

**REGISTERED COMPANY NUMBER: 08042006 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1147859**

**Report of the Trustees and**  
**Financial Statements for the Year Ended 31 January 2023**  
**for**  
**Help Harry Help Others**

Pinfields Limited  
Chartered Accountants  
Meryll House  
57 Worcester Road  
Bromsgrove  
Worcestershire  
B61 7DN

## **Help Harry Help Others**

### **Contents of the Financial Statements for the year ended 31 January 2023**

	<b>Page</b>
<b>Report of the Trustees</b>	<b>1 to 6</b>
<b>Independent Examiner's Report</b>	<b>7</b>
<b>Statement of Financial Activities</b>	<b>8</b>
<b>Balance Sheet</b>	<b>9 to 10</b>
<b>Notes to the Financial Statements</b>	<b>11 to 22</b>
<b>Detailed Statement of Financial Activities</b>	<b>23 to 24</b>

**Report of the Trustees  
for the year ended 31 January 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 January 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**Harry's story**

Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his who also had a brain tumour became very ill. Within the space of just over two years Harry had organised and attended nearly 100 events to raise money for and awareness of Brain Cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On 8th October 2011, and after 14 weeks in a coma, Harry passed away peacefully at home in his Mom's arms.

Harry's work had touched so many lives that Help Harry Help Other's (HHHO) was set up in order to carry on his vision to make a difference to all people that suffer with brain tumours.

**OBJECTIVES AND ACTIVITIES**

**Policies and objectives**

The charity's main objects, as set out in the articles of association, are:

- To preserve; protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications, workshops and any other mean of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

**Activities for achieving objectives**

A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource we have still been as active as possible in a range of activities which include:

- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools, prisons, communities, businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.

The trustees have paid due regard to the guidance on public benefit issued by the Charity Commission in deciding what activities the charity should undertake.



**Report of the Trustees  
for the year ended 31 January 2023**

**OBJECTIVES AND ACTIVITIES**

**Volunteers**

HHHO Values the ongoing commitment of both our skilled and unskilled volunteers.

We are continually trying to engage and attract new volunteers to add value to our service as they are instrumental in the work we do. This year saw an increase of volunteers from 6 to 12 skilled volunteers covering listening, counselling, and other skilled services at HHHO. Engagement for other volunteers for outreach work, fundraising and awareness events continues to be hard but we are proud of the 12 volunteers that remain dedicated.

**ACHIEVEMENT AND PERFORMANCE**

**Review of activities**

Whilst our tenth year started with a sense of normality slowly returning, due to our service users being those classed as most vulnerable during the pandemic, the group support sessions were not as well attended during the first quarter with fear and nervousness remaining instilled across the cancer community we serve. However, following some online topical workshops created and new support groups established we were able to slowly help people rebuild their confidence and help them return to reaching for the support they needed.

Our focus for the year was to ensure we had the right staffing and support to enable to us embrace the year and turn things around following the uncertainty that impacted on everyone however, following a positive start with a new assistant in place to support the Founder our Head of Listening & Counselling services was in and out due a close relative's terminal diagnosis. As a small charity this impacted on the whole team with service users having to be reallocated to clients and the Founder having to step in to cover the management side of her role. This meant the drive and focus for supporter engagement was impacted on.

Despite the above, our priority - the service users' level of service continued. Behind the scenes we just had to react to the sudden changes which took us away from our original plans for the year. The board and the Founder remained focussed on working through and were able to still make plans to try and address re-engaging our supporters, despite people being very cautious following the pandemic, Ukraine War, changes in government and latterly the news re the fuel increases and cost of living crisis. Once again throughout the year the Founder remained very hands on throughout the year reacting to internal issues within the team seeing her run the charity and the cancer centre day to day whilst trying to work where possible on supporter engagement and planning and executing fundraising events. She continued to take charge of all day-to-day operational management of the Drop-in Cancer Support Centre, oversee the marketing including social media and was responsible for the fundraising. She was supported by the Office and Finance Manager and the Adult and Youth Counsellor who continues to oversee and support the emotional support and listening team and the newly appointed PA that started Dec 2021. However, due to relocation out of Birmingham November 22, the PA left and so once again we were back to the recruitment process.

