

2025 Annual Report

■ Roshni Background

Roshni Sheffield Asian Women’s Resource Centre is a women-only organisation that supports vulnerable South Asian women in Sheffield. Roshni, meaning *“light”* in Urdu and Hindi, offers hope to women whose lives have been devastated by abuse, violence, and oppressive practices. Our services not only enable women to live safer, more meaningful lives, but also create positive outcomes for their children, many of whom are growing up with mothers who are survivors of trauma.

■ 2024/25 Service Highlights

The centre delivered services to **1437 women** in the city and **61 children** received support through the following services and activities:

- **One to one Advocacy support** was provided to **406 women** over the year of which **156** were new clients. A ‘before and after’ review was undertaken with 53 of these clients who had received advocacy and coaching to reach their development goals and targets.

- 1,222 cooked meals provided through Roshni Kitchen to **118 women and children** in food poverty. **15 clients** who accessed hardship meals went on to join the Roshni Kitchen volunteering programme; taking steps toward rebuilding confidence, skills, and independence.

- 30 marginalised women new to the world of work and volunteering **were trained and supported to volunteer** in Roshni Kitchen.

- One to one **Bilingual Cultural Counselling sessions** were completed by **54 women**, in addition to 4 Wellbeing courses delivered to **38 women**. This included the delivery of the Power to Change Course which was run in partnership with IDAS - a wellbeing course aimed at women who had experienced domestic abuse.

- **Employment skills:** 38 women completed our Employment Preparation course, and were given further support around looking for work. As a result, **16 women secured paid work** and 17 women took up further volunteering opportunities.

- We set up a new project specific to 12 South Asian women suffering from type 2 Diabetes **and delivered cookery workshops at Roshni kitchen to raise awareness** of appropriate diet and lifestyle.

- **38 new Domestic Abuse** cases were supported over the year in which **43 children** were involved. Of these women **23** of them had no recourse to public funds and 30 of them needed language support as they had little or no English language skills.

- **12 women** took part in in-person **wellbeing sessions for mothers** and a further 32 had regular parenting tips over WhatsApp, women fed back that they used the tips with their children to improve behaviour. One of the mums went on to become a volunteer and helped to run the sessions.

- **13 training courses** were delivered on Employment preparation, Self-advocacy, Digital skills, Driving theory and Life in the UK courses - each of the courses were between 6 to 10 weeks, and the **total number of learners was 86**. We reduced the number of courses to accommodate the need for greater casework due to the large number of clients. We combined advocacy

courses with Digital Skills and had larger class sizes for Employment preparation courses.

- Leaflets and resources were developed to raise awareness of long covid and the information was disseminated to **399 women**.

- **South Asian Elders Cafe** group sessions and activities were accessed by **49 clients** to alleviate loneliness and isolation, of whom **23 were elders from the Bangladeshi community** in Sheffield.

- We **engaged and supported 36 women** through our **People Keeping Well service** to provide wellbeing support and advocacy to women struggling with their mental wellbeing.

- **41 women** participated in the **‘More Life’** weight management programme to help combat obesity by raising awareness of poor lifestyle choices.

- **Holiday Activities & Food Programme (HAF)** 1160 spaces filled in the school holidays by **61 children** in receipt of free school meals. Most of these children are from single parent households and most have experienced some form of **Domestic Abuse**.

- **18 girls and young women under 25 were referred to our counselling service this year**. In the past 6 months we have provided one to one counselling to **7 young women** and 3 young women are currently in counselling and 3 more (aged 16-18) are receiving one to one counselling at a local sixth form.

- **Walks for Wellbeing** were delivered in partnership with SEM (Sheffield Environment Movement) and Heeley Development Trust were accessed by **86 women** across the city.

- Day trips, events and a conference for girls was organised and delivered throughout the year. **Day trips were taken up by 233 Asian women and children**.

■ Roshni Kitchen – Social Enterprise

Roshni Kitchen is our newly opened shop front, offering fresh, traditional South Asian food prepared by local women. Many dishes are based on Ayurvedic principles, designed to nourish, heal, and support recovery from illness.

Alongside its public café, Roshni Kitchen has a community arm tackling food poverty and unemployment. The Roshni Kitchen Volunteering Programme provides marginalised women with training and safe work experience, particularly those who have experienced domestic abuse, limited education, and social isolation. Here, women build confidence, improve their English, and showcase their cooking skills in a supportive environment.

Demand for Hardship Meals has grown significantly. This service supports women and children in crisis, often survivors of domestic abuse placed in temporary accommodation without cooking facilities. For many, the absence of home-cooked meals deepens trauma. One mother reported living on bread and jam for ten days; another described being unable to afford £30 a day for hotel breakfasts for herself and her children.

Client A, in her late 20s, experienced severe anxiety and depression after leaving an abusive marriage and losing her brother. Isolated and financially struggling, she was supported with meals, counselling, and classes to rebuild her confidence. She described

South Asian women thriving

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Roshni meals as bringing her comfort and reminding her of home. Today, she has completed two training courses and volunteers in Roshni Kitchen.

■ Empowerment Circle Project

This year we have come to the end of our 3 year **Empowerment Circle project** focusing on improving lives for marginalised South Asian women. Our **initial target had been to support 300 women over the three year period but in fact we supported a total of 665 women**. The demand for our services had far exceeded what we had initially planned and resourced for.

This project was a pilot with the ambitious goal of getting immigrant women with very low skills to move forward in their lives in meaningful and lasting ways. The multiple barriers women faced included immigration, poor English, mental health, abusive backgrounds, and cultural issues of stigma and shame.

This project was designed to create a shift in our service, with more focus on enabling the vulnerable women we support. We aimed to reduce our advocacy work and hands on support, putting more resources into one-to-one coaching sessions and group work. It proved to be challenging both for the project staff and for our service users.

This year we provided advocacy support to 406 marginalised Asian women in the city of which 126 were new clients to the service. Our workers dealt with **2208 issues** over the last year regarding bills, benefits, hardship fund applications, referrals to food banks and other support services, support related to housing, immigration, social care etc. We have continued to support several women in the family courts with issues of child custody/ child arrangements, which is prioritised as it is important work. We spent 90 hours of support for one such vulnerable client in court proceedings over the course of the last year. This client has secured access to her child who was forcibly removed from her care by her ex-husband. We feel that she could not have had justice without the level of support we provided.

The majority of the women had very limited English and many of the children went to take up our holiday playscheme for children.

■ South Asian Elders Project

The South Asian Elders project is now part of a citywide Connecting Communities Programme, a new approach to community development and social eating. The project now focuses on building friendships and connections, using food from Roshni Kitchen in a non-stigmatizing approach to create health and community.

This year, we ran employability training with the Bangladeshi women living in the Darnall area of the city. These sessions prove to be very popular, providing an opportunity to **gain information as well as providing a means of reducing isolation and loneliness amongst elders** in the city. We have also been undertaking weekly chair aerobics over zoom in response to women’s health concerns and feelings of isolation/depression.

