

OUTREACH CUMBRIA LIMITED

England & Wales · Charity number 1147753

Details

Status Registered

Legal form Charitable company

Company number [08012444](#)

Registered 2012-06-20

Register [View on the Charity Commission register](#)

Contact

Address 9 Brunswick Street
Carlisle
Cumbria
CA1 1PB

Phone 07369228836

Email info@outreachcumbria.co.uk

Website www.outreachcumbria.co.uk

Activities

Objects: 1. TO PROMOTE EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT AND IN PARTICULAR THE ELIMINATION OF DISCRIMINATION ON THE GROUNDS OF SEXUAL ORIENTATION AND GENDER IDENTITY OF THOSE LIVING IN CUMBRIA AND THE SURROUNDING AREAS BY:I) RAISING AWARENESS OF THE PUBLIC ABOUT THE ISSUES AND DIFFICULTIES AFFECTING THE LIVES OF LESBIAN, GAY, BISEXUAL AND TRANSGENDER (LGBT) PEOPLE;II) CULTIVATING A SENTIMENT IN FAVOUR OF EQUALITY AND DIVERSITY IN PARTICULAR THROUGH CELEBRATING THE DIVERSITY OF THE LGBT COMMUNITY. 2. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH LGBT PEOPLE AND THEIR FAMILIES IN CUMBRIA WHO ARE SOCIALLY EXCLUDED IN ORDER TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY. 3. TO RELIEVE THE CHARITABLE NEEDS OF LESBIAN, GAY, BISEXUAL AND TRANSGENDER PERSONS IN CUMBRIA BY THE PROVISION OF SUCH SUPPORT AS THE TRUSTEES MAY DETERMINE. 4. TO FURTHER SUCH OTHER PURPOSES FOR THE BENEFIT OF THE LGBT COMMUNITY AS ARE CHARITABLE UNDER THE LAWS OF ENGLAND AND WALES AS THE TRUSTEES SHALL IN THEIR ABSOLUTE DISCRETION DETERMINE

Activities: To promote equality and diversity for the public benefit and in particular the elimination of discrimination on grounds of sexual orientation and gender identity of those living in Cumbria and the surrounding areas by raising awareness of the public about the issues and difficulties affecting the lives of

Lesbian, Gay, Bisexual and Transgender (LGBT) people.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,483	£5,836	-	-
2024-03-31	£3,147	£35,315	-	-
2023-03-31	£3,784	£31,247	-	-
2022-03-31	£46,755	£11,142	-	-
2021-03-31	£27,672	£2,386	-	-

Trustees

Name	Role	Appointed
Debbie Helen Wood		2015-03-25
Jean Steel		2025-12-11
Olivia wanda Latimer		2025-12-11

OUTREACH CUMBRIA LIMITED

England & Wales - Charity number 1147753

Accounts

Company registration number 08012444

Charity registration number 1147753

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

BRENNOCKS

Incorporated Financial Accountants

Lynholm, Roweltown

Carlisle

Cumbria

CA6 6LH

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

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OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES
AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2022**

Trustees:

Mr Jonathan ELLIOTT

Ms Rachel Louise HUBBARD

Dr Debbie Helen WOOD

Ms Karyn Louise WOOD

Company registration number: 08012444

Charity registration number: 1147753

Registered office:

9 Brunswick Street

Carlisle

CA1 1PB

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES
AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2022 (CONTINUED)**

Independent Examiner:

Paul Brennock

Incorporated Financial Accountant

Brennocks

Lyneholm, Roweltown

Carlisle

CA6 6LH

Bankers:

HSBC UK

29 English Street

Carlisle

CA3 8JW

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2022

The trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of OutREACH Cumbria Limited (the company) for the year ended 31 March 2022. The trustees confirm that the annual report and financial statements of the company comply with the current statutory requirements of the company's governing document and the provisions of the Charities Statement of Recommended Practice (SORP) (FRS 102), second edition, October 2019.

