

HOUNSLOW SENIORS TRUST ASSOCIATION

England & Wales · Charity number 1148061

Details

Status Registered

Legal form Other

Registered 2012-07-11

Register [View on the Charity Commission register](#)

Contact

Address 53a Church Path
London
W4 5BL

Phone 02034415288

Email artsandaction@aol.com

Website www.hounslowseniorstrust.org.uk

Activities

Objects: TO PROMOTE THE BENEFIT OF OLDER PEOPLE RESIDENT IN GREATER LONDON (HEREINAFTER REFERRED TO AS 'THE AREA OF BENEFIT') WITHOUT DISTINCTION OF GENDER, SEXUAL ORIENTATION, RACE, DISABILITY OR POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID PEOPLE AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE AND RECREATION AND LEISURE TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE FOR THE SAID PEOPLE.

Activities: THE TRUST ORGANISES HOUNSLOW OLDER PEOPLE'S FESTIVAL. THE 27th MONTH LONG FESTIVAL TOOK PLACE IN OCTOBER 2021. THE ANNUAL FESTIVAL INCLUDES MANY EVENTS, SOCIAL GATHERINGS, LEARNING OPPORTUNITIES, TRIPS, HEALTHY LIFESTYLE AND ARTS ACTIVITIES. THE TRUST PROVIDES A RANGE OF PARTICIPATORY PROJECTS FOR OLDER PEOPLE THROUGHOUT THE YEAR AND INTERGENERATIONAL PROJECTS FOR PARTICIPANTS OF ALL AGES.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Arts/culture/heritage/science, Recreation, Other Charitable Purposes
- **Who:** Elderly/old People, The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£76,535	£73,982	-	-
2024-01-31	£77,316	£53,000	-	-
2023-01-31	£20,373	£31,271	-	-
2022-01-31	£21,701	£21,397	-	-
2021-01-31	£6,931	£2,645	-	-

Trustees

Name	Role	Appointed
Elizabeth Maureen Yakoubi		2021-01-19
Lalani Weerasinghe		2016-10-22
MICHAEL FRANCIS BRENNAN		2013-04-23
Paul Franklin		2013-04-23
RHOBENA WEST		2012-01-10
Susan Elizabeth Wijeyesinghe		2025-10-22

HOUNSLOW SENIORS TRUST ASSOCIATION

England & Wales - Charity number 1148061

Accounts

Charity registration number: 1148061

Hounslow Seniors Trust Association

Annual Report and Financial Statements

for the Year Ended 31 January 2025

Hounslow Seniors Trust Association

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Hounslow Seniors Trust Association

Reference and Administrative Details

Trustees	Lalani Weerasinghe Rhobena West Michael Brennan Paul Franklin Elizabeth Maureen Yakoubi Tara Mulcahy Christine Talbott
Charity Registration Number	1148061
Principal Office	53a Church Path Chiswick London W4 5BL
Independent Examiner	Bissell & Brown Birmingham Ltd 12 Portman Rd Kings Heath Birmingham B13 0SL

Hounslow Seniors Trust Association

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 January 2025.

Objectives and activities

Objects and aims

Charitable objects

To promote for the benefit of older people resident in Greater London (hereinafter referred to " as the area of benefit") without distinction of gender, sexual orientation, race, disability or political, religious or other opinions by associating together the said people and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare and leisure time occupation with the object of improving the conditions of life for said people.

Hounslow Seniors Trust's (HST's) Objectives are to:

- Tackle the isolation and loneliness experienced by many older people in Hounslow and surrounding West London Boroughs.
- Improve older people's mental and physical health and wellbeing.
- Increase older people's confidence and self-esteem.
- Increase the number of activities for older people.
- Enable older people to learn new skills.
- Help older people understand and get the most out of new technology.
- Create exciting volunteering opportunities for older people.

In 2024 we carried out a consultation exercise that explored how to improve the wellbeing of older people. To ensure we captured the experiences and opinions of a wide range of people we selected our sample to include people from different geographic areas and from diverse ethnicities. HST's programme of activities for the year under review was based on the results of the consultation.

To enable the Trust to meet its Aims and Objectives the following activities, funded by The National Lottery Community Fund, City Bridge Foundation and donations, were provided:

Hounslow Seniors Trust Association

Trustees' Report (continued)

Objectives, strategies and activities

Move into Wellbeing

This session, delivered in partnership with Move into Wellbeing, involves a weekly one-hour movement class followed by coffee and time to socialise. This is a drop-in session, although most of our users attend regularly each week during term time. This group is now full and there is a waiting list.

