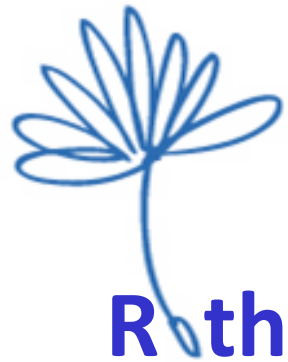



mind Rotherham and Barnsley



R otherham and Barnsley Mind Annual Report

2022 – 2023

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Introduction.... From the Chair

As always, the year 2022/23 was an extremely busy and challenging one. As has become customary, however, everyone at Rotherham and Barnsley Mind has contributed to another successful year.

All staff (front line and back office), placement students, and volunteers deserve tremendous thanks and appreciation for their on-going commitment and hard work. I must also thank my fellow trustees for their support and dedication. The efforts of all have helped us to consolidate our position as a go-to provider of mental health support services.

You will find much information in the pages that follow to illustrate the range of services we provide to and for the residents and businesses of the Rotherham and Barnsley areas. I will only draw your attention to a few of these here.

Income from our two main traditional areas of work, Children and Young People's Services in schools and Counselling and related services, continued to grow in 2022/23, as did new and continuing work with Barnsley and Rotherham Colleges.

In April 2022 we began delivering our COPE project, funded to the tune of £317K over 3 years by the National Lottery Community Fund, which aims to address the increase in demand for mental health support arising from the pandemic.

During the year, we were extremely fortunate to receive legacies totaling over £90K from previous service users of the charity. Together with the proceeds of fundraising activities and general donations, legacy funding will be invested in a range of targeted services provided to local communities.

At the end of 2022, following discussion with Mind Retail (the trading arm of Mind) the Board decided to co-invest in establishing new Mind shops in Dinnington and Barnsley. Contributing one third of the cost of establishing and fitting out the shop will entitle Rotherham and Barnsley Mind to a one third share of any profit after the deduction of the running costs of the shop. The Dinnington Mind shop opened at the end of March 2023 and is doing good business. A lease has still to be taken out on shop premises in Barnsley.

During the year improvements were made to our web site and presence on social media, alongside our online shop, where visitors are able to purchase from a selection of branded merchandise. This will be a first for a Local Mind.

Mark Bridges joined us as Services and Development Manager in February 2022 and has provided much needed support to our CEO, Rachel Siddall. Mark has been extremely successful in helping us to continue the diversification of our income streams, develop and promote existing and new services and ensure the effectiveness and efficiency of service delivery. Rachel and Mark have worked hard to ensure that we develop a staffing structure that meets our needs and will enable us to grow and achieve our objectives.

As the accounts demonstrate and the Treasurer's Report confirms, financially we have had another very successful year and have a surplus of some £80K to invest in the organisation to ensure its ongoing growth and development.



Introduction.... From the Chair continued...

That there is a serious growth in demand for mental health support which is outstripping the NHS's capacity has long been accepted by all bodies active in the mental health sector, including the government.

It was extremely encouraging, therefore, that in April 2022 Health Secretary Sajid Javid launched a consultation for a 10-year cross-government mental health plan. The strategy would “form part of the government's wider commitments to ‘build back fairer’ after the pandemic, working towards putting mental health on a level footing with physical health, and form a key part of the commitments to address health disparities across the country and to improve the mental wellbeing of the nation by 2030.”

Mind and the whole mental health sector have been calling for a more joined-up approach to mental health across Government for years. A wealth of evidence was presented to Government showing that tackling the ‘social determinants’ of mental health – poverty, discrimination, employment, education, housing, transport, access to green space, etc. – can prevent people from becoming unwell in the first place and support people with a mental health problem to live well.

At the end of January 2023, it was announced that the government's standalone mental health plan was being scrapped and absorbed into a much broader strategy covering six health conditions and mainly focused on the next two years, ahead of the next general election. The Government announced that it would be publishing a Major Conditions Strategy, setting out the action it would take on cancers, cardio-vascular disease, chronic respiratory diseases, dementia, musculoskeletal conditions – and mental health.

The new Health Secretary, Steve Barclay, asked for evidence to develop a ‘major conditions strategy’ by 12 July 2023. An interim report on the strategy was published on 14 August, with the final strategy expected to be published in early 2024.

Three prime ministers, three changes of Secretary of State for Health and three mental health ministers since the initial call for a 10-year cross-government mental health plan, we are really no further forward.

No wonder many doubt the Government's commitment to mental health.

Despite the whims, changing ideologies and levels of commitment to mental health of those in power, we will continue, whenever possible, to invest in our staff and improve the quality and range of services we provide to enable us to respond to and cope with the increased demand for them. Our success in meeting that demand will continue to be dependent upon our ability to identify and access appropriate sources of funding, including grants and contracts, to support service delivery and attract fee-paying individual and corporate clients.

As always, our aim is to continue to deliver timely, appropriate, and effective mental health support to members of the community who need it.

Colin Mace

Chair of the Board of Trustees

Chief Executive's Report

Following the challenges of previous years, and the impact of the Covid-19 pandemic there hasn't been a single person that was not or does not continue to be affected by this in some way or another, whether it be through physical illness, grief and loss, isolation, or financial worries. All of us have felt the effects of uncertainty and worry.

Through hard work and determination Rotherham and Barnsley Mind continues to thrive with optimism and hope and, despite the stresses, strains, and hardships, we know now more than ever our services are needed. I have had pride and pleasure of working alongside our team of Staff, Trustees, Students and Volunteers and witnessed them adapt and pull together to ensure that our communities are supported despite their own individual struggles.

I would like to take the time to say a heartfelt thank you to each and every one of them for their continued efforts in the fight for better mental health.

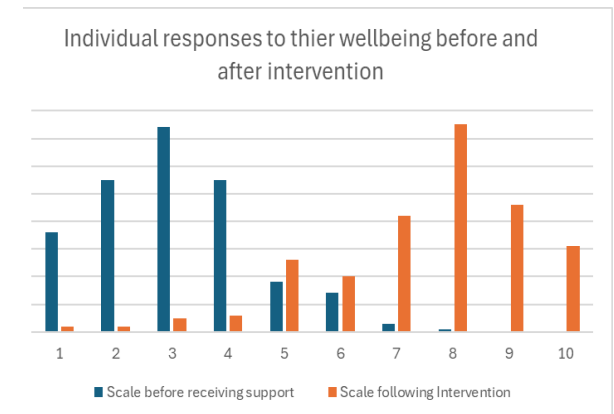
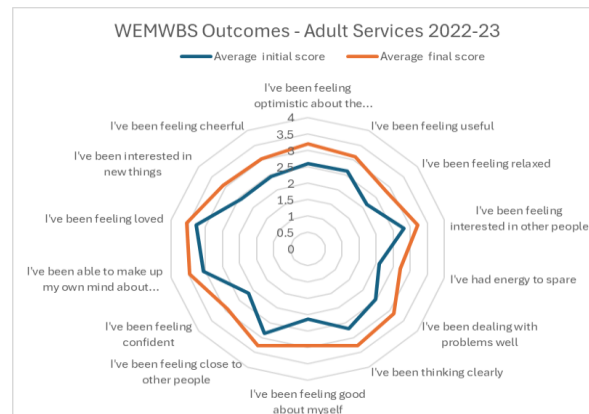
More widely, we have seen an increasing awareness of mental wellbeing, and there is more recognition that mental health difficulties exist in all of us, and not just certain people or communities and our work has become more important than ever. We have expanded our work with the successful outcome of the Supported Self-Help model which will allow us to support those communities further afield and we have seen a huge growth in the work we are doing around the menopause and our efforts to become an accredited menopause friendly organisation.

There is still a way to go but we are seeing more and more people seeking help and we need to focus our efforts not just on therapeutic support but on preventative measures and interventions through training, awareness, and breaking stigma's. This leads me to our amazing supporters and the continued generosity of donations and legacy gifts that we have received over the last 12 months. These, in addition to our funders, commissioners, delivery partners and sign posters have all been an integral part of why we have been able to continue to support those in our communities.

Overall outcomes and feedback across our adult and counselling services

9,201 sessions were delivered throughout this period and the feedback and impact is evidenced below.

Rachel Siddall
Chief Executive Officer



Operations Report

In early 2022 we were approached by Rotherham Metropolitan Borough Council (RMBC) requesting support with a co-produced project. During this period we undertook a series of engagement with our service users through group sessions and a survey to gather feedback on Rotherham residents' views with respect to the mental health provision and in particular the level of services to support people living independently. This work also included feedback of our own colleagues lived experience and their level of knowledge from supporting people living in Rotherham.

The co-production work was promoted as follows:



Mental Health Support Services in Rotherham – have your say... We asked the residents of Rotherham to help shape the future of mental health support services in Rotherham. We have partnered with Rotherham Metropolitan Borough Council to gather the thoughts of local people who have used our services to gain their views on the support received in addition to that provided by Rotherham and Barnsley Mind.

We reached over 150 service users further cementing our relationship in our local community and with RMBC. Emerging feedback highlighted three recurring themes.

- Lack of awareness of services available
- Challenges to access services with timescales to access support being a prevalent theme
- Where to access information and support services available to them.

Completion of this work supported RMBC's drive to improve services based on feedback from people living in our communities and we were proud to support this through our established connections.

Throughout the year we have continued to gather and monitor colleague and client feedback. We are committed to the wellbeing of our colleagues and have engaged in regular meetings and colleague surveys to shape support for our team. We have used this feedback to develop our own internal and external communications which has seen a growth in our social media presence and introduction of monthly staff communications to build engagement and awareness.

Awareness

Service users feel that there is a lack of awareness of support services that are available to them and this is particularly relevant following a stay in hospital or when supporting someone living independently.

Attendees talked about a lack of information that is available to know where to turn in a time of need and an over reliance on their GP for support and referrals.

Most commonly service users are heavily reliant on their family or friends for day to day help with their needs.

Access

Many service users have challenges with accessing services or support networks due to a lack of digital capability and are therefore unfamiliar with accessing support through websites or don't have equipment to access support networks.

Timescales and backlogs result in people not being able to access the support they need in a timely fashion. Feedback from all groups commented that time delays were the largest contributor to individuals' mental health challenges.

Information

People expressed their lack of knowledge and that much of their information comes from word of mouth and sharing of experiences from friends, family, and neighbours.

Many service users have challenges accessing information and don't know where to go for support.

It was thought that many services work in isolation and there is a need for a more joined up approach to better connect people to the help they need through a variety of support networks.

Delivery of services

A key highlight has been our work to further develop our relationship with National Mind. We have seen this develop by securing funding opportunities to demonstrate our expertise in delivery. We have further amplified the National Mind and EFL partnership through legacy funding that has enabled us to deliver training for mental health first aid and suicide prevention first aid for the staff of Rotherham United, Barnsley and Huddersfield Town football clubs and have provided mental health hubs for match day supporters.

Additionally, we secured funding for the delivery of National Minds partnership with the Anna Freud Centre and have commenced remote delivery of Schools and Colleges Early Support Services resulting in supporting children, young people and their families with mentoring sessions via digital means.

In March 2023 we partnered with Mind Retail and co-invested in the opening of a new shop in Dinnington. This will further enable us to build local awareness of our services whilst supporting National Mind to grow the retail operations. As we move into the new financial year we will be working with National Mind to further develop this with co-investment in a new Barnsley shop.

We also entered the second year of our Thriving Communities project funded by Barnsley Metropolitan Borough Council (BMBC). This initiative directly supports people facing loneliness and isolation across the boroughs of Barnsley. Our work has seen us establish regular group sessions that are well attended, offering supportive sessions and collaboration with Reds in the Community as a partner in the programme. Our work has enabled us to reach out in the Barnsley Boroughs taking our support through events and opportunities to reach isolated people and it has seen us develop working partnerships with local organisations and maintain strong relationships with stakeholders in BMBC.

Funding through DWP and lead partner Sheffield Futures has resulted in Rotherham and Barnsley Mind undertaking a key role with the Feel Well to Work Well programme for young people. This is aimed at supporting people into work or education and our role has been to support with mental health and counselling services to better equip individuals to take positive steps forward with their lives and potential careers. We have built credible working relationships with key referral partners in Big Ambitions and Rotherham United Football Club who have used our services to support their clients to deliver better outcomes for young people.

