

HELPING EDUCATING AND REBUILDING LIVES

England & Wales · Charity number 1149260

Details

Other names H.E.A.L.

Status Registered

Legal form Trust

Registered 2012-10-09

Register [View on the Charity Commission register](#)

Contact

Address 10 Woodbine Road
Blackburn
Lancashire
England
BB2 6JZ

Phone 07864276540

Email info@healproject.org.uk

Website www.healproject.org.uk

Activities

Objects: 1)THE RELIEF OF POVERTY OF YOUNG STREET CHILDREN, IN PARTICULAR BUT NOT EXCLUSIVELY IN PAKISTAN.2)TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT OF CHILDREN IN PARTICULAR BUT NOT EXCLUSIVELY IN PAKISTAN.

Activities: To help young children begging on the streets of developing nations. To provide food shelter education as well as adult supervision to such children. Also to help and educate communities in the UK on numerous issues related to children and well being.

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, People With Disabilities

Geography

- Afghanistan
- Algeria
- Bangladesh
- India
- Kazakhstan
- Morocco
- Mozambique
- Pakistan
- Birmingham City
- Bradford City
- Lancashire
- Manchester City
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£77,977	£77,894	-	-
2024-03-31	£47,981	£47,884	-	-
2023-03-31	£46,170	£46,040	-	-
2022-03-31	£48,401	£48,514	-	-
2021-03-31	£24,870	£24,805	-	-

Trustees

Name	Role	Appointed
AMJAD KHAN		2012-09-07
Ghulam Hussain		2023-03-29
Nazia Parveen		2024-07-22
Stella Margaret Kumar		2025-09-01

HELPING EDUCATING AND REBUILDING LIVES

England & Wales - Charity number 1149260

Accounts

HEAL (Helping Education and Rebuilding Lives)

Charity Registration No. 1149260

Report of the directors and
Unaudited Financial Statements

For the year ended 5th April 2025



HEAL (Helping Education and Rebuilding Lives)
Balance Sheet as at 5 April 2025

File No: H-138

	Note	£	
		Y/E	P/E
		<u>05/04/25</u>	<u>05/04/24</u>
<u>CURRENT ASSETS</u>			
Cash in hand and bank		<u>£2706</u>	<u>£399</u>
<u>Less Current liabilities</u>		<u>250</u>	<u>250</u>
<u>Net current assets</u>		<u>2456</u>	<u>149</u>

Represented by :

CAPITAL EMPLOYED

CAPITAL and RESERVES

Capital (B/fwd)		149	52
Adjustments		2500	-
Excess of Income over Expenditure		<u>(193)</u>	<u>97</u>
		<u>£2456</u>	<u>£149</u>

Accountants' Report

We have prepared without carrying out an audit the annexed accounts from accounting records, information and explanations supplied to us.

Amjad M Khan

Nazneen Yousef

23 January 2026

HEAL (Helping Education and Rebuilding Lives)
Trading and Profit and Loss Account
For the year ended 5th April 2025

File No: H-138

	£	£
	Y/E	Y/E
	<u>05/04/25</u>	<u>05/04/24</u>
<u>Other Income</u>	3	3
<u>Donations</u>	69125	39220
<u>Gift Aid</u>	8849	8758
	<u>77977</u>	<u>47981</u>

Expenses

Orphan Projects	76564	43134
Water Projects	1330	-
Sponsorship	-	3100
Family Support Project	-	-
Event Costs	-	800
Printing, postage, stationary & advertising	4	600
Equipment Rental	22	-
Repairs & Renewals	-	-
Rates & Water	-	-
Light & Heat	-	-
Bank Interest Charges	-	-
Accountancy	250	250
	<u>78170</u>	<u>47884</u>
<u>Excess of Income over Expenditure</u>	<u>£(193)</u>	<u>£97</u>

HELPING EDUCATING AND REBUILDING LIVES

England & Wales - Charity number 1149260

Accounts

HEAL (Helping Education and Rebuilding Lives)

Charity Registration No. 1149260

Report of the directors and
Unaudited Financial Statements

For the year ended 5th April 2024



HEAL (Helping Education and Rebuilding Lives)
Balance Sheet as at 5 April 2024

File No: H-138

	Note	£	
		Y/E	P/E
		<u>05/04/24</u>	<u>05/04/23</u>
<u>CURRENT ASSETS</u>			
Cash in hand and bank		<u>£399</u>	<u>£302</u>
<u>Less Current liabilities</u>		<u>250</u>	<u>250</u>
<u>Net current assets</u>		<u>149</u>	<u>52</u>

Represented by :

CAPITAL EMPLOYED

CAPITAL and RESERVES

Capital (B/fwd)		52	(78)
Adjustments		-	-
Excess of Income over Expenditure		<u>97</u>	<u>130</u>
		<u>£149</u>	<u>£52</u>

Accountants' Report

We have prepared without carrying out an audit the annexed accounts from accounting records, information and explanations supplied to us.

