



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 1 April 2021 Period start date To 31 March 2022 Period end date

Charity name: Plump'd

Charity registration number: 1147919

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of hunger and malnutrition among children in the developing world.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing distribution of Plumpy'Nut to vulnerable, needy and destitute children. Plumpy'Nut is a high calorie peanut-based paste which contains sugar, vegetable fat, skimmed milk powder, vitamins and minerals, and, crucially, allows for the treatment of severe acute malnutrition without the need for hospitalisation.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We always work with reputable international charities, US, Europe or UK-registered, who distribute the Plumpy'Nut on the ground as part of their longstanding networks.
Policy on social investment including	Para 1.38	

program related investment		
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	This year's donation to Aden was a particular high point for us given its size (450 cartons) and the scale of the humanitarian emergency in Yemen, especially as it relates to children under five and, unfortunately, the rapid spread of hunger and malnutrition owing to the conflict and drought.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We have £3,238 remaining in our accounts.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	These funds are enough to cover another donation.
Amount of reserves held	Para 1.22	£3,238
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	We are not in deficit thankfully, and never have been.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>Our main reservation about continuing is the growing paperwork, particularly with regard to Barclays due diligence checks – both annual and biannual ones, and also in relation to specific payments. We absolutely understand the need for scrutiny of financial transactions, and we welcome it, but the duplication involved in dealing with multiple, siloed teams is a huge drain on our main resource (volunteered time). Most of these checks involve giving information that was previously provided, but to a new individual.</p> <p>Furthermore, I wonder if we will encounter difficulties this year in raising money from individual and institutional donors alike, given the intensity of the economic crisis globally and attendant haircutting all around.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Micro-donations through our website tick away in the background, and every now and then we receive a large donation from someone in our network who wholeheartedly supports what we're doing. Let's hope this continues.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the	Para 1.46	

charity		
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Declaration of Trust
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	As a trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing trustees agree that a new trustee will add material value. Currently we have one trustee who works in the UK charity sector, another trustee who supports us through a partnership with his food business, and yet another who specialises in administration.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Plump'd
Other name the charity uses	
Registered charity number	1147919

Charity's principal address	2 South Hill Park London NW3 7NL

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Alia Brahimi	President		
2	Mrs Elly Rudge			
3	Mr Peter Hunt			
4	Miss Fiona Jerman			
5				
6				
7				
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15				
16				
17				
18				
19				
20				

## Corporate trustees - names of the directors at the date the report was approved

Director name		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	




## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

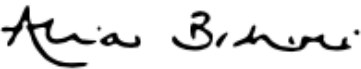
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Alia Brahimi	
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Position (eg  
Secretary, Chair, etc)

Trustee/ President	
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Date

23/1/2023
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Plump'd

1147919

## Receipts and payments accounts

CC16a

For the period  
from

4/1/2021

To

3/31/2022

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Major donation from Lubeck Shipping LLC	36,000	-	-	36,000	3,000
PayPal donations from public	194	-	-	194	212
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	36,194	-	-	36,194	3,212
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	36,194	-	-	36,194	3,212
<b>A3 Payments</b>					
Purchase of Plumpy'Nut from Nutriset	34,180	-	-	34,180	2,314
Mark Matcham - web design, hosting etc.	240	-	-	240	385
PayPal partner fees	1	-	-	1	1
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	34,421	-	-	34,421	2,700
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-

<b><i>Sub total</i></b>	-	-	-	-	-
<b><i>Total payments</i></b>	34,421	-	-	34,421	2,700
<b><i>Net of receipts/(payments)</i></b>	1,773	-	-	1,773	512
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b><i>Cash funds this year end</i></b>	1,773	-	-	1,773	512

## Section B Statement of assets and liabilities at the end of the period

[illegible]

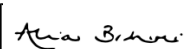
**B5 Liabilities**

		-	-
		-	-
		-	-

**Details**

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Alia Brahimi	23//1/2023



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

Report to the trustees/  
members of

Charity Name

PLUMP 'D

On accounts for the year  
ended

31 / 3 / 22

Charity no  
(if any)

1147919

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Sara Mina

Date:

24/01/23

Name:

SARA MINA

Relevant professional  
qualification(s) or body  
(if any):

IAQ + CISI

Address:

3 Alison Grove  
Crossford, Dunfermline  
KY12 8YU



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A