Structure, Governance and Management

CONSTITUTION

The company is constituted under a Memorandum of Association dated 29 March 2012 as amended by a special resolution of 12 June 2012. The company was registered as a charity on 20 June 2012 with the charity number 1147753.

METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

The management of the company is the responsibility of the trustees who are elected and co-opted under the terms of the Articles of Association.

ORGANISATIONAL STRUCTURE AND DECISION MAKING

The day to day running of the charity is delegated to volunteers acting as project workers/managers, whilst the trustees retain overall control.

Objectives and Activities

POLICIES AND OBJECTIVES

The principal objectives of the charity are:

To promote equality and diversity for the public benefit and in particular the elimination of discrimination on the grounds of sexual orientation and gender identity of those living in Cumbria and the surrounding areas by:

- Raising awareness of the public about the difficulties affecting the lives of lesbian, gay, bisexual and transgender (LGBT) people.
- Cultivating a sentiment in favour of equality and diversity in particular through celebrating the diversity of the LGBT community.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued)
for the year ended 31 March 2022

To promote social inclusion for the public benefit by working with LGBT people and their families in Cumbria who are socially excluded in order to relieve the needs of such people and assist them to integrate into society.

To relieve the charitable needs of LGBT people by the provision of such support as the trustees may determine.

To further such other purposes for the benefit of the LGBT community as are charitable under the laws of England and Wales as the trustees shall in their absolute discretion determine.

Activities for achieving objectives

Activities for achieving objectives

To achieve the objectives of OutREACH Cumbria Limited (OutREACH Cumbria) we have:

- Attended events with other services to promote wider understanding of the issues facing LGBT people in Cumbria.
- Signed up new OutReach partners.
- Begun providing our Talk-It-Out therapy service on a county wide basis.
- Been awarded £42,890 by CNTW NHS Foundation Trust to run services for Trans people in Cumbria under our project name 'Cumbria Transgender Wellbeing Hub'.
- Provided training to the local NHS & other organisations.

The trustees confirm that they have adhered at all times to the guidance issued by the Charity Commission in respect of public benefit through the activities and organisations of the charity.

Achievements and performance

Going concern

The trustees have publicised their requirements for new committee members with specific job roles and skills.

Investment Policy and Performance

During the year the charity has operated a single current bank account held with a commercial high street bank.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

**Trustees' report (incorporating the Directors' report) (continued) for the year ended
31 March 2022**

Chair's report 2021-22

Again this is a relatively short report in my first full year in my second tenure as chair of the charity. It took us longer than expected but at last we have begun taking referrals for Talk-it-Out, our LGBT counselling service, and the signs are that there will be a lot of take up - especially from young people who need to talk about their gender identity. To this end Jane-Ann has stepped down from the committee in order to take up a part time paid role to run the service. We have identified therapists to do the actual therapy, three of whom are from our 2018 training intake, with another two, or possibly three, coming on board. What we do not currently have is a therapist based in West Cumbria. This is something to be addressed.

What is even more exciting is that we have secured additional funding from CNTW NHS Trust to run a weekly drop-in for transgender people, their families and other supportive people. Initially this will be in Carlisle, but as we get organised we aim to extend this to West and South Cumbria. The help on offer will range from a cuppa and a chat to sessions with Ellen, one of our Talk-It-Out therapists, who is will be extending her role. So, very much a year of exciting beginnings. Watch this space!

Debbie Helen Wood

Chair, OutREACH Cumbria



OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' report (incorporating the Directors' report) (continued) for the year ended 31 March 2022

Treasurer's report

2021-2022 started with a credit balance which included the Community Funding Grant awarded for our Talk it Out Therapy project offering mental health counselling to our LGBT+ community. It took a while for us to establish this service due to the complications of Covid lockdowns, but we have been able to employ Jane-ann Clark as our Project Manager who works 8 hours a week and hire the services of trained mental health counsellors. An extension for spending has been granted to continue this service during 2022-2023.

