

Company registration number: 08041887

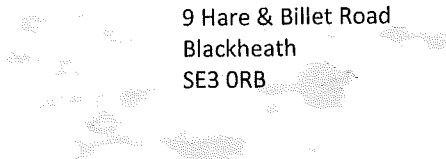
Charity registration number: 1148916

Build on Belief Limited

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023



Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

Build on Belief Limited

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Build on Belief Limited

Reference and Administrative Details

Chairman	Roger Howard
Trustees	Anita Gundecha Roger Howard James Leviser Jolade Olusanya Jane Pettifer Stuart Robertson Alex Royffe Marie-Claude Warnotte
Secretary	Stuart Robertson
Charity Registration Number	1148916
Company Registration Number	08041887
Registered Office	The charity is incorporated in Wales. 69 Warwick Road London SW5 9HB
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 0RB
Bankers	Metro Bank 1 Southampton Row London WC1B 5HA Santander 421 North End Road Fulham London SW6 1NY

Build on Belief Limited

Trustees' Report

Overview of the year

Set against a backdrop of high inflation, public sector austerity and a rising tide of health needs, trustees are pleased to report a very positive year for the organisation.

At the back of all our minds is the daily struggle that our service users and volunteers face; not only financially but also in their ongoing hope to move on from what for many has been a lifetime of adverse experiences, capped with prolonged periods of problems with drug or/and alcohol.

We have been able to respond to that with opening innovative new services in Westminster and Harrow alongside developing a pilot recovery support programme to enable long term recovery to become sustainable and facilitate entry into employment or volunteering.

Our longer standing local social activity hubs across London are seeing attendance levels return to pre-pandemic levels, although our online programme initiated during the epidemic has seen a slight fall off in participation. Understandably, the three food-banks we run are in constant demand.

We have strengthened our trustee Board and governance with new trustees and embarked on a programme to build fundraising and business development capacity. During 2023-24 we will be undertaking an equity, diversity, and inclusion audit across all our work to ensure we are doing our utmost to be inclusive.

Encouragingly, once again we were able to run our Annual Volunteer Awards event in November, courtesy of the Royal Borough of Kensington & Chelsea council. The inspiration, compassion, and dedication of the volunteers, and not just the winners, was and is, a sight to behold. No one comes away unmoved by their stories of overcoming adversity.

Purpose, Activities & Impacts

Purpose

BoB is a supportive recovery focused community, created by and for people with a substance use disorder. The community comes together in different settings and at different times, but always at weekends, and online throughout the week.

Loneliness, stigma, unhealthy friendship groups and boredom can all maintain or exacerbate a person's problematic drug or alcohol use. Conversely, associating with healthy social networks and taking part in meaningful activity helps people to initiate and maintain habits that lead to sustained recovery. It is these areas that are the focus of BoB's work.

Our mission is to ensure that anyone with lived experience of alcohol or other drug problems has a place where they can get on-going peer support from others with similar experience to help them improve their quality of life and to benefit the wider community.

Build on Belief Limited

Trustees' Report

Our activities

- BoB designs and runs open access, adaptive and flexible projects, that operate at weekends and in the evenings, when other services are closed. These operate in seven London boroughs: Barking & Dagenham; Ealing; Hammersmith & Fulham; Harrow; Hillingdon; Kensington & Chelsea and Newham. Ealing and Hillingdon also operate during the week. They run out of our partner agencies substance use treatment services. Providing recovery support services in this way brings 'added-value' to the public investment of treatment.

- BoB runs an exciting range of activities from drawn from a menu designed to support health and wellbeing and support recovery. These include health improvement activities (e.g.: badminton, walking groups, cycling); wellbeing activities (e.g.: yoga, food & coffee social groups, gardening, Tai Chi); mental health support (e.g.: CBT groups, SMART recovery groups, meditation); social activity groups (e.g.: art & craft clubs, music, writing, film).

- BoB manages an extensive online service, available 7 days a week and throughout the year. Funding from the National Lottery Community Fund has enabled us to broaden the programme menu and pay volunteer facilitators for leading some groups. In addition to some of the social activities highlighted above, the online programme also offers; parenting in recovery groups; LGBTQIA groups; recovery support groups; women & men only groups.

