

Registered Charity Number: 1147334
Company number: 07980332

Sheffield Flourish

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2025

Sheffield Flourish

Contents

	Page
Legal and administrative information	2
Directors' annual report	3 - 7
Independent examiner's report	8
Statement of financial activities	9
Balance sheet	10
Notes to the accounts	11 - 18

Sheffield Flourish

Legal and administrative information for the year ended 31 March 2025

Previously known as
Recovery Enterprises

Directors

Pam Stirling	Chair	Resigned 31/12/2024
Nick Bax	Co-Chair (Elected 16/12/2024)	
Adelaide Chibanda	Co-Chair (Elected 16/12/2024)	
Peter Walker	Treasurer	
Brendan Stone		
Shirin Teifouri		
Ben Dorey		
Franz-von Shorter		
Katriona Kendall		Appointed 19/08/2024

Key staff

Managing Director	Josie Soutar
Deputy Managing Director	Robyn Fletcher
Finance Officer	Greer Furniss-Coates

Charity number
1147334

Company number
07980332

Registered office address

Upper Floor
4 Windrush Way
Sheffield
S3 8JU

Independent Examiner (and accountants)

Susan Cochrane, FCA, DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

**Directors' report (incorporating the Trustees' annual report)
for the year ended 31 March 2025**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

Sheffield Flourish was incorporated on 17th March 2012 and gained charitable status on 18 May 2012. Its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee (Company number 07980332) and a registered charity (Charity number 1147334). The company changed its name from Recovery Enterprises on 11 October 2019.

It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Before any person is accepted onto the Sheffield Flourish Board, they will meet with the Chair and/or Co-chair to discuss what is involved. The prospective trustee should be asked to outline what skills and abilities they would bring to their work on the Board. The Chair or Co-chair will obtain information on the prospective Trustee's skills/experience and one or two references regarding their character. The prospective Trustees may be asked to attend a Board meeting before they commit to joining. The Board will discuss each candidate in their absence before formally inviting them to join. New Trustees are co-opted at any time, but (as per Sheffield Flourish's articles of association) must stand for re-election with the other trustees at the next annual general meeting. New Trustees, and those re-elected to the Board following an annual general meeting or extraordinary general meeting, sign a declaration form to confirm that they have not been disqualified from serving as Board members.

Objectives, activities and public benefit

Sheffield Flourish supports people living with or affected by mental ill health to use their skills, ideas and talents to build the lives they wish to lead, through creative, mental-health friendly activities, coproduction and digital tools. We run seven open-access, free community enterprises offering involvement in writing, horticulture, theatre, art, music and football. All our activities have been developed using coproduction, and participants are heavily involved in the design and delivery. On the digital side, we run four websites. The Sheffield Flourish hub enables peers to connect and publish stories of personal mental health experience, over 90% of the content is user generated. The Sheffield Mental Health Guide is an online directory featuring 300+ services that support mental health activities in the city. We oversee the Sheffield Suicide Support and Prevention resource, co-designed with people affected by suicide, and My Toolkit, a co-produced digital platform that helps people to plan and manage their mental health care online. We grew out of Sheffield Health and Social Care NHS Trust (SHSC) back in 2012 and continue to act as a critical friend, working closely with them around user involvement and engagement, particularly on the mental health wards. We also support the wider health system to ensure user voices are included in service redesign and act as a main conduit for mental health information to the public.

**Directors' report (incorporating the Trustees' annual report)
for the year ended 31 March 2025**

Objectives, activities and public benefit (continued)

The objects of the charity are the relief of illness and distress and the promotion of health and social inclusion of adults with mental health conditions. All of our activities contribute to these objectives and one or more of the following outcomes:

- People will experience reduced social isolation and exclusion
- People will have improved emotional and mental wellbeing
- People will feel more supported and connected
- People will enhance their self-care
- People will enhance their skills and knowledge

In planning the objectives and activities the directors have considered the Charity Commission's guidance on public benefit.