Despite a tough year with staffing, recruitment and engagement in general continuing to be difficult, we were focussed on standing by our charitable objectives and made a further donation to our 3-year commitment of funding a PhD student Supporting Brain Tumour Research at Aston University via our HelpCURE fund. £12,132 was donated directly to the project and a further donation of £1000 was made to Great Ormond Street for a brain tumour research project. We also donated £4,231.30 via HelpCOPE (giving grants to families suffering financial hardship), and £42,675.56 via HelpCARE (our Drop-in Cancer Support Centre).

At the end of this financial year, we are supporting 1023 adults and children affected by any type of cancer. In total we had 167 new clients that accessed our services throughout the year. 18 service users sadly lost their battle to cancer, and we continue to support their families with a range of emotional, listening and counselling services.



**Report of the Trustees  
for the year ended 31 January 2023**

**ACHIEVEMENT AND PERFORMANCE**

Whilst the demand on some of our 'Core' services increased all round, the demand for our extensive range of listening, emotional support and counselling services continue to remain the biggest requirement from our service users with over 2,247 hours of support being delivered. This meant our counselling and listening team has almost doubled in size via paid sessional workers and volunteers. A costings review of this will take place following a 6-month time period to review the average increase in running costs.

Some of our group activities including the weekly #Time4Teens after school club for youngsters affected by cancer and also our #MenMatters group held every Monday for Men which is facilitated by one of our dedicated Volunteer Male listeners continued to be well attended with most weeks seeing the maximum numbers in attendance.

Following the piloted trial of our very own in house 10 week therapeutic support group last year called 'Simply The Breast' for breast cancer patients, and the impact these had on clients we established 'Care and Share buddy groups' for people to continue to get support from peers. A weekly group was established for this to run. The support group was facilitated by a qualified counsellor and a service user with lived experience of the subject matter. Five more support groups were written and trialled including: Forget me Nots covering loss, Carers Count for carers, Mankind for Men, Loved ones for Family and Friends and Well woman specifically for women.

In addition to this in order to support people who could not directly access HHHO, we started planning a series of topical podcasts to enable us to share lived experience of topical subjects. These were also led by a qualified counsellor who joined in to ask questions to each group and also be there to support if needed.

Our 1-1 Step Forwards Coaching and mentoring programme continued to be well attended and we were able to identify that some service users wanted group sessions instead. These were created and ran. At the end of the year we ran our first ever Step Forwards presentation evening where all attendees were presented with an award and celebrated for the movement and how far they had come.

Towards the end of the year we re-introduced some of our services that had to be postponed through the pandemic due to such close working proximity. This including our breast care service and bra fitting, yoga and mindfulness and holistic therapies including Indian head massage and Reiki. The rest of our Core services including emotional support and counselling, debt and financial advice, benefits advice and housing & council tax advice continued including both face to face and via phone / zoom.

We also started discussions with the Bsol ICB re early diagnosis projects and the opportunity for HHHO to support these projects offering services on site here at HHHO. Following audits in January, HHHO will be an approved site for the TLHC lung screening programme from April 23 which will see an increase of 45-50 people per day attending our Drop In Cancer Support Centre for MRI scans.

We are thrilled to be able to exceed clients' expectations and adapt our services to continue to offer immediacy, empathy and urgency to their ever-changing needs however, it remains a tough time with income generation still suffering.

After going over two years without any large events we were able to bring back our charity ball which lifted everyone's spirits across the charity and also enabled us to re-engage supporters. With the Founder having support from a PA she was able to start to plan a huge community event bringing a historic and iconic event back to Birmingham. Plans started at the beginning of the year for The Birmingham Walkathon to return. Whilst we had to postpone this for its proposed date of September 2022 due to struggling to engage volunteers and walkers due to the Commonwealth games, a rescheduled date and marketing plan was created to start promotion from Jan 2023. We are hoping this will become a huge annual event in Birmingham and one which will grow year on year.

