



EMPOWERING TODAY FOR A BETTER TOMORROW

MISHON ANNUAL REPORT AND FINANCIAL STATEMENTS
31 MARCH 2024

“COMPASSION

IS DOING SOMETHING TO ALLEVIATE
THE SUFFERING OF ANOTHER.”



AFTER WITNESSING COUNTLESS FAMILIES STRUGGLING DESPERATELY TO STAY AFLOAT, MRS. CHIPPY FLOHR AND MRS. RACHEL FRENKEL FELT COMPELLED TO DO SOMETHING ABOUT THE PAINFUL SITUATION. THEY RESOLVED TO FIND A WAY TO PROVIDE SUPPORT AND STABILITY FOR FAMILIES –WITH COMPASSION, UNDERSTANDING, AND DIGNITY.

THAT’S WHEN MISHON WAS BORN. MISHON IS A LONDON-BASED, NON-PROFIT ORGANIZATION THAT PROVIDES PRACTICAL, FINANCIAL AND EMOTIONAL SUPPORT TO THOSE FACING CRISES DUE TO LOSS OF EMPLOYMENT, ILLNESS OR OTHER FINANCIAL PREDICAMENTS.

MISHON HELPS BUILD BACKBONE—THE ABILITY AND CONFIDENCE TO PUSH FORWARD—ENABLING FAMILIES TO RAISE THEMSELVES TOWARD FINANCIAL STABILITY AND SELF-SUFFICIENCY.

MISHON

TRUSTEES:

MRS NICHIA WEISS
MR ISAAC HONIG
MR NAFTOLI CHAIM BLAU

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A MESSAGE FROM THE BOARD



This year, we embarked on a profound journey, unwavering in our commitment to champion community-led solutions while facing an unprecedented rise in hunger, disadvantage, and urgent needs born from relentless inflation and surging food prices.

In a world rapidly evolving and often uncertain, our charity has been inundated with heartfelt pleas for assistance. Individuals grappling with sudden job losses, unforeseen illnesses, and crushingly unexpected expenses find themselves at the brink, navigating emotional turmoil that can fracture families and shatter dreams.

Yet, amid this tempest of challenges, we made an unwavering promise: we will not turn our backs on them. We stand resolute, hand in hand with our community, defying despair with compassion and unwavering support.

With the invaluable support of kind-hearted individuals, generous philanthropic trusts, and local authorities—including: **Hackney Council - Haringey Council - Arbib Lucas Charitable Trust - JAPH - Hackney Giving - BBC Children in need - Mayor of London - Bruce Wake - Caring Family Foundation - Duchy of Lancaster - The Respite Association - Clevedon Forbes** we have been able to illuminate the darkness enveloping so many lives.

Your steadfast belief in our mission has empowered us to respond dynamically to the burgeoning needs around us. It is through the selfless dedication and extraordinary innovation of our volunteers and partners that we have reached this pivotal moment. Together, we have empowered those who confront daily struggles to not merely endure but to thrive, igniting a spark of hope in the unlikely of circumstances.

We are incredibly grateful for the Hackney Council's Infrastructure Grant, which has been instrumental in allowing us to recruit a dedicated Development Manager/Fundraiser. This vital addition to our team empowers us to enhance our partnership work with existing funders and forge new alliances, expanding our outreach to even more individuals in need. This investment not only strengthens our infrastructure but also amplifies our impact, enabling us to connect with a diverse range of clients and ensure that the vital resources and support they require are accessible. Together, with this newfound capacity, we are not just confronting challenges; we are building a robust community network that stands ready to uplift and empower every voice in need.

In our relentless pursuit of alleviating hardship and fostering resilience, we have set forth on a path of innovation. We are pioneering transformative programs designed to not only bridge immediate gaps but to build a sturdy foundation for brighter futures—futures where families can flourish and communities can thrive. Our joint efforts resonate with the understanding that together, we can weather any storm, cultivating strength and tenacity in the face of adversity.

As we reflect on our journey together, we are deeply grateful for your unwavering dedication to our mission and your passionate empathy for those we are honoured to serve. Together, we are not just advocates; we are beacons of hope, united in our resolve to create a more just and compassionate world.

With heartfelt appreciation and warmest regards,

OUR MISSION

At the heart of our organization lies a passionate commitment to empower those who face barriers and adversity, opening the door to essential resources and abundant opportunities for personal growth.

We believe that by fostering self-sufficiency, we can help individuals build unwavering foundations for a brighter, more hopeful future.

