

ONE CAN TRUST

England & Wales · Charity number 1148626

Details

Status Registered

Legal form Charitable company

Company number [08137465](#)

Registered 2012-08-17

Register [View on the Charity Commission register](#)

Contact

Address One Can Trust
11b Duke Street
High Wycombe
Buckinghamshire
HP13 6EE

Phone 01494512277

Email office@onecantrust.org.uk

Website www.onecantrust.org.uk

Activities

Objects: THE RELIEF OF FINANCIAL HARDSHIP AMONG PEOPLE LIVING OR WORKING IN BUCKINGHAMSHIRE AND SURROUNDING AREAS BY PROVIDING SUCH PERSONS WITH GOODS OR SERVICES WHICH THEY COULD NOT OTHERWISE AFFORD THROUGH LACK OF MEANS

Activities: A community based charity established to help communities help themselves

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Buckinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£653,091	£706,800	£731,709	11
2024-03-31	£613,238	£420,809	£785,418	10
2023-09-01	£624,023	£592,707	£617,767	9
2022-09-01	£439,367	£379,285	-	-
2021-09-01	£469,700	£255,788	-	-

Trustees

Name	Role	Appointed
Kerri Byrne	Chair	2023-05-16
Caroline Rachael Ko		2025-09-16
Elizabeth Smith		2025-02-06
Jacqueline Neilson Fromberg		2023-07-11
Richard James Louis Mead		2025-08-22
Robert Taylor		2025-05-05
Russell Down		2024-03-19
Ruth Alison Lethem		2023-09-05
Sarah Ann Frost		2024-11-18
Sarfaraz Khan Raja		2023-01-17

ONE CAN TRUST

England & Wales - Charity number 1148626

Accounts

Registered Charity Number : 1148626
Registered Company Number : 08137465

ONE CAN TRUST LTD
(a company limited by guarantee)

FINANCIAL
STATEMENTS FOR THE
YEAR ENDED
31 March 2025

ONE CAN TRUST LTD

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ONE CAN TRUST LTD

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 March 2025

Trustees

Kerri Byrne- Chair
Russell Down- Treasurer (appointed 19th April 2024)
Christopher Wardle- Secretary (resigned 6th January 2025)
Ruth Lethem
Gillian Harding (resigned 23rd August 2025)
Graham Peart (resigned 12th November 2024)
Katie Brewster (resigned 21st January 2025)
Andy Ford (resigned 15th July 2025)
Jacqueline Fromberg
Gareth Pugh (resigned 12th November 2024)
Sarfaraz Raja
Sarah Frost (appointed 18th November 2024)
Elizabeth Smith (appointed 6th February 2025)
Sonya Batchelor (appointed 27th March 2025; resigned 21st May 2025)
Jack Cooper (appointed 15th July 2025)
Richard Mead (appointed 22nd August 2025)
Caroline Ko - Secretary (appointed 16th September 2025)

Charity Number	1148626
Company Number	08137465
Registered Office	11b Duke Street High Wycombe HP13 6EE
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling ME19 4JQ
Independent Examiner	Saffery LLP St John Court Easton Street High Wycombe HP11 1JX

ONE CAN TRUST LTD

Trustees Report

FOR THE YEAR ENDED 31 March 2025

Introduction from the Chair of Trustees

As Chair of Trustees, it gives me great pleasure to present this year's Annual Report—a reflection of an extraordinary year of compassion, resilience, and community spirit. Our charity exists to provide practical support to those facing hardship, and by doing so to nurture a sense of belonging and hope.

Over the past year, we have continued to deliver vital services including the provision of nutritionally balanced food parcels, school meals for children, and hands-on cookery lessons that teach families to cook healthy meals with confidence. The children's clothing bank has supported even more families, and we have now started a new adult clothes bank, and a homework club in partnership with Hills Cafe. Our parent and toddler groups continue to provide support to vulnerable families. We also trialled a new project - an antenatal group for expectant mothers who cannot afford commercially available classes but still need access to advice and to develop supportive peer relationships. These programmes have become lifelines for many, and each one is a testament to what is possible when a community comes together with generosity and purpose.

Our achievements would not have been possible without the tireless efforts of our strong team of volunteers and dedicated staff members. Whether supporting supermarket food drives, packing food parcels, delivering food parcels, calling clients to offer support, collecting and sorting clothes, applying for grants to support a family, or doing one of the many other critical roles, their impact reaches far beyond what can be captured in numbers alone.

With the consolidation and expansion of Community Services, we have intentionally chosen to access our positive cash position to support the number of new projects we have established and therefore there has been increased expenditure in the past year. This additional cost was made possible with the level of reserves held and the trustees felt that a greater proportion of our funds should be used for charitable purposes in this year and the next. The trustees will continue to monitor the charity's finances to ensure a sustainable long-term model for the charity. We sincerely appreciate all the grants and donations from supporters, individuals, donors and organisations that have made our work possible.

This year we have begun work on developing a strategy for the future, by actively seeking the views of clients, staff and stakeholders, that will enable us to ensure we continue to reach people experiencing hardship and provide the right services to support them. We look forward to finalising our new strategy during 2025 and the all the exciting opportunities for development that lie ahead.

With gratitude,
Kerri Byrne, Chair of Trustees

Financial report

This report covers the year ended 31 March 2025, with comparative numbers for the 7 month period from 1 September 2023 to 31 March 2024.

The Trust budgeted to run a deficit during the year in light of the expansion of existing activities and new initiatives. The actual deficit of £54k was in line with the Trustees' forecast.

The key activities remain the Food Bank, Community Support activities, the School Meals programme and Food Programmes, including initiatives such as Cookery classes.

Income generated was £653k reflecting grant funding and donations from companies, individuals, churches and the local community. This was only slightly higher than for the comparative 7 month period (£613k) reflecting the more challenging fundraising environment. Grants were received during the year from Rothschilds, Mint Velvet, King Collimore Trust and Bucks Council. The one-off nature of Grant income during the year, and the more challenging environment is reflected in the current year's forecast which indicates that cash reserves will further decline over the next 12 months.

Outgoings were £707k for the year (2024 (7 months): £421k). The most significant costs relate to salaries, food purchases and rent.

Whilst costs were in line with the prior period, the lower level of income secured has resulted in the Trust reporting a deficit for the year of £54k.

Bank Balances at the year-end amounted to £739k, including restricted funds of £158k, principally in relation to the school meals project. The Trustees recognise the strong balance sheet and cash position of the charity and are undertaking a strategy review to set the Trust's future direction.

ONE CAN TRUST LTD

Trustees Report

FOR THE YEAR ENDED 31 March 2025

There are three designated reserves that are intended to ensure there are sufficient funds available to meet risks and future challenges. £80k has been set aside to meet any potential costs of having to close down the Charity, and a further £30k is earmarked to meet costs associated with potentially moving to new premises. A further £50k is earmarked for developing new services in our Community Support and Cookery programmes.

Objectives and Activities

Our Charitable Object is the relief of financial hardship among people living or working in the south of Buckinghamshire and surrounding areas by providing food parcels or services which they could not otherwise afford through lack of means.

Our Vision is to be here in South Bucks to help anyone in our local communities who is desperate with hunger, for as long as there is a need.

Our Mission is to bring together everyone who can contribute to the running of our food bank and other relevant services, and provide the organisation and fundraising that is necessary to provide food parcels and support to anyone in crisis.

How We Benefit the Public

Our trustees have taken into account their duty under section 4 of the Charities Act 2011 and their obligations with regard to Charity Commission guidance on public benefit when planning our activities.

The direct public benefit that comes from our activities is the relief of hunger within households living in poverty. We also provide additional relief through our Food Programmes and support households in overcoming the causes of their poverty through our Community Support Programme and Food Programmes.

Our Values

We operate with openness and integrity – in all our actions we will operate openly and transparently, sharing the reasons behind any decisions we make and how these will progress the delivery of the vision. We value everybody in our community equally, and strive to maximise the positive impact we can have without regard to any individual's background.

We are inspired by our volunteers – in this we can ensure that all who work with us are united in delivering our vision for the greater good of our community.

We are led by and support our community – our initiatives are driven bottom up, deriving their strength from the community they serve, with our actions guided and focussed by the wishes of the community.

We strive for excellence – we aspire to deliver all we do to the highest possible standard and in this, inspire those living in poverty to strive to achieve their full potential.

We recognise the value of the individual and the power of community – in humbling ourselves to a common purpose we can each contribute to something far beyond the reach of any one of us, strengthened by our collective values and supporting one another as we need it.

The Board

One Can Trust Ltd (OCT) is a company limited by guarantee and a charity registered with the Charity Commission. OCT is controlled by its governing document, the Articles of Association. The charity is controlled by its governing document, the Trust Deed.

The governing document of the company allows a minimum of 3 directors and a maximum of 15 directors. All directors of the company are also trustees of the charity.

ONE CAN TRUST LTD

Trustees Report

FOR THE YEAR ENDED 31 March 2025

New trustees are appointed by the existing trustees after a formal recruitment process including eligibility checks and interviews with the board followed by a vote and can serve for a maximum of 9 years. The charity regularly conducts a review of the skills and experience of trustees to ensure they are commensurate with the risks and areas of operation of the charity. Our recruitment decisions are informed by that skills and experience review. New trustees are inducted into the business through a programme of engagement with serving trustees, our three managers and relevant external stakeholders. Many of our trustees also serve as volunteers.

Trustees are required to declare any competing or conflicting interests at the commencement of each Board meeting and they are permanently recorded. When a conflict arises, trustees absent themselves from any discussion and decision making.

Trustees give of their time freely and no remuneration is made.

Role of the Board

At their bimonthly meetings, the trustees agree the broad areas of strategy and activity. They scrutinise performance against targets, our financial position, donor relations, HR matters, health and safety, risk, policies, procedures and other governance matters.

The day-to-day running of these matters is delegated to our three salaried managers, each of whom has specific responsibility for an area of operation. Jo Belshaw is the manager for our Food Bank Operations. Cara Nightingale is our Food Programmes Manager and Kim Starkey runs our Community Support Programme. Each of these reports monthly to the relevant Committee of trustees as set out below. In addition, they provide detailed reports to the bi-monthly meetings of our Board. Each Manager has a range of clearly defined delegated responsibilities, including for some areas of expenditure, but all significant and strategic decisions remain the preserve of the Board.

In addition, we have three Committees consisting of a number of trustees who meet monthly to review aspects of our operation in more detail. These Committees do not have delegated responsibility for decision-making on significant matters which rests exclusively with the Board as a whole.

The Risk and Resources Committee reviews overarching risks facing our organisation and monitors measures to mitigate those risks. It also reviews financial performance, and HR and IT matters before they are considered by the Board.

The Food Bank Operations Committee reviews all operational aspects associated with our food bank service. The Community Support and Food Programmes Committee reviews performance across the two programmes and considers business cases for developing services, prior to formal approval at the Board. Each trustee is required to be a member of at least one Committee but no more than two.

Staff Remuneration

The Board alone makes decisions concerning the remuneration of our staff. One of the trustees has designated responsibility for keeping remuneration arrangements under review and making recommendations to the Board. Those recommendations take account of a number of factors including market conditions, inflation and the remuneration of other similar local charities.

Membership of National Bodies

The charity is a member of the Independent Food Aid Network that represents around 900 independent food banks and collates anonymised data for all to use. We are also supporters of Feeding Britain which is a campaigning charity that tackles food poverty.

The charity is registered with the Information Commissioner's Office as a Data Controller.

ONE CAN TRUST LTD

Trustees Report

FOR THE YEAR ENDED 31 March 2025

Risk Management

The trustees have a robust risk policy in place. The Food Bank Operations Committee and the Community Support and Food Programmes Committee each identify and monitor operational risks relating to their respective parts of our business. The Risk and Resources Committee identifies and monitors operational risks relating to finance, HR and IT as well as overarching organisational risks. Each Committee reports in turn to the Board.

For the reporting year, the risks identified primarily focused on the impact of the cost-of-living crisis and the sharp rise in the number of people being referred to the food bank for support. We also identified and monitored risks associated with the introduction of new services as part of our Community Support Programme and Food Programmes.

Relationships with related parties

One Can Trust Ltd is the sole member of Open House Micklefield CIC, the organisation that operates Hills Café in High Wycombe. As such Open House Micklefield CIC is a wholly owned subsidiary of One Can Trust Ltd.

Open House Micklefield CIC has its own Board of Directors and seeks to operate at arm's length from One Can Trust Ltd. There are intra company group services and loan agreements in place between the two companies to govern the commercial relationship between them.

One Can Trust Ltd has no other subsidiaries or relationships with other charities or organisations beyond conventional trading relationships with suppliers of good and services.

Trustees' responsibilities in relation to the financial statements

Company law requires the Trustees to prepare financial statements, which give a true and fair view of the state of affairs of the entity at the end of the financial year and of its surplus or deficit for the year then ended. In so doing, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the entity will continue in the foreseeable future.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

Small company exemption

The Trustees' Report has been prepared in accordance with the small companies' regime under Part 15 of the Companies Act 2006.

By order of the Trustees
Russell Down
Treasurer
Date:


18/11/25

ONE CAN TRUST LTD

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 March 2025

I report to the trustees on my examination of the accounts of One Can Trust Ltd ("the Company") for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Basis of independent examiner's report

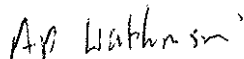
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's report

The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants. I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Watkinson FCCA

Saffery LLP
St John's Court, Easton Street
High Wycombe
Buckinghamshire
HP11 1JX

Date: 20.11.2025

ONE CAN TRUST LTD

STATEMENT OF FINANCIAL ACTIVITIES (including income and expenditure account)

FOR THE YEAR ENDED 31 March 2025

	Notes	Unrestricted Funds	Restricted Funds	Total Funds Year ended 31/03/2025	Total Funds 7 months ended 31/03/2024
Incoming resources					
Donations and legacies	2	336,736	295,336	632,072	605,472
Investments	3	14,337	-	14,337	7,766
Other	4	6,682	-	6,682	-
Total		357,755	295,336	653,091	613,238
Expenditure on					
Raising funds	5	116,799	4,077	120,876	112,281
Charitable activities	6	315,643	270,281	585,924	308,528
Total		432,442	274,358	706,800	420,809
Net income/(expenditure)		(74,687)	20,978	(53,709)	192,429
Reconciliation of Funds					
Total funds brought forward		586,452	198,966	785,418	592,989
Transfers between funds		62,066	(62,066)	-	-
Total funds carried forward		573,831	157,878	731,709	785,418

ONE CAN TRUST LTD

BALANCE SHEET

FOR THE YEAR ENDED 31 March 2025

	Notes	Unrestricted funds	Restricted Funds	Total Funds 2025	Total Funds 2024
FIXED ASSETS					
Tangible assets	10	15,291	-	15,291	-
		15,291	-	15,291	-
CURRENT ASSETS					
Debtors	11	25,768	-	25,768	3,000
Cash at bank and in hand		581,037	157,878	738,915	788,451
		622,096	157,878	764,683	79,451
CREDITORS					
Amounts falling due within one year		(48,265)	-	(48,265)	(6,033)
NET CURRENT ASSETS		558,540	157,878	716,418	785,418
TOTAL ASSETS LESS CURRENT LIABILITIES		573,831	157,878	731,709	785,418
NET ASSETS		573,831	157,878	731,709	785,418

Represented by:

FUNDS

Unrestricted funds	573,831	586,452
Restricted funds	157,878	198,966
TOTAL FUNDS	731,709	785,418

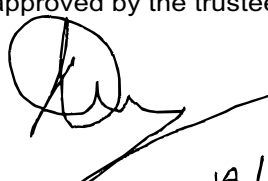
The accounting policies and notes on pages 10 – 18 form part of these financial statements.

For the financial year ended 31 March 2025 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The Trustee Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and 387 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company at the end of the financial year end and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The financial statements were approved by the trustees on 18/11/25 and signed on its behalf by:

Russell Down
Treasurer
Date :



18/11/25

Company number: 08137465
Charity number: 1148626

ONE CAN TRUST LTD

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	(29,148)	170,684
Cash flows from investing activities		
Purchase of tangible assets	(20,388)	-
Net cash provided by(used in) investing activities	(20,388)	-
Change in cash and cash equivalents in the reporting period	(49,536)	170,684
Cash and cash equivalents at the beginning of the reporting period	788,451	617,767
Cash and cash equivalents at the end of the reporting period	738,915	788,451
Reconciliation of net income/(expenditure) to cash flows from operating activities	2025 £	2024 £
Net income/(expenditure) for the reporting period	(53,709)	192,429
Adjustments for:		
Depreciation	5,097	-
(Increase)/Decrease in debtors	(22,768)	(3,000)
Increase/(Decrease) in creditors	42,232	(18,746)
Net cash provided by (used in) operating activities	(29,148)	170,684

The net debt is made up entirely by the cash balance outlined above, and all movements in the year were cash flow changes.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

I. Accounting Policies

I.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

I.2 Basis of preparation

These accounts have been prepared under the historical cost convention.

These accounts have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling which is the functional currency of the Charity. Monetary amounts are rounded to the nearest pound.

The financial statements have been prepared for a year and the comparatives for a period other than a year, therefore the amounts are not directly comparable.

I.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

I.4 Income from donations or grants

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing. If a donation or grant contains terms and conditions outside of the charity's control which must be met before the charity is entitled to the funds, or if the donor specifies that the funds must be used in future time periods, then the income is deferred.

There is no monetary value put on donated goods received.

I.5 Income from charitable activities

Income from charitable activities is recognised over the period to which the income relates. Any amounts relating to future periods are deferred.

I.6 Investment income

Interest received is recognised when it is received in the relevant bank account.

I.7 Expenditure

Expenditure is recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably. It is inclusive of VAT which cannot be recovered.

Direct costs are those costs which directly attribute to its activities. Wages and salaries are allocated to direct costs based on an estimate of time spent on charitable activities by staff members.

Support costs include staff costs and are those which do not produce a direct output. Staff costs relate to specific activities and this is reflected in the allocation of payroll costs based on the percentage of time spent.

All costs, including governance costs, are allocated between the expenditure categories of the charity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are charged directly; others are apportioned on an appropriate basis.

Support costs and overheads have been calculated by allocating staff time to the level of involvement in the various activities of the Charity.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1.8 Pensions

The Charity makes contributions to defined contribution pension schemes through auto enrolment. These contributions are charged to the income and expenditure account in the year in which they become payable

1.9 Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset over its estimated useful life, as follows:

Motor vehicles – 25% straight line

Individual fixed assets costing more than £1,000 are capitalised at cost.

1.10 Taxation

The One Can Trust is a registered charity and is thus exempt from tax on income and gains, therefore no tax charges have arisen during the year ended March 2025 or in the prior period.

1.11 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.12 Fund accounting

Unrestricted funds are those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

1.13 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

1.14 Financial instruments

The Charity has applied the provisions of section 11 "Basic Financial Instruments" and Section 12 "Other Financial Instrument Issues" of FRS 102 to its financial statements.

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

1.15 Leasing and Hire Purchase Contracts

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership with the lessor are charged against profits on a straight line basis over the period of the lease.

