

THE MOVING ON PROJECT

England & Wales · Charity number 1147632

Details

Status	Registered
Legal form	Charitable company
Company number	07764753
Registered	2012-06-11
Register	View on the Charity Commission register

Contact

Address	163 West Street Fareham Hampshire PO16 0EF
Phone	01329822331
Email	info@the-mop.org
Website	www.themovingonprojectcounselling.co.uk

Activities

Objects: TO RELIEVE SICKNESS AND TO PROMOTE AND PRESERVE GOOD HEALTH AND EDUCATION BY THE PROVISION OF COUNSELLING AND SUPPORT SERVICES FOR YOUNG PEOPLE AND THEIR FAMILIES ACROSS SOUTH-EAST HAMPSHIRE INCLUDING FAREHAM, GOSPORT AND HAVANT BOROUGH COUNCILS AND WITHIN THE BOUNDARIES OF THE CITY OF PORTSMOUTH

Activities: At The Moving On Project our mission is to provide both quality and confidential counselling, which is actionable and sustainable, to support the young people in the Fareham, Gosport, Portsmouth and the surrounding communities and allow them to move forward to their future.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Other Charitable Purposes
- **Who:** Children/young People

Geography

- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£163,875	£134,321	-	-
2024-03-31	£131,228	£150,444	-	-
2023-03-31	£139,743	£127,651	-	-
2022-03-31	£83,765	£89,002	-	-
2021-03-31	£90,774	£101,811	-	-

Trustees

Name	Role	Appointed
Ashleigh Domblides		2022-11-26
Jessica Crosby		2024-02-01
Lisa Gagliani		2025-10-23
MATTHEW CLARKE		2022-06-01
Rachelle Lia		2024-11-20
Stuart McBride		2024-11-20

THE MOVING ON PROJECT

England & Wales - Charity number 1147632

Accounts



**THE MOVING ON PROJECT
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Eclipse Accountancy Ltd
Chartered Accountants
Fareham Innovation Centre
Merlin House
4 Meteor Way, Lee-on-the-Solent
Hampshire
PO13 9FU

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The Moving On Project
Company No. 07764753
Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham, Gosport and Portsmouth community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

Integrity

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety

We prioritise the safety of our clients, our counsellors and our volunteers always.

Community

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

T - Target more funding

H - Help more clients

R - Reach out to our community

I - Inspire young people

V - Value our counsellors and staff

E - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25
- Working with children and young people within GP's surgeries, secondary schools and colleges

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and Performance

Main Achievements

In the period between 31/03/ 2024 and 31/03 /2025, we provided 1576 sessions of counselling for young people.

Counselling offered to 317 young people.

Helped 2,222 young people in our designated area through contacts with parents and young people.

Provided help for 537 young people by signposting and speaking to parents.

Material Strategic Changes

The board of trustees made a number of strategic decisions in the previous financial year to ensure the long-term wellbeing of the charity; these are as follows:

- The Charity will not look to take on any high-risk cases unless a specific exception is granted.
- The Charity will promote and extend its private counselling practice to improve cashflow.
- The Charity will seek to modernise both its service offering and its digital presence ensuring it remains accessible and relevant to young people.

These decisions have not changed and we have seen each of these decision result in the desired outcome. The key outcomes we have measured;

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The Moving On Project Trustees' Report (continued) For The Year Ended 31 March 2025

Material Strategic Changes - continued

- Revenue from private counselling has increased and strengthens the charity fiscal position, this growth in private counselling remains essential to the longevity of the charity and ensuring it remains a viable institution. Between 2024 and 2025 we have seen a 66% increase in private counselling revenue.
- The charity has reduced its exposure to high-risk cases that it is not equipped to deal with and we have seen a reduction in escalations and risk to staff.
- The charity's website has now been delivered, traffic to our site has increased significantly, with work is still needed to improve engagement and improve self-service resources for young people and parents 1490 unique visitors and 22.2k impressions in 2025 the majority of users are already familiar with the charity rather than finding the charity organically.

The focus for 2026 will be to increase organic discovery and improve penetration.

New strategic decision:

- The charity will move to a new office at the start of 2026 and terminate its current lease agreement with Hampshire County Council. This decision has been made due to the charity's growth and increased demand for our services requiring a larger office, and to improve the quality of the facilities our clients exposed to.

Financial Review

Reserves Policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three- and six-month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

Structure, Governance and Management

Material Strategic Changes

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document.

There is currently a vacancy in the Trustee board as we are looking for a Treasurer. This remains the case as with previous years; however 3 new trustees joined us in this period.

This was in line with the charity strategy and the charity has rotated its Board of Trustees in 2025 to ensure new perspectives and experience are brought into the board more introduce a more mature governance framework as the charity grows.

The board of Trustees also review its articles of association and ensured alignment into how it conducts its general meetings and annual meeting.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of outsourcing agreements.

**The Moving On Project
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Reference and Administrative Details

Trustees

Matthew Clarke
Jessica Crosby
Ashleigh Domblides
Stuart McBride (appointed 20/11/2024)
Rachelle Lia (appointed 20/11/2024)
Sarah Hudson (resigned 01/08/2025)
Ian Tucker (resigned 01/04/2025)
George Wilson (resigned 01/04/2025)

Company Secretary

Ashleigh Domblides

Charity Number

1147632

Company Number

07764753

Registered Office

Xperience Youth Centre
Trinity Street
Fareham
Hampshire
PO16 7SJ

Independent Examiner

Anouska James ICAEW
Eclipse Accountancy Ltd
Chartered Accountants
Eclipse Accountancy Ltd
Fareham Innovation Centre, Merlin House
4 Meteor Way, Lee-on-the-Solent
Hampshire
PO13 9FU

**The Moving On Project
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Matthew Clarke (Dec 12, 2025, 9:15am)
Matthew Clarke

Trustee
12th December 2025

The Moving On Project
Independent Examiner's Report to the Trustees of The Moving On Project
For The Year Ended 31 March 2025

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anouska (Dec 11, 2025, 3:33pm)

Anouska James ICAEW

12th December 2025

Eclipse Accountancy Ltd

Fareham Innovation Centre, Merlin House

4 Meteor Way, Lee-on-the-Solent

Hampshire

PO13 9FU

The Moving On Project
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	12,789	96,895	109,684	73,989
Charitable activities:	4				
Private Counselling		12,940	-	12,940	15,317
Other trading activities	5	39,984	-	39,984	40,906
Investments	6	1,267	-	1,267	1,016
		<u>66,980</u>	<u>96,895</u>	<u>163,875</u>	<u>131,228</u>
EXPENDITURE ON:					
Raising funds	8	(74,851)	(56,110)	(130,961)	(147,264)
Charitable activities:	8				
Private Counselling		(800)	(2,560)	(3,360)	(3,180)
		<u>(75,651)</u>	<u>(58,670)</u>	<u>(134,321)</u>	<u>(150,444)</u>
NET INCOME/(EXPENDITURE)		<u>(8,671)</u>	<u>38,225</u>	<u>29,554</u>	<u>(19,216)</u>
NET MOVEMENT IN FUNDS		<u>(8,671)</u>	<u>38,225</u>	<u>29,554</u>	<u>(19,216)</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		72,337	40,427	112,764	131,980
TOTAL FUNDS CARRIED FORWARD	16	<u>63,666</u>	<u>78,652</u>	<u>142,318</u>	<u>112,764</u>

The notes on pages 10 to 15 form part of these financial statements.

The Moving On Project
Comparative Statement of Financial Activities (including Income and Expenditure
Account)
For The Year Ended 31 March 2025

				2024
		Unrestricted funds	Restricted funds	Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	15,474	58,515	73,989
Charitable activities:	4			
Private Counselling		15,317	-	15,317
Other trading activities	5	40,906	-	40,906
Investments	6	1,016	-	1,016
		<u>72,713</u>	<u>58,515</u>	<u>131,228</u>
EXPENDITURE ON:				
Raising funds	8	(50,382)	(96,882)	(147,264)
Charitable activities:	8			
Private Counselling		(3,180)	-	(3,180)
		<u>(53,562)</u>	<u>(96,882)</u>	<u>(150,444)</u>
NET EXPENDITURE		<u>19,151</u>	<u>(38,367)</u>	<u>(19,216)</u>
NET MOVEMENT IN FUNDS		<u>19,151</u>	<u>(38,367)</u>	<u>(19,216)</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		53,186	78,794	131,980
TOTAL FUNDS CARRIED FORWARD	16	<u><u>72,337</u></u>	<u><u>40,427</u></u>	<u><u>112,764</u></u>

The notes on pages 10 to 15 form part of these financial statements.

