

# MOTHER HELPAGE (UK)

England & Wales · Charity number 1148450

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2012-08-07

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 8 Brooklands Drive  
Littleover  
Derby  
DE23 1DN

**Phone** 0208 159 6999

**Email** [info@motherhelpage.org](mailto:info@motherhelpage.org)

**Website** [www.motherhelpage.org](http://www.motherhelpage.org)

## Activities

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**Objects:** 4.1.1. TO ADVANCE THE EDUCATIONS OF PERSONS RESIDING PERMANENTLY OR TEMPORARILY IN DEVELOPING COUNTRIES;4.1.2. TO RELIEVE SICKNESS AND PRESERVE GOOD HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVELOPING COUNTRIES, IN PARTICULAR, BUT NOT EXCLUSIVELY BY THE PROVISION OF MEDICAL AID TO THOSE SUFFERING FROM ARTHRITIS OR POST TRAUMATIC STRESS DISORDER;4.1.3. TO RELIEVE FINANCIAL HARDSHIP OF PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVELOPING COUNTRIES; AND4.1.4. TO RELIVE FINANCIAL NEED AND SUFFERING AMONG VICTIMS OF NATURAL OR OTHER KINDS OF DISASTER IN THE FORM OF MONEY (OR OTHER MEANS DEEMED SUITABLE) FOR PERSONS, BODIES, ORGANISATIONS AND/OR COUNTRIES AFFECTED INCLUDING THE PROVISION OF MEDICAL AID.

**Activities:** Mother Helpage UK was registered in 2007 with registration number 1119287. Mother Helpage UK was re-registered in 2012 because of the amendments of its governing documents.Charity Activities:- Emergency response- Disaster preparedness training- Health, Security, Education, Safe Water, Housing- Advocacy- Fair Trade- Youth development- Knife & Drugs Crime Prevention

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Religious Activities, Arts/culture/heritage/science, Amateur Sport, Animals, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Afghanistan
- Bangladesh
- Congo
- Egypt
- Haiti
- India
- Indonesia
- Kenya
- Malawi
- Mali
- Nepal
- Niger
- Pakistan
- Sri Lanka
- The Gambia
- Uganda
- Bedford
- Birmingham City
- Bolton
- Bradford City
- Cardiff
- Central Bedfordshire
- Coventry City
- Leicestershire
- Luton
- Throughout London

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£918,558	£814,410	£1,027,284	5
2023-08-31	£1,126,441	£892,356	£923,136	5
2022-08-31	£797,933	£846,978	£2,405,857	8
2021-08-31	£831,881	£661,961	£2,454,903	5
2020-08-31	£980,361	£588,186	£2,284,983	3

## Trustees

Name	Role	Appointed
<b>Syed Lone</b>	Chair	2022-05-17
Amjid Amin		2022-09-25
KASHIF SALIM		2024-03-02

**MOTHER HELPAGE (UK)**

England & Wales - Charity number 1148450

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# Accounts

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**Mother Helpage (UK)**  
**Financial Statements**  
**31 August 2024**

# Mother Helpage (UK)

## Financial Statements

Year ended 31 August 2024

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# Mother Helpage (UK)

## Trustees' Annual Report

Year ended 31 August 2024

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The trustees present their report and the financial statements of the charity for the year ended 31 August 2024.

### Reference and administrative details

**Registered charity name** Mother Helpage (UK)

**Charity registration number** 1148450

**Principal office** 8 Brooklands Drive  
Littleover  
Derby  
DE23 1DN

### The trustees

Mr Lone- Chair  
Mr Amin  
Mr Salim

**Auditor** Lindley Adams Limited  
Chartered Accountants & Statutory Auditors  
28 Prescott Street  
Halifax  
West Yorkshire  
HX1 2LG

### Structure, governance and management

#### Governance Framework

Mother Helpage UK has made substantial progress in aligning its governance practices with international standards. Over the past year, significant investments have been made to strengthen governance, compliance, financial management, and safeguarding procedures. These enhancements ensure that the charity continues to meet and exceed the Charity Commission's requirements and the regulations set forth by financial authorities. Key updates have been made to policies regarding data protection, financial transparency, and accountability.

#### Advocacy

Mother Helpage UK has continued its strong advocacy efforts in the areas of global peace, refugee crises, narcotics control, and youth development. These efforts have been amplified through various media channels, expanding our reach and building an even stronger global support network. The focus has increasingly shifted toward sustainability, with a core approach centred around developing communities and providing long-term solutions to socio-economic challenges.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2024

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#### Objectives and activities

##### Values

The charity remains committed to the following core values:

- **Integrity:** Upholding humanitarian principles and avoiding undue financial or other obligations that may compromise our mission.
- **Objectivity:** Making decisions based solely on need and merit while ensuring fair treatment and respect for all.
- **Accountability:** Maintaining transparency and responsibility in every decision, ensuring equality and diversity in all actions.
- **Openness:** Treating all individuals with equality and showing compassion for those in need.
- **Honesty:** Practicing sincerity and honesty in all relationships, recognising and celebrating diversity.
- **Leadership:** Leading by example, providing inspiration, guidance, and empathy to all our stakeholders.

##### Mission and Vision

###### •Vision:

A world where everyone is safe, healthy, and fulfilled.

###### •Mission (2024 and beyond):

Improve the lives of 10 million people through sustainable projects over the next five years.

##### Strategic Goals

###### •Empowerment and Sustainability:

Empower communities to become self-sustaining through projects that address both immediate and long-term needs.

###### •Services and Support:

Provide timely, effective services, including emergency relief, that contribute to community recovery and stability.

###### •Organisational Excellence:

Continue to develop organisational capacity and performance, ensuring improved efficiency, transparency, and growth.

###### •Wellbeing:

Enhance community resilience through healthcare, access to clean water, education, and sustainable livelihood projects.

###### •Partnerships:

Strengthen existing partnerships and develop new ones to maximize the charity's impact and broaden its reach.

##### Statement of Public Benefit

Mother Helpage UK has consistently ensured that its work remains true to the principles of public benefit. We are committed to making all of our services and interventions accessible to the public without unreasonable restrictions, such as the ability to pay. Our work directly supports those in need, particularly the most vulnerable and marginalised communities.

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# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2024

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#### How We Work

We deliver our charitable activities through two main methods:

1. Direct Delivery: Operating through our staff in both the UK and overseas.
2. Grant-Making: Partnering with other organizations to expand our reach, particularly in areas where we lack infrastructure. Our approach emphasises creating sustainable solutions that address the underlying causes of poverty. By collaborating with other charities, we ensure that our efforts complement and reinforce other initiatives, preventing unnecessary duplication and maximising our collective impact.

#### Progress Toward SDGs and WHO Policy

Mother Helpage UK is dedicated to achieving the United Nations Sustainable Development Goals (SDGs) through its global initiatives, aligning its programs with the specific targets outlined in the SDGs, as well as the World Health Organization (WHO) guidelines. Our work addresses a wide array of SDGs, directly impacting vulnerable communities and promoting sustainable development worldwide.

- SDG 1 (No Poverty): Through sustainable income-generation projects and emergency relief efforts, we have contributed significantly to poverty alleviation in the communities we serve.
  - SDG 3 (Good Health and Well-being): Our maternal health programs, including 'Midwives on Wheels', align with WHO guidelines for improving healthcare access. These programs aim to reduce maternal and infant mortality, ensuring that vulnerable populations, particularly in rural or conflict-affected areas, have access to essential health services. Additionally, our emergency relief efforts address urgent healthcare needs, including medical supplies and shelter.
  - SDG 5 (Gender Equality): Our women's empowerment programs, such as vocational training, education initiatives, and microfinance projects, actively support gender equality. We continue to work towards closing the gender gap in education, employment, and leadership opportunities.
  - SDG 6 (Clean Water and Sanitation): Our ongoing Water, Sanitation, and Hygiene (WASH) programs are critical in improving access to clean water for thousands of families in underserved communities, aligning with global initiatives to improve public health and sanitation infrastructure.
  - SDG 10 (Reduced Inequality): We are dedicated to ensuring equitable access to resources, opportunities, and services for marginalised communities. Through targeted programs that support disadvantaged groups-such as orphans, widows, and the elderly-we aim to reduce inequality in various regions.
  - SDG 12 (Responsible Consumption and Production): Mother Helpage UK has incorporated sustainability into its core initiatives. We promote responsible production and consumption patterns, including through agricultural cooperatives, where communities are encouraged to adopt sustainable farming practices. Our environmentally conscious approach ensures that natural resources are used efficiently and that waste is minimised. Additionally, we are supporting the development of sustainable livelihoods through vocational training in eco-friendly industries, such as recycling and sustainable construction practices.
  - SDG 13 (Climate Action): We actively contribute to climate change mitigation efforts by promoting sustainable agricultural practices and tree planting initiatives. Through these efforts, we aim to enhance climate resilience in vulnerable communities while reducing the environmental footprint of our projects.
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# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2024

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#### Achievements and performance

##### Achieving Our Aims

Mother Helpage UK has made significant progress this year in fulfilling its mission to support disadvantaged communities. Key achievements include:

- **Increased Staffing and Capacity:** The organization has grown both in terms of permanent staff and leadership roles, improving the support we offer to donors and operational efficiency.
- **Expanded Sponsorship Programs:** The number of orphans, widows, and elderly individuals sponsored through our programs has increased significantly.
- **Sustainable Projects:** We have initiated several income-generating projects, such as agricultural cooperatives and leather goods manufacturing, to empower vulnerable communities.
- **Program Expansion:** We launched the 'Midwives on Wheels' project, providing maternal care to rural communities, alongside establishing new skill development centres.

##### Key Projects and Programs

##### International Programs

- **Water, Sanitation, and Hygiene (WASH):** Improving access to clean water and sanitation in multiple countries.
- **Women's Empowerment:** Empowering women through micro-finance, vocational training, and education initiatives.
  - **Midwives on Wheels:** Providing essential maternal healthcare and supporting vulnerable groups such as pregnant women, children under five, and the elderly.
- **Youth Development:** Offering personal development and vocational training programs in schools and communities.
- **Emergency Relief:** Responding to natural disasters by providing food, shelter, medical care, and other emergency services.
- **Environmental Initiatives:** Promoting sustainable agriculture and tree planting to protect local environments.

##### UK-Based Programs

- **Homelessness Support:** Providing assistance to the homeless in various regions.
  - **Youth Crime Prevention:** Addressing knife and drug crime through youth engagement programs.
  - **Community Cohesion:** Fostering greater social cohesion across diverse communities.
  - **NHS Trust Support:** Collaborating with NHS trusts to provide resources and support for healthcare services.
  - **Open Kitchen Project (Nottingham):** Providing food and support for underserved communities.
  - **Capacity Building and Internships:** Offering skills development and internships to school and university graduates.
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# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2024

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#### Financial review

##### Sources of Funding

Mother Helpage UK continues to secure the majority of its funding through institutional donors and partnerships with international charities. By maintaining a limited individual donor base, we are able to minimise administrative costs and maximise direct funding for projects.

##### Reserves

We distinguish between unrestricted and restricted funds to ensure proper allocation. Unrestricted funds support broad-based programs, while restricted funds are used exclusively for designated projects, maintaining financial transparency.

**Risk Management** The Trustees have implemented robust risk management measures to identify, assess, and mitigate risks associated with the charity's operations. This includes regular reviews of financial sustainability and operational resilience.

The net incoming resources for the year were a gain of £105,167 (2023 gain of £234,085). At the end of the financial year the reserves were £1,028,303 of this £835,338 are restricted funds and £192,965 being unrestricted funds (2023 reserves were £923,136 of this £674,772 are restricted and £248,364 are unrestricted).

#### Plans for future periods

In the coming year, Mother Helpage UK plans to expand its operations into new regions, including Brazil, Mexico, El Salvador, Madagascar, Uganda, and Tanzania. We also intend to scale up existing programs, focusing on Sustainability, maternal and child health, education, and entrepreneurship.

#### Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) regulations and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

Year ended 31 August 2024

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The trustees' annual report was approved on 10 January 2025 and signed on behalf of the board of trustees by:

  
Mr Lone  
Trustee

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK)

Year ended 31 August 2024

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### Opinion

We have audited the financial statements of Mother Helpage (UK) for the year ended 31 August 2024 which comprise revenue account, balance sheet, statement of changes to retained earnings, and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 August 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

Year ended 31 August 2024

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### Other information

The trustees are responsible for the other information.

The other information comprises the information included in the Annual Report other than the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information; we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Charity (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the Trustees Responsibilities Statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

Year ended 31 August 2024

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### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, and instances of non-compliance with laws and regulations. We design procedures based on assessed risk and in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks that are applicable to the charity and determined that the following were most relevant: FRS 102 and the Charities Act 2011. Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- we obtained an understanding of how the charity complies with legal requirements by making enquiries of trustees and by review of board minutes and other documentation;
- the engagement partner ensured the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations irrespective of the size of amounts involved;
- we enquired of trustees the systems and controls the charity has in place, the areas of the financial statements that are mostly susceptible to the risks of irregularities and fraud (which we outline below) and whether there was any known, suspected or alleged fraud;
- we identified the laws and regulations applicable to the charity through discussions with the CEO and trustees;
- identified laws and regulations were communicated within the audit team who remained alert to instances of non-compliance throughout the audit.

We evaluated trustee's incentives and opportunities for fraudulent manipulation of the financial statements (including override of controls) and addressed the risk through:

- making enquiries of those charged with governance as to their knowledge of actual, suspected and alleged instances of fraud;
- considering the internal controls in place to mitigate the risks of fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed our audit procedures which included, but were not limited to:

- reviewing the financial statements disclosures and determining whether accounting policies have been appropriately applied;
  - obtaining third party confirmation of bank balances;
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## Mother Helpage (UK)

### Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

#### Year ended 31 August 2024

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- reviewing the minutes of meetings of those charged with governance;
- reviewing relating party transactions of those charged with governance and determining whether the information provided is complete and appropriately disclosed in the financial statements;
- reviewing and testing of revenue recognition processes and determining completeness of income;
- checking expenses are bona fide transactions of the charity, and;
- reviewing post balance sheet and subsequent events, both financial and non-financial, that have occurred in the period between the financial year end and the signing of the audit report.

There is a risk that we will not detect all irregularities, including fraud, because of the inherent limitations of an audit, including those leading to a material misstatement in the financial statements of non-compliance with regulations. The areas in the financial statements that are most susceptible to fraud are donations received and made.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

#### Use of our report

This report is made solely to the charity, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's trustees, for our audit work, for this report, or for the opinions we have formed.



