HELP HARRY HELP OTHERS

England & Wales · Charity number 1147859

Details

Status	Registered
Legal form	Charitable company
Company number	08042006
Registered	2012-06-27
Register	View on the Charity Commission register

Contact

Address	8 Midland Croft Birmingham B33 0AW
Phone	01217835407
Email	kelly@hhho.org.uk
Website	www.hhho.org.uk

Activities

Objects: 1. TO PRESERVE PROTECT AND PROMOTE THE HEALTH OF CHILDREN AND YOUNG PEOPLE BY PROMOTING RESEARCH FOR THE PUBLIC BENEFIT INTO THE CAUSES AND TREATMENT OF CANCER WITH PARTICULAR REGARD (BUT WITHOUT LIMITATION) TO BRAIN CANCERS IN CHILDREN AND YOUNG PEOPLE AND TO RAISE FUNDS FOR SUCH PURPOSE; TO ADVANCE THE EDUCATION OF THE PUBLIC IN RELATION TO THE FOREGOING BY THE PROVISION OF LECTURES, SEMINARS, PUBLICATIONS, WORKSHOPS AND ANY OTHER MEANS OF BRINGING AWARENESS TO THE PUBLIC.2. TO PRESERVE PROTECT AND PROMOTE THE HEALTH AND WELFARE OF CHILDREN AND YOUNG PEOPLE WITH BRAIN CANCER AND THEIR FAMILIES BY PROVIDING OR ASSISTING IN THE PROVISION OF EQUIPMENT, FACILITIES, RESOURCES, SERVICES, ACTIVITIES AND SUPPORT (WHETHER FINANCIAL OR OTHERWISE) OR SUCH OTHER ITEMS AS THEY MIGHT REQUIRE OR AS MIGHT BE APPROPRIATE TO IMPROVE THE QUALITY OF THEIR LIFE.

Activities: Help Cure - Funding specifically brain tumour researchHelp Cope - Financially supporting families fighting cancer...any type of cancerHelp Care - Supporting adults & children with ANY type of Cancer via our Drop in Cancer Support Centre

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Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Birmingham City
- City Of London
- City Of York
- Cornwall
- Sandwell
- Solihull
- Staffordshire
- Walsall
- Wolverhampton
- Worcestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£408,638	£472,627	-	-
2024-01-31	£479,093	£519,313	-	-
2023-01-31	£307,966	£365,940	-	-
2022-01-31	£203,267	£246,629	-	-
2021-01-31	£255,444	£223,202	-	-

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Trustees

Name	Role	Appointed
TOM ROSS	Chair	2012-08-02
Alan Downton		2021-10-11
David James Baldwin		2021-05-17
Joan Smith		2017-10-10

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HELP HARRY HELP OTHERS

England & Wales - Charity number 1147859

Accounts

Charity registration number 1147859 (England and Wales)

Company registration number 08042006

HELP HARRY HELP OTHERS

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2025

HELP HARRY HELP OTHERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D J Baldwin Mr Alan Downton Mr Tom Ross Mrs Joan Smith
Charity number (England and Wales)	1147859
Company number	08042006
Registered office	8 Midland Croft Birmingham England B33 0AW
Independent examiner	Christopher Hession C.A. Azzurri House Walsall Road Aldridge Walsall WS9 0RB

HELP HARRY HELP OTHERS

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HELP HARRY HELP OTHERS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 JANUARY 2025

The trustees present their annual report and financial statements for the year ended 31 January 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document (Memorandum and Articles), the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Harry's Story
Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his, who also had a brain tumour, became very ill. Within the space of just over two years, Harry had organised and attended nearly 100 events to raise money for and raise awareness of brain cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On the 8th October 2011 and after 14 weeks in a coma, Harry passed away peacefully at home in his mom's arms.

Harry's work had touched so many lives, that Help Harry Help Others (HHHO) was set up in order to carry on his vision to make a difference to all people that suffer with brain tumours.

Objectives and activities
Policies and Objectives
The charity's main objects, as set out in the articles of association are:

- To preserve, protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer, with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications, workshops and any other means of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

Activities for Achieving Objectives
A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways, building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource, we have still been as active as possible in a range of activities which include:

- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools,prisons, communities and businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.

Public benefit
The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Volunteers

Volunteer Engagement: We are very thankful for the time and expertise our volunteers offer. They are the backbone of HHHO and lighten the load of a very small operational team. This year, professional service delivery volunteers increased from 19 to 23 and this includes 14 volunteers delivering services and 9 volunteers helping within the cancer care centre/spreading awareness. We extend our deepest thanks to all volunteers for their unwavering dedication and support.

Achievements and performance

Significant activities and achievements against objectives

Review of activities

Introduction: As a small operational team, we have witnessed first hand the significant challenges and transformations our charity has endured over the past year. Born from the profound personal journey of cancer, HHHO is deeply committed to supporting individuals and families navigating the hardships of cancer. In the past twelve months, we have remained committed to growing the services we offer to those who need it, and this report reflects on our achievements and responses to the needs of our service users.

Operational Challenges: This year has seen the introduction of an Operations Director role which aimed to allow the Founder to concentrate further on funding and fundraising opportunities, and to develop the operational side of HHHO. 2024 saw a complete new operational team within HHHO following the departure of our Office and finance manager in April. Whilst a positive step forwards with a new structure, it also brought new challenges. It also meant the introduction of more formalised objectives, which meant are staff clear in their roles and expectations when working for HHHO. More recently, further staff changes and the departure of three key roles within HHHO have led to us re-evaluating the staffing needs of the charity and all the systems and procedures behind the scenes to ensure we are in a better position to move forwards during 2025.

Services and Partnerships:

Our innovative programs and services have benefitted over 1,500 families & made significant impact on the lives of those affected by cancer. Financially, we distributed significant funds through our HelpCURE, HelpCOPE, and HelpCARE objectives including our last donation as part of our three year commitment to fund a PhD student which saw £12,133 donated via HelpCURE, £2,577donated via our HelpCOPE fund (giving grants to families suffering financial hardship as a result of a cancer diagnosis), and £63,081 via HelpCARE (Our Drop In Cancer Support Centre). 2024 saw an additional 235 people registering for support via our services.

After last year's successful launch of the partnership with NHS TLHC Lung Health Check programme, we have continued hosting this service on site. From latest stats received Sept 24 4,928 initial scans were conducted with 1213 follow up scans being performed. From these scans 42 people were diagnosed with lung cancer stage 1 & 2, 8 people were diagnosed with lung cancer stage 3 and 4. There were also several other conditions diagnosed from the screening on site including 25 breast lumps referred for further investigation.

HHHO has partnered with Family Action in the delivery of a Life Skills course called Stepping Stones. This six-week programme was expertly delivered by Family Action and offered HHHO service users the chance to learn about skills and techniques with the primary aim of returning to work, volunteering or education after their or a loved one's cancer diagnosis. The course proved very popular and even led to two attendees to get funding from Barclays to get further qualifications helping them further in their bid to return to work.

After gaining funding from Macmillan, Help Harry Help Others has started the Health Inequalities project. The aims of the project is to:

- To address health disparities within East Birmingham
- Engage with underrepresented communities impacted by cancer
- Ensure HHHO are accessible to diverse communities
- Pilot project will focus on the South Asian community
- Provide template / guidance for roll out for other groups (e.g. Black & Afro Caribbean; LGBTQ+)

This project will continue throughout 2025 with the aim of developing its findings and actions to help the local community even further.

We have delivered over 4,562 hours of support across 20 services including Emotional Support, Counselling, Coaching & mentoring, Debt and Financial Advice, Benefits Advice in which we have obtained a total of £164,052.02 in benefits for service users. HHHO has continued to provide specific group support to a wide variety of service users wanting specific advice and help in their cancer journey including Men Matters, Living Well with Cancer (for men only, women only and a mixed group), Art Group, Care and Share and Mindfulness sessions.

We enjoyed excellent relationships with NHS who we regularly hosting for their Cohort meetings as well as staff training opportunities and a special Stoma Group that offered advice and an opportunity for patients to share their experiences and discuss living with a stoma. We also hosted breast cancer specific support sessions in partnership with Breast Friends Solihull.

HHHO's provided group supervision for a number of counsellors and students along with numerous CPD sessions to help improve the counselling service at HHHO.

Closing Thoughts: The journey through this year has reinforced the importance of the Founder being involved in a lot of the decision making and being kept in the loop with changes. Personnel changes at the end 2024 bought many challenges for her to step back in to get us in a position to move forwards.

As we navigate the complexities of cancer support, we are reminded daily of the critical impact of our work. We are committed to adapting our strategies to meet the demands of those we serve, ensuring that no one faces cancer alone Our focus for 2025 is to work on sustainability for our charity. With NHS cancer services across Birmingham referring to us, we need to secure donations for each referral received so we can continue offering our services for the long term.

Acknowledgments: The trustees thank our volunteers, staff, sessional workers and donors for their continued support. Your commitment enables us to extend Harry's legacy of compassion and innovation in cancer support.

Financial review

Principal Funding Sources

The charity is largely funded by voluntary donations and various fundraising events.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to six month's of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop in Cancer Support Centre, running expenses plus support and governance costs.. This level of reserves has been maintained throughout the year.

As at 31 January 2025 the charity had unrestricted funds of £119,955 (2024 - £183,944).

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees have policies in place and grant applications are discussed at trustee meetings where the board reaches a decision on each application.

Plans for future periods

Future developments

Our main aims are to:-

- Continue to meet our objectives under HelpCURE, HelpCOPE and HelpCARE.
- Look at other means of income to ensure our service model is sustainable with the increased demand.
- Review all our systems and procedures to ensure we deliver the best service possible and become as efficient as possible
- Raise awareness of the centre to ensure 3,400 people affected by Cancer locally are aware of all that is accessible to them.
- Look at how we can reduce health inequalities via securing funding to deliver and run outreach programmes
- Continually evolve our services to meet the needs of our service users and the local community.

Structure, governance and management

The charity is controlled by its governing document and constitutes a company limited by guarantee as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs G Moseley (Resigned 4 December 2024)
Mr D J Baldwin
Mr Alan Downton
Mr Tom Ross
Mrs Joan Smith

Recruitment and appointment of trustees

The management of the charity is the responsibility of the trustees, who are elected and co-opted under the terms of the Articles of Association. None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member, or within one year after them ceasing to be a member.

Organisational structure

The trustees are ultimately responsible for the decision making of the charity, but the day to day operation of the activities is delegated to Georgina Mosely, a trustee and Chief Executive Officer. The trustees meet regularly.

The trustees' report was approved by the Board of Trustees.

.....
Mr D J Baldwin
Trustee
Date: 9-9-25

HELP HARRY HELP OTHERS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HELP HARRY HELP OTHERS

I report to the trustees on my examination of the financial statements of Help Harry Help Others (the charity) for the year ended 31 January 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

BK Plus

Christopher Hession C.A.
BK Plus Limited
Azzurri House
Walsall Road
Aldridge
Walsall
WS9 0RB

Dated: 18 September 2025

HELP HARRY HELP OTHERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2025

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from:			
Donations and legacies	3	291,438	259,323
Charitable activities	4	117,200	219,770
Total income		408,638	479,093
Expenditure on:			
Raising funds	5	93,094	185,693
Charitable activities	6	379,533	333,620
Total expenditure		472,627	519,313
Net expenditure and movement in funds		(63,989)	(40,220)
Reconciliation of funds:			
Fund balances at 1 February 2024		183,944	224,164
Fund balances at 31 January 2025		119,955	183,944

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

HELP HARRY HELP OTHERS

BALANCE SHEET

AS AT 31 JANUARY 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	13		2,685		4,739
Current assets					
Stocks	14	1,000		1,000	
Debtors	15	15,746		2,505	
Cash at bank and in hand		125,185		187,344	
		141,931		190,849	
Creditors: amounts falling due within one year	17	(24,661)		(11,644)	
Net current assets			117,270		179,205
Total assets less current liabilities			119,955		183,944
The funds of the charity					
Unrestricted funds	19		119,955		183,944
			119,955		183,944

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 January 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 9-9-25

.....
Mr Tom Ross
Trustee

Company registration number 08042006 (England and Wales)

1 Accounting policies

Charity information

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Midland Croft, Birmingham, B33 0AW, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% reducing balance and 33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	249,601	240,578
Grants	13,989	9,813
Donated goods and services	27,848	8,932
	291,438	259,323
Grants		
Time 4 Teens National Lottery Funding	-	9,813
MacMillan	13,989	-
	13,989	9,813

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Sale of goods	3,211	3,225
Charitable events - Golf day, Football etc	35,514	147,599
Annual dinner	78,475	68,946
	117,200	219,770
Analysis by fund		
Unrestricted funds	117,200	219,770

5 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Bracelet components	384	4,937
Fundraising costs	48,934	97,219
Online and text giving costs	140	1,082
	49,458	103,238
Cost of Annual Ball Event		
Venue, catering, band and other running costs	43,636	82,455
Total costs	93,094	185,693

6 Expenditure on charitable activities

	HelpCOPE grants 2025 £	HelpCURE grants 2025 £	HelpCARE grants 2025 £	Cancer Care Centre Services 2025 £	Total 2025 £
Direct costs					
Grant funding of activities (see note 8)	2,577	12,133	63,081	-	77,791
Share of support and governance costs (see note 9)					
Support	32,497	56,131	64,994	141,806	295,428
Governance	947	947	947	3,473	6,314
	36,021	69,211	129,022	145,279	379,533
Analysis by fund					
Unrestricted funds	36,021	69,211	129,022	145,279	379,533

6 Expenditure on charitable activities **(Continued)**

Previous year:	HelpCOPE grants	HelpCURE grants	HelpCARE grants	Cancer Care Centre Services	Total
	2024	2024	2024	2024	2024
	£	£	£	£	£
Direct costs					
Grant funding of activities (see note 8)	12,375	13,132	46,396	-	71,903
Share of support and governance costs (see note 9)					
Support	29,211	48,683	53,230	123,994	255,118
Governance	1,056	1,056	990	3,497	6,599
	42,642	62,871	100,616	127,491	333,620
Analysis by fund					
Unrestricted funds	42,642	62,871	100,616	127,491	333,620

7 Description of charitable activities

HelpCOPE grants

Giving grants to families suffering financial hardship. The charity supports families who are struggling financially as a direct result of a cancer diagnosis. It can offer practical support like grants for petrol, parking, food, utility bills, rent/mortgage, domestic appliances and funerals.

