

**THE MOVING ON PROJECT**

**Charity No. 1147632**

**Company No. 07764753**

**Trustees' Report and Unaudited Accounts**

**31 March 2024**

## THE MOVING ON PROJECT

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## **THE MOVING ON PROJECT**

### **Trustees Annual Report**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

### **Reference and administrative details**

**Company No. 07764753**

**Charity No. 1147632**

#### **Registered Office**

Xperience  
Trinity Street  
Fareham  
Hampshire  
PO16 7SJ

#### **Directors and Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

M Clarke  
J. Crosby (Appointed 1 February 2024)  
A. Domblides  
S. Hudson  
I. Tucker  
G. Wilson

#### **Accountants**

Eclipse Accountancy Ltd  
Fareham Innovation Centre  
Merlin House, 4 Meteor Way  
Lee on the Solent  
Hampshire  
PO13 9FU

### **Objectives and activities**

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham and Gosport community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

### **Integrity**

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

### **Safety**

We prioritise the safety of our clients, our counsellors and our volunteers always.

### **Community**

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

**T** - Target more funding

**H** - Help more clients

**R** - Reach out to our community

**I** - Inspire young people

**V** - Value our counsellors and staff

**E** - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25.
- Working with children and young people within GP's surgeries, secondary schools and colleges.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

### **Achievements and performance**

In the period between 01 04 2023 and 31 03 2024, we provided 1,673 sessions of counselling for young people, helping 446 young people in our designated area.

### **Material Strategic Changes**

The board of trustees made a number of strategic decisions in the previous financial year to ensure the long-term wellbeing of the charity, these are as follows:

- The Charity will not look to take on any high-risk cases unless a specific exception is granted.
- The Charity will promote and extend its private counselling practice to improve cashflow.
- The Charity will seek to modernise both its service offering and its digital presence ensuring it remains accessible and relevant to young people.

### **Financial review**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three- and six-month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

### **Structure, governance and management**

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document.

There is currently a vacancy in the Trustee Board as we are looking for a Treasurer.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of outsourcing agreements.

### The Chair's Summary

The year has been relatively consistent for the charity with no major changes to its outlook, its performance has remained flat and its financial situation remains reconcilable with previous years. We continue to operate in a challenging environment, with fewer resources needing to be spread across increasingly complex cases. The charity's main concerns are around providing the right support without overstretching our limited resources. The charity has been looking at improving its internal systems, its future talent and its vectors for cashflow.

In addition to this the charity needs to modernise and stay accessible and relevant to the young people we support, and have looked at a range of initiatives and the first will be to overhaul our digital presence in the coming financial year.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

*Matthew Clarke*

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Matthew Clarke (Sat, 14th Sep 2024)  
Signed on behalf of the board

M. Clarke

Trustee

30 August 2024

## THE MOVING ON PROJECT

### Independent Examiners Report

#### Independent Examiner's Report to the trustees of THE MOVING ON PROJECT

I report to the charity trustees on my examination of the financial statements of THE MOVING ON PROJECT for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anouska James (Thu, 22nd Aug 2024

12:38:12 BST)