Lindley Adams Limited  
Chartered Accountants & Statutory Auditors  
28 Prescott Street  
Halifax  
West Yorkshire  
HX1 2LG

23 May 2025

# Mother Helpage (UK)

## Statement of Financial Activities

Year ended 31 August 2024

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			<b>2024</b>		2023
	<b>Note</b>	Unrestricted funds £	Restricted funds £	<b>Total funds</b> £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	<b>4</b>	88,090	829,553	917,643	1,124,631
Investment income	<b>5</b>	915	–	915	1,810
<b>Total income</b>		<u>89,005</u>	<u>829,553</u>	<u>918,558</u>	<u>1,126,441</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	<b>6</b>	–	–	–	13,104
Expenditure on charitable activities	<b>7,8</b>	145,423	668,987	814,410	879,252
<b>Total expenditure</b>		<u>145,423</u>	<u>668,987</u>	<u>814,410</u>	<u>892,356</u>
<b>Net income and net movement in funds</b>		<u>(56,418)</u>	<u>160,566</u>	<u>104,148</u>	<u>234,085</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		248,364	674,772	923,136	689,051
<b>Total funds carried forward</b>		<u>191,947</u>	<u>835,338</u>	<u>1,027,285</u>	<u>923,136</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

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The notes on pages 16 to 23 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Financial Position

31 August 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible fixed assets	14	262,180	254,026
<b>Current assets</b>			
Debtors	15	31,855	–
Cash at bank and in hand		745,346	677,064
		<u>777,201</u>	<u>677,064</u>
<b>Creditors: amounts falling due within one year</b>	16	<u>12,097</u>	<u>7,954</u>
<b>Net current assets</b>		<u>765,104</u>	<u>669,110</u>
<b>Total assets less current liabilities</b>		<u>1,027,284</u>	<u>923,136</u>
<b>Net assets</b>		<u>1,027,284</u>	<u>923,136</u>
<b>Funds of the charity</b>			
Restricted funds		835,338	674,772
Unrestricted funds		<u>191,947</u>	<u>248,364</u>
<b>Total charity funds</b>		<u>1,027,285</u>	<u>923,136</u>

These financial statements were approved by the board of trustees and authorised for issue on 23 May 2025, and are signed on behalf of the board by:

Mr Salim  
Trustee

The notes on pages 16 to 23 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Cash Flows

Year ended 31 August 2024

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	<b>2024</b>	2023
	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities</b>		
Net income	105,167	234,085
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	2,780	1,045
Other interest receivable and similar income	(915)	(1,810)
Interest payable and similar charges	3,233	3,021
Accrued expenses	1,310	3,200
<i>Changes in:</i>		
Trade and other debtors	(31,855)	34,569
Trade and other creditors	2,833	1,926
Cash generated from operations	<u>81,534</u>	<u>276,036</u>
Interest paid	(3,233)	(3,021)
Interest received	915	1,810
Net cash from operating activities	<u>79,216</u>	<u>274,825</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible assets	(10,934)	(251,062)
Net cash used in investing activities	<u>(10,934)</u>	<u>(251,062)</u>
<b>Net increase in cash and cash equivalents</b>	68,282	23,763
<b>Cash and cash equivalents at beginning of year</b>	<u>677,064</u>	<u>653,301</u>
<b>Cash and cash equivalents at end of year</b>	745,346	677,064

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The notes on pages 16 to 23 form part of these financial statements.

# Mother Helpage (UK)

## Notes to the Financial Statements

Year ended 31 August 2024

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 8 Brooklands Drive, Littleover, Derby, DE23 1DN

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. Its financial statements are consolidated into the financial statements of (enter name of group financial statements) which can be obtained from (enter detail). As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Foreign currency

Foreign currency transactions are initially recorded in the functional currency, by applying the spot exchange rate as at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the exchange rate ruling at the reporting date, with any gains or losses being taken to the statement of financial activities.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings                      -    20% reducing balance

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Impairment of fixed assets *(continued)*

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

#### 4. Donations and legacies

##### Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<b>Donations</b>			
Donations	88,090	829,553	917,643

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations	86,001	1,038,630	1,124,631

#### 5. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	915	915	1,810	1,810

#### 6. Costs of raising donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Costs of raising donations and legacies - Donations	-	-	-

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

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### 6. Costs of raising donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Costs of raising donations and legacies - Donations	<u>6,898</u>	<u>6,205</u>	<u>13,104</u>

### 7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Activity	10,001	651,544	661,554
Support costs	<u>135,412</u>	<u>17,443</u>	<u>152,856</u>
	<u>145,423</u>	<u>668,987</u>	<u>814,410</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Activity	14,832	714,624	729,456
Support costs	<u>62,759</u>	<u>87,038</u>	<u>149,796</u>
	<u>77,591</u>	<u>801,662</u>	<u>879,252</u>

### 8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Activity	661,554	–	661,554	729,456
Governance costs	<u>–</u>	<u>152,856</u>	<u>152,856</u>	<u>149,796</u>
	<u>661,554</u>	<u>152,856</u>	<u>814,410</u>	<u>879,252</u>

### 9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>2,780</u>	<u>1,045</u>

### 10. Auditors remuneration

	2024 £	2023 £
Fees payable for the audit of the financial statements	<u>4,200</u>	<u>3,000</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 11. Independent examination fees

	<b>2024</b>	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	2,500	2,095
Other assurance services	-	295
	<u>2,500</u>	<u>2,390</u>

#### 12. Staff costs

The average head count of employees during the year was 5 (2023: 4).

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

#### 13. Trustee expenses only

Aggregate amount of remuneration for all trustees and related parties to be stated as required by Charity Commission being:

Syed Lone – expense reimbursements £1,220.90

#### 14. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	<b>Total £</b>
<b>Cost</b>			
At 1 September 2023	251,062	17,436	268,498
Additions	-	10,934	10,934
<b>At 31 August 2024</b>	<u>251,062</u>	<u>28,370</u>	<u>279,432</u>
<b>Depreciation</b>			
At 1 September 2023	-	14,472	14,472
Charge for the year	-	2,780	2,780
<b>At 31 August 2024</b>	<u>-</u>	<u>17,252</u>	<u>17,252</u>
<b>Carrying amount</b>			
<b>At 31 August 2024</b>	<u>251,062</u>	<u>11,118</u>	<u>262,180</u>
At 31 August 2023	<u>251,062</u>	<u>2,964</u>	<u>254,026</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 15. Debtors

	<b>2024</b>	2023
	£	£
Trade debtors	31,117	–
Prepayments and accrued income	540	–
Other debtors	198	–
	<u>31,855</u>	<u>–</u>

#### 16. Creditors: amounts falling due within one year

	<b>2024</b>	2023
	£	£
Trade creditors	5,397	1,864
Accruals and deferred income	6,700	5,390
Social security and other taxes	–	700
	<u>12,097</u>	<u>7,954</u>

#### 17. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2024
	£	£
Tangible fixed assets	262,180	262,180
Current assets	777,201	771,220
Creditors less than 1 year	(12,097)	(12,097)
<b>Net assets</b>	<u>1,027,284</u>	<u>1,027,284</u>

	Unrestricted Funds	Total Funds 2023
	£	£
Tangible fixed assets	254,026	254,026
Current assets	677,064	677,064
Creditors less than 1 year	(7,954)	(7,954)
<b>Net assets</b>	<u>923,136</u>	<u>923,136</u>

#### 18. Analysis of changes in net debt

	At 1 Sep 2023	Cash flows	At 31 Aug 2024
	£	£	£
Cash at bank and in hand	<u>677,064</u>	<u>68,282</u>	<u>745,346</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2024

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#### 19. Related parties

Dr Nasti officially resigned as a CEO in Mother Helpage in December 2022. Despite this, the trustees have requested his continued support in fully understanding the work patterns and fostering smooth relations with partners. Partners tend to favour Dr Nasti's involvement, particularly when applying for funding and similar initiatives.

Related party Transactions - Dr Sohail : Travel Expenses Reimbursement £660.59

#### 20. Restricted Funds

Year Ended 31st August 2024

Fund Name	Fund Balance B/F £	Income £	Expenditure £	Transfers £	Gains/Losses £	Fund Balance C/F £
Crisis & Seasonal	£20,258	£26,628	£41,942	£0	£0	£4,943
General [One Off/Temporary Projects]	£9,123	£370	£22,766	£13,829	£0	£556
Orphans/Widows/Elderly Sponsorships	£24,496	£172,468	£174,874	£0	£0	£22,090
Qurbani Projects	£66,151	£262,305	£232,090	£0	£0	£96,366
Ramadan Projects	£39,571	£44,314	£29,377	£0	£0	£54,508
Syria Projects	£35,337			£0	£0	£35,337
WASH Projects	£321,192	£272,912	£97,190	£0	£0	£496,914
Winter Relief Project	£116,356	£49,556	£80,757	£0	£0	£85,155
Zakat Projects	£38,469	£1,000	£0	£0	£0	£39,469
Fundraising & Networking Admin	£3,819	£0	£0	-£3,819	£0	£0
<b>Totals</b>	<b>£674,772</b>	<b>£829,553</b>	<b>£678,997</b>	<b>£10,010</b>	<b>£0</b>	<b>£835,338</b>

**The following pages do not form part of the financial statements.**

# Mother Helpage (UK)

## Detailed Statement of Financial Activities

Year ended 31 August 2024

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	<b>2024</b>	2023
	£	£
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	917,643	1,124,631
	<u>          </u>	<u>          </u>
<b>Investment income</b>		
Bank interest receivable	915	1,810
	<u>          </u>	<u>          </u>
<b>Total income</b>	<u>918,558</u>	<u>1,126,441</u>
	<u>          </u>	<u>          </u>
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Volunteering and fundraising costs	–	13,104
	<u>          </u>	<u>          </u>
<b>Expenditure on charitable activities</b>		
Wages and salaries	55,616	75,037
Pension costs	1,019	–
Other employee benefits	1,386	–
Light and heat	1,683	–
Printing, postage and stationery	2,420	133
Insurance	423	709
Rent, rates and maintenance	12,600	21,239
Other motor/travel costs	29,862	13,480
Legal and professional fees	19,721	24,020
Telephone	4,862	3,704
Computer costs	452	1,768
Depreciation	2,780	1,045
Other finance costs	3,233	3,021
Grants to institutions	670,732	730,982
Advertising	5,139	3,252
HR services and software	2,482	862
	<u>814,410</u>	<u>879,252</u>
	<u>          </u>	<u>          </u>
<b>Total expenditure</b>	<u>814,410</u>	<u>892,356</u>
	<u>          </u>	<u>          </u>
<b>Net income</b>	<u>104,148</u>	<u>234,085</u>
	<u>          </u>	<u>          </u>

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# Mother Helpage (UK)

## Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2024

	2024	2023
	£	£
	2024	2023
	£	£
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Donations - volunteering and fundraising costs	—	13,104
	—	—
<b>Costs of raising donations and legacies</b>	—	13,104
	—	—
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b>Activities undertaken directly</b>		
Direct charitable activity 1 - grants to institutions	661,554	729,456
	—	—
<b>Governance costs</b>		
Governance costs - wages/salaries	55,616	75,037
Governance costs - pension costs	1,019	—
Governance costs - other employee benefits	1,386	—
Governance costs - light & heat	1,683	—
Governance costs - printing, postage and stationery	2,420	133
Governance costs - insurance	423	709
Governance costs - rent, rates and maintenance	12,600	21,239
Governance costs - other motor/travel costs	29,862	13,480
Governance costs - accountancy fees	10,308	2,095
Governance costs - audit fees	5,400	3,000
Governance costs - legal and other professional fees	4,013	18,925
Governance costs - telephone	4,862	3,704
Governance costs - computer costs	452	1,768
Governance costs - depreciation	2,780	1,045
Governance costs - other finance costs	3,233	3,021
Governance costs - sundry expenses	9,178	1,526
Governance costs - advertising	5,139	3,252
Governance costs - HR services and software	2,482	862
	152,856	149,796
	—	—
<b>Expenditure on charitable activities</b>	814,410	879,252

**MOTHER HELPAGE (UK)**

England & Wales - Charity number 1148450

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# Accounts

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**CHARITY REGISTRATION NUMBER: 1148450**

**Mother Helpline (UK)**  
**Financial Statements**  
**31 August 2023**

# Mother Helpage (UK)

## Financial Statements

Year ended 31 August 2023

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# Mother Helpage (UK)

## Trustees' Annual Report

### Year ended 31 August 2023

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The trustees present their report and the financial statements of the charity for the year ended 31 August 2023.

#### Reference and administrative details

<b>Registered charity name</b>	Mother Helpage (UK)
<b>Charity registration number</b>	1148450
<b>Principal office</b>	NBV Enterprise Centre 6 David Lane Nottingham NG6 0JU

#### The trustees

Mr Lone- Chairman  
Mr Rizwan – Resigned 2 March 2024  
Mr Amin  
Mr Kar – Resigned 2 March 2024  
Mr Shah – Resigned 2 March 2024  
Mr Salim – Appointed 2 March 2024

<b>Auditor</b>	Lindley Adams Limited Chartered Accountants & Statutory Auditors 28 Prescott Street Halifax West Yorkshire HX1 2LG
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#### Structure, governance and management

##### Governance

In view of the current global political and social circumstance and the need to review the organisations governance and accountability policies, Mother Helpage has hugely invested in upgrading its Governance to adhere to the requirements of the Charity Commission and Financial Regulators. We regularly review and update all our policies to ensure that we remain fully compliant.

##### Advocacy

Mother Helpage UK has been actively involved in the advocacy campaigns under the UN for Global Peace Initiative, refugee crisis, narcotics control, community and youth development programmes. Mother Helpage UK is also proactive in showcasing its work through a diverse range of media in its effort to reach out to more people and mobilize support.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

Year ended 31 August 2023

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### Objectives and activities

#### OBJECTIVES

- To carry out rescue missions for any type of emergency or disaster with its skilled professionals in any part of the world.
- To advance the education of persons residing permanently or temporarily in developing countries.
- To relieve sickness and preserve good health among people residing permanently or temporarily in developing countries in particular.
- To relieve financial hardship of people residing permanently or temporarily in developing countries.
- To relieve financial suffering among victims of natural or other kinds of disaster in the form of money (or other means deemed suitable) for persons, bodies, organizations and/or countries affected including the provision of medical aid.