OUR VALUES

Compassion - We wholeheartedly embrace the intrinsic worth and dignity of every individual. Our deep well of empathy drives us to act with kindness, respect, and fairness, ensuring that everyone can feel seen and valued, especially in times of need.

Empowerment - We are advocates for transformation, dedicated to empowering individuals to lead independent and fulfilling lives. Through unwavering support and encouragement, we light the path toward self-sufficiency and personal growth, enabling everyone to unlock their true potential.

Hope and Empathy - We believe fervently in the transformative power of hope and the incredible capacity for positive change. We strive to inspire hope in every individual we touch, nurturing resilience and providing the vital support necessary to overcome adversity.

We approach every challenge with understanding and empathy, recognizing the unique journeys each person undertakes. Together, we create a community anchored in hope, compassion, and the promise of a brighter tomorrow.

**"VOLUNTEERS WITH VISION:
INSPIRING CHANGE, SPARKING HOPE!"**

your time, your impact - thank you for making a difference

Our organization leads a range of impactful programs designed to uplift and empower our community, but the true magic happens through the invaluable contributions and insights of our dedicated volunteers. They are the lifeblood of our initiatives, helping us to tailor our efforts so they resonate deeply with the needs of the people we serve. For instance, we may have a structured food drive program that aims to alleviate hunger, but it's our volunteers, who actively participate and share their experiences that help us understand the unique challenges faced by families in our community. Their feedback allows us to adjust our approach, ensuring we not only provide food but also create a welcoming atmosphere where individuals feel valued and supported. Among our extraordinary volunteers is Peri, our youngest member, who has shattered expectations by raising an astounding £15,000 this year for our organization. Her passion for our mission is infectious, and her tireless efforts in fundraising demonstrate not just her commitment but also her belief in the potential of every child we serve. Peri inspires us all, proving that age is no barrier to making a significant impact, and her dedication is a shining example of how one individual can truly change lives.

**"TOGETHER WE THRIVE;
YOUR SUPPORT FUELS
OUR MISSION!"**



2024 & BEYOND

We are committed to pursuing greater impact and expanding our efforts to support those in need in the future.

WE WILL continue to engage with the community and stakeholders in a transparent way

WE WILL seek partnerships with other organisations to broaden the scope of what we can achieve

WE WILL develop a strategic plan to outline how we intend to expand services

WE WILL actively involve supporters, volunteers and beneficiaries in brainstorming sessions for future initiatives

WE WILL establish a preventative approach in services we offer



"NOURISH THEIR FUTURE END HUNGER WITH LOVE"

Hunger can affect people from all walks of life. But hunger doesn't affect everyone equally - some groups like children and seniors are at much higher rate effecting health, development and wellbeing.

The charity provided nourishment and support through

- * Access to essential and nutritious cooked meals for individuals and families, supporting 260 families with brunch food boxes over the holiday period as well as warm lunches for youth throughout all holiday schemes

- * Voucher scheme - providing beneficiaries including the elderly with the opportunity to choose and purchase their own food, allowing them to maintain their dignity and autonomy
- * Senior food hamper boxes delivered to pensioners.

- * Throughout the year, we have provided thousands of warm, and nutritious meals to children and families, each plate filled with care and devotion. These meals not only brighten their days with delicious flavours, but they also nourish their bodies and spirits, empowering them to learn, grow, and thrive.

Through our partnership with the Felix Project, as well as the support from our volunteers, we were also able to rescue good food, fruits and vegetables from local wholesalers, restaurants and other from going to waste and distribute to local families in need making healthier food the easier choice for struggling families

With every parcel we deliver and every family we uplift, we affirm our commitment to ensuring that no person should have to face hunger alone, transforming lives and restoring hope one meal at a time.



"EMPOWERING FUTURES THROUGH SWIM: TRANSFORMING LIVES ONE STROKE AT A TIME!"

Over the past year, our vibrant swim programs at Mishon have not only achieved remarkable success but have also become a beacon of hope for young participants from disadvantaged backgrounds who might never have had the chance to swim. Welcoming 100 enthusiastic children aged 8 to 13, we've not only taught them essential swimming techniques but have empowered many to master all four competitive strokes. This program stands as a heartfelt testament to our unwavering commitment to uplift youth and enhance their lives through accessible sports initiatives. By nurturing a passion for swimming, we are not just providing critical life skills; we are instilling a profound sense of confidence and resilience, helping these young individuals dream bigger and embrace a brighter future, all from the transformative experience of being in the water.