Many of the women we work with want to become more active citizens and have gone on to join our Walks for Wellbeing with SEM and other Health based initiatives which we are delivering in Darnall. Many others are going on to take up volunteering opportunities with us with a view to contributing to both the Roshni Kitchen and the Roshni Garden.

■ Counselling & Mental Wellbeing

A particular success over the past year has been our bi-lingual culture specific counselling service which has grown from strength to strength in providing one to one counselling and in delivering four wellbeing courses. This year **54 women have received counselling** from us; 47 women have completed their counselling whilst another 7 are still in counselling and a further 30 women are on our waiting list.

- 47 Women using the counselling service report that their anxiety levels have decreased, or they have learnt better coping skills.

- 7 women at the start of counselling scored between 11-15 which is presenting with moderately severe anxiety levels.

- 40 women at the start of counselling were scoring 15-21 which is presenting with severe anxiety levels.

- After an average of 10 sessions of Counselling the women reported a decrease in their anxiety levels.

- 14 women at the end of counselling reported a significant reduction in their anxiety levels scoring between 0-5 which presenting with mild anxiety.

- 31 women at the end of counselling reported a reduction in their anxiety levels scoring between 6-10 which is presenting with moderate anxiety.

- 2 women reported no reduction in their anxiety levels scoring 15-21 which is presenting with severe anxiety. But reported that they understood how to manage their anxiety better and recognised their need to explore medication options.

- All 47 women rated their counsellor’s professionalism very highly.

- 36 women reported that counselling ‘helped a great deal’.

- 11 women reported that counselling ‘it was helpful’. All 47 women reported that they ‘felt better than before’ and that they ‘would use the service if need arose again’.

Roshni delivered **4 wellbeing courses** this year and one was delivered in partnership with IDAS and was specific to Domestic Abuse survivors. **The purpose of the Roshni wellbeing course** was to provide an opportunity to talk in a safe environment. It was also to equip women to have a better understanding of wellbeing and to learn skills to build their resilience and promote good mental and physical health. We also helped to identify where additional support was needed and signposted them to further volunteering/training or work opportunities and support.

Feedback from service users: “Counselling helped me to build my confidence and make positive decisions about my life. It has helped me to improve my self care. My counsellor helped me to recognise my strengths and focus on my life.”

“I have really enjoyed speaking to my therapist about things I have never spoken about in my life with anyone. This has helped a great deal, and I feel I took away what I was expecting from the service. I always left the session feeling motivated about life and wanted to get up and do things.”

Empowering South Asian women, transforming lives.

Our Counselling service for young South Asian women targets those whose mental health is affected by anxiety, stress and/or they have been through trauma. From our experience, the main presenting mental health challenges of the young women include Issues around identity and belonging, navigating the cultural traditions of the family of young women and their own values, feeling stuck between two cultures, body image issues, eating disorders, self-harm, shame, honour, relationship issues, anxiety, depression, low self-esteem, feelings of worthlessness, gender-based violence, abuse, bullying, social media issues, identity crisis, low aspirations and academic achievements. Through our culturally appropriate counselling service we have also seen young women reach out to us for counselling help where the pressures they face within their faith and culture can be understood and supported.

■ Health & Wellbeing Programme

Roshni provides a number of services to vulnerable South Asian women, who are often isolated and are suffering from chronic health conditions or mental health issues. Our service users are generally extremely isolated due to migration, language barriers and, in some cases, the effects of domestic abuse.

This year, we have worked in partnership with Roshni Kitchen, Sheffield Teaching Hospitals NHS Trust and Shipshape to create some visuals of South Asian food plates specifically for people suffering with Diabetes.

We are also helping to deliver the tier 2 More Life weight management programme to women struggling with obesity and have two groups running in the city to help struggling women.

Over the past year we have also worked in partnership with Heeley Development Trust to undertake organized countryside walks. We visited places like Grindleford, Burbage Edge and the Rivelin Valley. We travelled mostly on buses and took the train to Grindleford. This initiative sought to address barriers to accessing outdoor spaces and helped to create a supportive environment for participants to connect with nature and with each other. The project also looked to empower the participants in future independent engagement with outdoor spaces, through these supported sessions. Six walks took place from January 2025 to July 2025, attended by 27 women. We prioritised women who were isolated and in distress due to personal circumstances.

Participant comments: “When I am in the house, I feel panicked and depressed. Yesterday, I felt depressed all day. Today I feel totally different after being on the walk. I have come to a few walks, which have given me confidence to use the bus to get to new places. I have made some friends as well.”

■ Roshni Staff & Trustees

Ghazala Razzaq (Centre Coordinator)
Mona Rehman (Admin Officer)
Humaira Shakir (Administrative/Project Worker)
Fouzia Ali (Empowerment Coordinator)
Shireen Rehman (Senior Empowerment Worker/Counsellor)
Nasim Begum (Empowerment Worker)
Kolsuma Khatun (Empowerment Worker)
Farzana Camran (Empowerment/Senior BME Elders Worker)
Amna Khan (Empowerment/Project Worker)
Nayab Naem (Empowerment Advocacy Worker)
Alison Bird (English Tutor)
Shahena Rahim (BME Support Worker)
Naheed Hanif (Roshni Kitchen Café Staff)

Linda Batten (Finance Officer)
Asima A Khan (Trustee)
Ghazala Munir (Trustee)
Kalpana Desai (Chair)
Nalini Popat (Trustee - Retired this year)
Shahnaz Bano (Secretary)
Yasmeen Shah (Trustee - Retired this year)
Yasmin Farooq (Vice Chair - Resigned)
Zohra Choudhary (Trustee)
Farhana Zaman (Treasurer)
Najma Carles (Trustee)
Fazeela Hussain (Trustee)

■ Roshni Sheffield

Detailed Income and Expenditure Account year ended 31st March 2025

	2025 £	2024 £
Income		
Grants & contracts	421,333	316,176
Trips	1,647	2,545
Other income	14,015	14,817
Café/kitchen income	36,228	15,868
Investment income	455	208
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Expenditure	473,678	349,614
Staff costs	253,389	213,218
Pension costs	11,941	10,060
Staff training	1,081	626
Direct project costs, events and excursions	58,695	29,249
Events and workshops	8,588	9,574
Travel and subsistence	13,664	15,384
Printing, stationery, postage and office supplies	4,768	4,007
Rent, rates and water	7,397	8,415
Light and heat	1,536	2,445
Building insurance	1,850	1,531
Repairs and renewals	10,882	25,787
Telephone	4,524	4,296
Cleaning and waste disposal	6,791	2,422
Miscellaneous	583	567
Payroll services	1,402	1,472
Independent examiner’s fees	2,586	2,286
Depreciation	8,983	8,530
Volunteer expenses	2,033	1,287
AGM expenses	2,213	675
Professional Fees	69	180
Café/kitchen expenses	69,376	25,350
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472,351	367,361	
Surplus (deficit) for the year	1,327	17,747





**ROSHNI
KITCHEN**

Join us at Roshni Kitchen and experience the taste of South Asia

Popular traditional Indian foods, created by
our South Asian volunteers, made from recipes
handed down through generations.