**The Moving On Project
Balance Sheet
As At 31 March 2025**

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
FIXED ASSETS					
CURRENT ASSETS					
Debtors	13	10,046	-	10,046	11,599
Cash at bank and in hand		141,451	-	141,451	106,323
		151,497	-	151,497	117,922
Creditors: Amounts Falling Due Within One Year	14	(9,179)	-	(9,179)	(5,158)
NET CURRENT ASSETS (LIABILITIES)		142,318	-	142,318	112,764
TOTAL ASSETS LESS CURRENT LIABILITIES		142,318	-	142,318	112,764
NET ASSETS		142,318	-	142,318	112,764
FUNDS OF THE CHARITY					
Restricted Funds				78,652	40,427
Unrestricted Funds				63,666	72,337
TOTAL FUNDS	16			142,318	112,764

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Matthew Clarke (Dec 12, 2025, 9:15am)

Matthew Clarke

Trustee

28th November 2025

The notes on pages 10 to 15 form part of these financial statements.

**The Moving On Project
Cash Flow Statement
For The Year Ended 31 March 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Net cash generated from/(used in) operations	1	33,860	(15,643)
Net cash generated from/(used in) operations		-	(5,477)
Net cash generated from/(used in) operating activities		33,860	(21,120)
Cash flows from investing activities			
Interest received		1,268	1,016
Increase/(decrease) in cash and cash equivalents		35,128	(20,104)
Cash and cash equivalents at beginning of year	2	106,323	126,429
Cash and cash equivalents at end of year	2	141,451	106,325

**The Moving On Project
Notes to the Cash Flow Statement
For The Year Ended 31 March 2025**

1. Reconciliation of income/(expenditure) to cash generated from/(used in) operations

	2025	2024
	£	£
Net income/(expenditure)	29,554	(19,216)
<i>Adjustments for:</i>		
Interest income	(1,267)	(1,016)
Depreciation of tangible assets	-	75
<i>Movements in working capital:</i>		
Decrease in trade and other debtors	1,553	10,811
Increase/(decrease) in trade and other creditors	4,020	(6,297)
Net cash generated from/(used in) operations	<u>33,860</u>	<u>(15,643)</u>

2. Cash and cash equivalents

Cash and cash equivalents, as stated in the Statement of Cash Flows, relates to the following items in the Balance Sheet:

	2025	2024
	£	£
Cash at bank and in hand	<u>141,451</u>	<u>106,323</u>

3. Analysis of changes in net funds

	As at 1 April 2024	Cash flows	As at 31 March 2025
	£	£	£
Cash at bank and in hand	<u>106,323</u>	<u>35,128</u>	<u>141,451</u>

The Moving On Project

Notes to the Financial Statements

For The Year Ended 31 March 2025

1. General Information

The Moving On Project is a company limited by guarantee, incorporated in England & Wales, registered number 07764753 and registered charity number 1147632. The registered office is Xperience Youth Centre, Trinity Street, Fareham, Hampshire, PO16 7SJ.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	25% straight Line
Computer Equipment	33.33% straight line

2.3. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations and gifts	12,789	96,895	109,684
			2024
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	15,474	58,515	73,989

4. Income from Charitable Activities

	2025 Unrestricted funds	2024 Unrestricted funds
	£	£
Private Counselling	12,940	15,317

5. Income from Other Trading Activities

	2025 Unrestricted funds	2024 Unrestricted funds
	£	£
Income from other trading activities	39,984	40,906

The Moving On Project
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

6. Investment Income

2025	2024
Unrestricted funds	Unrestricted funds
£	£
1,267	1,016

Bank interest receivable

7. Net Income/(Expenditure)

The net income/(expenditure) is stated after charging/(crediting):

2025	2024
£	£
-	75

Depreciation of tangible fixed assets - owned

8. Analysis of Expenditure

2025
Support costs
(see note 9)
£
130,961
3,360
134,321

Raising funds

Private Counselling

2024
Support costs
(see note 9)
£
147,264
3,180
150,444

Raising funds

Private Counselling

9. Support Costs

2025
Total
£
106,485
3,125
22,791
1,920
134,321

Employee costs

Premises expenses

General administration

Governance costs

Raising funds	Private Counselling	Total
£	£	£
103,125	3,360	106,485
3,125	-	3,125
22,791	-	22,791
1,920	-	1,920
130,961	3,360	134,321

The Moving On Project
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

			2024
	Raising funds	Private Counselling	Total
	£	£	£
Employee costs	123,615	3,180	126,795
Premises expenses	1,875	-	1,875
General administration	19,779	-	19,779
Depreciation	75	-	75
Governance costs	1,920	-	1,920
	<u>147,264</u>	<u>3,180</u>	<u>150,444</u>

10. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	96,268	112,685
Social security costs	1,717	2,474
Other pension costs	715	1,607
	<u>98,700</u>	<u>116,766</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

11. Average Number of Employees

Average number of employees during the year was: 9 (2024: 10)

12. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 1 April 2024	745	2,083	2,828
As at 31 March 2025	<u>745</u>	<u>2,083</u>	<u>2,828</u>
Depreciation			
As at 1 April 2024	745	2,083	2,828
As at 31 March 2025	<u>745</u>	<u>2,083</u>	<u>2,828</u>
Net Book Value			
As at 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>
As at 1 April 2024	<u>-</u>	<u>-</u>	<u>-</u>

13. Debtors

	2025	2024
	£	£
Due within one year		
Trade debtors	<u>10,046</u>	<u>11,599</u>

The Moving On Project
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

14. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade creditors	5,309	1,202
Other creditors	128	300
Taxation and social security	1,822	1,736
Accruals and deferred income	1,920	1,920
	<u>9,179</u>	<u>5,158</u>

15. Pension Commitments

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £715 (2024: £1,607).

At the balance sheet date contributions of balance sheet were due to the fund and are included in creditors.

16. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	72,337	66,980	(75,651)	63,666
Restricted funds				
Restricted Funds	40,427	96,895	(58,670)	78,652
Total funds	<u>112,764</u>	<u>163,875</u>	<u>(134,321)</u>	<u>142,318</u>

	As at 1 April 2023	Income	Expenditure	As at 31 March 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	53,186	72,713	(53,562)	72,337
Restricted funds				
Restricted Funds	78,794	58,515	(96,882)	40,427
Total funds	<u>131,980</u>	<u>131,228</u>	<u>(150,444)</u>	<u>112,764</u>

17. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

2025	2024
£	£

The Moving On Project
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

18. Related Party Disclosures

There are no related party transactions.

19. Company limited by guarantee

The company is limited by guarantee and has no share capital; thus no single party controls the company.