**Report of the Trustees  
for the year ended 31 January 2023**

**ACHIEVEMENT AND PERFORMANCE**

Following the sudden departure of the Founders PA in November 22 this saw the team very stretched. Following a review of our needs with two huge events being planned to include our tenth anniversary ball and the Birmingham Walkathon, the board felt that we needed to take the day to day operational pressures away from the Founder so she could focus on the events, fundraising and awareness for the charity. An operations manager was recruited but sadly just four weeks in they were diagnosed with one of the worst forms of breast cancer and so left without notice. This saw the remainder of the year very challenging however the board of trustees remained supported and committed to continually reviewing our financial situation and plans were underway to ensure during 2023 we were able to tackle the staffing situation. We had to ensure however that the charity was in a better financial position and all recruitment was put on hold for a review following the two large events that were taking a lot of the founder's time to get off the ground. The board agreed we needed to see the financial situation improve and with the two large events, there was no capacity to deal with recruiting immediately.

Our trustee board continue to be dedicated and committed throughout and have been a great support to The Founder. Two long serving trustees stepped down following 7 years' service in May 22. They are still great supporters of the charity and HHHO will always be grateful for the dedication and commitment to HHHO.

In summary, we have had another year of reacting to unforeseen situations re staffing and recruitment and engagement is still tough yet the demand on our services is continually increasing with us now receiving referrals from the NHS. This in return means costs are increasing through what continues to be a challenging time. Despite our large events a focus on awareness campaigns and plans to apply and secure funding are our aim once we are able to change the role of the Founder and free up time to allow her to fully focus in this area.

**FINANCIAL REVIEW**

**Principal funding sources**

The charity is largely funded by voluntary donations and various fundraising events.

**Reserves policy**

The trustees aim to maintain reserves at a level to cover six months of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop in Cancer Support Centre, running expenses plus support and governance costs.

On 31 January 2023 the balances were:

- Unrestricted funds £224,1634 of free reserves, against an expected six month spend of £90,000



**Report of the Trustees  
for the year ended 31 January 2023**

**FINANCIAL REVIEW**

**Risk management**

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees have policies in place and grant applications are discussed at trustee meetings where the Board reaches a decision on each application.

**Future Developments**

Our main aims are to: -

- Continue to meet our objectives under HelpCURE, HelpCOPE and the services via HelpCARE.
- To continue reviewing our services, costs and income generation.
- Continue aligning our 5-year vision document during the next year and working to get the right staffing structure in place.
- To focus on Early diagnosis and to be a centre offering any early diagnosis/ screening work from here.
- To continue to deliver topical workshops and wellbeing days to offer group support, education and to relieve worries and fears around specific topics that arise following a cancer diagnosis.
- To continually to review the feedback of those affected by cancer and ensure that we address and adapt to their current needs.
- To look at how we can tackle diversity and reach more communities we have highlighted that are not reaching out for support.
- Continue to build reserves for a further centre and undertake research as to where the highest need is for such support.
- Continue to raise awareness of the centre to ensure that the 3,400 people affected by cancer locally are aware of all that is accessible to them.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Method of appointment or election of trustees**

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10.00, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member or within 1 year after them ceasing to be a member.

**Organizational structure and decision making**

The Trustees are ultimately responsible for the decision making of the organization but the day to day operation of the activities is delegated to Georgina Moseley a Trustee and Chief Executive Officer.

