)	9,694	54,187	-
CRT Recovery & Resilience Fund	-	-	-	-	-	-	9,697	(9,697)	-	-	-	-
Big Lottery Fund Grant - Volunteers	-	2,460	2,460	(2,460)	-	-	-	-	-	-	-	-
Important People (VIPs)	52,720	171,839	171,839	(24,995)	1,236	200,800	184,038	(229,403)	-	-	155,435	-
Ediblelinks	45,997	135,650	135,650	(134,707)	(1,236)	45,704	31,477	(74,330)	-	-	2,851	-
Big Lottery Fund Grant - Ediblelinks	(7)	32,770	32,770	(32,763)	-	-	-	-	-	-	-	-
Big Lottery Building Connections - NW Peoples Pantry	16,697	9,765	9,765	(13,196)	-	13,266	-	(3,315)	-	-	9,951	-
WRAP - Food Waste Reduction Fund	-	72,903	72,903	(68,633)	-	4,270	-	(1,068)	-	-	3,202	-
Big Lottery - COVID 19 Response	-	20,000	20,000	(20,000)	-	-	-	-	-	-	-	-
Heart of England - Doing Things Differently	-	7,623	7,623	(2,934)	-	4,689	-	(1,172)	-	-	3,517	-
WCC - COVID 19 LA Emergency Assistance	-	-	-	-	-	-	9,479	(9,479)	-	-	-	-
Grassroots Engagement & Insights	-	-	-	-	-	-	-	-	-	-	-	-
	<u>153,173</u>	<u>453,010</u>	<u>453,010</u>	<u>(299,688)</u>	<u>6,976</u>	<u>313,472</u>	<u>234,691</u>	<u>(328,713)</u>	<u>9,694</u>	<u>229,143</u>		

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Restricted funds

(Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly food and meal delivery service plus welfare calls, for low income families and older vulnerable people.

Community Projects - Various activities to support health and wellbeing

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

CRT Recovery & Resilience Fund - expand and add value to our current meal delivery service

Big Lottery Fund Grant, Ediblelinks - supporting the Ediblelinks project to become self-sustainable.

Big Lottery Building Connections, Peoples Pantry NW - Adapted proposed luncheon clubs to meal delivery for North Warwickshire.

Big Lottery Community Fund - COVID 19 Response - additional funding to support projects during COVID 19

WRAP, Food Waste Reduction Fund - Improve resilience of existing and new activities to distribute food that would otherwise go to landfill during COVID 19

Heart of England, Doing Things Differently - funding to transform existing accommodation into a commercial kitchen space to enable meal delivery along with welfare calls to vulnerable adults.

WCC, COVID 19 LA Emergency Assistance - funding to provide extra storage capacity for food and extended hours to reach maximum number of people in food crisis.

Ediblelinks - Cross-sector, cross boundary, multi-partnership programme seeking to address food poverty and diet related ill health with a scalable, long term sustainable solution.

Grassroots Engagement & Insights - Engagement with expectant parents and families in areas of higher need within Warwickshire to hear the view of local health and wellbeing support.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

14 Analysis of net assets between funds

	General 2022 £	Restricted 2022 £	Total 2022 £	General 2021 £	Restricted 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	30,580	-	30,580	40,023	750	40,773
Current assets/(liabilities)	324,319	-	324,319	168,748	312,721	481,469
	<u>354,899</u>	<u>-</u>	<u>354,899</u>	<u>208,771</u>	<u>313,471</u>	<u>522,242</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

16 Cash generated from operations

	2022 £	2021 £
(Deficit)/surplus for the year	(167,344)	228,486
Adjustments for:		
Depreciation and impairment of tangible fixed assets	10,194	13,592
Movements in working capital:		
(Increase)/decrease in debtors	(7,057)	7,186
Increase in creditors	40,839	6,914
Cash (absorbed by)/generated from operations	<u>(123,368)</u>	<u>256,178</u>

17 Analysis of changes in net funds

The charity had no debt during the year.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK

England & Wales - Charity number 1149396

Accounts

Charity Registration No. 1149396

Company Registration No. 05005063 (England and Wales)

**NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	B Bollans A Davies Mr R Trahern A Foster K Osayande	(Appointed 24 November 2020) (Appointed 11 February 2021)
Charity number	1149396	
Company number	05005063	
Registered office	St Nicolas Park Clinic Windermere Avenue Nuneaton Warwickshire United Kingdom CV11 6HH	
Independent examiner	Azets 3Mc Middlemarch Business Park Siskin Drive Coventry West Midlands United Kingdom CV3 4FJ	
Bankers	Co-operative Bank New Century Way Nuneaton Warwickshire Natwest Bank 1 Market Place Nuneaton Warwickshire	

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

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NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are as follows:

To promote and protect the physical and mental health of the inhabitants of Nuneaton and Bedworth and the surrounding areas in such ways that the trustees see fit, in particular but not exclusively through the provision of classes and workshops to promote good health.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

The Trustees are in the process of reviewing HLN's Articles of Association to ensure that HLN's objectives more accurately reflect the current needs of the area we serve as we move forward.

Details of significant activities for achieving objectives

Nuneaton and Bedworth Healthy Living Network's (HLN) objective is to work with disadvantaged communities and tackle health inequalities by delivering local solutions to local problems. We have worked in Nuneaton & Bedworth wards including Abbey, Bar Pool and Bede, North Warwickshire including Atherstone, Mancetter, Baddesley, Coleshill and Polesworth and Rugby.

Our Ediblelinks project funded by Big Lottery has improved access for people experiencing food poverty via third sector and public agency referrals or through food parcels and Honesty Shops. We have supplied food to community groups throughout Nuneaton, Bedworth, North Warwickshire and Rugby.

During the year COVID 19 impacted all of our services. It was necessary to suspend many of our activities in accordance with government rules and guidance to protect our volunteers and service users, and look for innovative ways to continue to meet the needs of our communities. For example, we replaced lunch clubs with a meal delivery service and welfare calls; physical health checks with online/telephone health checks; indoor physical activity sessions with outdoor COVID 19 friendly Couch to 5k and boot camps and Honesty shops were replaced with food parcel deliveries and later returned to Honesty shops with restricted numbers. To date we are pleased to report there have been no known cases of COVID 19 amongst our Employees or Volunteers.

HLN partnership working continues to grow and strengthen. Working collaboratively provides statutory sector partners with a platform to work with hard-to-reach groups with whom we have engaged, adding value to all services. Reciprocal arrangements exist to ensure our communities are stronger, referring and signposting on as necessary. We were particularly pleased to strengthen our partnership working with Warwickshire Fire and Rescue Service during the pandemic, as they provided significant help to distribute food to vulnerable families and individuals at a crucial time. HLN were able to support key workers at George Eliot Hospital by providing essential food bags.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Projects

People's Pantry(ongoing) - Due to Covid 19 we were unable to offer our luncheon club service but replaced this with a home meal delivery service. We redesigned our existing accommodation to accommodate a functioning, safe kitchen and secured additional funding to build it. During the year we prepared and delivered 2,000 meals to 142 beneficiaries. Below are some of our People's Pantry service user comments:

'I haven't been able to leave the house since the outbreak of Covid 19. I have been so scared, I don't know what's going on, I can't get a straight answer from anyone. I have to isolate so I'm not allowed to leave the house. Thank you so much for the food you are sending me. You are my lifeline. I don't know what I'd do without you.'

'I couldn't get an internet delivery shop and couldn't leave the house so I had no way to get food. Thank you so much for my delivery each week. I think I may have starved without you.'

'You and your team have been great. Every week she calls me to check how I am. I speak to my daughter on the phone every week but sometimes that's not enough. I love it when you call, you're all so bright and cheery.'

NHS Warwickshire North CCG - (ended) – over the 3 year project HLN attended 185 events, 4213 health checks carried out, 1691 pledges to change one thing to improve health, identified 336 with high blood pressure and 107 people at risk of developing diabetes. 25 beneficiaries completed Couch to 5k/Boot Camp, 68% lost weight and 84% reported feeling healthier.

