

# Hounslow Seniors Trust Association

Annual Report and Financial Statements

for the Year Ended 31 January 2025

# **Hounslow Seniors Trust Association**

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## **Hounslow Seniors Trust Association**

### **Reference and Administrative Details**

<b>Trustees</b>	Lalani Weerasinghe Rhobena West Michael Brennan Paul Franklin Elizabeth Maureen Yakoubi Tara Mulcahy Christine Talbott
<b>Charity Registration Number</b>	1148061
<b>Principal Office</b>	53a Church Path Chiswick London W4 5BL
<b>Independent Examiner</b>	Bissell & Brown Birmingham Ltd 12 Portman Rd Kings Heath Birmingham B13 0SL

# **Hounslow Seniors Trust Association**

## **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 January 2025.

### **Objectives and activities**

#### ***Objects and aims***

##### **Charitable objects**

To promote for the benefit of older people resident in Greater London ( hereinafter referred to " as the area of benefit" ) without distinction of gender, sexual orientation, race, disability or political, religious or other opinions by associating together the said people and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare and leisure time occupation with the object of improving the conditions of life for said people.

Hounslow Seniors Trust's (HST's) Objectives are to:

- Tackle the isolation and loneliness experienced by many older people in Hounslow and surrounding West London Boroughs.
- Improve older people's mental and physical health and wellbeing.
- Increase older people's confidence and self-esteem.
- Increase the number of activities for older people.
- Enable older people to learn new skills.
- Help older people understand and get the most out of new technology.
- Create exciting volunteering opportunities for older people.

In 2024 we carried out a consultation exercise that explored how to improve the wellbeing of older people. To ensure we captured the experiences and opinions of a wide range of people we selected our sample to include people from different geographic areas and from diverse ethnicities. HST's programme of activities for the year under review was based on the results of the consultation.

To enable the Trust to meet its Aims and Objectives the following activities, funded by The National Lottery Community Fund, City Bridge Foundation and donations, were provided:

## **Hounslow Seniors Trust Association**

### **Trustees' Report (continued)**

#### ***Objectives, strategies and activities***

##### **Move into Wellbeing**

This session, delivered in partnership with Move into Wellbeing, involves a weekly one-hour movement class followed by coffee and time to socialise. This is a drop-in session, although most of our users attend regularly each week during term time. This group is now full and there is a waiting list.

During Year 2 of Move into Wellbeing at Isleworth Public Hall numbers increased. There are now 16 people attending regularly. 2 registered disabled people.

##### **T'ai Chi.**

25 older people regularly attend T'ai Chi, 3 registered disabled people. This group is now full and there is a waiting list.

##### **Beavers Community Primary School Project**

This is a partnership project with Beavers Community Primary School. The brief is to design artworks to be exhibited in the school entrance. The artworks, that have been created by the students, promote the values of the school, Respect, Determination, Co-operation, Honesty, Equality and Kindness. We worked with the Parent Teacher Association to translate the values into the languages that are most spoken in the school.

##### **Boston Manor House embroidery and print workshops**

This was a partnership project, Boston Manor House provided the workshop leaders and the Education Room at the House, free of charge, and HST recruited the participants.

##### **Oral History Project – The Changing Face of Hounslow**

During 2024 our trained volunteers interviewed 4 people about their lives in and around the Brentford area of Hounslow. They then worked with a volunteer from the Musical Museum who is a professional sound engineer. This collaboration resulted in a short oral history presentation that formed part of the Musical Museum's contribution to the Creative Mile Brentford programme.

##### **Community lunch Our Barn and Hounslow Seniors Trust.**

Our Barn, an organisation working with young people with learning disabilities and autism, run the café at the London Museum of Water and Steam. One day a week they provide a hospitality course for the young people. During this course the young people gain transferable work skills such as good customer service, food hygiene and coffee making. As part of Our Barn's training programme Hounslow Seniors Trust delivered The Eating Out Club once a month. The young people used their skills to support the project and they benefitted from the work experience. Early in 2025 Our Barn moved to a new venue in Ealing and The Eating out Club ceased.

##### **Christmas lunch Twickenham Rugby Stadium**

In December 2024 Hounslow Seniors Trust members attended the Christmas lunch at the Twickenham Rugby Stadium. Older people from Hounslow really enjoy this fun event.

