



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01				31	March	2022

April 2021

Charity name

Helping Educating and rebuilding Lives

Other names charity is known by

HEAL

Registered charity number (if any)

1149260

Charity's principal address

10 Woodbine road

Blackburn

England

Postcode

BB2 6JZ

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amjad Khan			
2	Nazneen Yousuf			
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18				
19				
20				

## Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Pamila Ashraf	

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To offer help and support to underprivileged children - predominantly but not exclusively street children in the developing nations.

To raise the level of education for the street children.

To reduce child labour and begging

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Placed street children into care with foster families in Pakistan.

Arranged for their education.

Provided food and warm clothing for street children in Pakistan

Organised volunteers in Pakistan that can highlight the work of the charity and further its cause within Pakistan.

Identified families (with young children) in Lancashire (UK) that struggled due to covid and provided support to such families by providing essential food items and other much needed essentials

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

It was decided at our annual meeting to increase the number of volunteers for 2022-2023 so that we could highlight the charity's work more effectively and raise more funds.

The charity's turnover needs to increase dramatically so that we can carry out the objectives of the charity on a much larger scale

The charity needs to invest in at least one computer and one laptop as the trustees have used their own up till now for the charity's work.

Trustees to work in finding another rent free fully furnished office again in 2022-2023 as this did help with increasing turnover and connecting with donors as well as identifying local children and families that the charity could support - The charity was very fortunate to have had rent free offices and facilities for the period 2021 - 2022

**Summary of the main achievements of the charity during the year**

2021/2022 was an exceptionally challenging year especially for a small charity as ourselves.

We managed to maintain and increase our work in Pakistan but not to the level we had anticipated. The fact that we used some of the charity's funds to support families in the UK played a part in that. It was a decision taken by the trustees to carry out work in the UK too in such time of need.

We managed to arrange a further 10 foster families in Pakistan.

Served over 15 000 meals to street children in Pakistan

Distributed 2 500 jumpers/sweatshirts/warm clothing to street children in Pakistan

HEAL now has 3 volunteers in Pakistan working in the interests of the charity and we hope to increase this number in 2022/23.

Our work in the UK has created more awareness and subsequently we will look to capitalise on this by attracting more volunteers and more donations.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The charity is not in a position to have any reserves and we don't anticipate any reserves certainly for the next 5 years. At the moment we are in a position where all income raised is spent. When we are in a position of reserves then the policy will be to carry forward into the following year

### Details of any funds materially in deficit

x

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

As it stands the majority of the charity's income comes from regular donors who have been supporting for a number of years.

We are now targeting collections and contributions from new donors for 2022-23

Expenditure for the charity is kept at an absolute minimal - rent rates utility bills and absolute essentials. We do not use any charity funds to promote or further the cause of the charity or its key objectives but will have to use some funds for 2022-2023 for much needed computer and laptop.

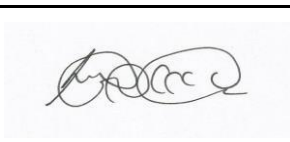
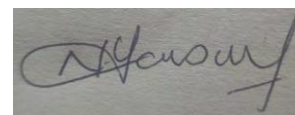
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Amjad Khan

Nazneen Yousuf

Position (eg Secretary, Chair, etc)

Chairperson

Trustee

Date

23<sup>rd</sup> January 2023

**HEAL (Helping Educating and Rebuilding Lives)**

Charity Registration No. 1149260

Report of the directors and  
Unaudited Financial Statements

**For the year ended 5th April 2022**



HEAL (Helping Education and Rebuilding Lives)  
Balance Sheet as at 5 April 2022

File No: H-138

	Note	£ Y/E <u>05/04/22</u>	P/E <u>05/04/21</u>
<u>CURRENT ASSETS</u>			
Cash at Bank		<u>£172</u>	<u>£ nil</u>
<u>Less Current liabilities</u>		<u>250</u>	<u>-</u>
<u>Net current assets</u>		<u>(78)</u>	<u>-</u>

Represented by :

CAPITAL EMPLOYED

CAPITAL and RESERVES

Capital ( B/fwd )	35	-
Adjustments	-	-
Excess of Income over Expenditure	<u>(113)</u>	
	<u>£(78)</u>	<u>£ nil</u>

**Accountants' Report**

We have prepared without carrying out an audit the annexed accounts from accounting records, information and explanations supplied to us.

**Amjad M Khan**

**Nazneen Yousef**

**26 January 2023**

HEAL (Helping Education and Rebuilding Lives)

File No: H-138

Trading and Profit and Loss AccountFor the year ended 5th April 2022

	£ Y/E <u>05/04/22</u>	£ Y/E <u>05/04/21</u>
<u>Income</u>		
<u>Donations</u>	33652	-
<u>Gift Aid</u>	14749	-
	48401	-
	<hr/>	<hr/>
 <u>Expenses</u>		
Covid Support Project	10680	-
Pakistan Orphan Project	31265	-
Sponsorship	500	-
Family Support Project	4620	-
Rates & Water	790	-
Light & Heat	385	-
Bank Interest Charges	24	-
Accountancy	250	-
	48514	-
	<hr/>	<hr/>
 <u>Excess of Income over Expenditure</u>	<hr/> <u>£(113)</u> <hr/>	<hr/> <u>£ nil</u> <hr/>