Charity Registration No. 1148304

Company Registration No. 07822573

MIDAYE SOMALI DEVELOPMENT NETWORK

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

MIDAYE SOMALI DEVELOPMENT NETWORK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mazamed Cabdi Yusuf	Chair
	Mohamed Hagi Nur	Treasurer
	Hinda Dalmar	Member
	Najaah AbHir Adan	Member
	Amina Mohammed Issa	Member
Charity number	1148304	
Company number	7822573	
Registered Office	Unit 6 7 Thorpe Close North Kensington London W10 5XL	
Bankers	Unity Trust Bank 9 Brindley Place Birmingham B1 2HB	
	Barclays Bank plc 137 Ladbroke Grove London W11 1PR	
Independent Examiner	Chamberlains Elm House, Tanshire Park Elstead Godalming Surrey GU8 6LB	

MIDAYE SOMALI DEVELOPMENT NETWORK

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MIDAYE SOMALI DEVELOPMENT NETWORK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their report and accounts for the year ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: the Statement of Recommended Practice" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Section 1A) (effective 1 January 2015)".

Structure, governance and management

The charity is a company limited by guarantee not having share capital (Company Registration No. 07822573). The company registered as a charity on 26 July 2012 (Charity Registration No. 1148304). The charitable company's memorandum and articles of association are its primary governing documents.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mazamed Cabdi Yusuf
Amina Issa
Hinda Dalmar
Mohamed Hagi Nur

Membership of the board is kept continually under review. Any new Trustees are appointed to contribute particular knowledge, experience, expertise or perspective to complement that which is already available to the board.

The Trustees may attend any courses which they feel are relevant to the development of their role and to keep up-to-date on any changes in legislation.

None of the Trustees had any beneficial interest in the company during the year. All of the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Organisation

The Trustees meet to discuss and amend the organisation and structure of the charitable company. The day-to-day organisation of the charity is the responsibility of the Director of Operations and this is supported by quarterly meetings with at least one Trustee in attendance.

The trustees also act as company directors for statutory purposes. The company directors consider the board of Trustees and the Director of Operations comprise the key management personnel of the Charity in charge of directing and controlling, running and operating the Charity on a day-to-day basis. All company directors give of their time freely and no company director received remuneration in the year.

The pay of the senior staff is reviewed annually.

Objectives and activities

Our vision is to improve the quality of life for disadvantaged, isolated and marginalised Somali refugees, migrants and other minority ethnic communities, covering all age groups and sexes, ensuring people are given equal rights to education, health and well-being, living conditions, legal justice, recreational and adequate economic advancement.

We do this by:

- Providing generalist information and advice to our service users that will enable them to become more aware of their rights and better informed about the services available to them and how to access them.
- Supporting the most vulnerable in our community through befriending, mentoring and advocacy as necessary.
- Providing classes to adults to help them to overcome barriers, increase their skills, integrate fully into society and increase their self-confidence in the process.
- Providing supplementary education to children and young people that complements their mainstream education and provides a greater level of support.
- Encouraging and arranging regular consultation sessions for our service users to contribute and assist in the planning, development and delivery of new and existing services and projects.
- Encouraging all members within the community to express their needs and help themselves study and build their skills, in order to gain employment and so create a better future for their families.
- Encouraging and supporting women to become empowered and achieve their full potential to become more active and confident members of society.
- Liaising and working with other organisations and groups which have the same or similar purpose as our own to achieve a common goal and increase our capacity.
- Supporting the involvement, personal and professional growth of our volunteers.

General overview

Our first full year of services without COVID-related disruptions since 2018/2019 was an exceptionally busy one as we worked hard to stretch ourselves and rise to the challenges that the post-COVID world has thrown at our communities and at us as an organisation. We believe that we have matured and grown as an organisation; adapting and learning as we've journeyed alongside our service-users and creating new and innovative ways of supporting those that we exist to help.

Some of the highlights from this year included:

- The growth of our mental health and wellbeing work, primarily through the work of our Journey of Hope project (Comic Relief).
- Increased focus on physical activity and expansion of our physical activity offering.
- Growth into Fulham (Hammersmith & Fulham) and Church Street (Westminster) areas. This included the development of 2 new peer support groups in Fulham based at the Sands End Arts & Community Centre and at the Fulham Masjid.
- The continued growth of our lived experience pathways into employment and empowerment.

The post-COVID landscape has been dominated by overwhelming pressure on health, care and other social support systems and on the insidious cost-of-living crisis. The ramifications of these issues have been less adrenalin-inducing than a lockdown but have, in many ways, been just as harmful. We have been witness to alarming increases in mental health concerns, domestic abuse, anxiety and hopelessness within the communities that we support. We are acutely aware of the need to develop long-term, sustainable, high-impact solutions to these concerns which will also demand a fundamental shift in the way services are delivered to our communities, on the one hand, and the way we work with our communities to empower and enable them, on the other.

