

MERTHYR CYNON FOODBANK

England & Wales · Charity number 1149296

Details

Status Registered

Legal form Other

Registered 2012-10-11

Register [View on the Charity Commission register](#)

Contact

Address 5 Monmouth Drive
Merthyr Tydfil
CF48 1JA

Phone 01685350413

Email Info@merthycynon.foodbank.org.uk

Activities

Objects: THE MERTHYR CYNON FOODBANK IS A CHRISTIAN FAITH ORGANISATION, WHOSE OBJECTS ARE SPECIFICALLY RESTRICTED TO THE RELIEF OF THOSE IN NEED BY REASON OF YOUTH,AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP LIVING IN THE MERTHYR AND CYNON VALLEY AREAS, BUT MAY BE EXTENDABLE TO INCORPORATE ADJOINING COMMUNITIES IF NECESSARY.TO ACHIEVE THIS THERE IS A VIEW TO COLLABORATING IN THIS REGARD WITH LOCAL AUTHORITIES, OTHER STATUTORY SERVICES, THE THIRD SECTOR INCLUDING VOLUNTARY ORGANISATIONS AND FAITH BASED ORGANISATIONS SUCH AS THE GWEINI.IN FURTHERANCE OF THE ABOVE, TO SUPPLY BOXES TO BENEFICIARIES, EITHER DIRECTLY OR THROUGH AGENCY PARTNERS, SUCH BOXES TO CONTAIN TINNED AND NON-PERISHABLE FOODS TO ENSURE A HEALTHY BALANCED AND NUTRITIOUS DIET SUFFICIENT FOR UP TO THREE DAYS.TO DO ANY OTHER THING CONSISTENT WITH THE PRIMARY PURPOSE OF THE CHARITY, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF COUNSELLING OR OTHER ADVISORY SERVICES.

Activities: The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary. The Charity provides a 3 day supply of non perishable supply boxes to beneficiaries either directly or through agency partners approved by the Trustees.

Classification

- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** MERTHYR AND CYNON VALLEY AREAS
- Merthyr Tydfil
- Rhondda Cynon Taff

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£69,686	£102,112	-	-
2024-09-30	£91,703	£105,319	-	-
2023-09-30	£120,424	£85,255	-	-
2022-09-30	£97,877	£101,373	-	-
2021-09-30	£63,794	£52,988	-	-
2020-09-30	£74,167	£60,784	-	-

Trustees

Name	Role	Appointed
Alison Gordon Anthony		2025-05-18
Alyson Davies		2025-05-18
Ceri Thomas Breeze		2025-05-18
KENNETH MASON		2012-09-07
Paul Poloha		2025-05-18
Rev Peter David Godsall		2025-05-18
STEPHEN HUGH DOUGLAS DORRICOTT		2021-05-13
Sian Elizabeth Davies		2025-05-18

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

Registered Charity 1149296

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2025

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7	<i>Statement of Assets and Liabilities</i>

LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation was formed and granted charitable status on 11th October 2012 (charity number 1149296).

The charity is governed by its constitution which was adopted on 30th July 2011.

TRUSTEES

The board members serving during the year and since the year end were as follows:

K Mason – resigned 29th September 2025
M Linford – resigned 12th May 2025
S Dorricott
A Davis – appointed 18th May 2025
Rev PD Godsall (Chair) – appointed 18th May 2025
AG Anthony – appointed 18th May 2025
C Breeze – appointed 18th May 2025
P Poloha – appointed 18th May 2025
SE Davies – appointed 18th May 2025

PRINCIPAL ADDRESS

30 West Grove
Merthyr Tydfil
CF47 8HJ

INDEPENDENT EXAMINER

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil
CF48 1DL

BANKERS

HSBC
127-128 High Street
Merthyr Tydfil
CF47 8DN

TRUSTEES' ANNUAL REPORT

The trustees present their annual report together with the financial statements of the charity for the year ended 30th September 2025. Legal and administrative information set out on page 1 forms part of this report.

AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for a minimum of three days and up to seven days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services via referral agencies, partners signposted by our volunteers.

Ensuring our work delivers its aims

We are continually reviewing our aims, objectives and activities to ensure that we provide the maximum benefits possible to all of our clients. We are always prepared to consider the provision of new services if we feel that they will improve the welfare of our clients.

In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2025 has been a very busy one. Again, more and more people are falling into poverty, due mainly to high inflation, rising prices of essentials and the higher cost of energy experienced over the period.

We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the local authorities, businesses and public supporting their local food bank.