Mark Bridges
Services and Development Manager

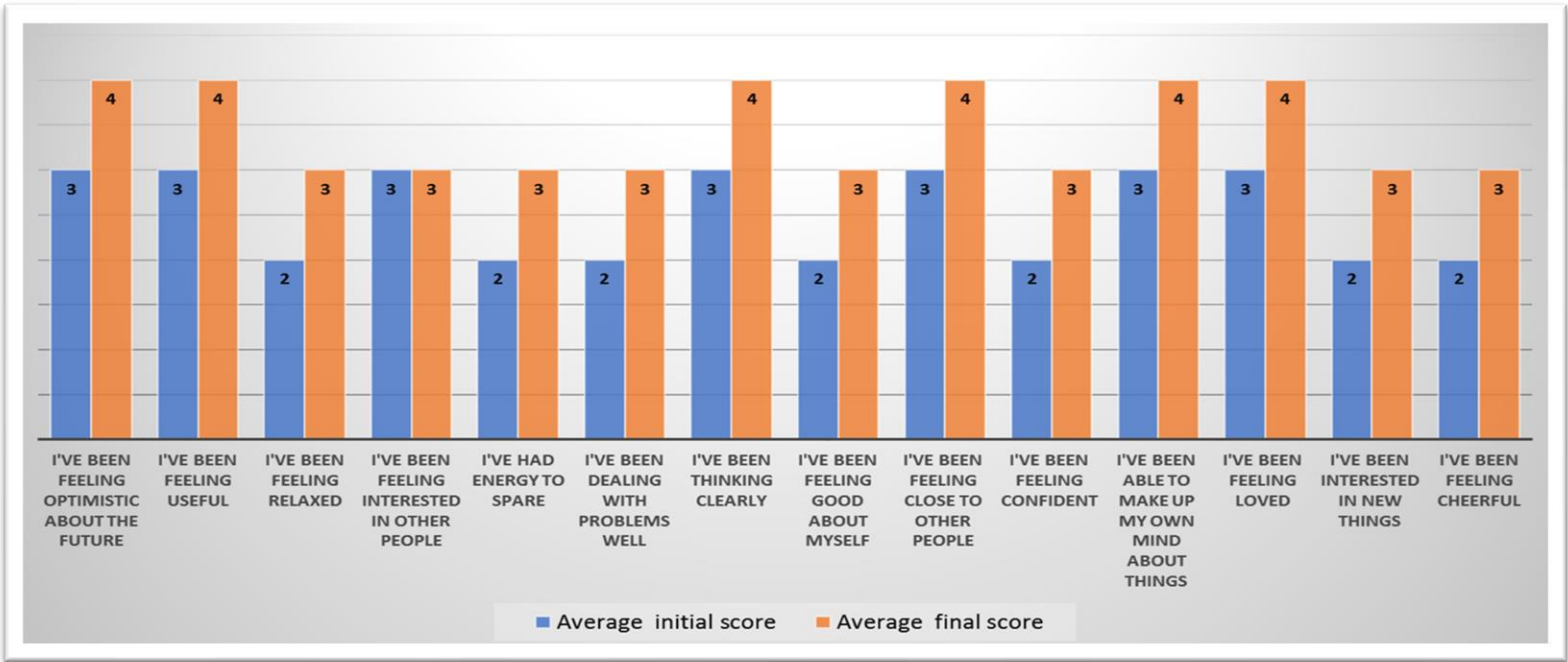
Counselling Service

As mentioned in last year’s report we were fortunate enough to be awarded 3 years funding under ‘**The COPE Project**’ via the Big Lottery. In its 2nd year has already commissioned us to support over **160** local people with free 1-1 counselling and has also enabled us to offer therapeutic interventions to couples and families.

The outcomes achieved already with this funding has been impactful.

We record client outcomes by completing **The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS)** these questions are asked to all clients at the start of intervention and at the end.

WEMWBS Average Outcome Scores (Score 1 – 5)
1 = None of the time, 2 = Rarely, 3 = Some of the time, 4 = Often, 5 = All of the time



Overall an average of 80% of clients saw an increase in their Wellbeing scores after intervention

“I feel I have more tools to help me move forwards, I have been able to speak openly about anything and not felt judged, you have listened to me and said my words back to me and I could then understand myself better and find other positive solutions for how I was feeling. It has been amazing I have had counselling with Mind twice now and both times have helped me. My sessions with you have been life changing.”

“I felt a connection with the counsellor where I felt I could be honest and say what I needed to say without feeling embarrassed. I could talk about my emotions and felt listened to and that really helped me to make changes in my life. The full process, from having the door opened and being greeted by the reception staff felt very welcoming, it really made me feel valued when I felt very down on myself. If I hadn't have come to Mind, I don't know where I would be. Thank you”

We also continue to provide vital support to clients referred through the **Rotherham Social Prescribing Service** managed by Voluntary Action Rotherham. We are proud to say that this will be the seventh successive year of funding allowing us to continue to deliver essential therapy support to over **100** clients with long term mental and physical conditions.

At the beginning of last year, we secured a contract with **Crossroads Care** in Rotherham, to provide therapy support for ‘unpaid’ carer’s, this was also mirrored by **Making Space** in Barnsley later in the year.

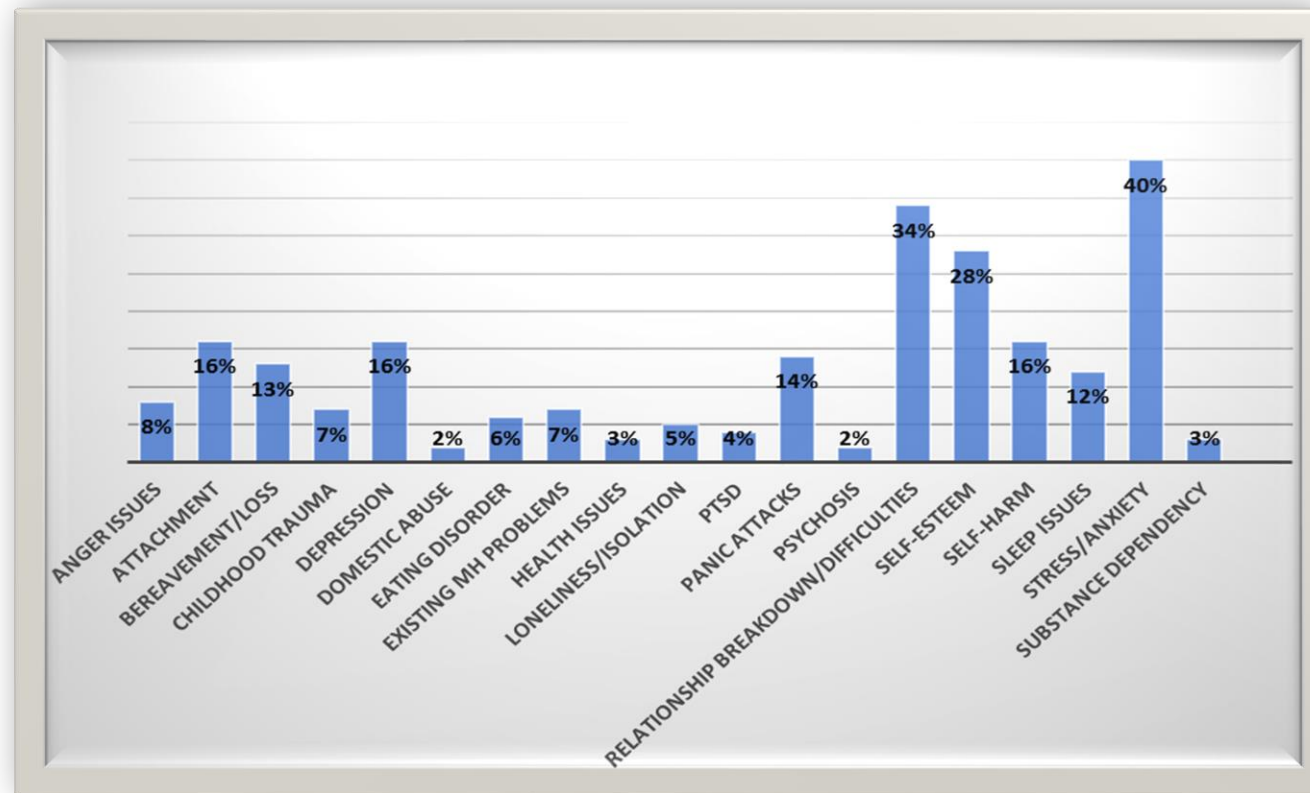
These funded projects enabled our Counselling team to offer invaluable support to over **80** carer’s who offer selflessly to care for and support their family and loved ones.

All our projects prove to be invaluable in giving RB Mind a presence in our communities allowing us to work in conjunction with other service providers in the local area and reducing the impact and strain on the NHS.

We were again successful in securing another full academic year contract with **Barnsley College** this year. This contract enables our counselling team to support students 16+ with a wide variety of issues.



Below you can see the percentages of presenting issues with this client group



Some feedback comments from students who accessed this service.

"Counselling has helped me open up about my feelings - my anxiety has improved."

"Time was allowed for me to work through my thoughts and I felt independent about managing my own mental health."

"I found it helped with the grounding techniques and worksheets, these have helped me manage my panic attacks."

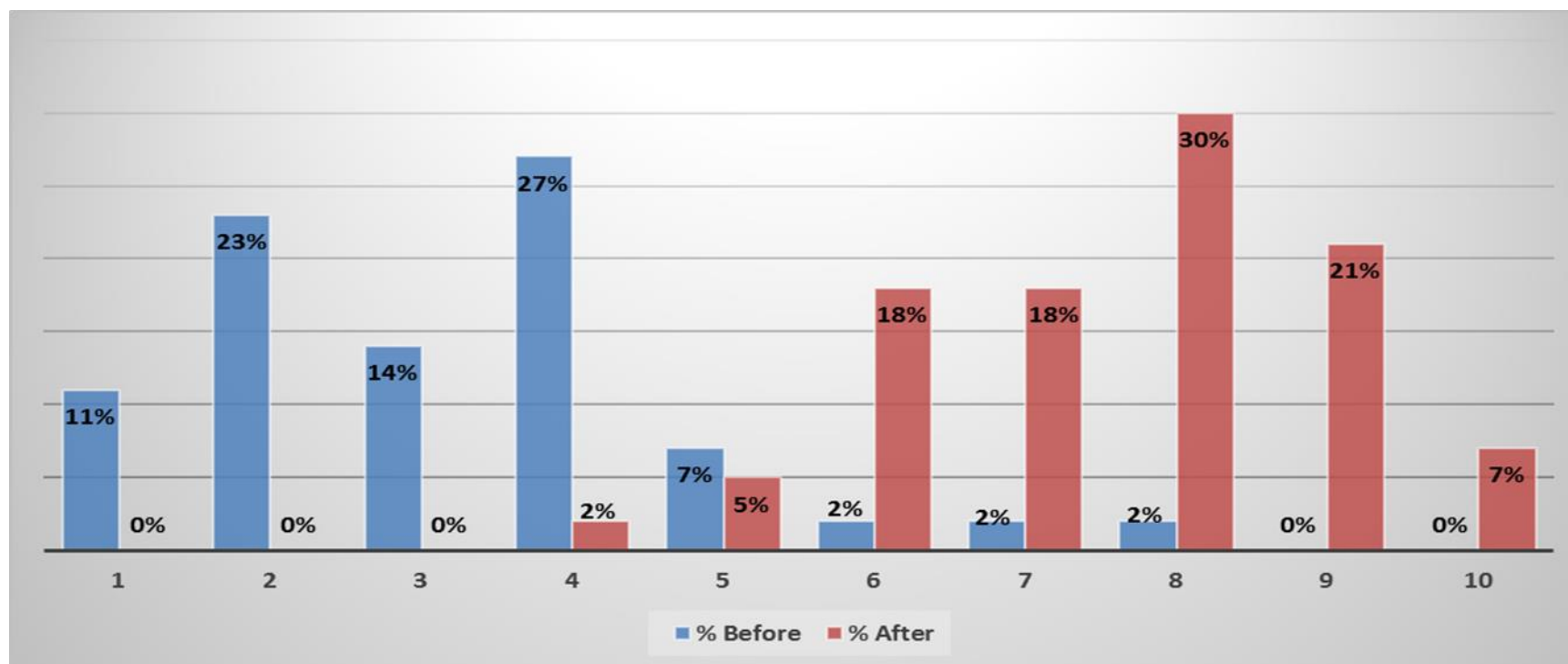
Due to the invaluable success of this service, we were approached by **Rotherham College** (RNN Group) to pilot the same provisions for their students. We received the first cohort of referrals at the end of March, and we look forward to supporting these clients.