There is an ever-growing need for statutory decision makers to pay serious attention to disrupting existing patterns of service delivery in favour of community-led, community-created solutions which rely on community assets and knowledge to ensure high levels of impact. We are working hard, together with our partners, to drive this kind of change within our sphere of influence and we are delighted that we are slowly starting to see more and more momentum in this work.

As we do every year, it is necessary and a matter of first importance to pay tribute to the exceptional individuals that make up our team of staff and volunteers. The compassion and dedication that this team demonstrate on a daily basis is extraordinary and every success and good testimony has to be credited to their remarkable efforts. We are also incredibly grateful to the ongoing support of our funders and partners without whom we would be unable to help our communities the way we do.

The last few years have given us the opportunity to grow and stretch ourselves. We continue to position ourselves effectively to respond to the needs of our communities in the coming years. In particular, we have seen in recent months many of the origin countries of those that we support being rocked by tragedy: wars and political instability in Palestine, Sudan, Syria and Yemen, earthquakes in Morocco and Afghanistan, floods in Libya. These circumstances may seem a world away from many of us but they have an immediate and deep effect on those that have close ties to these places. We continue to develop ourselves so that we are best placed to meet these challenges head on.

Project reports

SUPPORT AND OUTREACH PROJECTS

Bilingual Carer Support: The carer support work was a small part of a larger grant funding partnership between Hodan Somali Community and Dadihiye Somali Development Organisation focused on providing befriending and support to elderly members of our community. Whilst this project largely came to an end in 2021, the carer support work for which we receive a small pot of funding and which is shared evenly between the three partners continues.

This service enables carers to access the support they need to reduce isolation and improve activity levels through signposting and befriending.

Drop-in (Outreach, Information & Support Service): This is Midaye's core community-led service. The service is typically available four days a week, with dozens of clients making use of it every week. The scope and range of topics we deal with are diverse and sensitive, and the number of clients accessing the service has increased immensely. During the session, clients receive one-to-one support and are referred or accompanied to other specialist services when needed.

Previous funding from the Lloyds Bank Foundation to improve our Drop-in service was partially repurposed to support the organisation during the COVID pandemic and the acquisition of the AQS quality mark was put on hold. This will be picked up again in the 2023/24 financial year.

We also established a very productive working arrangement with Citizens' Advice Hammersmith & Fulham in which we are provided with two dedicated sessions with an advisor every week. We book clients into these sessions in advance. We have been very pleased with the outcomes of this initiative. This arrangement is partly funded by W12 Together.

Funding for this project is provided by the VSSF from RBKC (delivered in partnership with Hodan Somali Community and Dadihiye Somali Development Organisation and the BME Health Forum).

Family Well-being Service: This project began in September 2017 and supports families in the Royal Borough of Kensington and Chelsea (RBKC). We offer intensive wrap around support for BME families with English as a second language. We support families to access ESOL classes, parenting support, health services, educational outreach support and the local children's centre. We work closely with early help teams, social care services and promote children's centre services. The main objective of this service is to improve the parents' self-esteem, eliminate isolation and improve the families' wellbeing. This enables them to better access their local services and understand and work with local service providers.

Over the course of this financial year, we supported 27 families. Each family is supported for a period of 3-6 months or longer, if necessary.

Expanded Family Well-being Service: Funding from Trust House Charitable Foundation has enabled us to expand our Family Wellbeing Service to clients and families from outside RBKC. This project has also enabled us to offer direct interventions to young people, including peer support groups, football and emotional wellbeing support.

Navigate: Young BME Engagement Project: Navigate is an initiative to engage with young BME men and women living in the Grenfell-affected area in North Kensington and its surrounds. We provide mentoring, opportunities and forums for young people to encourage their growth and development. This was an exceptionally important service during the pandemic and we worked hard to engage with young people, encourage their continued involvement and give them opportunities to share their ideas and opinions. This evolved into the development of a debate club as well as some social media internships at Midaye. We continue to be very encouraged by the choices and personal growth of a number of the young people that we have been engaging with. This project came to an end in December 2022 having facilitated a significant development in our work with young people over the preceding three years. We are very pleased with the foundations we have laid and the momentum we have generated through this work.

Parent & Carer Champions: We received a third tranche of funding from the MOPAC VRU as a nominated partner of the local authority to deliver training to develop a cohort of local parents and carers who would champion a movement to end youth crime and violence in their local neighbourhoods. We continued to work closely with our trained volunteers, supporting them to work effectively in their communities and drive a community-wide response to these concerning issues.

Hope Project (Community Based Mental Health and Emotional Well-Being Support Pilot): We were one of two successful applicants for this MOPAC VRU initiative which aims to provide mental wellbeing intervention for parents and carers of children who are at risk. We are providing peer support, one-to-one support and community counselling for suitable candidates. This project dovetails well with our Journey of Hope project and the Parent & Carer Champion Project and has provided lots of opportunities for learning. MOPAC VRU are hoping that the learning from this project will result in wider funding for similar work across London. The project was meant to end in May 2023 but has now been extended until January 2024.

