



# **TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 DECEMBER 2023**

**FOR  
THE POLICE TREATMENT CENTRES**

**Charity Number: 1147449**

**Scottish Charity Number: SC043396**

**Company Number: 07822534**



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## Welcome from our Chair, Liam Kelly

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The Police Treatment Centres is a much-needed lifeline Charity for Serving and Retired Police Officers and Staff from across the United Kingdom. In both our residential sites in Harrogate and Auchterarder, donors will receive world class physiotherapy and psychological treatment in a safe, relaxing, and secure environment.

Over the past five years in my role as Chair, it has been a real privilege to be actively involved in the strategic side of that support and expand the remit of the Charity, ensuring it remains relevant in the Policing Landscape. With the encouragement of my fellow trustees and the ongoing commitment of our wonderful staff, we are collectively striving to maintain and enhance our position as a Centre of Excellence. 2023 was another innovative year for The Police Treatment Centres. We continued our partnership with Police Care UK to deliver an Intensive Trauma Treatment Service Pilot, to help Officers living with Complex-PTSD. During 2023 we launched our wellbeing programmes for retired officers together with a new programme to support women's health.

We recognise the importance of working in partnership with other organisations and in 2023 we continued to work collaboratively with Thrive and National Health Police Care to ensure officers receive the best care possible.

The Charity is constantly adapting to changes and the associated requirements in the policing world to ensure it is responsive and remains as fit for purpose as it can be. From January 2024 Police staff will now be eligible to sign up and receive treatment as we move to be a totally inclusive Charity. During 2024 the Charity will be working on its digital strategy in order to better communicate with donors and improve the services and support we provide to you.

However, the infrastructure, support and services are primarily reliant upon maintaining a strong donor base. It is a reality that currently around 50% of those eligible within the various Police Services choose not to donate, and so they cannot readily access the first-class treatment offered by the PTC. Therefore, I would ask that you encourage your fellow colleagues that choose not donate to sign up, especially those in newer eligible roles.

In addition, I would also urge Officers to attend the Centres when they need it, and not suffer ill health throughout their careers. Invariably, the very nature of policing duties will unfortunately result in them, at some point in their career, needing the essential support and treatment interventions we can offer.



# A Force for Promoting & Improving Health & Wellbeing

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## PTC Vision

To establish the PTC as a Centre of Excellence delivering class leading treatment for our Police Family patients for their physical and psychological injuries, conditions and illnesses.

## PTC Mission Statement

The PTC will provide timely and effective treatment and support for our Police Family Patients in order to improve their health, fitness and wellbeing.

## PTC Values

- ▶ To put our Patients and their needs at the core of everything we do.
- ▶ To put the Serving Police Family at the centre of our work and support Retired Officers where capacity allows.
- ▶ To strive for excellence in the quality of our facilities, care and treatments.
- ▶ We seek to nurture a working environment where colleagues feel valued and experience an atmosphere of mutual respect and absolute integrity in relationships.



# Physiotherapy Programme

## 2,399

Physiotherapy patients treated in 2023. Including inpatient and residential and virtual outpatients



In 2023, the Physiotherapy Teams across both Centres, exceeded their patient treatment numbers on 2022 by 16%; treating 2,399 patients. The teams continue to treat patients on a residential basis but also increased their virtual and residential outpatient activity. Outpatient delivery across both sites equated to a total of 576 hours of physiotherapy.

## 16%

Increase on total number of physio patients treated in 2022

In 2023, the team launched a split week treatment pathway. This enables patients to split their residential two week stay over a period of three months. This is ideal for those that could not commit to a two week block, but also for those who may benefit clinically from split weeks.

## 40

Patients treated on our new Online Women's Health Pathway



In 2023 the team launched the Online Women's Health Programme. The programme provides officers with access to fitness, nutrition and wellbeing advice from a multidisciplinary team of professionals with expertise in women's health. Over 90% of these appointments have been for support relating to menopause and peri-menopause. This has proved a valuable resource, with expansion of the programme planned for 2024.



# Psychological Wellbeing Programme

In 2023, a total of 1,031 patients attended our Psychological Wellbeing Programme (PWP), Wellbeing Days and Breaks. The primary objective of the PWP is to equip Serving and Retired Officers with the knowledge to recognise signs of mild to moderate anxiety and depression. It also aims to provide treatment options and management strategies to deal with these symptoms in both personal and professional settings.

The two-week residential PWP has consistently yielded positive clinical outcomes, as evidenced by patients demonstrating symptom improvement and enhanced familiarity with the tools and techniques available for post-treatment self-care.

Our Harrogate team has maintained a productive collaboration with Police Care UK, facilitating the delivery of the Intensive Trauma Service Programmes onsite.

Participants in our PWP have been granted access to the Thrive App, a comprehensive mental health support platform. In 2023, 367 patients downloaded the app with 180 engaging regularly with its resources. Notably, 84% of users sought additional assistance through therapy or referrals.



# 1,031

Patients treated through our Psychological Wellbeing Programme, wellbeing days and breaks.

***“These two weeks will forever stay with me and I’m grateful for the whole programme and caring staff.”***



# 367

Patients downloaded the Thrive App following their treatment at the PTC

**TRUSTEES' REPORT AND CONSOLIDATED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**FOR**

**THE POLICE TREATMENT CENTRES**

**Charity Number: 1147449  
Scottish Charity Number: SC043396  
Company Number: 07822534**

## THE POLICE TREATMENT CENTRES

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Charity Number:</b>	1147449
<b>Scottish Charity Number:</b>	SC043396
<b>Company Number:</b>	07822534
<b>Business Address:</b>	St. Andrews Harlow Moor Road Harrogate HG2 0AD
<b>Registered Office:</b>	St. Andrews Harlow Moor Road Harrogate HG2 0AD
<b>Auditor:</b>	TC Group Registered Auditors 6 Queen Street Leeds LS1 2TW
<b>Bankers:</b>	Barclays Bank Plc 25 James Street Harrogate HG1 1QX
<b>Investment Advisors:</b>	Cazenove Capital Management 12 Moorgate London EC2R 6DA



**THE POLICE TREATMENT CENTRES**  
**TRUSTEES' REPORT**  
**(Including Directors' Report and Strategic Report)**  
**For the Year Ended 31 December 2023**

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, submit their Annual Report and audited accounts for The Police Treatment Centres (the Company) for the year ended 31 December 2022. The Trustees confirm that the Annual Report and financial statements comply with current statutory requirements. The principal site and registered office for the Charity is St Andrews, Harlow Moor Road, Harrogate, HG2 0AD.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**a. Constitution**

The Police Treatment Centres was registered as an Incorporated charity on 25 October 2011 and commenced trading on 1 January 2013. On 1 January 2013 the trade and assets, not restricted by permanent endowment, of the Northern Police Convalescent and Treatment Centres were transferred to The Police Treatment Centres at fair market value. The Police Treatment Centres has been granted a linking order between the two Charities to enable consolidated accounts to be prepared. The Police Treatment Centres, therefore, acts as the corporate trustee of the existing charity. The Northern Police Convalescent and Treatment Centres remains registered with the Charities commission (1147449-1).

The Police Treatment Centres is registered as a charitable company limited by guarantee, Charity Commission number 1147449 and OSCR SC043396 and was set up by a Trust deed and is governed by the Memorandum and Articles of Association. The governing documents were last reviewed on 8 August 2016.