ONE CAN TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

2. Income from Donations and Legacies

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Church donations	15,205	-	15,205	9,754	-	9,754
Community Groups	25,135	-	25,135	16,307	-	16,307
Company Donations	79,839	20,000	99,839	10,941	68,525	79,466
General grants provided by Government/other charities	17,000	275,336	292,336	-	292,475	292,475
Individual donations	117,822	-	117,822	101,993	-	101,993
Local Giving/Stewardship	78,319	-	78,319	101,181	-	101,181
School donations	3,416	-	3,416	4,296	-	4,296
Total	336,736	295,336	632,072	244,472	361,000	605,472

3. Income from Investments

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Interest income	14,337	-	14,337	7,766	-	7,766
Total	14,337	-	14,337	7,766	-	7,766

4. Other Income

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Other income (Note 15)	6,682	-	6,682	-	-	-
Total	6,682	-	6,682	-	-	-

5. Expenditure on Raising Funds

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Support Costs	116,799	4,077	120,876	109,419	2,862	112,281
Total	116,799	4,077	120,876	109,419	2,862	112,281

ONE CAN TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

6. Expenditure on Charitable Activities

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Food Purchases and bags	-	104,829	104,829	-	110,414	110,414
Cookery project	-	16,407	16,407	-	3,607	3,607
Cost of services	-	81,390	81,390	-	-	-
Printing and stationery	5,309	-	5,309	-	-	-
Community support programme	-	-	-	1,373	2,862	4,235
School Meals	-	-	-	1,489	4,922	6,411
Legal/professional fees	14,593	-	14,593	5,530	-	5,530
Wages & salaries	178,942	63,577	242,519	-	66,051	66,051
Support Costs (Note 7)	116,799	4,078	120,877	109,418	2,862	112,280
Total	315,643	270,281	585,924	117,810	190,718	308,528

ONE CAN TRUST LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

7. Support Costs

Analysis	Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 7 mths 2024
	£	£	£	£	£	£
Rates	3,673	-	3,673	-	-	-
Buildings and premises	8,834	-	8,834	31,582	-	31,582
Furniture and equipment	389	-	389	2,933	-	2,933
Other support costs	1,199	-	1,199	2,854	-	2,854
Vehicle running costs	4,171	6,000	10,171	1,241	-	1,241
Travel and delivery	5,673	-	5,673	3,885	-	3,885
Rent	25,381	2,155	27,536	3,500	-	3,500
Service charge	7,919	-	7,919	27,304	-	27,304
Electricity	10,242	-	10,242	5,778	-	5,778
Insurance	1,792	-	1,792	639	-	639
Telephone	4,275	-	4,275	2,112	-	2,112
Cleaning and safety	8,156	-	8,156	4,848	-	4,848
Publicity and communications	5,737	-	5,737	2,549	-	2,549
Training	3,402	-	3,402	-	-	-
Bank charges	1,147	-	1,147	237	-	237
Miscellaneous	3,453	-	3,453	3,221	-	3,221
Computer costs	11,642	-	11,642	2,533	-	2,533
Wages and salaries	121,416	-	121,416	122,990	5,724	128,714
Printing and stationery	-	-	-	2,521	-	2,521
Depreciation	5,097	-	5,097	-	-	-
Total	233,598	8,155	241,753	218,837	5,724	224,561
Allocated						
Raising funds (note 5)	116,799	4,077	120,876	109,419	2,862	112,281
Charitable activities (note 6)	116,799	4,078	120,877	109,418	2,862	112,280
Total	233,598	8,155	241,753	218,837	5,724	224,561

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

8. Details of certain items of expenditure

	2025	2024
	£	7 mths £
Depreciation	5,097	-
Independent examiner's fee	3,000	3,000
	<u>8,097</u>	<u>3,000</u>

9. Employee's Emoluments**9.1 Staff Costs**

	2025	2024
	£	7 mths £
Salaries and wages	324,232	174,990
Social security costs	11,852	15,123
Pension costs (Defined contribution scheme)	27,851	4,652
Total staff costs	<u>363,935</u>	<u>194,765</u>

In this year and the previous year, no employees received employee benefits of more than £60,000.

9.2 Average head count

In 2025 the average number of employees was 12 (2024: 11)

I 0. Tangible Fixed Assets

	Motor vehicles
	£
Cost	
Additions	<u>20,388</u>
Depreciation	
Charge for the year	<u>5,097</u>
Net Book Value	
At 31 st March 2025	<u><u>15,291</u></u>
At 31 st March 2024	<u><u>-</u></u>

I 1. Debtors: Amounts falling due within one year

	Total funds 2025	Total funds 2024
	£	£
Other debtors	8,752	3,000
Prepayments & accrued income	<u>17,016</u>	<u>-</u>
Total	<u><u>25,768</u></u>	<u><u>3,000</u></u>

Other debtors represents the amount owed by Open House Micklefied CIC, a subsidiary company incorporated in England & Wales.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

I2. Creditors: Amounts falling due within one year

	Total funds 2025	Total funds 2024
	£	£
Trade creditors	27,892	-
Accruals and deferred income	8,739	4,304
Taxation and social security	9,649	-
Other creditors	1,985	1,728
	<u>48,265</u>	<u>6,033</u>

I3. Charity funds**I3.1 Details of material funds held and movements during the CURRENT reporting period**

Fund names	Fund Balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
Unrestricted funds	586,452	357,755	(432,442)	62,066	-	573,831
Restricted funds	198,966	295,336	(274,358)	(62,066)	-	157,878
Total	785,418	653,091	(706,800)	-	-	731,709

Transfers relate to grants received shown in income which were utilised for the purchase of a motor vehicle during the year (£20,000) see note 10, and amounts held as restricted funds at the prior period end which have been reclassified as unrestricted following a subsequent review (£42,066).

I3.2 Details of material funds held and movements during the PREVIOUS 7 month reporting period

Fund names	Fund Balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
Unrestricted funds	564,305	252,238	(230,091)	-	-	586,452
Restricted funds	28,684	361,000	(190,718)	-	-	198,966
Total	592,989	613,238	(420,809)	-	-	785,418

I 4. Transactions with trustees and related parties

I 4.1 Trustee remuneration and benefits

None of the trustees received any remuneration in either the current year or previous period.

I 4.2 Trustees' expenses

None of the trustees had any expenses reimbursed in either the current year or previous period.

I 4.3 Transactions with related parties

The Board of One Can Trust has approved a "draw down" loan facility for Open House Micklefield CIC up to a capped value of £10,000.

I 5. Additional Disclosures

None of the trustees had any expenses reimbursed in either the current year or previous period. On 18 August 2023, Open House Micklefield CIC, a company registered in England and Wales, became a wholly owned subsidiary of One Can Trust Limited on the basis of control. The company has no share capital and is supported in its day to day operations by the One can Trust. This company operates the Hills Café, which functions as a not for profit community café.

At 31 March 2025, the deficit for the year of Open House Micklefield CIC amounted to £(9,679) (2024: £(5,376)).

During the year ended 31 March 2025, One Can Trust made loans to Open House Micklefield CIC amounting to £2,539 and made payments to staff and suppliers amounting to £4,631. At the end of the year, Open House Micklefield CIC owed Once Can Trust £8,752 (2024: £3,000).

During the year ended 31st March 2025, Open House Micklefield CIC paid One Can Trust £6,682 to cover the salary costs of One Can Trust staff working on behalf of Open House Micklefield. This figure is included in Other Income.

I 6. Contingent liabilities

At the year end there were no contingent liabilities (2024: £12,500).

I 7. Capital commitment

At the end of the year there were no capital commitments (2024: £20,338).

I 8. Company limited by guarantee

One Can Trust is a company limited by guarantee. As such, the company does not have any share capital. Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

ONE CAN TRUST

England & Wales - Charity number 1148626

Accounts

Registered Charity Number :- 1148626
Registered Company Number :- 08137465

ONE CAN TRUST LTD
(a company limited by guarantee)
FINANCIAL STATEMENTS

FOR THE PERIOD ENDED
31 March 2024

One Can Trust Ltd
11b Duke Street
High Wycombe
HP13 6EE

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FOR THE PERIOD ENDED 31 March 2024

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REFERENCE AND ADMINISTRATIVE INFORMATION

FOR THE PERIOD ENDED 31 March 2024

Reference and Administrative Information

One Can Trust – Trustee Directors

The Trustees, who are also Directors for the purposes of company law, and who served during the period and up to the date of signature of the financial statements were:

Andy Ford	–	Chair
Kate Brewster		
Kerri Byrne		
Russell Down	–	Appointed 19 April 2024
Jacqui Fromberg		
Gillian Harding	–	Appointed 1 June 2024
Philip Hynard	–	Resigned 31 January 2024
Ruth Letham	–	Appointed 5 September 2023
Peggy Peckham	–	Resigned 9 October 2023
Graham Peart		
Gareth Pugh	–	Treasurer
Sarfaraz Khan Raja		
Chris Wardle	–	Secretary

Operations Managers

Jo Belshaw	–	Food Bank
Cara Nightingale	–	Food Programmes
Kim Starkey	–	Community Support Programme

Registered and Office Address	–	11b Duke Street High Wycombe Buckinghamshire HP13 6EE
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Charity No.	–	1148626 (Established in 2011)
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ONE CAN TRUST LTD

REFERENCE AND ADMINISTRATIVE INFORMATION

FOR THE PERIOD ENDED 31 March 2024

Company No.	—	8137465 (Registered in England and Wales)
Bankers	—	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Independent Examiner	—	Saffery LLP St John’s Court Easton Street High Wycombe Buckinghamshire HP11 1JX

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Introduction

This has been a period of relative stability for One Can Trust; we are cautiously optimistic that economic conditions are improving, and numbers referred to us are lower than they were at their peak during the cost of living crisis. However, need is still very much evident and we have continued to provide an average of 1183 food parcels per month, including emergency parcels, to those experiencing hardship or crisis.

As well as our core Foodbank, we are developing our other services in order to provide wrap-around support for our clients. In particular, the Children's Clothes Bank has been hugely successful in reaching families in need and we thank all those involved in getting that off the ground. The Community Support and Food Programmes teams are now established at our second base, at Hills Café in Micklefield, which, as well as providing a safe, community venue is also the base for a number of our services such as Cookery Classes and weekly Community Café.

We continue to work collaboratively with other community organisations and are exploring new partnerships. The School Meals Project, which started in January, is working with local schools to address the issue of children going to school hungry and already is making a big difference for children and their families.

We could not operate without our extraordinary team of volunteers, staff and trustees, and we warmly welcome those who have joined us in the last few months. Thank you to everyone who continues to support our organisation through volunteering, food and financial donations, all of which enables us to make a real difference for people in need in our local area.

Signed by:



06BE401118AB4FC...

Kerri Byrne

Vice-chair of Trustees

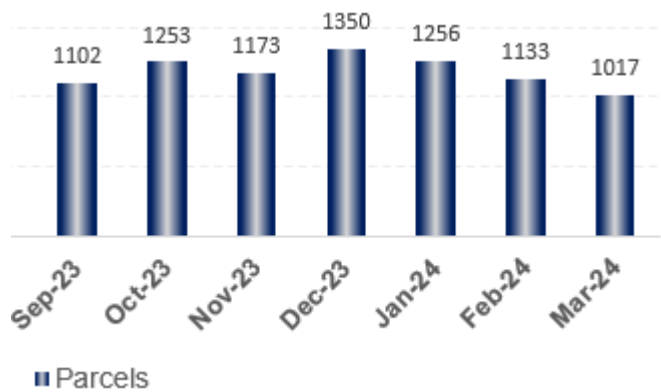
Date 27 November 2024

TRUSTEE’S REPORT

FOR THE PERIOD ENDED 31 March 2024

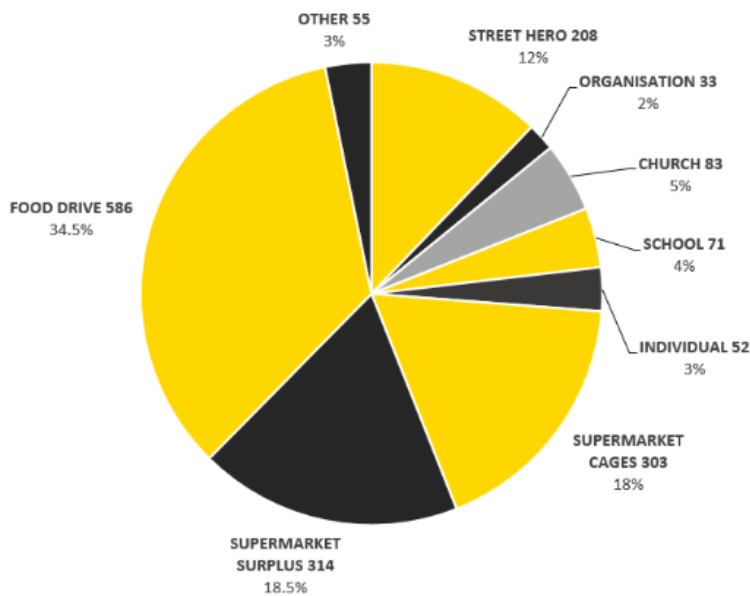
Food Bank Operations

One Can Trust provides free, emergency, weekly food parcels to anyone in South Bucks who is struggling to put food on the table. We work with partner organisations (such as Bucks Council, Housing Associations and Health Visitors) who refer clients to us for support. We can also provide one emergency food parcel per household to anyone who doesn’t yet have a referral in place. Clients may receive up to four weeks’ worth of food in one referral and may be referred to us as many times as considered necessary. We work closely with our referring partners to ensure clients are receiving sufficient support to encourage independence. The number of people we support throughout the year fluctuates and we have seen an encouraging decrease in people requiring our food bank services since Christmas 2023, when demand peaked at 1350 parcels, compared to 1017 in March 2024.



Food Parcels – Estimated Value and Source of Donations

The estimated value of monthly food parcels between varies between £72,000 - £86,000 and we are incredibly grateful to everyone in our local community for their generous donations. The pie chart below shows the typical donation sources and relative amounts that we receive:



TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

The weekly food drives at local supermarkets continue to be a significant source of food and we have worked with many corporate partners during the working week to boost donations. We are hugely grateful to everyone involved, particularly the local stores who kindly allow us to have a presence in their busy entrance foyers.

We have also gratefully received surplus food from local supermarkets and bakeries.

80% of all parcels are delivered by volunteer drivers to clients' doors, a model that was developed during lock down and remains successful to this day. The other 20% of parcels are either delivered to our collaborative hubs at St James's Church in Downley, St Thomas's Church in Holtspur and St Mary's Church in Princes Risborough or are collected by clients from our warehouse.

RaisingNutrition

With the help of a Food Nutritionist from RaisingNutrition, parcel contents have been carefully designed so they contain enough food to provide three meals a day for a week. We cater for different sizes of family and all dietary requirements, for example vegetarian, halal, food intolerances and low sugar content. If requested, we provide fresh fruit and vegetables, eggs, bread, toiletries, baby food and pet food in our free, weekly parcels.

Following the advice of RaisingNutrition, we have made changes to our parcels (for example the inclusion of oily fish, wholemeal rice and a reduction in processed tinned meat). In addition, for those clients who request fresh fruit and vegetables, we can confidently say that we provide enough fresh and tinned fruit and vegetables for each person to eat 5 portions per day.

As a result of implementing the changes recommended by RaisingNutrition, we have been delighted to receive their accreditation in recognition of our efforts to make our food parcels (and other food provision services) as nutritious as possible.

Accredited by



Jo Belshaw
Operations Manager

Community Support

Background

One Can Trust has been developing ways in which we can support our clients beyond the basic provision of food parcels. 'The Insight Programme' started at the end of 2020 with a few volunteers and staff who would call clients to gain feedback on their food parcels. We very quickly realised that there was a much greater need and in 2022, 'Insight' continued to grow into a strong team of 15 volunteers making calls to all clients who were referred to us for a food parcel. Now, as the Community Support Team, we signpost to other agencies for debt advice, money management, procurement of household items, in addition to sourcing funding and grants to pay off debt or arrears.

Staffing and Workforce

The Community Support Team consists of one full time programme manager and one full time community support worker, who was employed in June 2023. A team of volunteers help with our weekly projects.

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Client calls and further support

A team of volunteers make calls to all food bank clients to see how they can be further supported by the team. The team also support clients introduced to One Can from other projects.

From September 2023 to March 2024, we attempted to call 590 clients. Volunteers spoke to 70% of clients, providing 31% with simple signposting. 29% of these calls showed that clients were happy to talk but required no further support at this time. 40% of clients called were referred to the Community Support Team for more specialist advice and guidance.

76 clients who have been helped previously also returned for more support making a total of 241 client cases that the staff team dealt with during this time. Out of 241 cases, 4% required no further support. 92% of cases received detailed sign posting and support. 9% received grants from local organisations and 20% were allocated a fuel voucher from the Fuel Bank Foundation.

Client Feedback

"Thank you for calling and caring. It was so nice to have a chat. I don't get out much."

Toddler groups

'First Steps', our closed group for our more vulnerable families, continues to grow and provide a safe and nurturing space to visit each Thursday morning. In September 2023, we took over a second group that had been run by the CIC Mama Bee. 'Next Steps' allowed us to duplicate the model of First Steps and create a friendly space for more families to attend on a Tuesday morning. As an open group, attendance occurs more randomly, but a drop-in session allows families to use the group as and when needed. First Steps averages 34 children attending per month in total (average 8 per week), and Next Steps averages 49 children per month (average 13 per week).

Client Feedback

"Christmas 2023 was a difficult time for us. We had a new baby and I couldn't afford to take my older children to see Father Christmas. The fact that Father Christmas came to the toddler group meant so much to us and the children loved it."

"One Can has given me part of my life back."

"Before One Can I would stay at home, not pushing myself to go out at all. I would avoid going out because of my anxieties. I attend both toddler groups. I feel comfortable there, I talk to different people and the volunteers and staff were so friendly and welcoming it helped me reduce my anxieties."

Children's Clothes Bank

In September 2023, we joined forces with a small initiative in Beaconsfield called 'Share Enough' run by Sophie and Sam and started our Children's Clothes Bank from Wesley Methodist Church in High Wycombe. Families are referred to the project and can attend on the first Friday of every month to choose pre-loved clothes for their children. This has proven to be very successful, with referrals coming to us from local organisations such as Social Services, local schools, Wycombe Women's Aid and Wycombe Refugee Partnership.

TRUSTEE’S REPORT

FOR THE PERIOD ENDED 31 March 2024



NB Numbers of children provided with clothes are higher. The team make up bags of clothes to send out to families in need.

Client Feedback

“The clothes bank is a lifesaver! I can make sure my child can wear clothes that fit and are appropriate for the season. This is a massive relief in these hard times. A wonderful idea and very much appreciated. Thank you for all your hard work.”

Hills Café

The move to Hills Café in November 2023, has provided the CS team with much needed space and the ability to build links with the team at the Cafe. It is a great benefit for us to be based there and provides a community space for many of our future projects. Our working relationship with Hills Cafe has also been strengthened since Carrie, our Community Support Worker, is now the part time Business Manager of Hills.

