



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2023

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
8 Earl's Acre
Plymouth
PL3 4HL

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: J Maskall (Chair)
K Parker
P Keller
J Kleinot

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust

8 Earl's Acre, Plymouth, PL3 4HL

Tel: 01752 659339

Email: deb@horticultural-therapy-trust.org

Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Deb Hoskin and Tonny Steenhagen

AGM, October 12th 2023

Another HTT year of many successes, while this year facing much change within HTT amongst the rise in mental health needs and cost of living crisis, affecting more people as the year has gone on, and stresses all charities face to keep going in the changing financial climate. HTT would like to greatly thank all its many funders, without whom we wouldn't be able to benefit so many people so well as feedback shows us. HTT are grateful to be going into our 12th year and with some good strengths and learnings as we develop constantly to meet growing needs. In November 2022 HTT welcomed Martha Thorne as therapeutic gardening support worker staff to join project manager Deb Hoskin for the Wednesday and Thursday 'Gardening for Growth' sessions. With Dennis Trewin retiring fully in Feb 2023. HTT would like to thank Dennis, co-founder of HTT with Deb Hoskin in July 2012, for ten years of genuine care and hard effort to co-create HTT and keep HTT thriving. Over these years HTT will have supported around 500 participants of all ages and backgrounds. HTT celebrated its 11th year in July 2023.

'Gardening for Growth' has gone from strength to strength, and has continued again additionally on Fridays, with Shareen Smith as therapeutic gardening support worker staff alongside Deb Hoskin. This past 12 months it has supported 14 new participants, alongside the longer term 16 participants, as part of the growing community at HTT allotment garden haven. Totalling 30 participants, plus five new volunteers, alongside the two volunteers Kate and Sheila who've been with us since the beginning. Two volunteers have left to prepare for further education in occupational therapy, and as a support worker, others moved on into employment, each supported by HTT to develop as they have supported participants as garden therapy volunteer support. We as always are grateful to our volunteers and Trustees. Two long term trustees, our Chair John Maskall and Kate Parker, will be stepping down at the next AGM, and two new trustees are already looking to be of help with their particular skills. HTT has been in transition this year with many changes, including increasing needs with mental health services overstretched, so we have all had to be creative while keeping our ethos at core, always listening to participants, the experts through experience, who are central to the HTT community, HTT being participant led.

HTT has become a point of crisis support more often, working alongside many more organisations such as Devon Mind, Gifted Women, ODILS, all together thirteen organisations newly, and very much still a main signposted service by Social Prescribers. This has helped HTT to maintain and grow its grassroots service to

Plymouth and the wider community, for people of varied backgrounds and cultures to come together as a community in a safe social garden space and find recoveries and healing. With two staff daily now and at least one volunteer daily we are able to meet increased needs and facilitate improved wellbeing for more participants per session, as well as running the extra day. HTT know this also lessens the load on the NHS. HTT would like to greatly thank all our various funders throughout July 22 to July 23, without whom HTT would not be able to offer what it does in such benefit to so many.

