



# Trustees' Annual Report for the period

Period start date			Period end date		
From	1	April	2022	To	31
					March
					2023

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Rohit Sethi	Chairman and treasurer		
2	Dr Veronica Sawicki			
3	Sonia Maycock			
4	Viviane Brackenbury			
5	Florence Sethi			
6	Anna Jane Pitts			
7	Lynn Adlington			
8	Michael Warrington			
9	Jack Bestwick		Appointed 27.3.2023	
10				
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14				
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18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

<input type="text"/>	<input type="text"/>
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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Standard Registration
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

The aim of the charity is to improve the health and well-being of people living in the Madina district of Sierra Leone.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1. Support of the Madina children's feeding centre
2. Support of the Madina medical clinics and eye clinic
3. Support for 2 outreach rural medical clinics
4. Maintenance and support of a vehicle to enable the outreach clinics
5. Support of the elderly and vulnerable in the community
6. Screening and funding for cataract surgery
7. Help with building and repair of water wells
8. The building of pit latrines
9. Funding of health promotion messages via the local radio
10. Support for the development of diabetes care
11. Supporting schools.

The trustees have had regard to the Commission's public benefit guidance.

The Public Benefits that arise from the above activities are: -

- General improvement in health and well-being (1-11)
- Reduction in infant mortality and morbidity (1,3,7)
- Reduction in general adult morbidity and improved health outcomes (3,5,6,7,8,9,10)
- Reduction in waterborne illnesses and illnesses arising from poor sanitation (7,8)
- Increased dignity leading to an improved sense of well-being (5,8)
- Re-engagement with the local community and enhanced employment opportunities, leading to improved health (6)
- Improvements to the environment leading to a better quality of life and improved health (7,8)

No harm was met by the above purposes. The beneficiaries are the general public and locally based communities. No private benefit arises from these purposes.

The benefits can be identified through feedback from the local community and the evaluation work carried out by Help Madina.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

The charity has continued to support the health and wellbeing of the people of the Madina district.

The children's feeding centre remains the 'flagship' of the charity and this continues to be very successful in treating children with malnourishment. Referrals continue to come from the outreach clinics and other health units in the area. Many referrals are by word of mouth and via information from the radio. Help Madina has also now produced a poster for the Govt. Health Units to enable these referrals.

The charity continues to send a paid TB outreach worker to follow up children with TB in their villages after discharge to ensure that they are continuing with their treatment pathway.

The outreach clinics continue twice a week. Approximately 36 villages are visited in rotation. The main priority is health education and screening.

The eye clinic continues weekly in Madina. There is no other eye clinic in the area and so the clinic is a vital resource for the population.

The charity continues to screen patients for cataracts and those that are suitable are offered corrective surgery at the Kambia Government Hospital. Approximately 40 patients have had cataract operations in the last year.

A new hernia project started in 2022. Farmers are often unable to work because they have large hernias. Most cannot afford to pay for their operation and so Help Madina undertook a successful pilot of assisting in the payment for 25 operations. This helped farmers to get back to work and prevented families falling into poverty.

The charity continues to support a register of approximately 100 elderly vulnerable people in Madina. They are given assistance with clothing, provision of rice and healthcare.

The charity continues to repair of water wells in Madina and surrounding villages (as funds allow). This has given people fresh clean water and stopped the use of drinking polluted stream water. This year 2 wells in Madina were rehabilitated.

The charity continues to build Ventilation Improved Pit Latrines for householders in Madina. A total of 180 have now been completed.

A new future need has been identified by the Madina community.

Students are unable to study after school due to lack of solar lights and no textbooks. Help Madina will try and raise funds to rehabilitate the old church, install solar light and purchase textbooks.

There is continuing support for the development of diabetes services in the Holy Spirit Hospital in Makeni. There is now a fully operational clinic in the hospital. The charity helps to supply insulin, oral medication, equipment, and testing strips as well as provide clinical expertise. The number of patients is growing year on year and so a second nurse has been employed through funds from Help Madina. Help Madina has now formed a 'partnership' with 2 charities called Life for a Child (Australia) and Insulin For Life (USA) and they are now supplying all our insulin requirements in the future.

The charity continues with its link with the London School of Hygiene and Tropical Medicine.

The charity also has a link with the Nottingham University. 4 academic Doctors travelled to Sierra Leone in October 2022 to undertake a research project on Diabetes.

Regular communication with our Sierra Leone Help Madina team on the ground occurs via a monthly What's App Meeting.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

Sufficient reserves are maintained to support the operational costs of the feeding centre, medical clinics and various other projects during the year.