Anouska James ICAEW

Eclipse Accountancy Ltd

Fareham Innovation Centre

Merlin House, 4 Meteor Way

Lee on the Solent

Hampshire

PO13 9FU

30 August 2024

**THE MOVING ON PROJECT**  
**Statement of Financial Activities**  
**for the year ended 31 March 2024**

|                                                             |              | <b>Unrestricted<br/>funds<br/>2024<br/>£</b> | <b>Restricted<br/>funds<br/>2024<br/>£</b> | <b>Total funds<br/>2024<br/>£</b> | <b>Total funds<br/>2023<br/>£</b> |
|-------------------------------------------------------------|--------------|----------------------------------------------|--------------------------------------------|-----------------------------------|-----------------------------------|
|                                                             | <b>Notes</b> |                                              |                                            |                                   |                                   |
| <b>Income and endowments from:</b>                          |              |                                              |                                            |                                   |                                   |
| Donations and legacies                                      | 4            | 15,474                                       | 58,515                                     | 73,989                            | 84,128                            |
| Charitable activities                                       | 5            | 40,906                                       | -                                          | 40,906                            | 41,305                            |
| Other trading activities                                    | 6            | 15,317                                       | -                                          | 15,317                            | 13,984                            |
| Investments                                                 | 7            | 1,016                                        | -                                          | 1,016                             | 127                               |
| Other                                                       | 8            | -                                            | -                                          | -                                 | 199                               |
| <b>Total</b>                                                |              | <b>72,713</b>                                | <b>58,515</b>                              | <b>131,228</b>                    | <b>139,743</b>                    |
| <b>Expenditure on:</b>                                      |              |                                              |                                            |                                   |                                   |
| Other                                                       | 9            | 53,562                                       | 96,882                                     | 150,444                           | 127,651                           |
| <b>Total</b>                                                |              | <b>53,562</b>                                | <b>96,882</b>                              | <b>150,444</b>                    | <b>127,651</b>                    |
| Net gains on investments                                    |              | -                                            | -                                          | -                                 | -                                 |
| <b>Net (expenditure)/income</b>                             | 10           | <b>19,151</b>                                | <b>(38,367)</b>                            | <b>(19,216)</b>                   | <b>12,092</b>                     |
| Transfers between funds                                     |              | -                                            | -                                          | -                                 | -                                 |
| <b>Net (expenditure)/income before other gains/(losses)</b> |              | <b>19,151</b>                                | <b>(38,367)</b>                            | <b>(19,216)</b>                   | <b>12,092</b>                     |
| <b>Other gains and losses</b>                               |              |                                              |                                            |                                   |                                   |
| <b>Net movement in funds</b>                                |              | <b>19,151</b>                                | <b>(38,367)</b>                            | <b>(19,216)</b>                   | <b>12,092</b>                     |
| <b>Reconciliation of funds:</b>                             |              |                                              |                                            |                                   |                                   |
| Total funds brought forward                                 |              | 53,186                                       | 78,794                                     | 131,980                           | 119,888                           |
| <b>Total funds carried forward</b>                          |              | <b>72,337</b>                                | <b>40,427</b>                              | <b>112,764</b>                    | <b>131,980</b>                    |



**THE MOVING ON PROJECT**  
**Summary Income and Expenditure Account**  
**for the year ended 31 March 2024**

|                                                            | <b>2024</b>            | <b>2023</b>          |
|------------------------------------------------------------|------------------------|----------------------|
|                                                            | <b>£</b>               | <b>£</b>             |
| Income                                                     | 130,212                | 139,616              |
| Interest and investment income                             | 1,016                  | 127                  |
| <b>Gross income for the year</b>                           | <u>131,228</u>         | <u>139,743</u>       |
| Expenditure                                                | 150,369                | 127,465              |
| Depreciation and charges for<br>impairment of fixed assets | 75                     | 186                  |
| <b>Total expenditure for the year</b>                      | <u>150,444</u>         | <u>127,651</u>       |
| Net (expenditure)/income before tax<br>for the year        | (19,216)               | 12,092               |
| <b>Net (expenditure )/income for the year</b>              | <u><u>(19,216)</u></u> | <u><u>12,092</u></u> |

## THE MOVING ON PROJECT

### Balance Sheet

at 31 March 2024

| Company No. 07764753                                   | Notes | 2024<br>£ | 2023<br>£ |
|--------------------------------------------------------|-------|-----------|-----------|
| <b>Fixed assets</b>                                    |       |           |           |
| Tangible assets                                        | 12    | -         | 75        |
|                                                        |       | -         | 75        |
| <b>Current assets</b>                                  |       |           |           |
| Debtors                                                | 13    | 11,599    | 11,205    |
| Cash at bank and in hand                               |       | 106,323   | 126,429   |
|                                                        |       | 117,922   | 137,634   |
| <b>Creditors:</b> Amount falling due within one year   | 14    | (5,158)   | (5,729)   |
| <b>Net current assets</b>                              |       | 112,764   | 131,905   |
| <b>Total assets less current liabilities</b>           |       | 112,764   | 131,980   |
| <b>Net assets excluding pension asset or liability</b> |       | 112,764   | 131,980   |
| <b>Total net assets</b>                                |       | 112,764   | 131,980   |
| <b>The funds of the charity</b>                        |       |           |           |
| <b>Restricted funds</b>                                | 15    |           |           |
| Restricted income funds                                |       | 40,427    | 78,794    |
|                                                        |       | 40,427    | 78,794    |
| <b>Unrestricted funds</b>                              | 15    |           |           |
| General funds                                          |       | 72,337    | 53,186    |
|                                                        |       | 72,337    | 53,186    |
| <b>Reserves</b>                                        | 15    |           |           |
| <b>Total funds</b>                                     |       | 112,764   | 131,980   |