Ediblelinks (ongoing) - A community food redistribution partnership supported with fresh and ambient food by online supermarket Ocado and Aldi. Based in North Warwickshire but supporting disadvantaged areas across the whole of Warwickshire and wider. 62 beneficiary groups supporting over 55,500 people, 794 referrals supporting 1923 people, 2615 food hampers to older people and 1035 families supported with food bags.

Big Lottery Fund Grant – Ediblelinks (ongoing) -£484,103 for 3 years funding to support and develop the project, including the transition to sustainability. The timescales of the sustainability plan are affected by the Covid 19 pandemic.

Big Lottery Building Connections – North Warwickshire Peoples Pantry (ended) – £87,752 funding for 2 years 3 months. Over the project 485 participants attend lunch clubs held in Atherstone, Baddesley, Mancetter, Coleshill and Polesworth and/or received meals from our home meal delivery service with 46 volunteers helping.

Big Lottery Community Fund – Covid 19 Response (ended) - £ 72,903 for 6 months funding to support Ediblelinks and Peoples Pantry during Covid 19. During the summer school holidays we were able to distribute 642 food parcels to 746 vulnerable children. At Christmas we were able to distribute 254 hampers to vulnerable families, helping 360 adults and 458 children.

WRAP - Resource Action Fund Surplus Food Redistribution Support (ended) – £9,765 for 6 months funding to increase capacity for both storage of food and delivery to meet the Covid need.

Heart of England – Doing Things Differently (ended)- £20, 000 for 6 months funding to transform existing accommodation into a commercial kitchen space and provide an additional 108 vulnerable people with a meal delivery 3 times a week along with weekly welfare calls.

WCC - Covid 19 LA Emergency Assistance (ended) - £7,623 funding to provide extra storage capacity for food and extended hours to reach the maximum number of people in food crisis. 239 children benefitted from Holiday Hunger Programme, School uniform provided to 7 Families, 105 HLN direct beneficiaries of meals and food bank each week during the period and 19 Community Groups/Schools have been supported with 2418 beneficiaries

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Volunteers

During the year, to ensure Covid 19 safety and in accordance with government rules and guidance, the charity reduced the number of volunteers who assisted in activities the Healthy Living Network has delivered. Without volunteers much of our work would not have been achievable. We estimate the financial value of our volunteer's time equates to £95,574 (£18.49 - the mean figure of Gross Hourly Pay for Warwickshire, Annual Survey of Hours and Earnings (ASHE), 2020 (provisional)).

HLN have also benefitted from volunteer time secured from WFRS to help with deliveries of food, this has added value to Ediblelinks activities, supporting our wider work, strengthening our impact, this has a monetary value of approximately £9,000.

In January 2021 HLN began a review of policies, processes and procedures. This included a review of the volunteer handbook. and an engagement survey which received very positive comments including the following:

'Without HLN I feel the community would be greatly disadvantaged and without the wonderful people who work here we couldn't do what we do. Thank you for all your support for me, but also for allowing me to feel safe and wanted at HLN.'

'I feel valued when working in the warehouse/shop. I may have only done a few shifts but I have only met friendly, nice people who make an effort to make you feel welcomed.'

The Board of Trustees would like to thank all of staff and volunteers for their commitment and hard work during these challenging times.

Achievements and performance

Financial review

During the year Nuneaton and Bedworth Healthy Living Network continued receiving grant funding and have increased donations, receiving donations totalling £220,975. Thanks to the exceptional fund raising efforts of HLN's Chief Officer and the generosity of Ocado and the Big Lottery, HLN was able to attract additional funding of over £200,000 in 2020 to help deal with the impact of the pandemic amongst vulnerable local individuals and communities. We continue to seek external funds and explore a range of options to achieve a sustainable future.

The Statement of Financial Activities shows net incoming resources of £228,486. Total reserves at 31st March 2021 were £522,242 of which £208,770 relates to unrestricted and designated funds.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves was increased during the year to reflect the extra staff and warehouse reinstatement costs in the even of winding down the business.