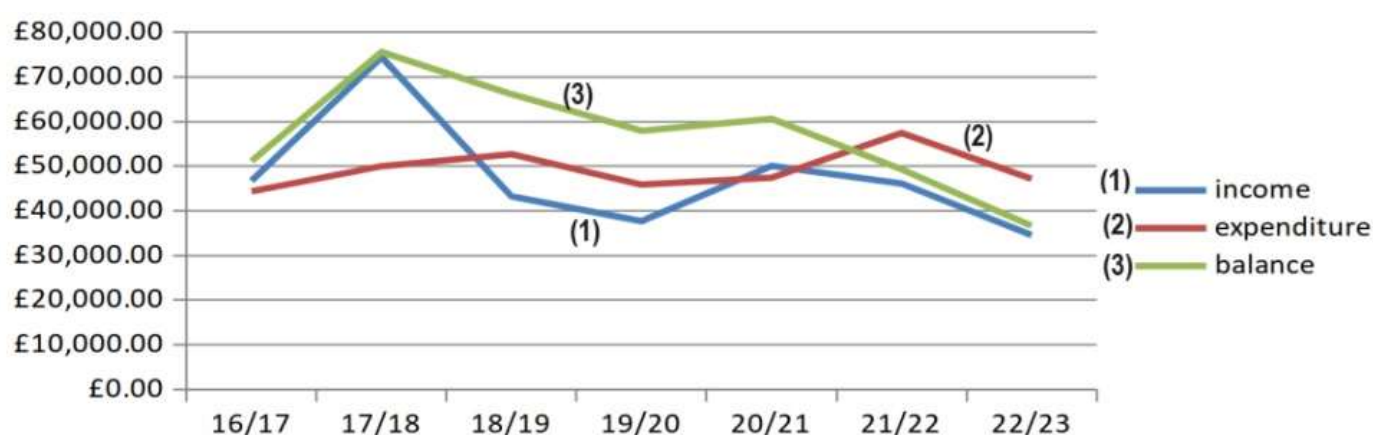
The Hands to Soil-Project of Hope, running on Tuesdays weekly particularly with asylum seekers and refugees, though any can join in the other HTT days if over 18, as have five participants. Tuesdays have supported 19 young people aged 16 to 19 years, from all over the world, e.g. Syria, Malaysia, Kuwait, Bangladesh, together and thirteen adults from Syria, Iran, Sudan, Afghanistan, Brazil. A total of 32 participants. Thank you to the National Lottery Community Fund for funding this project and towards Fridays. The staff member for this project is Angel, a refugee from El Salvador who was able to find full time employment following this role, which had been a step on the employment ladder, and has led to his independence here in the UK, while developing his skills and appreciating what he brought to sessions towards others and HTT. Another achievement in HTT's aim to support reaching potentials and learning together across the whole team from participants to trustees. With this funding HTT were able to buy resources to collect an additional 6,500 litres of water and learn together towards care of soil; with healthier soil, core to life, and water saving, we were able to grow 3 times as much food this year! Food was taken home by participants and plans for next year are to grow more food yet again, and create a cookery project with Keyham Green Places community centre (KGP), without pressure (as not beneficial to improved mental health) but with enthusiasm, learning and, sharing peer skills together. Excess food was shared with Provide Plymouth and KGP emergency food bank, through which participants have felt improved sense of worth and belonging through helping those in food poverty and in this cost of living crisis, and also receiving much needed healthy free food themselves. Also with due awareness to Climate Change resilience, all these ways are supporting much in consideration to drought and flood, degradation of soils, and also supporting mental health resilience by being able to make a difference and care for a small part of the Earth at HTT gardens. At HTT, wildlife, plants and trees are all part of the HTT community. Our session work constantly has a foundation towards creation of biodiverse areas and safeguarding local biodiversity. People, land and wildlife thriving together. It has been recognised by participants as a positive experience towards greater benefits for all sessions to have been at HTT over these four days weekly, contributing to the growing thriving community of HTT.

In May 2023 HTT also invited Blooming Well to garden an area of HTT a morning weekly, a project run by the Mustard Tree (NHS) supporting those who have cancer, and some have continued onto HTT. This will continue over the next HTT year. Also Improving Lives Plymouth continue their allotment project as part of HTT's gardens again with participation at HTT. This will continue over the next year. Total participation this year has been 74 people. Including participants of Improving Lives Plymouth and Blooming Well, has been another 32 participants, bringing the total benefiting from shared community at HTT to 106 participants.

2022-23 Accounts Statement

Like last year, this year has financially been somewhat challenging. Although total expenses have been reduced by 10K compared to last year - while maintaining the same level of staffing /wages expense - the total income for the year has also been reduced by 11.5K. As a consequence, like last year, HTT has operated this year again at a deficit: 12.5K. This is mainly due to reduced grant/donations income (-23.5%) but also core funding continues to gradually reduce and misc. income is slowly reducing too. Inevitably, this means the charity has had to rely more on its reserves. Despite this apparent 'loss' the balance sheet still looks relatively healthy for a Charity of the size of HTT - see graphic below. As a Charity HTT doesn't have to generate profits for others like shareholders. Instead it can absorb 'losses' for a few years, as long as this doesn't affect the cash flow position. As mentioned in all previous reports, there is never room to become complacent. However, from the above it should be clear that securing grants/donations will need to be given extra / continued priority next year. Congratulations to all on another successful year.