We are really pleased to have now also received notification that we will soon be awarded funding from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. This money is due to be paid to us early in our next financial year to enable set up of a Transgender Wellbeing Hub. We have secured additional space within our current office base, and will be renting all 3 rooms on the first floor. One room will be used for a drop in social area, another as a 1:1 counselling room, and the 3rd as our office. The Hub will employ a Project Manager and Professional Counsellor to offer weekly drop in support. We also aim to be able to travel to different locations within Cumbria to offer a similar service in other areas.

Once again, we have been supported in our work by Cumbria County Council, and are very grateful for their financial support towards the work we do.

Karyn Wood

Treasurer, OutREACH Cumbria



OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued) for the year ended 31 March 2022

Financial Review

RESULTS FOR THE PERIOD

The charity held funds as at the year end of £63,402. These reserves were held within restricted funds of £57,648 and unrestricted funds of £5,754.

RESERVES POLICY AND GOING CONCERN

Reserves are needed to bridge the gap between spending and receiving of income and to cover unplanned or emergency expenditure. The trustees aim to retain a level of liquid reserves of £1,000.

There are no material concerns about the charity's ability to continue.

Plans for the Future

STRATEGY

Given the current political and financial climate the committee of OutREACH Cumbria plans to conduct a full review of the services we provide and those which we might provide in the future to ensure that these are deliverable. This will be following the decisions of key funders on the amounts they can continue to provide to the charity for its ongoing work.

MEMBERS' LIABILITY

The members of the company guarantee to contribute an amount not exceeding £10.00 to the assets of the charity in the event of winding up.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued) for the year ended 31 March 2022

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors in OutREACH Cumbria Limited for the purposes of company law) are responsible for preparing the trustees' annual report (incorporating the Directors' report) and the financial statements in accordance with applicable law and United Kingdom accounting standards (UK Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the company for that period. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and accounting estimates that are reasonable and prudent.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the trustees on 23 December 2022 and signed on their behalf by:

Debbie Helen Wood, Director/Trustee



OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Independent examiner's report to the trustees of OutREACH Cumbria Limited

Year ended 31 March 2022

I report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 11 to 19.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I am qualified to undertake the examination by being a qualified member of the Institute of Financial Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Independent examiner's report to the trustees of OutREACH Cumbria Limited

Year ended 31 March 2022 (continued)

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting

requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Paul Brennock

Incorporated Financial Accountant

Independent Examiner



Brennocks

Incorporated Financial Accountants

Lyneholm, Roweltown

Carlisle

CA6 6LH

23 December 2022

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(incorporating income and expenditure account)

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	<i>Total funds 2021</i>
	Note	£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds: voluntary income	3	3,865	42,890	46,755	27,672
Incoming resources from charitable activities	4				
TOTAL INCOMING RESOURCES		3,865	42,890	46,755	27,672
RESOURCES EXPENDED					
Charitable activities		400	10,242	10,642	1,886
Governance costs	9	500		500	500
TOTAL RESOURCES EXPENDED	7	900	10,242	11,142	2,386
NET INCOME/(EXPENDITURE FOR THE YEAR		2,965	32,648	35,613	25,286
TRANSFERS BETWEEN FUNDS	12	1,687	(1,687)		
Total funds at 1 April 2021	13	1,102	26,687	27,789	2,503
TOTAL FUNDS AT 31 MARCH 2022		5,754	57,648	63,402	27,789

The notes on pages 14 to 19 form part of these financial statements.