Reserves policy

General reserves are needed to bridge the gap between spending and receiving resources, the current general reserve is £44,079.

It is the aim of the charity as per the Charity Commissions guidelines to maintain a designated contingency fund at a level which equates to no less than 3 month's expenditure. This provides sufficient funds to cover management, administration and support costs. The contingency fund amounted to £86,646 which represents approximately 3 months revenue expenditure.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Investment policy

Any surplus funds are placed on a short term deposit.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

The charity is a company limited by guarantee, the guarantors being the members, who are the directors, and is governed by the Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

B Bollans

A Davies

R Williamson

(Resigned 24 November 2020)

Mr R Trahern

A Foster

(Appointed 24 November 2020)

K Osayande

(Appointed 11 February 2021)

HLN was able to significantly strengthen its board during the last year. At the AGM in November 2020 (held remotely via 'Zoom'), Bob Trahern was unanimously elected chair bringing extensive local government working experience and an unrivalled knowledge of Ediblelinks; Amy Foster, a locally based Human Resources consultant with global links and experience, joined the board providing a huge boost when dealing with specific people related issues; and Kwabena Osayande, a locally based Public Health professional, joined the board adding invaluable local health service knowledge and links

Trustees are already familiar with the practical work of the charity.

Potential Trustees will, in the first instance, be met by the Chair and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with the Board to ascertain their skills, background and experience of working within a governance role. Candidates will be asked to complete an application form and suitable candidates will be invited to attend the next available board meeting.

New Trustees are given a history of the charity, copy of Board minutes, recent accounts, annual reports, a copy of the Articles of Association and a copy of the Charity Commission Guidance "The essential Trustee".

None of the Trustees has any beneficial interest in the company. All the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Any major decisions involving the charity are brought before the Trustees by the management.

The Trustees report was approved by the Board of Trustees.



Mr R Trahern

Trustee

Dated: 25 November 2021

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

I report to the trustees on my examination of the financial statements of Nuneaton & Bedworth Healthy Living Network Ltd (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Robert Anderson FCA
Azets

3Mc Middlemarch Business Park
Siskin Drive
Coventry
West Midlands
CV3 4FJ
United Kingdom

Dated: 25 November 2021

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income from:							
Donations and legacies	3	113,931	166,639	280,570	92,816	38,477	131,293
Charitable activities	4	85,481	286,373	371,854	117,337	288,145	405,482
Total income		<u>199,412</u>	<u>453,012</u>	<u>652,424</u>	<u>210,153</u>	<u>326,622</u>	<u>536,775</u>
Expenditure on:							
Charitable activities	5	124,249	299,689	423,938	151,977	322,529	474,506
Net incoming resources before transfers		<u>75,163</u>	<u>153,323</u>	<u>228,486</u>	<u>58,176</u>	<u>4,093</u>	<u>62,269</u>
Gross transfers between funds		(6,976)	6,976	-	(8,288)	8,288	-
Net income for the year/ Net movement in funds		<u>68,187</u>	<u>160,299</u>	<u>228,486</u>	<u>49,888</u>	<u>12,381</u>	<u>62,269</u>
Fund balances at 1 April 2020		<u>140,583</u>	<u>153,173</u>	<u>293,756</u>	<u>90,695</u>	<u>140,792</u>	<u>231,487</u>
Fund balances at 31 March 2021		<u><u>208,770</u></u>	<u><u>313,472</u></u>	<u><u>522,242</u></u>	<u><u>140,583</u></u>	<u><u>153,173</u></u>	<u><u>293,756</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	9		40,773		23,702
Current assets					
Debtors	10	3,234		10,420	
Cash at bank and in hand		496,238		270,723	
		<u>499,472</u>		<u>281,143</u>	
Creditors: amounts falling due within one year	11	<u>(18,003)</u>		<u>(11,089)</u>	
Net current assets			481,469		270,054
Total assets less current liabilities			<u>522,242</u>		<u>293,756</u>
Income funds					
Restricted funds	13		313,472		153,173
Unrestricted funds - general					
Designated funds	12	164,692		100,724	
General unrestricted funds		<u>44,078</u>		<u>39,859</u>	
			208,770		140,583
			<u>522,242</u>		<u>293,756</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 25 November 2021