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 30 August 2024

And signed on its behalf by:

*Matthew Clarke*

M. Clarke (Sat, 14th Sep 2024  
9:37:32 BST)  
Trustee

30 August 2024

**THE MOVING ON PROJECT**  
**Statement of Cash flows**  
**for the year ended 31 March 2024**

|                                                                       | <b>2024</b>     | <b>2023</b>    |
|-----------------------------------------------------------------------|-----------------|----------------|
|                                                                       | <b>£</b>        | <b>£</b>       |
| <b>Cash flows from operating activities</b>                           |                 |                |
| <b>Net (expenditure)/income per Statement of Financial Activities</b> | (19,216)        | 12,092         |
| <b>Adjustments for:</b>                                               |                 |                |
| Depreciation of property, plant and equipment                         | 75              | 186            |
| Dividends, interest and rents from investments                        | (1,016)         | (326)          |
| Increase in trade and other receivables                               | (394)           | (2,081)        |
| (Decrease)/Increase in trade and other payables                       | (569)           | 565            |
| <b>Net cash (used in)/provided by operating activities</b>            | <u>(21,120)</u> | <u>10,436</u>  |
| <b>Cash flows from investing activities</b>                           |                 |                |
| Dividends, interest and rents from investments                        | 1,016           | 326            |
| <b>Net cash from investing activities</b>                             | <u>1,016</u>    | <u>326</u>     |
| <b>Net cash from financing activities</b>                             | <u>-</u>        | <u>-</u>       |
| <b>Net (decrease)/increase in cash and cash equivalents</b>           | (20,104)        | 10,762         |
| <b>Cash and cash equivalents at the beginning of the year</b>         | 126,429         | 115,666        |
| <b>Cash and cash equivalents at the end of the year</b>               | <u>106,325</u>  | <u>126,428</u> |
| <b>Components of cash and cash equivalents</b>                        |                 |                |
| Cash and bank balances                                                | 106,323         | 126,429        |
|                                                                       | <u>106,323</u>  | <u>126,429</u> |

## THE MOVING ON PROJECT

### Notes to the Accounts

for the year ended 31 March 2024

#### 1 Accounting policies

##### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

##### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

##### Fund accounting

|                    |                                                                                                                                            |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Unrestricted funds | These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.                        |
| Designated funds   | These are unrestricted funds earmarked by the trustees for particular purposes.                                                            |
| Revaluation funds  | These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values. |
| Restricted funds   | These are available for use subject to restrictions imposed by the donor or through terms of an appeal.                                    |

##### Income

|                                               |                                                                                                                                                                                                                                 |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recognition of income                         | Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability. |
| Income with related expenditure               | Where income has related expenditure the income and related expenditure is reported gross in the SoFA.                                                                                                                          |
| Donations and legacies                        | Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.                                              |
| Tax reclaims on donations and gifts           | Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.                                                                                                                     |
| Donated services and facilities               | These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.                                                              |
| Volunteer help                                | The value of any volunteer help received is not included in the accounts.                                                                                                                                                       |
| Investment income                             | This is included in the accounts when receivable.                                                                                                                                                                               |
| Gains/(losses) on revaluation of fixed assets | This includes any gain or loss resulting from revaluing investments to market value at the end of the year.                                                                                                                     |
| Gains/(losses) on investment assets           | This includes any gain or loss on the sale of investments.                                                                                                                                                                      |

## THE MOVING ON PROJECT

### Notes to the Accounts

#### Expenditure

|                                      |                                                                                                                                                                                                                                                                                 |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recognition of expenditure           | Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.                                                                                                   |
| Expenditure on raising funds         | These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.                                                                                                                                                |
| Expenditure on charitable activities | These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.                                                                                         |
| Grants payable                       | All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.                                                                                                      |
| Governance costs                     | These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs. |
| Other expenditure                    | These are support costs not allocated to a particular activity.                                                                                                                                                                                                                 |

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

|                                  |                      |
|----------------------------------|----------------------|
| Computer Equipment               | 33.33% Straight Line |
| Fixtures, fittings and equipment | 25% Straight Line    |

#### Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

#### Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

#### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### **Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### **Research and development**

Expenditure on research and development is written off in the year in which it is incurred.