HelpCURE grants

Raising funds to help research projects to find a cure for brain tumours.

HelpCARE grants

Supporting patients, relatives, carers and colleagues.

Cancer Care Centre Services

A drop-in cancer support centre providing emotional support, counselling, benefits advice, debt and financial advice, housing advice, employment advice, workshops and support groups, hair loss and wig fitting and breast care services.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 JANUARY 2025

8 Grants payable

	HelpCOPE grants 2025	HelpCURE grants 2025	HelpCARE grants 2025	Total 2025	HelpCOPE grants 2024	HelpCURE grants 2024	HelpCARE grants 2024	Total 2024
	£	£	£	£	£	£	£	£
Grants to institutions:								
Other	-	12,133	-	12,133	-	13,132	-	13,132
Grants to individuals	2,577	-	63,081	65,658	12,375	-	46,396	58,771

8 Grants payable **(Continued)**

-

9 Support costs allocated to activities

	Total	HelpCURE grants	HelpCARE grants	Cancer Care Centre Services	Total	Total
	2025	2025	2025	2025	2025	2024
	£	£	£	£	£	£
Staff costs	24,371	42,094	48,739	106,340	221,544	163,641
Depreciation	223	391	453	987	2,054	2,151
Rent, rates and insurance	2,991	5,171	5,987	13,063	27,212	25,860
Telephone, postage, stationery and computer expenses	1,470	2,538	2,939	6,415	13,362	13,034
Sundry expenses	727	1,253	1,452	3,168	6,600	3,946
Motor and travelling	639	1,100	1,274	2,781	5,794	646
Recruitment expenses	759	1,311	1,518	3,312	6,900	11,005
Subscriptions	277	477	552	1,205	2,511	4,729
Repairs and maintenance	442	763	884	1,927	4,016	4,830
Staff training	213	366	424	925	1,928	1,712
Social media	386	667	772	1,683	3,508	23,564
Governance	947	947	947	3,473	6,314	6,599
	33,445	57,078	65,941	145,279	301,743	261,717

Governance costs comprise:	2025 £	2024 £
Audit fees	6,314	6,013
Legal and professional	-	586
	6,314	6,599

10 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	6,314	6,000
Depreciation of owned tangible fixed assets	2,054	2,151

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
Total staff	8	6

Employment costs	2025	2024
	£	£
Wages and salaries	204,271	151,732
Social security costs	13,484	9,348
Other pension costs	3,789	2,561
	221,544	163,641

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The key management personnel of the charity are the Trustees. The total remuneration (including employers pension and national insurance costs) of key management personnel was as follows:

	2025	2024
	£	£
Aggregate remuneration	-	56,001

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 February 2024	13,436
At 31 January 2025	13,436
Depreciation and impairment	
At 1 February 2024	8,697
Depreciation charged in the year	2,054
At 31 January 2025	10,751
Carrying amount	
At 31 January 2025	2,685
At 31 January 2024	4,739

14 Stocks

	2025 £	2024 £
Finished goods and goods for resale	1,000	1,000

15 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	14,529	-
Prepayments and accrued income	1,217	2,505
	15,746	2,505

16 Loans and overdrafts

	2025 £	2024 £
Bank overdrafts	22	-
Payable within one year	22	-

17 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Bank overdrafts	16	22	-
Other taxation and social security		4,102	3,804
Trade creditors		13,801	513
Other creditors		736	1,327
Accruals and deferred income		6,000	6,000
		24,661	11,644

18 Retirement benefit schemes

Defined contribution schemes	2025 £	2024 £
Charge to profit or loss in respect of defined contribution schemes	3,789	2,561

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 February 2024 £	Incoming resources £	Resources expended £	At 31 January 2025 £
General funds	183,944	408,638	(472,627)	119,955

Previous year:	At 1 February 2023 £	Incoming resources £	Resources expended £	At 31 January 2024 £
General funds	224,164	479,093	(519,313)	183,944

20 Analysis of net assets between funds

	Unrestricted funds 2025 £
At 31 January 2025:	
Tangible assets	2,685
Current assets/(liabilities)	117,270
	119,955

	Unrestricted funds 2024 £
At 31 January 2024:	
Tangible assets	4,739
Current assets/(liabilities)	179,205
	183,944

21 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

BK Plus Limited were reappointed as accountants. One of the trustees of the charity, Mr D J Baldwin, is also a director of BK Plus Ltd. The charity incurred accountancy fees of £6,314 (including VAT) during the year. At the year end the charity owed BK Plus Limited £6,000.

HELP HARRY HELP OTHERS

England & Wales - Charity number 1147859

Accounts

Charity registration number 1147859

Company registration number 08042006 (England and Wales)

HELP HARRY HELP OTHERS

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2024

HELP HARRY HELP OTHERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs G Moseley Mr D J Baldwin Mr Alan Downton Mr Tom Ross Mrs Joan Smith
Charity number	1147859
Company number	08042006
Registered office	8 Midland Croft Birmingham England B33 0AW
Independent examiner	BK Plus Limited Azzurri House Walsall Road Aldridge Walsall England WS9 0RB

HELP HARRY HELP OTHERS

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HELP HARRY HELP OTHERS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 JANUARY 2024

The trustees present their annual report and financial statements for the year ended 31 January 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document (Memorandum and Articles), the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Harry's Story
Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his, who also had a brain tumour, became very ill. Within the space of just over two years, Harry had organised and attended nearly 100 events to raise money for and raise awareness of brain cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On the 8th October 2011 and after 14 weeks in a coma, Harry passed away peacefully at home in his mom's arms.

Harry's work had touched so many lives, that Help Harry Help Others (HHHO) was set up in order to carry on his vision to make a difference to all people that suffer with brain tumours.

Objectives and activities
Policies and Objectives
The charity's main objects, as set out in the articles of association are:

- To preserve, protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer, with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications, workshops and any other means of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

Activities for Achieving Objectives
A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways, building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource, we have still been as active as possible in a range of activities which include:

- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools,prisons, communities and businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.

Public benefit
The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Volunteers

Volunteer Engagement: Our volunteers are the backbone of HHHO, providing invaluable service delivery and operational support. This year, professional service delivery volunteers increased from 12 to 19, and we enlisted over 100 volunteers for a major community event. Regular volunteer engagement remains strong with 20 dedicated individuals raising awareness in the community. We extend our deepest thanks to all volunteers for their unwavering dedication and support.

Achievements and performance

Significant activities and achievements against objectives

Review of activities

Introduction: As a small operational team, we have witnessed firsthand the significant challenges and transformations our charity has endured over the past year. Born from the profound personal journey of cancer, HHHO is deeply committed to supporting individuals and families navigating the hardships of cancer. This report reflects on our achievements, challenges, and strategic responses to an evolving landscape in cancer support services.

Operational Challenges and Staffing Dynamics: The sudden departure of a key staff member posed significant operational challenges, especially during a critical period of organising major fundraising events. This included our annual charity ball in February and the inaugural event of Birmingham Walkathon. However, being a very small operational team, following the sudden departure of a PA due to relocation, with pressing events there was no time or resource to enable us to recruit at the point of organising two events. This meant as a small team we were under immense pressure to achieve the goals, however both events ran successful and supported the income needed to support the demand on our services.

The resignation of our Head of Counselling, triggered by personal bereavement, meaning a relocation out of Birmingham, necessitated urgent recruitment to maintain service continuity. In addition the board were very conscious of the rising costs due to increased demand on our services and were able to made immediate strategic adjustments by expanding our employed counselling team, so we could reduce sessional costs. Two part time posts for an adult and a youth counsellor were approved. The counselling service costs alone have doubled due to the demand on counselling and listening services since the pandemic and cost of living crisis. The subsequent onboarding of three new team members eventually stabilised our counselling service delivery framework.

Despite internal challenges, HHHO successfully hosted two large-scale fundraising events, significantly aiding our financial stance. Our counselling and listening services continued to expand, addressing the increased demand from new and existing service users.

The unexpected staffing changes showed the impact on the Founder whose focus then had to shift immediately from awareness and fundraising, to ensure that the service delivery was not affected and operationally we continued to meet service expectations. For a small charity team trying to navigate through when they only have a small operational team has proved challenging. With us all being very aware of this the trustees approved the appointment of an assistant to help with some of the ground work on the events and fundraising side.

As the new team members settled in, new group training and CPD days were introduced to ensure we supported our counsellors and listeners. The Head of counselling continued to run our support groups and remodelled these to ensure that we could cover more general topics that were highlighted by those undergoing counselling. With the success of Time 4 Teens after school club for teenagers, the new appointment of the part time youth counsellor enabled us to also establish a Time4Tweens after school club to offer group support for 8-12 year olds. In addition to our youth work, the proactive approach to support people following their treatment / caring role ending saw us expand our Step Forwards coaching and mentoring to also running topical workshops to help people address common things we identified through service delivery that people were struggling with.

Our innovative programs and services have benefitted over 1300 families & made substantial impacts. Financially, we distributed significant funds through our HelpCURE, HelpCOPE, and HelpCARE objectives including £12,132 via HelpCURE, £5,084.86 donated via our HelpCOPE fund (giving grants to families suffering financial hardship as a result of a cancer diagnosis), and £65,085.50 via HelpCARE (Our Drop In Cancer Support Centre). Throughout this year we have supported over 1300 adults and children affected by ANY type of cancer . We had our highest number of new service users since pre Covid of 213 new service users turning to us for support.17 service users sadly lost their battle with cancer and we continue to support their loved ones following their loss.

Through the centre we have delivered over 3517 hours of support across 20 services including Emotional Support, Counselling, Coaching & mentoring, Debt and Financial Advice, Benefits Advice in which we have obtained a total of £191,566 in benefits for service users, Housing & Council Tax Advice, Breast Care Advice and bra fitting, Support Groups and Workshops on a range of topics to support the wellbeing of patients and their families. We also offered a range of holistic therapies, arts and craft groups and a variety of social groups like Men Matters and Care and Share buddy groups to reduce isolation and offer informal support. We also had 368 DNA's/cancelled appointments across the year. As 81 were DNA's, which ultimately cost the charity, we have addressed this to our service users to remind them the importance of giving over 24 hours' notice of cancellation where possible.

HHHO still speak at various functions including corporate, community and schools in order to raise awareness and educate people about cancer. We have built solid foundations with larger charities and support them via the Centre too allowing them to run workshops and educational sessions for cancer patients. We are also busy promoting our services within the healthcare sector to raise awareness for the areas we can support via HelpCURE, HelpCOPE and HelpCARE.

The success of our relationship building, and desire to educate and support people around prevention and early diagnosis has enabled us to continue supporting the NHS TLHC Lung Health Check programme. This has seen an additional 5000 people access our building for lung health checks / MRI scans in the first twelve months. As well as cancer detection in over 20 people, this also detected other lung issues of which the patients are undergoing investigations / treatment. The trustees are very proud to support this as prevention and education are important in our objectives.

Being very conscious of the growth in the team of both skilled volunteers and service delivery personnel, resulting in the increase of running costs, highlighted to the board the need to free up the Founders time to enable her to focus on income generation by relieving her of the day to day operational management. Both the unavoidable increase in expenditure and factoring in the changes in public support, meant that change was needed to enable the charity to address the income gap. In the last quarter of the financial year, we started the recruitment process to recruit an Operations Director to take on this role.

Despite a lot of mainly staffing challenges which have taken a lot of time and focus, the trustees are delighted that our two large events have supported our income, along with an increase in events that our supporters have organised. We are however, very conscious that like many grass roots charities, we continue to find it extremely difficult since the pandemic and that we need to find new ways to bridge the gap between income and expenditure. The recruitment for the Ops Director will enable the Founder to spend more time developing relationships between potential supporters, NHS and also be able to focus on grants and funding applications.

Closing Thoughts: The journey through this year has reinforced the resilience of our team and the importance of our mission. As we navigate the complexities of cancer support, we are reminded daily of the critical impact of our work. We are committed to adapting our strategies to meet the demands of those we serve, ensuring that no one faces cancer alone.

Acknowledgments: The trustees thank our volunteers, staff, sessional workers and donors for their continued support. Your commitment enables us to extend Harry's legacy of compassion and innovation in cancer support.

Financial review

Principal Funding Sources

The charity is largely funded by voluntary donations and various fundraising events.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to six month's of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop in Cancer Support Centre, running expenses plus support and governance costs.. This level of reserves has been maintained throughout the year.

As at 31 January 2024 the charity had unrestricted funds of £183,944 (2023 - £224,164).

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.
The trustees have policies in place and grant applications are discussed at trustee meetings where the board reaches a decision on each application.

Plans for future periods

Future developments

Our main aims are to:-

- Continue to meet our objectives under HelpCURE, HelpCOPE and HelpCARE.
- Look at other means of income to ensure our service model is sustainable with the increased demand.
- Review all our systems and procedures to ensure we deliver the best service possible and become as efficient as possible
- Raise awareness of the centre to ensure 3,400 people affected by Cancer locally are aware of all that is accessible to them.
- Look at how we can reduce health inequalities via securing funding to deliver and run outreach programmes
- Continually evolve our services to meet the needs of our service users and the local community.

Structure, governance and management

The charity is controlled by its governing document and constitutes a company limited by guarantee as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs G Moseley
Mr D J Baldwin
Mr Alan Downton
Mr Tom Ross
Mrs Joan Smith

Recruitment and appointment of trustees

The management of the charity is the responsibility of the trustees, who are elected and co-opted under the terms of the Articles of Association. None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member, or within one year after them ceasing to be a member.

Organisational structure

The trustees are ultimately responsible for the decision making of the charity, but the day to day operation of the activities is delegated to Georgina Mosely, a trustee and Chief Executive Officer. The trustees meet regularly.

The trustees' report was approved by the Board of Trustees.

