

OF THE PAST : TOGETHER WE
BUILD A HOPEFUL FUTURE

mishon
A mission to build families.

Mishon annual report and financial statement 31st March 2025



Charity Information



TRUSTEES:

Mrs Nicha Weiss
Mr Isaac Honig
Mr Naftoli Chaim Blau

INDEPENDENT EXAMINER:

DECLARON LTD UNIT A
3 THE VALE
LONDON NW11 8SB

BANKERS:

TSB 174 CLAPTON COMMON
LONDON
E5 9AQ

REGISTERED CHARITY

NUMBER:

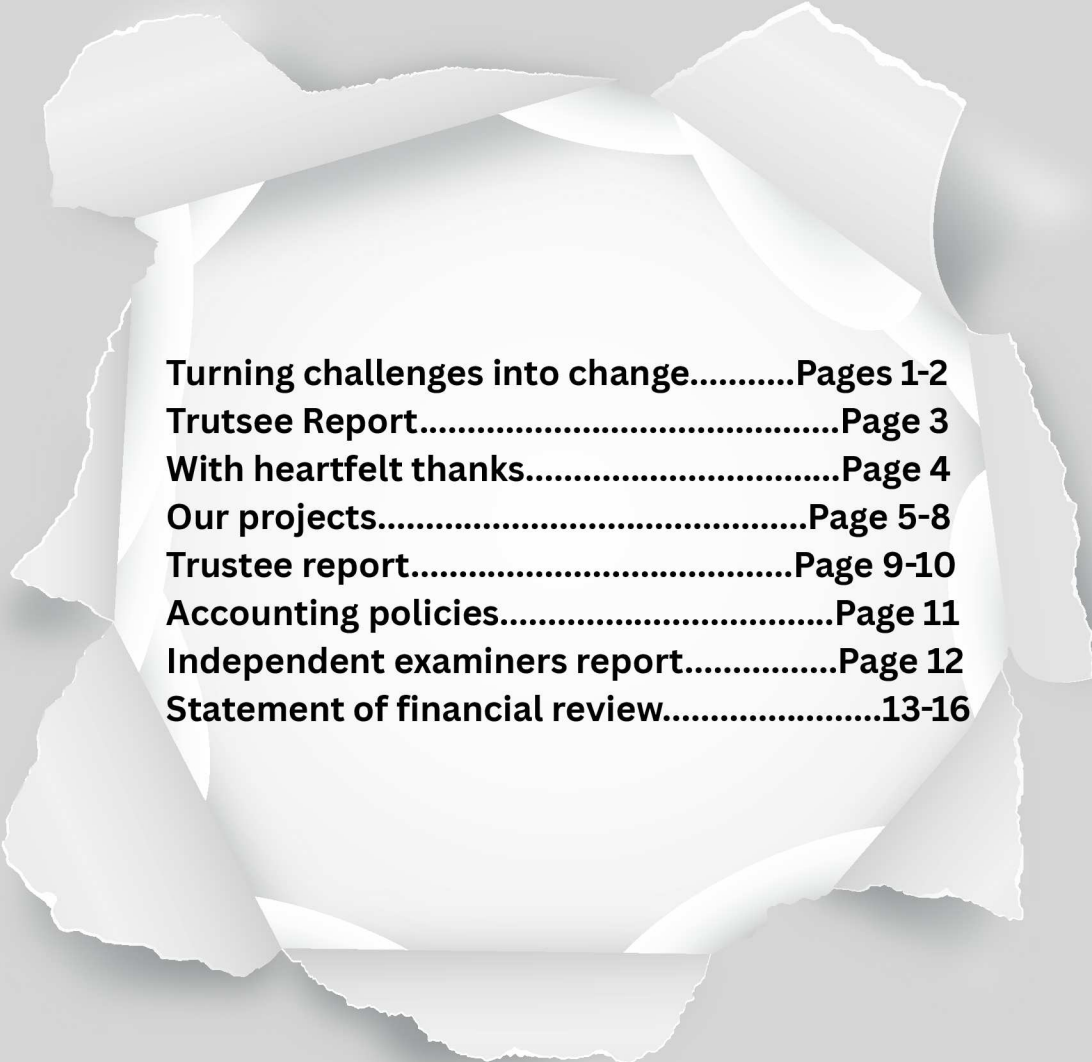
1149271

CHARITY OFFICE:

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Turning challenges into change

"Happiness doesn't result from what we get, but from what we give." – Ben Carson

RACHEL REPORTS:

On February 24th 2012, a 16-year-old boy from the neighborhood—whom I recognized as Steve stood outside my house. Without any preamble, he simply asked, "Can I come in for a few minutes?" I welcomed him inside, prepared him something to eat, and observed as he consumed every bite as if he had not had a proper meal in days. Only once his immediate hunger was satisfied did he begin to share his story, albeit in small, hesitant fragments.