The principal objective of The Police Treatment Centres is contained in the Memorandum and Articles of Association as follows:-

- i. The Charity's objects are specifically restricted to the advancement of health and the relief of those in need by reason of ill health, disability or other disadvantage and the promotion of the efficiency and effectiveness of the Police Service for the public benefit in particular but not limited to:
- ii. Provide treatment and/or facilities for ill or injured police officers to support their return to better health and wellbeing;
- iii. Provide treatment, at the Trustees' discretion and where capacity allows, for retired police officers and police cadets who are ill or injured to support their return to better health and wellbeing;
- iv. Provide treatment, at the Trustees' discretion and where capacity allows, in significant and unique cases to members of a policing organisation who are ill or injured to support their return to better health and wellbeing;

**Organisational Structure**

The Charity is run by Trustees (Directors of the Company) which are elected from the following organisations:

- i. Six Trustees appointed by the National Police Chiefs' Council of England, Wales and Northern Ireland (NPCC);
- ii. One Trustee appointed by the Scottish Chief Police Officers' Staff Association (SCPOSA);
- iii. Two Trustees appointed by the Police Superintendents' Association of England and Wales (PSAEW);
- iv. One Trustee appointed by the Association of Scottish Police Superintendents (ASPS);
- v. One Trustee appointed by the Superintendents' Association of Northern Ireland (SANI);
- vi. Six Trustees appointed by the Police Federation of England and Wales (PFEW), of whom at the date of their appointment two are to be Police Inspectors, two are to be Police Sergeants and two are to be Police Constables;
- vii. Three Trustees appointed by the Scottish Police Federation (SPF) of whom at the date of their appointment one is to be a Police Inspector, one is to be a Police Sergeant and one is to be a Police Constable;
- viii. One Trustee appointed jointly by the Police Federations of the British Transport Police, Civil Nuclear Constabulary and the Ministry of Defence Police;
- ix. Three Trustees appointed by the Police Federation of Northern Ireland (PFNI) of whom at the date of their appointment one is to be a Police Inspector, one is to be a Police Sergeant and one is to be a Police Constable; and
- x. Up to six Co-Opted Trustees at any one time who are appointed by the Trustees.

The Charity amended its articles which were approved in March 2022 to remove the rank from the federation representatives to enable the appointment of the trustee who has the best skills to deliver the aims of the Charity.

**THE POLICE TREATMENT CENTRES**

**TRUSTEES' REPORT**  
(Including Directors' Report and Strategic Report)  
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The current membership is as follows:

Name	Force	Appointment Date PTC	Termination Date
L Kelly (Chair)	Police Service of Northern Ireland	09/04/2015	
R Wood (Vice chair)	Police Service of Scotland	08/04/2021	
C Bentley	West Yorkshire	28/08/2023	
M Davis	Co-opted	19/05/2017	
A Freeburn	Police Service of Scotland	03/04/2024	
M Hamilton	Co-opted	19/02/2024	
R Hay	Police Service of Scotland	18/10/2022	
C Irvine	Durham	25/01/2022	
B Jones	Police Service of Scotland	16/02/2022	
S Kennedy	Merseyside	24/11/2022	
A Lees	Co-Opted (NARPO)	02/08/2016	
M Marshallsay	British Transport Police	01/09/2022	
G McGrath	Police Service of Northern Ireland	31/07/2023	
K Meynell	Derbyshire	25/04/2022	
R Murray	Cleveland	01/01/2022	
L Poultney	South Yorkshire	18/01/2024	
T Purcell	Police Service of Northern Ireland	16/07/2018	
J Robins	West Yorkshire	16/08/2016	
A Shaw	Police Service of Scotland	12/07/2022	
D Simpson	Northumbria Police	14/03/2018	
J Skelton	Nottinghamshire	12/05/2016	
E Aldred	North Yorkshire	07/12/2021	16/03/2023
R Dutton	Co-opted	21/11/2013	22/01/2024
A Grandison (Vice Chair)	West Yorkshire	22/09/2014	31/12/2023
I Magee	Police Service of Northern Ireland	16/03/2022	05/05/2023
D Murphy	Police Superintendents' Association	02/11/2017	14/02/2024
L Winward	North Yorkshire	21/07/2016	31/12/2023

#### Trustee Induction and Training

With the increasing size and complexity of The Police Treatment Centres it is important that the Trustees have the necessary skills and experience to both fulfil their legal duties and also ensure that the appropriate management and internal controls are in place for the charity's efficient running. The Trustees review both their membership and their performance regularly and training or professional advice is used as appropriate.

When a new Trustee is appointed they have an induction meeting with the Chief Executive. This covers all the activities of the Charity, future strategy and their legal responsibilities and duties. An annual Trustee Training Day was run for the Trustees by an external trainer in June 2023. Further appropriate training is organised if required.

The charity appointed Patrick Cairns to the position of Chief Executive (CEO) in June 2014. The CEO is appointed to manage the day-to-day running of the organisation and provide support to the Trustees in the strategic direction. To discharge this function the CEO works closely with his senior management team. The senior management team consists of Peter Moore (Chief Finance Manager), Fiona Warrington (Human Resources Manager), Mark Oxley (Head of Clinical Services) and Andy Malcolm (Executive Officer Scotland). In the year Mark Oxley was replaced by Sarah Ward.



**THE POLICE TREATMENT CENTRES**  
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The Trustees have the following sub-committees to assist their operation:

**Finance and Human Resources Committee**

This committee meets on a quarterly basis and oversees financial performance and human resources issues.

**Investment Sub-Committee**

This sub-committee meets twice a year to oversee the performance of the investment portfolio and its managers.

**Public Benefit**

The Police Treatment Centres is a charity working for serving and retired police officers. The Trustees confirm they have referred to the guidance contained in the Charity Commission's general guidance on Public Benefit when reviewing the Charity's aims and objectives and in planning future activities.

All our charitable activities focus on improving the health and wellbeing of serving and retired police officers and are undertaken to further our charitable purposes for public benefit.

Our objects and funding limit the services provided to serving and retired police officers in the North of England, North Wales, Scotland and Northern Ireland as well as British Transport Police, the Civil Nuclear Constabulary and the Ministry of Defence Police. The number of serving police officers in this catchment area is now approximately 88,000 and the number of police officers making the voluntary donation is around 45,000 (the number of eligible retired police officers is likely to be similar). During 2023, The Police Treatment Centres provide residential support for 3,310 beneficiaries (this figure includes 320 wellbeing weekends).

Demand for services is prioritised firstly to serving police officers who have a clinical need which is endorsed by a medical practitioner and is also based on an assessment by the charity's physiotherapy and nursing teams. PCSOs, Special Constables and Custody Detention Officers are now being routinely treated.

Every officer in the charity's catchment area is eligible to apply for treatment. The eligibility policy is available from the website ([www.thepolicetreatmentcentres.org](http://www.thepolicetreatmentcentres.org)).

Further information about the direct beneficiaries of the charity's services is provided in the Annual Report. However, the impact of the charity's work goes beyond those helped directly and includes reducing the distress suffered by families and friends of the injured and ill officers, through to a positive impact on the efficiency of police forces within the charity's catchment areas.

The main areas of charitable activity are the provision of intensive physiotherapy treatment; fitness and strength classes; psychological support together with advice and education.

**THE POLICE TREATMENT CENTRES**  
**TRUSTEES' REPORT**  
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**Strategic Report**

**Financial and Operational Review 2023**

The Police Treatment Centres has posted strong financial results for 2023 despite the war in Ukraine and the cost of living crisis. The total operating surplus for the Charity in 2023 from unrestricted and endowed funds was £145,315 which was a decrease from 2022 where the operating surplus was £747,580.

These outcomes were in line with financial predictions with the surplus mainly resulting from a number of restricted grants which were spent in the year on capital items.

