



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2023		31	March	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Rohit Sethi	Chairman and treasurer		
2	Dr Veronica Sawicki			
3	Sonia Maycock		1/4/2023 – 1/11/2023	
4	Viviane Brackenbury			
5	Florence Sethi			
6	Lynn Adlington			
7	Michael Warrington			
8	Jack Bestwick			
9	Chris McLaren		18/12/2024	
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Standard Registration
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The aim of the charity is to improve the health and well-being of people living in the Madina district of Sierra Leone.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1. Support of the Madina children's feeding centre
2. Support of the Madina medical clinics and eye clinic
3. Support for 2 outreach rural medical clinics
4. Maintenance and support of a vehicle to enable the outreach clinics
5. Support of the elderly and vulnerable in the community
6. Screening and funding for cataract surgery
7. Help with building and repair of water wells
8. The building of pit latrines
9. Funding of health promotion messages via the local radio
10. Support for the development of diabetes care
11. Supporting schools.

The trustees have had regard to the Commission's public benefit guidance.

The Public Benefits that arise from the above activities are: -

- General improvement in health and well-being (1-11)
- Reduction in infant mortality and morbidity (1,3,7)
- Reduction in general adult morbidity and improved health outcomes (3,5,6,7,8,9,10)
- Reduction in waterborne illnesses and illnesses arising from poor sanitation (7,8)
- Increased dignity leading to an improved sense of well-being (5,8)
- Re-engagement with the local community and enhanced employment opportunities, leading to improved health (6)
- Improvements to the environment leading to a better quality of life and improved health (7,8)

No harm was met by the above purposes. The beneficiaries are the general public and locally based communities. No private benefit arises from these purposes.

The benefits can be identified through feedback from the local community and the evaluation work carried out by Help Madina.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

The charity has continued to support the health and wellbeing of the people of the Madina district.

The children's feeding centre remains the 'flagship' of the charity and this continues to be very successful in treating children with malnourishment. Referrals continue to come from the outreach clinics and other health units in the area. Many referrals are by word of mouth and via information from the radio. Help Madina has also now produced a Poster for the Govt. Health Units to enable these referrals. The Charity is entering into negotiations to purchase the feeding centre on behalf of the diocese.

The charity continues to send a paid TB outreach worker from the feeding centre. This is to follow up children with malnutrition and TB in their villages after discharge, to ensure that they are continuing with their treatment pathway.

The outreach clinics continue twice a week. Approximately 36 villages are visited in rotation. The main priority is health education and screening.

The eye clinic continues weekly in Madina. There is no other eye clinic in the area and so the clinic is a vital resource for the population. The charity continues to screen patients for cataracts and those that are suitable are offered corrective surgery at the Kambia Government Hospital. Approximately 50 patients have had cataract operations in the last year.

A new hernia project started in 2022. Farmers are often unable to work because they have large hernias. HelpMadina pays for hernia repairs as funds allow. These are undertaken at a local government hospital.

The charity continues to support a register of approximately 90 elderly vulnerable people in Madina. They are given assistance with clothing, provision of rice and healthcare.

The charity continues the repair of water wells in Madina and surrounding villages (as funds allow). This has given people fresh clean water and stopped the use of drinking polluted stream water. This year 13 wells in the area were rehabilitated.

The charity continues to build Ventilation Improved Pit Latrines for householders in Madina. A total of 225 have now been completed.

HelpMadina has successfully converted the old Church into an after-school study/resource centre for secondary school children. These children have no textbooks and no light in their homes to enable them to study. The centre provides both these missing elements.

There is continuing support for the development of diabetes services in the Holy Spirit Hospital in Makeni. There is now a fully operational clinic in the hospital. The charity helps to supply insulin, oral medication, equipment, and testing strips as well as provide clinical expertise. The number of patients is growing year on year and so a second nurse has been employed through funds from Help Madina. Help Madina has now formed a 'partnership' with 2 charities called Life for a Child (Australia) and Insulin for Life (USA) and they are now supplying all our insulin. The charity continues with its link with the London School of Hygiene and Tropical Medicine.

