



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2022

CONTENTS

Legal and administrative information	3-4
Chair's annual report	5-7
Statement of financial activities	8
Summary of Grants and Donations	9
Statement of assets and liabilities (Balance sheet)	10
Income & expenditure	11
Independent examiners report	12
Acceptance of annual report and accounts	13

Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
52 Sefton Avenue
Plymouth
PL4 7QH

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: J Maskall (Chair)

K Parker

P Keller

Secretary: D Trewin

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust
52 Sefton Avenue, Plymouth, PL4 7QH
Tel: 01752 823311
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Deb Hoskin,
Dennis Trewin and Tonny Steenhagen

AGM, November 4th 2022

Adult mental health wellbeing improvement project

This past year has been a very positive one for HTT with the numbers of participants remaining largely static. Some who had stayed away during the pandemic have slowly returned and there have been some new people, many who have been signposted to us by the social prescribers throughout the city. There have also been a few that have attended as extra days to the refugee and Ukrainian projects that have been running separately on a Tuesday, promoting community inclusion and belonging. This has been good for the regular, long-standing participants as they have been able to meet and socialise with a wider circle of people.

The weather has been very challenging with very high temperatures and strong sun but the Gazebos donated to us a few years ago by the Pearn Trust have proven to be very useful in giving the much needed shade. A woodworking shed made by another HTT project, 'Garden and grow together', funded by the Awards for All, National Lottery Community Fund, has been proving popular as a secondary shelter for people to sit in. The plants were suffering from drought due to the lack of rainfall but we were able to keep them all alive. Most of the produce was taken by the participants and some surpluses given to local food banks, including HTT newly supporting Provide Plymouth's crisis work.

Two major projects needed to repair the infrastructure of the ageing site were successfully undertaken. Sue Kellam from Totnes had kindly donated a grant to allow us to replace the polytunnel skin which had been badly damaged by the local wildlife. We had assistance in putting on the skin from a neighbouring project Crop Gardens. A large net was put around it to protect it from jumping foxes and seagull feet.

Some of the native trees that were being grown by participants in a small tree nursery have been transplanted with pride, with the Councils permission, along the new cycle track just outside the allotment area. They will make a welcome addition to the newly landscaped area which was a bit bare.

The wooden terraces were falling apart causing possible hazards around the site and the wood needed to be replaced. The Hobson Charity came to our rescue and pledged the funding for the terraced areas to be renewed and the soil/compost was funded to help to back fill. This should all last at least another 10 years.

Shareen was able to continue to be employed on Fridays on the allotment as a supervisor because we had the funding to do so. Hopefully this will be ongoing if we can get sufficient for the future. Shareen also volunteers one day a week along with Sheila and Kate (trustee) who also covers for sickness and holidays if

needed. HTT have three other volunteers, two of whom were signposted by the Jobcentre for our support, one of whom has now found employment .

The trustees decided that the work car should be sold close to its MOT as a driver in the coming year would not be there to make use of it. Instead it was agreed to use the funds from the sale for volunteer driver expenses to transport any participants that find it difficult to get to the project.

Finally, Dennis who has been with the Charity since its inception gave 12 months notice as he is retiring due to ill health. Not a decision that was taken lightly but inevitable due to the nature of his illness. He will also be stepping down as secretary at the next AGM.

Outreach garden maintenance project.

This project was originally set up to take those participants who needed a bit more than just the allotment project to challenge them and involved working outside in the Community in sheltered housing and in a gated community, looking after the flower beds . Sadly this had to come to an end in January due to the health problems of Dennis who was unable to carry out the work whilst on ambulatory oxygen. Up until then it had been going well kindly supported by the voluntary work of Kate Parker (trustee). Everyone was sorry to see the project end but it was unavoidable. The participants have joined the Friday allotment core project.