Scan the QR code to find us on

Uber Eats

Order by phone/text and collect.
See our collection menu by
scanning this QR code.



Healthy, home-cooked food that is
good for your body, mind and soul,
based on ayurvedic principles.

www.roshnikitchen.org.uk

COMPANY REGISTRATION NUMBER: 08180451
CHARITY REGISTRATION NUMBER: 1149134

Roshni Sheffield Asian Women's Resource Centre
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2025

ALLEN, WEST AND FOSTER
Chartered accountants
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2025

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Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name	Roshni Sheffield Asian Women's Resource Centre
Charity registration number	1149134
Company registration number	08180451
Principal office and registered office	444 London Road Sheffield S2 4HP United Kingdom

The trustees

Shahnaz Bano (Secretary)	
Asima Khan	
Yasmeen Shah	(Resigned 17 April 2025)
Kalpana Desai (Chairperson)	
Ghazala Munir	
Nalini Popat	(Resigned 17 April 2025)
Farhana Zaman	
Najma Carles	
Yasmin Farooq	(Resigned 24 February 2025)
Zohran Choudhry (Vice Chairperson)	
Fazeela Hussain	

Independent examiner	Stephen Allen ACA FCCA Omega Court 364-366 Cemetery Road Sheffield S11 8FT
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Structure, governance and management

Governing document

The centre is a registered charitable company limited by guarantee governed by its memorandum and articles of association and managed by a voluntary Management Committee. It has 590 members. It employs 4 full time workers, 13 part time workers and has trained young women on student placements. The charity was incorporated on 15th August 2012 and commenced its activities on 1st April 2013 when it took over all of the assets, liabilities and activities of the unincorporated charity Roshni Sheffield Asian Women's Resource Centre. The Asian Women's Centre has an Equal Opportunities and a Confidentiality Policy. The Equal Opportunities Policy is a commitment to provide access to the Centre and its services free from direct or indirect discrimination. It is a commitment to provide support and assistance regardless of race, colour, nationality, ethnic or national origin etc. The Confidentiality Policy has been developed to protect clients seeking advice and support from the Centre. There have been no no significant changes in the policies of the charity during the year.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management *(continued)*

Appointment of Management Committee

Trustees, who are also directors for the purpose of company law, are appointed as members of the management committee whether through death or resignation of an existing trustee.

Trustee induction and training

New trustees are encouraged to attend short training sessions to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of Management Committee Members
- Resourcing and the current financial position as set out in the latest published financial statements
- Future plans and objectives

Trustees are provided with the Charity Commissions guide "the Essential Trustee" and the latest financial statements.

Risk management

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

The trustees consider that there are no related parties.

Objectives and activities

How our activities deliver public benefit

Roshni is a central resource centre for information, advice and support; the primary purpose of the charity is the advancement of education (including social and physical training) of Asian Women in the City of Sheffield.

The trustees consider that they have complied with the duty as set out in section 4 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission, including public benefit guidance.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance

The centre delivered services to 1437 women in the city and 57 children received support over the year through the following services and activities:

- One to one Advocacy support was provided to 406 women over the year of which 156 were new clients. A before and after review was undertaken with 53 of these clients who had received advocacy and coaching to reach their development goals and targets.
- 1,222 cooked meals provided through Roshni Kitchen to 118 women and children in food poverty.
- 30 marginalised women new to the world of work and volunteering, trained and supported to volunteer at Roshni Kitchen.
- One to one Bilingual Cultural Counselling sessions completed by 54 women, in addition to 4 Wellbeing courses delivered to 38 women. This included the delivery of the Power to Change Course which was run in partnership with IDAS - a wellbeing course aimed at women who have experienced domestic abuse.
- Employment skills: 38 women have completed our Employment preparation courses and were given further support around looking for work. As a result, 16 women have secured paid work, and 17 women took up further volunteering opportunities.
- We set up a new project specific to 12 South Asian women suffering from type 2 Diabetes and delivered cookery workshops at Roshni kitchen to raise awareness of appropriate diet and lifestyle.
- 38 new Domestic Abuse cases were supported over the year in which 43 children were involved. Of these women 23 of them had no recourse to public funds and 30 of them needed language support as they had little or no English language skills.
- 12 women took part in in-person wellbeing sessions for mothers and a further 32 had regular parenting tips over WhatsApp, women fed back that they used the tips with their children to improve behaviour. One of the mums went on to become a volunteer and helped to run the sessions.
- 13 training courses were delivered on Employment preparation, Self- advocacy, Digital skills, driving theory and Life in the UK courses - each of the courses were between 6 to 10 weeks, and the total number of learners was 86. We reduced the number of courses to accommodate the need for greater casework due to the large number of clients. We combined advocacy courses with Digital Skills and had larger class sizes for Employment preparation courses.
- Leaflets and resources were developed to raise awareness of long covid, and the information was disseminated to 399 women.
- South Asian Elder Cafe group sessions and activities were accessed by 49 clients to alleviate loneliness and/or isolation, of whom 23 were elders from the Bangladeshi community in Shuffled.
- We engaged and supported 36 women through our People Keeping Well service to provide wellbeing support and advocacy to women struggling with their mental wellbeing.
- Holiday Activities & Food Programme (HAF) sessions delivered to 57 children in receipt of free school meals in the school holidays. Most of these children are from single parent households and most have experienced some form of Domestic Abuse.
- Walks for Wellbeing were delivered in partnership with SEM (Shuffled Environment Movement) and

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

were accessed by 59 women across the city.

- Day trips, events and a conference for girls was organized and delivered throughout the year. Day trips were taken up by 233 Asian women and children.

This year, we ran employability training with the Bangladeshi women living in the Darnall area of the city. These sessions prove to be very popular, providing an opportunity to gain information as well as providing a means of reducing isolation and loneliness amongst elders in the city. We have also been undertaking weekly chair aerobics over zoom in response to women's health concerns and feelings of isolation/depression. Many of the women we work with want to be-come more active citizens and have gone on to join our Walks for Wellbeing with SEM and other Health based initiatives which we are delivering in Darnall. Many others are going on to take up volunteering opportunities with us with a view to contributing to both the Roshni Kitchen and the Roshni Garden.

The past year has also seen the launch of Roshni Kitchen, our new social enterprise venture, which has grown from strength to strength. Not only are we providing Ayurvedic based nutritional meals from our café to the general public, we have also been providing nourishing meals, in kind, to vulnerable women attending our services who are in poverty and/or have no access to cooking facilities.