The Moving On Project
Detailed Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	109,684	73,989
	109,684	73,989
Charitable Activities:		
Private Counselling		
Income from charitable activities	12,940	15,317
	12,940	15,317
Other trading activities		
Income from other trading activities	39,984	40,906
	39,984	40,906
Investments		
Bank interest receivable	1,267	1,016
	1,267	1,016
	163,875	131,228
EXPENDITURE ON:		
Raising funds		
Wages and salaries	(96,268)	(112,685)
Employers NI	(1,717)	(2,474)
Employers pensions - defined contributions scheme	(715)	(1,607)
Staff training	(150)	(1,664)
Travel and subsistence expenses	(4,275)	-
Travel expenses	-	(5,185)
Rent	(3,125)	(1,875)
Computer software, consumables and maintenance	-	(11,279)
Computer software costs	(8,433)	-
Insurance	(928)	(891)
Printing, postage and stationery	(1,908)	(2,056)
Postage	-	(28)
Telecommunications and data costs	(3,852)	-
Accountancy fees	(2,434)	(2,400)
Legal fees	(35)	(48)
Subscriptions	(1,008)	(1,191)
Bank charges	(119)	-
Sundry expenses	(4,074)	(1,886)
Depreciation	-	(75)
Accountancy fees	(1,920)	(1,920)
	(130,961)	(147,264)

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The Moving On Project
Detailed Statement of Financial Activities (including Income and Expenditure Account)
(continued)
For The Year Ended 31 March 2025

Charitable Activities:

Private Counselling

Supervision costs	(3,360)	(3,180)
	<u>(3,360)</u>	<u>(3,180)</u>
	(134,321)	(150,444)
	<u>29,554</u>	<u>(19,216)</u>
NET INCOME/(EXPENDITURE)		

THE MOVING ON PROJECT

England & Wales - Charity number 1147632

Accounts

THE MOVING ON PROJECT

Charity No. 1147632

Company No. 07764753

Trustees' Report and Unaudited Accounts

31 March 2024

THE MOVING ON PROJECT
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THE MOVING ON PROJECT

Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Company No. 07764753

Charity No. 1147632

Registered Office

Xperience
Trinity Street
Fareham
Hampshire
PO16 7SJ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

M Clarke
J. Crosby (Appointed 1 February 2024)
A. Domblides
S. Hudson
I. Tucker
G. Wilson

Accountants

Eclipse Accountancy Ltd
Fareham Innovation Centre
Merlin House, 4 Meteor Way
Lee on the Solent
Hampshire
PO13 9FU

Objectives and activities

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham and Gosport community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

Integrity

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety

We prioritise the safety of our clients, our counsellors and our volunteers always.

Community

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

T - Target more funding

H - Help more clients

R - Reach out to our community

I - Inspire young people

V - Value our counsellors and staff

E - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25.
- Working with children and young people within GP's surgeries, secondary schools and colleges.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

In the period between 01 04 2023 and 31 03 2024, we provided 1,673 sessions of counselling for young people, helping 446 young people in our designated area.

Material Strategic Changes

The board of trustees made a number of strategic decisions in the previous financial year to ensure the long-term wellbeing of the charity, these are as follows:

- The Charity will not look to take on any high-risk cases unless a specific exception is granted.
- The Charity will promote and extend its private counselling practice to improve cashflow.
- The Charity will seek to modernise both its service offering and its digital presence ensuring it remains accessible and relevant to young people.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three- and six-month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document.

There is currently a vacancy in the Trustee Board as we are looking for a Treasurer.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of outsourcing agreements.

The Chair's Summary

The year has been relatively consistent for the charity with no major changes to its outlook, its performance has remained flat and its financial situation remains reconcilable with previous years. We continue to operate in a challenging environment, with fewer resources needing to be spread across increasingly complex cases. The charity's main concerns are around providing the right support without overstretching our limited resources. The charity has been looking at improving its internal systems, its future talent and its vectors for cashflow.

In addition to this the charity needs to modernise and stay accessible and relevant to the young people we support, and have looked at a range of initiatives and the first will be to overhaul our digital presence in the coming financial year.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Matthew Clarke

Matthew Clarke (Sat, 14th Sep 2024)
Signed on behalf of the board

M. Clarke

Trustee

30 August 2024

THE MOVING ON PROJECT

Independent Examiners Report

Independent Examiner's Report to the trustees of THE MOVING ON PROJECT

I report to the charity trustees on my examination of the financial statements of THE MOVING ON PROJECT for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anouska James (Thu, 22nd Aug 2024

12:38:12 BST)

Anouska James ICAEW

Eclipse Accountancy Ltd

Fareham Innovation Centre

Merlin House, 4 Meteor Way

Lee on the Solent

Hampshire

PO13 9FU

30 August 2024

THE MOVING ON PROJECT
Statement of Financial Activities
for the year ended 31 March 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
	Notes				
Income and endowments from:					
Donations and legacies	4	15,474	58,515	73,989	84,128
Charitable activities	5	40,906	-	40,906	41,305
Other trading activities	6	15,317	-	15,317	13,984
Investments	7	1,016	-	1,016	127
Other	8	-	-	-	199
Total		72,713	58,515	131,228	139,743
Expenditure on:					
Other	9	53,562	96,882	150,444	127,651
Total		53,562	96,882	150,444	127,651
Net gains on investments		-	-	-	-
Net (expenditure)/income	10	19,151	(38,367)	(19,216)	12,092
Transfers between funds		-	-	-	-
Net (expenditure)/income before other gains/(losses)		19,151	(38,367)	(19,216)	12,092
Other gains and losses					
Net movement in funds		19,151	(38,367)	(19,216)	12,092
Reconciliation of funds:					
Total funds brought forward		53,186	78,794	131,980	119,888
Total funds carried forward		72,337	40,427	112,764	131,980

THE MOVING ON PROJECT
Summary Income and Expenditure Account
for the year ended 31 March 2024

	2024	2023
	£	£
Income	130,212	139,616
Interest and investment income	1,016	127
Gross income for the year	<u>131,228</u>	<u>139,743</u>
Expenditure	150,369	127,465
Depreciation and charges for impairment of fixed assets	75	186
Total expenditure for the year	<u>150,444</u>	<u>127,651</u>
Net (expenditure)/income before tax for the year	(19,216)	12,092
Net (expenditure)/income for the year	<u><u>(19,216)</u></u>	<u><u>12,092</u></u>

THE MOVING ON PROJECT**Balance Sheet****at 31 March 2024**

Company No. 07764753	Notes	2024	2023
		£	£
Fixed assets			
Tangible assets	12	-	75
		-	75
Current assets			
Debtors	13	11,599	11,205
Cash at bank and in hand		106,323	126,429
		117,922	137,634
Creditors: Amount falling due within one year	14	(5,158)	(5,729)
Net current assets		112,764	131,905
Total assets less current liabilities		112,764	131,980
Net assets excluding pension asset or liability		112,764	131,980
Total net assets		112,764	131,980
The funds of the charity			
Restricted funds	15		
Restricted income funds		40,427	78,794
		40,427	78,794
Unrestricted funds	15		
General funds		72,337	53,186
		72,337	53,186
Reserves	15		
Total funds		112,764	131,980

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 30 August 2024

And signed on its behalf by:

Matthew Clarke

M. Clarke (Sat, 14th Sep 2024
9:37:32 BST)
Trustee

30 August 2024

THE MOVING ON PROJECT
Statement of Cash flows
for the year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(19,216)	12,092
Adjustments for:		
Depreciation of property, plant and equipment	75	186
Dividends, interest and rents from investments	(1,016)	(326)
Increase in trade and other receivables	(394)	(2,081)
(Decrease)/Increase in trade and other payables	(569)	565
Net cash (used in)/provided by operating activities	<u>(21,120)</u>	<u>10,436</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	1,016	326
Net cash from investing activities	<u>1,016</u>	<u>326</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(20,104)	10,762
Cash and cash equivalents at the beginning of the year	126,429	115,666
Cash and cash equivalents at the end of the year	<u>106,325</u>	<u>126,428</u>
Components of cash and cash equivalents		
Cash and bank balances	106,323	126,429
	<u>106,323</u>	<u>126,429</u>

THE MOVING ON PROJECT

Notes to the Accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

THE MOVING ON PROJECT

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Computer Equipment	33.33% Straight Line
Fixtures, fittings and equipment	25% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

THE MOVING ON PROJECT

Notes to the Accounts

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income and endowments from:			
Donations and legacies	9,332	74,796	84,128
Charitable activities	41,305	-	41,305
Other trading activities	13,984	-	13,984
Investments	127	-	127
Other	199	-	199
Total	64,947	74,796	139,743
Expenditure on:			
Other	91,545	36,106	127,651
Total	91,545	36,106	127,651
Net income	(26,598)	38,690	12,092
Net income before other gains/(losses)	(26,598)	38,690	12,092
Other gains and losses:			
Net movement in funds	(26,598)	38,690	12,092
Reconciliation of funds:			
Total funds brought forward	79,784	40,104	119,888
Total funds carried forward	53,186	78,794	131,980

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Donations	15,474	58,515	73,989	84,128
	<u>15,474</u>	<u>58,515</u>	<u>73,989</u>	<u>84,128</u>

5 Income from charitable activities

	Unrestricted £	Total 2024 £	Total 2023 £
Income from funding	40,906	40,906	41,305
	<u>40,906</u>	<u>40,906</u>	<u>41,305</u>