- BoB has developed a pilot recovery support training programme focussing on the issues that people with lived experience say they struggle with most and which is geared to helping maintain and sustain long-term recovery and support people into gaining employment or undertaking volunteering.

- In three of our local service-hubs we run food-banks.

- BoB offers signposting and advice to help people struggling with their mental health, with debt, with housing, and with a range of social and emotional issues. We also facilitate getting people into structured treatment services.

- BoB works with substance misuse treatment providers and mental health services (in Harrow using the social prescribing approach) to engage people in activities and introduce them to a supportive recovery focussed community.

At the heart of our activity, the services are designed and run by people with lived experience, whether as volunteers, team leaders, staff, or trustees.

The seven areas we operated in during the year are all areas with significant pockets of social deprivation and very diverse ethnic and cultural communities. We are pleased to report that the service user, volunteer and staffing demographic profiles match very closely those of both London and particularly the profile of the drug and alcohol treatment service user population. Nevertheless, inclusion, tackling stigma and isolation and fostering diversity lie at the heart of our efforts to sustain recovery.

Build on Belief Limited

Trustees' Report

Our performance

Across our seven local services in London, although not our online programme, we saw engagement levels increase significantly:

- o Number of face-to-face visits = 26,000, up 24% on previous year.
- o Number of lived experience volunteers = 137, up 71% on previous year
- o Number of face-to-face participants = 2,066, up 106% on previous year.

As people adjusted to the reducing impact of the covid pandemic and as our services re-opened, it is perhaps not surprising that participation in our face-to-face services began to move back to pre-2020 levels.

However, one new innovative pan-London service we developed in response to the pandemic has suffered, at least on the surface, as those in need returned to in-person local services. The innovative Bob Online Recovery Support Programme has seen a slight reduction in engagement:

- o Number of on-line visits 10,500, down 12% on last year
- o Average on-line contacts 930, down 15% on last year

This change is perhaps not entirely unexpected, given the re-opening of the local face-to-face services and the broader societal re-adjustment following the pandemic. However, we are actively looking at ways to increase participation in what has proved to be a widely welcomed new service.

Our impacts

In-order to demonstrate the impacts our activities are having on the lives of our service users and volunteers, trustees commissioned a pilot impact survey during 2022. The aims were to identify:

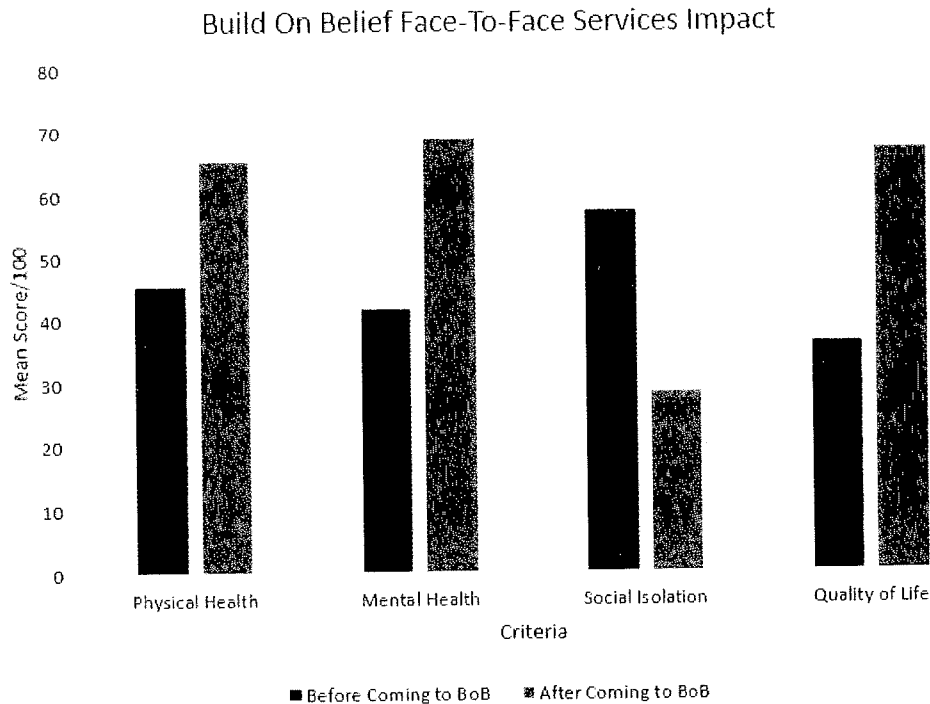
- who uses Build-On-Belief services.
- the impact that Build-On-Belief has on the people participating, and,
- future 'measurables', to standardise how Build-On-Belief can best report on impact.

