

HORTICULTURAL THERAPY TRUST

England & Wales · Charity number 1147927

Details

Status Registered

Legal form Trust

Registered 2012-07-03

Register [View on the Charity Commission register](#)

Contact

Address 23 Bayswater Road
Plymouth
PL1 5BU

Phone 07507 675344

Email deb@horticultural-therapy-trust.org

Website <http://horticultural-therapy-trust.org/>

Activities

Objects: THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL. TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Activities: Working to support the wellbeing of individuals suffering depression or anxiety or recovering from physical illness, carers who need respite, those who need support towards confidence, self esteem, time away from pressures, development of vocational skills and any other person who might benefit from horticultural therapy. A safe, empathic, calm, nurturing, enjoyable and empowering environment

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Environment/conservation/heritage
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Devon
- Plymouth City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£73,112	£75,879	-	-
2024-07-31	£64,098	£47,386	-	-
2023-07-31	£34,559	£47,171	-	-
2022-07-31	£46,127	£57,447	-	-
2021-07-31	£50,068	£47,415	-	-

Trustees

Name	Role	Appointed
PAUL ANDREW KELLER	Chair	2012-06-15
Charlotte Darke		2023-10-12
Christopher Steer		2025-09-24
Dr Jackie Klleinot		2022-07-01
Steven Telford		2025-09-24

HORTICULTURAL THERAPY TRUST

England & Wales - Charity number 1147927

Accounts



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2025

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: 23 Bayswater Road
PLYMOUTH
PL1 5BU

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: P Keller (Chair)
C Darke
J Kleinot

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

23 BAYSWATER ROAD

PLYMOUTH

PL1 5BU

Tel: 01752 659339

Email: deb@horticultural-therapy-trust.org

Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report August 2024 to July 2025

Also with contributions from project managers, staff and our bookkeeper

AGM held at the Sustainability Hub 4pm on 20th November 2025

Introduction

This year Horticultural Therapy Trust has brought together four staff to create a brilliant new team, built upon peer mentoring and peer skills share with empathy and congruence at core, in the same way as HTT provides its service with wellbeing of people, biodiversity and land at heart.

We have four staff; two Project Managers, one Charity Project Support Officer, and one Therapeutic Support Worker in both a sessional and woodworking role. Roles are evolving and redefining themselves according to the growing need of our service (there is a recognised national rise in numbers of people experiencing moderate to severe mental health issues). We may employ another member of staff through creation of an operational role in autumn 2025, due to Reaching Communities funding from the National Lottery Community Fund. This funding has also greatly helped along with other kind funding bodies such as Postcode Local Trust, Allen Lane Trust, Claire Milne Trust, Pearn Charitable Trust, Awards for All -National Lottery Community Fund, to make this growth of our team and many additional sessions hours, supporting more local people, possible. Growing what we do and helping us to learn and develop better quality of service. Many participants arrive to HTT in crisis and HTT increasingly provides help in gaps of need from overstretched NHS mental health services and other such services.

There has been a change of trustees this year, with one moving on, and we have recruited two new trustees starting in October 2025. Our Trustees, and all volunteers, have a wealth of skills and professional qualities to oversee and guide our work as needed. As above always with compassion and congruence and with participant wellbeing at core to all decisions.

We have had 9 volunteers this year, the oldest being 76 and the youngest 26, each bringing such varied skills and lived experience to help staff in the support of participants improved mental health and holistic wellbeing. HTT couldn't run without such volunteer help!

80% of trustees, staff and volunteers have lived experience.

The Community of HTT is thriving along with its gardens. This year we have facilitated a sense of belonging and purpose, our main objectives, and improved mental health and holistic wellbeing for each, starting with 32 and rising to 63 participants by the end of the year aged between 18 and 76, with at least 12 of these being 26 and under. This has been through our regular intergenerational 3-day weekly gardening sessions at HTT's Penlee Valley allotment gardens. HTT is fully inclusive and participants who each experience mental health issues, many through trauma, for example participation includes people who are neurodivergent, refugee or asylum seekers, BAME, LGBTQ+, and those with acquired brain injury. As always various leaflets which we design together with participants, (this year funded

by Local Postcode Trust and later the National Lottery Community Fund), are most helpful towards people finding their way to our various projects, alongside HTT's presence at events throughout the city.

In addition to our regular gardening sessions, HTT has been able to return to Outreach through community sessions due to funding this year. The community projects, so far being 5 different projects in community, and 3 separate projects at HTT gardens, so 8 new projects. This is including Friday Woodworking Therapy sessions and an Art Group. Session opportunities are growing with more happening into our 14th year from August 2025. We have also delivered workshops to 23 medical students, sharing our learning from the unique way in which HTT work, which is fully participant led, and which results in deeply personal and far-reaching changes for the better. Also, HTT have been part of many events such as Thrive Plymouth, the Neurodiversity festival, Respect Festival, Hamoaze House Tree project event etc. Networking more and more with other agencies, means we can collaborate and support more people in need. HTT is now a member of various network groups including Plymouth Mental Health Collective and Devon Mental Health Alliance and staff attend quarterly meetings where possible.

We have received and are immensely grateful for the kind financial support of many funding bodies this year, each named in our financial report. We would like to thank them all, as again we could not run without funding as this is our only financial income. This is apart from only 3-4% of participants who receive independent funding (Social Services/PIP etc.) to attend our service for a few hours weekly each..

Woodworking Therapy Sessions - Written by our Carpentry and Support Mentor

In the year August 2024 to July 2025, I was funded, with thanks to The Pearn Charitable Trust, to provide and facilitate woodworking activities with participants within The Horticultural Therapy Trust.

Work takes place within the dedicated Woodworking Shelter as well as on the HTT site.

I have worked repeatedly with about 10 different people, which means that there has been approximately a 30% uptake from the overall HTT regular attendance group as a whole.

The sessions are provided on Fridays for about 48 weeks of the year, running from 11am til 4pm and the work is carried out at a client-centered pace in an environment that is separate and can be felt as a self-contained safe space which benefits some clients. The setting is within the natural environment, so participants continue to benefit from being in a healing and natural setting.

I work with people who on a practical basis have various ranges of ability, some have very little experience whilst others show amazing levels of skill and competence that are ripe for tutorage and guidance. Most people that I work with experience moderate to severe long term mental health issues.

Participants generally make small and easily achievable items within a realistic time frame, although some choose to engage with more challenging projects that can take longer. Participants have made boxes, shelves, planters, bird boxes, bird houses, picture frames and the like.

I also work on maintenance and repair projects on the site and encourage some participants to help out, a request that is enthusiastically received.

The woodworking facility continues to be a quiet vehicle in which to work with individuals on a safe and therapeutic level. I feel confident that it is a service that continues to engage and to hold people, to help people to feel met

and validated, as well opening up a wealth of new experience and skills for people, some of which had no idea that they had!

I am thrilled to be a part of something that provides an anchor in the lives of others and helps them along the road to becoming the best person that they can be. I like to think that through the activities I provide that I am able to make a small but sustainable contribution to the welfare of their lives.

Natural Arts and Crafts Group and Water Colour Sessions

We have created a new natural arts and crafts session running on Tuesday afternoons from 13.00-15.00. This began in October 2024 and has enable participants to experiment with creativity in an informal and relaxing session. Running for almost 1 year now we have trialled a wide range of crafts including hoop weaving, felting, candle and soap making and are now working on a living sculpture in the HTT Gardens. For many involved, the creative and often mindful activities, in addition to the opportunity for social interaction and being part of the HTT community has a positive impact on mental health and well-being.

We are based at the HTT gardens, but due to cold weather this group moves to an indoors location in the winter. Last year we based ourselves at the local scrap store, which was fantastic for access to materials and in building connections with the local community. The session has benefited 10 participants over the year, in addition to having the occasional support of two volunteers. Generally, this group is 3-4 participants, but we are now looking to increase the size of the group moving forward. However, due to the needs of the participants and the nature of the activities the groups maximum number of participants will remain at 6-7. We are also now planning to recruit a more permanent volunteer to support with preparing activities and running the group alongside the current staff member.

The art group supported a local initiative by the National Marine Aquarium (NMA) to celebrate its volunteers, and participants made lavender bags to be given away to NMA volunteers. The happy result of this connection was a further collaboration between HTT and the NMA resulting in a new community gardening project at the NMA gardens. More can be read about this later in this report.

In addition to the art group we also ran a 6-week spring watercolour course at the HTT gardens, which we had 5 regular attendees. This session was run voluntarily by a local water colour artist with support from HTT staff. The course was very successful, and we are now about to begin an autumn watercolour course at the gardens.

ADHD and Autism Sessions

Sessions began on a newly acquired plot next to HTT, through some participants suggesting that through having separate sessions due to the sense of familiarity and like-mindedness with others experiencing such as ADHD or Autism, towards later joining in other HTT adult sessions. HTT had helpful advice from NeuDice, (a CIC supporting people with Neurodivergence and LGBTQ+), towards this also and occasionally teamed up with NeuDice in their 'shed' base at The Plot, but mostly at HTT in these sessions. Sessions at times had 6 participants however, numbers varied often with 2 participants and a volunteer. Over a period of 6 months there were 9 participants. HTT and participants recognised that the Adult 3-day weekly sessions were a space where each of the participants felt able to be within also, and all moved at various times between these. This now leaves the Tuesday morning slot for some new participation need, such as with the Marine Aquarium.

Edgecumbe House Community Sessions

This project began in November 2024 fortnightly at first, now pop in sessions as needed due to the garden being formed. There were a core group of 3 residents creating the gardens, 2 women who were the instigators of the community garden project and a man who made everything from pallet wood. Each found their mental health and well being were supported through the project, with each experiencing mental health challenges. Also 5 other adult residents were involved and 8 children under 12, and 2 under 16 totalling 18 participants from within a small residency. The flats were surrounded by grass and tarmac and faced Union St, often receiving a lot of rubbish into the gardens and the area, which we helped clear. Plymouth Community Homes helped with the issue of Fly Tipping. The residents had kept trying to create gardens to enjoy being in and were grateful for HTT's help and advice and some funding to be able to do so, with a garden now that will grow into the future, lit up at night with solar lights and bringing joy to passersby, and including a small orchard. HTT also helped them apply for their own funding and they were entered into Southwest in Bloom 'It's Your Neighbourhood' awards.

As always, the garden is grown for benefit of wildlife biodiversity as well as people.

