



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From : **01/06/2020** Period start date To **31/05/2021** Period end date

Charity name: **HEALTH, EDUCATION, LOSS AND POVERTY (HEALTH) TRUST**

Charity registration number: **1148797**

## Objectives and Activities

|  | SORP reference     |   |
|--|--------------------|---|
| Summary of the purposes of the charity as set out in its governing document  | Para 1.17          | The prevention or relief of poverty by providing grants items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty such charitable purposes for the public benefit as are exclusively charitable in accordance with the laws of England and Wales as trustee may from time to time determine. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | The charity only supports the other charities and charitable work through financial grants and help.  |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit   | Para 1.18          | The trustees have had full regard to the guidance issued by the Charity Commission on public benefit.   |

## Additional information (optional)

You may choose to include further statements where relevant about:

|  | SORP reference |  |
|--|----------------|--|
| Policy on grant making   | Para 1.38      |  |
| Policy on social investment including program related investment | Para 1.38      |  |
| Contribution made by volunteers                                  | Para 1.38      |  |

|       |  |  |
|-------|--|--|
|       |  |  |
| Other |  |  |

## Achievements and Performance

|   | SORP reference |   |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <b>The organisation has achieved its aims and objectives by providing continuous and increased financial support to the other charities and individuals. The overall performance of the organisation is satisfactory and is right on track.</b> |

### Additional information (optional)

You may choose to include further statements where relevant about:

|  |           |  |
|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 |  |
| Performance of fundraising activities against objectives set | Para 1.41 |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other  |           |  |

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period              | Para 1.21 | <b>31<sup>st</sup> May 2021</b>   |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | <b>All the reserves are held to further the aims and objectives of the organisation. These reserves will be used to acquire the resources to achieve the purpose of the organisation.</b> |
| Amount of reserves held  | Para 1.22 | <b>£26,729</b>  |
| Reasons for holding zero reserves  | Para 1.22 | <b>n/a</b>  |
| Details of fund materially in deficit  | Para 1.24 | <b>None</b>   |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | <b>None</b>   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 |  |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 |  |
| A description of the principal risks facing the charity                         | Para 1.46 |  |
| Other   |           |  |

## Structure, Governance and Management

|   |           |                             |
|---|-----------|-----------------------------|
| Description of charity's trusts:  |           |                             |
| Type of governing document<br>(trust deed, royal charter)   | Para 1.25 | TRUST DEED DATED 23/04/2012 |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)  | Para 1.25 | <b>Individual Turst</b>     |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <b>As per Trust Deed.</b>   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |  |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 |  |
| Relationship with any related parties   | Para 1.51 |  |
| Other   |           |  |

## Reference and Administrative details

|                             |  |
|-----------------------------|--|
| Charity name                | HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST |
| Other name the charity uses |  |
| Registered charity number   | 1148797  |
| Charity's principal address | 87 HARBORNE ROAD, BIRMINGHAM, B15 3HG            |
|                             |  |

### **Names of the charity trustees who manage the charity**

|    | Trustee name           | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|------------------------|-----------------|-----------------------------------|---|
| 1  | Dr Rashid Ahmed Bhatti | Chair           | Whole year                        |   |
| 2  | Haroon Rashid Bhatti   | Trustee         | Whole year                        |   |
| 3  |                        |                 |                                   |   |
| 4  |                        |                 |                                   |   |
| 5  |                        |                 |                                   |   |
| 6  |                        |                 |                                   |   |
| 7  |                        |                 |                                   |   |
| 8  |                        |                 |                                   |   |
| 9  |                        |                 |                                   |   |
| 10 |                        |                 |                                   |   |
| 11 |                        |                 |                                   |   |
| 12 |                        |                 |                                   |   |
| 13 |                        |                 |                                   |   |
| 14 |                        |                 |                                   |   |
| 15 |                        |                 |                                   |   |
| 16 |                        |                 |                                   |   |
| 17 |                        |                 |                                   |   |
| 18 |                        |                 |                                   |   |
| 19 |                        |                 |                                   |   |
| 20 |                        |                 |                                   |   |