##### **What's On in Hounslow for Older People**

Older people in Hounslow and surrounding Boroughs, and professionals working with older residents, tell us it is very useful to have lots of information about local groups, activities and events of interest to older people in one place, so we publish the WHAT'S ON. This is an interactive project with older people and local groups contributing to the contents of WHAT'S ON. The WHAT'S ON proved so popular that from issue 2 we raised the print number from 1,700 to 2000 copies. 600 were distributed by Hounslow Libraries to the 11 branches and the rest went to organisations contributing to the contents of WHAT'S ON, individuals, groups, social prescribers, health practitioners and other professionals working with older people.

## **Hounslow Seniors Trust Association**

### **Trustees' Report (continued)**

#### **Mini-Festival 2024**

The Trustees of Hounslow Seniors Trust talked to members to find out what changes they would like to see in the programme of activities during the year under review and they told them they would like activities to continue during the summer holidays 2024. With the financial support of The National Lottery, Reaching Communities grant and the City Bridge Foundation, we organised the Mini-Festival that consisted of a Dance programme delivered in partnership with Move into Wellbeing and Wire Art workshops run by a professional artist from Redlees Studios. These activities took place from the end of July 2024 to the end of August. The Dance programme resulted in a performance at The Older People's Festival Closing Event on 30 September, in front of an audience of 90+ people. The wire art was exhibited at The Festival Closing Event.

#### **Create a wall-hanging on the theme of 30 years of Hounslow Seniors Trust**

This workshop programme was led by Monica Boxley an artist from Redlees Studios. The people attending the sessions worked with Monica to design and make a wall-hanging that celebrates the 30th anniversary of Hounslow Seniors Trust. The makers learnt many new techniques for working with fabrics and images.

#### **Hounslow Older People's Festival 2024**

The Festival 2024 was the 30th Hounslow Older People's Festival, it took place throughout the month of September. This year's programme was packed with exciting and educational events, activities, trips and visits. Many of the activities were organised by partner organisations. The Box Office was run by volunteers from The Musical Museum and HST. Many trips, visits and events sold out on the day the Box Office opened, everything was full by the end of the first week.

The Festival Closing Event was a celebration of the workshop activities that had taken place during the year under review. The event featured demonstrations of T'ai Chi, a performance by The Dance Group, an opportunity to see the wall-hanging as a work in progress and an exhibition of the wire artworks produced during the Mini-Festival workshops. This event was sold out with 90+ people attending.

#### **Gadget Surgeries**

During the Festival HST's Digital Support worker and an HST volunteer delivered Gadget Surgeries in two Hounslow libraries. During 2024 we also provided support to a number of people who attended other events and activities we organised. Where necessary we provided support over the telephone.

#### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Financial review**

In 2023 Hounslow Seniors Trust submitted a grant application to The National Lottery Community Fund. Our application was successful and HST was awarded 5 years funding. The year under review was Year 2 of the funded period. The grant enabled the Trust to continue successful aspects of our work such as Hounslow Older People's Festival and introduce new activities, events and workshops that were identified during a consultation exercise with older residents of Hounslow.

During the financial year 2023 the Trust submitted a grant application to City Bridge Foundation. The application was successful and HST was awarded £10,000 a year for 5 years. The year under review was Year 2 of the 5-year funding. This grant enabled the Trust to deliver visual arts workshops and mount an exhibition of the artistic work produced. All activities were free, so nobody was excluded on economic grounds.

## **Hounslow Seniors Trust Association**

### **Trustees' Report (continued)**

#### **Structure, governance and management**

##### ***Nature of governing document***

The charity was registered 11 July 2012 using a constitution adopted 20 Sept 2010 as amended on 20 Feb 2012.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:

.....  
Lalani Weerasinghe  
Trustee

## **Hounslow Seniors Trust Association**

### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on ..... and signed on its behalf by:

.....  
Lalani Weerasinghe  
Trustee



## **Hounslow Seniors Trust Association**

### **Independent Examiner's Report to the trustees of Hounslow Seniors Trust Association**

I report to the trustees on my examination of the accounts of Hounslow Seniors Trust Association for the year ended 31 January 2025.

#### **Responsibilities and basis of report**

As the charity trustees of Hounslow Seniors Trust Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Hounslow Seniors Trust Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Hounslow Seniors Trust Association as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....  
B Matthews FCA  
Bissell & Brown Birmingham Ltd, Chartered Accountants

12 Portman Rd  
Kings Heath  
Birmingham  
B13 0SL

Date:.....