We are confident this working relationship will continue and hope we have the same success in securing the full academic year contract.

RUSH House is another local charity in Rotherham we continue to work with. This challenging client group are being supported by both our Adult & Young Persons Counselling teams whilst building relationships with other local organisations. We are hoping this is something we will continue to do more of in the future.

We also continue to offer bespoke specialist services including **Couples Therapy** and **Anger Management** which have both grown in demand over the past few years.

We asked our service users to score themselves on a scale of 1 – 10, with 1 being the *worst* they can imagine and 10 the *best* how they would rate their mental health before and after our support?.....



In 2022-2023 we delivered over 2800 therapy sessions across all our counselling projects supporting over 600 individuals.

We continue to pride ourselves on being one of the best placement providers in our local area, offering support, mentoring and regular group supervision resulting in us being inundated with counselling student placement applications each academic year.

This year we are supporting 10 counselling students who are already fitting in with our ethos and gaining valuable experience to enable them to become fantastic therapists. We are fortunate enough that some placements stay on with us post qualification to continue to gain experience which enhances the value to the organisation.

At this point I feel it's important to give a massive shout out to the whole counselling team and supporting staff who, as always continue to offer a high-quality service to our clients, and we wouldn't be able to deliver the impeccable service without them.

Workplace Counselling Service Report 2022-2023

Alongside our counselling service projects we offer 'Workplace Counselling' this service is a bought in service by companies to support employees to access counselling either remotely or onsite to prevent work related stress and support good mental health within the workplace.

We have worked with companies which include Asos (GXO Logistics) & New York Bakery.

This year we delivered over **500** sessions supporting over **100** employees.

Some feedback comments received from employees who accessed this service were:

"I was able to build up a rapport and trust with my counsellor. She picked up on things I hadn't thought of before, helping me put 2 and 2 together. It gave me a new perspective on my situation and was like a breath of fresh air. I am really glad that counselling was available by phone. I know that on some of my lowest days I would not have been able to make it into the office so having counselling on the phone has meant I have been able to access it regularly which has helped"

"I don't think that there's much that needs to change the way things are run. All of the staff I've seen when coming into the building have been polite and very respectful to me so I don't think there is anyway to improve. Just keep up the great work that you all do."

"Having been offered this via work was very helpful not sure I would have asked for help if it was not available at work"

Thank You!!

Kerry Dean

Counselling Service Lead

Adult Services

Thriving Communities Project

Our Thriving Communities Project has continued to be delivered in the local communities of Barnsley to meet the needs of residents experiencing loneliness and isolation. All individuals referred into the service receive a 'needs-led' assessment, to ensure that beneficiaries are placed at the center of what we do. We work together to identify areas of challenge and strength and reflect upon current aims and goals. Creating a co-produced action plan to work towards.

The project supports in the following ways:

1:1 Support

Delivered by qualified staff in person or by telephone with the aim to build confidence in move towards group participation. Allowing individuals to explore reasons behind their own challenges of loneliness.

Befriending support

Volunteer led, which we are extremely proud of and who give their time selflessly to those who benefit. Our volunteer befrienders reach out to those in our communities that don't require as much direct support, providing a friendly listening ear.

Groups

A selection of needs led groups to support those that have already received one to one or befriending support and now have the confidence to attend in person.



Our passion to continue developing local partnerships has shone through in the collaborative work we do.

We are determined that wherever possible we will endeavor to work with other organisations to ensure that our activities to reduce loneliness provide the best possible resources for our communities.

We will continue to increase the number of partners we work with in order to fulfil this important agenda and we have already started to increase our partner directory for the coming year.

What a difference a year makes

Reporting on targets is a great way to assess how well we are progressing towards overall project aims and goals.

	Annual Target	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Annual Actual
One to one sessions delivered.	20	66	87	71	16	240
Group attendance	200	70	108	77	74	329
Total number of socially isolated people supported.			54	52	41	147

Thriving Communities Case Study

Dave lives alone after the break-up of his marriage, he was homeless and sofa surfing for a while until he secured sheltered accommodation through the local council. He is 57 years old but his neighbours are all elderly.

Dave has multiple physical health conditions and had a heart attack, he contracted covid through the pandemic and has since been diagnosed with long covid leaving him unable to work. He has been struggling financially, mentally, and emotionally since. Apart from seeing his daughter he very rarely has any social interaction and rarely leaves the house.

Aims and Objectives from his initial assessment:

- Befriending and build a trusting relationship.
- Signpost to agencies and organisations who can help with debt and benefits.
- Support to achieve small goals designed to improve day to day physical and mental health.

Outcome:

Measurements show an ongoing narrative arc, with positive user feedback, and a request to extend the befriending support provided. We can also evidence improvements in Dave's mental health through the outcomes star.

Key Learning:

- Alleviation of Daves immediate social isolation and loneliness by building a trusting relationship with him allowing him to express his fears and aspirations.
- Signposting and referrals into partner organisations to support with more complex and specific needs.
-

Children and Young People's Service

What another fantastic year for the CYPS team. We have continued to grow, not just the size of our team but in the number of different projects and how we deliver these.



Feel Well to Work Well

The feel-well-to-work-well project was mobilized quickly and after a slow start we started receiving referrals from Big Ambitions in Barnsley and Rotherham United community trust. We have an established relationship with RUFCT trust but the partnership through this project amplified the relationship and has proved to be a successful and productive one.

We hadn't previously worked in partnership with Big Ambitions and this has helped us grow and build a mutual understanding of each of our services and how they complement each other. We have built some great relationships with staff from both these organisations which we aim to continue beyond the life of the project.

The success of this project has produced some great outcomes and working with a slightly older age group has allowed us to showcase the skills within the team to make a real difference in young people's lives and their journey into further education or employment. It has allowed us to deliver sessions with a specific focus.

Smiles for Miles

The smiles for miles project delivered in partnership with the children and young people's consortium and funded through the Big Lottery has gone from strength to strength, this is the second year of the project and seen some really positive results grown from user need sessions and group work.

The project has allowed us to build relationships with new partners such as Camhs, Rotherham Opportunity College and Early Help. The work delivered has also impacted on the demand for our private therapy sessions.

Working in partnership with other charities and organisations has been great, the relationships have been built on trust and have provided us with additional opportunities to work together in other areas.



The CYPS school's project.

This has been another successful year providing support for young people in a school setting, throughout 2022 - 23 we have supported **738** young people and have delivered **3,774** sessions.

New schools came on board with Darton Academy in Barnsley and The Willows in Thurcroft joining our directory of schools. Sessions are highly sought after and the relationships and communication within the schools is really benefitting the pupils.

Schools we worked with in 2022 -23.

Aston Academy	Milton School
Aston All Saints C of E Primary	Newman School
Bramley Grange Primary School	Oakwood High School
Bramley Sunnyside	St Thomas C of E Primary School
Crags Community School	St Albans
Goldthorpe Primary School	Thrybergh Fullerton
Horizon Community College	Treeton
Kirk Balk Academy	Trinity Croft
Laughton Primary	Willow Tree Academy
Mexborough St John the Baptist C of E Primary	Winterhill Comprehensive School



When we evaluate the support that we have provided we can still see the service is succeeding in its objectives. The young people feel better after receiving support from us.

100% of young people find the sessions worthwhile.

100% agree that they were happy with the service they received.

75% said they would access the service again if needed.

When asked to scale their mental health at the start we had **38%** said it was as low as three and at the end **38%** said it had improved to a 7.

The young people said that the sessions helped because:

“Having someone to talk to.”

“Helps me focus on certain problems.”

“It’s a safe space to talk”.

Private therapy is still working well. This reporting year we have delivered **81** sessions to **14** young people. This is across Rotherham and Barnsley.

Some examples of the creativity produced by the children and young people within their sessions, reiterating that people can express themselves not just through talking but through creativity and Lego therapy.



Frankie Parker

Children & Young Peoples Service Lead

Rotherham and Barnsley Mind Annual Report 2022 - 2023

Professional Training and Workplace Wellbeing

Training

Our work with CAPITA unfortunately came to an end in March 2023, due to changes within their internal structure but we ended the work on a positive note knowing that throughout 22-23 we delivered various awareness sessions both face to face and online across the nation and beyond, covering topics such as resilience, having a conversation about mental health and mental health in the family unit in addition to training over **600** Mental Health Champions.

MHCC (Mental Health Community Champions)

Our success in securing funding through National Mind has allowed us to deliver Mental Health First Aider Training to volunteers and community leaders within Rotherham, Barnsley and Wakefield. Qualifying **42** members of our communities in Mental Health First Aid holding positions of influence including pastors, teachers, midwives and community volunteers within our communities. Funding was secured for a period of 15 months and we hope to secure additional funding to continue this.

NYB (New York Bakery)

Our work with New York Bakery continued throughout 22-23 and we are looking at innovative ways to support their associates in the workplace.

EFL (English Football League)

Delivery on this project started in 2021-22 and has continued throughout 2022-23. Delivery was a little slow to start due to the season and project timings, we trained over 48 club staff from Barnsley FC, Rotherham United FC and Huddersfield Town FC and their foundations in both Mental Health First Aid and Suicide First Aid. Mental Health will remain as a legacy within all clubs ensuring that match day and office staff are equipped with the skills to identify and support fans, employees, and players when they or someone they know is experiencing a decline in their mental health and wellbeing.

RNN Group

Our work with Rotherham college started in early 2022 where we delivered awareness sessions to their workforce covering menopause and andropause, despite being a new area of delivery these topics are a subject of passion for Rotherham and Barnsley Mind and throughout this time we were working towards becoming a menopause friendly employer. We had over 90 participants over all three sites, Rotherham, Dearne Valley and North Notts which were delivered both face to face and virtually.

Accredited Training

As reported last year due to the impact of COVID-19, Mental Health First Aid England redesigned the MHFAiders course to allow it to be delivered virtually as well as in person. We have seen an uptake for this and it allows participants to attend with a little more flexibility, it also provides us with more capacity to deliver in unsociable hours such as evenings and weekends to allow those who cannot attend during usual working hours.

SFA

In 2022 we were able to fund associate SFA instructor training for three members of staff, and this in turn enables us to provide both accredited and non-accredited Suicide First Aid skills to individuals to allow them to identify, support and signpost individuals at risk of suicide to safety and crisis services. Feedback from participants has been extremely positive and we know that our courses stand out from the mainstream as our delivery staff all have a sound knowledge in mental health.

Feedback and quotes received from one of our Mental Health First Aid Courses

“ Not having been previously familiar with the course or how it worked, I was so glad to have taken part. Meeting others who had a similar outlook and desire to improve both knowledge and practical ways to improve both personal mental health wellbeing, and extending this into the community has been very uplifting. The structure and the content of the course was both in depth and delivered in a professional and also relaxed way. The role play exercises/case studies and video were helpful. I have already been recommending the course to others! Thank you for the opportunity to take part, and I hope that mental health first aid courses will continue to flourish...for the good of us all”.

“Very well planned and presented course, covering all the areas where I felt the need to learn more about mental health. The course leader was very knowledgeable and encouraged a good response from all who attended!

“An excellent course. Lots of information all relatable to everyday life! Would highly recommend!”

“Great course felt welcomed open and honest group, safe space to talk. Very informative session. I feel prepared for supporting and guiding people both at work and the general public”.

Claire Rowley

Workplace Wellbeing Trainer

Fundraising Activities

Fundraising activities are always difficult to organise in such a small charity with limited resources and capacity, we have always prided ourselves in the level we commit to participating in community events to raise awareness. This continued to be the case following the lifting of covid restrictions and although these had still not returned to those of previous years, we have seen a small increase in the uptake of community events.

Although donations throughout this period have decreased, we have been fortunate to have received substantial legacy gifts from those that have previously accessed our services. This is a huge testament to staff past and present and really demonstrates the amazing work that we do.

As ever I would like to say a special thanks to all our fundraisers this year including staff and volunteers who continue to support with organised events by pledging their time to supporting Rotherham and Barnsley Mind often outside their working hours.