The Foodbank continues to be in a financially strong position. Local businesses, local authorities, local churches and individuals have again been most generous.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well-established administration team so it is the aim of the charity to continue to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 46 tonnes of food has been collected and 47 tonnes distributed to a total 7159 beneficiaries. To date we have collected in excess of 540 tonnes of food and distributed in excess of 535 tonnes to a total of 68,581 beneficiaries as at 30th September 2025. The donated food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation who have made food and money contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in securing funding over the last 12 months. The charity received total funding of £69,686 in 2025 compared with £91,703 in the year to 30th September 2024. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A cash deficit of £32,426 was incurred in the year. (2024: Deficit £13,616). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2025 the Foodbank had £98,023 in the bank.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2025, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings of 2 years. In 2025 that is approximately £150,000. The charity currently has free reserves of £93,686 which is short of this target. The trustees are aware of this situation and it is their aim to increase free reserves in future years. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation

The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently seven trustees involved in the organisation, as listed on page 2.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas.

Approved by order of the board of trustees.

Signed on behalf of the board:



C. Breeze - Trustee

Dated: 10/6/26

Independent examiner's report to the Trustees of Merthyr Cynon Foodbank

I report on the accounts of the Charity for the year ended 30th September 2025, which are set out on pages 6 and 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report on order to enable a proper understanding of the accounts to be reached.



Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
RG19 Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil, CF48 1DL.

Date.....10/06/2026.....

Receipts and Payments Account

for the year ended 30th September 2025

	Unrestricted Funds £	Restricted Funds £	Totals 2025 £	Totals 2024 £
Receipts				
Merthyr Valley Homes	-	-	-	5,000
VAMT	-	-	-	4,996
Charities Aid Foundation	-	-	-	2,000
Rhondda Cynon Taf County Borough Council	-	10,000	10,000	10,000
Merthyr Tydfil County Borough Council	-	10,293	10,293	10,148
Rental Income	6,984	-	6,984	7,020
Donations from Local Churches	1,882	-	1,882	2,522
Monthly Church Donations	-	-	-	1,850
Private Donations & Fundraising	40,527	-	40,527	48,167
Total Receipts	49,393	20,293	69,686	91,703
Payments				
Wages & Pensions	63,803	-	63,803	58,603
Governance Cost	1,500	-	1,500	1,404
Warehouse Expenses	4,847	-	4,847	8,713
Foodstuff Purchased	-	19,338	19,338	23,600
Equipment Purchased	-	-	-	644
Christian Centre Rent & Expenses	8,100	-	8,100	8,902
Other Payments	4,524	-	4,524	3,453
Total Payments	82,774	19,338	102,112	105,319
Net of Receipts	(33,381)	955	(32,426)	(13,616)
Transfers between funds	-	-	-	-
Cash funds brought forward	127,067	3,382	130,449	144,065
Cash funds this period end	93,686	4,337	98,023	130,449

Statement of Assets and Liabilities

for the year ended 30th September 2025

	Unrestricted Funds £	Restricted Funds £	Totals 2025 £	Totals 2024 £
Cash Funds				
Cash at bank	93,386	4,337	97,723	130,149
Cash in hand	300	-	300	300
Total Cash Funds	93,686	4,337	98,023	130,449
Other monetary assets				
Other debtors	149	-	149	720
Prepayments	459	-	459	473
Stock	16,756	-	16,756	16,756
Total monetary assets	17,364	-	17,364	17,949
Liabilities				
Accruals	810	-	810	849
	810	-	810	849
Assets retained for the charity's own use				
	Restricted Funds		Restricted Funds	
	2025		2024	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	2,049	18,895	2,731
Property	469	473,504	469	473,504
	19,364	475,553	19,364	476,235



.....
C. Breeze

10/6/26

.....
Dated:

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2024

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LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation was formed and granted charitable status on 11th October 2012 (charity number 1149296).

The charity is governed by its constitution which was adopted on 30th July 2011.

TRUSTEES

The board members serving during the year and since the year end were as follows:

K Mason
M Linford
S Dorricott

PRINCIPAL ADDRESS

5 Monmouth Drive
Merthyr Tydfil
CF48 1JA

INDEPENDENT EXAMINER

Richard Knoyle ACA FCCA
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AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for a minimum of three days and up to seven days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services via referral agencies, partners signposted by our volunteers.

Ensuring our work delivers its aims

We are continually reviewing our aims, objectives and activities to ensure that we provide the maximum benefits possible to all of our clients. We are always prepared to consider the provision of new services if we feel that they will improve the welfare of our clients.

In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2024 has been a very busy one. Again, more and more people are falling into poverty, due mainly to high inflation, rising prices of essentials and the higher cost of energy experienced over the period.

We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the local authorities, businesses and public supporting their local food bank.

The Foodbank continues to be in a financially strong position. Local businesses, local authorities, local churches and individuals have again been most generous.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well-established administration team so it is the aim of the charity to continue to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 50 tonnes of food has been collected and 57 tonnes distributed to a total 7732 beneficiaries. To date we have collected in excess of 494 tonnes of food and distributed in excess of 488 tonnes to a total of 61422 beneficiaries as at 30th September 2024. The donated food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation who have made food and money contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in maintaining levels over the last 12 months. The charity received total funding of £91,703 in 2024 compared with £120,424 in the year to 30th September 2023. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A cash deficit of £13,616 was made in the year. (2023: Surplus £35,169). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2024 the Foodbank had £130,449 in the bank.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2024, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings of 2 years. In 2024 that is approximately £150,000. The charity currently has free reserves of £127,067 which is a little short of this target. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation


The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently three trustees involved in the organisation. K. Mason, M Linford and S Dorricott. In our last Committee meeting however, we have asked other members to volunteer to become trustees.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas.