During Year 2 of Move into Wellbeing at Isleworth Public Hall numbers increased. There are now 16 people attending regularly. 2 registered disabled people.

T'ai Chi.

25 older people regularly attend T'ai Chi, 3 registered disabled people. This group is now full and there is a waiting list.

Beavers Community Primary School Project

This is a partnership project with Beavers Community Primary School. The brief is to design artworks to be exhibited in the school entrance. The artworks, that have been created by the students, promote the values of the school, Respect, Determination, Co-operation, Honesty, Equality and Kindness. We worked with the Parent Teacher Association to translate the values into the languages that are most spoken in the school.

Boston Manor House embroidery and print workshops

This was a partnership project, Boston Manor House provided the workshop leaders and the Education Room at the House, free of charge, and HST recruited the participants.

Oral History Project – The Changing Face of Hounslow

During 2024 our trained volunteers interviewed 4 people about their lives in and around the Brentford area of Hounslow. They then worked with a volunteer from the Musical Museum who is a professional sound engineer. This collaboration resulted in a short oral history presentation that formed part of the Musical Museum's contribution to the Creative Mile Brentford programme.

Community lunch Our Barn and Hounslow Seniors Trust.

Our Barn, an organisation working with young people with learning disabilities and autism, run the café at the London Museum of Water and Steam. One day a week they provide a hospitality course for the young people. During this course the young people gain transferable work skills such as good customer service, food hygiene and coffee making. As part of Our Barn's training programme Hounslow Seniors Trust delivered The Eating Out Club once a month. The young people used their skills to support the project and they benefitted from the work experience. Early in 2025 Our Barn moved to a new venue in Ealing and The Eating out Club ceased.

Christmas lunch Twickenham Rugby Stadium

In December 2024 Hounslow Seniors Trust members attended the Christmas lunch at the Twickenham Rugby Stadium. Older people from Hounslow really enjoy this fun event.

What's On in Hounslow for Older People

Older people in Hounslow and surrounding Boroughs, and professionals working with older residents, tell us it is very useful to have lots of information about local groups, activities and events of interest to older people in one place, so we publish the WHAT'S ON. This is an interactive project with older people and local groups contributing to the contents of WHAT'S ON. The WHAT'S ON proved so popular that from issue 2 we raised the print number from 1,700 to 2000 copies. 600 were distributed by Hounslow Libraries to the 11 branches and the rest went to organisations contributing to the contents of WHAT'S ON, individuals, groups, social prescribers, health practitioners and other professionals working with older people.

Hounslow Seniors Trust Association

Trustees' Report (continued)

Mini-Festival 2024

The Trustees of Hounslow Seniors Trust talked to members to find out what changes they would like to see in the programme of activities during the year under review and they told them they would like activities to continue during the summer holidays 2024. With the financial support of The National Lottery, Reaching Communities grant and the City Bridge Foundation, we organised the Mini-Festival that consisted of a Dance programme delivered in partnership with Move into Wellbeing and Wire Art workshops run by a professional artist from Redlees Studios. These activities took place from the end of July 2024 to the end of August. The Dance programme resulted in a performance at The Older People's Festival Closing Event on 30 September, in front of an audience of 90+ people. The wire art was exhibited at The Festival Closing Event.

Create a wall-hanging on the theme of 30 years of Hounslow Seniors Trust

This workshop programme was led by Monica Boxley an artist from Redlees Studios. The people attending the sessions worked with Monica to design and make a wall-hanging that celebrates the 30th anniversary of Hounslow Seniors Trust. The makers learnt many new techniques for working with fabrics and images.

Hounslow Older People's Festival 2024

The Festival 2024 was the 30th Hounslow Older People's Festival, it took place throughout the month of September. This year's programme was packed with exciting and educational events, activities, trips and visits. Many of the activities were organised by partner organisations. The Box Office was run by volunteers from The Musical Museum and HST. Many trips, visits and events sold out on the day the Box Office opened, everything was full by the end of the first week.

The Festival Closing Event was a celebration of the workshop activities that had taken place during the year under review. The event featured demonstrations of T'ai Chi, a performance by The Dance Group, an opportunity to see the wall-hanging as a work in progress and an exhibition of the wire artworks produced during the Mini-Festival workshops. This event was sold out with 90+ people attending.