Amjad M Khan

Nazneen Yousef

Thursday, January 16, 2025

HEAL (Helping Education and Rebuilding Lives)
Trading and Profit and Loss Account
For the year ended 5th April 2024

File No: H-138

	£	£
	Y/E	Y/E
	<u>05/04/24</u>	<u>05/04/23</u>
<u>Other Income</u>	3	
<u>Donations</u>	39220	37816
<u>Gift Aid</u>	8758	8354
	<u>47981</u>	<u>46170</u>
 <u>Expenses</u>		
Covid Support Project	-	-
Orphan Projects	43134	42420
Sponsorship	3100	3100
Family Support Project	-	-
Event Costs	800	-
Printing, postage, stationary & advertising	600	-
Repairs & Renewals	-	270
Rates & Water	-	-
Light & Heat	-	-
Bank Interest Charges	-	-
Accountancy	250	250
	<u>47884</u>	<u>46040</u>
 <u>Excess of Income over Expenditure</u>	 <u>£97</u>	 <u>£130</u>



The Directors
Al-Quran Foundation (UK)

Proforma

Our Ref: H-138

Date: 16/01/2025

Our charges for professional services rendered re:

Preparation of accounts for the Period ended 5th April 2024
together with income tax computations, tax returns, and
submission of the same to H.M.I.T.

£250.00

Amount now payable

£250.00

Ahmed Alam Accountants

Bank: **NATWEST**
Sort Code: **01-00-04**
A/C No: **14464314**
Your Ref: **H-138**

Tel: 01254 55897 | **Email:** info@ahmedalamaccountants.com | **Web:** www.ahmedalamaccountants.com

Registered Address: 63 Johnston Street | Blackburn | Lancashire | BB2 1HD

Ahmed alam Accountants Limited is registered in England and Wales. Company number 07171612

Regulated by the Institute of Financial Accountants under license number 252689

HELPING EDUCATING AND REBUILDING LIVES

England & Wales - Charity number 1149260

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2022		31	March	2023

Section A Reference and administration details

Charity name

Helping Educating and rebuilding Lives

Other names charity is known by

HEAL

Registered charity number (if any)

1149260

Charity's principal address

10 Woodbine road
Blackburn
England
Postcode BB2 6JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amjad Khan			
2	Nazneen Yousuf			
3				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Pamila Ashraf	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity’s organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees’ consideration of major risks and the system and procedures to manage them. 	<p>A meeting with the Charities Commission was held in February 2023. This highlighted a number of concerns and procedural shortcomings. In particular selection process, the safety of the children, the method of money transfer as well as other issues. Recommendations were made by the charities Commission and those are being implemented. The lack of an experienced charity worker as well a full time admin means that it may take upto 2 years to bring all relevant changes and working practices upto the standards required by the charities commission. However all recommendations have been taken on board and are being put into practice. The process of selecting more children off the streets has been put on hold till the trustees are satisfied with the new revised selection process. The revision of the selection process has been a challenge so far. The charity has now started to move away from cash couriers and is using digital/banking/transfer platforms to make the transfers abroad. This is an on going transition and hopefully will improve further in the following 12 months</p>
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Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>To offer help and support to underprivileged children – predominantly but not exclusively street children in the developing nations.</p> <p>To raise the level of education for the street children.</p> <p>To reduce child labour and begging</p>
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Monitored supported children and foster families and improved process of communicating with the children

Arranged for their education.

Provided substantially more food and warm clothing (than 21/22) for street children in Pakistan

Continued to organised volunteers in Pakistan that can highlight the work of the charity and further its cause within Pakistan.

Participated in a campaign in Pakistan to highlight the work of the charity

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

2022/2023 was a challenging period. The charity went back to its pre covid objectives meaning the charity's focus was on the street children in Pakistan

The charity managed to maintain and fulfill all its commitments to the supported children from 2021/2022 period. It was also able to provide more meals and clothing for the children on the streets.

Further to the meeting with Charities Commission a number of new working/procedural practices have been recommended and are in the process of being put into practice and these will make a significant difference over the next 12/24 months as to how the charity operates over the long term.