G Moseley

Mrs G Moseley
Trustee

Date: 15/10/24

HELP HARRY HELP OTHERS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HELP HARRY HELP OTHERS

I report to the trustees on my examination of the financial statements of Help Harry Help Others (the charity) for the year ended 31 January 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

BK Plus

Christopher Heselon ACCA
BK Plus Limited
Azzurri House
Walsall Road
Aldridge
Walsall
WS9 0RB
England

Dated: 16.10.24

HELP HARRY HELP OTHERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 JANUARY 2024

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income and endowments from:			
Donations and legacies	3	259,323	219,969
Charitable activities	4	219,770	87,999
Other income	5	-	5,226
Total income		479,093	313,194
Expenditure on:			
Raising funds	6	185,693	85,230
Charitable activities	7	333,620	285,938
Total expenditure		519,313	371,168
Net expenditure and movement in funds		(40,220)	(57,974)
Reconciliation of funds:			
Fund balances at 1 February 2023		224,164	282,138
Fund balances at 31 January 2024		183,944	224,164

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

HELP HARRY HELP OTHERS

BALANCE SHEET

AS AT 31 JANUARY 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	15		4,739		2,055
Current assets					
Stocks	16	1,000		1,000	
Debtors	17	2,505		46,354	
Cash at bank and in hand		187,344		253,340	
		190,849		300,694	
Creditors: amounts falling due within one year	18	(11,644)		(78,585)	
Net current assets			179,205		222,109
Total assets less current liabilities			183,944		224,164
Net assets excluding pension liability			183,944		224,164
The funds of the charity					
Unrestricted funds			183,944		224,164
			183,944		224,164

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 January 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 15.10.24

G Moseley

Mrs G Moseley
Trustee

Mr Tom Ross
Trustee

Company registration number 08042006 (England and Wales)

1 Accounting policies

Charity information

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Midland Croft, Birmingham, B33 0AW, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% reducing balance and 33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	240,578	205,385
Grants	9,813	5,000
Donated services and facilities	8,932	9,584
	259,323	219,969
Grants receivable for core activities		
ScrewFix Foundation Funding	-	5,000
Time 4 Teens National Lottery Funding	9,813	-
	9,813	5,000

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Sale of goods	3,225	-
Events income - golf day, Walkathon, other events	147,599	-
Annual ball	68,946	87,999
	219,770	87,999

5 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Net gain on disposal of tangible fixed assets	-	5,226

6 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Bracelet components	4,937	2,979
Fundraising costs	97,219	19,284
Online and text giving costs	1,082	733
	103,238	22,996
Cost of Annual Ball Event		
Venue, catering, band and other running costs	82,455	62,234
Total costs	185,693	85,230

7 Expenditure on charitable activities

	HelpCOPE grants 2024 £	HelpCURE grants 2024 £	HelpCARE grants 2024 £	Cancer Care Centre Services 2024 £	Total 2024 £
Direct costs					
Grant funding of activities (see note 9)	12,375	13,132	46,396	-	71,903
Share of support and governance costs (see note 10)					
Support	29,211	48,683	53,230	123,994	255,118
Governance	1,056	1,056	990	3,497	6,599
	42,642	62,871	100,616	127,491	333,620
Analysis by fund					
Unrestricted funds	42,642	62,871	100,616	127,491	333,620

7 Expenditure on charitable activities **(Continued)**

Previous year:	HelpCOPE grants	HelpCURE grants	HelpCARE grants	Cancer Care Centre Services	Total
	2023	2023	2023	2023	2023
	£	£	£	£	£
Direct costs					
Activities undertaken directly	9,980	-	-	1,536	11,516
Grant funding of activities (see note 9)	4,231	-	42,676	-	46,907
Share of support and governance costs (see note 10)					
Support	26,522	43,577	47,056	100,138	217,293
Governance	1,603	1,602	1,603	5,414	10,222
	42,336	45,179	91,335	107,088	285,938
Analysis by fund					
Unrestricted funds	42,336	45,179	91,335	107,088	285,938

8 Description of charitable activities

HelpCOPE grants
Giving grants to families suffering financial hardship. The charity supports families who are struggling financially as a direct result of a cancer diagnosis. It can offer practical support like grants for petrol, parking, food, utility bills, rent/mortgage, domestic appliances and funerals.

HelpCURE grants
Raising funds to help research projects to find a cure for brain tumours.

HelpCARE grants
Supporting patients, relatives, carers and colleagues.

Cancer Care Centre Services
A drop-in cancer support centre providing emotional support, counselling, benefits advice, debt and financial advice, housing advice, employment advice, workshops and support groups, hair loss and wig fitting and breast care services.

9 Grants payable

	HelpCOPE grants 2024	HelpCURE grants 2024	HelpCARE grants 2024	Total 2024	HelpCOPE grants 2023	HelpCARE grants 2023	Total 2023
	£	£	£	£	£	£	£
Grants to institutions:							
Other	-	13,132	-	13,132	-	-	-
Grants to individuals	12,375	-	46,396	58,771	4,231	42,676	46,907

9 Grants payable **(Continued)**

-

10 Support costs allocated to activities

	HelpCOPE grants	HelpCURE grants	HelpCARE grants	Cancer Care Centre Services	Total	Total
	2024	2024	2024	2024	2024	2023
	£	£	£	£	£	£
Staff costs	19,637	32,728	36,001	75,275	163,641	130,445
Depreciation	-	-	-	2,151	2,151	748
Rent, rates and insurance	3,879	6,465	6,982	8,534	25,860	26,754
Telephone, postage, stationery and computer expenses	1,339	2,229	2,407	7,059	13,034	10,346
Sundry expenses	-	-	-	3,946	3,946	2,255
Motor and travelling	97	162	174	213	646	10,350
Recruitment expenses	-	-	-	11,005	11,005	1,127
Subscriptions	-	-	-	4,729	4,729	1,549
Repairs and maintenance	724	1,208	1,304	1,594	4,830	4,847
Support consultant	-	-	-	-	-	1,776
Staff training	-	-	-	1,712	1,712	963
Social media	3,535	5,891	6,362	7,776	23,564	26,133
Governance	1,056	1,056	990	3,497	6,599	10,222
	30,267	49,739	54,220	127,491	261,717	227,515

Governance costs comprise:	2024 £	2023 £
Staff costs	-	1,388
Audit fees	6,013	7,347
Accountancy	-	701
Legal and professional	586	402
Rent and rates	-	242
Repairs and maintenance	-	49
Support consultant	-	93
	6,599	10,222

11 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	6,000	7,347
Depreciation of owned tangible fixed assets	2,151	748
Loss/(profit) on disposal of tangible fixed assets	-	(5,226)

12 Trustees

During the year one of the directors received payment as an employee of the charity, as permitted under the Articles of Association. A salary of £42,000 (2023 - £40,250) was paid to Mrs G Moseley, with benefits in kind of £8,387 (2023 - £8,171) and pension contributions of £1,073 (2023 - £1,020).

13 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Total staff	6	4

Employment costs	2024 £	2023 £
Wages and salaries	151,732	119,670
Social security costs	9,348	9,370
Other pension costs	2,561	2,793
	163,641	131,833

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The key management personnel of the charity are the Trustees. The total remuneration (including employers pension and national insurance costs) of key management personnel was as follows:

	2024	2023
	£	£
Aggregate remuneration	56,001	55,198

14 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

15 Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 February 2023	8,601
Additions	4,835
At 31 January 2024	13,436
Depreciation and impairment	
At 1 February 2023	6,546
Depreciation charged in the year	2,151
At 31 January 2024	8,697
Carrying amount	
At 31 January 2024	4,739
At 31 January 2023	2,055

16 Stocks

	2024	2023
	£	£
Finished goods and goods for resale	1,000	1,000

17 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Trade debtors	-	3,638
Other debtors	-	120
Prepayments and accrued income	2,505	42,596
	2,505	46,354

18 Creditors: amounts falling due within one year

	Notes	2024	2023
		£	£
Other taxation and social security		3,804	-
Deferred income	19	-	71,695
Trade creditors		513	69
Other creditors		1,327	479
Accruals and deferred income		6,000	6,342
		11,644	78,585

19 Deferred income

	2024	2023
	£	£
Other deferred income	-	71,695

Deferred income is included in the financial statements as follows:

	2024	2023
	£	£
Deferred income is included within:		
Current liabilities	-	71,695
Movements in the year:		
Deferred income at 1 February 2023	71,695	48,108
Released from previous periods	(71,695)	(48,108)
Resources deferred in the year	-	71,695
Deferred income at 31 January 2024	-	71,695

20 Retirement benefit schemes

Defined contribution schemes	2024	2023
	£	£
Charge to profit or loss in respect of defined contribution schemes	2,561	2,793

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 February 2023	Incoming resources	Resources expended	At 31 January 2024
	£	£	£	£
General funds	224,164	479,093	(519,313)	183,944

Previous year:	At 1 February 2022	Incoming resources	Resources expended	At 31 January 2023
	£	£	£	£
General funds	282,138	313,194	(371,168)	224,164

22 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

BK Plus Limited were appointed accountants. One of the trustees of the charity, Mr D J Baldwin, is also a director of BK Plus Ltd. The charity incurred accountancy fees of £6,000 (including VAT) during the year. At the year end the charity owed BK Plus Limited £6,000.

HELP HARRY HELP OTHERS

England & Wales - Charity number 1147859

Accounts

REGISTERED COMPANY NUMBER: 08042006 (England and Wales)
REGISTERED CHARITY NUMBER: 1147859

Report of the Trustees and

Financial Statements for the Year Ended 31 January 2023

for

Help Harry Help Others

Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Help Harry Help Others

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Help Harry Help Others (Registered number: 08042006)

Report of the Trustees
for the year ended 31 January 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 January 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Harry's story
Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his who also had a brain tumour became very ill. Within the space of just over two years Harry had organised and attended nearly 100 events to raise money for and awareness of Brain Cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On 8th October 2011, and after 14 weeks in a coma, Harry passed away peacefully at home in his Mom's arms.

Harry's work had touched so many lives that Help Harry Help Other's (HHHO) was set up in order to carry on his vision to make a difference to all people that suffer with brain tumours.

OBJECTIVES AND ACTIVITIES
Policies and objectives
The charity's main objects, as set out in the articles of association, are:
- To preserve; protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications,workshops and any other mean of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

Activities for achieving objectives
A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource we have still been as active as possible in a range of activities which include:
- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools, prisons, communities, businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.

The trustees have paid due regard to the guidance on public benefit issued by the Charity Commission in deciding what activities the charity should undertake.

OBJECTIVES AND ACTIVITIES

Volunteers

HHHO Values the ongoing commitment of both our skilled and unskilled volunteers.
We are continually trying to engage and attract new volunteers to add value to our service as they are instrumental in the work we do. This year saw an increase of volunteers from 6 to 12 skilled volunteers covering listening, counselling, and other skilled services at HHHO. Engagement for other volunteers for outreach work, fundraising and awareness events continues to be hard but we are proud of the 12 volunteers that remain dedicated.

ACHIEVEMENT AND PERFORMANCE

Review of activities

Whilst our tenth year started with a sense of normality slowly returning, due to our service users being those classed as most vulnerable during the pandemic, the group support sessions were not as well attended during the first quarter with fear and nervousness remaining instilled across the cancer community we serve. However, following some online topical workshops created and new support groups established we were able to slowly help people rebuild their confidence and help them return to reaching for the support they needed.

Our focus for the year was to ensure we had the right staffing and support to enable to us embrace the year and turn things around following the uncertainty that impacted on everyone however, following a positive start with a new assistant in place to support the Founder our Head of Listening & Counselling services was in and out due a close relative's terminal diagnosis. As a small charity this impacted on the whole team with service users having to be reallocated to clients and the Founder having to step in to cover the management side of her role. This meant the drive and focus for supporter engagement was impacted on.

Despite the above, our priority - the service users' level of service continued. Behind the scenes we just had to react to the sudden changes which took us away from our original plans for the year. The board and the Founder remained focussed on working through and were able to still make plans to try and address re-engaging our supporters, despite people being very cautious following the pandemic, Ukraine War, changes in government and latterly the news re the fuel increases and cost of living crisis. Once again throughout the year the Founder remained very hands on throughout the year reacting to internal issues within the team seeing her run the charity and the cancer centre day to day whilst trying to work where possible on supporter engagement and planning and executing fundraising events. She continued to take charge of all day-to-day operational management of the Drop-in Cancer Support Centre, oversee the marketing including social media and was responsible for the fundraising. She was supported by the Office and Finance Manager and the Adult and Youth Counsellor who continues to oversee and support the emotional support and listening team and the newly appointed PA that started Dec 2021. However, due to relocation out of Birmingham November 22, the PA left and so once again we were back to the recruitment process.

Despite a tough year with staffing, recruitment and engagement in general continuing to be difficult, we were focussed on standing by our charitable objectives and made a further donation to our 3-year commitment of funding a PhD student Supporting Brain Tumour Research at Aston University via our HelpCURE fund. £12,132 was donated directly to the project and a further donation of £1000 was made to Great Ormond Street for a brain tumour research project. We also donated £4,231.30 via HelpCOPE (giving grants to families suffering financial hardship), and £42,675.56 via HelpCARE (our Drop-in Cancer Support Centre).

At the end of this financial year, we are supporting 1023 adults and children affected by any type of cancer. In total we had 167 new clients that accessed our services throughout the year. 18 service users sadly lost their battle to cancer, and we continue to support their families with a range of emotional, listening and counselling services.

ACHIEVEMENT AND PERFORMANCE

Whilst the demand on some of our 'Core' services increased all round, the demand for our extensive range of listening, emotional support and counselling services continue to remain the biggest requirement from our service users with over 2,247 hours of support being delivered. This meant our counselling and listening team has almost doubled in size via paid sessional workers and volunteers. A costings review of this will take place following a 6-month time period to review the average increase in running costs.

Some of our group activities including the weekly #Time4Teens after school club for youngsters affected by cancer and also our #MenMatters group held every Monday for Men which is facilitated by one of our dedicated Volunteer Male listeners continued to be well attended with most weeks seeing the maximum numbers in attendance.

Following the piloted trial of our very own in house 10 week therapeutic support group last year called 'Simply The Breast' for breast cancer patients, and the impact these had on clients we established 'Care and Share buddy groups' for people to continue to get support from peers. A weekly group was established for this to run. The support group was facilitated by a qualified counsellor and a service user with lived experience of the subject matter. Five more support groups were written and trialled including: Forget me Nots covering loss, Carers Count for carers, Mankind for Men, Loved ones for Family and Friends and Well woman specifically for women.