Gadget Surgeries

During the Festival HST's Digital Support worker and an HST volunteer delivered Gadget Surgeries in two Hounslow libraries. During 2024 we also provided support to a number of people who attended other events and activities we organised. Where necessary we provided support over the telephone.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

In 2023 Hounslow Seniors Trust submitted a grant application to The National Lottery Community Fund. Our application was successful and HST was awarded 5 years funding. The year under review was Year 2 of the funded period. The grant enabled the Trust to continue successful aspects of our work such as Hounslow Older People's Festival and introduce new activities, events and workshops that were identified during a consultation exercise with older residents of Hounslow.

During the financial year 2023 the Trust submitted a grant application to City Bridge Foundation. The application was successful and HST was awarded £10,000 a year for 5 years. The year under review was Year 2 of the 5-year funding. This grant enabled the Trust to deliver visual arts workshops and mount an exhibition of the artistic work produced. All activities were free, so nobody was excluded on economic grounds.

Hounslow Seniors Trust Association

Trustees' Report (continued)

Structure, governance and management

Nature of governing document

The charity was registered 11 July 2012 using a constitution adopted 20 Sept 2010 as amended on 20 Feb 2012.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Independent Examiner's Report to the trustees of Hounslow Seniors Trust Association

I report to the trustees on my examination of the accounts of Hounslow Seniors Trust Association for the year ended 31 January 2025.

Responsibilities and basis of report

As the charity trustees of Hounslow Seniors Trust Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Hounslow Seniors Trust Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Hounslow Seniors Trust Association as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
B Matthews FCA
Bissell & Brown Birmingham Ltd, Chartered Accountants

12 Portman Rd
Kings Heath
Birmingham
B13 0SL

Date:.....

Hounslow Seniors Trust Association

Statement of Financial Activities for the Year Ended 31 January 2025

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies		7,794	-	7,794	6,914
Charitable activities		<u>-</u>	<u>68,741</u>	<u>68,741</u>	<u>70,402</u>
Total Income		<u>7,794</u>	<u>68,741</u>	<u>76,535</u>	<u>77,316</u>
Expenditure on:					
Charitable activities		<u>(6,869)</u>	<u>(67,113)</u>	<u>(73,982)</u>	<u>(53,000)</u>
Total Expenditure		<u>(6,869)</u>	<u>(67,113)</u>	<u>(73,982)</u>	<u>(53,000)</u>
Net movement in funds		925	1,628	2,553	24,316
Reconciliation of funds					
Total funds brought forward		<u>4,307</u>	<u>22,867</u>	<u>27,174</u>	<u>2,858</u>
Total funds carried forward	10	<u><u>5,232</u></u>	<u><u>24,495</u></u>	<u><u>29,727</u></u>	<u><u>27,174</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Hounslow Seniors Trust Association

(Registration number: 1148061)
Balance Sheet as at 31 January 2025

	Note	2025 £	2024 £
Current assets			
Debtors	7	455	4,312
Cash at bank and in hand	8	<u>29,826</u>	<u>23,387</u>
		30,281	27,699
Creditors: Amounts falling due within one year	9	<u>(554)</u>	<u>(525)</u>
Net assets		<u>29,727</u>	<u>27,174</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		24,495	22,867
Unrestricted income funds			
Unrestricted funds		<u>5,232</u>	<u>4,307</u>
Total funds	10	<u>29,727</u>	<u>27,174</u>

The financial statements on pages 8 to 12 were approved by the trustees, and authorised for issue on and signed on their behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Hounslow Seniors Trust Association meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies;		
Donations from individuals	7,794	7,794
Total for 2025	7,794	7,794
Total for 2024	6,914	6,914

3 Income from charitable activities

	Restricted funds £	Total 2025 £
City Bridge Trust	10,000	10,000
National Lottery	58,741	58,741
	68,741	68,741

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Events - other costs	1,427	21,228	22,655	13,531
Artist fees	(2,293)	10,919	8,626	5,915
Print, post & stationery	-	452	452	28
Management fees	7,910	29,032	36,942	23,697
Insurance	-	442	442	430
Accountancy	27	552	579	526
Sundry	180	241	421	377
Travel costs	-	752	752	2,317
Bank charge	117	-	117	107
Computer software & maintenance	(500)	500	-	2,551
Marketing	-	-	-	650
Print & design	-	2,995	2,995	2,870
	6,868	67,113	73,981	52,999

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2025 (continued)

5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Debtors

	2025 £	2024 £
Prepayments	455	-
Other debtors	-	4,312
	455	4,312
	455	4,312

8 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	29,826	23,387
	29,826	23,387
	29,826	23,387

9 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	2	-
Accruals	552	525
	554	525
	554	525