Served over 23 000 meals to street children in Pakistan

Distributed 3 400 jumpers/sweatshirts/warm clothing to street children in Pakistan

HEAL now has 4 volunteers in Pakistan working in the interests of the charity and we hope to increase this number in 2023/24.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity is not in a position to have any reserves but as per Charities Commission advice we are looking at ways of creating a 6 months reserve. At the moment we are in a position where all income raised is spent but are looking to create as reserve. When we are in a position of reserves then the policy is to create a 6 months reserve.

Details of any funds materially in deficit

x

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

As it stands the majority of the charity's income comes from regular donors who have been supporting for a number of years.

We have managed to secure new donors for 2022-23

All expenditure has been to maintain the children supported by the charity and to provide meals and warm clothing for the other children on the streets of Pakistan.

Expenditure for the charity is kept at an absolute minimal. No costs or expenses have been claimed by the trustees for the period 2022/2023

Section F


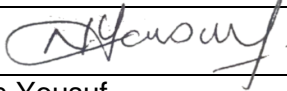
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Amjad Khan	Nazneen Yousuf
Position (eg Secretary, Chair, etc)	Chairperson	
Date	23 rd January 2024	

File No: H-138

HEAL (Helping Educating and Rebuilding Lives)

Charity Registration No. 1149260

Report of the directors and
Unaudited Financial Statements

For the year ended 5th April 2023



HEAL (Helping Educating and Rebuilding Lives)
Balance Sheet as at 5 April 2023

Note

CURRENT ASSETS

Cash at Bank

Less Current liabilities

Net current assets

Represented by :

CAPITAL EMPLOYED

CAPITAL and RESERVES

Capital (B/fwd)

Adjustments

Excess of Income over Expenditure

Accountants' Report

We have prepared without carrying out an audit the annexed accounts f records, information and explanations supplied to us.

Amjad M Khan

Nazneen Yousef

Monday, January 15, 2024

£	
Y/E <u>05/04/23</u>	P/E <u>05/04/22</u>
<u>£302</u>	<u>£172</u>
<u>250</u>	<u>250</u>
<u>52</u>	<u>(78)</u>

(78)	35
-	-
<u>130</u>	<u>(113)</u>
<u>£52</u>	<u>£(78)</u>

rom accounting

HEAL (Helping Education and Rebuilding Lives)
Trading and Profit and Loss Account
For the year ended 5th April 2022

	£
	Y/E
	<u>05/04/23</u>
<u>Income</u>	
<u>Donations</u>	37816
<u>Gift Aid</u>	8354
	<u>46170</u>
<u>Expenses</u>	
Covid Support Project	-
Pakistan Orphan Project	42420
Sponsorship	3100
Family Support Project	-
Repairs & Renewals	270
Rates & Water	-
Light & Heat	-
Bank Interest Charges	-
Accountancy	250
	<u>46040</u>
<u>Excess of Income over Expenditure</u>	<u>£130</u>

File No: H-138

£

Y/E

05/04/22

33652

14749

48401

10680

31265

500

4620

-

790

385

24

250

48514

£(113)

The Directors
Al-Quran Foundation (UK)

Our charges for professional services rendered re:

Preparation of accounts for the Period ended 5th April 2023
together with income tax computations, tax returns, and
submission of the same to H.M.I.T.

Amount now payable

Tel: 01254 55897 | **Email:** info@ahmedalamaccountants.com | **Web:** www.ahm

Registered Address: 63 Johnston Street | Blackburn | Lancashire

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Regulated by the Institute of Financial Accountants under license number 25



Proforma

Our Ref: H-138

Date: 15/01/2024

£250.00

£250.00

Ahmed Alam Accountants

Bank: NATWEST
Sort Code: 01-00-04
A/C No: 14464314
Your Ref: H-138

edalamaccountants.com

| **BB2 1HD**

ber 07171612

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HELPING EDUCATING AND REBUILDING LIVES

England & Wales - Charity number 1149260

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01				31	March	2022

April 2021

Charity name Helping Educating and rebuilding Lives

Other names charity is known by HEAL

Registered charity number (if any) 1149260

Charity's principal address
 10 Woodbine road
 Blackburn
 England
Postcode BB2 6JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amjad Khan			
2	Nazneen Yousuf			
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Pamila Ashraf	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Trust Deed

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To offer help and support to underprivileged children - predominantly but not exclusively street children in the developing nations.
To raise the level of education for the street children.
To reduce child labour and begging

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Placed street children into care with foster families in Pakistan.

Arranged for their education.

Provided food and warm clothing for street children in Pakistan

Organised volunteers in Pakistan that can highlight the work of the charity and further its cause within Pakistan.