Garden and Grow Together project

This project managed by Deb Hoskin ran with gratitude to the Awards for All, National Lottery Community grant, which funded both Tuesdays and Fridays running costs as well as resources to build the Woodworking Shelter and woodworking tools. Also with wonderful support through funding for additional resources by the Royal Horticultural Society's new Connecting Communities Fund. This project supported 63 participants in total, which was far more than its initial aims, and far surpassed the benefits aimed for, to such a degree that HTT have put applications through for 2022/23 and also hope to continue this worthwhile project in the long-term. The project was in two sessions weekly. Tuesdays supporting 16 to 19 year old asylum seekers and refugees, who were from various countries and cultures around the world, including Syria (Kurdish and Arabic), Iran, Thailand, Angola, Brazil, Kuwait, Eritrea, and Sudan. The need following Covid for this project had been recognised. There were 19 participants who all took part in building the Woodworking Shelter with the kind and much appreciated volunteering of Dan a skilled carpenter, through design and construction. Dan also taught carpentry through each creating small personal pieces of woodwork. The young people all had opportunity to learn and develop skills in Woodwork as well as gardening, and three are going into College education to learn carpentry. City College Plymouth was crucial in signposting participants to us and supporting learning. Many were from rural backgrounds, so this quickly became a familiar safe space, and indeed for all brought joy and moments of peacefulness. Some came from areas where nearly all their own foods were grown in small local communities and so ideas, skills etc. were shared. The extreme temperatures and drought experienced brought learning to staff and consideration to ways in which other cultures more used to such temperatures deal with this, as well as the

changing climate, we certainly all grew in knowledge together. Mostly this project supported belonging and social/friendship for those who had to flee their own homes and newly arrived in Plymouth. The project then took a turn in ways unplanned with the Ukrainian situation arising and Ukrainians arriving in Plymouth, so 'Welcome Garden' sessions for adults and families were started at HTT on Tuesday evenings by staff who wanted to offer something, a safe, hopefully familiar garden space, to meet with other Ukrainians on arrival, some also were 16 to 19 year olds who joined in the young people's project. This then developed into sessions being open to all the adult refugee community, through HTT having by now built good working relationships with START (Students and Refugees Together) especially, and along with other agencies to signpost our way and vice versa towards greater benefit.

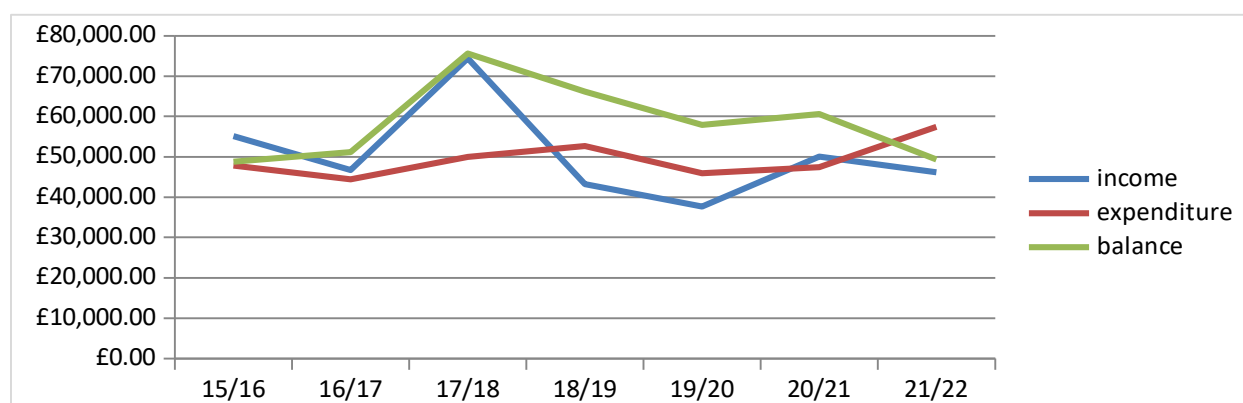
Staff sickness meant that HTT re-welcomed Teresa, a past volunteer, who covered as staff for 2 months and then newly welcoming and thanking Holly, who worked from June on this project on Tuesdays. Shareen runs sessions with Deb on a Friday, also with Kate's kind volunteering.

Friday sessions are for adults who experience isolation and although these sessions have always been inclusive, these sessions have been British participants in the main, but now started through the Tuesday project and growing connections, to support more and more refugees and asylum seekers. Now the Wednesday and Thursday sessions also have begun to be attended by more participants from more varied backgrounds. The sense of belonging which is a foundational aspect of what HTT supports for those who experience isolation and at times stigma due to mental ill health, now supports this for more people often newly arriving from worldwide, and everyone's sense of community is widening.