10 Funds

	Balance at 1 February 2024 £	Incoming resources £	Resources expended £	Balance at 31 January 2025 £
Unrestricted funds				
<i>General</i>				
General funds	4,307	7,794	(6,869)	5,232
Restricted funds				
National Lottery	20,649	58,741	(57,209)	22,181
City Bridge Trust	2,218	10,000	(9,904)	2,314
	22,867	68,741	(67,113)	24,495
Total restricted funds	22,867	68,741	(67,113)	24,495
Total funds	27,174	76,535	(73,982)	29,727

HOUNSLOW SENIORS TRUST ASSOCIATION

England & Wales - Charity number 1148061

Accounts

Charity registration number: 1148061

Hounslow Seniors Trust Association

Annual Report and Financial Statements

for the Year Ended 31 January 2024

Hounslow Seniors Trust Association

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Hounslow Seniors Trust Association

Reference and Administrative Details

Trustees	Lalani Weerasinghe Rhobena West Michael Brennan Paul Franklin Elizabeth Maureen Yakoubi Tara Mulcahy Christine Talbott
Charity Registration Number	1148061
Principal Office	53a Church Path Chiswick London W4 5BL
Independent Examiner	Bissell & Brown Birmingham Ltd 12 Portman Rd Kings Heath Birmingham B13 0SL

Hounslow Seniors Trust Association

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 January 2024.

Objectives and activities

Objects and aims

Charitable objects

To promote for the benefit of older people resident in Greater London (hereinafter referred to " as the area of benefit") without distinction of gender, sexual orientation, race, disability or political, religious or other opinions by associating together the said people and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare and leisure time occupation with the object of improving the conditions of life for said people.

Hounslow Seniors Trust Association

Trustees' Report (continued)

Objectives, strategies and activities

HST's Objectives are to:

- Tackle the isolation and loneliness experienced by many older people in Hounslow and surrounding Boroughs.
- Improve older people's mental and physical health and wellbeing.
- Increase older people's confidence and self-esteem.
- Increase the number of activities for older people.
- Enable older people to learn new skills.
- Help older people understand and get the most out of new technology.
- Create exciting volunteering opportunities for older people.

In 2023 we carried out a consultation exercise that explored how to improve the wellbeing of older people. To ensure we captured the experiences and opinions of a wide range of people we selected our sample to include people from different geographic areas and from diverse ethnicities. Older residents of Hounslow and neighbouring Boroughs felt that their wellbeing would be improved if we provided • Social activities • Talks and discussion groups • Trips and visits • Creative/Arts activities • Healthy Lifestyle Activities • Digital inclusion • Learning opportunities. HST's programme of activities for the year under review was based on the results of the consultation.

To enable the Trust to meet its Aims and Objectives the following activities, funded by The National Lottery Community Fund, Awards for All and City Bridge Foundation were provided:

Move into Wellbeing

This session, delivered in partnership with Move into Wellbeing, involves a weekly one-hour movement session followed by coffee and time to socialise. This group is full so during the year under review we started a second session at Isleworth Public Hall to accommodate the people on the waiting list.

Picnic in Chiswick House Kitchen Garden

HST worked in partnership with the Chiswick House Community Participation Manager to organise a bring-and-share picnic in Chiswick House Kitchen Garden on in June 2023. The picnic was for HST members, their family members, friends and neighbours. Everyone attending was invited to bring picnic food or soft drinks to share. As part of the afternoon a Redlees Artist provided a plant drawing workshop.

Oral History Project

During the year under review Trust volunteers worked to establish the Hounslow Seniors Trust Oral History project. HST purchased recording equipment, trained 9 volunteers and worked with a professional Oral Historian to record local people's histories. It will be necessary to raise additional funds to support this project during 2025.

Community Lunch - Our Barn and Hounslow Seniors Trust

Our Barn, an organisation working with young people with learning disabilities and autism, run the café at the Steam Museum. On Fridays they provide a hospitality course for the young people. During this course the young people gain transferable work skills such as good customer service, food hygiene and coffee making. HST delivers The Eating Out Club, once a month, as part of Our Barn's training programme so the young people can use their skills to support the project and benefit from the work experience.

Hounslow Seniors Trust Association

Trustees' Report (continued)

T'ai Chi

The Trust received many requests from older people to provide T'ai Chi so in 2024 we set-up T'ai Chi sessions. 20 people attend the session and there are 4 registered disabled people attending regularly.

Chinese Brush Painting workshops.