THE MOVING ON PROJECT

Notes to the Accounts

6 Income from other trading activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
Private Counselling	15,317	15,317	13,984
	<u>15,317</u>	<u>15,317</u>	<u>13,984</u>

7 Income from investments

	Unrestricted	Total 2024	Total 2023
	£	£	£
Interest received	1,016	1,016	127
	<u>1,016</u>	<u>1,016</u>	<u>127</u>

8 Other income

	Total 2024	Total 2023
	£	£
HMRC Grants	-	199
	<u>-</u>	<u>199</u>

9 Other expenditure

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Supervision Costs	3,180	-	3,180	3,360
Employee costs	25,188	93,242	118,430	99,014
Motor and travel costs	5,185	-	5,185	3,665
Premises costs	625	1,250	1,875	2,500
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	75	-	75	186
General administrative costs	14,941	2,390	17,331	14,545
Legal and professional costs	4,368	-	4,368	4,381
	<u>53,562</u>	<u>96,882</u>	<u>150,444</u>	<u>127,651</u>

10 Net (expenditure)/income before transfers

	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	75	186

THE MOVING ON PROJECT

Notes to the Accounts

11 Staff costs

	2024	2023
Salaries and wages	112,685	95,048
Social security costs	2,474	1,704
Pension costs	1,607	1,596
	<u>116,766</u>	<u>98,348</u>

No employee received emoluments in excess of £60,000.

12 Tangible fixed assets

	Computer Equipment	Fixtures, fittings and equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2023	-	2,827	2,827
At 31 March 2024	<u>-</u>	<u>2,827</u>	<u>2,827</u>
Depreciation and impairment			
At 1 April 2023	-	2,752	2,752
Depreciation charge for the year	-	75	75
At 31 March 2024	<u>-</u>	<u>2,827</u>	<u>2,827</u>
Net book values			
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2023	<u>-</u>	<u>75</u>	<u>75</u>

13 Debtors

	2024	2023
	£	£
Trade debtors	11,599	11,205
	<u>11,599</u>	<u>11,205</u>

14 Creditors:

amounts falling due within one year

	2024	2023
	£	£
Trade creditors	1,203	1,900
Other taxes and social security	1,736	1,620
Other creditors	300	288
Accruals	1,919	1,921
	<u>5,158</u>	<u>5,729</u>

THE MOVING ON PROJECT

Notes to the Accounts

15 Movement in funds

	At 1 April 2023	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2024 £
Restricted funds:				
Restricted income funds:				
Restricted Funds 2023-24	78,794	58,515	(96,882)	40,427
<i>Total</i>	<u>78,794</u>	<u>58,515</u>	<u>(96,882)</u>	<u>40,427</u>
Unrestricted funds:				
General funds	53,186	72,713	(53,562)	72,337
Total funds	<u>131,980</u>	<u>131,228</u>	<u>(150,444)</u>	<u>112,764</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Funds 2023-24 Provision of counselling services

16 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	112,764	112,764
	<u>112,764</u>	<u>112,764</u>

17 Reconciliation of net debt

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash and cash equivalents	126,429	(20,106)	106,323
	<u>126,429</u>	<u>(20,106)</u>	<u>106,323</u>
Net debt	<u>126,429</u>	<u>(20,106)</u>	<u>106,323</u>

18 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2024	2024	2023	2023
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£

Operating leases with expiry date:

Pension commitments

	2024	2023
	£	£
The pension cost charge to the company amounted to:	1,607	1,596

19 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

THE MOVING ON PROJECT
Detailed Statement of Financial Activities
for the year ended 31 March 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:				
Donations and legacies				
Donations	15,474	58,515	73,989	84,128
	15,474	58,515	73,989	84,128
Charitable activities				
Income from funding	40,906	-	40,906	41,305
	40,906	-	40,906	41,305
Other trading activities				
Private Counselling	15,317	-	15,317	13,984
	15,317	-	15,317	13,984
Investments				
Interest received	1,016	-	1,016	127
	1,016	-	1,016	127
Other				
HMRC Grants	-	-	-	199
	-	-	-	199
Total income and endowments	72,713	58,515	131,228	139,743
Expenditure on:				
Other expenditure				
Supervision Costs	3,180	-	3,180	3,360
	3,180	-	3,180	3,360
Employee costs				
Salaries/wages	19,443	93,242	112,685	95,048
Employer's NIC	2,474	-	2,474	1,704
Pension costs	1,607	-	1,607	1,596
Staff training	1,664	-	1,664	666
	25,188	93,242	118,430	99,014
Motor and travel costs				
Travel and subsistence	5,185	-	5,185	3,665
	5,185	-	5,185	3,665
Premises costs				
Rent	625	1,250	1,875	2,500
	625	1,250	1,875	2,500
General administrative costs, including depreciation and amortisation				
Depreciation of Computer Equipment	-	-	-	-

THE MOVING ON PROJECT

Detailed Statement of Financial Activities

Depreciation of Fixtures, fittings and equipment	75	-	75	186
Equipment expensed	248	-	248	1,136
General insurances	1	890	891	830
Postage and couriers	28	-	28	12
Software, IT support and related costs	9,779	1,500	11,279	8,402
Stationery and printing	2,056	-	2,056	1,633
Subscriptions	1,191	-	1,191	1,530
Sundry expenses	1,638	-	1,638	982
Telephone, fax and broadband	-	-	-	20
	<u>15,016</u>	<u>2,390</u>	<u>17,406</u>	<u>14,731</u>
Legal and professional costs				
Accountancy and bookkeeping	4,320	-	4,320	4,320
Other legal and professional costs	48	-	48	61
	<u>4,368</u>	<u>-</u>	<u>4,368</u>	<u>4,381</u>
Total of expenditure of other costs	<u>53,562</u>	<u>96,882</u>	<u>150,444</u>	<u>127,651</u>
Total expenditure	<u>53,562</u>	<u>96,882</u>	<u>150,444</u>	<u>127,651</u>
Net gains on investments	-	-	-	-
	<u>19,151</u>	<u>(38,367)</u>	<u>(19,216)</u>	<u>12,092</u>
Net (expenditure)/income				
Net (expenditure)/income before other gains/(losses)	<u>19,151</u>	<u>(38,367)</u>	<u>(19,216)</u>	<u>12,092</u>
Other Gains	-	-	-	-
	<u>19,151</u>	<u>(38,367)</u>	<u>(19,216)</u>	<u>12,092</u>
Net movement in funds				
Reconciliation of funds:				
Total funds brought forward	53,186	78,794	131,980	119,888
Total funds carried forward	<u>72,337</u>	<u>40,427</u>	<u>112,764</u>	<u>131,980</u>

THE MOVING ON PROJECT

England & Wales - Charity number 1147632

Accounts

THE MOVING ON PROJECT

Charity No. 1147632

Company No. 07764753

Trustees' Report and Unaudited Accounts

31 March 2023

THE MOVING ON PROJECT
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THE MOVING ON PROJECT

Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Company No. 07764753

Charity No. 1147632

Registered Office

Xperience
Trinity Street
Fareham
Hampshire
PO16 7SJ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

M. Clarke

A. Domblides (Appointed 26 November 2022)

S. Hudson

I. Tucker

G. Wilson

F. Wood (Resigned 7 September 2022)

Accountants

Eclipse Accountancy Ltd
Fareham Innovation Centre
Merlin House, 4 Meteor Way
Lee on the Solent
Hampshire
PO13 9FU

Objectives and activities

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham and Gosport community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

Integrity

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety

We prioritise the safety of our clients, our counsellors and our volunteers always.

Community

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

- T** - Target more funding
- H** - Help more clients
- R** - Reach out to our community
- I** - Inspire young people
- V** - Value our counsellors and staff
- E** - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25.
- Working with children and young people within GP's surgeries, secondary schools and colleges.

We have not been directly impacted by the war in Ukraine but remain aware of the distressing impact on young people and exposure to violence, radicalisation and misinformation on social media.

Achievements and performance

In the period between 01 04 2022 and 31 03 2023, we provided 1,742 sessions of counselling for young people, helping 398 young people in our designated area.

