

SHAPE-UK LTD

England & Wales · Charity number 1148949

Details

Other names SPORT|HEALTH|ACADEMIA|PROJECTS|ENDEAVOUR

Status Registered

Legal form Charitable company

Company number [07196265](#)

Registered 2012-09-13

Register [View on the Charity Commission register](#)

Contact

Address 310 Thornton Road
Bradford
BD8 8LD

Phone 07878792926

Email info@shape-uk.com

Website shape-uk.com

Activities

Objects: (1) THE RELIEF OF PERSONS IN NEED. IN PARTICULAR THOSE IN NEED BY REASON OF AGE OR SOCIAL OR ECONOMIC CIRCUMSTANCES, INCLUDING OFFENDERS, EX OFFENDERS AND THOSE AT RISK OF OFFENDING.(2) THE PROMOTION OF RACIAL HARMONY FOR THE BENEFIT OF PUBLIC BY:A) EDUCATING THE PUBLIC IN INDIFFERENT RELIGIOUS BELIEFS INCLUDING AWARENESS OF THEIR DISTINCTIVE FEATURES AND THEIR COMMON GROUND TO PROMOTE GOOD RELATIONS BETWEEN PERSONS OF DIFFERENT RELIGIOUS BELIEFS AND RACIAL BACKGROUNDS.B) PROMOTING KNOWLEDGE AND MUTUAL UNDERSTANDING AND RESPECT OF THE BELIEFS AND PRACTICES OF DIFFERENT RACIAL GROUPS. C) WORKING TOWARDS THE ELIMINATION OF DISCRIMINATION ON THE GROUNDS OF RACE OR RELIGION.(3) SUCH OTHER CHARITABLE PURPOSES FOR THE PUBLIC BENEFIT AS ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAWS OF OF ENGLAND AND WALES AS THE TRUSTEES MAY FROM TIME TO TIME TO DETERMINE.

Activities: 1.THE RELIEF OF PERSONS IN NEED. In particular those by reason of age, social or economic circumstances.2.THE PROMOTION OF EDUCATION & LIFE SKILLS FOR THE BENEFIT OF PUBLIC & SERVICES COMMUNITY BY: Creating awareness of opportunities in Education & Employment 3. TO PROMOTE GOOD RELATIONS, & RACIAL HARMONY: Understanding Diversity & mutual respect. 4.

OTHER COMMUNITY CHARITABLE PURPOSES

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Armed Forces/emergency Service Efficiency, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Blackpool
- Bradford City
- Durham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-30	£202,338	£201,564	-	-
2024-03-30	£231,047	£163,886	-	-
2023-03-30	£197,638	£194,509	-	-
2022-03-30	£127,269	£120,219	-	-
2021-03-30	£81,300	£80,450	-	-

Trustees

Name	Role	Appointed
NUSSRAT HUSSAIN	Chair	2012-08-22
SHAHID IBRAHIM		2012-08-22
Sheraz Ali		2021-06-01

SHAPE-UK LTD

England & Wales - Charity number 1148949

Accounts

SHIP SHAPE --YOUR FUTURE



Sport | Health | Academia | Projects | Endeavour

COHESION | OPPORTUNITY | PROGRESSION

SHAPE-UK LTD
Financial Statements
For the year 1st April 2024 – 31st March 2025

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8. **Notes to the Accounts (continued)**
9. **Approval and Independent Countersignature of the Accounts**

SHAPE - UK LTD
Committee members' Annual Report
For the year April 2024- March 2025

Main Address:

The Three Tanners.
310 Thornton Road,
Bradford. West Yorkshire BD8 8LD

Committee members present (27th November 2025).

Mr Naz Hussain
Mr Sheraz A. Elahi
Mr Shahid Ibrahim
Mr Pervez Akhtar
Mr Mohammed Pervez

Bankers

Barclays Bank. Market St Bradford.

Governance and management

SHAPE-UK Committee is appointed by the board members and key stakeholders and community members. Members are appointed to the board through an election procedure at the AGM. The group activities are managed overall by the Project Coordinator and the Assistant Project Coordinator. Duties are delegated by the Assistant Project Coordinator and Volunteer Coordinator.

The constitution is adhered to by all members which is considered and reviewed as appropriate at the AGM.

Aims and objectives

Summary of the main achievements during the period

This year there have been a number of achievements. Despite some financial constraints we have successfully delivered more projects than before.

- 1) Service user has capacity increased we have over 200 new services users participating or engaging in our activities.
- 2) There is a continued majority of more young people engaged from projects in schools and other community centres.
- 3) Over 1000 service users have come into contact with SHAPE-UK LTD.
- 4) Since 2014 we have worked with the Armed Forces. This year progress has still been gradual but continues to improve.
- 5) We continue to enjoy our partnership with the Armed Forces (AF). In particular our local AF unit 4 Brigade (North-East) at Catterick who provide volunteers to deliver character and team building activities

- 6) We continue to work with partners such as Bradford Council and Education Bradford.
- 7) This year we have been successful in establishing the Bradford Commonwealth War Memorial for the Commonwealth contribution. SHAPE-UK's Director Naz Hussain initiated and coordinated this project over the last almost 7 years. With permission being granted for the establishment of the War memorial in November 2021. This has opened opportunities to other large projects especially within diversity, inclusion and engagement prospects as well as in the field of recognition in respect of war memorials.
- 8) We have continued to bring in successful funding and have secured further funding and contracts building on the success of previous project delivery. This has been a good result from the committee members and maintaining contact with Bradford Community Voluntary Sector Services who partners who we can network with to deliver our service and even more confidence from the community.