The Chinese Brush Painting workshops were very well attended and the quality of the work the participants produced after only 5 workshops, was exceptional. An exhibition of the paintings produced took place as part of the Hounslow Older People's Festival 2023 Closing Event.

Upcycling clothes workshop

These 5 workshops were led by Monica Boxley a resident artist from Redlees Studios in Isleworth. During the sessions participants created something unique and special to wear from a piece of dull, discarded, worn out clothing using hand stitch, appliqué, machine stitch, paint and more.... Participants modelled their new outfits at the Closing Event of Hounslow Older People's Festival.

Hounslow Older People's Festival

The Festival 2023 was the 29th Hounslow Older People's Festival, it took place throughout the month of October. 195 older people attended the events and activities provided by the Trust. Many of the activities were organised by partner organisations. The Box Office was run by volunteers from The Musical Museum and HST. Many trips, visits and events sold out on the day the Box Office opened, everything was full by the end of the first week. The Festival Closing Event was a celebration of all the workshop activities that had taken place during the first five months of our National Lottery and City Bridge funded project. This event was sold out with 90+ people attending.

Gadget Surgeries

During the Festival 2023 HST's Digital Support worker and an HST volunteer delivered 2 Gadget Surgeries in LB Hounslow libraries. The surgeries were well attended. The Trust then went on to deliver Gadget Surgeries in Sheltered Housing, working with individuals to help them understand how to use their laptops, digital phones and ipads.

Digital Art Workshops

During November 2023. HST worked in partnership with The Bridgelink Centre to provide Digital Art Workshops. Bridgelink provided a computer suite free of charge and LB Hounslow's Digital Inclusion Support Worker delivered Photoshop workshops, also free of charge.

Fun and Fitness in a safe warm space

Fun and Fitness in a safe, warm space took place during the coldest months of the year to enable our members to spend a day at the Musical Museum, stay warm, learn new skills and save on their heating bills. The project was funded jointly by The National Lottery Community Fund and City Bridge Foundation. A total of 38 people attended the sessions. Each session consisted of a light lunch followed by an art/craft workshop or an information and advice event. Two of the workshops were delivered by HST volunteers. Everyone who attended the 10 weeks felt it should be repeated in 2025.

Public benefit

[Activities undertaken to further public benefit](#)

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Hounslow Seniors Trust Association

Trustees' Report (continued)

Financial review

Financial Review

In 2023 Hounslow Seniors Trust submitted an application to The National Lottery Community Fund. Our application was successful and HST was awarded £52,640 a year for 5 years. The grant will enable the Trust to continue successful aspects of our work such as the Older People's Festival and introduce new elements that came to light during a consultation exercise with older residents of Hounslow.

During the financial year 2023 the Trust submitted an application to City Bridge Foundation, the application was successful and HST was awarded £10,000 a year for 5 years. This grant will enable the Trust to deliver visual arts workshops and mount an exhibition of the artistic work produced. All activities are free, so nobody is excluded on economic grounds.

A Man About A Dog Limited. AMAD is a music promotion company. The Company delivered the Junction2 Festival in Boston Manor Park and chose Hounslow Seniors Trust as one of the charities to benefit from their charitable donation. We received a donation of £4,132.

Structure, governance and management

Nature of governing document

The charity was registered 11 July 2012 using a constitution adopted 20 Sept 2010 as amended on 20 Feb 2012.

Organisational structure

It is the sad duty of the Trustees of Hounslow Seniors Trust to report the death of our Chair, Satish Dutt. Satish was the Chair of our Charity for many years and her enormous enthusiasm, energy, commitment and common sense helped make HST the organisation it is today. The Trustees are committed to carrying on the important work of the Trust although Satish will be deeply missed as our leader.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on and signed on its behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Independent Examiner's Report to the trustees of Hounslow Seniors Trust Association

I report to the trustees on my examination of the accounts of Hounslow Seniors Trust Association for the year ended 31 January 2024.

Responsibilities and basis of report

As the charity trustees of Hounslow Seniors Trust Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Hounslow Seniors Trust Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Hounslow Seniors Trust Association as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
B Matthews FCA
Bissell & Brown Birmingham Ltd, Chartered Accountants

12 Portman Rd
Kings Heath
Birmingham
B13 0SL

Date:.....