From nearly one hundred and thirty survey respondents representing a cross-section of service users and volunteers we are very encouraged to report on the positive impact we are making to peoples' lives.

Build on Belief Limited

Trustees' Report

Before/After Impact of attending a physical Build-On-Belief local hub.



Tackling drug or alcohol dependency and enabling sustainable recovery is not simply about reducing or eliminating usage, however desirable. As can be seen from the figure above, BoB is having positive effects on peoples physical and mental health, quality of life and in reducing social isolation, with loneliness now widely recognised as a 'silent killer'. Highlights from the pilot impact analysis show:

- Over 80% of respondents believe that BoB helps them to sustain their recovery.
- Feelings of social isolation decreased by 50% after accessing Build-On-Belief.
- People reported their mental health increased by 50% after accessing a Build-On-Belief service.
- 85% of respondents report their quality-of-life increases.
- Substance use falls - nearly half of responders became abstinent after attending, compared to just 9% when they first accessed.
- We facilitated access to substance use treatment for 25% of respondents.
- People's social network increases (87%).

[The results of the survey can be found at:

<https://www.builtonbelief.org.uk/build-on-belief-impact-report-2022>]

Build on Belief Limited

Trustees' Report

The lessons learned carrying out the pilot survey will help us develop a more regular and standardised flow of information to demonstrate the additional value we bring to the established drug and alcohol treatment system. It has also provided invaluable perspectives and feedback on what we do well, as well as areas we can improve on. As a Lived Experience Recovery Organisation, this is something we value enormously.

With the opportunity for survey respondents to comment on how important they see BoB being to their own recovery, it is difficult to summarise the feedback. One observation from a participant in Newham perhaps captures the spirit of what we are seeking to achieve:

'Helping me realise there's more to life than drugs' (Newham respondent)

"It provides connection. Which is the opposite of addiction"

Our governance

Trustees

During the year we undertook a successful trustee recruitment and induction programme for two new trustees, to strengthen the skill base of the Board. They bring experience of strategy development and NHS mental health service delivery and charity fundraising as well as enhancing the diversity of the Board. We will continue to use the cyclical retirement and re-election of trustees to continue this process of refreshment and replacement.

Arising from the development of our 2022-25 Strategy, the Board and CEO developed a detailed Implementation Plan against which progress is tracked and reported to the Board on a bi-monthly basis.

The Strategy set objectives to enhance income generation by both increasing fundraising and through public service contracts, the latter on which we are particularly dependent for delivering activities. To this end, the Board has set up a small Fundraising Sub-Committee and agreed to recruit a Fundraising Manager as well as engaging the services of an external consultant to progress business development with local public health commissioners and large service providers.

Early in 2023 the Board agreed to undertake an Equity, Diversity, and Inclusion Audit and this will be progressed during 2023-24.

The Board has also taken the opportunity to review and refresh our suite of organizational policies and procedures.

Trustees have also been made aware of updated Charity Commission guidance published during the year.

Risk & financial management

The Board, which meets every two months has reverted to in-person meetings following the hybrid meetings held in 2022 during and immediately following the worse phases of the pandemic.

The bi-monthly meetings receive regularly updated financial statements, a Chief Executives report including performance reports, a Strategy implementation tracker report, and an Incidents report. The Risk Register is reviewed and updated every eight weeks. Along with a new Honorary Treasurer and this regular reporting, we are confident that the management and operations are being effectively scrutinised. We are pleased to report there have been no serious or critical incidents occurring in the charity throughout the year and this remains the case into 2023.

Build on Belief Limited

Trustees' Report

The organisation has an approved set of Financial Procedures which guides the day-to-day operation of the charity, including financial control systems, authorisation levels and procedures and management account reporting mechanisms. These are reviewed from time to time along with other key policies and procedures such as Safeguarding and human resource ones.