Positive work and good publicity are being maintained we have had 2 new volunteers coming to work with SHAPE-UK that has benefited us in accommodating the rising demand of our services and we continue networking with more organisations to deliver joint community projects. Although we aim to do bring in more staff and income to satisfy the needs of an ever increasing number of service users due to the austerity measures and rising cost of living. Through the contracts we have gained we hope to be employing more full-time staff to deliver our community projects.

Additional Notes pertaining to Accounts:

These accounts were prepared with the grants and contributions that were offered and agreed with funders. This is the first year since the damaging impact of COVID 19 that we have been able to provide more services and save funds that could be employed elsewhere for emergencies. Income generation has improved but is continuously followed by expenditure.

Signed on behalf of the committee:

S.ALI  _____ **Date 27.11.2025**
Position, Treasurer (Assistant Chairperson).

SHAPE-UK LTD
Receipts Account
For the year April 2024- March 2025

	£
Receipts	
<i>Grants</i>	
Grants (Bradford Council)	70,000
Contracts (Bradford Council)	30,626
Total Restricted	100,338
Other Grants	19,712
TOTAL Grant Receipts	<u>120,338</u>
<i>Fundraising/Other receipts</i>	
Fundraising – community-based donations	9,000
Fundraising EVENTS	NIL
Income from activities delivered	27,000
Misc	46,000
Activity Fees- CASH	NIL
Other Receipts	NIL
Total Annual Receipts	<u>202,338</u>

Payments- Expenditure Account.

Expenses	Amount £
Wages	28,018
Casual Staff	8,465
Admin 1	8,400
Admin 2	8,500
Volunteer costs/ expenses	7,400
Project Coordinator (SC Camps) 1	7,200
TOTAL WAGE EXP	67,983
Other Expense Categories	
Service Delivery External Partners	22,750
Room/venue hire/activity centre	7,800
Food /Refreshments	6,167
Bills	5,641
Professionals/Guest speakers	7,850
Staff Training	6,000
Minibus Hire	26,400
Supermarket Shopping	2,600
Transport costs	4,800
Fuel	9,740
Insurance	3,600
Misc & Other Purchases/Inv Arts, Crafts	
Stationery, print, paper, toners etc	30,233
Total Other Payments	£133,581
Total Expenditure	£201,564
Cash remainder from current period	-69,516
Bank and cash at the start of the period	70,290
*Total Cash at End of Period	774

*Bank interest is not accepted by SHAPE-UK LTD committee for ethical reasons. As a community account we are also not deducted interest by our bankers, Barclays Bank PLC.

SHAPE-UK LTD
Statement of assets and liabilities

March 2025

£

Cash assets

Current account

774

Petty cash

1000

Total cash assets

1,774

Other assets

None accrued in last financial year

Liabilities (estimated)

Gas bill estimated at

£2000

Telephone/internet bill for

£1700

Grants/Income expected due in next six months:

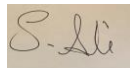
Total Funding Due:

£ N/K

(Statement correct at time of publication)

These financial statements are accepted on behalf of SHAPE-UK LTD by:

Signed:
Treasurer



Date 27.11.2025

Name: Sheraz Ali.

Signed:
Director



Date 27.11.2025

SHAPE-UK LTD
Notes to the accounts
For the year ended March 2025

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£ (Sterling)
Grants, Contracts and Donations	
Bradford Council	70,000
Bradford Council	30,626
Other Grants	19,712
Total Grant Receipts	120,338
Other donations including Community Raised Funds (£)	
Donations	9,000
Fundraising –	NIL
Income from activities delivered	27,000
Other Income (Unrestricted)	46,000
Total Achieved through other sources	<u>82,000</u>
Other Sources- Income	
Gym & Membership/Activities	0
Sales Income	0
Events Guest Speaker	0
Total Other Receipts	0
Total grants and donations	<u>202,338</u>

3: Misc:

4. Committee members’ remuneration

Nil.

Notes to the Accounts

SHAPE-UK LTD is not currently operating at a level of financial activity that requires statutory external audit or the preparation of accounts in a prescribed format. As such, the Company is under no legal obligation to subject its accounts to external scrutiny.

However, in the interests of good governance, transparency, and ethical best practice, the Management Committee has voluntarily arranged for the accounts to undergo an independent external review by a suitably qualified community organisation.

These accounts have been prepared from the books, records, information, and explanations provided by SHAPE-UK LTD. The review procedures undertaken do not constitute an audit and therefore do not provide all the evidence that would be required in a statutory audit. Nevertheless, the independent reviewers have confirmed that, in their opinion, the accounts present a **true and fair view** of the Company's financial position for the period under review, limited to the matters set out in the statement below.