In 2013, the Charity set up a lottery, initially aimed predominantly at retired officers although it is open to all officers and this has proved to be successful. The gross income from the lottery during the year was £113,767. This was in line with predictions and is a result of the marketing of the lottery and participants who see the value in supporting the Charity.

The total funds on the balance sheet increased from £32,191,273 in 2022 to £32,394,573 in 2023.

Whilst it appears the Charity has significant funds, it must be emphasised that the majority of this relates to the property owned and occupied by the Charity and used to deliver treatment. The breakdown from the total funds is as follows:

- i. £6,494,804 is the value of the property at Castlebrae in Auchterarder, Perthshire;
- ii. £12,610,462 is the value of the property at St Andrews in Harrogate, North Yorkshire. This property is classified as being permanently endowed;
- iii. £1,737,783 is the value of other tangible fixed assets;
- iv. £4,592,411 is the value of our investments at the end of the year; the Charity requires these assets as they generate dividends which support the running costs of the Charity;
- v. This leaves a balance of £6,959,113 of unrestricted assets which represents just over one year's running costs of the Charity.

**Investment Income**

During the year the Charity increased its investment income from £179,843 to £410,510. The vast majority of this increase was a result of the Charity taking advantage of high interest rates and generating £230,474 in treasury management compared to £37,904 in 2022.

**Support Costs**

Support costs (including governance costs) increased from £822,203 to £904,581.

**Cash Flow**

There was a net cash inflow of £219,738 during the year.



**THE POLICE TREATMENT CENTRES**  
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**Achievement and Performance Indicators**

2023 was an extremely positive year with the charity fully open and retaining some of the benefits obtained through COVID such as online treatments. The Charity also continued to use the Thrive app for psychological wellbeing programme and it has now become a key feature of the support provided.

2023 was the first full year of operating without restrictions and the Charity treated 3,310 residential patients. Of these, 2,502 were serving officers who attended either the Physiotherapy Programme or the Psychological Wellbeing Programme which, when the cost benefit ratio calculated by the Robert Gordon University is applied, resulted in the forces in the charity's constituent forces benefiting to the value of £23.77million.

During 2023 the Charity continued its partnership with Police Care In providing the facilities and support for Intensive Trauma courses aimed at treating officers with PTSD. The courses have provided excellent results and will hopefully continue.

In 2023 the Charity launched an Online Women's Health Programme. The programme provides officers with access to fitness, nutrition and wellbeing advice from a multidisciplinary team of professionals. Over 90% of appointments have been for support relating to menopause and peri-menopause. This has provided a valuable resource and it is anticipated that demand will increase during 2024.

During 2021 the Charity invested funds in an App developed by Thrive. This is the only App used for the support of mental health that is endorsed by the NHS. The App has now become an important component of the Psychological Wellbeing Programme.

In August 2015, the Trustees of the Charity decided to ask retired officers to donate to remain eligible for free treatment (subject to clinical need). During 2023 the Charity implemented a wellbeing course specifically for retired officers which has been well received. The impact of retired officers donating continues to be extremely positive with well over 9,000 retired officers now signed up as donors and the income generated during 2023 was £600,000.

The patient feedback after treatment at both Centres remains extremely positive with 95% reporting positively on items ranging from the treatment received to the facilities and food. The comments on treatment range from returning patients to better physical health and better psychological health all the way to saying it has genuinely saved their life.

The Charity measures its internal performance and some of the KPI's are listed below:

- 92% of all officers were offered their first date for treatment within two weeks of their application being received at The Police Treatment Centres;
- Occupancy across both sites was 80%; (this is based on the number of places available);
- Sickness by PTC employees in the Charity was 4.14% which includes long-term sickness. This was below the target of 4.5% but was a result of long term sickness. The Charity is not only committed to the wellbeing of its patients, but it is committed to its employees;
- Labour turnover was 13% against a target of 18%. This demonstrates that employees of the Charity are committed to the work of the Charity, have bought into its ethos and feel valued.

During 2016, the Charity recognised that the income from its trading activities would make it liable to corporation tax. The Trustees of the Police Treatment Centres therefore decided to set up a trading arm to maximise its income from trading. The trading arm was incorporated as PTC1898 Ltd in November 2016 and began trading on 1 January 2017 to keep it in line with the accounting period of the Charity. The financial results in 2023 were positive with profits increasing from £133,7495 to £146,333. Profits for 2023 exceeded targets mainly due to increased business for Bed & Breakfast together with increased income from swimming schools who increased their hours and facility hire as we are beginning to see repeat business.

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**The Investment Policy**

The investment policy agreed by the Board of Trustees is to increase income in line with inflation while preserving the real value of capital sums invested. The breakdown, nature of investment and investment policy has been agreed with the Trustees of The Police Treatment Centres Investment Sub-Committee and The Police Treatment Centres Finance and Human Resources Committee. The Trustees have placed restrictions on the Investment Manager's authority and the investment policy will be continually monitored and reviewed at six monthly intervals. The portfolio is invested in a multi asset fund which is managed by Cazenove.

There was an unrealised loss of £57,985 (2022: loss of £351,419) on investments for 2023. These positive results were achieved despite the volatility in the market caused predominantly by the war in both the Ukraine and the Middle East.

**The Reserves Policy**

The reserves policy agreed by the Board of Trustees is to maintain freely available reserves to cover twelve month's running costs, which is approximately £6.75 million. As a result of the strong financial performance in 2023 the PTC has, in line with last year's report, retained one year's running costs. The annual increase in the reserves is in line with the Charity's five year financial plan and is largely a result of the increase in the donation rate which was implemented in January 2016. The Charity requires this level of reserves because it does not have a guaranteed income and because there is a statutory duty to provide for its employees. This figure is deemed sufficient to meet any foreseeable short term funding requirements and takes into account the investment policy relating to the assets invested within the designated funds. It also takes account of the ready availability of those assets. The reserves policy will be continually monitored and reviewed at twelve monthly intervals.

**Financial Summary**

2023 was a positive year financially for the Charity despite the wars in Ukraine and the middle East together with the increased cost of living with a surplus before other recognised gains and losses of £143,315 (2022: £756,768). Income increased in 2023 mostly as a result of achieving an additional £230,00 from Treasury management. Income from trading activities continued to outperform budget with increased income from Bed & Breakfast and Swim Schools. The 2023 surplus will be reinvested patient care together with retaining thrive. The Charity has been able to set aside money to finance its Asset Management Plan and Estates Strategy, together with making provision to ensure it has maintained reserves of one year's running costs.

**Pay Policy for Key Management Personnel**

The Charity has a process of periodically reviewing the salaries of both employees and that of senior managers. The remuneration of the senior management is evaluated by the Finance and Human Resources committee and, where appropriate, the full Board.

The key management personnel are considered to be the senior leadership team consisting of Patrick Cairns (Chief Executive Officer), Peter Moore (Chief Finance Manager), Fiona Warrington (Human Resources Manager), Mark Oxley (Head of Clinical Services) and Andy Malcolm (Executive Officer Scotland). During the year Mark Oxley left the charity and was replaced by Sarah Ward.



**THE POLICE TREATMENT CENTRES**  
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**Employees and Volunteers**

The Charity has 180 permanent staff, both full and part time. This is supplemented by five volunteers and a number of bank workers who support the Charity across the two sites. Our employees are the key to our success allowing us to deliver a high level of customer service across our activities.

The Charity would not be able to function without the experience and commitment of its employees and volunteers and the Trustees would like to express their sincere thanks to them all.