Approved by order of the board of trustees.

Signed on behalf of the board:



K. Mason - Trustee

Dated: 16/4/2025.

Independent examiner's report to the Trustees of Merthyr Cynon Foodbank

I report on the accounts of the Charity for the year ended 30th September 2024, which are set out on pages 6 and 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report on order to enable a proper understanding of the accounts to be reached.

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
RG19 Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil, CF48 1DL.

Date.....16/04/2025.....

Receipts and Payments Account
 for the year ended 30th September 2024

	Unrestricted Funds £	Restricted Funds £	Totals 2024 £	Totals 2023 £
Receipts				
Mayors Appeal	-	-	-	7,941
Merthyr Valley Homes	5,000	-	5,000	7,500
VAMT	-	4,996	4,996	-
Charities Aid Foundation	2,000	-	2,000	-
Falcon Construction	-	-	-	5,000
Rhondda Cynon Taf County Borough Council	-	10,000	10,000	13,271
Masonic Charitable Trust	-	-	-	850
Merthyr Tydfil County Borough Council	-	10,148	10,148	-
Rental Income	7,020	-	7,020	5,579
Donations from Local Churches	2,522	-	2,522	3,263
Monthly Church Donations	1,850	-	1,850	1,750
Private Donations & Fundraising	48,167	-	48,167	42,168
Rotary Club Merthyr Tydfil	-	-	-	2,000
Trussell Trust Winter Payment	-	-	-	5,000
EE Fundraiser	-	-	-	13,000
Sundry income	-	-	-	4,018
Trussell Tesco Top-up	-	-	-	9,084
Total Receipts	66,559	25,144	91,703	120,424
Payments				
Wages	57,266	-	57,266	53,737
Pension	1,337	-	1,337	1,131
Governance Cost	1,404	-	1,404	1,258
Warehouse Expenses	4,810	3,903	8,713	6,765
Foodstuff Purchased	-	23,600	23,600	6,675
Equipment Purchased	644	-	644	761
Christian Centre Rent & Expenses	8,902	-	8,902	5,400
Grant Payments	-	-	-	5,000
Other Payments	3,453	-	3,453	4,528
Total Payments	77,816	27,503	105,319	85,255
Net of Receipts	(11,257)	(2,359)	(13,616)	35,169
Transfers between funds	-	-	-	-
Cash funds brought forward	138,324	5,741	144,065	108,896
Cash funds this period end	127,067	3,382	130,449	144,065

Statement of Assets and Liabilities

for the year ended 30th September 2024

	Unrestricted Funds £	Restricted Funds £	Totals 2024 £	Totals 2023 £
Cash Funds				
Cash at bank	130,149		130,149	143,765
Cash in hand	300	-	300	300
Total Cash Funds	130,449	-	130,449	144,065
Other monetary assets				
Other debtors	720	-	720	720
Prepayments	473	-	473	409
Stock	29,998	-	16,756	29,998
Total monetary assets	31,191	-	17,949	31,127
Liabilities				
Pension Creditor	-	-	-	260
Accruals	849	-	849	795
	849	-	849	1,055
Assets retained for the charity's own use				
	Restricted Funds		Restricted Funds	
	2024		2023	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	2,731	18,895	3,642
Property	469	473,504	469	458,378
	19,364	476,235	19,364	462,020

K. Mason

K. Mason - Trustee

16/11/2025

Dated:

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2023

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AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for a minimum of three days and up to seven days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services via referral agencies, partners signposted by our volunteers.

Ensuring our work delivers its aims

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In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2023 has been a very busy one. More and more people are falling into poverty, due mainly to high inflation, rising prices of essentials and the higher cost of energy experienced over the period.

We have found that since the Covid Pandemic people are tending to give money donations instead of food and have found it necessary to purchase much more food directly than in previous years.

We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the local authorities, businesses and public supporting their local food bank.

The Foodbank is in a better position financially than at any time since its conception. Local businesses, local authorities, local churches and individuals have been most generous during the Corona virus pandemic and since. Many, because they were not able to donate food have donated money instead.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well-established administration team so it is the aim of the charity to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 50 tonnes of food has been collected and 57 tonnes

distributed to a total 7732 beneficiaries. To date we have collected in excess of 494 tonnes of food and distributed in excess of 488 tonnes to a total of 61422 beneficiaries as at 30th September 2023. The donated food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation who have made food and money contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in maintaining levels over the last 12 months. The charity received total funding of £120,424 in 2023 compared with £97,877 in the year to 30th September 2022. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A cash surplus of £35,169 was made in the year. (2022: Deficit £3,496). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2023 the Foodbank had £143,765 in the bank which is enough to see the organisation through approx. 3 years.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2023, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings in one month. In 2023 that is approximately £7,105. The charity currently has free reserves well in excess of this. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation

The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently three trustees involved in the organisation. K. Mason, M Linford and S Dorricott. In our last Committee meeting however, we have asked other members to volunteer to become trustees.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas.

