



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From : **01/06/2022** Period start date To **31/05/2023** Period end date

Charity name: **HEALTH, EDUCATION, LOSS AND POVERTY (HEALTH) TRUST**

Charity registration number: **1148797**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The prevention or relief of poverty by providing grants items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty such charitable purposes for the public benefit as are exclusively charitable in accordance with the laws of England and Wales as trustee may from time to time determine.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity only supports the other charities and charitable work through financial grants and help.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had full regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The organisation has achieved its aims and objectives by providing continuous and increased financial support to the other charities and individuals. The overall performance of the organisation is satisfactory and is right on track.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	31st May 2023
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	All the reserves are held to further the aims and objectives of the organisation. These reserves will be used to acquire the resources to achieve the purpose of the organisation.
Amount of reserves held	Para 1.22	£41,360
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	TRUST DEED DATED 23/04/2012
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Individual Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As per Trust Deed.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST
Other name the charity uses	
Registered charity number	1148797
Charity's principal address	87 HARBORNE ROAD, BIRMINGHAM, B15 3HG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Rashid Ahmed Bhatti	Chair	Whole year	
2	Haroon Rashid Bhatti	Trustee	Whole year	
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Rasheed Bhatti</i>	
Full name(s)	DR RASHID AHMED BHATTI	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	06/02/2025	



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

HEALTH, EDUCATION, LOSS AND POVERTY (HEALTH) TRUST

On accounts for the year
ended

31st May 2023

Charity no
(if any)

1148797

Set out on pages

3-8 of the Accounts

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/05/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income does not exceed £250,000 and I am qualified to undertake the examination.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

06/02/2025

Name:

Nadeem Umer

Relevant professional
qualification(s) or body
(if any):

Institute of Financial Accountants (

Address:

Office 38-P, Alum Rock Road, Birminham, B8 1JA

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Not applicable.

CHARITY NUMBER:

1148797

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2023

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

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FOR THE YEAR ENDED 31 MAY 2023**

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HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

**ASSOCIATION INFORMATION
FOR THE YEAR ENDED 31 MAY 2023**

TRUSTEES	DR RASHID AHMED BHATTI (CHAIR) DR HARRON RASHID BHATTI
REGISTERED OFFICE:	87 HARBORNE ROAD BIRMINGHAM B15 3HG
CHARITY NUMBER:	1148797
BANKERS:	ROYAL BANK OF SCOTLAND

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MAY 2023

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
and						
Donations and legacies	S01	28,900	-	-	28,900	17,794
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	177	-	-	177	14
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	29,077	-	-	29,077	17,808
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	16,330	-	-	16,330	14,724
Separate material item of expense	S10	-	-	-	-	-
Other	S11	600	-	-	600	600
Total	S12	16,930	-	-	16,930	15,324
Net income/(expenditure) before investment gains/(losses)						
	S13	12,147	-	-	12,147	2,484
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	12,147	-	-	12,147	2,484
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	12,147	-	-	12,147	2,484
Reconciliation of funds:						
Total funds brought forward	S21	29,213	-	-	29,213	26,729
Total funds carried forward	S22	41,360	-	-	41,360	29,213

The notes form part of these financial statements

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

BALANCE SHEET
AS AT 31 MARCH 2023

Section B Balance sheet

	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets	B02	-	-	-	-	-
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks	B06	-	-	-	-	-
Debtors	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand	B09	41,360	-	-	41,360	29,813
Total current assets	B10	41,360	-	-	41,360	29,813
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	600
Net current assets/(liabilities)	B12	41,360	-	-	41,360	29,213
Total assets less current liabilities	B13	41,360	-	-	41,360	29,213
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	41,360	-	-	41,360	29,213
Funds of the Charity						
Endowment funds	B17	-	-	-	-	-
Restricted income funds	B18	-	-	-	-	-
Unrestricted funds	B19	41,360	-	-	41,360	29,213
Revaluation reserve	B20	-	-	-	-	-
Total funds	B21	41,360	-	-	41,360	29,213
Signed by one or two trustees on behalf of all the trustees						
		Signature	Print Name	Date of approval dd/mm/yyyy		
		Rasheed Bhatti	DR RASHID AHMED BHATTI	06/02/2025		

The notes form part of these financial statements

continued...

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

These financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014.

Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

All Assets

No fixed assets are held by the charity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

2 NET GAIN / (DEFICIT)

The net gain / (deficit) is stated after charging:

	2023 £	2022 £
Depreciation - owned assets	-	-
Depreciation - assets on hire purchase contracts	-	-
Directors' emoluments and other benefits etc	-	-

3 FIXED ASSETS

TANGIBLE

	Plant and machinery £	Fitness Equipment £	Property £	Computer equipment £	Total £
COST					
At 01 June 2022	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
At 31 May 2023	-	-	-	-	-
DEPRECIATION					
At 01 June 2022	-	-	-	-	-
Charge for year	-	-	-	-	-
Disposals	-	-	-	-	-
At 31 May 2023	-	-	-	-	-
NET BOOK VALUE					
At 31 May 2023	-	-	-	-	-
At 31 May 2022	-	-	-	-	-

continued...

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MAY 2023

4 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Expenses payable	-	-
Accruals	-	600
Wages payable	-	-
	<hr/>	<hr/>
	-	600

5 RESERVES

	Gain/Deficit For the year £
At 01 June 2022	29,213
Gain / (Deficit) for the year	<hr/> 12,147
At 31 March 2023	<hr/> 41,360

6 TRANSACTIONS WITH TRUSTEES

There are no transactios with the turstees as such are required to be disclosed.

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

**GAIN AND DEFICIT ACCOUNT
FOR THE YEAR ENDED 31 MAY 2023**

	2023		2022	
	£	£	£	£
	Unrestricted Funds	Restricted Funds	Unrestricted Funds	Restricted Funds
Income				
<i>Donations and gifts</i>	29,077	-	17,794	-
<i>Gift Aid</i>	-	-	-	-
<i>Legacies</i>	-	-	-	-
<i>General grants provided by government</i>	-	-	-	-
<i>Others</i>	-	-	-	-
	29,077	-	17,794	-
Internal activity income				
Catering	-	-	-	-
Deposit/Donations	-	-	-	-
Trip	-	-	-	-
Hall hire	-	-	-	-
Others Membership	-	-	-	-
	-	-	-	-
Administrative income/Refund/interest income	14	-	14	-
	14	-	14	-
Total income	29,091	-	17,808	-
Expenditure				
<i>Salary and Related costs</i>	-	-	-	-
<i>Rent & premises expenditure</i>	-	-	-	-
Internal activity expenditure				
Grnats to charities & individuals	16,330	-	14,724	-
-	-	-	-	-
-	-	-	-	-
	16,330	-	14,724	-
Administrative expenditure				
Bank charges	-	-	-	-
Heat & Light	-	-	-	-
Repairs & Renewals	-	-	-	-
Telephone	-	-	-	-
Travel Expenses	-	-	-	-
Funding consultant	-	-	-	-
Insurance	-	-	-	-
Office Costs	-	-	-	-
Accountancy Fees	600	-	600	-
TV Licence	-	-	-	-
Professional & legal costs (DBS Check)	-	-	-	-
Sundry petty cash expenses	-	-	-	-
	600	-	600	-
Depreciation	-	-	-	-
Total expenditure	16,930	-	15,324	-
Excess of Income/ Expenditure over Income Surplus/(Deficit)	12,161	-	2,484	-
Total Surplus / (Deficit) for the year	12,161		2,484	