Hounslow Seniors Trust Association

Statement of Financial Activities for the Year Ended 31 January 2024

	Note	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies		6,914	-	6,914	1,125
Charitable activities		<u>9,262</u>	<u>61,140</u>	<u>70,402</u>	<u>19,248</u>
Total Income		<u>16,176</u>	<u>61,140</u>	<u>77,316</u>	<u>20,373</u>
Expenditure on:					
Charitable activities		<u>(14,727)</u>	<u>(38,273)</u>	<u>(53,000)</u>	<u>(31,271)</u>
Total Expenditure		<u>(14,727)</u>	<u>(38,273)</u>	<u>(53,000)</u>	<u>(31,271)</u>
Net movement in funds		1,449	22,867	24,316	(10,898)
Reconciliation of funds					
Total funds brought forward		<u>2,858</u>	<u>-</u>	<u>2,858</u>	<u>13,757</u>
Total funds carried forward	10	<u><u>4,307</u></u>	<u><u>22,867</u></u>	<u><u>27,174</u></u>	<u><u>2,859</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Hounslow Seniors Trust Association

(Registration number: 1148061)
Balance Sheet as at 31 January 2024

	Note	2024 £	2023 £
Current assets			
Debtors	7	4,312	3,729
Cash at bank and in hand	8	<u>23,387</u>	<u>4,594</u>
		27,699	8,323
Creditors: Amounts falling due within one year	9	<u>(525)</u>	<u>(5,464)</u>
Net assets		<u>27,174</u>	<u>2,859</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		22,867	23
Unrestricted income funds			
Unrestricted funds		<u>4,307</u>	<u>2,836</u>
Total funds	10	<u>27,174</u>	<u>2,859</u>

The financial statements on pages 8 to 13 were approved by the trustees, and authorised for issue on and signed on their behalf by:

.....
Lalani Weerasinghe
Trustee

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Hounslow Seniors Trust Association meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total funds £
Donations and legacies;		
Donations from individuals	6,914	6,914
Total for 2024	6,914	6,914
Total for 2023	1,125	1,125

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £
London Borough of Hounslow	4,950	-	4,950
City Bridge Trust	-	7,500	7,500
National Lottery	-	52,640	52,640
National Lottery picnic	-	1,000	1,000
Events	4,312	-	4,312
	9,262	61,140	70,402

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Project costs	-	-	-	1,965
Events - other costs	582	12,949	13,531	10,558

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Artist fees	647	5,268	5,915	2,320
Print, post & stationery	28	-	28	71
Management fees	5,099	18,598	23,697	12,232
Insurance	280	150	430	390
Accountancy	10	516	526	516
Sundry	377	-	377	370
Charitable donation	-	-	-	96
Travel costs	2,125	192	2,317	2,308
Bank charge	107	-	107	92
Computer software & maintenance	2,551	-	2,551	353
Marketing	650	-	650	-
Print & design	2,270	600	2,870	-
	14,726	38,273	52,999	31,271
				Total expenditure £

5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2024 (continued)

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Debtors

	2024 £	2023 £
Trade debtors	-	3,300
Other debtors	4,312	429
	4,312	3,729

8 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	23,387	4,594
	23,387	4,594

9 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors	-	(1)
Accruals	525	515
	525	514

10 Funds

	Balance at 1 February 2023 £	Incoming resources £	Resources expended £	Balance at 31 January 2024 £
Unrestricted funds				
<i>General</i>				
General funds	2,858	16,176	(14,727)	4,307
Restricted funds				
National Lottery	-	53,640	(32,991)	20,649
City Bridge Trust	-	7,500	(5,282)	2,218
Total restricted funds	-	61,140	(38,273)	22,867
Total funds	2,858	77,316	(53,000)	27,174

HOUNSLOW SENIORS TRUST ASSOCIATION

England & Wales - Charity number 1148061

Accounts

Hounslow Seniors Trust Association

Annual Report and Financial Statements
for the Year Ended 31 January 2020

Hounslow Seniors Trust Association

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Hounslow Seniors Trust Association

Reference and Administrative Details

Trustees	Satish Dutt Doreen Archer Rhobena West Michael Brennan Felix Noronha Lalani Weerasinghe Paul Franklin
Principal Office	53a Church Path Chiswick London W4 5BL
Charity Registration Number	1148061
Independent Examiner	Bissell & Brown Birmingham Ltd 12 Portman Rd Kings Heath Birmingham B13 0SL

Hounslow Seniors Trust Association

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 January 2020.

Objectives and activities

Objects and aims

Charitable objects

To promote for the benefit of older people resident in Greater London (hereinafter referred to " as the area of benefit") without distinction of gender, sexual orientation, race, disability or political, religious or other opinions by associating together the said people and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare and leisure time occupation with the object of improving the conditions of life for said people.