War in Ukraine

We have not been directly impacted by the war in Ukraine but remain aware of the distressing impact on young people and exposure to violence, radicalisation and misinformation on social media.

War in Israel-Gaza

We have not been directly impacted by the war in Israel-Gaza but remain aware of the distressing impact on young people and exposure to violence, radicalisation and misinformation on social media.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three- and six-month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document.

One new Trustees joined the board during the year, with one Trustee departing. Bringing the total number of Trustees to 5 at the end of the financial year. A secretary was also appointed from the Trustees. There are currently no vacancies in the Trustee board.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of outsourcing agreements.

The Chair's Summary

We have a lot to be grateful for in 2023, with fantastic support from our corporate partners, winning key funds and the relentless work of our staff. We continue to have a positive and lasting impact on young people in our community. With our key performance milestones remaining high across counselling, mental health and the confidence young people place in the charity.

Our financial position remains consistent with previous years, although we continue to seek new funding opportunities. We remain confident and optimistic about the charity, but we are concerned by wider trends across public funding for health services and the continued rise in cases being referred to the charity.

The Trustees' report was approved by the Board of Trustees.



Matthew Clarke (Dec 12, 2023, 5:52pm)

M. Clarke

Dated: 30 November 2023

THE MOVING ON PROJECT

Independent Examiners Report

Independent Examiner's Report to the trustees of THE MOVING ON PROJECT

I report to the charity trustees on my examination of the financial statements of THE MOVING ON PROJECT for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anouska (Dec 12, 2023, 3:04pm)

Anouska James ICAEW
Eclipse Accountancy Ltd
Fareham Innovation Centre
Merlin House, 4 Meteor Way
Lee on the Solent
Hampshire
PO13 9FU
30 November 2023

THE MOVING ON PROJECT
Statement of Financial Activities
for the year ended 31 March 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
	Notes				
Income and endowments from:					
Donations and legacies	4	9,332	74,796	84,128	87,529
Charitable activities	5	41,305	-	41,305	39,008
Other trading activities	6	13,984	-	13,984	11,264
Investments	7	127	-	127	8
Other	8	199	-	199	400
Total		64,947	74,796	139,743	138,209
Expenditure on:					
Other	9	91,545	36,106	127,651	103,342
Total		91,545	36,106	127,651	103,342
Net gains on investments		-	-	-	-
Net income	10	(26,598)	38,690	12,092	34,867
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		(26,598)	38,690	12,092	34,867
Other gains and losses					
Net movement in funds		(26,598)	38,690	12,092	34,867
Reconciliation of funds:					
Total funds brought forward		79,784	40,104	119,888	85,021
Total funds carried forward		53,186	78,794	131,980	119,888

THE MOVING ON PROJECT
Summary Income and Expenditure Account
for the year ended 31 March 2023

	2023	2022
	£	£
Income	139,616	138,201
Interest and investment income	127	8
Gross income for the year	<u>139,743</u>	<u>138,209</u>
Expenditure	127,465	102,563
Depreciation and charges for impairment of fixed assets	186	779
Total expenditure for the year	<u>127,651</u>	<u>103,342</u>
Net income before tax for the year	12,092	34,867
Net income for the year	<u>12,092</u>	<u>34,867</u>

THE MOVING ON PROJECT**Balance Sheet****at 31 March 2023**

Company No. 07764753	Notes	2023	2022
		£	£
Fixed assets			
Tangible assets	12	75	261
		<u>75</u>	<u>261</u>
Current assets			
Debtors	13	11,205	9,124
Cash at bank and in hand		126,429	115,666
		<u>137,634</u>	<u>124,790</u>
Creditors: Amount falling due within one year	14	(5,729)	(5,163)
Net current assets		131,905	119,627
Total assets less current liabilities		<u>131,980</u>	<u>119,888</u>
Net assets excluding pension asset or liability		131,980	119,888
Total net assets		<u>131,980</u>	<u>119,888</u>
The funds of the charity			
Restricted funds	15		
Restricted income funds		78,794	40,104
		<u>78,794</u>	<u>40,104</u>
Unrestricted funds	15		
General funds		53,186	79,784
		<u>53,186</u>	<u>79,784</u>
Reserves	15		
Total funds		<u>131,980</u>	<u>119,888</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 30 November 2023

And signed on its behalf by:



Matthew Clarke (Dec 12, 2023, 5:52pm)

Trustee

30 November 2023

1 Accounting policies**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

THE MOVING ON PROJECT

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Computer Equipment	33.33% Straight Line
Fixtures, fittings and equipment	25% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

THE MOVING ON PROJECT

Notes to the Accounts

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	33,085	54,444	87,529
Charitable activities	39,008	-	39,008
Other trading activities	11,264	-	11,264
Investments	8	-	8
Other	400	-	400
Total	83,765	54,444	138,209
Expenditure on:			
Other	89,002	14,340	103,342
Total	89,002	14,340	103,342
Net income	(5,237)	40,104	34,867
Net income before other gains/(losses)	(5,237)	40,104	34,867
Other gains and losses:			
Net movement in funds	(5,237)	40,104	34,867
Reconciliation of funds:			
Total funds brought forward	85,021	-	85,021
Total funds carried forward	79,784	40,104	119,888

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Donations	9,332	74,796	84,128	87,529
	9,332	74,796	84,128	87,529

5 Income from charitable activities

	Unrestricted £	Total 2023 £	Total 2022 £
Income from funding	41,305	41,305	39,008
	41,305	41,305	39,008

THE MOVING ON PROJECT

Notes to the Accounts

6 Income from other trading activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Private Counselling	13,984	13,984	11,264
	<u>13,984</u>	<u>13,984</u>	<u>11,264</u>

7 Income from investments

	Unrestricted	Total 2023	Total 2022
	£	£	£
Interest received	127	127	8
	<u>127</u>	<u>127</u>	<u>8</u>

8 Other income

	Unrestricted	Total 2023	Total 2022
	£	£	£
HMRC Grants	199	199	400
	<u>199</u>	<u>199</u>	<u>400</u>

9 Other expenditure

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Supervision Costs	1,230	2,130	3,360	1,890
Employee costs	70,056	28,958	99,014	82,902
Motor and travel costs	3,279	386	3,665	1,362
Premises costs	1,340	1,160	2,500	3,125
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	186	-	186	779
General administrative costs	11,073	3,472	14,545	10,541
Legal and professional costs	4,381	-	4,381	2,743
	<u>91,545</u>	<u>36,106</u>	<u>127,651</u>	<u>103,342</u>

10 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	186	779

THE MOVING ON PROJECT

Notes to the Accounts

11 Staff costs

	2023	2022
Salaries and wages	95,048	79,805
Social security costs	1,704	303
Pension costs	1,596	1,371
	<u>98,348</u>	<u>81,479</u>

No employee received emoluments in excess of £60,000.

12 Tangible fixed assets

	Computer Equipment	Fixtures, fittings and equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2022	-	2,827	2,827
At 31 March 2023	<u>-</u>	<u>2,827</u>	<u>2,827</u>
Depreciation and impairment			
At 1 April 2022	-	2,566	2,566
Depreciation charge for the year	-	186	186
At 31 March 2023	<u>-</u>	<u>2,752</u>	<u>2,752</u>
Net book values			
At 31 March 2023	<u>-</u>	<u>75</u>	<u>75</u>
At 31 March 2022	<u>-</u>	<u>261</u>	<u>261</u>

13 Debtors

	2023	2022
	£	£
Trade debtors	11,205	90
Prepayments and accrued income	-	9,034
	<u>11,205</u>	<u>9,124</u>

14 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Trade creditors	1,900	1,743
Other taxes and social security	1,620	1,233
Other creditors	288	267
Accruals	1,921	1,920
	<u>5,729</u>	<u>5,163</u>

15 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2023 £
Restricted funds:				
Restricted income funds:				
Restricted Funds 2022-23	40,104	74,796	(36,106)	78,794
<i>Total</i>	<u>40,104</u>	<u>74,796</u>	<u>(36,106)</u>	<u>78,794</u>
Unrestricted funds:				
General funds	79,784	64,947	(91,545)	53,186
Total funds	<u>119,888</u>	<u>139,743</u>	<u>(127,651)</u>	<u>131,980</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Funds 2022-23 Provision of counselling services