"EVERY CHILD'S SMILE - A HOLIDAY RIGHT"

Our holiday clubs were offered through all school holidays, offering Children and young people a wide range of activities and opportunities to socialize, learn and have fun in a safe environment. Creative activities, sports, health nutrition workshops and trips were offered allowing individuals to make new friends, develop skills and explore new interests and environments, encourage self expression and nurture talent. Acting as a Kitchen social hub, nourishing meals and healthy snacks were also provided throughout the holiday provision, ensuring children and young people have access to wholesome foods and do not face holiday hunger.



"STEP INTO NORMALCY: EVERY CHILD DESERVES DIGNITY!"

Our clothing drives are more than just distributions; they are lifelines that instil confidence and restore dignity in children and families facing financial hardships. With each pair of shoes and clothing item we provide, we offer them a chance to step into normalcy and feel just like their peers. In addition to our regular collection and distribution of brand new garments which we collect from retail stores, the charity were able to successfully distribute shoe vouchers to over 500 children/young people, enabling them to shop in local stores for shoes at heavily subsidised costs.

"WARM HEARTS IN COLD TIMES: BRINGING HEAT TO THOSE IN NEED"



As winter cast its chilling grip, countless families faced crises and struggled to keep their homes warm, often forced to choose between heating their living spaces and providing for basic necessities. We stepped in to provide vital support, distributing gas and electric vouchers to those gripped by the energy crisis.

"IN THEIR DARKEST HOUR, WE BRING LIGHT"



At a time when hope seemed a distant memory, our crisis grants offered a lifeline to individuals battling profound challenges and facing immediate and severe hardships. Crisis grants were given in response to situations where individuals were unable to meet their urgent and essential needs due to unforeseen circumstances helping them to stabilize their situation and put them back on their feet. With support from the JAPH Charitable foundation ; additional support was provided to those with physical disabilities , empowering them towards a brighter future.

"ESSENTIALS THAT EMPOWER: A FRESH START FOR EVERYONE"



In the past year, with the invaluable support of In Kind Direct, Mishon has ignited hope through our home essentials assist scheme, delivering life-changing items that transform houses into nurturing sanctuaries for disadvantaged families and children. We've provided not just cleaning supplies, but the essential building blocks of dignity and comfort—soaps, shampoos, toothbrushes, toilet paper, and other vital sanitary products—that ensure every home feels warm, safe, and cared for. Each item we distribute is not just a necessity; it's a symbol of our commitment to empower these families, helping them reclaim their sense of belonging and well-being in an often challenging world.

TRUSTEE REPORT FOR YEAR ENDING MARCH 2024

THE TRUSTEES PRESENT THEIR ANNUAL REPORT WITH ACCOUNTS OF THE CHARITY FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Aims of the Charity are as follows 1) To promote and protect the physical and mental health of families who are in need because of their social or economic circumstances through the provision of financial assistance, support, therapeutic activities and/or practical advice. 2) The promotion of any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

FINANCIAL REVIEW

Reserves policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of 3 – 6 months running costs and up to one year's running costs. Free reserves stand at £ which is lower than the anticipated level of reserves the trustees aim to maintain which is generally at least six months running costs.

Grant making policy

The charity is funded by donations and grants. The charity allocates crises grants in line with the above objects. The charity paid out a total of in grants to individuals; with particular focus on those with physical disabilities in partnership with the JAPH charitable trust.

STRUCTURE GOVERNANCE AND MANAGEMENT

Charity constitution

Mishon is constituted under a trust deed, dated 20th September 2012 and is a Registered Charity with a registered number 1149271.

Recruitment and appointment of new trustees

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organization as well as those with lived experience of the challenges which our beneficiaries face. .

Organisational structure

There is no chief executive officer. The day-to-day affairs are undertaken by a devoted team of individuals on a voluntary basis on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely with no beneficial interest in the charity.

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and:

- Select suitable accounting policies and the apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Follow applicable accounting standards and the Charities SORP 2015, updated May 2008 disclosing and explaining any departures in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law. The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

Auditor

An independent examiners unqualified report will be prepared by De Claron Ltd Approved by The Trustees on and signed on behalf of them all.

Trustee
Mrs. Nicha Weiss

INDEPENDENT EXAMINER'S UNQUALIFIED REPORT

Independent Examiner's Report to the Trustees of Mishon

I report on the accounts of the Charity for the year ended 31 March 2024, which are set out on pages 5 to 7.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under the Charities Act 2022 (the 2022 Act)) and that an independent examination is needed.