Statement

No matters have come to the attention of the reviewers that give reasonable cause to believe:

1. That, in any material respect, the requirement to keep proper accounting records or to prepare accounts consistent with those records has not been met; or
 2. That any matter should be drawn to the attention of users of these accounts in order to enable a proper understanding of the financial statements.
-

Special Circumstances

None.

Accounting Period

These accounts relate to the accounting period from **1 April 2024 to 31 March 2025**, during which SHAPE-UK LTD received funding from various funders. The accounts were independently reviewed and ratified, as noted above, prior to submission as the final accounts for the stated period.

Approved By:

Signed



Name: Naz Hussain

Position: Projects Coordinator

Organisation: SHAPE-UK LTD

Countersigned:

Date: 30th November 2025



Approved By:

Signed

M. Akhtar

Name: Mohammed Akhtar

Position in Organisation: Treasurer

**Organisation Name: AMHG
(Asian Men's Health Group)**

M Akhtar.
(AMHG).
Edward Street, Wakefield Road,
Bradford, BD4 7BH

M. Akhtar

Date: 30th November 2025

SHAPE-UK LTD

England & Wales - Charity number 1148949

Accounts

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SHIP SHAPE --YOUR FUTURE



A Community

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SHAPE-UK LTD
Financial Statements
For the year 1st April 2023 – 31st March 2024

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6	Statement of assets & liabilities
7	Notes to the accounts
8	Notes to the accounts & Signed off

SHAPE - UK LTD
Committee members' Annual Report
For the year April 2023- March 2024

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Committee members present (11th November 2024).

Mr Naz Hussain
Mr Sheraz A. Elahi
Mr Shahid Ibrahim
Mr Pervez Akhtar
Mr Mohammed Pervez

Bankers

Barclays Bank. Market St Bradford.

Governance and management

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The constitution is adhered to by all members which is considered and reviewed as appropriate at the AGM.

Aims and objectives

Summary of the main achievements during the period

This year there have been a number of achievements. Despite some financial constraints we have successfully delivered more projects than before.

- 1) Service user has capacity increased we have over 200 new services users participating or engaging in our activities.
- 2) There is a continued majority of more young people engaged from projects in schools and other community centres.
- 3) Over 1000 service users have come into contact with SHAPE-UK LTD.
- 4) Since 2014 we have worked with the Armed Forces. This year progress has still been gradual but continues to improve.
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Additional Notes pertaining to Accounts:

These accounts were prepared with the grants and contributions that were offered and agreed with funders. This is the first year since the damaging impact of COVID 19 that we have been able to provide more services and save funds that could be employed elsewhere for emergencies. Income generation has improved but is continuously followed by expenditure.

Signed on behalf of the committee:

S.ALI  _____ Date 11.11.2024
Position, Treasurer (Assistant Chairperson).

SHAPE-UK LTD
Receipts Account
For the year April 2023- March 2024

	£
Receipts	
<i>Grants</i>	
Grants (Bradford Council)	70,000
Contracts (Bradford Council)	47,123
BHCA	40,400
Global Fund	20,000
Total Restricted	177,123
Other Grants	16,306
TOTAL Grant Receipts	<u>193,429</u>
 Fundraising/Other receipts	
Fundraising – community based donations	1,200
Fundraising EVENTS	NIL
Income from activities delivered	36,418
Misc	NIL
Activity Fees- CASH	NIL
Other Receipts	NIL
 Total Annual Receipts	 <u>231,047</u>

Payments- Expenditure Account.

Expenses	Amount £
Wages	28,018
Casual Staff	8,465
Admin 1	8,400
Admin 2	8,500
Volunteer costs/ expenses	7,400
Project Coordinator (SC Camps) 1	7,200
TOTAL WAGE EXP	67,983
Other Expense Categories	
Service Delivery External Partners	22,750
Room/venue hire/activity centre	6,400
Food /Refreshments	4,880
Bills	4,283
Professionals/Guest speakers	3,200
Staff Training	9,000
Minibus Hire	6,400
Supermarket Shopping	2,600
Transport costs	3,850
Fuel	6,451
Insurance	2,839
Misc & Other Purchases/Inv Arts, Crafts	
Stationery, print, paper, toners etc	23,250
Total Other Payments	£95,903
Total Expenditure	£163,886
Cash remainder from current period	67,161
Bank and cash at the start of the period	3,129
*Total Cash at End of Period	70,290
 *Much of it is restricted to Project Delivery	

***Bank interest is not accepted by SHAPE-UK LTD committee for ethical reasons. As a community account we are also not deducted interest by our bankers, Barclays Bank PLC.**

SHAPE-UK LTD
Statement of assets and liabilities

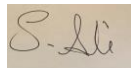
March 2023

	£
Cash assets	
<i>Current account</i>	70,290
<i>Petty cash</i>	<u>250</u>
Total cash assets	<u>70,540</u>
Other assets	
<i>None accrued in last financial year</i>	
Liabilities (estimated)	
<i>Gas bill estimated at</i>	£1800
<i>Telephone/internet bill for</i>	£1450
Grants/Income expected due in next six months:	

Total Funding Due: £ N/K
(Statement correct at time of publication)

These financial statements are accepted on behalf of SHAPE-UK LTD by:

Signed:
Treasurer



Date 11.11.2024

Name: Sheraz Ali.