Mr R Trahern
Trustee

Company Registration No. 05005063

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Cash flows from operating activities					
Cash generated from operations	16		256,178		89,755
Investing activities					
Purchase of tangible fixed assets		(30,663)		(9,944)	
Net cash used in investing activities			(30,663)		(9,944)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			225,515		79,811
Cash and cash equivalents at beginning of year			270,723		190,912
Cash and cash equivalents at end of year			496,238		270,723

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Nuneaton & Bedworth Healthy Living Network Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is St Nicolas Park Clinic, Windermere Avenue, Nuneaton, Warwickshire, CV11 6HH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

In early March 2020, the COVID-19 virus was declared a global pandemic. Business continuity, including supply chains and consumer demand across a number of industries and countries, could be severely impacted for months or more, as governments and their citizens take significant and unprecedented measures to mitigate the consequences of the pandemic.

The directors are monitoring the ever changing situation and continue to evaluate the company's ability to continue to trade on an ongoing and foreseeable basis. However, due to the uncertainty surrounding COVID-19 no adjustments have been made to these financial statements which may arise from the impact of COVID-19 on the company. Despite the unknown impact COVID-19 may or may not have on the company under normal circumstances the directors would have had a reasonable expectation that the company has adequate resources, thus the directors would have adopted the going concern basis of accounting.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds which have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Volunteers and donated goods and services

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

Goods donated and held as stock for distribution by the charity, including food items donated to the food bank amounted to £30,742, are recognised within voluntary income only when distributed, with an equivalent amount being included as resources expended.

The company occupies accommodation provided by NHS Warwickshire. This accommodation is provided free of charge at a value of approximately £4,400 per year.

The company's IT service is provided by NHS Warwickshire. This service is provided free of charge at a value of approximately £880 per year.

The company's payroll function is performed by Nuneaton and Bedworth Borough Council free of charge with a value of approximately £2,000 per year.

The company occupies a warehouse free of charge at a value of approximately £14,780 per year and a unit at a value of approximately £4,434 along with national non domestic rates discretionary relief of £2,288.

Ocado donated the use of 2 vans including servicing and insurance during the year free of charge at a value of approximately £29,350.

PAT Testing was also provided free of charge at a value of £300.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

The Resources expended are allocated to the particular activity where the cost relate directly to that activity. Where costs are attributable to more than one activity, they have been apportioned across the costs categories on a basis consistent with the use of these resources.

Charitable expenditure

Comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that relate directly to an activity and those of an indirect nature necessary to support them.

Governance costs

Include costs associated with meeting the constitutional and statutory requirements of the charitable company and include the accountancy fees and costs associated with the strategic management of the charitable company.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. All additions greater than £500 are capitalised and brought into account in accordance with normal accounting practice.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
Fixtures and fittings	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

Employees can contribute to the Warwickshire Pension Fund, a multi-employer defined scheme administered for the benefit of Local Authorities and other bodies which is managed in accordance with the Local Government Pension Scheme Regulations 1997 (as amended). Past and present employees are covered by the provisions of the Warwickshire Pension Fund. The trustees are unable to confirm the charity's share of the underlying assets and liabilities of the Warwickshire Pension Fund and therefore the Scheme is accounted for as a defined contribution scheme with the costs equal to the contributions made for the accounting period.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds general 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds general 2020 £	Restricted funds 2020 £	Total 2020 £
Donations and gifts	113,931	166,639	280,570	92,816	38,477	131,293
Donations and gifts						
Gifts in Kind	58,432	-	58,432	55,844	-	55,844
Other donations	55,499	166,639	222,138	36,972	-	36,972
Other	-	-	-	-	38,477	38,477
	113,931	166,639	280,570	92,816	38,477	131,293

