



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2021

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
52 Sefton Avenue
Plymouth
PL4 7QH

Website: <http://www.horticultural-therapy-trust.org/>

Trustee's: P Keller (Chairman)
K Parker
J Brown
J Maskall

Secretary: D Trewin

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust
52 Sefton Avenue, Plymouth, PL4 7QH
Tel: 01752 823311
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification

What

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chairman's Annual Report

With contributions from Deb Hoskin,
Dennis Trewin and Tonny Steenhagen

AGM, October 15th 2021

Held on Zoom 6.30pm

Core Allotment Report

We had another rather disruptive year with COVID 19 causing another circuit breaker for 2 weeks and then a further lock-down in the winter until April. HTT did however soldier on providing the necessary support for those in need. It meant one member of Staff down again for a good few months and Deb Hoskin was keeping it all going with the added assistance of Shareen Smith who was one of our volunteers for years. She was employed to make up for the loss of Dennis who was shielding and to give support for one half day a week on a Friday. Together with additional voluntary support from others this helped immensely with some of the workload. Additional separate funding from grants from the National Lottery Community Fund and Devon Community Foundation had been sought and gratefully received for the costs for Shareen's new role as staff and The Livewell Foundation gave a grant towards this.

Overall hours of participants were up. Back to pre-COVID levels even though some regular participants have still not returned fully. We had a total of 3800 hours of participation plus 1300 volunteered hours with 28 regular beneficiaries 12 volunteers who come and go at different times. Participants continue to feedback that HTT has been their main support to maintain enough wellness during the ongoing COVID crisis, though it has been good with lifting of restrictions to have been able to meet with family and friends now and activities newly begun again with other agencies. HTT has continued to be a life saver for some.

The lifting of restrictions also saw the return of Active for All. A small group run by Improving Lives Plymouth who have an adjoining plot. This is also of benefit to both projects as the contacts that they have given great assistance to some of the HTT participants who have issues getting their P.I.P payments etc. from the government, and also help with fear of vaccines and housing issues. With safe distancing both group are able to interact at outdoor break times so this provides additional social opportunities.

The Gazebos that we purchased from the grant given by the Pearn Trust were of huge value providing outdoor shelter from both rain and sun during the year and they helped to give COVID safe spaces in the outdoors.

Training. There were 2 people that were given Safeguarding training Shareen and a volunteer in addition to Deb and Dennis who already have theirs. This ensures that all staff are fully up to date. Shareen also embarked on Eco therapy 2 year diploma course which will greatly benefit us in the long run.

Fridays as an additional day at HTT for the adult well-being improvement sessions has continued to be funded through many different avenues, including a National Lottery Community Fund and many various Trusts, this has provided for new participants and volunteers and also additional days for those who need.

The car that was a good servant for the project was wearing out after 8 years and a replacement second-hand car was needed, an MPV was what we wished for. This was kindly funded single handed by Mr. R. Creed a retired solicitor who lives in London who generously made enough available to get a fairly newish one.

On a less positive note. HTT was victim to a long spate of burglaries where a group or individual rifled through our tools and equipment and took anything of value such as spanners and boxes of screws etc. About 9 times this occurred when they even took the toilet rolls and tea and coffee. The Cabin was also broken into. Cameras were employed but there was insufficient clarity for a positive identification. A power tool was taken, and crowd funding set up by a volunteer raised enough for that one to be replaced. These incidents have ended now, and a new security lock has been put on the allotment entrance gate. The police are aware and were very helpful, especially the PCO's. All power tools are now stored off site so nothing of great value can be stolen.

We have entered this year again into the RHS in your neighbourhood awards. As this report has been written after the results it can be stated that we have received a Special Award and our usual Outstanding.

The Facebook page remains a good tool used regularly to update participants that are still a bit wary of returning or who are not well at the time. It has been inspiring to others to see what is possible and has, feedback has shown, promoted the potential of being able to run support sessions safely outdoors. HTT has been in fact contacted by other agencies for help and advice as to how to do this safely because we have run throughout Lock-downs and remained safe. HTT have maintained distance and sanitisation throughout as a safe measure, and this has helped participants to keep safe outside of HTT with the fluctuations in COVID and restrictions. It has also promoted care and responsibility towards each other and a feel of being part of a team, which is core to HTT's values, while being able to socialise and belong within a community.

The Friday Outreach Maintenance Project

This project has also suffered from the lock-downs, due to Dennis having to shield, none of the gardens that we maintain could be worked on during the spring. It has been an uphill struggle to get back to where we are. Kate Parker one of our trustees has supported by volunteering each Friday and we are getting there now thanks to her assistance. The Millfields was entered for the business award section of the south West in Bloom and we were awarded a Silver Gilt.