The Trustees meet regularly.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

08042006 (England and Wales)



**Report of the Trustees  
for the year ended 31 January 2023**

**Registered Charity number**

1147859

**Registered office**

8 Midland Croft  
Birmingham  
West Midlands  
B33 0AW

**Trustees**

Mrs G Moseley  
Mr T Ross  
Mrs J B Smith  
Mr R A Spittle (resigned 5/5/2022)  
Mr J M Till (resigned 5/5/2022)  
Mr D J Baldwin  
Mr A Downton

**Independent Examiner**

Pinfields Limited  
Chartered Accountants  
Meryll House  
57 Worcester Road  
Bromsgrove  
Worcestershire  
B61 7DN

Approved by order of the board of trustees on 5 October 2023 and signed on its behalf by:

Mrs G Moseley - Trustee

**Independent Examiner's Report to the Trustees of  
Help Harry Help Others**

**Independent examiner's report to the trustees of Help Harry Help Others ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul J Tivey FCA FCCA

Pinfields Limited  
Chartered Accountants  
Meryll House  
57 Worcester Road  
Bromsgrove  
Worcestershire  
B61 7DN

5 October 2023

## Help Harry Help Others

### Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the year ended 31 January 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Voluntary income	4	214,967	-	214,967	190,267
<b>Charitable activities</b>	6				
HelpCOPE grants		5,000	-	5,000	13,000
Annual ball event	5	87,999	-	87,999	-
<b>Total</b>		<u>307,966</u>	<u>-</u>	<u>307,966</u>	<u>203,267</u>
<b>EXPENDITURE ON</b>					
<b>Raising funds</b>					
Cost of generating voluntary income	7	22,993	-	22,993	13,100
Cost of annual ball event	8	62,234	-	62,234	-
		<u>85,227</u>	<u>-</u>	<u>85,227</u>	<u>13,100</u>
<b>Charitable activities</b>	9				
HelpCOPE grants		42,333	-	42,333	23,101
HelpCURE grants		45,179	-	45,179	51,360
HelpCARE grants		91,335	-	91,335	54,097
Cancer Care Centre Services		107,092	-	107,092	98,191
General		-	-	-	6,780
Other		<u>(5,226)</u>	<u>-</u>	<u>(5,226)</u>	<u>-</u>
<b>Total</b>		<u>365,940</u>	<u>-</u>	<u>365,940</u>	<u>246,629</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(57,974)</b>	<b>-</b>	<b>(57,974)</b>	<b>(43,362)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		282,138	-	282,138	325,500
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>224,164</u></u>	<u><u>-</u></u>	<u><u>224,164</u></u>	<u><u>282,138</u></u>

The notes form part of these financial statements



**Balance Sheet**  
**31 January 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	16	2,055	-	2,055	4,873
<b>CURRENT ASSETS</b>					
Stocks	17	1,000	-	1,000	1,000
Debtors	18	46,353	-	46,353	31,275
Cash at bank and in hand		253,340	-	253,340	308,190
		<u>300,693</u>	<u>-</u>	<u>300,693</u>	<u>340,465</u>
<b>CREDITORS</b>					
Amounts falling due within one year	19	(78,584)	-	(78,584)	(63,200)
<b>NET CURRENT ASSETS</b>		<u>222,109</u>	<u>-</u>	<u>222,109</u>	<u>277,265</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>224,164</u>	<u>-</u>	<u>224,164</u>	<u>282,138</u>
<b>NET ASSETS</b>		<u>224,164</u>	<u>-</u>	<u>224,164</u>	<u>282,138</u>
<b>FUNDS</b>	21				
Unrestricted funds				224,164	282,138
<b>TOTAL FUNDS</b>				<u>224,164</u>	<u>282,138</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

**Balance Sheet - continued**  
**31 January 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 October 2023 and were signed on its behalf by:

Mrs G Moseley - Trustee

Mr D J Baldwin - Trustee

## Help Harry Help Others

### Notes to the Financial Statements for the year ended 31 January 2023

#### 1. CHARITY INFORMATION

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales and registered with the Charity Commission. The registered office is 8 Midland Croft, Birmingham, B33 0AW.

#### 2. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Going Concern**

The trustees are of the view that the charity is a going concern.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

##### **Governance costs**

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% reducing balance and 33% on cost
Motor vehicles	- 25% on reducing balance

##### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.