Westminster Winter Support: The City of Westminster local authority provided us with funding to offer a warm space, a hot meal and an opportunity to connect with others and receive information and advice. This work was carried out during the winter months of 2022/2023 and was critical in supporting vulnerable service users facing exceptional difficulty during the colder months.

HEALTH & WELL-BEING PROJECTS

Community Living Well Service: This service is similar to the Emotional Well-being Service but is a little more intensive and is intended for those requiring more support. We deliver up to 6 sessions of one-to-one, face-to-face emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to walk clients through specified processes and objectives, attending appointments and meetings with them, whilst providing them with emotional well-being support, enabling them to access mental health and other local services.

FGM Advocacy Project: Midaye continued to provide advocacy and support for victims of FGM at multi-agency FGM clinics in three hospitals: St. Mary's Hospital, Queen Charlotte's Hospital, and Chelsea and Westminster Hospital. Women that access these clinics primarily, but not exclusively, come from Kensington and Chelsea, Westminster, Hammersmith and Fulham, Brent, Ealing, and Wandsworth. Midaye's health advocates also supported social workers with home visits and risk assessments.

P&ACT Partnership: FGM This project is a significant collaboration with a large number of partners from the London Violence Against Women and Girls Consortium. Midaye focuses on the provision of support to survivors of FGM, training and awareness raising in the Royal Borough of Kensington & Chelsea, the London Borough of Hammersmith and Fulham and the City of Westminster. Survivors are provided with extensive one-to-one support which includes emotional wellbeing support and practical support. This project has been renewed for a further period until March 2025.

Together for Grenfell Project: The Together for Grenfell project began in April 2018 with the intention of providing emotional and mental well-being support to the Grenfell-effected community in Kensington and Chelsea at a grass-roots level. It has now been renewed until March 2024. Midaye provides both one-on-one support and peer support groups for clients. Prior to the pandemic, group meetings would often revolve around a communal activity such as gardening or cooking with empowerment, confidence-building and social network development as a primary objective. Peer support is a key part of this project and a number of groups are delivered each week. One-on-one support takes the form of ongoing coaching and mentoring with community counselling forming another key component.

Self-care: Mind & Body: We received funding from the RBKC local authority as a provider of Grenfell wellbeing support (the Together for Grenfell project) to offer additional wellbeing support over the period building up to the Grenfell fire anniversary in 2022. Over a 6 week period, we provided pampering sessions for local residents and space for them to receive support and an opportunity to talk.

Health gateway: This project is designed to provide information and support to community members needing help with healthcare concerns and access to healthcare services. It includes advice, signposting, advocacy and workshops. Funding for this work was provided by the Imperial Health Charity. This project came to an end in May 2022.

Journey of Hope: This significant project is funded by the Comic Relief Changemakers fund. It will form a flagship project for us over the next three years. The project is intended to develop and evidence a community-based mental healthcare model that provides an effective pathway for delivering mental health support for BME communities focusing on women from the community, that speak English as an additional language. A large portion of this project is focused on effectively assessing our work and measuring its impact. Working closely with women from the community and taking the lead on developing mental health service that work well for them. We work with local partners, NHS Mental health service, as well as a number of grassroots community organisations to train and develop similar models of community led work.

Health mentoring: This project was funded by BME Health Forum and provides one-to-one support, goal setting and mentoring for BME community members looking to proactively improve their health and wellbeing through positive lifestyle choices.

Vaccine Project: Midaye received funding from the Kensington & Chelsea Social Council (for RBKC residents) and from OneWestminster (for Westminster residents) to provide activities and information intended to improve vaccine acceptance and uptake. We worked hard to establish regular activities which provided our service users with the necessary information and supported them with their health needs whilst bringing them together and providing them with social and peer support. Whilst originally running from April to July, additional funding was received from KCSC to continue the work in RBKC for an additional period. Both of these funds have now ended.

Grenfell Health Project: The BME Health Forum provided us with funding to provide 8 individuals, who had been significantly impacted by the Grenfell tragedy, with long-term one-to-one support.

Active & Connected: We applied to Sports England for funds to support our increasing focus on physical activity as a necessary and important aspect of personal health and wellbeing development (both physically and mentally) and received funds to provide a wide range of physical activities to girls and women for a year. These funds have supported walking groups, swimming, exercise classes and others and have allowed us to ensure that a much larger proportion of our regular service users are being supported to increase their weekly physical activity by an appreciable amount.

DEVELOPMENT & EDUCATION PROJECTS

Education Support: This service benefits families in RBKC, Hammersmith and Fulham, and Westminster. We work closely with social services and Early Help to provide holistic support to families with school-aged children. Our support enables parents to have a better understanding of the British education system, and helps them improve their relationship with their children's schools and teachers. After a short absence of funding, we were able to pick this project up again with new funding from BBC Children in Need.