Financial Statements and Treasurers Report

The last Financial Year saw Rotherham and Barnsley Mind operate successfully from a financial point of view with a surplus of £87,606. A large element of this was an increase of £66,000 in legacy gifts and donations. Taking this into account we still made a reasonable surplus, which in a time of high inflation was noteworthy. We continued to benefit from significant successful funding bids, with a marked increase in funding from National Mind. The senior management team and all staff are due considerable praise for creating the reputation we have gained with them.

The organisation is still completing its full restructure of the management team to match our increased operational activity.

One major change that we have made to our financial operation is to ringfence legacy pots gifted from donors to specific new projects that have been identified as a gap in the community. To ensure this is done ethically and to ensure longevity we have sought to secure match funding.

Special thanks should be given to our finance officer Alla Raka who continues to provide excellent financial controls over our ever-complex income streams.

Michael Marks
Treasurer

ROTHERHAM AND BARNLEY MIND
Statement of Financial Activities
for the year ended 31st March 2023

		Unrestricted funds	Designated fund	Restricted fund	Total 2023	Total 2022
	Notes	£	£	£	£	£
Income from:						
Donations and legacies	2	133	0	95,835	95,969	29,969
Income from charitable activities		317,343	0	254,725	572,068	515,450
Income from charitable trading		5,383	0	0	5,383	6,479
Investment income		882	0	3,424	4,306	1,839
Total		323,741	0	353,984	677,725	553,737
Expenditure on:	3					
Cost of raising funds		34,635	0	0	34,635	49,725
Charitable activities		259,505	17,018	278,961	555,483	421,785
Total		294,140	17,018	278,961	590,118	471,510
Net income/(expenditure)		29,601	-17,018	75,024	87,607	82,227
Transfers between funds	12	-67,096	67,096	0	0	0
Net movement in funds after transfers		-37,495	50,078	75,024	87,607	82,227
Total funds brought forward at 1st April 2022		118,103	468,494	24,237	610,835	528,608
Total funds carried forward 31st March 2023		80,608	518,572	99,260	698,441	610,835

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

Prior year's income included Restricted Grants of £224,610. All other income was Unrestricted.

Prior years expenditure includes £16,915 depreciation charges to the Designated Funds and the total of £179,170 charges to the Restricted Funds (Staff costs £150,897, Insurance £1,249, Light and heat £1,460, Telephone and internet £258, Room rent £2,293, Advertising £2,448, Repairs and maintenance £5,397, Office supplies £1,936, Staff expense and training £10,681, Volunteer expenses £10, Client support £1,099, Delivered training £1,442). All other expenditure was Unrestricted.

ROTHERHAM AND BARNLEY MIND

BALANCE SHEET

AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	4	250,432	233,716
Total fixed assets		250,432	233,716
Current assets			
Debtors	5	70,702	13,275
Cash at bank and in hand		415,580	359,966
Total current assets		486,282	373,241
Current liabilities			
Creditors	6	(125,879)	(78,349)
Net current assets		360,403	294,892
Creditors			
amounts falling due after one year		-	-
Net assets		610,835	528,608
Funds of the charity	12, 14 & 15		
General unrestricted funds		118,102	73,203
Designated funds (Fixed Assets)		250,432	233,716
Designated funds (Other)		218,066	218,066
Restricted funds		24,235	3,623
Total funds		610,835	528,608

Exemption from audit

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Working for better mental health since 1977 & 1979... ...working as one since 2012



Barnsley Office:
BCVS Building
23 Queens Road
Barnsley
S71 1AN
Tel: 01226 211188



Head Office:
Osborne House
1-2 Highfield, Doncaster
Road
Rotherham
S65 1DZ
01709 919929

Visit us online or through on the web and social media at www.rbmind.co.uk
www.facebook.com/rotherhamandbarnsleymind/

https://twitter.com/rb_mind

Instagram:RBmind

If you would like to make a donation to enable our work to continue. Then please donate via Facebook, our website or on the following link.

<https://www.rbmind.co.uk/get-involved/donate/>

Registered Charity Number 1147740

A company limited by guarantee number 3616409

With thanks to our funders, partners and all those that have made donations throughout this year, these include:



ROTHERHAM AND BARNESLEY MIND

**Financial statements for the
year ended 31st March 2023**

Charity number: 1147740
Registered England and Wales

Company number: 03616409
Company limited by guarantee

ROTHERHAM AND BARNESLEY MIND
Contents of the financial statements
for the year ended 31st March 2023

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ROTHERHAM AND BARNESLEY MIND
Administrative details
for the year ended 31st March 2023

Registered Name	ROTHERHAM AND BARNESLEY MIND
Registered Charity number	1147740
Registered Company number	03616409
Directors (Trustees)	Mrs C Ainsbury Miss A M Bland Mr I J Garlington Mr M A Jones Mr C A Mace Mr M R Marks Mr B Whittles
Chairperson	Mr C A Mace
Treasurer	Mr M R Marks
Chief Executive	Mrs R Siddall
Registered Office	Osbourne House 1-2 Highfields Doncaster Road Rotherham S65 1DX
Bankers	CAF Bank Cambridge & Counties Bank The Cooperative Hampshire Trust Bank Redwood Bank Limited
Independent examiner	HSL Accountancy Solutions Ltd Enterprise House 61a Carr House Doncaster DN1 2BY

ROTHERHAM AND BARNSELY MIND
The Directors (trustees) present their annual report
for the year ended 31st March 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and financial statements for the year ended 31st March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (FRS102) in preparing the annual report and financial statements of the Charity.

Structure, Governance and Management

Rotherham and Barnsley Mind is a registered charity with the Charity Commission and a company limited by guarantee. The affairs of the charity are governed by its Memorandum and Articles of Association, dated March 2012, and most recently amended May 2022. Under those Articles the trustees are responsible for the management of the affairs of the charity, for which purpose they may exercise all powers of the charity.

The Board of Trustees, consisting of a minimum of 3 members, meet every six weeks and under the new Memorandum and Articles of Association are no longer required to hold an AGM. The Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation, approved by the trustees, for operational matters including finance, property issues, employment, and other day to day activities.

Appointment of trustees

The trustees are also directors of the company for the purpose of company law. Recruitment of new trustees is carried out in accordance with our trustee recruitment policy (which is reviewed biennially). Biennial appraisals of the Board are carried out, which include a skills audit to identify areas where the Board could be strengthened. In the Articles of Association, the Board has the authority to appoint any person who is capable and willing to do so to be a trustee. Where necessary trustees will undertake a DBS check at the time of their appointment and undergo subsequent checks periodically throughout their time serving on the Board.

The trustee recruitment process follows current best practice and advice from the Charities Commission, NCVO and National Mind. From the adoption of the new Articles of Association all current and future trustees shall serve a three-year term of office and be eligible for re-appointment for up to two further terms, after which period they shall automatically vacate their office. Trustees then become eligible for re-appointment after a one-year break in service.

Trustee induction and training

New trustees undertake an induction process which involves briefing them on their legal obligations under charity and company law, the contents of the company's Articles of Association, the committee and decision-making processes, the business plan and performance of the charity. During the induction, they will meet employees and spend time with their fellow trustees. All trustees are actively encouraged to attend appropriate training, events, away days and to suggest relevant training to ensure they are supported in their roles and understanding of their responsibilities.

Risk management

The trustees have a duty to identify, review and manage the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error.

In line with National Mind's Quality Mark standards, the trustees seek to effectively identify and manage organisational risk and take a risk-based approach to planning and managing the organisation's business. This is achieved by ensuring that there is an up-to-date organisation wide risk register which assesses and addresses risks in relation to issues of governance, finance, operational issues, external influences, reputation and the loss of key staff and trustees.

There are plans in place to avoid, mitigate and/or manage serious risk and actions are implemented as appropriate. These plans are monitored on a regular basis. The risk register framework is a working document that informs decisions and plans. It is reviewed at least annually.

Financial and other indicators of the performance of the organisation are monitored on a regular basis by management, quarterly by the finance sub-group and at least every six weeks by the trustees at board meetings. The board assigns responsibility for risk management to a trustee who works alongside the Chief Executive.

The risk management policy comprises:

- A monthly review of the organisation's financial situation and any potential risks faced by it.
- The implementation of systems and procedures to mitigate the risks identified.
- The implementation of procedures designed to minimise any potential impact on the charity should these risks materialise.

Risk management (Continued)

Particular attention is focused on non-financial risks, for example, those related to health and safety including COVID-19. A key element in the management of financial risk is the setting of a Reserves Policy and its regular review by the Treasurer and Finance sub-committee, which also oversees the setting and monitoring of the annual budget.

Related parties

Related party transactions are detailed in the notes to the financial statements (Page 18).

Charitable aims and objectives

Operating primarily in the Boroughs of Rotherham and Barnsley but potentially also in neighbouring areas, the objectives of the charity as set out in its Articles of Association are:

- To promote the preservation of good mental health, in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition.
- To relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems, by the gathering and dissemination of information and working to raise awareness, promote understanding and challenge stigma and discrimination.

The charity has a general aim of contributing towards the quality of life of local people with a mental health problem and providing support and information to members of the community. This is done by the provision of a range of training, group work, one-to-one and therapeutic activities.

We review our aims, objectives, and activities each year to help ensure that we remain focused on our stated purposes. We follow the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Activities undertaken for the public benefit

In shaping the objectives for the year, the trustees paid due regard to the public benefit guidance published by the Charity Commission. The charity's activities demonstrate how Rotherham and Barnsley Mind has set out to fulfil its principal charitable objective.

The main objectives of the strategic plan 2020 -23 were to deliver the following services:

- Supporting Children, Young People and Families in schools and local communities
- Therapeutic Counselling Service
- Reducing isolation through Social Sessions and Therapeutic Group Work
- Wellbeing and Inclusion work
- Wellbeing Services for workplaces and our own staff
- Training

The delivery of these services was underpinned by a focussed operational plan for 2022-2023 which also sought to increase the awareness of mental health issues whilst continuing to maintain and improve the quality of our services. The plan was implemented by:-

- Providing opportunities for people of all ages with a mental health problem to get involved in a range of therapeutic activities.
- Providing support to relatives and carers of people with a mental health problem.
- Continue to increase provision of workplace wellbeing and training within all sectors including our own workplace to improve sustainability of our services.
- Securing funding to build up the capacity of free counselling services.
- Developing a CYP service in all areas of operation
- Developing services through joint work with national mind and other local minds
- Consulting with Service Users in all aspects of decision making and co-production of services.
- Regularly monitoring and evaluating provision of all services provided by Rotherham and Barnsley Mind and to make this as transparent as possible.
- Continuing to seek alternative sources of funding to enable the organisation to improve its capacity and enhance the quality and range of its services.
- Seeking to expand our services to cover neighbouring areas that lack Mind support, including Wakefield and Huddersfield.
- Expanding on our skillset to offer a wider range of services to the communities we serve.

Achievement and performance

Charitable activities

The charity's aims and objectives are achieved through the activities described above and progress is monitored by the trustees, staff, volunteers, commissioners, and users of its services.

Thanks to the continued monitoring and improvement of operational processes over recent years; the resourcefulness, hard work, commitment and dedication of all staff, placement students and volunteers; increased success working in schools and obtaining grants from, Big Lottery, National Mind and Anna Freud along with securing new contracts with partners and other local minds, Rotherham and Barnsley Mind continues to prosper.

Increased use of digital and virtual services has facilitated the delivery of training further afield. Alongside this we have seen an increase in local demand for face-to-face delivery of therapeutic services and counselling.

Our plans to expand services both in skillset and geographically to cover neighbouring areas that lack Mind support have seen growth, and with additional funding secured specifically for these areas we envisage this will increase over the next 12 months.

Rotherham and Barnsley Mind's on-going investment in staff development enabled us to expand our training offer to introduce provision of mental health and suicide first aid in 2022.

Rotherham and Barnsley Mind was fortunate to receive further substantial legacy gifts from previous service users of the charity. A steering group was formed to look at key areas of need within our communities and it was agreed that five designated areas would receive equal amounts of funding from the legacy gifts, we would seek to secure match funding for each of these areas to provide some longevity to the delivery.

The five areas were:

- Supporting young males aged 18 -25
- Bereavement support
- Supporting individuals affected by menopause
- Investing into mind retail to generate unrestricted income for later service delivery
- Supporting those experiencing hardship through the cost-of-living crisis.