Signed:
Director



Date 11.11.2024

SHAPE-UK LTD
Notes to the accounts
For the year ended March 2024

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£ (Sterling)
Grants, Contracts and Donations	
Bradford Council	70,000
Bradford Council	47,123
BHCA	40,400
Global Fund	20,000
Total Grant Receipts	177,123
Other donations including Community Raised Funds (£)	
Donations	1,200
Fundraising –	NIL
Income from activities delivered	36,418
Other Income (Unrestricted)	16,306
Total Achieved through other sources	<u>53,924</u>
Other Sources- Income	
Gym & Membership/Activities	0
Sales Income	0
Events Guest Speaker	0
Total Other Receipts	0
Total grants and donations	<u>231,047</u>

3: Misc:

4. Committee members’ remuneration

Nil.

SHAPE-UK LTD is not currently operating to a financial capacity whereby external scrutiny could be obligated. As such it is under no statutory obligation to prepare accounts in any prescribed format or to undergo any kind of external scrutiny. However, the management committee, as a matter of good practice require the accounts to be subject to a form of external inspection by an independent community organisation. On this occasion we have had to refer our accounts to an alternative organization due to the delay caused by our usual 'go to' organization to help assess our accounts.

These accounts have been prepared in accordance with the books, records, information and explanations by SHAPE-UK LTD. The procedures undertaken do not provide all the evidence that would be required in an audit. However we have satisfied the assessors of this report that in their opinion these accounts and report represent a "true and fair view" and are limited to those matters set out in the statement below.

Statement.

No matter has come to our attention:

1) Which gives us reasonable cause to believe that in any material respect the requirement to keep proper accounting records and to prepare accounts which accord with the accounting records have not been met;

or

2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts reached.

Special Circumstances to be noted:

These accounts are for the accounting period between **1st April 2023** and **31st March 2024** for which funds were allocated to SHAPE-UK LTD by various funders. The accounts were ratified by an independent organisation (as above) prior to being submitted as completed accounts for the above said period.

Signed



Name: Naz Hussain

Position: Projects Coordinator

Organisation: SHAPE-UK LTD

Countersigned:

Date: 29TH November 2024

Signed

Checked By:

Name: Mohammed Akhtar

Position in Organisation: Treasurer

**Organisation Name: AMHG
(Asian Men's Health Group)**

M Akhtar.
(AMHG).
Edward Street, Wakefield Road,
Bradford, BD4 7BH
M. Akhtar

Date: 29th November 2024

SHAPE-UK LTD

England & Wales - Charity number 1148949

Accounts

’ ’

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SHAPE-UK LTD
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For the year ended April 2022 March 2023

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For the year ended April 2022- March 2023

Main Address:

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Committee members present (10th October 2023).

Mr Naz Hussain
Mr Sheraz A. Elahi
Mr Shahid Ibrahim
Mr Parveez Ahmed
Mr Mohammed Pervez

Bankers

Barclays Bank. Market St Bradford.

Governance and management

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The constitution is adhered to by all members which is considered and reviewed as appropriate at the AGM.

Aims and objectives

Summary of the main achievements during the period

This year there have been a number of achievements. Despite some financial constraints we have successfully delivered more projects than before.

- 1) Service user has capacity increased by 136 new services users participating or engaging in our activities.
- 2) There is a continued majority of more young people engaged from projects in schools and other community centres.
- 3) Over 1000 service users have come into contact with SHAPE-UK LTD.
- 4) Since 2014 we have worked with the Armed Forces. This year progress has still been gradual but continues to improve.
- 5) We continue to enjoy our partnership with the Armed Forces (AF). In particular our local AF unit 4 Brigade (North-East) at Catterick who provide volunteers to deliver character and team building activities

- 6) We continue to work with partners such as Bradford Council and Education Bradford.
- 7) This year we have been successful in gaining permission to establish a war memorial for the Commonwealth contribution. This is a two year long project and will continue to progress gradually.
- 8) We have continued to bring in successful funding and have secured further funding and contracts building on the success of previous project delivery. This has been a good result from the committee members and maintaining contact with Bradford Community Voluntary Sector Services who are

Positive work and good publicity are being maintained we have had 4 new volunteers coming to work with SHAPE-UK that has benefited us in accommodating the rising demand of our services and we continue networking with more organisations to deliver joint community projects. Through the contracts we have gained we hope to be employing casual staff to deliver some of our community projects.

Additional Notes pertaining to Accounts:

These accounts were prepared with the grants and contributions that were offered and agreed with funders. Due to unprecedented times and rising costs since COVID-19 once again it has taken longer to manage some of our operation due to staff/volunteer absences related to the pandemic. Income generation has improved but is continuously followed by expenditure.