In addition to this in order to support people who could not directly access HHHO, we started planning a series of topical podcasts to enable us to share lived experience of topical subjects. These were also led by a qualified counsellor who joined in to ask questions to each group and also be there to support if needed.

Our 1-1 Step Forwards Coaching and mentoring programme continued to be well attended and we were able to identify that some service users wanted group sessions instead. These were created and ran. At the end of the year we ran our first ever Step Forwards presentation evening where all attendees were presented with an award and celebrated for the movement and how far they had come.

Towards the end of the year we re-introduced some of our services that had to be postponed through the pandemic due to such close working proximity. This including our breast care service and bra fitting, yoga and mindfulness and holistic therapies including Indian head massage and Reiki. The rest of our Core services including emotional support and counselling, debt and financial advice, benefits advice and housing & council tax advice continued including both face to face and via phone / zoom.

We also started discussions with the Bsol ICB re early diagnosis projects and the opportunity for HHHO to support these projects offering services on site here at HHHO. Following audits in January, HHHO will be an approved site for the TLHC lung screening programme from April 23 which will see an increase of 45-50 people per day attending our Drop In Cancer Support Centre for MRI scans.

We are thrilled to be able to exceed clients' expectations and adapt our services to continue to offer immediacy, empathy and urgency to their ever-changing needs however, it remains a tough time with income generation still suffering.

After going over two years without any large events we were able to bring back our charity ball which lifted everyone's spirits across the charity and also enabled us to re-engage supporters. With the Founder having support from a PA she was able to start to plan a huge community event bringing a historic and iconic event back to Birmingham. Plans started at the beginning of the year for The Birmingham Walkathon to return. Whilst we had to postpone this for its proposed date of September 2022 due to struggling to engage volunteers and walkers due to the Commonwealth games, a rescheduled date and marketing plan was created to start promotion from Jan 2023. We are hoping this will become a huge annual event in Birmingham and one which will grow year on year.

ACHIEVEMENT AND PERFORMANCE

Following the sudden departure of the Founders PA in November 22 this saw the team very stretched. Following a review of our needs with two huge events being planned to include our tenth anniversary ball and the Birmingham Walkathon, the board felt that we needed to take the day to day operational pressures away from the Founder so she could focus on the events, fundraising and awareness for the charity. An operations manager was recruited but sadly just four weeks in they were diagnosed with one of the worst forms of breast cancer and so left without notice. This saw the remainder of the year very challenging however the board of trustees remained supported and committed to continually reviewing our financial situation and plans were underway to ensure during 2023 we were able to tackle the staffing situation. We had to ensure however that the charity was in a better financial position and all recruitment was put on hold for a review following the two large events that were taking a lot of the founder's time to get off the ground. The board agreed we needed to see the financial situation improve and with the two large events, there was no capacity to deal with recruiting immediately.

Our trustee board continue to be dedicated and committed throughout and have been a great support to The Founder. Two long serving trustees stepped down following 7 years' service in May 22. They are still great supporters of the charity and HHHO will always be grateful for the dedication and commitment to HHHO.

In summary, we have had another year of reacting to unforeseen situations re staffing and recruitment and engagement is still tough yet the demand on our services is continually increasing with us now receiving referrals from the NHS. This in return means costs are increasing through what continues to be a challenging time. Despite our large events a focus on awareness campaigns and plans to apply and secure funding are our aim once we are able to change the role of the Founder and free up time to allow her to fully focus in this area.

FINANCIAL REVIEW

Principal funding sources

The charity is largely funded by voluntary donations and various fundraising events.

Reserves policy

The trustees aim to maintain reserves at a level to cover six months of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop in Cancer Support Centre, running expenses plus support and governance costs.

On 31 January 2023 the balances were:

- Unrestricted funds £224,1634 of free reserves, against an expected six month spend of £90,000

FINANCIAL REVIEW

Risk management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees have policies in place and grant applications are discussed at trustee meetings where the Board reaches a decision on each application.

Future Developments

Our main aims are to: -

- Continue to meet our objectives under HelpCURE, HelpCOPE and the services via HelpCARE.
- To continue reviewing our services, costs and income generation.
- Continue aligning our 5-year vision document during the next year and working to get the right staffing structure in place.
- To focus on Early diagnosis and to be a centre offering any early diagnosis/ screening work from here.
- To continue to deliver topical workshops and wellbeing days to offer group support, education and to relieve worries and fears around specific topics that arise following a cancer diagnosis.
- To continually to review the feedback of those affected by cancer and ensure that we address and adapt to their current needs.
- To look at how we can tackle diversity and reach more communities we have highlighted that are not reaching out for support.
- Continue to build reserves for a further centre and undertake research as to where the highest need is for such support.
- Continue to raise awareness of the centre to ensure that the 3,400 people affected by cancer locally are aware of all that is accessible to them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Method of appointment or election of trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10.00, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member or within 1 year after them ceasing to be a member.

Organizational structure and decision making

The Trustees are ultimately responsible for the decision making of the organization but the day to day operation of the activities is delegated to Georgina Moseley a Trustee and Chief Executive Officer.

The Trustees meet regularly.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08042006 (England and Wales)

Report of the Trustees
for the year ended 31 January 2023

Registered Charity number
1147859

Registered office
8 Midland Croft
Birmingham
West Midlands
B33 0AW

Trustees
Mrs G Moseley
Mr T Ross
Mrs J B Smith
Mr R A Spittle (resigned 5/5/2022)
Mr J M Till (resigned 5/5/2022)
Mr D J Baldwin
Mr A Downton

Independent Examiner
Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Approved by order of the board of trustees on 5 October 2023 and signed on its behalf by:

Mrs G Moseley - Trustee

Independent Examiner's Report to the Trustees of Help Harry Help Others

Independent examiner's report to the trustees of Help Harry Help Others ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul J Tivey FCA FCCA

Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

5 October 2023

Help Harry Help Others

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 January 2023

	Notes	Unrestricted fund £	Restricted fund £	**2023 Total funds £**	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Voluntary income	4	**214,967**	-	**214,967**	190,267
Charitable activities	6				
HelpCOPE grants		**5,000**	-	**5,000**	13,000
Annual ball event	5	**87,999**	-	**87,999**	-
Total		**307,966**	-	**307,966**	203,267
EXPENDITURE ON					
Raising funds					
Cost of generating voluntary income	7	**22,993**	-	**22,993**	13,100
Cost of annual ball event	8	**62,234**	-	**62,234**	-
		85,227	-	**85,227**	13,100
Charitable activities	9				
HelpCOPE grants		**42,333**	-	**42,333**	23,101
HelpCURE grants		**45,179**	-	**45,179**	51,360
HelpCARE grants		**91,335**	-	**91,335**	54,097
Cancer Care Centre Services		**107,092**	-	**107,092**	98,191
General		-	-	-	6,780
Other		**(5,226)**	-	**(5,226)**	-
Total		**365,940**	-	**365,940**	246,629
NET INCOME/(EXPENDITURE)		**(57,974)**	-	**(57,974)**	(43,362)
RECONCILIATION OF FUNDS					
Total funds brought forward		**282,138**	-	**282,138**	325,500
TOTAL FUNDS CARRIED FORWARD		**224,164**	-	**224,164**	282,138

The notes form part of these financial statements

Balance Sheet
31 January 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	16	**2,055**	-	**2,055**	4,873
CURRENT ASSETS					
Stocks	17	**1,000**	-	**1,000**	1,000
Debtors	18	**46,353**	-	**46,353**	31,275
Cash at bank and in hand		**253,340**	-	**253,340**	308,190
		300,693	-	**300,693**	340,465
CREDITORS					
Amounts falling due within one year	19	**(78,584)**	-	**(78,584)**	(63,200)
NET CURRENT ASSETS		**222,109**	-	**222,109**	277,265
TOTAL ASSETS LESS CURRENT LIABILITIES		**224,164**	-	**224,164**	282,138
NET ASSETS		**224,164**	-	**224,164**	282,138
FUNDS	21				
Unrestricted funds				**224,164**	282,138
TOTAL FUNDS				**224,164**	282,138

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 January 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 October 2023 and were signed on its behalf by:

Mrs G Moseley - Trustee

Mr D J Baldwin - Trustee

The notes form part of these financial statements

1. CHARITY INFORMATION

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales and registered with the Charity Commission. The registered office is 8 Midland Croft, Birmingham, B33 OAW.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going Concern
The trustees are of the view that the charity is a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Governance costs
Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% reducing balance and 33% on cost
Motor vehicles	- 25% on reducing balance

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from corporation tax on its charitable activities.

continued...

2. ACCOUNTING POLICIES - continued

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and liabilities
Debtors are measured at the undiscounted amounts of cash receivable.
Creditors are measured at the undiscounted amount of cash payable.

3. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

continued...

4. VOLUNTARY INCOME

	2023	2022
	£	£
Donations and gifts	205,383	182,296
Donated services and facilities	9,584	7,971
	214,967	190,267

5. ANNUAL BALL EVENT

	2023	2022
	£	£
Table sales, tickets, auctions and sponsorship	87,999	-

6. INCOME FROM CHARITABLE ACTIVITIES

	2023 HelpCOPE grants	2022 Total activities
	£	£
Grants	5,000	13,000

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Other Grants	-	3,000
Aviva Funding	-	10,000
ScrewFix Foundation Funding	5,000	-
	5,000	13,000

7. COST OF GENERATING VOLUNTARY INCOME

	2023	2022
	£	£
Bracelet components	2,979	-
Fundraising costs	19,281	12,452
Online and text giving costs	733	648
	22,993	13,100

continued...

8. COST OF ANNUAL BALL EVENT

	2023	2022
	£	£
Venue, catering, band and other running costs	**62,234**	-

9. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Grant funding of activities (see note 10)	Support costs (see note 11)	Totals
	£	£	£	£
HelpCOPE grants	**9,980**	**4,231**	**28,122**	**42,333**
HelpCURE grants	-	-	**45,179**	**45,179**
HelpCARE grants	-	**42,676**	**48,659**	**91,335**
Cancer Care Centre Services	**1,536**	-	**105,556**	**107,092**
	11,516	**46,907**	**227,516**	**285,939**

2022 Charitable Activities Costs:

	Direct Costs	Grant funding of activities (see note 10)	Support costs (see note 11)	Totals
	£	**£**	**£**	**£**
HelpCOPE grants	-	**4,187**	**18,914**	**23,101**
HelpCURE grants	-	**21,132**	**30,228**	**51,360**
HelpCARE grants	-	**21,559**	**32,538**	**54,097**
Cancer Care Centre Services	**7,078**	-	**91,113**	**98,191**
General	-	**6,780**	-	**6,780**
	7,078	**53,658**	**172,793**	**233,529**

10. GRANTS PAYABLE

	2023	2022
	£	£
HelpCOPE grants	**4,231**	4,187
HelpCURE grants	-	21,132
HelpCARE grants	**42,676**	21,559
General	-	6,780
	46,907	53,658

continued...

10. GRANTS PAYABLE - continued

The total grants paid to institutions during the year was as follows:

	2023	2022
	£	£
Free@Last	-	6,780
Aston University	-	21,132
	-	27,912

The total grants paid to individuals during the year was as follows:

	2023	2022
	£	£
Grants to individuals	46,907	25,746

11. SUPPORT COSTS

	Support costs	Governance costs	Totals
	£	£	£
HelpCOPE grants	26,519	1,603	28,122
HelpCURE grants	43,577	1,602	45,179
HelpCARE grants	47,056	1,603	48,659
Cancer Care Centre Services	100,142	5,414	105,556
	217,294	10,222	227,516

Governance costs include payments to the independent examiner of £7,347 (2022 - £6,000) for examination fees.

Support costs, included in the above, are as follows:

Support costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	14,216	23,692	25,588
Social security	1,060	1,767	1,908
Pensions	335	-	-
Rent and rates	3,630	6,050	6,534
Insurance	419	699	755
Telephone	559	931	1,005
Postage and stationery	-	-	-
Sundries	-	-	-
Motor expenses	1,545	2,575	2,781
Carried forward	21,764	35,714	38,571

continued...

11. SUPPORT COSTS - continued

Support costs - continued

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Brought forward	**21,764**	**35,714**	**38,571**
Computer expenses	-	-	-
Volunteer expenses	-	-	-
Subscriptions	-	-	-
Repairs	**734**	**1,224**	**1,322**
Staff recruitment	-	-	-
Support consultant	**94**	**94**	**93**
Staff training	-	-	-
Travel expenses	**7**	**12**	**14**
Bank charges	-	-	-
Staff uniform	-	-	-
Social media	**3,920**	**6,533**	**7,056**
Depreciation of tangible assets	-	-	-
Bank interest	-	-	-
	26,519	**43,577**	**47,056**

		2023	2022
	Cancer Care Centre Services	Total activities	Total activities
	£	£	£
Wages	**54,929**	**118,425**	**93,558**
Social security	**4,520**	**9,255**	**5,969**
Pensions	**2,430**	**2,765**	**2,142**
Rent and rates	**7,744**	**23,958**	**23,958**
Insurance	**923**	**2,796**	**2,931**
Telephone	**1,229**	**3,724**	**9,290**
Postage and stationery	**5,613**	**5,613**	**3,764**
Sundries	**1,349**	**1,349**	**501**
Motor expenses	**3,399**	**10,300**	**9,248**
Computer expenses	**1,009**	**1,009**	**516**
Volunteer expenses	**347**	**347**	**221**
Subscriptions	**1,549**	**1,549**	**2,719**
Repairs	**1,567**	**4,847**	**2,851**
Staff recruitment	**1,127**	**1,127**	**2,880**
Support consultant	**1,495**	**1,776**	**456**
Staff training	**963**	**963**	**1,871**
Travel expenses	**17**	**50**	-
Bank charges	**266**	**266**	**5**
Staff uniform	**304**	**304**	-
Carried forward	**90,780**	**190,423**	**162,880**

continued...