The Charity respects the dignity and rights of all employees and volunteers. It:

- provides clear and fair terms of employment;
- provides clean, healthy and safe working conditions;
- strives for equal opportunities for all present and potential employees;
- actively encourages employees to develop and improve their skills;
- does not tolerate any sexual, physical or mental harassment of our employees;
- does not discriminate on grounds of colour, ethnic origin, gender, age, religion, political or other opinion, disability or sexual orientation;
- regularly asks for feedback from staff about how the Charity can improve their working lives; and
- has a policy of equal opportunities and fair employment practices for disabled staff.

**Risk Management**

The Trustees have a risk management strategy which comprises a quarterly review of any key risks to the Charity. The strategy identifies and establishes systems and actions to mitigate those risks and implement procedures designed to minimise any potential impact on the Charity should those risks materialise. The Charity maintains a Risk Register which covers significant risks using the accepted criteria of likelihood of occurrence and potential impact on the Charity's activities.

This register was prepared in conjunction with management of the PTC and is kept under review by the Finance and Human Resources Committee with a formal update and review to the full Board being performed on an annual basis. Following a detailed analysis of the Charity's operations, key risks were then documented and, where necessary, plans to mitigate them have been introduced.

A great deal of time is spent to ensure the Charity's Health and Safety standards are among the highest in the sector. Health and Safety is discussed at every Trustees' meeting and other meetings when relevant. All employees are given appropriate training and consultants are used to assist with this process and add an alternative perspective when required.

The incidence of accidents to either staff or patients is very low and our objective is to maintain and improve on this record. In addition to investigating any incidents, potential problems or near misses are also analysed and our operations are reviewed on a regular basis by qualified personnel.

**Post Balance Sheet Events**

There were no material post balance sheet events up to the date of approval of the financial statements.

**THE POLICE TREATMENT CENTRES**  
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**Trustees' responsibilities in relation to the financial statements**

The Charity Trustees (who are also the Directors of The Police Treatment Centres for the purposes of company law) are responsible for preparing a Trustees' Annual Report and Strategic Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for the year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of the resources of the Charity for that period.

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue its business.

**Trustees' responsibilities in relation to the financial statements (continued)**

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditor**

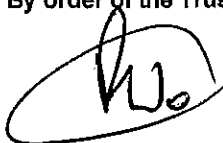
TC Group was appointed as statutory auditor on for 3 year in 2021 and have indicated its willingness to continue in office.

**Statement of disclosure of information to auditor**

The Trustees confirm that, at the date of the approval of these financial statements, so far as they are each aware:

- there is no relevant audit information of which the Charity's auditor is unaware; and
- they have taken all the steps they ought to have taken as Trustees in order to make themselves aware of any relevant information and to establish that the Charity's auditor is aware of that information.

**By order of the Trustees**



**R Wood (Chair of the Finance and Human Resources Committee)**  
**Trustee**

Date: 02/05/2024

## THE POLICE TREATMENT CENTRES

### INDEPENDENT AUDITORS REPORT For the Year Ended 31 December 2023

#### Opinion

We have audited the financial statements of The Police Treatment Centres (the 'parent charitable company') and its subsidiaries (the 'group') for the year ended 31 December 2023 which comprise the Consolidated Statement of Financial Activities (incorporating an Income and Expenditure Account), the Consolidated and Charity Balance Sheet, the Consolidated Cash Flow Statement, the Charity Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31 December 2023, and of the group's incoming resources and application of resources, including its Income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.



**THE POLICE TREATMENT CENTRES**  
**INDEPENDENT AUDITORS REPORT**  
**For the Year Ended 31 December 2023**

**Other information**

The other information comprises the information included in the Trustees' Report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report (including Directors' Report and Strategic Report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic Report and the Directors' Report have been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Strategic Report and the Directors' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 require us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

## THE POLICE TREATMENT CENTRES

### INDEPENDENT AUDITORS REPORT For the Year Ended 31 December 2023

#### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

#### Extent to which the audit was capable of detecting irregularities, including fraud

The objectives of our audit, in respect of fraud, are: to identify and assess the risks of material misstatement of the financial statements due to fraud; to obtain sufficient appropriate audit evidence regarding the assessed risks of material misstatement due to fraud, through designing and implementing appropriate responses; and to respond appropriately to fraud or suspected fraud identified during the audit. However, the primary responsibility for the prevention and detection of fraud rests with both those charged with governance of the entity and its management.

Our approach was as follows:

- We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations;
- We considered the legal and regulatory frameworks directly applicable to the financial statements reporting framework (FRS 102 and the Companies Act 2006), the Charities Act 2011, the Charities and Trustees Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, corporation tax and employment tax legislation;
- We considered the nature of the industry, the control environment and business performance, including key drivers for management's remuneration;
- We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit;
- We considered the procedures and controls that the company has established to address risks identified, or that otherwise prevent, deter and detect fraud; and how senior management monitors those programmes.

Based on this understanding we designed our audit procedures to identify non-compliance with such laws and regulations. Where the risk was considered to be higher, we performed audit procedures to address each identified risk. These procedures included: testing manual journals; reviewing the financial statement disclosures and testing to supporting documentation; performing analytical procedures; and enquiring of management, and were designed to provide reasonable assurance that the financial statements were free from material fraud or error.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations (irregularities) is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation. We are not responsible for preventing non-compliance and cannot be expected to detect all non-compliance with laws and regulations.

## THE POLICE TREATMENT CENTRES

### INDEPENDENT AUDITORS REPORT For the Year Ended 31 December 2023

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

#### Use of this report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Peter Hart FCA  
Senior Statutory Auditor  
TC Group  
6 Queen Street  
Leeds  
LS1 2TW

Date: 9 May 2024



THE POLICE TREATMENT CENTRES

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
for the Year Ended 31 December 2023

	Note	Unrestricted funds £	Restricted funds £	Endowment Funds £	Total 2023 £	Total 2022 £
<b>Income from:</b>						
Donations and legacies	2	5,651,070	194,748	-	5,845,818	6,094,407
Charitable activities	3	210,392	-	-	210,392	98,822
Other trading activities	4	340,194	-	-	340,194	315,101
Investments	5	410,510	-	-	410,510	179,843
Other	6	2,242	-	-	2,242	3,863
<b>Total income</b>		<b>6,614,408</b>	<b>194,748</b>	<b>-</b>	<b>6,809,156</b>	<b>6,692,036</b>
<b>Expenditure on:</b>						
Raising funds	7	73,036	-	-	73,036	70,581
Charitable activities	8	6,353,462	28,501	208,842	6,590,805	5,864,687
<b>Total expenditure</b>		<b>6,426,498</b>	<b>28,501</b>	<b>208,842</b>	<b>6,663,841</b>	<b>5,935,268</b>
<b>Net (loss)/gain on investments</b>		<b>57,985</b>	<b>-</b>	<b>-</b>	<b>57,985</b>	<b>(351,419)</b>
<b>Net Income / (expenditure)</b>		<b>245,895</b>	<b>166,247</b>	<b>(208,842)</b>	<b>203,300</b>	<b>405,349</b>
<b>Transfers between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>245,895</b>	<b>166,247</b>	<b>(208,842)</b>	<b>203,300</b>	<b>405,349</b>
<b>Reconciliation of funds:</b>						
Total funds brought forward		19,362,781	9,188	12,819,304	32,191,273	31,785,924
<b>Total funds carried forward</b>		<b>19,608,676</b>	<b>175,435</b>	<b>12,610,462</b>	<b>32,394,573</b>	<b>32,191,273</b>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The surplus for the year for Companies Act purposes comprises the net incoming resources for the year of £145,315 (2022: £756,768) plus the unrealised investment gain of £57,985 (2022: loss of £351,419), amounting to a surplus of £203,300 (2022: £405,349).