#### **Foreign currencies**

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

#### **Leased assets**

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

#### **Pension costs**

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

#### **Receipt of donated goods, facilities and services**

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

# THE MOVING ON PROJECT

## Notes to the Accounts

### 2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

### 3 Statement of Financial Activities - prior year

|                                               | Unrestricted<br>funds<br>2023<br>£ | Restricted<br>funds<br>2023<br>£ | Total funds<br>2023<br>£ |
|-----------------------------------------------|------------------------------------|----------------------------------|--------------------------|
| <b>Income and endowments from:</b>            |                                    |                                  |                          |
| Donations and legacies                        | 9,332                              | 74,796                           | 84,128                   |
| Charitable activities                         | 41,305                             | -                                | 41,305                   |
| Other trading activities                      | 13,984                             | -                                | 13,984                   |
| Investments                                   | 127                                | -                                | 127                      |
| Other                                         | 199                                | -                                | 199                      |
| <b>Total</b>                                  | <b>64,947</b>                      | <b>74,796</b>                    | <b>139,743</b>           |
| <b>Expenditure on:</b>                        |                                    |                                  |                          |
| Other                                         | 91,545                             | 36,106                           | 127,651                  |
| <b>Total</b>                                  | <b>91,545</b>                      | <b>36,106</b>                    | <b>127,651</b>           |
| <b>Net income</b>                             | <b>(26,598)</b>                    | <b>38,690</b>                    | <b>12,092</b>            |
| <b>Net income before other gains/(losses)</b> | <b>(26,598)</b>                    | <b>38,690</b>                    | <b>12,092</b>            |
| <b>Other gains and losses:</b>                |                                    |                                  |                          |
| <b>Net movement in funds</b>                  | <b>(26,598)</b>                    | <b>38,690</b>                    | <b>12,092</b>            |
| <b>Reconciliation of funds:</b>               |                                    |                                  |                          |
| Total funds brought forward                   | 79,784                             | 40,104                           | 119,888                  |
| <b>Total funds carried forward</b>            | <b>53,186</b>                      | <b>78,794</b>                    | <b>131,980</b>           |

### 4 Income from donations and legacies

|           | Unrestricted<br>£ | Restricted<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|-----------|-------------------|-----------------|--------------------|--------------------|
| Donations | 15,474            | 58,515          | 73,989             | 84,128             |
|           | <u>15,474</u>     | <u>58,515</u>   | <u>73,989</u>      | <u>84,128</u>      |

### 5 Income from charitable activities

|                     | Unrestricted<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|---------------------|-------------------|--------------------|--------------------|
| Income from funding | 40,906            | 40,906             | 41,305             |
|                     | <u>40,906</u>     | <u>40,906</u>      | <u>41,305</u>      |

# THE MOVING ON PROJECT

## Notes to the Accounts

### 6 Income from other trading activities

|                     | Unrestricted  | Total<br>2024 | Total<br>2023 |
|---------------------|---------------|---------------|---------------|
|                     | £             | £             | £             |
| Private Counselling | 15,317        | 15,317        | 13,984        |
|                     | <u>15,317</u> | <u>15,317</u> | <u>13,984</u> |

### 7 Income from investments

|                   | Unrestricted | Total<br>2024 | Total<br>2023 |
|-------------------|--------------|---------------|---------------|
|                   | £            | £             | £             |
| Interest received | 1,016        | 1,016         | 127           |
|                   | <u>1,016</u> | <u>1,016</u>  | <u>127</u>    |

### 8 Other income

|             | Total<br>2024 | Total<br>2023 |
|-------------|---------------|---------------|
|             | £             | £             |
| HMRC Grants | -             | 199           |
|             | <u>-</u>      | <u>199</u>    |