#### OUR VALUES

**Integrity** - We adhere to humanitarian principles and will not place ourselves under any financial or any other obligation to individuals or organisations that might seek to influence our performance or duties.

**Objectivity** - We will only make decisions on need and merit whilst respecting, empowering and fairly treating those in need and we will show compassion for all human beings.

**Accountability** - We are transparent and responsible for our decisions and actions, ensuring equality and diversity.

**Openness** - We treat everyone as equals and show compassion for all human beings in need.

**Honesty** - We are sincere in our approach to everyone, regardless of race, religion, sex or gender and recognise the benefits of equality and diversity.

**Leadership** - We promote and support our values and principles by demonstrating good leadership, empathy and example, inspiration and guidance.

#### VISION AND MISSION

**Vision** - To achieve social and economic justice for the most vulnerable communities and to provide a sustainable future for these communities, through our humanitarian global development and sustainability programmes.

**Mission** - To empower communities and vulnerable groups to create lasting solutions to combat poverty, hunger and social injustice.

#### OUR GOALS AND AIMS

**Empowerment** - Empower people and communities who experience disaster, distress or difficulty.

**Services & Support** - Ensure the needy receive the appropriate services and support at the right time to help their recovery and to enable them to live in safety, peace, harmony and stability.

**Organisational Excellence** - Utilising our knowledge, experience, skills as assets to develop and

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# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2023

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sustain us as an exemplary organisation. Creating a performance management culture which provides strategic direction and builds on the strengths of its workforce.

Wellbeing - Support communities struggling with natural disasters, food and safe water, medicines and shelter. Aiding communities with resources to develop sustainable income producing projects. Develop Partnerships - To collaborate and work in unity and engage with partners to strengthen our impact at country level. To communicate openly with all organisations globally ensuring we make a positive difference.

Statement of the Public benefit - The charity has delivered its operations, policies, compliance procedures, staffing, volunteering, risk management as per the Charity Commission's general guidance on public benefit when reviewing its aims and objectives.

#### How we work

The charity delivers its charitable aims in two ways:

- Through direct delivery especially in relation to work in the UK and overseas in areas where we have our own staff; and
- Through grant making, chiefly using our partner organisations.

Work carried out by the partner organisations is especially useful where the charity has not established infrastructure for managing staff and operations or where it provides a more economic approach than using our own staff. Using both partner organisations and our own local staff helps utilise local knowledge effectively and assists in our educational work. Long-term solutions require that we address the underlying social and economic circumstances. Economic inequality is a continuing source of human suffering throughout the world and through our work we campaign against, fight inequality, and so transform the lives of families and communities. We see the practical expression of our charitable aims as to ensure all people in the areas we are working enjoy a minimum standard of nutrition, access to shelter, safe drinking water, sanitation and healthcare and the opportunity to go to school and to have the life skills to earn a secure livelihood.

We decide on where we work, considering the following factors:

- Incidence of natural disasters and patterns of adverse weather;
- Honouring our existing commitments to prevent or relieve poverty;
- Our approach of work is to network with other charities in the area of operation, so that total duplication of the projects delivered is minimised so that different projects are implemented in order to cater the needs of the location successfully. Mother Helpage always believes in sharing ideas and implementation policies with other charities in order to bring in measurable changes in the target location.
- Availability of local partners with their willingness and capabilities to work with us; and,
- The degree of stability, safety and security in the area of operation.

We have an ethical stance where we seek to provide our programmes without detriment to the local economy or community. To this end, where beneficial we seek to locally source labour, materials and supplies in order to ensure that the benefits of our work are maximized across the economy. This approach underpins local businesses, local employment prospects and the viability of the local community, thereby reducing or avoiding internal migration. Over the year, we have worked directly with more than a quarter of a million poor and disadvantaged people in 13 different countries and indirectly we believe our work to support sustainable in the communities has enhanced the lives of

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2023

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many more. We seek to help people regardless of race, sexual orientation, religion, creed, disability, age, or gender. We regard our plans as indicators and not absolute targets because the key is to resource the right programmes. As a large charity with so many programmes inevitably this report is a summary and for examples of the effect we have had on rescuing individuals from poverty, view the "Success stories" section of our web site [www.motherhelpage.org](http://www.motherhelpage.org).

The Trustees confirm that:

1. The aims of the Charity continue to be charitable.
2. The benefits are for public, not unreasonably restricted in any way and certainly not by ability to pay.
3. There is no harm arising from the aims or activities adopted by the Charity.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2023

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#### Achievements and performance

The Trustees of Mother Helpage UK are pleased by the continued progress of the Charity during the year beginning 1st September 2022 to 31st August 2023. The Trustees acknowledge the dedication of the staff, volunteers and other supporters to achieve our goals. We have fulfilled our aims, objectives and vision: we have supported the emergency crisis in different parts of the world, thereby providing aid to countless people across the globe.

Throughout 2022/2023, there has been increasing growth in the size of the organisation through increased numbers of permanent staff and changes within our senior management, enabling us to, in turn, increase our support to donors and improve our delivery, effectiveness and efficiency across the organisation.

As in previous years, we have continued to see an increase in our financial strength and developed new partnerships both in the UK and overseas.

The organisation, yet again, saw a substantial increase in the number of orphans, widows and elderly sponsored through our existing partners. We aim to increase these numbers on an annual basis both with new partners, as well as our existing ones.

Mother Helpage is still focusing on initiating sustainable and income-generating projects so that the most vulnerable populations are lifted out of poverty and destitution and can at last access a brighter and independent future.

#### Project Reports

A variety of projects were carried out successfully throughout the year, as per the constitutional framework of the organisation such as:

- . Water and Sanitation
- . Sponsorships
- . Women's Empowerment
- . Education
- . Youth Development
- . Emergency Response & Relief
- . Medical Care
- . Environmental Projects
- . Animal Welfare
- . Awareness against knife and drug crime
- . Winter Relief
- . Projects to support the homeless.
- . Food & NFI relief
- . Distribution of food package and supplies in targeted areas

In addition, the charity conducted a number of training programmes about how to manage financial monitoring while working in high risk areas. This programme was conducted in partnership with BOND and other security agencies in the UK and abroad.

#### Review of achievements and performance for the financial year ending 31st Aug 2023

The Trustees of Mother Helpage UK are pleased by the progress of the Charity during the year beginning 1st September 2022 to 31st August 2023. The Trustees acknowledge the dedication of the staff, volunteers and other supporters because of whom this success has been achieved. In fulfilling our aims and objectives by supporting the people in the UK, Africa, Asia and middle east. From the

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# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2023

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emergency projects in Afghanistan, Bangladesh, Syria, Turkey, India etc to developmental projects in Uganda, Sri Lanka, India, Congo, Nepal, Albania, Sudan and Tanzania, Mother Helpage UK has achieved its highest professional and humanitarian outputs in developing communities globally and to make these communities sustainable through various income generation interventions.

Mother Helpage has supported hundreds and thousands through its chosen humanitarian objective and vision in the mentioned locations through its transparent humanitarian interventions.

Our developmental Programmes in health care, education, women's empowerment, youth development, water and sanitation, micro finance, support to the weaker communities, livelihood projects, maternal and child health, shelter, support to orphans, widows, elderly and children with special needs has made a mark towards our contribution for the SDG's.

Last but not the least, Mother Helpage has delivered a number of projects in the UK for the support of homeless, prevention of knife and drug crime amongst the youth and community cohesion programmes with many counties of the country.

It is very important to mention that the founder of Mother Helpage UK was presented with the British Citizen award 2023 for the great work the charity is doing within the UK and across the globe.

In 2023, Mother Helpage also worked closely with the law enforcement agencies about how this charity has delivered successful projects in high risk areas by its strict financial and money laundering prevention policies.

The charity added another feather in its cap by purchasing a property from its reserve funds and this unanimous decision from the trustees and the SMT has made the basis of the charity stronger and more reliable.

#### Intervention areas:

##### India:

Our work in Jammu and Kashmir began in 1994 and since then Mother Helpage UK has been delivering humanitarian assistance to millions of beneficiaries in the region. Mother Helpage UK during the current phase supported more than half a million beneficiaries in Jammu and Kashmir. In addition to food relief, Mother Helpage UK installed water wells; Sponsored more than 3000 orphans and poor students, supported more than 500 widows and elderly, and supported unemployed youth through livelihood support. Mother Helpage UK also financially assisted 15 young women in getting married, distributed medical aid by arranging the health camps. Moreover, winter relief was also provided to 500+ families. We have also initiated the environmental protection programme under the initiative GEPP (Global Environmental Protection Programme) in Kashmir and have planted trees at several locations. Mother Helpage UK has adopted four districts in the South Kashmir i.e. Anantnag, Pulwama, Shopian and Kulgam where the Charity is focusing on its activities at present keeping in view the need, topography and outcomes of our needs assessment. Moreover, few districts from the north Kashmir were also intervened which includes district Baramulla as well, where we have initiated our WASH project and installed more than 200 tube wells in the year 2023 alone. In Jammu and Kashmir, our beneficiaries are from all the sects and religions, which includes Muslims, Hindus and Sikhs as we believe in community development through peace and harmony.

##### Uganda:

We have initiated the project, "Education for All" in Uganda and have distributed the stationary and other educational material among the poor and vulnerable.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2023

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#### Bangladesh:

Implemented Qurbani and Ramadhan food support programme in Bangladesh and supported more than families through the provision of much needed humanitarian assistance.

#### Sri Lanka:

Implemented WASH, Qurbani and Ramadhan food support programme in Bangladesh and supported more than families through the provision of much needed humanitarian assistance.

#### Nepal:

Implemented WASH programme in Nepal and supported more than families through the provision of much needed humanitarian assistance.

#### Syria:

Implemented winter relief programme in Syria and provided winter relief to Syrian refugees to help them to overcome the chilling cold and pass the harsh winter with comfort and ease.

In addition to the above programmes we have successfully implemented Qurbani in Afghanistan & Ramadhan Food support programme in Congo, Sierra Leone, Kenya & Tanzania

### Financial review

#### Principal source of funding:

The main source of funding is from the Institutions and other International charities. Mother Helpage has kept a very low and restricted individual donor base keeping in view to reduce the admin and staff etc.

#### Reserves

At Mother Helpage, we rely on unrestricted funds to enable us to deliver general open projects and to change the lives of people living in the poorest countries. Restricted funds are strictly spent only on the allocated projects and that is why we have dedicated bank accounts for each project head so that no funds are mixed and the transparency is maintained at the highest level.

We continue to look at broadening our donation base and of ways to show our appreciation to our loyal and regular supporters. We are currently achieving all targets and our reserves show that we are in a good, comfortable position to allow the organisation to continue to work at the same level and to cover all current organisational commitments.

#### Risks and uncertainties:

The trustees have during the year, considered the material risks facing the charity and have put in place the mitigating controls to address those risks. The Charity's continuing growth and success reflects that these risk factors have been identified and worked on and even on a regular basis these risks are regularly reviewed and taken care of.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

Year ended 31 August 2023

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### Financial review *(continued)*

The net incoming resources for the year were a gain of £234,085 (2022 - loss of £49,045). At the end of the financial year the reserves were £923,136 of this £674,772 are restricted funds and £248,364 being unrestricted funds (2022 reserves were £689,051 of this £444,009 are restricted and £245,042 are unrestricted).

### Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) regulations and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' annual report was approved on 20 May 2024 and signed on behalf of the board of trustees by:



Mr Salim  
Trustee

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK)

Year ended 31 August 2023

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### Opinion

We have audited the financial statements of Mother Helpage (UK) (the 'charity') for the year ended 31 August 2023 which comprise revenue account, balance sheet, statement of changes to retained earnings, and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 August 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

Year ended 31 August 2023

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### Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report other than the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information; we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Charity (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the Trustees Responsibilities Statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

# Mother Helpage (UK)

## Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

Year ended 31 August 2023

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### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, and instances of non-compliance with laws and regulations. We design procedures based on assessed risk and in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks that are applicable to the charity and determined that the following were most relevant: FRS 102 and the Charities Act 2011. Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- we obtained an understanding of how the charity complies with legal requirements by making enquiries of trustees and by review of board minutes and other documentation;
- the engagement partner ensured the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations irrespective of the size of amounts involved;
- we enquired of trustees the systems and controls the charity has in place, the areas of the financial statements that are mostly susceptible to the risks of irregularities and fraud (which we outline below) and whether there was any known, suspected or alleged fraud;
- we identified the laws and regulations applicable to the charity through discussions with the CEO and trustees;
- identified laws and regulations were communicated within the audit team who remained alert to instances of non-compliance throughout the audit.

We evaluated trustee's incentives and opportunities for fraudulent manipulation of the financial statements (including override of controls) and addressed the risk through:

- making enquiries of those charged with governance as to their knowledge of actual, suspected and alleged instances of fraud;
- considering the internal controls in place to mitigate the risks of fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed our audit procedures which included, but were not limited to:

- reviewing the financial statements disclosures and determining whether accounting policies have been appropriately applied;
  - obtaining third party confirmation of bank balances;
-

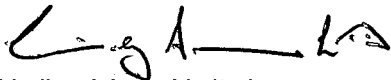
- reviewing the minutes of meetings of those charged with governance;
- reviewing relating party transactions of those charged with governance and determining whether the information provided is complete and appropriately disclosed in the financial statements;
- reviewing and testing of revenue recognition processes and determining completeness of income;
- checking expenses are bona fide transactions of the charity, and;
- reviewing post balance sheet and subsequent events, both financial and non-financial, that have occurred in the period between the financial year end and the signing of the audit report.

There is a risk that we will not detect all irregularities, including fraud, because of the inherent limitations of an audit, including those leading to a material misstatement in the financial statements of non-compliance with regulations. The areas in the financial statements that are most susceptible to fraud are donations received and made.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's trustees, for our audit work, for this report, or for the opinions we have formed.