The restricted fund relates to funding received for the Clinical wing project. Further details of restricted funds are given in note 20.

The notes on pages 23 to 38 form an integral part of these financial statements

**THE POLICE TREATMENT CENTRES**  
**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (continued)**  
**(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)**  
**for the Year Ended 31 December 2023**

**Total funds are represented by:**

	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
<b>Land and Buildings</b>				
Unrestricted (Scotland)	6,494,804	6,630,735	6,494,804	6,630,735
Permanent endowed (Harrogate)	12,610,462	12,819,304	12,610,462	12,819,304
<b>Fixed asset investments</b>	4,592,401	4,357,854	4,592,411	4,357,834
<b>Other net assets</b>				
Unrestricted	8,521,471	8,374,192	8,521,461	8,374,192
Restricted	175,435	9,188	175,435	9,188
<b>Net assets</b>	<u>32,394,573</u>	<u>32,191,273</u>	<u>32,394,573</u>	<u>32,191,273</u>

The financial statements were approved and authorised for issue by the Board of Trustees and signed on its behalf by:



**R Wood (Chair of the Finance and Human Resources Committee)**  
**Trustee**

Date: 02/05/2024

**THE POLICE TREATMENT CENTRES**  
(company number: 07822534)

**CONSOLIDATED AND CHARITY BALANCE SHEET**  
As at 31 December 2023

	Note	2023 Group £	2022 Group £	2023 Charity £	2022 Charity £
<b>Fixed assets</b>					
Tangible assets	14	20,843,049	20,855,067	20,843,049	20,855,067
Investments	15	4,592,401	4,357,834	4,592,411	4,357,864
		<u>25,435,450</u>	<u>25,212,921</u>	<u>25,435,460</u>	<u>25,212,931</u>
<b>Current assets</b>					
Debtors	16	747,053	581,725	919,088	704,524
Cash at bank and in hand		6,479,709	6,876,009	6,275,498	6,727,860
		<u>7,226,762</u>	<u>7,457,734</u>	<u>7,194,586</u>	<u>7,432,384</u>
<b>Creditors: amounts falling due within one year</b>	17	(267,639)	(479,382)	(235,473)	(454,042)
<b>Net current assets</b>		<u>6,959,123</u>	<u>6,978,352</u>	<u>6,959,113</u>	<u>6,978,342</u>
<b>Total assets less current liabilities</b>		<u>32,394,573</u>	<u>32,191,273</u>	<u>32,394,573</u>	<u>32,191,273</u>
<b>Net assets</b>		<u>32,394,573</u>	<u>32,191,273</u>	<u>32,394,573</u>	<u>32,191,273</u>
<b>Funds</b>					
Unrestricted funds	19	19,608,676	19,362,781	19,608,676	19,362,781
Restricted funds	20	175,435	9,188	175,435	9,188
Endowment funds	21	12,610,462	12,819,304	12,610,462	12,819,304
<b>Total funds</b>	18	<u>32,394,573</u>	<u>32,191,273</u>	<u>32,394,573</u>	<u>32,191,273</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....  
and signed on its behalf by:



R Wood (Chair of the Finance and Human Resources Committee)  
Trustee

Date: 02/05/2024

The notes on pages 23 to 38 form an integral part of these financial statements



**THE POLICE TREATMENT CENTRES**  
**CONSOLIDATED CASH FLOW STATEMENT**  
**For the Year Ended 31 December 2023**

	Note	2023 £	2022 £
<b>Cash flow from operating activities</b>	25	<u>90,352</u>	<u>1,342,079</u>
<b>Net cash flow from operating activities</b>		<u>90,352</u>	<u>1,342,079</u>
<b>Cash flow from investing activities</b>			
Dividends and interest from investments		409,276	179,843
Purchase of Investments		-	(2,000,000)
Purchase of property, plant and equipment		<u>(719,364)</u>	<u>(302,778)</u>
<b>Net cash used in investing activities</b>		<u>(310,090)</u>	<u>(2,122,935)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(219,738)</u>	<u>(780,856)</u>
<b>Cash and cash equivalents at the beginning of the year</b>		<u>7,152,607</u>	<u>7,933,463</u>
<b>Cash and cash equivalents at the end of the year</b>	26	<u>6,932,869</u>	<u>7,152,607</u>

The closing cash balance represents the net funds of the Group.

**THE POLICE TREATMENT CENTRES**  
**CHARITY CASH FLOW STATEMENT**  
**For the Year Ended 31 December 2023**

	Note	2023 £	2022 £
<b>Cash flow from operating activities</b>	25	<u>34,290</u>	<u>1,470,181</u>
<b>Net cash flow from operating activities</b>		<u>34,290</u>	<u>1,470,181</u>
<b>Cash flow from Investing activities</b>			
Dividends and interest from investments		409,276	179,668
Purchase of Investments		-	(2,000,000)
Purchase of property, plant and equipment		<u>(719,364)</u>	<u>(302,778)</u>
<b>Net cash used in Investing activities</b>		<u>(310,090)</u>	<u>(2,123,110)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(275,800)</u>	<u>(652,929)</u>
<b>Cash and cash equivalents at the beginning of the year</b>		<u>7,004,458</u>	<u>7,657,387</u>
<b>Cash and cash equivalents at the end of the year</b>	26	<u>6,728,658</u>	<u>7,004,458</u>

**THE POLICE TREATMENT CENTRES**  
*(company number 07822534)*

**NOTES TO FINANCIAL STATEMENTS**  
**for the Year Ended 31 December 2023**

**1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

**1.1 General Information and basis of preparation**

The Police Treatment Centres is a company limited by guarantee incorporated in England. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The charity's activities focus on the provision of rehabilitation and support to serving and retired police officers.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared in Pounds Sterling (£), which is the functional currency of the Charity, and rounded to the nearest £1.

**Preparation of the accounts on a going concern basis**

Due to the strong position of the balance sheet and level of liquid resources, the Trustees have identified no material uncertainties that may cast significant doubt over the ability of the Group to continue as a going concern.

**1.2 Group financial statements**

The financial statements consolidate the results of the Charitable Company and its wholly owned subsidiary, PTC 1898 Limited, on a line-by-line basis. A separate statement of financial activities or income and expenditure for the Charitable Company itself is not presented as allowed by section 408 of the Companies Act 2006.

The parent company surplus for the year was £203,300 (2022: £405,349).

**1.3 Fund accounting**

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Endowment funds are those donated whereby the fund cannot be used as if it were income. Subsequently the fund represents an investment in capital that is utilised in achieving the charity's objectives.

Income generated by the endowment fund will be recognised within unrestricted income funds whilst the cost incurred in maintaining and safeguarding the capital will be charged against the endowment fund.



#### **1.4 Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the Group is entitled to the income and the amount can be quantified with reasonable accuracy and receipt is probable. Incoming resources are stated gross of expenditure. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when the revenue recognition criteria are met.

Donated assets are included at the value to the Group where this can be quantified and a third party is bearing the cost. The value of services provided by volunteers has not been included.

Income from the charity shop is included in the year in which it is receivable.

Income from B&B lettings is included in the year in which the service is provided.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which the revenue recognition criteria are met.

Income from investments is included in the year in which it is receivable.

Bank interest receivable is included in the year in which it is receivable.

Legacies are included when the Group is advised the receipt is probable and the amount involved can be quantified and the Group is entitled to the income.

#### **1.5 Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shops in each of the two reception areas.

Charitable expenditure comprises those costs incurred by the Group in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management. These costs are allocated on the basis of time spent on these activities.