16 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	75	75
Net current assets	131,905	131,905
	<u>131,980</u>	<u>131,980</u>

17 Reconciliation of net debt

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash and cash equivalents	115,666	10,763	126,429
	<u>115,666</u>	<u>10,763</u>	<u>126,429</u>
Net debt	<u>115,666</u>	<u>10,763</u>	<u>126,429</u>

18 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2023	2023	2022	2022
	Land and buildings	Other	Land and buildings	Other
	£	£	£	£
Operating leases with expiry date:				
Within one year	-	-	-	2,500
	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,500</u>

Pension commitments

	2023	2022
	£	£
The pension cost charge to the company amounted to:	1,596	1,371
	<u>1,596</u>	<u>1,371</u>

19 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

THE MOVING ON PROJECT
Detailed Statement of Financial Activities
for the year ended 31 March 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies				
Donations	9,332	74,796	84,128	87,529
	<u>9,332</u>	<u>74,796</u>	<u>84,128</u>	<u>87,529</u>
Charitable activities				
Income from funding	41,305	-	41,305	39,008
	<u>41,305</u>	<u>-</u>	<u>41,305</u>	<u>39,008</u>
Other trading activities				
Private Counselling	13,984	-	13,984	11,264
	<u>13,984</u>	<u>-</u>	<u>13,984</u>	<u>11,264</u>
Investments				
Interest received	127	-	127	8
	<u>127</u>	<u>-</u>	<u>127</u>	<u>8</u>
Other				
HMRC Grants	199	-	199	400
	<u>199</u>	<u>-</u>	<u>199</u>	<u>400</u>
Total income and endowments	64,947	74,796	139,743	138,209
Expenditure on:				
Other expenditure				
Supervision Costs	1,230	2,130	3,360	1,890
	<u>1,230</u>	<u>2,130</u>	<u>3,360</u>	<u>1,890</u>
Employee costs				
Salaries/wages	66,756	28,292	95,048	79,805
Employer's NIC	1,704	-	1,704	303
Pension costs	1,596	-	1,596	1,371
Staff training	-	666	666	456
Staff welfare	-	-	-	967
	<u>70,056</u>	<u>28,958</u>	<u>99,014</u>	<u>82,902</u>
Motor and travel costs				
Travel and subsistence	3,279	386	3,665	1,362
	<u>3,279</u>	<u>386</u>	<u>3,665</u>	<u>1,362</u>
Premises costs				
Rent	1,340	1,160	2,500	3,125
	<u>1,340</u>	<u>1,160</u>	<u>2,500</u>	<u>3,125</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Computer Equipment	-	-	-	-

THE MOVING ON PROJECT

Detailed Statement of Financial Activities

Depreciation of Fixtures, fittings and equipment	186	-	186	779
Equipment expensed	480	656	1,136	-
General insurances	830	-	830	810
Postage and couriers	12	-	12	10
Software, IT support and related costs	7,133	1,269	8,402	8,205
Stationery and printing	1,488	145	1,633	821
Subscriptions	300	1,230	1,530	-
Sundry expenses	830	152	982	655
Telephone, fax and broadband	-	20	20	40
	<u>11,259</u>	<u>3,472</u>	<u>14,731</u>	<u>11,320</u>
Legal and professional costs				
Accountancy and bookkeeping	4,320	-	4,320	2,695
Other legal and professional costs	61	-	61	48
	<u>4,381</u>	<u>-</u>	<u>4,381</u>	<u>2,743</u>
Total of expenditure of other costs	<u>91,545</u>	<u>36,106</u>	<u>127,651</u>	<u>103,342</u>
Total expenditure	<u>91,545</u>	<u>36,106</u>	<u>127,651</u>	<u>103,342</u>
Net gains on investments	-	-	-	-
	<u>(26,598)</u>	<u>38,690</u>	<u>12,092</u>	<u>34,867</u>
Net income				
Net income before other gains/(losses)	<u>(26,598)</u>	<u>38,690</u>	<u>12,092</u>	<u>34,867</u>
Other Gains	-	-	-	-
	<u>(26,598)</u>	<u>38,690</u>	<u>12,092</u>	<u>34,867</u>
Net movement in funds				
Reconciliation of funds:				
Total funds brought forward	79,784	40,104	119,888	85,021
Total funds carried forward	<u>53,186</u>	<u>78,794</u>	<u>131,980</u>	<u>119,888</u>

THE MOVING ON PROJECT

England & Wales - Charity number 1147632

Accounts

THE MOVING ON PROJECT

Charity No. 1147632

Company No. 07764753

Trustees' Report and Unaudited Accounts

31 March 2022

THE MOVING ON PROJECT
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THE MOVING ON PROJECT

Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Company No. 07764753

Charity No. 1147632

Registered Office

Xperience
Trinity Street
Fareham
Hampshire
PO16 7SJ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year and at the date of signature:

T. Abbott	(Resigned 14 July 2021)
M. Clarke	(Appointed 22 June 2022)
A. Donnell	(Resigned 9 November 2021)
S. Hudson	
L. Nixon	(Resigned 26 January 2022)
S. Pankhurst	(Resigned 27 January 2022)
I. Tucker	(Appointed 1 September 2021)
G. Wilson	(Appointed 14 July 2022)
F. Wood	(Resigned 7 September 2022)

Accountants

Eclipse Accountancy Ltd
Fareham Innovation Centre
Merlin House, 4 Meteor Way
Lee on the Solent
Hampshire
PO13 9FU

THE MOVING ON PROJECT

Trustees Annual Report continued

Objectives and activities

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the city of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham and Gosport community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do.

Integrity

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety

We prioritise the safety of our clients, our counsellors and our volunteers always.

Community

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

T - Target more funding

H - Help more clients

R - Reach out to our community

I - Inspire young people

V - Value our counsellors and staff

E - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25
- Working with children and young people within GP's surgeries, secondary schools and colleges

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

In the period between 31 03 2021 and 31 03 2022, we provided 1,703 sessions of counselling for young people, helping 351 young people in our designated area.

Covid-19

While Covid-19 has provided some further challenges, we are optimistic that we are well placed to deal with this and any other issues that we may face going forwards.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied those systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Moving on Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving on Project uses seeks to follow the Charity Commission document. There are currently no vacancies in the Trustee board.

The Moving on Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of the outsourcing agreement.

The Chair's Summary

It continues to be a tumultuous and difficult environment for the charity to operate within. The rising pressures on the NHS and the increasing cost of living are placing a strain on our communities and exacerbate mental health issues people are dealing with every day.

The demands on organisations like ours continue to grow and our ability to meet that demand becomes more challenging each year. Our ability to support young people in the area continues to be my primary concern and we are looking at ways we can enable and empower our staff and the charity to meet this growing need.

Our presence with the Solent area continues to grow as we enter more schools, more communities and support more family's and individuals with their mental health needs. I am optimistic about the future of the charity and its ability to remain resilient in an uncertain economic future.

It is through the tireless goodwill and passion of our staff that we are able to achieve so much and it is entirely through them that we can continue our vital work. I thank them for that dedication and on behalf of every young person they help I am forever grateful.

The Trustees' report was approved by the Board of Trustees.