Regular communication with our Sierra Leone Help Madina team on the ground occurs via a monthly What's App Meeting.

Section E Financial review

Brief statement of the charity's policy on reserves

Sufficient reserves are maintained to support the operational costs of the feeding centre, medical clinics and various other projects during the year.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Charity Funds are from various sources:

- Individual regular donations
- Individual ad hoc donations
- Corporate grants
- Gifts from other organisations
- Sponsored events
- Fundraising events
- Presentations
- Bequests

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Rohit Sethi

Full name(s)

Rohit Sethi

Position (eg Secretary, Chair, etc)

Chairman

Date

10/01/2025



Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2023		31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	43,088	21,754	-	64,842	36,223
Gift Aid Claims	1,639	-	-	1,639	-
Bank Interest	120	-	-	120	16
Foreign Exchange gain	-	-	-	-	42
Vehicle Sales	-	-	-	-	3,871
Miscellaneous - Bank Errors	128	-	-	128	-
	-	-	-	-	-
Sub total (Gross income for AR)	44,975	21,754	-	66,729	40,152
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	44,975	21,754	-	66,729	40,152
A3 Payments					
Feeding centre and medicines	5,884	1,415	-	7,299	3,930
Disability	-	-	-	-	628
Build and maintain wells	53	7,583	-	7,636	4,903
Build and maintain toilets	-	879	-	879	1,287
Elders Project	1,661	-	-	1,661	2,827
School and Radio	237	-	-	237	187
Diabetes clinic	698	1,896	-	2,594	3,467
Diabetes Training Project	1,172	5,055	-	6,227	-
Eye Clinic	983	3,690	-	4,673	2,455
Hernia Project	1,044	-	-	1,044	1,416
TB Project	54	-	-	54	391
Learning Centre Project	6,230	3,421	-	9,651	-
Education Sponsorship	2,047	130	-	2,177	1,119
Football Sponsorship	-	1,123	-	1,123	-
Vehicle repair and maintenance	706	-	-	706	673
Office Costs	1,172	-	-	1,172	-
Staff costs - Sierra Leone	4,098	-	-	4,098	3,806
Premises Repairs	742	3,272	-	4,014	680
Light and Heat	1,721	-	-	1,721	1,068
Telephone purchase	-	-	-	-	160
Travel	2,233	-	-	2,233	500
Fundraising Costs	237	-	-	237	-
Shipment and carriage	398	-	-	398	526
Independent Examiners fees	-	-	-	-	431
Charity Registration fee SL	-	-	-	-	34
Website costs	99	-	-	99	99
Bank, paypal and foreign exch differences	264	-	-	264	347
Miscellaneous	402	-	-	402	410
	-	-	-	-	-
Sub total	32,135	28,464	-	60,599	31,344
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	32,135	28,464	-	60,599	31,344
Net of receipts/(payments)	12,840	- 6,710	-	6,130	8,808
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	24,625	6,836	-	31,461	22,653
Cash funds this year end	37,465	126	-	37,591	31,461

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	37,376	126	-
	Cash in hand	89	-	-
		-	-	-
	Total cash funds	37,465	126	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Holy Spirit Hospital	Restricted	64	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Rohit Sethi	Rohit Sethi	30/12/2024	

I report on the accounts for the year ended 31st March 2024 on pages 1 to 2.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's qualified statement

In connection with my examination, no material matter has come to my attention:

- (1) which gives me reasonable cause to believe that in, any material respect,
- the accounts did not accord with the accounting records; or
 - the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charity (accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

From the accounting records I have seen, the accounting records were not kept in accordance with Section 130 of the Charities Act. For the purposes of these accounts, reliance has been placed on the representations received from the Trustees of the Charity.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Andrena Miles FMAAT
AMM Bookkeeping & Accountancy
4 Longlands
Fairford
Gloucestershire
GL7 4LG

Date: 10th January 2025