Lindley Adams Limited  
Chartered Accountants & Statutory Auditors  
28 Prescott Street  
Halifax  
West Yorkshire  
HX1 2LG

20 May 2024

## Mother Helpage (UK)

Independent Auditor's Report to the Members of Mother Helpage (UK) *(continued)*

Year ended 31 August 2023

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## Mother Helpage (UK)

Statement of Financial Activities

Year ended 31 August 2023

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		2023			Year to 31 August 2022 As Restated
	Note	Unrestricted funds £	Restricted funds £	Total funds £	£
<b>Income and endowments</b>					
Donations and legacies	4	86,001	1,038,630	1,124,631	797,849
Investment income	5	1,810	–	1,810	84
<b>Total income</b>		<u>87,811</u>	<u>1,038,630</u>	<u>1,126,441</u>	<u>797,933</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	6	6,898	6,205	13,104	51,458
Expenditure on charitable activities	7,8	77,591	801,662	879,252	795,520
<b>Total expenditure</b>		<u>84,489</u>	<u>807,867</u>	<u>892,356</u>	<u>846,978</u>
<b>Net income/(expenditure) and net movement in funds</b>		<u>3,322</u>	<u>230,763</u>	<u>234,085</u>	<u>(49,045)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		245,042	444,009	689,051	738,096
<b>Total funds carried forward</b>		<u>248,364</u>	<u>674,772</u>	<u>923,136</u>	<u>689,051</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

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The notes on pages 16 to 23 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Financial Position

31 August 2023

		2023	Year to 31 August 2022
	Note	£	As Restated £
<b>Fixed assets</b>			
Tangible fixed assets	14	254,026	4,009
<b>Current assets</b>			
Debtors	15	–	34,569
Cash at bank and in hand		677,064	653,301
		<u>677,064</u>	<u>687,870</u>
<b>Creditors: amounts falling due within one year</b>	16	<u>7,954</u>	<u>2,828</u>
<b>Net current assets</b>		<u>669,110</u>	<u>685,042</u>
<b>Total assets less current liabilities</b>		<u>923,136</u>	<u>689,051</u>
<b>Net assets</b>		<u>923,136</u>	<u>689,051</u>
<b>Funds of the charity</b>			
Restricted funds		674,772	444,009
Unrestricted funds		248,364	245,042
<b>Total charity funds</b>		<u>923,136</u>	<u>689,051</u>

These financial statements were approved by the board of trustees and authorised for issue on 20 May 2024, and are signed on behalf of the board by:



Mr Salim  
Trustee

The notes on pages 16 to 23 form part of these financial statements.

## Mother Helpage (UK)

### Statement of Cash Flows

Year ended 31 August 2023

	2023	Year to 31 August 2022 As Restated
	£	£
<b>Cash flows from operating activities</b>		
Net income/(expenditure)	234,085	(49,045)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	1,045	1,329
Other interest receivable and similar income	(1,810)	(84)
Interest payable and similar charges	3,021	3,836
Accrued expenses	3,200	2,190
<i>Changes in:</i>		
Trade and other debtors	34,569	15,390
Trade and other creditors	1,926	(3,838)
Cash generated from operations	276,036	(30,222)
Interest paid	(3,021)	(3,836)
Interest received	1,810	84
Net cash from/(used in) operating activities	<u>274,825</u>	<u>(33,974)</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible assets	<u>(251,062)</u>	<u>(495)</u>
Net cash used in investing activities	<u>(251,062)</u>	<u>(495)</u>
<b>Net increase/(decrease) in cash and cash equivalents</b>	23,763	(34,469)
<b>Cash and cash equivalents at beginning of year</b>	<u>653,301</u>	<u>687,771</u>
<b>Cash and cash equivalents at end of year</b>	<u>677,064</u>	<u>653,302</u>

The notes on pages 16 to 23 form part of these financial statements.

# Mother Helpage (UK)

## Notes to the Financial Statements

Year ended 31 August 2023

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is NBV Enterprise Centre, 6 David Lane, Nottingham, Nottinghamshire, NG6 0JU.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. Its financial statements are consolidated into the financial statements of (enter name of group financial statements) which can be obtained from (enter detail). As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

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### 3. Accounting policies *(continued)*

#### Foreign currency

Foreign currency transactions are initially recorded in the functional currency, by applying the spot exchange rate as at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the exchange rate ruling at the reporting date, with any gains or losses being taken to the statement of financial activities.

#### Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

#### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2023

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#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 20% reducing balance

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2023

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#### 3. Accounting policies *(continued)*

##### Impairment of fixed assets *(continued)*

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

#### 4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations	86,001	1,038,630	1,124,631
<b>Grants</b>			
Grants receivable	—	—	—
	<u>86,001</u>	<u>1,038,630</u>	<u>1,124,631</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations	67,818	703,972	771,790
<b>Grants</b>			
Grants receivable	26,059	—	26,059
	<u>93,877</u>	<u>703,972</u>	<u>797,849</u>

#### 5. Investment income

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Bank interest receivable	<u>1,810</u>	<u>1,810</u>	<u>84</u>	<u>84</u>

#### 6. Costs of raising donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Costs of raising donations and legacies - Donations	<u>6,898</u>	<u>6,205</u>	<u>13,104</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

### 6. Costs of raising donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Costs of raising donations and legacies - Donations	—	51,458	51,458

### 7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Activity	14,832	714,624	729,456
Support costs	62,759	87,038	149,796
	<u>77,591</u>	<u>801,662</u>	<u>879,252</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Activity	—	594,954	594,954
Support costs	164,440	36,126	200,566
	<u>164,440</u>	<u>631,080</u>	<u>795,520</u>

### 8. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2023 £	Total fund 2022 £
Activity	729,456	—	729,456	594,954
Governance costs	—	149,796	149,796	200,566
	<u>729,456</u>	<u>149,796</u>	<u>879,252</u>	<u>795,520</u>

### 9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>1,045</u>	<u>1,329</u>

### 10. Auditors remuneration

	2023 £	2022 £
Fees payable for the audit of the financial statements	<u>3,000</u>	<u>—</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2023

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#### 11. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	2,095	1,995
Other assurance services	295	–
	<u>2,390</u>	<u>1,995</u>

#### 12. Staff costs

The average head count of employees during the year was 4 (2022: 5).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

#### 13. Trustee remuneration and expenses

Aggregate amount of remuneration for all trustees and related parties to be stated as required by Charity Commission being £111,838 in 2023 and £92,953.81 in 2022

#### 14. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Total £
<b>Cost</b>			
At 1 September 2022	–	17,931	17,931
Additions	251,062	–	251,062
Disposals	–	(495)	(495)
<b>At 31 August 2023</b>	<u>251,062</u>	<u>17,436</u>	<u>268,498</u>
<b>Depreciation</b>			
At 1 September 2022	–	13,922	13,922
Charge for the year	–	1,045	1,045
Disposals	–	(495)	(495)
<b>At 31 August 2023</b>	<u>–</u>	<u>14,472</u>	<u>14,472</u>
<b>Carrying amount</b>			
<b>At 31 August 2023</b>	<u>251,062</u>	<u>2,964</u>	<u>254,026</u>
At 31 August 2022	<u>–</u>	<u>4,009</u>	<u>4,009</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

### 15. Debtors

	2023	2022
	£	£
Trade debtors	–	34,269
Other debtors	–	300
	<u>–</u>	<u>34,569</u>

### 16. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	1,864	638
Accruals and deferred income	5,390	2,190
Social security and other taxes	700	–
	<u>7,954</u>	<u>2,828</u>

### 17. Analysis of net assets between funds

	Unrestricted Funds	Total Funds
	2023	2023
	£	£
Tangible fixed assets	254,026	254,026
Current assets	677,064	677,064
Creditors less than 1 year	(7,954)	(7,954)
<b>Net assets</b>	<u>923,136</u>	<u>923,136</u>

	Unrestricted Funds	Total Funds
	2022	2022
	£	£
Tangible fixed assets	4,009	4,009
Current assets	687,870	687,870
Creditors less than 1 year	(2,828)	(2,828)
<b>Net assets</b>	<u>689,051</u>	<u>689,051</u>

### 18. Analysis of changes in net debt

	At 1 Sep 2022	Cash flows	At 31 Aug 2023
	£	£	£
Cash at bank and in hand	<u>653,301</u>	<u>23,763</u>	<u>677,064</u>

## Mother Helpage (UK)

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

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#### 19. Related parties

Dr Nasti officially resigned as a CEO in Mother Helpage in December 2022. Despite this, the trustees have requested his continued support in fully understanding the work patterns and fostering smooth relations with partners. Partners tend to favour Dr Nasti's involvement, particularly when applying for funding and similar initiatives.

During Dr Sohail Nasti's tenure as CEO of Mother Helpage, he also served as the director of Sohail Nasti Productions Ltd. He operated as a self-employed consultant for Mother Helpage (UK), rendering his professional services through his company, Sohail Nasti Productions Ltd. The Trustees do not consider Sohail Nasti Productions Ltd to be a subsidiary or an associate of the charity and the results and net assets of Sohail Nasti Productions Ltd have not been incorporated in these of the charity.

#### 20. Restricted Funds

Year Ended 31st August 2023

Fund Name	Fund Balance B/F	Income	Expenditure	Transfers
	£	£	£	£
Crisis & Seasonal Fund	£85,430	£111,386	-£176,558	£0
General Fund [One Off/Temporary Projects]	£3,224	£15,065	-£9,166	£0
Orphans/Widows/Elderly Sponsorships Projects	£18,374	£227,343	-£221,221	£0
Qurbani Projects	£45,642	£196,597	-£176,088	£0
Ramadan Projects	£12,596	£63,573	-£36,598	£0
Syria Projects	£37,642	£24,737	-£27,042	£0
WASH Projects	£112,501	£340,052	-£131,361	£0
Winter Relief Projects	£84,525	£50,254	-£18,423	£0
Zakat Projects	£34,051	£9,623	-£5,206	£0
Fundraising & Networking Fund	£10,024	£0	-£6,205	£0
Totals	£444,009	£1,038,630	-£807,867	£0

# **Mother Helpage (UK)**

## **Management Information**

**Year ended 31 August 2023**

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### **21. Restatement of Accounts**

After thorough evaluation, it has come to our attention that Mother Helpage UK is not the rightful beneficial owner of the land and buildings it holds. Consequently, we have decided to rectify this discrepancy by removing these items from the balance sheet. This was executed through a prior year adjustment to accurately reflect the organization's financial standing.

Furthermore, upon detecting bookkeeping inaccuracies, it has come to light that there are no vehicles currently owned by the charity. In light of this discovery, the vehicle assets have also been appropriately removed from the balance sheet.

We remain committed to ensuring the accuracy and integrity of the charity's financial records and will continue to address any discrepancies promptly.

**The following pages do not form part of the financial statements.**

# Mother Helpage (UK)

## Detailed Statement of Financial Activities

Year ended 31 August 2023

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	2023 £	2022 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	1,124,631	771,790
Grants receivable	—	26,059
	<u>1,124,631</u>	<u>797,849</u>
<b>Investment income</b>		
Bank interest receivable	<u>1,810</u>	<u>84</u>
	<u>1,126,441</u>	<u>797,933</u>
<b>Total income</b>		
	<u>1,126,441</u>	<u>797,933</u>
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Volunteering and fundraising costs	<u>13,104</u>	<u>51,458</u>
<b>Expenditure on charitable activities</b>		
Wages and salaries	75,037	57,797
Printing, postage and stationery	133	666
Insurance	709	—
Rent, rates and maintenance	21,239	43,521
Other motor/travel costs	13,480	—
Legal and professional fees	24,020	83,302
Telephone	3,704	3,550
Computer costs	1,768	972
Depreciation	1,045	1,329
Other finance costs	3,021	3,836
Grants to institutions	730,982	594,954
Advertising	3,252	5,593
HR services and software	862	—
	<u>879,252</u>	<u>795,520</u>
<b>Total expenditure</b>		
	<u>892,356</u>	<u>846,978</u>
<b>Net income/(expenditure)</b>	<u>234,085</u>	<u>(49,045)</u>

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## Mother Helpage (UK)

### Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2023

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	2023	2022
	£	£
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Donations - volunteering and fundraising costs	13,104	51,458
	<u>13,104</u>	<u>51,458</u>
<b>Costs of raising donations and legacies</b>	<u>13,104</u>	<u>51,458</u>
<b>Expenditure on charitable activities</b>		
<b>Activity</b>		
<b>Activities undertaken directly</b>		
Direct charitable activity - grants to institutions	729,456	594,954
<b>Governance costs</b>		
Governance costs - wages/salaries	75,037	57,797
Governance costs - printing, postage and stationery	133	666
Governance costs - insurance	709	-
Governance costs - rent, rates and maintenance	21,239	43,521
Governance costs - other motor/travel costs	13,480	-
Governance costs - accountancy fees	2,095	2,190
Governance costs - audit fees	3,000	-
Governance costs - legal and other professional fees	18,925	81,112
Governance costs - telephone	3,704	3,550
Governance costs - computer costs	1,768	972
Governance costs - depreciation	1,045	1,329
Governance costs - other finance costs	3,021	3,836
Governance costs - sundry expenses	1,526	-
Governance costs - advertising	3,252	5,593
Governance costs - HR services and software	862	-
	<u>149,796</u>	<u>200,566</u>
<b>Expenditure on charitable activities</b>	<u>879,252</u>	<u>795,520</u>

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**MOTHER HELPAGE (UK)**

England & Wales - Charity number 1148450

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# Accounts

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**Mother Helpage (UK)**  
**Unaudited Financial Statements**  
**31 August 2022**

# Mother Helpage (UK)

## Financial Statements

Year ended 31 August 2022

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Independent examiner's report to the trustees	<b>5</b>
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<b>The following pages do not form part of the financial statements</b>	
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# Mother Helpage (UK)

## Trustees' Annual Report

### Year ended 31 August 2022

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The trustees present their report and the unaudited financial statements of the charity for the year ended 31 August 2022.

#### Reference and administrative details

<b>Registered charity name</b>	Mother Helpage (UK)
<b>Charity registration number</b>	1148450
<b>Principal office</b>	Office -19 NBV Enterprise Centre 6 David Lane Nottingham NG6 0JU

#### The trustees

Mr Syed Lone  
Mr Majid Khan  
Mr Amin Amjad  
Mr Nisar Khan

<b>Independent examiner</b>	Durrani & Co 72 Cardigan Street Luton Bedfordshire LU1 1RR
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#### Structure, governance and management

##### Governance

In view of the current global political and social circumstance and the need to review the organisations governance and accountability policies, Mother Helpage has hugely invested in upgrading its Governance to adhere to the requirements of the Charity Commission and Financial Regulators. We regularly review and update all our policies to ensure that we remain fully compliant.

##### Advocacy

Mother Helpage UK has been actively involved in the advocacy campaigns under the UN for Global Peace Initiative, refugee crisis, narcotics control, community and youth development programmes. Mother Helpage UK is also proactive in showcasing its work through a diverse range of media in its effort to reach out to more people and mobilize support.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2022

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#### Objectives and activities

##### OUR VALUES

Integrity - We adhere to humanitarian principles and will not place ourselves under any financial or any other obligation to individuals or organisations that might seek to influence our performance or duties.