Approved by order of the board of trustees.

Signed on behalf of the board:

K. Mason - Trustee

Dated: _____

Receipts and Payments Account

for the year ended 30th September 2023

	Unrestricted Funds £	Restricted Funds £	Totals 2023 £	Totals 2022 £
Receipts				
Mayors Appeal	7,941	-	7,941	-
Merthyr Valley Homes	7,500	-	7,500	1,285
VAMT	-	-	-	3,009
Falcon Construction	-	5,000	5,000	-
Rhondda Cynon Taf County Borough Council	13,271	-	13,271	10,500
Masonic Charitable Trust	850	-	850	-
Merthyr Tydfil County Borough Council	-	-	-	32,042
WG Household Support Grant	-	-	-	3,903
Green Man Trust	-	-	-	2,000
Rental Income	5,579	-	5,579	4,913
Donations from Local Churches	3,263	-	3,263	2,472
Monthly Church Donations	1,750	-	1,750	1,800
Private Donations & Fundraising	42,168	-	42,168	35,953
Rotary Club Merthyr Tydfil	2,000	-	2,000	-
Trussell Trust Winter Payment	-	5,000	5,000	-
EE Fundraiser	13,000	-	13,000	-
Sundry income	4,018	-	4,018	-
Trussell Tesco Top-up	9,084	-	9,084	-
Total Receipts	110,424	10,000	120,424	97,877
Payments				
Wages	48,737	5,000	53,737	44,904
Pension	1,131	-	1,131	973
Governance Cost	1,258	-	1,258	1,183
Warehouse Expenses	6,765	-	6,765	2,888
Foodstuff Purchased	1,675	5,000	6,675	6,102
Equipment Purchased	761	-	761	967
Christian Centre Rent & Expenses	5,400	-	5,400	4,535
Christian Centre Renovation costs	-	-	-	29,950
Grant Payments	5,000	-	5,000	5,000
Other Payments	4,528	-	4,528	4,871
Total Payments	75,255	10,000	85,255	101,373
Net of Receipts	35,169	-	35,169	(3,496)
Transfers between funds	-	-	-	-
Cash funds brought forward	103,155	5,741	108,896	112,392
Cash funds this period end	138,324	5,741	144,065	108,896

Statement of Assets and Liabilities

for the year ended 30th September 2023

	Unrestricted Funds £	Restricted Funds £	Totals 2023 £	Totals 2022 £
Cash Funds				
Cash at bank	138,024	5,741	143,765	108,596
Cash in hand	300	-	300	300
Total Cash Funds	138,324	5,741	144,065	108,896
Other monetary assets				
Other debtors	720	-	720	500
Prepayments	409	-	409	626
Stock	29,998	-	29,998	-
Total monetary assets	31,127	-	31,127	1,126
Liabilities				
Pension Creditor	260	-	260	-
Accruals	795	-	795	630
	1,055	-	1,055	630

Assets retained for the charity's own use

	Restricted Funds		Restricted Funds	
	2023		2021	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	3,642	18,895	7,283
Property	469	458,378	469	458,378
	19,364	462,020	19,364	465,661

.....
K. Mason - Trustee

.....
Dated:

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

Registered Charity 1149296

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2022

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LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation was formed and granted charitable status on 11th October 2012 (charity number 1149296).

The charity is governed by its constitution which was adopted on 30th July 2011.

TRUSTEES

The board members serving during the year and since the year end were as follows:

A M Pitt
K Mason
M Linford
S Dorricott

PRINCIPAL ADDRESS

5 Monmouth Drive
Merthyr Tydfil
CF48 1JA

INDEPENDENT EXAMINER

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil
CF48 1DL

BANKERS

HSBC
127-128 High Street
Merthyr Tydfil
CF47 8DN

TRUSTEES' ANNUAL REPORT

The trustees present their annual report together with the financial statements of the charity for the year ended 30 September 2022. Legal and administrative information set out on page 1 forms part of this report.

AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for a minimum of three days and up to seven days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services via referral agencies, partners signposted by our volunteers.

Ensuring our work delivers its aims

We are continually reviewing our aims, objectives and activities to ensure that we provide the maximum benefits possible to all of our clients. We are always prepared to consider the provision of new services if we feel that they will improve the welfare of our clients.

In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2022 has been a difficult one although to a lesser degree following the Corona Virus pandemic. Most of our volunteers who were self-isolating were able to carry out their normal helpful duties thanks to the vaccination programme. In the Merthyr area we continued to deliver food parcels directly to the homes of the people in need and managed to keep our main distribution and collection centre manned by our dedicated volunteers. We managed to keep open our five centres in the Cynon valley again with the help and dedication of our volunteers. We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the local authorities, businesses and public supporting their local food bank.