Signed on behalf of the committee:

S.ALI  _____ **Date 08.10.2023**
Position, Treasurer (Assistant Chairperson).

SHAPE-UK LTD

Receipts Account For the year ended April 2022- March 2023

	£
Receipts	
Grants	
Grants (Bradford Council)	46,000
Contracts (Bradford Council)	60,355
Other Grants	42,795
TOTAL Grant Receipts	149,150
Fundraising/Other receipts	
Fundraising – community based donations	1,525
Fundraising EVENTS	13,351
Income from activities delivered	22,112
Misc	1,500
Activity Fees- CASH	10,000
Other Receipts	0
Total Receipts	<u>197,638</u>

Payments- Expenditure Account.

Expense	Amount £
Wages	11,670
Casual Staff 1	8,000
Casual Staff 2	8,145
Admin work	6,000
Volunteer costs/ expenses	6,800
Project Coordinator (summer) 1	7,600
Room/venue hire/activity centre	20,000
Services Delivery	22,150
Food /Refreshments	10,000
Bills	329
Professionals/Guest speakers	8,292
Arts, Crafts	4,250
Stationery, print, paper, toners etc.	15,000
Hospitality	3,000
Staff Training	6,000
Minibus Hire	4,000
Refreshments STAFF	1,500
Supermarket Shopping	7,400
PPE/Cleaning	3,700
Transport costs	4,500
Fuel	3,400
Insurance	1,557
Misc	1,500
Other Purchases/Inv	29,716
SUB Total Payments	£194,509
Total Expenditure	£194,509
Cash remainder from current period	3,129
Bank and cash at the start of the period	7,050
Total Cash at End of Period	10,179

*Bank interest is not accepted by SHAPE-UK LTD committee for ethical reasons. As a community account we are also not deducted interest by our bankers, Barclays Bank PLC.

SHAPE-UK LTD
Statement of assets and liabilities
March 2022

£

Cash assets

<i>Current account</i>	10,179
<i>Petty cash</i>	10,000
Total cash assets	<u>20,179</u>

Other assets

None accrued in last financial year

Liabilities (estimated)


<i>Gas bill estimated at</i>	<i>£2400</i>
<i>Telephone/internet bill for</i>	<i>£1100</i>

Grants/Income expected due in next six months:

Total Funding Due: £ N/K
(Statement correct at time of publication)

These financial statements are accepted on behalf of SHAPE-UK LTD by:

Signed:
Treasurer



Date 08.10.23

Name: Sheraz Ali.

Signed:
Director



Date 08.10.23

SHAPE-UK LTD
Notes to the accounts
For the year ended March 2023

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£ (Sterling)
Grants and donations	
Bradford Council	46,000
Other Grants	42,795
Other funds/Donations	1,525
Total Grant Receipts	<u>90,320</u>
Other donations including Community Raised Funds	
Contracts	60,355
Fundraising –	13,351
Income from activities delivered	22,112
Total	<u>95,818</u>
Other Sources- Income	
Other Income/Activities	1,500
Events Guest Speaker Fees	10,000
Total Other Receipts	<u>11,500</u>
Total grants/donations/*Services	<u>197,638</u>

*services charged by SHAPE-UK for delivery

3: Misc:

4. Committee members’ remuneration

Nil.

SHAPE-UK LTD is not currently operating to a financial capacity whereby external scrutiny could be obligated. As such it is under no statutory obligation to prepare accounts in any prescribed format or to undergo any kind of external scrutiny. However, the management committee, as a matter of good practice require the accounts to be subject to a form of external inspection by an independent community organisation. On this occasion we have had to refer our accounts to an alternative organization due to the delay caused by our usual 'go to' organization to help assess our accounts.

These accounts have been prepared in accordance with the books, records, information and explanations by SHAPE-UK LTD. The procedures undertaken do not provide all the evidence that would be required in an audit. However we have satisfied the assessors of this report that in their opinion these accounts and report represent a "true and fair view" and are limited to those matters set out in the statement below.

Statement.

No matter has come to our attention:

1) Which gives us reasonable cause to believe that in any material respect the requirement to keep proper accounting records and to prepare accounts which accord with the accounting records have not been met;

or

2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts reached.

These accounts are for the accounting period between **April 2022** and **March 2023** for which funds were allocated to SHAPE-UK LTD by various funders and contracts awarded. The accounts were ratified by an independent organisation prior to being submitted as completed accounts for the above said period.

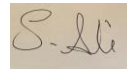
Special Circumstances to be noted:

NONE.

Signed



Signed



Checked By:

Name: Naz Hussain

Sheraz Ali

Position SHAPE-UK: Projects Coordinator

Position SHAPE-UK: Treasurer

Organisation: SHAPE-UK LTD

Countersigned:



Date: 10TH October 2023

Date: 10th October 2023

External Organisation Name:

**AMHG
(Asian Men's Health Group)**

M Akhtar. (Secretary)
(AMHG).
Edward Street, Wakefield Road,
Bradford, BD4 7BH

M. Akhtar

Date: 10th October 2023

SHAPE-UK LTD

England & Wales - Charity number 1148949

Accounts

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SHAPE-UK LTD
Financial Statements
For the year ended April 2021 March 2022

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SHAPE - UK LTD
Committee members' Annual Report
For the year ended April 2021- March 2022

Main Address:

The Three Tanners,
310 Thornton Road,
Bradford. West Yorkshire BD8 8LD

Committee members present (25th November 2022).