Manor Gardens Community sessions

HTT with 4 new community volunteers and a volunteer from HTT adult sessions, helped to 'green up' the street of Manor Gardens. There had been some recent violent b crime and incidents within the street, and so local people felt that something positive was helpful to their mental health. We set up tables in the street 4 times with different free plants, chilli plants, succulents, herb plants for people to grow in windowsills (many in the area don't even have a balcony), balconies or gardens. Over 40 people participated in planting up plants to take home, conversations during this and a growing sense of community.

We also continued from past work of Communities of the Soil to plant up ingenious planting containers in the street. A local volunteer has been creating mini 'Nature Reserves' and we helped with these and this idea to grow more of these.

Collaborations with Jabulani 2.0 and The Plot

With 4 community volunteers and other volunteers within Jabulani 2.0, HTT has been helping to create some parts of a community garden, as part of a plan to create a Health Hub for Stonehouse. We cut up thrown out large pieces purchased from the Scrap store to create large planting pots for fruit trees. We also 'rescued' fly tipped rubbish from the street such as an old ice cream fridge, to use as a mini greenhouse and others to grow potatoes and herbs in. Kale, potatoes and beans were harvested by The Plot, and herbs. Lots of flowers and plants supporting pollinators and other wildlife. The plan in Spring is to grow sensory and edible plants to grow out into Union St for passersby to pick and to invite participation within Jabulani 2.0, as well as creating more green space in the area.

Overall, there have been 8 participants so far.

Counselling

Counselling sessions by Deb Hoskin (HTT), accredited counsellor, NCS, have been being planned for 4 hours x 4 clients weekly, through HTT as part of the plans for a Stonehouse Health Hub, through collaboration with a local GP and surgery. Patients who will be signposted will be offered support at HTT Adult sessions or within the garden/nature based sessions evolving with Manor Gardens are and more, perhaps linking in with Union Corner etc.

The National Marine Aquarium

HTT has started a new and exciting community garden project with the National Marine Aquariums 'Blue Minds Project' and CROP, another local therapeutic horticulture service.

The Blue Minds project aims to support mental health by getting participants into ocean spaces and utilising the restorative benefits this has on mental health and well-being. Plymouth, proudly known as Britain's Ocean City is deeply connected to the sea and HTT recognises just how vital the ocean is to the local community. We are therefore very excited to be able to offer this project to our participants.

The project involves participants from HTT and CROP coming together on a Tuesday morning to develop a new garden space at the Aquarium. We have a fantastic area to develop which looks out over Plymouth Sound, offering an outdoor space to those visiting the aquarium and its staff. The aquarium has been donated a small garden from the RHS Chelsea flower show. It is one of the responsibilities of the community gardening group to look after this, in addition to creating more garden space. So far, we have been involved in tasks such as upcycling the current garden benches, identifying and labelling plants, and clearing areas ready to plant. This is a participant led group and so the design of the new garden will be made up of participant ideas. So far, this group has been intermittently attended by 5 participants, and we have plans to increase this to between 8-10 as we move forward with the project.

Elder Tree sessions

The Elder Tree is a Plymouth based community project working mainly with men aged 50 and above, some of which suffer from dementia.

In July 2025 HTT, in collaboration with The Elder Tree, began a small gardening project on the HTT site for a group of up to 8 men with 1 HTT staff member, 1 ET staff member and 1 volunteer. Sessions last for 2 hours and take place weekly throughout the current year.

The uptake has been small but steady and in these early months we have worked with up to 4 or 5 men who have all benefited from working in the garden.

As is the fundamental HTT ethos, the emphasis lies with the facilitation of group sharing, providing a space and an opportunity for people to come together and connect, for the space to be held safely and therapeutically. The group is person centred in it's approach.

To date we have been clearing and preparing ground and even managed a late harvest of beans and radishes and turnips!

The project continues to be advertised and promoted with the expectation that it will grow and evolve in the months to come.

2024-25 Accounts Statement

During this accounting year (and also for the next 3 years) HTT has been awarded 'National Lottery Community Fund: Reaching Communities' funding of approx. £50K/year. This funding stream means that a large part of HTTs annual income is secure for the next few years and, although additional fundraising is always ongoing, more time can be dedicated to running the actual project(s).

'Grants & Donations' totalled just over £70K, as additional funding had been secured – thank you to all others who donated. 'Core' income (direct participant payments) has continued to reduce this year but this is offset by some additional 'other' income (external paid activities) and interest earned.

In general expenses have remained fairly stable, apart from 'wages', which have nearly doubled: £59K this year compared to £32K last year. This is for various reasons: more staff / more staff hours but also, after years of relative stagnation and (out of necessity) keeping wages low, the Trustees decided this year to implement an overdue hourly pay increase.

During this accounting year HTT operated at £76K and the net result was -£2.7K, which is a good result for a small charity like HTT whose aim is not to make a profit, but to 'balance out' over a period of time.

However, as mentioned in all previous year reports, there is never room for financial complacency; for the next 3 years HTT will have to secure an additional income of £25K on top of the National Lottery Community Fund.

Congratulations to all on yet another successful HTT year.

Tonny Steenhagen - Bookkeeper/Treasurer



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for all that helped to raise funds, those that funded us, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years. We keep on keeping on... Thank you to all of you for helping those in need.

Paul Keller (Chair)

**Grants and
Donations**

Date	Amount
04/10/24 National Lottery Community Fund - Reaching Communities	50040
29/10/24 Screwfix Foundation	4000
13/11/24 Pearn Charitable Trust	3500
16/04/25 Allen Lane Foundation	8000
09/06/25 John Lewis PLC	2000
Total	67540

Balance Sheet

Horticultural Therapy Trust As at 31 July 2025

31 JUL 2025

Fixed Assets

Tangible Assets

Computer Equipment	174.82
Facility construction	2,373.80
Furniture / fixtures	1,162.77
Total Tangible Assets	3,711.39

Total Fixed Assets	3,711.39
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Current Assets

Cash at bank and in hand

Horticultural Therapy Trust	10,687.46
Horticultural Therapy Trust - Deposit Account	36,021.31
Total Cash at bank and in hand	46,708.77

Accounts Receivable	240.00
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Total Current Assets	46,948.77
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Creditors: amounts falling due within one year

Accounts Payable	53.67
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Total Creditors: amounts falling due within one year	53.67
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Net Current Assets (Liabilities)	46,895.10
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Total Assets less Current Liabilities	50,606.49
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Net Assets	50,606.49
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Capital and Reserves

Current Year Earnings	(2,766.69)
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Retained Earnings	53,373.18
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Total Capital and Reserves	50,606.49
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Profit and Loss

Horticultural Therapy Trust
For the year ended 31 July 2025

2025

Income

Core Income	1,320.00
Donations	2,732.95
Grants	67,540.00
Interest Income	484.14
Other Income	1,034.87
Total Income	73,111.96

Staffing

contract work	7,593.66
Wages	51,415.55
Total Staffing	59,009.21

Gross Profit

14,102.75

Other Expenses

art materials	1,152.78
Bookkeeping / Accountancy	652.80
books / publications	88.65
building materials	578.29
Consumables	92.25
Depreciation Expense	1,236.00
garden materials	4,976.55
Insurance	1,287.47
Light, Power, Heating	82.80
meals / entertainment	258.46
Misc expense	1,066.52
Printing & Stationery	517.67
Rent	1,425.96
Repairs & Maintenance	98.83
small tools / equipment	932.65
Staff Training	1,193.78
Telephone & Internet	296.24
travel / meetings	843.50
water charges	88.24
Total Other Expenses	16,869.44

Operating Profit

(2,766.69)

Profit on Ordinary Activities Before Taxation

(2,766.69)

Profit after Taxation

(2,766.69)

Independent Examiner Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by Tracey Archman..... Date: 23/11/25.....

Name: Tracey Archman.....

Job role: Senior Mental Health Coordinator

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act.
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2025 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:



Signed

Date: 20th November 2025

Paul Keller

Trustee / Chair

HORTICULTURAL THERAPY TRUST

England & Wales - Charity number 1147927

Accounts



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2024

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Horticultural Therapy Trust

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PL1 5BU

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: P Keller (Chair)
C Darke 12/10/23
J Kleinot

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

23 BAYSWATER ROAD
PLYMOUTH
PL1 5BU
Tel: 01752 659339
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

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Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Paul Keller, Deb Hoskin and Tonny Steenhagen

AGM held at registered address 4pm on 12th December 2024

This year HTT has supported over 60 participants, experiencing moderate to severe mental health issues, towards improved mental health and holistic well being, at HTT gardens. In July 2024 we have 37 participants on our books attending HTT. Open ended support have meant on average over 200 hours per participant. Each week is a lifesaver for some due to crisis and trauma. HTT will have supported at least 15 participants in crisis to have stayed at home rather than having needed to be in hospital for safety. We have supported 4 participants through to hospital and being safe and provided after care on return to community.

This HTT year has been another year of transition for HTT alongside the local community transitioning still from the Pandemic, in which HTT has endeavoured to develop to meet growing mental health needs, with a rise in the numbers of people experiencing mental health issues. Also with 2 appreciated support staff leaving prior to December 2023 and since Dennis Trewin's retirement in Feb 2022 (co-founder along with Deb Hoskin in 2012), there had been a need to bring a new good staff and volunteer team together to offer more hours, while maintaining and growing HTT's quality of service. The recognition was of the value of varied skills. Dan Stroud joined HTT as an employee in September 2023, Dan being a skilled qualified joiner who had participated and volunteered for HTT for 2 years and also found benefits to his mental health. Lived experience is valued at HTT and 80% of staff, volunteers and trustees have some form of lived experience. Dan's role was and is again funded for Fridays weekly by the Pearn Charitable Trust. Dan also has therapeutic training.

Fiona, with many years organisational office work, joined HTT in January 2024 to offer her managerial and organisational support as charity project officer. Fiona also has years of voluntary support roles. Ciara joined HTT in April 2024 as Project Manager alongside Deb Hoskin, Ciara has a background as an NHS Occupational Therapist and also in gardening therapy, and is gifted in arts and crafts. So come April the new team had formed. The HTT team also included the kind facilitation, especially towards the new developments, of two new trustees, Kayleigh and Charlie, alongside founding trustee Paul and Jackie who has been helping HTT for a few years now. Together then with even more new volunteers from backgrounds such as lived experience and years of volunteering, to retired GP, to retired ESOL tutor (English for Speakers of Other Languages).