Financial review

The principal funding sources of the organisation during the year were Sheffield City Council, The Big Lottery Fund, The Henry Smith Charity, Lloyds Foundation, Islamic Relief, Smallwood Trust, Synergy and South Yorkshire Police and Crime Commissioner, amongst others (see note 5).

Investment policy

The constitution authorises the trustees to make and hold investments using the general funds of the charity, but no such investments are currently held.

Reserves policy

It is the policy of the charity to build up the level of unrestricted funds to a level which equate to approximately 6 months unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs.

Plans for future periods

In the coming year we are planning more focused work with younger Asian women in crisis and will be in working in partnership with schools and colleges so that young women can access our counselling and therapy service. We will also be developing the reach of Roshni Kitchen around the city and will explore ways of expanding our business venture. We will continue to utilize our Kitchen Cafe to train women in an array of skills, opening up their interest and opportunities to the world of work. We are also looking forward to working with Roshni Kitchen to deliver a series of health-based workshops called More life to tackle obesity with our South Asian clients. Roshni Garden is also flourishing, and a new hot compost bin has been introduced so that we can utilize the waste from Roshni Kitchen and focus on recycling and helping the climate.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

The trustees' annual report was approved on 8 September 2025 and signed on behalf of the board of trustees by:

A handwritten signature in black ink, appearing to read 'Kalpana Desai', written over a faint circular stamp.

Kalpana Desai (Chairperson)
Trustee

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Roshni Sheffield Asian Women's Resource Centre

Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Roshni Sheffield Asian Women's Resource Centre ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Roshni Sheffield Asian Women's Resource Centre *(continued)*

Year ended 31 March 2025

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Allen ACA FCCA
Independent Examiner

Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

		Unrestricted funds £	2025 Restricted funds £	Total funds £	2024 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	110,982	324,366	435,348	330,993
Charitable activities	6	37,875	—	37,875	18,413
Investment income	7	455	—	455	208
Total income		<u>149,312</u>	<u>324,366</u>	<u>473,678</u>	<u>349,614</u>
Expenditure					
Expenditure on charitable activities	8,9	<u>205,591</u>	<u>266,760</u>	<u>472,351</u>	<u>367,361</u>
Total expenditure		<u>205,591</u>	<u>266,760</u>	<u>472,351</u>	<u>367,361</u>
Net income/(expenditure) and net movement in funds		<u>(56,279)</u>	<u>57,606</u>	<u>1,327</u>	<u>(17,747)</u>
Reconciliation of funds					
Total funds brought forward		230,369	30,858	261,227	278,974
Total funds carried forward		<u>174,090</u>	<u>88,464</u>	<u>262,554</u>	<u>261,227</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 10 to 20 form part of these financial statements.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	16	76,716	96,698
Current assets			
Debtors	17	4,362	9,165
Cash at bank and in hand		193,377	164,789
		<u>197,739</u>	<u>173,954</u>
Creditors: amounts falling due within one year	18	11,901	9,425
Net current assets		<u>185,838</u>	<u>164,529</u>
Total assets less current liabilities		<u>262,554</u>	<u>261,227</u>
Net assets		<u>262,554</u>	<u>261,227</u>
Funds of the charity			
Restricted funds		88,464	30,858
Unrestricted funds		<u>174,090</u>	<u>230,369</u>
Total charity funds	20	<u>262,554</u>	<u>261,227</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 8 September 2025, and are signed on behalf of the board by:



Kalpana Desai (Chairperson)
Trustee

The notes on pages 10 to 20 form part of these financial statements.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 444 London Road, Sheffield, S2 4HP, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

Roshni - Sheffield Asian Women's Resource Centre meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going concern

Whilst the impact of the Covid-19 global pandemic has been felt by many organisations, the charity retains sufficient unrestricted reserves to ensure that there is no material impact on the ability to continue as a going concern for the foreseeable future.

Disclosure exemptions

In line with the Charities SORP (FRS102) Update Bulletin 1:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Long leasehold property	-	2% straight line
Fixtures and fittings	-	25% reducing balance and straight line
Cafe/Kitchen Equipment	-	25% straight line

A full year's depreciation is charged in the year of acquisition and none in the year of disposal. Assets costing less than £100 are not capitalised but are treated as resources expended in the period in which the cost is incurred.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions in respect of the charity's defined contribution pension scheme are charged to the income and expenditure account for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either accruals or prepayments at the year end.

4. Limited by guarantee

The company is limited by guarantee, with a liability of members in case of winding up of £1.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Grants			
Sheffield City Council Core Service Grant	—	60,000	60,000
VAS - Long Covid	—	500	500
The National Lottery Community Fund	—	143,008	143,008
The Henry Smith Charity	—	74,700	74,700
SCC Connecting Communities Grant	20,000	—	20,000
Synergy Sheffield Mental Health Alliance	—	23,819	23,819
Darnall Ward Pot - Move More	—	—	—
Islamic Relief Worldwide	27,000	—	27,000
Sharrow Community Fund (Playscheme)	19,267	—	19,267
Misc Grants	3,200	—	3,200
Police & Crime Commissioner	—	2,500	2,500
Smallwood Trust	—	19,839	19,839
Lloyds Bank Foundation	27,500	—	27,500
SY Community Foundation	—	—	—
Other donations and legacies			
Other donations and income	14,015	—	14,015
	<u>110,982</u>	<u>324,366</u>	<u>435,348</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Grants			
Sheffield City Council Core Service Grant	—	61,000	61,000
VAS - Long Covid	—	2,000	2,000
The National Lottery Community Fund	—	72,400	72,400
The Henry Smith Charity	—	50,000	50,000
SCC Connecting Communities Grant	20,000	—	20,000
Synergy Sheffield Mental Health Alliance	—	—	—
Darnall Ward Pot - Move More	—	1,230	1,230
Islamic Relief Worldwide	—	—	—
Sharrow Community Fund (Playscheme)	18,457	—	18,457
Misc Grants	7,070	—	7,070
Police & Crime Commissioner	—	22,890	22,890
Smallwood Trust	—	—	—
Lloyds Bank Foundation	50,000	—	50,000
SY Community Foundation	—	11,129	11,129
Other donations and legacies			
Other donations and income	14,817	—	14,817
	<u>110,344</u>	<u>220,649</u>	<u>330,993</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Charitable activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Other donations	1,647	1,647	2,545	2,545
Kitchen/Cafe income	36,228	36,228	15,868	15,868
	<u>37,875</u>	<u>37,875</u>	<u>18,413</u>	<u>18,413</u>

7. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
UK bank interest received	455	455	208	208