Matt Clarke (Dec 8, 2022, 10:31am)

M. Clarke

Dated: 07 December 2022

THE MOVING ON PROJECT

Independent Examiners Report

Independent Examiner's Report to the trustees of THE MOVING ON PROJECT

I report to the charity trustees on my examination of the financial statements of THE MOVING ON PROJECT for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Anouska James

Anouska (Dec 8, 2022, 10:29am)

Anouska James

ICAEW

Eclipse Accountancy Ltd

Fareham Innovation Centre

Merlin House, 4 Meteor Way

Lee on the Solent

Hampshire

PO13 9FU

07 December 2022

THE MOVING ON PROJECT
Statement of Financial Activities
for the year ended 31 March 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments					
from:					
Donations and legacies	3	33,085	54,444	87,529	11,735
Charitable activities	4	39,008	-	39,008	76,137
Other trading activities	5	11,264	-	11,264	-
Investments	6	8	-	8	151
Other	7	400	-	400	2,750
Total		83,765	54,444	138,209	90,773
Expenditure on:					
Other	8	89,002	14,340	103,342	101,810
Total		89,002	14,340	103,342	101,810
Net gains on investments		-	-	-	-
Net income/(expenditure)	9	(5,237)	40,104	34,867	(11,037)
Transfers between funds		-	-	-	-
Net income/(expenditure) before other gains/(losses)		(5,237)	40,104	34,867	(11,037)
Other gains and losses					
Net movement in funds		(5,237)	40,104	34,867	(11,037)
Reconciliation of funds:					
Total funds brought forward		85,021	-	85,021	96,058
Total funds carried forward		79,784	40,104	119,888	85,021

THE MOVING ON PROJECT
Summary Income and Expenditure Account
for the year ended 31 March 2022

	2022	2021
	£	£
Income	138,201	90,623
Interest and investment income	8	151
Gross income for the year	<u>138,209</u>	<u>90,774</u>
Expenditure	102,563	100,931
Depreciation and charges for impairment of fixed assets	779	880
Total expenditure for the year	<u>103,342</u>	<u>101,811</u>
Net income/(expenditure) before tax for the year	34,867	(11,037)
Net income /(expenditure) for the year	<u><u>34,867</u></u>	<u><u>(11,037)</u></u>

THE MOVING ON PROJECT**Balance Sheet**

at 31 March 2022

Company No. 07764753	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	11	261	1,040
		<u>261</u>	<u>1,040</u>
Current assets			
Debtors	12	9,124	9,650
Cash at bank and in hand		115,666	103,883
		<u>124,790</u>	<u>113,533</u>
Creditors: Amount falling due within one year	13	(5,163)	(29,552)
Net current assets		<u>119,627</u>	<u>83,981</u>
Total assets less current liabilities		<u>119,888</u>	<u>85,021</u>
Net assets excluding pension asset or liability		<u>119,888</u>	<u>85,021</u>
Total net assets		<u>119,888</u>	<u>85,021</u>
The funds of the charity			
Restricted funds	14		
Restricted income funds		40,104	-
		<u>40,104</u>	<u>-</u>
Unrestricted funds	14		
General funds		79,784	85,021
		<u>79,784</u>	<u>85,021</u>
Reserves	14		
Total funds		<u>119,888</u>	<u>85,021</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 07 December 2022

And signed on its behalf by:



Matt Clarke (Dec 8, 2022, 10:31am)

M. Clarke

Trustee

07 December 2022

1 Accounting policies**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

THE MOVING ON PROJECT

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Computer Equipment	33.33% Straight Line
Fixtures, fittings and equipment	25% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the charity's cash management.

Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.

Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from donations and legacies

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Donations	33,085	54,444	87,529	11,735
	<u>33,085</u>	<u>54,444</u>	<u>87,529</u>	<u>11,735</u>

4 Income from charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Income from funding	39,008	39,008	76,137
	<u>39,008</u>	<u>39,008</u>	<u>76,137</u>

5 Income from other trading activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Private Counselling	11,264	11,264	-
	<u>11,264</u>	<u>11,264</u>	<u>-</u>

6 Income from investments

	Unrestricted	Total 2022	Total 2021
	£	£	£
Interest received	8	8	151
	<u>8</u>	<u>8</u>	<u>151</u>

7 Other income

	Unrestricted	Total 2022	Total 2021
	£	£	£
HMRC Grants	400	400	2,750
	<u>400</u>	<u>400</u>	<u>2,750</u>

THE MOVING ON PROJECT

Notes to the Accounts

8 Other expenditure

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Supervision Costs	-	1,890	1,890	1,550
Employee costs	74,691	8,211	82,902	83,589
Motor and travel costs	153	1,209	1,362	170
Premises costs	2,813	312	3,125	1,875
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	779	-	779	880
General administrative costs	7,823	2,718	10,541	11,370
Legal and professional costs	2,743	-	2,743	2,376
	<u>89,002</u>	<u>14,340</u>	<u>103,342</u>	<u>101,810</u>

9 Net income/(expenditure) before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	779	880

10 Staff costs

	2022	2021
Salaries and wages	79,805	82,337
Social security costs	303	729
Pension costs	1,371	-
	<u>81,479</u>	<u>83,066</u>

No employee received emoluments in excess of £60,000.

11 Tangible fixed assets

	Computer Equipment	Fixtures, fittings and equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2021	-	2,827	2,827
At 31 March 2022	-	2,827	2,827
Depreciation and impairment			
At 1 April 2021	-	1,787	1,787
Depreciation charge for the year	-	779	779
At 31 March 2022	-	2,566	2,566
Net book values			
At 31 March 2022	-	261	261
At 31 March 2021	-	1,040	1,040

THE MOVING ON PROJECT

Notes to the Accounts

12 Debtors

	2022	2021
	£	£
Trade debtors	90	410
Prepayments and accrued income	9,034	9,240
	<u>9,124</u>	<u>9,650</u>

13 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Trade creditors	1,743	499
Other taxes and social security	1,233	7,785
Other creditors	267	-
Accruals	1,920	1,800
Deferred income	-	19,468
	<u>5,163</u>	<u>29,552</u>

14 Movement in funds

	At 1 April 2021	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2022 £
Restricted funds:				
Restricted income funds:				
Restricted Funds 2021-22	-	54,444	(14,340)	40,104
<i>Total</i>	<u>-</u>	<u>54,444</u>	<u>(14,340)</u>	<u>40,104</u>
Unrestricted funds:				
General funds	85,021	83,765	(89,002)	79,784
Total funds	<u>85,021</u>	<u>138,209</u>	<u>(103,342)</u>	<u>119,888</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Funds 2021-22 Provision of counselling services

15 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	261	261
Net current assets	119,627	119,627
	<u>119,888</u>	<u>119,888</u>

16 Reconciliation of net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash and cash equivalents	103,883	11,783	115,666
	<u>103,883</u>	<u>11,783</u>	<u>115,666</u>
Net debt	<u>103,883</u>	<u>11,783</u>	<u>115,666</u>

17 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2022 Land and buildings £	2022 Other £	2021 Land and buildings £	2021 Other £
Operating leases with expiry date:				
Within one year	-	2,500	-	2,500
In the second to fifth years inclusive	-	-	-	2,500
	<u>-</u>	<u>2,500</u>	<u>-</u>	<u>5,000</u>

Pension commitments

	2022 £	2021 £
The pension cost charge to the charity amounted to:	<u>1,371</u>	<u>-</u>

18 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

THE MOVING ON PROJECT

England & Wales - Charity number 1147632

Accounts

Charity Registration No. 1147632

Company Registration No. 07764753 (England and Wales)

THE MOVING ON PROJECT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

THE MOVING ON PROJECT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A Donnell	
	S Hudson	
	J Wood	
	L Nixon	(Appointed 9 April 2020)
	S Pankhurst	(Appointed 2 September 2020)
Secretary	T Abbott	
Charity number	1147632	
Company number	07764753	
Registered office	Xperience Trinity Street Fareham Hampshire PO16 7SJ	
Independent examiner	Fiander Tovell Limited Stag Gates House 63/64 The Avenue Southampton Hampshire SO17 1XS	

THE MOVING ON PROJECT

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THE MOVING ON PROJECT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's memorandum and articles, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The charity's objects are to relieve sickness and to promote and preserve good health and education by the provision of counselling and support services for young people and their families across South East Hampshire including Fareham, Gosport and Havant Borough Councils and within the boundaries of the City of Portsmouth. The charity helps young people aged 11 to 25.

Our vision for The Moving on Project is to improve the emotional health and wellbeing of young people aged between 11 and 25 in South-East Hampshire, Fareham and Gosport in order that they can achieve their full potential.

Our mission at The Moving on Project is to provide quality, confidential counselling which is actionable and sustainable to support the young people in the Fareham and Gosport community move forward to their future.

We pride ourselves on our values at The Moving on Project and these are at the heart of everything we do:

Integrity

We deliver the highest standards of professional and ethical behaviour, and value transparency and honesty in our communications, relationships and actions, whilst maintaining confidentiality.

Safety

We prioritise the safety of our clients, our counsellors and our volunteers always.

Community

We want to have a positive impact on our community. For years our community has protected and looked out for one another. At a time when we are becoming less connected, the power of the community has never been more important.