## **Help Harry Help Others**

### **Notes to the Financial Statements - continued for the year ended 31 January 2023**

#### **2. ACCOUNTING POLICIES - continued**

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Debtors and liabilities**

Debtors are measured at the undiscounted amounts of cash receivable.

Creditors are measured at the undiscounted amount of cash payable.

#### **3. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 4. VOLUNTARY INCOME

	2023	2022
	£	£
Donations and gifts	205,383	182,296
Donated services and facilities	9,584	7,971
	<u>214,967</u>	<u>190,267</u>

### 5. ANNUAL BALL EVENT

	2023	2022
	£	£
Table sales, tickets, auctions and sponsorship	<u>87,999</u>	<u>-</u>

### 6. INCOME FROM CHARITABLE ACTIVITIES

	2023 HelpCOPE grants	2022 Total activities
	£	£
Grants	<u>5,000</u>	<u>13,000</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Other Grants	-	3,000
Aviva Funding	-	10,000
ScrewFix Foundation Funding	<u>5,000</u>	<u>-</u>
	<u>5,000</u>	<u>13,000</u>

### 7. COST OF GENERATING VOLUNTARY INCOME

	2023	2022
	£	£
Bracelet components	2,979	-
Fundraising costs	19,281	12,452
Online and text giving costs	<u>733</u>	<u>648</u>
	<u>22,993</u>	<u>13,100</u>

## Help Harry Help Others

### Notes to the Financial Statements - continued for the year ended 31 January 2023

#### 8. COST OF ANNUAL BALL EVENT

	2023	2022
	£	£
Venue, catering, band and other running costs	<u>62,234</u>	<u>-</u>

#### 9. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 10) £	Support costs (see note 11) £	Totals £
HelpCOPE grants	9,980	4,231	28,122	42,333
HelpCURE grants	-	-	45,179	45,179
HelpCARE grants	-	42,676	48,659	91,335
Cancer Care Centre Services	1,536	-	105,556	107,092
	<u>11,516</u>	<u>46,907</u>	<u>227,516</u>	<u>285,939</u>

#### 2022 Charitable Activities Costs:

	Direct Costs £	Grant funding of activities (see note 10) £	Support costs (see note 11) £	Totals £
HelpCOPE grants	-	4,187	18,914	23,101
HelpCURE grants	-	21,132	30,228	51,360
HelpCARE grants	-	21,559	32,538	54,097
Cancer Care Centre Services	7,078	-	91,113	98,191
General	-	6,780	-	6,780
	<u>7,078</u>	<u>53,658</u>	<u>172,793</u>	<u>233,529</u>

#### 10. GRANTS PAYABLE

	2023	2022
	£	£
HelpCOPE grants	4,231	4,187
HelpCURE grants	-	21,132
HelpCARE grants	42,676	21,559
General	-	6,780
	<u>46,907</u>	<u>53,658</u>



# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 10. GRANTS PAYABLE - continued

The total grants paid to institutions during the year was as follows:

	2023	2022
	£	£
Free@Last	-	6,780
Aston University	-	21,132
	<u>-</u>	<u>27,912</u>

The total grants paid to individuals during the year was as follows:

	2023	2022
	£	£
Grants to individuals	<u>46,907</u>	<u>25,746</u>

### 11. SUPPORT COSTS

	Support costs	Governance costs	Totals
	£	£	£
HelpCOPE grants	26,519	1,603	28,122
HelpCURE grants	43,577	1,602	45,179
HelpCARE grants	47,056	1,603	48,659
Cancer Care Centre Services	100,142	5,414	105,556
	<u>217,294</u>	<u>10,222</u>	<u>227,516</u>

Governance costs include payments to the independent examiner of £7,347 (2022 - £6,000) for examination fees.