Future Projects

Adult Clothes Bank

From the success of the Children’s Clothes Bank and after many requests for adult clothes we are aiming to open an adult's clothes bank this summer. This new initiative will run independently from the children's clothes bank and a new smaller venue is being sourced. John Lewis Partnership has shown an interest in supporting and part funding this project.

The OCT Homework Club

In partnership with Hills Café, we would like to run a Homework Club from the cafe during term time. A space with access to laptops, and a printer, paper and pens will hopefully encourage families to attend and use the facilities. Planning involves sourcing mentors with specialities in various subjects such as 11 plus, SATS and GCSE’s. The Café will provide a light, low cost meal menu and although not free, will allow children to have tea while they work.

Ante-Natal Classes

In partnership with Buckinghamshire Council and the Opportunity Bucks Initiative, we are currently discussing the possibility of offering a free pregnancy support group, something similar to NCT classes but for those who are unable to afford private courses. The course would run from Hills Café, over an 8 week period when Mums to be are in their second and third trimesters. There is a core team of volunteers who are involved at the planning stage, all who are experienced and qualified in this area.

Kim Starkey
Community Support Programme Manager

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Food Programmes

Over the past year, the Food Programmes team has continued its mission to support those in our community facing financial difficulties. We are delighted to share the progress and new initiatives we have implemented to further our impact.

Community Café

The Community Café has evolved to better meet the needs of our community. Recognising the increasing demand, we now run the Café every Wednesday in partnership with the Community Support team. This weekly event provides a warm, welcoming environment where families can enjoy nutritious meals and a hot drink. The Café not only addresses hunger but also offers a space for people to seek guidance and support from our dedicated staff and volunteers. We have enhanced our children's activities, giving parents the opportunity to engage more fully with our services or simply enjoy some respite. There has been an increase in attendance as families and clients who attend other projects have also started to visit for some food, support and social interaction. Café attendance varies between roughly 20-40 people per week.

"We visit the café weekly after school. My kids have tried so many different recipes, they get to play, and I have the opportunity to talk to friendly One Can volunteers who always offer so much support."

Cookery Courses

Our cookery courses continue to be a vital resource for clients utilising our food bank. From September 2023 to the end of March 2024, we hosted three 6-week cookery courses, supporting 48 participants. These courses focus on teaching simple, nutritious, and cost-effective recipes, empowering individuals to gain confidence and skills in the kitchen.

"I used to love cooking. With the cost of groceries sky-high, it had me reaching for more convenient foods. By attending the course, it has shown me how to create meals from scratch and batch cook, which has not only helped me financially but I feel so much healthier."

Supper Clubs

Between September 2023 and the end of March 2024, we held special Supper Clubs during the Christmas period, hosting 16 families across two sessions. These clubs provided an opportunity for families to create a festive three-course meal while learning valuable cooking skills, budgeting tips, and nutritional guidance. Each family also took home additional food to enjoy over the Christmas period. The sessions fostered community bonds as families shared the meals they had prepared. We have further Supper Clubs planned for May and throughout the summer and Christmas holidays.

New Initiatives: School Meal Project

We have now launched our School Meals Project, which addresses the issue of children who do not qualify for government-funded Free School Meals but are at risk of food poverty. Between November 2023 and March 2024, 768 breakfasts and 1895 lunches were provided to children in local primary schools who would otherwise have been going to school hungry.

We will continue this programme with the existing schools and plan to expand to include additional schools during the summer term. Our plan includes gathering data from teachers and parents both before and after funding. This data will be analysed and shared with key stakeholders who can advocate for policy changes regarding free school meals.

"Knowing my child is starting the day with a healthy breakfast gives me peace of mind and helps him concentrate better at school."

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Future Goals

Looking ahead, we plan to further expand our School Meal Project and continue rolling out this essential service to more schools. We will gather and analyse data to build a strong case for policy changes that can improve school meal provisions. Additionally, we aim to increase the capacity of our Community Café and Cookery Courses to meet the growing demand in High Wycombe and the South Bucks area.

We are immensely grateful for the unwavering support from our volunteers, donors, and the community. Together, we are making a tangible difference in the lives of those experiencing financial hardship in High Wycombe and South Bucks.

Cara Nightingale

Food Programmes Manager

Our Volunteers

We could not function and deliver the service that we do without the humbling support of our incredible volunteer team - our volunteers really are the lifeline of our charity. When asked, in a recent survey, what made people want to volunteer with us and what benefits volunteering provided, the following key responses were given:



Here are a couple of quotes from our volunteers who perform tasks ranging from packing parcels, to delivering parcels, to helping out at our toddler groups and clothes bank:

'I wanted to do something useful with my free time and I chose One Can because of the people. Where else can you do something useful and have a great time... all for free?'

'I feel serving and helping where possible in our local communities is important. I have received far more than I have given'.

Our Supporters

We are extremely fortunate to receive significant support from local businesses and organisations. Support can range from monetary donations to volunteering, donations and advice. This year, we were particularly fortunate to receive financial donations from West Herts Charity Trust, Kenvue, Heart of Bucks (Kop Hill Climb) and Vinci Foundation that enabled us to purchase a second van. This has been a huge help when attending multiple events and in the delivery of food parcels also.

Many more groups within the community, too many to mention individually, provide invaluable support collecting food and raising our profile. Groups range from local Brownies and Scouts groups, to WI groups, faith groups and local schools (particularly as part of their brilliant Harvest festivals and assemblies).

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Objectives and Activities

Our Charitable Object is the relief of financial hardship among people living or working in the south of Buckinghamshire and surrounding areas by providing food parcels or services which they could not otherwise afford through lack of means.

Our Vision is to be here in South Bucks to help anyone in our local communities who is desperate with hunger, for as long as there is a need.

Our Mission is to bring together everyone who can contribute to the running of our food bank and other relevant services, and provide the organisation and fundraising that is necessary to provide food parcels and support to anyone in crisis.

How We Benefit the Public

Our trustees have taken into account their duty under section 4 of the Charities Act 2011 and their obligations with regard to Charity Commission guidance on public benefit when planning our activities.

The direct public benefit that comes from our activities is the relief of hunger within households living in poverty. We also provide additional relief through our Food Programmes and support households in overcoming the causes of their poverty through our Community Support Programme and Food Programmes.

Our Values

We operate with openness and integrity – in all our actions we will operate openly and transparently, sharing the reasons behind any decisions we make and how these will progress the delivery of the vision. We value everybody in our community equally, and strive to maximise the positive impact we can have without regard to any individual's background.

We are inspired by our volunteers – in this we can ensure that all who work with us are united in delivering our vision for the greater good of our community.

We are led by and support our community – our initiatives are driven bottom up, deriving their strength from the community they serve, with our actions guided and focussed by the wishes of the community.

We strive for excellence – we aspire to deliver all we do to the highest possible standard and in this, inspire those living in poverty to strive to achieve their full potential.

We recognise the value of the individual and the power of community – in humbling ourselves to a common purpose we can each contribute to something far beyond the reach of any one of us, strengthened by our collective values and supporting one another as we need it.

The Board

One Can Trust Ltd (OCT) is a company limited by guarantee and a charity registered with the Charity Commissioners. OCT is controlled by its governing document, the Articles of Association. The charity is controlled by its governing document, the Trust Deed.

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

The governing document of the company allows a minimum of 3 directors and a maximum of 15 directors. All directors of the company are also trustees of the charity.

New trustees are appointed by the existing trustees after a formal recruitment process including eligibility checks and interviews with the board followed by a vote and can serve for a maximum of 9 years. The charity regularly conducts a review of the skills and experience of trustees to ensure they are commensurate with the risks and areas of operation of the charity. Our recruitment decisions are informed by that skills and experience review. New trustees are inducted into the business through a programme of engagement with serving trustees, our three managers and relevant external stakeholders. Many of our trustees also serve as volunteers.

Trustees are required to declare any competing or conflicting of interests at the commencement of each Board meeting and they are permanently recorded. When a conflict arises, trustees absent themselves from any discussion and decision making.

Trustees give of their time freely and no remuneration is made.

Role of the Board

At their bimonthly meetings, the trustees agree the broad areas of strategy and activity. They scrutinise performance against targets, our financial position, donor relations, HR matters, health and safety, risk, policies, procedures and other governance matters.

The day-to-day running of these matters is delegated to our three salaried managers, each of whom has specific responsibility for an area of operation. Jo Belshaw is the manager for our Food Bank Operations. Cara Nightingale is our Food Programmes Manager and Kim Starkey runs our Community Support Programme. Each of these reports monthly to the relevant Committee of trustees as set out below. In addition, they provide detailed reports to the bi-monthly meetings of our Board. Each Manager has a range of clearly defined delegated responsibilities, including for some areas of expenditure, but all significant and strategic decisions remain the preserve of the Board.

In addition, we have three Committees consisting of a number of trustees who meet monthly to review aspects of our operation in more detail. These Committees do not have delegated responsibility for decision-making on significant matters which rests exclusively with the Board as a whole.

The Risk and Resources Committee reviews overarching risks facing our organisation and monitors measures to mitigate those risks. It also reviews financial performance, and HR and IT matters before they are considered by the Board.

The Food Bank Operations Committee reviews all operational aspects associated with our food bank service. The Community Support and Food Programmes Committee reviews performance across the two programmes and considers business cases for developing services, prior to formal approval at the Board.

Each trustee is required to be a member of at least one Committee but no more than two.

Staff Remuneration

The Board alone makes decisions concerning the remuneration of our staff. One of the trustees has designated responsibility for keeping remuneration arrangements under review and making recommendations to the Board.

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Those recommendations take account of a number of factors including market conditions, inflation and the remuneration of other similar local charities.

Membership of National Bodies

The charity is a member of the Independent Food Aid Network that represents around 900 independent food banks and collates anonymised data for all to use. We are also supporters of Feeding Britain which is a campaigning charity that tackles food poverty.

We are registered with the Information Commissioner's Office as a Data Controller.

Risk Management

The trustees have a robust risk policy in place. The Food Bank Operations Committee and the Community Support and Food Programmes Committee each identify and monitor operational risks relating to their respective parts of our business. The Risk and Resources Committee identifies and monitors operational risks relating to finance, HR and IT as well as overarching organisational risks. Each Committee reports in turn to the Board.

For the reporting year, the risks identified primarily focused on the impact of the cost-of-living crisis and the sharp rise in the number of people being referred to the food bank for support. We also identified and monitored risks associated with the introduction of new services as part of our Community Support Programme and Food Programmes.

Our Finances

Over the course of this 7 month reporting period, the pressures on the financial performance of the Trust remained challenging as referral numbers grew from 600 clients per week in September to over 750 at December before falling back to around 550 at period end. Furthermore, the impact of the Cost of Living crisis remained apparent before starting to stabilise towards the end of the reporting period. This was all reflected in the cost of food purchases which averaged £17k per month, the same level as last year.

Over the 7 month period the income generated from all sources was £613k reflecting the very generous level of Grant funding together with an exceptional level of donations from individuals, church and local community groups. Outside of Grants all other donations averaged £33k per month, the same level as last year, a remarkable achievement given the current economic environment. Grants were received from Rothschilds, Mint Velvet, King Collimore Trust, GMSN and Bucks Council together with a significant contribution from the National Lottery. The key activities within the organisation remain with the Core Food Programme being complemented by the Community Support and Cookery activities, all of which developed and moved forward. Additionally, the Trust took on a School Meals programme linking up with several schools in the area to ensure those children in need were fed. To assist in this endeavour we received a very generous donation of £85k in February.

Against this, outgoings were just over £421k for the 7 month period. This included higher pay costs to resource the activities outlined above and as mentioned food purchases remained high at £110k. Building and premises costs were £32k as the refurbishment of the flat above Hills Café was completed to provide additional office and storage space.

Excluding the School Meals funding the core businesses generated a cash surplus of £84k in the period with Bank Balances at £698k – adding The School meals funding yields total cash balances of £788k. The movement in Debtors and accrual balances increases the cash surplus to an accounting profit of £108k

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Owing to the one off nature of some of our Grant income in this period, the levels of cash reserves will decline over the next 12 months as the Trust meets the cost of delivering the programmes going forward.

There are three designated reserves that are intended to ensure there are sufficient funds available to meet particular risks and future challenges. £80k has been set aside to meet any potential costs of having to close down the Charity, and a further £30k is earmarked to meet costs associated with potentially moving to new premises. Finally, a sum of £50k is earmarked for developing new services in our Community Support and Cookery programmes.

Relationships with related parties

One Can Trust Ltd is the sole member of Open House Micklefield CIC, the organisation that operates Hills Café and as such Open House Micklefield CIC is a wholly owned subsidiary of One Can Trust Ltd.

Open House Micklefield CIC has its own Board of Directors and seeks to operate independently, or at least at arm's length from One Can Trust Ltd, and there are intra company group services and loan agreements in place between the two companies to govern the commercial relationship between them.

One Can Trust Ltd has no other subsidiaries or relationships with other charities or organisations beyond conventional trading relationships with suppliers of good and services.

Trustees' responsibilities in relation to the financial statements

Company law requires the Trustees to prepare financial statements, which give a true and fair view of the state of affairs of the Foundation at the end of the financial year and of its surplus or deficit for the period then ended. In so doing, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the foundation will continue in the foreseeable future.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website.

TRUSTEE'S REPORT

FOR THE PERIOD ENDED 31 March 2024

Small company exemption

The Trustees' Report has been prepared in accordance with the small companies' regime under Part 15 of the Companies Act 2006.

By order of the Trustees

Signed by:


7E8CA76018B245F...

Gareth Pugh

Treasurer

Date: 27 November 2024

INDEPENDENT EXAMINER'S REPORT

FOR THE PERIOD ENDED 31 March 2024

I report to the trustees on my examination of the accounts of One Can Trust Ltd ("the Company") for the period ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants. I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ap Watkinson

Andrew Watkinson FCCA
Saffery LLP
St John's Court, Easton Street
High Wycombe
Buckinghamshire
HP11 1JX
Date: 28 November 2024

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE PERIOD ENDED 31 March 2024

		For the 7 month period ended 31 March 2024			For the year ended 31 August 2023
	Notes	Unrestricted funds £	Restricted funds £	Total Funds 2024 £	Total Funds £
Incoming resources					
Donations and legacies	2	244,472	361,000	605,472	618,094
Charitable activities	3	-	-	-	1,700
Investments	4	7,766	-	7,766	4,229
Total		252,238	361,000	613,238	624,023
Resources expended					
Raising funds	5	112,281	-	112,281	185,429
Charitable activities	6	117,810	190,718	308,528	407,278
Total		230,091	190,718	420,809	592,707
Net income/(expenditure)		22,147	170,282	192,429	31,316
Reconciliation of funds:					
Total funds brought forward		564,305	28,684	592,989	561,673
Total funds carried forward		586,452	198,966	785,418	592,989

BALANCE SHEET

AS AT 31 March 2024

Recommended categories by activity	Notes	Unrestricted funds £	Restricted funds £	Total Funds 2024 £	Total Funds 2023 £
Current assets					
Debtors		3,000	-	3,000	-
Cash at bank and in hand		588,891	199,560	788,451	617,767
Total current assets		591,891	199,560	791,451	617,767
Creditors: amounts falling due within one year	10	5,439	594	6,033	24,778
Net current assets/(liabilities)		586,452	198,966	785,418	592,989
Total net assets		586,452	198,966	785,418	592,989
Funds of the Charity					
Unrestricted funds	11	586,452	-	586,452	564,305
Restricted income funds	11	-	198,966	198,966	28,684
Endowment funds	11	-	-	-	-
Total funds		586,452	198,966	785,418	592,989

The accounting policies and notes on pages 19 – 27 form part of these financial statements.

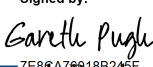
For the financial period ended 31 March 2024 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The Trustee Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and 387 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

27 November 2024

The financial statements were approved by the Board on and signed on its behalf by:

Signed by:


Gareth Pugh
7E86A76918B245F...
Treasurer

Registered Charity Number: 1148626

Registered Company Number: 08137465

STATEMENT OF CASH FLOWS

FOR THE PERIOD ENDED 31 March 2024

	2024 Total funds £	2023 Total funds £
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	170,684	33,891
Change in cash and cash equivalents in the reporting period	170,684	33,891
Cash and cash equivalents at 31 August 2023	617,767	583,876
Cash and cash equivalents at 31 March 2024	788,451	617,767

	2024 Total funds £	2023 Total funds £
Reconciliation of net income/(expenditure) to cash flows from operating activities		
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	192,429	31,316
Adjustments for:		
(Increase)/Decrease in debtors	(3,000)	
Increase/(Decrease) in creditors	(18,746)	2,575
Net cash provided by (used in) operating activities	170,684	33,891

The net debt is made up entirely by the cash balance outline above, and all movements in the year were cash flow changes.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

1 Accounting Policies

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are set out below.

1.2 Basis of preparation

These accounts have been prepared under the historical cost convention.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

These accounts are presented in pounds sterling which is the functional currency of the Charity. Monetary amounts are rounded to the nearest pound.

The financial statements have been prepared for a period other than a year, therefore the amounts are not directly comparable.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Income from donations or grants

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing. If a donation or grant contains terms and conditions outside of the charity’s control which must be met before the charity is entitled to the funds, or if the donor specifies that the funds must be used in future time periods, then the income is deferred.

There is no monetary value put on donated goods received.

1.5 Income from charitable activities

Income from charitable activities is recognised over the period to which the income relates. Any amounts relating to future periods are deferred.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

1.6 Investment income

Interest received is recognised when it is received in the relevant bank account.

1.7 Expenditure

Expenditure is recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably. It is inclusive of VAT which cannot be recovered.

Direct costs are those costs which directly attribute to its activities. Wages and salaries are allocated to direct costs based on an estimate of time spent on charitable activities by staff members.

Support costs include staff costs and are those which do not produce a direct output. Staff costs relate to specific activities and this is reflected in the allocation of payroll costs based on the percentage of time spent.

All costs, including governance costs, are allocated between the expenditure categories of the charity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are charged directly; others are apportioned on an appropriate basis.

Support costs and overheads have been calculated by allocating staff time to the level of involvement in the various activities of the Charity.

1.8 Pensions

The Charity makes contributions to defined contribution pension schemes through auto enrolment. These contributions are charged to the income and expenditure account in the period in which they become payable.

1.9 Taxation

The One Can Trust is a registered charity and is thus exempt from tax on income and gains, therefore no tax charges have arisen during the period to March 2024 or in the prior year.