Supplementary School: Midaye's Supplementary School was initiated in 2002, to create an environment of education support for children and families facing great difficulties in understanding and integrating with the British education system due to language and cultural barriers. Feedback from parents indicate that children love attending the school and that it has had a significant impact on the children's education experience, their grades and quality of school work, and their confidence. New funding from BBC Children in Need has enabled this work to continue in White City.

We reach and actively support over 40 children between the ages of 6 and 17 on a weekly basis. We also offer training to teachers and volunteers to ensure our ethos of effective teaching is met. In addition, we deliver more classes and sessions to ensure that we meet the educational support needs of children from the school.

COVID & MISCELLANEOUS FUNDING

Funds for delivering services and supporting the organisation during the pandemic were secured from a number of funders.

London Community Response Fund – Wave 5 For the funding of staff salaries for staff members who are focused on assessing community need and finding solutions to these needs as we emerged from the pandemic.

Lived Experience: A significant and exciting project to leverage lived experience amongst our community members, staff and volunteers, providing candidates with additional training and empowerment in order to enhance our reliance on and use of lived experience as an organisation and to release greater levels of lived experience leadership into the community.

Financial Review

For the year ended 31 March 2023 the charity had total incoming resources of £855,607 (2022: £736,460) and total resources expended of 798,162 (2022: £625,953), resulting in a net surplus in funds for the year of £57,445 (2022: £110,557 surplus).

The restricted fund balance was in surplus at 31 March 2023 of £118,505 (2022: £106,464 surplus).

The unrestricted fund balance was in surplus at 31 March 2023 in the amount of £272,820 (2022: £227,416 surplus), including designated funds of £85,000. The excess free reserves over the target at 31 March 2023 are £67,820 (2022: £22,416).

The Trustees are confident that they will be able to continue sourcing funds to support their work in the coming year and manage costs to ensure reserves are maintained at the target level.

Reserves Policy

It is the charity's policy to hold reserves to ensure it can meet its operational and project financial liabilities for a period of at least three months, without obtaining additional funding.

The current reserves policy is formally reviewed and monitored by the trustees at its annual trustee meeting to ensure the policy still achieves the required levels of financial cover.

The reserves target will be reviewed and adjusted in response to internal and external changes. The target minimum is equal to three months of average operating costs.

The calculation of average monthly operating costs includes all recurring, predictable expanses such as salaries and benefits, occupancy, office and programme expenses. Depreciation and other non-cash expenses are not included in the calculation. The amount of the reserves target will be calculated each year after approval of the annual budget, reported to the Board of Trustees and included in the annual financial statements. Reserves will be funded and available in cash or cash equivalent funds.

The target for the year ended 31 March 2023 was £120,000.

Independent Examiner

The Independent Examiner, Paul Chamberlain, was appointed on 1 December 2017.

Disclosure of information to the Independent Examiner

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the examination, but of which the examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information.

The Trustees' report was approved by the Board

……..

Mr Mazamed Cabdi Yusuf

Dated ……

MIDAYE SOMALI DEVELOPMENT NETWORK

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also the directors of Midaye Somali Development Network for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the Trustees confirms that:

- so far as the Trustee is aware, there is no relevant audit information of which the charity's independent examiner is unaware;
- the Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the charity's independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of s418 of the Companies Act.

The Trustees are responsible for the maintenance and integrity of financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

MIDAYE SOMALI DEVELOPMENT NETWORK

INDEPENDENT EXAMINER'S REPORT

TO THE MEMBERS OF MIDAYE SOMALI DEVELOPMENT NETWORK

I report on the financial statements of the Midaye Somali Development Network, which are set out on pages 11 to 24.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with the Companies Act 2006, section 386; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Companies Act 2006 section 386 and with the methods and principles of the Statement of recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Chamberlains

Chamberlains
Elm House, Tanshire Park
Shackleford Road
Elstead, Godalming
Surrey, GU8 6LB

MIDAYE SOMALI DEVELOPMENT NETWORK

STATEMENT OF FINANCIAL ACTIVITIES *(incorporating an income and expenditure account)*

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Restricted £	Unrestricted £	**2023 Total £**	Restricted £	Unrestricted £	**2022 Total** £
Income from:							
Charitable activities	2	756,530	95,783	**852,313**	395,526	340,687	**736,213**
Interest income		-	3,294	**3,294**	-	247	**247**
Total income		756,530	99,077	**855,607**	395,526	340,934	**736,460**
Expenditure on:							
Charitable activities		753,993	38,046	**792,039**	371,835	248,073	**619,908**
Governance costs		-	6,123	**6,123**	-	6,045	**6,045**
Total expenditure		753,993	44,169	**798,162**	371,835	254,118	**625,953**
Net income for the year	3	2,537	54,908	**57,445**	23,691	86,816	**110,507**
Reconciliation of funds							
Transfer of funds		9,504	(9,504)	-	-	-	-
Total funds brought forward		106,464	227,416	**333,880**	82,773	140,600	**223,373**
Total funds carried forward		118,505	272,820	391,325	106,464	227,416	333,880

All of the above results are derived from continuing activities. There were no recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 10 to the financial statements.