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Support of Asian Women in the City of Sheffield	136,450	266,760	403,209
Support costs	69,141	—	69,142
	<u>205,591</u>	<u>266,760</u>	<u>472,351</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Support of Asian Women in the City of Sheffield	36,295	257,182	293,476
Support costs	57,436	16,448	73,885
	<u>93,731</u>	<u>273,630</u>	<u>367,361</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2025 £	Total fund 2024 £
Support of Asian Women in the City of Sheffield	403,209	66,553	469,762	365,073
Governance costs	—	2,589	2,589	2,288
	<u>403,209</u>	<u>69,142</u>	<u>472,351</u>	<u>367,361</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

10. Analysis of support costs

	Support of Asian Women in the City of Sheffield £	Total 2025 £	Total 2024 £
Premises	21,993	21,993	34,819
Communications and IT	10,986	10,986	10,074
General office	4,768	4,768	4,007
Finance costs	207	207	264
Governance costs	2,586	2,586	2,286
Support costs - Other costs	28,602	28,602	22,435
	<u>69,142</u>	<u>69,142</u>	<u>73,885</u>

11. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	<u>24,538</u>	<u>19,802</u>

13. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>2,586</u>	<u>2,268</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	253,389	213,218
Employer contributions to pension plans	<u>11,941</u>	<u>10,060</u>
	<u>265,330</u>	<u>223,278</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Staff costs *(continued)*

The average head count of employees during the year was 14 (2024: 13). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Project workers	12	11
Management	1	1
Finance & administration	1	1
	<u>14</u>	<u>13</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

15. Trustee remuneration and expenses

Trustees received no remuneration or expenses during the year.

16. Tangible fixed assets

	Long leasehold property £	Fixtures and fittings £	Cafe/Kitchen Equipment £	Total £
Cost				
At 1 Apr 2024	65,046	38,759	59,499	163,304
Additions	—	1,852	2,704	4,556
At 31 Mar 2025	<u>65,046</u>	<u>40,611</u>	<u>62,203</u>	<u>167,860</u>
Depreciation				
At 1 Apr 2024	24,375	28,116	14,115	66,606
Charge for the year	1,301	7,682	15,555	24,538
At 31 Mar 2025	<u>25,676</u>	<u>35,798</u>	<u>29,670</u>	<u>91,144</u>
Carrying amount				
At 31 Mar 2025	<u>39,370</u>	<u>4,813</u>	<u>32,533</u>	<u>76,716</u>
At 31 Mar 2024	<u>40,671</u>	<u>10,643</u>	<u>45,384</u>	<u>96,698</u>

17. Debtors

	2025 £	2024 £
Trade debtors	2,332	7,665
Prepayments and accrued income	2,030	1,500
	<u>4,362</u>	<u>9,165</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	2,460	2,268
Social security and other taxes	3,990	3,382
Other creditors	5,451	3,775
	<u>11,901</u>	<u>9,425</u>

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £11,941 (2024: £10,060).

20. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
General funds	<u>230,369</u>	<u>149,312</u>	<u>(205,591)</u>	<u>174,090</u>

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
General funds	<u>195,135</u>	<u>128,965</u>	<u>(93,731)</u>	<u>230,369</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
Sheffield City Council Core Services Grant	—	60,000	(60,000)	—
The National Lottery Community Fund	—	143,008	(125,378)	17,630
The Talbot Trusts	—	—	—	—
SCC Community Covid Recovery Grant	—	—	—	—
The Henry Smith Charity	25,200	74,700	(50,400)	49,500
Darnall Ward Pot - Move More	1,230	—	(1,230)	—
SY Police & Crime Commissioner	(78)	2,500	(2,422)	—
SY Community Foundation: Cost of Living work with clients	4,506	—	(4,506)	—
VAS - Long Covid	—	500	(500)	—
Synergy Sheffield Mental Health Alliance	—	23,819	(5,372)	18,447
Smallwood Trust	—	19,839	(16,952)	2,887
	<u>30,858</u>	<u>324,366</u>	<u>(266,760)</u>	<u>88,464</u>

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
Sheffield City Council Core Services Grant	—	61,000	(61,000)	—
The National Lottery Community Fund	48,270	72,400	(120,670)	—
The Talbot Trusts	2,210	—	(2,210)	—
SCC Community Covid Recovery Grant	8,559	—	(8,559)	—
The Henry Smith Charity	24,800	50,000	(49,600)	25,200
Darnall Ward Pot - Move More	—	1,230	—	1,230
SY Police & Crime Commissioner	—	22,890	(22,968)	(78)
SY Community Foundation: Cost of Living work with clients	—	11,129	(6,623)	4,506
VAS - Long Covid	—	2,000	(2,000)	—
Synergy Sheffield Mental Health Alliance	—	—	—	—
Smallwood Trust	—	—	—	—
	<u>83,839</u>	<u>220,649</u>	<u>(273,630)</u>	<u>30,858</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	76,716	—	76,716
Current assets	109,275	88,464	197,739
Creditors less than 1 year	(11,901)	—	(11,901)
Net assets	<u>174,090</u>	<u>88,464</u>	<u>262,554</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	96,698	—	96,698
Current assets	143,096	30,858	173,954
Creditors less than 1 year	(9,425)	—	(9,425)
Net assets	<u>230,369</u>	<u>30,858</u>	<u>261,227</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of net assets between funds *(continued)*

Grants received / released in the year were given for the following purposes:

- Sheffield City Council: To fund payroll costs (including those of the centre co-ordinator and administrator) and other project and centre running costs
- The National Lottery Community Fund: To fund the Empowerment Project staff, volunteers and related project running costs
- Sharrow Community Forum (HAF): To provide a range of face-to-face activities with food aimed predominantly at children eligible for Free School Meals (FSM) over the school holidays
- SCC Covid Recovery Grant: Funding to support and encourage clients to follow government guidelines over the Covid period
- NHS Sheffield Integrated Care Board: Funding to provide practical & emotional support to reduce stress & anxiety in individuals who have tested Covid positive or who are self-isolating
- South Yorkshire Police & Crime Commissioner: Victim Services Funding, Domestic Abuse Workers and DIYA young people's project for Clients affected by Domestic abuse & sexual violence
- Digital Literacy Projects: For marginalized women from the South Asian community in Sheffield who have been affected by COVID-19
- Zest Community: Live Lighter: Cooking and exercise classes
- The Henry Smith Charity: Empowerment circle
- The Talbot Trusts: Move More continuation sessions
- SY Community Foundation: Cost of Living work with clients
- Voluntary Action Sheffield : Long Covid Support
- Darnall Ward Pot (Move More): To Support building of capacity (staff time) locally, in a way which enables the hub to deliver or inform physical activity assets
- Synergy Sheffield Mental Health Alliance: Supporting mental health through bilingual counselling projects
- Smallwood Trust: Helping women to feed themselves and their children at the points in their lives when they are most vulnerable financially and mentally
- Islamic Relief: Providing bilingual counselling and therapy services to women who have experienced domestic abuse.