The Foodbank is in a better position financially than at any time since its conception. Local businesses, local authorities, local churches and individuals have been most generous during the Corona virus pandemic and since. Many, because they were not able to donate food have donated money instead.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well-established administration team so it is the aim of the charity to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 61 tonnes of food has been collected and 56 tonnes distributed to a total 7431 beneficiaries. To date we have collected in excess of 444 tonnes of food and distributed in excess of 431 tonnes to a total of 53690 beneficiaries as at 30th September 2022. The donated

food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation who have made food contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in maintaining levels over the last 12 months. The charity received total funding of £97,877 in 2022 compared with £63,794 in the year to 30th September 2021. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A small cash deficit was made in the year amounting to £3,496 (2021: Surplus £10,806). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2022 the Foodbank had £108,596 in the bank which is enough to see the organisation through approx. 3 years.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2022, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings in one month. In 2022 that is approximately £5,027. The charity currently has free reserves well in excess of this, being £103,155. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation

The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently four trustees involved in the organisation. A.M. Pitt, K. Mason, M Linford and S Dorricott.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (issued in January 2019).

Signed on behalf of the board:



K. Mason - Trustee

Dated: 15/3/2023

Independent examiner's report to the Trustees of Merthyr Cynon Foodbank

I report on the accounts of the Charity for the year ended 30th September 2022, which are set out on pages 6 and 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report on order to enable a proper understanding of the accounts to be reached.

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
RG19 Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil, CF48 1DL.

Date... 15/3/23

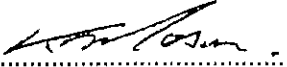
Receipts and Payments Account
for the year ended 30th September 2022

	Unrestricted Funds £	Restricted Funds £	Totals 2022 £	Totals 2021 £
Receipts				
Ffos Y Fran Small Grants	-	-	-	300
Merthyr Valley Homes	1,285	-	1,285	-
VAMT	3,009	-	3,009	4,152
Adref Ltd	-	-	-	10,000
Rhondda Cynon Taf County Borough Council	6,500	4,000	10,500	-
Dwr Cymru	-	-	-	6,000
Merthyr Tydfil County Borough Council	-	32,042	32,042	-
WG Household Support Grant	-	3,903	3,903	-
Green Man Trust	2,000	-	2,000	-
Rental Income	4,913	-	4,913	3,838
Donations from Local Churches	2,472	-	2,472	3,230
Monthly Church Donations	1,800	-	1,800	1,550
Private Donations	35,953	-	35,953	34,724
Rotary Club Aberdare	-	-	-	-
Sundry income	-	-	-	-
Trussel Tesco Top-up	-	-	-	-
Total Receipts	57,932	39,945	97,877	63,794
Payments				
Wages	44,904	-	44,904	38,264
Pension	973	-	973	766
Governance Cost	1,183	-	1,183	1,116
Warehouse Expenses	2,888	-	2,888	1,623
Foodstuff Purchased	60	6,042	6,102	-
Equipment Purchased	967	-	967	2,647
Christian Centre Rent & Expenses	4,535	-	4,535	4,055
Christian Centre Renovation costs	-	29,950	29,950	-
Grant Payments	5,000	-	5,000	-
Other Payments	4,871	-	4,871	4,517
Total Payments	65,381	35,992	101,373	52,988
Net of Receipts	(7,449)	3,953	(3,496)	10,806
Transfers between funds	50	(50)	-	-
Cash funds brought forward	110,554	1,838	112,392	101,586
Cash funds this period end	103,155	5,741	108,896	112,392

Statement of Assets and Liabilities

for the year ended 30th September 2022

	Unrestricted Funds £	Restricted Funds £	Totals 2022 £	Totals 2021 £
Cash Funds				
Cash at bank	102,855	5,741	108,596	112,092
Cash in hand	300	-	300	300
Total Cash Funds	103,155	5,741	108,896	112,392
Other monetary assets				
Other debtors	500	-	500	500
Prepayments	626	-	626	644
Total monetary assets	1,126	-	1,126	1,144
Liabilities				
Deferred income	-	-	-	-
Accruals	630	-	630	564
	630	-	630	564
Assets retained for the charity's own use				
	<u>Restricted Funds</u>		<u>Restricted Funds</u>	
	2022		2021	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	7,283	18,895	10,924
Property	469	458,378	469	350,000
	19,364	465,661	19,364	360,924



K. Mason - Trustee

15/3/2023

Dated:

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

MERTHYR CYNON FOODBANK

Registered Charity 1149296

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2021

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LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation was formed and granted charitable status on 11th October 2012 (charity number 1149296).

The charity is governed by its constitution which was adopted on 30th July 2011.