We have created a simple message that potential Trustees can get behind to give the strategic desired outcome.

T - Target more funding

H - Help more clients

R - Reach out to our community

I - Inspire young people

V - Value our counsellors and staff

E - Ensure longevity of the charity

The charity achieves its objectives by:

- Offering one-to-one counselling and group work for young people aged from 11 to 25
- Working with children and young people within GP's surgeries, secondary schools and colleges

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

THE MOVING ON PROJECT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

In the period between 1 April 2020 and 31 March 2021, we provided 991 sessions of counselling for young people, helping 230 young people in our designated area.

Covid-19

While Covid-19 has provided some further challenges, we are optimistic that we are well placed to deal with this and any other issues that we may face going forwards.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee and has no share capital. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

T Abbott	(Resigned 14 July 2021)
A Donnell	
S Hudson	
D Pointon	(Resigned 21 July 2020)
Z Vernham	(Resigned 1 January 2021)
J Wood	
L Nixon	(Appointed 9 April 2020)
S Pankhurst	(Appointed 2 September 2020)

The Moving On Project is committed to having a diverse and active Trustee board. The Trustee recruitment, selection and induction process that The Moving On Project uses seeks to follow the Charity Commission document. There are currently no vacancies in the Trustee board.

The Moving On Project's Board of Trustees ultimately make all decisions on behalf of the charity. They meet regularly to discuss aspects of the charity's work, make decisions and monitor the delivery of the outsourcing agreement.

THE MOVING ON PROJECT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

The Chair's Summary

It has been an incredibly challenging year for all those involved with the charity, not only for our staff who have worked admirably in these difficult times but for those young people who require our support. Our people have gone over and above to ensure we have been able to provide the consistently good service that TMOP has become known for. Our whole operation has shifted from one of in person face to face intervention to online. The way in which the teams were able to in such a timely fashion and continue to provide full service has been truly impressive.

Funding cuts continue and we have had to work harder than ever to find income to ensure we can deliver our services. Significant progress has been made in grant applications and we expect this to continue for the forthcoming year.

I am delighted to see our presence increase across all social media platforms and significant progress has been made in gaining more exposure for TMOP. We want to ensure we keep the impetus on this and have exciting plans to ensure these efforts are magnified moving forward.

As I enter my final period as Chair and take the chance to reflect, I am positive that the charity can continue to grow and am hopeful with the expected increase in counsellors that we are able to help and support more young people than ever. I would like to thank our staff and our trustees for all their efforts and hope like me they can see what an important part of the community TMOP has become.

The Trustees' report was approved by the Board of Trustees.



.....
A Donnell

Dated: 3/8/2021 | 15:13 BST
.....

THE MOVING ON PROJECT

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE MOVING ON PROJECT

I report to the Trustees on my examination of the financial statements of The Moving On Project (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Fiander Tovell Limited



Stag Gates House
63/64 The Avenue
Southampton
Hampshire
SO17 1XS

Dated: 11/8/2021 | 12:47 BST

THE MOVING ON PROJECT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Unrestricted funds 2020 £
<u>Income from:</u>			
Donations and legacies	2	32,724	27,896
Charitable activities	3	57,899	51,982
Investments	4	151	36
Total income		<u>90,774</u>	<u>79,914</u>
<u>Expenditure on:</u>			
Charitable activities	5	<u>101,811</u>	<u>100,779</u>
Net expenditure for the year/ Net movement in funds		(11,037)	(20,865)
Fund balances at 1 April 2020		<u>96,058</u>	<u>116,918</u>
Fund balances at 31 March 2021		<u><u>85,021</u></u>	<u><u>96,053</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE MOVING ON PROJECT

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	9		1,040		1,920
Current assets					
Debtors	10	9,650		22,584	
Cash at bank and in hand		103,883		77,702	
		<u>113,533</u>		<u>100,286</u>	
Creditors: amounts falling due within one year	11	<u>(29,552)</u>		<u>(6,153)</u>	
Net current assets			83,981		94,133
Total assets less current liabilities			<u>85,021</u>		<u>96,053</u>
Income funds					
Unrestricted funds			85,021		96,053
			<u>85,021</u>		<u>96,053</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 3/8/2021 | 15:13 BST



A Donnell
Trustee

Company Registration No. 07764753

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

The Moving On Project is a private company limited by guarantee incorporated in England and Wales. The registered office is Xperience, Trinity Street, Fareham, Hampshire, PO16 7SJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future, even in light of Covid-19. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants receivable are allocated to accounting periods on the basis of which amounts are claimed from funders. This predominantly relates to the incurring of expenditure. This year, grant income also includes amounts received under the Coronavirus Job Retention Scheme.

Income is deferred if the funder has expressly stated that grants are to be applied to future accounting periods, or if there is some expectation from the funder that amounts in connection with the grant should be repaid in future periods.

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to transfer resources. All costs have been directly attributed to one of the functional categories of resources in the SOFA. Expenditure subject to VAT which is not recoverable is shown inclusive of VAT.

Apportionment of costs across headings of the SOFA is carried out in relation to claims for grant funding. A method based on the allocation of staff time is used for revenue expenditure on direct project activities, premises management and administration. As far as possible, depreciation costs are apportioned to either to project activities or premises costs using appropriate apportionment criteria. Costs are allocated to the governance category where they cannot be clearly allocated to project activities or are of a strategic nature e.g. insurance and legal expenses.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	10,236	19,802
Grants	22,488	8,094
	<u>32,724</u>	<u>27,896</u>

Included within grants is £2,750 of income received under the Coronavirus Job Retention Scheme (2020: £nil).

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

3 Charitable activities

	Charitable activities 2021 £	Charitable activities 2020 £
Charitable activities	57,899	51,982

Charitable trading income

In both 2021 and 2020, £nil of the income from charitable activities was restricted.

4 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Investment income	151	36

5 Charitable activities

	Charitable Activities 2021 £	Charitable Activities 2020 £
Activities directly undertaken	88,623	88,641
Share of support costs (see note 6)	10,186	9,196
Share of governance costs (see note 6)	3,002	2,942
	101,811	100,779

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

6 Support costs

	Support costs £	Governance costs £	2021 £	Support costs £	Governance costs £	2020 £
Depreciation	880	-	880	694	-	694
General expenses	641	-	641	579	-	579
Computer expenses	8,665	-	8,665	7,923	-	7,923
Finance admin	-	2,363	2,363	-	2,355	2,355
Insurance	-	639	639	-	587	587
	<u>10,186</u>	<u>3,002</u>	<u>13,188</u>	<u>9,196</u>	<u>2,942</u>	<u>12,138</u>
Analysed between Charitable activities	<u>10,186</u>	<u>3,002</u>	<u>13,188</u>	<u>9,196</u>	<u>2,942</u>	<u>12,138</u>

7 Trustees

None of the Trustees received any remuneration during the year or reimbursement for personal expenses.

No Trustees were reimbursed for expenses incurred on behalf of the charity (2020 - Two for £858).

During the year, a Trustee made an unrestricted donation of £150 (2020 - £130).

8 Employees

The average monthly number of employees during the year was:

2021 Number	2020 Number
<u>8</u>	<u>9</u>

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

9 Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost			
At 1 April 2020	744	2,083	2,827
At 31 March 2021	744	2,083	2,827
Depreciation and impairment			
At 1 April 2020	324	583	907
Depreciation charged in the year	186	694	880
At 31 March 2021	510	1,277	1,787
Carrying amount			
At 31 March 2021	234	806	1,040
At 31 March 2020	1,920	-	1,920

10 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Trade debtors	410	7,390
Prepayments and accrued income	9,240	15,194
	9,650	22,584

11 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Other taxation and social security		7,785	-
Deferred income	12	19,468	-
Trade creditors		499	4,353
Accruals and deferred income		1,800	1,800
		29,552	6,153

12 Deferred income

	2021 £	2020 £
Other deferred income	19,468	-

THE MOVING ON PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

13 Related party transactions

There were no disclosable related party transactions during the year, other than those included in Note 7.

14 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments which fall due as follows:

	2021 £	2020 £
Within one year	2,500	2,500
Between two and five years	2,500	5,000
	<u>5,000</u>	<u>7,500</u>