Identified families (with young children) in Lancashire (UK) that struggled due to covid and provided support to such families by providing essential food items and other much needed essentials

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

It was decided at our annual meeting to increase the number of volunteers for 2022-2023 so that we could highlight the charity's work more effectively and raise more funds.

The charity's turnover needs to increase dramatically so that we can carry out the objectives of the charity on a much larger scale

The charity needs to invest in at least one computer and one laptop as the trustees have used their own up till now for the charity's work.

Trustees to work in finding another rent free fully furnished office again in 2022-2023 as this did help with increasing turnover and connecting with donors as well as identifying local children and families that the charity could support - The charity was very fortunate to have had rent free offices and facilities for the period 2021 - 2022

Summary of the main achievements of the charity during the year

2021/2022 was an exceptionally challenging year especially for a small charity as ourselves.

We managed to maintain and increase our work in Pakistan but not to the level we had anticipated. The fact that we used some of the charity's funds to support families in the UK played a part in that. It was a decision taken by the trustees to carry out work in the UK too in such time of need.

We managed to arrange a further 10 foster families in Pakistan.

Served over 15 000 meals to street children in Pakistan

Distributed 2 500 jumpers/sweatshirts/warm clothing to street children in Pakistan

HEAL now has 3 volunteers in Pakistan working in the interests of the charity and we hope to increase this number in 2022/23.

Our work in the UK has created more awareness and subsequently we will look to capitalise on this by attracting more volunteers and more donations.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity is not in a position to have any reserves and we don't anticipate any reserves certainly for the next 5 years. At the moment we are in a position where all income raised is spent. When we are in a position of reserves then the policy will be to carry forward into the following year

Details of any funds materially in deficit

x

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

As it stands the majority of the charity's income comes from regular donors who have been supporting for a number of years.

We are now targeting collections and contributions from new donors for 2022-23

Expenditure for the charity is kept at an absolute minimal - rent rates utility bills and absolute essentials. We do not use any charity funds to promote or further the cause of the charity or its key objectives but will have to use some funds for 2022-2023 for much needed computer and laptop.

Section F

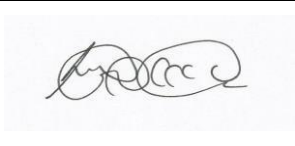
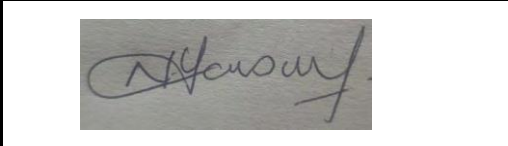
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Amjad Khan	Nazneen Yousuf
Position (eg Secretary, Chair, etc)	Chairperson	Trustee
Date	23 rd January 2023	

HEAL (Helping Educating and Rebuilding Lives)

Charity Registration No. 1149260

Report of the directors and
Unaudited Financial Statements

For the year ended 5th April 2022



HEAL (Helping Education and Rebuilding Lives)
Balance Sheet as at 5 April 2022

File No: H-138

	Note	£ Y/E <u>05/04/22</u>	P/E <u>05/04/21</u>
<u>CURRENT ASSETS</u>			
Cash at Bank		<u>£172</u>	<u>£ nil</u>
<u>Less Current liabilities</u>		<u>250</u>	<u>-</u>
<u>Net current assets</u>		<u>(78)</u>	<u>-</u>

Represented by :

CAPITAL EMPLOYED

CAPITAL and RESERVES

Capital (B/fwd)		35	-
Adjustments		-	-
Excess of Income over Expenditure		<u>(113)</u>	<u>-</u>
		<u>£(78)</u>	<u>£ nil</u>

Accountants' Report

We have prepared without carrying out an audit the annexed accounts from accounting records, information and explanations supplied to us.

Amjad M Khan

Nazneen Yousef

26 January 2023

HEAL (Helping Education and Rebuilding Lives)

File No: H-138

Trading and Profit and Loss Account

For the year ended 5th April 2022

	£	£
	Y/E	Y/E
	<u>05/04/22</u>	<u>05/04/21</u>
<u>Income</u>		
<u>Donations</u>	33652	-
<u>Gift Aid</u>	14749	-
	48401	-
	<hr/>	<hr/>
 <u>Expenses</u>		
Covid Support Project	10680	-
Pakistan Orphan Project	31265	-
Sponsorship	500	-
Family Support Project	4620	-
Rates & Water	790	-
Light & Heat	385	-
Bank Interest Charges	24	-
Accountancy	250	-
	48514	-
	<hr/>	<hr/>
 <u>Excess of Income over Expenditure</u>	<hr/> £(113)	<hr/> £ nil
	<hr/> <hr/>	<hr/> <hr/>