Mr Naz Hussain
Mr Sheraz A. Elahi
Mr Shahid Ibrahim
Mr Parveez Ahmed

Bankers

Barclays Bank. Market St Bradford.

Governance and management

SHAPE-UK Committee is appointed by the board members and key stakeholders and community members. Members are appointed to the board through an election procedure at the AGM. The group activities are managed overall by the Project Coordinator and the Assistant Project Coordinator. Duties are delegated by the Assistant Project Coordinator and Volunteer Coordinator.

The constitution is adhered to by all members which is considered and reviewed as appropriate at the AGM.

Aims and objectives

Summary of the main achievements during the period

This year there have been a number of achievements. Despite some financial constraints we have successfully delivered more projects than before.

- 1) Service user has capacity increased by 114 new services users participating or engaging in our activities.
- 2) There is a continued majority of more young people engaged from projects in schools and other community centres.
- 3) Over 900 service users have come into contact with SHAPE-UK LTD.
- 4) Since 2014 we have worked with the Armed Forces. This year progress has still been gradual but continues to improve.
- 5) We continue to enjoy our partnership with the Armed Forces (AF). In particular our local AF unit 4 Brigade (North-East) at Catterick who provide volunteers to deliver character and team building activities
- 6) We continue to work with partners such as Bradford Council and Education Bradford.

- 7) This year we have been successful in gaining permission to establish a war memorial for the Commonwealth contribution. This is a two year long project and will continue to progress gradually.
- 8) We have continued to bring in successful funding and have secured further funding and contracts building on the success of previous project delivery. This has been a good result from the committee members and maintaining contact with Bradford Community Voluntary Sector Services who are

Positive work and good publicity are being maintained we have had 4 new volunteers coming to work with SHAPE-UK that has benefited us in accommodating the rising demand of our services and we continue networking with more organisations to deliver joint community projects. Through the contracts we have gained we hope to be employing casual staff to deliver some of our community projects.

Additional Notes pertaining to Accounts:

These accounts were prepared with the grants and contributions that were offered and agreed with funders. Due to unprecedented times of COVID- 19 once again it has taken longer to manage some of our operation due to staff/volunteer absences related to the pandemic. Income generation in the COVID-19 period has been challenging although there is some good news on the horizon.

Signed on behalf of the committee:

S.ALI  _____ Date 25.11.2022
Position, Treasurer (Assistant Chairperson).

SHAPE-UK LTD

Receipts Account For the year ended April 2021- March 2022

	£
Receipts	
Grants	
Schools activities Grants (Bradford Council)	114,919
COVID Relief Grant	.500
WYCA health funds	4,800
TOTAL Grant Receipts	120,219
Fundraising/Other receipts	
Fundraising – community based donations	1,200
Income from activities delivered	5,850
Other Receipts	0
End of Year Balance	7,050
Total Receipts	<u>127,269</u>

Payments- Expenditure Account.

Expense	Amount £
Wages	12,460
Casual Staff 1	2,625
Casual Staff 2	2,625
Admin work	4,800
Volunteer costs/ expenses	8,370
Project Coordinator (summer) 1	3,150
Room/venue hire	4,200
Buckden House Activity Centre	29,750
Food worker/Chef Costs	500
Bills	778
Professional Guest speakers	11,900
Online Guest Mentors	5,600
Other Online activities costs	2,450
Arts, Crafts	3,100
Stationery, print, paper, toners etc.	1,800
Hospitality	3,500
Staff Training	2,400
Minibus Hire	2,800
Refreshments staff	900
Refreshments Service Users	900
External soft Drinks	840
Supermarket Shopping	840
Kitchen Utensils	680
Project clothing/uniforms	1,400
Disposable plates/cups	1,680
PPE/Cleaning	2,600
Marketing	700
Participants Certificates	700
Transport costs	4,350
Fuel	2,520
Stationery	700
Other	0
SUB Total Payments	£120,219
Total Expenditure	£120,219
Cash remainder from current period	7,050
Bank and cash at the start of the period	850
Total Cash at End of Period	9,000

*Bank interest is not accepted by SHAPE-UK LTD committee for ethical reasons. As a community account we are also not deducted interest by our bankers, Barclays Bank PLC.

SHAPE-UK LTD
Statement of assets and liabilities
March 2022

	£
Cash assets	
<i>Current account</i>	9,000
<i>Petty cash</i>	<u>250</u>
Total cash assets	<u>9,250</u>

Other assets
None accrued in last financial year

Liabilities (estimated)

<i>Gas bill estimated at</i>	£1100
<i>Telephone/internet bill for</i>	£1050

Grants/Income expected due in next six months:

Total Funding Due: £ N/K
(Statement correct at time of publication)

These financial statements are accepted on behalf of SHAPE-UK LTD by:

Signed: 
Treasurer

Date 25.11.22

Name: Sheraz Ali.