Objectivity - We will only make decisions on need and merit whilst respecting, empowering and fairly treating those in need and we will show compassion for all human beings.

Accountability - We are transparent and responsible for our decisions and actions, ensuring equality and diversity.

Openness - We treat everyone as equals and show compassion for all human beings in need.

Honesty - We are sincere in our approach to everyone, regardless of race, religion, sex or gender and recognise the benefits of equality and diversity.

Leadership - We promote and support our values and principles by demonstrating good leadership, empathy and example, inspiration and guidance.

##### VISION AND MISSION

Vision - To achieve social and economic justice for the most vulnerable communities and to provide a sustainable future for these communities, through our humanitarian global development and sustainability programmes.

Mission - To empower communities and vulnerable groups to create lasting solutions to combat poverty, hunger and social injustice.

##### OUR GOALS AND AIMS

Empowerment - Empower people and communities who experience disaster, distress or difficulty.

Services & Support - Ensure the needy receive the appropriate services and support at the right time to help their recovery and to enable them to live in safety, peace, harmony and stability.

Organisational Excellence - Utilising our knowledge, experience, skills as assets to develop and sustain us as an exemplary organisation. Creating a performance management culture which provides strategic direction and builds on the strengths of its workforce.

Wellbeing - Support communities struggling with natural disasters, food and safe water, medicines and shelter. Aiding communities with resources to develop sustainable income producing projects.

Develop Partnerships - To collaborate and work in unity and engage with partners to strengthen our impact at country level. To communicate openly with all organisations globally ensuring we make a positive difference.

Statement of the Public benefit - The charity has delivered its operations, policies, compliance procedures, staffing, volunteering, risk management as per the Charity Commission's general guidance on public benefit when reviewing its aims and objectives.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2022

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The Trustees confirm that:

1. The aims of the Charity continue to be charitable.
2. The benefits are for public, not unreasonably restricted in any way and certainly not by ability to pay.
3. There is no harm arising from the aims or activities adopted by the Charity.

#### **Achievements and performance**

The Trustees of Mother Helpage UK are pleased by the continued progress of the Charity during the year beginning 1st September 2021 to 31st August 2022. The Trustees acknowledge the dedication of the staff, volunteers and other supporters to achieve our goals. We have fulfilled our aims, objectives and vision: we have supported the emergency crisis in different parts of the world, thereby providing aid to countless people across the globe.

- Throughout 2021/2022, there has been increasing growth in the size of the organisation through increased numbers of permanent staff and changes within our senior management, enabling us to, in turn, increase our support to donors and improve our delivery, effectiveness and efficiency across the organisation.
- As in previous years, we have continued to see an increase in our financial strength and developed new partnerships both in the UK and overseas.
- A film, supported by Mother Helpage UK was released in 2022 to raise awareness on the prevention of drug and gun crime in the UK and associated mental health issues.
- The organisation, yet again, saw a substantial increase in the number of orphans, widows and elderly sponsored through our existing partners. We aim to increase these numbers on an annual basis both with new partners, as well as our existing ones.
- Mother Helpage is still focusing on initiating sustainable and income-generating projects so that the most vulnerable populations are lifted out of poverty and destitution and can at last access a brighter and independent future.
- In April 2022, the charity launched a new initiative Mother kind which we rolled out in Somalia. Mother kind aims to protect the lives of women and girls in the poorest countries and conflict zones by addressing healthcare needs and cultural beliefs around maternity.
- To honour our very special partners, Mother Helpage launched the inaugural MH Partners Excellence Awards. The Awards took place in March 2022 in Watford, London and

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2022

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welcomed our partners, judges, advisory boards, diplomats, parliamentarians, businessmen and other esteemed guests. The MH Partners Excellence Awards were an opportunity to share the very best practice, implementation and perseverance our charity partners demonstrate to make the lives of others better. These awards aimed to acknowledge and celebrate the amazing work of our partners across the humanitarian sector.

- We organized another event dedicated to fundraising in March 2022. The event brought together more than 200 guests. The family event aimed to fundraise towards some of Mother Helpage projects, including WASH (Water and Sanitisation), food package, orphans and widows Sponsorships.

#### Project Reports

A variety of projects were carried out successfully throughout the year, as per the constitutional framework of the organisation such as:

- . Water and Sanitation
- . Sponsorships
- . Women's Empowerment
- . Education
- . Youth Development
- . Emergency Response & Relief
- . Medical Care
- . Winter Relief
- . COVID awareness and support including distribution of PPE
- . Projects to support the homeless
- . Food & NFI relief
- . Community centre construction
- . Distribution of food package and supplies in targeted areas

#### Financial review

##### Reserves

At Mother Helpage, we rely on unrestricted funds to enable us to continue to implement projects and programmes worldwide and to change the lives of people living in the poorest countries.

Demand on unrestricted funds is increasing annually and we are continually looking at ways to promote the work we do and encourage donations. We continue to look at broadening our donation base and of ways to show our appreciation to our loyal and regular supporters.

We are currently achieving all targets and our reserves show that we are in a good, comfortable position to allow the organisation to continue to work at the same level and to cover all current organisational commitments.

The trustees' annual report was approved on 12 December 2022 and signed on behalf of the board of trustees by:



Mr Syed Lone  
Trustee

# Mother Helpage (UK)

## Independent Examiner's Report to the Trustees of Mother Helpage (UK)

Year ended 31 August 2022

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I report to the trustees on my examination of the financial statements of Mother Helpage (UK) ('the charity') for the year ended 31 August 2022.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Durrani & Co  
Independent Examiner

72 Cardigan Street  
Luton  
Bedfordshire  
LU1 1RR

# Mother Helpage (UK)

## Statement of Financial Activities

Year ended 31 August 2022

			<b>2022</b>		2021
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	4	93,877	703,972	797,849	831,881
Investment income	5	84	–	84	–
<b>Total income</b>		<u>93,961</u>	<u>703,972</u>	<u>797,933</u>	<u>831,881</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	6	–	51,458	51,458	22,191
Expenditure on charitable activities	7,8	164,440	631,080	795,520	639,770
<b>Total expenditure</b>		<u>164,440</u>	<u>682,538</u>	<u>846,978</u>	<u>661,961</u>
<b>Net (expenditure)/income and net movement in funds</b>		<u>(70,479)</u>	<u>21,434</u>	<u>(49,045)</u>	<u>169,920</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		1,457,859	997,043	2,454,902	2,284,983
<b>Total funds carried forward</b>		<u>1,387,380</u>	<u>1,018,477</u>	<u>2,405,857</u>	<u>2,454,903</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 8 to 14 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Financial Position

31 August 2022

	Note	2022 £	2021 £
<b>Fixed assets</b>			
Tangible fixed assets	13	1,720,815	1,721,649
<b>Current assets</b>			
Debtors	14	34,569	49,959
Cash at bank and in hand		653,301	687,771
		<u>687,870</u>	<u>737,730</u>
<b>Creditors: amounts falling due within one year</b>	15	<u>2,828</u>	<u>4,476</u>
<b>Net current assets</b>		<u>685,042</u>	<u>733,254</u>
<b>Total assets less current liabilities</b>		<u>2,405,857</u>	<u>2,454,903</u>
<b>Net assets</b>		<u>2,405,857</u>	<u>2,454,903</u>
<b>Funds of the charity</b>			
Restricted funds		1,018,477	997,044
Unrestricted funds:			
Revaluation reserve		204,988	204,988
Other unrestricted income funds		<u>1,182,392</u>	<u>1,252,871</u>
<b>Total unrestricted funds</b>		<u>1,387,380</u>	<u>1,457,859</u>
<b>Total charity funds</b>		<u>2,405,857</u>	<u>2,454,903</u>

These financial statements were approved by the board of trustees and authorised for issue on 12 December 2022, and are signed on behalf of the board by:

  
Mr Syed Lone  
Trustee

The notes on pages 8 to 14 form part of these financial statements.

# Mother Helpage (UK)

## Notes to the Financial Statements

Year ended 31 August 2022

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is NBV Enterprise, 6 David Lane, Nottingham, NG6 0JU.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. Its financial statements are consolidated into the financial statements of (enter name of group financial statements) which can be obtained from (enter detail). As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2022

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#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2022

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#### 3. Accounting policies *(continued)*

##### Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	-	20% reducing balance
Motor vehicles	-	20% reducing balance

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

#### 4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations type 1	67,818	703,972	771,790
<b>Grants</b>			
Grants receivable type 1	26,059	—	26,059
	<u>93,877</u>	<u>703,972</u>	<u>797,849</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

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### 4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
<b>Donations</b>			
Donations type 1	123,748	675,621	799,368
<b>Grants</b>			
Grants receivable type 1	32,513	—	32,513
	<u>156,261</u>	<u>675,621</u>	<u>831,881</u>

### 5. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Bank interest receivable type 1	84	84	—	—

### 6. Costs of raising donations and legacies

	Restricted Funds £	Total Funds 2022 £	Restricted Funds £	Total Funds 2021 £
Costs of raising donations and legacies - Donations	51,458	51,458	22,191	22,191

### 7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Activity type 1	—	594,954	594,954
Support costs	164,440	36,126	200,566
	<u>164,440</u>	<u>631,080</u>	<u>795,520</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Activity type 1	—	424,878	424,878
Support costs	135,156	79,737	214,892
	<u>135,156</u>	<u>504,615</u>	<u>639,770</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

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### 8. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Activity type 1	594,954	–	594,954	424,878
Governance costs	–	200,566	200,566	214,892
	<u>594,954</u>	<u>200,566</u>	<u>795,520</u>	<u>639,770</u>

### 9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	<u>1,329</u>	<u>1,393</u>

### 10. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,995</u>	<u>1,950</u>

### 11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	<u>57,797</u>	<u>85,172</u>

The average head count of employees during the year was 5 (2021: 7).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

### 12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2022

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#### 13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Motor vehicles £	<b>Total £</b>
<b>Cost</b>				
At 1 September 2021	1,715,957	17,436	2,700	1,736,093
Additions	–	495	–	495
<b>At 31 August 2022</b>	<u>1,715,957</u>	<u>17,931</u>	<u>2,700</u>	<u>1,736,588</u>
<b>Depreciation</b>				
At 1 September 2021	–	12,805	1,639	14,444
Charge for the year	–	1,117	212	1,329
<b>At 31 August 2022</b>	<u>–</u>	<u>13,922</u>	<u>1,851</u>	<u>15,773</u>
<b>Carrying amount</b>				
<b>At 31 August 2022</b>	<u>1,715,957</u>	<u>4,009</u>	<u>849</u>	<u>1,720,815</u>
At 31 August 2021	<u>1,715,957</u>	<u>4,631</u>	<u>1,061</u>	<u>1,721,649</u>

#### 14. Debtors

	<b>2022</b> £	2021 £
Trade debtors	34,269	49,959
Other debtors	300	–
	<u>34,569</u>	<u>49,959</u>

#### 15. Creditors: amounts falling due within one year

	<b>2022</b> £	2021 £
Trade creditors	638	3,341
Accruals and deferred income	2,190	–
Social security and other taxes	–	1,135
	<u>2,828</u>	<u>4,476</u>

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# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

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### 16. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2022 £
Tangible fixed assets	1,720,815	1,720,815
Current assets	687,870	687,870
Creditors less than 1 year	(2,828)	(2,828)
<b>Net assets</b>	<u>2,405,857</u>	<u>2,405,857</u>

	Unrestricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,721,649	1,721,649
Current assets	737,730	737,730
Creditors less than 1 year	(4,476)	(4,476)
<b>Net assets</b>	<u>2,454,903</u>	<u>2,454,903</u>

### 17. Related parties

There were no related party transactions in the year.

# **Mother Helpage (UK)**

## **Management Information**

**Year ended 31 August 2022**

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**The following pages do not form part of the financial statements.**

# Mother Helpage (UK)

## Detailed Statement of Financial Activities

Year ended 31 August 2022

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	<b>2022</b>	2021
	£	£
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations type 1	771,790	799,368
Grants receivable type 1	26,059	32,513
	<u>797,849</u>	<u>831,881</u>
<b>Investment income</b>		
Bank interest receivable type 1	84	—
	<u>84</u>	<u>—</u>
<b>Total income</b>	<u>797,933</u>	<u>831,881</u>
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Volunteering and fundraising costs	51,458	22,191
	<u>51,458</u>	<u>22,191</u>
<b>Expenditure on charitable activities</b>		
Wages and salaries	57,797	85,172
Printing, postage and stationery	666	3,202
Rent, rates and maintenance	43,521	79,615
Legal and professional fees	83,302	25,080
Telephone	3,550	3,059
Other office costs	972	669
Depreciation	1,329	1,392
Other interest payable and similar charges	3,836	550
Grants to institutions	594,954	424,878
Advertising	5,593	16,153
	<u>795,520</u>	<u>639,770</u>
<b>Total expenditure</b>	<u>846,978</u>	<u>661,961</u>
<b>Net (expenditure)/income</b>	<u>(49,045)</u>	<u>169,920</u>

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# Mother Helpage (UK)

## Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2022

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	<b>2022</b>	2021
	£	£
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Donations - volunteering and fundraising costs	51,458	22,191
	<u>51,458</u>	<u>22,191</u>
<b>Costs of raising donations and legacies</b>	<u>51,458</u>	<u>22,191</u>
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b>Activities undertaken directly</b>		
Direct charitable activity 1 - grants to institutions	594,954	424,878
<b>Governance costs</b>		
Governance costs - wages/salaries	57,797	85,172
Governance costs - printing, postage and stationery	666	3,202
Governance costs - rent, rates and maintenance	43,521	79,615
Governance costs - accountancy fees	2,190	2,730
Governance costs - legal and other professional fees	81,112	22,350
Governance costs - telephone	3,550	3,059
Governance costs - computer costs	972	669
Governance costs - depreciation	1,329	1,392
Governance costs - other finance costs	3,836	550
Governance costs - advertising	5,593	16,153
	<u>200,566</u>	<u>214,892</u>
<b>Expenditure on charitable activities</b>	<u>795,520</u>	<u>639,770</u>

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**MOTHER HELPAGE (UK)**

England & Wales - Charity number 1148450

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# Accounts

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**Mother Helpage (UK)**  
**Unaudited Financial Statements**  
**31 August 2021**

# Mother Helpage (UK)

## Financial Statements

Year ended 31 August 2021

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<b>The following pages do not form part of the financial statements</b>	
Detailed statement of financial activities	<b>20</b>
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# Mother Helpage (UK)

## Trustees' Annual Report

### Year ended 31 August 2021

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The trustees present their report and the unaudited financial statements of the charity for the year ended 31 August 2021.