MIDAYE SOMALI DEVELOPMENT NETWORK

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2023

	Note	£	2023 £	2022 £
Fixed assets				
Tangible fixed assets	6		**11,111**	4,447
Current assets				
Debtors and accrued revenue	7	**170,947**		112,825
Cash at bank and in hand		**405,826**		376,544
		576,773		489,369
Creditors: amounts falling due within one year	8	**196,559**		159,936
Net current assets			**380,214**	329,433
Net assets	9		**391,325**	333,880
The funds of the charity				
Restricted funds	10		**118,505**	106,464
Unrestricted funds				
Designated funds		**85,000**		85,000
General funds		**187,820**		142,416
			272,820	227,416
Total charity funds	10		**391,325**	333,880

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Approved by the Board on _____ and signed on their behalf by:

Cabdi Mazamed Yusuf
Chair

MIDAYE SOMALI DEVELOPMENT NETWORK

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net income for the year (as per the statement of financial activities)	57,445	110,507
Adjustments for:		
Interest receivable	(3,294)	(247)
Depreciation and impairment of fixed assets	3,444	2,800
(Increase(/decrease in debtors	(58,122)	24,808
Increase in creditors	36,623	2,728
Net cash generated by operating activities	**36,096**	140,596
Cash flows from investing activities		
Purchase of fixed assets	(10,108)	(1,994)
Interest received	3,294	247
Net increase in cash and cash equivalents	**29,282**	**138,849**
Cash and cash equivalents at 1 April 2022	**376,544**	237,695
Cash and cash equivalents at 31 March 2023	**405,826**	376,544

1. Accounting policies

a) The financial statements have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice, the Companies Act 2006 and "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and "Accounting and Reporting by Charities: the Statement of Recommended Practice" for charities applying FRS102 ("SORP"). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

b) The charity is a company limited by guarantee. The members of the company are the trustees named on page 2.

c) All incoming resources are included in the Statement of Financial Activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability. Any income received where entitlement has not been earned at the year end is deferred.

In accordance with the SORP, grants received in advance and specified by the donor as relating to a specific accounting period or alternatively which are subject to conditions which are still to be met, and which are outside the control of the charity or where it is uncertain whether the conditions can or will be met, are deferred on an accruals basis to the period to which they relate. Such deferrals are shown in the notes to the accounts and the sums involved are shown as creditors in the accounts.

d) General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

e) Designated funds are funds which have been set aside for the specific purpose of developing the infrastructure and governance of the charity over the next two years.

f) Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

g) All expenditure is accounted for on an accruals basis as a liability as incurred and includes attributable VAT which cannot be recovered.

i) Charitable expenditure comprises expenditure on the charity's primary charitable purposes

ii) Governance costs comprise the costs associated with governance of the charity incurred in connection with the administration of the charity and compliance with institutional and statutory requirements. Included within this category are costs associated with the strategic as opposed to the day to day management of the charity's assets.

h) Tangible fixed assets are stated at cost less depreciation. The threshhold for the capitalisation of assets is £500. Depreciation is provided at rates calculated to write off the cost of those assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and machinery	25% pa straight line

2. Grants and donations

Received from	Project	£
BBC Children in Need	Educational Outreach	33,231
City Bridge Trust	London Community Response Fund covid support - Wave 5	11,599
City of Westminster	Healthy winter support	6,336
Comic Relief Changemakers	Journey of Hope	140,888
Garfield Weston	Advice and information	25,000
Henry Smith	Core funding	62,750
Imperial College Health Charity	Health Gateway	10,556
John Lyon's Charity	Young People education and support	7,825
Kensington & Chelsea Social Council	Vaccine Champions	16,827
LB of Hammersmith and Fulham	FGM Advocacy	20,000
- ESDF Grenfell Young People MIDAYE SOMALI	Navigate: Young BME Engagement Project	12,707
MOPAC VRU	Parent & Carer Wellbeing Support	60,000
One Westminster	Vaccine project	10,500
P&ACT EHP Partnership	Violence Against Women & Girls	41,598
RB of Kensington & Chelsea	Befriending Older People	3,000
RB of Kensington & Chelsea	Bilingual Family Support Services	28,000
RB of Kensington & Chelsea	FGM Advocacy	41,200
RB of Kensington & Chelsea	Voluntary Sector Support Fund	90,000
RB of Kensington & Chelsea	Parent & Carer Champions	38,750
RB of Kensington & Chelsea	Selfcare: Mind & Body	3,000
RB of Kensington & Chelsea	Together for Grenfell	52,674
Sports England	Active and connected	4,168
The BME Health Forum	Community Living Well	1,000
The BME Health Forum	Gateway: Community Advice & Information Service	9,897
The BME Health Forum	Grenfell Health project	1,500
The BME Health Forum	Health advocacy	10,000
The BME Health Forum	Healthy Lifestyle Project	6,250
The National Lottery - Lived Experience	Springboard: A BME Community Leaders Acceleration Programme	23,211
The Tudor Trust	Core funding	45,833
The Westway Trust	Supplementary School	633
Trusthouse Charitable Foundation	Expanded family Wellbeing Service	32,930
Donations		200
International Fund		250
		852,313

3. Net incoming resources for the year

This is stated after charging:

	2023	2022
	£	£
Depreciation		
▪ owned by the charity	**3,444**	2,800
Operating lease rentals:		
▪ property	**8,510**	8,510

No Directors received any remuneration or reimbursement for expenses incurred in behalf of the charity during the period.