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Charity Funds are from various sources:

- Individual regular donations
- Individual ad hoc donations
- Corporate grants
- Gifts from other organisations
- Sponsored events
- Fundraising events
- Presentations
- Bequests

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

*Rohit Sethi*

**Full name(s)**

Rohit Sethi

**Position (eg Secretary, Chair, etc)**

Chairman

**Date**

03/01/2024

## Receipts and payments accounts

For the period from	01/04/2022	To	31/03/2023
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	30,610	5,613	-	36,223	27,497
Gift aid claims	-	-	-	-	1,763
Bank interest	16	-	-	16	-
Foreign exchange gain	42	-	-	42	309
Sale of Vehicle	3,871	-	-	3,871	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>34,539</b>	<b>5,613</b>	<b>-</b>	<b>40,152</b>	<b>29,569</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>34,539</b>	<b>5,613</b>	<b>-</b>	<b>40,152</b>	<b>29,569</b>
<b>A3 Payments</b>					
Feeding centre and medicines	3,930		-	3,930	9,942
Disability	628			628	-
Wells	4,903		-	4,903	-
Toilets	1,287		-	1,287	1,280
Elders project	2,827		-	2,827	2,595
School and radio	187		-	187	-
Land cruiser	-		-	-	28,790
Diabetes clinic	117	3,350	-	3,467	6,968
Eye clinic	974	1,481	-	2,455	262
Hernia project	1,416			1,416	-
TB project	391			391	-
Xmas party SL	-		-	-	119
Sponsorship	1,119		-	1,119	169
Vehicle maintenance	673		-	673	2,822
Office costs			-	-	390
Sierra Leone Staff	2,756	1,050		3,806	-
Premises repairs	680			680	-
Light and heat	1,068			1,068	-
Telephone purchase	160			160	-
Travel	500			500	-
Shipping and carriage	526			526	-
Independent Examiners fees	431			431	-
Charity registration fee SL	34		-	34	220
Website costs	99		-	99	99
Bank, paypal and foreign exchange differences	347		-	347	281
Miscellaneous	410	-	-	410	81
	-	-	-	-	-
<b>Sub total</b>	<b>25,463</b>	<b>5,881</b>	<b>-</b>	<b>31,344</b>	<b>54,018</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Land cruiser	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>25,463</b>	<b>5,881</b>	<b>-</b>	<b>31,344</b>	<b>54,018</b>

<i>Net of receipts/(payments)</i>	9,076	-268	-	8,808	- 24,449
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,549	7,104	-	22,653	47,102
<i>Cash funds this year end</i>	24,625	6,836	-	31,461	22,653

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	<div>Cash at bank</div> <div>Cash in hand</div> <div></div> <div><b>Total cash funds</b></div> <div>(agree balances with receipts and payments account(s))</div>	<div>24,536</div> <div>89</div> <div>-</div> <div>24,625</div> <div>OK</div>	<div>6,836</div> <div></div> <div>-</div> <div>6,836</div> <div>OK</div>	<div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>OK</div>
<b>B2 Other monetary assets</b>	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>	<div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>	<div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>
<b>B3 Investment assets</b>	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Fund to which asset belongs</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Cost (optional)</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>	<div>Current value (optional)</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>
<b>B4 Assets retained for the charity's own use</b>	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Fund to which asset belongs</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Cost (optional)</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>	<div>Current value (optional)</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>
<b>B5 Liabilities</b>	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Fund to which liability relates</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Amount due (optional)</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div> <div>-</div>	<div>When due (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div>
Signed by one or two trustees on behalf of all the trustees	<div>Signature</div> <div>Rohit Sethi</div>	<div>Print Name</div> <div>Rohit Sethi</div>	<div>Date of approval</div> <div>03/01/2023</div>	<div></div> <div>03/01/2024</div>
CCXX R2 accounts (SS)	2			



I report on the accounts for the year ended 31<sup>st</sup> March 2023 on pages 1 to 2.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

**Independent examiner's qualified statement**

In connection with my examination, no material matter has come to my attention:

- (1) which gives me reasonable cause to believe that in, any material respect,
- the accounts did not accord with the accounting records; or
  - the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charity (accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

From the accounting records I have seen, the accounting records were not kept in accordance with Section 130 of the Charities Act. For the purposes of these accounts, reliance has been placed on the representations received from the Trustees of the Charity.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Andrena Miles FMAAT  
AMM Bookkeeping & Accountancy  
2nd Floor  
11 High Street  
Fairford  
Gloucestershire  
GL7 4AD

Date: 3<sup>rd</sup> January 2024