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	2021 £	2020 £
Warwickshire County Council	40,623	28,300
WRAP	9,765	21,212
Other income (see below)	64,681	80,502
North Warwickshire Borough Council	13,000	8,535
Big Lottery Grant Funding	243,785	266,933
	<u>371,854</u>	<u>405,482</u>
Analysis by fund		
Unrestricted funds - general	85,481	117,337
Restricted funds	286,373	288,145
	<u>371,854</u>	<u>405,482</u>
Performance related grants		
General	10,739	24,534
Foodbank Donations	30,742	53,741
Heart of England	21,500	-
Serco	1,000	-
IFAN	300	-
Neighbourly	400	-
DESOMND	-	2,227
Other	-	-
	<u>64,681</u>	<u>80,502</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

5 Charitable activities

	2021	2020
	£	£
Staff costs	133,585	154,968
Depreciation and impairment	13,592	7,900
Food bank donations given away	30,742	53,740
Project costs	7,999	7,364
Rent (gift in kind)	25,902	23,614
Training and recruitment	673	1,113
Travelling expenses	11,505	16,543
Sessional workers	4,710	4,973
Room hire and refreshments	(214)	15,448
Telephone	4,726	3,828
Printing, postage and stationery	1,423	1,240
Repairs and renewals (including uniforms)	6,673	4,822
IT (gift in kind)	880	880
Transport (gift in kind)	29,350	29,350
Heat and light	5,498	4,330
Sundry	12,918	11,391
Bank charges	510	460
	<u>290,472</u>	<u>341,964</u>
Share of support costs (see note 7)	129,852	127,476
Share of governance costs (see note 7)	3,614	5,066
	<u>423,938</u>	<u>474,506</u>
Analysis by fund		
Unrestricted funds - general	124,249	151,977
Restricted funds	299,689	322,529
	<u>423,938</u>	<u>474,506</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration, expenses or benefits from the charity during the year.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

7 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Staff costs	124,983	-	124,983	122,329	-	122,329
Insurance	3,375	-	3,375	3,043	-	3,043
Miscellaneous expenses	1,494	-	1,494	2,104	-	2,104
Legal and professional	-	1,614	1,614	-	3,066	3,066
Payroll	-	2,000	2,000	-	2,000	2,000
	<u>129,852</u>	<u>3,614</u>	<u>133,466</u>	<u>127,476</u>	<u>5,066</u>	<u>132,542</u>
Analysed between						
Charitable activities	<u>129,852</u>	<u>3,614</u>	<u>133,466</u>	<u>127,476</u>	<u>5,066</u>	<u>132,542</u>

Governance costs includes payments to the Independent Examiner of £1,200 (2020- £1,200) for examiners fees.

8 Employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
	14	19
	<u>14</u>	<u>19</u>
Employment costs	2021	2020
	£	£
Wages and salaries	214,605	231,793
Other pension costs	43,963	45,504
	<u>258,568</u>	<u>277,297</u>

No Staff have a salary in excess of £60,000 per annum. (2020: None)

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Tangible fixed assets

	Plant and equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2020	22,045	38,195	60,240
Additions	15,405	15,258	30,663
At 31 March 2021	<u>37,450</u>	<u>53,453</u>	<u>90,903</u>
Depreciation and impairment			
At 1 April 2020	9,378	27,160	36,538
Depreciation charged in the year	7,018	6,574	13,592
At 31 March 2021	<u>16,396</u>	<u>33,734</u>	<u>50,130</u>
Carrying amount			
At 31 March 2021	<u>21,054</u>	<u>19,719</u>	<u>40,773</u>
At 31 March 2020	<u>12,667</u>	<u>11,035</u>	<u>23,702</u>

10 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Trade debtors	452	8,077
Prepayments and accrued income	2,782	2,343
	<u>3,234</u>	<u>10,420</u>

11 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	18,003	11,089

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			Movement in funds			Movement in funds		
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Contingency	26,941	-	-	15,271	42,212	-	-	44,434	86,646
Peoples Pantry	5,368	24,446	(11,090)	-	18,724	10,739	(2,647)	-	26,816
#onething	24,361	28,300	(12,873)	-	39,788	33,000	(21,558)	-	51,230
	<u>56,669</u>	<u>52,746</u>	<u>(23,963)</u>	<u>15,271</u>	<u>100,724</u>	<u>43,739</u>	<u>(24,205)</u>	<u>44,434</u>	<u>164,692</u>