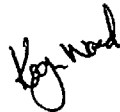
OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

BALANCE SHEET AS AT 31 MARCH 2022

			2022		2021
	Note	£	£	£	£
CURRENT ASSETS					
Debtors			42,890		
Cash at bank and in hand			23,801		28,289
CREDITORS: amounts falling due within one year			(3,289)		(500)
NET CURRENT ASSETS			63,402		27,789
NET ASSETS			63,402		27,789
CHARITY FUNDS					
Restricted funds	13		57,648		26,687
Unrestricted funds	13		5,754		1,102
TOTAL FUNDS			63,402		27,789

Balance sheet continued on page 13



Karyn Louise Wood (Director/Trustee)



Debbie Helen Wood (Director/Trustee)

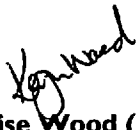
OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)
BALANCE SHEET AS AT 31 MARCH 2022
(continued)

The trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question under section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2022 and of its net incoming resources for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the trustees on 23 December 2022 and signed on their behalf by:



Karyn Louise Wood (Director/Trustee)



Debbie Helen Wood (Director/Trustee)

The notes on pages 14 to 20 form part of these financial statements.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022

I. ACCOUNTING POLICIES

I.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention, with the exception of investments, which are included at market value, and in accordance with the Charities Statement of Recommended Practice (SORP) and the Companies Act 2006.

I.2 Company status

The company is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up the liability in respect of the guarantee is limited to £10 per member of the company.

I.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

I.4 Incoming resources

All incoming resources are included in the statement of financial activities when the company has entitlement to the funds and certainty of receipt and the amount can be measured with sufficient reliability.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

I.5 Resources expended

Expenditure is accounted for on an accruals bases and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the company. Governance costs are those incurred in connection with the administration of the company and compliance with constitutional and statutory requirements.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022 (continued)

1.6 Going concern

The trustees believe that the reserves currently held are sufficient to continue the activities of the company for a period of twelve months from the date of signing the accounts and hence no adjustments have been deemed necessary in respect of going concern.

2. VOLUNTARY INCOME

	Unrestr cted funds 2022 £	Restrict ed funds 2022 £	Total funds 2022 £	Total funds 2021 £
Grants		42,890	42,890	27,672

3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestr cted funds 2022 £	Restrict ed funds 2022 £	Total funds 2022 £	Total funds 2021 £
Provision of support services and community development				

4. DIRECT COSTS

	Provision of support and community development £	Total 2022 £	Total 2021 £
Insurance	620	620	685
Heat and light			
Telephone	152	152	48
Water			
Rent	1,000	1,000	1,000
Volunteers' expenses			
Advertising			
	1,772	1,772	1,733

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022 (continued)

5. SUPPORT COSTS

	Provision of support and community development £	Total 2022 £	<i>Total 2021 £</i>
Sundry	72	72	
Printing, postage and stationery	55	55	
Staff support			
	127	127	

6. ANALYSIS OF RESOURCES EXPENDED BY EXPENDITURE TYPE

	Total 2022 £	<i>Total 2021 £</i>
Provision of support services and community development		
Governance	500	500
	500	500

7. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Activities undertaken directly 2022 £	Support costs 2022 £	Total 2022 £	<i>Total 2021 £</i>
Provision of support services and community development				

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022 (continued)

8. GOVERNANCE COSTS

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Accountancy fees	500		500	500
Legal and professional fees	26	298	324	
	526	298	824	500

9. NET INCOMING/(OUTGOING) RESOURCES

During the year no trustee received any remuneration (2021: £nil)

During the year no trustee received any reimbursement of expenses (2021: £nil)

10. DEBTORS

	2022 £	2021 £
Trade debtors		
Other debtors		
Prepayments and accrued income	42,890	
	42,890	

11. CREDITORS (amounts falling due within one year)

	2022 £	2021 £
Trade creditors		
Accruals and deferred income	3,289	500
	3,289	500

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022 (continued)

12. STATEMENT OF FUNDS

	Brought forward £	Incoming resources £	Resources expended £	Carried forward
Unrestricted funds				
General funds	1,102	5,552	(900)	5,754
Restricted funds				
Other restricted funds	26,687	42,890	(11,929)	57,648
Total funds	27,789	48,422	(12,829)	63,402

The restricted funds carried forward comprise the balance of a grant received from the Cumbria Foundation (£14,758) together with a grant receivable from Cumbria, Northumberland, Tyne and Wear NHS Foundation (£42,890). During the year the balance carried forward from 31 March 2021 in respect of Heritage Lottery Foundation funding (£1,687) was transferred to unrestricted funds.