Signed: 
Director

Date 25.11.22

SHAPE-UK LTD
Notes to the accounts
For the year ended March 2022

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£ (Sterling)
Grants and donations	
Bradford Council	114,919
COVID Relief Grant	00,500
WYCA health funds	4,800
Total Grant Receipts	<u>120,219</u>
Other donations including Community Raised Funds	
Fundraising –	1,200
Income from activities delivered	5,850
Total Achieved through fundraising	<u>7,050</u>
Other Sources- Income	
Gym & Membership/Activities	0
Sales Income	0
Events Guest Speaker	0
Total Other Receipts	0
Total grants and donations	<u>127,269</u>

3: Misc:

4. Committee members' remuneration

Nil.

SHAPE-UK LTD is not currently operating to a financial capacity whereby external scrutiny could be obligated. As such it is under no statutory obligation to prepare accounts in any prescribed format or to undergo any kind of external scrutiny. However, the management committee, as a matter of good practice require the accounts to be subject to a form of external inspection by an independent community organisation. On this occasion we have had to refer our accounts to an alternative organization due to the delay caused by our usual 'go to' organization to help assess our accounts.

These accounts have been prepared in accordance with the books, records, information and explanations by SHAPE-UK LTD. The procedures undertaken do not provide all the evidence that would be required in an audit. However we have satisfied the assessors of this report that in their opinion these accounts and report represent a "true and fair view" and are limited to those matters set out in the statement below.

Statement.

No matter has come to our attention:

1) Which gives us reasonable cause to believe that in any material respect the requirement to keep proper accounting records and to prepare accounts which accord with the accounting records have not been met;

or

2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts reached.

Special Circumstances to be noted:

These accounts are for the accounting period between **April 2021** and **March 2022** for which funds were allocated to SHAPE-UK LTD by various funders. The accounts were ratified by an independent organisation prior to being submitted as completed accounts for the above said period. On this occasion we have had to refer our accounts to an alternative organization due to the delay caused by our usual 'go to' organization to help assess our accounts. This year the committee decided that it would be pertinent to appoint an external accountant to ratify the accounts, unfortunately this decision caused an unexpected and prolonged delay as the accountant (due to extremely mitigating circumstances) stopped responding. Therefore our accounts were again ratified by another local partner organisation

These accounts are being submitted late due to a number of mitigating circumstances. One of the reasons is that there have been other pressing personal circumstances with committee member's health and family issues. When the accounts were ready to be audited and submitted to the external auditor they were away from the UK so could not verify the accounts and return in time for confirmation. For the reasons explained above a meeting could not be convened sooner to submit the accounts on time.

Signed



Signed

Checked By:

Name: Naz Hussain

Name: Mohammed Akhtar

Position: Projects Coordinator

Position in Organisation: Treasurer

Organisation: SHAPE-UK LTD

**Organisation Name: AMHG
(Asian Men's Health Group)**

M Akhtar, (
AMHG,
Edward Street, Wakefield Road,
Bradford, BD4 7BH

Countersigned:



Date: 24TH March 2023

Date: 24th March 2023

SHAPE-UK LTD

England & Wales - Charity number 1148949

Accounts

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SHAPE-UK LTD
Financial Statements
For the year ended April 2020 March 2021

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SHAPE - UK LTD
Committee members' Annual Report
For the year ended April 2020- March 2021

Main Address:

The Three Tanners.
310 Thornton Road,
Bradford. West Yorkshire BD8 8LD

Committee members present (online).

Mr Naz Hussain
Mr Sheraz A. Elahi
Mr Shahid Ibrahim
Mr Maqsood Hussain

Bankers

Barclays Bank. Market St Bradford.

Governance and management

SHAPE-UK Committee is appointed by the board members and key stakeholders and community members. Members are appointed to the board through an election procedure at the AGM. The group activities are managed overall by the Project Coordinator and the Assistant Project Coordinator. Duties are delegated by the Assistant Project Coordinator and Volunteer Coordinator.

The constitution is adhered to by all members which is considered and reviewed as appropriate at the AGM.

Aims and objectives

Summary of the main achievements during the period

This year there have been a number of achievements despite some financial constraints we have successfully delivered more projects than before.

- 1) Service user has capacity increased by 78 new services users participating or engaging in our activities.
- 2) There is a continued majority of more young people engaged from projects in schools and other community centres.
- 3) Over 800 service users have come into contact with SHAPE-UK LTD. Project IMPAC stalled through COVID-19 period and is reinitiating due to lack of in-person contact.
- 4) Since 2014 we have worked with the Armed Forces. This year progress has been slow but is improving as we come out of the pandemic.
- 5) We continue to enjoy our partnership with the Armed Forces (AF). In particular our local AF unit 4 Brigade (North-East) at Catterick who provide volunteers to deliver character and team building activities

- 6) We have been able to bring on board many other partners. Our partners for this year include: Bradford Council and Education Bradford.
- 7) We have secured further funding and contracts building on the success of previous project delivery. This has been a good result from the committee members and good advice given by Bradford Community Voluntary Sector Services.

