



TIME BANK PLUS ANNUAL REPORT 2020/21

This report covers the strange period from 1st April 2020 to 31st March 2021, which was the period of maximum Covid Lockdown impact. Whilst some of our 'usual' projects were able to keep going in some form during part of that time, the bulk of our work programme was transformed to adapt to the strange and changing circumstances in which we found ourselves and the needs of our members and the local community at that time. As these reports are generally written a few months after the end of the reporting period, it is heartening to note that since then, we have been able to 'open up' to a considerable extent and resume a good proportion of our more 'normal' projects and activities whilst still keeping within Covid-safe guidelines.

The start of Lockdown was a highly anxious and stressful time for all of us. With many of our members and participants affected by ongoing mental or physical health issues and a proportion being advised to shield, the situation was particularly challenging. In addition, many of the people we work with, particularly the more elderly, did not have access to the internet or a smartphone and were reliant on their landlines to stay in contact with the outside world.

The small size and flexibility of our little charity were real assets in enabling us to adapt rapidly to the changing circumstances and needs of the local community. Our priority was to keep in regular and supportive contact with our more vulnerable participants, in particular members of the Lunch Club and others who lacked access to the internet. The Lunch Club Co-ordinator often spoke three or more times per week by telephone to some of those who were most isolated and also arranged services as and where needed, such as delivery of hot meals and activity packs to some members. She also compiled a small newsletter to help keep members of the Lunch Club in touch with each other.

For those people able to access the internet, Zoom proved to be something of a life saver. By the end of the first month, we had established a programme of online groups and activities which could be accessed via Zoom. Our programme of Zoom groups spanned every weekday and included: a Social 'Café'; Creative Writing; Online Gardening & Food Growing; Knit & Natter; Online Cookery Workshops; Guitar Group; Games & Quizzes. During the year, we also hosted a number of Zoom workshops and short courses including Greek Cookery, Sewing Workshops and 'Art for Everyone'. We were able to call on the expertise of volunteers where needed to assist people with IT issues such as going online or using Zoom and other software.

In addition to the above, we set up a couple of WhatsApp Groups to facilitate contact between our members and also instigated a monthly Photography Challenge to encourage people to spend time outside and connect with nature.

As the year progressed and Covid restrictions, at times, were partially eased we were able to re-start modified versions of some of our previous projects and activities. By early summer, a staff member was able to be at the office for two days each week and arrange loans from the Borrow It Library of Things. We were also able to re-start the Southside Food Co-op and resume delivery of weekly or fortnightly veggie boxes to people's homes. Where space allowed, the Gardening Team were able to help local people in need of gardening assistance and a small number of volunteers practised their food growing skills on our allotment at Bath City Farm.

Shortly after this, we were able to resume the 'FeelGood Walks' programme, with a maximum of six people per walk. We also offered 1:1 walks for those people who were particularly vulnerable or who felt safer with a smaller number of people. For some individuals this was the first time in many months that they had come out of isolation and made a huge difference to their wellbeing.

During periods of the year when Covid restrictions were eased, the Guitar Group were able to meet up outside and, thanks to support from the local church, small groups from the Lunch Club were occasionally able to meet up in groups of six at Rose Cottage community hub.

Collaborative working with other local community-based agencies was especially valuable during this period; in particular regular meetings with Twerton & Whiteway Community Network were hugely important in enabling communication and joint-up working to take place in the local area. It's also impossible to overstate the immense support which the Community Wellbeing Hub set up by 3SG provided to the local community during these times.

Despite health issues and other practical difficulties, the Time Bank staff team worked tirelessly to adapt our programme of work to the changing circumstances in which we found ourselves. We would also like to extend a huge vote of thanks to the Management Committee and Trustees for their support at this time.

Although volunteering opportunities were more limited than usual, we are immensely grateful for the support of some of our amazing members during this period. In particular, a couple of the Lunch Club volunteers maintained very regular phone contact with isolated elderly members of the Club, which was hugely appreciated by them. Also, the IT support offered to those people in need of assistance was of immense value in enabling them to stay in touch and access online groups.

Thanks to funding from several Coronavirus Support Funds, our finances were able to withstand the change of circumstances in which we found ourselves. We are sincerely grateful to Quartet Community Foundation and to B&NES Council for supporting us over this time. We would also like to say a very special thank you to Mark Roper from Roper Rhodes Bathrooms for his family's most generous support for our work once again this year.

We sincerely hope that we have now reached the end of restricted times such as this and that our next Annual Report will include news of exciting new face-to-face projects in the year ahead.