Reserves policy & going concern

The Trustees aim to build and maintain free reserves in unrestricted funds at a level that equates to approximately three months of (unrestricted) core charitable expenditure. The trustees consider that this level will provide sufficient funds to continue with core service provision and meet our legal requirements regarding employee and governance costs in the eventuality that the loss of a contract or funding reduces overall service provision and income. This is managed by the CEO and the trustees having careful oversight of central operating costs and external fund-raising.

Investment Powers & policy

The Trustees having regards to the flexibility of liquidity requirements of operating services across seven London Boroughs, have continued the arrangement of having a second deposit account to ensure coverage of deposit guarantee limits.

Public benefit

The trustees confirm that they have complied with their legal duty to have due regard to the Charity Commissions guidance on public benefit in exercising their powers and duties (CC Guidance PB1-3). We believe the pilot Impact report mentioned above, provides ample evidence of significant public benefit.

Strategic review

We started 2023-23 with a new organisational strategy in place. BoB's Strategy for 2022-25 is focused on expanding our service offer in terms of what we do, where we do it, and who we do it for, continuing to strengthen our organisational capacity and training offer, increasing our impact in the wider community, and deepening our financial and fundraising strength, so we can continue to deliver the outcomes that are important to the BoB community and that sustain recovery.

Principal risks & the future

Risks

The organisation faces three principal risks:

- o An over-reliance on 'secondary' public service contracts in a handful of London boroughs. Over 90% of BoB's income is derived from subcontracting arrangements with large addiction treatment services, who themselves contract with local council public health services to provide them. While our relationships with each of the main providers is excellent and our performance good, there is always the risk that the current main provider might not be successful when the service is periodically retendered. To address this risk the Board has agreed a business development strategy to increase the number of weekend services across London and in the south-east of England.

Build on Belief Limited

Trustees' Report

o Continuing downward pressure on contract pricing. Although the government has provided much needed additional funding to local councils specifically to enhance drug and alcohol treatment, the reality on the ground is that little of this has filtered through to lived experience recovery organisations such as BoB. Most has gone to fund increased treatment provision and to support the workforce of large providers. Consequently, we are having to face a series of local downward financial pressures on what is already a relatively small financial envelope. Our response to this is twofold: first, to seek to negotiate real cost-recovery when we enter in to new or renewed sub-contracts with providers. The other is to increase our fundraising capacity with the appointment of a new Fundraising Manager post in 2023.

o We face two human resource challenges. The first is continuing to train and develop our increasing number staff and volunteers as anticipated in the governments drug strategy, but in the absence of additional funding. To mitigate this risk a new post of Operations & Training Manager was created in 2022 and a programme of training for staff and volunteers is underway.

The other challenge concerns the recruitment and retention of staff. In London, set against the cost-of-living crisis and high housing costs, this is particularly acute, as it is across the whole of the NHS and care sectors. Our response to this has been to carry out a comparative market salary review which has resulted in several positive adjustments across the organisation. However, with continuing high inflation and a commitment to the London Living Wage, our ability to sustain wage increases with no commensurate increase in contract income will be an on-going challenge.

The future

We start 2023-24 with some optimism, for several reasons:

o Attendances have returned to pre-pandemic levels. However, the day-to-day financial pressures on our service users and volunteers is enormous. Hardship and poverty are on the rise. This, coupled with post-pandemic increases in people with drug or alcohol problems, suggests we are likely to see increased demand for BoB's services.

o Additional government funding for drug and alcohol treatment and recovery is being distributed. Our efforts to market what BoB has to offer to local council commissioners and treatment providers will, we hope, bring positive results.

o The implementation pilot of our innovative Recovery Support Programme is underway, and we anticipate the evaluation will demonstrate its effectiveness.

o Other innovative services, such as housing support in Westminster and social prescribing in Harrow, provide a platform to launch parallel interventions to help people with complex needs.

o Our commitment to investing in fundraising capacity should, we hope, provide a platform to strengthen and diversify sources of income.

So, while we are optimistic, as trustees we are fully aware and appreciative that it is only through the hard-work, commitment and inspiration of our managers and staff, backed up by the volunteers, that BoB continues to flourish.