Activities and achievements

Supporting the mental health community

- 575 people have been supported through our community group activity
- 335 people were regular attendees (3 sessions or more)
- 135 new members joined the community groups
- 613 face-to-face sessions were delivered
- 35 virtual sessions were delivered
- 70 volunteers have given their free time to support our community

Digital Activity

- Sheffield Flourish Hub – had an annual audience of 23900 website users with the aim of supporting people to build connections through the sharing of stories and experiences.
- Sheffield Mental Health Guide – directory of all mental health activities and events in Sheffield. It had an annual audience of 93000 users who benefitted from signposting and information that better enabled people to self-manage their mental health conditions. This year saw the digital version converted into a paper directory with both an adult and children/young person section.
- Sheffield Suicide Support and Prevention Resource – provides information resources for suicide prevention and people who have been affected by suicide. It had 1836 new visitors during the year. We worked with Public Health to launch a citywide suicide safety plan that individuals can download and complete to support them when they are experiencing suicidal thoughts.
- My Toolkit – provides space for individuals to set their own mental health care plan. During the year it had 1672 registered users.
- Social media – we continued to provide information and engage with the community through twitter, Instagram and Facebook. This year we reached 38747 people through social channels, particularly TikTok.
- 30 people received digital inclusion training sessions on the inpatient wards, 12 received digital devices were handed out and 21 sim cards with data.

"I use it [the SMHG] all the time with my clients ... it's fantastic for coming across services you've never heard of."

"I would say that it [the SMHG] is a genuinely helpful resource, one that is quite necessary with the large amount of people who need help with their mental health...it is a brilliant resource."

**Directors' report (incorporating the Trustees' annual report)
for the year ended 31 March 2025**

Activities and achievements (continued)

Community Enterprise Activity

- Brunsmeer Awareness FC – includes mental health friendly football training sessions for both men and women, and a football league run in partnership with Sheffield and Hallam FA. We had 78 attendees over the year.

"I have been playing on Wednesday nights for a few years now and while things have been tough for me, having that space to go to and having such lovely ladies to play footie with is a way keeps me going."

- CAST – includes a weekly painting and drawing session; weekly creative writing session, a monthly artist gathering and an exhibition showcasing work. Group sessions had an annual attendance of 125 people. The exhibition was under the theme Better Connected and received over 30 submissions.

"Some times have been harder than others due to personality/ mental health clashes, but 99% of the time, I have really enjoyed myself. I always say that Sheffield Flourish Art group has saved my life and my relationship. Life is enjoyable now."

- Connected Worlds – provides storytelling and art-based courses to connect people and provide a creative space for them to tell their stories of everyday life. 15 people took part in a course focused on spirituality and mental health.

"What a privilege it has been to be part of it. Incredible luxury... It has helped me process the stuff I've been growing through in terms of healing and general dealing with life. I've been so busy and hit burnout but our meetings gave me so much strength and nourishment."

- Learning Space – provides educational sessions and learning opportunities using the values and tools of coproduction and codesign. A key focus is getting lived experience voices into the policies and activities of the mental health system. 181 people took part in sessions including codesign groups on storytelling using virtual reality, developing the Safe2Share inpatient feedback tool and financial inclusion workshops.

"Co-production- wonderful group- supportive and educational."

- Oasis – includes a weekly gardening for wellbeing session and a contract gardening service. 124 people attended the Oasis gardening wellbeing session. We made the sad decision to cease operating the contract gardening service as the model was not working in terms of resources spent versus the benefits delivered for the charity.

"Coming gardening is like a holiday...or a day out."

- Open Door Music – includes a weekly jamming session, music production group, improvisation group (aimed at beginners) and fortnightly singing group. We had an annual attendance of 122 participants.

"My experience to start off with has been nervous, though after a few weeks, I have felt more comfortable and more positive in coming to the groups."

Supporting the Health System

Working with partners, community organisations and under-represented groups, we were able to open conversations on the gaps, challenges and barriers of inclusive mental health support. This included:

- We were awarded a SHSC Shine Award in recognition of being a key partner in user voices in mental health care.
- Continuing to support the delivery and evaluation of the Patience and Carer Race Equity Framework (PCREF) alongside SHSC, SACMHA and the University of Sheffield.
- Supporting with coproduction in research in areas such as digital inclusion, storytelling and community recovery.
- Working with Public Health on developing peri-natal resources and suicide safety plans.
- Working with the ICB to run a campaign about keeping well in winter
- We have continued to work closely with VCS partners across the city, particularly in solidarity following the race riots that were witnessed across the country.

**Directors' report (incorporating the Trustees' annual report)
for the year ended 31 March 2025**

Annual Community Survey

We conducted our annual community survey looking at our impact but with a particular focus on the use of digital and the development of a digital mental health passport. 76 people completed the survey.