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

|   |  |
|---|--|
| Description of the assets held in this capacity   |  |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects |  |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         |  |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

|  |
|--|
|  |
|--|

## Other optional information

|  |
|--|
|  |
|--|

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|  |                        |  |
|--|------------------------|--|
| Signature(s)                           | <i>Rashid Bhatti</i>   |  |
| Full name(s)                           | DR RASHID AHMED BHATTI |  |
| Position (eg Secretary,<br>Chair, etc) | CHAIR                  |  |
| Date                                   | 13/06/2022             |  |



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

On accounts for the year  
ended

31<sup>ST</sup> MAY 2021

Charity no  
(if any)

1148797

Set out on pages

1 to 8

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [ ] if not applicable.*


I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:



Date:

13/06/2022

Name:

NADEEM UMER

Relevant professional  
qualification(s) or body

AFA ( INSTITUTE OF FINANCIAL ACCOUNTANTS)

(if any):

|  |
|--|
|  |
|--|

Address:

|  |
|--|
| OFFICE 34-9, ALUM ROCK ROADK, BIRMINGHAM |
|  |
|  |

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

|  |
|--|
|  |
|--|

**CHARITY NUMBER:**

**1148797**

**HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST**

**UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MAY 2021**

**HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2021**

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|   | <b>Page</b> |
|---|-------------|
| <b>Association Information</b>                  | 3           |
| <b>Statement of Financial Activities (SOFA)</b> | 4           |
| <b>Balance Sheet</b>                            | 5           |
| <b>Notes to the Financial Statements</b>        | 6 - 8       |

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**HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST**

**ASSOCIATION INFORMATION  
FOR THE YEAR ENDED 31 MAY 2021**

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|                           |  |
|---------------------------|--|
| <b>TRUSTEES</b>           | DR RASHID AHMED BHATTI ( <b>CHAIR</b> )<br>DR HARRON RASHID BHATTI |
| <b>REGISTERED OFFICE:</b> | 87 HARBORNE ROAD<br>BIRMINGHAM<br>B15 3HG                          |
| <b>CHARITY NUMBER:</b>    | 1148797  |
| <b>BANKERS:</b>           | ROYAL BANK OF SCOTLAND   |

# HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MAY 2021

| Section A   |                | Statement of financial activities |                         |                 |             |                  |
|---|----------------|-----------------------------------|-------------------------|-----------------|-------------|------------------|
| Recommended categories by activity  | Guidance Notes | Unrestricted funds                | Restricted income funds | Endowment funds | Total funds | Prior year funds |
|   |                | £                                 | £                       | £               | £           | £                |
|   |                | F01                               | F02                     | F03             | F04         | F05              |
| <b>Incoming resources (Note 3)</b>  |                |                                   |                         |                 |             |                  |
| and   |                |                                   |                         |                 |             |                  |
| Donations and legacies  | S01            | 50,114                            | -                       | -               | 50,114      | 13,503           |
| Charitable activities   | S02            | -                                 | -                       | -               | -           | -                |
| Other trading activities  | S03            | -                                 | -                       | -               | -           | -                |
| Investments   | S04            | -                                 | -                       | -               | -           | -                |
| Separate material item of income  | S05            | -                                 | -                       | -               | -           | -                |
| Other   | S06            | -                                 | -                       | -               | -           | -                |
| <b>Total</b>  | S07            | 50,114                            | -                       | -               | 50,114      | 13,503           |
| <b>Resources expended (Note 6)</b>  |                |                                   |                         |                 |             |                  |
| <b>Expenditure on:</b>  |                |                                   |                         |                 |             |                  |
| Raising funds   | S08            | -                                 | -                       | -               | -           | -                |
| Charitable activities   | S09            | 29,167                            | -                       | -               | 29,167      | 14,140           |
| Separate material item of expense   | S10            | -                                 | -                       | -               | -           | -                |
| Other   | S11            | 104                               | -                       | -               | 104         | -                |
| <b>Total</b>  | S12            | 29,271                            | -                       | -               | 29,271      | 14,140           |
| <b>before investment</b>  | S13            | 20,843                            | -                       | -               | 20,843      | - 637            |
| Net gains/(losses) on investments   | S14            | -                                 | -                       | -               | -           | -                |
| <b>Net income/(expenditure)</b>   | S15            | 20,843                            | -                       | -               | 20,843      | - 637            |
| <b>Extraordinary items</b>  | S16            | -                                 | -                       | -               | -           | -                |
| <b>Transfers between funds</b>  | S17            | -                                 | -                       | -               | -           | -                |
| <b>Other recognised gains/(losses):</b>                                   |                |                                   |                         |                 |             |                  |
| Gains and losses on revaluation of fixed assets for the charity's own use | S18            | -                                 | -                       | -               | -           | -                |
| Other gains/(losses)  | S19            | -                                 | -                       | -               | -           | -                |
| <b>Net movement in funds</b>  | S20            | 20,843                            | -                       | -               | 20,843      | - 637            |
| <b>Reconciliation of funds:</b>   |                |                                   |                         |                 |             |                  |
| Total funds brought forward   | S21            | 5,886                             | -                       | -               | 5,886       | 6,523            |
| <b>Total funds carried forward</b>  | S22            | 26,729                            | -                       | -               | 26,729      | 5,886            |

The notes form part of these financial statements

## HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

BALANCE SHEET  
AS AT 31 MARCH 2021**Section B Balance sheet**

|  | Guidance Notes | Unrestricted funds | Restricted income funds | Endowment funds | Total this year | Total last year |
|--|----------------|--------------------|-------------------------|-----------------|-----------------|-----------------|
|  |                | £                  | £                       | £               | £               | £               |
|  |                | F01                | F02                     | F03             | F04             | F05             |
| <b>Fixed assets</b>                          |                |                    |                         |                 |                 |                 |
| Intangible assets                            | B01            | -                  | -                       | -               | -               | -               |
| Tangible assets                              | B02            | -                  | -                       | -               | -               | -               |
| Heritage assets                              | B03            | -                  | -                       | -               | -               | -               |
| Investments                                  | B04            | -                  | -                       | -               | -               | -               |
| <b>Total fixed assets</b>                    | B05            | -                  | -                       | -               | -               | -               |
| <b>Current assets</b>                        |                |                    |                         |                 |                 |                 |
| Stocks                                       | B06            | -                  | -                       | -               | -               | -               |
| Debtors                                      | B07            | -                  | -                       | -               | -               | -               |
| Investments                                  | B08            | -                  | -                       | -               | -               | -               |
| Cash at bank and in hand                     | B09            | 26,729             | -                       | -               | 26,729          | 5,886           |
| <b>Total current assets</b>                  | B10            | 26,729             | -                       | -               | 26,729          | 5,886           |
| <b>ors:</b>                                  | B11            | -                  | -                       | -               | -               | -               |
| <b>Net current assets/(liabilities)</b>      | B12            | 26,729             | -                       | -               | 26,729          | 5,886           |
| <b>Total assets less current liabilities</b> | B13            | 26,729             | -                       | -               | 26,729          | 5,886           |
| <b>Creditors: amounts falling</b>            | B14            | -                  | -                       | -               | -               | -               |
| <b>Provisions for liabilities</b>            | B15            | -                  | -                       | -               | -               | -               |
| <b>Total net assets or liabilities</b>       | B16            | 26,729             | -                       | -               | 26,729          | 5,886           |
| <b>Funds of the Charity</b>                  |                |                    |                         |                 |                 |                 |
| Endowment funds                              | B17            | -                  |                         |                 | -               | -               |
| Restricted income funds                      | B18            |                    | -                       |                 | -               | -               |
| Unrestricted funds                           | B19            | 26,729             |                         | -               | 26,729          | 5,886           |
| Revaluation reserve                          | B20            |                    |                         |                 | -               |                 |
| <b>Total funds</b>                           | B21            | 26,729             | -                       | -               | 26,729          | 5,886           |