Financially, as reports will show, HTT met some real challenges this year and so through which HTT are very grateful to have received such tremendous support which enabled us to keep going into the new and developing, which we continue into 2024-2025 on a path set with constant conversations and checking in

with participants and volunteers, through break times and forums. Some financial risk was taken by employing needed staff, at first with less hours and Deb temporarily reducing any Community/ Outreach session hours, so that we could begin to meet needs within the growing number of participants within the HTT garden. In daytime rota's as needed. National Lottery Community Fund and Postcode Lottery Trust funded additional hours daily, which began the ability to provide more hours for more participation.. This was all so that needs could be met in the particularly unique quality way that HTT provides through such varied individual benefits, each towards improved well being. All participant –led. Changes were made by voluntary hours being worked including towards funding applications, until funding was in place to cover more salaried hours, especially more session hours. HTT are so very grateful to have received funding from so many kind Funders all named in our financial report, but to name a few Claire Milne Trust, National Lottery Community Fund, Postcode Lottery Trust, Garfield Weston Foundation, D'Oyly Carte Charitable Trust, Leonard Laity Trust.

By the end of this financial year, July 2024, we were in a better place and were already through to final panel submission of a Reaching Communities fund for 4 years, hopefully to be received in September 2024, which would cover 65% of funds needed to deliver plans, many asked for in an online survey in November 2023, by participants, volunteers and also feedback from external agencies. All developments to bring HTT back into the wider community, and in the gardens and in outreach more informal training, workshops, to learn and share together with others. Also importantly to develop more ways of evaluation, such as through the Trauma Informed Network, to be even better informed of what works and what doesn't work so well, so that everyone can learn and HTT can enhance the quality of its practice.

To finish this report are quotes from a participants and a volunteer, which say so much.

"I feel at Home, what more can I say! It keeps me living" (HTT Participant 60 yrs+)

"I haven't been able to join any groups, though I have tried, nor join in anything. I find the inclusion of all ages, not one particular age bracket, is helpful. It is a community, a small community. Certain faces each week works well for me. A lot of people in the UK are feeling lonely. HTT is needed. It's good you can join in at your own pace. The common ground of mental health is nice". (HTT Participant 20 yrs+)

"The environment is certainly a place of fascination, education and sanctuary for me as I readjust to a new phase of life having recently retired from over thirty five years of teaching and consider options for future contribution and occupation. I continue to love the opportunity to work with such a kind and enthusiastic team of staff and volunteers to develop our passion for helping participants with their mental well-being by connecting, learning, being active and creative within a safe and beautiful natural space. The values of respect, trust and equality are evidently upheld" ...(new volunteer)

All of HTT look forward to another year of better meeting needs and being inspired by each participant, who each grow HTT.

Deb Hoskin-Project Manager

Compared to the last two years HTT has ended the current year with a surplus of £16,712. However, this figure includes restricted funds of £22,480 from donations from both the Postcode Lottery Trust and the National Lottery Community Fund that are earmarked for the next financial year. So, in effect the charity has this year operated at a small loss.

‘Core’ income (direct participant payments) has continued to reduce and this year there has been no ‘other’ income (external paid activities). This is partly due to changes in staffing. Subsequently, the emphasis is even more than in previous years on fundraising / grants / donations. The success of this doesn’t always exactly align with the accounting period, so it means for the years 2024/25 more grants need to be secured (the good news is: they already have).

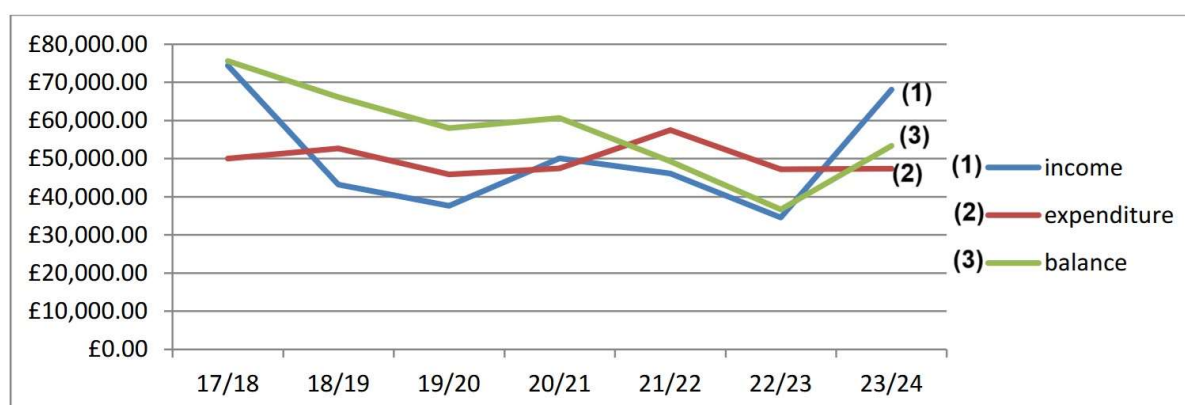
The expenses side has remained very stable, with a small reduction in wages paid this year (-4.5%) – the biggest HTT cost.

As mentioned in all previous year reports, there is never room for complacency. So, from the above it should be clear that the continued securing of grants / donations will need to be given ongoing priority next year.

Congratulations to all on yet another successful HTT year.

*The Paypal donation of £657.70 is from a collection held after the funeral of a participant.

Tonny Steenhagen - Bookkeeper/Treasurer



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for all that helped to raise funds, those that funded us, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years.

Thank you to all of you for helping those in need.

Paul Keller (Chair)

Horticultural Therapy Trust Transaction Detail By Account August 2023 through July 2024

Date	Num	Name	Amount
Grants and Donations			
03/08/2023	195	D'Oyly Carte Charitable Trust	4,000.00
04/08/2023	196	Claire Milne Trust	8,000.00
31/08/2023	197	D H	500.00
08/09/2023	198	Garfield Weston Foundation	5,000.00
09/10/2023	199	Pearn Trust	2,184.00
31/10/2023	200	Postcode Lottery Trust	20,328.00
08/12/2023	201	leonard laity trust	1,000.00
16/02/2024	202	National Lottery Community ...	19,972.00
29/02/2024	203	Mr P	500.00
27/03/2024	204	Paypal	657.70
Total Grants and Donations			62,141.70
TOTAL			62,141.70

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2024

	31 Jul 24	31 Jul 23	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	2,841.80	3,787.80	-946.00	-25.0%
Furniture and Fixtures	1,593.79	1,824.80	-231.01	-12.7%
Total Fixed Assets	4,435.59	5,612.60	-1,177.01	-21.0%
Other Assets				
Other Assets	232.82	309.82	-77.00	-24.9%
Total Other Assets	232.82	309.82	-77.00	-24.9%
Current Assets				
Accounts Receivable				
Jobs	330.00	462.54	-132.54	-28.7%
Total Accounts Receivable	330.00	462.54	-132.54	-28.7%
Cash at bank and in hand				
Co-operative Bank	33,191.00	16,636.60	16,554.40	99.5%
Savings	15,537.17	15,302.68	234.49	1.5%
Total Cash at bank and in hand	48,728.17	31,939.28	16,788.89	52.6%
Total Current Assets	49,058.17	32,401.82	16,656.35	51.4%
Current Liabilities				
Accounts Payable				
Accounts Payable	353.40	1,663.12	-1,309.72	-78.8%
Total Accounts Payable	353.40	1,663.12	-1,309.72	-78.8%
Total Current Liabilities	353.40	1,663.12	-1,309.72	-78.8%
NET CURRENT ASSETS	48,704.77	30,738.70	17,966.07	58.5%
TOTAL ASSETS LESS CURRENT LIA...	53,373.18	36,661.12	16,712.06	45.6%
NET ASSETS	53,373.18	36,661.12	16,712.06	45.6%
Capital and Reserves				
Retained Earnings	36,661.12	49,273.26	-12,612.14	-25.6%
Profit for the Year	16,712.06	-12,612.14	29,324.20	232.5%
TOTAL funds	53,373.18	36,661.12	16,712.06	45.6%

Horticultural Therapy Trust

Income and Expenditure

1st August 2023 to 31 July 2024

	Aug '23 - Jul 24	Aug '22 - Jul 23	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	234.49	85.90	148.59	173.0%
Core Project Income	1,721.80	3,946.79	-2,224.99	-56.4%
Grants and Donations	62,141.70	28,775.31	33,366.39	116.0%
Other income	0.00	1,751.00	-1,751.00	-100.0%
Total Income	64,097.99	34,559.00	29,538.99	85.5%
Gross Profit	64,097.99	34,559.00	29,538.99	85.5%
Expense				
Art Materials	195.86	63.42	132.44	208.8%
Awards and Grants Commis...	4,240.00	720.00	3,520.00	488.9%
Building material expense	362.43	1,372.04	-1,009.61	-73.6%
Depreciation Expense	1,554.00	1,973.00	-419.00	-21.2%
Garden Expense	4,275.03	4,460.06	-185.03	-4.2%
Insurance Expense	1,496.93	928.87	568.06	61.2%
Meals and Entertainment	325.35	276.73	48.62	17.6%
Miscellaneous Expense	150.77	134.15	16.62	12.4%
Office Expense				
Consumables	68.88	0.00	68.88	100.0%
Total Office Expense	68.88	0.00	68.88	100.0%
Postage and Delivery	140.40	0.00	140.40	100.0%
Printing and Reproduction	280.06	38.41	241.65	629.1%
Rent and Rates	792.72	709.76	82.96	11.7%
Repairs and Maintenance	42.00	193.79	-151.79	-78.3%
Small Tools and Equipment	0.00	780.64	-780.64	-100.0%
Telephone / Internet	303.27	299.68	3.59	1.2%
Training & Education	530.03	720.00	-189.97	-26.4%
Travel and Meetings				
Travel	684.60	819.89	-135.29	-16.5%
Total Travel and Meetings	684.60	819.89	-135.29	-16.5%
Vehicle Expense	0.00	234.00	-234.00	-100.0%
Wages	31,943.60	33,446.70	-1,503.10	-4.5%
Total Expense	47,385.93	47,171.14	214.79	0.5%
Net Ordinary Income	16,712.06	-12,612.14	29,324.20	232.5%
TOTAL Year	16,712.06	-12,612.14	29,324.20	232.5%

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by J. Archman Date: 5/12/24

Name: TRACEY ARCHMAN

Job role: SENIOR Mental Health Co-ordinator

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act).
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2024 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:



Signed

Date: 12th December 2024

Paul Keller

Trustee / Chair

HORTICULTURAL THERAPY TRUST

England & Wales - Charity number 1147927

Accounts



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2023

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
8 Earl's Acre
Plymouth
PL3 4HL

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: J Maskall (Chair)
K Parker
P Keller
J Kleinot

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust

8 Earl's Acre, Plymouth, PL3 4HL

Tel: 01752 659339

Email: deb@horticultural-therapy-trust.org

Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Deb Hoskin and Tonny Steenhagen

AGM, October 12th 2023

Another HTT year of many successes, while this year facing much change within HTT amongst the rise in mental health needs and cost of living crisis, affecting more people as the year has gone on, and stresses all charities face to keep going in the changing financial climate. HTT would like to greatly thank all its many funders, without whom we wouldn't be able to benefit so many people so well as feedback shows us. HTT are grateful to be going into our 12th year and with some good strengths and learnings as we develop constantly to meet growing needs. In November 2022 HTT welcomed Martha Thorne as therapeutic gardening support worker staff to join project manager Deb Hoskin for the Wednesday and Thursday 'Gardening for Growth' sessions. With Dennis Trewin retiring fully in Feb 2023. HTT would like to thank Dennis, co-founder of HTT with Deb Hoskin in July 2012, for ten years of genuine care and hard effort to co-create HTT and keep HTT thriving. Over these years HTT will have supported around 500 participants of all ages and backgrounds. HTT celebrated its 11th year in July 2023.