He explained his home situation: with divorced parents he along with his younger siblings, who reside with their mother face daily challenges. Days when there is no electricity, days when there is little food and days when the children, despite their pride, must knock on neighbours' doors to request assistance. Steve did not recount this with dramatization; he presented it as an ordinary part of life—a boy who has learned that help will not come, and so he simply continues to survive.

That night, I found it impossible to sleep. I kept visualizing him at my table, eating quickly, hoping for more.

That experience marked the inception of Mishon. Having witnessed firsthand the profound struggles faced by Steve and countless others like him, Mrs. Chippy Flohr and Mrs. Rachel Frenkel felt a compelling duty to intervene. Motivated by compassion, understanding, and a commitment to preserving dignity, they resolved to develop a means of providing meaningful support and stability to those in need.

Mishon is a London-based, non-profit organization dedicated to offering practical, financial, and emotional assistance to individuals facing crises resulting from unemployment, illness, or other financial hardships.

Our Mission

We aim to address the emotional, practical and physical needs of the vulnerable and disadvantaged through offering a holistic, compassionate and comprehensive approach in our support so that we may empower them to break free from hardship and build a sustainable, hopeful future.

Our Vision

We envision a future where no family is left behind, and all individuals have access to the emotional, practical, and physical resources they need to build a brighter, more secure life.

A world where every individual is empowered to overcome hardship, achieve independence, and thrive in a supportive, compassionate community

Our Values

- **Compassion:** We approach every person with kindness, understanding, and a caring heart, recognizing the dignity in everyone we serve.
- **Empowerment:** We believe in uplifting individuals and communities, helping them to build stronger, self-sufficient futures.
- **Hope:** We foster a positive outlook, inspiring hope and resilience in those facing hardship.
- **Integrity:** We act with honesty, transparency, and respect in everything we do, earning trust and building genuine relationships.
- **Collaboration:** We work hand-in-hand with communities, partners, and volunteers, believing that together, we can create lasting change.
- **Inclusivity:** We embrace diversity and ensure our services and actions are welcoming and accessible to all.



Trustees Report

As we reflect on this past year, we are overwhelmed with a profound sense of gratitude and hope. It has been a year marked by resilience, compassion, and unwavering dedication—both from our team and the incredible community we serve. Watching lives transform, seeing children smile again, and witnessing families find moments of relief has touched me deeply.

Throughout the year, our charity has been at the forefront of making a real difference in the lives of those who need it most. We have dedicated ourselves wholeheartedly to delivering a diverse range of programs and services, each thoughtfully designed to address the unique and pressing needs of the communities we serve. From alleviating hardship to promoting holistic well-being, our efforts have been driven by a deep commitment to create opportunities and spark hope for disadvantaged children and families.

At the heart of our mission is a simple yet powerful belief: **"Every Meal Matters."** But for us, a meal is more than just nourishment—it's a symbol of care, connection, and community. Whether it's a warm meal that restores strength or a moment of social interaction that lifts spirits, each act reinforces our conviction that no one should face hardship alone. Through this lens, we have worked tirelessly to reach out to those facing adversity, ensuring they know they are valued and supported.

The incredible progress we've achieved this year would not have been possible without the unwavering support of our funders, sponsors, and volunteers. Their generosity and dedication have allowed us to expand our reach and deepen our impact. Together, we have been able to provide not just food and supplies, but also hope, dignity, and a sense of belonging to countless individuals who need it most. Every donation, every volunteer hour, and every act of kindness has helped uphold the vital principle that every meal, every act of kindness, truly matters.

Mrs. Rachel Weiss *Mr. Martin Blau*
R Weiss M Blau

With heartfelt thanks

Mayor of
London

Haringey
Council

Carmella and
Ronnie
Pignatelli
foundation

Big lottery

Arnold
Clarke

London
Hackney
Council

Respite
association

Arbib
Lucas

Sport England

BBC Crisis grant

**Alone we can do so little;
together we can do so much.**

We would like to thank our volunteers for their time, commitment and generosity, which are central to the delivery of our services and the impact we achieve. It is their dedication which keeps our mission moving forward, and we couldn't do it without their unwavering commitment.