### 9 Other expenditure

|                                                                                       | Unrestricted  | Restricted    | Total<br>2024  | Total<br>2023  |
|---------------------------------------------------------------------------------------|---------------|---------------|----------------|----------------|
|                                                                                       | £             | £             | £              | £              |
| Supervision Costs                                                                     | 3,180         | -             | 3,180          | 3,360          |
| Employee costs                                                                        | 25,188        | 93,242        | 118,430        | 99,014         |
| Motor and travel costs                                                                | 5,185         | -             | 5,185          | 3,665          |
| Premises costs                                                                        | 625           | 1,250         | 1,875          | 2,500          |
| Amortisation, depreciation,<br>impairment, profit/loss on<br>disposal of fixed assets | 75            | -             | 75             | 186            |
| General administrative costs                                                          | 14,941        | 2,390         | 17,331         | 14,545         |
| Legal and professional costs                                                          | 4,368         | -             | 4,368          | 4,381          |
|                                                                                       | <u>53,562</u> | <u>96,882</u> | <u>150,444</u> | <u>127,651</u> |

### 10 Net (expenditure)/income before transfers

|                                    | 2024 | 2023 |
|------------------------------------|------|------|
|                                    | £    | £    |
| This is stated after charging:     |      |      |
| Depreciation of owned fixed assets | 75   | 186  |



## THE MOVING ON PROJECT

### Notes to the Accounts

#### 11 Staff costs

|                       | 2024           | 2023          |
|-----------------------|----------------|---------------|
| Salaries and wages    | 112,685        | 95,048        |
| Social security costs | 2,474          | 1,704         |
| Pension costs         | 1,607          | 1,596         |
|                       | <u>116,766</u> | <u>98,348</u> |

No employee received emoluments in excess of £60,000.

#### 12 Tangible fixed assets

|                                        | Computer<br>Equipment | Fixtures,<br>fittings and<br>equipment | Total        |
|----------------------------------------|-----------------------|----------------------------------------|--------------|
|                                        | £                     | £                                      | £            |
| <b>Cost or revaluation</b>             |                       |                                        |              |
| At 1 April 2023                        | -                     | 2,827                                  | 2,827        |
| At 31 March 2024                       | <u>-</u>              | <u>2,827</u>                           | <u>2,827</u> |
| <b>Depreciation and<br/>impairment</b> |                       |                                        |              |
| At 1 April 2023                        | -                     | 2,752                                  | 2,752        |
| Depreciation charge for the<br>year    | -                     | 75                                     | 75           |
| At 31 March 2024                       | <u>-</u>              | <u>2,827</u>                           | <u>2,827</u> |
| <b>Net book values</b>                 |                       |                                        |              |
| At 31 March 2024                       | <u>-</u>              | <u>-</u>                               | <u>-</u>     |
| At 31 March 2023                       | <u>-</u>              | <u>75</u>                              | <u>75</u>    |

#### 13 Debtors

|               | 2024          | 2023          |
|---------------|---------------|---------------|
|               | £             | £             |
| Trade debtors | 11,599        | 11,205        |
|               | <u>11,599</u> | <u>11,205</u> |

#### 14 Creditors:

amounts falling due within one year

|                                 | 2024         | 2023         |
|---------------------------------|--------------|--------------|
|                                 | £            | £            |
| Trade creditors                 | 1,203        | 1,900        |
| Other taxes and social security | 1,736        | 1,620        |
| Other creditors                 | 300          | 288          |
| Accruals                        | 1,919        | 1,921        |
|                                 | <u>5,158</u> | <u>5,729</u> |