This award is a great boost for the participants who have assisted with the gardens and it helps their confidence.

Everyone was very patient and understanding during the lock-downs and we are very much appreciated. The funding generated helps overall. Our plan is to continue this as long as it is needed and beneficial to the participants.

Annual Report 2020/2021, Dennis Trewin, Project Manager, HTT

Plymouth Foyer; Creative Natures project and Counselling Service

The Creative Natures project which had begun in the previous HTT year 2019 -2020, and had to stop during Lock-down in March 2019, began again in July 2020 and continued up until December 2020. From July to October sessions began again outside only and the Foyer set up a gazebo in the outdoors area, we offered gardening, photography and Art opportunities to residents aged 16 to 21 years. The project was attended by 13 residents overall, a high level of attendance for this group. One said 'This is what we need, we all have trauma and mental health problems, we need to be creative, that's what helps!' Deb Hoskin oversaw the very much participant led project as HTT staff in partnership with Tom of Free Radical Creations, funded through POP Plymouth by Esme Fairbairn Trust. Staff at The Foyer were greatly helped by HTT to find their way to begin to again offer face to face support to residents through the experience and advice of Deb. As residents had begun to fall back into self-destructive behaviours due to the isolation of COVID, this project facilitated finding their way forward and engagement with staff, through creativity and social opportunity, safe space to talk, supporting hope and motivation. Later with the cold weather we began to run safely indoors through tie dye and other art sessions, as well as planting pots for rooms etc., and also finally making Christmas presents from plant materials and also cards. The project was very successful.

Due to the recognition that the effects of COVID lock-downs and fears etc. had effected worsening of mental ill health for some residents and one of the best outcomes of the Creative Natures was space to talk together and discuss emotions, fears, and ways forward. There was a greatest need than staff could support, as other agencies are also finding, though staff at the Foyer offer good all round support for residents. So after conversations with management at The Foyer and as Deb Hoskin is a qualified counsellor, HTT decided to offer a counselling service similar to that run at Devonport House, Salvation Army, for the last 4 years.

An application was put to Llvewest, who run Plymouth Foyer and this was granted for a 12 month period. Deb Hoskin runs 4 hours weekly of sessions on Wednesday and Thursday evenings, so far this service has facilitated 11 residents to move forward from traumatic pasts towards better views of themselves and life and into better futures. Some have been signposted to various other helpful agencies. This service continues into 2021/22. Evidence is being gathered to help young people's voices and to help commissioners understand more local young people's needs at this time. It is hoped that such services may be provided in other Foyers. Evidence showed that two thirds of session were attended, a high percentage in this group, and of various recognisable benefits being due to this service, evaluated by feedback from clients.

Devonport House at HTT Allotment Gardens

Sessions have been erratic since March beginning again in late June due to COVID restrictions within Devonport House. However like Plymouth Foyer, residents of Devonport house had become more negatively affected mental health wise and self-sabotaging behaviours since isolation during COVID, this meant that there was a low engagement at HTT. However the few that participated with funding from Drake Foundation, Devon Community Foundation, have been supported to move forward each moving into their own accommodation. One with new skills for their own garden.

One participant continued at HTT three days a week, and is finding long term recoveries and moved into their own accommodation. Without HTT this participant said this would never have happened and they likely would not have lived.

Plymouth City College ESOL group at HTT allotment gardens

A pilot project (later running into 2021/22 with National Lottery Community Funding applied for in July) with ESOL students aged 16 to 19. Young refugee and asylum seekers, studying English and Maths at college from various countries, home cultures and spoken languages, who attend with their Tutor as a way to facilitate a sense of belonging in community, enjoys are space to build friendships together, time away from daily pressures and trauma, space to contemplate and be, and learn new skills or share and develop their skills. Sessions are based on gardening, food growing and flowers, also a Forest Garden as a new skill. Dan Stroud a HTT volunteer is a fully skilled carpenter is providing informal training in woodwork. Part of this project is to build a Woodworking Shelter for outdoor use by all HTT participants. Helpful during these COVID times of needing to be socially distanced and outdoors only. Shareen Smith is employed as a Supervisor in Training for this project as well as the Friday sessions. She is bringing her ECP Therapy training also. The hope is for this to be a long term project with the college who link HTT to the young people. Some are also at Plymouth Foyer and so the crossover of session HTT provides at grass roots locally is helpful to building relationships and supporting positive change. HTT hope to showcase in Plymouth ways to support belonging within the wider community of the city with the refugee and asylum seeker community. HTT are also hoping to form networking with other refugee support agencies such as START Plymouth.