Governance costs are part of support costs and are those costs incurred in connection with the administration of the Group and compliance with constitutional and statutory requirements.

#### **1.6 Tangible fixed assets and depreciation**

All items of a capital nature over £1,000 are initially measured at cost and subsequently included at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 10% - 33% straight line
Motor vehicles	- 25% straight line
Freehold buildings	- 2% straight line
Freehold land	- No depreciation charged
Assets under construction	- No depreciation charged

On transition to FRS 102 in 2015, the Group adopted the transition exemption to use the revalued amount of its freehold land and buildings as the new 'deemed cost' and not adopt a policy of revaluation going forward.

## **1.7 Investments**

Investments held as fixed assets are revalued at mid-market value at the balance sheet date and the gain or loss taken to the Statement of Financial Activities.

## **1.8 Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

## **1.9 Leasing**

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

## **1.10 Defined contribution pension schemes**

The Group operates a defined contribution pension scheme. The pension costs charged in the financial statements represent the contributions payable by the charity during the year.

## **1.11 Recognition of liabilities**

Liabilities are recognised when an obligation arises to transfer economic benefits as a result of past events.

## **1.12 Taxation**

The Charity is exempt from tax on income and gains falling within sections 472-489 of the Corporation Tax Act 2011 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

## **1.13 Impairment**

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in the Statement of Financial Activities unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

## **1.14 Key sources of estimation uncertainty**

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year include:

### ***Income recognition***

The financial statements include accrued income amounting to £610,844 (2022 - £456,035) in respect of management's estimate of officers' donations pledged but not yet remitted to the organisation as at the reporting date. The amount of income due is calculated based on management's estimate of the number of officers donating. The differences between expected income and amounts remitted in the period is recognised as accrued income.

**2. Income from donations and legacies**

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Donations and legacies	409,243	194,748	603,991	1,081,302
Officers' donations	4,971,827	-	4,971,827	4,743,105
Management charges	270,000	-	270,000	270,000
	<u>5,651,070</u>	<u>194,748</u>	<u>5,845,818</u>	<u>6,094,407</u>

Income from donations and legacies was £5,845,818 (2022: £6,094,407) of which £194,748 (2022: £10,209) was attributable to restricted and £5,651,070 (2022: £6,084,198) was attributable to unrestricted funds.

**3. Income from charitable activities**

	Unrestricted funds £	2023 Total £	2022 Total £
Insurance claims	30,088	30,088	42,920
Physio, therapy, respite	152,339	152,339	26,808
Shop, vending machine, WI-FI	27,965	27,965	28,914
Medical reports	-	-	180
	<u>210,392</u>	<u>210,392</u>	<u>98,822</u>

All income from charitable activities was attributable to unrestricted funds in both reporting periods.

**4. Income from other trading activities**

	Unrestricted funds £	2023 Total £	2022 Total £
Facility Hire	217,937	217,937	196,154
Fundraising events	8,201	8,201	1,898
Lottery	113,767	113,767	116,822
Other trading	289	289	227
	<u>340,194</u>	<u>340,194</u>	<u>315,101</u>

All income from trading activities was attributable to unrestricted funds in both reporting periods.

**5. Income from Investments**

	Unrestricted funds £	2023 Total £	2022 Total £
Income from UK listed Investments	180,036	180,036	141,939
Bank interest receivable	230,474	230,474	37,904
	<u>410,510</u>	<u>410,510</u>	<u>179,843</u>

All income from investments was attributable to unrestricted funds in both reporting periods.

**6. Income from other activities**

	Unrestricted funds £	2023 Total £	2022 Total £
Miscellaneous income	2,242	2,242	3,863
Covid-19 Job Retention Scheme Income	-	-	-
	<u>2,242</u>	<u>2,242</u>	<u>3,863</u>

All income from other activities was attributable to unrestricted funds in both reporting periods.

**7. Expenditure on raising funds**

	Unrestricted funds £	2023 Total £	2022 Total £
Reception shop purchases	7,249	7,249	9,809
Investment management fees	18,489	18,489	15,383
Lottery costs	47,298	47,298	45,389
	<u>73,036</u>	<u>73,036</u>	<u>70,581</u>

All expenditure on raising funds was attributable to unrestricted funds in both reporting periods.



8. Expenditure on charitable activities

	Activities undertaken directly £	Support costs £	2023 Total £	2022 Total £
Treatment Centres	5,686,225	904,581	6,590,805	5,864,687
	<u>5,686,255</u>	<u>904,581</u>	<u>6,590,805</u>	<u>5,864,687</u>

Expenditure on charitable activities was £6,590,501 (2022: £5,864,687) of which £208,842 (2022: £208,842) was attributable to endowments, £28,501 (2022: £1,021) was attributable to restricted and £6,353,158 (2022: £5,654,824) was attributable to unrestricted funds.

9. Analysis of support costs

	Endowment funds £	Unrestricted funds £	2023 Total £	2022 Total £
<b>Support costs</b>				
Management and administration costs	-	862,283	862,283	773,503
<i>Governance costs:</i>				
Accountancy Fees	-	-	-	14,868
Auditor's remuneration	-	8,860	8,860	8,800
Legal and professional fees	-	27,899	27,899	21,011
Bank charges	-	5,539	5,539	4,021
	<u>-</u>	<u>904,581</u>	<u>904,581</u>	<u>822,203</u>

10. Net Income for the year

	2023 Total £	2022 Total £
Net incoming resources are stated after charging:		
Depreciation – owned assets	731,382	656,034
Operating lease rentals – plant and machinery	4,310	1,573
Auditor's remuneration:		
Audit fees – parent charity	5500	6,000
Audit fees – subsidiary undertaking	3360	2,800

## 11. Employees

### *Employment costs*

	2023 £	2022 £
Wages and salaries	3,740,064	3,487,241
Social security costs	269,599	269,748
Pension costs	171,110	169,122
	<u>4,180,773</u>	<u>3,906,111</u>

### *Number of employees*

The number of employees who earned more than £60,000 during the year was as follows:

	2023 Number	2022 Number
£60,001 to £70,000	-	2
£70,001 to £80,000	1	-
£80,001 to £90,000	-	-
£90,001 to £100,000	-	1
£100,000 to £110,000	<u>1</u>	<u>-</u>

The number of higher paid employees accruing pension benefit was:

	2023 Number	2022 Number
Defined contribution scheme	<u>2</u>	<u>3</u>

The average monthly number of employees during the year, calculated on the basis of full-time equivalents, was as follows:

	2023 Number	2022 Number
Professional medical staff	35	35
Support staff	<u>78</u>	<u>77</u>
	<u>113</u>	<u>112</u>

The average numbers of staff employed in the year was 198 (2022: 193).

Some staff employed by The Police Treatment Centre (PTC) also have responsibilities for the management and administration of The Police Children's Charity, a charity which operates from the same premises. Their employment costs are, therefore, apportioned between the two charities on a time basis. A management charge is then raised from PTC to The Police Children's Charity to recharge the costs involved. The total management charge covering personnel and establishment costs for 2023 was £270,000 inclusive of VAT (2022: £270,000). Of this amount £204,500 (2022: £204,500) related to personnel costs. The employment costs above incorporate the total staff costs before the recharge of personnel costs to The Police Children's Charity.

### *Trustees' emoluments*

None trustees received remuneration from the charity during the year (2022: None). None trustees received expenses from the charity during the year (2022: None).