'Gardening for Growth' has gone from strength to strength, and has continued again additionally on Fridays, with Shareen Smith as therapeutic gardening support worker staff alongside Deb Hoskin. This past 12 months it has supported 14 new participants, alongside the longer term 16 participants, as part of the growing community at HTT allotment garden haven. Totalling 30 participants, plus five new volunteers, alongside the two volunteers Kate and Sheila who've been with us since the beginning. Two volunteers have left to prepare for further education in occupational therapy, and as a support worker, others moved on into employment, each supported by HTT to develop as they have supported participants as garden therapy volunteer support. We as always are grateful to our volunteers and Trustees. Two long term trustees, our Chair John Maskall and Kate Parker, will be stepping down at the next AGM, and two new trustees are already looking to be of help with their particular skills. HTT has been in transition this year with many changes, including increasing needs with mental health services overstretched, so we have all had to be creative while keeping our ethos at core, always listening to participants, the experts through experience, who are central to the HTT community, HTT being participant led.

HTT has become a point of crisis support more often, working alongside many more organisations such as Devon Mind, Gifted Women, ODILS, all together thirteen organisations newly, and very much still a main signposted service by Social Prescribers. This has helped HTT to maintain and grow its grassroots service to

Plymouth and the wider community, for people of varied backgrounds and cultures to come together as a community in a safe social garden space and find recoveries and healing. With two staff daily now and at least one volunteer daily we are able to meet increased needs and facilitate improved wellbeing for more participants per session, as well as running the extra day. HTT know this also lessens the load on the NHS. HTT would like to greatly thank all our various funders throughout July 22 to July 23, without whom HTT would not be able to offer what it does in such benefit to so many.

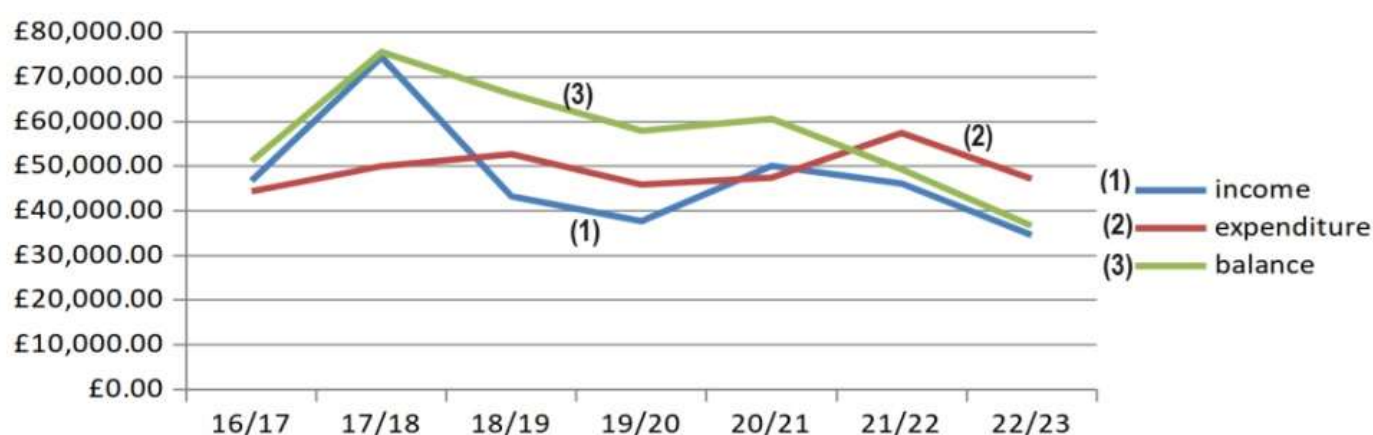
The Hands to Soil-Project of Hope, running on Tuesdays weekly particularly with asylum seekers and refugees, though any can join in the other HTT days if over 18, as have five participants. Tuesdays have supported 19 young people aged 16 to 19 years, from all over the world, e.g. Syria, Malaysia, Kuwait, Bangladesh, together and thirteen adults from Syria, Iran, Sudan, Afghanistan, Brazil. A total of 32 participants. Thank you to the National Lottery Community Fund for funding this project and towards Fridays. The staff member for this project is Angel, a refugee from El Salvador who was able to find full time employment following this role, which had been a step on the employment ladder, and has led to his independence here in the UK, while developing his skills and appreciating what he brought to sessions towards others and HTT. Another achievement in HTT's aim to support reaching potentials and learning together across the whole team from participants to trustees. With this funding HTT were able to buy resources to collect an additional 6,500 litres of water and learn together towards care of soil; with healthier soil, core to life, and water saving, we were able to grow 3 times as much food this year! Food was taken home by participants and plans for next year are to grow more food yet again, and create a cookery project with Keyham Green Places community centre (KGP), without pressure (as not beneficial to improved mental health) but with enthusiasm, learning and, sharing peer skills together. Excess food was shared with Provide Plymouth and KGP emergency food bank, through which participants have felt improved sense of worth and belonging through helping those in food poverty and in this cost of living crisis, and also receiving much needed healthy free food themselves. Also with due awareness to Climate Change resilience, all these ways are supporting much in consideration to drought and flood, degradation of soils, and also supporting mental health resilience by being able to make a difference and care for a small part of the Earth at HTT gardens. At HTT, wildlife, plants and trees are all part of the HTT community. Our session work constantly has a foundation towards creation of biodiverse areas and safeguarding local biodiversity. People, land and wildlife thriving together. It has been recognised by participants as a positive experience towards greater benefits for all sessions to have been at HTT over these four days weekly, contributing to the growing thriving community of HTT.

In May 2023 HTT also invited Blooming Well to garden an area of HTT a morning weekly, a project run by the Mustard Tree (NHS) supporting those who have cancer, and some have continued onto HTT. This will continue over the next HTT year. Also Improving Lives Plymouth continue their allotment project as part of HTT's gardens again with participation at HTT. This will continue over the next year. Total participation this year has been 74 people. Including participants of Improving Lives Plymouth and Blooming Well, has been another 32 participants, bringing the total benefiting from shared community at HTT to 106 participants.

2022-23 Accounts Statement

Like last year, this year has financially been somewhat challenging. Although total expenses have been reduced by 10K compared to last year - while maintaining the same level of staffing /wages expense - the total income for the year has also been reduced by 11.5K. As a consequence, like last year, HTT has operated this year again at a deficit: 12.5K. This is mainly due to reduced grant/donations income (-23.5%) but also core funding continues to gradually reduce and misc. income is slowly reducing too. Inevitably, this means the charity has had to rely more on its reserves. Despite this apparent 'loss' the balance sheet still looks relatively healthy for a Charity of the size of HTT - see graphic below. As a Charity HTT doesn't have to generate profits for others like shareholders. Instead it can absorb 'losses' for a few years, as long as this doesn't affect the cash flow position. As mentioned in all previous reports, there is never room to become complacent. However, from the above it should be clear that securing grants/donations will need to be given extra / continued priority next year. Congratulations to all on another successful year.

Tonny Steenhagen - Bookkeeper/Treasurer



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years. The charity has seen considerable change this year with the retirement of one of its founder members, Dennis Trewin, who will be sadly missed. Nevertheless HTT continues to make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

John Maskall (Chair)

Horticultural Therapy Trust

Transaction Detail By Account

August 2022 through July 2023

<u>Date</u>	<u>Num</u>	<u>Name</u>	<u>Amount</u>
05/08/2022	173	National Allotment ...	2,066.00
05/08/2022	174	Albert Hunts Trust	1,000.00
05/08/2022	175	Allen lane Foundation	4,000.00
05/08/2022	176	Hobson Charity	3,089.00
11/08/2022	177	Norman Family Trust	1,000.00
08/09/2022	184	Ebrington Lodge	200.00
05/10/2022	178	Woodruffe Benton ...	1,500.00
25/11/2022	180	National Lottery Co...	9,456.00
23/12/2022	181	Ashford Mak pte	100.00
23/01/2023	182	Misc. Donations	50.00
15/02/2023	186	Mr P	150.00
20/02/2023	189	Misc. Donations	67.00
20/02/2023	190	Charities Aid Found...	500.00
03/03/2023	188	Improving Lives Ply...	800.00
02/06/2023	191	Norman Family Trust	1,500.00
27/07/2023	192	Mr P	150.00
27/07/2023	193	Mr P	200.00
27/07/2023	194	Peam Trust	2,947.31
Total Grants and Donations			28,775.31
TOTAL			28,775.31

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2023

	31 Jul 23	31 Jul 22	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	3,787.80	5,049.80	-1,262.00	-25.0%
Furniture and Fixtures	1,824.80	2,432.80	-608.00	-25.0%
Vehicles	0.00	4,913.00	-4,913.00	-100.0%
Total Fixed Assets	5,612.60	12,395.60	-6,783.00	-54.7%
Other Assets				
Other Assets	309.82	412.82	-103.00	-25.0%
Total Other Assets	309.82	412.82	-103.00	-25.0%
Current Assets				
Accounts Receivable				
Jobs	462.54	883.65	-421.11	-47.7%
Total Accounts Receivable	462.54	883.65	-421.11	-47.7%
Cash at bank and in hand				
Co-operative Bank	16,636.60	26,071.57	-9,434.97	-36.2%
Petty Cash	0.00	0.22	-0.22	-100.0%
Savings	15,302.68	15,216.78	85.90	0.6%
Total Cash at bank and in hand	31,939.28	41,288.57	-9,349.29	-22.6%
Total Current Assets	32,401.82	42,172.22	-9,770.40	-23.2%
Current Liabilities				
Accounts Payable				
Accounts Payable	1,663.12	5,707.38	-4,044.26	-70.9%
Total Accounts Payable	1,663.12	5,707.38	-4,044.26	-70.9%
Total Current Liabilities	1,663.12	5,707.38	-4,044.26	-70.9%
NET CURRENT ASSETS	30,738.70	36,464.84	-5,726.14	-15.7%
TOTAL ASSETS LESS CURRENT LIA...	36,661.12	49,273.26	-12,612.14	-25.6%
NET ASSETS	36,661.12	49,273.26	-12,612.14	-25.6%
Capital and Reserves				
Retained Earnings	49,273.26	60,593.85	-11,320.59	-18.7%
Profit for the Year	-12,612.14	-11,320.59	-1,291.55	-11.4%
Total	36,661.12	49,273.26	-12,612.14	-25.6%