13. SUMMARY OF FUNDS

	Brought forward £	Incoming resources £	Resources expended £	Carried forward
General funds	1,102	5,552	(900)	5,754
Restricted funds	26,687	42,890	(11,929)	57,648
	27,789	48,442	(12,829)	63,402

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	Total funds 2021
Current assets :	6,254	60,437	66,691	28,289
Creditors due within one year	(500)	(2,789)	(3,289)	(500)
	5,754	57,648	63,402	27,789

15. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.

OUTREACH CUMBRIA LIMITED

England & Wales - Charity number 1147753

Accounts

Company registration number 08012444

Charity registration number 1147753

OUTREACH CUMBRIA LIMITED

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UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

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OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES
AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2021**

Trustees:

Ms Louise ASKEW (resigned 15 May 2020)

Mr Ray Alexander CABRERA (appointed 25 February 2020)

Ms Laura CAIRNS (resigned 15 May 2020)

Mr Jonathan ELLIOTT

Ms Rachel Louise HUBBARD

Miss Debbie Helen WOOD

Company registration number: 08012444

Charity registration number: 1147753

Registered office: 9 Brunswick Street
Carlisle
CA1 1PB

OUTREACH CUMBRIA LIMITED

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES
AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2021 (CONTINUED)**

Independent Examiner:

Paul Brennock

Incorporated Financial Accountant

Brennocks

Lyneholm, Roweltown

Carlisle

CA6 6LH

Bankers:

HSBC UK

29 English Street

Carlisle

CA3 8JW

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

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Structure, Governance and Management

CONSTITUTION

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METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

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ORGANISATIONAL STRUCTURE AND DECISION MAKING

The day to day running of the charity is delegated to volunteers acting as project workers/managers, whilst the trustees retain overall control.

Objectives and Activities

POLICIES AND OBJECTIVES

The principal objectives of the charity are:

To promote equality and diversity for the public benefit and in particular the elimination of discrimination on the grounds of sexual orientation and gender identity of those living in Cumbria and the surrounding areas by:

- Raising awareness of the public about the difficulties affecting the lives of lesbian, gay, bisexual and transgender (LGBT) people.
- Cultivating a sentiment in favour of equality and diversity in particular through celebrating the diversity of the LGBT community.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued)
for the year ended 31 March 2021

To promote social inclusion for the public benefit by working with LGBT people and their families in Cumbria who are socially excluded in order to relieve the needs of such people and assist them to integrate into society.

To relieve the charitable needs of LGBT people by the provision of such support as the trustees may determine.

To further such other purposes for the benefit of the LGBT community as are charitable under the laws of England and Wales as the trustees shall in their absolute discretion determine.

Activities for achieving objectives

To achieve the objectives of OutREACH Cumbria Limited (OutREACH Cumbria) we have:

- Attended events with other services to promote wider understanding of the issues facing LGBT people in Cumbria.
- Published three issues of Alphabet Soup, the online LGBT+ magazine.
- Signed up new OutReach Partners.
- Recruited to the committee.
- Received provisional confirmation of £10,000 funding for our Talk-it-Out project
- Provided training to the local NHS and presented at the annual British Psychological Society: Division of Clinical Psychology Conference.

The trustees confirm that they have adhered at all times to the guidance issued by the Charity Commission in respect of public benefit through the activities and organisations of the charity.

Achievements and performance

Going concern

The trustees have publicised their requirements for new committee members with specific job roles and skills.