1.10 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.11 Fund accounting

Unrestricted funds are those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific conditions imposed by donors or which have been raised by the charity for particular purposes.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

1.12 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

1.13 Financial instruments

The company has applied the provisions of section 11 "Basic Financial Instruments" and Section 12 "Other Financial Instrument Issues" of FRS 102 to its financial statements

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

1.14 Leasing and Hire Purchase Contracts

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

2 Income from Donations and Legacies

	Unrestricted funds	Restricted funds	Total funds 2024	Unrestricted funds	Restricted funds	Total funds 2023
	£	£	£	£	£	£
Church donations	9,754	-	9,754	14,733	-	14,733
Community Groups	16,307	-	16,307	58,213	-	58,213
Company Donations	10,941	68,525	79,466	46,995	28,134	75,129
General grants provided by Government/other charities	-	292,475	292,475	56,178	151,232	207,410
Individual donations	101,993	-	101,993	95,755	-	95,755
Local Giving/Stewardship	101,181	-	101,181	164,161	-	164,161
School donations	4,296	-	4,296	2,692	-	2,692
Total	244,472	361,000	605,472	438,728	179,366	618,094

3 Income from Charitable Activities

	Unrestricted funds	Restricted funds	Total funds 2024	Total funds 2023
	£	£	£	£
Fundraising	-	-	-	1,700
Total	-	-	-	1,700

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

4 Income from Investments

	Unrestricted funds	Restricted funds	Total funds 2024	Total funds 2023
	£	£	£	£
Interest income	7,766	-	7,766	4,229
Total	7,766	-	7,766	4,229

5 Expenditure on Raising Funds

	Total funds 2024	Total funds 2023
	£	£
Support Costs (Note 7)	112,281	185,428
Total	112,281	185,428

In the current period all costs of raising funds are categorised as unrestricted expenditure (2023: £20,325 was categorised as restricted expenditure).

6 Expenditure on Charitable Activities

	Total funds 2024	Total funds 2023
	£	£
Food purchases and bags	110,414	195,086
Cookery project	3,607	22,666
Community support programme	4,235	
School meal	6,411	-
Legal/professional fees	5,530	4,098
Wages & salaries	66,051	
Support Costs (Note 7)	112,280	185,428
Total	308,528	407,278

Included in the above is £190,718 (2023: 130,357) restricted expenditure.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

7 Support Costs

	Total funds 2024	Total funds 2023
	£	£
Buildings and premises	31,582	29,298
Furniture and equipment	2,933	197
Other support costs	2,854	8,025
Vehicle running costs	1,241	4,164
Travel and delivery	3,885	8,414
Rent	3,500	6,000
Service charge	27,304	9,172
Electricity	5,778	5,295
Insurance	639	2,626
Telephone	2,112	2,273
Cleaning and safety	4,848	10,201
Publicity and communications	2,549	4,213
Training	24	708
Bank charges	237	295
Miscellaneous	3,221	139
Computer costs	2,533	4,794
Wages and salaries	128,714	269,350
Printing and stationery	2,521	5,691
Total	224,561	370,856
Allocated:		
Raising funds (Note 5)	112,281	185,428
Charitable activities (Note 6)	112,280	185,428
	224,561	370,856

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

8 Details of certain Items of Expenditure

	2024	2023
	£	£
Independent examiner's fees	3,000	3,000

9 Employee's Emoluments

9.1 Staff Costs

	2024	2023
	£	£
Salaries and wages	174,990	243,214
Social security costs	15,123	18,437
Pension costs (defined contribution scheme)	4,652	7,699
Total staff costs	194,765	269,350

In this period and the previous year, no employees received employee benefits of more than £60,000.

9.2 Average head count in the period

In 2024 the average number of employees was 11 (2023: 9).

10 Creditors: Amounts falling due within one year

	Total funds 2024	Total funds 2023
	£	£
Trade creditors	-	12,499
Income tax payable	-	6,145
Accruals and deferred income	4,304	3,522
Other creditors	1,728	2,612
Total	6,032	24,778

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

11 Charity funds

11.1 Details of material funds held and movements during the CURRENT reporting period

Fund Types	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
£	£	£	£	£	£	£
Unrestricted funds						
	564,305	252,238	(230,091)	-	-	586,452
Restricted funds						
	28,684	361,000	(190,718)	-	-	198,966
Total	592,989	613,238	(420,809)	-	-	785,418

11.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund Types	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
£	£	£	£	£	£	£
Unrestricted funds						
	561,673	444,657	(442,025)	-	-	564,305
Restricted funds						
	-	179,366	(150,682)	-	-	28,684
Total	561,673	624,023	(592,707)	-	-	592,989

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 March 2024

12 Transactions with trustees and related parties

12.1 Trustee remuneration and benefits

None of the trustees received any remuneration in either the current or previous period.

12.2 Trustees' expenses

None of the trustees had any expenses reimbursed in either the current or previous period.

12.3 Transaction(s) with related parties

During the period, the Board approved a “draw down” loan facility for Open House Micklefield CIC up to a capped value of £10,000. In the period, £3,000 was advance to Open House Micklefield CIC but, to date, no further advances have been made.

13 Additional Disclosures

On 18 August 2023, Open House Micklefield CIC, a company registered in England and Wales, became a wholly owned subsidiary of One Can Trust Limited on the basis of control. The company has no share capital and is supported in its day to day operations by the One Can Trust. This company operates the Hills Café, which functions as a not for profit community café.

14 Contingent liabilities

At the period end there were additional amounts payable in respect of historic incremental rent and service charge increases, it is estimated that the total of these costs was £12,500.

15 Capital commitment

At the end of the period, the Charity was committed to capital expenditure of £20,338 on a motor vehicle for use by the Charity.

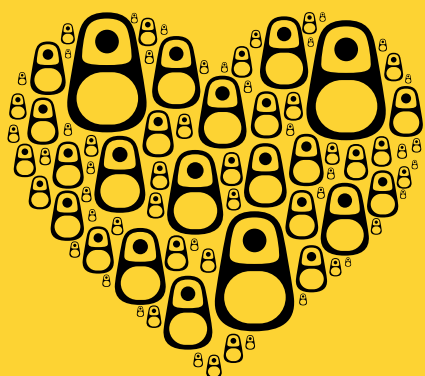
16 Company limited by guarantee

One Can Trust Ltd is a company limited by guarantee. As such, the company does not have any share capital. Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

ONE CAN TRUST

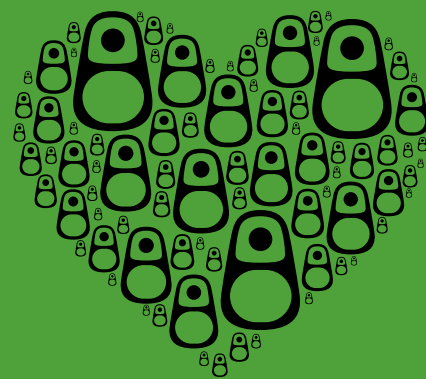
England & Wales - Charity number 1148626

Accounts



ANNUAL REVIEW

FOR THE YEAR ENDED 31 AUGUST 2023



onecantrust.org.uk



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REFERENCE AND ADMINISTRATIVE INFORMATION

One Can Trust – Trustee Directors

The Trustees, who are also Directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Andy Ford – Chair

Kate Brewster – Appointed 17 January 2023

Kerri Byrne – Appointed 16 May 2023

Jacqui Fromberg – Appointed 11 July 2023

Peter Green – Treasurer – Resigned 11 July 2023

Philip Hynard – Secretary

Jennifer Johnstone – Resigned 17 January 2023

Peggy Peckham – Resigned 9 October 2023

Graham Peart

Gareth Pugh – Treasurer – Appointed 17 January 2023

Sarfaraz Khan Raja – Appointed 17 January 2023

Chris Wardle – Appointed 11 July 2023

Ruth Letham – Appointed 5 September 2023

OPERATIONS MANAGERS

Jo Belshaw – Food Bank

Cara Nightingale – Food Programmes

Kim Starkey – Community Support Programme

Registered and Office Address

11b Duke Street, High Wycombe
Buckinghamshire HP13 6EE

Charity No. – 1148626 (Established in 2011)

Company No. – 8137465 (Registered in England and Wales)

Bankers – CAF Bank Ltd, 25 Kings Hill Avenue,
Kings Hill, West Malling, Kent ME19 4JQ

Independent Examiner – Saffery LLP

St John's Court, Easton Street, High Wycombe,
Buckinghamshire

INTRODUCTION

The last year has been particularly challenging for everyone at One Can Trust.

The number of people referred to our food bank for support reached new record levels, reflecting the impact of the cost-of-living crisis across the south of Buckinghamshire. Over the course of the year, we distributed over 16,000 food parcels. At times, we supported over 800 people each week, half of them children.

Despite these immense challenges, the last year has also been one of incredible achievement. I am proud to say that all those who were referred to our food bank received our support promptly, efficiently and sensitively.

We have also delivered further on our long-term goal to help people overcome the circumstances behind their food poverty. Our Community Support Team reached out to every family we supported to see what further help either we or others could provide. Through our Food Programmes, we continued to provide cookery classes and run community café events. Our innovative collaboration with Hills Café is helping to provide much-needed support to an area of High Wycombe that is experiencing particularly high levels of poverty.

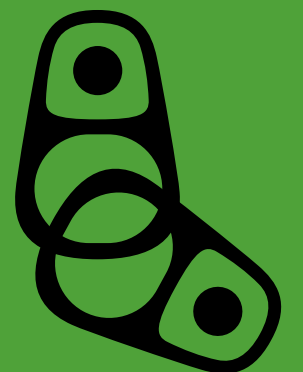
In the following pages, our team describe these programmes and achievements in more detail. I consider it a tremendous privilege to work with such a dedicated, talented and enthusiastic team of staff and trustees. I also want to take this opportunity to thank the many members of the public, the companies, supermarkets, community groups, schools, faith organisations and others who have supported us over the last year and helped to reduce the impact of poverty in our local communities.

Above all, I want to thank our volunteers, without whom none of what is described in this report could have been achieved. In October, we were delighted to be given the King's Award for Voluntary Service in recognition of the contribution made by our volunteers. It was a fitting tribute to a very challenging year in which we achieved so much.

Andy Ford

Chairperson

Date: 19 February 2024

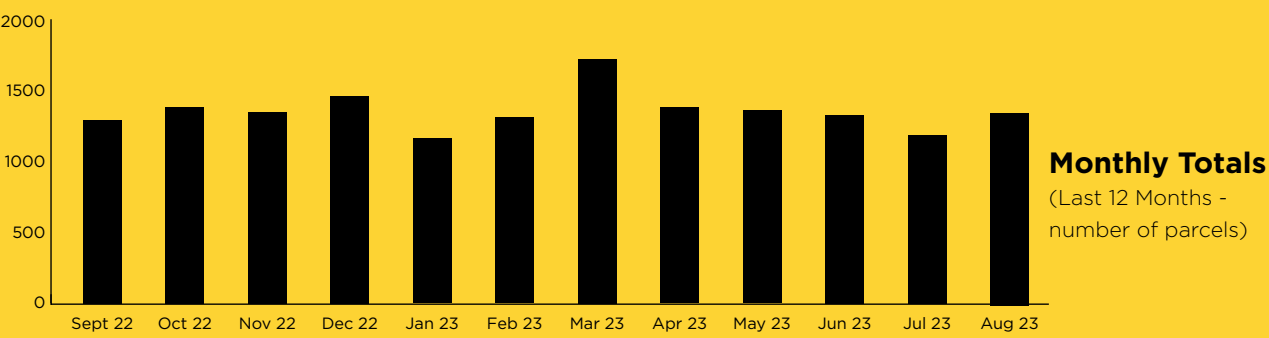


FOOD BANK OPERATIONS

One Can Trust provides free, emergency, weekly food parcels to anyone in South Bucks who is struggling to put food on the table.

We work with partnering organisations (such as Bucks Council, Housing Associations, Department for Work and Pensions) who are able to refer clients to us for support. We also provide one emergency food parcel per household to anyone who doesn't yet have a referral in place. Clients may receive up to four weeks' worth of food in one referral and may be referred to us as many times as necessary. We work closely with our referring partners to ensure clients are receiving sufficient support to encourage independence.

The number of people we support throughout the year fluctuates, with spikes typically occurring in March and December.



One Can Trust will continue to tirelessly support the local community with emergency food parcels and other elements of our provision for as long as we need to.

With the help of a food nutritionist, parcel contents have been carefully designed so they contain enough food to provide three meals a day for a week. We cater for different sizes of family and all dietary requirements, for example: vegetarian, halal, food intolerances and low sugar content. If requested, we provide fresh fruit and vegetables, eggs, bread, toiletries, baby food and pet food in our free, weekly parcels.

"We survived because of people like you."
A CLIENT

"Hitting hard times recently we were referred to the food bank and can't thank them enough for the service they have provided us. The staff are super friendly and super helpful and the food given was life-saving and of such variety for our family. We would like to say a huge thank you to One Can for the help and everything that they have given to us. We will be forever grateful."
A CLIENT

The estimated value of monthly food parcels varies between £60 000 - £90 000 as the numbers of clients varies also. The majority of food is donated by our incredibly kind local community. To encourage donations, One Can Trust has embarked on an ambitious 'food drive programme' whereby every weekend, volunteers encourage supermarket donations in local stores. Such efforts typically yield, on average, 45-60 crates of food per day and regularly generate 30% of all food donations. Such donations are a critically important source of food in an attempt to curb our otherwise costly spend on food purchases. The addition of local businesses, seeking extra customer donations during the working week, have been a huge help. One such business, RSA, told us:

"THANK YOU for letting us be part of something bigger and more important than our usual day to day. We have embraced the opportunity to support a cause and have been humbled and inspired in equal measure. The enthusiasm from the team after last week was so infectious and today's activities matched expectations. What a fabulous resource you are to so many; it was wonderful to be involved even just for a few hours".

We are hugely grateful to everyone involved in supermarket food drives, particularly the local stores who kindly allow us to have a presence in their busy entrance foyers.

We have also gratefully received surplus food from local supermarkets and bakeries in addition to allotment donations from both independent growers and those as part of the 'Grow to Give' initiative. Providing extra fruit and veg, often accompanied by a recipe plus necessary ingredients to make a simple and healthy dish, has been a much-welcomed addition to our food parcels.

80% of all parcels are delivered by volunteer drivers to clients' doors, a model that was developed during lock down and remains successful to this day. The other 20% of parcels are either delivered to our collaborative hubs at St James's Church in Downley, St Thomas's Church in Holtspur and St Mary's Church in Princes Risborough or are collected by clients from our warehouse. Clients who live within a 10-minute walk of our warehouse in Duke Street now collect, an initiative from pre-COVID times that we have successfully returned to.

Jo Belshaw
Operations Manager

"I'll be setting up a One Can collection point on my plot by the gate soon. This is an absolutely fabulous cause. As many of you know, I've had some personal challenges of late and these wonderful people have been, quite frankly, a life saver...these people step up & provide."
A CLIENT

80%
OF ALL PARCELS ARE DELIVERED BY VOLUNTEER DRIVERS TO CLIENTS' DOORS



COMMUNITY SUPPORT PROGRAMME

The Community Support Programme involves a team of One Can Trust volunteers contacting every household that is referred to us to see if they need further support from us or other organisations. This programme has grown considerably in 2023, introducing three new projects.

January saw the opening of our first weekly toddler group. This is a closed group, attended by food bank clients and other families in the area who are struggling with the cost-of-living crisis. Trinity United Reformed Church have been extremely supportive and allowed us space to provide a range of activities and toys. We have created a safe and nurturing space where families can be themselves knowing that others are in similar situations. Our wonderful team of highly experienced volunteers also help to create an environment where parents can talk and gain advice in a non-judgemental way.

‘Just wanted to say thank you to all the amazing people at toddlers. It has been lovely building new relationships, watching all the little ones hit their milestones and eating yummy cake! It really does feel like a little family who support each other.’

Our volunteer team has continued to make calls to all new food bank clients and sign post them to different areas for further support. During the year, we also were registered with the Clare Foundation to apply for grants on behalf of food bank users from their ‘Family Angels’ fund. This has been a great success. To date we have helped 22 clients with a total of £11,125 of funding.

We have also been supporting our Food Programmes team in their ‘Together We Can’ community café events every fortnight. This is a great opportunity to speak with customers to see how we can help. Many have sourced fuel vouchers, grants and advice from us and we are also able to signpost to other organisations. We have also been supporting another toddler group called ‘Next Steps’ that had been running for almost two years in the centre of High Wycombe with the local organisation, Mama Bee. This group provides an open door to all, providing a space for parents to come together while children play.

We have also helped to develop a children’s clothes bank. This runs monthly from the Wesley Church in High Wycombe and was started originally by two mums from Beaconsfield. They were happy to come on board with One Can and are both still heavily involved in the running of the bank, along with an amazing team of volunteers. This provision has allowed us to work with many different organisations around High Wycombe who are able to refer their clients to us.

‘The clothes bank is a lifesaver! I can make sure my child can wear clothes that fit and are appropriate for the season. This is a massive relief in these hard times. Wonderful idea, very much appreciated. Thank you everyone for all your hard work.’

We will continue to expand our offering where we see a need amongst people who are financially struggling and a gap in existing provision. Therefore our plans for the next year include an adult’s clothes bank and a community support teatime club from Hill’s café every fortnight.

Kim Starkey

Community Support Programme Manager



FOOD PROGRAMMES

Over the last year, the Food Programmes team has continued to provide essential community, skill and food provision-based programmes to those in our community who are experiencing financial hardship.

We have been running our twice a month Community Café, Together We Can, for families in High Wycombe experiencing financial hardship. This programme not only provides a safe and warm place with the offer of hot, healthy meals and drinks but also gives those attending the opportunity to talk with friendly members of the One Can team who can offer advice and support. On average, we welcome at least 15 people to each session. We also provide children's activities so the parents can ask questions of the One Can team or just simply have some quiet time.

'Me and my family are regulars at The Cafe - my children are always so hungry after school so it's nice to know they get fed well and dinner is taken care of.'

Over the last year, we have provided three 6-week cookery courses to clients who have been using our food bank service. We have had 59 local people take part in our programme to improve their skills and confidence in the kitchen. We ensure that all of the recipes taught are simple, recognisable, easy to follow, nutritious and most importantly, budget friendly.

'I used to love cooking but for many reasons, that was a thing of the past. By attending the course, I regained my confidence in cooking and have learnt so many (new) recipes and tricks that I will now use daily, knowing that my family will have full tummies. A fridge full of homemade food and healthy freezer meals is life changing.'

We recognise that school holidays can cause parents and carers a lot of financial stress. Our Supper Clubs, which run during school holidays, therefore welcome families to prepare and cook a three-course meal together from scratch. We also provide information and tips on cooking at home, growing at home and basic nutritional guidance. Once the meal is prepared, we encourage all the attending families to eat together and enjoy the meal they prepared whilst creating community relationships between parents and children. This year we have welcomed 12 families to this programme.

Families who benefit from access to free school meals also tend to struggle during school holidays. During the February and May half terms, we offered free meals to struggling families in the Micklefield and Castlefield areas of High Wycombe. We successfully prepared, served or delivered 634 meals.

'This service really helps me save some money and also saves my time so I have more time to spend with my kids during the half term break.'

We know from local research that we have undertaken, that many children in South Bucks go through the school day unfed or underfed. This is because, although their families are struggling financially, they do not qualify for free school meals. We have therefore been preparing a programme that we plan to run during 2024 that will plug the gap in this provision and ensure that local children are not going hungry during the school day. Our hope is that we can build an evidence base regarding the achieved positive impact with a view to contributing to policy change around how school meals are provided and paid for.