- 70% have a mental health diagnosis
- 84% feel their mental health has improved because of their involvement with Flourish.
- 80% feel more connected to a community or that their social network had grown as a result of Flourish
- 67% feel they have developed new skills or knowledge through Flourish
- 86% feel more confident about making informed decisions about their mental health through their involvement with Flourish.
- The most popular activity according to our attendance figures is CAST art group with 34% of overall attendance.
- CAST was also the group that SHSC staff mostly referred into, alongside Open Door Music and Brunsmeier Awareness.
- The Sheffield Flourish website and Facebook page was the most popular digital space for community members to find information about Flourish.

Future plans for 2025-2026:

Carer Peer Support Worker

Through funding from the Synergy Alliance we will be hosting a new role: Carer Peer Support Worker. The role will be working with individuals who are carers for people who are receiving crisis and urgent mental health services or who have been admitted onto the inpatient wards. This is a brand-new post, providing an opportunity for someone to utilise their lived experience as a carer to influence and codesign a new way of supporting carers in collaboration with colleagues from both the NHS and voluntary sector.

Mental Health Passports

Through our coproduction work, we heard very strongly from people with lived experience of mental health, that they found it frustrating to continuously have to retell their mental health history to professionals. We will be working with partners from the NHS, VCS and a lived experience advisory group to codesign a solution to this frustration through a mental health passport tool.

Volunteering Processes

We will be aligning and coordinating volunteer processes between Sheffield Flourish and SHSC. This will include the new volunteering role developments, recruitment and induction processes, training and supervision.

Reserves policy

Free reserves at 31 March 2025 were £97,071 (2024: £101,616)

The directors have set a reserves target of £93,580 for closure costs of 3 months to ensure the sustainability of our partnership organisations and the proper and orderly closure of the organisation including staff redundancy provision.

Excess reserves will be used for the completion of existing projects and supporting the core service of Sheffield Flourish in 2025-26.

**Directors' report (incorporating the Trustees' annual report)
for the year ended 31 March 2025**

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' annual report above on and signed on behalf of the directors:

P Walker
Director

Independent Examiner's report to the trustees of Sheffield Flourish ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Susan Cochrane, FCA, DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date:

Sheffield Flourish

Statement of Financial Activities (incorporating the income and expenditure account) for the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income from:					
Donations and grants	2	23,426	6,433	29,859	46,969
Charitable activities	3	240,551	52,383	292,934	333,673
Other		3,149	-	3,149	6,397
Total income		267,126	58,816	325,942	387,039
Expenditure on:					
Fundraising and promotion		1,075	-	1,075	1,511
Charitable activities	4	282,943	49,722	332,665	372,913
Total expenditure		284,018	49,722	333,740	374,424
Net income/(expenditure)		(16,892)	9,094	(7,798)	12,615
Transfers between funds	11&12	(2,505)	2,505	-	-
Net movement in funds		(19,397)	11,599	(7,798)	12,615
Total funds brought forward		147,241	41,336	188,577	175,962
Total funds carried forward		127,844	52,935	180,779	188,577

Sheffield Flourish

Balance sheet

As at 31 March 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible Assets	8	<u>1,999</u>	<u>3,369</u>
Current assets			
Debtors	9	85,699	38,612
Cash at bank and in hand		<u>101,300</u>	<u>159,792</u>
Total current assets		<u>186,999</u>	<u>198,404</u>
Creditors: amounts falling due within one year	10	(8,219)	(13,196)
Net current assets		<u>178,780</u>	<u>185,208</u>
Total assets less current liabilities		180,779	188,577
Creditors: amounts falling due after more than one year		-	-
Total net assets		<u>180,779</u>	<u>188,577</u>
Funds of the charity			
General funds		99,070	104,985
Designated funds	12	<u>28,774</u>	<u>42,256</u>
Unrestricted funds		127,844	147,241
Restricted income funds	12	52,935	41,336
Total funds	13	<u>180,779</u>	<u>188,577</u>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the directors on

and signed on behalf of the directors by:

P Walker
Director

**Notes to the Accounts
for the year ended 31 March 2025**

1 Accounting Policies

(a) General

Sheffield Flourish is a charitable company in the United Kingdom limited by guarantee and has no share capital. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

Sheffield Flourish meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income from services provided is included in the year in which the service took place.

Bank interest is recognised as income when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

(c) Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

(d) Donated goods and services

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all tangible assets at the following annual rates calculated to write off the cost less estimated residual value, on a straight line basis over their useful economic lives:

Vehicles	5 years
----------	---------

All items of capital expenditure below £500 are written off as incurred.