#### Reference and administrative details

**Registered charity name** Mother Helpage (UK)

**Charity registration number** 1148450

**Principal office** NBV Enterprise  
6 David Lane  
Nottingham  
NG6 0JU

#### The trustees

Mrs Roshan Ara  
Mr Majid Khan  
Mr Shakeel Mirza

**Independent examiner** Durrani & Co  
72 Cardigan Street  
Luton  
Bedfordshire  
LU1 1RR

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

---

#### **Structure, governance and management**

We submit the 2021 annual report of the Trustees of Mother Helpage (UK). The financial statement complies with the Charity's Governing document, the charities act 2011 and the statement of recommended practice, accounting and reporting by charities: SORP applicable to charities preparing their accounts in accordance with FRSSE.

As the charity is not formally a limited company, it is therefore governed by a constitution. Eligibility for membership to the Charity and membership of the Board of Trustees is governed by its constitution. Mother Helpage is not a member of a wider network or umbrella group save for being the founding entity for other legal entities established in other jurisdictions and which operate under the name and logos of Mother Helpage (UK).

Mother Helpage UK is a non-profit international humanitarian charity, which through financial donations, supplies materials and medical aid. With the help of volunteers, Mother Helpage (UK) organises sustainable projects and programmes, providing direct support in terms of nutrition, medicine, shelter and clothing. We support income generating initiatives and vocational training designed to empower women and other vulnerable groups struggling with poverty.

We intend to increase our efficiency in Outreach, networking and working in partnership with other humanitarian organisations as we believe in sharing experiences and resources, we will achieve the best possible results and outcomes of our humanitarian initiatives.

We, as Trustees, are legally responsible for the Charity and set the strategic direction. The trust board currently comprises of the Trustees Mr Shakeel Mirza, Mrs Roshan Ara and Mr Majid Khan and The CEO Dr Sohail Nasti. Moreover, we have a few dedicated staff teams in the UK, UAE, India, Pakistan and Indonesia.

The process for recruiting Trustees, involves determining the optimum skills, knowledge and experience suitable for the needs and operational policies of the Charity. The trustees are regularly updated on their role and responsibility by conducting regular meetings so that the interests and values of the charity are protected. The Trustees would like to thank all those who have supported us in making the Charity, and the delivered projects, a big success.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

---

#### Objectives and activities

##### OUR VALUES

###### Integrity

We adhere to humanitarian principles and will not place ourselves under any financial or any other obligation to individuals or organisations that might seek to influence our performance or duties.

###### Objectivity

We will only make decisions on need and merit whilst respecting, empowering and fairly treating those in need and we will show compassion for all human beings.

###### Accountability

We are transparent and responsible for our decisions and actions, ensuring equality and diversity.

###### Openness

We treat everyone as equals and show compassion for all human beings in need.

###### Honesty

We are sincere in our approach to everyone, regardless of race, religion, sex or gender and recognise the benefits of equality and diversity.

###### Leadership

We promote and support our values and principles by demonstrating good leadership, empathy and example, inspiration and guidance.

##### VISION AND MISSION

###### Vision

To achieve social and economic justice for the most vulnerable communities and to provide a sustainable future for these communities, through our humanitarian global development and sustainability programmes.

###### Mission

To empower communities and vulnerable groups to create lasting solutions to combat poverty, hunger and social injustice.

##### OUR GOALS AND AIMS

###### Empowerment

Empower people and communities who experience disaster, distress or difficulty.

###### Services & Support

Ensure the needy receive the appropriate services and support at the right time to help their recovery and to enable them to live in safety, peace, harmony and stability.

###### Organisational Excellence

Utilising our knowledge, experience, skills as assets to develop and sustain us as an exemplary organisation.

Creating a performance management culture which provides strategic direction and builds on the strengths of its workforce.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

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#### Wellbeing

Support communities struggling with natural disasters, food and safe water, medicines and shelter

Aiding communities with resources to develop sustainable income producing projects.

#### Develop Partnerships

To collaborate and work in unity and engage with partners to strengthen our impact at country level

To communicate openly with all organisations globally ensuring we make a positive difference

#### Statement of the Public benefit

The charity has delivered its operations, policies, compliance procedures, staffing, volunteering, risk management as per the Charity Commission's general guidance on public benefit when reviewing its aims and objectives.

The Trustees confirm that:

1. The aims of the Charity continue to be charitable
2. The benefits are for public, not unreasonably restricted in any way and certainly not by ability to pay.
3. There is no harm arising from the aims or activities adopted by the Charity.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

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#### Achievements and performance

The Trustees of Mother Helpage UK are pleased by the progress of the Charity during the year beginning 1st September 2020 to 31st August 2021. The Trustees acknowledge the dedication of the staff, volunteers and other supporters to achieve our goals. We have fulfilled our aims and objectives by supporting the emergency crisis in different parts of the world and the Charity has supported hundreds and thousands through its chosen humanitarian objectives and vision.

Mother Helpage was extremely busy in delivering emergency services and relief operations during the unfortunate pandemic of COVID-19 and this still continues and is ongoing through 2021. We have regular developmental programmes in health care, education, women empowerment, youth development, fight against narcotics, abuse and knife crime, water and sanitation, microfinance and support for vulnerable communities. We also have projects in maternal and child Health and emergency ambulance services, shelter, community development through sports initiatives and support for orphans, widows, the elderly and children with special needs has made a mark towards our contribution for the sustainable development goals (SDG's). Mother Helpage UK is working tirelessly to strengthen the mental health projects across the globe so that we help communities to live healthy and happily.

In addition, Mother Helpage has achieved the following:

- Mother Helpage is now a 100% cashless charity, in support of its fight against money laundering problems in the world and follows strict financial controls as per the guidelines of the Charities Commission and other financial regulatory bodies including FATF
- Throughout 2020/2021, there has been increasing growth in the size of the organisation through increased numbers of dedicated staff and our senior management
- Mother Helpage is working in partnership with HMRC through the Kick Start project and giving opportunities to young people and giving guidance and training for a long-term commitment from both sides
- We have continued to see an increase in our financial strength again this year and continued to improve our work approach and developmental policies
- Pakistan and Indonesia have been added to our operational locations this year
- Our main focus is renewing our governance and safeguarding policies each year to ensure we are fully compliant
- Few charities have highlighted the fight against drug abuse and gun crime. Mother Helpage has funded the production of a film to show these issues and increase awareness about global mental health awareness.
- The organisation was able to increase the number of orphans, widows and elderly sponsored this year through existing partners. Our aim is to steadily continue to increase this number moving forward with new partners
- Mother Helpage is still focusing on initiating sustainable projects so that the needy are able to have a regular and sustainable income in their future and give them strong independence

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

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- Mother Helpage UK has increased its staff members in the UK to ensure that all departments are fully staffed and supported enabling us to provide full support to donors and partners and more timely approached results.

Globally Mother Helpage has delivered emergency relief Programmes in Yemen, Palestine, Gambia, Sri Lanka, India, Pakistan, Indonesia and Albania.

#### Project Reports :

Many other projects were carried out successfully as per the constitutional framework of the organisation such as:

- Water and Sanitation
- Sponsorships
- Women's Empowerment
- Education
- Youth Development
- Emergency Response & Relief
- Medical Care
- Winter Relief
- COVID awareness and support including distribution of PPE
- Homeless projects in the East Midlands and also in the North
- Food & NFI relief

#### Governance:

In view of the current global political and social circumstance and the need to review the organisations governance and accountability policies, Mother Helpage has hugely invested in upgrading its Governance to adhere to the requirements of the Charities Commission and Financial Regulators.

#### Advocacy:

Mother Helpage UK has been actively involved in the advocacy campaigns under the UN for Global Peace Initiative, Refugee Crisis, Narcotics Control, Community and Youth Development Programmes. Mother Helpage UK is also actively taking part to showcase its work through media and has produced a film to highlight issues surrounding drug abuse and gun crime

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

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#### Financial review

##### Financial Controls:

The board comprising of trustees, steering committee members and senior staff members who endeavour to ensure that the funds and assets are always safeguarded. Mother Helpage has invested in courses like prevention of money laundering and terrorism financing in high-risk areas to make the charity safe financially and to also safeguard its reputation.

##### Principal Source of Funding:

The main source of funding is from the Institutions and other International charities. There is also support from a handful of individual donors who also support various projects across the globe

##### Criteria for selecting a funding Partner:

Mother Helpage UK strictly adopts our partner selection as per the Charities Commission UK and Wales Guidelines, UK & US guideline for banned organisations and the due diligence/ MOU's adopted by Mother Helpage.

Mother Helpage always updates its policies on governance, financial controls, safe guarding etc so that this organisation fulfils the latest criteria required for the smooth running of the humanitarian organisations

##### Reserves:

Mother Helpage UK, from its inception, has raised funds for specific projects and the funds which are not specific are utilised at the discretion of the trustees with consultation of the higher management

Mother Helpage has adopted a reserve policy from 2 years ago, in which the organisation will keep some funds in reserve so that in any situation of financial irregularity, the funds would be sufficient to run the organisation for at least 6-8 months.

##### Investment Policy:

Surplus funds are kept in a high interest reserve to ensure the best return for the charity and Mother Helpage is also planning to purchase an office space of its own later this year in the UK

##### Risks and uncertainties:

The trustees have during the year considered the material risks facing the charity and have put in place the mitigating controls to address those risks.

The Charity's continuing growth and success reflects that these risk factors have been identified and worked on and even on a regular basis these risks are regularly reviewed and taken care of.

##### Volunteer Recruitment:

As Mother Helpage UK continues to grow, it is important to increase the number of professional and dedicated volunteers so that growth to investment ratio is on the positive side. Volunteer recruiting will commence again once the COVID 19 pandemic restriction permit. Mother Helpage has now adopted a policy of having DBS checks for all the staff and the volunteers at any high-risk locations

##### Introducing separate divisions of Mother Helpage UK:

From now onwards Mother Helpage shall be delivering the humanitarian operations under the five sub headings as under: 1. Red Cross Division: Emergency Relief / Medical projects etc 2. White Cross Division: WASH, Construction, Education, Development, Rehabilitation, Seasonal 3. Blue Cross Division: Animal Welfare 4. Green Cross Division: Environmental projects 5. MH Stars: Volunteerism

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2021

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The trustees' annual report was approved on 22 April 2022 and signed on behalf of the board of trustees by:



Mrs Roshan Ara  
Trustee

# Mother Helpage (UK)

## Independent Examiner's Report to the Trustees of Mother Helpage (UK)

Year ended 31 August 2021

---

I report to the trustees on my examination of the financial statements of Mother Helpage (UK) ('the charity') for the year ended 31 August 2021.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Durrani & Co  
Independent Examiner

72 Cardigan Street  
Luton  
Bedfordshire  
LU1 1RR

# Mother Helpage (UK)

## Statement of Financial Activities

Year ended 31 August 2021

			2021		2020
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	4	156,261	675,621	831,881	980,361
<b>Total income</b>		<u>156,261</u>	<u>675,621</u>	<u>831,881</u>	<u>980,361</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	5	–	22,191	22,191	59,748
Expenditure on charitable activities	6,7	135,156	504,615	639,770	528,438
<b>Total expenditure</b>		<u>135,156</u>	<u>526,806</u>	<u>661,961</u>	<u>588,186</u>
<b>Net income</b>		<u>21,105</u>	<u>148,815</u>	<u>169,920</u>	<u>392,175</u>
<b>Other recognised gains and losses</b>					
Gains from revaluation of fixed assets		–	–	–	204,988
<b>Net movement in funds</b>		21,105	148,815	169,920	597,163
<b>Reconciliation of funds</b>					
Total funds brought forward		1,436,754	848,229	2,284,983	1,687,820
<b>Total funds carried forward</b>		<u>1,457,859</u>	<u>997,044</u>	<u>2,454,903</u>	<u>2,284,982</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 12 to 18 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Financial Position

31 August 2021

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible fixed assets	12	1,721,649	1,721,967
<b>Current assets</b>			
Debtors	13	49,959	–
Cash at bank and in hand		687,771	633,832
		<u>737,730</u>	<u>633,832</u>
<b>Creditors: amounts falling due within one year</b>	14	<u>4,476</u>	<u>70,816</u>
<b>Net current assets</b>		<u>733,254</u>	<u>563,016</u>
<b>Total assets less current liabilities</b>		<u>2,454,903</u>	<u>2,284,983</u>
<b>Funds of the charity</b>			
Restricted funds		997,044	1,239,083
Unrestricted funds:			
Revaluation reserve		204,988	204,988
Other unrestricted income funds		<u>1,252,871</u>	<u>840,911</u>
<b>Total unrestricted funds</b>		<u>1,457,859</u>	<u>1,045,899</u>
<b>Total charity funds</b>		<u>2,454,903</u>	<u>2,284,982</u>

These financial statements were approved by the board of trustees and authorised for issue on 22 April 2022, and are signed on behalf of the board by:



Mrs Roshan Ara  
Trustee

The notes on pages 12 to 18 form part of these financial statements.