Public benefit

[Activities undertaken to further public benefit](#)

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Hounslow Seniors Trust Association

Trustees' Report

Achievements and performance

Hounslow Seniors Trust Mayor of Hounslow's Charity 2019.

The Trust was delighted and honoured to be chosen by the Mayor of Hounslow as one of his two Charities for 2019. Three Trustees attend the Mayor's inauguration event and presented a video detailing the work of the Charity to the Mayor and Councillors present. The Mayor attended many of Hounslow Seniors Trust's events and activities during the year.

Hounslow Older People's Festival 2019

2019 was the 26th Annual Festival to take place in Hounslow Borough. The Festival has been providing older people in the Borough with activities, events, the opportunity to learn new things, meet new people and make new friends, for 26 years. We launched the Festival 2019 with a trip on a Jazz Boat from Kew Pier to Westminster. The Mayor of Hounslow attended the launch of the Festival. This was a great start to a fun-packed July for older people in Hounslow.

As always the Festival provided opportunities for older people to get together and do new things. In 2019 we provided guided visits to places of interest across London, and trips to The Gurkha Museum in Winchester, Waterperry Gardens and Brighton. There were afternoons of music and dancing, arts and crafts workshops in sheltered housing units, walks with the Hounslow Heritage Guides, events and talks in Hounslow libraries and much more. Ruth Cadbury MP for Brentford and Isleworth organised a tour of the Houses of Parliament

HOUNSLOW COMMUNITY GRANT

In 2019 Hounslow Seniors Trust was funded by LB Hounslow to engage Hounslow Seniors Trust members and residents of all ages living on the Meadows Estate in a project to create a mosaic to be displayed on the estate. Art on the Meadows Estate aimed to create a community focus and build social connections that break down barriers. Working together to create the artwork developed a new understanding and respect between residents of all ages from diverse cultural backgrounds living on the Estate and enabled them to make a valuable contribution to their community

The mosaic the community created is displayed in the playground of Beavers Community Primary School, it celebrates the life of a Deputy Head Teacher. The people who took part in the project, members of Hounslow Seniors Trust, the school staff and volunteers organised a celebration to launch the mural. The Mayor of Hounslow attended the celebration.

HEATHROW COMMUNITIES TOGETHER

During 2019 Hounslow Seniors Trust received funding from Heathrow Communities Together to tackle issues relating to older people including:

- Isolation, loneliness and disengagement from our communities.
- Lack of activities that empower older people, teach us new skills and build our capacity enabling us to become more active citizens.
- The lack of activities for older people that promote physical and mental well-being.
- The lack of activities that enable us to contribute to the debate on environmental matters.

People's Health Trust

Early in 2019 we received two year funding from The People's Health Trust to address the isolation and loneliness felt by some residents of the Meadows Estate in Hounslow by providing activities that enable them to make new friends and acquaintances. Our arts project is designed to welcome all estate residents, enable people of different ages and from diverse cultural backgrounds to meet their neighbours and get to know each other better. During 2019 by bringing people together the project created a community focus, built social connections, broke down barriers and create social cohesion. During 2019 we worked with participants from the Under 5's Drop-In Group who created an art installation that is displayed in the HUB. We also provided a Saturday Art Group for the whole community that took place in the HUB. During the year we started worked on a Tree Dressing project with students from Beavers Community Primary School, their parents and carers, older estate residents and members of Hounslow Seniors Trust.

Hounslow Seniors Trust Association

Trustees' Report

Financial review

Plans for future periods

In March 2020 most of Hounslow Senior's Trust projects and activities came to a halt due to the Covid-19 pandemic. The People's Health Trust project we were working on with older people and students of Beavers Community Primary School was paused. The school was closed and the older participants were considered to be at 'high risk'. In October 2020 we started working with the school to find a Covid-19 safe way to restart delivery of this project.

During lockdown the Trust continued to provide dance classes online and is planning to organise more online activities in the coming months. In the near future we will be organising Walk and Talk sessions for older people.

In January 2021 the Trust will review the situation regarding Hounslow Older People's Festival. We plan to organise some events during July 2021, even if we cannot provide a full month of activities.

Structure, governance and management

Nature of governing document

The charity was registered 11 July 2012 using a constitution adopted 20 Sept 2010 as amended on 20 Feb 2012.