## 12. Pension costs

The Group operates a defined contribution pension scheme in respect of its employees. The scheme and its assets are held by independent managers. The pension charge within unrestricted expenditure represents contributions due from the charity and amounted to £171,110 (2022: £169,122). At 31 December 2023 there were no contributions (2022: None) owing to the pension scheme. At 31 December 2023 there were no contributions due back from the pension scheme (2022: None).

## 13. Subsidiary undertaking

The wholly owned subsidiary, PTC 1898 Limited, is incorporated in England and Wales (Company number: 10493577). Its principal activity is to carry out commercial activities for the benefit of the Charity. The company's registered office address is: St Andrews, Harlow Moor Road, Harrogate, North Yorkshire, HG2 0AD.

### PTC 1898 Limited

#### Summary Profit and Loss Account

	2023	2022
	£	£
Turnover	246,810	227,454
Cost of sales	(83,855)	(80,066)
Gross profit	162,955	147,388
Administrative expenses	(17,856)	(13,814)
Operating profit	145,099	133,574
Interest receivable	1,234	175
Interest payable and similar charges	-	-
Profit on ordinary activities before taxation	146,333	133,749
Tax on profit on ordinary activities	-	-
Profit for the year	146,333	133,749

#### The assets and liabilities of the subsidiary were:

Current assets	210,129	161,692
Current liabilities	(210,119)	(161,682)
Total net assets	10	10
Called up share capital	10	10
Profit and loss account	-	-
Shareholders' funds	10	10

The profits of PTC 1898 Limited have been donated to The Police Treatment Centres under gift aid.

14. **Tangible fixed assets**

**Group and Charity**

	Freehold land and buildings £	Assets under construction £	Fixtures, fittings and equipment £	Motor vehicles £	Total £
<b>Cost</b>					
At 1 January 2023	21,973,424	-	5,272,510	55,374	27,301,308
Additions	-	-	6,55,106	64,258	719,364
Transfers	-	-	-	-	-
Disposals	-	-	-	(13,500)	(13,500)
At 31 December 2023	21,973,424	-	5,927,616	106,132	28,007,172
<b>Depreciation</b>					
At 1 January 2023	2,523,385	-	3,872,299	50,557	6,446,241
Charge for the year	344,773	-	365,728	20,882	729,626
Eliminated on disposal	-	-	-	(13,500)	(13,500)
At 31 December 2023	2,868,158	-	4,238,027	57,939	7,164,123
<b>Net book value</b>					
At 31 December 2023	19,105,266	-	1,689,589	48,194	20,843,049
At 31 December 2022	19,450,039	-	1,400,211	4,817	20,855,067

15. **Fixed asset investments**

**Group**

	Listed Investments £	Cash held as part of Investment portfolio £	Total £
<b>Valuation</b>			
At 1 January 2023	4,081,256	276,598	4,357,854
Management fees	-	(18,489)	18,489
Interest	-	15,015	15,015
Distributions received	-	180,036	180,036
Additions	-	-	-
Revaluation	57,985	-	57,985
Equalisation	-	-	-
At 31 December 2023	4,139,241	453,160	4,592,401
<b>Historic cost at</b>			
At 31 December 2023	3,797,947	453,160	4,251,107

All investments are held in the UK.

If a decision were taken to dispose of unrestricted investments at a future date to fund charitable expenditure, legal advice and regulatory consultation would be sought to ensure no liens are held over the assets.



**15. Fixed asset Investments (continued)**

**Charity**

Charity Investments of £4,592,411 consist of the listed investment portfolio disclosed above, together with a £10 investment in the share capital of PTC 1898 Limited, representing a 100% shareholding at historic cost. Further details regarding PTC 1898 Limited are provided in note 13.

**16. Debtors**

	<b>Group 2023 £</b>	<b>Group 2022 £</b>	<b>Charity 2023 £</b>	<b>Charity 2022 £</b>
Trade debtors	8,503	19,486	2,585	5,943
Amounts owed by group undertakings	-	-	177,953	136,342
Amounts owed by related undertakings	61,469	49,312	61,469	49,312
Other debtors	185	185	185	185
Prepayments and accrued income	676,896	512,742	676,896	512,742
	<b>747,053</b>	<b>581,725</b>	<b>919,088</b>	<b>704,524</b>

**17. Creditors: amounts falling due within one year**

	<b>Group 2023 £</b>	<b>Group 2022 £</b>	<b>Charity 2023 £</b>	<b>Charity 2022 £</b>
Trade creditors	90,110	125,804	88,042	124,329
Other taxes and social security	9,046	5,570	225	225
Other creditors	-	-	-	-
Accruals and deferred income	168,483	348,008	147,206	329,488
	<b>267,639</b>	<b>479,382</b>	<b>235,473</b>	<b>454,042</b>

**Deferred Income**

	<b>Group £</b>	<b>Charity £</b>
Deferred income at 1 January 2023	<b>228,259</b>	<b>212,091</b>
Resources deferred in the year	<b>52,417</b>	<b>34,500</b>
Release in the year	<b>(228,259)</b>	<b>(212,091)</b>
Deferred income at 31 December 2023	<b>52,417</b>	<b>34,500</b>

Deferred income is in respect of advance B&B bookings £17,917 (2022: £16,168) and donations of £34,500 (2022: £212,091).

**18. Analysis of net assets between funds**

Fund balances at 31 December 2023 are by:

**Group**

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total £
Tangible fixed assets	8,060,637	171,950	12,610,462	20,843,049
Investment assets	4,592,401	-	-	4,592,401
Current assets	7,223,277	3,485	-	7,226,762
Current liabilities	(267,639)	-	-	(267,639)
<b>Total</b>	<b>19,608,676</b>	<b>175,435</b>	<b>12,610,462</b>	<b>32,394,573</b>

**Charity**

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total £
Tangible fixed assets	8,060,637	171,950	12,610,462	20,843,049
Investment assets	4,592,411	-	-	4,592,411
Current assets	7,191,101	3,485	-	7,194,586
Current liabilities	(235,473)	-	-	(235,473)
<b>Total</b>	<b>19,608,676</b>	<b>175,435</b>	<b>12,610,462</b>	<b>32,394,573</b>

**19. Unrestricted funds**

**Group**

	Balance at 1 January 2023 £	Income £	Expenditure £	Gains and losses £	Transfers £	Balance at 31 December 2023 £
General fund	19,062,781	6,614,408	(6,426,498)	57,985	-	19,308,676
<b>Designated funds</b>						
Clinical wing running costs	300,000	-	-	-	-	300,000
	<b>19,014,727</b>	<b>6,614,408</b>	<b>(6,426,498)</b>	<b>57,985</b>	<b>-</b>	<b>19,608,676</b>

19. Unrestricted funds (continued)

Charity

	Balance at 1 January 2023 £	Income £	Expenditure £	Gains and losses £	Transfers £	Balance at 31 December 2023 £
General fund	19,062,781	6,578,697	(6,390,787)	57,985	-	19,308,676
<b>Designated funds</b>						
Clinical wing running costs	300,000	-	-	-	-	300,000
	<b>19,014,727</b>	<b>6,578,697</b>	<b>(6,390,787)</b>	<b>57,985</b>	<b>-</b>	<b>19,608,676</b>

The general fund is for the general maintenance of The Police Treatment Centres.

The trustees have designated £300,000 from the surplus in prior years to cover the running costs of the new Clinical wings. The fund will start to be utilised when capacity of the wings is increased.