Rotherham and Barnsley Mind continues to comply with the Mind Quality Framework which requires us to meet or exceed all 24 key standards of best practice and legal compliance in all areas of our activity and undergo a rigorous assessment which includes a thorough appraisal of organisational policies and procedures as well as a visit and interviews with trustees, staff, volunteers, and service users. The Mind Quality Mark is awarded when all standards are fully met.

Local Minds are subject to a full assessment every three years. We are due to undergo our next assessment in 2023.

Plans for the future

Rotherham and Barnsley Mind has been working hard over recent years to seek out and take advantage of new opportunities and partnerships. We will strive to position the organisation so that it can capitalise on new opportunities as they present.

1. Rotherham and Barnsley Mind's Current strategic plan, agreed at Board on 06/02/2020, covers the financial years 2020/21, 2021/22, 2022/23. Recent growth has shown a need to review our current strategy, being in a more sustainable position will allow us to do this for the next five years and will be reported on in future annual reports. Our key strategic priorities will continue to be: To improve financial sustainability by securing a range of funding to cover core costs.

Improving monitoring of spend against budgets and developing a more robust financial reporting system for stronger governance.

2. To increase diversity of income by
 - seeking new commissioning opportunities
 - engaging with local CCGs and Commissioners
 - seeking to provide services in Wakefield and Kirklees.
 - prioritising strategic bids and fundraising strategy

Plans for the future

3. To identify and develop new opportunities for service delivery by
 - partnering and collaborating with other organisations
 - building up the sliding scale counselling service
 - improving organisational capacity
 - developing a CYP service in all areas of operation
4. To build on and develop our unique selling points by
 - influencing commissioners in all areas of operation
 - collaborating with other providers
 - adopting a targeted approach to marketing and fundraising
 - increasing networking and raising awareness
 - building on our presence in all areas of operation
 - playing a full role in the response to the increase in mental health issues arising because of the Covid-19 pandemic
5. To maintain and expand high quality services by
 - developing robust KPIs and data analysis
 - continuing to develop service user input and feedback.
 - identifying gaps in provision and developing innovative delivery models
 - succession planning
 - achieving relevant accreditations

Financial review

The charity's policy on reserves

As required by Rotherham and Barnsley Mind's policy on reserves, during the financial year, our reserves remained more than sufficient to meet three months' running costs. The reserves policy will be reviewed during 2023/24 and, if necessary, amended to ensure it remains fit for purpose.

Reserves have enabled us to continue investing in professional bid writing support and the management structure to enhance organisational capacity and support service delivery. We still own Osborne House, our major operational site in Rotherham and are working towards purchasing a property in Barnsley again to reduce long term costs of renting.

At the year-end the General Unrestricted Reserve stands at £80,608.(2022: £118,103)

The charity also held the following designated funds at the year-end: 13.09.2022

Funding for staffing commitments £145,000

Buildings cost provision £120,000

Contingency fund £15,000

Detailed annual operation plans are produced setting out the co-ordinated steps to be taken to achieve the strategic priorities.

Investment policy and objectives

The company's investment powers are set out in its revised Articles of Association and allow the trustees to invest funds not immediately required in such manner as they consider most beneficial for the achievement of the charity's objectives. This policy is due to be reviewed during 2022/23.

Overview

Despite the uncertainty of the last few years with Covid-19, we were able to continue to provide the best possible level of service to our clients, without any break in service delivery and through new alternative and innovative ways which will continue to be an alternative method of delivery through digital platforms.

We will continue to strive to achieve our strategic aims and provide the support needed to individuals with mental health issues in Rotherham and Barnsley and neighbouring areas.

Financial position

The financial statements are set out in pages 8 to 10. The total funds at the year-end stand at £698,441 (2022: £610,835) this consists of fixed assets to the value of £238,572 (£250,432: 2022), balances remaining on restricted funding of £99,260 (£24,237: 2022) and a general reserve of £80,608 (£118,103: 2022).

ROTHERHAM AND BARNESLEY MIND

The Directors (trustees) present their annual report (continued)
for the year ended 31st March 2023

Statement of Directors and Trustees' responsibilities

The trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure of the charitable company and the group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and of the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006. The directors declare that they have approved the directors' report above. Signed on behalf of the company's directors:

The trustees declare that they have approved the above report.

Signed on behalf of the trustees

Signed:



Name and position:

B. Whittles Trustee / Vice Chair / DIRECTOR

Date:

17/NOV/2023

**Examiner's report to the trustees of
ROTHERHAM AND BARNSELY MIND
for the year ended 31st March 2023**

I report on the accounts of the Rotherham and Barnsley MIND for the year ended 31 March 2023 which are set out on the following pages 8 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the Company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT



Date:

30th NOVEMBER 2023

HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

ROTHERHAM AND BARNSELY MIND
Statement of Financial Activities
for the year ended 31st March 2023

		Unrestricted funds £	Designated fund £	Restricted fund £	Total 2023 £	Total 2022 £
Income from:	Notes					
Donations and legacies	2	133	0	95,835	95,969	29,969
Income from charitable activities		317,343	0	254,725	572,068	515,450
Income from charitable trading		5,383	0	0	5,383	6,479
Investment income		882	0	3,424	4,306	1,839
Total		323,741	0	353,984	677,725	553,737
Expenditure on:	3					
Cost of raising funds		34,635	0	0	34,635	49,725
Charitable activities		259,505	17,018	278,961	555,483	421,785
Total		294,140	17,018	278,961	590,118	471,510
Net income/(expenditure)		29,601	-17,018	75,024	87,607	82,227
Transfers between funds	12	-67,096	67,096	0	0	0
Net movement in funds after transfers		-37,495	50,078	75,024	87,607	82,227
Total funds brought forward at 1st April 2022		118,103	468,494	24,237	610,835	528,608
Total funds carried forward 31st March 2023		80,608	518,572	99,260	698,441	610,835

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

Prior year's income included Restricted Grants of £224,610. All other income was Unrestricted.

Prior years expenditure includes £16,915 depreciation charges to the Designated Funds and the total of £179,170 charges to the Restricted Funds (Staff costs £150,897, Insurance £1,249, Light and heat £1,460, Telephone and internet £258, Room rent £2,293, Advertising £2,448, Repairs and maintenance £5,397, Office supplies £1,936, Staff expense and training £10,681, Volunteer expenses £10, Client support £1,099, Delivered training £1,442). All other expenditure was Unrestricted.

ROTHERHAM AND BARNSELY MIND
Balance sheet
As at 31st March 2023

		2023	2022
		£	£
Fixed assets	Notes		
Tangible assets	4	238,572	250,432
Current assets			
Debtors	5	40,729	70,702
Cash at bank and in hand	6	571,236	415,580
		<u>611,965</u>	<u>486,282</u>
Creditors (amounts falling due in one year)		-152,097	-125,879
Net current assets		<u>459,868</u>	<u>360,403</u>
Net assets		<u>698,441</u>	<u>610,835</u>
Reconciliation of Funds	12		
Unrestricted funds		80,608	118,103
Designated funds - Fixed assets		238,572	250,432
Designated funds - Other		280,000	218,064
Restricted funds		<u>99,260</u>	<u>24,237</u>
Total funds		<u>698,441</u>	<u>610,835</u>

For the period ended 31st March 2023, the company is entitled to the audit exemption under section 477 (2) of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- a) ensuring the company keeps accounting records which comply with section 386; and
- b) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and its profit or loss for the financial year, in accordance with the requirement of the companies Act 2006 relating to accounts, so far as is applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The directors declare that they have approved the accounts above.

Signed on behalf of the company's directors:

Signed: 

Name and position: **B. WHITTLES TRUSTEE/VICE CHAIR / DIRECTOR**

Date: **17/NOV/2023**

The accounting policies and notes on pages 11 to 17 form part of these financial statements.

ROTHERHAM AND BARNESLEY MIND
Statement of Cash Flows
As at 31st March 2023

	Total 2023	Total 2022
	£	£
Cash flows from operating activities:		
Net income/(expenditure) per SoFA	87,606	82,227
Depreciation	17,018	16,915
(Increase)/decrease in assets	-5,159	-33,631
(Increase)/decrease in debtors	29,973	-57,427
Increase/(decrease) in creditors	<u>26,218</u>	<u>47,530</u>
	68,050	55,614
Cash flows from investing activities:		
Investment income	<u>0</u>	<u>0</u>
Net increase/(decrease) in cash:	155,656	55,614
Total cash as at 01 April 2022	<u>415,580</u>	<u>359,966</u>
Total cash as at 31 March 2023	<u>571,236</u>	<u>415,580</u>

The accounting policies and notes on pages 11 to 17 form part of these financial statements.

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Charities Act 2011
- (b) The Companies Act 2006
- (c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: FRS102
- (d) Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

The charity meets the definition of a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2 Incoming resources

These are included in the Statement of Financial Activities (SoFA). Incoming resources are recognised when:

- (a) The company becomes entitled to the resources
- (b) The directors are virtually certain they will receive the resources; and
- (c) The monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the SoFA. Grants and donations are only included in the SoFA when the company has unconditional entitlement to the resources. Contractual income is only included in the SoFA once the related goods or performance related services have been delivered. Investment income is included in the accounts when receivable.

1.3 Expenditure

Expenditure is charged to the statement of financial activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs.

Governance costs include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4 Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5 Assets

Tangible assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributed to making the assets capable of operating as intended.

Depreciation is provided on all fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset on a straight line basis over the shorter of the relevant period or, where the asset has been obtained via funding, the length of the project/funding stream as follows:

Freehold property	- 2% on costs
Fixtures, fittings and equipment	- 25% on costs
Computer equipment	- 33% on costs

Freehold property is initially recognised in the financial statements at historic cost. The fair value of the freehold property, in the opinion of the Trustees, cannot be measured reliably without undue cost or effort due to the specialised nature of the buildings. As such the freehold property is accounted for using the cost model. The Trustees undertake regular impairment reviews.

1.6 Taxes

The company is not VAT registered. As a Charity the company is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

1.7. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.8. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9. Leases

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

1.10. Pension costs

The charity operates a defined pension contribution pension scheme for employees. Pension costs are charged to the SoFA represent the contributions payable by the charity in the year.

1.11. Going concern

The financial statements have been prepared on a going concern basis. The Trustees have considered the level of funds held and the expected income and expenditure for the 12 months following the authorising of these financial statements and consider the going concern basis appropriate. There are no material uncertainties at the Balance Sheet date. The Trustees continue to pursue all known sources and means of funding that may be available to them in order to finance the charity's activities.

2. Income from:

	General Fund	Restricted Fund	Total 2023	Total 2022
	£	£	£	£
Donations and Legacies				
General donations	133	2,455	2,589	29,969
Legacy	0	93,380	93,380	0
	133	95,835	95,969	29,969
Charitable activities				
Provision of training	20,550	0	20,550	30,124
Schools income	189,753	0	189,753	164,657
Counselling and services	96,989	0	96,989	92,677
Big Lottery - Cope	0	100,828	100,828	0
BMBC - Thriving Communities Project	0	29,689	29,689	39,433
Children in need	0	-375	-375	31,400
Dept of Health and Social Care	0	0	0	47,279
Grants				
National Mind - Cost of Living	0	1,734	1,734	0
National Mind - EFL Legacy	0	8,111	8,111	0
National Mind - Mental health Champion	0	6,391	6,391	13,488
National Mind - Whole School	0	13,965	13,965	23,000
Sheffield Futures ESF	0	48,877	48,877	13,217
Sheffield Mind - Families in Mind	0	1,578	1,578	5,850
VAR PCN Link	0	5,957	5,957	22,260
VAR Smiles for Miles	0	13,585	13,585	6,293
VAR Social Prescribing	0	24,385	24,385	22,390
Kickstart Grant	10,051	0	10,051	3,382
	317,343	254,725	572,067	515,450

ROTHERHAM AND BARNSELEY MIND
Notes to the financial statements
for the year ended 31st March 2023

2. Income from (Continued):

	General Fund £	Restricted Fund £	Total 2023 £	Total 2022 £
Income from Charitable Trading				
Rent receivable	2,961	0	2,961	6,384
Room hire	2,422	0	2,422	95
Other trading	0	0	0	0
	5,383	0	5,383	6,479
Investment income				
Bank interest	882	3,424	4,306	1,839
Total income	323,741	353,984	677,725	553,737

Prior year's income included Restricted Grants of £224,610. All other income was Unrestricted.