11. SUPPORT COSTS - continued

Support costs - continued

	Cancer Care Centre Services	2023 Total activities	2022 Total activities
	£	£	£
Brought forward	**90,780**	**190,423**	**162,880**
Social media	**8,624**	**26,133**	**-**
Depreciation of tangible assets	**748**	**748**	**1,469**
Bank interest	**(10)**	**(10)**	**93**
	100,142	**217,294**	**164,442**

Governance costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	**196**	**195**	**195**
Social security	**18**	**18**	**18**
Pensions	**5**	**4**	**4**
Independent Examiner's remuneration	**1,152**	**1,152**	**1,152**
Rent and rates	**38**	**38**	**38**
Accountancy fees	**110**	**110**	**110**
Legal fees	**63**	**63**	**63**
Repairs	**7**	**8**	**8**
Support consultant	**14**	**14**	**15**
	1,603	**1,602**	**1,603**

	Cancer Care Centre Services	2023 Total activities	2022 Total activities
	£	£	£
Wages	**659**	**1,245**	**1,200**
Social security	**61**	**115**	**105**
Pensions	**15**	**28**	**27**
Independent Examiner's remuneration	**3,891**	**7,347**	**6,000**
Rent and rates	**128**	**242**	**242**
Accountancy fees	**371**	**701**	**677**
Legal fees	**213**	**402**	**52**
Repairs	**26**	**49**	**24**
Support consultant	**50**	**93**	**24**
	5,414	**10,222**	**8,351**

continued...

12. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Independent Examiner's remuneration	7,347	6,000
Depreciation - owned assets	748	1,471
Other operating leases	23,958	23,958
Surplus on disposal of fixed assets	(5,226)	-
Operating lease charges (governance costs)	242	242

13. TRUSTEES' REMUNERATION AND BENEFITS

During the year one one of the directors received payment as an employee of the charity as permitted under the Articles of Association. A salary of £40,250 (2022 - £35,000) was paid to Mrs G Moseley with benefit in kind of £8,171 (2022 - £7,104) and pension contributions of £1,020 (2022 - £863).

Trustees' expenses

One of the trustees received reimbursement of expenses amounting to £50 (2022 - £0), being in relation to travel and subsistence.

14. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	119,670	94,758
Social security costs	9,370	6,074
Other pension costs	2,793	2,169
	131,833	103,001

The average monthly number of employees during the year was as follows:

	2023	2022
Total staff	4	3

No employees received emoluments in excess of £60,000.

The key management personnel of the charity are the Trustees. The aggregate employment costs of key management personnel (Including employers pension and national insurance costs) is £55,198 (2022 £47,557).

continued...

15. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Voluntary income	190,267	-	190,267
Charitable activities			
HelpCOPE grants	13,000	-	13,000
Total	203,267	-	203,267
EXPENDITURE ON			
Raising funds			
Cost of generating voluntary income	13,100	-	13,100
	13,100	-	13,100
Charitable activities			
HelpCOPE grants	23,101	-	23,101
HelpCURE grants	51,360	-	51,360
HelpCARE grants	54,097	-	54,097
Cancer Care Centre Services	84,342	13,849	98,191
General	6,780	-	6,780
Total	232,780	13,849	246,629
NET INCOME/(EXPENDITURE)	(29,513)	(13,849)	(43,362)
Transfers between funds	285	(285)	-
Net movement in funds	(29,228)	(14,134)	(43,362)
RECONCILIATION OF FUNDS			
Total funds brought forward	311,366	14,134	325,500
TOTAL FUNDS CARRIED FORWARD	282,138	-	282,138

continued...

16. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 February 2022	**7,147**	**16,500**	**23,647**
Additions	**1,454**	**-**	**1,454**
Disposals	**-**	**(16,500)**	**(16,500)**
At 31 January 2023	**8,601**	**-**	**8,601**
DEPRECIATION			
At 1 February 2022	**5,798**	**12,976**	**18,774**
Charge for year	**748**	**-**	**748**
Eliminated on disposal	**-**	**(12,976)**	**(12,976)**
At 31 January 2023	**6,546**	**-**	**6,546**
NET BOOK VALUE			
At 31 January 2023	**2,055**	**-**	**2,055**
At 31 January 2022	1,349	3,524	4,873

17. STOCKS

	2023 £	2022 £
Stocks	**1,000**	1,000

18. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	**3,637**	3,585
Other debtors	**120**	-
Prepayments	**42,596**	27,690
	46,353	31,275

continued...

19. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	**68**	6,699
Social security and other taxes	**-**	2,185
Pension	**479**	422
Deferred income	**71,695**	48,108
Accrued expenses	**6,342**	5,786
	78,584	63,200

Details of deferred income:

Balance of grant for the purchase cost of a minibus less annual depreciation and running costs: £0 (2022: £3,524).

Advance receipts for the Annual Ball : £17,034 (2022: £44,584).

Advanced receipt for the Walkathon initially planned for September 2022 but moved back to April 2023: £54,661 (2022: £0).

20. LEASING AGREEMENTS

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows: 2023 - £6,050 (2022 - £30,250).

21. MOVEMENT IN FUNDS

	At 1/2/22	Net movement in funds	At 31/1/23
	£	£	£
Unrestricted funds			
General fund	**282,138**	**(57,974)**	**224,164**
TOTAL FUNDS	**282,138**	**(57,974)**	**224,164**

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	**307,966**	**(365,940)**	**(57,974)**
TOTAL FUNDS	**307,966**	**(365,940)**	**(57,974)**

continued...

21. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/2/21 £	Net movement in funds £	Transfers between funds £	At 31/1/22 £
Unrestricted funds				
General fund	311,366	(29,513)	285	282,138
Restricted funds				
Restricted funds	14,134	(13,849)	(285)	-
TOTAL FUNDS	325,500	(43,362)	-	282,138

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	203,267	(232,780)	(29,513)
Restricted funds			
Restricted funds	-	(13,849)	(13,849)
TOTAL FUNDS	203,267	(246,629)	(43,362)

22. RELATED PARTY DISCLOSURES

During the year the company received services of £1,051 from a company under the control of one of the trustees. These services were provided by way of donation.
In the previous year the company had purchases of £411 from a company under the control of one of the trustees.

Help Harry Help Others

Detailed Statement of Financial Activities for the year ended 31 January 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Voluntary income		
Donations and gifts	**205,383**	182,296
Donated services and facilities	**9,584**	7,971
	214,967	190,267
Annual ball event		
Table sales, tickets, auctions and sponsorship	**87,999**	-
Charitable activities		
Grants	**5,000**	13,000
Total incoming resources	**307,966**	203,267
EXPENDITURE		
Cost of generating voluntary income		
Bracelet components	**2,979**	-
Fundraising costs	**19,281**	12,452
Online and text giving costs	**733**	648
	22,993	13,100
Cost of annual ball event		
Venue, catering, band and other running costs	**62,234**	-
Charitable activities		
Activities undertaken directly	**11,516**	7,078
Grants to institutions	**-**	27,912
Grants to individuals	**46,907**	25,746
	58,423	60,736
Other		
Surplus on sale of tangible fixed assets	**(5,226)**	-
Support costs		
Support costs		
Wages	**118,425**	93,558
Carried forward	**118,425**	93,558

Help Harry Help Others

Detailed Statement of Financial Activities for the year ended 31 January 2023

	2023	2022
	£	£
Support costs		
Brought forward	**118,425**	93,558
Social security	**9,255**	5,969
Pensions	**2,765**	2,142
Rent and rates	**23,958**	23,958
Insurance	**2,796**	2,931
Telephone	**3,724**	9,290
Postage and stationery	**5,613**	3,764
Sundries	**1,349**	501
Motor expenses	**10,300**	9,248
Computer expenses	**1,009**	516
Volunteer expenses	**347**	221
Subscriptions	**1,549**	2,719
Repairs	**4,847**	2,851
Staff recruitment	**1,127**	2,880
Support consultant	**1,776**	456
Staff training	**963**	1,871
Travel expenses	**50**	-
Bank charges	**266**	5
Staff uniform	**304**	-
Social media	**26,133**	-
Fixtures and fittings	**748**	294
Motor vehicles	**-**	1,175
Bank interest	**(10)**	93
	217,294	164,442
Governance costs		
Wages	**1,245**	1,200
Social security	**115**	105
Pensions	**28**	27
Independent Examiner's remuneration	**7,347**	6,000
Rent and rates	**242**	242
Accountancy fees	**701**	677
Legal fees	**402**	52
Repairs	**49**	24
Support consultant	**93**	24
	10,222	8,351
Total resources expended	**365,940**	246,629
Net expenditure	**(57,974)**	(43,362)

HELP HARRY HELP OTHERS

England & Wales - Charity number 1147859

Accounts

REGISTERED COMPANY NUMBER: 08042006 (England and Wales)
REGISTERED CHARITY NUMBER: 1147859

Report of the Trustees and

Financial Statements for the Year Ended 31 January 2022

for

Help Harry Help Others

Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Help Harry Help Others

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for the year ended 31 January 2022

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Report of the Trustees
for the year ended 31 January 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 January 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Harry's story

Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his who also had a brain tumour became very ill. Within the space of just over two years Harry had organised and attended nearly 100 events to raise money for and awareness of Brain Cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On 8th October 2011, and after 14 weeks in a coma, Harry passed away peacefully at home in his Mom's arms.

Harry's work had touched so many lives that Help Harry Help Other's (HHHO) was set up in order to carry on his vision to make a difference to all people that suffer with brain tumours.

OBJECTIVES AND ACTIVITIES

Policies and objectives

The charity's main objects, as set out in the articles of association, are:

- To preserve; protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications,workshops and any other mean of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

Activities for achieving objectives

A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource we have still been as active as possible in a range of activities which include:

- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools, prisons, communities, businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.

The trustees have paid due regard to the guidance on public benefit issued by the Charity Commission in deciding what activities the charity should undertake.

OBJECTIVES AND ACTIVITIES

Volunteers

Despite a recruitment drive for volunteers, engagement for volunteers continues to be tough following on from the Pandemic. HHHO are continually trying to engage and attract new volunteers as they are appreciated and instrumental in the work we do. HHHO currently have a regular attendance from 6 skilled and 10 unskilled volunteers.

ACHIEVEMENT AND PERFORMANCE

Review of activities

Our ninth year started with things looking more positive with signs of the pandemic and lockdowns coming to an end, however, the board remained focussed on ensuring that we were very careful in terms of finance and resource and so we continued with just the 3 staff within HHHO. The CEO remained very hands on throughout the year following the decision in the previous year not to replace two roles within the charity. She continued to take charge of all day-to-day operational management of the Drop in Cancer Support Centre and the marketing including all social media and fundraising. She was supported by the Office and Finance Manager and the Adult and Youth Counsellor who continues to oversee and support the emotional support and listening team.

After the first quarter even though the world appeared to be starting to open up, the engagement in all areas was hard including volunteers, events and fundraising. Whilst our services were fully functional throughout the pandemic, clients we support were still very nervous and so, many of our services remained operational via zoom, however, the board and the team are very proud that we could adapt to the client's needs and be very flexible throughout still very uncertain times.

Despite income generation still being affected, we were focussed on fulfilling our objectives and committed to supporting Brain Tumour Research at Aston University by funding a PhD Student for the next 3 years. The first annual donation of £9,000 was made to allow the University to proceed with securing a student followed by a second grant of £12,132. We also donated £4,187.02 via HelpCOPE (giving grants to families suffering financial hardship), £21,559 via HelpCARE (our Drop in Cancer Support Centre) and £6,780 to an organisation called 'Free@Last' following a combined fundraising event.

At the end of this financial year, we are supporting 866 adults and children affected by any type of cancer. In total we had 91 new clients that accessed our services throughout the year. 17 sadly lost their battle to cancer and we continue to support their families with a range of emotional, listening and counselling services.

Whilst the demand on some of our 'Core' services increased all round, the demand for our extensive range of listening, emotional support and counselling services continue to remain the biggest requirement from our service users with over 1,595 hours of support being delivered despite challenging times through the pandemic.

Unlike the plans for the previous year which had to be postponed due to the pandemic, we re-instated some of our group sessions in areas that we identified more support was needed. This saw the comeback of our #Time4Teens after school club for youngsters affected by cancer and also our revised #MenMatters group held every Monday for Men that is facilitated by one of our dedicated Volunteer Male listeners who started back too. Both are well received as weekly group sessions and are well attended.

ACHIEVEMENT AND PERFORMANCE

Due to the general feedback from clients about change, fear and hearing similarities in struggles through the pandemic, HHHO created and introduced our first in-house 10-week therapeutic support programme to clients. Facilitated by a qualified counsellor and a client with lived experience, the 10-week programme covers a different topic week around that specific target area. The first support group 'Simply the Breast' was launched in October for Breast Cancer Awareness month. As this well attended and received with really good outcomes the need for further support programmes were highlighted to target specific groups including Loss, Men, Women, Carers, Friends and family. The 'Forget Me Not' support group started in January and also had a good attendance.

Whilst our emotional support/listening & counselling services support people with issues either from their past or in the here and now, HHHO is very much focussed on equipping clients to move forwards after cancer whether they are a patient or a carer. We remained focused on ensuring our new Step Forwards 'Coaching and mentoring service' started as per our previous year's plans. Although in its early days this service sees us offer both one-to-one and group sessions as we support them as they create their goals and vision as they rebuild their lives following cancer.

Some of our services that involve one to one touch were still on hold as cost outweighed the demand with clients still nervous about the pandemic. Our intention is to reintroduce these in the following financial year. The rest of our Core services including emotional support and counselling, debt and financial advice, benefits advice and housing & council tax advice continued including both face to face and via phone / zoom.

Although the Lockdowns came to an end, the pandemic did bring a positive to enable us to support more people that need our help. With zoom and counselling online training we decided that for those who live too far away to get to our centre, phone/ zoom support would be offered to ensure they receive the help they need. We also decided to keep doing outbound welfare calls to clients that live alone or we don't see often. This is well received and appreciated by service users.

We are thrilled to be able to exceed clients' expectations and adapt our services to continue to offer immediacy, empathy and urgency to their ever-changing needs however, it remains a tough time with income generation still suffering. A further year without our annual charity ball and a significantly reduced number of support events along with struggle engagement means we are still remaining diligent with charity funds.

In order to change the situation a PA to the charity founder was recruited In December to help relinquish as much administrative duties as possible in order for her to re-engage with community and corporate supporters. Work has already started on a different large event in which we hope to make an annual event for the charity and our charity ball is now able to go ahead for March 2022.