# Mother Helpage (UK)

## Notes to the Financial Statements

Year ended 31 August 2021

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is NBV Enterprise, 6 David Lane, Nottingham, NG6 0JU.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. Its financial statements are consolidated into the financial statements of (enter name of group financial statements) which can be obtained from (enter detail). As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2021

---

#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2021

---

#### 3. Accounting policies *(continued)*

##### Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	-	20% reducing balance
Motor vehicles	-	20% reducing balance

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

#### 4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
<b>Donations</b>			
Donations type 1	123,748	675,621	799,368
<b>Grants</b>			
Grants receivable type 1	32,513	—	32,513
	<u>156,261</u>	<u>675,621</u>	<u>831,881</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2021

### 4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
<b>Donations</b>			
Donations type 1	5,064	959,800	964,863
<b>Grants</b>			
Grants receivable type 1	–	15,498	15,498
	<u>5,064</u>	<u>975,298</u>	<u>980,361</u>

### 5. Costs of raising donations and legacies

	Restricted Funds £	Total Funds 2021 £	Restricted Funds £	Total Funds 2020 £
Costs of raising donations and legacies				
- Donations	<u>22,191</u>	<u>22,191</u>	<u>59,748</u>	<u>59,748</u>

### 6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Activity type 1	–	424,878	424,878
Support costs	<u>135,156</u>	<u>79,737</u>	<u>214,892</u>
	<u>135,156</u>	<u>504,615</u>	<u>639,770</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Activity type 1	–	351,870	351,870
Support costs	<u>3,744</u>	<u>172,826</u>	<u>176,568</u>
	<u>3,744</u>	<u>524,696</u>	<u>528,438</u>

### 7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2021 £	Total fund 2020 £
Activity type 1	424,878	–	424,878	351,870
Governance costs	–	<u>214,892</u>	<u>214,892</u>	<u>176,568</u>
	<u>424,878</u>	<u>214,892</u>	<u>639,770</u>	<u>528,438</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2021

---

#### 8. Net income

Net income is stated after charging/(crediting):

	<b>2021</b>	2020
	£	£
Depreciation of tangible fixed assets	<u>1,393</u>	<u>1,502</u>

#### 9. Independent examination fees

	<b>2021</b>	2020
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,950</u>	<u>1,950</u>

#### 10. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	<b>2021</b>	2020
	£	£
Wages and salaries	<u>85,172</u>	<u>63,055</u>

The average head count of employees during the year was 7 (2020: 3).

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

#### 11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2021

---

#### 12. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Motor vehicles £	<b>Total £</b>
<b>Cost</b>				
At 1 September 2020	1,715,957	16,361	2,700	1,735,018
Additions	–	1,075	–	1,075
<b>At 31 August 2021</b>	<u>1,715,957</u>	<u>17,436</u>	<u>2,700</u>	<u>1,736,093</u>
<b>Depreciation</b>				
At 1 September 2020	–	11,678	1,373	13,051
Charge for the year	–	1,127	266	1,393
<b>At 31 August 2021</b>	<u>–</u>	<u>12,805</u>	<u>1,639</u>	<u>14,444</u>
<b>Carrying amount</b>				
<b>At 31 August 2021</b>	<u>1,715,957</u>	<u>4,631</u>	<u>1,061</u>	<u>1,721,649</u>
At 31 August 2020	<u>1,715,957</u>	<u>4,683</u>	<u>1,327</u>	<u>1,721,967</u>

#### 13. Debtors

	<b>2021</b> £	2020 £
Trade debtors	<u>49,959</u>	<u>–</u>

#### 14. Creditors: amounts falling due within one year

	<b>2021</b> £	2020 £
Trade creditors	3,341	1,949
Social security and other taxes	1,135	248
Other creditors	–	68,619
	<u>4,476</u>	<u>70,816</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2021

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#### 15. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2021 £
Tangible fixed assets	1,721,649	1,721,649
Current assets	737,730	737,730
Creditors less than 1 year	(4,476)	(4,476)
<b>Net assets</b>	<u>2,454,903</u>	<u>2,454,903</u>

	Unrestricted Funds £	Total Funds 2020 £
Tangible fixed assets	1,721,967	1,721,967
Current assets	633,832	633,832
Creditors less than 1 year	(70,816)	(70,816)
Creditors greater than 1 year	–	–
<b>Net assets</b>	<u>2,284,983</u>	<u>2,284,983</u>

#### 16. Related parties

Dr Sohail Nasti, CEO of Mother Helpage who is also the director of Sohail Nasti Productions Ltd has now started to work as a self-employed consultant with Mother Helpage and delivers his professional services through his company Sohail Nasti Productions Ltd charged at £17,750 (2020:£0).

The Trustees do not consider Sohail Nasti Productions Ltd to be a subsidiary or an associate and the results and net assets of Sohail Nasti Productions Ltd have not been included in the accounts.

There were no other related party transactions in the year.

# **Mother Helpage (UK)**

## **Management Information**

**Year ended 31 August 2021**

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**The following pages do not form part of the financial statements.**

# Mother Helpage (UK)

## Detailed Statement of Financial Activities

Year ended 31 August 2021

---

	<b>2021</b>	2020
	£	£
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations type 1	799,368	964,863
Grants receivable type 1	32,513	15,498
	<u>831,881</u>	<u>980,361</u>
<b>Total income</b>	<u>831,881</u>	<u>980,361</u>
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Volunteering and fundraising costs	22,191	59,748
<b>Expenditure on charitable activities</b>		
Wages and salaries	85,172	63,055
Printing, postage and stationery	3,202	18,800
Rent, rates and maintenance	79,615	24,391
Legal and professional fees	25,080	41,661
Telephone	3,059	1,559
Other office costs	669	2,582
Depreciation	1,392	1,502
Other interest payable and similar charges	550	116
Grants to institutions	424,878	351,870
Advertising	16,153	22,902
	<u>639,770</u>	<u>528,438</u>
<b>Total expenditure</b>	<u>661,961</u>	<u>588,186</u>
<b>Net income</b>	<u>169,920</u>	<u>392,175</u>

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# Mother Helpage (UK)

## Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2021

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	<b>2021</b>	2020
	£	£
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Donations - volunteering and fundraising costs	22,191	59,748
	<u>22,191</u>	<u>59,748</u>
<b>Costs of raising donations and legacies</b>	<u>22,191</u>	<u>59,748</u>
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b>Activities undertaken directly</b>		
Direct charitable activity 1 - grants to institutions	424,878	351,870
<b>Governance costs</b>		
Governance costs - wages/salaries	85,172	63,055
Governance costs - printing, postage and stationery	3,202	18,800
Governance costs - rent, rates and maintenance	79,615	24,391
Governance costs - accountancy fees	2,730	1,950
Governance costs - legal and other professional fees	22,350	39,711
Governance costs - telephone	3,059	1,559
Governance costs - computer costs	669	2,582
Governance costs - depreciation	1,392	1,502
Governance costs - other finance costs	550	116
Governance costs - advertising	16,153	22,902
	<u>214,892</u>	<u>176,568</u>
<b>Expenditure on charitable activities</b>	<u>639,770</u>	<u>528,438</u>

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**MOTHER HELPAGE (UK)**

England & Wales - Charity number 1148450

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# Accounts

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**Mother Helpage (UK)**

**Trustees' Report and Financial Statements**

**31 August 2020**

# Mother Helpage (UK)

## Financial Statements

Year ended 31 August 2020

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Statement of financial activities	<b>10</b>
Statement of financial position	<b>11</b>
Notes to the financial statements	<b>12</b>
<b>The following pages do not form part of the financial statements</b>	
Detailed statement of financial activities	<b>20</b>
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# Mother Helpage (UK)

## Trustees' Annual Report

Year ended 31 August 2020

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The trustees present their report and the unaudited financial statements of the charity for the year ended 31 August 2020.

### Reference and administrative details

**Registered charity name** Mother Helpage (UK)

**Charity registration number** 1148450

**Principal office** NVB Enterprise  
6 David Lane  
Nottingham  
NG6 0JU

### The trustees

Dr (Prof) Upendra Kaul  
Mr Majid Khan  
Mr Shakeel Mirza

**Independent examiner** Durrani & Co  
72 Cardigan Street  
Luton  
Bedfordshire  
LU1 1RR

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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#### Structure, governance and management

We submit the 2020 annual report of the Trustees of Mother Helpage (UK). The financial statement complies with the Charity's Governing document, the charities act 2011 and the statement of recommended practice, accounting and Reporting by charities: SORP applicable to charities preparing their accounts in accordance with FRSSE.

As the charity is not formally a limited company, it is therefore governed by a constitution. Eligibility for membership to the Charity and membership of the Board of Trustees is governed by its constitution. Mother Helpage is not a member of a wider network or umbrella group save for being the founding entity for other legal entities established in other jurisdictions and which operate under the name and logos of Mother Helpage (UK).

Mother Helpage UK is a non-profit international humanitarian charity, which through financial donations, supplies materials, medical aid. With the help of volunteers, Mother Helpage (UK) organises sustainable projects and programmes, providing direct support in terms nutrition, medicine, shelter and clothing. We support income generating initiatives and vocational training designed to empower women and other vulnerable groups struggling with poverty.

We intend to increase our efficiency in Outreach, networking and working in partnership with other humanitarian organisations as we believe in sharing experiences and resources, we will achieve the best possible results and outcomes of our humanitarian initiatives.

We as Trustees are legally responsible for the Charity and set the strategic direction. The Board currently comprises of the CEO (Dr MS Nasti), Finance Director (Mr K Salim) plus 3 other Trustees (Mr Shakeel Mirza, Professor (Dr) U Kaul and Mr Majid Khan). Moreover, we have a few dedicated staff teams in the UK, UAE, India and Indonesia

The process for recruiting Trustees, involves determining the optimum skills, knowledge and experience suitable for the needs and operational policies of the Charity. The trustees are regularly updated on their role and responsibility by conducting regular meetings so that the interests and values of the charity are protected. The Trustees would like to thank all those who have supported in making the Charity and the delivered projects a big success.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

---

#### Objectives and activities

##### OUR VALUES

###### Integrity

We adhere to humanitarian principles and will not place ourselves under any financial or any other obligation to individuals or organisations that might seek to influence our performance or duties.

###### Objectivity

We will only make decisions on need and merit whilst respecting, empowering and fairly treating those in need and we will show compassion for all human beings.

###### Accountability

We are transparent and responsible for our decisions and actions, ensuring equality and diversity.

###### Openness

We treat everyone as equals and show compassion for all human beings in need.

###### Honesty

We are sincere in our approach to everyone, regardless of race, religion, sex or gender and recognise the benefits of equality and diversity.

###### Leadership

We promote and support our values and principles by demonstrating good leadership, empathy and example, inspiration and guidance.

##### VISION AND MISSION

###### Vision

To achieve social and economic justice for the most vulnerable communities and to provide a sustainable future for these communities, through our humanitarian global development and sustainability programmes.

###### Mission

To empower communities and vulnerable groups to create lasting solutions to combat poverty, hunger, and social injustice.

##### OUR GOALS AND AIMS:

###### Empowerment

Empower people and communities who experience disaster, distress or difficulty.

###### Services & Support

Ensure the needy receive the appropriate services and support at the right time to help their recovery and to enable them to live in safety, peace, harmony and stability.

###### Organisational Excellence

- Utilising our knowledge, experience, skills as assets to develop and sustain us as an exemplary organisation.
- Creating a performance management culture which provides strategic direction and builds on the strengths of its workforce.

###### Wellbeing

- Support communities struggling with natural disasters, food and safe water, medicines and shelter

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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- Aiding communities with resources to develop sustainable income producing projects.

#### Develop Partnerships

- To collaborate and work in unity and engage with partners to strengthen our impact at country level •  
To communicate openly with all organisations globally ensuring we make a positive difference.

#### Statement of the Public benefit:

The charity has delivered its operations, policies, compliance procedures, staffing, volunteering, risk management as per the Charity Commission's general guidance on public benefit when reviewing its aims and objectives.

#### The Trustees confirm that:

1. The aims of the Charity continue to be charitable
2. The benefits are for public, not unreasonably restricted in any way and certainly not by ability to pay.
3. There is no harm arising from the aims or activities adopted by the Charity.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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#### Achievements and performance

The Trustees of Mother Helpage (UK) are pleased by the progress of the Charity during the year beginning 1st September 2019 to 31st August 2020. The Trustees acknowledge the dedication of the staff, volunteers and other supporters to achieve our goals. In fulfilling our aims and objectives by supporting the emergency crisis in parts of Asia, Africa and the Middle East, are some of the highlights of this Charity which supported hundreds and thousands through its chosen humanitarian objective and vision.

Mother Helpage was extremely busy in delivering emergency services and relief operations during the unfortunate pandemic of COVID-19 across fifteen countries world-wide. We have regular developmental Programmes in Health Care, education, women empowerment, youth development, fight against narcotics, abuse and knife crime, water and sanitation, microfinance, support for vulnerable communities. We also have projects in maternal and child Health and emergency ambulance services, shelter, community development through sports initiative, support to orphans, widows, the elderly and children with special needs has made a mark towards our contribution for the sustainable development goals (SDG's).

In addition, Mother Helpage has achieved the following:

- A globally renowned cardiologist Prof (Dr) Upendra Kaul, (recipient of the Padma Shree Award) joined Mother Helpage as a Trustee and a Patron keeping in view the quality, transparency, vision and passion of the organisation. This is one of the huge achievements of the organisation highlighting the credibility of the organisation amongst the common population
- Mother Helpage is now approximately 99% cashless charity, in support of its fight against money laundering problems in the world and strict financial controls as per the guidelines of Charities Commission and other financial regulatory bodies including FATF.
- A small growth in the size of the organisation because of the increase in the financial strength
- Financial strength has almost doubled this year keeping in view the new work approach and the developmental policies of the organisation
- More operational locations added this year in Africa, Middle East and Asia
- Renewal of its safeguarding policies for vulnerable groups was the major highlight in updating the compliance procedures of the organisation
- Organisation was successful in opening separate bank accounts for major projects to maintain the highest standards of transparency and accountability
- The organisation was able to almost double its finances this year as compared to last year's financial strength, securing sponsorships for more than 300 orphans, 150 elderly and 75 families this year
- Qurbani project has also more than doubled this year as was the case with the global emergency projects
- Mother Helpage is now focussing on initiating sustainable projects so that the needy are able to have a regular and sustainable income rather than depend on charitable handouts
- Last year Mother Helpage managed to get more than 200 orphan girls married across the world

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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- Finally, Mother Helpage made a small and a permanent change to its logo, effective from July 2020 Mother Helpage registered itself with the Fundraising regulator to have more checks and controls on fundraising and its fundraising policies.

- Mother Helpage has invested in its staff members in various courses so that the compliance, monitoring, projects execution and to safe guard the charity and its financial structure as per its constitution and the standards of Charities Commission UK. The courses completed by the Mother Helpage UK staff are: Prince-2 management, Charity management, Prevention of money laundering & terrorism financing and he course for the charities working in high-risk areas.

Globally Mother Helpage has delivered emergency relief programmes in Yemen, Palestine, Gambia, Sri Lanka, India, Pakistan and Albania.

#### Project Reports :

Many other projects were carried out successfully as per the constitutional framework of the organisation such as:

- Water and Sanitation
- Sponsorships
- Women's Empowerment
- Education
- Sports
- Youth Development
- Emergency Response & Relief
- Medical Care
- Winter Relief
- COVID Awareness and support

#### Governance:

In view of the current global political and social circumstance and the need to review the organisations governance and accountability policies, Mother Helpage has hugely invested in upgrading its Governance to adhere to the requirements of the Charities Commission and Financial Regulators.