Build on Belief Limited

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Anita Gundecha (appointed 24 October 2022)
	Roger Howard
	Rebecca Kelly (appointed 24 October 2022 and resigned 8 September 2023)
	James Levisieur
	Jolade Olusanya
	Jane Pettifer
	Stuart Robertson
	Alex Royffe
	Naetha Uren (resigned 29 August 2023)
	Marie-Claude Warnotte

Chairman: Roger Howard

Secretary: Stuart Robertson

Statement of Responsibilities

The trustees (who are also the directors of Build on Belief Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Build on Belief Limited

Trustees' Report

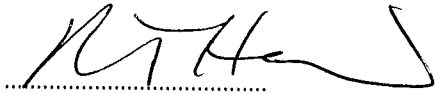
Statement of Responsibilities

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 27 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R Howard', written over a dotted line.

Roger Howard
Chairman and trustee

Build on Belief Limited

Independent Examiner's Report to the trustees of Build on Belief Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 13 to 27.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinion I have formed.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since Build on Belief Limited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW ICAEW, which is one of the listed bodies.

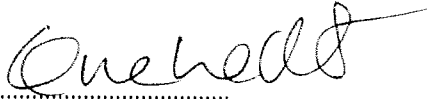
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Build on Belief Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Build on Belief Limited

Independent Examiner's Report to the trustees of Build on Belief Limited ('the Company')



.....
Kirsty Nicholls FCCA
ICAEW
Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

27 October 2023

Build on Belief Limited

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Income and Endowments from:							
Donations and legacies	3	8,854	38,114	46,968	19,657	27,963	47,620
Charitable activities	4	911,529	-	911,529	757,309	-	757,309
Investment income	5	501	-	501	28	-	28
Total income		920,884	38,114	958,998	776,994	27,963	804,957
Expenditure on:							
Charitable activities	6	(875,166)	(38,114)	(913,280)	(708,369)	(33,331)	(741,700)
Total expenditure		(875,166)	(38,114)	(913,280)	(708,369)	(33,331)	(741,700)
Net movement in funds		45,718	-	45,718	68,625	(5,368)	63,257
Reconciliation of funds							
Total funds brought forward		361,236	-	361,236	292,611	5,368	297,979
Total funds carried forward	16	406,954	-	406,954	361,236	-	361,236

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 16.

The notes on pages 16 to 27 form an integral part of these financial statements.

Build on Belief Limited

(Registration number: 08041887)
Balance Sheet as at 31 March 2023

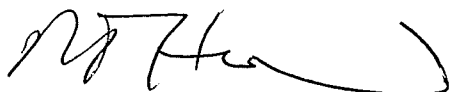
	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	8,681	5,234
Investments	12	424	424
		<u>9,105</u>	<u>5,658</u>
Current assets			
Debtors	13	64,896	69,024
Cash at bank and in hand	14	349,566	466,744
		414,462	535,768
Creditors: Amounts falling due within one year	15	<u>(16,613)</u>	<u>(180,190)</u>
Net current assets		<u>397,849</u>	<u>355,578</u>
Net assets		<u>406,954</u>	<u>361,236</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>406,954</u>	<u>361,236</u>
Total funds	16	<u>406,954</u>	<u>361,236</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 13 to 27 were approved by the trustees, and authorised for issue on 27 October 2023 and signed on their behalf by:



.....
Roger Howard
Chairman and trustee

The notes on pages 16 to 27 form an integral part of these financial statements.

Build on Belief Limited

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash income		45,718	63,257
Adjustments to cash flows from non-cash items			
Depreciation		4,540	2,860
Investment income		<u>(501)</u>	<u>(28)</u>
		49,757	66,089
Working capital adjustments			
Decrease in debtors	13	4,128	4,585
(Decrease)/increase in creditors	15	<u>(163,577)</u>	<u>120,499</u>
Net cash flows from operating activities		<u>(109,692)</u>	<u>191,173</u>
Cash flows from investing activities			
Interest received		501	28
Acquisitions of tangible assets		(8,877)	-
Proceeds from sale of tangible assets		<u>890</u>	<u>-</u>
Net cash flows from investing activities		<u>(7,486)</u>	<u>28</u>
Net (decrease)/increase in cash and cash equivalents		(117,178)	191,201
Cash and cash equivalents at 1 April		<u>466,744</u>	<u>275,543</u>
Cash and cash equivalents at 31 March		<u><u>349,566</u></u>	<u><u>466,744</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 16 to 27 form an integral part of these financial statements.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