3. Expenditure on:

	General Fund £	Designated Fund £	Restricted Fund £	Total 2023 £	Total 2022 £
Cost of raising funds					
Bid Writing costs	34,635	0	0	34,635	49,725
Total	34,635	0	0	34,635	49,725
Cost of Charitable Activities					
Direct costs					
Staff costs	152,184	0	259,084	411,267	293,617
Rates and water	2,139	0	0	2,139	2,629
Insurance	5,443	0	0	5,443	4,619
Light and heat	3,249	0	0	3,249	3,610
Telephone and Internet	3,509	0	358	3,866	3,101
Room rent	10,158	0	7,394	17,552	9,426
Advertising and publicity	3,175	0	705	3,880	5,957
Sundry expenses	74	0	99	172	628
Repairs and maintenance	12,234	0	0	12,234	13,172
Office supplies	9,744	0	5,287	15,031	11,276
Staff expense and training	1,944	0	2,288	4,232	14,354
Affiliation and fees	2,489	0	0	2,489	516
Volunteer expenses	0	0	838	838	101
Client support	540	0	257	797	1,103
Delivered training	0	0	2,136	2,136	1,887
Cleaning and hygiene costs	7,919	0	0	7,919	7,397
Depreciation	0	17,018	0	17,018	16,915
	214,799	17,018	278,445	510,263	390,308
Support costs					
Interest and charges	454	0	0	454	612
Independent Examination fee	1,050	0	0	1,050	950
Salaries costs - Admin and management	41,766	0	0	41,766	28,817
Legal and professional fees	1,435	0	515	1,950	1,098
	44,705	0	515	45,220	31,477
Total	294,140	17,018	278,961	590,118	471,510

Prior years expenditure includes £16,915 depreciation charges to the Designated Funds and the total of £179,170 charges to the Restricted Funds (Staff costs £150,897, Insurance £1,249, Light and heat £1,460, Telephone and internet £258, Room rent £2,293, Advertising £2,448, Repairs and maintenance £5,397, Office supplies £1,936, Staff expense and training £10,681, Volunteer expenses £10, Client support £1,099, Delivered training £1,442). All other expenditure was Unrestricted.

4. Tangible fixed assets

	Freehold Property £	Fittings & Equipment £	Computer Equipment £	Total £
Cost	269,384	49,214	59,714	378,312
Additions	5,158	0	0	5,158
Disposals	0	0	0	0
At 31st March 2023	274,542	49,214	59,714	383,470
Depreciation				
At 1st April 2022	47,263	29,309	51,308	127,880
Charge this period	5,491	7,325	4,203	17,018
At 31st March 2023	52,754	36,634	55,511	144,898
Net book value at 31st March 2023	221,788	12,580	4,203	238,572
Net book value at 31st March 2022	222,121	19,908	8,406	250,435

5. Debtors – amounts falling due within one year

	2023 £	2022 £
Accounts receivable	40,400	53,751
Accrued income	0	15,517
Prepayments	328	1,434
	40,729	70,702

6. Creditors – amounts falling due within one year

	2023 £	2022 £
Accounts payable	4,322	47,701
Accruals	2,188	2,868
Income received in advanced	145,273	74,136
VAT Liability	314	1,174
	152,097	125,879

7. Staff costs

	2023 £	2022 £
Salaries	428,347	300,627
Social security costs	17,419	16,302
Pension	7,268	5,505
	453,033	322,434

Average number of employees during the period was:

28 24

No person received emoluments of more than £60,000.in the year.

8. Analysis of net assets by fund

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £
Tangible fixed assets	0	238,572	0	238,572
Current assets	299,801	212,904	99,260	611,965
Current liabilities	-152,097	0		-152,097
	147,703	451,476	99,260	698,440

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £
Tangible fixed assets	0	250,432	0	250,432
Current assets	243,981	218,066	24,235	486,282
Current liabilities	-125,879	0	0	-125,879
	118,102	468,498	24,235	610,835

9. Trustee remuneration, benefits and expenses

There was no remuneration, benefits or expenses during this year and in the previous year.

10. Related party transactions

Mrs K Whittles, the wife of Mr B Whittles (Trustee) was employed by the charity during the year and received a monthly salary.

11. Independent examination and accountancy services

During the period of accounts, the cost of the Independent Examination and accountancy services was £1,050 (2022: £950).

12. Movement of funds

	Opening 01.04.2022 £	Incoming resources £	Expended resources £	Transfers £	Closing 31.03.2023 £
Unrestricted funds					
General funds	118,103	323,741	-294,140	-67,096	80,608
Designated funds					
Fixed assets	250,432	0	-17,018	5,158	238,573
Staffing commitments	148,064	0	0	-3,062	145,000
Building costs provision	55,000	0	0	65,000	120,000
Contingency fund	15,000	0	0	0	15,000
	468,496	0	-17,018	67,096	518,572
Restricted funds					
Children in need	375	-375	0	0	0
VAR PCN Link	172	5,957	-6,129	0	0
VAR Smiles for miles	24	13,585	-13,609	0	0
VAR Social Prescribing	1,091	24,385	-25,476	0	0
BMBC Thriving communities	8,859	29,689	-38,548	0	0
Sheffield Mind - Families in mind	226	1,578	-1,804	0	0
National Mind - Mental Health Champion	13,488	6,391	-19,879	0	0
Donations and Legacies	0	99,260	0	0	99,260
Big Lottery - Cope	0	100,828	-100,828	0	0
National Mind - Cost of Living	0	1,734	-1,734	0	0
National Mind - EFL Legacy	0	8,111	-8,111	0	0
National Mind – Schools and Colleges	0	13,965	-13,965	0	0
Sheffield Futures ESF	0	48,877	-48,877	0	0
	24,237	353,984	-278,961	0	99,260
	610,835	677,725	-590,118	0	698,441

12. Movement of funds (Continued)

Transfer between funds

A sum of £5,158 was transferred from Unrestricted Funds to the designated fixed asset fund. The net amount of £61,938 was transferred between designated funds in line with the Reserves policy outlined below.

Designated Funds

Designated funds are unrestricted funds that have been set aside by the trustees for a particular purpose/need.

The value of the fixed assets is held in the designated funds, against which depreciation is charged.

The trustees have also designated funds to support the charity's operational needs, future commitments and statutory obligations. Designated operational and strategic funds at the yearend include:

- Funds for future staffing £145,000
- Building cost provision, for the upkeep of the building and future running costs £120,000
- Contingency fund, for unforeseen events/expenses £15,000

Restricted funds

Children in need

A grant from the Youth Investment Fund for capital costs.

VAR – Social prescribing

Grant funding from Voluntary Action Rotherham to support the following project:

Person-centred counselling, delivered in-house by telephone or in the clients own home. Each client generally offered six 1-hour sessions which can be increased if required, dependant on need.

VAR – PCN (Primary Care Network) Links

Grant funding from Voluntary Action Rotherham to provide one to one support for people who are experiencing emotional distress and who are referred by PCN Link Workers.

VAR –Smiles for miles

Grant funding from Voluntary Action Rotherham to provide small group workshops for children and young people.

BMBC –Thriving communities

A 2 year grant from the Central Area Isolation Challenge Fund to develop community initiatives with the aim of creating networks of support for marginalised and isolated communities. Activities include one to one support, group based learning, signposting and a range of group/community initiatives.

Sheffield Futures – ESF Grant

Funding from the ESF Young Peoples Mental Health and Employability Support Programme to provide one to one counselling support, group therapeutic sessions and a 6-week wellbeing programme, with the aim of supporting young people to become more resilient young adults and improve general mental wellbeing.

Sheffield Mind – Families in mind

Funding to provide therapy across Rotherham and Barnsley to support the delivery of this service.

National Mind – Mental Health Champions

A grant to support the workplace wellbeing programme.

National Mind – IT Fund

A grant from the Emergency IT fund, for the purchase of IT equipment to enable the organisation to better support service users during the Coronavirus pandemic.

Donations and Legacies

All donations and Legacies received by Rotherham and Barnsley Mind are used ethically and responsibly to continue our work supporting the residents in our local communities both directly and through partnership working.

ROTHERHAM AND BARNESLEY MIND

**Financial statements for the
year ended 31st March 2023**

Charity number: 1147740
Registered England and Wales

Company number: 03616409
Company limited by guarantee

ROTHERHAM AND BARNESLEY MIND
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for the year ended 31st March 2023

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ROTHERHAM AND BARNESLEY MIND
Administrative details
for the year ended 31st March 2023

Registered Name	ROTHERHAM AND BARNESLEY MIND
Registered Charity number	1147740
Registered Company number	03616409
Directors (Trustees)	Mrs C Ainsbury Miss A M Bland Mr I J Garlington Mr M A Jones Mr C A Mace Mr M R Marks Mr B Whittles
Chairperson	Mr C A Mace
Treasurer	Mr M R Marks
Chief Executive	Mrs R Siddall
Registered Office	Osbourne House 1-2 Highfields Doncaster Road Rotherham S65 1DX
Bankers	CAF Bank Cambridge & Counties Bank The Cooperative Hampshire Trust Bank Redwood Bank Limited
Independent examiner	HSL Accountancy Solutions Ltd Enterprise House 61a Carr House Doncaster DN1 2BY

ROTHERHAM AND BARNSELY MIND
The Directors (trustees) present their annual report
for the year ended 31st March 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and financial statements for the year ended 31st March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (FRS102) in preparing the annual report and financial statements of the Charity.

Structure, Governance and Management

Rotherham and Barnsley Mind is a registered charity with the Charity Commission and a company limited by guarantee. The affairs of the charity are governed by its Memorandum and Articles of Association, dated March 2012, and most recently amended May 2022. Under those Articles the trustees are responsible for the management of the affairs of the charity, for which purpose they may exercise all powers of the charity.

The Board of Trustees, consisting of a minimum of 3 members, meet every six weeks and under the new Memorandum and Articles of Association are no longer required to hold an AGM. The Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation, approved by the trustees, for operational matters including finance, property issues, employment, and other day to day activities.

Appointment of trustees

The trustees are also directors of the company for the purpose of company law. Recruitment of new trustees is carried out in accordance with our trustee recruitment policy (which is reviewed biennially). Biennial appraisals of the Board are carried out, which include a skills audit to identify areas where the Board could be strengthened. In the Articles of Association, the Board has the authority to appoint any person who is capable and willing to do so to be a trustee. Where necessary trustees will undertake a DBS check at the time of their appointment and undergo subsequent checks periodically throughout their time serving on the Board.

The trustee recruitment process follows current best practice and advice from the Charities Commission, NCVO and National Mind. From the adoption of the new Articles of Association all current and future trustees shall serve a three-year term of office and be eligible for re-appointment for up to two further terms, after which period they shall automatically vacate their office. Trustees then become eligible for re-appointment after a one-year break in service.

Trustee induction and training

New trustees undertake an induction process which involves briefing them on their legal obligations under charity and company law, the contents of the company's Articles of Association, the committee and decision-making processes, the business plan and performance of the charity. During the induction, they will meet employees and spend time with their fellow trustees. All trustees are actively encouraged to attend appropriate training, events, away days and to suggest relevant training to ensure they are supported in their roles and understanding of their responsibilities.

Risk management

The trustees have a duty to identify, review and manage the risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error.

In line with National Mind's Quality Mark standards, the trustees seek to effectively identify and manage organisational risk and take a risk-based approach to planning and managing the organisation's business. This is achieved by ensuring that there is an up-to-date organisation wide risk register which assesses and addresses risks in relation to issues of governance, finance, operational issues, external influences, reputation and the loss of key staff and trustees.

There are plans in place to avoid, mitigate and/or manage serious risk and actions are implemented as appropriate. These plans are monitored on a regular basis. The risk register framework is a working document that informs decisions and plans. It is reviewed at least annually.

Financial and other indicators of the performance of the organisation are monitored on a regular basis by management, quarterly by the finance sub-group and at least every six weeks by the trustees at board meetings. The board assigns responsibility for risk management to a trustee who works alongside the Chief Executive.

The risk management policy comprises:

- A monthly review of the organisation's financial situation and any potential risks faced by it.
- The implementation of systems and procedures to mitigate the risks identified.
- The implementation of procedures designed to minimise any potential impact on the charity should these risks materialise.