Investment Policy and Performance

During the year the charity has operated a single current bank account held with a commercial high street bank.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' report (incorporating the Directors' report) (continued) for the year ended 31 March 2021

Chair's report

This last couple of years have been a very challenging time for us all, both personally and professionally. As an organisation we have been meeting online and very limited in what we have been able to offer. Partly this has been down to Covid-19 regulations, partly down to the difficulty of engaging with our community, but also significantly down to the personal challenges we have faced as a committee and as individuals. We still face uncertainty as Covid-10 cases rise and winter is on the horizon and sometimes it feels like the progress made in promoting equality for lesbian, gay, bisexual and, in particular, trans people has halted or even taken several steps backwards in the last few years. I do not think we can underestimate the effect this has on all of us.

Against this backdrop then I would like to thank the committee and people who have volunteered their time for the work they have done in keeping us going and in working on new projects. Between us we have managed to relaunch our online magazine 'Alphabet Soup', kept our trans parents group alive online and finally launched our Talk-It-Out LGBT counselling project thanks to a grant from Cumbria Community Foundation and North Cumbria Clinical Commissioning Group. The latter has been a difficult birth and a huge learning curve for all concerned – and the next challenge is to secure continuity funding. I am hopeful that we will achieve this before the end of 2021. We have also provided training and consultation to professionals and organisations, and have a number of interesting projects in the offing. I am hopeful that there will be much to report on next year.

I want to give special mention to three people who have worked really hard this year. This is not to belittle the contributions of the rest of us, not at all, but rather to give them the plaudits they deserve for their considerable efforts. Jane-Ann Clark and Karyn Wood deserve special mention for the countless hours they put in across our activities. Jane-Ann is now a part time paid employee but I know she does many more hours than we pay her for, and has been instrumental in the Talk-It-Out launch. Karyn has driven Alphabet Soup and is also responsible for us having a much better handle on our finances. As if this wasn't enough they both put a lot of work into Cumbria Pride – now chaired by Jane-Ann. I also want to give special mention to Jonathan Elliot. Jonathan is a fantastic ambassador for the LGTB community who seems to know everyone – and is more than willing to make use of his various connections to serve his community. He has also more or less singlehandedly organised a major fundraising event which provided a welcome financial boost to OutREACH as well as to Cumbria Pride and to Carlisle-Eden Mind.

Despite the rather downcast beginning to my report I am hopeful that we can continue to increase our support to the LGBT community in the next twelve months. Thank you to the whole committee for your hard work and resilience, to our funders who make our work possible and to everyone who supports us or uses the services we provide. We wish we weren't needed and our ultimate mission is to become redundant – but in the meanwhile we are happy to serve.

Dr Debbie Helen Wood, DClinPsy, MBPsS, MBABCP

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' report (incorporating the Directors' report) (continued) for the year ended
31 March 2021

Treasurer's report

2020 – 2021 started with funds available of £2,911 and ended with a closing balance of £28,289. During this financial year OutREACH Cumbria have received a Cumbria Community Foundation Grant Award to enable establishment of the Talk-it-Out Therapy project, offering much needed mental health counselling to our LGBT+ community. Although start up was delayed due to Covid-19 restrictions, the extreme need for this support is already apparent through received referrals. We are hopeful to secure further funding next year to enable this support to continue.

TOTAL INCOME FOR THE YEAR	£27,672
<u>Unrestricted income</u> Collected donations: £150 AmazonSmile: £22 Cumbria County Council: £2,500.00	£2,672
<u>Restricted income</u> Cumbria Foundation: £25,000	£25,000

TOTAL EXPENDITURE FOR THE YEAR:	£2,386
<u>Unrestricted expenditure</u> Accounts: £500 Insurance: £685 On/Off Subscription: £60 Rent (Brunswick Street): £1,000.00 Telephone: £48 Write back of donations promised but not received: £93	£2,386

Karyn Wood

Treasurer, OutREACH Cumbria

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued) for the year ended 31 March 2021

Financial Review

RESULTS FOR THE PERIOD

The charity held funds as at the year end of £27,789. These reserves were held within restricted funds of £26,687 and unrestricted funds of £1,102.