There are sufficient resources held in an appropriate form to enable each of the restricted funds to be applied in accordance with its relevant restrictions.

COMPANY REGISTRATION NUMBER: 08180451
CHARITY REGISTRATION NUMBER: 1149134

Roshni Sheffield Asian Women's Resource Centre
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2025

ALLEN, WEST AND FOSTER
Chartered accountants
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2025

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Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name	Roshni Sheffield Asian Women's Resource Centre
Charity registration number	1149134
Company registration number	08180451
Principal office and registered office	444 London Road Sheffield S2 4HP United Kingdom

The trustees

Shahnaz Bano (Secretary)	
Asima Khan	
Yasmeen Shah	(Resigned 17 April 2025)
Kalpana Desai (Chairperson)	
Ghazala Munir	
Nalini Popat	(Resigned 17 April 2025)
Farhana Zaman	
Najma Carles	
Yasmin Farooq	(Resigned 24 February 2025)
Zohran Choudhry (Vice Chairperson)	
Fazeela Hussain	

Independent examiner	Stephen Allen ACA FCCA Omega Court 364-366 Cemetery Road Sheffield S11 8FT
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Structure, governance and management

Governing document

The centre is a registered charitable company limited by guarantee governed by its memorandum and articles of association and managed by a voluntary Management Committee. It has 590 members. It employs 4 full time workers, 13 part time workers and has trained young women on student placements. The charity was incorporated on 15th August 2012 and commenced its activities on 1st April 2013 when it took over all of the assets, liabilities and activities of the unincorporated charity Roshni Sheffield Asian Women's Resource Centre. The Asian Women's Centre has an Equal Opportunities and a Confidentiality Policy. The Equal Opportunities Policy is a commitment to provide access to the Centre and its services free from direct or indirect discrimination. It is a commitment to provide support and assistance regardless of race, colour, nationality, ethnic or national origin etc. The Confidentiality Policy has been developed to protect clients seeking advice and support from the Centre. There have been no no significant changes in the policies of the charity during the year.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management *(continued)*

Appointment of Management Committee

Trustees, who are also directors for the purpose of company law, are appointed as members of the management committee whether through death or resignation of an existing trustee.

Trustee induction and training

New trustees are encouraged to attend short training sessions to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of Management Committee Members
- Resourcing and the current financial position as set out in the latest published financial statements
- Future plans and objectives

Trustees are provided with the Charity Commissions guide "the Essential Trustee" and the latest financial statements.

Risk management

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

The trustees consider that there are no related parties.

Objectives and activities

How our activities deliver public benefit

Roshni is a central resource centre for information, advice and support; the primary purpose of the charity is the advancement of education (including social and physical training) of Asian Women in the City of Sheffield.

The trustees consider that they have complied with the duty as set out in section 4 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission, including public benefit guidance.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance

The centre delivered services to 1437 women in the city and 57 children received support over the year through the following services and activities:

- One to one Advocacy support was provided to 406 women over the year of which 156 were new clients. A before and after review was undertaken with 53 of these clients who had received advocacy and coaching to reach their development goals and targets.
- 1,222 cooked meals provided through Roshni Kitchen to 118 women and children in food poverty.
- 30 marginalised women new to the world of work and volunteering, trained and supported to volunteer at Roshni Kitchen.
- One to one Bilingual Cultural Counselling sessions completed by 54 women, in addition to 4 Wellbeing courses delivered to 38 women. This included the delivery of the Power to Change Course which was run in partnership with IDAS - a wellbeing course aimed at women who have experienced domestic abuse.
- Employment skills: 38 women have completed our Employment preparation courses and were given further support around looking for work. As a result, 16 women have secured paid work, and 17 women took up further volunteering opportunities.
- We set up a new project specific to 12 South Asian women suffering from type 2 Diabetes and delivered cookery workshops at Roshni kitchen to raise awareness of appropriate diet and lifestyle.
- 38 new Domestic Abuse cases were supported over the year in which 43 children were involved. Of these women 23 of them had no recourse to public funds and 30 of them needed language support as they had little or no English language skills.
- 12 women took part in in-person wellbeing sessions for mothers and a further 32 had regular parenting tips over WhatsApp, women fed back that they used the tips with their children to improve behaviour. One of the mums went on to become a volunteer and helped to run the sessions.
- 13 training courses were delivered on Employment preparation, Self- advocacy, Digital skills, driving theory and Life in the UK courses - each of the courses were between 6 to 10 weeks, and the total number of learners was 86. We reduced the number of courses to accommodate the need for greater casework due to the large number of clients. We combined advocacy courses with Digital Skills and had larger class sizes for Employment preparation courses.
- Leaflets and resources were developed to raise awareness of long covid, and the information was disseminated to 399 women.
- South Asian Elder Cafe group sessions and activities were accessed by 49 clients to alleviate loneliness and/or isolation, of whom 23 were elders from the Bangladeshi community in Shuffled.
- We engaged and supported 36 women through our People Keeping Well service to provide wellbeing support and advocacy to women struggling with their mental wellbeing.
- Holiday Activities & Food Programme (HAF) sessions delivered to 57 children in receipt of free school meals in the school holidays. Most of these children are from single parent households and most have experienced some form of Domestic Abuse.
- Walks for Wellbeing were delivered in partnership with SEM (Shuffled Environment Movement) and

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

were accessed by 59 women across the city.

- Day trips, events and a conference for girls was organized and delivered throughout the year. Day trips were taken up by 233 Asian women and children.

This year, we ran employability training with the Bangladeshi women living in the Darnall area of the city. These sessions prove to be very popular, providing an opportunity to gain information as well as providing a means of reducing isolation and loneliness amongst elders in the city. We have also been undertaking weekly chair aerobics over zoom in response to women's health concerns and feelings of isolation/depression. Many of the women we work with want to be-come more active citizens and have gone on to join our Walks for Wellbeing with SEM and other Health based initiatives which we are delivering in Darnall. Many others are going on to take up volunteering opportunities with us with a view to contributing to both the Roshni Kitchen and the Roshni Garden.

The past year has also seen the launch of Roshni Kitchen, our new social enterprise venture, which has grown from strength to strength. Not only are we providing Ayurvedic based nutritional meals from our café to the general public, we have also been providing nourishing meals, in kind, to vulnerable women attending our services who are in poverty and/or have no access to cooking facilities.

Financial review

The principal funding sources of the organisation during the year were Sheffield City Council, The Big Lottery Fund, The Henry Smith Charity, Lloyds Foundation, Islamic Relief, Smallwood Trust, Synergy and South Yorkshire Police and Crime Commissioner, amongst others (see note 5).

Investment policy

The constitution authorises the trustees to make and hold investments using the general funds of the charity, but no such investments are currently held.

Reserves policy

It is the policy of the charity to build up the level of unrestricted funds to a level which equate to approximately 6 months unrestricted expenditure. This provides sufficient funds to cover management and administration and support costs.