TRUSTEES

The board members serving during the year and since the year end were as follows:

A M Pitt
K Mason
M Linford

PRINCIPAL ADDRESS

5 Monmouth Drive
Merthyr Tydfil
CF48 1JA

INDEPENDENT EXAMINER

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil
CF48 1DL

BANKERS

HSBC
127-128 High Street
Merthyr Tydfil
CF47 8DN

TRUSTEES' ANNUAL REPORT

The trustees present their annual report together with the financial statements of the charity for the year ended 30 September 2021. Legal and administrative information set out on page 1 forms part of this report.

AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for up to three days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services.

Ensuring our work delivers its aims

We are continually reviewing our aims, objectives and activities to ensure that we provide the maximum benefits possible to all of our clients. We are always prepared to consider the provision of new services if we feel that they will improve the welfare of our clients.

In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2021 has been a difficult one because of the Corona Virus pandemic. Most of our volunteers were self-isolating although a few stepped in to help where necessary. We closed all our distribution centres in the Merthyr area because of the lockdowns and referrals were made online only. We continued to deliver food parcels directly to the homes of the people in need. We managed to keep open our five centres in the Cynon valley with all procedures from Welsh Government in place but continued with home deliveries in the Merthyr area. We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the public supporting their local food bank.

The Foodbank is in a better position financially than at any time since its conception. Local businesses, churches and individuals have been most generous during the Corona virus pandemic. Many, because they have not been able to donate food have donated money instead.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well-established administration team so it is the aim of the charity to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 50 tonnes of food has been collected and 59 tonnes distributed to a total 6459 beneficiaries. To date we have collected in excess of 383 tonnes of food and distributed in excess of 372 tonnes to a total of 46259 beneficiaries as at 30th September 2021. The donated

food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation whom have made food contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in maintaining levels over the last 12 months. The charity received total funding of £63,794 in 2021 compared with £74,167 in the year to 30th September 2020. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A cash surplus was made in the year amounting to £10,806 (2020: £13,383). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2021 the Foodbank had £112,092 in the bank which is enough to see the organisation through approx. 3 years.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2021, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings in one month. In 2021 that is approximately £4,415. The charity currently has free reserves well in excess of this, being £110,554. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation

The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently three trustees involved in the organisation. A.M. Pitt, K. Mason and M Linford.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (issued in January 2015).

Signed on behalf of the board:



K. Mason - Trustee

Dated: 14/4/2022

Independent examiner's report to the Trustees of Merthyr Cynon Foodbank

I report on the accounts of the Charity for the year ended 30th September 2021, which are set out on pages 6 and 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report on order to enable a proper understanding of the accounts to be reached.



Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
RG19 Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil, CF48 1DL.

Date 14/04/2022.....

Receipts and Payments Account
 for the year ended 30th September 2021

	Unrestricted Funds £	Restricted Funds £	Totals 2021 £	Totals 2020 £
Receipts				
Ffos Y Fran Small Grants	300	-	300	-
Merthyr Valley Homes	-	-	-	10,000
VAMT	-	4,152	4,152	-
Adref Ltd	10,000	-	10,000	3,000
Cynon Taff Housing Association	-	-	-	5,000
Rhymney Brewery	-	-	-	2,500
Dwr Cymru	6,000	-	6,000	8,000
3G's Development Trust	-	-	-	1,000
Masonic Benevolent Fund	-	-	-	1,000
Rental Income	3,838	-	3,838	3,363
Donations from Local Churches	3,230	-	3,230	1,700
Monthly Church Donations	1,550	-	1,550	1,755
Private Donations	34,724	-	34,724	32,968
Rotary Club Aberdare	-	-	-	1,000
Sundry income	-	-	-	196
Trussel Tesco Top-up	-	-	-	2,685
Total Receipts	59,642	4,152	63,794	74,167
Payments				
Wages	35,257	3,007	38,264	33,944
Pension	766	-	766	647
Governance cost	1,116	-	1,116	822
Warehouse expenses	1,623	-	1,623	2,725
Equipment purchased	333	2,314	2,647	-
Christian Centre Expenses	4,055	-	4,055	-
Vehicle purchased	-	-	-	18,895
Other payments	4,517	-	4,517	3,751
Total Payments	47,667	5,321	52,988	60,784
Net of Receipts	11,975	(1,169)	10,806	13,383
Transfers between funds				
Cash funds brought forward	98,579	3,007	101,586	88,203
Cash funds this period end	110,554	1,838	112,392	101,586

Statement of Assets and Liabilities

for the year ended 30th September 2021

	Unrestricted Funds £	Restricted Funds £	Totals 2021 £	Totals 2020 £
Cash Funds				
Cash at bank	110,254	1,838	112,092	101,286
Cash in hand	300	-	300	300
Total Cash Funds	110,554	1,838	112,392	101,586
Other monetary assets				
Other debtors	500	-	500	900
Prepayments	644	-	644	639
Total monetary assets	1,144	-	1,144	1,539
Liabilities				
Deferred income	-	-	-	3,007
Accruals	564	-	564	716
	564	-	564	3,723
Assets retained for the charity's own use				
	Restricted Funds		Restricted Funds	
	2021		2020	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	10,924	18,895	14,565
Property	469,000	350,000	469	350,000
	19,364	360,924	19,364	364,565



K. Mason - Trustee

14/10/2022

Dated:

MERTHYR CYNON FOODBANK

England & Wales - Charity number 1149296

Accounts

MERTHYR CYNON FOODBANK

Registered Charity 1149296

REPORT AND FINANCIAL STATEMENTS

PERIOD ENDED: 30 SEPTEMBER 2020

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LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation was formed and granted charitable status on 11th October 2012 (charity number 1149296).

