



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2024

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: 23 Bayswater Road
PLYMOUTH
PL1 5BU

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: P Keller (Chair)
C Darke 12/10/23
J Kleinot

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

23 BAYSWATER ROAD
PLYMOUTH
PL1 5BU
Tel: 01752 659339
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Paul Keller, Deb Hoskin and Tonny Steenhagen

AGM held at registered address 4pm on 12th December 2024

This year HTT has supported over 60 participants, experiencing moderate to severe mental health issues, towards improved mental health and holistic well being, at HTT gardens. In July 2024 we have 37 participants on our books attending HTT. Open ended support have meant on average over 200 hours per participant. Each week is a lifesaver for some due to crisis and trauma. HTT will have supported at least 15 participants in crisis to have stayed at home rather than having needed to be in hospital for safety. We have supported 4 participants through to hospital and being safe and provided after care on return to community.

This HTT year has been another year of transition for HTT alongside the local community transitioning still from the Pandemic, in which HTT has endeavoured to develop to meet growing mental health needs, with a rise in the numbers of people experiencing mental health issues. Also with 2 appreciated support staff leaving prior to December 2023 and since Dennis Trewin's retirement in Feb 2022 (co-founder along with Deb Hoskin in 2012), there had been a need to bring a new good staff and volunteer team together to offer more hours, while maintaining and growing HTT's quality of service. The recognition was of the value of varied skills. Dan Stroud joined HTT as an employee in September 2023, Dan being a skilled qualified joiner who had participated and volunteered for HTT for 2 years and also found benefits to his mental health. Lived experience is valued at HTT and 80% of staff, volunteers and trustees have some form of lived experience. Dan's role was and is again funded for Fridays weekly by the Pearn Charitable Trust. Dan also has therapeutic training.

Fiona, with many years organisational office work, joined HTT in January 2024 to offer her managerial and organisational support as charity project officer. Fiona also has years of voluntary support roles. Ciara joined HTT in April 2024 as Project Manager alongside Deb Hoskin, Ciara has a background as an NHS Occupational Therapist and also in gardening therapy, and is gifted in arts and crafts. So come April the new team had formed. The HTT team also included the kind facilitation, especially towards the new developments, of two new trustees, Kayleigh and Charlie, alongside founding trustee Paul and Jackie who has been helping HTT for a few years now. Together then with even more new volunteers from backgrounds such as lived experience and years of volunteering, to retired GP, to retired ESOL tutor (English for Speakers of Other Languages).

Financially, as reports will show, HTT met some real challenges this year and so through which HTT are very grateful to have received such tremendous support which enabled us to keep going into the new and developing, which we continue into 2024-2025 on a path set with constant conversations and checking in

with participants and volunteers, through break times and forums. Some financial risk was taken by employing needed staff, at first with less hours and Deb temporarily reducing any Community/ Outreach session hours, so that we could begin to meet needs within the growing number of participants within the HTT garden. In daytime rota's as needed. National Lottery Community Fund and Postcode Lottery Trust funded additional hours daily, which began the ability to provide more hours for more participation.. This was all so that needs could be met in the particularly unique quality way that HTT provides through such varied individual benefits, each towards improved well being. All participant –led. Changes were made by voluntary hours being worked including towards funding applications, until funding was in place to cover more salaried hours, especially more session hours. HTT are so very grateful to have received funding from so many kind Funders all named in our financial report, but to name a few Claire Milne Trust, National Lottery Community Fund, Postcode Lottery Trust, Garfield Weston Foundation, D'Oyly Carte Charitable Trust, Leonard Laity Trust.

By the end of this financial year, July 2024, we were in a better place and were already through to final panel submission of a Reaching Communities fund for 4 years, hopefully to be received in September 2024, which would cover 65% of funds needed to deliver plans, many asked for in an online survey in November 2023, by participants, volunteers and also feedback from external agencies. All developments to bring HTT back into the wider community, and in the gardens and in outreach more informal training, workshops, to learn and share together with others. Also importantly to develop more ways of evaluation, such as through the Trauma Informed Network, to be even better informed of what works and what doesn't work so well, so that everyone can learn and HTT can enhance the quality of its practice.

To finish this report are quotes from a participants and a volunteer, which say so much.