4. Staff costs and numbers

Staff costs were as follows:

	2023	2022
	£	£
Wages and salaries	**477,287**	408,067
Employer's pension contributions	**9,230**	7,826
Employer's National Insurance	**30,841**	26,166
	517,358	442,059

The number of employees whose emoluments were in excess of £60,000 for the year were:

	2023	2022
	No.	No.
	-	-

The average weekly number of employees (full-time equivalent) during the year was as follows:

	2023	2022
	No.	No.
	15	13

5. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

6. Tangible fixed assets

	Plant and machinery
	£
Cost	
At the start of the year	**16,503**
Additions in year	**10,108**
Disposals in year	
At the end of the year	**26,611**
Depreciation	
At the start of the year	**12,056**
Charge for the year	**3,444**
Disposals in year	
At the end of the year	**15,500**
Net book value	
At the end of the year	**11,111**
At the start of the year	4,447

7. Debtors and accrued revenue

	2023 £	2022 £
Trade debtors	**146,770**	21,731
Accrued revenue	**22,427**	88,324
Prepayments	**790**	1,168
Sundry debtors	**960**	1,602
	170,947	112,825

8. Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	**8,336**	28,172
Other taxation and social security	**11,149**	18,161
Accruals	**21,603**	9,722
Deferred income	**155,471**	103,881
	196,559	159,936

The deferred income balance of £155,471 relates to amounts deferred in 2023. All of the prior year deferred income (£103,881) was released to the Statement of Financial Activities during 2023.

9. Analysis of net assets between funds

	Designated funds £	Restricted funds £	General funds £	**Total funds £**
Tangible fixed assets	-	-	11,111	**11,111**
Current assets	85,000	275,696	216,077	**576,773**
Creditors due within 1 year	-	(157,191)	(39,368)	**(196,559)**
Net assets at the end of the year	**85,000**	**118,505**	**187,820**	**391,325**

10a. Movements in funds (current year)

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	At the start of the year £	Incoming resources £	Outgoing resources £	Transfers £	**At the end of the year £**
Restricted funds:					
BBC Children in Need					
- Educational Outreach	(12)	33,231	(35,316)	2,097	**-**
City Bridge Trust					
- Covid support - Wave 5	-	11,599	(11,599)	-	**-**
City of Westminster					
- Winter support	-	6,336	(6,336)	-	**-**

	At the start of the year £	Incoming resources £	Outgoing resources £	Transfers £	**At the end of the year £**
10a. Restricted funds (continued):					
Comic Relief - Journey of Hope	7,625	140,888	(131,940)	-	**16,573**
Garfield Weston - Advice and information	-	25,000	(25,000)	-	**-**
Henry Smith - core funding	-	62,750	(62,750)	-	**-**
Imperial Health Charity - Health Gateway	452	10,556	(11,008)	-	**-**
John Lyons Charity - Young People education and support	-	7,825	(7,807)	-	**18**
Kensington & Chelsea Social Council - Vaccine champions	-	16,827	(16,827)	-	**-**
LB Hammersmith & Fulham FGM Advocacy	-	20,000	(20,000)	-	**-**
Lloyds Bank Foundation - Drop in improvement	5,142	-	(240)	-	**4,902**
London Community Fund - Navigate: Young BME Engagement	1,051	12,707	(13,758)	-	**-**
MOPAC VRU - Parent & Carer Wellbeing Support	6,513	60,000	(55,121)	-	**11,392**
One Westminster - Vaccine Project	-	10,500	(10,500)	-	**-**
P&ACT EHP Partnership - Violence Against Women & Girls	19,566	41,598	(44,612)	-	**16,552**
RB of Kensington & Chelsea - FGM Advocacy	-	41,200	(41,200)	-	**-**
RB of Kensington & Chelsea - Parent & Carer wellbeing support	6,112	38,750	(34,108)	-	**10,754**
RB of Kensington & Chelsea - Selfcare: Mind and Body	-	3,000	(3,000)	-	**-**
RB of Kensington & Chelsea - Together for Grenfell	-	52,674	(52,231)	5,805	**6,248**
RB of Kensington & Chelsea - Voluntary Sector Support Fund Advice and Information Service	-	90,000	(91,602)	1,602	**-**
Sports England - Active and Connected	-	4,168	(2,823)	-	**1,345**
The BME Health Forum - Gateway: Community Information & Advice Service	-	9,897	(9,897)	-	**-**