The charity is governed by its constitution which was adopted on 30th July 2011.

TRUSTEES

The board members serving during the year and since the year end were as follows:

A M Pitt
K Mason
M Linford

PRINCIPAL ADDRESS

5 Monmouth Drive
Merthyr Tydfil
CF48 1JA

INDEPENDENT EXAMINER

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil
CF48 1DL

BANKERS

HSBC
127-128 High Street
Merthyr Tydfil
CF47 8DN

TRUSTEES' ANNUAL REPORT

The trustees present their annual report together with the financial statements of the charity for the year ended 30 September 2020. Legal and administrative information set out on page 1 forms part of this report.

AIMS AND OBJECTIVES OF THE CHARITY

Purposes and aims

The Charity's objects are specifically to relieve those in need by reason of youth, age, ill health, disability and financial hardship in the Merthyr and Cynon Valley area, although this area may be extended to the adjoining communities if necessary.

To achieve this, we collaborate with Local Authorities, other statutory services, voluntary organisations and faith-based organisations.

In furtherance of the above, to supply boxes to beneficiaries, either directly or through agency partners approved by the Trustees, such boxes to contain tinned and non-perishable foods to ensure a healthy, balanced and nutritious diet for up to three days.

The Charity is also willing to undertake any other activities consistent with the primary purpose of the charity including, but not limited to, the provision of counselling and advisory services.

Ensuring our work delivers its aims

We are continually reviewing our aims, objectives and activities to ensure that we provide the maximum benefits possible to all of our clients. We are always prepared to consider the provision of new services if we feel that they will improve the welfare of our clients.

In setting our aims and objectives, we have referred to the guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

The Trustees are aware that the Charity has a responsibility under the Charities Act to demonstrate that it has charitable aims that meet the public benefit requirement and are therefore charitable. The Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit and comply with S17 Charities Act 2011 when considering, planning and implementing the activities of the charity. As Trustees, we believe that the aims of our organisation are charitable and for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

The year to 30th September 2020 has been a difficult one because of the Corona Virus pandemic. Most of our volunteers were self-isolating although a few stepped in to help where necessary. We closed all our distribution centres because of the lockdowns and referrals were made online only. With the help of the local authority and some volunteers we delivered food parcels directly to the homes of the people in need. From the second week in July 2020 we re-opened our five centres in the Cynon valley with all procedures from Welsh Government in place but continued with home deliveries in the Merthyr area. We were fortunate to see the compassion and support of our communities in the Merthyr and Cynon valley areas and grateful for outstanding generosity of the public supporting their local food bank.

The Foodbank is in a better position financially than at any time since its conception. Local businesses, churches and individuals have been most generous during the Corona virus pandemic. Many, because they have not been able to donate food have donated money instead.

The charity has a full time Foodbank Co-ordinator, part time Warehouse Assistant and a well established administration team so it is the aim of the charity to use this foundation to expand and continue the charity activities and alleviate social deprivation. During the year 67 tonnes of food has been collected and 59 tonnes distributed to a total 6934 beneficiaries. To date we have collected in excess of 333 tonnes of food and distributed in excess of 313 tonnes to a total of 39,800 beneficiaries as at 30th September 2020. The donated

food supplies given to the charity are essential to the running of the core activity of the charity and the Trustees would like to express their thanks to each individual and organisation whom have made food contributions. The Trustees cannot put a value on the total donated food supplies and as such have not included any amounts in these financial statements.

FINANCIAL REVIEW

The charity has been successful in maintaining and increasing Funding levels over the last 12 months. The charity received total funding of £74,167 in 2020 compared with £48,929 in the year to 30th September 2019. It is the aim of the charity to continually source additional funding and will aim to increase funding levels over the next 12 months. A cash surplus was made in the year amounting to £13,383 (2019: £12,621). It is the aim of the charity through careful business management and budgeting by the trustees, and the ongoing generosity of the public, to continue to be able to build up reserves of the organisation. At the 30th September 2020 the Foodbank had £101,286 in the bank which is enough to see the organisation through approx. 3 years.

Principal Funding Sources

Aside from the income generated by local churches and donations, during the year to September 2020, the main funding sources can be found on the Receipts and Payment Account with the Financial Statements.

Reserves Policy

Upon reviewing the reserves policy, the trustees decided to maintain a financial reserve, approximately equivalent to the normal, predictable outgoings in one month. In 2020 that is approximately £3,490. The charity currently has free reserves well in excess of this, being £98,579. The reserves policy does also however, have a caveat, that if a pressing financial need arises within the charity, and the charity has the ability to meet this out of the reserve, then this should be done, in accordance with the aims and objectives of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk review

The trustees have conducted a review of the major risks to which the charity is exposed. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by procedures of authorisation of transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients.