Cara Nightingale

Food Programmes Manager



We could not function and deliver the service that we do without the incredible support of our amazing volunteer team – our volunteers really are the lifeline of our charity. People join us for many reasons – for example to fill a hole in their life following a bereavement or simply to ‘give something back’ to the community. In a recent survey, 77% told us they support because they wanted to help others less well off than themselves.

Our volunteers perform a vast array of roles, ranging from packing and sorting food parcels to helping at toddler groups and café sessions. In the community, we work closely with our wonderful Street Heroes – members of the public who, through and since the COVID lock down months, have collected food donations from friends and neighbours and transferred their donations to our warehouse in Duke Street.

Volunteers typically work a one or two hour shift and many volunteers commit to supporting us on a weekly basis.

Where possible, we provide volunteering opportunities for students as part of their Duke of Edinburgh Award or school work experience programme. In addition, with appropriate supervision, we have been able to offer opportunities to children with special educational needs and adults with learning difficulties.

This year, we were greatly honoured to be awarded the prestigious King's Award for Voluntary Service – the highest award a local voluntary group can receive in the UK and the equivalent of an MBE. The award is in recognition of our incredibly loyal volunteer team, the scale of their efforts being quite remarkable and humbling.

“

Nobody should have to go hungry in the country. I know that money can help with running a charity but giving time can be more valuable.

A VOLUNTEER

“

I wanted to do something directly to help people in need and I feel One Can makes a real difference.

A VOLUNTEER

OUR SUPPORTERS

We are extremely fortunate to receive significant support from local businesses and organisations. Support can range from monetary donations to volunteering, donations and advice. One such organisation, the wonderful Mint Velvet whose Head Office is close to our warehouse in Duke Street, has been most generous with financial support, but also with their provision of our striking, branded and fabulous yellow T-Shirts, in addition to supporting us with volunteering activities.

The local business, Kenvue, invited two members of the One Can Trust team to attend a knowledge sharing and information day at their Head Office in High Wycombe. During the day, professionals from across the organisation were able to advise on our social media strategy and offer us marketing hints and tips.

The Perfume Shop regularly volunteer in the warehouse, sorting food donations and recently at an event in the High Wycombe town centre, encouraged public food donations in exchange for perfume – how lovely!

Other local businesses encourage donations from the public – Jollyes help in this way and support us with pet food donations. Chiltern Rangers asks all corporate teams attending their corporate event days to bring a can with them. It’s a wonderful collaboration that we are hugely grateful for.

In the summer, we were very fortunate to be selected by the Chiltern Shakespeare Company (CSC) to help with parking at their summer event. In return for providing pairs of helping hands, we were able to collect donations and enjoy the stunning grounds of Hall Barn on warm summer evenings. Boosted by a generous donation from the CSC, the event raised over £4,000.

“

It has been absolutely lovely getting to know you and the wonderful work you are doing to make this world a better place’.

LAUREN, MEDIA TRUST

“

Mint Velvet are so proud to be able to support One Can Trust and the life changing work you do in providing food and support for struggling families. The fact that people are going hungry, in such large numbers, within the community in which our Head Office is based, is desperately sad - thank you to the whole One Can Trust team for making such a positive and important difference to the lives of local families. The whole Mint Velvet team supports and thanks you.

SUE RABY, TALENT AND CULTURE DIRECTOR, MINT VELVET

“

We are very grateful to you and all your team for your help during the two weeks with parking. Everyone was so willing and happy to be there and that made a big difference for our audience on arrival, to be greeted by a smiling face means a lot!

THE ORGANISERS, CHILTERN SHAKESPEARE COMPANY (CSC)

“

It continues to be a huge honor to partner with One Can, a charity which we value as a pillar in our local community. Our partnership has really blossomed over the years, providing our teams at TPS with an opportunity to make a difference, through regular donations drops and volunteering. The visits we’ve made to One Can’s warehouse have always been really important to us, and personally, I’ve always found these to be both humbling and inspiring!

GILL SMITH, MANAGING DIRECTOR, THE PERFUME SHOP

MANY MORE GROUPS WITHIN THE COMMUNITY, TOO MANY TO MENTION INDIVIDUALLY, PROVIDE INVALUABLE SUPPORT COLLECTING FOOD AND RAISING OUR PROFILE.

Special thanks must also be mentioned regarding the Oakland Park Golf Club Ladies Section for choosing One Can Trust as their charity for the year. The club worked very hard throughout the year and raised nearly £8,000 for One Can Trust – an incredible achievement.

Many more groups within the community, too many to mention individually, provide invaluable support collecting food and raising our profile. Groups range from local Scout groups, to WI groups, faith groups and local schools (particularly as part of their brilliant Harvest festivals and assemblies), the Hellfire Motor Vehicle Club, Rotary Clubs and the wonderful Wycombe Wanderers Football Club. We are hugely grateful to Trevor Stroud of Wycombe Wanderers who delivers parcels for us twice a week to some of the furthest corners of the county, an activity that he started during the lock down months and still willingly and diligently performs to this day.

OUR TEAM

OUR VISION IS
TO BE HERE IN SOUTH
BUCKS TO HELP
ANYONE IN OUR LOCAL
COMMUNITIES WHO
IS DESPERATE WITH
HUNGER, FOR AS LONG
AS THERE IS A NEED.

The Operations team has changed and grown to meet the consistently high demand on our services. In April 2023, Helen Foster joined as our Food Supply Manager and has been instrumental in driving forward our crucially important supermarket food drive programme.

Neil Scott, our Warehouse, Health and Safety Manager, joined the charity in October 2022 and has built upon the achievements of his predecessors to take operations and standards to a new level. Neil has also worked hard with local businesses who have volunteered with us in the warehouse.

In June 2023, we welcomed Viki Hockley as Volunteer Coordinator to the team. Viki has been a wonderful addition, embracing the daily challenge of coordinating our many volunteer teams.

Also in June, Ros Taylor, one of our wonderful volunteers, joined the team as Food Bank Administrator. Ros has been pivotal in ensuring the successful roll out of the collection programme for local clients.

Whilst we have welcomed many new strengths to the team, we are very fortunate to also have Jayne Motlagh, our Referrals and Statistics Manager, in the team. Jayne has been with the organisation for five years and has incredible knowledge and valuable experience. More crucially, Jayne is responsible for ensuring all referred clients are entered onto our database in order to receive their food parcels.

Michaela Titman and Abigail Steel have joined the team since the end of the year but we wanted to mention and include them in this report. Michaela and Abigail provide excellent and important admin support to the Operations team. The Manager of the Operations team, Jo Belshaw, has day-to-day responsibility for the smooth running of the food bank, the core operation of the organisation. Jo joined One Can in June 2020.

The Community Support team is headed up by Kim Starkey who joined the organisation in April 2021. Since moving into her role as Community Support Manager, Kim has been a tremendous asset, identifying experienced volunteers to closely work with her to make client calls and provide appropriate support and signposting for further help. Kim also set up the toddler groups and clothes bank that you will have read about earlier in this report.

Carrie Chivers joined the charity in June 2023 as Community Support Worker and has been a huge help supporting Kim as the Community Support team has grown.

The Food Programmes team is headed up by Cara Nightingale who joined the organisation in May 2020. Since moving into her new role as Food Programmes Manager, Cara has been able to share her passion for nutritious and healthy eating with One Can and facilitate the programme's development with its ambitious and important goals for the year ahead.

OBJECTIVES AND ACTIVITIES

Our Charitable Object is the relief of financial hardship among people living or working in the south of Buckinghamshire and surrounding areas by providing food parcels or services which they could not otherwise afford through lack of means.



Our Mission is to bring together everyone who can contribute to the running of our food bank and other relevant services, and provide the organisation and fundraising that is necessary to provide food parcels and support to anyone in crisis.

HOW WE BENEFIT THE PUBLIC

Our trustees have taken into account their duty under section 4 of the Charities Act 2011 and their obligations with regard to Charity Commission guidance on public benefit when planning our activities. The direct public benefit that comes from our activities is the relief of hunger within households living in poverty. We also provide additional relief through our Food Programmes and support households in overcoming the causes of their poverty through our Community Support Programme and Food Programmes.

OUR VALUES

We operate with openness and integrity – in all our actions we will operate openly and transparently, sharing the reasons behind any decisions we make and how these will progress the delivery of the vision. We value everybody in our community equally, and strive to maximise the positive impact we can have without regard to any individual's background.

We are inspired by our volunteers – in this we can ensure that all who work with us are united in delivering our vision for the greater good of our community.

We are led by and support our community – our initiatives are driven bottom up, deriving their strength from the community they serve, with our actions guided and focussed by the wishes of the community.

We strive for excellence – we aspire to deliver all we do to the highest possible standard and in this, inspire those living in poverty to strive to achieve their full potential.

We recognise the value of the individual and the power of community – in humbling ourselves to a common purpose we can each contribute to something far beyond the reach of any one of us, strengthened by our collective values and supporting one another as we need it.

THE BOARD

One Can Trust Ltd (OCT) is a company limited by guarantee and a charity registered with the Charity Commissioners. OCT is controlled by its governing document, the Articles of Association. The charity is controlled by its governing document, the Trust Deed. The governing document of the company allows a minimum of 3 directors and a maximum of 15 directors. All directors of the company are also trustees of the charity.

New trustees are appointed by the existing trustees after a formal recruitment process including eligibility checks and interviews with the board followed by a vote and can serve for a maximum of 9 years. The charity regularly conducts a review of the skills and experience of trustees to ensure they are commensurate with the risks and areas of operation of the charity. Our recruitment decisions are informed by that skills and experience review. New trustees are inducted into the business through a programme of engagement with serving trustees, our three managers and relevant external stakeholders. Many of our trustees also serve as volunteers.

Trustees are required to declare any competing or conflicting of interests at the commencement of each Board meeting and they are permanently recorded. When a conflict arises, trustees absent themselves from any discussion and decision making. Trustees give of their time freely and no remuneration is made.

ROLE OF THE BOARD

At their bimonthly meetings, the trustees agree the broad areas of strategy and activity. They scrutinise performance against targets, our financial position, donor relations, HR matters, health and safety, risk, policies, procedures and other governance matters.

The day-to-day running of these matters is delegated to our three salaried managers, each of whom has specific responsibility for an area of operation. Jo Belshaw is the manager for our Food Bank Operations. Cara Nightingale is our Food Programmes Manager and Kim Starkey runs our Community Support Programme. Each of these reports monthly to the relevant Committee of trustees as set out below. In addition, they provide detailed reports to the bi-monthly meetings of our Board. Each Manager has a range of clearly defined delegated responsibilities, including for some areas of expenditure, but all significant and strategic decisions remain the preserve of the Board.

In addition, we have three Committees consisting of a number of trustees who meet monthly to review aspects of our operation in more detail. These Committees do not have delegated responsibility for decision-making on significant matters which rests exclusively with the Board as a whole. The Risk and Resources Committee reviews overarching risks facing our organisation and monitors measures to mitigate those risks. It also reviews financial performance, and HR and IT matters before they are considered by the Board. The Food Bank Operations Committee reviews all operational aspects associated with our food bank service. The Community Support and Food Programmes Committee reviews performance across the two programmes and considers business cases for developing services, prior to formal approval at the Board. Each trustee is required to be a member of at least one Committee but no more than two.

STAFF REMUNERATION

The Board alone makes decisions concerning the remuneration of our staff. One of the trustees has designated responsibility for keeping remuneration arrangements under review and making recommendations to the Board. Those recommendations take account of a number of factors including market conditions, inflation and the remuneration of other similar local charities.

MEMBERSHIP OF NATIONAL BODIES

The charity is a member of the Independent Food Aid Network that represents around 900 independent food banks and collates anonymised data for all to use. We are also supporters of Feeding Britain which is a campaigning charity that tackles food poverty.

We are registered with the Information Commissioner’s Office as a Data Controller.

RISK MANAGEMENT

The trustees have a robust risk policy in place. The Food Bank Operations Committee and the Community Support and Food Programmes Committee each identify and monitor operational risks relating to their respective parts of our business. The Risk and Resources Committee identifies and monitors operational risks relating to finance, HR and IT as well as overarching organisational risks. Each Committee reports in turn to the Board.

For the reporting year, the risks identified primarily focused on the impact of the cost-of-living crisis and the sharp rise in the number of people being referred to the food bank for support. We also identified and monitored risks associated with the introduction of new services as part of our Community Support Programme and Food Programmes.





OUR FINANCES

This year has presented several challenges to our financial performance. The most notable of these has been the impact of the ‘Cost of Living Crisis’ where overall financial donations in the second half of the year were below levels seen in the first 6 months. This was compounded by increases in our referral numbers which were running well in excess of 700 clients to create a “perfect storm” for the Food Bank. Food purchases had to increase to almost £20k per month for a period of time putting added strain on our resources.

Overall grants and donations of £624k were £185k up on last year with grant and trust income nearly £80K higher. Grants were received from Heart of Bucks, Rothschilds and GMSN with Mint Velvet and Burberry the largest company donations. Local Giving and individual donations were £30k higher with generous donations also coming from local church and community groups.

Against this, our outgoings were also up sharply from last year at £593k, an increase of £212k. As mentioned, food costs rose considerably by nearly £70k and as our organization expanded to include the amalgamation of Hills Café and the development of the Food and Community Support programmes, so our employment costs rose by £84k as we recruited extra resource to help manage these additional activities. Our building and premises costs also increased by over £20k as we engaged in refurbishing the flat above the Hills Café to provide additional office and storage space.

Our surplus for the year ended at £31k and bodes well for the year ahead with bank balances closing at £617k. We continue to rely on very generous donations from individuals, companies and public bodies as we seek to deliver our portfolio of measures aimed at addressing poverty concerns. These income streams will be essential in meeting the costs of delivering our programmes going forward.

We have three designated reserves that are intended to ensure there are sufficient funds available to meet particular risks and future challenges. We have set aside £80,000 in the eventuality of having to meet costs in closing our charity. We have also set aside £30,000 in anticipation of the costs associated with potentially moving to new premises.

FINALLY, WE HAVE SET ASIDE £50,000 TO HELP MEET THE COSTS ASSOCIATED WITH DEVELOPING NEW SERVICES ASSOCIATED WITH OUR FOOD PROGRAMMES AND COMMUNITY SUPPORT PROGRAMME.



RELATIONSHIPS WITH RELATED PARTIES

One Can Trust Ltd is the sole member of Open House Micklefield CIC, the organisation that operates Hills Café and as such Open House Micklefield CIC is a wholly owned subsidiary of One Can Trust Ltd.

Open House Micklefield CIC has its own Board of Directors and seeks to operate independently, or at least at arm’s length from One Can Trust Ltd, and there are intra company group services and loan agreements in place between the two companies to govern the commercial relationship between them.

One Can Trust Ltd has no other subsidiaries or relationships with other charities or organisations beyond conventional trading relationships with suppliers of good and services.

TRUSTEES’ RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Company law requires the Trustees to prepare financial statements, which give a true and fair view of the state of affairs of the Foundation at the end of the financial year and of its surplus or deficit for the period then ended. In so doing, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the foundation will continue in the foreseeable future.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity’s website.

SMALL COMPANY EXEMPTION

The Trustees’ Report has been prepared in accordance with the small companies’ regime under Part 15 of the Companies Act 2006.

By order of the Trustees



Gareth Pugh, Treasurer, Date: 19 February 2024

I report to the trustees on my examination of the accounts of One Can Trust Limited (“the Company”) for the year ended 31 August 2023.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity’s trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (“the 2006 Act”).

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity’s accounts as carried out under section 145 of the Charities Act 2011 (“the 2011 Act”). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER’S STATEMENT

The company’s gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants. I have completed my examination.

I confirm that no material matters have come to my attention which gives me cause to believe that:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a ‘true and fair’ view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

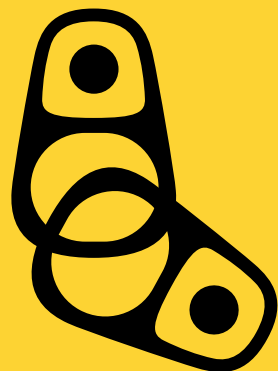


Andrew Watkinson FCCA, Saffery LLP, Chartered Accountants, St John’s Court, Easton Street, High Wycombe, Buckinghamshire HP11 1JX. Date: 20 February 2024

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	Unrestricted funds £	Restricted income funds £	Total funds 2023 £	Total funds 2022 £
Incoming resources					
Donations and legacies	2	438,728	179,366	618,094	437,035
Charitable activities	3	1,700	—	1,700	1,169
Investments	4	4,229	—	4,229	1,163
Total		444,657	179,366	624,023	439,367
Resources expended					
Raising funds	5	165,104	20,325	185,429	122,818
Charitable activities	6	276,921	130,357	407,278	256,467
Total		442,025	150,682	592,707	379,285
Net income/(expenditure)		2,632	28,684	31,316	60,082
Reconciliation of funds:					
Total funds brought forward		561,673	—	561,673	501,591
Total funds carried forward		564,305	28,684	592,989	561,673



STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

Recommended categories by activity	Notes	Unrestricted funds £	Restricted income funds £	Total funds 2023 £	Total funds 2022 £
Current assets					
Cash at bank and in hand	10	589,083	28,684	617,767	583,876
Total current assets		589,083	28,684	617,767	583,876
Creditors: amounts falling due within one year					
	11	24,778	—	24,778	22,203
Net current assets / (liabilities)		564,305	28,684	592,989	561,673
Total net assets		564,305	28,684	592,989	561,673
Funds of the Charity					
Unrestricted funds	12	564,305	—	564,305	561,673
Restricted income funds	12	—	28,684	28,684	—
Endowment funds	12	—	—	—	—
Total funds		564,305	28,684	592,989	561,673

The accounting policies and notes on pages 19 – 26 form part of these financial statements.

For the financial year ended 31 August 2023 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The Trustee Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 and 387 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit and loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The financial statements were approved by the Board on 19 February 2024 and signed on its behalf by:

Gareth Pugh

Gareth Pugh, Treasurer, Registered Charity Number: 1148626,
Registered Company Number: 08137465

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 August 2023

Cash flows from operating activities:

Net cash provided by (used in) operating activities	33,891	81,652
Change in cash and cash equivalents in the reporting period	33,891	81,652
Cash and cash equivalents at 31 August 2022	583,876	502,224
Cash and cash equivalents at 31 August 2023	617,767	583,876

	2023 Total funds £	2022 Total funds £
Reconciliation of net income/(expenditure) to cash flows from operating activities		
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	31,316	60,082
Adjustments for:		
Increase/(Decrease) in creditors	2,575	21,570
Net cash provided by (used in) operating activities	33,891	81,652

The net debt is made up entirely by the cash balance outline above, and all movements in the year were cash flow changes.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 August 2023

1 ACCOUNTING POLICIES

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.2 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

1.4 Income from donations or grants

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing. If a donation or grant contains terms and conditions outside of the charity’s control which must be met before the charity is entitled to the funds, or if the donor specifies that the funds must be used in future time periods, then the income is deferred.

1.5 Income from charitable activities

Income from charitable activities is recognised over the period to which the income relates. Any amounts relating to future periods are deferred.

1.6 Investment income

Interest received is recognised when it is received in the relevant bank account.

1.7 Expenditure

Expenditure is recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably. It is inclusive of VAT which cannot be recovered.