Signed by one or two trustees on behalf of all the trustees

| Signature            | Print Name             | Date of approval<br>dd/mm/yyyy |
|----------------------|------------------------|--------------------------------|
| <i>Rashid Bhatti</i> | DR RASHID AHMED BHATTI | 13/06/2022                     |
|                      |                        |                                |

The notes form part of these financial statements

continued...

# HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

### 1 ACCOUNTING POLICIES

#### Accounting convention

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

These financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014.

#### Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

All Assets

No fixed assets are held by the charity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

### 2 NET GAIN / (DEFICIT)

The net gain / (deficit) is stated after charging:

|  | 2021<br>£ | 2020<br>£ |
|--|-----------|-----------|
| Depreciation - owned assets                      | -         | -         |
| Depreciation - assets on hire purchase contracts | -         | -         |
| Directors' emoluments and other benefits etc     | -         | -         |

### 3 FIXED ASSETS

#### TANGIBLE

|                       | Plant and<br>machinery<br>£ | Fitness<br>Equipment<br>£ | Property<br>£ | Computer<br>equipment<br>£ | Total<br>£ |
|-----------------------|-----------------------------|---------------------------|---------------|----------------------------|------------|
| <b>COST</b>           |                             |                           |               |                            |            |
| At 01 June 2020       | -                           | -                         | -             | -                          | -          |
| Additions             | -                           | -                         | -             | -                          | -          |
| Disposals             | -                           | -                         | -             | -                          | -          |
| At 31 May 2021        | -                           | -                         | -             | -                          | -          |
| <b>DEPRECIATION</b>   |                             |                           |               |                            |            |
| At 01 June 2020       | -                           | -                         | -             | -                          | -          |
| Charge for year       | -                           | -                         | -             | -                          | -          |
| Disposals             | -                           | -                         | -             | -                          | -          |
| At 31 May 2021        | -                           | -                         | -             | -                          | -          |
| <b>NET BOOK VALUE</b> |                             |                           |               |                            |            |
| At 31 May 2021        | -                           | -                         | -             | -                          | -          |
| At 31 May 2020        | -                           | -                         | -             | -                          | -          |

continued...

HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MAY 2021

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**4 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                  | 2021<br>£ | 2020<br>£ |
|------------------|-----------|-----------|
| Expenses payable | -         | -         |
| Accruals         | -         | -         |
| Wages payable    | -         | -         |
|                  | <hr/>     | <hr/>     |
|                  | -         | -         |
|                  | <hr/>     | <hr/>     |

**5 RESERVES**

|                               |                                   |
|-------------------------------|-----------------------------------|
|                               | Gain/Deficit<br>For the year<br>£ |
| At 01 June 2020               | 5,886                             |
| Gain / (Deficit) for the year | <hr/> 20,843                      |
| At 31 March 2021              | <hr/> 26,729                      |

**6 TRANSACTIONS WITH TRUSTEES**

There are no transactios with the turstees as such are required to be disclosed.