Our projects

EAT WELL/ LIVE WELL

With a focus on Every Meal Matters children and young people were supported through a new weekend initiative, ensuring individuals had access to nutritious meals over weekends when they need them most, helping to relieve hunger, reduce stress and support physical and emotional wellbeing. By providing consistent, thoughtful food support, we reinforced the message that no one should go without and that each meal is an opportunity to offer care, stability, and hope.

Shifting support from simply providing food to supporting dignity, autonomy, and wellbeing, our food voucher scheme helped people feel valued rather than dependent. The project delivered compassionate, responsive food support to vulnerable individuals and families experiencing food insecurity or financial hardship whilst supporting better nutrition. The food voucher schemes enabled residents to make their own food choices, thus reducing food waste at the same time.

Freshly prepared cooked meals and ready food boxes for those unable to cook or shop for themselves ensured support is flexible respectful and tailored. . Beyond meeting physical needs, the food boxes reduce stress and anxiety associated with hunger, ease financial pressure, and provide a sense of care and support. By meeting people at their point of need this support prevents crisis, promotes wellbeing, and creates a foundation from which individuals can begin to regain stability and confidence.

Together we are ensuring no child goes hungry. one meal at a time.

Our projects

Footprints of care

Mishon is rooted in compassion and kindness, dedicated to walking alongside those in need. Through our efforts, we've provided countless individuals with the simple comfort of new shoes and clothing, helping them feel valued, cared for, and ready to embrace each new day. We work with generosity and care, sourcing clothing from end-of-season sales and giving it to those in need free of charge as well as sourcing shoe vouchers so individuals can make their own choices. Every pair of shoes and piece of clothing we share represents a step toward hope, dignity, and a brighter future for the families and communities we serve.

Together, we're making a difference — one step at a time.

Comfort & dignity

Mishon is committed to ensuring that no one has to face daily challenges alone. Through our home essentials project, we provided vital items like toilet paper, soaps, and sanitary pads to those in need, helping them maintain dignity, comfort, and good health. These simple essentials are often out of reach for many, yet they are fundamental to everyday wellbeing. By sharing these necessities, we aim to ease their struggles, promote hygiene, and remind every individual that they are valued and cared for.

Together, we're helping build healthier, more dignified lives—one essential at a time.

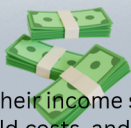
Warmth & Wellbeing

The overwhelming choice of 'heating or eating' for the elderly and vulnerable was addressed through our fuel vouchers distribution. With rising energy costs creating extra worry, the vouchers offered practical help and peace of mind, allowing people to heat their homes without fear of falling behind on bills. Above all, the project was about offering kindness, reassurance, and support, ensuring that no one felt alone or left in the cold.

Together warming the vulnerable - one heart at a time

Our projects

Money skills



Focusing on helping people make their income stretch further, manage essential household costs, and plan for unexpected expenses, budgeting workshops help individuals feel more confident, informed, and in control of their finances, supporting improved wellbeing and long-term financial stability.

One-to-one budgeting workshops, ensure each participant receives personalised attention and advice tailored to their individual circumstances.

Together we are empowering individuals

- one person at a time.

Critical Support

Our crises grants are tailored to meet the unique needs of the individual, ensuring that support is both timely and effective.

With a compassionate Crisis Grant program immediate financial support was given to individuals and families facing urgent hardships.

When unexpected events such as job loss, illness, or other emergencies threaten their stability, we step in with grants that help cover essential needs like utilities, food, medical expenses and for some it may be the need for a holiday, helping them regain their footing and restore hope.

*Together we are reducing hardship,
preventing homelessness*

- one Pound at a time

Splash of opportunities

Our vibrant active living club empowers disadvantaged children & young people through sport. These after-school swim activities help young people facing barriers build confidence, develop essential life skills and unlock potential. By offering a safe and supportive environment, we encourage our young participants to stay engaged with active lifestyles well beyond grasping the skill of swimming.

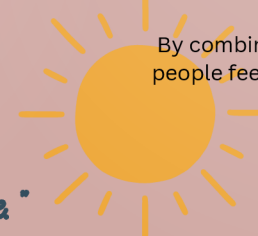
Together we are building confidence, one splash at a time."