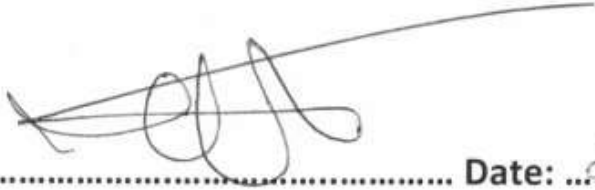
Horticultural Therapy Trust

Profit & Loss Prev Year Comparison

August 2022 through July 2023

	Aug '22 - Jul 23	Aug '21 - Jul 22	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	85.90	5.01	80.89	1,614.6%
Core Project Income	3,946.79	5,902.95	-1,956.16	-33.1%
Grants and Donations	28,775.31	37,609.85	-8,834.54	-23.5%
Other income	1,751.00	2,609.00	-858.00	-32.9%
Total Income	34,559.00	46,126.81	-11,567.81	-25.1%
Gross Profit	34,559.00	46,126.81	-11,567.81	-25.1%
Expense				
Art Materials	63.42	163.12	-99.70	-61.1%
Awards and Grants Commission	720.00	4,949.10	-4,229.10	-85.5%
Building material expense				
hobson trust	0.00	3,089.07	-3,089.07	-100.0%
Building material expense - ...	1,372.04	1,147.24	224.80	19.6%
Total Building material expense	1,372.04	4,236.31	-2,864.27	-67.6%
Depreciation Expense	1,973.00	3,496.00	-1,523.00	-43.6%
Garden Expense				
willis trust	0.00	495.24	-495.24	-100.0%
Garden Expense - Other	4,460.06	1,480.53	2,979.53	201.3%
Total Garden Expense	4,460.06	1,975.77	2,484.29	125.7%
Insurance Expense	928.87	1,670.09	-741.22	-44.4%
Meals and Entertainment	276.73	241.40	35.33	14.6%
Miscellaneous Expense	134.15	187.74	-53.59	-28.5%
Office Expense				
Advertising	0.00	253.02	-253.02	-100.0%
Cleaning	0.00	32.23	-32.23	-100.0%
Consumables	0.00	59.96	-59.96	-100.0%
Total Office Expense	0.00	345.21	-345.21	-100.0%
Postage and Delivery	0.00	31.01	-31.01	-100.0%
Printing and Reproduction	38.41	178.09	-139.68	-78.4%
Rent and Rates	709.76	674.80	34.96	5.2%
Repairs and Maintenance	193.79	661.94	-468.15	-70.7%
Small Tools and Equipment	780.64	202.11	578.53	286.3%
Telephone / Internet	299.68	396.57	-96.89	-24.4%
Training & Education	720.00	983.24	-263.24	-26.8%
Travel and Meetings				
Travel	819.89	1,057.14	-237.25	-22.4%
Total Travel and Meetings	819.89	1,057.14	-237.25	-22.4%
Vehicle Expense	234.00	113.05	120.95	107.0%
Wages	33,446.70	35,884.71	-2,438.01	-6.8%
Total Expense	47,171.14	57,447.40	-10,276.26	-17.9%
Net Ordinary Income	-12,612.14	-11,320.59	-1,291.55	-11.4%
Total	-12,612.14	-11,320.59	-1,291.55	-11.4%

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 26/10/23

Name: TRACEY ARCHMAN

Job role: FORMAL CARE MANAGER + FINANCE OFFICER

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act.
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2023 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

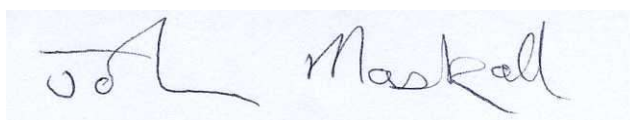
No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed

A handwritten signature in blue ink, appearing to read 'J Maskall', is shown next to the 'Signed' label.

Date: 12th October 2023

John Maskall

Trustee / Chair

HORTICULTURAL THERAPY TRUST

England & Wales - Charity number 1147927

Accounts



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2022

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Independent examiners report	12
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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
52 Sefton Avenue
Plymouth
PL4 7QH

Website: <http://www.horticultural-therapy-trust.org/>

Trustees: J Maskall (Chair)

K Parker

P Keller

Secretary: D Trewin

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust
52 Sefton Avenue, Plymouth, PL4 7QH
Tel: 01752 823311
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification**What**

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- ENVIRONMENT / CONSERVATION / HERITAGE

Who

- CHILDREN / YOUNG PEOPLE
- ELDERLY / OLD PEOPLE
- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chair's Annual Report

With contributions from Deb Hoskin,
Dennis Trewin and Tonny Steenhagen

AGM, November 4th 2022

Adult mental health wellbeing improvement project

This past year has been a very positive one for HTT with the numbers of participants remaining largely static. Some who had stayed away during the pandemic have slowly returned and there have been some new people, many who have been signposted to us by the social prescribers throughout the city. There have also been a few that have attended as extra days to the refugee and Ukrainian projects that have been running separately on a Tuesday, promoting community inclusion and belonging. This has been good for the regular, long-standing participants as they have been able to meet and socialise with a wider circle of people.

The weather has been very challenging with very high temperatures and strong sun but the Gazebos donated to us a few years ago by the Pearn Trust have proven to be very useful in giving the much needed shade. A woodworking shed made by another HTT project, 'Garden and grow together', funded by the Awards for All, National Lottery Community Fund, has been proving popular as a secondary shelter for people to sit in. The plants were suffering from drought due to the lack of rainfall but we were able to keep them all alive. Most of the produce was taken by the participants and some surpluses given to local food banks, including HTT newly supporting Provide Plymouth's crisis work.

Two major projects needed to repair the infrastructure of the ageing site were successfully undertaken. Sue Kellam from Totnes had kindly donated a grant to allow us to replace the polytunnel skin which had been badly damaged by the local wildlife. We had assistance in putting on the skin from a neighbouring project Crop Gardens. A large net was put around it to protect it from jumping foxes and seagull feet.

Some of the native trees that were being grown by participants in a small tree nursery have been transplanted with pride, with the Council's permission, along the new cycle track just outside the allotment area. They will make a welcome addition to the newly landscaped area which was a bit bare.

The wooden terraces were falling apart causing possible hazards around the site and the wood needed to be replaced. The Hobson Charity came to our rescue and pledged the funding for the terraced areas to be renewed and the soil/compost was funded to help to back fill. This should all last at least another 10 years.

Shareen was able to continue to be employed on Fridays on the allotment as a supervisor because we had the funding to do so. Hopefully this will be ongoing if we can get sufficient for the future. Shareen also volunteers one day a week along with Sheila and Kate (trustee) who also covers for sickness and holidays if

needed. HTT have three other volunteers, two of whom were signposted by the Jobcentre for our support, one of whom has now found employment .

The trustees decided that the work car should be sold close to its MOT as a driver in the coming year would not be there to make use of it. Instead it was agreed to use the funds from the sale for volunteer driver expenses to transport any participants that find it difficult to get to the project.

Finally, Dennis who has been with the Charity since its inception gave 12 months notice as he is retiring due to ill health. Not a decision that was taken lightly but inevitable due to the nature of his illness. He will also be stepping down as secretary at the next AGM.

Outreach garden maintenance project.

This project was originally set up to take those participants who needed a bit more than just the allotment project to challenge them and involved working outside in the Community in sheltered housing and in a gated community, looking after the flower beds . Sadly this had to come to an end in January due to the health problems of Dennis who was unable to carry out the work whilst on ambulatory oxygen. Up until then it had been going well kindly supported by the voluntary work of Kate Parker (trustee). Everyone was sorry to see the project end but it was unavoidable. The participants have joined the Friday allotment core project.

Garden and Grow Together project

This project managed by Deb Hoskin ran with gratitude to the Awards for All, National Lottery Community grant, which funded both Tuesdays and Fridays running costs as well as resources to build the Woodworking Shelter and woodworking tools. Also with wonderful support through funding for additional resources by the Royal Horticultural Society's new Connecting Communities Fund. This project supported 63 participants in total, which was far more than its initial aims, and far surpassed the benefits aimed for, to such a degree that HTT have put applications through for 2022/23 and also hope to continue this worthwhile project in the long-term. The project was in two sessions weekly. Tuesdays supporting 16 to 19 year old asylum seekers and refugees, who were from various countries and cultures around the world, including Syria (Kurdish and Arabic), Iran, Thailand, Angola, Brazil, Kuwait, Eritrea, and Sudan. The need following Covid for this project had been recognised. There were 19 participants who all took part in building the Woodworking Shelter with the kind and much appreciated volunteering of Dan a skilled carpenter, through design and construction. Dan also taught carpentry through each creating small personal pieces of woodwork. The young people all had opportunity to learn and develop skills in Woodwork as well as gardening, and three are going into College education to learn carpentry. City College Plymouth was crucial in signposting participants to us and supporting learning. Many were from rural backgrounds, so this quickly became a familiar safe space, and indeed for all brought joy and moments of peacefulness. Some came from areas where nearly all their own foods were grown in small local communities and so ideas, skills etc. were shared. The extreme temperatures and drought experienced brought learning to staff and consideration to ways in which other cultures more used to such temperatures deal with this, as well as the

changing climate, we certainly all grew in knowledge together. Mostly this project supported belonging and social/friendship for those who had to flee their own homes and newly arrived in Plymouth. The project then took a turn in ways unplanned with the Ukrainian situation arising and Ukrainians arriving in Plymouth, so 'Welcome Garden' sessions for adults and families were started at HTT on Tuesday evenings by staff who wanted to offer something, a safe, hopefully familiar garden space, to meet with other Ukrainians on arrival, some also were 16 to 19 year olds who joined in the young people's project. This then developed into sessions being open to all the adult refugee community, through HTT having by now built good working relationships with START (Students and Refugees Together) especially, and along with other agencies to signpost our way and vice versa towards greater benefit.