2021-22 Accounts Statement

It looks like this 1st year post-Covid has been a bit of a 'transition year' financially. Income has reduced somewhat but some expenses have gone up - see below. As a result HTT has operated this year at a deficit of just over 11K (or, more realistically: 8K - see # below). This is roughly comparable to the years 2018/19 and 2019/20. However, during those years the balance sheet start position was more positive. This year the balance sheet still looks relatively healthy for a Charity of the size of HTT - see graphic below - and ended at 2015/16 level. Grants and donations - about 37.5K - have dropped by 9.7% compared to last year. Core project income (funded participants) has slightly decreased by 11.11% this year. At just under 6K this is still fairly stable. 'Other income' has however increased by 24.4% to just over 2.5K. Compared to last year expenditure has increased by 21.2.9%. A few remarks: - Building materials expenses were just over 4K. This is because work has been done to stabilise the terraces. Most of these expenses is labelled as 'Hobson Trust'. The funds for these expenses were kindly received in the new tax year - on August 8th - in the form of a restricted Grant , so are not included in this financial year. This skews the overall result of this year by 3K. # - Wages were up by 4.5K. Some changes in staffing will happen next year. During the last year some extra part-time staff have been employed to prepare for this. As mentioned in all previous reports, there is never room to become complacent; it is clear securing grants/donations needs to be given extra priority next year. Congratulations to all on another successful year.

Tonny Steenhagen (Bookkeeper/ Treasurer)



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years despite another year of the COVID 19 epidemic. Although we are a small charity we make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

John Maskall (Chair)

Horticultural Therapy Trust Transaction Detail By Account August 2021 through July 2022

Type	Date	Num	Name	Amount
Grants and Donations				
Sales Receipt	05/08/2021	157	devon County Council	1,000.00
Sales Receipt	13/09/2021	158	Norman Family Trust	1,000.00
Sales Receipt	17/09/2021	160	national lottery community fund	9,988.00
Sales Receipt	23/09/2021	159	wills charitable trust	500.00
Sales Receipt	24/11/2021	161	devon County Council	2,000.00
Sales Receipt	03/12/2021	162	S K	5,000.00
Sales Receipt	03/12/2021	163	D'Oyly Carte Charitable Trust	4,000.00
Sales Receipt	23/12/2021	164	ashford mak pte	100.00
Sales Receipt	11/01/2022	169	pidgeon	150.00
Sales Receipt	24/01/2022	165	royal horticultural society	2,880.00
Sales Receipt	02/02/2022	168	Albert Cassanova Trust	750.00
Sales Receipt	11/02/2022	166	devon County Council	1,000.00
Sales Receipt	18/02/2022	167	devon County Council	1,151.85
Sales Receipt	11/03/2022	170	Garfield Weston Foundation	5,000.00
Sales Receipt	27/04/2022	171	The Livewell Foundation	1,000.00
Sales Receipt	30/06/2022	172	Elmgrant Trust	2,090.00
Total Grants and Donations				37,609.85
TOTAL				37,609.85

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2022

	31 Jul 22	31 Jul 21	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	5,049.80	4,984.55	65.25	1.3%
Furniture and Fixtures	2,432.80	3,242.80	-810.00	-25.0%
Vehicles	4,913.00	5,780.00	-867.00	-15.0%
Total Fixed Assets	12,395.60	14,007.35	-1,611.75	-11.5%
Other Assets				
Other Assets	412.82	549.82	-137.00	-24.9%
Total Other Assets	412.82	549.82	-137.00	-24.9%
Current Assets				
Accounts Receivable				
Jobs	883.65	2,345.00	-1,461.35	-62.3%
Total Accounts Receivable	883.65	2,345.00	-1,461.35	-62.3%
Cash at bank and in hand				
Co-operative Bank	26,071.57	30,501.96	-4,430.39	-14.5%
Petty Cash	0.22	0.22	0.00	0.0%
Savings	15,216.78	15,211.77	5.01	0.0%
Total Cash at bank and in hand	41,288.57	45,713.95	-4,425.38	-9.7%
Total Current Assets	42,172.22	48,058.95	-5,886.73	-12.3%
Current Liabilities				
Accounts Payable				
Accounts Payable	5,707.38	2,022.27	3,685.11	182.2%
Total Accounts Payable	5,707.38	2,022.27	3,685.11	182.2%
Total Current Liabilities	5,707.38	2,022.27	3,685.11	182.2%
NET CURRENT ASSETS	36,464.84	46,036.68	-9,571.84	-20.8%
TOTAL ASSETS LESS CURRENT LIA...	49,273.26	60,593.85	-11,320.59	-18.7%
NET ASSETS	49,273.26	60,593.85	-11,320.59	-18.7%
Capital and Reserves				
Retained Earnings	60,593.85	57,940.84	2,653.01	4.6%
Profit for the Year	-11,320.59	2,653.01	-13,973.60	-526.7%
Total funds	49,273.26	60,593.85	-11,320.59	-18.7%