Direct costs are those costs which directly attribute to its activities. Wages and salaries are allocated to direct costs based on an estimate of time spent on charitable activities by staff members.

Support costs include staff costs and are those which do not produce a direct output. Staff costs relate to specific activities and this is reflected in the allocation of payroll costs based on the percentage of time spent.

All costs, including governance costs, are allocated between the expenditure categories of the charity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are charged directly; others are apportioned on an appropriate basis.

Support costs and overheads have been calculated by allocating staff time to the level of involvement in the various activities of the Charity.

1.8 Pensions

The Charity makes contributions to defined contribution pension schemes through auto enrolment. These contributions are charged to the income and expenditure account in the year in which they become payable.

1.9 Taxation

The organisation is a registered charity and has no liability to income tax or corporation tax on its charitable activities during the year.

1.10 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.11 Fund accounting

Unrestricted funds are those funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

1.12 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and

associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

2 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds £	Restricted income funds £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted income funds 2022 £	Total funds 2022 £
Church donations	14,733	—	14,733	6,178	—	6,178
Community Groups	58,213	—	58,213	44,574	—	44,574
Company Donations	46,995	28,134	75,129	26,832	—	26,832
General grants provided by Government/other charities	56,178	151,232	207,410	117,500	13,000	130,500
Individual donations	95,755	—	95,755	73,975	—	73,975
Local Giving/Stewardship	164,161	—	164,161	154,160	—	154,160
School donations	2,692	—	2,692	816	—	816
Total	438,728	179,366	618,094	424,035	13,000	437,035

3 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted income funds £	Total funds 2023 £	Total funds 2022 £
Fundraising	1,700	—	1,700	1,169
Total	1,700	—	1,700	1,169

4 INCOME FROM INVESTMENTS

	Unrestricted funds £	Restricted income funds £	Total funds 2023 £	Total funds 2022 £
Interest income	4,229	—	4,229	1,163
Total	4,229	—	4,229	1,163

5 EXPENDITURE ON RAISING FUNDS

	Total funds 2023 £	Total funds 2022 £
Support Costs (Note 7)	185,428	122,818
Total	185,428	122,818

In the prior year all costs of raising funds were categorised as unrestricted expenditure.

6 EXPENDITURE ON CHARITABLE ACTIVITIES

	Total funds 2023 £	Total funds 2022 £
Food purchases and bags	195,086	125,351
Cookery project	22,666	8,298
Legal/professional fees	4,098	—
Support Costs (Note 7)	185,428	122,818
Total	407,278	256,467

7 SUPPORT COSTS

	Total funds 2023 £	Total funds 2022 £
Buildings and premises	29,298	4,458
Furniture and equipment	197	5,091
Other support costs	8,025	-
Vehicle running costs	4,164	4,205
Travel and delivery	8,414	3,720
Rent	6,000	6,000
Service charge	9,172	7,579
Electricity	5,295	2,952
Insurance	2,626	1,356
Telephone	2,273	2,056
Cleaning and safety	10,201	7,534
Publicity and communications	4,213	4,404
Training	708	24
Bank charges	295	207
Miscellaneous	139	200
Other office costs	-	5,724
Computer costs	4,794	-
Wages and salaries	269,350	186,598
Printing and stationery	5,691	3,528
Total	370,856	245,636
<i>Allocated:</i>		
Raising funds (Note 5)	185,428	122,818
Charitable activities (Note 6)	185,428	122,818
	370,856	245,636

8 DETAILS OF CERTAIN ITEMS OF EXPENDITURE

	2023 £	2022 £
Independent examiner’s fees	3,000	—

9 EMPLOYEE’S EMOLUMENTS

9.1 Staff Costs

	2023 £	2022 £
Salaries and wages	243,214	168,581
Social security costs	18,437	14,146
Pension costs (defined contribution scheme)	7,699	3,871
Other employee benefits	—	—
Total staff costs	269,350	186,598

In this year and the previous year, no employees received employee benefits of more than £60,000.

9.2 Average head count in the year

In 2023 the average number of employees was 9 (2022: 6)

10 CASH AT BANK AND IN HAND

	Total funds 2023 £	Total funds 2022 £
CAF Cash	27,472	87,671
CAF Gold account	338,080	245,216
Shawbrook Bank	251,978	250,839
Petty Cash	236	150
Total	617,767	583,876

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Total funds 2023 £	Total funds 2022 £
Trade creditors	12,499	20,831
Income tax payable	6,145	—
Accruals and deferred income	3,522	—
Other creditors	2,612	1,372
Total	24,778	22,203

12 CHARITY FUNDS

12.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances Carried forward
	£	£	£	£	£	£
Unrestricted funds	561,673	444,657	(442,025)	—	—	564,305
Restricted income funds	—	179,366	(150,682)	—	—	28,684
Total	561,673	624,023	(592,707)	—	—	592,989

12.2 Details of material funds held and movements during the PREVIOUS REPORTING PERIOD

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances Carried forward
	£	£	£	£	£	£
Unrestricted funds	487,992	426,367	(352,686)	—	—	561,673
Restricted income funds	13,599	13,000	(26,599)	—	—	—
Total	501,591	439,367	(379,285)	—	—	561,673

13 TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

13.1 Trustee remuneration and benefits

None of the trustees received any remuneration in either the current or previous period.

13.2 Trustees’ expenses

None of the trustees had any expenses reimbursed in either the current or previous period.

13.3 Transaction(s) with related parties

There were no transactions with related parties in either the current or previous period.

14 ADDITIONAL DISCLOSURES

On 18 August 2023, Open House Micklefield CIC, a company registered in England and Wales, became a wholly owned subsidiary of One Can Trust Limited.

15 CONTINGENT LIABILITIES

After the year end, the Charity was informed by a supplier that it had not been charged incremental rent and service charges for three years. This was due to an oversight on the part of the supplier which the Charity is contesting. The potential liability to the Charity is £20,000.



To find out more please visit onecantrust.org.uk, email **office@onecantrust.org.uk** or call **01494 512 277**.



ONE CAN TRUST

England & Wales - Charity number 1148626

Accounts

ONE CAN TRUST LIMITED
(A Company Limited by Guarantee)

TRUSTEES REPORT
AND
STATEMENT OF FINANCIAL ACTIVITIES

For the year ended 31 August 2022

One Can Trust - Trustees Report

For the year ended 31 August 2022

Reference and Administrative Information

One Can Trust – Trustee Directors

The Trustees, who are also Directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Graham Peart – Chair until 12th January 2022

Andy Ford – Chair from 12th January 2022

Kate Brewster

Peter Green – Treasurer

Philip Hynard – Secretary

Jennifer Johnstone – Elected 12th January 2022

Peggy Peckham

Gareth Pugh

Sarfaraz Khan Raja

Operations Manager

Jo Belshaw

Registered and Office Address - 11b Duke Street, High Wycombe Buckinghamshire. HP13 6ER

Charity No. – 1148626 (Established in 2011)

Company No. - 8137465 (Registered in England and Wales)

Bankers - CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 4JQ

Account No. 00024509 Sort Code: 40 – 52 – 40

Structure, Governance and Management

Introduction

One Can Trust was formed in 2011 to provide emergency food parcels to anyone unable to provide food for themselves and their families, whoever they are, wherever they are from and whatever the circumstances.

The charity is an integral part of the network of charitable food banks across Buckinghamshire providing comprehensive geographical coverage to assist those in crisis.

We bring together people from all walks of life who so generously donate food items or money or give their time as a volunteer to enable the delivery to the doorstep of a carefully designed emergency food parcel that includes fresh produce and eggs, to anyone in need.

Over the course of the last year, we have broadened the scope of our operation to provide further support to those in financial hardship in our communities across the south of Buckinghamshire. Since February 2022, we have been running our Community Support Programme to provide additional help and advice to food bank clients. Since March, we have been operating our Food Programmes which include the provision of cookery classes, our Together We Can café and meals to those in need at certain times of the year.

The Board

OCT is a company limited by guarantee and a charity registered with the Charity Commissioners. One Can Trust Ltd (OCT) is controlled by its governing document, the Articles of Association.

The governing document of the company allows a minimum of 3 directors and a maximum of 15 directors. All directors of the company are also trustees of the charity.

New trustees are appointed by the existing trustees after a formal recruitment process including eligibility checks and interviews with the board followed by a vote and can serve for a maximum of 9 years.

Trustees are required to declare any competing or conflicting of interests at the commencement of each Board meeting and they are permanently recorded. When a conflict arises, trustees absent themselves from any discussion and decision making.

Trustees give of their time freely and no remuneration is made.

Role of the Board

At their bimonthly meetings, the trustees agree the broad areas of strategy and activity. They scrutinise performance against targets, our financial position, donor relations, HR matters, health and safety, risk, policies, procedures and other governance matters.

The day-to-day running of these matters is delegated to the food bank staff team under the direction of the Operations Manager. The trustees also oversee our Community Support and Food Programmes, with day-to-day operations delegated to the two managers responsible for running these programmes.

Employees

At the end of the year, there were four full-time and four part-time members of staff.

Membership

The charity is a member of the Independent Food Aid Network that represents around 900 independent food banks and collates anonymised data for all to use. We are also supporters of Feeding Britain which is a campaigning charity that tackles food poverty.

We are registered with the Information Commissioner's Office as a Data Controller.

Risk Management

The trustees have a robust Risk policy in place and appoint one of their number to lead on Risk to the Charity.

Most risks are recorded on our Risk Register along with mitigation measures, under five specific categories: Strategic and Governance, Financial, Operational and Reputational, Staffing and Culture. They are kept under active review so that consideration is given to whether the current mitigation measures are adequate or further action is required to address new or emerging risks.

For the reporting year, the risks identified primarily focused on the impact of the cost-of-living crisis and the sharp rise in the number of people being referred to the food bank for support.

Objectives and Activities

Our Charitable Object is the relief of financial hardship among people living or working in Buckinghamshire and surrounding areas by providing food parcels or services which they could not otherwise afford through lack of means.

Our Vision is to be here in South Bucks to help anyone in our local communities who is desperate with hunger, for as long as there is a need.

Our Mission is to bring together everyone who can contribute to the running of our food bank and provide the organisation and fundraising that is necessary to provide food parcels to anyone in crisis.

How we benefit the public

Our trustees have taken into account their duty under section 4 of the Charities Act 2011 and their obligations with regard to Charity Commission guidance on public benefit when planning our activities.

The objective of the food bank is to give relief to those in need by providing an emergency food parcel, typically containing 5 day's food supplies, for an initial period of up to four weeks that can be extended after a review.

In addition, over the last year we have invested in our Community Support and Food Programmes which are intended both to provide additional relief to those in our local communities experiencing financial hardship and simultaneously address the causes behind their poverty.

The direct public benefit that comes from our activities is the relief of hunger within households living in poverty.

Our values

We operate with openness and integrity – in all our actions we will operate openly and transparently, sharing the reasons behind any decisions we make and how these will progress the delivery of the vision. We value everybody in our community equally and strive to maximise the positive impact we can have without regard to any individual's background.

We are inspired by our volunteers – in this we can ensure that all who work with us are united in delivering our vision for the greater good of our community.

We are led by and support our community – our initiatives are driven bottom up, deriving their strength from the community they serve, with our actions guided and focussed by the wishes of the community.

We strive for excellence – we aspire to deliver all we do to the highest possible standard and in this, inspire those living in poverty to strive to achieve their full potential.

We recognise the value of the individual and the power of community – in humbling ourselves to a common purpose we can each contribute to something far beyond the reach of any one of us, strengthened by our collective values and supporting one another as we need it.

Community Leadership

One Can Trust has a growing role in community leadership. As an independently funded organisation we are able to bring knowledge and expertise into the Voluntary and Community Sector. We work closely with the Buckinghamshire Council with feedback and statistics to assist with its mission to ensure that there is assistance to relieve poverty throughout the county.

OCT is one of the few organisations that has direct contact and a strong relationship with those struggling with poverty. We have expanded our role from being simply a reactive organisation, delivering food parcels when requested, towards being more proactive by pursuing a policy, when appropriate, of assisting clients on the path towards greater financial security.

We are able to signpost clients to other charities and grant making organisations who are often able to offer assistance that can sometimes be transformative.

Area Served

The food bank service and Community Support Programme cover a wide area that is similar to the communities previously serviced by the former Wycombe and South Bucks District Councils. During the last year, the Food Programme activities have largely focused on supporting vulnerable people and those in particularly difficult financial circumstances in areas of High Wycombe.

Operations during the Reporting Year to August 2021

Cost-of-Living Crisis

The year began with the gradual easing of Covid-19 restrictions. Initially, this led to a reduction in the number of referrals for the food bank service. However, we very soon began to experience a sharp and sustained rise in the number of referrals, linked initially to the removal of the Universal Credit uplift and increases in food prices. With further inflation linked to the invasion of Ukraine at the start of 2022 and a broader cost-of-living crisis, there was a sustained pressure on our food bank service at unprecedented levels throughout the rest of the financial year.

Capacity and Staff Levels

At the start of the financial year in September we had four members of staff, two of whom were part-time. Our then Operations Manager was on maternity leave and her post was covered on an interim basis by our Food Sourcing Manager.

By January 2023, it was increasingly clear that this level of resource was not sufficient to meet the sharp and sustained increase in referrals that we were experiencing. In addition, some of the key day-to-day tasks that were being undertaken by volunteers were proving to be too demanding and we therefore decided to recruit paid staff to these roles. By the end of the financial year, we had six staff running the food bank service, three of whom were full-time.

We have also increased the number of volunteers supporting us each week to over 220. The Trustees would like to thank every individual and organisation for so generously supporting the food bank in so many ways during this very difficult year to enable every request for a food parcel to be satisfied.

Requesting a Food Parcel

To receive a food parcel, it is necessary to first obtain a referral from one of our local support agency partners. Anyone in need of help and not already being supported by another agency, can contact our office and they will be assisted with obtaining a referral. When a referral is received, the food parcel is made up in a format appropriate to the needs of that household.

Content of the food parcels

The principle is for a standard food parcel to typically provide sufficient food to sustain the recipient and family for 5 days or as is sometimes required, an enhanced food parcel for 7 days along with additional toiletries, depending on the circumstances. The standard food parcel contents have been designed with the assumption that basic food stuffs are available in the cupboard and the enhanced parcel is for those starting from scratch with no stock of the basics. The parcel content is regularly reviewed by the operations team to endeavour to include the most appropriate items, taking into account general welfare, a healthy diet, dietary requirements, allergies and simplicity of food preparation and cooking. Recipients can request food parcels that include vegetarian, vegan or halal meat products and also specify exclusion of certain products due to allergies. Parcels also contain toiletries such as toothpaste, toilet rolls and if appropriate, baby milk to a requested formula along with nappies.

The standard parcels contain an approximate value of food as follows:

SA1 – Single Adult family	£30.00
FA1 – Single parent family	£45.00
FA2 – Small family	£65.00
FA3 – Large family	£75.00

Enhanced parcels contain a greater value of food and are specially tailored to suit the family requirements.

Only food within its 'Best Before' date is used with the exception of bread and fruit and veg. Bread may be used up to 1 or 2 days past its 'Best Before' date. Fruit and veg is visually inspected to ensure that it is of an acceptable quality before being distributed.

Teams work together to sort, date check and store the food donations, prepare fresh produce, pack the parcels or deliver to the recipients. Other volunteers collect food from drop points within supermarkets

Fresh Produce

We continue to include fresh fruit and vegetables and eggs in our food parcels which is quite unusual compared to similar food banks. Wonderful seasonal allotment surplus produce is included when available. This significantly increases the management workload especially with regard to food handling regulations. However, the move has been warmly welcomed by those receiving the parcels. When more unusual items of fresh produce are included, often straight from an allotment, a relevant menu card is also included.

Additional commercial fridges and freezers have been installed and prescribed HACCP food handling procedures introduced along with relevant food handling courses delivered to staff and volunteers.

During the year, we were subject to an Environmental Health audit and received five stars from Buckinghamshire Council, the highest rating possible.

Food Generation

The vast majority of the food that we distribute is donated. A weekly stock take is taken to assist management of stock levels of each category of food item. This stock take is used to inform advertising via social media of our most urgent items.

The sharp and sustained rise in the number of referrals to record levels in the last year has placed severe pressure at times on our food stocks. Since January, we have run food drives every weekend on a rotational basis at local supermarkets. We have also continued to invest in our innovative Street Heroes campaign. These and other initiatives have helped to ensure that food donations from the public have risen, despite the rising price of food that has impacted upon so many households. Approximately half of our donations now come from supermarkets, either through public donations or through the supermarket giving us surplus food. About one quarter of donations are generated via the Street Heroes campaign and the balance comes from a combination of workplaces, schools, clubs, charitable organisations, churches, mosques and community initiatives.

However, the increase in donations has not proven sufficient to meet the rising number of referrals and, consequently, we have frequently had to purchase food from suppliers. During the year, we spent almost £105,000 on food purchases compared with just under £13,000 in the previous financial year. While we have benefited from grant support to meet some of these additional costs, the net effect has still been significant.

Funding

The management structure of the charity is very lean. The minimal team of paid staff is supplemented by over 220 outstanding volunteers. There is no regular income, so money has to be raised to pay staff salaries, rent, maintenance, energy supplier, broadband etc. The activity of one of the Trustees is focussed on making applications for grants from funding organisations and to make appeals for donations from individuals and companies. Funding and fundraising are an integral part of discussion at Board Meetings.

Development of the Charity

Governance

Each year we set out to make a number of changes to the organisation to improve professionalism, governance, Health and Safety, operational systems and sustainability and this reporting year is no exception.

Community Support Programme

During the course of the year, we have invested further in our Community Support Programme (previously called Insight Programme). This is now run by a full-time Manager who reports to the Board and who is assisted by a member of staff whose time is shared between this programme and the Food Programmes. The Community Support Programme operates with the support of approximately 10 trained and experienced volunteers.

The Programme involves contact with every household that is referred to the food bank for support. The Programme operates a triage system to determine additional support that would benefit the recipient household. That support may be provided by us or by partner organisations and could typically involve securing access to additional financial support such as fuel vouchers, the acquisition of white goods, advice on debt and access to training and other specialist support. The programme has also highlighted gaps in the provision of support for households in severe financial difficulty, for example parents with young children who are not able to afford current support. For this reason, we will be commencing our own Parent-Toddler group in High Wycombe in January 2023.

Food Programmes

In March 2022, our previous Operations Manager returned from maternity leave in a new role as our Food Programmes Manager. She is assisted in this role by a member of staff whose time is shared between this programme and the Community Support Programme.

Our Food Programmes initially consisted of running a series of highly successful cookery classes aimed at clients who were receiving support from the food bank or were identified by partner organisations as experiencing financial hardship more generally. Since spring 2022, we have run cookery skills programmes for clients with mental health conditions and for families referred to us by a school in High Wycombe.

We have also operated our Together We Can Café in collaboration with our partner organisation, Hills Café in Mickfield, High Wycombe. This has involved us providing free hot, healthy and nutritious meals to families in financial hardship in a safe space where they are able to socialise and access broader advice and support from our trained and experienced volunteers.