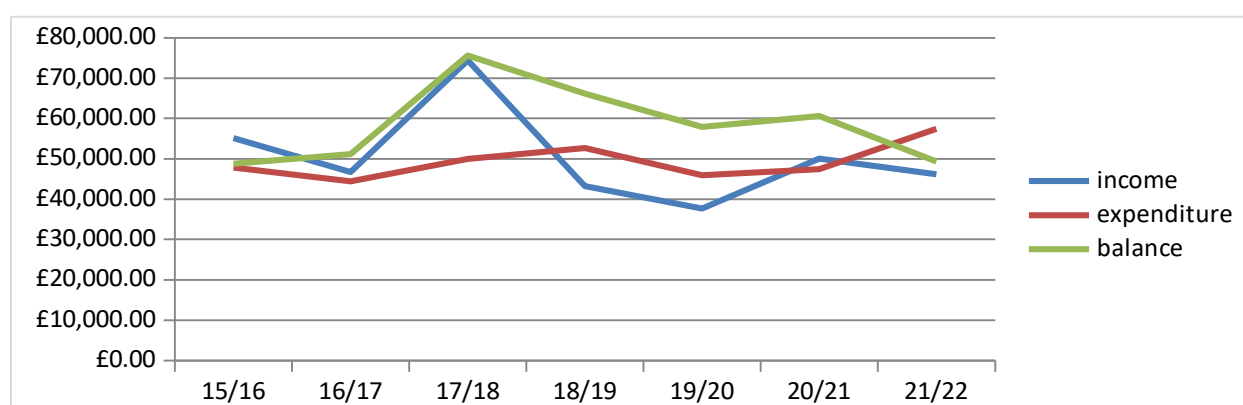
Staff sickness meant that HTT re-welcomed Teresa, a past volunteer, who covered as staff for 2 months and then newly welcoming and thanking Holly, who worked from June on this project on Tuesdays. Shareen runs sessions with Deb on a Friday, also with Kate's kind volunteering.

Friday sessions are for adults who experience isolation and although these sessions have always been inclusive, these sessions have been British participants in the main, but now started through the Tuesday project and growing connections, to support more and more refugees and asylum seekers. Now the Wednesday and Thursday sessions also have begun to be attended by more participants from more varied backgrounds. The sense of belonging which is a foundational aspect of what HTT supports for those who experience isolation and at times stigma due to mental ill health, now supports this for more people often newly arriving from worldwide, and everyone's sense of community is widening.

2021-22 Accounts Statement

It looks like this 1st year post-Covid has been a bit of a 'transition year' financially. Income has reduced somewhat but some expenses have gone up - see below. As a result HTT has operated this year at a deficit of just over 11K (or, more realistically: 8K - see # below). This is roughly comparable to the years 2018/19 and 2019/20. However, during those years the balance sheet start position was more positive. This year the balance sheet still looks relatively healthy for a Charity of the size of HTT - see graphic below - and ended at 2015/16 level. Grants and donations - about 37.5K - have dropped by 9.7% compared to last year. Core project income (funded participants) has slightly decreased by 11.11% this year. At just under 6K this is still fairly stable. 'Other income' has however increased by 24.4% to just over 2.5K. Compared to last year expenditure has increased by 21.2.9%. A few remarks: - Building materials expenses were just over 4K. This is because work has been done to stabilise the terraces. Most of these expenses is labelled as 'Hobson Trust'. The funds for these expenses were kindly received in the new tax year - on August 8th - in the form of a restricted Grant , so are not included in this financial year. This skews the overall result of this year by 3K. # - Wages were up by 4.5K. Some changes in staffing will happen next year. During the last year some extra part-time staff have been employed to prepare for this. As mentioned in all previous reports, there is never room to become complacent; it is clear securing grants/donations needs to be given extra priority next year. Congratulations to all on another successful year.

Tonny Steenhagen (Bookkeeper/ Treasurer)



Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

The Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years despite another year of the COVID 19 epidemic. Although we are a small charity we make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

John Maskall (Chair)

Horticultural Therapy Trust Transaction Detail By Account August 2021 through July 2022

Type	Date	Num	Name	Amount
Grants and Donations				
Sales Receipt	05/08/2021	157	devon County Council	1,000.00
Sales Receipt	13/09/2021	158	Norman Family Trust	1,000.00
Sales Receipt	17/09/2021	160	national lottery community fund	9,988.00
Sales Receipt	23/09/2021	159	wills charitable trust	500.00
Sales Receipt	24/11/2021	161	devon County Council	2,000.00
Sales Receipt	03/12/2021	162	S K	5,000.00
Sales Receipt	03/12/2021	163	D'Oyly Carte Charitable Trust	4,000.00
Sales Receipt	23/12/2021	164	ashford mak pte	100.00
Sales Receipt	11/01/2022	169	pidgeon	150.00
Sales Receipt	24/01/2022	165	royal horticultural society	2,880.00
Sales Receipt	02/02/2022	168	Albert Cassanova Trust	750.00
Sales Receipt	11/02/2022	166	devon County Council	1,000.00
Sales Receipt	18/02/2022	167	devon County Council	1,151.85
Sales Receipt	11/03/2022	170	Garfield Weston Foundation	5,000.00
Sales Receipt	27/04/2022	171	The Livewell Foundation	1,000.00
Sales Receipt	30/06/2022	172	Elmgrant Trust	2,090.00
Total Grants and Donations				37,609.85
TOTAL				37,609.85

Horticultural Therapy Trust

UK Balance Sheet - Prev Year Comparison

As at 31 July 2022

	31 Jul 22	31 Jul 21	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	5,049.80	4,984.55	65.25	1.3%
Furniture and Fixtures	2,432.80	3,242.80	-810.00	-25.0%
Vehicles	4,913.00	5,780.00	-867.00	-15.0%
Total Fixed Assets	12,395.60	14,007.35	-1,611.75	-11.5%
Other Assets				
Other Assets	412.82	549.82	-137.00	-24.9%
Total Other Assets	412.82	549.82	-137.00	-24.9%
Current Assets				
Accounts Receivable				
Jobs	883.65	2,345.00	-1,461.35	-62.3%
Total Accounts Receivable	883.65	2,345.00	-1,461.35	-62.3%
Cash at bank and in hand				
Co-operative Bank	26,071.57	30,501.96	-4,430.39	-14.5%
Petty Cash	0.22	0.22	0.00	0.0%
Savings	15,216.78	15,211.77	5.01	0.0%
Total Cash at bank and in hand	41,288.57	45,713.95	-4,425.38	-9.7%
Total Current Assets	42,172.22	48,058.95	-5,886.73	-12.3%
Current Liabilities				
Accounts Payable				
Accounts Payable	5,707.38	2,022.27	3,685.11	182.2%
Total Accounts Payable	5,707.38	2,022.27	3,685.11	182.2%
Total Current Liabilities	5,707.38	2,022.27	3,685.11	182.2%
NET CURRENT ASSETS	36,464.84	46,036.68	-9,571.84	-20.8%
TOTAL ASSETS LESS CURRENT LIA...	49,273.26	60,593.85	-11,320.59	-18.7%
NET ASSETS	49,273.26	60,593.85	-11,320.59	-18.7%
Capital and Reserves				
Retained Earnings	60,593.85	57,940.84	2,653.01	4.6%
Profit for the Year	-11,320.59	2,653.01	-13,973.60	-526.7%
Total funds	49,273.26	60,593.85	-11,320.59	-18.7%

Horticultural Therapy Trust
Profit & Loss Prev Year Comparison
August 2021 through July 2022

	Aug '21 - Jul 22	Aug '20 - Jul 21	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	5.01	17.80	-12.79	-71.9%
Core Project Income	5,902.95	6,640.00	-737.05	-11.1%
Grants and Donations	37,609.85	41,312.88	-3,703.03	-9.0%
Other income	2,609.00	2,097.80	511.20	24.4%
Total Income	46,126.81	50,068.48	-3,941.67	-7.9%
Gross Profit	46,126.81	50,068.48	-3,941.67	-7.9%
Expense				
Art Materials	163.12	52.00	111.12	213.7%
Awards and Grants Commission	4,949.10	2,880.00	2,069.10	71.8%
Building material expense				
hobson trust	3,089.07	0.00	3,089.07	100.0%
Building material expense - ...	1,147.24	446.45	700.79	157.0%
Total Building material expense	4,236.31	446.45	3,789.86	848.9%
Depreciation Expense	3,496.00	4,393.50	-897.50	-20.4%
Garden Expense				
wills trust	495.24	0.00	495.24	100.0%
Garden Expense - Other	1,480.53	2,074.90	-594.37	-28.7%
Total Garden Expense	1,975.77	2,074.90	-99.13	-4.8%
Insurance Expense	1,670.09	1,623.39	46.70	2.9%
Meals and Entertainment	241.40	137.53	103.87	75.5%
Miscellaneous Expense	187.74	135.96	51.78	38.1%
Office Expense				
Advertising	253.02	5.94	247.08	4,159.6%
Cleaning	32.23	0.00	32.23	100.0%
Consumables	59.96	88.94	-28.98	-32.6%
Stationery	0.00	3.20	-3.20	-100.0%
Total Office Expense	345.21	98.08	247.13	252.0%
Postage and Delivery	31.01	16.18	14.83	91.7%
Printing and Reproduction	178.09	188.12	-10.03	-5.3%
Rent and Rates	674.80	666.75	8.05	1.2%
Repairs and Maintenance	661.94	42.00	619.94	1,476.1%
Small Tools and Equipment	202.11	1,514.91	-1,312.80	-86.7%
Telephone / Internet	396.57	458.36	-61.79	-13.5%
Training & Education	983.24	660.60	322.64	48.8%
Travel and Meetings				
Conference, Meetings	0.00	10.14	-10.14	-100.0%
Travel	1,057.14	502.40	554.74	110.4%
Total Travel and Meetings	1,057.14	512.54	544.60	106.3%
Vehicle Expense	113.05	176.15	-63.10	-35.8%
Wages	35,884.71	31,338.05	4,546.66	14.5%
Total Expense	57,447.40	47,415.47	10,031.93	21.2%
Net Ordinary Income	-11,320.59	2,653.01	-13,973.60	-526.7%
Profit for the Year	-11,320.59	2,653.01	-13,973.60	-526.7%

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 14/11/2022

Name: TRACEY ARCHMAN

Job role: FORMER Centre Manager + Finance OFFICER

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act).
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2022 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

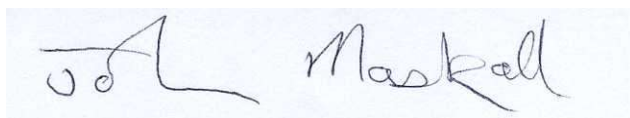
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These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed

A handwritten signature in blue ink, appearing to read 'J Maskall', is shown on a light blue background.