Our projects

Brighter futures

Holiday clubs during school holiday periods provided a safe, inclusive, and engaging environment where young people took part in a wide range of enrichment activities designed to support their social, emotional, and physical wellbeing. Throughout programmes, participants had access to creative workshops, team based activities, and structured sports sessions encouraging confidence, collaboration, and positive relationships. Alongside these opportunities, young people benefitted from healthy, nutritious meals and snacks, ensuring they stayed well nourished and energised.

By combining enrichment, routine, and support, young people feel valued, capable, and optimistic about their future.



Future



Playing a crucial role in strengthening mental health and resilience among vulnerable people we work with; the charity looks towards the future with an aim of introducing accessible, preventative and strength based projects.

*You must let go of who you are
to become who you will
be.*



TRUSTEE REPORT FOR YEAR ENDING MARCH 2025

OBJECTIVES AND AIMS

The Aims of the Charity are as follows

- 1) To promote and protect the physical and mental health of families who are in need because of their social or economic circumstances through the provision of financial assistance, support, therapeutic activities and/or practical advice.
- 2) The promotion of any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year

FINANCIAL REVIEW

Grant making policy

The charity is funded by donations and grants. The charity gives out grants in line with the above objects. The charity paid out a total of £9,310.35 in grants to individuals comprising of holiday grants as well as grants falling in line with the charity's objects.

Reserves Policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three to six months running costs and up to one year's running costs. The Trustees are pleased to have achieved a level of reserves for the Charity this past year, in accordance with their aim.

STRUCTURE GOVERNANCE AND MANAGEMENT

Charity constitution

Mishon is constituted under a trust deed, dated 20th September 2012 and is a Registered Charity with a registered number 1149271.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees.

The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

There is no chief executive officer. The day to day affairs are undertaken by a devoted team of individuals on a voluntary basis on behalf of the trustees.

All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees is the sole domain of the trustees

TRUSTEE REPORT FOR YEAR ENDING MARCH 2025

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet date, and of its incoming resources, including income and expenditure for the financial year. In preparing those financial statements, the Trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP 2015, updated May 2008 disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law. The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

Risk management' The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

Risk management'

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

Auditor

An independent examiners unqualified report will be prepared by De Claron Ltd Approved by The Trustees and signed on behalf of them all.

31/12/2025

TRUSTEE

MRS NICHA WEISS



Accounting Policies

Basic of accounting

The accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (effective from April 2015)

Income

Donations received for the general and main purpose of the Charity is included as unrestricted funds in the statement of Financial Activities when receivable. Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the trustees

Expenditure

Resources expended are accounted for on an accrual basis. Certain expenditure is appointed to cost categories based on the estimated amount attributable to that activity in the year. These estimates are based on the time and level of activity as appropriate. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements. The irrecoverable element of VAT is included with the item of expense to which it relates

Independent Examiner's unqualified report

Independent Examiner's Report to the Trustees of Mishon
I report on the accounts of the Charity for the year ended 31 March 2025, which are set out on pages 5 to 7.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under the Charities Act 2022 (the 2022 Act)) and that an independent examination is needed. It is my responsibility to

- examine the accounts (under the 2022 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2022 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with the 2022 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2022 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB:
31 December 2025