69 Warwick Road

London

SW5 9HB

These financial statements were authorised for issue by the trustees on 27 October 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Build on Belief Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £250.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

	Unrestricted			Total 2023	Total 2022
	Designated £	General £	Restricted £	£	£
Donations and legacies;					
Donations from community groups	1,160	-	-	1,160	-
Grants, including capital grants;					
The National Lottery Community Fund	-	-	38,114	38,114	19,057
Economist	-	-	-	-	8,906
The Clothworkers Foundation	-	4,100	-	4,100	-
Regular giving and capital donations	-	3,594	-	3,594	19,657
	<u>1,160</u>	<u>7,694</u>	<u>38,114</u>	<u>46,968</u>	<u>47,620</u>

4 Income from charitable activities

	Unrestricted		Total 2023	Total 2022
	Designated £	General £	£	£
Income from commissioned services	910,629	900	911,529	753,644
Other income	-	-	-	3,665
	<u>910,629</u>	<u>900</u>	<u>911,529</u>	<u>757,309</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>501</u>	<u>501</u>	<u>28</u>

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Note	Total 2023 £	Total 2022 £
Gift vouchers		30,191	28,303
Social club costs		71,079	71,714
Staff costs	9	767,753	602,918
Support costs	7	44,257	38,765
		<u>913,280</u>	<u>741,700</u>

7 Analysis of governance and support costs

Support costs

	Total 2023 £	Total 2022 £
Loss on disposal of tangible fixed assets	890	-
Rent	10,860	8,000
Insurance	1,431	1,833
Telephone and fax	5,766	5,076
Computer software and maintenance	9,092	8,561
Printing, postage and stationery	1,565	925
Trade subscriptions	-	213
Administration	744	700
Sundries	4,288	5,054
Travel and subsistence	1,935	2,489
Marketing and promotional	1,124	1,207
Independent examination	2,022	1,842
Bank charges	-	5
Depreciation of plant and machinery	4,540	2,860
	<u>44,257</u>	<u>38,765</u>

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	675,125	546,686
Social security costs	58,782	41,911
Pension costs	16,976	14,321
Other staff costs	16,870	-
	<u>767,753</u>	<u>602,918</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Charitable activities	<u>25</u>	<u>24</u>

Contributions to the employee pension schemes for the year totalled £16,976 (2022 - £14,321).

No employee received emoluments of more than £60,000 during the year.

During the year the charity made the following transactions with key management personnel:

Naetha Uren

£155 (2022: £146) of expenses were reimbursed during the year.

Becky Kelly

£43 (2022: £Nil) of expenses were reimbursed during the year.

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2022	17,288	17,288
Additions	8,877	8,877
Disposals	<u>(7,036)</u>	<u>(7,036)</u>
At 31 March 2023	<u>19,129</u>	<u>19,129</u>
Depreciation		
At 1 April 2022	12,054	12,054
Charge for the year	4,540	4,540
Eliminated on disposals	<u>(6,146)</u>	<u>(6,146)</u>
At 31 March 2023	<u>10,448</u>	<u>10,448</u>
Net book value		
At 31 March 2023	<u>8,681</u>	<u>8,681</u>
At 31 March 2022	<u>5,234</u>	<u>5,234</u>

12 Fixed asset investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	<u>424</u>	<u>424</u>
At 31 March 2023	<u>424</u>	<u>424</u>
Net book value		
At 31 March 2023	<u>424</u>	<u>424</u>
At 31 March 2022	<u>424</u>	<u>424</u>

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

13 Debtors

	2023 £	2022 £
Prepayments	7,686	8,068
Accrued income	50,539	45,956
Other debtors	6,671	15,000
	<u>64,896</u>	<u>69,024</u>

14 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	349,566	466,744

15 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	14,591	11,726
Other creditors	-	166,622
Accruals	2,022	1,842
	<u>16,613</u>	<u>180,190</u>