Plans for future periods

In the coming year we are planning more focused work with younger Asian women in crisis and will be in working in partnership with schools and colleges so that young women can access our counselling and therapy service. We will also be developing the reach of Roshni Kitchen around the city and will explore ways of expanding our business venture. We will continue to utilize our Kitchen Cafe to train women in an array of skills, opening up their interest and opportunities to the world of work. We are also looking forward to working with Roshni Kitchen to deliver a series of health-based workshops called More life to tackle obesity with our South Asian clients. Roshni Garden is also flourishing, and a new hot compost bin has been introduced so that we can utilize the waste from Roshni Kitchen and focus on recycling and helping the climate.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

The trustees' annual report was approved on 8 September 2025 and signed on behalf of the board of trustees by:

A handwritten signature in black ink, appearing to read 'Kalpana Desai', written over a faint circular stamp.

Kalpana Desai (Chairperson)
Trustee

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Roshni Sheffield Asian Women's Resource Centre

Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Roshni Sheffield Asian Women's Resource Centre ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Roshni Sheffield Asian Women's Resource Centre *(continued)*

Year ended 31 March 2025

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Allen ACA FCCA
Independent Examiner

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S11 8FT

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

		Unrestricted funds	2025 Restricted funds	Total funds	2024 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	110,982	324,366	435,348	330,993
Charitable activities	6	37,875	—	37,875	18,413
Investment income	7	455	—	455	208
Total income		<u>149,312</u>	<u>324,366</u>	<u>473,678</u>	<u>349,614</u>
Expenditure					
Expenditure on charitable activities	8,9	<u>205,591</u>	<u>266,760</u>	<u>472,351</u>	<u>367,361</u>
Total expenditure		<u>205,591</u>	<u>266,760</u>	<u>472,351</u>	<u>367,361</u>
Net income/(expenditure) and net movement in funds		<u>(56,279)</u>	<u>57,606</u>	<u>1,327</u>	<u>(17,747)</u>
Reconciliation of funds					
Total funds brought forward		230,369	30,858	261,227	278,974
Total funds carried forward		<u>174,090</u>	<u>88,464</u>	<u>262,554</u>	<u>261,227</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 10 to 20 form part of these financial statements.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	16	76,716	96,698
Current assets			
Debtors	17	4,362	9,165
Cash at bank and in hand		193,377	164,789
		<u>197,739</u>	<u>173,954</u>
Creditors: amounts falling due within one year	18	11,901	9,425
Net current assets		<u>185,838</u>	<u>164,529</u>
Total assets less current liabilities		<u>262,554</u>	<u>261,227</u>
Net assets		<u>262,554</u>	<u>261,227</u>
Funds of the charity			
Restricted funds		88,464	30,858
Unrestricted funds		<u>174,090</u>	<u>230,369</u>
Total charity funds	20	<u>262,554</u>	<u>261,227</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 8 September 2025, and are signed on behalf of the board by:



Kalpana Desai (Chairperson)
Trustee

The notes on pages 10 to 20 form part of these financial statements.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 444 London Road, Sheffield, S2 4HP, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

Roshni - Sheffield Asian Women's Resource Centre meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going concern

Whilst the impact of the Covid-19 global pandemic has been felt by many organisations, the charity retains sufficient unrestricted reserves to ensure that there is no material impact on the ability to continue as a going concern for the foreseeable future.

Disclosure exemptions

In line with the Charities SORP (FRS102) Update Bulletin 1:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Long leasehold property	-	2% straight line
Fixtures and fittings	-	25% reducing balance and straight line
Cafe/Kitchen Equipment	-	25% straight line

A full year's depreciation is charged in the year of acquisition and none in the year of disposal. Assets costing less than £100 are not capitalised but are treated as resources expended in the period in which the cost is incurred.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Defined contribution plans

Contributions in respect of the charity's defined contribution pension scheme are charged to the income and expenditure account for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either accruals or prepayments at the year end.

4. Limited by guarantee

The company is limited by guarantee, with a liability of members in case of winding up of £1.

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Grants			
Sheffield City Council Core Service Grant	—	60,000	60,000
VAS - Long Covid	—	500	500
The National Lottery Community Fund	—	143,008	143,008
The Henry Smith Charity	—	74,700	74,700
SCC Connecting Communities Grant	20,000	—	20,000
Synergy Sheffield Mental Health Alliance	—	23,819	23,819
Darnall Ward Pot - Move More	—	—	—
Islamic Relief Worldwide	27,000	—	27,000
Sharrow Community Fund (Playscheme)	19,267	—	19,267
Misc Grants	3,200	—	3,200
Police & Crime Commissioner	—	2,500	2,500
Smallwood Trust	—	19,839	19,839
Lloyds Bank Foundation	27,500	—	27,500
SY Community Foundation	—	—	—
Other donations and legacies			
Other donations and income	14,015	—	14,015
	<u>110,982</u>	<u>324,366</u>	<u>435,348</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Grants			
Sheffield City Council Core Service Grant	—	61,000	61,000
VAS - Long Covid	—	2,000	2,000
The National Lottery Community Fund	—	72,400	72,400
The Henry Smith Charity	—	50,000	50,000
SCC Connecting Communities Grant	20,000	—	20,000
Synergy Sheffield Mental Health Alliance	—	—	—
Darnall Ward Pot - Move More	—	1,230	1,230
Islamic Relief Worldwide	—	—	—
Sharrow Community Fund (Playscheme)	18,457	—	18,457
Misc Grants	7,070	—	7,070
Police & Crime Commissioner	—	22,890	22,890
Smallwood Trust	—	—	—
Lloyds Bank Foundation	50,000	—	50,000
SY Community Foundation	—	11,129	11,129
Other donations and legacies			
Other donations and income	14,817	—	14,817
	<u>110,344</u>	<u>220,649</u>	<u>330,993</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Charitable activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Other donations	1,647	1,647	2,545	2,545
Kitchen/Cafe income	36,228	36,228	15,868	15,868
	<u>37,875</u>	<u>37,875</u>	<u>18,413</u>	<u>18,413</u>

7. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
UK bank interest received	455	455	208	208

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Support of Asian Women in the City of Sheffield	136,450	266,760	403,209
Support costs	69,141	—	69,142
	<u>205,591</u>	<u>266,760</u>	<u>472,351</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Support of Asian Women in the City of Sheffield	36,295	257,182	293,476
Support costs	57,436	16,448	73,885
	<u>93,731</u>	<u>273,630</u>	<u>367,361</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2025 £	Total fund 2024 £
Support of Asian Women in the City of Sheffield	403,209	66,553	469,762	365,073
Governance costs	—	2,589	2,589	2,288
	<u>403,209</u>	<u>69,142</u>	<u>472,351</u>	<u>367,361</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