Tonny Steenhagen - Bookkeeper/Treasurer



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years. The charity has seen considerable change this year with the retirement of one of its founder members, Dennis Trewin, who will be sadly missed. Nevertheless HTT continues to make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

John Maskall (Chair)

Horticultural Therapy Trust
Transaction Detail By Account
August 2022 through July 2023

<u>Date</u>	<u>Num</u>	<u>Name</u>	<u>Amount</u>
05/08/2022	173	National Allotment ...	2,066.00
05/08/2022	174	Albert Hunts Trust	1,000.00
05/08/2022	175	Allen lane Foundation	4,000.00
05/08/2022	176	Hobson Charity	3,089.00
11/08/2022	177	Norman Family Trust	1,000.00
08/09/2022	184	Ebrington Lodge	200.00
05/10/2022	178	Woodruffe Benton ...	1,500.00
25/11/2022	180	National Lottery Co...	9,456.00
23/12/2022	181	Ashford Mak pte	100.00
23/01/2023	182	Misc. Donations	50.00
15/02/2023	186	Mr P	150.00
20/02/2023	189	Misc. Donations	67.00
20/02/2023	190	Charities Aid Found...	500.00
03/03/2023	188	Improving Lives Ply...	800.00
02/06/2023	191	Norman Family Trust	1,500.00
27/07/2023	192	Mr P	150.00
27/07/2023	193	Mr P	200.00
27/07/2023	194	Peam Trust	2,947.31
Total Grants and Donations			28,775.31
TOTAL			28,775.31

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2023

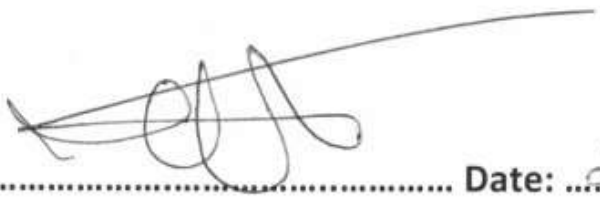
	31 Jul 23	31 Jul 22	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	3,787.80	5,049.80	-1,262.00	-25.0%
Furniture and Fixtures	1,824.80	2,432.80	-608.00	-25.0%
Vehicles	0.00	4,913.00	-4,913.00	-100.0%
Total Fixed Assets	5,612.60	12,395.60	-6,783.00	-54.7%
Other Assets				
Other Assets	309.82	412.82	-103.00	-25.0%
Total Other Assets	309.82	412.82	-103.00	-25.0%
Current Assets				
Accounts Receivable				
Jobs	462.54	883.65	-421.11	-47.7%
Total Accounts Receivable	462.54	883.65	-421.11	-47.7%
Cash at bank and in hand				
Co-operative Bank	16,636.60	26,071.57	-9,434.97	-36.2%
Petty Cash	0.00	0.22	-0.22	-100.0%
Savings	15,302.68	15,216.78	85.90	0.6%
Total Cash at bank and in hand	31,939.28	41,288.57	-9,349.29	-22.6%
Total Current Assets	32,401.82	42,172.22	-9,770.40	-23.2%
Current Liabilities				
Accounts Payable				
Accounts Payable	1,663.12	5,707.38	-4,044.26	-70.9%
Total Accounts Payable	1,663.12	5,707.38	-4,044.26	-70.9%
Total Current Liabilities	1,663.12	5,707.38	-4,044.26	-70.9%
NET CURRENT ASSETS	30,738.70	36,464.84	-5,726.14	-15.7%
TOTAL ASSETS LESS CURRENT LIA...	36,661.12	49,273.26	-12,612.14	-25.6%
NET ASSETS	36,661.12	49,273.26	-12,612.14	-25.6%
Capital and Reserves				
Retained Earnings	49,273.26	60,593.85	-11,320.59	-18.7%
Profit for the Year	-12,612.14	-11,320.59	-1,291.55	-11.4%
Total	36,661.12	49,273.26	-12,612.14	-25.6%