(e) Debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

**Notes to the Accounts - continued
for the year ended 31 March 2025**

1 Accounting Policies - continued

(f) Creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(h) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Leases

Rental payable and receivable under operation leases are charged to the SOFA on a straight line basis over the period of the lease.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the funder.

Designated funds are funds set aside at the discretion of the trustees for a specific project.

(m) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2025

2 Income from donations and grants

	Unrestricted funds £	Restricted funds £	Total 2025 £	Unrestricted funds £	Restricted funds £	Total 2024 £
Donations	21,426	-	21,426	27,713	1,005	28,718
Social Investment Business	-	-	-	-	15,256	15,256
Terminus Initiative	-	-	-	-	500	500
First Give	-	-	-	-	1,000	1,000
Healthwatch Sheffield	-	-	-	-	495	495
South Yorkshire Community Foundation	-	6,433	6,433	-	-	-
Sheffield & Hallamshire County FA	2,000	-	2,000	1,000	-	1,000
	23,426	6,433	29,859	28,713	18,256	46,969

3 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2025 £	Unrestricted funds £	Restricted funds £	Total 2024 £
Contracts and projects						
Sheffield City Council	97,336	2,499	99,835	107,599	-	107,599
Sheffield Health and Social Care Trust	126,000	30,154	156,154	169,650	-	169,650
University of Sheffield	5,096	-	5,096	5,096	-	5,096
South Yorkshire Integrated Care Board	-	19,730	19,730	3,300	14,000	17,300
Innovate UK	822	-	822	-	-	-
Other services	11,297	-	11,297	830	33,198	34,028
	240,551	52,383	292,934	286,475	47,198	333,673

4 Expenditure on charitable activities

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Unrestricted funds £	Restricted funds £	Total 2024 £
Activities and events		30,960	8,536	39,496	53,773	21,915	75,688
Staff costs	5	205,062	28,137	233,199	194,516	24,915	219,431
Website development		1,998	7,940	9,938	22,618	-	22,618
Office, IT and equipment		38,593	5,016	43,609	44,638	2,137	46,775
Vehicle costs (including depreciation)		3,770	93	3,863	1,686	3,965	5,651
Bad debts		865	-	865	-	890	890
Independent examination fee	6	1,695	-	1,695	1,860	-	1,860
		282,943	49,722	332,665	319,091	53,822	372,913

5 Staff Costs

	2025 £	2024 £
Salaries	207,973	198,008
Employer's national insurance	15,989	14,633
Employer's allowance	(5,000)	(5,000)
Employer pension contributions	11,143	9,385
	230,105	217,026
Staff expenses and other costs including payroll provision	3,094	2,405
	233,199	219,431

No employee received emoluments of more than £60,000. The average number of employees during the period was 12 (2024: 11).

**Notes to the Accounts - continued
for the year ended 31 March 2025**

6 Fees paid to the independent examiner's organisation

	2025 £	2024 £
Independent examination fee	<u>1,695</u>	<u>1,860</u>
Other fees were payable to the independent examiner's organisation were: Licences	<u>324</u>	<u>270</u>

7 Trustees and key management remuneration, benefits and expenses

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2024: £nil) neither were they reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

The key management personnel of the charity, comprise the trustees, the managing director and the deputy managing director. The total employee benefits of the key management personnel of the charity were £61,278 (2024: £68,613).

8 Tangible fixed assets

	Motor Vehicles £	Total £
Cost		
As at 1 April 2024	8,235	8,235
Additions	-	-
Disposals	<u>(3,240)</u>	<u>(3,240)</u>
As at 31 March 2025	<u>4,995</u>	<u>4,995</u>
Depreciation		
As at 1 April 2024	4,866	4,866
Charge this period	999	999
Disposals	<u>(2,869)</u>	<u>(2,869)</u>
As at 31 March 2025	<u>2,996</u>	<u>2,996</u>
Net book value		
As at 31 March 2025	<u>1,999</u>	<u>1,999</u>
As at 31 March 2024	<u>3,369</u>	<u>3,369</u>

All fixed assets are considered to be for direct charitable purposes.