Achievement and Performance

Food Bank Statistics

During the year to 31st August 2021, our food bank service received 13,283 referrals that were delivered to 1,282 different households each receiving assistance for an average of 10.4 weeks. This compares to 11,322 referrals delivered to 1,341 different households for an average of 8.4 weeks in the previous year. The average number of referrals received was 1,106 per month, up from 943 per month for the previous year. These statistics show both the sharp increase in the number of referrals (17%) and also that the people we were supporting typically needed that help for a longer period of time (an increase of 25% in the length of time).

These annual figures mask a sharp increase in demand during the year for the food bank service. In September 2021, we distributed 692 parcels. By December, which had risen to 1,236 parcels. It then never dipped below 1,000 parcels per month for the rest of the financial year, peaking at 1,418 parcels in March. By August 2022, we were delivering 70% more parcels than in the same month in the previous year.

Single adults accounted for about 40% of the overall number of referrals. Small families consisting either of an adult couple with no children or a single parent with 1-2 children accounted for about one quarter of referrals, while larger families of two adults and two children or a single adult with three or four children accounted for about 20%. The balance was made up of larger families.

Geographically, about two-thirds of referrals were for households with a High Wycombe postcode. Other areas that generated significant levels of referrals were Burnham and Iver, Flackwell Heath and Wooburn, and Princes Risborough.

The most commonly cited reason for referrals was that the financial value of benefits received was insufficient to buy food. Other common reasons were problems with the administration of the benefits system, household debt, the inadequacy of income from paid employment and homelessness.

Our estimate is that we distributed food with a retail value of approximately £600,000 during the year.

This remains a remarkably cost-efficient system considering the complexity of the process of collecting, sorting, storing, picking, packing and delivering the parcels. The overhead expenses of the premises and salaries of the employees are the significant on-going costs. All this is possible due to the readiness of a team of well around 220 willing volunteers who each week sort and store incoming food, pick and pack parcels and others who collect food from drop centres and supermarkets and deliver packed parcels to the doorstep.

Community Support Programme Statistics

Between January 2022 and the end of the financial year, the Community Support Programme Team made 383 telephone calls to clients receiving support from the food bank. Of these, 147 felt they needed no further support at that stage from One Can Trust or our partner organisations. We supported another 88 clients with simple signposting to other services for extra help. In the remaining 148 cases, our team worked extensively with the client to assist them in accessing other help or services, including additional financial support. Between January and the end of August 2022, we secured additional funding of over £12,000 for clients to help them with the costs of fuel, water, children's clothes, white goods, general household expenses or the costs of returning to work.

Food Programmes Statistics

We ran two cookery courses during May and June for a total of 15 clients referred to us by Wycombe MIND. We also ran cookery courses during the same period for families with children at Beechview School and a further course for adults during August. The qualitative feedback we received from all these courses was very strong. We ran two supper clubs during August for families in Micklefield who were struggling financially during the school holidays. A total of 23 people attended these sessions. Between the start of May and the end of the financial year, we ran nine Together We Can open café sessions at the Hills Café in Micklefield that have attracted a total of 109 people.

Acknowledgements

The Trustees are most grateful for the incredibly generous donations of food and money that come from residents in the South Bucks and surrounding areas. Community spirit is clearly very much alive.

The Trustees would like to make a special thank you to the numerous volunteers who so generously and reliably gave their time to sort and store food, another group of volunteers who picked and packed the parcels, yet another group of volunteers who collected food from supermarkets and drop centres and yet more who collected the completed parcels from Duke Street within designated time slots and delivered them to the client's doorstep. The Trustees would also like to thank all the other volunteers who involve themselves with the foodbank in so many different ways to assist with marketing current needs, producing videos, setting up spread sheets and a host of other 'hidden' activities.

The Trustees would also like to warmly thank the many volunteers who are our gallant Street Heroes, hosting a local food drop point in their front gardens and regularly delivering the proceeds to our warehouse. We also want to thank the volunteers who have helped to organise and run our weekly supermarket food drives, standing in draughty entrances handing out leaflets to encourage food donations which have been absolutely essential to our success in meeting the sharp increase in the number of referrals over the last year. Without these volunteers there would be no emergency food bank as it would not be economically viable to pay staff to carry out the same work. We would also like to thank the volunteers who have invested so much energy, time and commitment in making our Community Support and Food Programmes so successful.

The Trustees would like to thank all the donors and supporters who have made financial contributions and donations of food, large and small, and without whom the charity could not exist. This includes many individuals and community service organisations. We are most grateful to Buckinghamshire Council who made very generous grants towards rent, administration and food costs during the year and to the King Cullimore Trust for their financial support.

And finally the Trustees would like to thank every one of the small staff team who have risen to the many challenging situations that the last year has presented.

Signed on behalf of the trustees



Andy Ford, Chairman

12th January 2023

ONE CAN TRUST LIMITED

STATEMENT OF
FINANCIAL ACTIVITIES
For the year ended 31 August 2022

Notes	-----2022-----			2021
	£	£	£	£
	Unrestricted	Restricted	Total	Total
Income:				
Local Giving/Stewardship	154,160		154,160	165,574
Individual Donations	73,975		73,975	97,897
Church Donations	6,178		6,178	13,865
School Donations	816		816	1,800
Community Groups	44,574		44,574	37,268
Company Donations	26,832		26,832	53,003
Fund raising	1,169		1,169	948
Grants received	2 117,500	13,000	130,500	99,282
Interest	1,163		1,163	63
TOTAL INCOME	426,367	13,000	439,367	469,700
Expenditure:				
Wages and Employment Costs	3 181,896	4,702	186,598	149,562
Vehicle Purchase Cost	-	-	-	21,594
Building and Premises	4,458		4,458	5,928
Furniture and Equipment	5,091		5,091	18,691
Other Office Support Costs	5,724		5,724	4,235
Vehicle Running Costs	4,205		4,205	2,757
Travel and Delivery Costs	3,720		3,720	1,306
Rent	6,000		6,000	7,156
Service Charge	7,579		7,579	5,770
Electricity	2,952		2,952	3,682
Insurance	1,356		1,356	1,356
Stationery and Postage	3,528		3,528	4,470
Telephone	2,056		2,056	1,438
Cleaning and Safety	7,534		7,534	9,747
Food Purchase and Bags	4 111,752	13,599	125,351	12,892
Publicity and communications	4,404		4,404	3,874
Cookery Project	-	8,298	8,298	-
Training	24		24	1,004
Bank charges	207		207	97
Miscellaneous	200		200	229
TOTAL EXPENDITURE	352,686	26,599	379,285	255,788
Surplus for the year	73,681	(13,599)	60,082	213,912

ONE CAN TRUST LIMITED-

BALANCE SHEET
As at 31 August 2022

		-----2021/2022-----				2020/21
		£	£	£	£	£
	Notes	Unrestricted	Designated	Restricted	Total	Total
CAF Cash Account		87,671			87,671	67,111
CAF Deposit Account	5	85,216	160,000		245,216	185,063
Shawbrook/CAF-60 day Account		250,839			250,839	250,000
Petty Cash		150			150	50
		423,876	160,000		583,876	502,244
LESS:						
Creditors	6	(22,203)			(22,203)	(633)
		<u>401,673</u>	<u>160,000</u>	<u>-</u>	<u>561,673</u>	<u>501,591</u>
Represented By:						
B/Fwd. 1 September 2021		327,992	160,000	13,599	501,591	287,679
ADD:						
Surplus for the year ended 2022		73,681		(13,599)	60,082	213,912
Total		<u>401,673</u>	<u>160,000</u>	<u>-</u>	<u>561,673</u>	<u>501,591</u>

For the year ended 31 August 2022 the company was entitled to exemption under section 477 of the Companies Act relating to the filing of accounts by small companies

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

P. W. Green

Andrew Pegg

ONE CAN TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 August 2022

1. The financial accounts have been prepared under the Companies Act 2011 (2014 version of Accounting and Reporting by Charities). The financial statements have been prepared under the historical cost convention to show the position of the Trust's financial activities for the year 2021/2022

2. The Trust received grants during the year which totalled £130,500

Unrestricted

Sainsburys Neighbourly Fund	1,500	
King Cullimore Charity	25,000	
Bucks County Council	<u>91,000</u>	£117,500

Restricted

Bucks County Council		£13,000
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3. During the year the Trust commenced the Insight Programme in teaching Cookery and the Community Support Programme. This saw an increase in staff numbers resulting to higher Staff Employment costs.
4. Purchase of food supplies amounted to £125,351 of which £13,599 was met from a restricted grant for the purchase of food brought forward from the previous year.
5. The Designated Fund balance of £160,000 was created by Trustees in previous years. The fund was to cover the possible future winding up costs of £80,000, known relocation of the Trust premises at a future date £30,000 and the planned Insight Programme of Cookery and Community Support £50,000.
6. At the end of the year creditors of £22,203 related to staff pension contributions of £1,372 still to be collected by the pension provider plus bulk food purchases in August 2022 of £20,831 not paid until after the end of the financial year.

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the Trustees of:

One Can Trust Limited

Charity No. 1148626

On the accounts for the year ended: 31 August 2022

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 August 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(b)(9b) of the Act.

Independent Examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ICAEW.

I have completed my examination. I confirm that no material matters have come to my attention in connection with my examination which gives me cause to believe that in any material respect

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: Charlotte CHARLOTTE BRIDGES

Relevant professional qualification ACA

Address: 24th AMERSHAM ROAD, HIGH WYCOMBE, BUCKS
HP13 6QU
8th JANUARY 2023

ONE CAN TRUST

England & Wales - Charity number 1148626

Accounts

One Can Trust - Trustees Report

For the year ended 31 August 2021

Reference and Administrative Information

One Can Trust – Trustee Directors

The Trustees, who are also Directors for the purposes of company law, and who served during the year and up to the date of signature of the financial statements were:

Graham Peart - Chair

Kate Brewster – Elected 13th January 2021

Andy Ford

Peter W Green – Treasurer

Philip Hynard – Secretary – Elected 13th January 2021

Josephine Ollis – Resigned 12th November 2020

Peggy Peckham

Gareth Pugh – Elected 13th January 2021

Sarfraz Khan Raja – Elected 13th January 2021

Operations Manager (Interim)

Jo Belshaw

Office Address - 11b Duke Street, High Wycombe Buckinghamshire. HP13 6ER

Charity No. – 1148626 (Established in 2011)

Company No. - 8137465 (Registered in England and Wales)

Bankers - CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 4JQ

Account No. 00024509 Sort Code: 40 – 52 – 40

Structure, Governance and Management

Introduction

One Can Trust was formed in 2011 to provide emergency food parcels to anyone unable to provide food for themselves and their families, whoever they are, wherever they are from and whatever the circumstances.

The charity is an integral part of the network of charitable food banks across Buckinghamshire providing comprehensive geographical coverage to assist those in crisis.

We bring together people from all walks of life who so generously donate food items or money or give their time as a volunteer to enable the delivery to the doorstep of a carefully designed emergency food parcel that includes fresh produce and eggs, to anyone in need.

The Board

OCT is a company limited by guarantee and a charity registered with the Charity Commissioners. One Can Trust Ltd (OCT) is controlled by its governing document, the Articles of Association. The charity is controlled by its governing document, the Trust Deed.

The governing document of the company allows a minimum of 3 directors and a maximum of 15 directors. All directors of the company are also trustees of the charity.

New trustees are appointed by the existing trustees after a formal recruitment process including eligibility checks and interviews with the board followed by a vote, and can serve for a maximum of 9 years.

Trustees are required to declare any competing or conflicting of interests at the commencement of each Board meeting and they are permanently recorded. When a conflict arises, trustees absent themselves from any discussion and decision making.

Trustees give of their time freely and no remuneration is made.

Role of the Board

At their bimonthly meetings, the trustees agree the broad areas of strategy and activity. They scrutinise performance against targets under three strategic aims: food supply, volunteer time and income generation.

Other matters reviewed at each board meeting include financial position, donor relations, HR matters, H&S, risk, policies, procedures and other governance matters. The day to day running of these matters is delegated to the staff team under the direction of the Operations Manager.

Employees

At the end of the year, there were three full time and three-part time staff, one being on maternity leave.

Membership

The charity is a member of the Independent Food Aid Network that represents around 900 independent food banks and collates anonymised data for all to use.

We are registered with the Information Commissioner's Office as a Data Controller.

Risk Management

The trustees have a robust Risk policy in place and appoint one of their number to lead on Risk to the Charity.

Most risks are recorded on our Risk Register along with mitigation measures, under five specific categories: Strategic and Governance, Financial, Operational and Reputational, Staffing and Culture. They are kept under active review with a board level review twice a year. At these reviews, consideration is given to whether the current mitigation measures are adequate or the need for further action is required to address new or emerging risks.

For the reporting year, the risks identified were surrounding the pandemic and the potential impact of donations of food and the availability of volunteers.

Objectives and Activities

Our Charitable Object is the relief of financial hardship among people living or working in Buckinghamshire and surrounding areas by providing food parcels or services which they could not otherwise afford through lack of means.

Our Vision is to be here in South Bucks to help anyone in our local communities who is desperate with hunger, for as long as there is a need.

Our Mission is to bring together everyone who can contribute to the running of our food bank, and provide the organisation and fundraising that is necessary to provide food parcels to anyone in crisis.

How we benefit the public

Our trustees have taken into account their duty under section 4 of the Charities Act 2011 and their obligations with regard to Charity Commission guidance on public benefit when planning our activities.

The primary objective of the food bank is to give relief to those in genuine need by providing an emergency food parcel, typically containing 5 day's food supplies, for an initial period of up to four weeks that can be extended after a review.

Trustees review our public benefit annually to ensure alignment with that responsibility. This was last done on November 11th 2021.

The direct public benefit that comes from our activities is the relief of hunger within households living in poverty.

Our Values

We operate with openness and integrity – in all our actions we will operate openly and transparently, sharing the reasons behind any decisions we make and how these will progress the delivery of the vision. We value everybody in our community equally, and strive to maximise the positive impact we can have without regard to any individual's faith or background.

We are inspired by our volunteers – in this we can ensure that all who work with us are united in delivering our vision for the greater good of our community.

We are led by and support our community – our initiatives are driven bottom up, deriving their strength from the community they serve, with our actions guided and focussed by the wishes of the community.

We strive for excellence – we aspire to deliver all we do to the highest possible standard and in this, inspire those living in poverty to strive to achieve their full potential.

We recognise the value of the individual and the power of community – in humbling ourselves to a common purpose we can each contribute to something far beyond the reach of any one of us, strengthened by our collective values and supporting one another as we need it.

Community Leadership

One Can Trust has a growing role in community leadership. As an independently funded organisation we are able to bring knowledge and expertise into the Voluntary and Community Sector. We work closely with the Buckinghamshire Council with feedback and statistics to assist with its mission to ensure that there is assistance to relieve poverty throughout the county.

OCT is one of the few organisations that has direct contact and a strong relationship with those struggling with poverty. We are expanding our role from being simply a reactive organisation, delivering food parcels when requested, towards being more proactive by pursuing a policy, when appropriate, of assisting clients on the path towards financial stability.

We are able to signpost clients to other charities and grant making organisations who are often able to offer assistance that can sometimes be transformative.

One of our trustees sits as the food bank representative on the high level Council led Voluntary and Community Sector Partnership Board that is an important organisation at the centre of the voluntary sector.

Area Served

The food bank service from OCT is available over a wide area, centred on High Wycombe and available to all in need across the south of Buckinghamshire.

Since the beginning of the pandemic, most food parcel deliveries are made direct to the client's doorstep with the exceptions being the bulk deliveries to some churches whose volunteers arrange for the ongoing delivery to the client.

We intend to offer the option of a self-picked parcel once again subject to Covid-19 restrictions and availability of a suitable venue.

Operations during the Reporting Year to August 2021

Covid-19 Pandemic ongoing

The previous reporting period was definitely not 'business as usual' and this period continued much the same. On 5th November 2020 the UK government declared a second lockdown with non-essential shops, services and workplaces all closing and this time, with schools remaining open. The food bank was deemed an essential service and remained open as it had managed to do from the start of the pandemic with social distancing and face masks required at all times within the Duke Street premises. Two-hour shift patterns were further evolved for volunteers spread over the entire working day, 5 days a week, the commencement of being a full time organisation.

Delivery drivers have designated pick up times and the parcels are picked to that timetable.

The warehouse reorganisation continued and improvements made to make full use of available space to accommodate the increasing stock levels required and to reduce reliance on the overflow storage that was generously made available by R H Amar on the Cressex Estate.

Volumes of food deliveries to the warehouse continued to increase in line with demand. Strict procedures were put in place for the safety of staff and volunteers.

Capacity and Staff Levels

At the start of the financial year in September we had 5 staff, two of which were part time the others full time. At that time, we still had little vision on what and when the peak of demand might be as numbers of parcels requested continued to rise relentlessly.

It was not until the springtime that the picture became clearer. During 2019, the average demand was for just under 100 parcels a week. By September 2020 that had risen to 201 per week and the peak was eventually reached in March 2021 with an average of 299 parcels a week delivered, 3 times the level before the pandemic.

During the month of March 2021 our volunteers received, sorted and packed food to the value of over £50,000 into around 1,200 parcels requiring in excess of 6,000 supermarket sized bags of food, prepared for delivery by other volunteers.

This workload required around 200 different volunteers to contribute their time for at least one two hour shift in the month with most on a weekly rota in 'bubbles'.

Generous grants received from funding organisations including Buckinghamshire Council, Heart of Bucks and the Rothschilds Trust along with cash donations from many individuals and service clubs. Without this very generous funding, it would not have been possible to increase the staff levels to an adequate level to be able to safely manage the increase in demand.

The Trustees would like to thank every individual, club and organisation for so generously supporting the food bank in so many ways during this very difficult year to enable every request for a food parcel to be satisfied.

Requesting a Food Parcel

To receive a food parcel, it is necessary to first obtain a referral from one of our local support agency partners. Anyone in need of help and not already being supported by another agency, can contact our office and they will be assisted with obtaining a referral. When a referral is received, the food parcel is made up in

a format appropriate to the needs of that household. This could be for one person, a single parent family or a larger family.

Self-Pick Food Parcels

Historically, around a half of all food parcels were self-picked and the plan is to resume this important option at our premises in Duke Street as soon as practicable.

There are many benefits for some who prefer the self-pick option that include minimising the waste that may occur in pre-specified parcels, with the added benefit of the opportunity of some companionship over a cup of tea that is so important to many of those who are living alone.

Food Generation

The concept of recruiting Street Heroes who could host and manage a food drop point in their front garden has proved to be a spectacular success for the collection of food donations. Over 300 people initially volunteered to become a drop point for their local area displaying the bright yellow signs and around 180 continue to provide this valuable service collecting around 50% of food donations. Food volumes received from supermarket drop points have slowly recovered with increasing footfall. Schools, clubs and churches have enthusiastically resumed food collections especially at Harvest and Christmas time.

A weekly stock take is taken to assist management of stock levels of each category of food item.

Buckinghamshire County Council provides a grant, calculated at £2.50 per referral request and this ring fenced funding is used to top up food items with low stock levels and some fresh produce.