Our trustee board continue to be dedicated and committed throughout and have been a great support to The Founder. We have welcomed a couple of additions to our board which compliment a dedicated and committed team. One trustee has sadly stepped down due to his own changing work commitments during the financial year, with two more trustees stepping down after.

Overall, our services are needed more than ever before with the cancer community still struggling to get appointments and support via usual means. This in return means costs are increasing through what continues to be a challenging time. However, with plans of a large annual city fundraising event and a PA on board to take on all admin from the Founder, we are in a position to start applying for funding for our newly piloted services that have proved a success and can also start focussing on moving the charity forwards in line with our original vision plan.

FINANCIAL REVIEW

Principal funding sources

The charity is largely funded by voluntary donations and various fundraising events.

Reserves policy

The trustees aim to maintain reserves at a level to cover six months of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop In Cancer Support Centre, running expenses plus support and governance costs.

At 31 January 2022 the balances were:

- Unrestricted funds £282,138 of free reserves, against an expected six month spend of £90,000

Risk management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees have policies in place and grant applications are discussed at trustee meetings where the Board reaches a decision on each application.

Future Developments

Our main aims are to: -

- Continue to meet our objectives under HelpCURE, HelpCOPE and the services via HelpCARE
- To continue reviewing our services, costs and income generation.
- Continue aligning our 5-year vision document during the next year and working to rebuild our staffing resource at the centre.
- To continue developing our own in-house cancer-specific therapeutic support groups.
- To continue to make an annual donation to fund vital research via HelpCURE
- To continue to deliver topical workshops and wellbeing days to offer group support, education and to relieve worries and fears around specific topics that arise following a cancer diagnosis
- To continually to review the feedback of those affected by cancer and ensure that we address and adapt to their current needs
- Continue to build reserves for a further centre and undertake research as to where the highest need is for such support.
- Continue to raise awareness of the centre to ensure that the 3,400 people affected by cancer locally are aware of all that is accessible to them

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Method of appointment or election of trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10.00, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member or within 1 year after them ceasing to be a member.

Report of the Trustees
for the year ended 31 January 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organizational structure and decision making

The Trustees are ultimately responsible for the decision making of the organization but the day to day operation of the activities is delegated to Georgina Moseley a Trustee and Chief Executive Officer.

The Trustees meet regularly.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08042006 (England and Wales)

Registered Charity number

1147859

Registered office

8 Midland Croft
Birmingham
West Midlands
B33 0AW

Trustees

Mrs G Moseley
Mr I Rogers (resigned 30.6.21)
Mr T Ross
Mrs J B Smith
Mr R A Spittle (resigned 5.5.22)
Mr J M Till (resigned 5.5.22)
Mr D J Baldwin (appointed 17.5.21)
Mr A Downton (appointed 11.10.21)

Independent Examiner

Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Approved by order of the board of trustees on 31 August 2022 and signed on its behalf by:

Mrs G Moseley - Trustee

Independent Examiner's Report to the Trustees of Help Harry Help Others

Independent examiner's report to the trustees of Help Harry Help Others ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul J Tivey FCA FCCA
ICAEW
Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

31 August 2022

Help Harry Help Others

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 January 2022

	Notes	Unrestricted fund £	Restricted fund £	**31.1.22 Total funds £**	31.1.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Voluntary income	4	**190,267**	**-**	**190,267**	173,042
Charitable activities					
HelpCOPE grants		**13,000**	**-**	**13,000**	-
HelpCARE grants		**-**	**-**	**-**	70,055
General		**-**	**-**	**-**	12,344
Total		**203,267**	**-**	**203,267**	255,441
EXPENDITURE ON					
Raising funds					
Cost of generating voluntary income	6	**13,100**	**-**	**13,100**	4,045
		13,100	**-**	**13,100**	4,045
Charitable activities	7				
HelpCOPE grants		**23,101**	**-**	**23,101**	25,459
HelpCURE grants		**51,360**	**-**	**51,360**	30,859
HelpCARE grants		**54,097**	**-**	**54,097**	55,308
Cancer Care Centre Services		**84,342**	**13,849**	**98,191**	107,528
General		**6,780**	**-**	**6,780**	-
Total		**232,780**	**13,849**	**246,629**	223,199
NET INCOME/(EXPENDITURE)		**(29,513)**	**(13,849)**	**(43,362)**	32,242
Transfers between funds	19	**285**	**(285)**	**-**	-
Net movement in funds		**(29,228)**	**(14,134)**	**(43,362)**	32,242
RECONCILIATION OF FUNDS					
Total funds brought forward		**311,366**	**14,134**	**325,500**	293,258
TOTAL FUNDS CARRIED FORWARD		**282,138**	**-**	**282,138**	325,500

The notes form part of these financial statements

Balance Sheet
31 January 2022

	Notes	Unrestricted fund £	Restricted fund £	**31.1.22 Total funds £**	31.1.21 Total funds £
FIXED ASSETS					
Tangible assets	14	**4,873**	**-**	**4,873**	6,036
CURRENT ASSETS					
Stocks	15	**1,000**	**-**	**1,000**	1,000
Debtors	16	**31,275**	**-**	**31,275**	26,661
Cash at bank and in hand		**308,190**	**-**	**308,190**	343,296
		340,465	**-**	**340,465**	370,957
CREDITORS					
Amounts falling due within one year	17	**(63,200)**	**-**	**(63,200)**	(51,493)
NET CURRENT ASSETS		**277,265**	**-**	**277,265**	319,464
TOTAL ASSETS LESS CURRENT LIABILITIES		**282,138**	**-**	**282,138**	325,500
NET ASSETS		**282,138**	**-**	**282,138**	325,500
FUNDS	19				
Unrestricted funds				**282,138**	311,366
Restricted funds				**-**	14,134
TOTAL FUNDS				**282,138**	325,500

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 January 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 August 2022 and were signed on its behalf by:

Mrs G Moseley - Trustee

Mr D J Baldwin - Trustee

The notes form part of these financial statements

1. CHARITY INFORMATION

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales and registered with the Charity Commission. The registered office is 8 Midland Croft, Birmingham, B33 OAW.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going Concern
The trustees are of the view that the charity is a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Governance costs
Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	15% reducing balance and 33% on cost
Motor vehicles	-	25% on reducing balance

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from corporation tax on its charitable activities.

continued...

2. ACCOUNTING POLICIES - continued

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and liabilities
Debtors are measured at the undiscounted amounts of cash receivable.
Creditors are measured at the undiscounted amount of cash payable.

3. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

continued...

4. VOLUNTARY INCOME

	31.1.22	31.1.21
	£	£
Donations and gifts	**182,296**	158,715
Donated services and facilities	**7,971**	14,327
	190,267	173,042

5. INCOME FROM CHARITABLE ACTIVITIES

	31.1.22	31.1.21
	HelpCOPE grants	Total activities
	£	£
Grants	**13,000**	**82,399**

Grants received, included in the above, are as follows:

	31.1.22	31.1.21
	£	£
Martin Lewis Grant	**-**	8,000
Other Grants	**3,000**	1,600
National Lottery Community Fund Grant	**-**	60,455
Coronavirus Job Retention Scheme Grant	**-**	12,344
Aviva Funding	**10,000**	-
	13,000	82,399

The National Lottery Community Fund Grant is for Cancer & Covid:Managing, Adapting & Empowering Change.

6. COST OF GENERATING VOLUNTARY INCOME

	31.1.22	31.1.21
	£	£
Bracelet components	**-**	638
Fundraising costs	**12,452**	2,703
Online and text giving costs	**648**	704
	13,100	4,045

continued...

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Grant funding of activities (see note 8)	Support costs (see note 9)	Totals
	£	£	£	£
HelpCOPE grants	**-**	**4,187**	**18,914**	**23,101**
HelpCURE grants	**-**	**21,132**	**30,228**	**51,360**
HelpCARE grants	**-**	**21,559**	**32,538**	**54,097**
Cancer Care Centre Services	**7,078**	**-**	**91,113**	**98,191**
General	**-**	**6,780**	**-**	**6,780**
	7,078	**53,658**	**172,793**	**233,529**

2021 Charitable Activities Costs:

	Direct Costs	Grant funding of activities (see note 10)	Support costs (see note 11)	Totals
	£	**£**	**£**	**£**
HelpCOPE grants	**3,611**	**2,636**	**19,212**	**25,459**
HelpCURE grants	**-**	**-**	**30,859**	**30,859**
HelpCARE grants	**-**	**22,072**	**33,236**	**55,308**
Cancer Care Centre Services	**27,371**	**-**	**80,157**	**107,528**
	30,982	**24,708**	**163,464**	**219,154**

8. GRANTS PAYABLE

	31.1.22	31.1.21
	£	£
HelpCOPE grants	**4,187**	2,636
HelpCURE grants	**21,132**	-
HelpCARE grants	**21,559**	22,072
General	**6,780**	-
	53,658	24,708

The total grants paid to institutions during the year was as follows:

	31.1.22	31.1.21
	£	£
Free @Last	**6,780**	-
Aston University	**21,132**	-
	27,912	-

continued...

8. GRANTS PAYABLE - continued

The total grants paid to individuals during the year was as follows:

	31.1.22	31.1.21
	£	£
Grants to individuals	**25,746**	24,708

9. SUPPORT COSTS

	Support costs	Governance costs	Totals
	£	£	£
HelpCOPE grants	**17,605**	**1,309**	**18,914**
HelpCURE grants	**28,918**	**1,310**	**30,228**
HelpCARE grants	**31,229**	**1,309**	**32,538**
Cancer Care Centre Services	**86,690**	**4,423**	**91,113**
	164,442	**8,351**	**172,793**

Governance costs include payments to the independent examiner of £6,000 (2021 - £5,000) for examination fees.

Support costs, included in the above, are as follows:

Support costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	**9,668**	**16,113**	**17,402**
Social security	**596**	**995**	**1,075**
Pensions	**246**	**-**	**-**
Rent and rates	**3,630**	**6,050**	**6,534**
Insurance	**440**	**733**	**791**
Telephone	**1,259**	**2,099**	**2,267**
Postage and stationery	**-**	**-**	**-**
Sundries	**-**	**-**	**-**
Motor expenses	**1,387**	**2,312**	**2,497**
Computer expenses	**-**	**-**	**-**
Volunteer expenses	**-**	**-**	**-**
Subscriptions	**-**	**-**	**-**
Repairs	**355**	**592**	**639**
Staff recruitment	**-**	**-**	**-**
Support consultant	**24**	**24**	**24**
Staff training	**-**	**-**	**-**
Travel expenses	**-**	**-**	**-**
Bank charges	**-**	**-**	**-**
Carried forward	**17,605**	**28,918**	**31,229**

continued...

9. SUPPORT COSTS - continued

Support costs - continued

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Brought forward	**17,605**	**28,918**	**31,229**
Depreciation of tangible assets	**-**	**-**	**-**
Bank interest	**-**	**-**	**-**
	17,605	**28,918**	**31,229**

	Cancer Care Centre Services	**31.1.22** Total activities	31.1.21 Total activities
	£	**£**	£
Wages	**50,375**	**93,558**	**91,960**
Social security	**3,303**	**5,969**	**6,673**
Pensions	**1,896**	**2,142**	**2,108**
Rent and rates	**7,744**	**23,958**	**23,958**
Insurance	**967**	**2,931**	**2,855**
Telephone	**3,665**	**9,290**	**7,911**
Postage and stationery	**3,764**	**3,764**	**3,601**
Sundries	**501**	**501**	**117**
Motor expenses	**3,052**	**9,248**	**9,597**
Computer expenses	**516**	**516**	**1,194**
Volunteer expenses	**221**	**221**	**40**
Subscriptions	**2,719**	**2,719**	**1,431**
Repairs	**1,265**	**2,851**	**965**
Staff recruitment	**2,880**	**2,880**	**-**
Support consultant	**384**	**456**	**580**
Staff training	**1,871**	**1,871**	**1,545**
Travel expenses	**-**	**-**	**78**
Bank charges	**5**	**5**	**6**
Depreciation of tangible assets	**1,469**	**1,469**	**1,819**
Bank interest	**93**	**93**	**-**
	86,690	**164,442**	**156,438**

continued...

9. SUPPORT COSTS - continued

Governance costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	**188**	**188**	**188**
Social security	**17**	**17**	**16**
Pensions	**5**	**4**	**4**
Independent Examiner's remuneration	**940**	**941**	**941**
Rent and rates	**38**	**38**	**38**
Accountancy fees	**107**	**106**	**106**
Legal fees	**8**	**8**	**8**
Repairs	**3**	**4**	**4**
Support consultant	**3**	**4**	**4**
	1,309	**1,310**	**1,309**

	Cancer Care Centre Services	**31.1.22** Total activities	31.1.21 Total activities
	£	**£**	£
Wages	**636**	**1,200**	**1,182**
Social security	**55**	**105**	**103**
Pensions	**14**	**27**	**26**
Independent Examiner's remuneration	**3,178**	**6,000**	**4,267**
Rent and rates	**128**	**242**	**242**
Accountancy fees	**358**	**677**	**1,009**
Legal fees	**28**	**52**	**156**
Repairs	**13**	**24**	**10**
Support consultant	**13**	**24**	**31**
	4,423	**8,351**	**7,026**

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.1.22	31.1.21
	£	£
Independent Examiner's remuneration	**6,000**	4,267
Depreciation - owned assets	**1,471**	1,819
Other operating leases	**23,958**	23,958
Operating lease charges (governance costs)	**242**	242

continued...

11. TRUSTEES' REMUNERATION AND BENEFITS

During the year one one of the directors received payment as an employee of the charity as permitted under the Articles of Association. A salary of £35,000 (2021 - £35,000) was paid to Mrs G Moseley with benefit in kind of £7,104 (2021 - £7,077) and pension contributions of £863 (2021 - £864).

Trustees' expenses

One of the trustees received reimbursement of expenses amounting to £0 (2021 - £71), being in relation to travel and subsistence.

12. STAFF COSTS

	31.1.22	31.1.21
	£	£
Wages and salaries	**94,758**	93,142
Social security costs	**6,074**	6,776
Other pension costs	**2,169**	2,134
	103,001	102,052

The average monthly number of employees during the year was as follows:

	31.1.22	31.1.21
Total staff	**3**	3

No employees received emoluments in excess of £60,000.