Positive work and good publicity are being maintained we have had 2 new volunteers coming to work with SHAPE-UK that has benefited us in accommodating the rising demand of our services and we continue networking with more organisations to deliver joint community projects.

Additional Notes pertaining to Accounts:

These accounts were prepared with the grants and contributions that were offered and agreed with funders. Due to unprecedented times of COVID- 19 once again it has taken longer to manage some of our operation due to staff/volunteer absences related to the pandemic. Income generation in the COVID-19 period has been challenging although there is some good news on the horizon.

Signed on behalf of the committee:

S.ALI  _____ Date 16.11.2021
Position, Treasurer (Assistant Chairperson).

SHAPE-UK LTD

Receipts Account For the year ended April 2020- March 2021

	£
Receipts	
<i>Grants</i>	
Schools activities Grant (Bradford Council)	18,000
Community Cohesion Grants	06,700
Grant Receipts	24,700
<i>Fundraising/Other receipts</i>	
Fundraising – community based donations	24,400
Membership Fees/Activities Easy Gym	18,300
Income from sales	02,000
Events Guest Speaker	11,900
Other Receipts	56,600
Total Receipts	<u>81,300</u>

Payments- Expenditure Account.
oi

Expense	Amount £
Wages 1	15,780
Wages 2	12,460
Wages 3	9,200
Volunteer costs/ expenses	8,370
Room/venue hire	2,000
Transport costs	3,390
Professional Guest speakers	11,900
Online Guest Mentors	5,600
Other Online activities costs	2,450
Refreshments staff	900
Arts, Crafts	3,100
Stationery, print, paper, toners etc.	1800
Hospitality	3,500
Other	0
SUB Total Payments	£80,450
Total Expenditure	£80,450
Cash remainder from current period	850
Bank and cash at the start of the period	5,218
Bank and cash at the end of the period	6,068

*Bank interest is not accepted by SHAPE-UK LTD committee for ethical reasons. As a community account we are also not deducted interest by our bankers Barclays Bank PLC.

SHAPE-UK LTD
Statement of assets and liabilities
March 2021

	£
Cash assets	
<i>Current account</i>	6,068
<i>Petty cash</i>	100
Total cash assets	<u>6,168</u>

Other assets
None accrued in last financial year

Liabilities (estimated)

<i>Gas bill estimated at</i>	<i>£600</i>
<i>Telephone/internet bill for</i>	<i>£880</i>

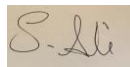
Grants/Income expected due in next six months:

(COVID-19 Pandemic estimates).

Total Funding Due: £ N/K
(Statement correct at time of publication)

These financial statements are accepted on behalf of SHAPE–UK LTD by:

Signed:
Treasurer



Date 16.11.21

Name: Sheraz Ali.

SHAPE-UK LTD
Notes to the accounts
For the year ended March 2021

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£ (Sterling)
Grants and donations	
Bradford Council	18,000
Community Cohesion Grants	06,700
Total Grant Receipts	<u>24,700</u>
 Other donations including Community Raised Funds	
Fundraising –	24,400
Total Achieved through fundraising	<u>24,400</u>
 Other Sources- Income	
Gym & Membership/Activities	18,300
Sales Income	02,000
Events Guest Speaker	11,900
Total Other Receipts	32,200
Total grants and donations	<u>81,300</u>

3: Misc:

4. Committee members’ remuneration

Nil.

SHAPE-UK LTD is not currently operating to a financial capacity whereby external scrutiny could be obligated. As such it is under no statutory obligation to prepare accounts in any prescribed format or to undergo any kind of external scrutiny. However, the management committee, as a matter of good practice require the accounts to be subject to a form of external inspection by an independent community organisation.

These accounts have been prepared in accordance with the books, records, information and explanations by SHAPE-UK LTD. The procedures undertaken do not provide all the evidence that would be required in an audit. However we have satisfied the assessors of this report that in their opinion these accounts and report represent a "true and fair view" and are limited to those matters set out in the statement below.

Statement.

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1) Which gives us reasonable cause to believe that in any material respect the requirement to keep proper accounting records and to prepare accounts which accord with the accounting records have not been met;

or

2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts reached.

Special Circumstances to be noted:

These accounts are for the accounting period between **April 2020** and **March 2021** for which funds were allocated to SHAPE-UK LTD by various funders. The accounts were ratified by an independent organisation prior to being submitted as completed accounts for the above said period.

Due to ongoing pandemic of COVID-19 the accounts were distributed to assessors and submitted online.

Signed



Checked By:

Name: Naz Hussain

Name: Rifat Mir *Rifat Mir*

Position: Projects Coordinator

Position in Organisation: Treasurer

Organisation: SHAPE-UK LTD

**Organisation Name: F.I.R.E
(Female Intervention, Relief & Engagment)**

Date: 11TH November 2021

Date: 11th November 2021