Risk management (Continued)

Particular attention is focused on non-financial risks, for example, those related to health and safety including COVID-19. A key element in the management of financial risk is the setting of a Reserves Policy and its regular review by the Treasurer and Finance sub-committee, which also oversees the setting and monitoring of the annual budget.

Related parties

Related party transactions are detailed in the notes to the financial statements (Page 18).

Charitable aims and objectives

Operating primarily in the Boroughs of Rotherham and Barnsley but potentially also in neighbouring areas, the objectives of the charity as set out in its Articles of Association are:

- To promote the preservation of good mental health, in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition.
- To relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems, by the gathering and dissemination of information and working to raise awareness, promote understanding and challenge stigma and discrimination.

The charity has a general aim of contributing towards the quality of life of local people with a mental health problem and providing support and information to members of the community. This is done by the provision of a range of training, group work, one-to-one and therapeutic activities.

We review our aims, objectives, and activities each year to help ensure that we remain focused on our stated purposes. We follow the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Activities undertaken for the public benefit

In shaping the objectives for the year, the trustees paid due regard to the public benefit guidance published by the Charity Commission. The charity's activities demonstrate how Rotherham and Barnsley Mind has set out to fulfil its principal charitable objective.

The main objectives of the strategic plan 2020 -23 were to deliver the following services:

- Supporting Children, Young People and Families in schools and local communities
- Therapeutic Counselling Service
- Reducing isolation through Social Sessions and Therapeutic Group Work
- Wellbeing and Inclusion work
- Wellbeing Services for workplaces and our own staff
- Training

The delivery of these services was underpinned by a focussed operational plan for 2022-2023 which also sought to increase the awareness of mental health issues whilst continuing to maintain and improve the quality of our services. The plan was implemented by:-

- Providing opportunities for people of all ages with a mental health problem to get involved in a range of therapeutic activities.
- Providing support to relatives and carers of people with a mental health problem.
- Continue to increase provision of workplace wellbeing and training within all sectors including our own workplace to improve sustainability of our services.
- Securing funding to build up the capacity of free counselling services.
- Developing a CYP service in all areas of operation
- Developing services through joint work with national mind and other local minds
- Consulting with Service Users in all aspects of decision making and co-production of services.
- Regularly monitoring and evaluating provision of all services provided by Rotherham and Barnsley Mind and to make this as transparent as possible.
- Continuing to seek alternative sources of funding to enable the organisation to improve its capacity and enhance the quality and range of its services.
- Seeking to expand our services to cover neighbouring areas that lack Mind support, including Wakefield and Huddersfield.
- Expanding on our skillset to offer a wider range of services to the communities we serve.

Achievement and performance

Charitable activities

The charity's aims and objectives are achieved through the activities described above and progress is monitored by the trustees, staff, volunteers, commissioners, and users of its services.

Thanks to the continued monitoring and improvement of operational processes over recent years; the resourcefulness, hard work, commitment and dedication of all staff, placement students and volunteers; increased success working in schools and obtaining grants from, Big Lottery, National Mind and Anna Freud along with securing new contracts with partners and other local minds, Rotherham and Barnsley Mind continues to prosper.

Increased use of digital and virtual services has facilitated the delivery of training further afield. Alongside this we have seen an increase in local demand for face-to-face delivery of therapeutic services and counselling.

Our plans to expand services both in skillset and geographically to cover neighbouring areas that lack Mind support have seen growth, and with additional funding secured specifically for these areas we envisage this will increase over the next 12 months.

Rotherham and Barnsley Mind's on-going investment in staff development enabled us to expand our training offer to introduce provision of mental health and suicide first aid in 2022.

Rotherham and Barnsley Mind was fortunate to receive further substantial legacy gifts from previous service users of the charity. A steering group was formed to look at key areas of need within our communities and it was agreed that five designated areas would receive equal amounts of funding from the legacy gifts, we would seek to secure match funding for each of these areas to provide some longevity to the delivery.

The five areas were:

- Supporting young males aged 18 -25
- Bereavement support
- Supporting individuals affected by menopause
- Investing into mind retail to generate unrestricted income for later service delivery
- Supporting those experiencing hardship through the cost-of-living crisis.

Rotherham and Barnsley Mind continues to comply with the Mind Quality Framework which requires us to meet or exceed all 24 key standards of best practice and legal compliance in all areas of our activity and undergo a rigorous assessment which includes a thorough appraisal of organisational policies and procedures as well as a visit and interviews with trustees, staff, volunteers, and service users. The Mind Quality Mark is awarded when all standards are fully met.

Local Minds are subject to a full assessment every three years. We are due to undergo our next assessment in 2023.

Plans for the future

Rotherham and Barnsley Mind has been working hard over recent years to seek out and take advantage of new opportunities and partnerships. We will strive to position the organisation so that it can capitalise on new opportunities as they present.

1. Rotherham and Barnsley Mind's Current strategic plan, agreed at Board on 06/02/2020, covers the financial years 2020/21, 2021/22, 2022/23. Recent growth has shown a need to review our current strategy, being in a more sustainable position will allow us to do this for the next five years and will be reported on in future annual reports. Our key strategic priorities will continue to be: To improve financial sustainability by securing a range of funding to cover core costs.

Improving monitoring of spend against budgets and developing a more robust financial reporting system for stronger governance.

2. To increase diversity of income by
 - seeking new commissioning opportunities
 - engaging with local CCGs and Commissioners
 - seeking to provide services in Wakefield and Kirklees.
 - prioritising strategic bids and fundraising strategy

Plans for the future

3. To identify and develop new opportunities for service delivery by
 - partnering and collaborating with other organisations
 - building up the sliding scale counselling service
 - improving organisational capacity
 - developing a CYP service in all areas of operation
4. To build on and develop our unique selling points by
 - influencing commissioners in all areas of operation
 - collaborating with other providers
 - adopting a targeted approach to marketing and fundraising
 - increasing networking and raising awareness
 - building on our presence in all areas of operation
 - playing a full role in the response to the increase in mental health issues arising because of the Covid-19 pandemic
5. To maintain and expand high quality services by
 - developing robust KPIs and data analysis
 - continuing to develop service user input and feedback.
 - identifying gaps in provision and developing innovative delivery models
 - succession planning
 - achieving relevant accreditations

Financial review

The charity's policy on reserves

As required by Rotherham and Barnsley Mind's policy on reserves, during the financial year, our reserves remained more than sufficient to meet three months' running costs. The reserves policy will be reviewed during 2023/24 and, if necessary, amended to ensure it remains fit for purpose.

Reserves have enabled us to continue investing in professional bid writing support and the management structure to enhance organisational capacity and support service delivery. We still own Osborne House, our major operational site in Rotherham and are working towards purchasing a property in Barnsley again to reduce long term costs of renting.

At the year-end the General Unrestricted Reserve stands at £80,608.(2022: £118,103)

The charity also held the following designated funds at the year-end: 13.09.2022

Funding for staffing commitments £145,000

Buildings cost provision £120,000

Contingency fund £15,000

Detailed annual operation plans are produced setting out the co-ordinated steps to be taken to achieve the strategic priorities.

Investment policy and objectives

The company's investment powers are set out in its revised Articles of Association and allow the trustees to invest funds not immediately required in such manner as they consider most beneficial for the achievement of the charity's objectives. This policy is due to be reviewed during 2022/23.

Overview

Despite the uncertainty of the last few years with Covid-19, we were able to continue to provide the best possible level of service to our clients, without any break in service delivery and through new alternative and innovative ways which will continue to be an alternative method of delivery through digital platforms.

We will continue to strive to achieve our strategic aims and provide the support needed to individuals with mental health issues in Rotherham and Barnsley and neighbouring areas.

Financial position

The financial statements are set out in pages 8 to 10. The total funds at the year-end stand at £698,441 (2022: £610,835) this consists of fixed assets to the value of £238,572 (£250,432: 2022), balances remaining on restricted funding of £99,260 (£24,237: 2022) and a general reserve of £80,608 (£118,103: 2022).

ROTHERHAM AND BARNESLEY MIND

The Directors (trustees) present their annual report (continued)
for the year ended 31st March 2023

Statement of Directors and Trustees' responsibilities

The trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure of the charitable company and the group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and of the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006. The directors declare that they have approved the directors' report above. Signed on behalf of the company's directors:

The trustees declare that they have approved the above report.

Signed on behalf of the trustees

Signed:



Name and position:

B. Whittles Trustee / Vice Chair / DIRECTOR

Date:

17/NOV/2023

**Examiner's report to the trustees of
ROTHERHAM AND BARNSELY MIND
for the year ended 31st March 2023**

I report on the accounts of the Rotherham and Barnsley MIND for the year ended 31 March 2023 which are set out on the following pages 8 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the Company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT



Date:

30th NOVEMBER 2023

HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

ROTHERHAM AND BARNSELY MIND
Statement of Financial Activities
for the year ended 31st March 2023

		Unrestricted funds	Designated fund	Restricted fund	Total 2023	Total 2022
	Notes	£	£	£	£	£
Income from:						
Donations and legacies	2	133	0	95,835	95,969	29,969
Income from charitable activities		317,343	0	254,725	572,068	515,450
Income from charitable trading		5,383	0	0	5,383	6,479
Investment income		882	0	3,424	4,306	1,839
Total		323,741	0	353,984	677,725	553,737
Expenditure on:	3					
Cost of raising funds		34,635	0	0	34,635	49,725
Charitable activities		259,505	17,018	278,961	555,483	421,785
Total		294,140	17,018	278,961	590,118	471,510
Net income/(expenditure)		29,601	-17,018	75,024	87,607	82,227
Transfers between funds	12	-67,096	67,096	0	0	0
Net movement in funds after transfers		-37,495	50,078	75,024	87,607	82,227
Total funds brought forward at 1st April 2022		118,103	468,494	24,237	610,835	528,608
Total funds carried forward 31st March 2023		80,608	518,572	99,260	698,441	610,835

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

Prior year's income included Restricted Grants of £224,610. All other income was Unrestricted.

Prior years expenditure includes £16,915 depreciation charges to the Designated Funds and the total of £179,170 charges to the Restricted Funds (Staff costs £150,897, Insurance £1,249, Light and heat £1,460, Telephone and internet £258, Room rent £2,293, Advertising £2,448, Repairs and maintenance £5,397, Office supplies £1,936, Staff expense and training £10,681, Volunteer expenses £10, Client support £1,099, Delivered training £1,442). All other expenditure was Unrestricted.

ROTHERHAM AND BARNLEY MIND
Balance sheet
As at 31st March 2023

		2023	2022
		£	£
Fixed assets	Notes		
Tangible assets	4	238,572	250,432
Current assets			
Debtors	5	40,729	70,702
Cash at bank and in hand	6	571,236	415,580
		<u>611,965</u>	<u>486,282</u>
Creditors (amounts falling due in one year)		-152,097	-125,879
Net current assets		<u>459,868</u>	<u>360,403</u>
Net assets		<u>698,441</u>	<u>610,835</u>
Reconciliation of Funds	12		
Unrestricted funds		80,608	118,103
Designated funds - Fixed assets		238,572	250,432
Designated funds - Other		280,000	218,064
Restricted funds		<u>99,260</u>	<u>24,237</u>
Total funds		<u>698,441</u>	<u>610,835</u>

For the period ended 31st March 2023, the company is entitled to the audit exemption under section 477 (2) of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- a) ensuring the company keeps accounting records which comply with section 386; and
- b) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and its profit or loss for the financial year, in accordance with the requirement of the companies Act 2006 relating to accounts, so far as is applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The directors declare that they have approved the accounts above.

Signed on behalf of the company's directors:

Signed: 

Name and position: **B. WHITTLES** TRUSTEE/VICE CHAIR / DIRECTOR

Date: **17/NOV/2023**

The accounting policies and notes on pages 11 to 17 form part of these financial statements.

ROTHERHAM AND BARNESLEY MIND
Statement of Cash Flows
As at 31st March 2023

	Total 2023	Total 2022
	£	£
Cash flows from operating activities:		
Net income/(expenditure) per SoFA	87,606	82,227
Depreciation	17,018	16,915
(Increase)/decrease in assets	-5,159	-33,631
(Increase)/decrease in debtors	29,973	-57,427
Increase/(decrease) in creditors	<u>26,218</u>	<u>47,530</u>
	68,050	55,614
Cash flows from investing activities:		
Investment income	<u>0</u>	<u>0</u>
Net increase/(decrease) in cash:	155,656	55,614
Total cash as at 01 April 2022	<u>415,580</u>	<u>359,966</u>
Total cash as at 31 March 2023	<u>571,236</u>	<u>415,580</u>

The accounting policies and notes on pages 11 to 17 form part of these financial statements.