		At the start of the year £	Incoming resources £	Outgoing resources £	Transfers £	**At the end of the year £**
10a.	**Restricted funds (continued):**					
	The National Lottery - Lived Experience					
	- Springboard: A BME Community Leaders Acceleration Programme	9,676	23,211	(32,887)	-	**-**
	The Westway Trust					
	- Supplementary School	-	633	(633)	-	**-**
	Trusthouse Charitable Foundation					
	- Expanded Family Wellbeing	2,292	32,930	(32,798)	-	**2,424**
	The International Fund	48,047	250	-	-	**48,297**
	Total restricted funds	106,464	756,530	(753,993)	9,504	**118,505**
	Unrestricted funds:					
	Designated funds :					
	Business development fund	85,000	-	-		**85,000**
	Total designated funds	85,000	-	-	-	**85,000**
	General funds	142,416	99,077	(44,169)	(9,504)	**187,820**
	Total unrestricted funds	227,416	99,077	(44,169)	(9,504)	**272,820**
	Total funds	333,880	855,607	(798,162)	-	**391,325**

Projects not concurrent with the financial year may reflect a negative balance at 31 March 2023. This temporary deficit is the result of timing differences between costs and income and are covered by general funds.

Aim and use of restricted funds

BBC Children in Need - Educational Outreach
1 September 2021 to 30 August 2024
Providing support to families with school age children by providing tutoring support and facilitating and improving the parent/school relationship and home support.

City Bridge Trust - Covid support - Wave 5
1 June 2021 to 31 May 2022
A project to provide support for developing the organisation to adapt to the needs of our community in a post-COVID environment.

City of Westminster - Winter Support
1 October 2022 - 31 March 2023
A project to provide a warm meal, advice and health advocacy to Westminster residents struggling with energy poverty or other deprivation during the winter months.

Comic Relief Changemakers Fund - Journey of Hope
1 September 2021 to 31 August 2024
A three-year project to develop and evidence a community-based mental healthcare model that provides an effective pathway for delivering mental health support for BME communities that speak English as an additional language.

Garfield Weston - Advice & information
1 April 2022 - 31 January 2023
Support for us to develop, sustain and improve our key Advice and Information service as a key entry point to our support services.

Imperial Health Charity - Health Gateway Information and Advice

1 September 2021 to 31 May 2022
Providing advice, signposting, advocacy and workshops to community members needing help with healthcare concerns.

Henry Smith - core funding
1 January 2022 to 31 December 2024
Providing funds for management salaries to ensure the healthy and proactive development and growth of the organisation.

John Lyon's Charity - Young People Education and Support
1 January 2023 to 31 December 2026
Providing support for young people in West London in their education and personal development. This includes direct education support, mental and emotional wellbeing support, mentoring and peer support.

Kensington & Chelsea Social Council - Vaccine Project
1 April 2022 to 30 November 2022
Funding to provide vaccine awareness and advocacy to our community living in Kensington & Chelsea.

LB Hammersmith & Fulham - FGM Advocacy
1 April 2018 - 31 March 2024
Providing direct support and advocacy for women who have been victims of FGM and who are needing support in appointments with health care professionals and through maternity. We also provide information and awareness sessions and host community dialogue on the issue.

Lloyds Bank Foundation - Drop-in Improvement
1 September 2019 to 31 March 2020
Funds to improve the quality of Midaye's advice and information service.

London Community Fund - ESDF Grenfell Young People's Fund - Navigate: Young BME Engagement Project
1 January 2020 to 31 December 2022
Engaging with young BME people living in the area surrounding the Grenfell Tower, providing mentoring, support and leadership opportunities.

MOPAC VRU - Parent & Carer Wellbeing Support
1 December 2021 - 31 January 2024
Providing mental health support to the parents of children who are vulnerable or who are at risk of offending.

One Westminster - Vaccine Project
1 April 2022 - 31 July 2022
Funding to provide vaccine awareness and advocacy to our community living in Westminster.

P&ACT EHP Partnership - Violence Against Women & Girls Project
1 January 2020 to 31 March 2024
A London-wide partnership project to provide support to victims of Violence Against Women & Girls and survivors of FGM.

RB of Kensington & Chelsea - FGM Advocacy
1 April 2018 - 31 March 2024
Providing direct support and advocacy for women who have been victims of FGM and who are needing support in appointments with health care professionals and through maternity. We also provide information and awareness sessions and host community dialogue on the issue.

RB of Kensington & Chelsea - Parent and Carer Wellbeing Support
1 December 2021 - 31 May 2023
Providing peer support, one-to-one support and community counselling for parents and carers of children who are at risk.

RB of Kensington & Chelsea - Selfcare - Mind and body
1 May 2022 - 31 July 2022
Providing focused care and support to the Grenfell-affected community in RBKC around the time of the 5th anniversary of the fire.

RB of Kensington & Chelsea - Together for Grenfell
1 April 2018 - 31 March 2024
The project was not disclosed as a restricted fund last year. Unspent funds at 31 March 2022 have been transferred to the restricted fund.
Providing wellbeing support including emotional and mental wellbeing and counselling to local residents who were impacted by the Grenfell fire.