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

16 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Current period					
Unrestricted					
<i>General</i>					
General Funds	133,500	9,095	(11,156)	5,855	137,294
<i>Designated</i>					
Newham	17,886	76,660	(83,704)	-	10,842
Tri-Boro	97,427	245,885	(250,838)	-	92,474
Ealing	49,541	95,337	(87,083)	-	57,795
Hillingdon	9,057	89,240	(91,521)	-	6,776
Harrow	11,249	62,678	(50,950)	-	22,977
Barking & Dagenham	15,963	65,000	(61,214)	-	19,749
Barking & Dagenham Hostel	5,855	-	-	(5,855)	-
CNWL Harrow	9,304	71,576	(76,353)	-	4,527
Ealing Recovery Support Training	11,454	55,413	(44,894)	-	21,973
West London - Support	-	150,000	(117,453)	-	32,547
	<u>227,736</u>	<u>911,789</u>	<u>(864,010)</u>	<u>(5,855)</u>	<u>269,660</u>
Total unrestricted	361,236	920,884	(875,166)	-	406,954
Restricted					
The National Lottery Community Fund	-	38,114	(38,114)	-	-
Total funds	<u>361,236</u>	<u>958,998</u>	<u>(913,280)</u>	<u>-</u>	<u>406,954</u>

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Previous period				
Unrestricted				
<i>General</i>				
General Funds	127,539	23,350	(17,389)	133,500
<i>Designated</i>				
Newham	25,989	74,000	(82,103)	17,886
Tri-Boro	68,255	273,049	(243,877)	97,427
Ealing	27,293	80,000	(57,752)	49,541
Hillingdon	10,002	89,240	(90,185)	9,057
Harrow	6,267	62,678	(57,696)	11,249
Barking & Dagenham	21,897	60,000	(65,934)	15,963
Barking & Dagenham Hostel	3,269	34,000	(31,414)	5,855
CNWL Harrow	2,100	64,677	(57,473)	9,304
Ealing Recovery Support Training	-	16,000	(4,546)	11,454
	<u>165,072</u>	<u>753,644</u>	<u>(690,980)</u>	<u>227,736</u>
Total unrestricted	<u>292,611</u>	<u>776,994</u>	<u>(708,369)</u>	<u>361,236</u>
Restricted				
Collective Voice	175	-	(175)	-
The National Lottery Community Fund	5,193	19,057	(24,250)	-
Economist	-	8,906	(8,906)	-
	<u>5,368</u>	<u>27,963</u>	<u>(33,331)</u>	<u>-</u>
Total funds	<u>297,979</u>	<u>804,957</u>	<u>(741,700)</u>	<u>361,236</u>

Restricted funds:

Initially started in response to the 2020 pandemic, the programme has become central to what Build-On-Belief do. Operating 7 days a week, 365 days a year we are proud to say that funding has allowed us to support people on bank holidays including Christmas Day when drug and alcohol support services are typically closed.

The funding has also allowed us to create unique events for online participants such as the online Christmas get-together, crucial at a difficult time of the year for many people with a history of problematic substance use, and the Easter two week game where participants were encouraged to go to different groups in order to solve a puzzle. This encouraged connection in different groups they may not normally go to.

Finally the funding has allowed us to pay volunteer facilitators for leading groups. Volunteer facilitators are people in recovery from substance use disorders and/or co-existing psychiatric disorders who have been trained in facilitating our online groups. This provides a visible pathway of progression for participants and we currently have two more volunteers in training to deliver new groups.

Build on Belief Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Analysis of net assets between funds

Current period

	Unrestricted General £	Total funds £
Tangible fixed assets	8,681	8,681
Fixed asset investments	424	424
Current assets	414,462	414,462
Current liabilities	<u>(16,613)</u>	<u>(16,613)</u>
Total net assets	<u><u>406,954</u></u>	<u><u>406,954</u></u>

Previous period

	Unrestricted funds General £	Total funds at 31 March 2022 £
Tangible fixed assets	5,234	5,234
Fixed asset investments	424	424
Current assets	535,768	535,768
Current liabilities	<u>(180,190)</u>	<u>(180,190)</u>
Total net assets	<u><u>361,236</u></u>	<u><u>361,236</u></u>