"I feel at Home, what more can I say! It keeps me living" (HTT Participant 60 yrs+)

"I haven't been able to join any groups, though I have tried, nor join in anything. I find the inclusion of all ages, not one particular age bracket, is helpful. It is a community, a small community. Certain faces each week works well for me. A lot of people in the UK are feeling lonely. HTT is needed. It's good you can join in at your own pace. The common ground of mental health is nice". (HTT Participant 20 yrs+)

"The environment is certainly a place of fascination, education and sanctuary for me as I readjust to a new phase of life having recently retired from over thirty five years of teaching and consider options for future contribution and occupation. I continue to love the opportunity to work with such a kind and enthusiastic team of staff and volunteers to develop our passion for helping participants with their mental well-being by connecting, learning, being active and creative within a safe and beautiful natural space. The values of respect, trust and equality are evidently upheld" ...(new volunteer)

All of HTT look forward to another year of better meeting needs and being inspired by each participant, who each grow HTT.

Deb Hoskin-Project Manager

Compared to the last two years HTT has ended the current year with a surplus of £16,712. However, this figure includes restricted funds of £22,480 from donations from both the Postcode Lottery Trust and the National Lottery Community Fund that are earmarked for the next financial year. So, in effect the charity has this year operated at a small loss.

‘Core’ income (direct participant payments) has continued to reduce and this year there has been no ‘other’ income (external paid activities). This is partly due to changes in staffing. Subsequently, the emphasis is even more than in previous years on fundraising / grants / donations. The success of this doesn’t always exactly align with the accounting period, so it means for the years 2024/25 more grants need to be secured (the good news is: they already have).

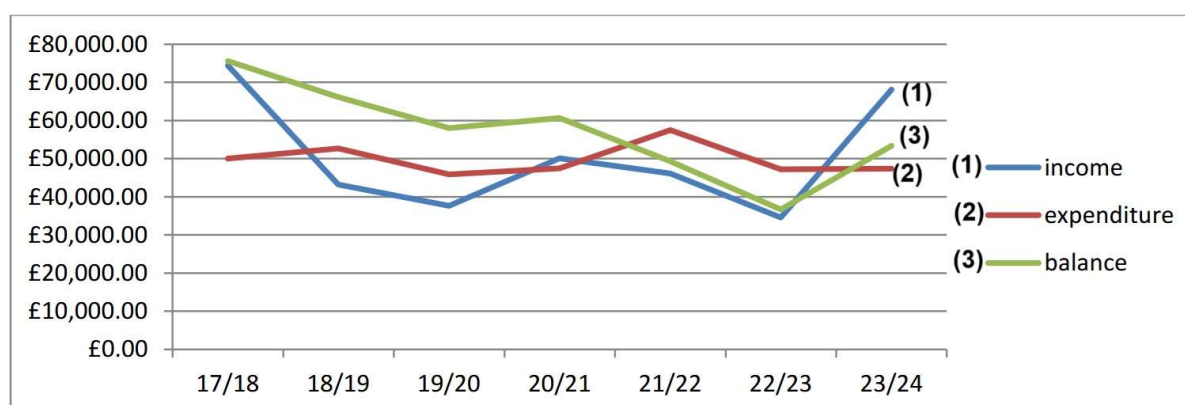
The expenses side has remained very stable, with a small reduction in wages paid this year (-4.5%) – the biggest HTT cost.

As mentioned in all previous year reports, there is never room for complacency. So, from the above it should be clear that the continued securing of grants / donations will need to be given ongoing priority next year.

Congratulations to all on yet another successful HTT year.

*The Paypal donation of £657.70 is from a collection held after the funeral of a participant.

Tonny Steenhagen - Bookkeeper/Treasurer



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for all that helped to raise funds, those that funded us, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years.

Thank you to all of you for helping those in need.

Paul Keller (Chair)

Horticultural Therapy Trust Transaction Detail By Account August 2023 through July 2024

Date	Num	Name	Amount
Grants and Donations			
03/08/2023	195	D'Oyly Carte Charitable Trust	4,000.00
04/08/2023	196	Claire Milne Trust	8,000.00
31/08/2023	197	D H	500.00
08/09/2023	198	Garfield Weston Foundation	5,000.00
09/10/2023	199	Pearn Trust	2,184.00
31/10/2023	200	Postcode Lottery Trust	20,328.00
08/12/2023	201	leonard laity trust	1,000.00
16/02/2024	202	National Lottery Community ...	19,972.00
29/02/2024	203	Mr P	500.00
27/03/2024	204	Paypal	657.70
Total Grants and Donations			62,141.70
TOTAL			62,141.70