RB of Kensington & Chelsea - Voluntary Sector Support Fund - Advice and Information Service
1 October 2021 to 31 March 2023
Supporting elders, vulnerable adults and carers living in RBKC to reduce isolation and improve activity levels.

Sports England - Active and connected
1 October 2022 to 30 September 2023

Providing physical activity support and engagement to local BME women who do not speak English as a first language, encouraging the uptake of regular physical activity and increasing the amount of time per week spent on physical activity.

The BME Health Forum - Gateway: Community Advice & Information Service
1 November 2021 to 30 October 2022
Providing emotional and mental wellbeing support sessions to BME families.

The National Lottery Lived Experience Fund - Springboard: A BME Community Leaders Acceleration Programme
1 April 2021 to 31 January 2023
A project to leverage lived experience amongst the community members, staff and volunteers.

Trusthouse Charitable Foundation - Expanded Family Wellbeing
1 July 2021 to 30 June 2024

Offering intensive wrap-around support for BME families with English as a second language. This expanded service enables us to offer direct interventions to young people, football and emotional wellbeing support to families outside RBKC.

The Westway Trust - Supplementary School
A project providing supplementary school sessions to local children.

International Fund
Funds set aside for future work in Somalia.

Designated fund - business development
The income funds of the charity include funds set aside for the specific purpose of developing the infrastructure and governance of the charity over the next five years.

10b. Movements in funds (prior year)

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	At the start of the year	Incoming resources	Outgoing resources	Transfers	**At the end of the year**
	£	£	£	£	**£**
Restricted funds:					
BBC Children in Need Educational Outreach	-	18,998	(19,010)	-	**(12)**
City Bridge Trust - Covid support - Wave 3	1,504	-	(1,504)	-	**-**
Comic Relief - Dignity Women's Project	3,839	25,465	(29,304)	-	
Comic Relief - Journey of Hope	-	76,945	(69,320)	-	**7,625**
Imperial Health Charity - Health Gateway	-	15,024	(14,572)	-	**452**
Imperial College London - summer activities	-	2,000	(2,000)	-	**-**
John Lyon's Charity - summer activities	-	4,000	(4,000)	-	**-**
Lloyds Bank Foundation - Drop in improvement	5,142	-	-	-	**5,142**
London Community Fund - Navigate: Young BME Engagement	477	14,858	(14,284)	-	**1,051**
Mind - Mental Wellbeing Project	862	8,953	(9,815)	-	-
MOPAC - Parent & Carer Wellbeing Support	-	20,000	(13,487)	-	**6,513**
P&ACT EHP Partnership Violence Against Women & Girls	17,073	52,945	(50,452)	-	**19,566**
RB of Kensington & Chelsea - Parent & Carer wellbeing support	6,079	31,250	(31,217)	-	**6,112**
RB of Kensington & Chelsea - Voluntary Sector Support Fund Advice and Information Service	-	45,000	(45,000)	-	**-**
The BME Health Forum - Community Living Well	-	5,500	(5,500)	-	**-**
The BME Health Forum - Emotional Wellbeing Project	-	7,200	(7,200)	-	**-**

		At the start of the year £	Incoming resources £	Outgoing resources £	Transfers £	**At the end of the year £**
10b.	**Restricted funds (continued):**					
	The BME Health Forum					
	- Gateway: Community Information & Advice Service	-	8,318	(8,318)	-	**-**
	The National Lottery Lived Experience - Springboard: A BME Community Leaders Acceleration Programme	-	29,517	(19,841)	-	**9,676**
	Trusthouse Charitable Foundation -					
	Expanded Family Wellbeing	-	21,953	(19,661)	-	**2,292**
	The Westway Trust - Supplementary					
	School	-	6,750	(6,750)	-	**-**
	W12 Together - small grants	-	600	(600)	-	**-**
	The International Fund	47,797	250	-	-	**48,047**
	Total restricted funds	82,773	395,526	(371,835)	-	**106,464**
	Unrestricted funds:					
	Designated funds :					
	Business development fund	35,000	-	-	50,000	**85,000**
	Total designated funds	35,000	-	-	50,000	**85,000**
	General funds	105,600	340,934	(254,118)	(50,000)	**142,416**
	Total unrestricted funds	140,600	340,934	(254,118)	-	**227,416**
	Total funds	223,373	736,460	(625,953)	-	**333,880**

11. Operating lease commitments

The charity had annual commitments at the year end under operating leases expiring as follows:

	2023 £	2022 £
Land and buildings		
Less than 1 year	8,510	8,510
Between 2 and 5 years	17,791	20,011
	26,301	28,521

12. Going Concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. The charity is largely sheltered from the expected effects of the cost-of-living crisis and significant international events as the income is based mainly on grants received. The Trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue to operate for the foreseeable future and therefore continues to adopt the going concern basis in preparing its financial statements.