10. Analysis of support costs

	Support of Asian Women in the City of Sheffield £	Total 2025 £	Total 2024 £
Premises	21,993	21,993	34,819
Communications and IT	10,986	10,986	10,074
General office	4,768	4,768	4,007
Finance costs	207	207	264
Governance costs	2,586	2,586	2,286
Support costs - Other costs	28,602	28,602	22,435
	<u>69,142</u>	<u>69,142</u>	<u>73,885</u>

11. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	<u>24,538</u>	<u>19,802</u>

13. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>2,586</u>	<u>2,268</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	253,389	213,218
Employer contributions to pension plans	<u>11,941</u>	<u>10,060</u>
	<u>265,330</u>	<u>223,278</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Staff costs *(continued)*

The average head count of employees during the year was 14 (2024: 13). The average number of full-time equivalent employees during the year is analysed as follows:

	2025 No.	2024 No.
Project workers	12	11
Management	1	1
Finance & administration	1	1
	<u>14</u>	<u>13</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

15. Trustee remuneration and expenses

Trustees received no remuneration or expenses during the year.

16. Tangible fixed assets

	Long leasehold property £	Fixtures and fittings £	Cafe/Kitchen Equipment £	Total £
Cost				
At 1 Apr 2024	65,046	38,759	59,499	163,304
Additions	—	1,852	2,704	4,556
At 31 Mar 2025	<u>65,046</u>	<u>40,611</u>	<u>62,203</u>	<u>167,860</u>
Depreciation				
At 1 Apr 2024	24,375	28,116	14,115	66,606
Charge for the year	1,301	7,682	15,555	24,538
At 31 Mar 2025	<u>25,676</u>	<u>35,798</u>	<u>29,670</u>	<u>91,144</u>
Carrying amount				
At 31 Mar 2025	<u>39,370</u>	<u>4,813</u>	<u>32,533</u>	<u>76,716</u>
At 31 Mar 2024	<u>40,671</u>	<u>10,643</u>	<u>45,384</u>	<u>96,698</u>

17. Debtors

	2025 £	2024 £
Trade debtors	2,332	7,665
Prepayments and accrued income	2,030	1,500
	<u>4,362</u>	<u>9,165</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	2,460	2,268
Social security and other taxes	3,990	3,382
Other creditors	5,451	3,775
	<u>11,901</u>	<u>9,425</u>

19. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £11,941 (2024: £10,060).

20. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
General funds	<u>230,369</u>	<u>149,312</u>	<u>(205,591)</u>	<u>174,090</u>

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
General funds	<u>195,135</u>	<u>128,965</u>	<u>(93,731)</u>	<u>230,369</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 Apr 2024	Income	Expenditure	At 31 Mar 2025
	£	£	£	£
Sheffield City Council Core Services Grant	—	60,000	(60,000)	—
The National Lottery Community Fund	—	143,008	(125,378)	17,630
The Talbot Trusts	—	—	—	—
SCC Community Covid Recovery Grant	—	—	—	—
The Henry Smith Charity	25,200	74,700	(50,400)	49,500
Darnall Ward Pot - Move More	1,230	—	(1,230)	—
SY Police & Crime Commissioner	(78)	2,500	(2,422)	—
SY Community Foundation: Cost of Living work with clients	4,506	—	(4,506)	—
VAS - Long Covid	—	500	(500)	—
Synergy Sheffield Mental Health Alliance	—	23,819	(5,372)	18,447
Smallwood Trust	—	19,839	(16,952)	2,887
	<u>30,858</u>	<u>324,366</u>	<u>(266,760)</u>	<u>88,464</u>

	At 1 Apr 2023	Income	Expenditure	At 31 Mar 2024
	£	£	£	£
Sheffield City Council Core Services Grant	—	61,000	(61,000)	—
The National Lottery Community Fund	48,270	72,400	(120,670)	—
The Talbot Trusts	2,210	—	(2,210)	—
SCC Community Covid Recovery Grant	8,559	—	(8,559)	—
The Henry Smith Charity	24,800	50,000	(49,600)	25,200
Darnall Ward Pot - Move More	—	1,230	—	1,230
SY Police & Crime Commissioner	—	22,890	(22,968)	(78)
SY Community Foundation: Cost of Living work with clients	—	11,129	(6,623)	4,506
VAS - Long Covid	—	2,000	(2,000)	—
Synergy Sheffield Mental Health Alliance	—	—	—	—
Smallwood Trust	—	—	—	—
	<u>83,839</u>	<u>220,649</u>	<u>(273,630)</u>	<u>30,858</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	76,716	—	76,716
Current assets	109,275	88,464	197,739
Creditors less than 1 year	(11,901)	—	(11,901)
Net assets	<u>174,090</u>	<u>88,464</u>	<u>262,554</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	96,698	—	96,698
Current assets	143,096	30,858	173,954
Creditors less than 1 year	(9,425)	—	(9,425)
Net assets	<u>230,369</u>	<u>30,858</u>	<u>261,227</u>

Roshni Sheffield Asian Women's Resource Centre

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of net assets between funds *(continued)*

Grants received / released in the year were given for the following purposes:

- Sheffield City Council: To fund payroll costs (including those of the centre co-ordinator and administrator) and other project and centre running costs
- The National Lottery Community Fund: To fund the Empowerment Project staff, volunteers and related project running costs
- Sharrow Community Forum (HAF): To provide a range of face-to-face activities with food aimed predominantly at children eligible for Free School Meals (FSM) over the school holidays
- SCC Covid Recovery Grant: Funding to support and encourage clients to follow government guidelines over the Covid period
- NHS Sheffield Integrated Care Board: Funding to provide practical & emotional support to reduce stress & anxiety in individuals who have tested Covid positive or who are self-isolating
- South Yorkshire Police & Crime Commissioner: Victim Services Funding, Domestic Abuse Workers and DIYA young people's project for Clients affected by Domestic abuse & sexual violence
- Digital Literacy Projects: For marginalized women from the South Asian community in Sheffield who have been affected by COVID-19
- Zest Community: Live Lighter: Cooking and exercise classes
- The Henry Smith Charity: Empowerment circle
- The Talbot Trusts: Move More continuation sessions
- SY Community Foundation: Cost of Living work with clients
- Voluntary Action Sheffield : Long Covid Support
- Darnall Ward Pot (Move More): To Support building of capacity (staff time) locally, in a way which enables the hub to deliver or inform physical activity assets
- Synergy Sheffield Mental Health Alliance: Supporting mental health through bilingual counselling projects
- Smallwood Trust: Helping women to feed themselves and their children at the points in their lives when they are most vulnerable financially and mentally
- Islamic Relief: Providing bilingual counselling and therapy services to women who have experienced domestic abuse.

There are sufficient resources held in an appropriate form to enable each of the restricted funds to be applied in accordance with its relevant restrictions.