Organisational structure

Volunteers

During the course of the year 21 older volunteers worked on all aspects of our project delivery including Health & Safety, catering, publicity and promotion, organising events and activities.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Satish Dutt
Trustee

Hounslow Seniors Trust Association

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on and signed on its behalf by:

.....
Satish Dutt
Trustee

Hounslow Seniors Trust Association

Independent Examiner's Report to the trustees of Hounslow Seniors Trust Association

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 January 2020 which are set out on pages 7 to 11.

Respective responsibilities of trustees and examiner

As the charity's trustees of Hounslow Seniors Trust Association you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Hounslow Seniors Trust Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Hounslow Seniors Trust Association as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
B Matthews FCA
Bissell & Brown Birmingham Ltd, Chartered Accountants

12 Portman Rd
Kings Heath
Birmingham
B13 0SL

Date:.....

Hounslow Seniors Trust Association

Statement of Financial Activities for the Year Ended 31 January 2020

	Note	Unrestricted £	Restricted £	Total 2020 £	Total 2019 £
Income and Endowments from:					
Donations and legacies		754	-	754	-
Charitable activities		<u>7,949</u>	<u>17,214</u>	<u>25,163</u>	<u>25,499</u>
Total Income		<u>8,703</u>	<u>17,214</u>	<u>25,917</u>	<u>25,499</u>
Expenditure on:					
Charitable activities		<u>(3,797)</u>	<u>(22,746)</u>	<u>(26,543)</u>	<u>(16,877)</u>
Total Expenditure		<u>(3,797)</u>	<u>(22,746)</u>	<u>(26,543)</u>	<u>(16,877)</u>
Net movement in funds		4,906	(5,532)	(626)	8,622
Reconciliation of funds					
Total funds brought forward		<u>1,192</u>	<u>8,602</u>	<u>9,794</u>	<u>1,173</u>
Total funds carried forward	10	<u><u>6,098</u></u>	<u><u>3,070</u></u>	<u><u>9,168</u></u>	<u><u>9,795</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Hounslow Seniors Trust Association

(Registration number: 1148061)
Balance Sheet as at 31 January 2020

	Note	2020 £	2019 £
Current assets			
Debtors	7	1,819	-
Cash at bank and in hand	8	<u>7,849</u>	<u>10,294</u>
		9,668	10,294
Creditors: Amounts falling due within one year	9	<u>(500)</u>	<u>(499)</u>
Net assets		<u>9,168</u>	<u>9,795</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		3,070	8,602
Unrestricted income funds			
Unrestricted funds		<u>6,098</u>	<u>1,193</u>
Total funds	10	<u>9,168</u>	<u>9,795</u>

The financial statements on pages 7 to 11 were approved by the trustees, and authorised for issue on and signed on their behalf by:

.....
Satish Dutt
Trustee

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2020

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Hounslow Seniors Trust Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2020

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2020 £
Donations and legacies;		
Donations from individuals	754	754
	754	754

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2020 £	Total 2019 £
Appeals and donations	754	-	754	-
London Borough of Hounslow	-	2,150	2,150	2,150
Heathrow Communities	2,130	-	2,130	1,020
National Lottery	-	-	-	9,930
People's Health Trust	-	15,064	15,064	9,038
Musical Museum	5,819	-	5,819	3,361
	8,703	17,214	25,917	25,499

4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2020 £	Total 2019 £
Project costs	-	10,801	10,801	1,720
Events - other costs	-	2,832	2,832	1,356
Artist fees	-	200	200	3,955
Print & design	-	947	947	2,207
Management fees	3,160	5,765	8,925	4,924
Insurance	315	272	587	565
Accountancy	322	178	500	500
Travel costs	-	1,750	1,750	1,650
	3,797	22,745	26,542	16,877

5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Hounslow Seniors Trust Association

Notes to the Financial Statements for the Year Ended 31 January 2020

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Debtors

	2020 £
Other debtors	1,819

8 Cash and cash equivalents

	2020 £	2019 £
Cash at bank	7,849	10,294

9 Creditors: amounts falling due within one year

	2020 £	2019 £
Other creditors	-	(1)
Accruals	500	500
	500	499

10 Funds

	Balance at 1 February 2019 £	Incoming resources £	Resources expended £	Balance at 31 January 2020 £
Unrestricted funds				
<i>General</i>				
General funds	1,192	8,703	(3,797)	6,098
Restricted funds				
London Borough of Hounslow	550	2,150	(2,700)	-
National Lottery	1,123	-	(1,123)	-
People's Health Trust	6,929	15,064	(18,923)	3,070
Total restricted funds	8,602	17,214	(22,746)	3,070
Total funds	9,794	25,917	(26,543)	9,168