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Movement in funds		
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Redundancy	30,880	-	-	6,886	37,766	-	-	6,976	44,742
Big Lottery Fund Grant - Volunteers Important People (VIPs)	8,486	61,273	(71,161)	1,402	-	2,460	(2,460)	-	-
Ediblelinks	18,070	38,477	(3,827)	-	52,720	171,839	(24,995)	1,236	200,800
Big Lottery Fund Grant - Ediblelinks	64,097	169,737	(187,837)	-	45,997	135,650	(134,707)	(1,236)	45,704
Big Lottery Building Connections - NW Peoples Pantry	1,600	35,923	(37,530)	-	(7)	32,770	(32,763)	-	-
WRAP - Food Waste Reduction Fund	17,659	21,212	(22,174)	-	16,697	9,765	(13,196)	-	13,266
Big Lottery - COVID 19 Response	-	-	-	-	-	72,903	(68,633)	-	4,270
Heart of England - Doing Things Differently	-	-	-	-	-	20,000	(20,000)	-	-
WCC - COVID 19 LA Emergency Assistance	-	-	-	-	-	7,623	(2,934)	-	4,689
	140,792	326,621	(322,529)	8,288	153,173	453,010	(299,688)	6,976	313,472

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13 Restricted funds

(Continued)

Purpose of designated funds

Contingency - Fund to cover the costs of dissolution should sufficient funding not be forthcoming for the charity to continue to provide normal levels of service.

Peoples Pantry - Weekly food and meal delivery service plus welfare calls, for low income families and older vulnerable people.

NHS Warwickshire North CCG, # Onething - Encourages people to think about just one thing they could change in their life to be a little healthier and then make a pledge to make the change.

Purpose of restricted funds

Redundancy - Funds to cover the costs of staff redundancy.

Big Lottery Fund Grant, Volunteers Important People (VIPs) 4 Community Life - Recruitment of volunteers to enable HLN to work with additional beneficiaries from disadvantaged areas.

Big Lottery Fund Grant, Ediblelinks - supporting the Ediblelinks project to become self-sustainable.

Big Lottery Building Connections, Peoples Pantry NW - Adapted proposed luncheon clubs to meal delivery for North Warwickshire.

Big Lottery Community Fund - COVID 19 Response - additional funding to support projects during COVID 19

WRAP, Food Waste Reduction Fund - Improve resilience of existing and new activities to distribute food that would otherwise go to landfill during COVID 19

Heart of England, Doing Things Differently - funding to transform existing accommodation into a commercial kitchen space to enable meal delivery along with welfare calls to vulnerable adults.

WCC, COVID 19 LA Emergency Assistance - funding to provide extra storage capacity for food and extended hours to reach maximum number of people in food crisis.

Ediblelinks - Cross-sector, cross boundary, multi-partnership programme seeking to address food poverty and diet related ill health with a scalable, long term sustainable solution.

NUNEATON & BEDWORTH HEALTHY LIVING NETWORK LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Analysis of net assets between funds

	General 2021 £	Restricted 2021 £	Total 2021 £	General 2020 £	Restricted 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Tangible assets	40,023	750	40,773	114	23,588	23,702
Current assets/ (liabilities)	168,748	312,721	481,469	140,469	129,585	270,054
	<u>208,771</u>	<u>313,471</u>	<u>522,242</u>	<u>140,583</u>	<u>153,173</u>	<u>293,756</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

16 Cash generated from operations

	2021 £	2020 £
Surplus for the year	228,486	62,269
Adjustments for:		
Depreciation and impairment of tangible fixed assets	13,592	7,900
Movements in working capital:		
Decrease in debtors	7,186	24,586
Increase/(decrease) in creditors	6,914	(5,000)
Cash generated from operations	<u>256,178</u>	<u>89,755</u>

17 Analysis of changes in net funds

The charity had no debt during the year.