Horticultural Therapy Trust
Profit & Loss Prev Year Comparison
August 2021 through July 2022

	Aug '21 - Jul 22	Aug '20 - Jul 21	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	5.01	17.80	-12.79	-71.9%
Core Project Income	5,902.95	6,640.00	-737.05	-11.1%
Grants and Donations	37,609.85	41,312.88	-3,703.03	-9.0%
Other income	2,609.00	2,097.80	511.20	24.4%
Total Income	46,126.81	50,068.48	-3,941.67	-7.9%
Gross Profit	46,126.81	50,068.48	-3,941.67	-7.9%
Expense				
Art Materials	163.12	52.00	111.12	213.7%
Awards and Grants Commission	4,949.10	2,880.00	2,069.10	71.8%
Building material expense				
hobson trust	3,089.07	0.00	3,089.07	100.0%
Building material expense - ...	1,147.24	446.45	700.79	157.0%
Total Building material expense	4,236.31	446.45	3,789.86	848.9%
Depreciation Expense	3,496.00	4,393.50	-897.50	-20.4%
Garden Expense				
wills trust	495.24	0.00	495.24	100.0%
Garden Expense - Other	1,480.53	2,074.90	-594.37	-28.7%
Total Garden Expense	1,975.77	2,074.90	-99.13	-4.8%
Insurance Expense	1,670.09	1,623.39	46.70	2.9%
Meals and Entertainment	241.40	137.53	103.87	75.5%
Miscellaneous Expense	187.74	135.96	51.78	38.1%
Office Expense				
Advertising	253.02	5.94	247.08	4,159.6%
Cleaning	32.23	0.00	32.23	100.0%
Consumables	59.96	88.94	-28.98	-32.6%
Stationery	0.00	3.20	-3.20	-100.0%
Total Office Expense	345.21	98.08	247.13	252.0%
Postage and Delivery	31.01	16.18	14.83	91.7%
Printing and Reproduction	178.09	188.12	-10.03	-5.3%
Rent and Rates	674.80	666.75	8.05	1.2%
Repairs and Maintenance	661.94	42.00	619.94	1,476.1%
Small Tools and Equipment	202.11	1,514.91	-1,312.80	-86.7%
Telephone / Internet	396.57	458.36	-61.79	-13.5%
Training & Education	983.24	660.60	322.64	48.8%
Travel and Meetings				
Conference, Meetings	0.00	10.14	-10.14	-100.0%
Travel	1,057.14	502.40	554.74	110.4%
Total Travel and Meetings	1,057.14	512.54	544.60	106.3%
Vehicle Expense	113.05	176.15	-63.10	-35.8%
Wages	35,884.71	31,338.05	4,546.66	14.5%
Total Expense	57,447.40	47,415.47	10,031.93	21.2%
Net Ordinary Income	-11,320.59	2,653.01	-13,973.60	-526.7%
Profit for the Year	-11,320.59	2,653.01	-13,973.60	-526.7%

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 14/11/2022

Name: TRACEY ARCHMAN

Job role: FORMER Centre Manager + Finance OFFICER

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act).
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2022 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

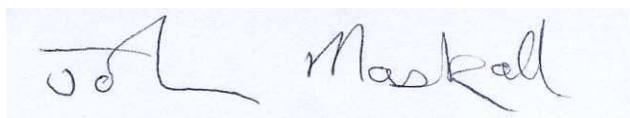
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed

A handwritten signature in blue ink, appearing to read 'J Maskall', is shown on a light blue background.

Date: 26th November 2022

John Maskall

Trustee / Chair