Statement of financial review

| | y/e 31.03.2025 | | | y/e 31.03.2024 | | |
|--|--------------------|------------------|-------------|--------------------|------------------|-------------|
| | £ | £ | £ | £ | £ | £ |
| | Unrestricted Funds | Restricted Funds | Total Funds | Unrestricted Funds | Restricted Funds | Total Funds |
| INCOMING RESOURCES | | | | | | |
| Donations Received | | | | | | |
| Donations | 28,621.11 | | 28,621.11 | 32,847.49 | | 32,847.49 |
| Grants Received | | 226,424.45 | 226,424.45 | | 217,930.50 | 217,930.50 |
| | 28,621.11 | 226,424.45 | 255,045.56 | 32,847.49 | 217,930.50 | 250,777.99 |
| Activities to further the Charitable Activities | | | - | | | - |
| Total Incoming Resources | 28,621.11 | 226,424.45 | 255,045.56 | 32,847.49 | 217,930.50 | 250,777.99 |
| RESOURCES EXPENDED | | | | | | |
| Cost of Generating Funds | 4,840.00 | | 4,840.00 | 3,921.00 | | 3,921.00 |
| Net Incoming Resources Available For Charitable Application | 23,781.11 | 226,424.45 | 250,205.56 | 28,926.49 | 217,930.50 | 246,856.99 |
| Cost of Activities in Furtherance or the Charitable Activities | | | | | | |
| Food Parcels and Vouchers | 13,544.07 | 138,487.29 | 152,031.36 | | 182,844.35 | 182,844.35 |
| Crisis Grants | 6,123.37 | 3,186.98 | 9,310.35 | 2,417.04 | 9,931.84 | 12,348.88 |
| Holiday Activities / Trips | | 40,733.26 | 40,733.26 | | 21,238.00 | 21,238.00 |
| Instructors | | 4,831.25 | 4,831.25 | | 4,918.75 | 4,918.75 |
| Staff Costs | 7,690.00 | 22,652.28 | 30,342.28 | 5,879.25 | 16,310.00 | 22,189.25 |
| Toys | 3,830.00 | | 3,830.00 | 4,842.00 | | 4,842.00 |
| Home Essentials | 545.91 | | 545.91 | 822.40 | | 822.40 |
| Venue Hire | | 6,792.50 | 6,792.50 | | 4,315.00 | 4,315.00 |
| Volunteer Costs | 187.40 | | 187.40 | | 953.50 | 953.50 |
| | 31,920.75 | 216,683.56 | 248,604.31 | 13,960.69 | 239,811.44 | 253,772.13 |
| ADMINISTRATIVE EXPENSES | | | | | | |
| Governance Costs | | | - | 67.96 | | 67.96 |
| IT Exp | - | | - | | 1,550.00 | 1,550.00 |
| Telephone | - | | - | 85.63 | 105.05 | 190.68 |
| Advertising | - | | - | 355.00 | | 355.00 |
| Professional Fee & Acc | 1,131.40 | | 1,131.40 | 677.56 | | 609.60 |
| Insurance | 291.76 | | 291.76 | 214.48 | | 214.48 |
| Stationery & Office Supply | 1,760.44 | | 1,760.44 | 97.26 | 560.00 | 657.26 |



Statement of financial review

| | y/e 31.03.2025 | | | y/e 31.03.2024 | | |
|-------------------------------|--------------------|------------------|-------------|--------------------|------------------|-------------|
| | £ | £ | £ | £ | £ | £ |
| | Unrestricted Funds | Restricted Funds | Total Funds | Unrestricted Funds | Restricted Funds | Total Funds |
| | 3,183.60 | - | 3,183.60 | 1,429.93 | 2,215.05 | 3,644.98 |
| Total Charitable Expenditure | 31,920.75 | 216,683.56 | 248,604.31 | 13,960.69 | 239,811.44 | 253,772.13 |
| Total Resources Expended | 35,104.35 | 216,683.56 | 251,787.91 | 15,390.62 | 242,026.49 | 257,417.11 |
| Net Movement in Funds | (11,323.24) | 9,740.89 | (1,582.35) | 13,535.87 | (24,095.99) | (10,560.12) |
| Transfer To / (From) Reserves | | | - | | | - |
| Net Reserves for the Year | (11,323.24) | 9,740.89 | (1,582.35) | 13,535.87 | (24,095.99) | (10,560.12) |
| Total Funds Brought Forward | 79,723.13 | 15,564.01 | 95,287.14 | 66,187.26 | 39,660.00 | 105,847.26 |
| Total Funds Carried Forward | 68,399.89 | 25,304.90 | 93,704.79 | 79,723.13 | 15,564.01 | 95,287.14 |

Draft Balance Sheet

| | y/e 31.03.2025 | | y/e 31.03.2024 | |
|---------------------|----------------|-----------|----------------|-----------|
| | £ | £ | £ | £ |
| CURRENT ASSETS | | | | |
| CASH IN HAND & BANK | 93,704.79 | | 95,287.14 | |
| | | 93,704.79 | | 95,287.14 |
| CURRENT LIABILITIES | | | | |
| CREDITORS: Accruals | | | - | |
| NET ASSETS | | 93,704.79 | | 95,287.14 |
| FUND ACCOUNT | | | | |
| Restricted Funds | 25,304.90 | | 15,564.01 | |
| Unrestricted Funds | 68,399.89 | | 79,723.13 | |
| Total Funds | | 93,704.79 | | 95,287.14 |
| | | - | | - |