9 Debtors

	2025 £	2024 £
Trade debtors	72,804	27,631
Prepayments	6,835	7,792
Other debtors	6,060	3,189
	<u>85,699</u>	<u>38,612</u>

10 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,802	7,428
Accruals	1,846	3,397
Taxes & social security	-	1,214
Other creditors	1,571	1,157
	<u>8,219</u>	<u>13,196</u>

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2025

11 Designated funds

	Balance at 01-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Brunsmear Awareness FC	2,442	3,280	(2,195)	(343)	3,184
CAST	482	224	(357)	-	349
Connected Worlds	178	1,975	(443)	-	1,710
MH Guide	10,684	97,336	(100,023)	-	7,997
Open Door Music Group	405	-	(618)	2,000	1,787
Race Equity	25,983	-	(4,736)	(7,500)	13,747
Cancer Alliance Project	2,082	-	(2,082)	-	-
	42,256	102,815	(110,454)	(5,843)	28,774

The above funds have been designated at the discretion of the trustees in order to ensure that the requirements of the funder and the objectives of the project are met in full.

Brunsmear Awareness FC

Funding designated to support Brunsmear Awareness Football Club and Sheffield and Hallamshire County FA Flourish league.

CAST

Funding designated to support the work of CAST a creative arts enterprise.

Connected Worlds

Funding designated to support creative courses using story telling, poetry, creative writing and art.

MH Guide

Funding designated to support the development of a guide for local services, activities and support around mental health.

Open Door Music Group

Grants given to support the Open Door Music Project.

Race Equity

This funding is for work conducted in partnership with Sheffield Health and Social Care Trust, focused on delivering outcomes under the Patient and Carer Race Equity Framework (PCREF).

Cancer Alliance Project

This project is in partnership with SHSC and SACMHA and aims to understand and improve access to cancer screenings for people with mental health needs.

Prior year

	Balance at 01-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
<i>Brunsmear Awareness FC</i>	875	2,441	(874)	-	2,442
<i>CAST</i>	607	55	(180)	-	482
<i>Connected Worlds</i>	65	115	(2)	-	178
<i>MH Guide</i>	5,539	107,599	(102,454)	-	10,684
<i>Open Door Music Group</i>	525	-	(120)	-	405
<i>Race Equity</i>	70,388	35,250	(79,655)	-	25,983
<i>Cancer Alliance Project</i>	-	22,400	(20,318)	-	2,082
	77,999	167,860	(203,603)	-	42,256

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2025

12 Restricted funds

	Balance at 01-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Brunsmeer Project					
Proud To Pitch In Round 8, via Action Funder	142	-	(142)	-	-
Connected Worlds Project					
NHS ICB	5,000	-	(500)	-	4,500
Harry Bottom Charitable Trust	-	30,154	(10,515)	-	19,639
Sheffield Towns Trust	792	-	(792)	-	-
This is Me Project					
May Hearnshaw Charitable Trust	1,010	-	(553)	-	457
Flippen Mental Theatre Project					
The Talbot Trusts	1,282	-	(100)	-	1,182
The Cutlers Company Charitable Trust	750	-	-	-	750
NLCF - Drama for the Mind 2	-	14,730	(11,868)	-	2,862
Hub Core Project					
SCC device Loan Scheme	4,879	-	(2,415)	-	2,464
Other	1,495	-	(26)	-	1,469
Suicide Support & Prevention					
Sheffield Suicide Support	2,095	-	(797)	-	1,298
SY ICB Sheffield Suicide Support	9,000	-	(850)	-	8,150
NHS ICB	286	-	(286)	-	-
Oasis					
Oasis Garden Wellbeing Project	-	6,433	(6,433)	-	-
Enterprise Development Programme	4,995	-	-	(4,995)	-
Oasis Project	9,445	-	(9,445)	-	-
Open Door Music					
Open Door Music Project	165	-	-	-	165
Wellbeing campaigns					
ICB Keeping well in winter campaign	-	5,000	(5,000)	7,500	7,500
Men's Mental Wellbeing Campaign	-	2,499	-	-	2,499
	41,336	58,816	(49,722)	2,505	52,935

Brunsmeer Project

Grant funding received to assist in setting up and running new football teams including a women's team.

Connected Worlds Project

Connected worlds is a course of creative workshops through which participants discover and develop their talents in art and writing.

This is Me Project

We run a yearly art exhibition to showcase art from people who have lived experience of mental health, or who work in health care settings.

Flippen Mental Theatre Project

Funding received to support the work done by the Flippen Mental Theatre community enterprise.

Hub Core Project

Funding was received to enable the organisation to contribute and add value to the delivery of Sheffield Health and Social Care Trust's service user engagement strategy.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2025

12 Restricted funds - continued

Suicide Support & Prevention

Funding received to develop a suicide prevention signposting website.