# THE MOVING ON PROJECT

## Notes to the Accounts

### 15 Movement in funds

|                                 | At 1 April<br>2023 | Incoming<br>resources<br>(including<br>other<br>gains/losses<br>)<br>£ | Resources<br>expended<br>£ | At 31<br>March<br>2024<br>£ |
|---------------------------------|--------------------|------------------------------------------------------------------------|----------------------------|-----------------------------|
| <b>Restricted funds:</b>        |                    |                                                                        |                            |                             |
| <b>Restricted income funds:</b> |                    |                                                                        |                            |                             |
| Restricted Funds 2023-24        | 78,794             | 58,515                                                                 | (96,882)                   | 40,427                      |
| <i>Total</i>                    | <u>78,794</u>      | <u>58,515</u>                                                          | <u>(96,882)</u>            | <u>40,427</u>               |
| <b>Unrestricted funds:</b>      |                    |                                                                        |                            |                             |
| <b>General funds</b>            | 53,186             | 72,713                                                                 | (53,562)                   | 72,337                      |
| <b>Total funds</b>              | <u>131,980</u>     | <u>131,228</u>                                                         | <u>(150,444)</u>           | <u>112,764</u>              |

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Funds 2023-24      Provision of counselling services

### 16 Analysis of net assets between funds

|                    | Unrestricted<br>funds<br>£ | Total<br>£     |
|--------------------|----------------------------|----------------|
| Net current assets | 112,764                    | 112,764        |
|                    | <u>112,764</u>             | <u>112,764</u> |

### 17 Reconciliation of net debt

|                           | At 1 April<br>2023<br>£ | Cash flows<br>£ | At 31<br>March<br>2024<br>£ |
|---------------------------|-------------------------|-----------------|-----------------------------|
| Cash and cash equivalents | 126,429                 | (20,106)        | 106,323                     |
|                           | <u>126,429</u>          | <u>(20,106)</u> | <u>106,323</u>              |
| Net debt                  | <u>126,429</u>          | <u>(20,106)</u> | <u>106,323</u>              |

18 Commitments

*Operating lease commitments*

Annual commitments under non-cancellable operating leases are as follows:

|                                    | 2024      | 2024  | 2023      | 2023  |
|------------------------------------|-----------|-------|-----------|-------|
|                                    | Land and  | Other | Land and  | Other |
|                                    | buildings |       | buildings |       |
|                                    | £         | £     | £         | £     |
| Operating leases with expiry date: |           |       |           |       |

*Pension commitments*

|                                                        | 2024         | 2023         |
|--------------------------------------------------------|--------------|--------------|
|                                                        | £            | £            |
| The pension cost charge to the company<br>amounted to: | <u>1,607</u> | <u>1,596</u> |

19 Related party disclosures

*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

**THE MOVING ON PROJECT**  
**Detailed Statement of Financial Activities**  
**for the year ended 31 March 2024**

|                                                                             | Unrestricted<br>funds<br>2024<br>£ | Restricted<br>funds<br>2024<br>£ | Total funds<br>2024<br>£ | Total funds<br>2023<br>£ |
|-----------------------------------------------------------------------------|------------------------------------|----------------------------------|--------------------------|--------------------------|
| <b>Income and endowments from:</b>                                          |                                    |                                  |                          |                          |
| Donations and legacies                                                      |                                    |                                  |                          |                          |
| Donations                                                                   | 15,474                             | 58,515                           | 73,989                   | 84,128                   |
|                                                                             | 15,474                             | 58,515                           | 73,989                   | 84,128                   |
| Charitable activities                                                       |                                    |                                  |                          |                          |
| Income from funding                                                         | 40,906                             | -                                | 40,906                   | 41,305                   |
|                                                                             | 40,906                             | -                                | 40,906                   | 41,305                   |
| Other trading activities                                                    |                                    |                                  |                          |                          |
| Private Counselling                                                         | 15,317                             | -                                | 15,317                   | 13,984                   |
|                                                                             | 15,317                             | -                                | 15,317                   | 13,984                   |
| Investments                                                                 |                                    |                                  |                          |                          |
| Interest received                                                           | 1,016                              | -                                | 1,016                    | 127                      |
|                                                                             | 1,016                              | -                                | 1,016                    | 127                      |
| Other                                                                       |                                    |                                  |                          |                          |
| HMRC Grants                                                                 | -                                  | -                                | -                        | 199                      |
|                                                                             | -                                  | -                                | -                        | 199                      |
| <b>Total income and endowments</b>                                          | <b>72,713</b>                      | <b>58,515</b>                    | <b>131,228</b>           | <b>139,743</b>           |
| <b>Expenditure on:</b>                                                      |                                    |                                  |                          |                          |
| Other expenditure                                                           |                                    |                                  |                          |                          |
| Supervision Costs                                                           | 3,180                              | -                                | 3,180                    | 3,360                    |
|                                                                             | 3,180                              | -                                | 3,180                    | 3,360                    |
| Employee costs                                                              |                                    |                                  |                          |                          |
| Salaries/wages                                                              | 19,443                             | 93,242                           | 112,685                  | 95,048                   |
| Employer's NIC                                                              | 2,474                              | -                                | 2,474                    | 1,704                    |
| Pension costs                                                               | 1,607                              | -                                | 1,607                    | 1,596                    |
| Staff training                                                              | 1,664                              | -                                | 1,664                    | 666                      |
|                                                                             | 25,188                             | 93,242                           | 118,430                  | 99,014                   |
| Motor and travel costs                                                      |                                    |                                  |                          |                          |
| Travel and subsistence                                                      | 5,185                              | -                                | 5,185                    | 3,665                    |
|                                                                             | 5,185                              | -                                | 5,185                    | 3,665                    |
| Premises costs                                                              |                                    |                                  |                          |                          |
| Rent                                                                        | 625                                | 1,250                            | 1,875                    | 2,500                    |
|                                                                             | 625                                | 1,250                            | 1,875                    | 2,500                    |
| General administrative costs,<br>including depreciation and<br>amortisation |                                    |                                  |                          |                          |
| Depreciation of Computer<br>Equipment                                       | -                                  | -                                | -                        | -                        |