Annual Report 2020/2021, Deb Hoskin, Project Manager, HTT

2020-21 Accounts Statement

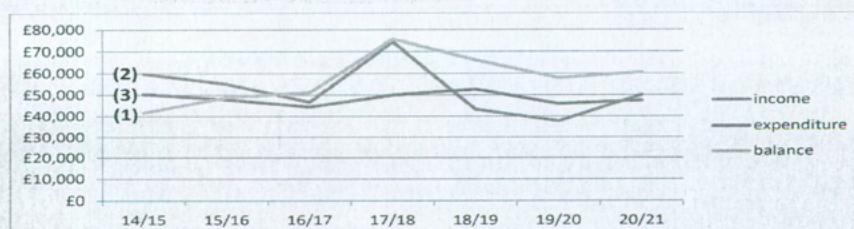
For the second year HTT has been operating during the COVID pandemic. HTT has been remarkably stable financially and we can report a small 'profits' of £2.6K, reversing the trend from last year. This is once again - given the situation - a good result, for 2 reasons: 1 - HTT again continued to offer scaled back services throughout the pandemic and 2 - The Balance sheet continues to look healthy for a Charity of the size of HTT - see graphic below, which shows a 4.6% increase to 60.6K. Grants and donations have increased 54.7% compared to last year, but this includes a ring-fenced donation of 7K for a new vehicle which has replaced the old one; the old one has now been written off.

Core project income has again decreased - by 25.1% this year. This now appears to be a trend: funded participants leaving but not being replaced by new ones. This is an area that needs attention.

On the up side 'other income' has increased by 5.2%.

Compared to last year expenditure has seen a small increase of 3.4% - this excludes the purchase of a new vehicle which shows up on the balance sheet. As mentioned in previous reports, there is never room to become complacent; securing grants/donations continues to be an ongoing concern.

Congratulations to all on another successful year - especially given the challenge of working once again during the COVID pandemic!



Above is an overview of income/expenditure/balance for the last 7 years which shows a healthy position.

If you are seeing the graph in black and white please note that the lines are (1) balance (2) Income and (3) expenditure.

Tonny Steenhagen (Bookkeeper/ Treasurer)

Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years despite another year of the COVID 19 epidemic.

Although we are a small charity we make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

Paul Keller (Chair)

Horticultural Therapy Trust
Transaction Detail by Account
 August 2020 through July 2021

Summary of Grants and Donations

Date	No.	Name	Type	Amount
01/08/2020	136	National lottery community fund	Restricted	9,564.00
10/08/2020	137	Valerie Ayton Trust	Restricted	1,000.00
09/09/2020	138	MA / MPC's dad	Unrestricted	125.00
28/09/2020	139	Devon Community Foundation	Restricted	2,500.00
01/10/2020	140	The social change / P.O.P.	Restricted	250.00
09/10/2020	141	Pearn trust	Restricted	2,144.68
12/10/2020	142	Richard Creed / CAF	Restricted	7,000.00
21/10/2020	143	David Gibbons Trust	Restricted	1,000.00
06/11/2020	144	Claire Milne Trust	Restricted	8,000.00
09/11/2020	145	Misc. Donations	Unrestricted	75.00
16/11/2020	146	Paypal	Unrestricted	0.01
17/11/2020	147	Misc. Donations	Unrestricted	50.00
07/01/2021	148	Paypal	Unrestricted	358.82
13/01/2021	149	The Livewell Foundation	Restricted	1,500.00
18/01/2021	150	S K	Restricted	5,000.00
08/02/2021	151	Misc. Donations	Unrestricted	100.00
15/03/2021	152	Misc. Donations Ebrington Lodge	Unrestricted	50.00
24/03/2021	154	Creative Connected	Restricted	500.00
17/05/2021	155	Paypal	Unrestricted	95.37
19/05/2021	156	Woodruffe Benton Foundation	Restricted	1,000.00
24/05/2021	153	Devon County Council	Restricted	1,000.00