## Hounslow Seniors Trust Association

### Statement of Financial Activities for the Year Ended 31 January 2025

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
<b>Income and Endowments from:</b>					
Donations and legacies		7,794	-	7,794	6,914
Charitable activities		<u>-</u>	<u>68,741</u>	<u>68,741</u>	<u>70,402</u>
Total Income		<u>7,794</u>	<u>68,741</u>	<u>76,535</u>	<u>77,316</u>
<b>Expenditure on:</b>					
Charitable activities		<u>(6,869)</u>	<u>(67,113)</u>	<u>(73,982)</u>	<u>(53,000)</u>
Total Expenditure		<u>(6,869)</u>	<u>(67,113)</u>	<u>(73,982)</u>	<u>(53,000)</u>
Net movement in funds		925	1,628	2,553	24,316
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>4,307</u>	<u>22,867</u>	<u>27,174</u>	<u>2,858</u>
Total funds carried forward	10	<u><u>5,232</u></u>	<u><u>24,495</u></u>	<u><u>29,727</u></u>	<u><u>27,174</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

# Hounslow Seniors Trust Association

(Registration number: 1148061)  
Balance Sheet as at 31 January 2025

	Note	2025 £	2024 £
<b>Current assets</b>			
Debtors	7	455	4,312
Cash at bank and in hand	8	<u>29,826</u>	<u>23,387</u>
		30,281	27,699
<b>Creditors: Amounts falling due within one year</b>	9	<u>(554)</u>	<u>(525)</u>
<b>Net assets</b>		<u>29,727</u>	<u>27,174</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		24,495	22,867
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>5,232</u>	<u>4,307</u>
<b>Total funds</b>	10	<u>29,727</u>	<u>27,174</u>

The financial statements on pages 8 to 12 were approved by the trustees, and authorised for issue on ..... and signed on their behalf by:

.....  
Lalani Weerasinghe  
Trustee

# **Hounslow Seniors Trust Association**

## **Notes to the Financial Statements for the Year Ended 31 January 2025**

### **1 Accounting policies**

#### **Statement of compliance**

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis of preparation**

Hounslow Seniors Trust Association meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## Hounslow Seniors Trust Association

### Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### 2 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies;		
Donations from individuals	7,794	7,794
<b>Total for 2025</b>	<b>7,794</b>	<b>7,794</b>
<b>Total for 2024</b>	<b>6,914</b>	<b>6,914</b>

#### 3 Income from charitable activities

	Restricted funds £	Total 2025 £
City Bridge Trust	10,000	10,000
National Lottery	58,741	58,741
	<b>68,741</b>	<b>68,741</b>

#### 4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Events - other costs	1,427	21,228	22,655	13,531
Artist fees	(2,293)	10,919	8,626	5,915
Print, post & stationery	-	452	452	28
Management fees	7,910	29,032	36,942	23,697
Insurance	-	442	442	430
Accountancy	27	552	579	526
Sundry	180	241	421	377
Travel costs	-	752	752	2,317
Bank charge	117	-	117	107
Computer software & maintenance	(500)	500	-	2,551
Marketing	-	-	-	650
Print & design	-	2,995	2,995	2,870
	<b>6,868</b>	<b>67,113</b>	<b>73,981</b>	<b>52,999</b>

## Hounslow Seniors Trust Association

### Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

#### 5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

#### 6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 7 Debtors

	2025 £	2024 £
Prepayments	455	-
Other debtors	-	4,312
	<u>455</u>	<u>4,312</u>

#### 8 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	29,826	23,387

#### 9 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	2	-
Accruals	552	525
	<u>554</u>	<u>525</u>

#### 10 Funds

	Balance at 1 February 2024 £	Incoming resources £	Resources expended £	Balance at 31 January 2025 £
<b>Unrestricted funds</b>				
<i>General</i>				
General funds	4,307	7,794	(6,869)	5,232
<b>Restricted funds</b>				
National Lottery	20,649	58,741	(57,209)	22,181
City Bridge Trust	2,218	10,000	(9,904)	2,314
<b>Total restricted funds</b>	<u>22,867</u>	<u>68,741</u>	<u>(67,113)</u>	<u>24,495</u>
<b>Total funds</b>	<u>27,174</u>	<u>76,535</u>	<u>(73,982)</u>	<u>29,727</u>