Support costs, included in the above, are as follows:

#### Support costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	14,216	23,692	25,588
Social security	1,060	1,767	1,908
Pensions	335	-	-
Rent and rates	3,630	6,050	6,534
Insurance	419	699	755
Telephone	559	931	1,005
Postage and stationery	-	-	-
Sundries	-	-	-
Motor expenses	1,545	2,575	2,781
	<u>21,764</u>	<u>35,714</u>	<u>38,571</u>
Carried forward	21,764	35,714	38,571

# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 11. SUPPORT COSTS - continued

#### Support costs - continued

	HelpCOPE grants £	HelpCURE grants £	HelpCARE grants £
Brought forward	21,764	35,714	38,571
Computer expenses	-	-	-
Volunteer expenses	-	-	-
Subscriptions	-	-	-
Repairs	734	1,224	1,322
Staff recruitment	-	-	-
Support consultant	94	94	93
Staff training	-	-	-
Travel expenses	7	12	14
Bank charges	-	-	-
Staff uniform	-	-	-
Social media	3,920	6,533	7,056
Depreciation of tangible assets	-	-	-
Bank interest	-	-	-
	<u>26,519</u>	<u>43,577</u>	<u>47,056</u>
		2023	2022
	Cancer Care Centre Services £	Total activities £	Total activities £
Wages	54,929	118,425	93,558
Social security	4,520	9,255	5,969
Pensions	2,430	2,765	2,142
Rent and rates	7,744	23,958	23,958
Insurance	923	2,796	2,931
Telephone	1,229	3,724	9,290
Postage and stationery	5,613	5,613	3,764
Sundries	1,349	1,349	501
Motor expenses	3,399	10,300	9,248
Computer expenses	1,009	1,009	516
Volunteer expenses	347	347	221
Subscriptions	1,549	1,549	2,719
Repairs	1,567	4,847	2,851
Staff recruitment	1,127	1,127	2,880
Support consultant	1,495	1,776	456
Staff training	963	963	1,871
Travel expenses	17	50	-
Bank charges	266	266	5
Staff uniform	304	304	-
Carried forward	<u>90,780</u>	<u>190,423</u>	<u>162,880</u>

# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 11. SUPPORT COSTS - continued

#### Support costs - continued

		2023	2022
	Cancer Care Centre Services	Total activities	Total activities
	£	£	£
Brought forward	90,780	190,423	162,880
Social media	8,624	26,133	-
Depreciation of tangible assets	748	748	1,469
Bank interest	(10)	(10)	93
	<u>100,142</u>	<u>217,294</u>	<u>164,442</u>
<b>Governance costs</b>			
	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	196	195	195
Social security	18	18	18
Pensions	5	4	4
Independent Examiner's remuneration	1,152	1,152	1,152
Rent and rates	38	38	38
Accountancy fees	110	110	110
Legal fees	63	63	63
Repairs	7	8	8
Support consultant	14	14	15
	<u>1,603</u>	<u>1,602</u>	<u>1,603</u>
		2023	2022
	Cancer Care Centre Services	Total activities	Total activities
	£	£	£
Wages	659	1,245	1,200
Social security	61	115	105
Pensions	15	28	27
Independent Examiner's remuneration	3,891	7,347	6,000
Rent and rates	128	242	242
Accountancy fees	371	701	677
Legal fees	213	402	52
Repairs	26	49	24
Support consultant	50	93	24
	<u>5,414</u>	<u>10,222</u>	<u>8,351</u>

## Help Harry Help Others

### Notes to the Financial Statements - continued for the year ended 31 January 2023

#### 12. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Independent Examiner's remuneration	7,347	6,000
Depreciation - owned assets	748	1,471
Other operating leases	23,958	23,958
Surplus on disposal of fixed assets	(5,226)	-
Operating lease charges (governance costs)	242	242
	<u>          </u>	<u>          </u>

#### 13. TRUSTEES' REMUNERATION AND BENEFITS

During the year one of the directors received payment as an employee of the charity as permitted under the Articles of Association. A salary of £40,250 (2022 - £35,000) was paid to Mrs G Moseley with benefit in kind of £8,171 (2022 - £7,104) and pension contributions of £1,020 (2022 - £863).

##### Trustees' expenses

One of the trustees received reimbursement of expenses amounting to £50 (2022 - £0), being in relation to travel and subsistence.