At present, the trustees have identified that the biggest risk that the organisation faces is due to the loss of income from various funders and from donations from members of the public.

Steps have already taken place to streamline the expenditure of the charity, with no adverse effects on the needs of our users. It is essential to the continuing financial health of the organisation that any 'lost' funds are able to be replaced by income from other sources. The Trustees are continually investigating other means of raising income.

Organisation

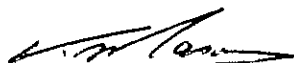
The method of appointment of trustees is set out in the constitution dated 30th July 2011. There are currently three trustees involved in the organisation. A.M. Pitt, K. Mason and M Linford.

PLANS FOR FUTURE PERIODS

We are continually investigating potential new sources of income. We are also continually trying to identify any new services, consistent with the primary purpose of the charity that may be of benefit to the public in the County Borough of Merthyr Tydfil and Cynon Valley areas. One of these, in association with Trussell Trust is to set up a fuel bank, whereby heat and light can be donated to those in need similar to food. Unfortunately due to the pandemic this has been temporarily shelved.

This report has been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (issued in January 2015).

Signed on behalf of the board:



K. Mason - Trustee

Dated: 20/5/2021

Independent examiner's report to the Trustees of Merthyr Cynon Foodbank

I report on the accounts of the Charity for the year ended 30th September 2020, which are set out on pages 6 and 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report on order to enable a proper understanding of the accounts to be reached.

Richard Knoyle ACA FCCA
Baker Knoyle Accountancy Limited
RG19 Orbit Business Centre
Rhydycar Business Park
Merthyr Tydfil, CF48 1DL.

Date... 20/05/2021

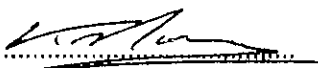
Receipts and Payments Account
 for the year ended 30th September 2020

	Unrestricted Funds £	Restricted Funds £	Totals 2020 £	Totals 2019 £
Receipts				
Trussell Trust (Asda Grant)	-	-	-	18,400
Merthyr Valley Homes	10,000	-	10,000	1,500
Cyfarthfa High School Students	-	-	-	1,000
Adref Ltd	3,000	-	3,000	-
Santander	-	-	-	2,500
Cynon Taff Housing Association	5,000	-	5,000	-
Rhymney Brewery	2,500	-	2,500	1,000
Dwr Cymru	8,000	-	8,000	-
3G's Development Trust	1,000	-	1,000	-
Masonic Benevolent Fund	1,000	-	1,000	-
Michael Sobell Welsh Charitable Assoc.	-	-	-	1,000
Trussell Trust Fuel Bank	-	-	-	1,000
Rental Income	3,363	-	3,363	938
Donations from Local Churches	1,700	-	1,700	1,337
Monthly Church Donations	1,755	-	1,755	2,120
Private Donations	32,968	-	32,968	11,329
Rotary Club Aberdare	1,000	-	1,000	-
Sundry income	196	-	196	-
Tesco Cash Collections	-	-	-	1,763
Trusset Tesco Top-up	2,685	-	2,685	4,545
Trussell Asda Top Up	-	-	-	281
Recycling Income	-	-	-	216
Total Receipts	74,167	-	74,167	48,929
Payments				
Wages	15,899	18,045	33,944	28,372
Pension	647	-	647	392
Governance cost	822	-	822	804
Warehouse expenses	2,725	-	2,725	2,234
Vehicle purchased	2,395	16,500	18,895	-
Other payments	3,751	-	3,751	4,506
Total Payments	26,239	34,545	60,784	36,308
Net of Receipts	47,928	(34,545)	13,383	12,621
Transfers between funds	-	-	-	-
Cash funds brought forward	50,651	37,552	88,203	75,582
Cash funds this period end	98,579	3,007	101,586	88,203

Statement of Assets and Liabilities

for the year ended 30th September 2020

	Unrestricted Funds £	Restricted Funds £	Totals 2020 £	Totals 2019 £
Cash Funds				
Cash at bank	98,279	3,007	101,286	87,903
Cash in hand	300	-	300	300
Total Cash Funds	98,579	3,007	101,586	88,203
Other monetary assets				
Other debtors	900	-	900	1,750
Prepayments	639	-	639	327
Total monetary assets	1,539	-	1,539	2,077
Liabilities				
Deferred income	-	3,007	3,007	37,552
Accruals	716	-	716	498
	716	3,007	3,723	38,050
Assets retained for the charity's own use				
	Restricted Funds		Unrestricted Funds	
	2020		2019	
	£		£	
	Cost	Current Value	Cost	Current Value
Motor vehicle	18,895	14,565	10,000	1,914
Property	469	350,000	469	350,000
	19,364	364,565	10,469	351,914


K. Mason - Trustee

Dated:

20/5/2021