Date: 26th November 2022

John Maskall

Trustee / Chair

HORTICULTURAL THERAPY TRUST

England & Wales - Charity number 1147927

Accounts



Horticultural Therapy Trust

Annual Report and Accounts 31 July 2021

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Horticultural Therapy Trust

Charity Registered No: **1147927**

Registered Office: Horticultural Therapy Trust
52 Sefton Avenue
Plymouth
PL4 7QH

Website: <http://www.horticultural-therapy-trust.org/>

Trustee's: P Keller (Chairman)
K Parker
J Brown
J Maskall

Secretary: D Trewin

Treasurer: T Steenhagen

Independent Examiner: T Archman

Bankers: The Cooperative Bank plc

Horticultural Therapy Trust
52 Sefton Avenue, Plymouth, PL4 7QH
Tel: 01752 823311
Email: deb@horticultural-therapy-trust.org
Website: horticultural-therapy-trust.org/

Other names

NONE

Governing document

TRUST DEED DATED 08 JUN 2012

Area of benefit

NO INFORMATION RECORDED

Organisation type

STANDARD REGISTRATION

Registration history

03 JULY 2012 REGISTERED

Charitable objects

THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN DEVON AND CORNWALL.

TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, BY THE PROVISION OF FACILITIES FOR WORK AND RECREATION.

Classification

What

- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
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- PEOPLE WITH DISABILITIES

How

- PROVIDES BUILDINGS / FACILITIES / OPEN SPACE
- PROVIDES SERVICES

Where it operates:

DEVON AND PLYMOUTH CITY

Horticultural Therapy Trust (HTT)

Chairman's Annual Report

With contributions from Deb Hoskin,
Dennis Trewin and Tonny Steenhagen

AGM, October 15th 2021

Held on Zoom 6.30pm

Core Allotment Report

We had another rather disruptive year with COVID 19 causing another circuit breaker for 2 weeks and then a further lock-down in the winter until April. HTT did however soldier on providing the necessary support for those in need. It meant one member of Staff down again for a good few months and Deb Hoskin was keeping it all going with the added assistance of Shareen Smith who was one of our volunteers for years. She was employed to make up for the loss of Dennis who was shielding and to give support for one half day a week on a Friday. Together with additional voluntary support from others this helped immensely with some of the workload. Additional separate funding from grants from the National Lottery Community Fund and Devon Community Foundation had been sought and gratefully received for the costs for Shareen's new role as staff and The Livewell Foundation gave a grant towards this.

Overall hours of participants were up. Back to pre-COVID levels even though some regular participants have still not returned fully. We had a total of 3800 hours of participation plus 1300 volunteered hours with 28 regular beneficiaries 12 volunteers who come and go at different times. Participants continue to feedback that HTT has been their main support to maintain enough wellness during the ongoing COVID crisis, though it has been good with lifting of restrictions to have been able to meet with family and friends now and activities newly begun again with other agencies. HTT has continued to be a life saver for some.

The lifting of restrictions also saw the return of Active for All. A small group run by Improving Lives Plymouth who have an adjoining plot. This is also of benefit to both projects as the contacts that they have given great assistance to some of the HTT participants who have issues getting their P.I.P payments etc. from the government, and also help with fear of vaccines and housing issues. With safe distancing both group are able to interact at outdoor break times so this provides additional social opportunities.

The Gazebos that we purchased from the grant given by the Pearn Trust were of huge value providing outdoor shelter from both rain and sun during the year and they helped to give COVID safe spaces in the outdoors.

Training. There were 2 people that were given Safeguarding training Shareen and a volunteer in addition to Deb and Dennis who already have theirs. This ensures that all staff are fully up to date. Shareen also embarked on Eco therapy 2 year diploma course which will greatly benefit us in the long run.

Fridays as an additional day at HTT for the adult well-being improvement sessions has continued to be funded through many different avenues, including a National Lottery Community Fund and many various Trusts, this has provided for new participants and volunteers and also additional days for those who need.

The car that was a good servant for the project was wearing out after 8 years and a replacement second-hand car was needed, an MPV was what we wished for. This was kindly funded single handed by Mr. R. Creed a retired solicitor who lives in London who generously made enough available to get a fairly newish one.

On a less positive note. HTT was victim to a long spate of burglaries where a group or individual rifled through our tools and equipment and took anything of value such as spanners and boxes of screws etc. About 9 times this occurred when they even took the toilet rolls and tea and coffee. The Cabin was also broken into. Cameras were employed but there was insufficient clarity for a positive identification. A power tool was taken, and crowd funding set up by a volunteer raised enough for that one to be replaced. These incidents have ended now, and a new security lock has been put on the allotment entrance gate. The police are aware and were very helpful, especially the PCO's. All power tools are now stored off site so nothing of great value can be stolen.

We have entered this year again into the RHS in your neighbourhood awards. As this report has been written after the results it can be stated that we have received a Special Award and our usual Outstanding.

The Facebook page remains a good tool used regularly to update participants that are still a bit wary of returning or who are not well at the time. It has been inspiring to others to see what is possible and has, feedback has shown, promoted the potential of being able to run support sessions safely outdoors. HTT has been in fact contacted by other agencies for help and advice as to how to do this safely because we have run throughout Lock-downs and remained safe. HTT have maintained distance and sanitisation throughout as a safe measure, and this has helped participants to keep safe outside of HTT with the fluctuations in COVID and restrictions. It has also promoted care and responsibility towards each other and a feel of being part of a team, which is core to HTT's values, while being able to socialise and belong within a community.

The Friday Outreach Maintenance Project

This project has also suffered from the lock-downs, due to Dennis having to shield, none of the gardens that we maintain could be worked on during the spring. It has been an uphill struggle to get back to where we are. Kate Parker one of our trustees has supported by volunteering each Friday and we are getting there now thanks to her assistance. The Millfields was entered for the business award section of the south West in Bloom and we were awarded a Silver Gilt.

This award is a great boost for the participants who have assisted with the gardens and it helps their confidence.

Everyone was very patient and understanding during the lock-downs and we are very much appreciated. The funding generated helps overall. Our plan is to continue this as long as it is needed and beneficial to the participants.

Annual Report 2020/2021, Dennis Trewin, Project Manager, HTT

Plymouth Foyer; Creative Natures project and Counselling Service

The Creative Natures project which had begun in the previous HTT year 2019 -2020, and had to stop during Lock-down in March 2019, began again in July 2020 and continued up until December 2020. From July to October sessions began again outside only and the Foyer set up a gazebo in the outdoors area, we offered gardening, photography and Art opportunities to residents aged 16 to 21 years. The project was attended by 13 residents overall, a high level of attendance for this group. One said 'This is what we need, we all have trauma and mental health problems, we need to be creative, that's what helps!' Deb Hoskin oversaw the very much participant led project as HTT staff in partnership with Tom of Free Radical Creations, funded through POP Plymouth by Esme Fairbairn Trust. Staff at The Foyer were greatly helped by HTT to find their way to begin to again offer face to face support to residents through the experience and advice of Deb. As residents had begun to fall back into self-destructive behaviours due to the isolation of COVID, this project facilitated finding their way forward and engagement with staff, through creativity and social opportunity, safe space to talk, supporting hope and motivation. Later with the cold weather we began to run safely indoors through tie dye and other art sessions, as well as planting pots for rooms etc., and also finally making Christmas presents from plant materials and also cards. The project was very successful.

Due to the recognition that the effects of COVID lock-downs and fears etc. had effected worsening of mental ill health for some residents and one of the best outcomes of the Creative Natures was space to talk together and discuss emotions, fears, and ways forward. There was a greatest need than staff could support, as other agencies are also finding, though staff at the Foyer offer good all round support for residents. So after conversations with management at The Foyer and as Deb Hoskin is a qualified counsellor, HTT decided to offer a counselling service similar to that run at Devonport House, Salvation Army, for the last 4 years.

An application was put to Llvewest, who run Plymouth Foyer and this was granted for a 12 month period. Deb Hoskin runs 4 hours weekly of sessions on Wednesday and Thursday evenings, so far this service has facilitated 11 residents to move forward from traumatic pasts towards better views of themselves and life and into better futures. Some have been signposted to various other helpful agencies. This service continues into 2021/22. Evidence is being gathered to help young people's voices and to help commissioners understand more local young people's needs at this time. It is hoped that such services may be provided in other Foyers. Evidence showed that two thirds of session were attended, a high percentage in this group, and of various recognisable benefits being due to this service, evaluated by feedback from clients.

Devonport House at HTT Allotment Gardens

Sessions have been erratic since March beginning again in late June due to COVID restrictions within Devonport House. However like Plymouth Foyer, residents of Devonport house had become more negatively affected mental health wise and self-sabotaging behaviours since isolation during COVID, this meant that there was a low engagement at HTT. However the few that participated with funding from Drake Foundation, Devon Community Foundation, have been supported to move forward each moving into their own accommodation. One with new skills for their own garden.

One participant continued at HTT three days a week, and is finding long term recoveries and moved into their own accommodation. Without HTT this participant said this would never have happened and they likely would not have lived.

Plymouth City College ESOL group at HTT allotment gardens

A pilot project (later running into 2021/22 with National Lottery Community Funding applied for in July) with ESOL students aged 16 to 19. Young refugee and asylum seekers, studying English and Maths at college from various countries, home cultures and spoken languages, who attend with their Tutor as a way to facilitate a sense of belonging in community, enjoys are space to build friendships together, time away from daily pressures and trauma, space to contemplate and be, and learn new skills or share and develop their skills. Sessions are based on gardening, food growing and flowers, also a Forest Garden as a new skill. Dan Stroud a HTT volunteer is a fully skilled carpenter is providing informal training in woodwork. Part of this project is to build a Woodworking Shelter for outdoor use by all HTT participants. Helpful during these COVID times of needing to be socially distanced and outdoors only. Shareen Smith is employed as a Supervisor in Training for this project as well as the Friday sessions. She is bringing her ECP Therapy training also. The hope is for this to be a long term project with the college who link HTT to the young people. Some are also at Plymouth Foyer and so the crossover of session HTT provides at grass roots locally is helpful to building relationships and supporting positive change. HTT hope to showcase in Plymouth ways to support belonging within the wider community of the city with the refugee and asylum seeker community. HTT are also hoping to form networking with other refugee support agencies such as START Plymouth.