RESERVES POLICY AND GOING CONCERN

Reserves are needed to bridge the gap between spending and receiving of income and to cover unplanned or emergency expenditure. The trustees aim to retain a level of liquid reserves of £1,000.

There are no material concerns about the charity's ability to continue.

Plans for the Future

STRATEGY

Given the current political and financial climate the committee of OutREACH Cumbria plans to conduct a full review of the services we provide and those which we might provide in the future to ensure that these are deliverable. This will be following the decisions of key funders on the amounts they can continue to provide to the charity for its ongoing work.

MEMBERS' LIABILITY

The members of the company guarantee to contribute an amount not exceeding £10.00 to the assets of the charity in the event of winding up.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Trustees' annual report (incorporating the Directors' report) (continued) for the year ended 31 March 2021

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees (who are also directors in OutREACH Cumbria Limited for the purposes of company law) are responsible for preparing the trustees' annual report (incorporating the Directors' report) and the financial statements in accordance with applicable law and United Kingdom accounting standards (UK Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the company for that period. In preparing these financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and accounting estimates that are reasonable and prudent.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the trustees on 22 October 2021 and signed on their behalf by:



Debbie Helen Wood, Director/Trustee

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Independent examiner's report to the trustees of OutREACH Cumbria Limited

Year ended 31 March 2021

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 11 to 19.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I am qualified to undertake the examination by being a qualified member of the Institute of Financial Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

Independent examiner's report to the trustees of OutREACH Cumbria Limited

Year ended 31 March 2021 (continued)

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Paul Brennock

Incorporated Financial Accountant

Independent Examiner

Brennocks

Incorporated Financial Accountants

Lynholm, Roweltown

Carlisle

CA6 6LH

22 October 2021

OUTREACH CUMBRIA LIMITED

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(incorporating income and expenditure account)

FOR THE YEAR ENDED 31 MARCH 2021

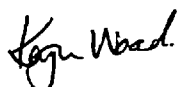
		Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	<i>Total funds 2020</i>
	Note	£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds: voluntary income	3	2,672	25,000	27,672	10,396
Incoming resources from charitable activities	4				
TOTAL INCOMING RESOURCES		2,672	25,000	27,672	10,396
RESOURCES EXPENDED					
Charitable activities		1,886		1,886	(9,980)
Governance costs	9	500		500	(1,804)
TOTAL RESOURCES EXPENDED	7	2,386		2,386	(11,784)
MOVEMENT IN TOTAL FUNDS – NET INCOME/(EXPENDITURE FOR THE YEAR					
Total funds at 1 April 2020	13	816	1,687	2,503	3,891
TOTAL FUNDS AT 31 MARCH 2020		1,102	26,687	27,789	2,503

The notes on pages 14 to 19 form part of these financial statements.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)
BALANCE SHEET AS AT 31 MARCH 2021

			2021		2020
	Note	£	£	£	£
CURRENT ASSETS					
Debtors					92
Cash at bank and in hand			28,289		2,911
					3,003
CREDITORS: amounts falling due within one year			(500)		(500)
NET CURRENT ASSETS			27,789		2,503
NET ASSETS			27,789		2,503
CHARITY FUNDS					
Restricted funds	13		26,687		1,687
Unrestricted funds	13		1,102		816
TOTAL FUNDS			27,789		2,503

Balance sheet continued on page 13



Karyn Louise Wood (Director/Trustee)



Debbie Helen Wood (Director/Trustee)

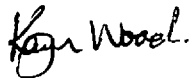
OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)
BALANCE SHEET AS AT 31 MARCH 2021
(continued)

The trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question under section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its net incoming resources for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the trustees on 22 October 2021 and signed on their behalf by:



Karyn Louise Wood (Director/Trustee)



Debbie Helen Wood (Director/Trustee)

The notes on pages 14 to 20 form part of these financial statements.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021

I. ACCOUNTING POLICIES

I.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention, with the exception of investments, which are included at market value, and in accordance with the Charities Statement of Recommended Practice (SORP) and the Companies Act 2006.