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**HEALTH, EDUCATION, LOSS AND POVERTY (HELP) TRUST**

**GAIN AND DEFICIT ACCOUNT  
FOR THE YEAR ENDED 31 MAY 2021**

|  | <b>2021</b>                   |                             | <b>2020</b>                   |                             |
|--|-------------------------------|-----------------------------|-------------------------------|-----------------------------|
|  | £                             | £                           | £                             | £                           |
|  | <b>Unrestricted<br/>Funds</b> | <b>Restricted<br/>Funds</b> | <b>Unrestricted<br/>Funds</b> | <b>Restricted<br/>Funds</b> |
| <b>Income</b>  |                               |                             |                               |                             |
| <i>Donations and gifts</i>   | 50,114                        | -                           | 13,503                        | -                           |
| <i>Gift Aid</i>  | -                             | -                           | -                             | -                           |
| <i>Legacies</i>  | -                             | -                           | -                             | -                           |
| <i>General grants provided by government</i>                       | -                             | -                           | -                             | -                           |
| <i>Others</i>  | -                             | -                           | -                             | -                           |
|  | <b>50,114</b>                 | <b>-</b>                    | <b>13,503</b>                 | <b>-</b>                    |
| <i>Internal activity income</i>                                    |                               |                             |                               |                             |
| Catering   | -                             | -                           | -                             | -                           |
| Deposit/Donations  | -                             | -                           | -                             | -                           |
| Trip   | -                             | -                           | -                             | -                           |
| Hall hire  | -                             | -                           | -                             | -                           |
| Others      Membership   | -                             | -                           | -                             | -                           |
|  | <b>-</b>                      | <b>-</b>                    | <b>-</b>                      | <b>-</b>                    |
| <i>Administrative income/Refund</i>                                | -                             | -                           | -                             | -                           |
|  | <b>-</b>                      | <b>-</b>                    | <b>-</b>                      | <b>-</b>                    |
| <b>Total income</b>  | <b>50,114</b>                 | <b>-</b>                    | <b>13,503</b>                 | <b>-</b>                    |
| <b>Expenditure</b>   |                               |                             |                               |                             |
| <i>Salary and Related costs</i>                                    | -                             | -                           | -                             | -                           |
| <i>Rent &amp; premises expenditure</i>                             | -                             | -                           | -                             | -                           |
| <i>Internal activity expenditure</i>                               |                               |                             |                               |                             |
| Grants to charities & individuals                                  | 29,167                        | -                           | 14,140                        | -                           |
| -  | -                             | -                           | -                             | -                           |
| -  | -                             | -                           | -                             | -                           |
|  | <b>29,167</b>                 | <b>-</b>                    | <b>14,140</b>                 | <b>-</b>                    |
| <i>Administrative expenditure</i>                                  |                               |                             |                               |                             |
| Bank charges   | 104                           | -                           | -                             | -                           |
| Heat & Light   | -                             | -                           | -                             | -                           |
| Repairs & Renewals   | -                             | -                           | -                             | -                           |
| Telephone  | -                             | -                           | -                             | -                           |
| Travel Expenses  | -                             | -                           | -                             | -                           |
| Funding consultant   | -                             | -                           | -                             | -                           |
| Insurance  | -                             | -                           | -                             | -                           |
| Office Costs   | -                             | -                           | -                             | -                           |
| Accountancy Fees   | -                             | -                           | -                             | -                           |
| TV Licence   | -                             | -                           | -                             | -                           |
| Professional & legal costs (DBS Check)                             | -                             | -                           | -                             | -                           |
| Sundry petty cash expenses   | -                             | -                           | -                             | -                           |
|  | <b>104</b>                    | <b>-</b>                    | <b>-</b>                      | <b>-</b>                    |
| <i>Depreciation</i>  | -                             | -                           | -                             | -                           |
| <b>Total expenditure</b>   | <b>29,271</b>                 | <b>-</b>                    | <b>14,140</b>                 | <b>-</b>                    |
| <b>Excess of Income/ Expenditure over Income Surplus/(Deficit)</b> | <b>20,843</b>                 | <b>-</b>                    | <b>(637)</b>                  | <b>-</b>                    |
| <b>Total Surplus / (Deficit) for the year</b>                      | <b>20,843</b>                 |                             | <b>(637)</b>                  |                             |