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2024

	31 Jul 24	31 Jul 23	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	2,841.80	3,787.80	-946.00	-25.0%
Furniture and Fixtures	1,593.79	1,824.80	-231.01	-12.7%
Total Fixed Assets	4,435.59	5,612.60	-1,177.01	-21.0%
Other Assets				
Other Assets	232.82	309.82	-77.00	-24.9%
Total Other Assets	232.82	309.82	-77.00	-24.9%
Current Assets				
Accounts Receivable				
Jobs	330.00	462.54	-132.54	-28.7%
Total Accounts Receivable	330.00	462.54	-132.54	-28.7%
Cash at bank and in hand				
Co-operative Bank	33,191.00	16,636.60	16,554.40	99.5%
Savings	15,537.17	15,302.68	234.49	1.5%
Total Cash at bank and in hand	48,728.17	31,939.28	16,788.89	52.6%
Total Current Assets	49,058.17	32,401.82	16,656.35	51.4%
Current Liabilities				
Accounts Payable				
Accounts Payable	353.40	1,663.12	-1,309.72	-78.8%
Total Accounts Payable	353.40	1,663.12	-1,309.72	-78.8%
Total Current Liabilities	353.40	1,663.12	-1,309.72	-78.8%
NET CURRENT ASSETS	48,704.77	30,738.70	17,966.07	58.5%
TOTAL ASSETS LESS CURRENT LIA...	53,373.18	36,661.12	16,712.06	45.6%
NET ASSETS	53,373.18	36,661.12	16,712.06	45.6%
Capital and Reserves				
Retained Earnings	36,661.12	49,273.26	-12,612.14	-25.6%
Profit for the Year	16,712.06	-12,612.14	29,324.20	232.5%
TOTAL funds	53,373.18	36,661.12	16,712.06	45.6%

Horticultural Therapy Trust

Income and Expenditure

1st August 2023 to 31 July 2024

	Aug '23 - Jul 24	Aug '22 - Jul 23	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	234.49	85.90	148.59	173.0%
Core Project Income	1,721.80	3,946.79	-2,224.99	-56.4%
Grants and Donations	62,141.70	28,775.31	33,366.39	116.0%
Other income	0.00	1,751.00	-1,751.00	-100.0%
Total Income	64,097.99	34,559.00	29,538.99	85.5%
Gross Profit	64,097.99	34,559.00	29,538.99	85.5%
Expense				
Art Materials	195.86	63.42	132.44	208.8%
Awards and Grants Commis...	4,240.00	720.00	3,520.00	488.9%
Building material expense	362.43	1,372.04	-1,009.61	-73.6%
Depreciation Expense	1,554.00	1,973.00	-419.00	-21.2%
Garden Expense	4,275.03	4,460.06	-185.03	-4.2%
Insurance Expense	1,496.93	928.87	568.06	61.2%
Meals and Entertainment	325.35	276.73	48.62	17.6%
Miscellaneous Expense	150.77	134.15	16.62	12.4%
Office Expense				
Consumables	68.88	0.00	68.88	100.0%
Total Office Expense	68.88	0.00	68.88	100.0%
Postage and Delivery	140.40	0.00	140.40	100.0%
Printing and Reproduction	280.06	38.41	241.65	629.1%
Rent and Rates	792.72	709.76	82.96	11.7%
Repairs and Maintenance	42.00	193.79	-151.79	-78.3%
Small Tools and Equipment	0.00	780.64	-780.64	-100.0%
Telephone / Internet	303.27	299.68	3.59	1.2%
Training & Education	530.03	720.00	-189.97	-26.4%
Travel and Meetings				
Travel	684.60	819.89	-135.29	-16.5%
Total Travel and Meetings	684.60	819.89	-135.29	-16.5%
Vehicle Expense	0.00	234.00	-234.00	-100.0%
Wages	31,943.60	33,446.70	-1,503.10	-4.5%
Total Expense	47,385.93	47,171.14	214.79	0.5%
Net Ordinary Income	16,712.06	-12,612.14	29,324.20	232.5%
TOTAL Year	16,712.06	-12,612.14	29,324.20	232.5%

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by [Signature] Date: 5/12/24

Name: TRACEY ARCHMAN

Job role: SENIOR Mental Health Co-ordinator

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act).
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2024 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:



Signed

Date: 12th December 2024

Paul Keller

Trustee / Chair