I.2 Company status

The company is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up the liability in respect of the guarantee is limited to £10 per member of the company.

I.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

I.4 Incoming resources

All incoming resources are included in the statement of financial activities when the company has entitlement to the funds and certainty of receipt and the amount can be measured with sufficient reliability.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

I.5 Resources expended

Expenditure is accounted for on an accruals bases and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the company. Governance costs are those incurred in connection with the administration of the company and compliance with constitutional and statutory requirements.

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

**NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021**

1.6 Going concern

The trustees believe that the reserves currently held are sufficient to continue the activities of the company for a period of twelve months from the date of signing the accounts and hence no adjustments have been deemed necessary in respect of going concern.

2. VOLUNTARY INCOME

	Unrestr cted funds 2021 £	Restrict ed funds 2021 £	Total funds 2021 £	Total funds 2020 £
Grants	2,672	25,000	27,672	7,551

3. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestr cted funds 2020 £	Restrict ed funds 2020 £	Total funds 2020 £	Total funds 2019 £
Provision of support services and community development				

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

**NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021**

4. DIRECT COSTS

	Provision of support and community development £	Total 2021 £	Total 2020 £
Insurance	685	685	685
Heat and light			
Telephone	48	48	27
Water			
Rent	1,000	1,000	3,100
Volunteers' expenses			
Advertising			1,174
	1,733	1,733	4,986

5. SUPPORT COSTS

	Provision of support and community development £	Total 2021 £	Total 2020 £
Sundry			
Printing, postage and stationery			
Staff support			

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

**NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021**

6. ANALYSIS OF RESOURCES EXPENDED BY EXPENDITURE TYPE

	Other costs 2021 £	<i>Total 2020 £</i>
Provision of support services and community development		
Governance	500	<i>1,804</i>
	500	<i>1,804</i>

7. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

	Activities undertaken directly 2021 £	Support costs 2021 £	Total 2021 £	<i>Total 2020 £</i>
Provision of support services and community development				<i>4,707</i>

8. GOVERNANCE COSTS

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	<i>Total funds 2020 £</i>
Accountancy fees	500		500	<i>1,791</i>
Legal and professional fees				<i>13</i>
	500		500	<i>1,804</i>

9. NET INCOMING/(OUTGOING) RESOURCES

During the year no trustee received any remuneration (2020: £nil)

During the year no trustee received any reimbursement of expenses (2020: £nil)

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021

10. DEBTORS

	2021 £	2020 £
Trade debtors		
Other debtors		91
Prepayments and accrued income		

11. CREDITORS (amounts falling due within one year)

	2021 £	2020 £
Trade creditors		
Accruals and deferred income	500	500
	500	500

12. STATEMENT OF FUNDS

	Brought forward £	Incoming resources £	Resources expended £	Carried forward
Unrestricted funds				
General funds	816	2,672	(2,386)	1,102
Restricted funds				
Other restricted funds	1,687	25,000		26,687
Total funds	2,503	27,672	(2,386)	27,789

The restricted funds carried forward comprise a grant received from the Cumbria Foundation (£25,000) together with the balance of a grant received from the Heritage Lottery Foundation.

13. SUMMARY OF FUNDS

	Brought forward £	Incoming resources £	Resources expended £	Carried forward
General funds	816	2,672	(2,386)	1,102
Restricted funds	1,687	25,000		26,687
	2,503	27,672	(2,386)	27,789

OUTREACH CUMBRIA LIMITED
(A company limited by guarantee)

NOTES ON THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021	<i>Total funds 2020</i>
Current assets	1,602	26,687	28,289	<i>3,003</i>
Creditors due within one year	(500)		(500)	<i>(500)</i>
	1,102	26,687	27,789	<i>2,503</i>

16. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year.