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Charities Act 2011
- (b) The Companies Act 2006
- (c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: FRS102
- (d) Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

The charity meets the definition of a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2 Incoming resources

These are included in the Statement of Financial Activities (SoFA). Incoming resources are recognised when:

- (a) The company becomes entitled to the resources
- (b) The directors are virtually certain they will receive the resources; and
- (c) The monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the SoFA. Grants and donations are only included in the SoFA when the company has unconditional entitlement to the resources. Contractual income is only included in the SoFA once the related goods or performance related services have been delivered. Investment income is included in the accounts when receivable.

1.3 Expenditure

Expenditure is charged to the statement of financial activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs.

Governance costs include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4 Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5 Assets

Tangible assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributed to making the assets capable of operating as intended.

Depreciation is provided on all fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset on a straight line basis over the shorter of the relevant period or, where the asset has been obtained via funding, the length of the project/funding stream as follows:

Freehold property	- 2% on costs
Fixtures, fittings and equipment	- 25% on costs
Computer equipment	- 33% on costs

Freehold property is initially recognised in the financial statements at historic cost. The fair value of the freehold property, in the opinion of the Trustees, cannot be measured reliably without undue cost or effort due to the specialised nature of the buildings. As such the freehold property is accounted for using the cost model. The Trustees undertake regular impairment reviews.

1.6 Taxes

The company is not VAT registered. As a Charity the company is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

1.7. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.8. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9. Leases

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

1.10. Pension costs

The charity operates a defined pension contribution pension scheme for employees. Pension costs are charged to the SoFA represent the contributions payable by the charity in the year.

1.11. Going concern

The financial statements have been prepared on a going concern basis. The Trustees have considered the level of funds held and the expected income and expenditure for the 12 months following the authorising of these financial statements and consider the going concern basis appropriate. There are no material uncertainties at the Balance Sheet date. The Trustees continue to pursue all known sources and means of funding that may be available to them in order to finance the charity's activities.

2. Income from:

	General Fund	Restricted Fund	Total 2023	Total 2022
	£	£	£	£
Donations and Legacies				
General donations	133	2,455	2,589	29,969
Legacy	0	93,380	93,380	0
	133	95,835	95,969	29,969
Charitable activities				
Provision of training	20,550	0	20,550	30,124
Schools income	189,753	0	189,753	164,657
Counselling and services	96,989	0	96,989	92,677
Big Lottery - Cope	0	100,828	100,828	0
BMBC - Thriving Communities Project	0	29,689	29,689	39,433
Children in need	0	-375	-375	31,400
Dept of Health and Social Care	0	0	0	47,279
Grants				
National Mind - Cost of Living	0	1,734	1,734	0
National Mind - EFL Legacy	0	8,111	8,111	0
National Mind - Mental health Champion	0	6,391	6,391	13,488
National Mind - Whole School	0	13,965	13,965	23,000
Sheffield Futures ESF	0	48,877	48,877	13,217
Sheffield Mind - Families in Mind	0	1,578	1,578	5,850
VAR PCN Link	0	5,957	5,957	22,260
VAR Smiles for Miles	0	13,585	13,585	6,293
VAR Social Prescribing	0	24,385	24,385	22,390
Kickstart Grant	10,051	0	10,051	3,382
	317,343	254,725	572,067	515,450

ROTHERHAM AND BARNESLEY MIND
Notes to the financial statements
for the year ended 31st March 2023

2. Income from (Continued):

	General Fund £	Restricted Fund £	Total 2023 £	Total 2022 £
Income from Charitable Trading				
Rent receivable	2,961	0	2,961	6,384
Room hire	2,422	0	2,422	95
Other trading	0	0	0	0
	5,383	0	5,383	6,479
Investment income				
Bank interest	882	3,424	4,306	1,839
Total income	323,741	353,984	677,725	553,737

Prior year's income included Restricted Grants of £224,610. All other income was Unrestricted.

3. Expenditure on:

	General Fund £	Designated Fund £	Restricted Fund £	Total 2023 £	Total 2022 £
Cost of raising funds					
Bid Writing costs	34,635		0	34,635	49,725
Total	34,635	0	0	34,635	49,725
Cost of Charitable Activities					
Direct costs					
Staff costs	152,184	0	259,084	411,267	293,617
Rates and water	2,139	0	0	2,139	2,629
Insurance	5,443	0	0	5,443	4,619
Light and heat	3,249	0	0	3,249	3,610
Telephone and Internet	3,509	0	358	3,866	3,101
Room rent	10,158	0	7,394	17,552	9,426
Advertising and publicity	3,175	0	705	3,880	5,957
Sundry expenses	74	0	99	172	628
Repairs and maintenance	12,234	0	0	12,234	13,172
Office supplies	9,744	0	5,287	15,031	11,276
Staff expense and training	1,944	0	2,288	4,232	14,354
Affiliation and fees	2,489	0	0	2,489	516
Volunteer expenses	0	0	838	838	101
Client support	540	0	257	797	1,103
Delivered training	0	0	2,136	2,136	1,887
Cleaning and hygiene costs	7,919	0	0	7,919	7,397
Depreciation	0	17,018	0	17,018	16,915
	214,799	17,018	278,445	510,263	390,308
Support costs					
Interest and charges	454	0	0	454	612
Independent Examination fee	1,050	0	0	1,050	950
Salaries costs - Admin and management	41,766	0	0	41,766	28,817
Legal and professional fees	1,435	0	515	1,950	1,098
	44,705	0	515	45,220	31,477
Total	294,140	17,018	278,961	590,118	471,510

Prior years expenditure includes £16,915 depreciation charges to the Designated Funds and the total of £179,170 charges to the Restricted Funds (Staff costs £150,897, Insurance £1,249, Light and heat £1,460, Telephone and internet £258, Room rent £2,293, Advertising £2,448, Repairs and maintenance £5,397, Office supplies £1,936, Staff expense and training £10,681, Volunteer expenses £10, Client support £1,099, Delivered training £1,442). All other expenditure was Unrestricted.

ROTHERHAM AND BARNSELY MIND
Notes to the financial statements
for the year ended 31st March 2023

4. Tangible fixed assets

	Freehold Property £	Fittings & Equipment £	Computer Equipment £	Total £
Cost	269,384	49,214	59,714	378,312
Additions	5,158	0	0	5,158
Disposals	0	0	0	0
At 31st March 2023	274,542	49,214	59,714	383,470
Depreciation				
At 1st April 2022	47,263	29,309	51,308	127,880
Charge this period	5,491	7,325	4,203	17,018
At 31st March 2023	52,754	36,634	55,511	144,898
Net book value at 31st March 2023	221,788	12,580	4,203	238,572
Net book value at 31st March 2022	222,121	19,908	8,406	250,435

5. Debtors – amounts falling due within one year

	2023 £	2022 £
Accounts receivable	40,400	53,751
Accrued income	0	15,517
Prepayments	328	1,434
	40,729	70,702

6. Creditors – amounts falling due within one year

	2023 £	2022 £
Accounts payable	4,322	47,701
Accruals	2,188	2,868
Income received in advanced	145,273	74,136
VAT Liability	314	1,174
	152,097	125,879

7. Staff costs

	2023 £	2022 £
Salaries	428,347	300,627
Social security costs	17,419	16,302
Pension	7,268	5,505
	453,033	322,434

Average number of employees during the period was:

28 24

No person received emoluments of more than £60,000.in the year.

8. Analysis of net assets by fund

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Tangible fixed assets	0	238,572	0	238,572
Current assets	299,801	212,904	99,260	611,965
Current liabilities	-152,097	0		-152,097
	147,703	451,476	99,260	698,440

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022
	£	£	£	£
Tangible fixed assets	0	250,432	0	250,432
Current assets	243,981	218,066	24,235	486,282
Current liabilities	-125,879	0	0	-125,879
	118,102	468,498	24,235	610,835

9. Trustee remuneration, benefits and expenses

There was no remuneration, benefits or expenses during this year and in the previous year.

10. Related party transactions

Mrs K Whittles, the wife of Mr B Whittles (Trustee) was employed by the charity during the year and received a monthly salary.

11. Independent examination and accountancy services

During the period of accounts, the cost of the Independent Examination and accountancy services was £1,050 (2022: £950).

12. Movement of funds

	Opening 01.04.2022	Incoming resources	Expended resources	Transfers	Closing 31.03.2023
	£	£	£	£	£
Unrestricted funds					
General funds	118,103	323,741	-294,140	-67,096	80,608
Designated funds					
Fixed assets	250,432	0	-17,018	5,158	238,573
Staffing commitments	148,064	0	0	-3,062	145,000
Building costs provision	55,000	0	0	65,000	120,000
Contingency fund	15,000	0	0	0	15,000
	468,496	0	-17,018	67,096	518,572
Restricted funds					
Children in need	375	-375	0	0	0
VAR PCN Link	172	5,957	-6,129	0	0
VAR Smiles for miles	24	13,585	-13,609	0	0
VAR Social Prescribing	1,091	24,385	-25,476	0	0
BMBC Thriving communities	8,859	29,689	-38,548	0	0
Sheffield Mind - Families in mind	226	1,578	-1,804	0	0
National Mind - Mental Health Champion	13,488	6,391	-19,879	0	0
Donations and Legacies	0	99,260	0	0	99,260
Big Lottery - Cope	0	100,828	-100,828	0	0
National Mind - Cost of Living	0	1,734	-1,734	0	0
National Mind - EFL Legacy	0	8,111	-8,111	0	0
National Mind – Schools and Colleges	0	13,965	-13,965	0	0
Sheffield Futures ESF	0	48,877	-48,877	0	0
	24,237	353,984	-278,961	0	99,260
	610,835	677,725	-590,118	0	698,441

12. Movement of funds (Continued)

Transfer between funds

A sum of £5,158 was transferred from Unrestricted Funds to the designated fixed asset fund. The net amount of £61,938 was transferred between designated funds in line with the Reserves policy outlined below.

Designated Funds

Designated funds are unrestricted funds that have been set aside by the trustees for a particular purpose/need.

The value of the fixed assets is held in the designated funds, against which depreciation is charged.

The trustees have also designated funds to support the charity's operational needs, future commitments and statutory obligations. Designated operational and strategic funds at the yearend include:

- Funds for future staffing £145,000
- Building cost provision, for the upkeep of the building and future running costs £120,000
- Contingency fund, for unforeseen events/expenses £15,000

Restricted funds

Children in need

A grant from the Youth Investment Fund for capital costs.

VAR – Social prescribing

Grant funding from Voluntary Action Rotherham to support the following project:

Person-centred counselling, delivered in-house by telephone or in the clients own home. Each client generally offered six 1-hour sessions which can be increased if required, dependant on need.

VAR – PCN (Primary Care Network) Links

Grant funding from Voluntary Action Rotherham to provide one to one support for people who are experiencing emotional distress and who are referred by PCN Link Workers.

VAR –Smiles for miles

Grant funding from Voluntary Action Rotherham to provide small group workshops for children and young people.

BMBC –Thriving communities

A 2 year grant from the Central Area Isolation Challenge Fund to develop community initiatives with the aim of creating networks of support for marginalised and isolated communities. Activities include one to one support, group based learning, signposting and a range of group/community initiatives.

Sheffield Futures – ESF Grant

Funding from the ESF Young Peoples Mental Health and Employability Support Programme to provide one to one counselling support, group therapeutic sessions and a 6-week wellbeing programme, with the aim of supporting young people to become more resilient young adults and improve general mental wellbeing.

Sheffield Mind – Families in mind

Funding to provide therapy across Rotherham and Barnsley to support the delivery of this service.

National Mind – Mental Health Champions

A grant to support the workplace wellbeing programme.

National Mind – IT Fund

A grant from the Emergency IT fund, for the purchase of IT equipment to enable the organisation to better support service users during the Coronavirus pandemic.

Donations and Legacies

All donations and Legacies received by Rotherham and Barnsley Mind are used ethically and responsibly to continue our work supporting the residents in our local communities both directly and through partnership working.