## THE MOVING ON PROJECT

### Detailed Statement of Financial Activities

|                                                             |               |                 |                 |                |
|-------------------------------------------------------------|---------------|-----------------|-----------------|----------------|
| Depreciation of Fixtures, fittings and equipment            | 75            | -               | 75              | 186            |
| Equipment expensed                                          | 248           | -               | 248             | 1,136          |
| General insurances                                          | 1             | 890             | 891             | 830            |
| Postage and couriers                                        | 28            | -               | 28              | 12             |
| Software, IT support and related costs                      | 9,779         | 1,500           | 11,279          | 8,402          |
| Stationery and printing                                     | 2,056         | -               | 2,056           | 1,633          |
| Subscriptions                                               | 1,191         | -               | 1,191           | 1,530          |
| Sundry expenses                                             | 1,638         | -               | 1,638           | 982            |
| Telephone, fax and broadband                                | -             | -               | -               | 20             |
|                                                             | <u>15,016</u> | <u>2,390</u>    | <u>17,406</u>   | <u>14,731</u>  |
| Legal and professional costs                                |               |                 |                 |                |
| Accountancy and bookkeeping                                 | 4,320         | -               | 4,320           | 4,320          |
| Other legal and professional costs                          | 48            | -               | 48              | 61             |
|                                                             | <u>4,368</u>  | <u>-</u>        | <u>4,368</u>    | <u>4,381</u>   |
| <b>Total of expenditure of other costs</b>                  | <u>53,562</u> | <u>96,882</u>   | <u>150,444</u>  | <u>127,651</u> |
| <b>Total expenditure</b>                                    | <u>53,562</u> | <u>96,882</u>   | <u>150,444</u>  | <u>127,651</u> |
| Net gains on investments                                    | -             | -               | -               | -              |
|                                                             | <u>19,151</u> | <u>(38,367)</u> | <u>(19,216)</u> | <u>12,092</u>  |
| <b>Net (expenditure)/income</b>                             |               |                 |                 |                |
| <b>Net (expenditure)/income before other gains/(losses)</b> | <u>19,151</u> | <u>(38,367)</u> | <u>(19,216)</u> | <u>12,092</u>  |
| Other Gains                                                 | -             | -               | -               | -              |
|                                                             | <u>19,151</u> | <u>(38,367)</u> | <u>(19,216)</u> | <u>12,092</u>  |
| <b>Net movement in funds</b>                                |               |                 |                 |                |
| <b>Reconciliation of funds:</b>                             |               |                 |                 |                |
| Total funds brought forward                                 | 53,186        | 78,794          | 131,980         | 119,888        |
| <b>Total funds carried forward</b>                          | <u>72,337</u> | <u>40,427</u>   | <u>112,764</u>  | <u>131,980</u> |