The key management personnel of the charity are the Trustees. The aggregate employment costs of key management personnel (Including employers pension and national insurance costs) is £47,557 (2021 £47,552).

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Voluntary income	173,042	-	173,042
Charitable activities			
HelpCARE grants	9,600	60,455	70,055
General	12,344	-	12,344
Total	194,986	60,455	255,441
EXPENDITURE ON			
Raising funds			
Cost of generating voluntary income	4,045	-	4,045
	4,045	-	4,045

continued...

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
Charitable activities			
HelpCOPE grants	25,459	-	25,459
HelpCURE grants	30,859	-	30,859
HelpCARE grants	55,308	-	55,308
Cancer Care Centre Services	61,207	46,321	107,528
Total	176,878	46,321	223,199
NET INCOME	18,108	14,134	32,242
RECONCILIATION OF FUNDS			
Total funds brought forward	293,258	-	293,258
TOTAL FUNDS CARRIED FORWARD	311,366	14,134	325,500

14. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 February 2021	**6,839**	**16,500**	**23,339**
Additions	**308**	**-**	**308**
At 31 January 2022	**7,147**	**16,500**	**23,647**
DEPRECIATION			
At 1 February 2021	**5,502**	**11,801**	**17,303**
Charge for year	**296**	**1,175**	**1,471**
At 31 January 2022	**5,798**	**12,976**	**18,774**
NET BOOK VALUE			
At 31 January 2022	**1,349**	**3,524**	**4,873**
At 31 January 2021	1,337	4,699	6,036

continued...

15. STOCKS

	31.1.22	31.1.21
	£	£
Stocks	**1,000**	1,000

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.22	31.1.21
	£	£
Trade debtors	**3,585**	4,612
Prepayments	**27,690**	22,049
	31,275	26,661

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.22	31.1.21
	£	£
Trade creditors	**6,699**	764
Social security and other taxes	**2,185**	-
Pension	**422**	422
Deferred income	**48,108**	45,258
Accrued expenses	**5,786**	5,049
	63,200	51,493

Details of deferred income:

Balance of grant for the purchase cost of a minibus less annual depreciation and running costs: £3,524 (2021: £5,068).

Advance receipts for the Annual Ball fundraising initially planned for March 2020 but moved back to 2022: £44,584 (2021: £40,190).

18. LEASING AGREEMENTS

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows: 2022 - £30,250 (2021 - £54,450).

continued...

19. MOVEMENT IN FUNDS

	At 1.2.21 £	Net movement in funds £	Transfers between funds £	At 31.1.22 £
Unrestricted funds				
General fund	**311,366**	**(29,513)**	**285**	**282,138**
Restricted funds				
Restricted funds	**14,134**	**(13,849)**	**(285)**	**-**
TOTAL FUNDS	**325,500**	**(43,362)**	**-**	**282,138**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**203,267**	**(232,780)**	**(29,513)**
Restricted funds			
Restricted funds	**-**	**(13,849)**	**(13,849)**
TOTAL FUNDS	**203,267**	**(246,629)**	**(43,362)**

Comparatives for movement in funds

	At 1.2.20 £	Net movement in funds £	At 31.1.21 £
Unrestricted funds			
General fund	293,258	18,108	311,366
Restricted funds			
Restricted funds	-	14,134	14,134
TOTAL FUNDS	293,258	32,242	325,500

continued...

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194,986	(176,878)	18,108
Restricted funds			
Restricted funds	60,455	(46,321)	14,134
TOTAL FUNDS	255,441	(223,199)	32,242

The restricted fund comprises funding from The National Lottery Community Fund for the Cancer & Covid:Managing, adapting and empowering change project.

20. RELATED PARTY DISCLOSURES

During the year the company had purchases of £411 from a company under the control of one of the trustees.

HELP HARRY HELP OTHERS

England & Wales - Charity number 1147859

Accounts

REGISTERED COMPANY NUMBER: 08042006 (England and Wales)
REGISTERED CHARITY NUMBER: 1147859

Report of the Trustees and

Financial Statements for the Year Ended 31 January 2021

for

Help Harry Help Others

Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Help Harry Help Others

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Help Harry Help Others (Registered number: 08042006)

Report of the Trustees
for the year ended 31 January 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 January 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Harry's story
Whilst battling an inoperable brain tumour, Harry was inspired to make a difference to all people with brain cancer when a friend of his who also had a brain tumour became very ill. Within the space of just over two years Harry had organised and attended nearly 100 events to raise money for and awareness of Brain Cancer. He touched the hearts of the nation with his efforts and helped change the lives of everyone he met.

Sadly, Harry's health took a sudden turn for the worse following brain surgery in August 2011. On 8th October
2011, and after 14 weeks in a coma, Harry passed away peacefully at home in his Mom's arms.

Harry's work had touched so many lives that Help Harry Help Other's (HHHO) was set up in order to carry on
his vision to make a difference to all people that suffer with brain tumours.

OBJECTIVES AND ACTIVITIES
Policies and objectives
The charity's main objects, as set out in the articles of association, are:
- To preserve; protect and promote the health of children and young people by promoting research for the public benefit into the causes and treatment of cancer with particular regard (but without limitation) to brain cancers and to raise funds for such purpose.
- To advance the education of the public in relation to the foregoing by the provision of lectures, seminars, publications,workshops and any other mean of bringing awareness to the public.
- To preserve, protect and promote the health of children and young people with brain cancer and their families and providing or assisting in the provision of equipment, facilities, resources, services, activities and support (whether financial or otherwise) or such items as they might require or as might be appropriate to improve the quality of their life.

Activities for achieving objectives
A key part of achieving the objects of the charity, is continuing the fundraising efforts that Harry began in creative, imaginative and fun ways building on being a community. Whilst establishing the Cancer Support Centre and its services has taken lots of time and resource we have still been as active as possible in a range of activities which include:
- Liaising with the health care sector to promote the services of HHHO and the Drop in Cancer Support Centre.
- Promotion of awareness of cancer through visits to schools, prisons, communities, businesses.
- Educational workshops.
- Fundraising activities to support the delivery of services.
- Grant making.
- Offering a range of services to support cancer patients and their families from the HHHO Drop in Cancer Support Centre.
The trustees have paid due regard to the guidance on public benefit issued by the Charity Commission in deciding what activities the charity should undertake.

OBJECTIVES AND ACTIVITIES

Volunteers

Volunteers are very much appreciated and are instrumental in the work we deliver. Whilst we have seen a decline in volunteers due to change in people's lives since the outbreak of the pandemic, we aim to have a recruitment drive to try and address the issue.

ACHIEVEMENT AND PERFORMANCE

Review of activities

Our eighth year started with what we thought was a great foundation in place with having brought on two new staff members to the team, meaning this would now free up the founder to focus on increasing reserves and income generation, plus also having more time to strengthen relationships within the healthcare sector. It would also enable her to review our 5-year vision document whereby we are working towards opening a further Drop In Cancer Support Centre.

Our Director of Services had settled in well following her appointment in Jan 2019 and was gradually taking on much of the day-to-day operational work within the centre. The recruitment of a new post to deal with all our marketing and digital communication including social media was approved and someone was appointed in October 2019, however this did not work out and the probationary period was not extended. All agreed this post was vital and whilst we did revisit the recruitment process, we then faced the pandemic and the first lockdown which put everything on hold in terms of recruitment.

As well as donating a further £2,636 via HelpCOPE (our grant giving fund to families suffering financial hardship) plus £22,072 via HelpCare (Our Drop In Cancer Support Centre) we supported 775 clients. This meant an additional 73 new clients accessed our support throughout the year. 12 of our clients sadly lost their battle to cancer. Our extensive range of listening, emotional support and counselling services continue to remain the biggest requirement from our service users with over 1620 hours of support being delivered. This is an additional 680 hours to the previous year.

Our goal was to expand on the two main groups that we had previously identified not reaching out for support, Men, and young people. Therefore, our aim was to continue and expand the outreach of our newly designed 'Time4Teens' support group and 'Men Matters' however, this did not go to plan with the start of the pandemic and the announcement of the first lockdown.

On the announcement of the first lockdown, we pretty much had to think on our feet with all the change that followed. We had to overnight look at reverting all our services to ensure we could support clients remotely via phone/zoom. This meant that immediately, being a small team, we needed all hands to the deck to adapt the way we delivered our support and to communicate to all our clients who were in the 'most vulnerable' category. Furloughing staff at this point was not an option with only 3 employees.

Our counsellors and listeners all undertook online training to ensure they were able to offer their support by zoom / phone within the framework via BACP. We had to suspend our non 'core' services that involved either 1-1 touch or group activities and this will remain in place for the foreseeable future. We identified throughout the pandemic that our core services were still very much needed and so we continued to offer emotional support & counselling, Debt and financial advice, housing & Council tax advice and benefits advice over the phone.

ACHIEVEMENT AND PERFORMANCE

Through feedback from clients during the pandemic we identified increased fear and anxiety amongst many. It also highlighted new areas where help was needed and so we created and implemented some new services to not only address issues but to offer immediacy of support to help clients through. These included a new contactless shopping service; outbound welfare calls to all our families and many online workshops on topical subjects that were common subjects/experiences of those affected by cancer.

After the initial hard work by all the team adapting all our services at the start of the pandemic, we made the decision to furlough both the Director of services and Office & Finance Manager whose roles are generally busy through footfall at the centre. Sadly, all the ongoing change meant that the role for Director of services was no longer needed, and her employment was terminated. October 2020.

Whilst the service we delivered continued to be at the forefront of our minds, we were also mindful of the immediate postponement of most of our charity fundraising events throughout the year. Whilst due to our reserves this did not impose any immediate danger, it meant our income generation was being hit hard and brought concern. Our annual charity ball that was scheduled to take place on 21st March 2021 had to be postponed, along with our golf day and our annual participation in other community events. Events of the public and corporate supporters were also cancelled.

We had to address the situation and look at other means of income generation. We also held trustee meetings via zoom to address the financial changes and whilst always mindful of our spend we stripped everything right back. Some of our suppliers were able to offer holidays and offer services foc for a short time.

With the creation of many new services to tackle both cancer and covid for the cancer community, we were able to apply for lottery funding of which we were delighted to receive the full amount of £60,455. This enabled us to continue providing emotional support and counselling whilst also implementing 'Cancer and Covid: adapting, managing and empowering change' workshops. Whilst at the time of preparing the proposal we were out of the first lockdown and so all costings were based on in house service delivery, the actual spend in each costing area moved as we continually had to change the project delivery with lockdown 2 and 3 which were not factored into the original proposal. Overall TNLC were happy with this and overall happy with the way the money was allocated. We were also able to generate income from some online events that we created for people to do within their own homes. Whilst we to date have got through this period, engagement continues to be hard, however we have all worked harder than ever to ensure we continued to give vital support to the cancer community through such a difficult time.

Due to the sheer demand on our emotional support and counselling services throughout the year, this brought some positive news with us being able to make one of our counselling service providers an employee of HHHO from Jan 2021. The position sees Tracy as adult and youth counsellor head up and oversee our emotional support and counselling team of service providers, whilst being hands on supporting young people directly.

Overall, whilst this has been a very challenging year both in terms of service delivery and income generation, the trustees are very proud of areas we have been able to address and the support we have been able to deliver through a difficult time of change for all.

FINANCIAL REVIEW

Principal funding sources

The charity is largely funded by voluntary donations and various fundraising events.

FINANCIAL REVIEW

Reserves policy

The trustees aim to maintain reserves at a level to cover six months of unrestricted charitable expenditure. The trustees consider this level to be sufficient to cover applications for grants and to ensure there are sufficient funds to cover the cancer care service, including the Drop In Cancer Support Centre, running expenses plus support and governance costs.

At 31 January 2021 the balances were:

- Unrestricted funds £311,366 of free reserves, against an expected six month spend of £90,000

Risk management

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees have policies in place and grant applications are discussed at trustee meetings where the Board reaches a decision on each application.

Future Developments

We continue to review month by month our services, spend and income generation due to the ongoing impact of the pandemic. We are working towards reworking our 5-year vision document during the next year and working to rebuild our staffing resource at the centre. We have started work on some new services that we have identified the need for from client feedback and for which we look to start delivering from March 2021. These include both support for clients who, due to mobility issues or location issues, mean they cannot get into the centre, and our new Step Forwards 'Coaching and mentoring service' which is about educating and equipping clients to rebuild their lives as a cancer patient, working with a carer enabling them to move forwards. Finally, we are working to create our own in-house cancer specific support groups that will offer therapeutic support. They will be hosted by a counsellor and a cancer survivor. The first three we are working on to launch later in the year are Breast cancer, Male Cancers and Carers Count support groups.

As we do this our main aims are to: -

- Continue to meet our objectives under HelpCURE, HelpCOPE and the services via HelpCARE

- Continue to raise awareness of the centre to ensure the 3,400 people affected by cancer locally are aware of all that is accessible to them

- To continue to make an annual donation to fund vital research via HelpCURE

- To continue to deliver workshops and wellbeing days to offer group support, education and relieve worries and fears around specific topics that arise following a cancer diagnosis

- To continually review the feedback of those affected by cancer and ensure that we address their needs

- Continue to build reserves for a further centre and undertake research as to where the highest need is for such support.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Method of appointment or election of trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

None of the trustees have any beneficial interest in the company. All of the trustees are members of the company and their liability is limited to a sum not exceeding £10.00, being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member or within 1 year after them ceasing to be a member.

Organizational structure and decision making

The Trustees are ultimately responsible for the decision making of the organization but the day to day operation of the activities is delegated to Georgina Moseley a Trustee and Chief Executive Officer.