Horticultural Therapy Trust
Profit & Loss Prev Year Comparison
 August 2022 through July 2023

	Aug '22 - Jul 23	Aug '21 - Jul 22	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	85.90	5.01	80.89	1,614.6%
Core Project Income	3,946.79	5,902.95	-1,956.16	-33.1%
Grants and Donations	28,775.31	37,609.85	-8,834.54	-23.5%
Other income	1,751.00	2,609.00	-858.00	-32.9%
Total Income	34,559.00	46,126.81	-11,567.81	-25.1%
Gross Profit	34,559.00	46,126.81	-11,567.81	-25.1%
Expense				
Art Materials	63.42	163.12	-99.70	-61.1%
Awards and Grants Commission	720.00	4,949.10	-4,229.10	-85.5%
Building material expense				
hobson trust	0.00	3,089.07	-3,089.07	-100.0%
Building material expense - ...	1,372.04	1,147.24	224.80	19.6%
Total Building material expense	1,372.04	4,236.31	-2,864.27	-67.6%
Depreciation Expense	1,973.00	3,496.00	-1,523.00	-43.6%
Garden Expense				
willis trust	0.00	495.24	-495.24	-100.0%
Garden Expense - Other	4,460.06	1,480.53	2,979.53	201.3%
Total Garden Expense	4,460.06	1,975.77	2,484.29	125.7%
Insurance Expense	928.87	1,670.09	-741.22	-44.4%
Meals and Entertainment	276.73	241.40	35.33	14.6%
Miscellaneous Expense	134.15	187.74	-53.59	-28.5%
Office Expense				
Advertising	0.00	253.02	-253.02	-100.0%
Cleaning	0.00	32.23	-32.23	-100.0%
Consumables	0.00	59.96	-59.96	-100.0%
Total Office Expense	0.00	345.21	-345.21	-100.0%
Postage and Delivery	0.00	31.01	-31.01	-100.0%
Printing and Reproduction	38.41	178.09	-139.68	-78.4%
Rent and Rates	709.76	674.80	34.96	5.2%
Repairs and Maintenance	193.79	661.94	-468.15	-70.7%
Small Tools and Equipment	780.64	202.11	578.53	286.3%
Telephone / Internet	299.68	396.57	-96.89	-24.4%
Training & Education	720.00	983.24	-263.24	-26.8%
Travel and Meetings				
Travel	819.89	1,057.14	-237.25	-22.4%
Total Travel and Meetings	819.89	1,057.14	-237.25	-22.4%
Vehicle Expense	234.00	113.05	120.95	107.0%
Wages	33,446.70	35,884.71	-2,438.01	-6.8%
Total Expense	47,171.14	57,447.40	-10,276.26	-17.9%
Net Ordinary Income	-12,612.14	-11,320.59	-1,291.55	-11.4%
Total	-12,612.14	-11,320.59	-1,291.55	-11.4%

NordVPN Connected
14.0%

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 26/10/23

Name: TRACEY ARCHMAN

Job role: FORMER CARE MANAGER + FINANCE OFFICER

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act).
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2023 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

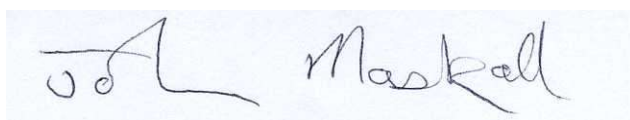
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed

A handwritten signature in blue ink, appearing to read 'J Maskall', is shown next to the 'Signed' label.

Date: 12th October 2023

John Maskall

Trustee / Chair