It is my responsibility to

- examine the accounts (under the 2022 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2022 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with the 2022 Act; and
- to prepare accounts which accord with the accounting records and comply with

the accounting requirements of the 2022 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



De Claron Ltd.
3a The Vale
LONDON NW11 8SB:
30 December 2024

ACCOUNTING POLICIES

Basis of Accounting

The accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (effective from April 2015)

Income

Donations received for the general and main purpose of the Charity is included as unrestricted funds in the statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the trustees

Expenditure

Resources expended are accounted for on an accrual basis. Certain expenditure is appointed to cost categories based on the estimated amount attributable to that activity in the year. These estimates are based on the time and level of activity as appropriate.

Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

Mishon - y/e 31.03.2024

Statement of Financial Activities

	y/e 31.03.2024			y/e 31.03.2023		
	£	£	£	£	£	£
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
INCOMING RESOURCES						
Donations Received						
Donations	32,847.49		32,847.49	19,582.62		19,582.62
Grants Received		217,930.50	217,930.50			
			-	21,332.00	152,251.19	173,583.19
	32,847.49	217,930.50	250,777.99	40,914.62	152,251.19	173,583.19
Activities to further the Charitable Activities			-	40,914.62	152,251.19	193,165.81
Total Incoming Resources	32,847.49	217,930.50	250,777.99	40,914.62	152,251.19	193,165.81
RESOURCES EXPENDED						
Cost of Generating Funds	3,921.00		3,921.00	2,921.00		2,921.00
Net Incoming Resources Available For Charitable Application	28,926.49	217,930.50	246,856.99	37,993.62	152,251.19	190,244.81
Cost of Activities in Furtherance or the Charitable Activities						
Food Parcels and Vouchers		182,844.35	182,844.35		96,346.00	96,346.00
Crisis Grants	2,417.04	9,931.84	12,348.88		3,540.00	3,540.00
Holiday Activities / Trips		21,238.00	21,238.00		19,469.00	19,469.00
Home Essentials	822.40		822.40		1,705.00	1,705.00
Instructors		4,218.00	4,218.00			
Staff Costs	5,879.25	16,310.00	22,189.25	-	7,533.19	7,533.19
Toys	4,842.00		4,842.00			
Venue Hire		4,315.00	4,315.00		2,500.00	2,500.00
Volunteer Costs		953.50	953.50		750.00	750.00
	13,960.69	239,810.69	253,771.38	-	131,843.19	131,843.19
ADMINISTRATIVE EXPENSES						
IT Exp		1,550.00	1,550.00	658.00		658.00
Telephone	85.63	105.05	190.68			
Advertising	355.00		355.00	206.50		206.50
Professional Fee & Acc	677.56		677.56	563.00		563.00
Insurance	214.48		214.48	214.48		214.48
Stationery & Office Supply	97.26	560.00	657.26	198.38	-	198.38

Mishon - y/e 31.03.2024

Statement of Financial Activities

	y/e 31.03.2024			y/e 31.03.2023		
	£	£	£	£	£	£
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	1,429.93	2,215.05	3,644.98	1,840.36	-	1,840.36
Total Charitable Expenditure	13,960.69	239,810.69	253,771.38	-	131,843.19	131,843.19
Total Resources Expended	15,390.62	242,025.74	257,416.36	1,840.36	131,843.19	133,683.55
Net Movement in Funds	13,535.87	(24,095.24)	(10,559.37)	36,153.26	20,408.00	56,561.26
Transfer To / (From) Reserves			-			-
Net Reserves for the Year	13,535.87	(24,095.24)	(10,559.37)	36,153.26	20,408.00	56,561.26
Total Funds Brought Forward	66,187.26	39,660.00	105,847.26	30,034.00	19,252.00	49,286.00
Total Funds Carried Forward	79,723.13	15,564.76	95,287.89	66,187.26	39,660.00	105,847.26

Draft Balance Sheet

	y/e 31.03.2024		y/e 31.03.2023	
	£	£	£	£
CURRENT ASSETS				
CASH IN HAND & BANK	95,287.14		105,847.26	
		95,287.14		105,847.26
CURRENT LIABILITIES				
CREDITORS: Accruals	-		-	
NET ASSETS		95,287.14		105,847.26
FUND ACCOUNT				
Restricted Funds	15,564.76		39,660.00	
Unrestricted Funds Total	79,723.13		66,187.26	
Funds		95,287.89		105,847.26