The Trustees meet regularly.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
08042006 (England and Wales)

Registered Charity number
1147859

Registered office
8 Midland Croft
Birmingham
West Midlands
B33 0AW

Trustees
Mrs G Moseley
Mr I Rogers (resigned 30/6/2021)
Mr T Ross
Mrs J B Smith
Mr R A Spittle
Mr J M Till
Mr D J Baldwin (appointed 17/5/2021)

Independent Examiner
Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Approved by order of the board of trustees on 29/11/2021 and signed on its behalf by:

G Moseley

Mrs G Moseley - Trustee

Independent Examiner's Report to the Trustees of Help Harry Help Others

Independent examiner's report to the trustees of Help Harry Help Others ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Report to the Trustees of
Help Harry Help Others

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul J Tivey FCA FCCA
ICAEW
Pinfields Limited
Chartered Accountants
Meryll House
57 Worcester Road
Bromsgrove
Worcestershire
B61 7DN

Date: 29/11/2021

Help Harry Help Others

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 January 2021

	Notes	Unrestricted fund £	Restricted fund £	**2021 Total funds £**	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Voluntary income	4	**173,045**	-	**173,045**	214,343
Charitable activities	6				
HelpCARE grants		**9,600**	**60,455**	**70,055**	-
General		**12,344**	-	**12,344**	-
Annual ball event	5	-	-	-	104,341
Total		**194,989**	**60,455**	**255,444**	318,684
EXPENDITURE ON					
Raising funds					
Cost of generating voluntary income	7	**4,048**	-	**4,048**	29,977
Cost of annual ball event	8	-	-	-	61,740
		4,048	-	**4,048**	91,717
Charitable activities	9				
HelpCOPE grants		**25,459**	-	**25,459**	33,289
HelpCURE grants		**30,859**	-	**30,859**	53,711
HelpCARE grants		**55,308**	-	**55,308**	68,443
Cancer Care Centre Services		**61,207**	**46,321**	**107,528**	135,021
Total		**176,881**	**46,321**	**223,202**	382,181
NET INCOME/(EXPENDITURE)		**18,108**	**14,134**	**32,242**	(63,497)
RECONCILIATION OF FUNDS					
Total funds brought forward		**293,258**	-	**293,258**	356,755
TOTAL FUNDS CARRIED FORWARD		**311,366**	**14,134**	**325,500**	293,258

The notes form part of these financial statements

Balance Sheet
31 January 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	16	**6,036**	-	**6,036**	7,635
CURRENT ASSETS					
Stocks	17	**1,000**	-	**1,000**	1,407
Debtors	18	**26,661**	-	**26,661**	32,806
Cash at bank and in hand		**329,162**	**14,134**	**343,296**	308,111
		356,823	**14,134**	**370,957**	342,324
CREDITORS					
Amounts falling due within one year	19	**(51,493)**	-	**(51,493)**	(56,701)
NET CURRENT ASSETS		**305,330**	**14,134**	**319,464**	285,623
TOTAL ASSETS LESS CURRENT LIABILITIES		**311,366**	**14,134**	**325,500**	293,258
NET ASSETS		**311,366**	**14,134**	**325,500**	293,258
FUNDS	21				
Unrestricted funds				**311,366**	293,258
Restricted funds				**14,134**	-
TOTAL FUNDS				**325,500**	293,258

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31 January 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 29/11/2021 ..... and were signed on its behalf by:

G Moseley
.....
Mrs G Moseley - Trustee

.....
Mr J M Till - Trustee

The notes form part of these financial statements

1. CHARITY INFORMATION

Help Harry Help Others is a private company limited by guarantee incorporated in England and Wales and registered with the Charity Commission. The registered office is 8 Midland Croft, Birmingham, B33 OAW.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going Concern
The trustees are of the view that the charity is a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Governance costs
Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% reducing balance and 33% on cost
Motor vehicles	- 25% on reducing balance

Stocks
Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation
The charity is exempt from corporation tax on its charitable activities.

continued...

2. ACCOUNTING POLICIES - continued

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors and liabilities
Debtors are measured at the undiscounted amounts of cash receivable.
Creditors are measured at the undiscounted amount of cash payable.

3. CRITICAL ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

continued...

4. VOLUNTARY INCOME

	2021	2020
	£	£
Donations and gifts	**173,045**	214,343

5. ANNUAL BALL EVENT

	2021	2020
	£	£
Table sales, tickets, auctions and sponsorship	-	104,341

6. INCOME FROM CHARITABLE ACTIVITIES

	HelpCARE grants	General	2021 Total activities	2020 Total activities
	£	£	£	£
Grants	**70,055**	**12,344**	**82,399**	-

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Martin Lewis Grant	**8,000**	-
Other Grants	**1,600**	-
National Lottery Community Fund Grant	**60,455**	-
Coronavirus Job Retention Scheme Grant	**12,344**	-
	82,399	-

The National Lottery Community Fund Grant is for Cancer & Covid:Managing, Adapting & Empowering Change.

7. COST OF GENERATING VOLUNTARY INCOME

	2021	2020
	£	£
Bracelet components	**638**	1,372
Fundraising costs	**2,706**	26,533
Online and text giving costs	**704**	2,072
	4,048	29,977

continued...

8. COST OF ANNUAL BALL EVENT

	2021	2020
	£	£
Purchases	-	61,740

9. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Grant funding of activities (see note 10)	Support costs (see note 11)	Totals
	£	£	£	£
HelpCOPE grants	**3,611**	**2,636**	**19,212**	**25,459**
HelpCURE grants	**-**	**-**	**30,859**	**30,859**
HelpCARE grants	**-**	**22,072**	**33,236**	**55,308**
Cancer Care Centre Services	**27,371**	**-**	**80,157**	**107,528**
	30,982	**24,708**	**163,464**	**219,154**

2020 Charitable Activities Costs:

	Direct Costs	Grant funding of activities (see note 10)	Support costs (see note 11)	Totals
	£	£	£	£
HelpCOPE grants	**-**	**10,967**	**22,322**	**33,289**
HelpCURE grants	**-**	**18,000**	**35,711**	**53,711**
HelpCARE grants	**-**	**30.000**	**38,443**	**68,443**
Cancer Care Centre Services	**35,376**	**-**	**99,645**	**135,021**
	35,376	**58,967**	**196,121**	**290,464**

10. GRANTS PAYABLE

	2021	2020
	£	£
HelpCOPE grants	**2,636**	10,967
HelpCURE grants	-	18,000
HelpCARE grants	**22,072**	30,000
	24,708	58,967

continued...

10. GRANTS PAYABLE - continued

The total grants paid to institutions during the year was as follows:

	2021	2020
	£	£
Birmingham University	-	18,000
Hope Pyschological Services CIC	-	30,000
	-	48,000

The total grants paid to individuals during the year was as follows:

	2021	2020
	£	£
Grants to individuals	24,708	10,967

11. SUPPORT COSTS

	Support costs	Governance costs	Totals
	£	£	£
HelpCOPE grants	**18,108**	**1,104**	**19,212**
HelpCURE grants	**29,758**	**1,101**	**30,859**
HelpCARE grants	**32,135**	**1,101**	**33,236**
Cancer Care Centre Services	**76,437**	**3,720**	**80,157**
	156,438	**7,026**	**163,464**

Governance costs include payments to the independent examiner of £5,000 (2020 - £5,020) for examination fees.

Support costs, included in the above, are as follows:

Support costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	**10,425**	**17,375**	**18,765**
Social security	**709**	**1,180**	**1,275**
Pensions	**242**	**-**	**-**
Rent and rates	**3,630**	**6,050**	**6,534**
Insurance	**428**	**714**	**771**
Telephone	**1,047**	**1,745**	**1,884**
Postage and stationery	**-**	**-**	**-**
Sundries	**-**	**-**	**-**
Carried forward	**16,481**	**27,064**	**29,229**

continued...

11. SUPPORT COSTS - continued

Support costs - continued

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Brought forward	**16,481**	**27,064**	**29,229**
Motor expenses	**1,440**	**2,399**	**2,591**
Computer expenses	**-**	**-**	**-**
Volunteer expenses	**-**	**-**	**-**
Subscriptions	**-**	**-**	**-**
Repairs	**146**	**244**	**263**
Staff recruitment	**-**	**-**	**-**
Support consultant	**30**	**31**	**31**
Staff training	**-**	**-**	**-**
Travel expenses	**11**	**20**	**21**
Bank charges	**-**	**-**	**-**
Depreciation of tangible and heritage assets	**-**	**-**	**-**
	18,108	**29,758**	**32,135**

	Cancer Care Centre Services	2021 Total activities	2020 Total activities
	£	£	£
Wages	**45,395**	**91,960**	**105,051**
Social security	**3,509**	**6,673**	**8,110**
Pensions	**1,866**	**2,108**	**2,358**
Rent and rates	**7,744**	**23,958**	**23,958**
Insurance	**942**	**2,855**	**3,242**
Telephone	**3,235**	**7,911**	**10,311**
Postage and stationery	**3,601**	**3,601**	**7,381**
Sundries	**117**	**117**	**546**
Motor expenses	**3,167**	**9,597**	**2,775**
Computer expenses	**1,194**	**1,194**	**5,555**
Volunteer expenses	**40**	**40**	**806**
Subscriptions	**1,431**	**1,431**	**2,727**
Repairs	**312**	**965**	**6,490**
Staff recruitment	**-**	**-**	**299**
Support consultant	**488**	**580**	**579**
Staff training	**1,545**	**1,545**	**3,134**
Travel expenses	**26**	**78**	**621**
Bank charges	**6**	**6**	**18**
Carried forward	**74,618**	**154,619**	**183,961**

continued...

11. SUPPORT COSTS - continued

Support costs - continued

	Cancer Care Centre Services	2021 Total activities	2020 Total activities
	£	£	£
Brought forward	74,618	154,619	183,961
Depreciation of tangible and heritage assets	1,819	1,819	2,558
	76,437	156,438	186,519

Governance costs

	HelpCOPE grants	HelpCURE grants	HelpCARE grants
	£	£	£
Wages	186	185	185
Social security	17	16	16
Pensions	4	4	4
Independent Examiner's remuneration	669	669	669
Rent and rates	38	38	38
Accountancy fees	159	158	158
Legal fees	25	24	24
Repairs	1	2	2
Support consultant	5	5	5
	1,104	1,101	1,101

	Cancer Care Centre Services	2021 Total activities	2020 Total activities
	£	£	£
Wages	626	1,182	1,200
Social security	54	103	72
Pensions	14	26	25
Independent Examiner's remuneration	2,260	4,267	5,324
Rent and rates	128	242	242
Accountancy fees	534	1,009	606
Legal fees	83	156	2,036
Repairs	5	10	66
Support consultant	16	31	31
	3,720	7,026	9,602

continued...

12. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Independent Examiner's remuneration	4,267	5,324
Depreciation - owned assets	1,819	2,558
Other operating leases	23,958	23,958
Operating lease charges	18,150	24,200

13. TRUSTEES' REMUNERATION AND BENEFITS

During the year one one of the directors received payment as an employee of the charity as permitted under the Articles of Association. A salary of £35,000 (2020 - £35,000) was paid to Mrs G Moseley with benefit in kind of £7,077 (£6,416) and pension contributions of £864 (2020 - £818).

Trustees' expenses

One of the trustees received reimbursement of expenses amounting to £71 (2019 - £487), being in relation to travel and subsistence.

14. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	93,142	106,251
Social security costs	6,776	8,182
Other pension costs	2,134	2,383
	102,052	116,816

The average monthly number of employees during the year was as follows:

	2021	2020
Total staff	3	4

No employees received emoluments in excess of £60,000.

The key management personnel of the charity are the Trustees. The aggregate employment costs of key management personnel (Including employers pension and national insurance costs) is £47,552 (2020 £46,764).

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15. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Voluntary income	214,343	-	214,343
Annual ball event	104,341	-	104,341
Total	318,684	-	318,684
EXPENDITURE ON			
Raising funds			
Cost of generating voluntary income	29,977	-	29,977
Cost of annual ball event	61,740	-	61,740
	91,717	-	91,717
Charitable activities			
HelpCOPE grants	33,289	-	33,289
HelpCURE grants	53,711	-	53,711
HelpCARE grants	68,443	-	68,443
Cancer Care Centre Services	134,021	1,000	135,021
Total	381,181	1,000	382,181
NET INCOME/(EXPENDITURE)	(62,497)	(1,000)	(63,497)
RECONCILIATION OF FUNDS			
Total funds brought forward	355,755	1,000	356,755
TOTAL FUNDS CARRIED FORWARD	293,258	-	293,258

continued...

16. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 February 2020	**6,619**	**16,500**	**23,119**
Additions	**220**	**-**	**220**
At 31 January 2021	**6,839**	**16,500**	**23,339**
DEPRECIATION			
At 1 February 2020	**5,249**	**10,235**	**15,484**
Charge for year	**253**	**1,566**	**1,819**
At 31 January 2021	**5,502**	**11,801**	**17,303**
NET BOOK VALUE			
At 31 January 2021	**1,337**	**4,699**	**6,036**
At 31 January 2020	1,370	6,265	7,635

17. STOCKS

	2021 £	2020 £
Stocks	**1,000**	1,407

18. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	**4,612**	20,871
Prepayments	**22,049**	11,935
	26,661	32,806

continued...

19. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	764	7,553
Pension	422	-
Other creditors	-	300
Deferred income	45,258	42,613
Accrued expenses	5,049	6,235
	51,493	56,701

Details of deferred income:

Balance of grant for the purchase cost of a minibus less annual depreciation and running costs: £5,068 (2020: £6,634).

Advance receipts for the Annual Ball fundraising initially planned for March 2020 but moved back to 2022: £40,190 (2020: £35,979).

20. LEASING AGREEMENTS

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows: 2021 - £54,450 (2020 - £78,650).

21. MOVEMENT IN FUNDS

	At 1/2/20	Net movement in funds	At 31/1/21
	£	£	£
Unrestricted funds			
General fund	293,258	18,108	311,366
Restricted funds			
Restricted funds	-	14,134	14,134
TOTAL FUNDS	293,258	32,242	325,500

continued...

21. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**194,989**	**(176,881)**	**18,108**
Restricted funds			
Restricted funds	**60,455**	**(46,321)**	**14,134**
TOTAL FUNDS	**255,444**	**(223,202)**	**32,242**

Comparatives for movement in funds

	At 1/2/19 £	Net movement in funds £	At 31/1/20 £
Unrestricted funds			
General fund	355,755	(62,497)	293,258
Restricted funds			
Restricted funds	1,000	(1,000)	-
TOTAL FUNDS	356,755	(63,497)	293,258

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	318,684	(381,181)	(62,497)
Restricted funds			
Restricted funds	-	(1,000)	(1,000)
TOTAL FUNDS	318,684	(382,181)	(63,497)

The restricted fund comprises funding from The National Lottery Community Fund for the Cancer & Covid:Managing, adapting and empowering change project.

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22. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2021.