Annual Report 2020/2021, Deb Hoskin, Project Manager, HTT

2020-21 Accounts Statement

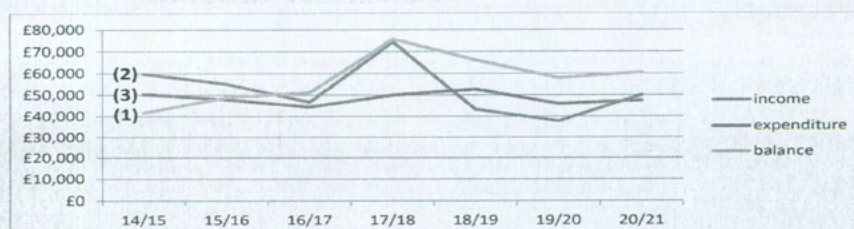
For the second year HTT has been operating during the COVID pandemic. HTT has been remarkably stable financially and we can report a small 'profits' of £2.6K, reversing the trend from last year. This is once again - given the situation - a good result, for 2 reasons: 1 - HTT again continued to offer scaled back services throughout the pandemic and 2 - The Balance sheet continues to look healthy for a Charity of the size of HTT - see graphic below, which shows a 4.6% increase to 60.6K. Grants and donations have increased 54.7% compared to last year, but this includes a ring-fenced donation of 7K for a new vehicle which has replaced the old one; the old one has now been written off.

Core project income has again decreased - by 25.1% this year. This now appears to be a trend: funded participants leaving but not being replaced by new ones. This is an area that needs attention.

On the up side 'other income' has increased by 5.2%.

Compared to last year expenditure has seen a small increase of 3.4% - this excludes the purchase of a new vehicle which shows up on the balance sheet. As mentioned in previous reports, there is never room to become complacent; securing grants/donations continues to be an ongoing concern.

Congratulations to all on another successful year - especially given the challenge of working once again during the COVID pandemic!



Above is an overview of income/expenditure/balance for the last 7 years which shows a healthy position.

If you are seeing the graph in black and white please note that the lines are (1) balance (2) Income and (3) expenditure.

Tonny Steenhagen (Bookkeeper/ Treasurer)

Our thanks to our treasurer who has kept our accounts with great expertise, for our staff for providing the report information and all the staff's dedicated work in helping the people we work with, for Swift in helping to raise funds, to the trustees, volunteers and all involved with the running of the charity and its projects and especially to those we work with – Thank you!

A list of the grants received for this year and the accounts follow. We are very grateful for the funding received which has enabled us to continue our work and also provided sufficient funds carried forward to ensure we can continue into the next year.

Horticultural Therapy Trust has continued to consolidate its financial situation and build on successes from former years despite another year of the COVID 19 epidemic.

Although we are a small charity we make a big difference in the lives of those we help.

Thank you to all of you for helping those in need.

Paul Keller (Chair)

Horticultural Therapy Trust
Transaction Detail by Account
 August 2020 through July 2021

Summary of Grants and Donations

Date	No.	Name	Type	Amount
01/08/2020	136	National lottery community fund	Restricted	9,564.00
10/08/2020	137	Valerie Ayton Trust	Restricted	1,000.00
09/09/2020	138	MA / MPC's dad	Unrestricted	125.00
28/09/2020	139	Devon Community Foundation	Restricted	2,500.00
01/10/2020	140	The social change / P.O.P.	Restricted	250.00
09/10/2020	141	Pearn trust	Restricted	2,144.68
12/10/2020	142	Richard Creed / CAF	Restricted	7,000.00
21/10/2020	143	David Gibbons Trust	Restricted	1,000.00
06/11/2020	144	Claire Milne Trust	Restricted	8,000.00
09/11/2020	145	Misc. Donations	Unrestricted	75.00
16/11/2020	146	Paypal	Unrestricted	0.01
17/11/2020	147	Misc. Donations	Unrestricted	50.00
07/01/2021	148	Paypal	Unrestricted	358.82
13/01/2021	149	The Livewell Foundation	Restricted	1,500.00
18/01/2021	150	S K	Restricted	5,000.00
08/02/2021	151	Misc. Donations	Unrestricted	100.00
15/03/2021	152	Misc. Donations Ebrington Lodge	Unrestricted	50.00
24/03/2021	154	Creative Connected	Restricted	500.00
17/05/2021	155	Paypal	Unrestricted	95.37
19/05/2021	156	Woodruffe Benton Foundation	Restricted	1,000.00
24/05/2021	153	Devon County Council	Restricted	1,000.00

Total Grants and Donations

£41,312.88

Horticultural Therapy Trust

Statement of Assets and Liabilities

at 31 July 2021

	31 Jul 21	31 Jul 20	£ Change	% Change
ASSETS				
Fixed Assets				
Facility Construction	4,984.55	6,646.55	-1,662.00	-25.0%
Furniture and Fixtures	3,242.80	2,417.00	825.80	34.2%
Vehicles	5,780.00	446.50	5,333.50	1,194.5%
Total Fixed Assets	14,007.35	9,510.05	4,497.30	47.3%
Other Assets				
Other Assets	549.82	733.82	-184.00	-25.1%
Total Other Assets	549.82	733.82	-184.00	-25.1%
Current Assets				
Accounts Receivable				
Jobs	2,345.00	630.00	1,715.00	272.2%
Total Accounts Receivable	2,345.00	630.00	1,715.00	272.2%
Cash at bank and in hand				
Co-operative Bank	30,501.96	32,337.54	-1,835.58	-5.7%
Petty Cash	0.22	0.22	0.00	0.0%
Savings	15,211.77	15,193.97	17.80	0.1%
Total Cash at bank and in hand	45,713.95	47,531.73	-1,817.78	-3.8%
Total Current Assets	48,058.95	48,161.73	-102.78	-0.2%
Current Liabilities				
Accounts Payable				
Accounts Payable	2,022.27	464.76	1,557.51	335.1%
Total Accounts Payable	2,022.27	464.76	1,557.51	335.1%
Total Current Liabilities	2,022.27	464.76	1,557.51	335.1%
NET CURRENT ASSETS	46,036.68	47,696.97	-1,660.29	-3.5%
TOTAL ASSETS LESS CURRENT LIA...	60,593.85	57,940.84	2,653.01	4.6%
NET ASSETS	60,593.85	57,940.84	2,653.01	4.6%
Capital and Reserves				
Retained Earnings	57,940.84	66,132.44	-8,191.60	-12.4%
Profit for the Year	2,653.01	-8,191.60	10,844.61	132.4%
TOTAL funds	60,593.85	57,940.84	2,653.01	4.6%

Horticultural Therapy Trust

Income and Expenditure

1st August 2020 to 31 July 2021

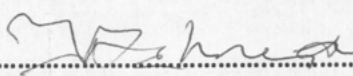
	Aug '20 - Jul 21	Aug '19 - Jul 20	£ Change	% Change
Ordinary Income/Expense				
Income				
Bank Interest Earned	17.80	113.30	-95.50	-84.3%
Core Project Income	6,640.00	8,870.00	-2,230.00	-25.1%
Grants and Donations	41,312.88	26,710.52	14,602.36	54.7%
* Other income	2,097.80	1,994.87	102.93	5.2%
Total Income	50,068.48	37,688.69	12,379.79	32.9%
Gross Profit	50,068.48	37,688.69	12,379.79	32.9%
Expense				
Art Materials	52.00	61.46	-9.46	-15.4%
Awards and Grants Commis...	2,880.00	2,340.00	540.00	23.1%
Building material expense	446.45	202.90	243.55	120.0%
Depreciation Expense	4,393.50	3,710.50	683.00	18.4%
Garden Expense	2,074.90	1,619.69	455.21	28.1%
Heating & Light	0.00	20.50	-20.50	-100.0%
Insurance Expense	1,623.39	1,344.43	278.96	20.8%
Meals and Entertainment	137.53	222.68	-85.15	-38.2%
Miscellaneous Expense	135.96	320.73	-184.77	-57.6%
Office Expense				
Advertising	5.94	0.00	5.94	100.0%
Cleaning	0.00	16.28	-16.28	-100.0%
Consumables	88.94	58.46	30.48	52.1%
Stationery	3.20	50.58	-47.38	-93.7%
Total Office Expense	98.08	125.32	-27.24	-21.7%
Postage and Delivery	16.18	21.07	-4.89	-23.2%
Printing and Reproduction	188.12	296.93	-108.81	-36.7%
Rent and Rates	666.75	558.80	107.95	19.3%
Repairs and Maintenance	42.00	3,543.20	-3,501.20	-98.8%
Small Tools and Equipment	1,514.91	139.06	1,375.85	989.4%
Telephone / Internet	458.36	411.91	46.45	11.3%
Training & Education	660.60	1,537.08	-876.48	-57.0%
Travel and Meetings				
Conference, Meetings	10.14	47.50	-37.36	-78.7%
Travel	502.40	1,213.75	-711.35	-58.6%
Total Travel and Meetings	512.54	1,261.25	-748.71	-59.4%
Vehicle Expense	176.15	850.16	-674.01	-79.3%
Wages	31,338.05	27,292.62	4,045.43	14.8%
Total Expense	47,415.47	45,880.29	1,535.18	3.4%
Net Ordinary Income	2,653.01	-8,191.60	10,844.61	132.4%
Profit for the Year	2,653.01	-8,191.60	10,844.61	132.4%

Notes

* School and/or work contracts

Independent Examiners Report

I can confirm that I have examined the accounts, without carrying out an audit, from the books and records of the charity and information and explanations as provided by the designated book keeper.

Signed and agreed by  Date: 22.12.2021

Name: TRACEY ARCHMAN
.....

Job role: FORMER CENTRE MANAGER + FINANCE OFFICER
.....

Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year (under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility to:

- Examine the accounts (under section 43 (2) of the Charity's Act 1993 (the 1993 Act).
- To follow the procedures laid down in the General Directions given by the Charities Commissioners (under section 43 (7)(b) of the Act.
- To state whether particular matters have come to my attention.

Acceptance of Annual Report and Accounts

Format of Accounts

Standard format of profit and loss account as laid down by the Companies Act 2006.

For the year ending 31st July 2021 the company was entitled to exemption under section 477 (2) of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and preparation of the accounts.

These accounts have been delivered in accordance with the provisions applicable to companies subject to the small Companies regime.

The above report and accounts have been agreed by the board of trustees and signed as accurate statement on their behalf by the Chair:

Signed *Paul Keller* Date: 8th December 2021.....

Paul Keller

Trustee / Chair