Content of the food parcels

The principle is for a standard food parcel to typically provide sufficient food to sustain the recipient and family for 5 days or as is sometimes required, an enhanced food parcel for 7 days along with additional toiletries, depending on the circumstances. The standard food parcel contents have been designed with the assumption that basic food stuffs are available in the cupboard and the enhanced parcel is for those starting from scratch with no stock of the basics. The parcel content is regularly reviewed by the operations team to endeavour to include the most appropriate items, taking into account general welfare, a healthy diet, dietary requirements, allergies and simplicity of food preparation and cooking. Recipients can request food parcels that include vegetarian, vegan or halal meat products and also specify exclusion of certain products due to allergies. Parcels also contain toiletries such as toothpaste, toilet rolls and if appropriate, baby milk to a requested formula along with nappies.

The standard parcels contain an average value of food as follows.

SA1 – Single Adult family	£27.55
FA1 – Single parent family	£35.10
FA2 – Small family	£63.85
FA3 – Large family	£73.95

Enhanced parcels contain a greater value of food and are specially tailored to suit the family requirements.

Only food within its 'Best Before' date is used with the exception of bread and fruit and veg. Bread may be used up to 1 or 2 days past its 'Best Before' date. Fruit and veg is visually inspected to ensure that it is of an acceptable quality before being distributed.

Teams work together to sort, date check and store the food donations, prepare fresh produce, pack the parcels or deliver to the recipients. Other volunteers collect food from drop points within supermarkets

Fresh Produce

We continue to include fresh fruit and vegetables and eggs in our food parcels which is quite unusual compared to similar food banks. Wonderful seasonal allotment surplus produce is included when available. This significantly increases the management workload especially with regard to food handling regulations. However, the move has been warmly welcomed by those receiving the parcels. When more unusual items of fresh produce are included, often straight from an allotment, a relevant menu card is also included.

Additional commercial fridges and freezers have been installed and prescribed HACCP food handling procedures introduced along with relevant food handling courses delivered to staff and volunteers.

Van

We acquired a used Transit Connect van during the financial year and this has proved to be exceptionally useful with transporting bulk food parcels, bulk food purchases and moving our gazebo to and from many events.

Funding

The management structure of the charity is very lean. The minimal team of paid staff is supplemented by over 200 outstanding volunteers. There is no regular income so money has to be raised to pay staff salaries, rent, maintenance, energy supplier, broadband etc. The activity of one of the Trustees is focussed on making applications for grants from funding organisations and to make appeals for donations from individuals and companies. Funding and fundraising are an integral part of discussion at Board Meetings.

Development of the Charity

Governance

Each year we set out to make a number of changes to the organisation to improve professionalism, governance, Health and Safety, operational systems and sustainability and this reporting year is no exception.

Insight Programme and Monitoring

The benefits derived from the delivery of food parcels is evidenced by our Insight Programme through which phone contact is made with clients who have received food parcels and a predetermined set of questions is asked. The questions include the quality and usefulness of the contents of the food parcel, the circumstances that led to the need for a food parcel and to establish what other help would assist the recovery to a more stable financial position.

This programme started in the summer of 2021 and the encouraging results will lead to other services being offered that may include a cookery course, life skills course, signposting to debt counselling or other appropriate assistance. In some cases, One Can Trust can act as a referral partner and make an application to another body for a one off grant usually made within days to resolve a debt issue or to pay a fuel bill.

Feedback received from the Insight Programme shows that every life story is very personal and different but the common outcome is that many clients find themselves living in grinding poverty and that in many cases, assistance supplementary to the food parcel could make a significant difference.

Achievement and Performance

Statistics

During the year to 31st August 2021, OCT received 11,322 referrals that were delivered to 1341 different households each receiving assistance for an average of 8.4 weeks. This compares to 7250 referrals delivered to 1243 different households for an average of 5.8 weeks in the previous year.

The average number of referrals received was 943 per month, up from 604 per month for the previous year.

The highest demand in the year was in March 2021 with 1325 referrals to provide food for an average of 674 people each week (May 2020 with 896 referrals) and the lowest in August 2021 with 724 referrals to provide food for an average of 346 people each week (February 2020 with 383 referrals).

The difference between the August 2021 low and the March 2021 peak of plus 83% is a stark contrast. There has been no previous clear pattern for the peaks in demand that occurred in different months over the years of collecting statistics although clearly the lockdowns had a significant effect.

Overall, there was another significant average increase in demand for food parcels during the year of around 50% that was itself an increase on the previous year of 35%. The ratio of parcels delivered to single adults, single adult families and two adult families did not significantly alter.

This required food receipts, that are mostly donations from individuals, had a retail value of around £430,000 in the year or £36,000 each month (£18,500 in 2020), equating to around 1,000 supermarket sized bags of food being donated, processed and delivered each week.

Donated funds are used to purchase dry food items from trade suppliers when required and on a more regular basis, to top up fresh food and vegetable stocks.

The retail value of food parcels remains approximately as follows, £24 for a single adult, £39 for a single parent family and £65 for a two-adult family, depending on the number and age of children. The overall average value of a food parcel is approximately £38.

Of the total households, 61% received between 1 and 6 food parcels representing 24% of the food resources, 30% of the households received between 7 and 20 food parcels representing 40% of the food distributed and 9% of the households received more than 20 parcels representing 36% of the food distributed.

The Trustees actively consider measures to reduce the workload required within the operational systems to improve efficiency in the food handling processes.

This remains a remarkably cost-efficient system considering the complexity of the process of collecting, sorting, storing, picking, packing and delivering the parcels. The overhead expenses of the premises and salaries of the employees are the significant on-going costs. All this is possible due to the readiness of a team of well around 200 willing volunteers who each week sort and store incoming food, pick and pack parcels and others who collect food from drop centres and supermarkets and deliver packed parcels to the door step.

Acknowledgements

The Trustees are most grateful for the incredibly generous donations of food and money that comes from residents in the Wycombe and the surrounding areas. Community spirit is clearly very much alive.

The Trustees would like to make a special thank you to the numerous volunteers who so generously and reliably gave their time to sort and store food, another group of volunteers who picked and packed the parcels, yet another group of volunteers who collected food from supermarkets and drop centres and yet more who collected the completed parcels from Duke Street within designated time slots and delivered them to the client's doorstep. The Trustees would also like to thank all the other volunteers who involve themselves with the foodbank in so many different ways to assist with marketing activities, produce videos, manage the website and stand at chilly supermarket entrances on food drives.

The Trustees would also like to warmly thank the many volunteers who are our gallant Street Heroes, hosting a local food drop point in their front gardens and regularly delivering the proceeds to our warehouse. This is a remarkably successful operation that provides the majority of our donated food.

Without these volunteers there would be no emergency food bank as it would be not be economically viable to pay staff to carry out the same work.

The Trustees would like to thank all the donors and supporters who have made financial contributions large and small and without whom the charity could not exist. This includes many individuals and community service organisations. We are most grateful to the Buckinghamshire Council who made very generous grants towards rent, administration and food costs during the year and to the Heart of Bucks, the Rothschilds Trust and other funding organisations for generous emergency grant funding during the lockdown period. It is major challenge to raise over £20,000 per month to keep the service running.

And finally the Trustees would like to thank every one of the small staff team who have risen to the many challenging situations that Covid-19 has presented.

In no particular order the Trustees warmly thank the following:

Individuals

The very many individuals and families who have freely made very generous donations that are mostly anonymous so cannot be thanked individually. Even more individuals and families who have selflessly given their time as volunteers to collect and deliver the food, sort and store it, pick and pack it and deliver to the doorstep of our clients.

Food Suppliers

Thank you to all the supermarkets and village shops who donate surplus food and allow One Can to collect customer donations within their stores, including: Asda High Wycombe; Tesco Loudwater and High Wycombe; Sainsbury's High Wycombe, Beaconsfield and Marlow; M&S Wycombe Marsh, Beaconsfield and Marlow; Waitrose High Wycombe and Beaconsfield, Co-op stores in Bourne End, Walters Ash and Princes Risborough; Lidl Desborough Avenue and Aldi Tannery Road.

Also including Lacey's Family Farm, Peterley Manor Farm, Emmett's Farm Shop, Jungs Beaconsfield, Gail's Beaconsfield, Feedback Grow to Give Initiative, Nathan's Cod & Fry and Jollyes Pet Food.

Organisations and Local Businesses

Including Buckinghamshire Council, Heart of Bucks, Rothschilds Foundation, Wycombe Wanderers Football Club, Wycombe Wanderers Sports and Education Trust, RH Amar, Saucy Horse Video, WRAP, Designbury, Jamtastic, BMCreative, Synergy Flavours, JNP Estate Agents, Little Steps Community Group, Gracewell Care Home, GDT Fire Extinguishers, Account Technologies, Chiltern Rangers, Musical Mayhem, Your Print Solution, Chandler Garvey, Red Kite Community Housing, Bucks New University, Wade Technologies, Logic Financial Services, IFCO, MCFT, Lou Tait Freeland Designer, Excel Office Supplies, Professional Print Services, Thames Graphics.

Churches and Mosques

Including Wesley Methodist Church, The Hub at Union Baptist Church, WISE, Karima Al-Marwaziyya, Trinity Church High Wycombe, Marlow Methodist Church, Little Marlow Church, Holmer Green Methodist Church, Holmer Green Baptist Church, Speen Baptist Church, St Pauls Church Wooburn, Great Missenden Baptist Church, St James Church Gerrards Cross and Fulmer, St Peters Church Loudwater, Lantern Church, Little Kimble Church, Marlow Baptist Church, St Ann's and St Peter's Church, St Augustine's Church, St Michael's Church Beaconsfield, St Thomas' Church Holtspur, Stokenchurch Parish Church, United Benefice of Farnham, Holy Trinity Church Seer Green, Oakridge Baptist Church, Pastures Church Downley, Methodist Church Downley, Cadmore End Church, All Saints Church High Wycombe, All Saints Church Marlow, All Saints Church Coleshill, St Andrews Church, St Dunstan's Church Monks Risborough, Little Kingshill Baptist Church, Christ Church Flackwell Heath, Cores End URC Wooburn Green, St Michael and All Angels, Hughenden Church, Micklefield ELIM Christian Fellowship, St James Church Downley, The Avenue Church, Frieth Church, Christ the Saviour King Church, Bledlow Churches (Including Saunderton and Horsenden).

Educational Establishments

Including Cedar Park School, Gayhurst School, Dr Challoners School, Little Kingshill School, Great Kingshill School, Butlers Court School, St Piran's School, Davenies School, Pipers Corner School, Frieth School, Wycombe Abbey School, Alfriston School, Holy Trinity School, High March School, Penn Street & Holmer Green School, High Wycombe C of E School, Marlow C of E School, St Marys C of E School, St Mary's and All Saints C of E School Beaconsfield, Cadmore End C of E Combined School, Highworth School, Holyport School, Manor Farm Infants School, Widmer End School, The Misbourne School, Tylers Green School, Holtspur School, Hyde Heath School, The Marsh School, Hughenden Primary School, Disraeli School, Monks Risborough School, Stoney Dean School, Claytons Primary School, Spinfield School, Beechview Academy, Manor Farm Infants School, Mary Towerton School, Sandygate School Marlow, St Peters Catholic Primary School Marlow, The Beacon School, Burford School, Abbey View Primary Academy, Bucks New University, Hamilton Academy, Crown House School, Godstowe School, Highcrest Academy, Downley School, Tylers Green First School, Millbrook School, Little Ducklings Day Nursery and Pre-School, Sandcastle Nursery, Castlefield School, Princes Risborough Primary School, Hamilton Academy, Bledlow Ridge School, Booker Hill School.

Service and Community Clubs

Including the Rotary Clubs of High Wycombe, Marlow, Marlow Bridge, Marlow Thames, Misbourne Matins and Princes Risborough, Inner Wheel Club High Wycombe, Wycombe Lions Club, Marlow Masons, Bourne End and Flackwell Heath Tangent Club.

Signed on behalf of the trustees

Financial Review

Trustees Report

The trustees are pleased to present their report and financial statements for the year ended 31st August 2021.

The financial statements have been prepared in accordance with the policies set out in Note 1 of the Financial Statements and comply the charity's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities: statement of recommended practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1st January 2019)'.

Financial Results

The results for the year ended 31st August 2021 are set out in the attached financial statements. During the year OCT recognised income of £469,636 (£388,770) and expenditure of £255,251 resulting in a surplus of £214,385 (£247,026). Bracketed figures are for the previous financial year.

In all respects of the operations and finances during the financial year ending August 2021, both the statistics and financial outturn was truly exceptional.

The Trustees have carefully considered the current financial position and are confident that with the current reserves and future anticipated donations, the charity continues to remain viable.

Reserves Policy

During the year the trustees agreed to increase the designated fund for the possible future winding up costs of the trust by an additional £47,000 to £127,000, retain a £30,000 designated fund for the known relocation of the trust premises at a future date and £50,000 for the Insight Programme currently running. These additional provisions were made from the unrestricted funds held by the trust.

Reserves Allocation Summary

Overheads 6 months	£127,000
Relocation Reserve	£ 30,000
Insight Programme Reserve	£ 50,000
Total Reserves	£207,000

The balance of available funds in the 'general reserve' amounts to about one year's operating costs for the charity as forecast in the budget for the current year, agreed by the Trustees in November 2021. The charity has responded to exceptional circumstances and an unprecedented level of demand experienced over the 18 months of the pandemic to ensure that food parcels are always available to be delivered to those in need and capacity remains in the systems to cope with potential future demands on our services.

The assessment of the Trustees is that there is a significant risk that these pressures will continue and possibly become more pronounced over the next twelve months. We therefore consider it appropriate that we have this level of reserves available to us to ensure that we can respond effectively to any worsening situation and continue to meet the needs of the most vulnerable members of our local community.

Statement of Trustees Responsibilities

- The Trustees who are also the Directors of One Can Trust Ltd for the purposes of company law, are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

Statement of Disclosure to the Independent Examiner

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Independent Examiner, David Sparks of Brandaris, Cryers Hill Road, High Wycombe, HP15 6JS, was appointed in accordance with Section 487(2) of the Companies Act 2006.

Signed on behalf of the trustees

Graham Peart

Chairman

13th January 2022

ONE CAN TRUST LIMITED

STATEMENT OF
FINANCIAL ACTIVITIES
For the year ended 31 August
2021

		-----2021-----			2020
		£	£	£	£
	Notes	Unrestricted	Restricted	Total	Total
Income:					
Local Giving/Stewardship		165,574		165,574	131,649
Individual Donations		97,897		97,897	55,194
Church Donations		13,865		13,865	12,149
School Donations		1,800		1,800	300
Community Groups		37,268		37,268	64,710
Company Donations		53,003		53,003	15,765
Fundraising		948		948	3,646
Grants received	2	51,052	48,230	99,282	105,357
Interest		63		63	
TOTAL INCOME		421,470	48,230	469,700	388,770
Expenditure:					
Wages and Employment Costs	3	135,562	14,000	149,562	73,250
Vehicle Cost		16,594	5,000	21,594	
Building and Premises		5,928		5,928	15,166
Furniture and Equipment		10,621	8,070	18,691	13,514
Other Office Support Costs		4,235		4,235	3,577
Vehicle Running Costs		2,757		2,757	
Travel and Delivery Costs		1,306		1,306	
Rent		7,156		7,156	6,000
Service Charge		5,770		5,770	5,053
Electricity		3,682		3,682	2,962
Insurance		1,356		1,356	521
Stationery and Postage		4,470		4,470	1,474
Telephone		1,438		1,438	1,449
Cleaning and Safety		9,747		9,747	1,863
Food Purchase and Bags	4	-	12,892	12,892	13,870
Publicity and communications		3,874		3,874	2,828
Training		584	420	1,004	24
Bank charges		97		97	84
Miscellaneous		229		229	109
TOTAL EXPENDITURE		215,406	40,382	255,788	141,744
Surplus for the year		206,064	7,848	213,912	247,026

ONE CAN TRUST LIMITED

BALANCE SHEET
As at 31 August 2021

		-----2020/2021-----				2019/20
		£	£	£	£	£
	<i>Notes</i>	<i>Unrestricted</i>	<i>Designated</i>	<i>Restricted</i>	<i>Total</i>	<i>Total</i>
CAF Cash Account	5	53,512		13,599	67,111	42,725
CAF Deposit Account	6	25,063	160,000		185,063	245,000
Shawbrook/CAF 60 day a/c		250,000			250,000	
Petty Cash		50			50	50
		328,625	160,000	13,599	502,244	287,775
LESS						
Creditors	7	(633)			(633)	(96)
		<u>327,992</u>	<u>160,000</u>	<u>13,599</u>	<u>501,591</u>	<u>287,679</u>
Represented By:						
B/Fwd 1 September 2020		171,928	110,000	5,751	287,679	40,653
ADD:						
Surplus for the year ended 2021		206,064		7,848	213,912	247,026
Transfer		(50,000)	50,000			
Total		<u>327,992</u>	<u>160,000</u>	<u>13,599</u>	<u>501,591</u>	<u>287,679</u>

For the year ended 31 August 2021 the company was entitled to exemption under section 477 of the Companies Act relating to the filing of accounts by small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

ONE CAN TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 August 2021

1. The financial statements have been prepared under the Companies Act 2011 (2014 version of Accounting and Reporting by Charities). The financial statements have been prepared under the Historical Cost Convention to show the position of the Trust's financial activities for the year 2020/2021.

2. The Trust grants received during the year totalled £99,282

Unrestricted

Lottery	9,900	
Bucks County Council	32,152	
Shanly Foundation	2,000	
Clare Foundation	5,000	
Beaconsfield Residents Filming	<u>2,000</u>	51,052

Restricted

Bucks County council (food)	21,160	
Buckingham (vans)	5,000	
Rothschild (shelving)	6,000	
Bucks County Council (fridges)	1,900	
Wycombe District Council (fridges)	170	
Rothschild (staffing)	<u>14,000</u>	48,230

3. During the year the Trust significantly increased the number of employed staff to handle the coronavirus crisis.
4. Purchase of food supplies amounted to £12,892 which was met from the restricted grants from Bucks County Council.
5. Unspent restricted grants held in the CAF Bank Accounts at the year end amounted to £13,599 being totally grants received from Bucks County Council for food purchase.
6. During the year the Trustees agreed to increase the designated fund balance by £50,000 for the proposed Insight Programme, making a total of £160,000. This designated fund was to cover possible future winding up costs of £80,000, known relocation of Trust premises at a future date £30,000 and the planned Insight Programme £50,000.
7. At the year-end creditors of £633 related to staff pension contributions still to be collected by the pension provider.

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the Trustees of:

One Can Trust Ltd.

Charity No. 1148626

On accounts for the year ended:

31 August 2021

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 August 2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(9b) of the Act.

Independent Examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a

qualified member of ICAEW

I have completed my examination. I confirm that no material matters have come to my attention in connection with my examination which gives me cause to believe that in, any material respect

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: C. Snaden CHARLOTTE BRIDGES 7/1/22

Relevant professional qualification: ACA

Address: 24^A AMERSHAM ROAD
..... HIGH WYCOMBE
..... HP13 6QU