Additional Information

Contact details

Time Bank Plus Ltd
86 High Street,
Twerton, Bath,
BA2 1DE.

www.timebankplus.co.uk
timebankplus@googlemail.co.uk

01225 442813

Charity no. 1147665
Company no. 6716502

Trustees

Steve Woodcock
Simon Horsman
Duncan McGibbon
Nathan Gale

Company Secretary
Treasurer

Other Management Committee members

June Wentland (Chair)
Jo Salisbury
Krystal Osmond
Rachel Garven
Wendy Elliott
Lynda Brown
Susan Johnson

Structure & Management

The management committee, consisting of the trustees and several other elected or co-opted members, meets approx 6 times per year (and no less than 4 times) to receive operational and financial reports, review progress and do future planning. The management committee are elected each year at the AGM, which is open to all Time Bank members. Up to three other people with relevant skills and experience may be co-opted onto the committee.

Aims & objectives

The overall aim of Time Bank Plus is:

To enhance community involvement and improve health and wellbeing in Bath & NE Somerset

Working particularly with more disadvantaged groups and communities, our specific aims are:

- *to stimulate volunteering within the local community*
- *to enable local people to gain and develop skills and confidence*
- *to enable local people to make healthy & sustainable lifestyle choices*
- *to enhance social involvement and promote understanding between different groups within the local community*
- *to stimulate the provision of volunteer services which help promote independence and improve quality of life*
- *to increase the capacity of people in B&NES to engage in their local community*

We do this by:

- providing a brokered timebanking service, which enables local people to exchange services and skills on the basis of time
- co-ordinating groups and activities which help build community involvement
- providing learning opportunities which enable local people to develop existing skills or gain new ones
- co-ordinating projects which help support healthy lifestyle choices and environmental sustainability
- supporting activities which help to foster understanding between different groups in the local community
- working in creative partnership with other agencies to develop and support community initiatives

Reserves Policy

We aim to keep reserves totalling at least 3 months' total expenditure plus 9 months' rental cost


TIME BANK PLUS

Income & Expenditure Account for Year ended 31st March 2021 (£)

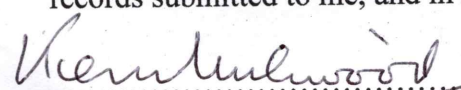
2019/20		2020/21
	<u>Income</u>	
12000.00	Roper Rhodes	12000.00
7348.00	Quartet Community Foundation	14635.00
2132.00	Peoples Health Trust	1066.00
2580.00	Wellbeing College	1160.00
-	B&NES (Covid Recovery)	10000.00
2675.00	Other project funding	2850.08
1684.06	Food Co-op & Lunch Club (net takings)	571.58
959.00	Donations	25.00
12.46	Other income	8.45
<u>29390.52</u>	Total income	<u>42316.11</u>
	<u>Expenditure</u>	
33559.55	Staffing costs	29466.68
743.46	Volunteer expenses	-
1012.50	Rent & services	4093.82
716.09	Insurance	461.06
815.45	Postage, IT & phone	813.15
1859.42	Non-staff project costs	556.45
	Wellbeing College course expenditure	1431.99
386.43	Office supplies & equipment	37.65
228.58	Payroll costs	187.08
668.25	Other expenditure	194.14
<u>39999.73</u>	Total expenditure	<u>37242.02</u>
<u>(10609.21)</u>	Surplus/(Deficit) for the year	<u>5074.09</u>

Balance Sheet at 31st March 2021

2019/20		2020/21
58224.37	Total funds at beginning of year	47615.16
<u>(10609.21)</u>	Surplus/(Deficit) for year	5074.09
<u>47615.16</u>	Total funds at end of year	<u>52689.25</u>
	Represented by:	
47874.62	Cash at Bank	55729.60
<u>(4.21)</u>	Cash in Hand	<u>(40.35)</u>
47870.41		
(267.70)	Less: Sundry creditors	(3000.00)
12.45	Plus: Sundry debtors	-
<u>47615.16</u>		<u>52689.25</u>
14400.16	Restricted funds	17546.00
9900.00	Designated Funds	6900.00
23315.00	Unrestricted funds	28243.25

.....  Board of Management date 20/3/21

I have examined the above accounts, which are in accordance with the books and records submitted to me, and in my opinion they are correct.

.....  Independent Examiner date 01/09/2021


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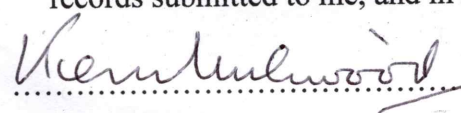
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