#### Advocacy:

Mother Helpage (UK) has been actively involved in the advocacy campaigns under the UN for Global Peace Initiative, Refugee Crisis, Narcotics Control, Community and Youth Development programmes. Mother Helpage (UK) is also actively taking part to showcase its work through media so that we measure the success and challenges in our approach towards our humanitarian service.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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#### Financial review

##### Financial Controls:

The board comprising of trustees, steering committee members, senior staff endeavours to ensure that the funds and assets are safeguarded. Mother Helpage has invested in courses like prevention of money laundering and terrorism financing in high-risk areas to make the charity safe financially and to its reputation as well.

##### Principal Source of Funding:

The main source of funding is from the Institutions and other International charities. A handful of individual donors also support various projects across the globe.

##### Criteria for selecting a funding Partner:

Mother Helpage (UK) strictly adopts the partner selection as per the Charities Commission UK and Wales Guidelines, UK & US guideline for banned organisations and the due diligence/ MOU adopted by Mother Helpage.

Mother Helpage always updates its policies on governance, financial controls, safe guarding etc so that this organisation fulfils the latest criteria required for the smooth running of the humanitarian organisations.

##### Reserves:

Mother Helpage (UK) from its inception has raised funds for specific projects and the funds which are not specific are utilised at the discretion of the trustees with consultation of the higher management.

Mother Helpage is adapting a reserve policy from this year in which the organisation will keep the funds in reserve so that in any situation of financial irregularity, the funds would be sufficient to run the organisation for at least 6-8 months.

##### Investment Policy:

Surplus funds are kept in a high interest reserve to ensure the best return for the charity. The asset in Sri Lanka has also gained its value after some houses were constructed for the IDP's with the support of local government. The value of the asset in Sri Lanka is also doubled this year. With regards to the property in the UK which had been highlighted in last year's Trustee report, the organisation has exchanged that said property in the UK to a more suitable property in India which would be for the purpose of constructing a hospital, vocational college, office space and would suffice the organisation and its needs. This decision was taken by the board of trustees keeping in view the interest of the charity. Mother Helpage is also planning to purchase an office space of its own later this year in the UK. Mother Helpage is also getting a school from one of the local trusts in Indonesia later this year, meaning that the forecast of value of the assets of the organisation is getting healthier each year. Mother Helpage is also planning to start the cooperative project in various countries so that the organisation becomes self-sustainable and no more stays dependent on the charitable donations.

##### Risks and uncertainties:

The trustees have during the year considered the material risks facing the charity and have put in place the mitigating controls to address those risks.

The Charity's continuing growth and success reflects that these risk factors have been identified and worked on and even on a regular basis these risks are regularly reviewed and taken care of.

##### Volunteer Recruitment:

As Mother Helpage (UK) continues to grow, it is important to increase the number of professional and dedicated volunteers so that growth to investment ratio is on the positive side. Mother Helpage has now adopted a policy of having DBS for all the staff and the volunteers at any high-risk location.

# Mother Helpage (UK)

## Trustees' Annual Report *(continued)*

### Year ended 31 August 2020

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Introducing separate divisions of Mother Helpage UK:

From now onwards Mother Helpage shall be delivering the humanitarian operations under the five sub headings as under:

1. Red Cross Division: Emergency Relief / Medical projects etc
2. White Cross Division: WASH, Construction, Education, Development, Rehabilitation, Seasonal
3. Blue Cross Division: Animal Welfare
4. Green Cross Division: Environmental projects
5. MH Stars: Volunteerism

The trustees' annual report was approved on 12 March 2021 and signed on behalf of the board of trustees by:



Mr Shakeel Mirza  
Trustee

# Mother Helpage (UK)

## Independent Examiner's Report to the Trustees of Mother Helpage (UK)

Year ended 31 August 2020

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I report to the trustees on my examination of the financial statements of Mother Helpage (UK) ('the charity') for the year ended 31 August 2020.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Durrani & Co  
Independent Examiner

72 Cardigan Street  
Luton  
Bedfordshire  
LU1 1RR

# Mother Helpage (UK)

## Statement of Financial Activities

Year ended 31 August 2020

		2020		2019	
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	4	5,064	975,298	980,361	392,543
Investment income	5	–	–	–	36,450
<b>Total income</b>		<u>5,064</u>	<u>975,298</u>	<u>980,361</u>	<u>428,993</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and legacies	6	–	59,748	59,748	23,674
Expenditure on charitable activities	7,8	3,744	524,696	528,438	352,692
<b>Total expenditure</b>		<u>3,744</u>	<u>584,444</u>	<u>588,186</u>	<u>376,366</u>
<b>Net income</b>		<u>1,320</u>	<u>390,854</u>	<u>392,175</u>	<u>52,627</u>
<b>Other recognised gains and losses</b>					
Gains from revaluation of fixed assets		204,988	–	204,988	–
<b>Net movement in funds</b>		<u>206,308</u>	<u>390,854</u>	<u>597,163</u>	<u>52,627</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		839,591	848,229	1,687,820	1,635,193
<b>Total funds carried forward</b>		<u>1,045,899</u>	<u>1,239,083</u>	<u>2,284,982</u>	<u>1,687,820</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 12 to 18 form part of these financial statements.

# Mother Helpage (UK)

## Statement of Financial Position

31 August 2020

---

	Note	2020 £	2019 £
<b>Fixed assets</b>			
Tangible fixed assets	13	1,721,967	1,772,161
<b>Current assets</b>			
Cash at bank and in hand		633,832	170,927
<b>Creditors: amounts falling due within one year</b>	14	70,816	14,045
<b>Net current assets</b>		<u>563,016</u>	<u>156,882</u>
<b>Total assets less current liabilities</b>		2,284,983	1,929,043
<b>Creditors: amounts falling due after more than one year</b>	15	–	241,223
<b>Net assets</b>		<u>2,284,983</u>	<u>1,687,820</u>
<b>Funds of the charity</b>			
Restricted funds		1,239,083	848,229
Unrestricted funds:			
Revaluation reserve		204,988	–
Other unrestricted income funds		<u>840,911</u>	<u>839,591</u>
<b>Total unrestricted funds</b>		<u>1,045,899</u>	<u>839,591</u>
<b>Total charity funds</b>		<u>2,284,982</u>	<u>1,687,820</u>

These financial statements were approved by the board of trustees and authorised for issue on 12 March 2021, and are signed on behalf of the board by:



Mr Shakeel Mirza  
Trustee

## Mother Helpage (UK)

The notes on pages 12 to 18 form part of these financial statements.

# Mother Helpage (UK)

## Notes to the Financial Statements

Year ended 31 August 2020

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is NBV Enterprise, 6 David Lane, Nottingham, NG6 0JU.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. Its financial statements are consolidated into the financial statements of (enter name of group financial statements) which can be obtained from (enter detail). As such, advantage has been taken of the following disclosure exemptions available under paragraph 1.12 of FRS 102:

- (a) No cash flow statement has been presented for the company.
- (b) Disclosures in respect of financial instruments have not been presented.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2020

---

#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

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### 3. Accounting policies *(continued)*

#### Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

#### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Freehold property	-	2% reducing balance
Fixtures and fittings	-	20% reducing balance
Motor vehicles	-	20% reducing balance

#### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

### 4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
<b>Donations</b>			
Donations type 1	5,064	959,800	964,863
<b>Grants</b>			
Grants receivable type 1	–	15,498	15,498
	<u>5,064</u>	<u>975,298</u>	<u>980,361</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

### 4. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
<b>Donations</b>			
Donations type 1	1,979	390,564	392,543
<b>Grants</b>			
Grants receivable type 1	–	–	–
	<u>1,979</u>	<u>390,564</u>	<u>392,543</u>

### 5. Investment income

	Unrestricted Funds £	<b>Total Funds 2020 £</b>	Unrestricted Funds £	Total Funds 2019 £
Income from investment properties	–	–	36,450	36,450
	<u>–</u>	<u>–</u>	<u>36,450</u>	<u>36,450</u>

### 6. Costs of raising donations and legacies

	Unrestricted Funds £	Restricted Funds £	<b>Total Funds 2020 £</b>
Costs of raising donations and legacies - Donations	–	59,748	59,748
	<u>–</u>	<u>59,748</u>	<u>59,748</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
Costs of raising donations and legacies - Donations	23,674	–	23,674
	<u>23,674</u>	<u>–</u>	<u>23,674</u>

### 7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	<b>Total Funds 2020 £</b>
Activity type 1	–	351,870	351,870
Support costs	3,744	172,826	176,568
	<u>3,744</u>	<u>524,696</u>	<u>528,438</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
Activity type 1	3,716	143,597	147,314
Support costs	192,129	13,250	205,378
	<u>195,845</u>	<u>156,847</u>	<u>352,692</u>

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

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### 8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2020 £	Total fund 2019 £
Activity type 1	351,870	–	351,870	147,314
Governance costs	–	176,568	176,568	205,378
	<u>351,870</u>	<u>176,568</u>	<u>528,438</u>	<u>352,692</u>

### 9. Net income

Net income is stated after charging/(crediting):

	2020 £	2019 £
Depreciation of tangible fixed assets	<u>1,502</u>	<u>27,812</u>

### 10. Independent examination fees

	2020 £	2019 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,950</u>	<u>1,665</u>

### 11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2020 £	2019 £
Wages and salaries	63,055	89,920
Other employee benefits	–	4,685
	<u>63,055</u>	<u>94,605</u>

The average head count of employees during the year was 3 (2019: 1).

No employee received employee benefits of more than £60,000 during the year (2019: Nil).

### 12. Trustee remuneration and expenses

no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

### Year ended 31 August 2020

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#### 13. Tangible fixed assets

	Freehold property £	Fixtures and fittings £	Motor vehicles £	<b>Total £</b>
<b>Cost</b>				
At 1 September 2019	1,961,801	16,361	2,700	1,980,862
Disposals	(770,000)	–	–	(770,000)
Revaluations	524,156	–	–	524,156
<b>At 31 August 2020</b>	<u>1,715,957</u>	<u>16,361</u>	<u>2,700</u>	<u>1,735,018</u>
<b>Depreciation</b>				
At 1 September 2019	197,152	10,507	1,042	208,701
Charge for the year	–	1,171	331	1,502
Disposals	(197,152)	–	–	(197,152)
<b>At 31 August 2020</b>	<u>–</u>	<u>11,678</u>	<u>1,373</u>	<u>13,051</u>
<b>Carrying amount</b>				
<b>At 31 August 2020</b>	<u>1,715,957</u>	<u>4,683</u>	<u>1,327</u>	<u>1,721,967</u>
At 31 August 2019	<u>1,764,649</u>	<u>5,854</u>	<u>1,658</u>	<u>1,772,161</u>

#### 14. Creditors: amounts falling due within one year

	<b>2020</b> £	2019 £
Bank loans and overdrafts	–	12,456
Trade creditors	1,950	1,500
Social security and other taxes	248	89
Other creditors	68,619	–
	<u>70,816</u>	<u>14,045</u>

#### 15. Creditors: amounts falling due after more than one year

	<b>2020</b> £	2019 £
Bank loans and overdrafts	–	241,223

# Mother Helpage (UK)

## Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

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### 16. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2020 £
Tangible fixed assets	1,721,967	1,721,967
Current assets	633,832	633,832
Creditors less than 1 year	(70,816)	(70,816)
Creditors greater than 1 year	–	–
<b>Net assets</b>	<u>2,284,983</u>	<u>2,284,983</u>

	Unrestricted Funds £	Total Funds 2019 £
Tangible fixed assets	1,772,161	1,772,161
Current assets	170,927	170,927
Creditors less than 1 year	(14,045)	(14,045)
Creditors greater than 1 year	(241,223)	(241,223)
<b>Net assets</b>	<u>1,687,820</u>	<u>1,687,820</u>

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# **Mother Helpage (UK)**

## **Management Information**

**Year ended 31 August 2020**

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**The following pages do not form part of the financial statements.**

# Mother Helpage (UK)

## Detailed Statement of Financial Activities

Year ended 31 August 2020

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	<b>2020</b>	2019
	£	£
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations type 1	964,863	392,543
Grants receivable type 1	15,498	–
	<u>980,361</u>	<u>392,543</u>
<b>Investment income</b>		
Income from investment properties	–	36,450
	<u>–</u>	<u>36,450</u>
<b>Total income</b>	<u>980,361</u>	<u>428,993</u>
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Volunteering and fundraising costs	59,748	23,674
	<u>59,748</u>	<u>23,674</u>
<b>Expenditure on charitable activities</b>		
Wages and salaries	63,055	89,920
Staff training	–	4,685
Repairs and maintenance	18,800	5,682
Rent and rates	24,391	23,049
Motor vehicle expenses	–	3,139
Legal and professional fees	41,661	35,829
Telephone	1,559	937
Computer costs	2,582	112
Depreciation	1,502	27,812
Other interest payable and similar charges	116	863
Grants to institutions	351,870	160,023
Advertising	22,902	641
	<u>528,438</u>	<u>352,692</u>
<b>Total expenditure</b>	<u>588,186</u>	<u>376,366</u>
<b>Net income</b>	<u>392,175</u>	<u>52,627</u>

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# Mother Helpage (UK)

## Notes to the Detailed Statement of Financial Activities

Year ended 31 August 2020

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	2020 £	2019 £
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Donations - volunteering and fundraising costs	59,748	23,674
	<u>59,748</u>	<u>23,674</u>
<b>Costs of raising donations and legacies</b>	<u>59,748</u>	<u>23,674</u>
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b>Activities undertaken directly</b>		
Direct charitable activity 1 - grants to institutions	351,870	147,314
<b>Governance costs</b>		
Governance costs - wages/salaries	63,055	89,920
Governance costs - other employee benefits	-	4,685
Governance costs - repairs & maintenance	18,800	5,682
Governance costs - rent and rates	24,391	23,049
Governance costs - motor vehicle expenses	-	3,139
Governance costs - accountancy fees	1,950	1,665
Governance costs - legal and other professional fees	39,711	34,164
Governance costs - telephone	1,559	937
Governance costs - computer costs	2,582	112
Governance costs - depreciation	1,502	27,812
Governance costs - bank charges	116	863
Governance costs - interest and finance charges	-	12,709
Governance costs - advertising	22,902	641
	<u>176,568</u>	<u>205,378</u>
<b>Expenditure on charitable activities</b>	<u>528,438</u>	<u>352,692</u>

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