20. Restricted funds

Group and Charity

	Balance at 1 January 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 December 2023 £
Scottish Police Benevolent Fund	9,188	31,000	(7,043)	-	33,145
Beach Tennis Club	-	25,000	(5,709)	-	19,291
Scottish Police Federation	-	120,000	(12,000)	-	108,000
Energy Saving Trust	-	18,748	(3,749)	-	14,999
	<b>9,188</b>	<b>194,748</b>	<b>(28,501)</b>	<b>-</b>	<b>175,435</b>

Purposes of restricted funds

Scottish Police Benevolent Fund

The income received from Scottish Police Benevolent Fund was used on the capital expenditure needs of the Trust, specifically at the Castlebrae site.

Beach Tennis Club

The income from Beach Tennis Club was used to fund gym and nursing equipment for the needs of the Trust. £3,953 has been spent on revenue expenditure, £17,562 spent on capital expenditure, with £3,485 left unspent at 31<sup>st</sup> December 2023, to be utilised in 2024.

Scottish Police Federation

The income received from Scottish Police Federation was restricted towards the capital refurbishment expenditure of a wing. The wing work was completed within 2023, and the whole grant was utilised.

Energy Saving Trust

The income received from Energy Saving Trust was used to fund the capital expenditure of E-bikes for the needs of the Trust.

Once a capital fund has been used for its intended restricted purpose, the amount concerned is transferred into unrestricted funds or, if in regard to capital projects at St Andrews Harrogate, to the permanent endowment fund.

## 21. Permanent Endowment funds

### Group and Charity

	Balance at 1 January 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 December 2023 £
St Andrews, Harrogate	12,819,304	-	(208,842)	-	12,610,462
	<u>12,819,304</u>	<u>-</u>	<u>(208,842)</u>	<u>-</u>	<u>12,610,462</u>

### Purposes of endowment funds

The endowment fund was donated to ensure the charity had sufficient assets to achieve its charitable objectives. The transfer in the period relates to enhancements made to the endowed asset funded from unrestricted reserves.

## 22. Financial Commitments

At 31 December 2023 the Group and Charity had total outstanding commitments under non-cancellable operating leases as follows:

	2023 £	2022 £
<b>Expiry date:</b>		
Not later than one year	8,341	278
Later than one year and not later than five years	28,496	557
	<u>36,837</u>	<u>835</u>

## 23. Related party transactions

### Group

#### *The Police Children's Charity*

Formerly known as St George's Police Children Trust, The Police Children's Charity is a charity that operates from the premises of the Group. The Group and The Police Children's Charity have many trustees in common. All establishment and personnel costs for The Police Children's Charity are paid for by the Group. A management charge (Inclusive of VAT) of £270,000 (2022: £270,000) has been levied on The Police Children's Charity to cover establishment, administration and wage costs of the Group. At 31 December 2023, £61,469 (2022: £49,312) was due from The Police Children's Charity on its current account.

#### *RUCGC PSNI Benevolent Fund*

The RUCGC PSNI Benevolent Fund has a Trustee in common with The Police Treatment Centres. During the period the Group received a donation of £50,000 (2022: £Nil) from the RUCGC PSNI Benevolent Fund.

#### *Scottish Police Benevolent Fund*

The Scottish Police Benevolent Fund has a Trustee in common with The Police Treatment Centres. During the period the Group recognised a donation of £120,000 (2022: £15,000) from the Scottish Police Benevolent Fund. This income was received in 2022, to be spent on a wing refurbishment in 2023. The work was not approved until 2023, hence the income was deferred at 31<sup>st</sup> December 2022. The work was fully completed in the 2023, and the full extent of the grant was spent on the capital refurbishment costs.



**Key management personnel**

The total remuneration of the key management personnel of the Group, was £281,787 (2022: £361,299).

**Charity**

All related party transactions of the Group were transacted through the Charity. In addition to the transactions and balances noted above, the Charity also transacted with PTC 1898 Limited, its wholly owned subsidiary undertaking. During the year ended 31 December 2023, the Charity charged management charges (inclusive of VAT) amounting to £66,000 (2022: £66,000) to PTC 1898 Limited and received a gift aid donation of £146,333.

As at 31 December 2023, the Charity was owed £177,953 (2022: £136,342) from PTC 1898 Limited.

**24. Indemnity insurance**

The Group paid for the insurance premiums to indemnify Trustees and senior staff from any loss arising from neglect or defaults of trustees or staff and any consequent loss.

**25. Reconciliation of net income to net cash flow from operating activities****Group**

	2023 £	2022 £
Net income for the reporting year	203,300	405,349
Depreciation charges	731,382	656,034
Profit on sale of fixed assets	-	-
(Gain)/loss on investments	(57,985)	357,003
Dividends and interest on investments	(409,276)	(179,843)
(Increase) / decrease in debtors	(165,326)	(112,665)
Increase / (decrease) in creditors	(211,743)	216,201
Net cash flow from operating activities	<u>90,352</u>	<u>1,342,079</u>

**25. Reconciliation of net income to net cash flow from operating activities (continued)****Charity**

	2023 £	2022 £
Net income for the reporting year	203,300	405,349
Depreciation charges	731,382	656,034
Profit on sale of fixed assets	-	-
(Gain) / loss on investments	(57,985)	357,003
Dividends and interest on investments	(409,276)	(179,668)
(Increase) / decrease in debtors	(214,563)	(3,894)
Increase / (decrease) in creditors	<u>(218,568)</u>	<u>235,357</u>

Net cash flow from operating activities	<u>34,290</u>	<u>1,470,181</u>
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**26. Analysis of cash and cash equivalents**

	Group 2023 £	Group 2022 £	Charity 2023 £	Charity 2022 £
Cash at bank and in hand	6,479,709	6,876,009	6,275,498	6,727,860
Cash held in investment portfolio	<u>453,160</u>	<u>276,598</u>	<u>453,160</u>	<u>276,598</u>
	<u>6,932,869</u>	<u>7,152,607</u>	<u>6,728,658</u>	<u>7,152,607</u>

**27. Financial Instruments**

**Group**

The carrying amounts of the Group's financial instruments are as follows:

	2023 £	2022 £
<b><i>Financial assets</i></b>		
Measured at fair value through net income / expenditure:		
- Fixed asset listed investments	<u>4,592,401</u>	<u>4,357,854</u>

**27. Financial Instruments (continued)**

The income, expenses, net gains and net losses attributable the Group's financial instruments are summarised as follows:

	2023 £	2022 £
<b><i>Income and expense</i></b>		
Financial assets measured at fair value through net income / (expenditure)	<u>180,036</u>	<u>141,939</u>
<b><i>Net (losses)/gains (including changes in fair value)</i></b>		
Financial assets measured at fair value through net income / (expenditure)	<u>57,985</u>	<u>(351,419)</u>

## Charity

The carrying amounts of the Charity's financial instruments are as follows:

	2023 £	2022 £
<b><i>Financial assets</i></b>		
Measured at fair value through net income / expenditure:		
- Fixed asset listed investments (note 15)	<u>4,592,401</u>	<u>4,357,854</u>



# The Police Treatment Centres

## A Force for Promoting & Improving Health & Wellbeing

### The Police Treatment Centres

St Andrews, Harlow Moor Road, Harrogate,  
North Yorkshire HG2 0AD  
**Tel:** 01423 504448

Castlebrae, Castleton Road, Auchterarder,  
Perthshire PH3 1AG  
**Tel:** 01764 664369

**Email:** [enquiries@thepolicetreatmentcentres.org](mailto:enquiries@thepolicetreatmentcentres.org)  
[fundraising@thepolicetreatmentcentres.org](mailto:fundraising@thepolicetreatmentcentres.org)



**Website:** [www.thepolicetreatmentcentres.org](http://www.thepolicetreatmentcentres.org)

Registered Charity No. 1147449 OSCR Registration No. SC043396  
Company No. 07822534