#### 14. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	119,670	94,758
Social security costs	9,370	6,074
Other pension costs	2,793	2,169
	<u>          </u>	<u>          </u>
	<u>131,833</u>	<u>103,001</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Total staff	<u>4</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the charity are the Trustees. The aggregate employment costs of key management personnel (Including employers pension and national insurance costs) is £55,198 (2022 £47,557).



# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 15. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Voluntary income	190,267	-	190,267
<b>Charitable activities</b>			
HelpCOPE grants	13,000	-	13,000
<b>Total</b>	<u>203,267</u>	<u>-</u>	<u>203,267</u>
<b>EXPENDITURE ON</b>			
<b>Raising funds</b>			
Cost of generating voluntary income	13,100	-	13,100
	<u>13,100</u>	<u>-</u>	<u>13,100</u>
<b>Charitable activities</b>			
HelpCOPE grants	23,101	-	23,101
HelpCURE grants	51,360	-	51,360
HelpCARE grants	54,097	-	54,097
Cancer Care Centre Services	84,342	13,849	98,191
General	6,780	-	6,780
<b>Total</b>	<u>232,780</u>	<u>13,849</u>	<u>246,629</u>
<b>NET INCOME/(EXPENDITURE)</b>	(29,513)	(13,849)	(43,362)
<b>Transfers between funds</b>	<u>285</u>	<u>(285)</u>	<u>-</u>
<b>Net movement in funds</b>	(29,228)	(14,134)	(43,362)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	311,366	14,134	325,500
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>282,138</u>	<u>-</u>	<u>282,138</u>

# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 16. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
<b>COST</b>			
At 1 February 2022	7,147	16,500	23,647
Additions	1,454	-	1,454
Disposals	-	(16,500)	(16,500)
	<u>8,601</u>	<u>-</u>	<u>8,601</u>
<b>DEPRECIATION</b>			
At 1 February 2022	5,798	12,976	18,774
Charge for year	748	-	748
Eliminated on disposal	-	(12,976)	(12,976)
	<u>6,546</u>	<u>-</u>	<u>6,546</u>
<b>NET BOOK VALUE</b>			
At 31 January 2023	<u>2,055</u>	<u>-</u>	<u>2,055</u>
At 31 January 2022	<u>1,349</u>	<u>3,524</u>	<u>4,873</u>

### 17. STOCKS

	2023 £	2022 £
Stocks	<u>1,000</u>	<u>1,000</u>

### 18. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	3,637	3,585
Other debtors	120	-
Prepayments	42,596	27,690
	<u>46,353</u>	<u>31,275</u>

# Help Harry Help Others

## Notes to the Financial Statements - continued for the year ended 31 January 2023

### 19. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	68	6,699
Social security and other taxes	-	2,185
Pension	479	422
Deferred income	71,695	48,108
Accrued expenses	6,342	5,786
	<u>78,584</u>	<u>63,200</u>

Details of deferred income:

Balance of grant for the purchase cost of a minibus less annual depreciation and running costs: £0 (2022: £3,524).

Advance receipts for the Annual Ball : £17,034 (2022: £44,584).

Advanced receipt for the Walkathon initially planned for September 2022 but moved back to April 2023: £54,661 (2022: £0).

### 20. LEASING AGREEMENTS

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows: 2023 - £6,050 (2022 - £30,250).

### 21. MOVEMENT IN FUNDS

	At 1/2/22	Net movement in funds	At 31/1/23
	£	£	£
<b>Unrestricted funds</b>			
General fund	282,138	(57,974)	224,164
	<u>282,138</u>	<u>(57,974)</u>	<u>224,164</u>
<b>TOTAL FUNDS</b>	<u>282,138</u>	<u>(57,974)</u>	<u>224,164</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	307,966	(365,940)	(57,974)
	<u>307,966</u>	<u>(365,940)</u>	<u>(57,974)</u>
<b>TOTAL FUNDS</b>	<u>307,966</u>	<u>(365,940)</u>	<u>(57,974)</u>