Total Grants and Donations

£41,312.88

Horticultural Therapy Trust

Statement of Assets and Liabilities

at 31 July 2021

	31 Jul 21	31 Jul 20	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	4,984.55	6,646.55	-1,662.00	-25.0%
Furniture and Fixtures	3,242.80	2,417.00	825.80	34.2%
Vehicles	5,780.00	446.50	5,333.50	1,194.5%
Total Fixed Assets	14,007.35	9,510.05	4,497.30	47.3%
Other Assets				
Other Assets	549.82	733.82	-184.00	-25.1%
Total Other Assets	549.82	733.82	-184.00	-25.1%
Current Assets				
Accounts Receivable				
Jobs	2,345.00	630.00	1,715.00	272.2%
Total Accounts Receivable	2,345.00	630.00	1,715.00	272.2%
Cash at bank and in hand				
Co-operative Bank	30,501.96	32,337.54	-1,835.58	-5.7%
Petty Cash	0.22	0.22	0.00	0.0%
Savings	15,211.77	15,193.97	17.80	0.1%
Total Cash at bank and in hand	45,713.95	47,531.73	-1,817.78	-3.8%
Total Current Assets	48,058.95	48,161.73	-102.78	-0.2%
Current Liabilities				
Accounts Payable				
Accounts Payable	2,022.27	464.76	1,557.51	335.1%
Total Accounts Payable	2,022.27	464.76	1,557.51	335.1%
Total Current Liabilities	2,022.27	464.76	1,557.51	335.1%
NET CURRENT ASSETS	46,036.68	47,696.97	-1,660.29	-3.5%
TOTAL ASSETS LESS CURRENT LIA...	60,593.85	57,940.84	2,653.01	4.6%
NET ASSETS	60,593.85	57,940.84	2,653.01	4.6%
Capital and Reserves				
Retained Earnings	57,940.84	66,132.44	-8,191.60	-12.4%
Profit for the Year	2,653.01	-8,191.60	10,844.61	132.4%
TOTAL funds	60,593.85	57,940.84	2,653.01	4.6%

Horticultural Therapy Trust

Income and Expenditure

1st August 2020 to 31 July 2021

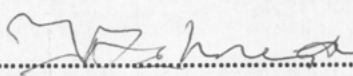
	Aug '20 - Jul 21	Aug '19 - Jul 20	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	17.80	113.30	-95.50	-84.3%
Core Project Income	6,640.00	8,870.00	-2,230.00	-25.1%
Grants and Donations	41,312.88	26,710.52	14,602.36	54.7%
* Other income	2,097.80	1,994.87	102.93	5.2%
Total Income	50,068.48	37,688.69	12,379.79	32.9%
Gross Profit	50,068.48	37,688.69	12,379.79	32.9%
Expense				
Art Materials	52.00	61.46	-9.46	-15.4%
Awards and Grants Commis...	2,880.00	2,340.00	540.00	23.1%
Building material expense	446.45	202.90	243.55	120.0%
Depreciation Expense	4,393.50	3,710.50	683.00	18.4%
Garden Expense	2,074.90	1,619.69	455.21	28.1%
Heating & Light	0.00	20.50	-20.50	-100.0%
Insurance Expense	1,623.39	1,344.43	278.96	20.8%
Meals and Entertainment	137.53	222.68	-85.15	-38.2%
Miscellaneous Expense	135.96	320.73	-184.77	-57.6%
Office Expense				
Advertising	5.94	0.00	5.94	100.0%
Cleaning	0.00	16.28	-16.28	-100.0%
Consumables	88.94	58.48	30.48	52.1%
Stationery	3.20	50.58	-47.38	-93.7%
Total Office Expense	98.08	125.32	-27.24	-21.7%
Postage and Delivery	16.18	21.07	-4.89	-23.2%
Printing and Reproduction	188.12	296.93	-108.81	-36.7%
Rent and Rates	666.75	558.80	107.95	19.3%
Repairs and Maintenance	42.00	3,543.20	-3,501.20	-98.8%
Small Tools and Equipment	1,514.91	139.06	1,375.85	989.4%
Telephone / Internet	458.36	411.91	46.45	11.3%
Training & Education	660.60	1,537.08	-876.48	-57.0%
Travel and Meetings				
Conference, Meetings	10.14	47.50	-37.36	-78.7%
Travel	502.40	1,213.75	-711.35	-58.6%
Total Travel and Meetings	512.54	1,261.25	-748.71	-59.4%
Vehicle Expense	176.15	850.16	-674.01	-79.3%
Wages	31,338.05	27,292.62	4,045.43	14.8%
Total Expense	47,415.47	45,880.29	1,535.18	3.4%
Net Ordinary Income	2,653.01	-8,191.60	10,844.61	132.4%
Profit for the Year	2,653.01	-8,191.60	10,844.61	132.4%

Notes

* School and/or work contracts

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 22.12.2021

Name: TRACEY ARCHMAN
.....

Job role: FORMER CENTRE MANAGER + FINANCE OFFICER
.....

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act.
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2021 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed *Paul Keller* Date:8th December 2021.....

Paul Keller

Trustee / Chair