Oasis

Funding provided to support the Oasis wellbeing gardening project and also funding by the Enterprise Development Programme to support the organisation to become more enterprising. The transfer represents the purchase of a van, as the use of the van is not restricted beyond the general charitable aims, a transfer has been made to unrestricted funds.

Open Door Music

Grant given by The Talbot Trusts and the Austin and Hope Pilkington Trust to support the Open Door Music Project.

Wellbeing campaigns

Funding to support people through winter to stay warm, connected and well and also to develop a men's mental wellbeing campaign.

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Brunsmear Project					
Proud To Pitch In Round 8, via Action Funder	2,786	-	(2,644)	-	142
Connected Worlds Project	-	-	-	-	-
NHS ICB	-	5,000	-	-	5,000
Harry Bottom Charitable Trust	867	-	(867)	-	-
Sheffield Towns Trust	1,800	-	(1,008)	-	792
This is Me Project	-	-	-	-	-
JG Graves Charitable Trust	897	-	(897)	-	-
May Hearnshaw Charitable Trust	2,000	-	(990)	-	1,010
Flippen Mental Theatre Project					
The Talbot Trusts	2,500	-	(1,218)	-	1,282
The Cutlers Company Charitable Trust	750	-	-	-	750
NLCF - Drama for the Mind 2	520	-	(520)	-	-
Hub Core Project					
SCC device Loan Scheme	4,934	-	(55)	-	4,879
Other	-	1,495	-	-	1,495
Suicide Support & Prevention					
Sheffield Suicide Support	2,892	-	(797)	-	2,095
SY ICB Sheffield Suicide Support	-	9,000	-	-	9,000
NHS ICB	1,436	-	(1,150)	-	286
Oasis					
Oasis Garden Wellbeing Project	-	34,703	(37,726)	3,023	-
Enterprise Development Programme	4,995	-	-	-	4,995
Oasis Project	-	15,256	(5,811)	-	9,445
Open Door Music					
Open Door Music Project	165	-	-	-	165
Austin Pike Grant	139	-	(139)	-	-
The Talbot Trusts	39	-	(39)	-	-
	26,720	65,454	(53,861)	3,023	41,336

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2025

13 Net assets by fund

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2025 £	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2024
Tangible fixed assets	1,999	-	-	1,999	3,369	-	-	3,369
Net current assets	97,071	28,774	52,935	178,780	101,616	42,256	41,336	185,208
	99,070	28,774	52,935	180,779	104,985	42,256	41,336	188,577

14 Related party transactions

During the year B Stone, a trustee, was a non-executive director of Sheffield Health and Social Care Trust (SHSC). The charity received funding of £156,154 in the year. B Stone has no voting rights with SHSC was not party to the decision to provide this money.

There were no further related party transactions during the year.

15 Operating lease commitments

As at 31 March 2025 the charity was committed to making the following minimum payments under operating leases as follows:

	2025 £	2024 £
Payable within 1 year	13,800	13,800
Payable between 1-5 years	5,750	19,550
	19,550	33,350

16 Statement of Financial Activities - prior year comparison

	General funds £	Designated funds £	Restricted funds £	Total 2025 £	General funds £	Designated funds £	Restricted funds £	Total 2024 £
Income from:								
Donations and grants	22,022	1,404	6,433	29,859	28,049	664	18,256	46,969
Charitable activities	139,140	101,411	52,383	292,934	120,109	166,366	47,198	333,673
Other income	3,149	-	-	3,149	5,567	830	-	6,397
Total income	164,311	102,815	58,816	325,942	153,725	167,860	65,454	387,039
Expenditure on:								
Fundraising and promotion	1,075	-	-	1,075	1,008	464	39	1,511
Charitable activities	172,489	110,454	49,722	332,665	115,952	203,139	53,822	372,913
Total expenditure	173,564	110,454	49,722	333,740	116,960	203,603	53,861	374,424
Net income/(expenditure)	(9,253)	(7,639)	9,094	(7,798)	36,765	(35,743)	11,593	12,615
Transfers between funds	3,338	(5,843)	2,505	-	(3,023)	-	3,023	-
Net movement in funds	(5,915)	(13,482)	11,599	(7,798)	33,742	(35,743)	14,616	12,615
Total funds brought forward	104,985	42,256	41,336	188,577	71,243	77,999	26,720	175,962
Total funds carried forward	99,070	28,774	52,935	180,779	104,985	42,256	41,336	188,577