## Help Harry Help Others

### Notes to the Financial Statements - continued for the year ended 31 January 2023

#### 21. MOVEMENT IN FUNDS - continued

##### Comparatives for movement in funds

	At 1/2/21 £	Net movement in funds £	Transfers between funds £	At 31/1/22 £
<b>Unrestricted funds</b>				
General fund	311,366	(29,513)	285	282,138
<b>Restricted funds</b>				
Restricted funds	14,134	(13,849)	(285)	-
<b>TOTAL FUNDS</b>	<u>325,500</u>	<u>(43,362)</u>	<u>-</u>	<u>282,138</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	203,267	(232,780)	(29,513)
<b>Restricted funds</b>			
Restricted funds	-	(13,849)	(13,849)
<b>TOTAL FUNDS</b>	<u>203,267</u>	<u>(246,629)</u>	<u>(43,362)</u>

#### 22. RELATED PARTY DISCLOSURES

During the year the company received services of £1,051 from a company under the control of one of the trustees. These services were provided by way of donation.

In the previous year the company had purchases of £411 from a company under the control of one of the trustees.

## Help Harry Help Others

### Detailed Statement of Financial Activities for the year ended 31 January 2023

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Voluntary income</b>		
Donations and gifts	205,383	182,296
Donated services and facilities	9,584	7,971
	<hr/> 214,967	<hr/> 190,267
<b>Annual ball event</b>		
Table sales, tickets, auctions and sponsorship	87,999	-
<b>Charitable activities</b>		
Grants	5,000	13,000
	<hr/> 307,966	<hr/> 203,267
<b>Total incoming resources</b>		
<b>EXPENDITURE</b>		
<b>Cost of generating voluntary income</b>		
Bracelet components	2,979	-
Fundraising costs	19,281	12,452
Online and text giving costs	733	648
	<hr/> 22,993	<hr/> 13,100
<b>Cost of annual ball event</b>		
Venue, catering, band and other running costs	62,234	-
<b>Charitable activities</b>		
Activities undertaken directly	11,516	7,078
Grants to institutions	-	27,912
Grants to individuals	46,907	25,746
	<hr/> 58,423	<hr/> 60,736
<b>Other</b>		
Surplus on sale of tangible fixed assets	(5,226)	-
<b>Support costs</b>		
<b>Support costs</b>		
Wages	118,425	93,558
Carried forward	118,425	93,558

This page does not form part of the statutory financial statements

## Help Harry Help Others

### Detailed Statement of Financial Activities for the year ended 31 January 2023

	2023 £	2022 £
<b>Support costs</b>		
Brought forward	118,425	93,558
Social security	9,255	5,969
Pensions	2,765	2,142
Rent and rates	23,958	23,958
Insurance	2,796	2,931
Telephone	3,724	9,290
Postage and stationery	5,613	3,764
Sundries	1,349	501
Motor expenses	10,300	9,248
Computer expenses	1,009	516
Volunteer expenses	347	221
Subscriptions	1,549	2,719
Repairs	4,847	2,851
Staff recruitment	1,127	2,880
Support consultant	1,776	456
Staff training	963	1,871
Travel expenses	50	-
Bank charges	266	5
Staff uniform	304	-
Social media	26,133	-
Fixtures and fittings	748	294
Motor vehicles	-	1,175
Bank interest	(10)	93
	<hr/> 217,294	<hr/> 164,442
<b>Governance costs</b>		
Wages	1,245	1,200
Social security	115	105
Pensions	28	27
Independent Examiner's remuneration	7,347	6,000
Rent and rates	242	242
Accountancy fees	701	677
Legal fees	402	52
Repairs	49	24
Support consultant	93	24
	<hr/> 10,222	<hr/> 8,351
Total resources expended	<hr/> 365,940	<hr/> 246,629
<b>Net expenditure</b>	<hr/> <hr/> (57,974)	<hr/> <hr/> (43,362)

This page does not form part of the statutory financial statements